

DEMENTIA CLUB UK

England & Wales · Charity number 1168397

Details

Status Registered

Legal form Charitable company

Company number [09913673](#)

Registered 2016-07-22

Register [View on the Charity Commission register](#)

Contact

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London
N20 9PX

Phone 07956858913

Email lisa.rutter@dementiclubuk.org.uk

Website <https://www.dementiclubuk.org.uk/>

Activities

Objects: OBJECTS4. THE CHARITY'S OBJECTS ("OBJECTS") ARE SPECIFICALLY RESTRICTED TO THE FOLLOWING:(1) TO PROMOTE GOOD HEALTH AND RELIEVE NEED BY:(I) PROVIDING SUPPORT TO PERSONS LIVING WITH DEMENTIA, THEIR FAMILIES AND CARERS, INCLUDING BY PROVIDING ADVICE, SUPPORT AND INFORMATION;(II) DISSEMINATING INFORMATION AND ADVICE TO DEMENTIA/ALZHEIMER SUFFERERS, THEIR FAMILIES AND CARERS IN ORDER TO IMPROVE THEIR UNDERSTANDING AND TO ENHANCE COPING STRATEGIES;(III) RAISING AWARENESS OF THE SYMPTOMS AND NEEDS OF DEMENTIA/ALZHEIMER SUFFERERS IN THE WIDER COMMUNITY;(IV) SUPPORTING RESEARCH THAT INCLUDES THE IMPACT OF GENTLE MOVEMENT AND EXERCISE IN RELATION TO DEMENTIA AND ALZHEIMER'S; AND(V) PROVIDING EXPERIENCE-BASED AND BESPOKE TRAINING FOR CARERS WORKING WITH DEMENTIA/ALZHEIMER SUFFERERS."(2) TO ADVANCE THE EDUCATION OF THE PUBLIC ABOUT DEMENTIA AND ABOUT CARE AND SUPPORT FOR PEOPLE LIVING WITH DEMENTIA, THEIR FAMILIES AND CARERS"

Activities: To promote good health and relieve need by providing support to persons living with dementia, their families and carers, including by providing advice, support and informationTo advance the education of the public about dementia and about care and support for people living with dementia, their families and carers"

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£129,681	£56,807	-	-
2023-12-31	£46,312	£50,069	-	-
2022-12-31	£48,506	£43,994	-	-
2021-12-31	£27,267	£21,372	-	-
2020-12-31	£26,870	£16,707	-	-

Trustees

Name	Role	Appointed
David Longstaff		2019-12-01
Dr Angela Parker		2016-12-08
Dr Rebecca Hatjiosif		2025-01-27
LISA RUTTER		2016-07-22
Nicholas Rutter		2016-12-08
Valerie Chodosh		2017-10-11

DEMENTIA CLUB UK

England & Wales - Charity number 1168397

Accounts

Charity registration number 1168397 (England and Wales)

Company registration number 09913673

DEMENTIA CLUB UK
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2024

DEMENTIA CLUB UK

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	L Rutter A Parker N Rutter V Chodosh D Longstaff
Charity number (England and Wales)	1168397
Company number	09913673
Principal address	6 Kingswood Close London N20 9PX
Registered office	Churchill House 137-139 Brent Street London NW4 4DJ
Independent examiner	Anthony Epstein FCA Paragon Partners Limited Churchill House 137 - 139 Brent Street London NW4 4DJ

DEMENTIA CLUB UK

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DEMENTIA CLUB UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2024

The trustees present their annual report and financial statements for the year ended 31 December 2024.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The charity's objects are:

(1) to promote good health and relieve need by: (i) providing support to persons living with dementia, their families and carers, including by providing advice, support and information; (ii) disseminating information and advice to persons living with dementia/alzheimer, their families and carers in order to improve their understanding and to enhance coping strategies; (iii) raising awareness of the symptoms and needs of persons living with dementia/alzheimer in the wider community; (iv) supporting research that includes the impact of gentle movement and exercise in relation to dementia and alzheimer's; and (v) providing experience-based and bespoke training for carers working with persons living with dementia/alzheimer.

(2) to advance the education of the public about dementia and about care and support for people living with dementia, their families and carers.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Dementia Club UK continues to grow in reach and impact, with our sessions remaining highly popular and well-attended. In 2024, we expanded our offering through an exciting new partnership with the Over 50s Barnet Walking Football Team. This collaboration has enabled us to run two additional activity sessions each month, bringing the total number of dementia club sessions to eight per month, delivered at various venues across the London Borough of Barnet.

We are proud to be the first organisation in Barnet to establish a Walking Football initiative specifically tailored for people over 50, including those living with dementia. The sessions are held at Copthall Sports Centre and run for two hours in total. The first hour takes place in the sports hall, where participants enjoy a variety of inclusive physical activities and games, all designed to be suitable for everyone including those using wheelchairs. These activities provide valuable physical stimulation, promoting brain health and wellbeing.

The second hour is spent in the Copthall café area, where members can relax and socialise over teas, coffees, and cakes. During this time, we engage participants in light-hearted quizzes, bingo games, and often enjoy live musical entertainment, creating a warm, uplifting environment that supports emotional wellbeing and community bonding.

Our weekly Carers Group Meetings continue to take place every Tuesday evening from 7:00pm to 8:30pm. These sessions are widely recognised and attract referrals from GP surgeries, social prescribers, and carers both within Barnet and nationally often signposted through our dementia training programmes. The meetings offer a supportive and informative environment where carers can share experiences, discuss challenges, and celebrate successes. Guest speakers are regularly invited to offer specialist advice such as legal professionals speaking on Wills and Lasting Power of Attorney, and accountants providing financial guidance. We are grateful to our ongoing partners, Barnet Carers and WALFINCH, for their continued support and collaboration.

Our CPD-certified Dementia Training Programme, delivered in partnership with Barnet Council, remains highly successful. Training sessions are available both online and in-person via Eventbrite and have been delivered to a wide range of stakeholders, including businesses, healthcare organisations, care homes, and individuals. Participants receive formal recognition through our certification process: either as organisations '*Working Towards Becoming Dementia Friendly*', in alignment with the Mayor of London's initiative, or as individuals recognised as Dementia Champions.

DEMENTIA CLUB UK

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2024

The training includes a comprehensive module on 'Understanding Dementia & Prevention Strategies', responding to the urgent public health challenge of dementia, now the leading cause of death in the UK. The course explores preventative measures backed by scientific research, addressing associated risks such as type 2 diabetes and stroke, and offering guidance on dietary choices, lifestyle changes, and health-optimising behaviours to reduce risk factors.

We are also pleased to have welcomed a new Trustee to the charity in 2024, a retired doctor, bringing the number of retired medical professionals on our board to two. Both doctors regularly attend our sessions and one continues to offer blood pressure and hearing checks, providing an invaluable on-site health monitoring service for our members.

In addition to our regular activities, we also continue to organise annual outings for members an eagerly anticipated highlight that brings joy, companionship, and a sense of normality for those living with dementia and their carers.

Financial review

The charity's income is mainly derived from donations and general grants received. The statement of Financial Activities shows a total income of £129,681 (2023 - £46,312) and a net income over expenditure of £72,874 (2023 - £3,757 deficit) for the year.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee without share capital use of "Limited" exemption as established by memorandum and articles incorporated on 11 December 2015 as amended by a special resolution registered at companies house on 18 July 2016.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

L Rutter

M Rutter

(Resigned 14 August 2025)

A Parker

N Rutter

V Chodosh

D Longstaff

The Board of Trustees is authorised to appoint new trustees to fill vacancies arising through resignation or death of an existing trustee.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.



L Rutter

Trustee

Dated: 17 September 2025

DEMENTIA CLUB UK

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DEMENTIA CLUB UK

I report to the trustees on my examination of the financial statements of Dementia Club UK (the charity) for the year ended 31 December 2024.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Anthony Epstein FCA
Paragon Partners Limited
Churchill House
137 - 139 Brent Street
London
NW4 4DJ
17 September 2025

DEMENTIA CLUB UK

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2024

	Notes	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Income from:			
Donations and legacies	3	129,578	46,216
Investments	4	103	96
Total income		<u>129,681</u>	<u>46,312</u>
Expenditure on:			
Charitable activities	5	46,056	33,709
Other expenditure	7	10,751	16,360
Total expenditure		<u>56,807</u>	<u>50,069</u>
Net income/(expenditure) and movement in funds		72,874	(3,757)
Reconciliation of funds:			
Fund balances at 1 January 2024		57,112	60,869
Fund balances at 31 December 2024		<u>129,986</u>	<u>57,112</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

DEMENTIA CLUB UK

BALANCE SHEET

AS AT 31 DECEMBER 2024

	Notes	2024 £	£	2023 £	£
Current assets					
Cash at bank and in hand		129,986		57,112	
		<u>129,986</u>		<u>57,112</u>	
Net current assets			<u>129,986</u>		<u>57,112</u>
The funds of the charity					
Unrestricted funds	10	129,986		57,112	
		<u>129,986</u>		<u>57,112</u>	
			<u>129,986</u>		<u>57,112</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2024.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 17 September 2025



L Rutter
Trustee

Company registration number 09913673 (England and Wales)

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2024

1 Accounting policies

Charity information

Dementia Club UK is a private company limited by guarantee incorporated in England and Wales. The registered office is Churchill House, 137-139 Brent Street, London, NW4 4DJ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

1 Accounting policies

(Continued)

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	121,978	30,252
General grants received	7,600	15,964
	<u>129,578</u>	<u>46,216</u>

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

4 Income from investments

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Income from listed investments	103	96

5 Charitable activities

	2024 £	2023 £
Activities and events	46,056	33,709

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

7 Support costs

	Unrestricted funds 2024	Total 2023 £
Administrative expenses	10,751	16,360
	<u>10,751</u>	<u>16,360</u>

8 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Volunteers	11	11

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2024

10 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 January 2024	Incoming resources	Resources expended	At 31 December 2024
	£	£	£	£
General funds	57,112	129,681	(56,807)	129,986
	<u>57,112</u>	<u>129,681</u>	<u>(56,807)</u>	<u>129,986</u>
Previous year:	At 1 January 2023	Incoming resources	Resources expended	At 31 December 2023
	£	£	£	£
General funds	60,869	46,312	(50,069)	57,112
	<u>60,869</u>	<u>46,312</u>	<u>(50,069)</u>	<u>57,112</u>

11 Related party transactions

There were no disclosable related party transactions during the year (2023- none).

DEMENTIA CLUB UK

England & Wales - Charity number 1168397

Accounts

Charity registration number 1168397

Company registration number 09913673 (England and Wales)

DEMENTIA CLUB UK
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2023

DEMENTIA CLUB UK

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	L Rutter M Rutter A Parker N Rutter V Chodosh D Longstaff
Charity number	1168397
Company number	09913673
Principal address	6 Kingswood Close London N20 9PX
Registered office	Churchill House 137-139 Brent Street London NW4 4DJ
Independent examiner	Anthony Epstein FCA Paragon Partners Limited Churchill House 137 - 139 Brent Street London NW4 4DJ

DEMENTIA CLUB UK

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DEMENTIA CLUB UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2023

The trustees present their annual report and financial statements for the year ended 31 December 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The charity's objects are:

(1) to promote good health and relieve need by: (i) providing support to persons living with dementia, their families and carers, including by providing advice, support and information; (ii) disseminating information and advice to persons living with dementia/alzheimer, their families and carers in order to improve their understanding and to enhance coping strategies; (iii) raising awareness of the symptoms and needs of persons living with dementia/alzheimer in the wider community; (iv) supporting research that includes the impact of gentle movement and exercise in relation to dementia and alzheimer's; and (v) providing experience-based and bespoke training for carers working with persons living with dementia/alzheimer.

(2) to advance the education of the public about dementia and about care and support for people living with dementia, their families and carers.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

We continue to run successfully 6 dementia club sessions at various venues in the borough of Barnet All our sessions are very popular and well attended.

The carers group meetings meet every week on Tuesday evenings from 7.00pm to 8.30pm and more people are joining from around the country. People find the sessions so helpful and informative as carers sometimes share their stories and talk about any challenges, issues or even good news which other carers will also find helpful. I also sometimes invite speakers for the carers group for example from the council, legal consultants to talk about Wills and lasting Power of Attorney and also Accountants to provide advice and information for the carers. Our partners - Barnet Carers and WALFINCH also continue to support and work with us.

Our training with Barnet Council has been very successful and people continue to book online and face to face training through Eventbrite. Our members from the carers group have also completed the training and this has helped them to have a better understanding about dementia. Our CPD certified training has been delivered to many organisations, businesses, health organisations, care homes and also face to face training at Bus depots and Fire Stations. Our training is not only providing certificates to organisations confirming that they are 'Working towards becoming Dementia Friendly' which is what the Mayor of London is trying to promote but also individuals are receiving certificates to confirm that they are now dementia champions. We have also started to include in the training prevention strategies which provide information on how and what we can do to prevent most diseases to live a healthier life. The increase in strokes and diabetes 2 is a huge concern especially as diabetes can lead to dementia. My training goes into very in-depth details about what foods we should eat, lifestyle changes we can consider. All information in my training is backed by research Papers.

One of our doctors has now retired but continues to attend sessions sometimes. We have another doctor who provides medical advice to our members when required and attends a few of the sessions and takes blood pressures and also hearing checks.

We also continue to provide outings every year which members really look forward to.

I continue to receive referrals every week from Barnet Hospital Springwell Centre and occasionally receive referrals from Social Prescribers at GP surgeries and also from Age UK.

DEMENTIA CLUB UK

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2023

Financial review

The charity's income is mainly derived from donations received. The statement of Financial Activities shows donations received of £46,312 and a net expenditure over income of £3,757 for the period. The trustees expect an increase in donations in the coming year.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee without share capital use of "Limited" exemption as established by memorandum and articles incorporated on 11 December 2015 as amended by a special resolution registered at companies house on 18 July 2016.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

L Rutter
M Rutter
A Parker
N Rutter
V Chodosh
D Longstaff

The Board of Trustees is authorised to appoint new trustees to fill vacancies arising through resignation or death of an existing trustee.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.



L Rutter
Trustee

Dated: 24 September 2024

DEMENTIA CLUB UK

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DEMENTIA CLUB UK

I report to the trustees on my examination of the financial statements of Dementia Club UK (the charity) for the year ended 31 December 2023.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).


Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.


Anthony Epstein FCA

Paragon Partners Limited
Churchill House
137 - 139 Brent Street
London
NW4 4DJ

Dated: 24 September 2024

DEMENTIA CLUB UK

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2023

	Notes	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Income from:			
Donations and legacies	3	46,216	48,010
Investments	4	96	496
Total income		<u>46,312</u>	<u>48,506</u>
Expenditure on:			
Charitable activities	5	33,709	39,607
Other expenditure	7	16,360	4,387
Total expenditure		<u>50,069</u>	<u>43,994</u>
Net income/(expenditure) and movement in funds		(3,757)	4,512
Reconciliation of funds:			
Fund balances at 1 January 2023		<u>60,869</u>	<u>56,357</u>
Fund balances at 31 December 2023		<u>57,112</u>	<u>60,869</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

DEMENTIA CLUB UK

BALANCE SHEET

AS AT 31 DECEMBER 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Cash at bank and in hand		57,112		60,869	
		<u>57,112</u>		<u>60,869</u>	
Net current assets			57,112		60,869
			<u>57,112</u>		<u>60,869</u>
Net assets excluding pension liability			<u>57,112</u>		<u>60,869</u>
			<u>57,112</u>		<u>60,869</u>
The funds of the charity					
Unrestricted funds			57,112		60,869
			<u>57,112</u>		<u>60,869</u>
			<u>57,112</u>		<u>60,869</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2023.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the trustees on 24 September 2024



L Rutter
Trustee

Company registration number 09913673 (England and Wales)

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2023

1 Accounting policies

Charity information

Dementia Club UK is a private company limited by guarantee incorporated in England and Wales. The registered office is Churchill House, 137-139 Brent Street, London, NW4 4DJ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

1 Accounting policies (Continued)

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Donations and gifts	30,252	48,010
General grants received	15,964	-
	<u>46,216</u>	<u>48,010</u>

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2023

4 Income from investments

	Unrestricted funds 2023 £	Unrestricted funds 2022 £
Income from listed investments	96	496

5 Charitable activities

	2023 £	2022 £
Activities and events	33,709	39,607

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

7 Support costs

	Unrestricted funds 2023	Total 2022 £
Administrative expenses	16,360	4,387
	16,360	4,387

8 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Volunteers	11	11

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2023

10 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 January 2023	Incoming resources	Resources expended	At 31 December 2023
	£	£	£	£
General funds	60,869	46,312	(50,069)	57,112
	<u>60,869</u>	<u>46,312</u>	<u>(50,069)</u>	<u>57,112</u>
Previous year:	At 1 January 2022	Incoming resources	Resources expended	At 31 December 2022
	£	£	£	£
General funds	56,357	48,506	(43,994)	60,869
	<u>56,357</u>	<u>48,506</u>	<u>(43,994)</u>	<u>60,869</u>

11 Related party transactions

There were no disclosable related party transactions during the year (2022- none).

DEMENTIA CLUB UK

England & Wales - Charity number 1168397

Accounts

Charity registration number 1168397

Company registration number 09913673 (England and Wales)

DEMENTIA CLUB UK
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

DEMENTIA CLUB UK

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	L Rutter M Rutter A Parker N Rutter V Chodosh D Longstaff
Charity number	1168397
Company number	09913673
Principal address	6 Kingswood Close London N20 9PX
Registered office	Churchill House 137-139 Brent Street London NW4 4DJ
Independent examiner	Anthony Epstein FCA Paragon Partners Limited Churchill House 137 - 139 Brent Street London NW4 4DJ

DEMENTIA CLUB UK

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DEMENTIA CLUB UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2022

The trustees present their annual report and financial statements for the year ended 31 December 2022.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The charity's objects are:

(1) to promote good health and relieve need by: (i) providing support to persons living with dementia, their families and carers, including by providing advice, support and information; (ii) disseminating information and advice to persons living with dementia/alzheimer, their families and carers in order to improve their understanding and to enhance coping strategies; (iii) raising awareness of the symptoms and needs of persons living with dementia/alzheimer in the wider community; (iv) supporting research that includes the impact of gentle movement and exercise in relation to dementia and alzheimer's; and (v) providing experience-based and bespoke training for carers working with persons living with dementia/alzheimer.

(2) to advance the education of the public about dementia and about care and support for people living with dementia, their families and carers.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

People are slowly feeling more confident after the pandemic, and more people attending the dementia clubs without wearing masks. We are now running 6 dementia clubs. We started the year with 4 zoom sessions every week but as more people were now starting to attend the venues, less people were joining the zoom sessions as they preferred to get back to physically meeting people.

The zoom sessions were a life saver during the pandemic, and we are so pleased to have helped so many people who were isolated and lonely.

We continue to work with our Partners - Barnet Carers and WALFINCH.

We have always used the carer group sessions which meet every week on Tuesday evenings, not only for carers coming together from around the country to meet online to chat and raise their problems but also used the sessions to provide training and interesting speakers who could provide advice and information.

We discovered through the carers group sessions that there was a great need for carers to have a better understanding about dementia and therefore we put together training material which has been CPD certified, to provide one hour online and face to face training about 'Understanding Dementia' to individuals and organisations. Our training proved very successful, and feedback received from people on our course said how different and very informative our training course is from other courses. With more people diagnosed with dementia every day, there is still a lot of stigma associated with dementia.

Barnet Council approached us and Dementia Club UK were successful in winning the bid and were commissioned by Barnet Council to deliver our training to all organisations, businesses, faith communities and retail from September 2022 to March 2023. We are delighted to have this opportunity especially as this is one of our charitable mission statements.

The training courses were one-hour online courses via either Teams or Zoom and people were able to book through Eventbrite.

DEMENTIA CLUB UK

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2022

Our training course is very in depth providing a good understanding about dementia with examples. The aim of the training is to make more dementia champions and for organisations to become Dementia Friendly. Although the training is officially only for the borough of Barnet, we sometimes had people and organisations joining from other Boroughs in other parts of the country and also from abroad – New Zealand, Canada, USA, Australia and Germany!! The feedback we received was excellent – people saying they have learnt so much.

Our Trustee Doctor Angela continues to provide medical advice to our members when required and taking blood pressures.

We also continue to provide outings every year which members really look forward.

I continue to receive referrals every week from Barnet Hospital Springwell Centre and occasionally receive referrals from Social Prescribers at GP surgeries and also from Age UK.

Financial review

The charity's income is mainly derived from donations received. The statement of Financial Activities shows donations received of £48,507 and a net income over expenditure of £4,512 for the period. The trustees expect an increase in donations in the coming year.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee without share capital use of "Limited" exemption as established by memorandum and articles incorporated on 11 December 2015 as amended by a special resolution registered at companies house on 18 July 2016.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

L Rutter
M Rutter
A Parker
N Rutter
V Chodosh
D Longstaff

The Board of Trustees is authorised to appoint new trustees to fill vacancies arising through resignation or death of an existing trustee.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.



L Rutter
Trustee

Dated: 22 September 2023

DEMENTIA CLUB UK

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DEMENTIA CLUB UK

I report to the trustees on my examination of the financial statements of Dementia Club UK (the charity) for the year ended 31 December 2022.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.


Anthony Epstein FCA

Paragon Partners Limited
Churchill House
137 - 139 Brent Street
London
NW4 4DJ

Dated: 22 September 2023

DEMENTIA CLUB UK

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2022

	Notes	Unrestricted funds 2022 £	Unrestricted funds 2021 £
Income from:			
Donations and activities	3	48,010	27,267
Investments	4	496	-
Total income		<u>48,506</u>	<u>27,267</u>
Expenditure on:			
Charitable activities	5	39,607	17,856
Support costs	7	4,387	3,516
Total expenditure		<u>43,994</u>	<u>21,372</u>
Net income for the year/ Net movement in funds		4,512	5,895
Fund balances at 1 January 2022		<u>56,357</u>	<u>50,462</u>
Fund balances at 31 December 2022		<u><u>60,869</u></u>	<u><u>56,357</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

DEMENTIA CLUB UK

BALANCE SHEET

AS AT 31 DECEMBER 2022

	Notes	2022 £	£	2021 £	£
Current assets					
Debtors	10	-		228	
Cash at bank and in hand		60,869		56,129	
		<u>60,869</u>		<u>56,357</u>	
Net current assets			<u>60,869</u>		<u>56,357</u>
Income funds					
Unrestricted funds			60,869		56,357
			<u>60,869</u>		<u>56,357</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2022.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 22 September 2023



L Rutter
Trustee

Company registration number 09913673

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022

1 Accounting policies

Charity information

Dementia Club UK is a private company limited by guarantee incorporated in England and Wales. The registered office is Churchill House, 137-139 Brent Street, London, NW4 4DJ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2022

1 Accounting policies

(Continued)

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2022

3 Donations and activities

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations and gifts	48,010	27,267

4 Investments

	Unrestricted funds	Total
	2022	2021
	£	£
Income from listed investments	496	-

5 Charitable activities

	2022	2021
	£	£
Activities and events	39,607	17,856

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

7 Support costs

	Unrestricted funds	Total
	2022	2021
	£	£
Administrative expenses	4,387	3,516
	4,387	3,516

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2022

8 Employees

The average monthly number of employees during the year was:

	2022	2021
	Number	Number
Volunteers	11	11
	<u>11</u>	<u>11</u>

9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

10 Debtors

	2022	2021
	£	£
Amounts falling due within one year:		
Other debtors	-	228
	<u>-</u>	<u>228</u>

11 Related party transactions

There were no disclosable related party transactions during the year (2021- none).

DEMENTIA CLUB UK

England & Wales - Charity number 1168397

Accounts

Charity registration number 1168397

Company registration number 09913673 (England and Wales)

DEMENTIA CLUB UK
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

DEMENTIA CLUB UK

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	L Rutter M Rutter A Parker N Rutter V Chodosh D Longstaff
Charity number	1168397
Company number	09913673
Principal address	6 Kingswood Close London N20 9PX
Registered office	Churchill House 137-139 Brent Street London NW4 4DJ
Independent examiner	Anthony Epstein FCA Paragon Partners Limited Churchill House 137 - 139 Brent Street London NW4 4DJ

DEMENTIA CLUB UK

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DEMENTIA CLUB UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2021

The trustees present their annual report and financial statements for the year ended 31 December 2021.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The charity's objects are:

(1) to promote good health and relieve need by: (i) providing support to persons living with dementia, their families and carers, including by providing advice, support and information; (ii) disseminating information and advice to persons living with dementia/alzheimer, their families and carers in order to improve their understanding and to enhance coping strategies; (iii) raising awareness of the symptoms and needs of persons living with dementia/alzheimer in the wider community; (iv) supporting research that includes the impact of gentle movement and exercise in relation to dementia and alzheimer's; and (v) providing experience-based and bespoke training for carers working with persons living with dementia/alzheimer.

(2) to advance the education of the public about dementia and about care and support for people living with dementia, their families and carers.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

DEMENTIA CLUB UK

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2021

Achievements and performance

As the pandemic continued from 2020, Dementia Club UK continued to run the 4 zoom sessions every week which were very popular and a life saver for many carers joining from around the country.

The carers group meetings especially providing seminars on various topics of interest to the carers by Andrew Wrensch have been informative and helpful. We also sometimes invited special guests like for example Dr David Jefferys – Senior Vice President in Eisai to talk about the latest medications for dementia. The most important part of the carers meeting however is giving the carers the opportunity to discuss any of their concerns and raise any medical questions especially as one of our Trustees Dr Angela Parker is a GP.

One of the biggest concerns raised by the carers was regarding visiting in care homes during the pandemic and 'Unpaid carers' not prioritised on the vaccination list. With my other hat on as a Councillor, The Ageing Well and Mental Health Champion of the Borough of Barnet and Vice Chairman of the Adults & Safeguarding committee, it was my duty to look into these matters and raise them with Public Health. When I heard about 2 care homes in Lancashire and in Sheffield informing me that they did not stop any visiting in their care homes, I decided to invite them at one of the carers group meetings and also invited Theresa Villiers MP who was very impressed to hear about their best practices. In fact, a few days later Theresa spoke at Parliament and also to Matt Hancock and Public Health England urging them to make changes and allow visiting in exceptional circumstances for those residents who had no mental capacity to understand about visiting behind screens.

I was delighted to have achieved the latest Government guidance policy changes on the 8th March 2021 allowing 'visiting in care homes' in exceptional circumstances and also successful in prioritising the 'Unpaid carers' to be added to the vaccination list.

As restrictions started to ease and the Government's announcement to lift all restrictions was announced on the 19th July, Dementia Club UK had a reunion party on the 26th July also inviting the Mayor of Barnet. This will always be a memorable occasion as members who were isolated and lonely for so long attended. It was very overwhelming for many especially as we lost a few members during the pandemic. A Memorial plaque has been made and added to our website to commemorate those members who passed away.

Dementia Club UK started back at dementia club venues on 2nd August 2021. Members were still not very confident and some continued to wear face masks, but overall members were happy to have some normality back. We started back slowly and decided to choose and run 5 of the dementia club venues which were favourite with members.

Although the dementia club sessions returned, we still continued to provide zoom sessions twice a week instead of four times a week as many members who were housebound were grateful and look forward to still attend.

Dementia Club UK were also delighted to announce their partnership with Barnet Carers on the 11th June. Mike Rich the CEO of Barnet Carers attends the carers group meetings, and this provides carers another channel for receiving information and advice.

Dementia Club UK will be looking to start providing training next year about 'Understanding Dementia' to various organisations and businesses and looking to have the training CPD Certified. There is a great need in the community to continue raising more awareness about dementia which is growing at an alarming rate and is the number one killer. Providing training to organisations and businesses will help not only to build a better understanding about this terrible disease but also to try and stop the stigma associated with dementia.

Dementia Club UK also announced the return of the dementia club venue at Barnet Copthall starting in January 2022.

Financial review

The charity's income is mainly derived from donations received. The statement of Financial Activities shows donations received of £26,870 and a net income over expenditure of £10,163 for the period. The trustees expect an increase in donations in the coming year.

DEMENTIA CLUB UK

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2021

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee without share capital use of "Limited" exemption as established by memorandum and articles incorporated on 11 December 2015 as amended by a special resolution registered at companies house on 18 July 2016.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

L Rutter
M Rutter
A Parker
N Rutter
V Chodosh
D Longstaff

The Board of Trustees is authorised to appoint new trustees to fill vacancies arising through resignation or death of an existing trustee.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.



L Rutter
Trustee

Dated: 29 September 2022

DEMENTIA CLUB UK

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DEMENTIA CLUB UK

I report to the trustees on my examination of the financial statements of Dementia Club UK (the charity) for the year ended 31 December 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

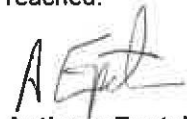
Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Anthony Epstein FCA

Paragon Partners Limited
Churchill House
137 - 139 Brent Street
London
NW4 4DJ

Dated: 29 September 2022

DEMENTIA CLUB UK

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted funds	Unrestricted funds
	Notes	2021	2020
		£	£
Income from:			
Donations and activities	3	27,267	26,870
		<hr/>	<hr/>
Expenditure on:			
Charitable activities	4	17,856	14,331
Support costs	6	3,516	2,376
		<hr/>	<hr/>
Total expenditure		21,372	16,707
		<hr/>	<hr/>
Net income for the year/ Net movement in funds		5,895	10,163
Fund balances at 1 January 2021		50,462	40,299
		<hr/>	<hr/>
Fund balances at 31 December 2021		56,357	50,462
		<hr/>	<hr/>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

DEMENTIA CLUB UK

BALANCE SHEET

AS AT 31 DECEMBER 2021

	Notes	2021 £	£	2020 £	£
Current assets					
Debtors	8	228		-	
Cash at bank and in hand		56,129		50,462	
		<u>56,357</u>		<u>50,462</u>	
Net current assets			<u>56,357</u>		<u>50,462</u>
Income funds					
Unrestricted funds			<u>56,357</u>		<u>50,462</u>
			<u>56,357</u>		<u>50,462</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2021.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 29 September 2022



L Rutter
Trustee

Company registration number 09913673

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

Charity information

Dementia Club UK is a private company limited by guarantee incorporated in England and Wales. The registered office is Churchill House, 137-139 Brent Street, London, NW4 4DJ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and activities

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Donations and gifts	27,267	26,870

4 Charitable activities

	2021	2020
	£	£
Activities and events	17,856	14,331

5 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

6 Support costs

	Unrestricted funds	Total
	2021	2020
	£	£
Administrative expenses	3,516	2,376

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2021

7 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
Volunteers	11	20
	<u> </u>	<u> </u>

8 Debtors

	2021 £	2020 £
Amounts falling due within one year:		
Other debtors	228	-
	<u> </u>	<u> </u>

9 Related party transactions

There were no disclosable related party transactions during the year (2020- none).

DEMENTIA CLUB UK

England & Wales - Charity number 1168397

Accounts

Charity Registration No. 1168397

Company Registration No. 09913673 (England and Wales)

DEMENTIA CLUB UK
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2020

DEMENTIA CLUB UK

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	L Rutter M Rutter A Parker N Rutter V Chodosh D Longstaff
Charity number	1168397
Company number	09913673
Principal address	6 Kingswood Close London N20 9PX
Registered office	Churchill House 137-139 Brent Street London NW4 4DJ
Independent examiner	Anthony Epstein FCA Paragon Partners Limited Churchill House 137 - 139 Brent Street London NW4 4DJ

DEMENTIA CLUB UK

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Balance sheet	5
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DEMENTIA CLUB UK

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2020

The trustees present their report and financial statements for the year ended 31 December 2020.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The charity's objects are:

(1) to promote good health and relieve need by: (i) providing support to persons living with dementia, their families and carers, including by providing advice, support and information; (ii) disseminating information and advice to persons living with dementia/alzheimer, their families and carers in order to improve their understanding and to enhance coping strategies; (iii) raising awareness of the symptoms and needs of persons living with dementia/alzheimer in the wider community; (iv) supporting research that includes the impact of gentle movement and exercise in relation to dementia and alzheimer's; and (v) providing experience-based and bespoke training for carers working with persons living with dementia/alzheimer.

(2) to advance the education of the public about dementia and about care and support for people living with dementia, their families and carers.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Dementia Club UK continued to run twelve dementia clubs in the Borough of Barnet and Camden but on the 11th March 2020 we had to suspend all the dementia clubs because of Covid-19 pandemic.

We kept in contact with members during the pandemic by phone and email and took food parcels to some of the most vulnerable members. However members and carers were still feeling depressed and isolated as they always looked forward to attending dementia club sessions. The dementia clubs gave them a lifeline and respite. Dementia Club UK therefore decided to start Zoom dementia club sessions and throughout the pandemic we have been running four Zoom sessions weekly on Mondays, Tuesdays and Wednesdays in the afternoons including a carers group meeting every week on Tuesdays in the evening from 7pm to 8.30pm. The afternoon zoom sessions started from 2.30pm to 4.30pm providing a chat time for members to start with, chair exercises to music including Yoga and salsa, live music entertainment, and then followed by quizzes, story jokes and Bingo. Our zoom sessions have been a life saver throughout the pandemic. Members always looked forward to the chat time so that they could catch up and also meet new members.

The Tuesday evening carers sessions have been very popular and valuable attracting people and health professionals from around the country. There have been many different discussions which have been very helpful to the carers especially as Dementia Club UK also has a GP as one of the Trustees who is always available to answer any medical concerns. Dementia Club UK are also providing seminars and training for the carers on various topics of interest.

We continue to receive many referrals from the Alzheimer's Society, Age UK, Barnet Carers, Barnet Hospital Memory Clinic and GP surgeries and other organisations. Dementia Club UK have received many more new members since the pandemic started. Dementia Club UK are proud to announce that they received Charity of the Year Award for 2020 in Barnet.

Financial review

The charity's income is mainly derived from donations received. The statement of Financial Activities shows donations received of £26,870 and a net income over expenditure of £10,163 for the period. The trustees expect an increase in donations in the coming year.

DEMENTIA CLUB UK

TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2020

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity is a company limited by guarantee without share capital use of "Limited" exemption as established by memorandum and articles incorporated on 11 December 2015 as amended by a special resolution registered at companies house on 18 July 2016.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

L Rutter
M Rutter
A Parker
N Rutter
V Chodosh
D Longstaff

The Board of Trustees is authorised to appoint new trustees to fill vacancies arising through resignation or death of an existing trustee.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.



L Rutter
Trustee

Dated: 24 September 2021

DEMENTIA CLUB UK

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF DEMENTIA CLUB UK

I report to the trustees on my examination of the financial statements of Dementia Club UK (the charity) for the year ended 31 December 2020.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

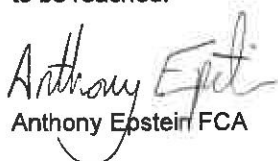
Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.


Anthony Epstein FCA

Paragon Partners Limited
Churchill House
137 - 139 Brent Street
London
NW4 4DJ

Dated: 24 September 2021

DEMENTIA CLUB UK

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2020

	Notes	Unrestricted funds 2020 £	Unrestricted funds 2019 £
Income from:			
Donations and activities	3	26,870	40,983
		<hr/>	<hr/>
Expenditure on:			
Charitable activities	4	14,331	39,340
		<hr/>	<hr/>
Support costs	5	2,376	3,602
		<hr/>	<hr/>
Total resources expended		16,707	42,942
		<hr/>	<hr/>
Net income/(expenditure) for the year/ Net movement in funds		10,163	(1,959)
Fund balances at 1 January 2020		40,299	42,258
		<hr/>	<hr/>
Fund balances at 31 December 2020		50,462	40,299
		<hr/> <hr/>	<hr/> <hr/>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

DEMENTIA CLUB UK

BALANCE SHEET

AS AT 31 DECEMBER 2020

	Notes	2020 £	£	2019 £	£
Current assets					
Cash at bank and in hand		50,462		40,299	
		<u>50,462</u>		<u>40,299</u>	
Net current assets			50,462		40,299
			<u>50,462</u>		<u>40,299</u>
Income funds					
Unrestricted funds			50,462		40,299
			<u>50,462</u>		<u>40,299</u>
			<u>50,462</u>		<u>40,299</u>

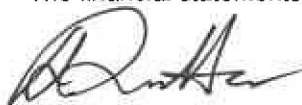
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2020.

The directors acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 24 September 2021



L Rutter
Trustee

Company Registration No. 09913673

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2020

1 Accounting policies

Charity information

Dementia Club UK is a private company limited by guarantee incorporated in England and Wales. The registered office is Churchill House, 137-139 Brent Street, London, NW4 4DJ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Costs of charitable activities relate to the furtherance of the charities objectives

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2020

1 Accounting policies

(Continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and activities

	Unrestricted funds	Unrestricted funds
	2020 £	2019 £
Donations and gifts	26,870	40,983

4 Charitable activities

	2020 £	2019 £
Activities and events	14,331	39,340

DEMENTIA CLUB UK

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2020

5 Support costs

	Unrestricted funds	Total
	2020	2019 £
Administrative expenses	2,376	3,602
	<u>2,376</u>	<u>3,602</u>

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

7 Employees

The average monthly number of employees during the year was:

	2020 Number	2019 Number
Volunteers	<u>20</u>	<u>20</u>

8 Related party transactions

There were no disclosable related party transactions during the year (2019- none).