

Charity registration number 1167912

**ARTS THERAPIES FOR CHILDREN
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2023**

ARTS THERAPIES FOR CHILDREN

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr. S Fhima MBE Mr. J A Gilmour Mr. O Tiroche Dr A. D. Hirschowitz BDS Mr. A Hersh
Charity number	1167912
Principal address	23 Ravenshurst Avenue Hendon London NW4 4EE
Independent examiner	Anthony Epstein FCA Paragon Partners Limited Churchill House 137 - 139 Brent Street London NW4 4DJ

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ARTS THERAPIES FOR CHILDREN

TRUSTEES REPORT

FOR THE YEAR ENDED 30 JUNE 2023

The trustees present their report and accounts for the year ended 30 June 2023.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The charity was set up for the benefit of the public to promote and protect the good health and wellbeing of children aged 5-18 experiencing learning, behavioural, emotional and other difficulties through the provision of arts therapies in a supportive environment as an addition to their daily school experience.

All our charitable activities focus on these objectives as detailed above and are undertaken to further our charitable purposes for the public benefit. The Trustees confirm that they have referred to the Charity Commission's general guidance on the public benefit.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

In furtherance of the objectives mentioned above, the Trustees have gratefully received donations and grants, as detailed in the attached statement of financial activities. Arts Therapies for Children was established in 2016 to address a crucial gap in providing therapy to vulnerable children. Therapy, in general, comes with significant costs, making it challenging for many schools to incorporate it within their general budget. With constant cuts and financial constraints in school funding, children in need of intervention are often left without proper support.

To bridge this gap, the dedicated efforts of our Trustees, led by our new CEO Natasha Ainley and our founder Tim Anders, both qualified art therapists, have been unwavering. They have tirelessly worked to raise substantial funds, covering 40% of each child's therapy cost, with parents and schools contributing the remaining balance. As a result, we have successfully established our presence in 32 primary schools, providing therapy to over 170 children each week.

We take great pride in these figures, which reflect the positive impact our organization is making on the lives of vulnerable children. By providing essential therapy services, we are striving to alleviate their challenges and promote their well-being.

Reserves policy

The prudent allocation of reserves is a cornerstone of our financial strategy, providing both stability and the means for advancing our primary mission. To ensure financial security and the continuous development of our principal activities, we have resolved to maintain reserves at a level equivalent to at least 25% of our yearly running costs.

Our designated reserves will be utilised primarily to cater to "emergency cases" – additional children who are referred to ATFC outside the regular intake periods. These cases are identified by the school SENCO mid-term, and we are committed to supporting these vulnerable children promptly and effectively.

Twice a year, our Board undertakes a thorough review of the required reserves to ensure they remain sufficient to meet our ongoing commitments. As we reflect on the year ending June 2023, our total expenses amounted to £320,473. Accordingly, we have established the target of maintaining reserves amounting to £78,642 which corresponds to 3 months of the total expenses.

By adhering to this reserve policy, we are confident in our ability to navigate unforeseen challenges and maintain a strong foundation for our organization's growth and impact. It underscores our dedication to fiscal responsibility and our commitment to the children we serve.

ARTS THERAPIES FOR CHILDREN

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

Financial review

In accordance with the charity constitution, the charity can make investments which the Trustees see fit subject to any condition imposed or required by law.

Grants, including grants for purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The Trustees meet at several times during the year, to consider various ways of advancing the principal activities of the charity.

The statutory power of appointing new Trustees is vested in the continuing Trustees. All new Trustees, when appointed, will be given appropriate training to enable proper fulfilment of their duty.

Our methodology

At ATFC, our methodology revolves around a collaborative and personalized approach to provide therapeutic support to children facing significant emotional and/or behavioural challenges within their specific schools. Spearheading this process is our experienced Art therapist and CEO, Natasha Ainley. She closely collaborates with School SENCOs (Special Needs Coordinators) to identify and address the urgent needs of these children.

Once identified, Natasha allocates a dedicated therapist to each school to work directly with the children in need of therapeutic assistance. Her role also involves supporting the school in establishing a productive working partnership. This includes ensuring the availability of an appropriate room designated for therapy and organising essential aspects, such as:

- Verification of all relevant paperwork of the therapist, including qualifications, DBS checks, and references.
- Provision of storage space for confidential materials.
- Access to necessary art equipment. Information on safeguarding contacts at ATFC.
- Details of the therapist's supervisor for continuous professional support.
- Ensuring that the child's therapy sessions are scheduled at a time that does not impact their educational development.
- Completion of contractual agreements between ATFC and the school.

Our ultimate objective is to provide robust emotional support to children during challenging periods in their lives. We achieve this by working collaboratively with the child, their teacher, and parents. By addressing their emotional and behavioural difficulties holistically, we aim to empower them to navigate through these challenges and lead healthier, happier lives.

At ATFC, we believe in the power of therapeutic intervention and its positive impact on the well-being of children. Through our dedicated efforts and collaborative approach, we strive to make a meaningful difference in the lives of the children we serve.

Funding

As with most not-for-profits, our greatest day-to-day concern is maintaining and building the funding base to support our current clients and future beneficiaries. A significant percentage of clients remain with ATFC and are supported over a number of years and we need to make sure we have the means in place to support them throughout their journey as well as the ever increasing number of new referrals.

Most of our funding comes from grants and donations, and we are aware that we need to work carefully to ensure this stream of income is safeguarded and other possible funding is cultivated. Our investment in monitoring and evaluation is part of this, where we can quantitatively demonstrate our successes and the value of our work to present and future donors

ARTS THERAPIES FOR CHILDREN

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

How performance and success are measured:

ATFC have used various monitoring and evaluation systems to enable us to measure, analyse and report our successes and progress. However due to the age of our beneficiaries we have found that many of the children have struggled to complete the forms at the beginning of therapy, as they are too shy or anxious about filling out a form.

After many trials we have decided that our best option is for each child and their parents to complete a brief online anonymous questionnaire at the end of therapy, which they can do from the privacy of their own homes. Whilst this system is measurable, we are aware that it is not objectively comparable to other services. However, this system can measure the child's progress made across many areas such as improved self-esteem, anxiety, and depression levels and interpersonal relationships.

However, in parallel to the evaluation methodologies put in place, we have not lost sight of the fact that ATFC is, at its heart, about the individual. Success will always be dependent on, and measured in the context of, the unique circumstances with which a child comes to ATFC.

A constant stream of solicited and unsolicited feedback from the children's families, teachers, headteachers involved in the childcare provide insight into the individual journeys and progress children make and the impact it has on all those around them.

Our success as an organisation, is demonstrated by the high level of referrals we receive despite keeping an intentionally low profile to maintain the confidentiality and discretion of the children and their families. We have met ambitious targets to expand to try to meet the need in the community, though we still have a waiting list for our services.

Plans for future periods

The trustees plan to continue to help children in the Jewish Community by both continuing their current care plans and projects, whilst seeking to increase funding to support additional children in accordance with the charity's objectives.

Structure, governance and management

The charity was established by a charitable trust deed on 28 June 2016.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr. S Fhima MBE

Mr. J A Gilmour

Mr. O Tiroche

Dr A. D. Hirschowitz BDS

Mr. A Hersh

Appointment of the trustees is governed by the Trust Deed of the charity.

The Trust Deed authorises the trustees to make and hold investments using the general funds of the charity, but no such investments are presently held.

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TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

Background of main trustees:

- **Shimon Fhima MBE**

Shimon Fhima MBE grew up in Broughton Park, Salford. After four years in Talmudic college, he completed an LLB. He is now a senior civil servant in the Ministry of Defence having previously held posts in the Home Office, Treasury and HMRC. In his spare time, he is a volunteer first responder for the Hatzola Ambulance Service. He lives in Edgware with his wife and five children.

- **Omer Tiroche**

Omer works as an art dealer and runs his gallery in London, so is well placed to understand the role that art can serve for people and society. He has been involved with the British Friends of the Art Museums of Israel and various other charities, placing him in a great position to help propel the charity.

- **Jonathan Gilmour**

This year, we welcomed Jonathan Gilmour as a trustee. Jonathan is a Partner at City law firm Travers Smith, where he heads its Derivatives & Structured Products practice and regularly advises trustees on their legal and fiduciary duties. Jonathan is also trustee of two other charities, both in the field of education, and serves as a Parent Governor of his children's primary school.

The trustees report was approved by the Board of Trustees.



Mr. S Fhima MBE
Trustee

22 August 2023

ARTS THERAPIES FOR CHILDREN

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ARTS THERAPIES FOR CHILDREN

I report to the trustees on my examination of the financial statements of Arts Therapies For Children (the charity) for the year ended 30 June 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Anthony Epstein FCA

Paragon Partners Limited
Churchill House
137 - 139 Brent Street
London
NW4 4DJ

Dated: 23 August 2023

ARTS THERAPIES FOR CHILDREN

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 30 JUNE 2023

	Notes	Unrestricted funds 2023 £	Unrestricted funds 2022 £
<u>Income and endowments from:</u>			
Donations and legacies	3	402,421	206,085
Other income	4	454	18
Total income		402,875	206,103
<u>Expenditure on:</u>			
Charitable activities	5	268,857	238,212
Other	8	51,616	27,149
Total expenditure		320,473	265,361
Net income/(expenditure) for the year/ Net movement in funds		82,402	(59,258)
Fund balances at 1 July 2022		107,236	166,494
Fund balances at 30 June 2023		189,638	107,236

The statement of financial activities includes all gains and losses recognised in the year.

ARTS THERAPIES FOR CHILDREN

BALANCE SHEET

AS AT 30 JUNE 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Cash at bank and in hand		191,159		107,852	
Creditors: amounts falling due within one year	10	<u>(1,521)</u>		<u>(616)</u>	
Net current assets			<u>189,638</u>		<u>107,236</u>
Income funds					
Unrestricted funds			<u>189,638</u>		<u>107,236</u>
			<u>189,638</u>		<u>107,236</u>

The financial statements were approved by the Trustees on 22 August 2023



Mr. S Fhima MBE
Trustee

ARTS THERAPIES FOR CHILDREN

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies

Charity information

Arts Therapies For Children is a charity established by a charitable trust deed on 28 June 2016.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

ARTS THERAPIES FOR CHILDREN

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

1 Accounting policies

(Continued)

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.7 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.8 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

ARTS THERAPIES FOR CHILDREN

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2023

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	401,421	187,930
General grants received	1,000	18,155
	<u>402,421</u>	<u>206,085</u>

4 Other income

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Interest receivable	<u>454</u>	<u>18</u>

5 Charitable activities

	Direct charitable expenditure	Direct charitable expenditure
	2023	2022
	£	£
Staff costs	30,683	39,867
Art therapy sessions	183,887	159,000
Therapist supervision	749	1,895
Advertising and marketing	5,053	21,862
Consultancy	16,397	14,484
Events costs	31,872	-
Donations	216	1,104
	<u>268,857</u>	<u>238,212</u>
	<u>268,857</u>	<u>238,212</u>

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

ARTS THERAPIES FOR CHILDREN

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 30 JUNE 2023

7 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	1	2
	<u> </u>	<u> </u>
Employment costs	2023 £	2022 £
Wages and salaries	29,167	38,792
Other pension costs	1,516	1,075
	<u> </u>	<u> </u>
	<u>30,683</u>	<u>39,867</u>

There were no employees whose annual remuneration was more than £60,000.

8 Other

	Unrestricted funds	Total
	2023 £	2022 £
Insurance	961	680
Postage, printing and stationery	190	428
Administrative expenses	48,774	21,628
Accountancy	720	720
Other expenditure	971	3,693
	<u> </u>	<u> </u>
	<u>51,616</u>	<u>27,149</u>

9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

10 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	1,521	616
	<u> </u>	<u> </u>

11 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).