

The Trustees' Annual Report

The report does not follow the order set out in the SORP and demonstrates how the order of presentation of the annual report can be varied. Paragraph headings continue to highlight each key disclosure required by the SORP, including trustee induction and training.

The annual report has been updated for new public benefit reporting requirements. The report explains how the trustees have used our public benefit guidance and explains in more detail which groups used and benefited from the charity's services.

The report includes a risk management statement which also refers to compliance with the applicable standards. The charity's objects, aim, strategy and major activities undertaken are summarised in the objectives and activities section. The achievements and performance section provide a detailed information about the nature of the activities undertaken, including performance information, for each of the main areas of charitable activity.

The report concludes with a statement of trustees' responsibilities in relation to the financial statements which has been included in accordance with APB Audit Standards, although this statement is not a requirement of the SORP. The example is amended to include the disclosure of information to auditors.

Business Review Where the charity does not qualify as a small company, the trustees should, when preparing a combined Trustees' and company charity Director's annual report (SORP paragraph 40), ensure that the report covers the mandatory disclosures required for the Business Review section of that report.

The Accounts

The Statement of Financial Activities reports the charitable activities as single line with an expanded analysis in note 4 to the accounts (paragraph 89).

Governance costs and support costs and their allocation is analysed in note 4.

On the face of the balance sheet, the types of fund are disclosed including designated funds with the revaluation fund shown separately, as required by Company Law.

Ex-British Gurkhas Veterans & Dependents Society UK

(A company limited by guarantee)

Report and Financial Statements

For the Year Ended 31 March 2022

Charity number 1167889

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Ex-British Gurkhas Veterans & Dependants Society UK.

Report of the Management Committee for the year ended 31 March 2022.

The Management Committee presents its directors' report and audited financial statements for the year ended 31 March 2022.

Reference and Administrative Information

Charity Name: Ex-British Gurkhas Veterans & Dependants Society UK.

Charity registration number: 1167889

Operational address: 34 Finchley Road Essex

RM17 6RQ.

Management Committee:

Mr Hit Bahadur Bhujel (Chair Person)

Mr Parsuram Limbu (Vice Chair)

Mr Saran Kumar Limbu (Secretary)

Mr Yubraj Limbu (Assistant Secretary)

Mr Padam Bahadur Limbu (Treasurer)

Mr Purna Bahadur Limbu (Assistant Treasurer)

Secretariat

Mr Saran Kumar Limbu

Senior Management Team

Mr Hit Bahadur Bhujel

Mr Parsuram Limbu

Finance and Administration Manager

Mr Purna Bahadur Limbu

Mr Padam Bahadur Limbu

Auditors

Bankers -

Solicitors -

Our Aims and objectives

Purposes and Aims

Our charity's objectives can be seen in the company's memorandum of association, and they are:

x benefits the members and public by assisting financial help, interpreting the peoples who are unable to speak in English.

x to treat those suffering from isolation in the new location.

The aims of our charity are to help those who require support in the UK and Nepal. These are the objective of this charity.

Ensuring our work delivers our aims

We review our aims, objectives, and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and the benefits they have brought to those groups of people we are set up to help.

The review also helps us ensure our aim, objectives and activities remained focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future

activities, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The focus of our work: Our main objectives, for the year, is to continue promoting our aims while helping people that are living in isolation inside of UK and financial assistant in Nepal.

The strategies we used to meet these objectives included:

- x Providing a range of services which are reflective of relevant quality standards and address the potential problems related to financial assistant, education, interpretation in the language, working as volunteer to keep good environment in the local area.

- x Focussing upon the people just arrived from Nepal in the geographical area and around the country.

- x Working in partnership with other agencies to secure the widest range of services is available that best matches the needs of its client population.

How our activities deliver public benefit

Our main activities are as described above. All our charitable activities focus on the purposes for the public benefit.

Who used and benefited from our services?

Our objects and funding limit the services we provide to those residents in Thurrock and surrounding area.

Approximately 150 members benefits from our service. We do not have funding from any funders yet, but we collect subscription from members utilise the sum of money to the public, members and donate to other charity workers in the country and aboard in Nepal. All our services are provided free to our clients.

Equal access to our services is an important issue for us. In addition to our current monitoring of access to our services by gender, disability and sexual orientation next year will see the publication of our first ethnicity monitoring study. We are aware from a baseline study undertaken this year, using data available on the Neighbourhood Statistics website, that Ex-British Gurkha & Dependents and minority ethnic communities are disproportionately represented in deprived areas of our Thurrock. We believe equal access to our services is vital to our success and that successful outcomes must be shared by all.

Further information about who benefits directly from our services is explained in the analysis of performance and achievements below.

Our active liaison with local community group and with local social communities has helped significantly in reducing these concerns and has created better local understanding of our work.

The main areas of charitable activity are the provision of advice and information; outreach work; educating elderly people; demonstrating the culture and tradition of Gurkha and helping people in Nepal those who are affected by the natural disaster and other needs.

(CAI) project provides help and advice to isolated ex-service personnel and their dependants.

The mainstay of our service remains our volunteers who provide to local communities and members frequently for example: cleaning local parks, gardens, take part on governments festivals such as poppy appeal and organising charity parties. In the year under about 1500 volunteer hours were donated.

We could help in a variety of tangible ways and where appropriate can also arrange referrals to our partners where assistance is needed in relation to housing benefit, council tax and the other benefits, pension credit and attendance allowance.

We are pleased that by working with our partners we can offer a holistic approach to the problems arising from elderly benefit for example we have completed about 25 attendance Allowance application and were able to achieve about 45% their benefits. Our counselling service is partly funded by Ex-British Gurkha Veterans and Dependants Society UK collecting subscriptions, organising lunch and dinner parties and fares from our society's car.

Over 60 families are currently involved in this project and the demand continues to grow.

The outreach work of the charity provides support to young and old people who are isolated in the area make them aware of the system and education of the UK.

This work continued to expand in the year under review. At the beginning of the year, we had set a target to reach 150 members who can provide support and financial assistance.

Our strategy is to complement the social services and help the people of ex-British Gurkha families and the dependants by providing specific financial support, finding them jobs and benefits.

We continue to work in close co-operation with local people and ethnic minor communities and the council of Thurrock.

The project continues to be focused on the elderly people and their dependants.

They continue to provide a bright and cheerful atmosphere while hosting all sorts of activities such as tea party, lunch party and festivals.

Aside from retaining a prudent amount in reserves each year most of the charity's funds are to be spent in the short term so there are few funds for long term investment. Having considered the options available, the Management Committee has decided to invest the small amount that it has available in commercial common investment funds. Grants received in advance are invested on. A review of investment policies is therefore planned early in the new financial year.

Reserves Policy

The Management Committee has examined the charity's requirements for reserves considering the main risks to the organisation. It has established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets held by the charity should be between 3 and 6 months of the expenditure. Budgeted expenditure for 2020/21 is £ 10,953 and the target is £ 10,000 £20000 in general funds. The reserves are needed to meet the working capital requirements of the charity and the Management Committee are confident that at this level they would be able to continue the current activities of the charity in the event of a significant drop in funding. The reserve is about £ 400 for emergency use for the charity. The present level of reserves available to the charity of £400 therefore falls significantly short of this target level. Although the strategy is to continue to build reserves through planned operating surpluses, the Management Committee understands it unlikely that the target range can be reached for at least five years. In the short term the Management Committee has also considered the extent to which existing activities and expenditure could be curtailed, should such circumstances arise.

Plans for Future Periods

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements

Action Teams.

Structure, Governance and Management

Governing Document

The organisation is a charitable company limited by guarantee, incorporated on 11 November 2013, and registered as a charity on 28 June 2016. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being end up members are required to give an amount not exceeding £60.

Recruitment and Appointment of Management Committee

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirements of the Memorandum and Articles of Association the members of the Management

Committee are elected or selected to serve for a period of three years after which they must be re-elected at the next Annual General Meeting.

All member of the Management Committee gives their time voluntarily and received no benefits from the charity. Any expenses reclaimed from the charity are set out in note 7 to the accounts.

Due to the nature of residing in the UK, much of the charity's work inevitably focuses upon EX-BRITISH GURKHA AND THEIR DEPENDANTS. The Management Committee seeks to make sure that the needs of this group are appropriately reflected through the diversity of the trustee body. To enhance the potential pool of trustees, the charity has, through selective advertising in the Big Issue and networking with local people who are willing to become members of the centre and use their own experience to aid the charity.

Most trustees are already familiar with the practical work of the charity having been encouraged to take up the volunteer work and support financially in need. The charity membership open days" that are run each year.

Additionally, new trustees are invited and encouraged to attend a series of short training sessions to familiarise themselves with the charity and the context within which it operates. These are jointly led by the Chair of the Management Committee and the secretary of the charity and cover:

The obligations of Management Committee members.

The main documents which set out the operational framework for the charity including the Memorandum and Articles. Resourcing and the current financial position as set out in the latest published accounts.

Future objectives.

A Question & Answer pack has also been prepared drawing information from the various Charity Commission publications signpost through the Commission's guide "the Essential Trustee" as a follow-up to these sessions. This is distributed to all new trustees along with the Memorandum and Articles and the latest financial statements. Feedback from new trustees about their induction has been incredibly positive.

Risk Management

The Management Committee has conducted a review of the major risks to which the charity is exposed. Where proper systems and procedures have been established to mitigate the risks the charity faces.

Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Procedures are periodically reviewed to make sure that they continue to meet the needs of the charity.

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chief Executive along with the Services and Finance and Administration Managers.

The Chief Executive is responsible for ensuring that the charity delivers the services specified and that key performance indicators are met. The Services Manager has responsibility for the day-to-day operational management of the Centre, individual supervision of the staff team and ensuring that the team continue to develop their skills and working practices in line with well practice.

Related Parties

In so far as it is complimentary to the charity's objects, the charity is guided by both local and national policy.

Responsibilities of the Management Committee

x selects suitable accounting policies and then apply them consistently.

x makes judgements and estimates that are reasonable and prudent; and

x prepares the financial statements on the going concern basis unless it is not appropriate to assume that the company will continue that basis.

The Management Committee is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 1985. The

Management Committee is also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Management Committee

Members of the Management Committee, who are directors for company law and trustees for charity law, who served during the year and up to the date of this report.

In accordance with company law, as the company's directors, we certify that:

Auditors

This report has been prepared in accordance with the Statement of Recommended Practice:

Accounting and Reporting by Charities (issued in March 2022) and in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small entities.

Approved by the Management Committee on 31 May 2022 and signed on its behalf by:

Mr Hit Bahadur Bhujel.

Ex- British Gurkhas Veterans & Dependants Society UK

Statement of Financial Activities (including Income & Expenditure Account) for the year ended 31 Feb 2021.

Total funds brought forward £ 12,200

Total funds carried forward £ 9,600

The statement of financial activities includes all gains and losses in the year. None.

Resources expended derive from continuing activities. Ex-British Gurkhas Veterans and Dependants Society UK
Balance Sheet as of 31 April 2022

2021 -2022

Unrestricted funds £ 600

Restricted funds £ 2000

These accounts are prepared in accordance with the special provisions of Part VII of the
Companies Act 1985 relating to small entities.

Approved by the management committee on 31 May 2020 and signed on its behalf by:

Mr Padam Bahadur Limbu

Notes: forming part of the Financial Statements for the year ended 31 March 2022

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year and in the preceding year.

(a) Basis of accounting

The financial statements have been prepared under the historical cost convention, as modified by the inclusion of fixed asset investments at market value, and in accordance with the Companies Act 1985 and the Statement of Recommended Practice: Accounting and Reporting by Charities issued in March 2005.

(b) Fund accounting

x Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity. Unrestricted funds include a revaluation reserve representing the restatement of investment assets at market values.

x Designated funds are unrestricted funds earmarked by the Management Committee for purposes.

x Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

(c) Incoming resources

All incoming resources are included in the statement of financial activities when the charity is entitled to, and virtually certain to receive, the income and the amount can be quantified with reasonable accuracy. The following policies are applied to categories of income:

x Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

x Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

x Incoming resources from charitable trading activity are accounted for when earned.

x Incoming resources from grants, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

(d) Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

x Costs of generating funds comprise the costs associated with attracting voluntary income and the costs of trading for fundraising purposes including the charity's shop.

x Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

x Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.

x All costs are allocated between the expenditure categories of the SOFA on a basis

designed to reflect the use of the resource. Costs relating to an activity are

allocated directly, others are apportioned on an appropriate basis e.g. floor areas, per capita or estimated usage as set out in Note 4.

(e) Fixed assets

Non-Yet

Borrow Estate Charitable

Trust

Donations £ 200

3. Incoming Resources from Activities to further the Charity's Objects.

£ 600

£ 12,200

Income for the year 2021-2022

INCOME FOR THE YEAR

Membership subscription 160x60	£ 9,600
Donation collected from Dewali	£ 600
Covid 19 funding	£ 2,000
Total funding for year 2020 - 2021	£ 12,200

EXPENDITURE FOR YEAR

Financial assistant Newly Arrival from Nepal	£ 35,00
Dewali programme	£ 38,00
Widow assistant	£ 700
Natural disaster in Nepal help	£ 1500
Other expenditures	£ 600
Total remaining in hand	£ 2,600