

SOPHIE'S JOURNEY

England & Wales · Charity number 1168194

Details

Status Registered

Legal form CIO

Registered 2016-07-12

Register [View on the Charity Commission register](#)

Contact

Address Sophies Journey Charity Shop
246 Newark Road
Lincoln
LN6 8RP

Phone 07796458358

Email SOPHIESJOURNEY@HOTMAIL.COM

Website www.sophiesjourney.org.uk

Activities

Objects: TO RELIEVE THE NEEDS OF YOUNG PEOPLE UNDER THE AGE OF 18 IN LINCOLNSHIRE, THEIR FAMILIES AND CARERS, THROUGH THE PROVISION OF FREE HOLIDAY ACCOMMODATION, INFORMATION ADVICE AND PRACTICAL SUPPORT.

Activities: PROVIDE FREE HOLIDAYS TO CHILDREN AND ADULTS WITH CANCER IN LINCOLNSHIRE

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Accommodation/housing
- **Who:** Children/young People, People With Disabilities

Geography

- Lincolnshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£111,827	£76,562	-	-
2024-03-31	£74,920	£45,622	-	-
2023-03-31	£67,846	£47,795	-	-
2022-03-31	£62,520	£46,489	-	-
2021-03-31	£40,791	£24,751	-	-

Trustees

Name	Role	Appointed
ANDREW MARSHALL		2016-05-10
BEN ROBINSON		2016-05-10
NICOLA GALLOP		2025-06-27

SOPHIE'S JOURNEY

England & Wales - Charity number 1168194

Accounts

Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2025
for
Sophie's Journey

Sophie's Journey

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Sophie's Journey

Report of the Trustees **for the year ended 31 March 2025**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal aim of the charity is to provide free holidays to children and adults with cancer in Lincolnshire.

Public benefit

The trustees have regard to the Charity Commission's general guidance on public benefit and always ensure that activities which we undertake are in line with our charitable objects and aims.

Volunteers

The Charity is grateful to numerous volunteers who offer their time in furtherance of the Charity's objectives.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

We have been able to help approximately 240 families in the current year with stays at our caravans at Golden Sands Holiday Park in Mablethorpe taking our total number to 1,035 since the charity was established. The caravans have been in operation throughout the season, however support has been continuous throughout the period.

Fundraising activities

Throughout the year, we have continued to hold our usual events such as: raffles, tombolas, our annual ball, a Christmas market, fun runs, and family nights. Once again, we were charity of the year for the Lincoln 10k, and we were also the chosen charity for a Daisy Made Farm event. This year, we were also chosen as Lincoln's Marks and Spencer's charity of the year. We brought back the skydive event and have attended several local events with our stall to raise awareness and donations on the day.

This has helped to raise an amount in excess of £41,000.

FINANCIAL REVIEW

Reserves policy

The Trustees have established a policy whereby the free reserves, that being the unrestricted funds not committed or invested in tangible fixed assets, held by the charity, should be equivalent to approximately 3 months resources expended, which equates to approximately £19,000 in general funds. At this level, the Trustees feel that they would be able to continue running the organisation in the event of a loss of all funding sources. At 31 March 2025 the free reserves were £163,852 and as such above the targeted level, however the Trustees continue to monitor funds available.

Going concern

The ongoing support from donations and fundraising events has helped us to remain in a surplus position and as such, the Trustees believe the charity is a going concern. We aim to continue to develop streams of income to aid our sustainability through future fundraising events. We wish to thank each individual who supported the charity this year.

Sophie's Journey

Report of the Trustees **for the year ended 31 March 2025**

FUTURE PLANS

In November 2024, we opened our first Charity Shop in Lincoln selling pre-loved items, which is now the home of Sophie's Journey giving families the chance to drop in for a chat. Stacy continues to support the families within the community offering support and advice.

The charity is looking to raise funds to purchase a lodge/property in another part of Lincolnshire. This lodge/property will enable the families to go on holiday to an alternative location that's more comfortable and closer to local hospitals to help provide any care they may need. It will also become the first palliative care break for adults and children affected by cancer who have sadly been given a life expectancy of 12 months or less.

We are also looking to purchase a van which will enable us to collect items for the charity shop and use for events.

This will be a stepping stone into our overall aim of supporting families with free holidays across Lincolnshire.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its constitution and represents an unincorporated charity.

Recruitment and appointment of new trustees

The existing board of trustees were individually appointed on the strength of their respective background and an obvious enthusiasm and commitment to support the company on an ongoing basis. As set out in the Articles of Association, the board may from time to time and at any time appoint a new trustee to join. The decision to elect new trustees to the board is based upon the availability of suitable candidates with a requisite skills base together with an acknowledgement by the board that additional support would be beneficial in order to assist in the company's development.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168194

Principal address

246 Newark Road
Lincoln
Lincolnshire
LN6 8RP

Trustees

S Southwell (resigned 30.11.24)
B Robinson
S Broadley (resigned 30.11.24)
A Marshall
N Gallop (appointed 27.6.25)

Independent Examiner

Steve Robinson
Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

Sophie's Journey

Report of the Trustees
for the year ended 31 March 2025

Approved by order of the board of trustees on 13 December 2025 and signed on its behalf by:

N Gallop - Trustee

**Independent Examiner's Report to the Trustees of
Sophie's Journey**

Independent examiner's report to the trustees of Sophie's Journey

I report to the charity trustees on my examination of the accounts of Sophie's Journey (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Steve Robinson

Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

17 December 2025

Sophie's Journey

**Statement of Financial Activities
for the year ended 31 March 2025**

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		51,084	19,641	70,725	26,162
Other trading activities	2	41,102	-	41,102	48,758
Total		<u>92,186</u>	<u>19,641</u>	<u>111,827</u>	<u>74,920</u>
EXPENDITURE ON					
Raising funds					
Raising donations and legacies	3	18,036	189	18,225	20,576
Other trading activities		27,155	15,157	42,312	11,716
		<u>45,191</u>	<u>15,346</u>	<u>60,537</u>	<u>32,292</u>
Charitable activities					
Caravan Usage		16,025	-	16,025	13,330
Total		<u>61,216</u>	<u>15,346</u>	<u>76,562</u>	<u>45,622</u>
NET INCOME					
Transfers between funds	8	30,970	4,295	35,265	29,298
		4,295	(4,295)	-	-
Net movement in funds		<u>35,265</u>	<u>-</u>	<u>35,265</u>	<u>29,298</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		155,703	-	155,703	126,405
TOTAL FUNDS CARRIED FORWARD		<u><u>190,968</u></u>	<u><u>-</u></u>	<u><u>190,968</u></u>	<u><u>155,703</u></u>

The notes form part of these financial statements

Sophie's Journey

Balance Sheet
31 March 2025

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	6	27,116	-	27,116	29,745
CURRENT ASSETS					
Cash at bank		165,905	-	165,905	127,934
CREDITORS					
Amounts falling due within one year	7	(2,053)	-	(2,053)	(1,976)
NET CURRENT ASSETS		<u>163,852</u>	<u>-</u>	<u>163,852</u>	<u>125,958</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>190,968</u>	<u>-</u>	<u>190,968</u>	<u>155,703</u>
NET ASSETS		<u>190,968</u>	<u>-</u>	<u>190,968</u>	<u>155,703</u>
FUNDS	8				
Unrestricted funds				<u>190,968</u>	<u>155,703</u>
TOTAL FUNDS				<u>190,968</u>	<u>155,703</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 13 December 2025 and were signed on its behalf by:

N Gallop - Trustee

Sophie's Journey

Notes to the Financial Statements for the year ended 31 March 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Legacies

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution.

Donated Goods (Pre-Loved Items for Resale)

The Charity receives donations of pre-loved items which are sold in the charity shop. Most donated items are not recognised as income or inventory when received, as their fair value cannot be measured reliably. Income from donated goods is therefore recognised at the point of sale, based on the proceeds received.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixed assets are stated at cost less depreciation, or in cases where fixed assets have been donated, at valuation at the time of acquisition less depreciation.

Depreciation

Depreciation is charged on all tangible fixed assets other than freehold land as follows:

Freehold Property	15% reducing balance
Computer Equipment	20% reducing balance
Fixtures and Fittings	15% reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Sophie's Journey

Notes to the Financial Statements - continued for the year ended 31 March 2025

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Fundraising events	23,148	48,758
Shop income	17,954	-
	<u>41,102</u>	<u>48,758</u>

3. RAISING DONATIONS AND LEGACIES

	2025	2024
	£	£
Storage fees	-	1,690
Support costs	18,225	18,886
	<u>18,225</u>	<u>20,576</u>

4. SUPPORT COSTS

	Management	Governance	Totals
	£	costs £	£
Raising donations and legacies	<u>16,156</u>	<u>2,069</u>	<u>18,225</u>

Sophie's Journey

Notes to the Financial Statements - continued for the year ended 31 March 2025

4. **SUPPORT COSTS - continued**

Support costs, included in the above, are as follows:

Management

	2025 Raising donations and legacies £	2024 Total activities £
Insurance	672	227
Postage and stationery	142	467
Advertising	9,288	10,424
Sundries	1,419	571
Depreciation of tangible and heritage assets	4,635	5,277
	<u>16,156</u>	<u>16,966</u>

Governance costs

	2025 Raising donations and legacies £	2024 Total activities £
Accountancy and legal fees	1,569	1,420
Independent examiner fees	500	500
	<u>2,069</u>	<u>1,920</u>

5. **TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Sophie's Journey

**Notes to the Financial Statements - continued
for the year ended 31 March 2025**

6. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2024	70,948	115	1,986	73,049
Additions	-	1,906	100	2,006
	<u>70,948</u>	<u>2,021</u>	<u>2,086</u>	<u>75,055</u>
At 31 March 2025	70,948	2,021	2,086	75,055
DEPRECIATION				
At 1 April 2024	41,970	-	1,334	43,304
Charge for year	4,347	154	134	4,635
	<u>46,317</u>	<u>154</u>	<u>1,468</u>	<u>47,939</u>
At 31 March 2025	46,317	154	1,468	47,939
NET BOOK VALUE				
At 31 March 2025	<u>24,631</u>	<u>1,867</u>	<u>618</u>	<u>27,116</u>
At 31 March 2024	<u>28,978</u>	<u>115</u>	<u>652</u>	<u>29,745</u>

7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Taxation and social security	478	-
Other creditors	1,575	1,976
	<u>2,053</u>	<u>1,976</u>

8. MOVEMENT IN FUNDS

	At 1.4.24 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	155,703	30,970	4,295	190,968
Restricted funds				
Restricted fund	-	4,295	(4,295)	-
	<u>155,703</u>	<u>35,265</u>	<u>-</u>	<u>190,968</u>
TOTAL FUNDS	<u>155,703</u>	<u>35,265</u>	<u>-</u>	<u>190,968</u>

Sophie's Journey

**Notes to the Financial Statements - continued
for the year ended 31 March 2025**

8. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	92,186	(61,216)	30,970
Restricted funds			
Restricted fund	19,641	(15,346)	4,295
TOTAL FUNDS	<u>111,827</u>	<u>(76,562)</u>	<u>35,265</u>

Comparatives for movement in funds

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	126,405	29,298	155,703
TOTAL FUNDS	<u>126,405</u>	<u>29,298</u>	<u>155,703</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	74,920	(45,622)	29,298
TOTAL FUNDS	<u>74,920</u>	<u>(45,622)</u>	<u>29,298</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.23 £	Net movement in funds £	Transfers between funds £	At 31.3.25 £
Unrestricted funds				
General fund	126,405	60,268	4,295	190,968
Restricted funds				
Restricted fund	-	4,295	(4,295)	-
TOTAL FUNDS	<u>126,405</u>	<u>64,563</u>	<u>-</u>	<u>190,968</u>

Sophie's Journey

Notes to the Financial Statements - continued
for the year ended 31 March 2025

8. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	167,106	(106,838)	60,268
Restricted funds			
Restricted fund	19,641	(15,346)	4,295
TOTAL FUNDS	<u>186,747</u>	<u>(122,184)</u>	<u>64,563</u>

9. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2025.

Sophie's Journey

Detailed Statement of Financial Activities for the year ended 31 March 2025

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	51,084	26,162
Legacies	19,641	-
	70,725	26,162
Other trading activities		
Fundraising events	23,148	48,758
Shop income	17,954	-
	41,102	48,758
Total incoming resources	111,827	74,920
EXPENDITURE		
Raising donations and legacies		
Storage fees	-	1,690
Other trading activities		
Purchases	17,707	11,716
Light and heat	1,468	-
Wages	9,330	-
Social security	684	-
Pensions	140	-
Rent	9,555	-
Property repairs	3,197	-
Telephone	231	-
	42,312	11,716
Charitable activities		
Site fees	13,342	11,422
Caravan expenses	2,683	1,908
	16,025	13,330
Support costs		
Management		
Insurance	672	227
Postage and stationery	142	467
Advertising	9,288	10,424
Sundries	1,419	571
Freehold property	4,347	5,114
Fixtures and fittings	154	-
Computer equipment	134	163
	16,156	16,966

This page does not form part of the statutory financial statements

Sophie's Journey

Detailed Statement of Financial Activities
for the year ended 31 March 2025

	2025 £	2024 £
Management		
Governance costs		
Accountancy and legal fees	1,569	1,420
Independent examiner fees	500	500
	<hr/>	<hr/>
	2,069	1,920
	<hr/>	<hr/>
Total resources expended	76,562	45,622
	<hr/>	<hr/>
Net income	<u>35,265</u>	<u>29,298</u>

This page does not form part of the statutory financial statements

SOPHIE'S JOURNEY

England & Wales - Charity number 1168194

Accounts

Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2024
for
Sophie's Journey

Sophie's Journey

Contents of the Financial Statements for the year ended 31 March 2024

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Sophie's Journey

Report of the Trustees **for the year ended 31 March 2024**

The trustees present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal aim of the charity is to provide free holidays to children with cancer in Lincolnshire.

Public benefit

The trustees have regard to the Charity Commission's general guidance on public benefit and always ensure that activities which we undertake are in line with our charitable objects and aims.

Volunteers

The Charity is grateful to numerous volunteers who offer their time in furtherance of the Charity's objectives.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We have been able to help approximately 195 families in the current year with stays at our caravans at Golden Sands Holiday Park in Mablethorpe taking our total number to 795 since the charity was established. The caravans have been in operation throughout the season, however support has been continuous throughout the period.

Fundraising activities

Throughout the year, we have continued to hold our usual events such as: raffles, tombolas, our annual ball, a Christmas market, fun runs, and family nights. Once again, we were charity of the year for the Lincoln 10k, and we were also the chosen charity for a Daisy Made Farm event. We have been working with several businesses in the area as their chosen charity. We brought back the skydive event and have attended several local events with our stall to raise awareness and donations on the day.

This has helped to raise an amount in excess of £48,000.

FINANCIAL REVIEW

Reserves policy

The Trustees have established a policy whereby the free reserves, that being the unrestricted funds not committed or invested in tangible fixed assets, held by the charity, should be equivalent to approximately 3 months resources expended, which equates to approximately £11,000 in general funds. At this level, the Trustees feel that they would be able to continue running the organisation in the event of a loss of all funding sources. At 31 March 2024 the free reserves were £125,958 and as such above the targeted level, however the Trustees continue to monitor funds available.

Going concern

The ongoing support from donations and fundraising events has helped us to remain in a surplus position and as such, the Trustees believe the charity is a going concern. We aim to continue to develop streams of income to aid our sustainability through future fundraising events. We wish to thank each individual who supported the charity this year.

Sophie's Journey

Report of the Trustees **for the year ended 31 March 2024**

FUTURE PLANS

2024 would have been Sophie's 21st birthday. Therefore, the charity is looking to raise funds to purchase a Lodge in another part of Lincolnshire. It is hard for families to revisit places they have been to with a loved one and made memories now that they are sadly no longer with us. This lodge will enable the families to go on holiday to an alternative location. We are also in the process of opening our very first charity shop which will not only raise funds for the charity, but will also be supporting our local small business with "Rent a shelf". It will become the Home of Sophie's Journey where we will provide support to our families with drop in sessions.

This will be a stepping stone into our overall aim of supporting families with free holidays across Lincolnshire.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its constitution and represents an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168194

Principal address

10 Lurgan Close
Lincoln
Lincolnshire
LN5 8SZ

Trustees

S Southwell
B Robinson
S Broadley
A Marshall

Independent Examiner

Steve Robinson
Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

Approved by order of the board of trustees on 30 September 2024 and signed on its behalf by:

S Southwell - Trustee

**Independent Examiner's Report to the Trustees of
Sophie's Journey**

Independent examiner's report to the trustees of Sophie's Journey

I report to the charity trustees on my examination of the accounts of Sophie's Journey (the Trust) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Steve Robinson

Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

1 October 2024

Sophie's Journey

Statement of Financial Activities for the year ended 31 March 2024

	Notes	2024 Unrestricted fund £	2023 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		26,162	31,883
Other trading activities	2	48,758	35,963
Total		<u>74,920</u>	<u>67,846</u>
EXPENDITURE ON			
Raising funds	3	32,292	34,545
Charitable activities			
Caravan Usage		13,330	13,250
Total		<u>45,622</u>	<u>47,795</u>
NET INCOME		29,298	20,051
RECONCILIATION OF FUNDS			
Total funds brought forward		126,405	106,354
TOTAL FUNDS CARRIED FORWARD		<u><u>155,703</u></u>	<u><u>126,405</u></u>

The notes form part of these financial statements

Sophie's Journey

Balance Sheet
31 March 2024

	Notes	2024 Unrestricted fund £	2023 Total funds £
FIXED ASSETS			
Tangible assets	5	29,745	34,907
CURRENT ASSETS			
Cash at bank		127,934	92,753
CREDITORS			
Amounts falling due within one year	6	(1,976)	(1,255)
NET CURRENT ASSETS		<u>125,958</u>	<u>91,498</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		155,703	126,405
NET ASSETS		<u>155,703</u>	<u>126,405</u>
FUNDS	7		
Unrestricted funds		<u>155,703</u>	<u>126,405</u>
TOTAL FUNDS		<u>155,703</u>	<u>126,405</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 30 September 2024 and were signed on its behalf by:

S Southwell - Trustee

Sophie's Journey

Notes to the Financial Statements for the year ended 31 March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Fees payable to the independent examiner during the current year amounted to £1,260 (2023 £1,320).

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixed assets are stated at cost less depreciation, or in cases where fixed assets have been donated, at valuation at the time of acquisition less depreciation.

Depreciation

Depreciation is charged on all tangible fixed assets other than freehold land as follows:

Freehold Property	15% reducing balance
Computer Equipment	20% reducing balance
Fixtures and Fittings	15% reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Sophie's Journey

Notes to the Financial Statements - continued for the year ended 31 March 2024

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Fundraising events	48,758	35,963

3. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Storage fees	1,690	1,521
Support costs	18,886	9,139
	<u>20,576</u>	<u>10,660</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Sophie's Journey

**Notes to the Financial Statements - continued
for the year ended 31 March 2024**

5. TANGIBLE FIXED ASSETS

	Freehold property £	Fixtures and fittings £	Computer equipment £	Totals £
COST				
At 1 April 2023	70,948	-	1,986	72,934
Additions	-	115	-	115
At 31 March 2024	<u>70,948</u>	<u>115</u>	<u>1,986</u>	<u>73,049</u>
DEPRECIATION				
At 1 April 2023	36,856	-	1,171	38,027
Charge for year	5,114	-	163	5,277
At 31 March 2024	<u>41,970</u>	<u>-</u>	<u>1,334</u>	<u>43,304</u>
NET BOOK VALUE				
At 31 March 2024	<u>28,978</u>	<u>115</u>	<u>652</u>	<u>29,745</u>
At 31 March 2023	<u>34,092</u>	<u>-</u>	<u>815</u>	<u>34,907</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Other creditors	<u>1,976</u>	<u>1,255</u>

7. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	126,405	29,298	155,703
TOTAL FUNDS	<u>126,405</u>	<u>29,298</u>	<u>155,703</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	74,920	(45,622)	29,298
TOTAL FUNDS	<u>74,920</u>	<u>(45,622)</u>	<u>29,298</u>

Sophie's Journey

Notes to the Financial Statements - continued
for the year ended 31 March 2024

7. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	106,354	20,051	126,405
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>106,354</u>	<u>20,051</u>	<u>126,405</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	67,846	(47,795)	20,051
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>67,846</u>	<u>(47,795)</u>	<u>20,051</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.22 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	106,354	49,349	155,703
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>106,354</u>	<u>49,349</u>	<u>155,703</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	142,766	(93,417)	49,349
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>142,766</u>	<u>(93,417)</u>	<u>49,349</u>

Sophie's Journey

Notes to the Financial Statements - continued
for the year ended 31 March 2024

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

SOPHIE'S JOURNEY

England & Wales - Charity number 1168194

Accounts

REGISTERED CHARITY NUMBER: 1168194

Report of the Trustees and
Financial Statements
for the Year Ended 31 March 2023
for
Sophie's Journey

Sophie's Journey

Contents of the Financial Statements
for the year ended 31 March 2023

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Statement of Financial Activities	4
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Notes to the Financial Statements	6 to 10

Sophie's Journey

Report of the Trustees for the year ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The principal aim of the charity is to provide free holidays to children with cancer in Lincolnshire.

Public benefit

The trustees have regard to the Charity Commission's general guidance on public benefit and always ensure that activities which we undertake are in line with our charitable objects and aims.

Volunteers

The Charity is grateful to numerous volunteers who offer their time in furtherance of the Charity's objectives.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

We have been able to help approximately 130 families in the current year with stays at our caravans at Golden Sands Holiday Park in Mablethorpe taking our total number to 600 since the charity was established. The caravans have been in operation throughout the season, however support has been continuous throughout the period.

Fundraising activities

Throughout the year, we have continued to hold our usual events such as: raffles, tombolas, our annual ball, a Christmas market, fun runs, and family nights. Once again, we were charity of the year for the Lincoln 10k, and we were also the chosen charity for a Daisy Made Farm event.

This has helped to raise an amount in excess of £35,000.

FINANCIAL REVIEW

Reserves policy

The Trustees have established a policy whereby the free reserves, that being the unrestricted funds not committed or invested in tangible fixed assets, held by the charity, should be equivalent to approximately 3 months resources expended, which equates to approximately £12,000 in general funds. At this level, the Trustees feel that they would be able to continue running the organisation in the event of a loss of all funding sources. At 31 March 2023 the free reserves were £91,498 and as such above the targeted level, however the Trustees continue to monitor funds available.

Going concern

The ongoing support from donations and fundraising events has helped us to remain in a surplus position and as such, the Trustees believe the charity is a going concern. We aim to continue to develop streams of income to aid our sustainability through future fundraising events. We wish to thank each individual who supported the charity this year.

Sophie's Journey

Report of the Trustees for the year ended 31 March 2023

FUTURE PLANS

2024 would have been Sophie's 21st birthday. Therefore, the charity is looking to raise funds to purchase a Lodge in another part of Lincolnshire. It is hard for families to revisit places they have been to with a loved one and made memories now that they are sadly no longer with us. This lodge will enable the families to go on holiday to an alternative location.

This will be a stepping stone into our overall aim of supporting families with free holidays across Lincolnshire.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its constitution and represents an unincorporated charity.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1168194

Principal address

10 Lurgan Close
Lincoln
Lincolnshire
LN5 8SZ

Trustees

S Southwell
B Robinson
S Broadley
A Marshall

Independent Examiner

Steve Robinson
Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

Approved by order of the board of trustees on 30 January 2024 and signed on its behalf by:

S Southwell - Trustee

Independent Examiner's Report to the Trustees of
Sophie's Journey

Independent examiner's report to the trustees of Sophie's Journey

I report to the charity trustees on my examination of the accounts of Sophie's Journey (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Steve Robinson

Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

30 January 2024

Sophie's Journey

Statement of Financial Activities
for the year ended 31 March 2023

	Notes	2023 Unrestricted fund £	2022 Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies		31,883	25,137
Other trading activities	2	35,963	38,208
Total		<u>67,846</u>	<u>63,345</u>
 EXPENDITURE ON			
Raising funds	3	34,545	34,289
Charitable activities			
Caravan Usage		13,250	12,200
Total		<u>47,795</u>	<u>46,489</u>
 NET INCOME		 20,051	 16,856
 RECONCILIATION OF FUNDS			
Total funds brought forward		106,354	89,498
 TOTAL FUNDS CARRIED FORWARD		 <u>126,405</u>	 <u>106,354</u>

The notes form part of these financial statements

Sophie's Journey

Balance Sheet
31 March 2023

	Notes	2023 Unrestricted fund £	2022 Total funds £
FIXED ASSETS			
Tangible assets	5	34,907	43,127
CURRENT ASSETS			
Cash at bank		92,753	64,122
CREDITORS			
Amounts falling due within one year	6	(1,255)	(895)
NET CURRENT ASSETS		<u>91,498</u>	<u>63,227</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		126,405	106,354
NET ASSETS		<u>126,405</u>	<u>106,354</u>
FUNDS	7		
Unrestricted funds		<u>126,405</u>	<u>106,354</u>
TOTAL FUNDS		<u>126,405</u>	<u>106,354</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 30 January 2024 and were signed on its behalf by:

S Southwell - Trustee

Sophie's Journey

Notes to the Financial Statements for the year ended 31 March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Fees payable to the independent examiner during the current year amounted to £1,320 (2022 £840).

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixed assets are stated at cost less depreciation, or in cases where fixed assets have been donated, at valuation at the time of acquisition less depreciation.

Depreciation

Depreciation is charged on all tangible fixed assets other than freehold land as follows:

Freehold Property	15% reducing balance
Computer Equipment	20% reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Sophie's Journey

Notes to the Financial Statements - continued for the year ended 31 March 2023

1. ACCOUNTING POLICIES - continued

Fund accounting

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	35,963	38,208

3. RAISING FUNDS

Raising donations and legacies

	2023	2022
	£	£
Storage fees	1,521	1,326
Support costs	9,139	10,222
	<u>10,660</u>	<u>11,548</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Sophie's Journey

Notes to the Financial Statements - continued
for the year ended 31 March 2023

5. TANGIBLE FIXED ASSETS

	Freehold property £	Motor vehicles £	Computer equipment £	Totals £
COST				
At 1 April 2022	70,948	2,000	1,986	74,934
Disposals	-	(2,000)	-	(2,000)
At 31 March 2023	<u>70,948</u>	<u>-</u>	<u>1,986</u>	<u>72,934</u>
DEPRECIATION				
At 1 April 2022	30,840	-	967	31,807
Charge for year	6,016	-	204	6,220
At 31 March 2023	<u>36,856</u>	<u>-</u>	<u>1,171</u>	<u>38,027</u>
NET BOOK VALUE				
At 31 March 2023	<u>34,092</u>	<u>-</u>	<u>815</u>	<u>34,907</u>
At 31 March 2022	<u>40,108</u>	<u>2,000</u>	<u>1,019</u>	<u>43,127</u>

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other creditors	<u>1,255</u>	<u>895</u>

7. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	106,354	20,051	126,405
TOTAL FUNDS	<u>106,354</u>	<u>20,051</u>	<u>126,405</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	67,846	(47,795)	20,051
TOTAL FUNDS	<u>67,846</u>	<u>(47,795)</u>	<u>20,051</u>

Sophie's Journey

Notes to the Financial Statements - continued
for the year ended 31 March 2023

7. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	89,498	16,856	106,354
TOTAL FUNDS	<u>89,498</u>	<u>16,856</u>	<u>106,354</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	63,345	(46,489)	16,856
TOTAL FUNDS	<u>63,345</u>	<u>(46,489)</u>	<u>16,856</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	89,498	36,907	126,405
TOTAL FUNDS	<u>89,498</u>	<u>36,907</u>	<u>126,405</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	131,191	(94,284)	36,907
TOTAL FUNDS	<u>131,191</u>	<u>(94,284)</u>	<u>36,907</u>

Sophie's Journey

Notes to the Financial Statements - continued
for the year ended 31 March 2023

8. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.