

Annual Report to the Charities Commission

Charity No. 1168411



Manchester Global Foundation
Local Impact, Global Challenge

www.mcglobal.org

info@mcglobal.org

April 2023 – April 2024

22nd January 2025

Submitted By:
Director and the Trustees
Manchester Global Foundation
House Number #06, The Circuit
Didsbury, Manchester, M20 3RA

TABLE OF CONTENTS

SECTION ONE: OUR ORGANISATION3

SECTION TWO: OUR ACTIVITIES10

SECTION: OUR FINANCIALS17

SECTION ONE: OUR ORGANISATION

1.1 INTRODUCTION

Manchester Global Foundation (MGF) is a unique philanthropic organisation providing technical expertise, consultancy, policy development, evaluation and advisory services to a range of clients, nationally and internationally. Our consultancy and advisory services generate income to support our philanthropic work to improve the health and well-being of vulnerable communities in the UK and worldwide. The organisation was conceived in 2015 and has been operational since the beginning of 2016.

The Trustees and Director of Manchester Global Foundation present this combined Annual Report from the 6th of April 2023 to 5th of April 2024.

This report complies with all the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

1.2 OUR MISSION, VISION AND VALUES

Founded in 2015, Manchester Global Foundation (MGF) is a Charitable Incorporated Organisation registered in England and Wales, whose main sector of intervention is global health.

MGF's **vision** is to address global health inequalities and contribute to their improvement.

Our **mission** is to provide technical assistance, advisory services and research in global health, humanitarian and development programmes to improve the health and wellbeing of communities around the world – including in the UK.

We support the public benefit by advancing the health and survival of poor and vulnerable communities in low and middle-income countries, and socially deprived communities in the United Kingdom. Our motto, ***Local Impact, Global Change***, summarises our belief that sound interventions at a local level will eventually contribute to broader improvements in global health worldwide.

Our Values

Use evidence-based approaches
Be proactive
Focus on people
Establish and Nurture Partnerships

1.3 OUR HISTORY

SUCCESSFUL START UP

Phase One - Concept stage and set up: Manchester Global Foundation was conceived in mid-2015 by a small group of people keen to work on both local and global health issues, with Manchester as the hub city. The idea was developed initially as a charitable entity linked to the Office of Global Health, part of the Manchester Academic Health Partnership. MGF set up a small management team, applied for charitable status, developed a constitution, and applied for a bank account in 2015. In December 2015 the initial meeting of potential consultants and advisors was held in Manchester. MGF then started its operations in early 2016. The Foundation bank account became operational in February 2016, with its first deposit made on 1 March 2016. Our charitable status was gained on 25th July 2016 after several months of correspondence. Our Charity Number is 1168411. This report covers the period from our start up until March 2020. The development of the organisation was as follows:

Phase One: May 2015 to December 2015

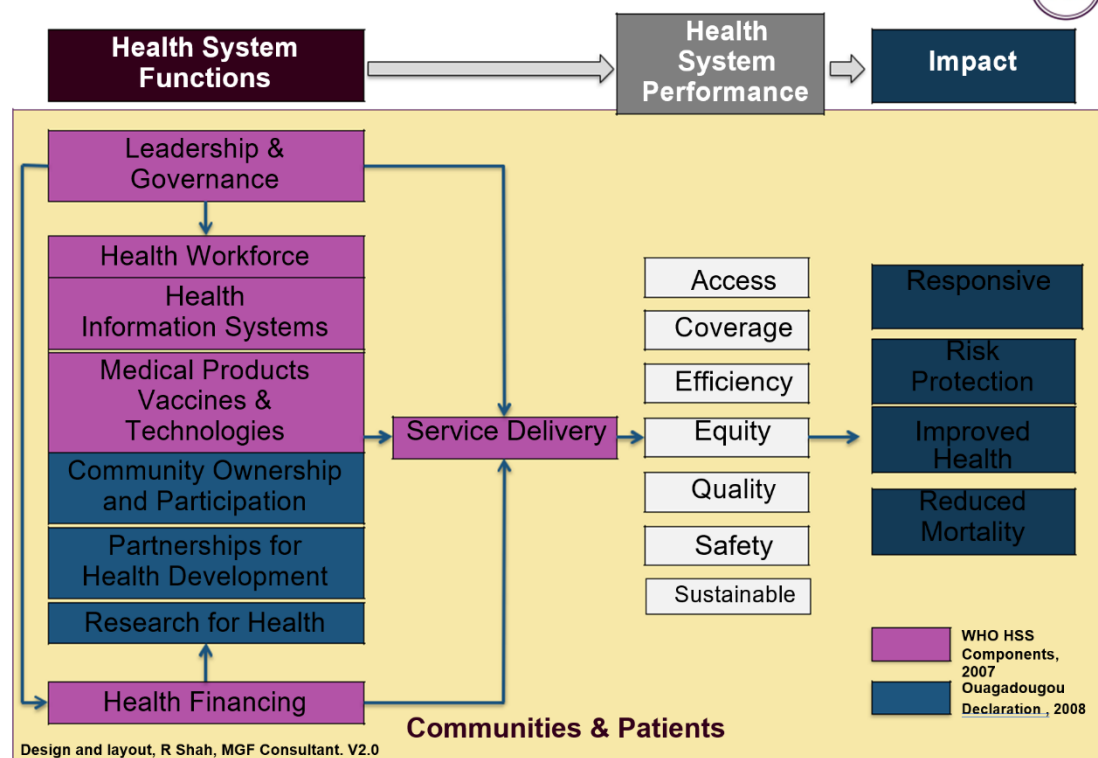
- Initial business plan with mission and vision developed and agreed.
- Approached and signed up two Trustees and agreed on the Chair.
- Agreed and appointed the Director and the initial management team, two more people.
- Initial constitution agreed.
- Initial consultants registered with the Foundation and consultancy agreement developed.
- Bank account in place
- Application for Charitable status
- Website development for launch in 2016
- Model of the organisation agreed and in place - see below Start to develop networks.
- Start to develop ideas for the philanthropic work.

1.4 STARTING TO DO BUSINESS

Phase Two - Getting to work: By the end of 2015, the foundations were in place and we were able to start work in 2016, with a strong Management Team and Board of Trustees with a clear direction and model. The Foundation continued to set up and develop further systems and processes and also started to review its financial and organisational models. The next stage of development was as follows:

Phase Two: January 2016 to December 2016

- Website up and running in February 2016
- Social media presence developed and marketing materials (banner and generic MGF business cards) from January 2016
- Adoption of the Constitution on 15th June 2016 (document shared with the Charities Commission) Financial policy developed and agreed March 2016
- Job descriptions developed for Trustees and Management team June 2016
- Philanthropic ideas and partnerships developed in northern Sri Lanka and Uganda
- Philanthropic work undertaken by individual Trustees and Management team.
- Technical and financial templates in place to use for bidding for work April 2016
- More than 25 proposals submitted for work during 2016 and 11 contracts undertaken by MGF in the first year of operation to March 2017, which enabled us to meet our objectives and start to generate income.
- Initially out of 7 contracts applied for, two were awarded to MGF and we were short listed for two more and got to the last 2/3 organisations This is an exceptional record. You can expect a 10-20% success rate on bidding for contracts through a procurement/cold bidding process.
- Indemnity and public liability insurance in place for contracts from May 2016.
- Additional trustee and management team members appointed in June 2016
- Development sessions commenced for the training and education of the consultants (three undertaken from September to December 2016)
- MGF attending conferences and meetings to raise awareness, including for recruitment of consultants and making links with new partners as well as finding out about possible philanthropic activities.
- Policies and procedures developed and in place (consultants agreement/contract, client contract, equity and diversity statement, overseas working policy in the draft, terms of business and working with clients document, overseas working policy in the draft, standard profiles and standard CVs, indemnity insurance and public liability)
- Developed our approach to Health systems strengthening (see slide below)



1.5 OUR AIMS and OBJECTIVES

Aim: Manchester Global Foundation exists to advance health and well-being for the public benefit in poor and vulnerable communities in low- and middle-income countries and socially deprived communities in the United Kingdom.

Our original objectives are:

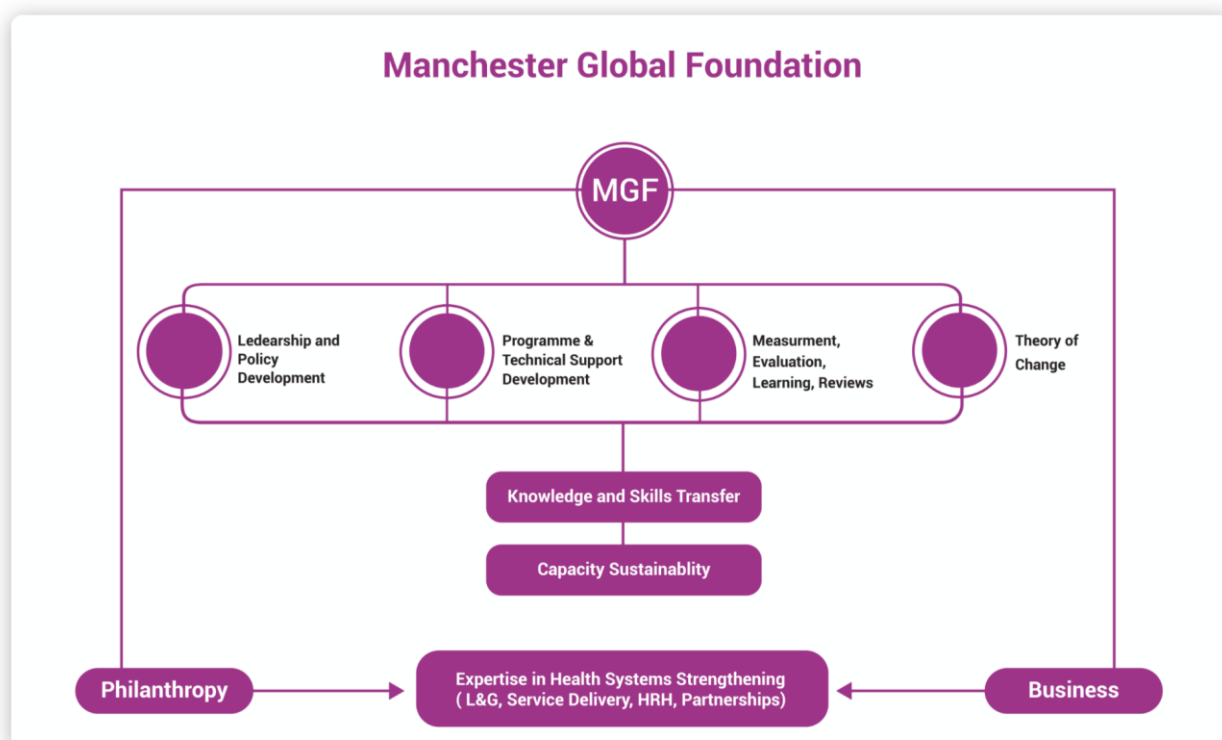
1. Providing health volunteers, other technical experts and researchers in medicine, nursing, midwifery, mental health, dentistry and other health professions, from Greater Manchester and beyond, to build the capacity of health institutions in low and middle-income countries through research, teaching, training, and knowledge sharing; as well as providing curative and preventive services.
2. Supporting the conduct of medical and health research through collaboration between the United Kingdom and low and middle-income countries, aimed at generating innovative solutions to the problems of healthcare provision in resource poor settings.
3. Providing grants, equipment and supplies for preventing and relieving sickness and disease, mitigating the risk of death and disability as a consequence of catastrophe, and promoting health and wellbeing.
4. Advancing the education of health students and practitioners from United Kingdom in conjunction with the University of Manchester, by facilitating the development of their individual capabilities, competencies, understanding, and skills through learning and training attachments in low and middle-income countries.

'Poor' is defined according to the multidimensional poverty index (MPI) of the United Nations Development Programme (UNDP) and 'vulnerable' is defined as people affected by natural disasters and man-made conflicts and crises. Low and middle-income countries are defined according to the World Bank's classification of national economies. The "socially deprived" in the United Kingdom are communities identified as such by the indices of multiple deprivations published by the department for communities and local government.

1.6 OUR OPERATIONAL MODEL

A unique model: Manchester Global Foundation is a philanthropic organization with two arms, a business arm to generate income through consultancy, training and development and research projects with customers who are charities themselves, either registered in the UK or elsewhere and a philanthropic arm to have at least one project per year where we support activities in various ways to fulfil our aims and objectives.

The financial aspect of the model is twofold: All consultancy client contracts (budget) include a 10% overhead charge (on the costs of the consultancy fees only) to cover the MGF organisational running costs. This is always clearly visible on the financial proposal agreed between MGF and the client. In addition, ***all consultants are expected to donate 10% of their own consultancy fees earned to the philanthropic work of MGF.*** This 10% donation is deducted prior to payment to the consultant for the work completed. All Consultants have access to the MGF accounts, in the spirit of transparency. This is our model:



1.7 OUR TRUSTEES AND MANAGEMENT TEAM

The Management Team is Rakhshi Memon (Director), Jasmin Begum (Associate Director), Tsitsi Nyahwo (Operations Manager), Sameen Ali (Communications Manager), Amber Azam (Coordinator) and Noor Ali (Finance Manager). The management team are responsible for the operational running of the organisation. The Trustees are there to provide the governance overview and also take a lead in the philanthropic areas. The Trustees and their tenure are listed below:

Trustees	Role	Tenure
Dr Samina Matin	Chair	1 st May 2023 to date
Dr Nadeem Gire	Trustee	12 th January 2022 to date
Dr Deepali Sharma	Trustee	1 st March 2024 to date

All the Board and Management Team undertake their roles on a voluntary basis, with the exception of occasional small honoraria paid to the Management Team out of the overheads resources generated. Over the course of 05 years **£ 5,062.50** has been paid to management team members, which has included travel expenses.

1.8 OUR CONSULTANTS

At MGF, we have assembled a vibrant and growing community of experts with a wide range of skills and expertise in various domains related to global health, social services, international development, and humanitarian assistance. At the date of the report, there are 20 consultants and advisors registered plus a management team of seven people and four Trustees who also have a range of skills to bring to the organisation. We are developing three research fellows in Nigeria, two in Barbados and an intern as part of our capacity and capability building in Low- and Middle-Income Countries (LMICs).

Among us, there are university professors and academic researchers, health practitioners, managers and strategists, as well as experts in international development and humanitarian assistance. Those with health expertise includes clinicians and medical researchers with different specialisations, midwives, nutritionists, as well as specialists in health management, health systems strengthening, and management of humanitarian and development programmes. Everyone has a background in at least one of our four areas of expertise.

Our people are our main asset. We can count on a team of passionate and competent consultant and advisors with many years of experience in the promotion of global health. Cumulatively, our consultants and advisors have worked in over 35 different countries in all five continents and we can expect this figure to keep growing.



Our People and their Geographical Coverage

Our People

A team of self-motivated, passionate, competent consultants and advisors. Based in 07 different countries. Multi-skilled, health, nutrition, food security, agriculture, emergency relief, finance, advocacy, research and evaluation, programme management, leadership, and strategy. Thought leaders.

1.9 OUR AREAS OF EXPERTISE

In addition to these charitable activities, through its business arm, Manchester Global Foundation provides quality consultancy, training and development and advisory services to a wide range of clients, nationally and internationally. Income generated through the business arm is then used to support our philanthropic activities. Our key areas of expertise and advice are:

1. Leadership and Policy
2. Programme Design, Monitoring, and Implementation
3. Research, Evaluation, and Learning
4. Theories of Change
5. Teaching and Training

All five areas are key to strengthening the capacities and building capabilities of health institutions worldwide, ultimately contributing to reducing global health inequalities and in working in these areas, we fulfil our organisational objectives.

(i) Leadership and Policy

Expertise in leadership and policy means that our consultants are capable of developing national, regional, or organisational policies and strategies, as well as of supporting leadership and governance at different levels – from mentoring the management of a single hospital to advising a ministry. Some selected examples include:

PAST

- Developing an NGO's 5-year nutritional strategy in Cambodia;
- Overseeing the development of the original CHW national training manual for Sierra Leone (2010);
- Preparing mid-term plans for various hospitals in the UK and abroad;
- Writing guidelines to be adopted by the National Institute of Health and Care Excellence (NICE);
- Writing the 2006-2010 national guidance for emergency care;
- Developing curricula at medical schools, both in the UK and overseas;
- Setting up policies for the deployment of medical volunteers abroad;
- Supporting the preparation and negotiation of dossiers on "Development in Africa" for the 2009 G8 held in L'Aquila, Italy;
- Acting as the focal point for the Special Session on Global Health at the recent World Humanitarian Summit 2016;
- Advising the top management of the Ministry of Health and Sanitation of Sierra Leone;
- Mentoring senior managers in various NGOs.
- Supporting the development of the 'Roadmap for Dementia' for Pakistan (2019)
- Collaborating on the preparation and deployment of the Mental Health Summit in Pakistan (2020)
- Supporting the development of Learning Through Play + (Dads) training program in Pakistan (2021);
- Establishment and Monitoring of Ethics & Governance processes in Pakistan (2021);
- Collaboration with NGOs in UK, Bangladesh, Nigeria & Kenya (2022);
- Developing training programs in UK and low and middle income countries (2022).
- Teaching English in low and middle income countries (2022).

CURRENT

- Building clinical skills and research capacity and capability (2023)
- Establishing networks in public and private sectors globally (2023)
- Dissemination of research (2023)
- Enhancing profile on social media networks (2023)
- Co-producing community engagement and involvement model and Research Ethics Framework (2023)
- Develop and conduct organisation development courses such as communications, ethics, professionalism, transactional analysis, risk assessment and developing organisational policies and strategy (2023).

(ii) Programme Design, Monitoring and Implementation

This area of expertise includes all phases of project management, from the initial programme design in response to identified needs to the development of concept notes and funding proposals, to programme implementation and monitoring. Some consultants also have formal project management certifications. A few examples of this type of work include:

PAST

- Developing and setting up new projects such as the Manchester - Gulu (Uganda) link;
- Developing multi-million GBP concept notes and funding proposals to be submitted to DFID and other major donors (including also grant proposals for research programmes);
- Managing portfolios of several million GBP, both for humanitarian / development projects and for medical research;
- Managing the start-up of the first ever emergency urban/peri-urban cash-for-work programme in Zimbabwe (ECHO, €1 million)
- Managing a team of 21 international and national staff to implement the Basic Package of Health Services across 10 primary health care facilities in South Sudan (2011).
- Monitoring the implementation of various projects part of the health portfolio funded by the Italian Government in Mozambique (2009-2010);
- Remotely supporting and monitoring the implementation of several programmes across East Africa.
- Implementation of the clean water project in Karachi, Pakistan in collaboration with other NGOs – 2019
- Planning and preparing proposals such as delivering Theory of change workshops to global teams eg ACROSS, Pakage etc

CURRENT

- Securing Lottery funding for Bangladesh projects
- Securing Lottery funding for Nigeria project
- Collaborating with Save the Children UK for Bangladesh project
- Scrutinizing and advising on policies in Pakistan.

(iii) Research, Evaluation and Learning

We consider here both academic research and project-related evaluations and assessments (as well as anything in between). Among our consultants, we have both qualitative and quantitative researchers, as well as some experts in mixed-methods research who are familiar with a wide range of methods and tools. Examples of MGF consultants' involvement in this area include:

PAST

- Conducting health needs assessments;
- Conducting operational reviews of health systems and health facilities in various countries (Somaliland, Zambia, Canada);
- Leading research groups and conducting research on various subjects (mental health, medical microbiology, morbidity to sickness and absenteeism);
- Conducting operational evaluations of public health centres in India through participatory approaches;
- Conducting surveillance studies on diseases such as Hepatitis E, TB, cholera and depression in various countries.
- Collaborating with other NGOs to deliver learning and development programme – Sharjah 2018
- Building capacity and capability by conducting workshops in Theories of Change, Process mapping, Ethics and Good Governance in Pakistan – 2019
- Conducting training in Bangladesh to midwives on maternal and child health

CURRENT

- Dissemination of learning on Global platforms;
- Continuation of capacity building on TOC;
- Collaborating with other NGO to deliver learning and development programmes – Dubai
- Partnering with other NGOs on several research projects on developing research protocols (Bangladesh & Nigeria).

(iv) Theory of Change (ToC)

The Theory of Change (“ToC”) was developed in the 1960s as an approach to planning, monitoring, evaluation and impact assessment to ensure that the marginalised voices are included in developing the vision and that change happens through the lens of the end beneficiaries. ToC is a form of “critical theory” that results in an agreed model of change. This model of change then informs the development, implementation and evaluation of plans and results frameworks at all levels.

The focus is on what will change for whom as a result of our efforts, NOT on what we will do or achieve.

In practical terms, the ToC causal model of planning, monitoring, evaluation and impact assessment begins with the process of bringing together key stakeholders so we can agree how change happens in the current context, our influences, responsibilities, and our most effective roles in contributing to changes. With our stakeholders, we identify barriers and challenges. Together short, medium- and long-term outcomes are agreed to develop a model of change (not a plan) that we think will contribute to desired changes. As the context changes, we test the model and adapt and adjust the model for the new context. As part of the impact assessment, we not only measure expected and planned impacts but also unexpected and unplanned changes so that the learning from the successes and failures can be taken forward to inform future projects. The ToC process gives a detailed and direct understanding of the links between activities and desired goals. This understanding leads on to developing a better measure of progress and evaluation, as well as an improved understanding of impact, both planned and unplanned. ToC causal pathway is developed using a backwards mapping approach, which starts with the long-term goals and plots the required process of change and the short- and medium-term outcomes required to achieve this. During this process, the assumptions about what needs to be in place to achieve the outcomes are made explicit as well as the contextual factors which influence the ToC. Additional elements of a ToC include beneficiaries, research evidence supporting the ToC, actors in the context, sphere of influence, strategic choices and interventions, timelines and indicators. The ToC process adds rigour and strengthens other approaches such as logic models and the ToC causal pathway is an excellent communication tool for the programme.

SECTION TWO: OUR ACTIVITIES

2.3 Capacity and Capability Building

2023-2024

MGF strives to continue with its mission to tackle global health disparities in collaboration with its partners, both nationally and internationally.



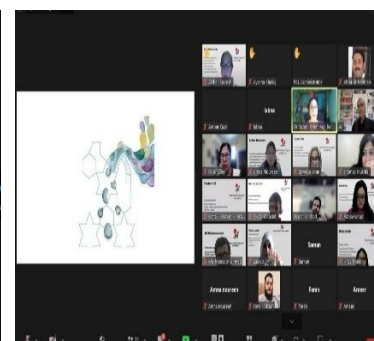
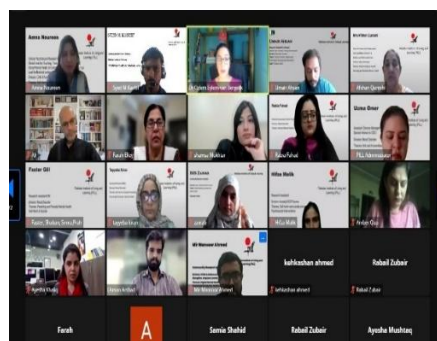
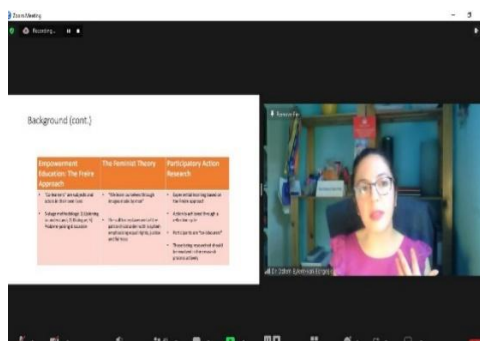
Interactive Workshop: Risk Assessment and Monitoring

An engaging workshop led by Jahanara Miah, Research Associate at the University of Manchester, provided participants with valuable insights into the fundamentals of risk assessment and monitoring in research. The session guided attendees through the process of identifying and evaluating potential risks and benefits while introducing a robust risk monitoring framework to ensure transparency and quality control. Through interactive activities and case studies, participants gained practical knowledge, explored best practices, and discussed strategies for enhancing research integrity. This dynamic session equipped attendees with the tools to safeguard the research process effectively.

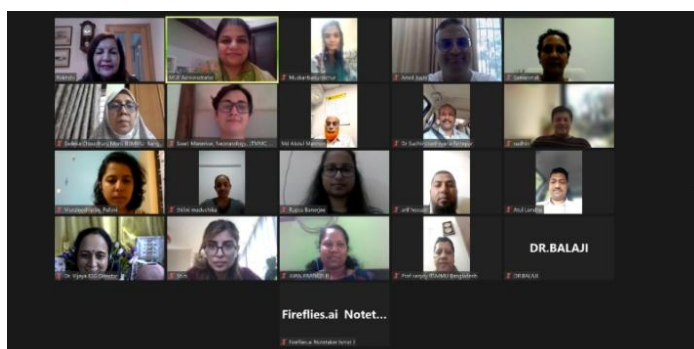
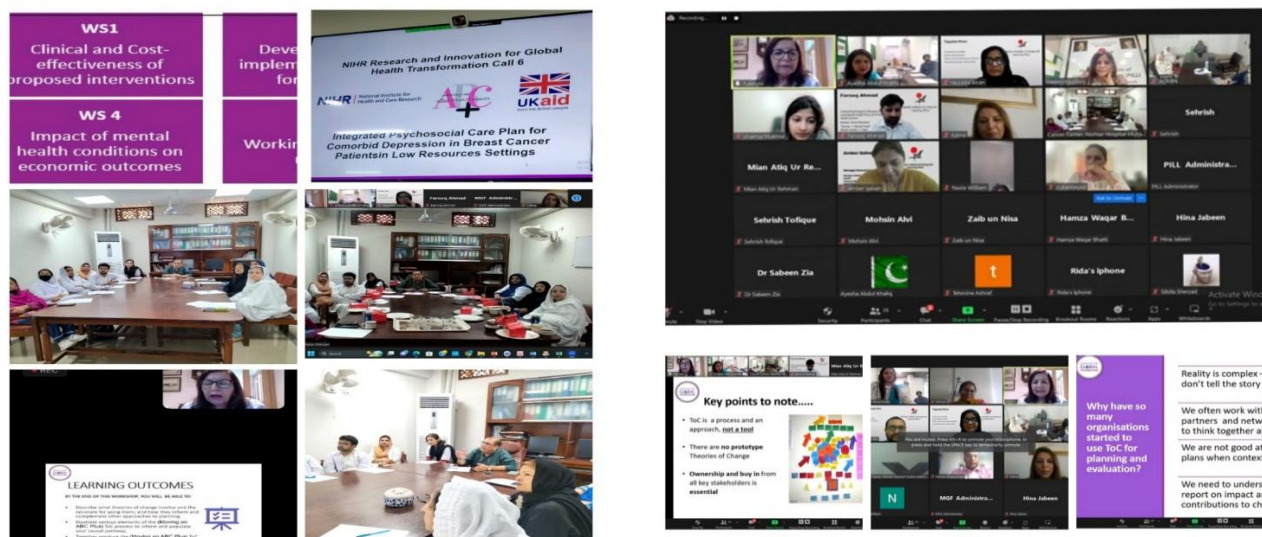
In an initiative by Global Ethics Learning Hub (GELH), **Dr Rakhshi Memon and Prof Mowadat Rana** led a workshop on **Transactional Analysis Underpinning Communication**. Prof Rana interactively described how the Transactional Analysis Theory can be applied to enhance communication in our professional and personal lives.



Özlem Eylem-van Bergeijk led an interactive workshop on **Use of Photovoice in Mental health**. Visual communication is an important part of health communication, especially when it comes to Mental Health. What role can visuals play in designing an evidence-based social media campaign to promote burn injuries-related prevention, awareness and reduction in social stigma.



Theories of Change (ToC) – Theory of Change session for **Impact assessment of Moving on ABC Plus study** was chaired by **Dr Rakhshi Memon**. Investigators, researchers, GPs, Oncologists, nurses, community health workers, representatives of charitable organization, people with lived experience of breast cancer and mental health, and family members of breast cancer survivors attended the session shared their views about possible barriers, mitigation strategies, short medium and long term goal. Stakeholder group also described tasks and activities to be completed to achieve goals.



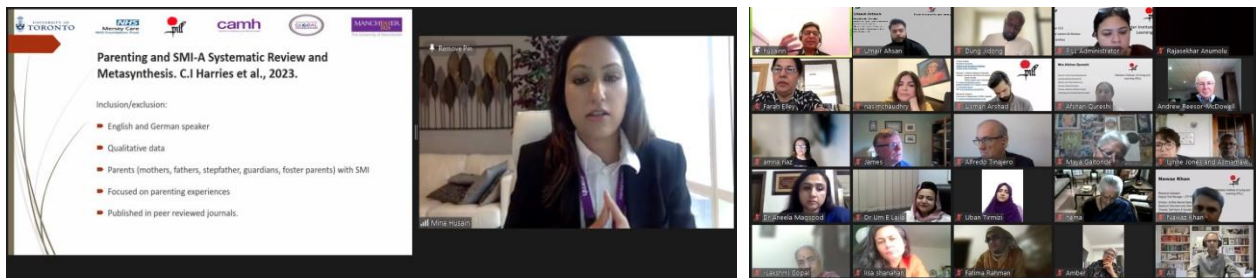
The proposed NIHR Research Group on Birth-Related Brain Injury focused on preventing and treating HIE in neonatal units and reducing childhood disabilities, particularly in LMICs. To support this effort, the Manchester Global Foundation organized a 2-day workshop with over 50 collaborators from India, Bangladesh, Sri Lanka, Pakistan, the UK, and Australia. The workshop aimed to finalize the theory of change (ToC) model through a shared vision, goal-setting, and

discussions on social, cultural, and contextual factors. Stakeholders collaboratively identified pathways to achieve the group's objectives and anticipated potential challenges. The workshop laid the foundation for refining the ToC model with stakeholder ownership.

The **Manchester Global Foundation** hosted a hybrid scoping event to **design a bioethics curriculum** with input from academics, researchers, and students. The event included expert talks that enriched understanding of key bioethical issues and a needs assessment to identify priorities and gaps. Its hybrid format enabled both in-person and virtual participation, fostering inclusivity. Participants collaborated to exchange ideas, debate ethical dilemmas, and propose innovative solutions. The event set the foundation for a diverse and impactful bioethics curriculum.



During the **2nd Global Conference on Parenting Interventions**, an impactful session on ‘Parenting and Severe Mental Illness’ was delivered by MGF’s consultant Dr Mina Husain. This platform brought together global researchers on parenting interventions where they shared their learning experiences, success, barriers and solutions to implementation of the interventions. Academics, researchers, health professionals and organisational leaders from the UK, USA, Pakistan, India, Canada, Indonesia, Mongolia, Thailand, Malaysia, Philippines, Fiji and Nigeria were a part of this event.



Manchester Global Foundation (MGF) in collaboration with, Pakistan Institute of Living and Learning (PILL) Institute of Applied Psychology (IAP), University of the Punjab and Lahore College for Women University (LCWU) organised Pakistan’s **First International Conference on Eating Disorders** on 1st and 2nd June, 2023. National and international psychiatrist, psychologists, nutritionists and health professionals along with hundreds of students attended this event. **MGF consultants Prof. Dr Nusrat Husain and Dr. Mina Husain** delivered powerful presentations on the first and the second day respectively. Prof. Dr Nusrat Husain (Professor of Psychiatry, University of Manchester and Director Research Global Mental Health) gave an overview of eating disorders among British South Asian Ethnic Minorities, while Dr. Mina Husain (Clinician Teacher at CAMH, Assistant Professor, Department of Psychiatry, University of Toronto) highlighted the impact of media, films and fashion on eating disorders.



MGF consultant and a post-doc researcher at Burns rehabilitation project Dr Ozlem Eylem-van Bergeijk organised a three day long training on **advanced systematic reviews and meta-analysis** together with the Mersey Care NHS Foundation Trust Director Research & Innovation and Global Centre for Research on Mental Health Inequalities Professor Nusrat Hussain, the Pakistan Institute of Living and Learning evidence synthesis lead Usman Arshad and the Burns rehabilitation project communication officer Teresa Luk.



2.4: Philanthropic Work

2022-2023

Income generation for philanthropic work - all contracts awarded from the beginning have raised a 10% overhead charge applied to cover the operating costs of the Foundation and in addition, all consultants who undertake paid consultancy work for clients have donated 10% of their consultancy fees to the philanthropic work of the Foundation which went initially to cover the development costs of the Sri Lanka programme.

Support of Research Fellows in Nigeria - MGF has contributed tremendously towards capacity and capability building by developing research skillset such as (a) conducting various aspects of research activities (b) presentations in academic conferences (c) co-authorship and publications (d) organizing and hosting of research workshop/seminars etc and funding of research fellows.

Dentman - work has continued with the two branches of Dentman:

- o **DentMan GOHF (Global Oral Health Forum)** It is a platform for the Oral Health Practitioners (students and staff) to share and reflect their global health volunteering experiences with others and to inspire future volunteers. MGF is closely associated with these activities. Raj Ariyaratnam has continued to be an adviser for the students on volunteering matters.
- **SHINE Humanity (USA):** To develop collaborative proposals and fund raiser for primary care health initiatives in Pakistan.

2023-2024

MOU between MGF and Institute of Health Management Delhi

Manchester Global Foundation recently signed a Memorandum of Understanding with the International Institute of Health Management Research (IIHMR) Delhi, India. IIHMR Delhi is an institute of repute that works on strengthening policy-relevant research in India and similar settings across the world. It is also a leading institute of higher learning which has pioneered the postgraduate programme on Health and Hospital Management in India. The institute is committed to building a competent and responsive healthcare sector through a multipronged strategy by conducting masters/ doctoral level academic courses in health management, hospital management, and health information technology; implementing research relevant to health policies and programs at national and global levels; continued education through management-development and executive programs for working professionals to upgrade their knowledge and skills in response to the emerging needs of the industry; and technical consultation to the country and states for capacity-building and policy research needs that culminates in developing innovative and equitable healthcare strategies. The collaboration between Manchester Global Foundation and IIHMR Delhi will enable both institutions to undertake joint academic and research ventures including faculty and researcher exchange activities, organization of symposia, workshops, and scientific meetings, research projects, and development of capacity building programs in areas of mutual interest.

2.5: Research in UK's African/Caribbean and Nigerian communities



Kenya Eversley interned at Woods Home in Calgary, Alberta, during the final year of her BSc Social Work degree, where she discovered her passion for mental health research. This interest led her to complete an MSc in Applied Psychology in 2021. Over the years, she contributed to various research projects across the Caribbean with organizations such as UN Women and the World Bank, focusing on issues like violence against women and girls and the region's unique social, economic, and environmental challenges. Currently serving as a research assistant at the Manchester Global Foundation, Kenya views this role as an opportunity to further develop her research skills in preparation for her future PhD in global mental health. Her ultimate goal is to improve mental health services and accessibility worldwide, particularly in global south countries where mental health stigma persists and care is often deprioritized.

Jamal Prescod, a Research Assistant at the Manchester Global Foundation, brought over a decade of experience working with vulnerable groups, including youth and marginalized communities. His commitment to addressing mental health issues and advocating for underserved populations was evident throughout his career. He published two significant papers on mental health and youth in the English-speaking Caribbean, contributing valuable insights to the academic and practical understanding of these pressing issues. With a proven ability to collaborate effectively, he demonstrated a passion for leveraging psychological research to foster healthier, more inclusive communities.

As part of the Manchester Global Foundation, he contributed his expertise in psychology and extensive experience with vulnerable populations to advance the foundation's mission. He actively collaborated with fellow members, shared knowledge, and helped develop initiatives that made a tangible difference in the lives of those they aimed to support. His efforts focused on advancing the understanding of mental health challenges and creating innovative solutions to improve the well-being of youth and marginalized groups worldwide.



2.6 COMMUNICATIONS AND MEDIA PRESENCE

Our communities and interested individuals worldwide and in the UK are able to:

- Connect with MGF on Instagram, Twitter, Facebook and LinkedIn
- Keep themselves informed on global health topics by reading posts on our website or shared via our social media channels. This includes global health related events in Manchester and beyond.
- Submit articles/videos/comments of interest for publication or to be shared on our website and social media
- Volunteer to be part of a team to develop a bid or concept note in an area of interest Forward ideas for philanthropic area of support and development
- Volunteer to write a blog or help with policy developments
- Generally, keep in touch with your views and ideas and be part of the MGF family

A website is up and running: www.mcglobal.org

A Twitter profile: [@MCR_Global](https://twitter.com/MCR_Global)

A Facebook page www.facebook.com/mcrglobalfoundation

An Instagram page <https://www.instagram.com/mcglobalorg/>

A LinkedIn Charity page www.linkedin.com/company/manchester-global-foundation

Quarterly News bulletin

Every quarter a news bulletin is published and widely shared via MGF social media sites and email distribution list.

2.7 CONSULTANCIES UNDERTAKEN

We have 17 consultants globally. These consultancies have been in the areas of our expertise (section 1.7). These have principally been in the areas of strategy development, evaluations and scoping, proposal writing, strategic thinking and conference development.

2.8 CURRENT STATUS

Some of the activities have been:

- Reconnecting with existing consultants
- Recruiting new consultants
- Ensuring GDPR compliance
- Reviewing policies
- Updating website
- Developing networks
- Building and strengthening collaborations
- Philanthropic activity
- Reviewing the organisation structure

2.9 SUMMARY OF ACHIEVEMENTS

- Board of Trustees and Management team in place A constitution and business plan in place
- A bank account in operation
- Registered with the Charities Commission
- Clear ethos, strategy and policies underpinned by Aims, Objectives Mission, vision and values A website and active social media presence on X, Facebook and LinkedIn
- Key documents and policies: consultants agreement, templates for technical and financial proposals, terms of business document, standard profiles and CVs, indemnity insurance and public liability and so on
- A community of consultants, advisors and researchers with 4 key areas of organisational expertise
- Philanthropic work ongoing and programmes in development
- Risks minimised through policies and having liability insurance, including public liability and regular Board meetings with organisational oversight by the Trustees.
- Environmental impact of the organisation minimised by home working, preferred use of public transport and flights minimised through remote working
- A range of network and relationships established with current and future partners and clients
- UK and Global Research projects - ongoing.

3.0 Future Plans

Building on our many achievements, the Trustees and Management Team will continue with their focus on:

- Capacity and capability building in the UK and low and middle income countries with a focus on research consultancy to support research infrastructure.
- Collaborative research projects
- Training and development
- Philanthropy
- Collaboration with other like-minded Not for Profit organisations to promote our vision and mission
- Expansion of our reach to further develop capacity and capability

SECTION: OUR FINANCIALS

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 05 APRIL 2023

	2024		2023
	£	Restricted Funds Endowment Funds	£
<u>INCOME</u>			
Individual Donations	33,000.00		18,839.46
Corporate Donations	1,392.90		1,412.67
Consultancy Income	4,160.00		-
Admin	520.00		-
Philanthropic	520.00		-
Grants	40,280.00		-
Total Income	79,872.90		20,252.13
<u>EXPENDITURE</u>			
Charity collection online Hosting	287.88		287.88
Indemnity Insurance	872.62		829.25
Management team Honorarium	8,798.07		1,710.00
Research Fellows Payments	3,828.00		-
Consultants Payments	4,160.00		3,540.02
Donation for Pakistan trainings and Capacity Building	3,169.22		-
HR Services	24,000.00		1,500.00
Conferences and Courses/Trainings	2,273.79		2,581.93
Research Assistant Payments	3,192.00		-
Accounting services	-		125.00
Email Server and Hosting Services	3,350.00		-
Bank Charges	-		48.00
Total Expenses	53,931.58		10,622.08
Excess of Income over Expenditure	25,941.32		9,630.05

BALANCE SHEET AS AT 05 APRIL 2024

	2024	2023
Fixed Assets	Nil	Nil
<u>Current Assets</u>		
<u>Bank</u>	85,816.95	59,875.63
Total Assets	85,816.95	59,875.63
<u>Creditors falling due within one year</u>		
Creditors		
Net Assets	Nil	Nil
	85,816.95	59,875.63
<u>Represented By</u>		
Excess of Income over expenditure b/f	59,875.63	50,245.58
Current year Excess of Income over expenditure	25,941.32	9,630.05
Total Funds Available	85,816.95	59,875.63

4.2 FINANCIAL REVIEW

Financial Review

The financial statements provided in this report are for the period of 6th April 2023 to 5th April 2024. The results for the year and financial position are set out in the Statement of Financial Activities on the above page.

Income

Manchester Global Foundation received a total income of **79,872.90** from donations, consultancy income and grants. Manchester Global Foundation will continue to actively seek consultancy and funding opportunities to increase its financial capacity to expand philanthropic initiatives.

Expenditure

The total expenditure was **53,931.58**. The expenses included stipends to the voluntary management team, professional and public liability and indemnity insurance and computing and IT software and accounting services. The total income in the NatWest bank account at the end of the financial year was **85,816.95**.

Reserves policy

The trustees aim to maintain reserves in unrestricted funds of **£2,500**. The trustees consider that this level will provide sufficient funds to cover risks, contingencies or unforeseen events (However, these have a low likelihood of happening but if they did, they would have some impact on the operations of MGF).

Internal control and risk

The trustees have an overall responsibility of ensuring that Manchester Global Foundation has a comprehensive system of financial reporting and risk controls to provide reasonable assurances that:

- Proper financial records are maintained, and that financial information is reliable and up to date.
- The accounts were prepared in accordance with the relevant laws and regulations.

The financial activities are recorded and kept on secure portal <https://drive.google.com/> and the trustees receive quarterly updates on the financial position of the organisation.

Insurance Broker: Access Insurance (<http://www.accessinsurance.co.uk>)

Bank: **NATIONAL WESTMINSTER - CENTRAL MANCHESTER**

Charity Number: **1168411**

Annual Report to the Charities Commission

Charity No. 1168411



Manchester Global Foundation
Local Impact, Global Challenge

www.mcglobal.org

info@mcglobal.org

April 2023 – April 2024

22nd January 2025

Submitted By:
Director and the Trustees
Manchester Global Foundation
House Number #06, The Circuit
Didsbury, Manchester, M20 3RA

TABLE OF CONTENTS

SECTION ONE: OUR ORGANISATION3

SECTION TWO: OUR ACTIVITIES10

SECTION: OUR FINANCIALS17

SECTION ONE: OUR ORGANISATION

1.1 INTRODUCTION

Manchester Global Foundation (MGF) is a unique philanthropic organisation providing technical expertise, consultancy, policy development, evaluation and advisory services to a range of clients, nationally and internationally. Our consultancy and advisory services generate income to support our philanthropic work to improve the health and well-being of vulnerable communities in the UK and worldwide. The organisation was conceived in 2015 and has been operational since the beginning of 2016.

The Trustees and Director of Manchester Global Foundation present this combined Annual Report from the 6th of April 2023 to 5th of April 2024.

This report complies with all the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

1.2 OUR MISSION, VISION AND VALUES

Founded in 2015, Manchester Global Foundation (MGF) is a Charitable Incorporated Organisation registered in England and Wales, whose main sector of intervention is global health.

MGF's **vision** is to address global health inequalities and contribute to their improvement.

Our **mission** is to provide technical assistance, advisory services and research in global health, humanitarian and development programmes to improve the health and wellbeing of communities around the world – including in the UK.

We support the public benefit by advancing the health and survival of poor and vulnerable communities in low and middle-income countries, and socially deprived communities in the United Kingdom. Our motto, ***Local Impact, Global Change***, summarises our belief that sound interventions at a local level will eventually contribute to broader improvements in global health worldwide.

Our Values

Use evidence-based approaches
Be proactive
Focus on people
Establish and Nurture Partnerships

1.3 OUR HISTORY

SUCCESSFUL START UP

Phase One - Concept stage and set up: Manchester Global Foundation was conceived in mid-2015 by a small group of people keen to work on both local and global health issues, with Manchester as the hub city. The idea was developed initially as a charitable entity linked to the Office of Global Health, part of the Manchester Academic Health Partnership. MGF set up a small management team, applied for charitable status, developed a constitution, and applied for a bank account in 2015. In December 2015 the initial meeting of potential consultants and advisors was held in Manchester. MGF then started its operations in early 2016. The Foundation bank account became operational in February 2016, with its first deposit made on 1 March 2016. Our charitable status was gained on 25th July 2016 after several months of correspondence. Our Charity Number is 1168411. This report covers the period from our start up until March 2020. The development of the organisation was as follows:

Phase One: May 2015 to December 2015

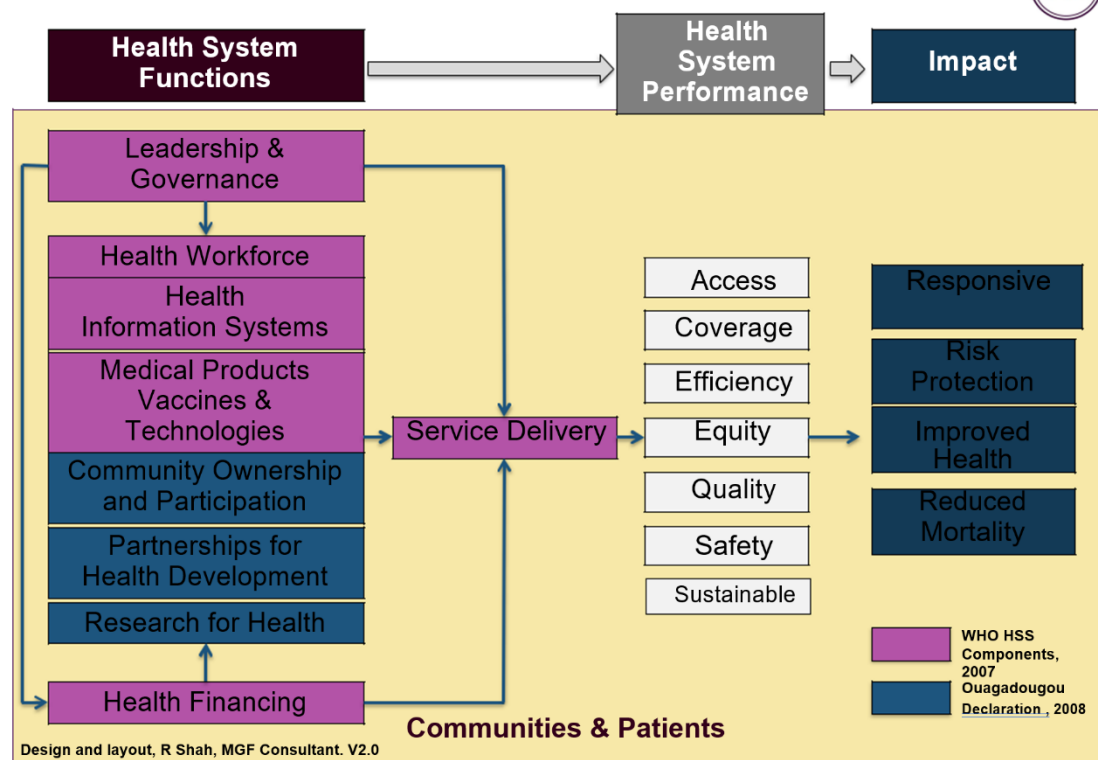
- Initial business plan with mission and vision developed and agreed.
- Approached and signed up two Trustees and agreed on the Chair.
- Agreed and appointed the Director and the initial management team, two more people.
- Initial constitution agreed.
- Initial consultants registered with the Foundation and consultancy agreement developed.
- Bank account in place
- Application for Charitable status
- Website development for launch in 2016
- Model of the organisation agreed and in place - see below Start to develop networks.
- Start to develop ideas for the philanthropic work.

1.4 STARTING TO DO BUSINESS

Phase Two - Getting to work: By the end of 2015, the foundations were in place and we were able to start work in 2016, with a strong Management Team and Board of Trustees with a clear direction and model. The Foundation continued to set up and develop further systems and processes and also started to review its financial and organisational models. The next stage of development was as follows:

Phase Two: January 2016 to December 2016

- Website up and running in February 2016
- Social media presence developed and marketing materials (banner and generic MGF business cards) from January 2016
- Adoption of the Constitution on 15th June 2016 (document shared with the Charities Commission) Financial policy developed and agreed March 2016
- Job descriptions developed for Trustees and Management team June 2016
- Philanthropic ideas and partnerships developed in northern Sri Lanka and Uganda
- Philanthropic work undertaken by individual Trustees and Management team.
- Technical and financial templates in place to use for bidding for work April 2016
- More than 25 proposals submitted for work during 2016 and 11 contracts undertaken by MGF in the first year of operation to March 2017, which enabled us to meet our objectives and start to generate income.
- Initially out of 7 contracts applied for, two were awarded to MGF and we were short listed for two more and got to the last 2/3 organisations This is an exceptional record. You can expect a 10-20% success rate on bidding for contracts through a procurement/cold bidding process.
- Indemnity and public liability insurance in place for contracts from May 2016.
- Additional trustee and management team members appointed in June 2016
- Development sessions commenced for the training and education of the consultants (three undertaken from September to December 2016)
- MGF attending conferences and meetings to raise awareness, including for recruitment of consultants and making links with new partners as well as finding out about possible philanthropic activities.
- Policies and procedures developed and in place (consultants agreement/contract, client contract, equity and diversity statement, overseas working policy in the draft, terms of business and working with clients document, overseas working policy in the draft, standard profiles and standard CVs, indemnity insurance and public liability)
- Developed our approach to Health systems strengthening (see slide below)



1.5 OUR AIMS and OBJECTIVES

Aim: Manchester Global Foundation exists to advance health and well-being for the public benefit in poor and vulnerable communities in low- and middle-income countries and socially deprived communities in the United Kingdom.

Our original objectives are:

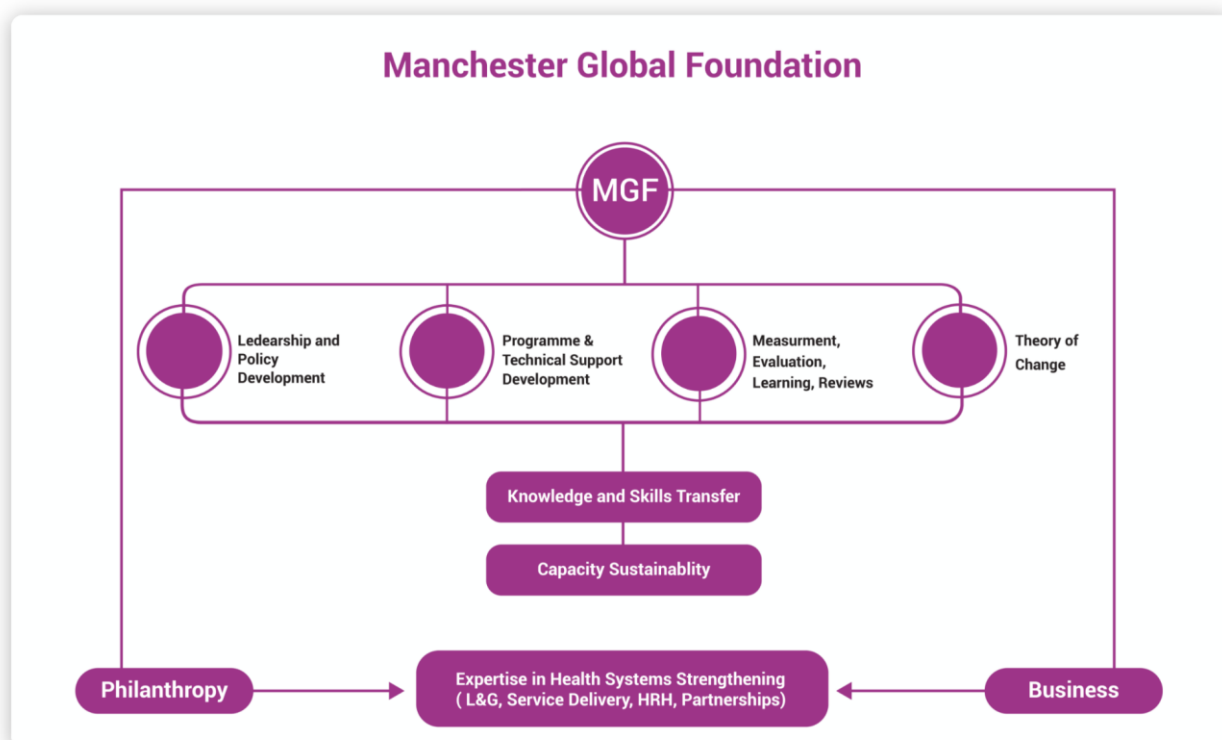
1. Providing health volunteers, other technical experts and researchers in medicine, nursing, midwifery, mental health, dentistry and other health professions, from Greater Manchester and beyond, to build the capacity of health institutions in low and middle-income countries through research, teaching, training, and knowledge sharing; as well as providing curative and preventive services.
2. Supporting the conduct of medical and health research through collaboration between the United Kingdom and low and middle-income countries, aimed at generating innovative solutions to the problems of healthcare provision in resource poor settings.
3. Providing grants, equipment and supplies for preventing and relieving sickness and disease, mitigating the risk of death and disability as a consequence of catastrophe, and promoting health and wellbeing.
4. Advancing the education of health students and practitioners from United Kingdom in conjunction with the University of Manchester, by facilitating the development of their individual capabilities, competencies, understanding, and skills through learning and training attachments in low and middle-income countries.

'Poor' is defined according to the multidimensional poverty index (MPI) of the United Nations Development Programme (UNDP) and 'vulnerable' is defined as people affected by natural disasters and man-made conflicts and crises. Low and middle-income countries are defined according to the World Bank's classification of national economies. The "socially deprived" in the United Kingdom are communities identified as such by the indices of multiple deprivations published by the department for communities and local government.

1.6 OUR OPERATIONAL MODEL

A unique model: Manchester Global Foundation is a philanthropic organization with two arms, a business arm to generate income through consultancy, training and development and research projects with customers who are charities themselves, either registered in the UK or elsewhere and a philanthropic arm to have at least one project per year where we support activities in various ways to fulfil our aims and objectives.

The financial aspect of the model is twofold: All consultancy client contracts (budget) include a 10% overhead charge (on the costs of the consultancy fees only) to cover the MGF organisational running costs. This is always clearly visible on the financial proposal agreed between MGF and the client. In addition, ***all consultants are expected to donate 10% of their own consultancy fees earned to the philanthropic work of MGF.*** This 10% donation is deducted prior to payment to the consultant for the work completed. All Consultants have access to the MGF accounts, in the spirit of transparency. This is our model:



1.7 OUR TRUSTEES AND MANAGEMENT TEAM

The Management Team is Rakhshi Memon (Director), Jasmin Begum (Associate Director), Tsitsi Nyahwo (Operations Manager), Sameen Ali (Communications Manager), Amber Azam (Coordinator) and Noor Ali (Finance Manager). The management team are responsible for the operational running of the organisation. The Trustees are there to provide the governance overview and also take a lead in the philanthropic areas. The Trustees and their tenure are listed below:

Trustees	Role	Tenure
Dr Samina Matin	Chair	1 st May 2023 to date
Dr Nadeem Gire	Trustee	12 th January 2022 to date
Dr Deepali Sharma	Trustee	1 st March 2024 to date

All the Board and Management Team undertake their roles on a voluntary basis, with the exception of occasional small honoraria paid to the Management Team out of the overheads resources generated. Over the course of 05 years **£ 5,062.50** has been paid to management team members, which has included travel expenses.

1.8 OUR CONSULTANTS

At MGF, we have assembled a vibrant and growing community of experts with a wide range of skills and expertise in various domains related to global health, social services, international development, and humanitarian assistance. At the date of the report, there are 20 consultants and advisors registered plus a management team of seven people and four Trustees who also have a range of skills to bring to the organisation. We are developing three research fellows in Nigeria, two in Barbados and an intern as part of our capacity and capability building in Low- and Middle-Income Countries (LMICs).

Among us, there are university professors and academic researchers, health practitioners, managers and strategists, as well as experts in international development and humanitarian assistance. Those with health expertise includes clinicians and medical researchers with different specialisations, midwives, nutritionists, as well as specialists in health management, health systems strengthening, and management of humanitarian and development programmes. Everyone has a background in at least one of our four areas of expertise.

Our people are our main asset. We can count on a team of passionate and competent consultant and advisors with many years of experience in the promotion of global health. Cumulatively, our consultants and advisors have worked in over 35 different countries in all five continents and we can expect this figure to keep growing.



Our People and their Geographical Coverage

Our People

A team of self-motivated, passionate, competent consultants and advisors. Based in 07 different countries. Multi-skilled, health, nutrition, food security, agriculture, emergency relief, finance, advocacy, research and evaluation, programme management, leadership, and strategy. Thought leaders.

1.9 OUR AREAS OF EXPERTISE

In addition to these charitable activities, through its business arm, Manchester Global Foundation provides quality consultancy, training and development and advisory services to a wide range of clients, nationally and internationally. Income generated through the business arm is then used to support our philanthropic activities. Our key areas of expertise and advice are:

1. Leadership and Policy
2. Programme Design, Monitoring, and Implementation
3. Research, Evaluation, and Learning
4. Theories of Change
5. Teaching and Training

All five areas are key to strengthening the capacities and building capabilities of health institutions worldwide, ultimately contributing to reducing global health inequalities and in working in these areas, we fulfil our organisational objectives.

(i) Leadership and Policy

Expertise in leadership and policy means that our consultants are capable of developing national, regional, or organisational policies and strategies, as well as of supporting leadership and governance at different levels – from mentoring the management of a single hospital to advising a ministry. Some selected examples include:

PAST

- Developing an NGO's 5-year nutritional strategy in Cambodia;
- Overseeing the development of the original CHW national training manual for Sierra Leone (2010);
- Preparing mid-term plans for various hospitals in the UK and abroad;
- Writing guidelines to be adopted by the National Institute of Health and Care Excellence (NICE);
- Writing the 2006-2010 national guidance for emergency care;
- Developing curricula at medical schools, both in the UK and overseas;
- Setting up policies for the deployment of medical volunteers abroad;
- Supporting the preparation and negotiation of dossiers on "Development in Africa" for the 2009 G8 held in L'Aquila, Italy;
- Acting as the focal point for the Special Session on Global Health at the recent World Humanitarian Summit 2016;
- Advising the top management of the Ministry of Health and Sanitation of Sierra Leone;
- Mentoring senior managers in various NGOs.
- Supporting the development of the 'Roadmap for Dementia' for Pakistan (2019)
- Collaborating on the preparation and deployment of the Mental Health Summit in Pakistan (2020)
- Supporting the development of Learning Through Play + (Dads) training program in Pakistan (2021);
- Establishment and Monitoring of Ethics & Governance processes in Pakistan (2021);
- Collaboration with NGOs in UK, Bangladesh, Nigeria & Kenya (2022);
- Developing training programs in UK and low and middle income countries (2022).
- Teaching English in low and middle income countries (2022).

CURRENT

- Building clinical skills and research capacity and capability (2023)
- Establishing networks in public and private sectors globally (2023)
- Dissemination of research (2023)
- Enhancing profile on social media networks (2023)
- Co-producing community engagement and involvement model and Research Ethics Framework (2023)
- Develop and conduct organisation development courses such as communications, ethics, professionalism, transactional analysis, risk assessment and developing organisational policies and strategy (2023).

(ii) Programme Design, Monitoring and Implementation

This area of expertise includes all phases of project management, from the initial programme design in response to identified needs to the development of concept notes and funding proposals, to programme implementation and monitoring. Some consultants also have formal project management certifications. A few examples of this type of work include:

PAST

- Developing and setting up new projects such as the Manchester - Gulu (Uganda) link;
- Developing multi-million GBP concept notes and funding proposals to be submitted to DFID and other major donors (including also grant proposals for research programmes);
- Managing portfolios of several million GBP, both for humanitarian / development projects and for medical research;
- Managing the start-up of the first ever emergency urban/peri-urban cash-for-work programme in Zimbabwe (ECHO, €1 million)
- Managing a team of 21 international and national staff to implement the Basic Package of Health Services across 10 primary health care facilities in South Sudan (2011).
- Monitoring the implementation of various projects part of the health portfolio funded by the Italian Government in Mozambique (2009-2010);
- Remotely supporting and monitoring the implementation of several programmes across East Africa.
- Implementation of the clean water project in Karachi, Pakistan in collaboration with other NGOs – 2019
- Planning and preparing proposals such as delivering Theory of change workshops to global teams eg ACROSS, Pakage etc

CURRENT

- Securing Lottery funding for Bangladesh projects
- Securing Lottery funding for Nigeria project
- Collaborating with Save the Children UK for Bangladesh project
- Scrutinizing and advising on policies in Pakistan.

(iii) Research, Evaluation and Learning

We consider here both academic research and project-related evaluations and assessments (as well as anything in between). Among our consultants, we have both qualitative and quantitative researchers, as well as some experts in mixed-methods research who are familiar with a wide range of methods and tools. Examples of MGF consultants' involvement in this area include:

PAST

- Conducting health needs assessments;
- Conducting operational reviews of health systems and health facilities in various countries (Somaliland, Zambia, Canada);
- Leading research groups and conducting research on various subjects (mental health, medical microbiology, morbidity to sickness and absenteeism);
- Conducting operational evaluations of public health centres in India through participatory approaches;
- Conducting surveillance studies on diseases such as Hepatitis E, TB, cholera and depression in various countries.
- Collaborating with other NGOs to deliver learning and development programme – Sharjah 2018
- Building capacity and capability by conducting workshops in Theories of Change, Process mapping, Ethics and Good Governance in Pakistan – 2019
- Conducting training in Bangladesh to midwives on maternal and child health

CURRENT

- Dissemination of learning on Global platforms;
- Continuation of capacity building on TOC;
- Collaborating with other NGO to deliver learning and development programmes – Dubai
- Partnering with other NGOs on several research projects on developing research protocols (Bangladesh & Nigeria).

(iv) Theory of Change (ToC)

The Theory of Change (“ToC”) was developed in the 1960s as an approach to planning, monitoring, evaluation and impact assessment to ensure that the marginalised voices are included in developing the vision and that change happens through the lens of the end beneficiaries. ToC is a form of “critical theory” that results in an agreed model of change. This model of change then informs the development, implementation and evaluation of plans and results frameworks at all levels.

The focus is on what will change for whom as a result of our efforts, NOT on what we will do or achieve.

In practical terms, the ToC causal model of planning, monitoring, evaluation and impact assessment begins with the process of bringing together key stakeholders so we can agree how change happens in the current context, our influences, responsibilities, and our most effective roles in contributing to changes. With our stakeholders, we identify barriers and challenges. Together short, medium- and long-term outcomes are agreed to develop a model of change (not a plan) that we think will contribute to desired changes. As the context changes, we test the model and adapt and adjust the model for the new context. As part of the impact assessment, we not only measure expected and planned impacts but also unexpected and unplanned changes so that the learning from the successes and failures can be taken forward to inform future projects. The ToC process gives a detailed and direct understanding of the links between activities and desired goals. This understanding leads on to developing a better measure of progress and evaluation, as well as an improved understanding of impact, both planned and unplanned. ToC causal pathway is developed using a backwards mapping approach, which starts with the long-term goals and plots the required process of change and the short- and medium-term outcomes required to achieve this. During this process, the assumptions about what needs to be in place to achieve the outcomes are made explicit as well as the contextual factors which influence the ToC. Additional elements of a ToC include beneficiaries, research evidence supporting the ToC, actors in the context, sphere of influence, strategic choices and interventions, timelines and indicators. The ToC process adds rigour and strengthens other approaches such as logic models and the ToC causal pathway is an excellent communication tool for the programme.

SECTION TWO: OUR ACTIVITIES

2.3 Capacity and Capability Building

2023-2024

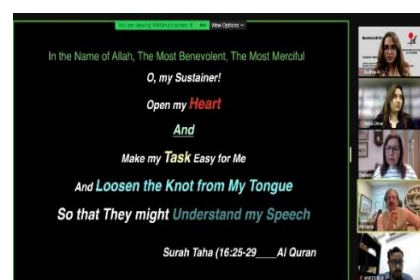
MGF strives to continue with its mission to tackle global health disparities in collaboration with its partners, both nationally and internationally.



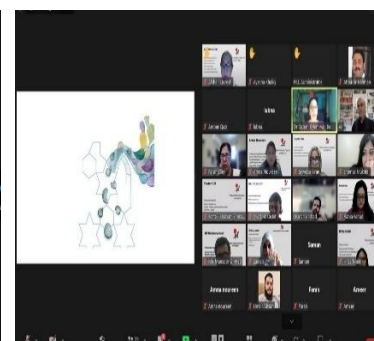
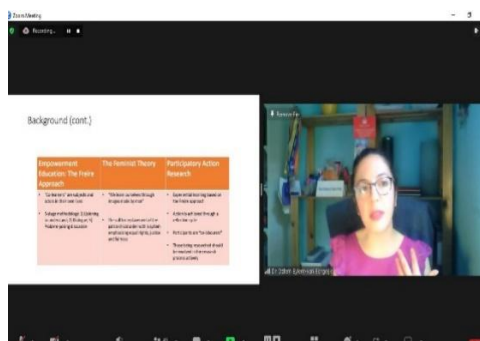
Interactive Workshop: Risk Assessment and Monitoring

An engaging workshop led by Jahanara Miah, Research Associate at the University of Manchester, provided participants with valuable insights into the fundamentals of risk assessment and monitoring in research. The session guided attendees through the process of identifying and evaluating potential risks and benefits while introducing a robust risk monitoring framework to ensure transparency and quality control. Through interactive activities and case studies, participants gained practical knowledge, explored best practices, and discussed strategies for enhancing research integrity. This dynamic session equipped attendees with the tools to safeguard the research process effectively.

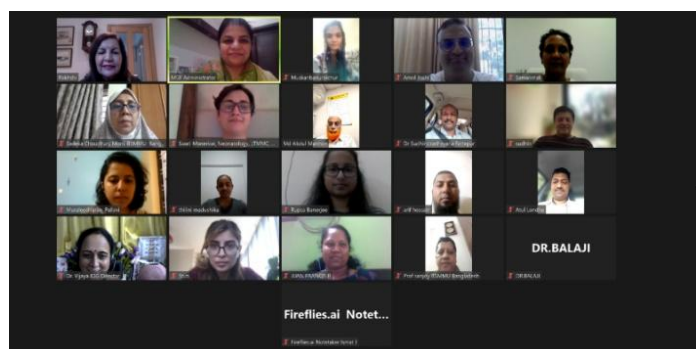
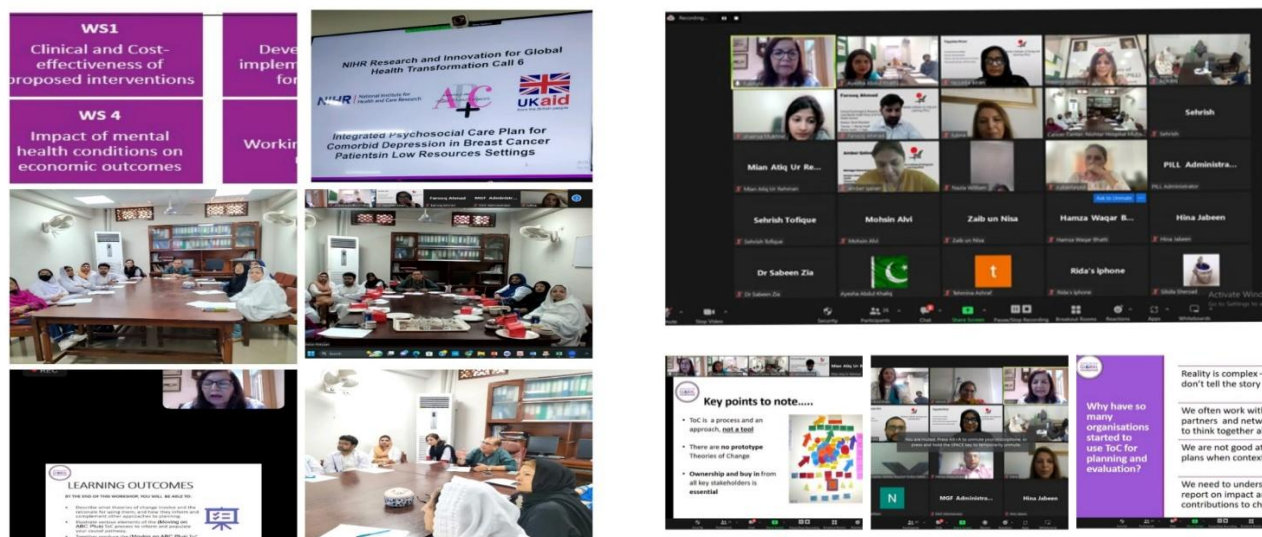
In an initiative by Global Ethics Learning Hub (GELH), **Dr Rakhshi Memon and Prof Mowadat Rana** led a workshop on **Transactional Analysis Underpinning Communication**. Prof Rana interactively described how the Transactional Analysis Theory can be applied to enhance communication in our professional and personal lives.



Özlem Eylem-van Bergeijk led an interactive workshop on **Use of Photovoice in Mental health**. Visual communication is an important part of health communication, especially when it comes to Mental Health. What role can visuals play in designing an evidence-based social media campaign to promote burn injuries-related prevention, awareness and reduction in social stigma.



Theories of Change (ToC) – Theory of Change session for **Impact assessment of Moving on ABC Plus study** was chaired by **Dr Rakhshi Memon**. Investigators, researchers, GPs, Oncologists, nurses, community health workers, representatives of charitable organization, people with lived experience of breast cancer and mental health, and family members of breast cancer survivors attended the session shared their views about possible barriers, mitigation strategies, short medium and long term goal. Stakeholder group also described tasks and activities to be completed to achieve goals.



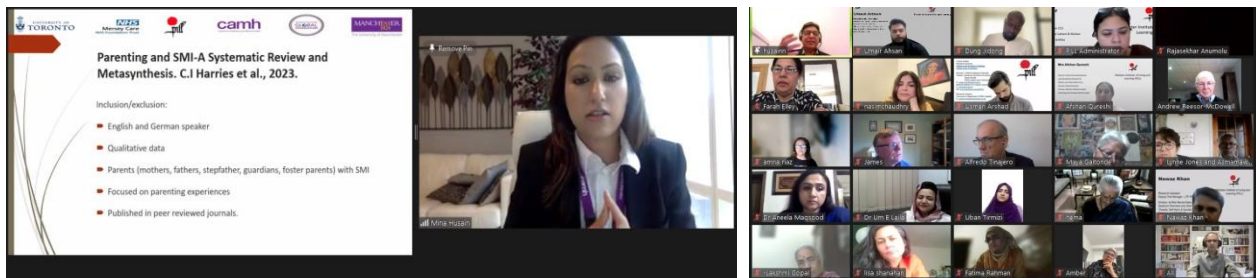
The proposed NIHR Research Group on Birth-Related Brain Injury focused on preventing and treating HIE in neonatal units and reducing childhood disabilities, particularly in LMICs. To support this effort, the Manchester Global Foundation organized a 2-day workshop with over 50 collaborators from India, Bangladesh, Sri Lanka, Pakistan, the UK, and Australia. The workshop aimed to finalize the theory of change (ToC) model through a shared vision, goal-setting, and

discussions on social, cultural, and contextual factors. Stakeholders collaboratively identified pathways to achieve the group's objectives and anticipated potential challenges. The workshop laid the foundation for refining the ToC model with stakeholder ownership.

The **Manchester Global Foundation** hosted a hybrid scoping event to **design a bioethics curriculum** with input from academics, researchers, and students. The event included expert talks that enriched understanding of key bioethical issues and a needs assessment to identify priorities and gaps. Its hybrid format enabled both in-person and virtual participation, fostering inclusivity. Participants collaborated to exchange ideas, debate ethical dilemmas, and propose innovative solutions. The event set the foundation for a diverse and impactful bioethics curriculum.



During the **2nd Global Conference on Parenting Interventions**, an impactful session on ‘Parenting and Severe Mental Illness’ was delivered by MGF’s consultant Dr Mina Husain. This platform brought together global researchers on parenting interventions where they shared their learning experiences, success, barriers and solutions to implementation of the interventions. Academics, researchers, health professionals and organisational leaders from the UK, USA, Pakistan, India, Canada, Indonesia, Mongolia, Thailand, Malaysia, Philippines, Fiji and Nigeria were a part of this event.



Manchester Global Foundation (MGF) in collaboration with, Pakistan Institute of Living and Learning (PILL) Institute of Applied Psychology (IAP), University of the Punjab and Lahore College for Women University (LCWU) organised Pakistan’s **First International Conference on Eating Disorders** on 1st and 2nd June, 2023. National and international psychiatrist, psychologists, nutritionists and health professionals along with hundreds of students attended this event. **MGF consultants Prof. Dr Nusrat Husain and Dr. Mina Husain** delivered powerful presentations on the first and the second day respectively. Prof. Dr Nusrat Husain (Professor of Psychiatry, University of Manchester and Director Research Global Mental Health) gave an overview of eating disorders among British South Asian Ethnic Minorities, while Dr. Mina Husain (Clinician Teacher at CAMH, Assistant Professor, Department of Psychiatry, University of Toronto) highlighted the impact of media, films and fashion on eating disorders.



MGF consultant and a post-doc researcher at Burns rehabilitation project Dr Ozlem Eylem-van Bergeijk organised a three day long training on **advanced systematic reviews and meta-analysis** together with the Mersey Care NHS Foundation Trust Director Research & Innovation and Global Centre for Research on Mental Health Inequalities Professor Nusrat Hussain, the Pakistan Institute of Living and Learning evidence synthesis lead Usman Arshad and the Burns rehabilitation project communication officer Teresa Luk.



2.4: Philanthropic Work

2022-2023

Income generation for philanthropic work - all contracts awarded from the beginning have raised a 10% overhead charge applied to cover the operating costs of the Foundation and in addition, all consultants who undertake paid consultancy work for clients have donated 10% of their consultancy fees to the philanthropic work of the Foundation which went initially to cover the development costs of the Sri Lanka programme.

Support of Research Fellows in Nigeria - MGF has contributed tremendously towards capacity and capability building by developing research skillset such as (a) conducting various aspects of research activities (b) presentations in academic conferences (c) co-authorship and publications (d) organizing and hosting of research workshop/seminars etc and funding of research fellows.

Dentman - work has continued with the two branches of Dentman:

- o **DentMan GOHF (Global Oral Health Forum)** It is a platform for the Oral Health Practitioners (students and staff) to share and reflect their global health volunteering experiences with others and to inspire future volunteers. MGF is closely associated with these activities. Raj Ariyaratnam has continued to be an adviser for the students on volunteering matters.
- **SHINE Humanity (USA):** To develop collaborative proposals and fund raiser for primary care health initiatives in Pakistan.

2023-2024

MOU between MGF and Institute of Health Management Delhi

Manchester Global Foundation recently signed a Memorandum of Understanding with the International Institute of Health Management Research (IIHMR) Delhi, India. IIHMR Delhi is an institute of repute that works on strengthening policy-relevant research in India and similar settings across the world. It is also a leading institute of higher learning which has pioneered the postgraduate programme on Health and Hospital Management in India. The institute is committed to building a competent and responsive healthcare sector through a multipronged strategy by conducting masters/ doctoral level academic courses in health management, hospital management, and health information technology; implementing research relevant to health policies and programs at national and global levels; continued education through management-development and executive programs for working professionals to upgrade their knowledge and skills in response to the emerging needs of the industry; and technical consultation to the country and states for capacity-building and policy research needs that culminates in developing innovative and equitable healthcare strategies. The collaboration between Manchester Global Foundation and IIHMR Delhi will enable both institutions to undertake joint academic and research ventures including faculty and researcher exchange activities, organization of symposia, workshops, and scientific meetings, research projects, and development of capacity building programs in areas of mutual interest.

2.5: Research in UK's African/Caribbean and Nigerian communities



Kenya Eversley interned at Woods Home in Calgary, Alberta, during the final year of her BSc Social Work degree, where she discovered her passion for mental health research. This interest led her to complete an MSc in Applied Psychology in 2021. Over the years, she contributed to various research projects across the Caribbean with organizations such as UN Women and the World Bank, focusing on issues like violence against women and girls and the region's unique social, economic, and environmental challenges. Currently serving as a research assistant at the Manchester Global Foundation, Kenya views this role as an opportunity to further develop her research skills in preparation for her future PhD in global mental health. Her ultimate goal is to improve mental health services and accessibility worldwide, particularly in global south countries where mental health stigma persists and care is often deprioritized.

Jamal Prescod, a Research Assistant at the Manchester Global Foundation, brought over a decade of experience working with vulnerable groups, including youth and marginalized communities. His commitment to addressing mental health issues and advocating for underserved populations was evident throughout his career. He published two significant papers on mental health and youth in the English-speaking Caribbean, contributing valuable insights to the academic and practical understanding of these pressing issues. With a proven ability to collaborate effectively, he demonstrated a passion for leveraging psychological research to foster healthier, more inclusive communities.

As part of the Manchester Global Foundation, he contributed his expertise in psychology and extensive experience with vulnerable populations to advance the foundation's mission. He actively collaborated with fellow members, shared knowledge, and helped develop initiatives that made a tangible difference in the lives of those they aimed to support. His efforts focused on advancing the understanding of mental health challenges and creating innovative solutions to improve the well-being of youth and marginalized groups worldwide.



2.6 COMMUNICATIONS AND MEDIA PRESENCE

Our communities and interested individuals worldwide and in the UK are able to:

- Connect with MGF on Instagram, Twitter, Facebook and LinkedIn
- Keep themselves informed on global health topics by reading posts on our website or shared via our social media channels. This includes global health related events in Manchester and beyond.
- Submit articles/videos/comments of interest for publication or to be shared on our website and social media
- Volunteer to be part of a team to develop a bid or concept note in an area of interest Forward ideas for philanthropic area of support and development
- Volunteer to write a blog or help with policy developments
- Generally, keep in touch with your views and ideas and be part of the MGF family

A website is up and running: www.mcglobal.org

A Twitter profile: [@MCR_Global](https://twitter.com/MCR_Global)

A Facebook page www.facebook.com/mcrglobalfoundation

An Instagram page <https://www.instagram.com/mcglobalorg/>

A LinkedIn Charity page www.linkedin.com/company/manchester-global-foundation

Quarterly News bulletin

Every quarter a news bulletin is published and widely shared via MGF social media sites and email distribution list.

2.7 CONSULTANCIES UNDERTAKEN

We have 17 consultants globally. These consultancies have been in the areas of our expertise (section 1.7). These have principally been in the areas of strategy development, evaluations and scoping, proposal writing, strategic thinking and conference development.

2.8 CURRENT STATUS

Some of the activities have been:

- Reconnecting with existing consultants
- Recruiting new consultants
- Ensuring GDPR compliance
- Reviewing policies
- Updating website
- Developing networks
- Building and strengthening collaborations
- Philanthropic activity
- Reviewing the organisation structure

2.9 SUMMARY OF ACHIEVEMENTS

- Board of Trustees and Management team in place A constitution and business plan in place
- A bank account in operation
- Registered with the Charities Commission
- Clear ethos, strategy and policies underpinned by Aims, Objectives Mission, vision and values A website and active social media presence on X, Facebook and LinkedIn
- Key documents and policies: consultants agreement, templates for technical and financial proposals, terms of business document, standard profiles and CVs, indemnity insurance and public liability and so on
- A community of consultants, advisors and researchers with 4 key areas of organisational expertise
- Philanthropic work ongoing and programmes in development
- Risks minimised through policies and having liability insurance, including public liability and regular Board meetings with organisational oversight by the Trustees.
- Environmental impact of the organisation minimised by home working, preferred use of public transport and flights minimised through remote working
- A range of network and relationships established with current and future partners and clients
- UK and Global Research projects - ongoing.

3.0 Future Plans

Building on our many achievements, the Trustees and Management Team will continue with their focus on:

- Capacity and capability building in the UK and low and middle income countries with a focus on research consultancy to support research infrastructure.
- Collaborative research projects
- Training and development
- Philanthropy
- Collaboration with other like-minded Not for Profit organisations to promote our vision and mission
- Expansion of our reach to further develop capacity and capability

SECTION: OUR FINANCIALS

INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 05 APRIL 2023

	2024		2023
	£	Restricted Funds Endowment Funds	£
<u>INCOME</u>			
Individual Donations	33,000.00		18,839.46
Corporate Donations	1,392.90		1,412.67
Consultancy Income	4,160.00		-
Admin	520.00		-
Philanthropic	520.00		-
Grants	40,280.00		-
Total Income	79,872.90		20,252.13
<u>EXPENDITURE</u>			
Charity collection online Hosting	287.88		287.88
Indemnity Insurance	872.62		829.25
Management team Honorarium	8,798.07		1,710.00
Research Fellows Payments	3,828.00		-
Consultants Payments	4,160.00		3,540.02
Donation for Pakistan trainings and Capacity Building	3,169.22		-
HR Services	24,000.00		1,500.00
Conferences and Courses/Trainings	2,273.79		2,581.93
Research Assistant Payments	3,192.00		-
Accounting services	-		125.00
Email Server and Hosting Services	3,350.00		-
Bank Charges	-		48.00
Total Expenses	53,931.58		10,622.08
Excess of Income over Expenditure	25,941.32		9,630.05

BALANCE SHEET AS AT 05 APRIL 2024

	2024	2023
Fixed Assets	Nil	Nil
<u>Current Assets</u>		
<u>Bank</u>	85,816.95	59,875.63
Total Assets	85,816.95	59,875.63
<u>Creditors falling due within one year</u>		
Creditors		
Net Assets	Nil	Nil
	85,816.95	59,875.63
<u>Represented By</u>		
Excess of Income over expenditure b/f	59,875.63	50,245.58
Current year Excess of Income over expenditure	25,941.32	9,630.05
Total Funds Available	85,816.95	59,875.63

4.2 FINANCIAL REVIEW

Financial Review

The financial statements provided in this report are for the period of 6th April 2023 to 5th April 2024. The results for the year and financial position are set out in the Statement of Financial Activities on the above page.

Income

Manchester Global Foundation received a total income of **79,872.90** from donations, consultancy income and grants. Manchester Global Foundation will continue to actively seek consultancy and funding opportunities to increase its financial capacity to expand philanthropic initiatives.

Expenditure

The total expenditure was **53,931.58**. The expenses included stipends to the voluntary management team, professional and public liability and indemnity insurance and computing and IT software and accounting services. The total income in the NatWest bank account at the end of the financial year was **85,816.95**.

Reserves policy

The trustees aim to maintain reserves in unrestricted funds of **£2,500**. The trustees consider that this level will provide sufficient funds to cover risks, contingencies or unforeseen events (However, these have a low likelihood of happening but if they did, they would have some impact on the operations of MGF).

Internal control and risk

The trustees have an overall responsibility of ensuring that Manchester Global Foundation has a comprehensive system of financial reporting and risk controls to provide reasonable assurances that:

- Proper financial records are maintained, and that financial information is reliable and up to date.
- The accounts were prepared in accordance with the relevant laws and regulations.

The financial activities are recorded and kept on secure portal <https://drive.google.com/> and the trustees receive quarterly updates on the financial position of the organisation.

Insurance Broker: Access Insurance (<http://www.accessinsurance.co.uk>)

Bank: **NATIONAL WESTMINSTER - CENTRAL MANCHESTER**

Charity Number: **1168411**

Manchester Global Foundation
INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 05 APRIL 2024

<u>Income</u>	<u>2024</u> £	Restricted Funds	Endowment Funds	<u>2023</u> £
Individual Donations	33,000.00			18,839.46
Corporate Donations	1,392.90			1,412.67
Consultancy Income	4,160.00	5,200.00		-
Grants	40,280.00			-
Admin	520.00			
Philanthropic	520.00			
Total Income	79,872.90			20,252.13
<u>Expenditure</u>				
Charity collection online Hosting	287.88			287.88
Indemnity Insurance	872.62			829.25
Management team Honorarium	8,798.07			1,710.00
Consultants Payments	4,160.00			3,540.02
Research Fellows Payments	2,882.00			
Research Assistant Payments	3,192.00			
Accounting services	-			125.00
HR Services	24,000.00			1,500.00
Email Server and Hosting Services	3,350.00			
Conferences and Courses/Trainings	2,273.79			2,581.93
Donation for Pakistan	4,115.22			
Bank Charges	-			48.00
Total Expenses	53,931.58			10,622.08
Exces of Income over Expenditure	25,941.32			9,630.05

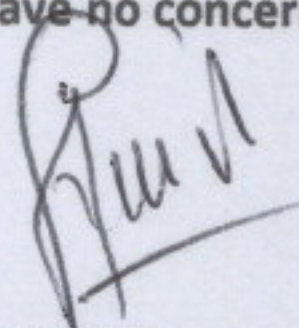
Manchester Global Foundation
BALANCE SHEET AS AT 05 April 2024

	<u>2024</u>	<u>2023</u>
	<u>£</u>	<u>£</u>
Fixed Assets	Nil	Nil
<u>Current Assets</u>		
Bank	<u>85,816.95</u>	<u>59,875.63</u>
Total Assets	85,816.95	59,875.63
<u>Creditors falling due within one year</u>		
Creditors		
Net Assets	<u>Nil</u>	<u>Nil</u>
<u>Represented By</u>	<u>85,816.95</u>	<u>59,875.63</u>
Excess of Income over expenditure b/f	59,875.63	50,245.58
Current year Excess of Income over expenditure	25,941.32	9,630.05
Total Funds Available	85,816.95	59,875.63

Independent examiner's report

I have completed my examination of the charity Manchester Global Foundation accounts and records. I confirm that no material matters or irregularities have come to my attention with the examination.

I have no concerns in connection to these accounts to which attention should be drawn.



Signature

S Faredi

MBA (Charity Finance and administration)

Date: 10th February 2025

S Faredi (Accountants)
 29 Sudbury Court Road
 Harrow
 HA1 3SD
 Tel: 020 8904 0169
 Mob: 07572 081424