

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022
FOR
SHAWMIND**

Duncan & Toplis Holdings Limited
14 London Road
Newark
Nottinghamshire
NG24 1TW

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FOR THE YEAR ENDED 31 DECEMBER 2022**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022**

The trustees, two of which are also directors of the charity, for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Objectives and aims

We exist to support all people with mental health difficulties through early intervention information, training and non-clinical/therapeutic support. We are particularly passionate about working with children and young people as well as employees in the workplace. No one should have to reach crisis point before getting help and by tackling anxiety, and the stigma associated with speaking out about one's mental health, we ultimately aim to save lives.

The key strands of our work are:

- (a) Working with individuals and/or organisations to develop preventative measures that head off serious mental health challenges where possible and that helps transform organisational culture to stop perpetuating mental health stigma.
- (b) Addressing stigma head-on through social media and event campaigns, and through education about what mental health is and is not.
- (c) Working with children, young people and educational organisations to support the development of emotional literacy & psychological resilience at an early age.
- (d) Continuing to influence policy development with respect to children's mental health.

Public benefit

Shawmind is a charity on a mission to improve mental health awareness. We are committed to educating individuals and organisations so they understand mental health & emotional wellbeing, and how to manage them effectively to lead successful, fulfilled lives.

By encouraging people to talk about their experiences and feelings, we work towards eradicating the crippling stigma associated with mental illness. We also help young people develop an emotional literacy that can continue throughout their education, employment, and personal lives.

We work closely with partner trainers and speakers to provide bespoke mental health packages - such as training programmes or wellbeing strategies - to businesses, schools, colleges, and universities. We know that one size will not fit all, so our innovative approach is tailor made to fit with the identified need.

Our overarching goal has been to support anyone who may be struggling with anxiety or related mental health challenges, both the sufferer and those who support them. To achieve this, the Charity has a number of powers which are listed in the constitution and summarised below:

1. to provide support and practical advice;
2. to raise money to pay for the charity's activities;
3. to make such payments as shall be necessary.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

The trustees also confirm that they have referred to the guidance contained in the Charity Commission's general guidance on conflicts of interest and manage any such potential conflicts by reviewing them at each board meeting.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In 2017 our charity made history, becoming the first UK charity to raise the required number of signatures to force a parliamentary debate on children's mental health education. This debate took place later the same year and in July 2018 the government released guidance on proposals for implementing compulsory mental health education into all UK schools from September 2020. However, whilst we are incredibly proud of the part we played in influencing this policy decision, there are still gaps in the process of ensuring better mental health provision for children and young people. This is why our charity is committed to providing support and education to children and adults throughout the year to address this gap.

2020 was a challenging year in that we had to shut down our face-to-face engagements as a result of COVID-19 and find new and more innovative ways of still reaching and helping people. We did this by pivoting to online platforms with our Breathe Cafes, hosting weekly and monthly online sessions for people to connect with our trained volunteers, or to connect with each other around mental health. Much of this work continued in 2021 as the insecurity and anxiety caused by the pandemic kept people away from the office and away from large social engagements.

2022 saw us partnering with other organisations in an NHS Nottinghamshire Clinical Commissioning Group 3-year contract in which we provided mental health listening & signposting services to children and young people in the Nottinghamshire community. Although this project generated much-needed revenue for the charity, by the end of the year (the 1st year) the trustees were concerned by the lack of impact this project was having and questioned our participation in the project - ultimately they decided we would have more impact investing our resources and effort in other avenues through which to reach children and young people.

Through our Breathe Cafés, ManCave and Focus Zones, we directly helped 216 different people this year in 1-to-1 contexts with their mental health, whilst our mental health guides on our website were downloaded by 347 different people. We also built strong relationships with 10 schools and were actively working with 4 of them by December, delivering our Headucation programme, which includes training in mental health awareness, mental health first aid, resilience, and peer mentoring - covering over 3,000 school pupils. We trained 200 teachers in mental health awareness and mental health first aid during the year and provided 2,400 people in workplaces with mental health first aid and various other mental health awareness training during the year.

The trustees note that income and expenditure decreased in the year to 31 December 2022 which resulted in a deficit of £27,910 (2021: surplus of £73,495) for the year.

The Statement of Financial Activities indicates Total Income Resources of £247,751 (2021 - £230,120) and total Resources Expanded of £275,661 (2021 - £156,625).

FINANCIAL REVIEW

Reserves policy

The majority of funds held by the Charity are held as unrestricted general funds. As at 31 December 2022 the reserves were £14,934 (2021: £42,844) in line with the Charity's reserves policy.

There is an amount of £11,458 in restricted grant funding which the charity has ringfenced and from which disbursements have and will be made according to the wishes of the grantors.

The charity has had the benefit of a draw down loan facility provided by a sister company to the charity, Shaw Callaghan Ltd. This facility showed funds owing to the charity at the end of 2022 £0 (2021: £63,098).

The reserves of the charity at (year end) were below the desired level of three months of expenditure, but since that date the founding trustees injected additional funds into the charity and the trustees expect the level of reserves to be built back to the reserve policy over the next couple of years as the charity grows in its new Sheffield base.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022**

FUTURE PLANS

At the start of 2022 and into 2023, the charity's continued focus had been on piloting its Headucation project and getting this into as many schools as possible around its Nottinghamshire base. The Charity was also working on work based mental health across England. The Charity seeks to make the maximum impact it can with the resources available to it and due to work undertaken by the Chairman in July 2023 the charity has been presented with a significant opportunity in the form of appointment as official mental health charity partner to Sheffield Wednesday Football Club, as well as to the Sheffield Steelers ice hockey team. Both teams have significant fanbases and media coverage which should result in fundraising and excellent brand-building opportunities. Sheffield is England's 4th largest city and this move represents a step-change for the charity compared with its previous base in Newark, Nottinghamshire. The benefits of this change we expect to start to show in 2024.

As a result, the charity has pivoted and relocated its entire operation to Sheffield under the guidance and leadership of its founder, funding patron and Chairman, Adam Shaw. To help support this change in direction and allow the charity to bring on board new, Sheffield-based trustees who can help to open local opportunities to the charity, some trustees have stepped down.

The charity's Mission and Duty of Service is to enhance Mental Health prosperity, the Charity will initially focus on Sheffield's children & young people, so that there are no more broken dreams. Its first objective is to build significant brand awareness over the next 12 months, whilst at the same time investigating it can address the shortcomings in existing mental health service provision and best apply its resources in order to ensure action and impact on children and young people's mental health in the city of Sheffield.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, memorandum and articles originally drawn up in 2015 and amended and approved on 22 June 2016, and constitutes an incorporated charity.

Recruitment and appointment of new trustees

The trustees are those who make up the Committee.

Appointment of trustees is governed by the constitution as follows:-

There will be a minimum number of 4 trustees and a maximum number of 8, consisting of:

- (a) a Chair and a Treasurer
- (b) not less than 1 not more than 6 other elected trustees; and
- (c) optionally a further 1 trustee can be co-opted at any time after the AGM (Annual General Meeting).

The trustee in (a) and (b) above shall be elected for 2 years at the AGM. Retiring trustees are eligible for re-election. Co-opted members in (c) above may join at any time on the invitation of the Committee but shall retire at the next AGM. No co-opted member shall serve for more than 6 consecutive years.

Not less than two weeks before the date of the next AGM each Member shall be sent a form which any Member wishing to stand as a candidate for election to the Committee must complete and return to Secretary to indicate their willingness to act as a member of the Committee if elected.

At the AGM the prospective new elected members of the Committee will be those candidates receiving the highest number of votes from the Members. At the first Committee meeting following the AGM at which the newly elected members of the Committee are elected they shall choose from amongst their number the members who will act as Chair, Treasurer and Secretary.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The trustees have appointed one of their number as head of a sub-committee which reviews risks to the charity on a quarterly basis and reports to the board in the form of a risk register. Trustees then determine collectively how best to address each risk.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09921207 (England and Wales)

Registered Charity number

1167947

Registered office

77-79 Farringdon Road
London
EC1M 3JU

SHAWMIND

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

Trustees

A P Shaw

J E Espey OBE

Director and Chairman

Director and President

V Collins

Resigned 17 August 2022

L Callaghan

Resigned 14 July 2023

C Woolston

Resigned 30 June 2023

S Marshall

Resigned 24 July 2023

J Nicholds

Resigned 31 July 2023

A Mackenzie

Treasurer

Independent Examiner

Duncan & Toplis Holdings Limited

14 London Road

Newark

Nottinghamshire

NG24 1TW

Approved by order of the board of trustees on 25 September 2023 and signed on its behalf by:

A P Shaw - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF SHAWMIND

Independent examiner's report to the trustees of Shawmind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Simon Shaw

Duncan & Toplis Holdings Limited
14 London Road
Newark
Nottinghamshire
NG24 1TW

26 September 2023

SHAWMIND

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Charitable activities					
General		237,551	10,200	247,751	230,120
EXPENDITURE ON					
Raising funds		94,812	2,195	97,007	57,606
Charitable activities					
General		177,465	1,189	178,654	99,019
Total		<u>272,277</u>	<u>3,384</u>	<u>275,661</u>	<u>156,625</u>
NET INCOME/(EXPENDITURE)		(34,726)	6,816	(27,910)	73,495
RECONCILIATION OF FUNDS					
Total funds brought forward		38,202	4,642	42,844	(30,651)
TOTAL FUNDS CARRIED FORWARD		<u><u>3,476</u></u>	<u><u>11,458</u></u>	<u><u>14,934</u></u>	<u><u>42,844</u></u>

The notes form part of these financial statements

SHAWMIND
**BALANCE SHEET
31 DECEMBER 2022**

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	6	1,071	-	1,071	-
CURRENT ASSETS					
Debtors	7	10,942	-	10,942	65,565
Cash at bank		49,052	11,458	60,510	33,309
		<u>59,994</u>	<u>11,458</u>	<u>71,452</u>	<u>98,874</u>
CREDITORS					
Amounts falling due within one year	8	(27,691)	-	(27,691)	(16,354)
		<u>32,303</u>	<u>11,458</u>	<u>43,761</u>	<u>82,520</u>
NET CURRENT ASSETS					
		<u>32,303</u>	<u>11,458</u>	<u>43,761</u>	<u>82,520</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>33,374</u>	<u>11,458</u>	<u>44,832</u>	<u>82,520</u>
CREDITORS					
Amounts falling due after more than one year	9	(29,898)	-	(29,898)	(39,676)
		<u>3,476</u>	<u>11,458</u>	<u>14,934</u>	<u>42,844</u>
NET ASSETS		<u>3,476</u>	<u>11,458</u>	<u>14,934</u>	<u>42,844</u>
FUNDS	11				
Unrestricted funds				3,476	38,202
Restricted funds				<u>11,458</u>	<u>4,642</u>
TOTAL FUNDS				<u>14,934</u>	<u>42,844</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 September 2023 and were signed on its behalf by:

A P Shaw - Trustee

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Computer equipment - 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe it is appropriate and that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements.

2. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022	2021
	£	£
Depreciation - owned assets	234	86
	<u>234</u>	<u>86</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

3. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no reimbursed expenses paid to the trustees during the year ended 31 December 2022 and £0 paid for the year ended 31 December 2021.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Employees	<u>5</u>	<u>3</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022	2021
£70,001 - £80,000	<u>1</u>	<u>-</u>

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Charitable activities			
General	<u>217,370</u>	<u>12,750</u>	<u>230,120</u>
EXPENDITURE ON			
Raising funds	56,997	609	57,606
Charitable activities			
General	<u>85,656</u>	<u>13,363</u>	<u>99,019</u>
Total	<u>142,653</u>	<u>13,972</u>	<u>156,625</u>
NET INCOME/(EXPENDITURE)	74,717	(1,222)	73,495
RECONCILIATION OF FUNDS			
Total funds brought forward	(36,515)	5,864	(30,651)
TOTAL FUNDS CARRIED FORWARD	<u>38,202</u>	<u>4,642</u>	<u>42,844</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

6. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 January 2022	320
Additions	1,305
	<hr/>
At 31 December 2022	1,625
	<hr/>
DEPRECIATION	
At 1 January 2022	320
Charge for year	234
	<hr/>
At 31 December 2022	554
	<hr/>
NET BOOK VALUE	
At 31 December 2022	1,071
	<hr/>
At 31 December 2021	-
	<hr/>

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade debtors	7,735	2,020
Other debtors	-	63,098
Prepayments and accrued income	3,207	447
	<hr/>	<hr/>
	10,942	65,565
	<hr/>	<hr/>

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Bank loans and overdrafts (see note 10)	9,775	9,537
Trade creditors	889	248
Social security and other taxes	12,586	2,191
Other creditors	841	1,078
Accrued expenses	3,600	3,300
	<hr/>	<hr/>
	27,691	16,354
	<hr/>	<hr/>

9. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2022	2021
	£	£
Bank loans (see note 10)	29,898	39,676
	<hr/>	<hr/>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

10. LOANS

An analysis of the maturity of loans is given below:

	2022 £	2021 £
Amounts falling due within one year on demand:		
Bank loans	<u>9,775</u>	<u>9,537</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>10,022</u>	<u>9,778</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>19,876</u>	<u>29,898</u>

11. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	38,202	(34,726)	3,476
Restricted funds			
Restricted fund	4,642	6,816	11,458
TOTAL FUNDS	<u>42,844</u>	<u>(27,910)</u>	<u>14,934</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	237,551	(272,277)	(34,726)
Restricted funds			
Restricted fund	10,200	(3,384)	6,816
TOTAL FUNDS	<u>247,751</u>	<u>(275,661)</u>	<u>(27,910)</u>

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	(36,515)	74,717	38,202
Restricted funds			
Restricted fund	5,864	(1,222)	4,642
TOTAL FUNDS	<u>(30,651)</u>	<u>73,495</u>	<u>42,844</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

11. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	217,370	(142,653)	74,717
Restricted funds			
Restricted fund	12,750	(13,972)	(1,222)
TOTAL FUNDS	<u>230,120</u>	<u>(156,625)</u>	<u>73,495</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	(36,515)	39,991	3,476
Restricted funds			
Restricted fund	5,864	5,594	11,458
TOTAL FUNDS	<u>(30,651)</u>	<u>45,585</u>	<u>14,934</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	454,921	(414,930)	39,991
Restricted funds			
Restricted fund	22,950	(17,356)	5,594
TOTAL FUNDS	<u>477,871</u>	<u>(432,286)</u>	<u>45,585</u>

12. RELATED PARTY DISCLOSURES

During the year, the charity bought services to the value of Nil (2021: £67,882) from a company in which A Shaw is also a Director. These services related to a recharge of salaries from Shaw Callaghan Ltd who operated a payroll system on the charity's behalf.

Amounts that were owed to the charity by the company at the year end was Nil (2021: £63,097.93).

During the year, the charity bought services to the value of £350 (2021: Nil) from a company in which J Nicholds is also a Director. These services related to training courses provided by the company.

During the year, the charity also bought services to the value of Nil (2021: £6,264.83) from a company in which I J Wallace is a director.

During the year, £324 was paid to S Marshall in the form of a gift (2021: £Nil).

SHAWMIND**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Charitable activities		
Donation - personal	166,380	154,319
Trading receipts	38,251	-
Donations - corporate	-	13,922
Fundraising events	19,094	7,697
Grants	24,026	27,869
Training provision	-	25,015
Other income	-	1,298
	<hr/>	<hr/>
	247,751	230,120
Total incoming resources	<hr/>	<hr/>
	247,751	230,120
EXPENDITURE		
Raising donations and legacies		
Wages	87,571	48,800
Social security	6,410	6,465
Pensions	1,204	1,335
Fundraising event	829	200
Event costs	966	-
Service provision	-	806
	<hr/>	<hr/>
	96,980	57,606
Other trading activities		
Bank interest	27	-
Charitable activities		
Wages	103,079	39,659
Social security	7,938	3,128
Pensions	1,580	550
Insurance	1,287	552
Telephone	644	381
Postage and stationery	55	102
Advertising	12,399	9,422
Sundries	574	981
Consultancy fees	-	240
Software	41	367
Subscriptions	10,019	5,607
Travel and insurance	6,526	2,287
Website and promotions	13,164	12,057
Accountancy	3,600	7,134
Fundraiser expenses	-	3,564
Public speakers and trainers	-	9,686
Staff training and welfare	5,345	1,574
Depreciation	234	86
Legal & professional fees	688	-
Headucation	1,165	-
Grant writer	3,500	-
Donations	5,339	-
	<hr/>	<hr/>
	177,177	97,377

This page does not form part of the statutory financial statements

SHAWMIND**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022**

	2022 £	2021 £
Support costs		
Management		
Entertaining	-	387
Finance		
Bank charges	368	35
Bank loan interest	1,109	1,220
	<u>1,477</u>	<u>1,255</u>
Total resources expended	<u>275,661</u>	<u>156,625</u>
Net (expenditure)/income	<u>(27,910)</u>	<u>73,495</u>