

Charity No: 1168193



Families Relief

Disasters don't just affect individuals, they affect families and communities

**Annual Report and Accounts
For year Ended 31 December 2022**

FAMILIES RELIEF

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LEGAL AND ADMINISTRATIVE INFORMATION

Registered Charity Number: 1168193

Trustees: Dr Nouriddine Miladi
Mr M A Hussain
Mr M A K Gooljar

Principal Office: 133 Abbeydale Road
Sheffield
S7 1FE

Independent examiners: Alpha Chartered Certified Accountants
90 Stechford Lane
Birmingham
B8 2AN

Bankers: TRIDIOS BANK
Deanery Road
BRISTOL

BS1 5AS

Legal Advisors: LEE BOLTON MOLIER WILLIAMS
1 THE SANCTUARY
London
SW1P 3JT

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The Trustees submit their annual report and the financial statements of the Families Relief (charity) for the year ended 31 December 2022.

The Trustees confirm that the annual report and financial statements of the charity comply with current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) Accounting and Reporting by Charities issued in March 2005.

Structure, Governance and management

*** Constitution**

The Charity was created by a trust deed dated 12 July 2016

There have been no changes in the objectives since the last annual report.

*** Method of appointment or election of Trustees**

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deeds.

*** Policies adopted for the induction and training of Trustees**

The Trustees are discussing the issue of trustee training and are formulating a policy, of training rounds of a minimum of once a year.

*** Organisation structure and decision making**

The organisational structure of the charity is made up of the board of trustees and executive committee. Due to the size of the Organisation the trustees are taking an active role within the executive committee which includes senior members of staff and volunteers. The executive committee takes decision regarding day to day activities, while the Board of Trustees takes a role in the longer term goals and objectives of the charity.

*** Risk Management**

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operation and finances of the charity, and are satisfied that systems are in place to mitigate any exposure to major risks.

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Objectives and Activities

*** Policies and Objectives**

The principal objectives of the charity is to provide relief for sickness, hardship and distress amongst the poor and needy people of the world. To apply the trust fund for the benefit of any charitable purpose as the trustees shall decide from time to time. There have been no changes in the objectives since the last annual report.

*** Activities for achieving objectives**

The Charity, has continued to fund the activities in various poor countries, and is aiming to work on training based projects, giving its beneficiaries a route out of poverty.

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The trustees meet regularly, so that they may assess requests for aid, and apply the funds available to the charity in accordance with donor wishes. Request for aid are proposed by Families Relief own staff or outside institutions. Families Relief applies these funds on the basis of need and after consulting with other Trustees.

*** Volunteers**

The Charity is grateful for the continued support of its volunteers who are involved in a number of provisions during our events and fundraising. It is estimated that over 2300 volunteer hours were provided during the year.

Achievements and Performance

*** Review of Activities**

The results of the year are shown in the financial statements. The statement of Financial activities shows the incoming resources expended by the different activities conducted under the charity's name.

During the year the charity continued to help fund projects in various poor countries, and helping those in need in the UK.

In effort to rationalise the Charities activities, recycling and charity shops are being run under a seperate company.

We also hope to collect over 30,000 in gift aid for the year.

*** Funding activities / Income generation**

The charity is still undergoing a reappraisal of its income generating operations and is seeking to expand its fund raising .

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Financial Review

The results for the year ended 31 December 2022 are shown in the statement of financial Activities on page 6.

For the period ended 31 December 2022 the charity's total income was £468,177.83 .

During the year donations paid were £211,937.77 and operating expenditure was £161,014.19. Total expenditure for the year was £372,951.96 resulted in a Surplus of £95,225.87 for the

period. The Surplus is carried forward to reserves which at 31 December 2022 stood at £101,833.

Full details of the income and expenditure is given in the accounts.

*** Reserve Policy**

The trustees believe that Families Relief should aim for a reserve policy of £60,000 with a variance of 20%. The deficit cleared and the charity is in surplus.

*** Principal funding**

The charity's main income is derived from fundraising and selling donated second hand clothes

The Charity was created by a trust deed dated 12 July 2016

Plans for the future

*** Future developments**

Families Relief is looking at sustainable ways for safeguarding beneficiaries, and that will include working closely with other charities on projects at home and abroad.

Families Relief, is seeking greater understanding into how to better help families in the UK, and how to make a greater impact in helping families overseas.

There are also a number of fundraising events which have been planned for the following year. These events allow an opportunity for the charity to build upon its current donors and obtain long term financial support through monthly direct debits. This is an aspect that the charity actively works upon consistently throughout the year. Additionally, the charity will try to further establish itself and increase its brand image. This will be executed through more effective advertising, promotion and also word of mouth. The charity will endeavor to better and widen the services it provides to its beneficiaries, through greater research and cooperation with other organizations.

Employee involvement and employment of the disabled

Employees have been consulted on issues of concern to them by means of regular consultative

management. The charity carries out exit interviews for all staff leaving the organisation and has adopted a procedure of upward feedback for the senior management and the Trustees.

The charity continues to implement detailed policies in relation to all personnel matters including:

* Equal Opportunities Policy

* Volunteers Policy

* Health and Safety Policy

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In accordance with charity's equal opportunities policy, the charity has long established fair employment practices in the recruitment, selection, retention and training of disabled staff. Full details of these policies are available from the charity's office.

Statement of the trustees' responsibilities

The Trustees are responsible for preparing the Annual Report and the financial statements in accordance with applicable law and United Kingdom generally accepted accounting practice applicable to smaller charities.

Law applicable to charities in England and Wales requires charities to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that period. In preparing those financial statements the trustees have;

The Charity was created by a trust deed dated 12 July 2016

- * Selected suitable accounting policies and applied them consistently
- * Make judgements and estimates that reasonable and prudent
- * State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- * Prepared the financial statements on the going concern basis (unless it is inappropriate to presume that the charity will continue in operation)

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the detection and prevention of fraud and other irregularities.

This report was approved by the Trustees on the 31 October 2023 and signed on its behalf, by:

Mr M A K Gooljar

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Independent Examiner's report to the trustees of Families Relief

I report on the accounts for the period ended 31 December 2022 set out on pages six to thirteen.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 43 of the 1993 Act
 - to follow the procedures laid down in the General Directions given by the Charity Commission
- The Charity was created by a trust deed dated 12 July 2016
- to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees.

The procedures undertaken do not provide all the evidence that would be required in an audit, and concerning any such matters consequently no opinion is given as to whether the accounts present a 'true and fair view ' and the report is limited to those matters set out in the statements below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that, in any material respect, the requirements

- To keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
- To prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

(2) To which, in my opinion attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Amjad Hussain Rayaz FCCA
Alpha Chartered Certified Accountants
90 Stechford Lane
Birmingham
B8 2AN

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Statement of Financial Activities

For the period ending 31 December 2022

	Notes	Unrestricted funds	Restricted funds	Total 2022	2021
Incoming resources		£		£	£
Incoming resources from generating funds					
Donations	2	330178	138000	468178	333549
Shop and recycling Income		0	0	0	38309
Gifts in Kind income		0	0	0	0
Grant Income		0	0	0	32491
Total incoming resources		330178	138000	468178	404349
Resources expended					
Gift in Kind expenses					
Charities activities	4	257203	110057	367260	376339
Governance activities	5	5693	0	5693	5813
Total resources expended		262896	110057	372953	382152
Movement in total funds for the year - Net income/(expenditure) for the year		67282	27943	95225	22197
Total funds at 1 January 2022		5658	1000	6658	-15539
Total funds at 31 December 2022	3	72940	28943	101883	6658

The supporting notes on pages 8 to 12 form an integral part of these financial statements.

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BALANCE SHEET AS AT 31 December 2022

		2022	2022	2021	2021
	Notes	£	£	£	£
Fixed assets					
Tangible assets	8	1114			1485
Current assets					
Cash at bank and in hand		137256		23007	
Debtors & Prepayments	9	14600		0	
		151856		23007	
Creditors:					
amounts falling due within one year	10	51087		17834	
Net current assets			100769		5173
Net assets			101883		6658
 Restricted/Restricted Income fund					
Restricted/Unrestricted income fund	11		101883		6658
			101883		6658

The Financial statements were approved by the trustees and signed on their behalf, by

Mr Nouriddine Miladi

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Notes to financial statements for the year ended 31 Dec 2022.

1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year, and the preceding year.

1.1. Basis of accounting

The financial statements are prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005) and the Charities Act 1993.

1.2. Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

The Charity was created by a trust deed dated 12 July 2016

1.3. Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy.

The following specific policies are applied to particular categories of income:

Voluntary income is received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included. Gifts donated for resale are included as incoming resources within activities for generating funds when they are sold.

Income from investments is included in the year in which it is receivable.

1.4. Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to

Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

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1. Accounting policies (continued)

1.5. Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment - 25% straight line

Motor vehicles - 25% reducing balance method

1.6. Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rates of exchange prevailing at the accounting date. Transactions in foreign currencies are recorded at the date of the transactions. All differences are taken to the statement of financial activities.

2. Voluntary income

	Unrestricted funds	Restricted funds	2022 Total	Unrestricted funds	Restricted funds	2021 Total
	£	£	£			£
Donations	330178	138000	468178	123549	210000	333549
Shop and recycling income	0	0	0	38309	0	38309
Gifts in Kind income	0	0	0	0	0	0
Grant Income	0	0	0	0	32492	32492
	<u>330178</u>	<u>138000</u>	<u>468178</u>	<u>161858</u>	<u>242492</u>	<u>404350</u>

3. Activities in furtherance of the charity's objects

Unrestricted funds	Restricted funds	2022 Total	2021 Total
£	£	£	£
72940	28943	101883	6658

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4. Cost of generating voluntary income

	Unrestricted funds	Restricted funds	2022 Total	2021 Total
Cost of charitable activities	101881	110057	211938	186494
Wages and salaries	36185	0	36185	42893
Waste	0		0	0
Rent and Rates	24000		24000	47748
Premise costs	1600		1600	353
Advertising, Events and Functions	62445		62445	77793
Printing, Postage, Stationery and office	9349		9349	4624
Motor & Travel	4621		4621	3928
Staff, contractors and volunteer expenses	16751		16751	11012
Depreciation	371		371	495
Office Exp	0		0	1000
	<u>257203</u>	<u>110057</u>	<u>367260</u>	<u>376340</u>

5. Governance costs

	Unrestricted funds	2022	2021 Total
Accountancy	5400	5400	4900
Legal/professional	0	0	0
Bank/Credit card charges	293	293	913
	<u>5693</u>	<u>5693</u>	<u>5813</u>

6. Employees

	2022 £	2021 £
Employment costs		
Wages and Salaries	<u>36185</u>	<u>42893</u>

No employee received emoluments of more than £60,000 (2022 : None).

Number of employees

on the basis of full time equivalents, was as follows:

	2022 Number	2021 Number
Shop and administration	5	5

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	Motor Vehicles	Furniture Fitting and Equipment	
Cost	£	£	£
At 1 January 2022	19900		19900
Additions	0	0	0
Disposals			0
As at 31 Dec 2022	<u>19900</u>	<u>0</u>	<u>19900</u>
Depreciation			
At 1 January 2022	18415		18415
Charge for the year	371		371
Disposals			0
As at 31 December 2022	<u>18786</u>	<u>0</u>	<u>18786</u>
Net Book Value			
As at 31 December 2022	<u>1114</u>	<u>0</u>	<u>1114</u>

9. Debtors

	2022	2021
	£	£
Other Loans	14600	0
Other Debtors & prepayments	<u>0</u>	<u>0</u>

10. Creditors

Amounts falling due within one year

	2022	2021
	£	£
PAYE Liability	16879	8134
Other creditors	<u>34208</u>	<u>9700</u>
	51087	17834

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11. Funds

	Balance Brought Forward	Incoming donations	Resources Expended	Carried Forward
	£	£	£	£
Unrestricted funds	5658	330178	262896	729400
Restricted Fund	1000	138000	110057	28943
Total	<u>6658</u>	<u>468178</u>	<u>372953</u>	<u>101883</u>