

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023  
FOR  
SHAWMIND**

Duncan & Toplis Limited  
14 London Road  
Newark  
Nottinghamshire  
NG24 1TW

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FOR THE YEAR ENDED 31 DECEMBER 2023

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**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 DECEMBER 2023**

The trustees, two of which are also directors, for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

We exist to support all people in Sheffield, UK and the surrounding communities with mental health difficulties through early intervention information, training and non-clinical/therapeutic support. We are particularly passionate about working with children and young people as well as young employees in the workplace. No one should have to reach crisis point before getting help and by tackling anxiety, and the stigma associated with speaking out about one's mental health, we ultimately aim to save lives.

The key strands of our work have been:

- (a) Working with individuals, schools and organisations to develop preventative measures that head off serious mental health challenges where possible and that helps transform organisational culture to stop perpetuating mental health stigma.
- (b) Addressing stigma head-on through social media and event campaigns, and through education about what mental health is and is not.
- (c) Working with children, young people and educational organisations to support the development of emotional literacy & psychological resilience at an early age.
- (d) Continuing to influence policy development with respect to children's mental health.

**Public benefit**

Shawmind is a charity on a mission to improve mental health awareness. We are committed to educating individuals and organisations so they understand mental health & emotional wellbeing, and how to manage them effectively to lead successful, fulfilled lives.

By encouraging people to talk about their experiences and feelings, we work towards eradicating the crippling stigma associated with mental illness. We also help young people develop an emotional literacy that can continue throughout their education, employment, and personal lives.

We work closely with partner trainers and speakers to provide bespoke mental health packages - such as training programmes or wellbeing strategies - to businesses, schools, colleges, and universities. We know that one size will not fit all, so our innovative approach is tailor made to fit with the identified need.

Our overarching goal has been to support anyone who may be struggling with anxiety or related mental health challenges, both the sufferer and those who support them. To achieve this, the Charity has a number of powers which are listed in the constitution and summarised below:

1. to provide support and practical advice;
2. to raise money to pay for the charity's activities;
3. to make such payments as shall be necessary.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

The trustees also confirm that they have referred to the guidance contained in the Charity Commission's general guidance on conflicts of interest and manage any such potential conflicts by reviewing them at each board meeting.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 DECEMBER 2023**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

In 2017 our charity made history, becoming the first UK charity to raise the required number of signatures to force a parliamentary debate on children's mental health education. This debate took place later the same year and in July 2018 the government released guidance on proposals for implementing compulsory mental health education into all UK schools from September 2020. However, whilst we are incredibly proud of the part we played in influencing this policy decision, there are still gaps in the process of ensuring better mental health provision for children and young people. This is why our charity is committed to providing support and education to children and adults throughout the year to address this gap.

2020 was a challenging year in that we had to shut down our face-to-face engagements as a result of COVID-19 and find new and more innovative ways of still reaching and helping people. We did this by pivoting to online platforms with our Breathe Cafes, hosting weekly and monthly online sessions for people to connect with our trained volunteers, or to connect with each other around mental health. Much of this work continued in 2021 as the insecurity and anxiety caused by the pandemic kept people away from the office and away from large social engagements.

2022 saw us partnering with other organisations in an NHS Nottinghamshire Clinical Commissioning Group 3-year contract in which we provided mental health listening & signposting services to children and young people in the Nottinghamshire community. Although this project generated much-needed revenue for the charity, by the end of the year (the 1st year) the trustees were concerned by the lack of impact this project was having and questioned our participation in the project - ultimately they decided we would have more impact investing our resources and effort in other avenues through which to reach children and young people.

Through our Breathe Cafés, ManCave and Focus Zones, we directly helped 216 different people this year in 1-to-1 contexts with their mental health, whilst our mental health guides on our website were downloaded by 347 different people. We also built strong relationships with 10 schools and were actively working with 4 of them by December, delivering our Headucation programme, which includes training in mental health awareness, mental health first aid, resilience, and peer mentoring - covering over 3,000 school pupils. We trained 200 teachers in mental health awareness and mental health first aid during the year and provided 2,400 people in workplaces with mental health first aid and various other mental health awareness training during the year.

The trustees note that income and expenditure increased in the year to 31 December 2023 which resulted in a deficit of £56,856 (2022: deficit of £27,910) for the year.

The Statement of Financial Activities indicates Total Income Resources of £261,492 (2022: £247,751) and total Resources Expanded of £318,348 (2022: £275,661).

**FINANCIAL REVIEW**

**Reserves policy**

The majority of funds held by the Charity are held as unrestricted general funds. As at 31 December 2023 the reserves were negative £41,922 (2022: positive £14,934).

There is an amount of £11,458 in restricted grant funding which the charity has ringfenced and from which disbursements have and will be made according to the wishes of the grantors.

The charity has had the benefit of a draw down loan facility provided by a sister company to the charity, Shaw Callaghan Ltd. This facility showed funds owing to the charity at the end of 2023 £1,770 (2022: £NIL).

The reserves of the charity at 31st December 2023 were negative, but since that date the founding trustees injected additional funds into the charity and the trustees expect the level of reserves to be built back to the reserve policy level of three months of expenditure over the next couple of years as the charity grows in its new Sheffield base.

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 DECEMBER 2023**

**FUTURE PLANS**

At the start 2023, the charity's continued focus had been on piloting its Headucation project and getting this into as many schools as possible around its Nottinghamshire base. The Charity was also working on work based mental health across England.

Due to work undertaken by the Chairman, Adam Shaw in July 2023 the charity was presented with a significant opportunity in the form of appointment as official mental health charity partner to Sheffield Wednesday Football Club, as well as to the Sheffield Steelers ice hockey team, Sheffield Sharks Basketball team, Sheffield Hatters women's basketball team and the Sheffield Steeldogs ice hockey team. All teams have significant fanbases and as such provided the charity to be in a fortunate position to create and maximize excellent brand-building awareness. Sheffield is England's 4th largest city and the significant and proactive move to Sheffield represented a step-change for the charity compared with its previous base in Newark, Nottinghamshire. The benefits of the brand awareness were evident throughout 2024.

During 2023 with the proactive relocation to Sheffield, the first objective was indeed to build significant brand awareness, whilst at the same time understanding and investigating whether it could address the shortcomings in existing mental health service provisions and best apply its resources in order to ensure action and impact on children and young people's mental health in the city of Sheffield

As a result of the charity pivoting and relocating its entire operation to Sheffield under the guidance and leadership of its founder, funding patron and Chairman, Adam Shaw. The charity has also made a change in direction bringing on board of new Sheffield-based trustees whilst politely asking some other trustees to resign and step down with those individuals who had no connections to Sheffield and the local community. In doing so, the new trustees have also played significant roles in creating further brand awareness and providing local opportunities to the charity as well as creating awareness and support for other less well known mental health charities in the Sheffield area and surrounding communities. The charity has used its increased and significant brand awareness by adding an additional component and **focus** to its offering by now also **provide direct modest funding and grants to vital and critical projects for those mental health charities who are less well known, individuals suffering in silence and local families in desperate need across Sheffield and the local community.**

The charity's Mission and Duty of Service is still very much to enhance Mental Health prosperity with the Charity continuing to focus on Sheffield's children & young people, so that there are no more broken dreams.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, memorandum and articles originally drawn up in 2015 and amended and approved on 22 June 2016, and constitutes an incorporated charity.

**Recruitment and appointment of new trustees**

The trustees are those who make up the Committee.

Appointment of trustees is governed by the Articles of Association as follows: -

There will be a minimum number of 4 trustees and a maximum number of 8, consisting of:

- (a) a Chair
- (b) a Treasurer
- (c) 2 other trustees

The trustee in (a) and (b) above shall be elected for 2 years at the AGM. Retiring trustees are eligible for re-election. Co-opted members in (c) above may join at any regular board meeting.

Not less than two weeks before the date of the next AGM each trustee shall be required to indicate in writing their willingness to act as a member of the board if elected.

At the AGM the prospective new elected members of the board will be those candidates receiving the highest number of votes from the trustees.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. They review risks to the charity on a quarterly basis to then determine collectively how best to address each risk.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

09921207 (England and Wales)

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 DECEMBER 2023**

**Registered Charity number**  
1167947

**Registered office**  
Unit 1  
Waterside Court  
3 Bold Street  
Sheffield  
S9 2LR

**Trustees**

A P Shaw		Director and Chairman
J E Espey OBE	Resigned 26th June 2024	Director and President
L Callaghan	Resigned 14 July 2023	
C Woolston	Resigned 30 June 2023	
S Marshall	Resigned 24 July 2023	
J Nicholds	Resigned 31 July 2023	
A Mackenzie	Resigned 25 October 2023	Treasurer
D Ronchetti	Appointed 16 June 2024	
P Debono	Appointed 10 June 2024	

**Directors**

A P Shaw	
J E Espey OBE	Resigned 26th June 2024
C Winks	Appointed 13 November 2023

**Independent Examiner**

Duncan & Toplis Limited  
14 London Road  
Newark  
Nottinghamshire  
NG24 1TW

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 17 January 2025 and signed on its behalf by:

A P Shaw - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
SHAWMIND**

**Independent examiner's report to the trustees of Shawmind ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2023.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Shaw FCCA

Duncan & Toplis Limited  
14 London Road  
Newark  
Nottinghamshire  
NG24 1TW

20 January 2025

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
<b>Charitable activities</b>					
General		261,492	-	261,492	247,751
<b>EXPENDITURE ON</b>					
Raising funds		83,366	-	83,366	97,007
<b>Charitable activities</b>					
General		234,982	-	234,982	178,654
<b>Total</b>		318,348	-	318,348	275,661
<b>NET INCOME/(EXPENDITURE)</b>					
		(56,856)	-	(56,856)	(27,910)
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		3,476	11,458	14,934	42,844
<b>TOTAL FUNDS CARRIED FORWARD</b>		(53,380)	11,458	(41,922)	14,934



**BALANCE SHEET**  
**31 DECEMBER 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	-	-	-	1,071
<b>CURRENT ASSETS</b>					
Debtors	8	6,476	-	6,476	10,942
Cash at bank		8,926	11,458	20,384	60,510
		<u>15,402</u>	<u>11,458</u>	<u>26,860</u>	<u>71,452</u>
<b>CREDITORS</b>					
Amounts falling due within one year	9	(38,109)	-	(38,109)	(27,691)
		<u>(22,707)</u>	<u>11,458</u>	<u>(11,249)</u>	<u>43,761</u>
<b>NET CURRENT ASSETS/(LIABILITIES)</b>					
		(22,707)	11,458	(11,249)	44,832
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		(22,707)	11,458	(11,249)	44,832
<b>CREDITORS</b>					
Amounts falling due after more than one year	10	(30,673)	-	(30,673)	(29,898)
		<u>(53,380)</u>	<u>11,458</u>	<u>(41,922)</u>	<u>14,934</u>
<b>NET ASSETS</b>					
		(53,380)	11,458	(41,922)	14,934
<b>FUNDS</b>	13				
Unrestricted funds				(53,380)	3,476
Restricted funds				11,458	11,458
<b>TOTAL FUNDS</b>				<u>(41,922)</u>	<u>14,934</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17 January 2025 and were signed on its behalf by:

A P Shaw - Trustee

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 DECEMBER 2023**

**1. GENERAL INFORMATION**

Shawmind is a private Charitable Company Limited by Guarantee registered in England and Wales. The charity's registered number is 1167947 and the Company registration number is 09921207. The registered office and principal address of the charity is Unit 1 Waterside Court, 3 Bold Street, Sheffield, South Yorkshire, S9 2LR.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

The financial statements cover the individual entity.

The entity constitutes a public benefit entity as defined by FRS 102.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

**Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

**2. ACCOUNTING POLICIES - continued**

**Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe it is appropriate and that no material uncertainties exist. The trustees recognise that the charity has negative reserves at the year end, however, as noted in the trustees' report, since the year end, the founding trustees have injected additional funds into the charity and the trustees expect the level of reserves to be built back to the reserve policy level of three months of expenditure over the next couple of years.

Therefore the trustees are satisfied there are no material uncertainties relating to going concern.

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	1,893	234
	<u>          </u>	<u>          </u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

**Trustees' expenses**

There were no reimbursed expenses paid to the trustees during the year ended 31 December 2023 or the year ended 31 December 2022.

**5. STAFF COSTS**

	2023	2022
	£	£
Wages and salaries	188,107	190,650
Social security costs	14,674	14,348
Other pension costs	3,672	2,784
	<u>          </u>	<u>          </u>
	<u>206,453</u>	<u>207,782</u>

The total employment benefits of the key management personnel of the charity, including employers NI and pension contributions, were £103,416 (2022- £85,904).

Included within the employment benefits for key management figure above is £18,000 (2022: £NIL) in respect of living costs, included within rent costs on the detailed SoFA. These have been funded by the donations from founding trustees disclosed in Note 14.

The average monthly number of employees during the year was as follows:

	2023	2022
Employees	4	5
	<u>          </u>	<u>          </u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£70,001 - £80,000	-	1
£90,001 - £100,000	1	-
	<u>          </u>	<u>          </u>
	<u>1</u>	<u>1</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

**6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
General	237,551	10,200	247,751
<b>EXPENDITURE ON</b>			
Raising funds	94,812	2,195	97,007
<b>Charitable activities</b>			
General	177,465	1,189	178,654
<b>Total</b>	272,277	3,384	275,661
<b>NET INCOME/(EXPENDITURE)</b>	(34,726)	6,816	(27,910)
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	38,202	4,642	42,844
<b>TOTAL FUNDS CARRIED FORWARD</b>	3,476	11,458	14,934

**7. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 January 2023	1,625
Additions	822
Disposals	(2,447)
At 31 December 2023	-
<b>DEPRECIATION</b>	
At 1 January 2023	554
Charge for year	1,893
Eliminated on disposal	(2,447)
At 31 December 2023	-
<b>NET BOOK VALUE</b>	
At 31 December 2023	-
At 31 December 2022	1,071

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

**8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Trade debtors	416	7,735
Other debtors	1,770	-
Prepayments and accrued income	4,290	3,207
	<u>6,476</u>	<u>10,942</u>

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Bank loans and overdrafts (see note 11)	118	9,775
Trade creditors	13,886	889
Social security and other taxes	19,353	12,586
Other creditors	672	841
Accrued expenses	4,080	3,600
	<u>38,109</u>	<u>27,691</u>

**10. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR**

	2023	2022
	£	£
Bank loans (see note 11)	<u>30,673</u>	<u>29,898</u>

**11. LOANS**

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank loans	<u>118</u>	<u>9,775</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>10,003</u>	<u>10,022</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>20,670</u>	<u>19,876</u>

**12. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2023	2022
	£	£
Within one year	36,000	-
Between one and five years	6,000	-
	<u>42,000</u>	<u>-</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

**13. MOVEMENT IN FUNDS**

	At 1.1.23 £	Net movement in funds £	At 31.12.23 £
<b>Unrestricted funds</b>			
General fund	3,476	(56,856)	(53,380)
<b>Restricted funds</b>			
Restricted fund	11,458	-	11,458
<b>TOTAL FUNDS</b>	<u>14,934</u>	<u>(56,856)</u>	<u>(41,922)</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	261,492	(318,348)	(56,856)
<b>TOTAL FUNDS</b>	<u>261,492</u>	<u>(318,348)</u>	<u>(56,856)</u>

**Comparatives for movement in funds**

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
<b>Unrestricted funds</b>			
General fund	38,202	(34,726)	3,476
<b>Restricted funds</b>			
Restricted fund	4,642	6,816	11,458
<b>TOTAL FUNDS</b>	<u>42,844</u>	<u>(27,910)</u>	<u>14,934</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	237,551	(272,277)	(34,726)
<b>Restricted funds</b>			
Restricted fund	10,200	(3,384)	6,816
<b>TOTAL FUNDS</b>	<u>247,751</u>	<u>(275,661)</u>	<u>(27,910)</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**FOR THE YEAR ENDED 31 DECEMBER 2023**

**14. RELATED PARTY DISCLOSURES**

During the year, the charity received donations totalling £122,253 (2022: £145,000) from trustees. These were received without condition.

At the year end, the charity was owed £1,770 (2022: £NIL) by Shaw Callaghan Ltd, a company of whom a trustee is also director..

During the year, the charity bought services to the value of £1,768 (2022: £350) from a company in which J Nicholds is also a Director. These services related to training courses provided by the company.

During the year, £NIL was paid to S Marshall in the form of a gift (2022: £324).

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 DECEMBER 2023**

	2023 £	2022 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Charitable activities</b>		
Donation - personal	185,667	166,380
Trading receipts	46,126	38,251
Fundraising events	8,413	19,094
Grants	21,286	24,026
	<hr/>	<hr/>
	261,492	247,751
<b>Total incoming resources</b>	<hr/>	<hr/>
	261,492	247,751
<b>EXPENDITURE</b>		
<b>Raising donations and legacies</b>		
Wages	69,282	87,571
Social security	5,479	6,410
Pensions	1,344	1,204
Fundraising event	3,000	829
Event costs	60	966
Fundraiser expenses	(2,145)	-
Marketing support	5,768	-
	<hr/>	<hr/>
	82,788	96,980
<b>Other trading activities</b>		
PAYE late payment interest	578	27
<b>Charitable activities</b>		
Wages	118,825	103,079
Social security	9,195	7,938
Pensions	2,328	1,580
Insurance	1,113	1,287
Telephone	371	644
Postage and stationery	190	55
Advertising	34,923	12,399
Sundries	2,205	574
Marketing	1,687	-
Software	208	41
Subscriptions	10,836	10,019
Travel and insurance	5,364	6,526
Website and promotions	-	13,164
Independent Examiners' remuneration	4,320	3,600
Subcontract costs	11,161	-
Staff training and welfare	1,051	5,345
Depreciation	1,893	234
Legal & professional fees	2,310	688
Headucation	2,045	1,165
Grant writer	-	3,500
Donations	-	5,339
Bookkeeping fees	1,816	-
	<hr/>	<hr/>
	211,841	177,177



**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 DECEMBER 2023**

	2023	2022
	£	£
<b>Support costs</b>		
<b>Finance</b>		
Rent	20,990	-
Light and heat	885	-
Bank charges	387	368
Bank loan interest	879	1,109
	<u>23,141</u>	<u>1,477</u>
Total resources expended	<u>318,348</u>	<u>275,661</u>
<b>Net expenditure</b>	<u>(56,856)</u>	<u>(27,910)</u>