

THE LATEEF PROJECT

England & Wales · Charity number 1168459

Details

Status Registered

Legal form Trust

Registered 2016-07-27

Register [View on the Charity Commission register](#)

Contact

Address 13 Princes Street
Toddington
Dunstable
LU5 6ED

Phone 07900691670

Email info@lateefproject.org

Website www.Lateefproject.org

Activities

Objects: THE OBJECTS OF THE CHARITY ('THE OBJECT') ARE:TO PROMOTE AND PROTECT GOOD PHYSICAL AND MENTAL HEALTH, FOR THE PUBLIC BENEFIT, IN PARTICULAR BUT NOT EXCLUSIVELY, AMONG PEOPLE WHO ARE PRACTISING MUSLIMS, BY:3.1 PROVIDING PROFESSIONAL, CONFIDENTIAL AND ACCESSIBLE PSYCHOTHERAPEUTIC FAITH BASED COUNSELLING SERVICES AND OTHER RELATED RESOURCES AND SERVICES; 3.2 DEVELOPING AND MAINTAINING GOOD PRACTICE IN COUNSELLING AND THERAPY AND RAISING PROFESSIONAL STANDARDS AND COMPETENCE BY SUPPORTING THE EDUCATION AND TRAINING OF COUNSELLORS; 3.3 ADVANCING THE EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO MENTAL HEALTH AND THE ROLE OF COUNSELLING AND THERAPY IN PROMOTING AND PROTECTING GOOD MENTAL HEALTH.

Activities: The Lateef Project provides faith based psychotherapeutic counselling to people in or related to the Muslim community

Classification

- **How:** Provides Services
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-15	£13,686	£72,489	-	-
2024-07-15	£87,948	£67,747	-	-
2023-07-15	£206,683	£167,965	-	-
2022-07-15	£223,184	£159,686	-	-
2021-07-15	£160,705	£157,137	-	-
2020-07-15	£36,023	£27,325	-	-

Trustees

Name	Role	Appointed
STEPHEN MAYNARD	Chair	2016-07-27
Tahirah Yasmin Yasin		2022-09-16
UZMA USMANI		2016-05-27

THE LATEEF PROJECT

England & Wales - Charity number 1168459

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	16	July	2023		15	July	2024

Section A Reference and administration details

Charity name

The Lateef Project

Other names charity is known by

Registered charity number (if any)

1168459

Charity's principal address

13 Princes St

Toddington, Dunstable

Bedfordshire

Postcode

LU5 6ED

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Stephen Maynard			The Lateef Project board of Trustees
2	Tahirah Yasin			The Lateef Project Board of Trustees
3	Usma Uzzmani			The Lateef Project Board of Trustees
4				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Elected by Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

In addition to being accredited with the Charity Excellence kite mark. The Lateef Project has submitted an application for organisational membership of the BACP and has rejoined the Living Well Consortium.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote and protect good physical and mental health for the public benefit in particular, but not exclusively among Muslims by:

Providing professional confidential and accessible psychotherapeutic faith-based counselling services and other related resources and services

Developing and maintaining good practice in counselling and therapy and raising professional standards and competence by supporting the education and training of counsellors

Advancing the education of the general public in all areas relating to mental health and the role of counselling and therapy in promoting and protecting good mental health

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Lateef Project works to provide Islamic Counselling and Islamic Psychotherapy to Muslims and others experiencing distress or common mental health problems free at the point of use. The Lateef Project works to improve statutory mental health provision, and mental health awareness among Muslims.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

In addition to maintaining our ongoing counselling service, The Lateef Project three papers on Muslim mental health including a case study on its work with Afghan sanctuary seekers following the withdrawal of UK troops from Kabul in 2021.

Section E Financial review

Brief statement of the charity's policy on reserves

At the time having utilised its reserves in supporting people in the covid pandemic, The Lateef Project was working to again develop a health reserve.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

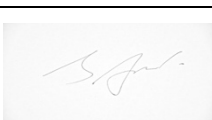
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



T. Yasin

Full name(s)

Stephen Maynard

Tahirah Yasin

Position (eg Secretary, Chair, etc)

Chair

Treasurer

Date 07/05/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

THE LATEEF PROJECT

1168459

Receipts and payments accounts

CC16a

For the period
from

16/07/2023

To

15/07/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	2,514	-	-	2,514	4,580
Grants	79,434	-	-	79,434	122,000
Contracts	-	-	-	-	2,550
Loan	6,000	-	-	6,000	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	87,948	-	-	87,948	129,130
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	87,948	-	-	87,948	129,130
A3 Payments					
Salaries	40,999	-	-	40,999	129,817
Advertising & Marketing	-	-	-	-	2,112
Insurance	1,330	-	-	1,330	759
Accountancy	1,500	-	-	1,500	1,500
Telephone	2,459	-	-	2,459	2,207
Postage	140	-	-	140	34
Computers	1,197	-	-	1,197	635
Legal fees	163	-	-	163	35
Travel & Subsistence	19,357	-	-	19,357	30,866
Bank charges	603	-	-	603	-
	-	-	-	-	-
Sub total	67,747	-	-	67,747	167,965
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	67,747	-	-	67,747	167,965
Net of receipts/(payments)	20,201	-	-	20,201	- 38,835
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	38,718	-	-	38,718	77,553
Cash funds this year end	58,919	-	-	58,919	38,718

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	58,919	-	-
		-	-	-
		-	-	-
	Total cash funds	58,919	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Loan	Unrestricted fund	6,000	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

The Lateef Project

On accounts for the year
ended

15 July 2024

Charity no
(if any)

1168459

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 15/07/2024.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Sajjad Tejani

Date:

13/5/2025

Name:

Sajjad Tejani FCCA

Relevant professional
qualification(s) or body
(if any):

ACCA

Address:

Suite G1, Hartsbourne House

Delta Gain, Watford

WD19 5EF

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

THE LATEEF PROJECT

England & Wales - Charity number 1168459

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day16	Month 7	Year 2022		Day 15	Month 7	Year 23

Section A Reference and administration details

Charity name

The Lateef Project

Other names charity is known by

Registered charity number (if any)

1168459

Charity's principal address

13 Princes St Toddington

Dunstable

Bedfordshire

Postcode

LU5 6ED

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Stephen Maynard	Chair	2016	The Lateef Project board
2	Tahirah Yasin	Treasurer	2022	The Lateef Project board
3	Uzma Uzmani	Secretary	2016	The Lateef Project board
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Elected by board members

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The Lateef Project Objects

To promote and protect good physical and mental health for the public benefit in particular but not exclusively among people who are practicing Muslims:

- by providing professional confidential and accessible psychotherapeutic faith based counselling services and other related services

- developing and maintaining good practice in counselling and therapy and raising professional standards and competence by supporting the education and training of counsellors
- advancing the education of the general public in all areas relating to mental health and the role of counselling and therapy in promoting and protecting good mental health.

Providing Trauma-informed faith-based therapeutic Counselling and psychotherapy to people with common mental health problems or mental distress, particularly people in Muslim communities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D	Achievements and performance
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Section D

Achievements and performance

Summary of the main achievements of the charity during the year

In addition to providing counselling and psychotherapy to our clients, developing the evidence base of our therapeutic model and working with partner agencies to enable the wider dissemination of our work.

Section E Financial review

Brief statement of the charity's policy on reserves

The Lateef Project does not currently have a reserves policy.

Details of any funds materially in deficit

The Lateef Project is not in deficit.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

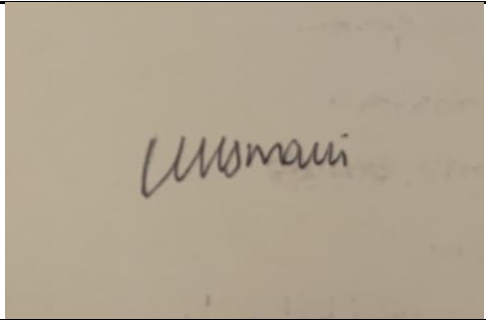
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
Full name(s) Stephen A Maynard	Uzma Usmani

Position (eg Secretary, Chair, etc)	Chairperson	Secretary
Date	14:5:24	14.05.24



CHARITY COMMISSION
FOR ENGLAND AND WALES

THE LATEEF PROJECT

1168459

Receipts and payments accounts

CC16a

For the period
from

Period start date
16/07/2022

To

Period end date
15/07/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	4,580	-	-	4,580	9,185
Grants	122,000	-	-	122,000	48,499
Contracts	2,550	-	-	2,550	165,500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	129,130	-	-	129,130	223,184
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	129,130	-	-	129,130	223,184
A3 Payments					
Salaries	129,817	-	-	129,817	103,300
Website development	-	-	-	-	-
Advertising & Marketing	2,112	-	-	2,112	10,000
Insurance	759	-	-	759	747
Consultancy	-	-	-	-	36,848
Accountancy	1,500	-	-	1,500	1,500
Telephone	2,207	-	-	2,207	2,492
Postage	34	-	-	34	95
Computers	635	-	-	635	4,154
Legal fees	35	-	-	35	35
Travel & Subsistence	30,865	-	-	30,865	516
	-	-	-	-	-
	-	-	-	-	-
Sub total	167,965	-	-	167,965	159,686
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	167,965	-	-	167,965	159,686
Net of receipts/(payments)	- 38,835	-	-	- 38,835	63,498
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	77,553	-	-	77,553	14,055
Cash funds this year end	38,718	-	-	38,718	77,553

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		38,718	-	-
		-	-	-
		-	-	-
	Total cash funds	38,718	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

The Lateef Project

**On accounts for the year
ended**

15 July 2023

**Charity no
(if any)**

1168459

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 15/07/2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Sajjad Tejani

Date:

16/05/2024

Name:

Mr Sajjad Tejani FCCA

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

Suite G1, Hartsbourne House

Delta Gain, Watford

WD19 5EF

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

THE LATEEF PROJECT

England & Wales - Charity number 1168459

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	16	July	2021		15	July	2022

Section A Reference and administration details

Charity name

The Lateef Project

Other names charity is known by

Registered charity number (if any)

1168459

Charity's principal address

13 Princes Street

Toddington

Dunstable

Postcode

LU5 6ED

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Stephen Maynard	chairperson		
2	Tahirah Yasin	treasurer	20 September	
3	Uzma Usmani	secretary		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust Deed
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	By appointment

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote and protect good physical and mental health, for the public benefit, in particular but not exclusively, among people who are practising Muslims.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Following the repurposing the service in the context of the covid19 pandemic to provide counselling services to the communities in London Birmingham and the surrounding areas in the context of the pandemic. The Lateef Project has continued these services. In addition The Lateef Project Has supported NHS front line staff and provided counselling to Afghan refugees.

In opening up our provision trustees have had regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The Lateef Project has supported:
NHS staff in the pandemic &
Afghan sanctuary seekers

In addition it has developed the evidence base of the
therapeutic model it uses

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity does not have a reserves policy.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Stephen Abdullah Maynard	Tahirah Yasin
Position (eg Secretary, Chair, etc)	Chairperson	
Date	9 th July 2022	



CHARITY COMMISSION
FOR ENGLAND AND WALES

THE LATEEF PROJECT

1168459

Receipts and payments accounts

CC16a

For the period from	Period start date 16/07/2021	To	Period end date 15/07/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	9,185	-	-	9,185	3,505
Grants	48,499	-	-	48,499	157,200
Contracts	165,500	-	-	165,500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	223,184	-	-	223,184	160,705
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	223,184	-	-	223,184	160,705
A3 Payments					
Salaries	103,300	-	-	103,300	116,917
Website development	-	-	-	-	2,480
Advertising & Marketing	10,000	-	-	10,000	540
Insurance	747	-	-	747	21
Consultancy	36,848	-	-	36,848	27,420
Accountancy	1,500	-	-	1,500	1,500
Telephone	2,492	-	-	2,492	2,193
Postage	95	-	-	95	279
Computers	4,154	-	-	4,154	2,287
Legal fees	35	-	-	35	-
Travel & Subsistence	516	-	-	516	-
Loan paid back	-	-	-	-	3,500
Sub total	159,686	-	-	159,686	157,137
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	159,686	-	-	159,686	157,137
Net of receipts/(payments)	63,498	-	-	63,498	3,568
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	14,055	-	-	14,055	10,487
Cash funds this year end	77,553	-	-	77,553	14,055

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	77,553	-	-
		-	-	-
		-	-	-
	Total cash funds	77,553	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	T.Yasin	Tahirah Yasin	23/06/2023	
	S Maynard	Stephen Maynard	10/06/2023	



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

The Lateef Project

**On accounts for the year
ended**

15 July 2022

**Charity no
(if any)**

1168459

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 15/07/2022.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

07/07/2023

Name:

Mr Sajjad Tejani FCCA

**Relevant professional
qualification(s) or body
(if any):**

ACCA

Address:

Suite G1, Hartsbourne House

Delta Gain, Watford

WD19 5EF

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

THE LATEEF PROJECT

England & Wales - Charity number 1168459

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	16	July	2020		15	July	2021

Section A Reference and administration details

Charity name

The Lateef Project

Other names charity is known by

Registered charity number (if any) 1168459

Charity's principal address

13 Princes Street

Toddington

Dunstable

Postcode

LU5 6ED

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Stephen Maynard	Chairperson		The Lateef Project board
2	Haider Naqvi	Treasurer		The Lateef Project board
3	Uzma Usmani	Secretary		The Lateef Project board
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Trust deed
How the charity is constituted (eg. trust, association, company)	Charitable Trust
Trustee selection methods (eg. appointed by, elected by)	Appointment by board of Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote and protect good physical and mental health for the public benefit in particular but not exclusively among people who are practising Muslims by providing professional confidential and psychotherapeutic faith based counselling services and other related resources and services.

Trustees having had regard to the guidance issued by the Charity Commission on public benefit have enabled the provision of counselling services.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Within this year The Lateef Project has provided bereavement counselling services in the context of the pandemic across England and wider counselling services to the Birmingham and London regions. In addition to providing counselling support for Muslim NHS staff across England in the covid19 pandemic.

Section E Financial review

Brief statement of the charity's policy on reserves

In development

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) *S. Maynard*

Full name(s) Stephen Abdullah Maynard

Position (eg Secretary, Chair, etc) Chair

Date 19:04:2022



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
The Lateef Project

No (if any)
1168459

Receipts and payments accounts

CC16a

For the period
from

Period start date
16/07/2020

To

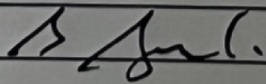
Period end date
15/07/2021

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	3,505	-	-	3,505	36,023
Grants	157,200	-	-	157,200	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	160,705	-	-	160,705	36,023
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	160,705	-	-	160,705	36,023
A3 Payments					
Salaries	116,917	-	-	116,917	19,595
Website development	2,480	-	-	2,480	-
Advertising	540	-	-	540	-
Insurance	21	-	-	21	1,472
Consultancy	27,420	-	-	27,420	2,258
Accountancy	1,500	-	-	1,500	-
Telephone	2,193	-	-	2,193	1,323
Training	-	-	-	-	200
Travel & Subsistence	-	-	-	-	197
Postage	279	-	-	279	-
Computers	2,287	-	-	2,287	2,280
Loan paid back	3,500	-	-	3,500	-
	-	-	-	-	-
Sub total	157,137	-	-	157,137	27,325
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	157,137	-	-	157,137	27,325
Net of receipts/(payments)	3,568	-	-	3,568	8,698
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,487	-	-	10,487	1,789
Cash funds this year end	14,055	-	-	14,055	10,487

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	14,055	-	-
		-	-	-
		-	-	-
	Total cash funds	14,055	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets				
B4 Assets retained for the charity's own use				
	Computer	Unrestricted funds	2,280	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities				

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
		S MAYNARD	19/4/22



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
The Lateef Project

On accounts for the year
ended

15 July 2021

Charity no
(if any)

1168459

Set out on pages

(remember to include the page numbers of additional sheets)

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Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

20/04/2022

Name:

Mr Sajjad Tejani FCCA

Relevant professional
qualification(s) or body
(if any):

ACCA

Address:

Suite G1, Hartsbourne House

Delta Gain, Watford

WD19 5EF

Section B

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