

Charity registration number 1167912

ARTS THERAPIES FOR CHILDREN
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 JUNE 2022

ARTS THERAPIES FOR CHILDREN

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr. S Fhima MBE Mr. J A Gilmour Mr. O Tiroche Dr A. D. Hirschowitz BDS Mr. A Hersh
Charity number	1167912
Principal address	23 Ravenshurst Avenue Hendon London NW4 4EE
Independent examiner	Anthony Epstein FCA Paragon Partners Limited Churchill House 137 - 139 Brent Street London NW4 4DJ

ARTS THERAPIES FOR CHILDREN

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ARTS THERAPIES FOR CHILDREN

TRUSTEES REPORT

FOR THE YEAR ENDED 30 JUNE 2022

The trustees present their report and accounts for the year ended 30 June 2022.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The charity was set up for the benefit of the public to promote and protect the good health and wellbeing of children aged 5-18 experiencing learning, behavioural, emotional and other difficulties through the provision of arts therapies in a supportive environment as an addition to their daily school experience.

All our charitable activities focus on these objectives as detailed above and are undertaken to further our charitable purposes for the public benefit. The Trustees confirm that they have referred to the Charity Commission's general guidance on the public benefit.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

In furtherance of the objects as stated above, the Trustees have accepted donations and grants as shown in the attached statement of financial activities.

Arts Therapies for Children was established in 2016 to fill a vital gap in the provision of therapy to vulnerable children. Therapy in general is not inexpensive and as such many schools simply do not feel they have space to provide it within their general budget. Funding for schools is constantly being cut and squeezed and yet children who need intervention are left to suffer. The trustees, led by the CEO who himself is a qualified art therapist, have worked tirelessly to raise not insignificant funds to pay 40% of each child's therapy with the balance met by parents and schools.

The charity is currently operating in 30 primary schools seeing over 130 children per week.

Reserves policy

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which is at least equivalent to 25% of our yearly running costs. We intend to use the reserves by paying for any additional children who get referred to ATFC as "emergency cases". These are children who are identified by the school senco mid-term.

Twice per year the Board regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations. For the year ending June 2022 our total expenses were £264,257 therefore we aim to keep 25% of this amount in reserves which amounts to £66,065.

Financial review

In accordance with the charity constitution, the charity can make investments which the Trustees see fit subject to any condition imposed or required by law.

Grants, including grants for purchase of fixed assets, are recognised in full in the Statement of Financial Activities in the year in which they are receivable.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The Trustees meet at several times during the year, to consider various ways of advancing the principal activities of the charity.

The statutory power of appointing new Trustees is vested in the continuing Trustees. All new Trustees, when appointed, will be given appropriate training to enable proper fulfilment of their duty.

ARTS THERAPIES FOR CHILDREN

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

Our methodology

ATFC's methodology is for our director Natasha Ainley (an experienced Art therapist) to work closely with School Senco's (Special needs co coordinators) to identify those children who have significant emotional and / or behavioural difficulties at their specific school.

Natasha then allocates a specific therapist to each school to work with the children who have been identified as being in urgent need of therapeutic support.

Part of Natasha's role is to support the school in setting up the working partnership, ensuring that an appropriate room has been designated for therapy and that:

- The school has all relevant paperwork on the therapist including qualifications, DBS and references.
- Storage space for confidential materials.
- Art equipment.
- Details of safeguarding contacts at ATFC.
- Details of the therapist's supervisor.
- The therapist see's the child at a time every week which does not impact on the child's educational development.
- Contracts between ATFC and the school have been signed.

The aim of our programme is to help support children when they are experiencing emotional or behavioural difficulties by working with the child, their teacher, and parents to provide them with as much emotional support as possible in a challenging period in their lives.

Location

From September 2021 ATFC's management team and administrator have rented premises at an office space which is also used by two other Jewish charities including Jewish marriage council; Part of the agreement is that we also have use of a therapy space so that our therapists can see parents or children outside of school in a secure and confidential environment.

Funding

As with most not-for-profits, our greatest day-to-day concern is maintaining and building the funding base to support our current clients and future beneficiaries. A significant percentage of clients remain with ATFC and are supported over a number of years and we need to make sure we have the means in place to support them throughout their journey as well as the ever increasing number of new referrals.

Most of our funding comes from grants and donations, and we are aware that we need to work carefully to ensure this stream of income is safeguarded and other possible funding is cultivated. Our investment in monitoring and evaluation is part of this, where we can quantitatively demonstrate our successes and the value of our work to present and future donors

ARTS THERAPIES FOR CHILDREN

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

How performance and success are measured:

ATFC have used various monitoring and evaluation systems to enable us to measure, analyse and report our successes and progress. However due to the age of our beneficiaries we have found that many of the children have struggled to complete the forms at the beginning of therapy, as they are too shy or anxious about filling out a form.

After many trials we have decided that our best option is for each child and their parents to complete a brief online anonymous questionnaire at the end of therapy, which they can do from the privacy of their own homes. Whilst this system is measurable, we are aware that it is not objectively comparable to other services. However, this system can measure the child's progress made across many areas such as improved self-esteem, anxiety, and depression levels and interpersonal relationships.

However, in parallel to the evaluation methodologies put in place, we have not lost sight of the fact that ATFC is, at its heart, about the individual. Success will always be dependent on, and measured in the context of, the unique circumstances with which a child comes to ATFC.

A constant stream of solicited and unsolicited feedback from the children's families, teachers, headteachers involved in the childcare provide insight into the individual journeys and progress children make and the impact it has on all those around them.

Our success as an organisation, is demonstrated by the high level of referrals we receive despite keeping an intentionally low profile to maintain the confidentiality and discretion of the children and their families. We have met ambitious targets to expand to try to meet the need in the community, though we still have a waiting list for our services.

Plans for future periods

The trustees plan to continue to help children in the Jewish Community by both continuing their current care plans and projects, whilst seeking to increase funding to support additional children in accordance with the charity's objectives.

Events after the end of the reporting period

The outbreak of the COVID-19 pandemic during 2020 has presented the charity with some challenges regarding donations and fundraising income which the trustees believe will continue over the next few months. In addition, the uncertainty surrounding Brexit may also impact the UK economy and sources of income for the charity. These risks are beyond the control of the charity and represents uncertainty to the revenue of the charity in the next 12 months. However, the charity has a wide range of support from private donors, charitable trusts, and local authorities as well as reserves, such that the trustees believe the charity will continue to have funds available to operate. No staff were furloughed due to COVID-19 since they were all deemed critical to our front-line service. The pandemic and resulting lockdown have increased mental health within the Jewish community at large and we have also seen an increase in referrals and expect this to continue as the consequences of the pandemic and the related challenges unfold.

Structure, governance and management

The charity was established by a charitable trust deed on 28 June 2016.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr. S Fhima MBE
Mr. J A Gilmour
Mr. O Tiroche
Dr A. D. Hirschowitz BDS
Mr. A Hersh

Appointment of the trustees is governed by the Trust Deed of the charity.

The Trust Deed authorises the trustees to make and hold investments using the general funds of the charity, but no such investments are presently held.

ARTS THERAPIES FOR CHILDREN

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

Background of main trustees:

- Shimon Fhima MBE

Shimon Fhima MBE grew up in Broughton Park, Salford. After four years in Talmudic college, he completed an LLB. He is now a senior civil servant in the Ministry of Defence having previously held posts in the Home Office, Treasury and HMRC. In his spare time, he is a volunteer first responder for the Hatzola Ambulance Service. He lives in Edgware with his wife and five children.

- Omer Tiroche

Omer works as an art dealer and runs his gallery in London, so is well placed to understand the role that art can serve for people and society. He has been involved with the British Friends of the Art Museums of Israel and various other charities, placing him in a great position to help propel the charity.

- Jonathan Gilmour

This year, we welcomed Jonathan Gilmour as a trustee. Jonathan is a Partner at City law firm Travers Smith, where he heads its Derivatives & Structured Products practice and regularly advises trustees on their legal and fiduciary duties. Jonathan is also trustee of two other charities, both in the field of education, and serves as a Parent Governor of his children's primary school.

The trustees report was approved by the Board of Trustees.



Mr. S Fhima MBE
Trustee

12 September 2022

ARTS THERAPIES FOR CHILDREN

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF ARTS THERAPIES FOR CHILDREN

I report to the trustees on my examination of the financial statements of Arts Therapies For Children (the charity) for the year ended 30 June 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Anthony Epstein FCA

Paragon Partners Limited
Churchill House
137 - 139 Brent Street
London
NW4 4DJ

Dated: 12 September 2022

ARTS THERAPIES FOR CHILDREN

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 30 JUNE 2022

		Unrestricted funds 2022 £	Unrestricted funds 2021 £
	Notes		
<u>Income and endowments from:</u>			
Donations and legacies	3	204,981	254,731
Other income	4	18	5
Total income		<u>204,999</u>	<u>254,736</u>
<u>Expenditure on:</u>			
Charitable activities	5	237,108	112,713
Other	8	27,149	21,724
Total expenditure		<u>264,257</u>	<u>134,437</u>
Net (expenditure)/income for the year/ Net movement in funds		(59,258)	120,299
Fund balances at 1 July 2021		<u>166,494</u>	<u>46,195</u>
Fund balances at 30 June 2022		<u><u>107,236</u></u>	<u><u>166,494</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

ARTS THERAPIES FOR CHILDREN

BALANCE SHEET

AS AT 30 JUNE 2022

	Notes	2022 £	£	2021 £	£
Current assets					
Cash at bank and in hand		107,852		166,494	
Creditors: amounts falling due within one year	9	(616)		-	
Net current assets			107,236		166,494
Income funds					
Unrestricted funds			107,236		166,494
			107,236		166,494

The financial statements were approved by the Trustees on 12 September 2022



Mr. S Fhima MBE
Trustee

ARTS THERAPIES FOR CHILDREN

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 JUNE 2022

1 Accounting policies

Charity information

Arts Therapies For Children is a charity established by a charitable trust deed on 28 June 2016.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

ARTS THERAPIES FOR CHILDREN

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.7 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.8 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

ARTS THERAPIES FOR CHILDREN

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Donations and gifts	186,826	185,201
General grants received	18,155	69,530
	<u>204,981</u>	<u>254,731</u>

4 Other income

	Unrestricted funds	Unrestricted funds
	2022	2021
	£	£
Interest receivable	<u>18</u>	<u>5</u>

5 Charitable activities

	Direct charitable expenditure	Direct charitable expenditure
	2022	2021
	£	£
Staff costs	39,867	-
Art therapy sessions	159,000	86,086
Therapist supervision	1,895	750
Advertising and marketing	21,862	13,904
Consultancy	14,484	11,973
	<u>237,108</u>	<u>112,713</u>
	<u>237,108</u>	<u>112,713</u>

6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

ARTS THERAPIES FOR CHILDREN

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 30 JUNE 2022

7 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	2	-

Employment costs

	2022 £	2021 £
Wages and salaries	38,792	-
Other pension costs	1,075	-
	<u>39,867</u>	<u>-</u>

There were no employees whose annual remuneration was more than £60,000.

8 Other

	Unrestricted funds	Total
	2022 £	2021 £
Insurance	680	671
Postage, printing and stationery	428	181
Administrative expenses	21,628	19,369
Accountancy	720	660
Other expenditure	3,693	843
	<u>27,149</u>	<u>21,724</u>

9 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	<u>616</u>	<u>-</u>

10 Related party transactions

There were no disclosable related party transactions during the year (2021 - none).