

VETERANS IN SEFTON

England & Wales · Charity number 1168128

Details

Status Registered

Legal form CIO

Registered 2016-07-08

Register [View on the Charity Commission register](#)

Contact

Address 104 Marsh Lane
Bootle
Merseyside
L20 4JQ

Phone 0151 933 0800

Email info@veteransinsefton.org.uk

Website veteransinsefton.org

Activities

Objects: TO RELIEVE THE NEED OF PERSONS LIVING IN SEFTON, MERSEYSIDE AND SURROUNDING AREAS, WHO ARE CURRENTLY SERVING OR WHO HAVE SERVED IN THE ARMED FORCES, BOTH REGULAR AND RESERVISTS, THEIR FAMILIES AND DEPENDENTS, BY ADVANCING ANY LAWFUL CHARITABLE PURPOSE AT THE DISCRETION OF THE TRUSTEES AND IN PARTICULAR BUT NOT EXCLUSIVELY BY:-- PROVIDING OPPORTUNITIES TO PARTICIPATE IN ACTIVITIES WHICH PROMOTE THEIR SOCIAL INCLUSION; - PROVIDING COUNSELLING, ADVICE AND MENTORING SUPPORT;- PROMOTING AND PROTECTING THEIR HEALTH AND WELL BEING;- ADVANCING THE EDUCATION AND AWARENESS OF THE PUBLIC IN THE ARMED FORCES AND;TO PROMOTE AND ORGANISE COOPERATION IN THE ACHIEVEMENT OF THE ABOVE PURPOSES.

Activities: Befriending and mentoring service for our beneficiaries; information, advice and guidance; earlyintervention psychological support; NAAFI style socialization service; deliver presentations and trainingsessions to the general public about the armed forces, servicemen, their experiences, the impact on theirwell being and the challenge they face when reorienting back into the civil community.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Armed Forces/emergency Service Efficiency
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Sefton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£172,686	£124,299	-	-
2024-03-31	£114,742	£127,679	-	-
2023-03-31	£111,963	£1,414,366	-	-
2022-03-31	£163,821	£124,542	-	-
2021-03-31	£163,821	£124,541	-	-

Trustees

Name	Role	Appointed
Shirley Ann Hunter	Chair	2022-03-11
Elizabeth Claire Dowd		2025-07-28
Philip Sorrell		2025-01-30
Stephen Calderbank		2018-06-06
Timothy Kevin Carey		2025-01-30

VETERANS IN SEFTON

England & Wales - Charity number 1168128

Accounts



Trustees' Annual Report for the period

01 04 2024

31 03 2025

Section A

Reference and administration details

Charity name

Veterans in Sefton CIO

Other names charity is known by

N/A

Registered charity number (if any)

1168128

Charity's principal address

The Brunswick Y&CC

Marsh Lane

Bootle

Merseyside

L20 4JQ

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Shirley Hunter			
2 Jon Price			
3 Steve Calderbank			
4 Phil Sorrell		30.1.25	
5 Tim Carey		30.1.25	

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Dave Smith CEO

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

Constitution

How the charity is constituted
(eg. trust, association, company)

Charitable Incorporated Organisation

Trustee selection methods
(eg. appointed by, elected by)

Appointed by a quorate meeting of the Trustees properly notified as per our constitution and considered to have skills valuable to the charity

Additional governance issues (Optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Trustee Induction and Training

Veterans in Sefton CIO has an established process for the induction and training of trustees. New trustees receive a comprehensive induction pack containing the charity's governing document, current strategic plan, key policies, and recent financial and operational reports. Induction meetings are held with the Chief Executive Officer to outline the charity's history, ethos, and ongoing projects. Trustees are encouraged to complete relevant Charity Commission online training modules, attend safeguarding and data protection briefings, and participate in peer-learning opportunities with partner organisations such as Sefton CVS. Ongoing development is supported through periodic governance workshops and briefings on legislative or regulatory changes affecting the Armed Forces charitable sector.

Organisational Structure and Network

The charity operates under the strategic oversight of the Board of Trustees, who meet regularly to review performance, compliance, and future development. Day-to-day operations are delegated to the Chief Executive Officer, who is supported by a small team of staff and volunteers responsible for delivery of welfare, wellbeing, and outreach programmes across Sefton and the wider Liverpool City Region. Veterans in Sefton is embedded within a strong partnership network including Sefton MBC, One Vision Housing, NHS/Op Courage, Sefton CVS, and other voluntary and statutory organisations under the Armed Forces Covenant. These partnerships ensure a joined-up, holistic approach to supporting veterans and their families.

Related Party Relationships

Veterans in Sefton maintains transparent and accountable relationships with all related parties. Some trustees and volunteers are themselves veterans or members of partner organisations, but all related interests are declared and managed in accordance with the charity's Conflict of Interest Policy. No trustee or related party has received any personal benefit from the charity's funds during the reporting period, beyond the reimbursement of approved out-of-pocket expenses.

Risk Management

The trustees recognise that effective risk management is essential to good governance. The Board regularly reviews a risk register that identifies and

assesses major operational, financial, and reputational risks. Key risks currently include the sustainability of grant funding, safeguarding of beneficiaries, volunteer capacity, and health and safety during outdoor and retreat-based activities. Mitigation measures include maintaining diverse funding streams, robust safeguarding policies, comprehensive insurance coverage, regular risk assessments for all activities, and ongoing monitoring of compliance with the charity's policies and procedures. The trustees are satisfied that these systems and controls are effective and proportionate to the scale of the charity's work.

Section C

Objectives and activities

The objects of Veterans in Sefton CIO, as stated in its governing document, are:

To relieve the need and advance the welfare of members of the Armed Forces community and their families within Sefton and the surrounding areas, in particular by providing advice, guidance, practical and emotional support, and opportunities for social inclusion and personal development; and to promote the health and wellbeing of that community through the provision of holistic, peer-led services and community-based activities.

In fulfilling these charitable objects, Veterans in Sefton aims to:

- Provide direct support to veterans and their families through welfare advice, housing assistance, wellbeing interventions, and peer mentoring.
- Reduce social isolation by facilitating regular *NAAFI Breaks*, community events, and day trips.
- Deliver therapeutic and restorative opportunities such as the *Mountain Hut Retreats* and holistic allotment projects.
- Work collaboratively with statutory and voluntary partners—including Sefton MBC, One Vision Housing, the NHS/Op Courage network, and Sefton CVS—under the principles of the Armed Forces Covenant to ensure joined-up support pathways.
- Promote greater understanding within the wider community of the contribution and needs of ex-service personnel and their families

Summary of the objects of the charity set out in its governing document

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

During the year, Veterans in Sefton continued to deliver a wide range of practical and emotional support services designed to improve the wellbeing, resilience, and inclusion of veterans and their families across Sefton and the wider Liverpool City Region.

Our work is firmly rooted in a **holistic, peer-led model** that recognises the unique challenges faced by those transitioning from military to civilian life. Activities undertaken to achieve our charitable aims included:

- **Welfare, Housing and Wellbeing Support:**
Individual casework and signposting to specialist partners, including Sefton MBC Housing, DWP, Veterans UK, NHS/Op Courage and local community mental health teams. This ensured that beneficiaries accessed the right help at the right time for issues including housing, benefits, debt, and health needs.
- **NAAFI Breaks and Drop-Ins:**
Twice-weekly informal coffee mornings provided safe, welcoming spaces for veterans of all ages to connect, share experiences, and access on-site advice. These sessions remain at the heart of ViS's peer-support ethos and have helped reduce social isolation and improve community cohesion.
- **Mountain Hut Retreats and Outdoor Activities:**
A rolling programme of structured retreats in Wales and Scotland offered small groups of veterans the chance to take part in reflective, team-based activities that build confidence, resilience, and trust. Each trip includes guided walks, communal cooking, and wellbeing discussions led by trained staff and volunteers.
- **Allotment and Holistic Garden Project:**
Our longstanding allotment space continues to offer a calm, therapeutic environment for veterans to learn new skills, connect with others, and experience the mental-health benefits of outdoor activity and routine.
- **Community Outreach and Partnership Work:**
ViS played an active role in the Sefton Armed Forces Covenant network, working closely with partners such as One Vision Housing, Sefton CVS, NHS/Op Courage, and the Veterans Foundation. We also expanded collaboration with neighbouring groups in Liverpool and West Lancashire to ensure no veteran "falls through the cracks."
- **Volunteer Development and Mentoring:**
Many of our volunteers are veterans who have progressed through ViS's support pathways. They contribute as mentors, event organisers, drivers, cooks, and peer supporters. ViS provides them with training in safeguarding, food hygiene, and mental-health awareness to enhance both personal growth and service quality.

Throughout all activities, the charity ensures that equality, safeguarding, and health and safety standards are upheld. Trustees regularly review delivery plans to confirm that all activities directly support the charity's objects and deliver measurable outcomes for the Armed Forces community.

Summary of the main achievements of the charity during the year

During the reporting period, Veterans in Sefton continued to strengthen its position as a leading local provider of holistic, peer-led support for the Armed Forces community. Our services reached a record number of veterans and family members, reflecting both the ongoing need for trusted, community-based provision and the reputation ViS has built since becoming an independent charity in 2016.

Key Achievements

- **Over 400 veterans and family members** engaged directly with ViS services throughout the year, receiving one-to-one welfare support, housing advice, or wellbeing assistance.
- **More than 160 NAAFI Break sessions** were held across Sefton, providing regular points of contact and reducing social isolation among attendees.
- **Eight Mountain Hut retreats** were successfully delivered, each supporting up to ten veterans. Participant feedback consistently highlighted improvements in mental wellbeing, confidence, and renewed sense of belonging.
- **Two-day trips per month** on average were organised, including visits to museums, remembrance events, and outdoor activities designed to encourage social interaction and shared experiences.
- The **Allotment and Holistic Garden** remained a vital community asset, hosting weekly sessions for veterans who benefit from the therapeutic value of gardening, teamwork, and time outdoors.
- ViS volunteers collectively contributed **over 2,000 hours** to service delivery, event organisation, mentoring, cooking, and transport — an outstanding reflection of community ownership and sustainability.

Partnership and Collaboration

Our work continues to be rooted in strong partnership networks. We maintained active Service Level Agreements with **Sefton MBC (Housing and Health & Wellbeing)** and strengthened our collaboration with **One Vision Housing, Sefton CVS, NHS/Op Courage, the Veterans Foundation, the Steve Morgan Foundation, and the National Lottery Community Fund**. These relationships ensure seamless pathways of care and avoid duplication of services.

ViS also played a key role in re-launching the local **Armed Forces Covenant**, working with Sefton Council to promote awareness among GPs and frontline services of the needs of veterans and their families.

Impact and Outcomes

Feedback and monitoring data demonstrate that ViS continues to achieve significant positive outcomes for beneficiaries, including:

- Reduced social isolation and loneliness.
- Improved mental health, confidence, and self-esteem.
- Better access to housing, welfare, and healthcare services.
- Increased community engagement and volunteering.
- Strengthened family relationships and peer connections.

Several participants have progressed from receiving support to volunteering and mentoring others — clear evidence of ViS’s empowering, veteran-led approach.

Resilience and Learning

The trustees recognise that the operating environment remains challenging, particularly with increasing demand and pressure on public funding. Despite this, ViS has continued to meet all commitments and deliver strong outcomes through careful financial management, volunteer dedication, and strong community partnerships.

The lessons from this year reinforce the value of flexible, person-centred approaches that address not just immediate need, but long-term recovery, wellbeing, and belonging.

Section E

Financial review

Brief statement of the charity’s policy on reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity’s principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity remains in a stable financial position, supported by a combination of grant funding, service-level agreements, and community donations. During the reporting year, Veterans in Sefton continued to manage its finances prudently while ensuring that all available resources were directed towards frontline delivery for veterans and their families.

Income

Total income for the year was derived primarily from:

- The **National Lottery Community Fund** (core continuation grant), providing multi-year support for staffing, operational delivery, and organisational development.
- **Service Level Agreements** with **Sefton MBC** for Housing and Health & Wellbeing projects.
- Project-specific grants from the **Veterans Foundation**, **Steve Morgan Foundation**, **Awards for All**, and **One Vision Housing**, supporting initiatives such as the Mountain Hut retreats, the Allotment & Holistic Garden, and volunteer development.
- Additional donations and in-kind contributions from community groups, partner organisations, and local supporters.

This diversified funding mix helped ensure continuity of services and resilience in delivery despite increasing demand.

Expenditure

Expenditure during the year was primarily focused on charitable activities, including:

- Staff salaries and operational costs directly related to welfare, well-being, and peer-support delivery.
- Accommodation, transport, and activity costs associated with retreats, day trips, and community events.
- Volunteer training, travel, and subsistence.
- Premises, insurance, and essential administrative expenses required to maintain service standards and compliance.

The charity operates a lean administrative model, with the majority of expenditure directed to direct beneficiary support.

Reserves Policy

The trustees review the reserves policy annually to ensure the charity maintains sufficient unrestricted reserves to meet ongoing commitments and manage any unforeseen financial challenges. The target is to hold a minimum of **three months' operating costs** in unrestricted reserves. As of year end, the reserves held were considered adequate and in line with this policy.

Risk and Financial Management

Regular financial monitoring is conducted by the CEO and reviewed at quarterly trustee meetings. Budgets, grant conditions, and expenditure reports are carefully tracked to ensure accountability and compliance with funder requirements.

The Board remains alert to potential financial risks, including reliance on grant income, cost inflation, and changing public-sector funding priorities. To mitigate these, ViS continues to diversify its funding base, build relationships with corporate and community supporters, and explore new long-term income streams.

Going Concern

The trustees consider the charity to be a going concern. Confirmed funding for the next financial year from the National Lottery, Sefton MBC, and the Veterans Foundation provides a secure foundation to sustain current services while exploring opportunities for further development across Sefton and West Lancashire.

Looking ahead, the trustees of Veterans in Sefton remain committed to strengthening and expanding the charity's holistic, peer-led model of support for the Armed Forces community. The coming year will focus on building sustainability, deepening partnerships, and continuing to respond flexibly to the evolving needs of veterans and their families.

Strategic Priorities for the Year Ahead

1. **Sustain and Secure Core Funding**
The trustees will continue to develop a long-term funding strategy to ensure financial stability beyond the current Lottery cycle. This includes exploring new multi-year funding opportunities, corporate partnerships, and social value investment linked to the Armed Forces Covenant.
2. **Strengthen Partnership Networks**
ViS will continue to work closely with **Sefton MBC, One Vision Housing, Sefton CVS, NHS/Op Courage**, and wider Liverpool City Region partners to deliver integrated support pathways. A focus will be placed on re-launching the local **Armed Forces Covenant** and improving GP and frontline awareness of veteran-specific services.
3. **Expand Retreat and Wellbeing Programmes**
Building on the success of the Mountain Hut retreats, ViS plans to extend the seasonal programme to include "Turkey & Tinsel" wellbeing breaks and new collaborative excursions with partner organisations such as **Everton in the Community**.
4. **Enhance Volunteer Development and Peer Leadership**
The charity will invest in volunteer training — including food hygiene, safeguarding, and trauma-informed care — enabling more veterans to move from receiving support to delivering it. A structured mentoring pathway will be introduced to support progression from participant to volunteer leader.
5. **Develop Infrastructure and Community Assets**
Plans include continued enhancement of the **Allotment & Holistic Garden**, investment in equipment and transport, and improving accessibility at the Brunswick base to accommodate increasing participation and community use.
6. **Promote Awareness and Engagement**
ViS will implement a refreshed branding and communication plan to raise awareness of its services, celebrate veteran achievements, and increase public understanding of the positive contributions made by the Armed Forces community.


Long-Term Vision

Over the next three to five years, Veterans in Sefton aims to consolidate its position as a **regional centre of excellence for veteran wellbeing**, recognised for its lived-experience approach, strong partnerships, and measurable impact. The trustees are committed to ensuring the charity remains adaptable, inclusive, and resilient — continuing to honour the principle that *"no veteran is left behind."*

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	SHIRLEY HUNTER	
Position (eg Secretary, Chair, etc)	Chairman	
Date	27/1/26.	

Veterans in Sefton

Independent Examiners Report

Independent Examiner's Report to the trustees of Veterans in Sefton

I report to the trustees on my examination of the accounts of Veterans in Sefton for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Ian Wright
Chartered Accountant
Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG
12 February 2026

Veterans in Sefton
Receipts and Payments Account
for the year ended 31 March 2025

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Receipts from:				
Donations, legacies and similar income	54,005	3,000	57,005	57,730
Grants	-	115,681	115,681	34,448
Total gross income	54,005	118,681	172,686	92,178
Total receipts	54,005	118,681	172,686	92,178
Payments on:				
Charitable payments	4,682	-	4,682	4,374
Charity costs	11,598	108,019	119,617	105,837
Total gross expenditure	16,280	108,019	124,299	110,211
Total payments	16,280	108,019	124,299	110,211
Net of receipts/(payments)	37,725	10,662	48,387	(18,033)
Transfers between funds	-	-	-	-
Cash funds last year	815	12,289	13,104	31,137
Cash funds this year end	38,540	22,951	61,491	13,104

Veterans in Sefton
Statement of Assets and Liabilities
at 31 March 2025

Charity No. 1168128

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Cash funds				
Current accounts	38,540	22,951	61,491	13,104
Total cash funds	<u>38,540</u>	<u>22,951</u>	<u>61,491</u>	<u>13,104</u>

Signed by the trustees on 12 February 2026

And signed on their behalf by:



S.A. Hunter
Trustee
12 February 2026

Veterans in Sefton

Notes to the Accounts

for the year ended 31 March 2025

1 Accounting policies

Basis of preparation

The financial statements have been prepared on the 'Receipts and Payments' basis.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

2 Income from grants

	Restricted funds	Total 2025	Total 2024
	£	£	£
Lottery Main Grant	86,540	86,540	19,725
One Vision	500	500	350
HSBC SFX Foundation	-	-	4,500
National Lottery Community Fund Awards For All	17,848	17,848	-
Veterans Foundation Grant	7,303	7,303	8,793
SCVS Community Heritage Grant	-	-	1,080
Sefton CVS UKSP Resilience Grant	3,490	3,490	-
	<u>115,681</u>	<u>115,681</u>	<u>34,448</u>

Veterans in Sefton
Detailed Receipts and Payments Account
for the year ended 31 March 2025

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Receipts from:				
Donations, legacies and similar income				
Donations	4,505	-	4,505	8,230
Sefton MBC Housing	49,500	-	49,500	49,500
Veterans Charity Shop	-	3,000	3,000	-
	<u>54,005</u>	<u>3,000</u>	<u>57,005</u>	<u>57,730</u>
Grants				
Lottery Main Grant	-	86,540	86,540	19,725
One Vision	-	500	500	350
HSBC SFX Foundation	-	-	-	4,500
National Lottery Community Fund Awards For All	-	17,848	17,848	-
Veterans Foundation Grant	-	7,303	7,303	8,793
SCVS Community Heritage Grant	-	-	-	1,080
Sefton CVS UKSP Resilience Grant	-	3,490	3,490	-
	<u>-</u>	<u>115,681</u>	<u>115,681</u>	<u>34,448</u>
Total gross income	<u>54,005</u>	<u>118,681</u>	<u>172,686</u>	<u>92,178</u>
Total receipts	<u>54,005</u>	<u>118,681</u>	<u>172,686</u>	<u>92,178</u>
Payments on:				
Charitable payments				
Charitable Activities Cost	4,682	-	4,682	4,374
	<u>4,682</u>	<u>-</u>	<u>4,682</u>	<u>4,374</u>
Employee costs				
Salaries/wages	-	83,774	83,774	79,951
Pension costs	-	4,559	4,559	4,803
	<u>-</u>	<u>88,333</u>	<u>88,333</u>	<u>84,754</u>
Motor and travel costs				
Vehicles - General costs	-	902	902	850
Vehicles - Fuel	-	722	722	196
Vehicles - Insurance and licences	-	1,115	1,115	1,221
Vehicles - Repairs and maintenance	-	-	-	167
	<u>-</u>	<u>2,739</u>	<u>2,739</u>	<u>2,434</u>
Premises costs				
Rent	-	13,000	13,000	7,800

Veterans in Sefton**Detailed Receipts and Payments Account**

Premises repairs and maintenance	-	1,250	1,250	-
	-	14,250	14,250	7,800
General administrative costs				
Bank charges	-	293	293	328
Equipment expensed	928	1,415	2,343	417
Equipment repairs and maintenance	-	-	-	404
General insurances	-	944	944	1,089
Information and publications	-	45	45	-
Software, IT support and related costs	6,837	-	6,837	3,597
Stationery and printing	141	-	141	197
Subscriptions	60	-	60	216
Sundry expenses	-	-	-	35
Telephone, fax and broadband	2,852	-	2,852	3,448
	10,818	2,697	13,515	9,731
Legal and professional costs				
Accountancy and bookkeeping	780	-	780	1,118
	780	-	780	1,118
Total gross expenditure	16,280	108,019	124,299	110,211
Total payments	16,280	108,019	124,299	110,211
Net receipts (payments)	37,725	10,662	48,387	(18,033)
Transfers between funds	-	-	-	
Cash fund last year end	815	12,289	13,104	31,137
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Veterans in Sefton

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Veterans in Sefton
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at 31 March 2025

Charity No. 1168128

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Signed by the trustees on 12 February 2026

And signed on their behalf by:



S.A. Hunter
Trustee
12 February 2026

Veterans in Sefton

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for the year ended 31 March 2025

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Designated funds These are unrestricted funds earmarked by the trustees for particular purposes.

Revaluation funds These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

Restricted funds These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

2 Income from grants

	Restricted funds	Total 2025	Total 2024
	£	£	£
Lottery Main Grant	86,540	86,540	19,725
One Vision	500	500	350
HSBC SFX Foundation	-	-	4,500
National Lottery Community Fund Awards For All	17,848	17,848	-
Veterans Foundation Grant	7,303	7,303	8,793
SCVS Community Heritage Grant	-	-	1,080
Sefton CVS UKSP Resilience Grant	3,490	3,490	-
	<u>115,681</u>	<u>115,681</u>	<u>34,448</u>

Veterans in Sefton
Detailed Receipts and Payments Account
for the year ended 31 March 2025

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Receipts from:				
Donations, legacies and similar income				
Donations	4,505	-	4,505	8,230
Sefton MBC Housing	49,500	-	49,500	49,500
Veterans Charity Shop	-	3,000	3,000	-
	<u>54,005</u>	<u>3,000</u>	<u>57,005</u>	<u>57,730</u>
Grants				
Lottery Main Grant	-	86,540	86,540	19,725
One Vision	-	500	500	350
HSBC SFX Foundation	-	-	-	4,500
National Lottery Community Fund Awards For All	-	17,848	17,848	-
Veterans Foundation Grant	-	7,303	7,303	8,793
SCVS Community Heritage Grant	-	-	-	1,080
Sefton CVS UKSP Resilience Grant	-	3,490	3,490	-
	<u>-</u>	<u>115,681</u>	<u>115,681</u>	<u>34,448</u>
Total gross income	<u>54,005</u>	<u>118,681</u>	<u>172,686</u>	<u>92,178</u>
Total receipts	<u>54,005</u>	<u>118,681</u>	<u>172,686</u>	<u>92,178</u>
Payments on:				
Charitable payments				
Charitable Activities Cost	4,682	-	4,682	4,374
	<u>4,682</u>	<u>-</u>	<u>4,682</u>	<u>4,374</u>
Employee costs				
Salaries/wages	-	83,774	83,774	79,951
Pension costs	-	4,559	4,559	4,803
	<u>-</u>	<u>88,333</u>	<u>88,333</u>	<u>84,754</u>
Motor and travel costs				
Vehicles - General costs	-	902	902	850
Vehicles - Fuel	-	722	722	196
Vehicles - Insurance and licences	-	1,115	1,115	1,221
Vehicles - Repairs and maintenance	-	-	-	167
	<u>-</u>	<u>2,739</u>	<u>2,739</u>	<u>2,434</u>
Premises costs				
Rent	-	13,000	13,000	7,800

Veterans in Sefton**Detailed Receipts and Payments Account**

Premises repairs and maintenance	-	1,250	1,250	-
	-	14,250	14,250	7,800
General administrative costs				
Bank charges	-	293	293	328
Equipment expensed	928	1,415	2,343	417
Equipment repairs and maintenance	-	-	-	404
General insurances	-	944	944	1,089
Information and publications	-	45	45	-
Software, IT support and related costs	6,837	-	6,837	3,597
Stationery and printing	141	-	141	197
Subscriptions	60	-	60	216
Sundry expenses	-	-	-	35
Telephone, fax and broadband	2,852	-	2,852	3,448
	10,818	2,697	13,515	9,731
Legal and professional costs				
Accountancy and bookkeeping	780	-	780	1,118
	780	-	780	1,118
Total gross expenditure	16,280	108,019	124,299	110,211
Total payments	16,280	108,019	124,299	110,211
Net receipts (payments)	37,725	10,662	48,387	(18,033)
Transfers between funds	-	-	-	
Cash fund last year end	815	12,289	13,104	31,137
Cash fund this year end	38,540	22,951	61,491	13,104

VETERANS IN SEFTON

England & Wales - Charity number 1168128

Accounts

Veterans in Sefton

Charity No. 1168128

Trustees' Report and Unaudited Accounts

31 March 2024



Trustees' Annual Report for the period

		Period start date			Period end date		
From	Day	Month	Year	To	Day	Month	Year
	01	04	2023		31	03	2024

Section A Reference and administration details

Charity name Veterans in Sefton CIO

Other names charity is known by N/A

Registered charity number (if any) 1168128

Charity's principal address ViS, C/O Brunswick Y&CC
 104 Marsh Lane
 Bootle
 Merseyside L20 4JQ

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Jon Price			Trustees when quorate
2 Stephen Calderbank			"
3 Shirley Hunter	Chair		"
4 Paulette Lappin			"
			"

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

David Smith – Chief Executive Officer

Section B

Structure, governance and management

Description of the charity's trusts

Type of governing document	Constitution
How the charity is constituted	Charitable Incorporated Organisation
Trustee selection methods	Appointed by a quorate meeting of the Trustees properly notified as per our constitution and considered to have skills valuable to the charity

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Veterans in Sefton have become embedded in the community, establishing links to multiple organisations, healthcare and council services, including housing, to ensure an integrated approach through Service Level Agreements and building relationships with local community service providers and employers.

Below is a comprehensive list of all the active partners and originations that ViS work alongside:

- Sefton Metropolitan Borough Council (MBC), Investment in Housing Scheme – Commissioned Service
- Sefton MBC, Preventing Men’s Suicide Scheme – Commissioned Service
- South Sefton, Formby & Southport Clinical Commissioning Group (CCG)- Formal NHS Partnership.
- Sefton Council for Voluntary Service (CVS) -Business and sustainability advice Formal Partnership
- Talking Matters Sefton-Mental Health-Formal Partnership
- Sovini Group(One Vision Housing), Housing. Service level Agreement - Formal Partnership
- My Space, Rehousing Veterans with needs – Formal Partnership
- Creative Change Housing (CCH) Housing-Rehousing Veterans with needs – Formal Partnership
- Riverside Housing-Rehousing Veterans with needs – Formal Partnership
- Launch Pad: Speke House-Housing Provider- Formal Agreement
- Liverpool City Waterfront, Pathways to Employment - Formal Partnership
- Complete Skill Solutions- Pathways into Employment- Formal Partnership
- Households into Work- Pathways to Employment, Veterans financial support and advice- Formal partnership
- Department of Work and Pensions (DWP)- Pathways into Employment- Formal Partnership
- The Royal British Legion- Veterans needs and welfare- Service level Agreement - Formal Partnership
- Armed Forces Bikers- Grant providers assisting veteran’s needs- Formal Partnership
- B- Skills Training-Pathways into Employment- Formal Partnership
- St Leonard's, Debt Advice Service - Formal Partnership
- Veterans Welfare Services-Welfare, pension and benefit advice- Service level Agreement - Formal Partnership
- The Rucksack Club, Well-fare & well-being residential Breaks - Formal Partnership
- Sale Sharks-activities- Formal Partnership
- Myerscough College- Myerscough specialises in education and training for the land-based and sports industries. Including horticulture, arboriculture and grounds maintenance skills
- Hope University - Psychologist placements.
- Southport College University Centre - Psychologist placements.

Summary of the objects of the charity set out in its governing document

Veterans in Sefton will relieve the need of persons living in Sefton, Merseyside and surrounding areas, who are currently serving or who have served in the armed forces, regular and reservists, their families and dependents, by advancing any lawful charitable purpose at the discretion of the trustees and in particular but not exclusively by: -

- Providing opportunities to participate in activities which promote their social inclusion;
- Providing counselling, advice and mentoring support;
- Promoting and protecting their health, mental health and well-being and well-being;
- Advancing the education and awareness of the public in the armed forces and; to promote and organise cooperation in the achievement of the above purposes.

Since inception ViS has worked with over 1500 veterans and almost the same number of dependants and families. During this reporting period ViS has received 453 referrals from Veterans requiring varying levels of support, many of which have been quite complex. These individuals have required intervention from multiple agencies, all the cases managed by the ViS staff and supported by the ViS wraparound service. An example a complex issue would be a combination of homelessness, debt, dependency, social isolation and mental health. Thankfully not all are so complex, however managing and balancing the needs of so many has been a test of resources and acquired skills (Further details are included later in 'What have you learned').

At ViS we use the term "broker" as opposed to signpost, by this we mean that ViS fully support the individual through whatever the process in order to help lower anxiety levels as opposed to 'signposting' which would be just giving them the contact details to self-sort.

We hold weekly 2 NAAFI Breaks (coffee mornings) normally attended by an average of 25-40 individuals many of them being family members, we, voluntarily, receive regular feedback from individual who attend the NAAFI Break.

At the end of any course, treatment plan or main activity we issue feedback forms. The feedback forms inform of a constant review of how we deliver our services and any change required in order to achieve the best result. Since, we work with such a diverse and complex range of individual issues we find we are constantly responding or 'shifting the goal posts', being adaptable is a trait which lends itself very well to our former military training.

There are an estimated 5 million veterans in the UK, an estimated 27,000 of whom reside in Sefton, Merseyside and a further 20,000 personnel leave the forces each year. When staff leave HM Forces, their healthcare

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

transfers from the military to the NHS, a system military personnel are not familiar with. Only around 6% of regular service personnel are discharged annually for mental health reasons. However, a large number of veterans develop mental health problems after leaving service, many of whom will be experiencing PTSD. (Iversen et al 2005).

Until recently, little was known about these veterans. What we know is that only half of those experiencing mental health problems sought help from the NHS, and those that did were rarely referred to specialist mental health services.

We believe the key to unlocking the issue of poor mental health is the in-depth needs assessment and finding the base cause of the issue, we have the time to unravel the bits and pieces and strike at the core. In many cases it is either poor social inclusion, financial issues, dependency issues, housing or homelessness, in nearly all cases it is a complex mixture of them all.

Following the very successful additional funding from the Armed Forces Covenant Trust Positive Pathways programme to support the Project Manager post. Tom Trainer, Head of Impact from the Trust, wrote a detailed case study on the project (please see the links attached at the end of question).

At ViS we now deliver a wide range of services for veterans, serving personnel and their families, which includes: mentoring and befriending services; health and wellbeing advice and activities; housing support; financial advice; employment support; volunteering opportunities; early intervention psychological support; social events and activities that promote social inclusion and reduce isolation and anxiety. The organisation is now the only approved provider of services to veterans in the Sefton area by the local council and other statutory agencies. We have now been made a Strategic Partner of Sefton Council and sit on the Sefton Armed Forces Community Convent's (SAFCC) Board, chaired by Sefton's Armed Forces Champion, Councillor Carragher, who is now also a Trustee to ViS., This links us directly with the SAFCC including the veterans' leads for the Police, Ambulance Service, Fire Department, Education, Health, Justice and Law.

ViS have also recently negotiated a resigning of the SAFCC which will be held in April 2023.

In 2023/24, ViS delivered 560 fully supported activities with over 1230 individuals taking part (please see charts below) Volunteers, including veterans providing peer support, gave 1840 hours of their time to support these activities, which included: peer support groups; gardening; walking; cycling; yoga; cookery skills; and residential activities in Wales. A holistic and joined up approach to pathways of care for veterans is central to everything they do. 'We look for veterans that are hard to find the guys that can't do it themselves, the ones that are in a bad way.'

During this reporting period, there were 642 new referrals made to the project, averaging more than one per day, and an increase on the previous year. As a proportion of our funding, this is the equivalent of less than £50 per veteran, although the true cost of supporting them is much higher. ViS estimates that a further 450 individuals benefited indirectly from the funding, which includes family members. There were 18 veteran volunteers also engaged in the project.

Our feedback has shown that the majority of our referrals that have engaged successfully with our services have all suffered from multiple issues. They have told us of the importance of finding an organisation that both resonates with their background of Armed Forces culture and is committed to work on most or all of issues at the same time thus reducing their need to go tiredly searching from one place to another, while providing the opportunity to engage in activities and make new friends in a safe and friendly environment

Additional details of objectives and activities (Optional information)

role	description	contribution
2 Fully qualified Psycho-therapeutic Counsellors	To work alongside the Wellbeing Manager	20 each week per person- weekly total 40 hours
1 Art therapist	to run 2 art therapy sessions per week	Total weekly hours 6
4 Fully trained Development officers	To work alongside the Operations Manager to carry out Needs Assessments and deliver Personal Centred Plans for Veterans in need of support.	10 hours each week per person- weekly total 40 hours.
1 Activity Coordinator	responsible for the day to day activities of Veterans in Sefton including the mini-bus trips and coordination with outside organisations who wish to use the mini-bus	weekly total 20hours
2 Kitchen staff	Role provide bacon and sausage butties at the NAAFI Breaks and provide any catering beyond the	10 hours each per week. Weekly total hours 20

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

	NAAFI Break, i.e. buffets and BBQs to eliminate the need for expensive outside catering. Along with the general volunteers they will be catering for the Veterans in Sefton Christmas dinner this year, which had 40 seated.	
6 Minibus drivers	drive and maintain the minibus. Average 2 hours per week each, depending on the length of a day out.	Weekly total 12 hours
4 Allotment coordinators	Responsible for the maintenance and activity programme on the allotment	5 hrs each week per person, Weekly hours 20
4 General Volunteers	to assist with the daily running of the charity across all areas of general help	2 hours each per week. Weekly hours total 16 Weekly hours total 174

Section D

Achievements and performance

Section E Financial review

Brief statement of the charity's policy on reserves

We fund raise constantly to ensure we have sufficient unrestricted funds to cover our operating costs. We adjust expenditure inline with income. Regular contributions received from local Rotary Clubs and also a dedicated Veterans Charity Shop in Crosby. Restricted funds are used for the purpose given and within the time period stated by the provider. These are not considered to be reserves.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

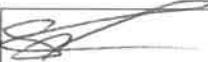
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	SHIRLEY HUNTER	
Position (eg Secretary, Chair, etc)	CHAIR	
Date	15.1.25	

Veterans in Sefton

Independent Examiners Report

Independent Examiner's Report to the trustees of Veterans in Sefton

I report to the trustees on my examination of the accounts of Veterans in Sefton for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Ian Wright

FCA

Sefton Council for Voluntary Service

Burlington House

Crosby Road North

Waterloo

Liverpool

L22 0LG

15 January 2025

Veterans in Sefton
Receipts and Payments Account
for the year ended 31 March 2024

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Receipts from:				
Donations, legacies and similar income	57,730	-	57,730	23,386
Grants	-	34,448	34,448	90,456
Fundraising	-	-	-	900
Total gross income	57,730	34,448	92,178	114,742
Total receipts	57,730	34,448	92,178	114,742
Payments on:				
Charitable payments	322	4,052	4,374	11,262
Charity costs	56,918	48,919	105,837	116,417
Total gross expenditure	57,240	52,971	110,211	127,679
Total payments	57,240	52,971	110,211	127,679
Net of receipts/(payments)	490	(18,523)	(18,033)	(12,937)
Transfers between funds	-	-	-	-
Cash funds last year	325	30,812	31,137	44,074
Cash funds this year end	815	12,289	13,104	31,137

Veterans in Sefton
Statement of Assets and Liabilities
at 31 March 2024
Charity No. 1168128

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Cash funds				
Current accounts	815	12,289	13,104	31,137
Total cash funds	<u>815</u>	<u>12,289</u>	<u>13,104</u>	<u>31,137</u>

Signed by the trustees on 15 January 2025

And signed on their behalf by:



S.A. Hunter
Trustee
15 January 2025

Veterans in Sefton
Notes to the Accounts

for the year ended 31 March 2024

1 Accounting policies

Basis of preparation

The financial statements have been prepared on the 'Receipts and Payments' basis.

Fund accounting

Unrestricted funds These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds These are unrestricted funds earmarked by the trustees for particular purposes.

Revaluation funds These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

Restricted funds These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

2 Income from grants

	Restricted funds	Total 2024	Total 2023
	£	£	£
Lottery Main Grant	19,725	19,725	78,901
One Vision	350	350	-
HSBC SFX Foundation	4,500	4,500	-
Armed Forces Conv 2	-	-	1,750
Veterans Foundation Grant	8,793	8,793	-
SCVS Community Heritage Grant	1,080	1,080	-
Anabasis (Awards for All) Grant	-	-	9,805
	<u>34,448</u>	<u>34,448</u>	<u>90,456</u>

Veterans in Sefton
Detailed Receipts and Payments Account
for the year ended 31 March 2024

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Receipts from:				
Donations, legacies and similar income				
Donations	8,230	-	8,230	8,386
Sefton MBC Housing	49,500	-	49,500	15,000
	<u>57,730</u>	<u>-</u>	<u>57,730</u>	<u>23,386</u>
Grants				
Lottery Main Grant	-	19,725	19,725	78,901
One Vision	-	350	350	-
HSBC SFX Foundation	-	4,500	4,500	-
Armed Forces Conv 2	-	-	-	1,750
Veterans Foundation Grant	-	8,793	8,793	-
SCVS Community Heritage Grant	-	1,080	1,080	-
Anabasis (Awards for All) Grant	-	-	-	9,805
	<u>-</u>	<u>34,448</u>	<u>34,448</u>	<u>90,456</u>
Fundraising				
Normandy Trip	-	-	-	900
	<u>-</u>	<u>-</u>	<u>-</u>	<u>900</u>
Total gross income	<u>57,730</u>	<u>34,448</u>	<u>92,178</u>	<u>114,742</u>
Total receipts	<u>57,730</u>	<u>34,448</u>	<u>92,178</u>	<u>114,742</u>
Payments on:				
Charitable payments				
Charitable Activities Cost	322	4,052	4,374	11,262
	<u>322</u>	<u>4,052</u>	<u>4,374</u>	<u>11,262</u>
Employee costs				
Salaries/wages	42,590	37,361	79,951	87,289
Pension costs	4,803	-	4,803	5,229
	<u>47,393</u>	<u>37,361</u>	<u>84,754</u>	<u>92,518</u>
Motor and travel costs				
Vehicles - General costs	-	850	850	-
Vehicles - Fuel	26	170	196	131
Vehicles - Insurance and licences	-	1,221	1,221	1,156
Vehicles - Repairs and maintenance	167	-	167	307
	<u>193</u>	<u>2,241</u>	<u>2,434</u>	<u>1,594</u>
Premises costs				
Rent	3,083	4,717	7,800	13,000

Veterans in Sefton
Detailed Receipts and Payments Account

	3,083	4,717	7,800	13,000
General administrative costs				
Bank charges	328	-	328	80
Equipment expensed	-	417	417	214
Equipment leasing and hire charges	-	-	-	190
Equipment repairs and maintenance	404	-	404	224
General insurances	-	1,089	1,089	1,089
Software, IT support and related costs	1,972	1,625	3,597	2,792
Stationery and printing	197	-	197	60
Subscriptions	36	180	216	736
Sundry expenses	35	-	35	24
Telephone, fax and broadband	2,484	964	3,448	3,236
	5,456	4,275	9,731	8,645
Legal and professional costs				
Accountancy and bookkeeping	793	325	1,118	660
	793	325	1,118	660
Total gross expenditure	57,240	52,971	110,211	127,679
Total payments	57,240	52,971	110,211	127,679
Net receipts (payments)	490	(18,523)	(18,033)	(12,937)
Transfers between funds	-	-	-	
Cash fund last year end	325	30,812	31,137	44,074
Cash fund this year end	815	12,289	13,104	31,137

VETERANS IN SEFTON

England & Wales - Charity number 1168128

Accounts

Veterans in Sefton

Charity No. 1168128

Trustees' Report and Unaudited Accounts

31 March 2023

Veterans in Sefton
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**Veterans in Sefton
Trustees Annual Report**

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1168128

Principal Office

Vis, C/O Brunswick Y&CC
Marsh Lane
Bootle
Merseyside
L20 4JQ

Names of the charity trustees who manage the charity:

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
S. Calderbank			
S.A. Hunter			
P. Lappin	Chair		
J.R. Price			

Accountants

Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG

Bankers

HSBC UK
99-101 Lord Street
Liverpool
L2 6PG

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of governing document

Constitution

How the charity is constituted

Charitable incorporated Organisation

Trustee selection methods

Appointed by a quorate meeting of the Trustees properly notified as per our constitution and considered to have skills valuable to the charity

Additional governance issues

Veterans in Sefton Trustees Annual Report

Veterans in Sefton have become embedded in the community, establishing links to multiple organisations, healthcare and council services, including housing, to ensure an integrated approach through Service Level Agreements, building relationships with local community service providers and employers.

Below is a comprehensive list of all the active partners and originations that ViS work alongside:

- Sefton Metropolitan Borough Council (MBC), Investment in Housing Scheme – Commissioned Service
- Sefton MBC, Preventing Men’s Suicide Scheme – Commissioned Service
- South Sefton, Formby & Southport Clinical Commissioning Group (CCG)- Formal NHS Partnership.
- Sefton Council for Voluntary Service (CVS) -Business and sustainability advice Formal Partnership
- Talking Matters Sefton-Mental Health-Formal Partnership
- Sovini Group(One Vision Housing), Housing. Service level Agreement - Formal Partnership
- My Space, Rehousing Veterans with needs – Formal Partnership
- Creative Change Housing (CCH) Housing-Rehousing Veterans with needs – Formal Partnership
- Riverside Housing-Rehousing Veterans with needs – Formal Partnership
- Launch Pad: Speke House-Housing Provider- Formal Agreement
- Liverpool City Waterfront, Pathways to Employment - Formal Partnership
- Complete Skill Solutions- Pathways into Employment- Formal Partnership
- Households into Work- Pathways to Employment, Veterans financial support and advice- Formal partnership
- Department of Work and Pensions (DWP)- Pathways into Employment- Formal Partnership
- The Royal British Legion- Veterans needs and welfare- Service level Agreement - Formal Partnership
- Armed Forces Bikers- Grant providers assisting veteran’s needs- Formal Partnership
- B- Skills Training-Pathways into Employment- Formal Partnership
- St Leonard's, Debt Advice Service - Formal Partnership
- Veterans Welfare Services-Welfare, pension and benefit advice-Service level Agreement - Formal Partnership
- The Rucksack Club, Well-fare & well-being residential Breaks - Formal Partnership
- Sale Sharks-activities- Formal Partnership
- Myerscough College- Myerscough specialises in education and training for the land-based and sports industries. Including horticulture, arboriculture and grounds maintenance skills
- Hope University - Psychologist placements.
- Southport College University Centre - Psychologist placements.

OBJECTIVES AND ACTIVITIES

Summary of the objects of the charity set out in its governing document

Veterans in Sefton will relieve the need of persons living in Sefton, Merseyside and surrounding areas, who are currently serving or who have served in the armed forces, regular and reservists, their families and dependents, by advancing any lawful charitable purpose at the discretion of the trustees and in particular but not exclusively by: -

- Providing opportunities to participate in activities which promote their social inclusion;

Veterans in Sefton

Trustees Annual Report

- Providing counselling, advice and mentoring support;
- Promoting and protecting their health, mental health and well-being and well-being;
- Advancing the education and awareness of the public in the armed forces and; to promote and organise cooperation in the achievement of the above purposes.

Summary of the main activities in relation to these objects

Since inception ViS has worked with over 1500 veterans and almost the same number of dependants and families. During this reporting period ViS has received 453 referrals from Veterans requiring varying levels of support, many of which have been quite complex. These individuals have required intervention from multiple agencies, all the cases managed by the ViS staff and supported by the ViS wraparound service. An example a complex issue would be a combination of homelessness, debt, dependency, social isolation and mental health. Thankfully not all are so complex, however managing and balancing the needs of so many has been a test of resources and acquired skills (Further details are included later in 'What have you learned').

At ViS we use the term "broker" as opposed to signpost, by this we mean that ViS fully support the individual through whatever the process in order to help lower anxiety levels as opposed to 'signposting' which would be just giving them the contact details to self-sort.

We hold weekly 2 NAAFI Breaks (coffee mornings) normally attended by an average of 25-40 individuals many of them being family members, we, voluntarily, receive regular feedback from individual who attend the NAAFI Break.

At the end of any course, treatment plan or main activity we issue feedback forms. The feedback forms inform of a constant review of how we deliver our services and any change required in order to achieve the best result. Since, we work with such a diverse and complex range of individual issues we find we are constantly responding or 'shifting the goal posts', being adaptable is a trait which lends itself very well to our former military training.

There are an estimated 5 million veterans in the UK, an estimated 27,000 of whom reside in Sefton, Merseyside, and a further 20,000 personnel leave the forces each year. When staff leave HM Forces, their healthcare transfers from the military to the NHS, a system military personnel are not familiar with. Only around 6% of regular service personnel are discharged annually for mental health reasons. However, a large number of veterans develop mental health problems after leaving service, many of whom will be experiencing PTSD. (Iversen et al 2005).

Until recently, little was known about these veterans. What we know is that only half of those experiencing mental health problems sought help from the NHS, and those that did were rarely referred to specialist mental health services.

We believe the key to unlocking the issue of poor mental health is the in-depth needs assessment and finding the base cause of the issue, we have the time to unravel the bits and pieces and strike at the core. In many cases it is either poor social inclusion, financial issues, dependency issues, housing or homelessness, in nearly all cases it is a complex mixture of them all.

Following the very successful additional funding from the Armed Forces Covenant Trust Positive Pathways programme to support the Project Manager post. Tom Trainer, Head of Impact from the Trust, wrote a detailed case study on the project (please see the links attached at the end of question).

Veterans in Sefton Trustees Annual Report

At ViS we now deliver a wide range of services for veterans, serving personnel and their families, which includes: mentoring and befriending services; health and wellbeing advice and activities; housing support; financial advice; employment support; volunteering opportunities; early intervention psychological support; social events and activities that promote social inclusion and reduce isolation and anxiety. The organisation is now the only approved provider of services to veterans in the Sefton area by the local council and other statutory agencies. We have now been made a Strategic Partner of Sefton Council and sit on the Sefton Armed Forces Community Convent's (SAFCC) Board, chaired by Sefton's Armed Forces Champion, Councillor Carragher, who is now also a Trustee to ViS., This links us directly with the SAFCC including the veterans' leads for the Police, Ambulance Service, Fire Department, Education, Health, Justice and Law.

ViS have also recently negotiated a resigning of the SAFCC which will be held in April 2023.

In 2021/22, ViS delivered 360 fully supported activities with over 973 individuals taking part (please see charts below) Volunteers, including veterans providing peer support, gave 2265 hours of their time to support these activities, which included: peer support groups; gardening; walking; cycling; yoga; cookery skills; and residential activities in Wales. A holistic and joined up approach to pathways of care for veterans is central to everything they do. 'We look for veterans that are hard to find the guys that can't do it themselves, the ones that are in a bad way.'

During this reporting period, there were 453 new referrals made to the project, averaging more than one per day, and an increase on the previous year. As a proportion of our funding, this is the equivalent of less than £50 per veteran, although the true cost of supporting them is much higher. ViS estimates that a further 300 people benefited indirectly from the funding, which includes family members. There were 24 veteran volunteers also engaged in the project.

Our feedback has shown that the majority of our referrals that have engaged successfully with our services have all suffered from multiple issues. They have told us of the importance of finding an organisation that both resonates with their background of Armed Forces culture and is committed to work on most or all of issues at the same time thus reducing their need to go tiredly searching from one place to another, while providing the opportunity to engage in activities and make new friends in a safe and friendly environment

Additional details of objectives and activities

2 Fully qualified Psychotherapeutic Counsellors to work alongside the Wellbeing Manager 20 each week per person- weekly total 40 hours

1 Art therapist to run 2 art therapy sessions per week. Total weekly hours 6

4 Fully trained Development Officers who work alongside the Operations Manager to carry out Needs Assessments and deliver Personal Centred Plans for Veterans in need of support. 10 hours each week per person- weekly total 40 hours.

Veterans in Sefton

Trustees Annual Report

1 Activity Coordinator responsible for the day to day activities of Veterans in Sefton including the minibus trips and coordination with outside organisations who wish to use the minibus. Weekly total 20 hours

2 Kitchen staff Role provide bacon and sausage butties at the NAAFI Breaks and provide any catering beyond the NAAFI Break, i.e. buffets and BBQs to eliminate the need for expensive outside catering. Along with the general volunteers they will be catering for the Veterans in Sefton Christmas dinner this year, which had 40 seated. 10 hours each per week. Weekly total hours 20

6 Minibus drivers to drive and maintain the minibus. Average 2 hours per week each, depending on the length of a day out. Weekly total 12 hours

4 Allotment coordinators, responsible for the maintenance and activity programme on the allotment. 5 hrs each week per person, Weekly hours 20

4 General Volunteers to assist with the daily running of the charity across all areas of general help. 2 hours each per week. Weekly hours total 16. Weekly hours total 174.

ACHIEVEMENTS AND PERFORMANCE

Summary of the main achievements of the charity during the year

1. Another year of commissioning from Greater Manchester West Mental Health services for our wrap around service
2. 2 years of commissioning from Sefton Council for our strategies against male suicide programme
3. A revamped and updated SLA with One Vision Housing which includes more support services.
4. A SLA made with Veterans UK to provide a much speedier referral process and more integrated support for veterans and families
5. A SLA made with Households into Work to integrated support for veterans and families
6. A continued and improved contract with My Space Housing providing veterans with issues that need support and aren't quite ready for independent living to gain access to housing with support
7. Level 3 added to the diploma programme set up by Myerscough College to work directly with veterans on our allotment to gain City and Guilds 1,2&3 to assist with into employment
8. An employment contract set up with the City of Liverpool College and the Liverpool Waters Construction Hub on a 1.2-million-pound deal gaining direct access for veterans into employment for the next 20 years on the Liverpool Waterfronts 2.2 billion pound construction deal with Peel Ports.
9. 421 referrals have been put through the programme, all provided with guidance assistance and support.
10. Over 500 veterans and dependants have accessed our activities this year covering a plethora of outcomes and personal achievements.
11. We have rehoused 32 veterans 14 of which were homeless and through our various Housing SLAs and with the support of partnerships with One Vision Housing, Sleepy Headzz Beds, The Armed Forces Bikers, The Royal British Legion.

**Veterans in Sefton
Trustees Annual Report**

All the veterans that have moved in have all engaged in a full wrap around service provided by our Holistic Support Programme

12. 122 individuals and 8 couples have engaged with our holistic programme reducing the financial stress on an already overstretched mainstream Mental Health NHS service

13. Our Facebook entries are getting an average 4000 views and similar figures on shares.

FINANCIAL REVIEW

We fund raise constantly to ensure we have sufficient unrestricted funds to cover our operating costs. We adjust expenditure inline with income.

Restricted funds are used for the purpose given and within the time period stated by the provider. These are not considered to be reserves.

DECLARATION

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees



S.A. Hunter
Trustee
20 September 2023

Veterans in Sefton
Independent Examiners Report

Independent Examiner's Report to the trustees of Veterans in Sefton

I report to the trustees on my examination of the accounts of Veterans in Sefton for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Anthony Deegan
MAAT
Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG
20 September 2023

Veterans in Sefton
Receipts and Payments Account
for the year ended 31 March 2023

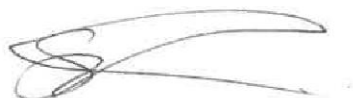
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Receipts from:				
Donations, legacies and similar income	23,386	-	23,386	19,254
Grants	-	90,456	90,456	81,981
Fundraising	900	-	900	10,728
Total gross income	<u>24,286</u>	<u>90,456</u>	<u>114,742</u>	<u>111,963</u>
Total receipts	<u>24,286</u>	<u>90,456</u>	<u>114,742</u>	<u>111,963</u>
Payments on:				
Charitable payments	6,647	4,615	11,262	14,581
Charity costs	37,491	78,926	116,417	126,855
Total gross expenditure	<u>44,138</u>	<u>83,541</u>	<u>127,679</u>	<u>141,436</u>
Total payments	<u>44,138</u>	<u>83,541</u>	<u>127,679</u>	<u>141,436</u>
Net of receipts/(payments)	<u>(19,852)</u>	<u>6,915</u>	<u>(12,937)</u>	<u>(29,473)</u>
Transfers between funds	-	-	-	-
Cash funds last year	20,178	23,897	44,075	73,548
Cash funds this year end	<u>325</u>	<u>30,812</u>	<u>31,137</u>	<u>44,075</u>

Veterans in Sefton
Statement of Assets and Liabilities
at 31 March 2023
Charity No. 1168128

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Cash funds				
Current accounts	325	30,812	31,137	44,075
Total cash funds	<u>325</u>	<u>30,812</u>	<u>31,137</u>	<u>44,075</u>

Signed by the trustees on 20 September 2023

And signed on their behalf by:



S.A. Hunter
Trustee
20 September 2023

Veterans in Sefton
Notes to the Accounts

for the year ended 31 March 2023

1 Accounting policies

Basis of preparation

The financial statements have been prepared on the 'Receipts and Payments' basis.

Fund accounting

Unrestricted funds These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds These are unrestricted funds earmarked by the trustees for particular purposes.

Revaluation funds These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

Restricted funds These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

2 Income from grants

	Restricted funds	Total 2023	Total 2022
	£	£	£
Lottery Main Grant	78,901	78,901	78,901
Covid 19 Response Grant	-	-	3,080
Armed Forces Covenant Grant	1,750	1,750	-
Anabasis (Awards for All) Grant	9,805	9,805	-
	<u>90,456</u>	<u>90,456</u>	<u>81,981</u>

Veterans in Sefton
Detailed Receipts and Payments Account
for the year ended 31 March 2023

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Receipts from:				
Donations, legacies and similar income				
Donations	8,386	-	8,386	4,254
Sefton MBC Housing	15,000	-	15,000	15,000
	<u>23,386</u>	<u>-</u>	<u>23,386</u>	<u>19,254</u>
Grants				
Lottery Main Grant	-	78,901	78,901	78,901
Covid 19 Response Grant	-	-	-	3,080
Armed Forces Covenant Grant	-	1,750	1,750	-
Anabasis (Awards for All) Grant	-	9,805	9,805	-
	<u>-</u>	<u>90,456</u>	<u>90,456</u>	<u>81,981</u>
Fundraising				
Normandy Trip	900	-	900	10,728
	<u>900</u>	<u>-</u>	<u>900</u>	<u>10,728</u>
Total gross income	<u>24,286</u>	<u>90,456</u>	<u>114,742</u>	<u>111,963</u>
Total receipts	<u>24,286</u>	<u>90,456</u>	<u>114,742</u>	<u>111,963</u>
Payments on:				
Charitable payments				
Charitable Activities Cost	6,647	4,615	11,262	14,581
	<u>6,647</u>	<u>4,615</u>	<u>11,262</u>	<u>14,581</u>
Employee costs				
Salaries/wages	28,908	58,381	87,289	97,326
Pension costs	5,229	-	5,229	6,551
	<u>34,137</u>	<u>58,381</u>	<u>92,518</u>	<u>103,877</u>
Motor and travel costs				
Vehicles - Leasing and hire costs	-	-	-	80
Vehicles - Fuel	-	131	131	1,033
Vehicles - Insurance and licences	-	1,156	1,156	1,168
Vehicles - Repairs and maintenance	248	59	307	390
	<u>248</u>	<u>1,346</u>	<u>1,594</u>	<u>2,671</u>
Premises costs				
Rent	-	13,000	13,000	10,400
	<u>-</u>	<u>13,000</u>	<u>13,000</u>	<u>10,400</u>
General administrative costs				
Bank charges	80	-	80	15

Veterans in Sefton**Detailed Receipts and Payments Account**

Equipment expensed	214	-	214	394
Equipment leasing and hire charges	190	-	190	-
Equipment repairs and maintenance	224	-	224	320
General insurances	-	1,089	1,089	973
Postage and couriers	-	-	-	65
Software, IT support and related costs	-	2,792	2,792	2,496
Stationery and printing	60	-	60	193
Subscriptions	329	407	736	940
Sundry expenses	24	-	24	60
Telephone, fax and broadband	1,325	1,911	3,236	3,455
	<u>2,446</u>	<u>6,199</u>	<u>8,645</u>	<u>8,911</u>
Legal and professional costs				
Accountancy and bookkeeping	660	-	660	996
	<u>660</u>	<u>-</u>	<u>660</u>	<u>996</u>
Total gross expenditure	<u>44,138</u>	<u>83,541</u>	<u>127,679</u>	<u>141,436</u>
Total payments	<u>44,138</u>	<u>83,541</u>	<u>127,679</u>	<u>141,436</u>
Net receipts (payments)	<u>(19,852)</u>	<u>6,915</u>	<u>(12,937)</u>	<u>(29,473)</u>
Transfers between funds	-	-	-	
Cash fund last year end	20,178	23,897	44,075	73,548
Cash fund this year end	<u>326</u>	<u>30,812</u>	<u>31,138</u>	<u>44,075</u>

VETERANS IN SEFTON

England & Wales - Charity number 1168128

Accounts

Veterans in Sefton

Charity No. 1168128

Trustees' Report and Unaudited Accounts

31 March 2022

Veterans in Sefton
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**Veterans in Sefton
Trustees Annual Report**

The trustees present their report with the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1168128

Principal Office

52 St Elizabeth Avenue
Bootle
Sefton
L20 6FA

Names of the charity trustees who manage the charity:

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
S. Calderbank			
S.A. Hunter			
P. Lappin	Chair		
J.R. Price			

Accountants

Sefton Council for Voluntary Service
Burlington House
Crosby Road North
Waterloo
Liverpool
L22 0LG

Bankers

HSBC UK
99-101 Lord Street
Liverpool
L2 6PG

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of governing document

Constitution

How the charity is constituted

Charitable incorporated Organisation

Trustee selection methods

Appointed by a quorate meeting of the Trustees properly notified as per our constitution and considered to have skills valuable to the charity

Additional governance issues

Veterans in Sefton have become embedded in the community, establishing links to multiple organisations, healthcare and council services, including housing, to ensure an integrated approach through Service Level Agreements, building relationships with local community service providers and employers.

Veterans in Sefton Trustees Annual Report

Below is a comprehensive list of all the active partners and originations that ViS work alongside:

- Sefton Metropolitan Borough Council (MBC), Investment in Housing Scheme – Commissioned Service
- Sefton MBC, Preventing Men’s Suicide Scheme – Commissioned Service
- South Sefton, Formby & Southport Clinical Commissioning Group (CCG)- Formal NHS Partnership.
- Invest Sefton- Sefton MBC- Business growth structure-Formal Agreement
- Sefton Council for Voluntary Service (CVS) -Business and sustainability advice Formal Partnership
- Spacehive- Crowdfunding platform- Formal Agreement
- Talking Matters Sefton-Mental Health-Formal Partnership
- Sovini Group(One Vision Housing), Housing. Service level Agreement - Formal Partnership
- My Space, Rehousing Veterans with needs – Formal Partnership
- Creative Change Housing (CCH) Housing-Rehousing Veterans with needs – Formal Partnership
- Riverside Housing-Rehousing Veterans with needs – Formal Partnership
- Launch Pad: Speke House-Housing Provider- Formal Agreement
- Liverpool City Waterfront, Pathways to Employment - Formal Partnership
- Complete Skill Solutions- Pathways into Employment- Formal Partnership
- Households into Work- Pathways to Employment, Veterans financial support and advice- Formal partnership
- Department of Work and Pensions (DWP)- Pathways into Employment- Formal Partnership
- The Royal British Legion- Veterans needs and welfare- Service level Agreement - Formal Partnership
- Armed Forces Bikers- Grant providers assisting veteran’s needs- Formal Partnership
- B- Skills Training-Pathways into Employment- Formal Partnership
- St Leonard's, Debt Advice Service - Formal Partnership
- Veterans Welfare Services-Welfare, pension and benefit advice-Service level Agreement - Formal Partnership
- The Recovery Circle, Dependency Programme - Formal Partnership
- The Rucksack Club, Well-fare & well-being residential Breaks - Formal Partnership
- Sale Sharks-activities- Formal Partnership
- Myerscough College- Myerscough specialises in education and training for the land-based and sports industries. Including horticulture, arboriculture and grounds maintenance skills
- Hope University - Psychologist placements.
- Southport College University Centre - Psychologist placements.

OBJECTIVES AND ACTIVITIES

Summary of the objects of the charity set out in its governing document

Veterans in Sefton will relieve the need of persons living in Sefton, Merseyside and surrounding areas, who are currently serving or who have served in the armed forces, regular and reservists, their families and dependents, by advancing any lawful charitable purpose at the discretion of the trustees and in particular but not exclusively by: -

Veterans in Sefton

Trustees Annual Report

- Providing opportunities to participate in activities which promote their social inclusion;
- Providing counselling, advice and mentoring support;
- Promoting and protecting their health, mental health and well-being and well-being;
- Advancing the education and awareness of the public in the armed forces and; to promote and organise cooperation in the achievement of the above purposes.

Summary of the main activities in relation to these objects

The activity programme has been very successful this has mainly due the volunteers taking the lead in organising and facilitating the majority of day to day activities, these activities have included day trips, NAAFI Breaks, educational trips, such as western approaches and museums.

There have also been many camping trips over the year where the volunteers have worked alongside ViS staff to organise and execute. 2 main excursions to the Battlefields Normandy have taken place which have also been a great success.

Cost effective NAAFI Breaks

We have lessened the cost of our volunteer expenses over the past year by becoming more self-sufficient.

The NAAFI Breaks are by far our most attended activity, being populated by over 50 veterans and family members each week. At the beginning of the year a group of volunteers started selling bacon and sausage butties at the NAAFI Breaks, at a very modest price, the money generated by this helps to fund some of the volunteer's expenses and covers the cost of the minibus fuel on most of the days out.

Well-being retreats

Funding was secured to support Veterans Wellbeing Breaks at the Anabasis Mountain Club in North Wales. This provision was from Awards for All the project enabled groups of up to 10 Veterans to participate in 8 3-day visit, this project was hugely successful and over 80 veterans took part. Due to the success of this project funds were raised by veterans themselves to carry on this project on an ad hoc basis until March of this year we were successful in another Awards for All bid to carry this on.

The breaks are based on various individual and group structured activities. The break is supervised and coordinated by Veterans in Sefton's Operations Manager and supported by our Well-being Care team consisting of a fully qualified Psychotherapeutic Councillor, a therapy dog and 2 of our highly skilled Befrienders/Mentors.

The benefits of being back with nature, fresh air and with the time and space for reflection and unobtrusive distraction has been agreed by Psychiatrists, Therapists, Clinicians and other Health Care professionals to dramatically promote mental health and well-being whilst maximizing recovery potential from Mental Health conditions (particularly PTSD, Stress, Anxiety and other Trauma related issues. This "Well-being Experience" is an integral part of the charity's objectives in the re-orientation of its user base back into society. Users of this Well-being Programme have loosely called it "The magic of Anabasis.

As an extra measure to gather reliable data for all participants complete a Patient Health Questionnaire-9 (PHQ-9. The PHQ-9 is a NHS 9-question instrument given to patients in a depressed or anxious mood) both prior to taking part in the retreat and a month after arriving back. The results have nothing more than astounding, all have reported in improvement in their mental and general health and wellbeing

Additional details of objectives and activities

Veterans in Sefton Trustees Annual Report

Veterans in Sefton have a Peer Support Group (PSG) within the Charity comprising 12 volunteers (all SU). The PSG is chaired by an individual for a 3-month period to ensure fair rotation. The PSG is the voice of the SU. The CEO or the Project Manager will attend the monthly meetings to answer any question and deliver immediate feedback. The minutes of the PSG meeting are presented at the Senior Management and Board meeting to ensure full disclosure.

Summary of ViS volunteering roles = 24

They comprise of:

2 Fully qualified Psychotherapeutic Counsellors to work alongside the Wellbeing Manager 20 each week per person- weekly total 40 hours

1 Art therapist to run 2 art therapy sessions per week. Total weekly hours 6

4 Fully trained Development Officers who work alongside the Operations Manager to carry out Needs Assessments and deliver Personal Centred Plans for Veterans in need of support. 10 hours each week per person- weekly total 40 hours.

1 Activity Coordinator responsible for the day to day activities of Veterans in Sefton including the minibus trips and coordination with outside organisations who wish to use the minibus. weekly total 20hours

2 Kitchen staff Role provide bacon and sausage butties at the NAAFI Breaks and provide any catering beyond the NAAFI Break, i.e. buffets and BBQs to eliminate the need for expensive outside catering. Along with the general volunteers they will be catering for the Veterans in Sefton Christmas dinner this year, which had 40 seated. 10 hours each per week. Weekly total hours 20

6 Minibus drivers to drive and maintain the minibus. Average 2 hours per week each, depending on the length of a day out Weekly total 12 hours

4 Allotment coordinators, responsible for the maintenance and activity programme on the allotment. 5 hrs each week per person, Weekly hours 20

4 General Volunteers to assist with the daily running of the charity across all areas of general help. 2 hours each per week. Weekly hours total 16

In total ViS volunteers contribute a total of weekly hours total 174

ACHIEVEMENTS AND PERFORMANCE

Summary of the main achievements of the charity during the year

The data to form this report is derived from a range of programme records which principally include the number of individuals referred to Veterans in Sefton (ViS) all additional data about: age, postcode and the origin of the referral (i.e. through media, social media, NHS sources, etc). has also been collected and is available on request.

Analysis of this data has informed our forecast of trends and future needs. On this basis we have been able to conclude our annual service delivery demand show the increase over the 4 years of funding.

It should be noted that since we captured data to show where individuals have been referred from, this information helped ViS to improve our engagement strategy and gives us a natural path of development to improve our reach. For example, over the funding period over 55% have engaged as self-referrals via Facebook or other types of social media, but we have continued to noticed that our figures are still as low as 5% from GPs and other NHS sources. This data has allowed ViS to approach the appropriate agencies to improve this data.

Veterans in Sefton

Trustees Annual Report

In addition, ViS has continued actively support individuals by making referrals to complimentary and support services. Data has been recorded to show these details. The data also reflects individual referrals as well as multiple referrals of individuals who have sought our service. (For example; Veteran A refers to our charity, a needs assessment is carried out, it is identified that he/she requires assistance/guidance with mental health, dependency and financial issues, we would then referrer the individual onto the appropriate organisations or produce a support strategy to suit the needs that requires addressing).

Veterans in Sefton's Wellbeing Manger has counselled over 500 individuals across this reporting period, working very closely with organisations such as the Sefton Integrated Care Teams Care Co-ordinators, veterans in Mind NHS, Op Courage (NHS funded Veterans programme) Local GPs and Merseycare. It was extremely notable to hear feedback from the individuals taking part in the wellbeing programmes that they found the previous experience a real benefit in helping them to cope with their "demons". They felt they had some tools to use for themselves and a support group to share things that went well and not so well. They felt a upturn in mood state in the after engaging with our well-being programmes they felt a "pining" for that social scaffolding. They also reported experiencing a sense of "self-actualisation" in having some self-help concepts they could utilise in their life journey and build self-confidence. Many of the attendees expressed a desire to return to Employment.

There are an estimated 5 million veterans in the UK, an estimated 27,000 of whom reside in Sefton, Merseyside, and a further 20,000 personnel leave the forces each year. When staff leave HM Forces, their healthcare transfers from the military to the NHS, a system military personnel are not familiar with. Only around 6% of regular service personnel are discharged annually for mental health reasons. However, a large number of veterans develop mental health problems after leaving service, many of whom will be experiencing PTSD. (Iversen et al 2005).

Until recently, little was known about these veterans. What we know is that only half of those experiencing mental health problems sought help from the NHS, and those that did were rarely referred to specialist mental health services.

We believe the key to unlocking the issue of poor mental health is the in-depth needs assessment and finding the base cause of the issue, we have the time to unravel the bits and pieces and strike at the core. In many cases it is either poor social inclusion, financial issues, dependency issues, housing or homelessness, in nearly all cases it is a complex mixture of them all.

Following the very successful additional funding from the Armed Forces Covenant Trust Positive Pathways programme to support the Project Manager post. Tom Trainer, Head of Impact from the Trust, wrote a detailed case study on the project (please see the links attached at the end of question).

At ViS we now deliver a wide range of services for veterans, serving personnel and their families, which includes: mentoring and befriending services; health and wellbeing advice and activities; housing support; financial advice; employment support; volunteering opportunities; early intervention psychological support; social events and activities that promote social inclusion and reduce isolation and anxiety. The organisation is now the only approved provider of services to veterans in the Sefton area by the local council and other statutory agencies. We have now been made a Strategic Partner of Sefton Council and sit on the Sefton Armed Forces Community Convent's (SAFCC) Board, chaired by Sefton's Armed Forces Champion, Councillor Carragher, who is now also a Trustee to ViS., This links us directly with the SAFCC including the veterans' leads for the Police, Ambulance Service, Fire Department, Education, Health, Justice and Law.

**Veterans in Sefton
Trustees Annual Report**

FINANCIAL REVIEW

We fund raise constantly to ensure we have sufficient unrestricted funds to cover our operating costs. We adjust expenditure inline with income.

Restricted funds are used for the purpose given and within the time period stated by the provider. These are not considered to be reserves.

DECLARATION

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

A handwritten signature in black ink, appearing to be 'S.A. Hunter', written over a horizontal line.

S.A. Hunter
Trustee
15 September 2023

Veterans in Sefton

Independent Examiners Report

Independent Examiner's Report to the trustees of Veterans in Sefton

I report to the trustees on my examination of the accounts of Veterans in Sefton for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Anthony Deegan

MAAT

Sefton Council for Voluntary Service

Burlington House

Crosby Road North

Waterloo

Liverpool

L22 0LG

15 September 2023

Veterans in Sefton
Receipts and Payments Account
for the year ended 31 March 2022

	Unrestrict ed funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Receipts from:				
Donations, legacies and similar income	19,254	-	19,254	28,500
Grants	-	81,981	81,981	135,321
Fundraisin g	10,728	-	10,728	-
Total gross income	<u>29,982</u>	<u>81,981</u>	<u>111,963</u>	<u>163,821</u>
Total receipts	<u>29,982</u>	<u>81,981</u>	<u>111,963</u>	<u>163,821</u>
Payments on:				
Charitable payments	3,305	11,276	14,581	13,626
Charity costs	19,544	107,311	126,855	110,916
Total gross expenditure	<u>22,849</u>	<u>118,587</u>	<u>141,436</u>	<u>124,542</u>
Total payments	<u>22,849</u>	<u>118,587</u>	<u>141,436</u>	<u>124,542</u>
Net of receipts/(payments)	<u>7,133</u>	<u>(36,606)</u>	<u>(29,473)</u>	<u>39,279</u>
Transfers between funds	-	-	-	-
Cash funds last year	13,046	60,503	73,549	34,270
Cash funds this year end	<u>20,178</u>	<u>23,897</u>	<u>44,075</u>	<u>73,549</u>

Veterans in Sefton
Statement of Assets and Liabilities
at 31 March 2022

Charity No. 1168128

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Cash funds				
Current accounts	20,178	23,897	44,075	73,549
Total cash funds	<u>20,178</u>	<u>23,897</u>	<u>44,075</u>	<u>73,549</u>

Signed by the trustees on 30 September 2023

And signed on their behalf by:



S.A. Hunter
Trustee
30 September 2023

Veterans in Sefton
Notes to the Accounts

for the year ended 31 March 2022

1 Accounting policies

Basis of preparation

The financial statements have been prepared on the 'Receipts and Payments' basis.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

2 Income from grants

	Restricted funds	Total 2022	Total 2021
	£	£	£
Lottery Main Grant	78,901	78,901	78,901
Covid 19 Response Grant	-	-	8,370
LCR Community Foundation Grant	-	-	8,800
Armed Forces Covenant Grant	-	-	33,250
SCVS Winter Access Grant	3,080	3,080	-
NHS GWW FT Grant	-	-	6,000
	<u>81,981</u>	<u>81,981</u>	<u>135,321</u>

Veterans in Sefton**Detailed Receipts and Payments Account**

	<u>-</u>	<u>10,400</u>	<u>10,400</u>	<u>10,342</u>
General administrative costs				
Bank charges	15	-	15	-
Equipment expensed	394	-	394	2,485
Equipment repairs and maintenance	320	-	320	-
General insurances	-	973	973	1,464
Postage and couriers	65	-	65	-
Software, IT support and related costs	-	2,496	2,496	3,948
Stationery and printing	193	-	193	-
Subscriptions	940	-	940	390
Sundry expenses	60	-	60	-
Telephone, fax and broadband	-	3,455	3,455	2,543
	<u>1,987</u>	<u>6,924</u>	<u>8,911</u>	<u>10,830</u>
Legal and professional costs				
Accountancy and bookkeeping	996	-	996	702
Other legal and professional costs	-	-	-	200
	<u>996</u>	<u>-</u>	<u>996</u>	<u>902</u>
Total gross expenditure	<u>22,849</u>	<u>118,587</u>	<u>141,436</u>	<u>124,542</u>
Total payments	<u>22,849</u>	<u>118,587</u>	<u>141,436</u>	<u>124,542</u>
Net receipts (payments)	<u>7,133</u>	<u>(36,606)</u>	<u>(29,473)</u>	<u>39,279</u>
Transfers between funds	-	-	-	
Cash fund last year end	13,046	60,503	73,549	34,270
Cash fund this year end	<u>20,178</u>	<u>23,897</u>	<u>44,075</u>	<u>73,549</u>

VETERANS IN SEFTON

England & Wales - Charity number 1168128

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 04	Year 2020		Day 31	Month 03	Year 2021



Charity name

Veterans in Sefton CIO

Other names charity is known by

N/A

Registered charity number (if any)

1168128

Charity's principal address

52 St Elizabeth Ave	
Bootle	
Sefton	
Postcode	L20 6FA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Jon Price			Trustees when quorate
2	Stephen Calderbank			"
3	Andrew Robertson	Chairman		"
4	Paulette Lappin			"
5				"
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--



Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by a quorate meeting of the Trustees properly notified as per our constitution and considered to have skills valuable to the charity

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Summary of the objects of the charity set out in its governing document

Veterans in Sefton will relieve the need of persons living in Sefton, Merseyside and surrounding areas, who are currently serving or who have served in the Armed Forces, Regular and Reservists, their families and dependents, by advancing any lawful charitable purpose at the discretion of the Trustees and in particular but not exclusively by: -

- Providing opportunities to participate in activities which promote their social inclusion;
- Providing counselling, advice and mentoring support;
- Promoting and protecting their health, mental health and well-being and well-being;
- Advancing the education and awareness of the public in the armed forces and to promote and organise cooperation in the achievement of the above purposes.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Veterans in Sefton organised this year:

Weekly NAAFI Breaks (coffee mornings) in Southport, Bootle and Netherton
156 in total

3-day Holistic residential Snowdonia breaks
8 in total

4-day adventure residential Snowdonia breaks
7 in total

Weekly allotment activities
57 in total

Weekly and weekend walking groups
18 in total

Weekly yoga & meditation sessions
14 in total

Education day trips
37 in total

A combined total number of 289 fully supported activities have taken place this year with over 360 individuals taking part

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grant making;
- policy programme related investment;
- contribution made by volunteers.

Our volunteers massed a staggering 3500 hours between them for support in the local community.

The volunteers play a major role at Veterans in Sefton; it is very much peer support lead and is a fundamental part of the transition back into the community.

As a referral joins us we carry out a needs assessment and start to identify various issues. As part of this process we identify the existing skills, some of them thought they had lost, and reignite them by way of encouraging them to volunteer with in community or with the Veterans in Sefton.

Some of the volunteers have formed an official Veterans in Sefton Peer Support Group; they meet once a month and have minutes taken. The results or request are then presented to the CEO for appraisal and further possible request through the Board of Trustees, for example the Peer Support Group may have requested they would like a day trip to Wales, the CEO can grant that request or they may wish to purchase a new shed for the allotment, the CEO will request funds for this through the Board.

Terms of agreement have been drawn up for all those volunteers involved with the Peer Support Group and all volunteers and participants of activities have signed a code of conduct as guided by our Policies and Procedures

Regular Activity Programme

Working with existing mentors we will expand our volunteer programme, developing peer led activities in a more coordinated and sustainable programme. Already there are occasional 'taster sessions' and relatively ad hoc activity - cycling canoeing, fishing, yoga - but we recognise a need to deliver more regular, structured sessions either utilising the skills and qualifications of Veterans in Sefton's veterans or through local partnerships.

Current provision of an allotment, art group and woodwork will provide the core for growing new, varied activity and existing mentors, befrienders and volunteers with established policies and practices will provide the basis for recruitment increasing these roles and building VIS capacity.

Extended Activity

VIS is an active member of the Anabasis Mountain Club in North Wales, providing 3 day, cost effective breaks with greater diversity of activities designed to suit the needs of individuals requiring support. To date over 90 Veterans have attended, with the added advantage of a different yet 'safe' environment aiding personal and group development. Monthly sessions provide a special focus for regular activities and will form an important part of volunteer development.

A Sustainable approach

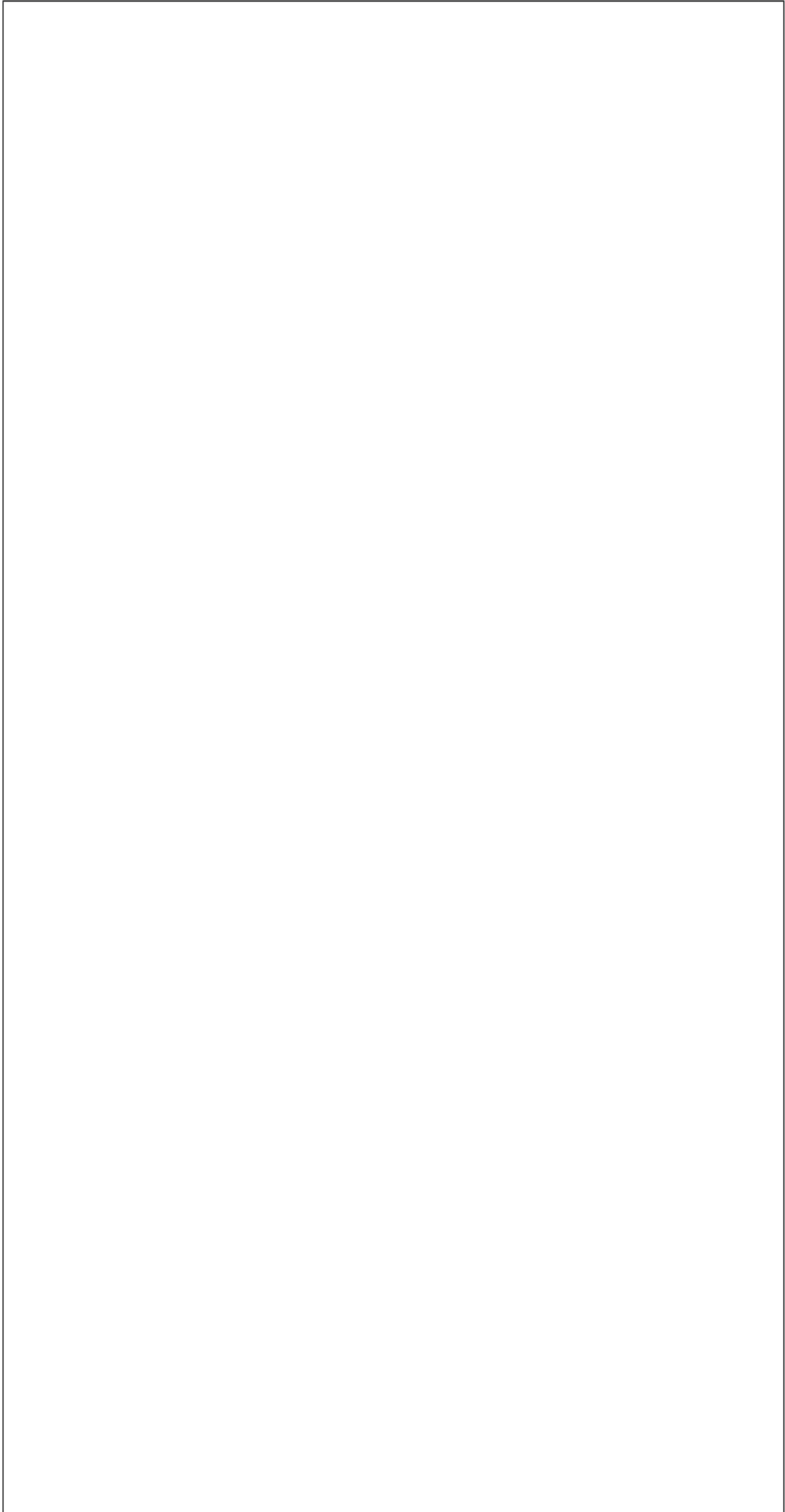
This progressive programme of engagement, activity and Veteran involvement is designed to support volunteer development, building VIS capacity and, in turn sustaining expanded and enhanced activity. The activities and volunteering roles are designed to deliver the 'Five Ways to Wellbeing: Connect, Keep Learning, Give, Take Notice and Be Active and this will be integral

to Veteran transition and sustaining a programme to complement the core holistic work of VIS



Summary of the main achievements of the charity during the year

1. Another year of commissioning from Greater Manchester West Mental Health services for our wrap around service
2. 2 years of commissioning from Sefton Council for our strategies against male suicide programme
3. A revamped and updated SLA with One Vision Housing which includes more support services.
4. A SLA made with Veterans UK to provide a much speedier referral process and more integrated support for veterans and families
5. A SLA made with Households into Work to integrated support for veterans and families
6. A continued and improved contract with My Space Housing providing veterans with issues that need support and aren't quite ready for independent living to gain access to housing with support
7. Level 3 added to the diploma programme set up by Myers Scope to work directly with veterans on our allotment to gain City and Guilds 1,2&3 to assist with into employment
8. An employment contract set up with the City of Liverpool College and the Liverpool Waters Construction Hub on a 1.2-million-pound deal gaining direct access for veterans into employment for the next 20 years on the Liverpool Waterfronts 2.2 billion pound construction deal with Peel Ports.
9. 421 referrals have been put through the programme, all provided with guidance assistance and support.
10. Over 500 veterans and dependants have accessed our activities this year covering a plethora of outcomes and personal achievements.
11. We have rehoused 32 veterans 14 of which were homeless and through our various Housing SLAs and with the support of partnerships with One Vision Housing, Sleepy Headzz Beds, The Armed Forces Bikers, The Royal British Legion.
All the veterans that have moved in have all engaged in a full wrap around service provided by our Holistic Support Programme
12. 122 individuals and 8 couples have engaged with our holistic programme reducing the financial stress on an already overstretched mainstream Mental Health NHS service
13. Our Facebook entries are getting an average 4000 views and similar figures on shares.



Brief statement of the charity's policy on reserves

We fund raise constantly to ensure we have sufficient unrestricted funds to cover our operating costs. We adjust expenditure inline with income. Restricted funds are used for the purpose given and within the time period stated by the provider. These are not considered to be reserves.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		

Date

Charity Number: 1168128

Veterans In Sefton

Unaudited Accounts

For The Year Ended 31st March 2021

**INDEPENDENT EXAMINERS REPORT
To Veterans In Sefton**

I report to the trustees on my examination of the accounts of Veterans In Sefton for the year ended 31st March 2021.

Responsibilities and Basis of Report

As the charities trustees of Veterans In Sefton accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I am a member of the AAT and I am bound by the code of ethics issued by FRC's Revised Ethical Standard 2016.

Accounts preparation services were provided by Sefton CVS, my employer, and I as examiner have applied the ethical standard to my work.

I have completed my examination. I confirm that no material matters have come to my attention in connection with examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of Bootle Tool Shed as required by section 130 of the Act; or
2. The accounts do not accord with those records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts reached.

Anthony Deegan MAAT, MICB, Pm.Dip
Finance Manager
Sefton Council for Voluntary Service
3rd Floor, Suite 3b, Burlington House, Crosby Road North,
Waterloo, Liverpool, L22 0LG

Signed:

Date:

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Receipts				
General Funds	-	-	-	-
Gifts & Donations	3,500	-	3,500	59
Big Lottery	-	78,901	78,901	59,176
NHS GWW FT	6,000	-	6,000	10,500
Barbara Oats	-	-	-	1,000
Mayor of Sefton' Fund	-	-	-	600
Asda	-	-	-	500
Arrow Head Masonic Lodge	-	-	-	300
Arrow Lodge	-	-	-	250
Rotary	-	-	-	632
Rotary Club South Sefton	-	-	-	1,000
Rotary Club Crosby	-	-	-	700
Sefton CVS	-	-	-	-
Shelter	-	-	-	6,574
NEA	-	-	-	750
Grantscape	-	-	-	7,000
Awards for All	-	-	-	-
Sefton MBC	-	-	-	-
Sefton MBC Housing Investment Scheme	25,000	-	25,000	15,000
Sefton MBC wards	-	-	-	2,200
Armed Forces Covenant	-	33,250	33,250	-
PH Holt	-	-	-	5,000
Covid 19 Response Lottery grant	8,370	-	8,370	-
Community Foundation Grant	-	8,800	8,800	-
Total Receipts	42,870	120,951	163,821	111,241
Payments				
Charitable Activities	12,331	1,182	13,513	8,203
Equipment	2,485	-	2,485	6,410
Computer Expenses	3,258	690	3,948	2,137
DBS	200	-	200	338
Insurance	1,463	-	1,463	1,627
Printing	-	-	-	-
Stationery & Office Supplies	-	-	-	1,689
Telephone	613	1,930	2,543	2,730
Clothing	-	113	113	931
Staff Expenses	-	-	-	-
Sundry Expenses	-	-	-	-
Training	-	-	-	145
Payroll	24,737	58,389	83,126	71,417
Payroll charges	702	-	702	654
Professional Services	-	-	-	150

Mini Bus	-	-	-	-
Rent	2,600	7,742	10,342	7,800
Motor Fuel	2,231	57	2,288	1,201
Motor Repairs	737	-	737	2,773
Motor road tax	165	-	165	165
Motor Insurance	1,192	-	1,192	1,190
Repairs	1,334	-	1,334	2,224
Membership Fees	390	-	390	-
Heating	-	-	-	-
Total Payments				
	54,438	70,103	124,541	111,784
Net Receipts For Period	-	11,568	50,848	39,280
				-
Net Cash Funds B/F	19,041	15,929	34,970	35,512
Net Cash Funds C/F	7,474	66,777	74,250	34,969

	Total 2021 £	Total 2020 £
Monetary Assets		
Cash at Bank	73,549	34,269
	<u>73,549</u>	<u>34,269</u>
Fixed Assets		
Equipment	823	823
Computer Equipment	6,686	6,686
	<u>7,509</u>	<u>7,509</u>

The accounts have been prepared under the Receipts and Payments basis.

These financial statements have been approved by the Trustees and signed on their behalf by:

Chair of Trustees:

Date: 31.03.21

Andrew Robertson

Signed:

Charity Number: 1168128

Veterans In Sefton

Unaudited Accounts

For The Year Ended 31st March 2021

**INDEPENDENT EXAMINERS REPORT
To Veterans In Sefton**

I report to the trustees on my examination of the accounts of Veterans In Sefton for the year ended 31st March 2021.

Responsibilities and Basis of Report

As the charities trustees of Veterans In Sefton accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

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I am a member of the AAT and I am bound by the code of ethics issued by FRC's Revised Ethical Standard 2016.

Accounts preparation services were provided by Sefton CVS, my employer, and I as examiner have applied the ethical standard to my work.

I have completed my examination. I confirm that no material matters have come to my attention in connection with examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of Bootle Tool Shed as required by section 130 of the Act; or
2. The accounts do not accord with those records

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Anthony Deegan MAAT, MICB, Pm.Dip
Finance Manager
Sefton Council for Voluntary Service
3rd Floor, Suite 3b, Burlington House, Crosby Road North,
Waterloo, Liverpool, L22 0LG

Signed:

Date:

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Sefton CVS	-	-	-	-
Shelter	-	-	-	6,574
NEA	-	-	-	750
Grantscape	-	-	-	7,000
Awards for All	-	-	-	-
Sefton MBC	-	-	-	-
Sefton MBC Housing Investment Scheme	25,000	-	25,000	15,000
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Insurance	1,463	-	1,463	1,627
Printing	-	-	-	-
Stationery & Office Supplies	-	-	-	1,689
Telephone	613	1,930	2,543	2,730
Clothing	-	113	113	931
Staff Expenses	-	-	-	-
Sundry Expenses	-	-	-	-
Training	-	-	-	145
Payroll	24,737	58,389	83,126	71,417
Payroll charges	702	-	702	654
Professional Services	-	-	-	150

Mini Bus	-	-	-	-
Rent	2,600	7,742	10,342	7,800
Motor Fuel	2,231	57	2,288	1,201
Motor Repairs	737	-	737	2,773
Motor road tax	165	-	165	165
Motor Insurance	1,192	-	1,192	1,190
Repairs	1,334	-	1,334	2,224
Membership Fees	390	-	390	-
Heating	-	-	-	-
Total Payments				
	54,438	70,103	124,541	111,784
Net Receipts For Period	-	11,568	50,848	39,280
				- 543
Net Cash Funds B/F	19,041	15,929	34,970	35,512
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	Total 2021 £	Total 2020 £
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	<u>73,549</u>	<u>34,269</u>
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Computer Equipment	6,686	6,686
	<u>7,509</u>	<u>7,509</u>

The accounts have been prepared under the Receipts and Payments basis.

These financial statements have been approved by the Trustees and signed on their behalf by:

Chair of Trustees:

Date: 31.03.21

Andrew Robertson

Signed: