

**THE KIDSAID FOUNDATION**

**FINANCIAL STATEMENTS AND ANNUAL REPORT**

**FOR FINANCIAL YEAR ENDING**

**31 MARCH 2021**

**Registered CIO Number: 1167852**



# **THE KIDSAID FOUNDATION**

## **FINANCIAL STATEMENTS AND ANNUAL REPORT FOR THE YEAR ENDING 31 MARCH 2021**

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**THE KIDSAID FOUNDATION****FINANCIAL STATEMENTS AND ANNUAL REPORT  
FOR THE YEAR ENDING 31 MARCH 2021**

<b>Registered CIO Number</b>	<b>1167852</b>
<b>Address</b>	<b>5 Giffard Court Millbrook Close Northampton NN5 5JF</b>
<b>Trustees</b>	<b>Hellie Wright - Chair Duncan McAlpine - Vice Chair Kay O'Reilly - Treasurer Joy Pinkham Sean Carter Laura Taylor</b>
<b>Bankers</b>	<b>Metro Bank 27-29 Abington Street Northampton NN1 2AN</b>
<b>Independent Examiners</b>	<b>CVS Northamptonshire 32-36 Hazelwood Road Northampton NN1 1LN</b>

# 2020-21 Annual Report

## Structure, Governance and Management

The KidsAid Foundation (KidsAid) was registered as a CIO on 24 June 2016, having previously been unregistered. KidsAid was founded in its original form in 2007. The Board of Trustees includes 6 Trustees who bring a wealth of experience and skillset to the charity. Each year, the Charity undertakes a Trustee Skills audit to ensure the necessary breadth of experience and ability of the Trustees to ensure proper Governance. The 20/21 skills audit confirms the KidsAid Trustees do have sufficient experience and ability across all required disciplines to properly discharge the duties of Trustees.

## Aims and Objectives and Public Benefit

To relieve the needs of children, young people and their carer's who have experienced events that have impacted on their emotional or mental wellbeing through the provision of counselling, creative therapies, and other interventions.

The core aim is to support children and young people that have experienced any traumatic event or are experiencing emotional distress due to a series of events or circumstances such as bereavement, bullying, family breakdown, domestic violence, neglect, or any form of abuse.

All our aims and objectives are carried out to further the Charities aims and objectives which are for the Public Benefit.

- Financial Statement

The Board of Trustees confirm that the financial statements for the year ended 31 March 2021:

- i) Have been prepared in accordance with the accounting policies set out in notes to the financial statements.
- ii) Comply with the charity's governing document.
- iii) Comply with The Charities Act 2011.
- iv) Comply with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (the "Charities SORP")

## Achievements and Performance

- Providing a Service Through a Pandemic:

As with every charity, 2020/21 has been a challenging year for KidsAid, as we have been dominated by the impact of the coronavirus pandemic. Despite this, thanks to the dedication of our staff and trustees, and with the support of grant trusts and our community, including individual donors and

local companies, we have been able to continue to provide therapeutic support at a time when those most vulnerable in our local area have needed us more than ever before.

The beginning of the financial year was heavily overshadowed by the pandemic, as service delivery was impacted by face-to-face support coming to a standstill for 3 months and being replaced with a contact support service until sessions could resume, later in the summer.



This was a challenging time for our charity, but the replacement contact service proved successful, and clients along with their families reported feeling comforted by the regular phone calls, letters and wellbeing resources received.

One parent shared, *"The card we received today was so thoughtful. N has been struggling a lot lately, but after opening his parcel, I saw him smile as he read his card and looked through his care package. You made him feel special. Thank you."*

Another parent shared, *"The parcel you sent encouraged L and I to spend some quality time together (which took my mind off things too) as we used the seeds you sent us to do some planting and used the pencils and drawings you sent us to do some colouring in together. It felt nice to do something calming together when all of this is going on. It reminded us you were still here, and things were going to be OK."*

During our period of standstill, staff used the time to implement risk assessments and covid related policies, and changes were made including stripping down our therapy room, acquiring protective materials and equipment, and preparing individual therapy kits for each client, to reduce the risk of cross contamination.



- Development of Therapeutic Intervention and Support:

From July 2020, as local and national restrictions eased, face to face sessions resumed. It was at this time, as we fully re-opened, that we were met with a surge of referrals. During 2020/21, our beneficiaries more than doubled compared to the previous year, with our support extending to over 120 local children and families struggling with mental health difficulties.

The need for our service in this last year, was also reflected in the number of commissioned referrals received. In 2020/21 we received more funded referrals than what we have ever seen in the history of KidsAid, resulting in an increase of 15% in therapy income, compared to the previous year.

In line with the increased demand on our services, KidsAid expanded our therapy team during this past year, more than doubling our team of clinical expertise. In addition to this, we added interventions including PCAP (parent and child attachment play) and parent psychoeducational support to our existing services. Furthermore, we extended our support to more parents than ever before, providing individual parent therapy sessions and working with another local charity, Eve, to provide a wellbeing programme for mother's living in refuges, recovering with their children from domestic violence.

One mother who attended the wellbeing sessions shared, *"The sessions helped me understand myself. I am a calmer parent to my children now as I feel I can manage my anxiety better and have some tools to help me before things feel too overwhelming."*

Another parent provided feedback after finishing individual therapy sessions with us, sharing: *"I have noticed changes in myself since coming to therapy - it has helped me so much more than I thought it would. Now C and I have both had support, our relationship has really improved, and home is somewhere we both want to be now."*

During this past year, it has become increasingly evident how much support the parents of those we work with need, particularly in the face of the pandemic which has compounded pre-existing difficulties such as isolation, disadvantage, and familial fragility. Moreover, our outcomes continue to provide evidence, that a systemic, integrative approach of working with family members underpins the therapies we provide to children – therefore making a positive and lasting difference to families. As we look ahead to the next financial year, it is therefore an aim that we continue to extend our

support to parents of the children we provide therapy for, to ensure holistic practice wherever possible.

In addition to this, in this next financial year, we aim to recruit a Clinical Lead to ensure our policies and procedures continue to meet clinical standards and to assist staff and trustees with clinical governance and risk management. This role will also allow for us to develop as a charity, giving us the opportunity to provide CPD (continuous professional development) in trauma informed practice, which we consider to be invaluable, as clinical workers are exposed to increasingly complex mental health difficulties and traumas in their work.

Therapy income made during this past year will secure the role of Clinical Lead in the next financial year, ensuring the profits achieved are directed towards the development of the charity for the benefit of our service users.

Alongside the development of our clinical practice, during this past year we have restructured staffing, reviewed, and updated all our policies and procedures and we have made changes to internal systems such as our IT and data storage, to improve the efficiency of the charity. We have also transformed our website, and with the help of Brady Creative, colour and content has been injected to our social media.

- Looking Ahead

As we look ahead to the next financial year, in addition to adding a Clinical Lead to our team, we aim to continue expanding our therapist team to meet continued demand on our services. We have recruited an additional person to support us with clinical administration, in line with increased referrals.

Due to the pandemic restrictions hindering us from recruiting volunteers and holding fundraising events, our fundraising income is 50% lower than the previous year. As restrictions ease, we are looking at all fundraising options, and will look at the resources available within the Charity and consider hiring resources (in house or contracted) to boost our fundraising efforts.

We do, however, wish to extend our heartfelt thanks to our individual supporters and local companies whose efforts have helped make a considerable difference during this past year when our community has needed us the most. This includes Mercedes-AMG Formula One Team, Persimmon Homes, Billing Finance, Island Vape, Wendy Parsons from Tropic Skincare, Protest ES, and EMR, who have kindly pledged to support us every year.

We also wish to thank the following grant making trusts who have provided us with a lifeline which we have been able to extend to almost 100 local families during this past year. Thank you to Children in Need, Co-op Dividend Fund, Global Make Some Noise, Groundworks UK (Tesco), INEOS, Masonic Charitable Trust, National Lottery, NCF Anglian Water Fund, NCF Wellbeing, Walk for a Cause and The Postcode Lottery Fund.

- Final Reflections

Despite the challenges KidsAid has faced during this past year, we have been successful in securing more funding for local families than ever before. The overall income in 2020/21, has increased by 62 %, from £59, 672 in 2019/20 to £96, 373. This surplus was as a result of the increase of grant applications and commissioned therapy as well as a fall in costs as a result of the Covid-19 pandemic where sessions were placed on hold for a period of 3 months.

A detailed business plan, budget and good financial controls are in place to ensure the stability of the charity and we intend to inject surplus income made in 2020/21 to secure charity premises and professional resource in this next year, as we continue to grow in line with the demand for our services. We will also be using existing charity funding to extend the provision of our frontline services, subsidising therapy for local families who have limited access to funding and support.

Unfortunately, as was the case in 2007 when KidsAid was first established, lack of mental health provision continues to be both a national and local issue, as further funding cuts and closure of local services during the past few years has left families most vulnerable in our community increasingly isolated and disadvantaged, which has only been amplified since the pandemic.

Furthermore, as latest statistics on mental health has shown that 1 in 6 children aged 5-16 in England are likely to have a mental health disorder, and that probable rates of mental disorders amongst young people have increased by almost half since 2017 (The Mental Health of Children and Young People in England, 2020). With a record high of urgent referrals being made to crisis-care teams for under-18s (NHS Digital, April 2021) we realise this is a critical time for KidsAid and as the long term consequences of the pandemic evolves, we need to be in a strong position to deliver our services to as many young people and families as possible, ensuring mental health support is accessible to all.

#### 2020/21: Key Stats

A total of 122 children, young people and parents/carers accessed KidsAid' support.	<b>Main Referral Routes:</b> <ul style="list-style-type: none"> <li>• Northamptonshire Children's Trust             <ul style="list-style-type: none"> <li>• Schools</li> <li>• Families</li> </ul> </li> </ul>	<b>Ages of Clients:</b> <ul style="list-style-type: none"> <li>• 3-8 years: 52</li> <li>• 9-14 years: 43</li> <li>• 15 – 18 years: 7</li> <li>• Parents/Carers: 20</li> </ul>
<b>Therapies Provided:</b> <ul style="list-style-type: none"> <li>• Art Therapy: 37</li> <li>• Play Therapy: 33</li> <li>• Dance Movement Therapy: 13</li> <li>• Creative/Talking Therapy: 31</li> <li>• Wellbeing Sessions: 8</li> </ul>	A total of 3, 155 individual therapy sessions were provided.	<b>Waiting Times:</b> <ul style="list-style-type: none"> <li>• 1 month: 49% of referrals.</li> <li>• 2 months: 37% of referrals.</li> <li>• 3 months: 14% of referrals.</li> </ul> <p>None of KidsAid referrals exceeded a waiting time of 3 months.</p>



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## Feedback

- Parent: My daughter has grown so much confidence in herself, she is happy and content. She has realised that she does not need to explode to show her emotion, she has tools to use. She is no longer fidgety.
- Parent: We had such a lovely experience. Our therapist always kept me up to date and took such good care of my son. My son grew a strong bond with her therapist, and it was lovely to see how much he has grown from his sessions. I cannot thank you enough.
- Parent: KidsAid have been amazing for my daughter. I have seen nothing but a positive outcome. Keep up the brilliant work! And a massive thank you for your help!
- Parent: My son can recognise his emotions and the emotions of others since having his sessions. His experience of therapy has been fantastic.
- Grandparent: My granddaughter is more confident and speaks more openly about her feelings. I feel KidsAid did everything they possibly could to help my granddaughter.
- School: He seems to be calmer and more trusting of adults now. He is more able to talk about feelings without getting uptight or angry.
  - School: The KidsAid team are always helpful and responsive to the child's needs.
- Child: I found my sessions relaxing and helpful.
- Child: First when I went to my therapy I was scared and panicked then after some time I started to like it and my therapist helped me feel safe. She helped me think about things and I feel happier.
  - Child: When I first started going to my sessions, I felt blue. Now I feel bright green!

## Case Study of Kelly

***For the purpose of this case study all names and identifying information has been changed to protect and maintain client confidentiality. Consent to write this case study has been granted.***

Kelly is a 9-year-old girl, referred to KidsAid by her mother due to her becoming increasingly withdrawn and expressing sadness. Kelly had experienced some significant loss during the last few years as both her maternal grandparents passed away within months of each other and she had recently witnessed her dog be tragically killed by a car outside their family home.

Following referral, Kelly was assessed and Dramatherapy was recommended which provides a client the opportunity to access a safe environment to promote psychological, emotional, and social change through a variety of mediums including stories, objects, puppetry, improvisation, drama, play and movement. It was the aim of therapy that through this process, Kelly could explore her experiences in an indirect and contained way to develop greater self-awareness, therefore enabling change to occur.

Kelly attended her first therapy session with the support of her mother who waited outside for her. When she entered the room, Kelly appeared as shy, she spoke very quietly as she explored the room and gave little eye contact. The core of work with Kelly initially was building her sense of safety with her therapist, so she could explore her feelings and come to understand herself better.

During the initial sessions, themes were emerging that began to be explored, including strong negative feelings of self, such as guilt, shame, and low confidence. Kelly seemed drawn to the sand tray from the beginning of her therapy and would explore her inner world, creating images and sharing her story through the miniatures. As sessions progressed, themes around challenging relationships with friends and family dynamics were explored, alongside the expectations of self. Kelly began to recognise some of these challenges as stories began to emerge through her play, which helped Kelly in processing and articulating her feelings as she began to reflect on her understanding of self.

Through this process Kelly developed a story of a girl who has lost much and felt lost in a world that was moving on without her. She was able to revisit some of her memories and verbalise her feelings of guilt, shame and anger through her character and storytelling. She began to demonstrate more insight into her behaviour and understanding of her own grief and loss in therapy and she developed in confidence. She began to give direct eye contact with her therapist and was able to speak more openly around positive and negative relationships and begin to let go of the negative statements of self, where she moved from a place of blame and guilt to acceptance and self-awareness.

When reflecting on the artwork and process at the end of therapy Kelly was able to identify themes of growth, particularly around relationships and future opportunities. She was able to trust the process and share genuine emotions which had previously been difficult to verbalise.

Dramatherapy gave Kelly the time and space she needed to reflect on her lived experiences and develop a positive relationship within herself, as well as have a positive outlook on her future. Therapy with KidsAid allowed Kelly to feel held, to be heard and to move forward with her life.

## Case Study of Jonathan and Emma

***For the purpose of this case study all names and identifying information has been changed to protect and maintain client confidentiality. Consent to write this case study has been granted.***

Jonathan was 5 years old when he was referred to KidsAid. He was referred to us by his school, to help him process the trauma he had been through during the early stages of his development and to support him with the attachment disruptions he has experienced with his mum, Emma.

### Background History

In 2015, when Jonathan was an infant, he and his older sister, Bethany were removed from Emma's care following a court case where Jonathan's dad, Terry had stated that due to her poor mental health, Emma was unable to look after their children adequately. The court ruled in Terry's favour, and Jonathan and his sister moved homes to live with Terry, his partner, and their child (Jonathan's half-brother) Callum, and all contact with their mother, Emma ceased. Not long after the children were removed from Emma, she fell pregnant with her partner's daughter, Tilly.

In 2017, it was found that during the time of Jonathan living with Terry, he and his sister had been subjected to significant neglect, and emotional and physical abuse, and following a disclosure Bethany made to school staff, where Terry had physically chastised Jonathan, all three children, Jonathan, Bethany, and Callum were placed in foster care.

During his time spent in foster care, Emma was allowed to start contact with Jonathan again, and work on repairing their attachment started. Very sadly, it was also during this time that Emma's infant daughter, Tilly, died in incredibly traumatic circumstances whilst in the care of her grandparents, where she had broken her neck between the bars of her cot whilst trying to get out during her nap time. Jonathan would see Tilly during his visits with Emma and loved her, so was incredibly saddened by this loss, and struggled to understand her death. He was told, she is "living with the angels".

The following year, in 2018, Jonathan and Bethany were returned to the care of Emma whilst their half-brother, Callum remained in foster care and has since been adopted. They no longer see Callum although they do have annual 'letterbox' contact.

Initially, after returning to live with Emma, Jonathan and Bethany would have unsupervised visits to Terry's house, following a court ruling where contact was agreed. However, after a while, the children started sharing with Emma that they no longer wanted to go, and in 2019 contact with Terry stopped, following a disclosure Bethany made, alleging that Terry and his friend had subjected Jonathan to abuse of a sexual nature on some of their visits.

During the first few months of living with Emma, she reported that Jonathan's behaviour was impeccable, but Emma says this soon changed when the children realised they were staying with her, which is when his behaviour deteriorated.

### Assessment & Early Sessions of Therapy

At point of referral Jonathan had been living with Emma for seventeen months, and Emma reported that things at home were breaking down and progressively getting worse. Emma shared that Jonathan would regularly be physically aggressive towards her and Bethany, as well as damage property within the home. During KidsAid's assessment, Jonathan was described as having, "no sense of fear or danger". Jonathan presented as dysregulated at home and at school, and both family and

professionals said they were struggling to manage his behaviour. Emma also shared that she had to get locks fitted to the kitchen, because Jonathan would often steal food during the night.

Initially, KidsAid allocated 25 sessions of Play Therapy for Jonathan, to enable him to have a safe space to explore his lived experiences. A joint commitment was made by the school and KidsAid, and the school funded half, with KidsAid using grant funding awarded by Thomas Cook to cover the remaining balance. Therapy sessions were arranged to take place in Jonathan's school.

Due to his attachment difficulties, it took Jonathan around 9 sessions to form a trusting relationship with his therapist, but from the outset of his therapy, Jonathan showed enthusiasm for his sessions and engaged well with his play. To start with, Jonathan's play would be quite chaotic, mirroring what he was going through internally, and often Jonathan would push the limits and boundaries set by the therapist. Very soon however, Jonathan adhered to therapeutic limits placed by the therapist, which helped to ground him and ease the chaos demonstrated in his play.

### Impact of the Pandemic

In March 2020, at session 12, Jonathan's therapy was paused due to the coronavirus pandemic. As with all our clients, Jonathan's therapist made calls and sent cards, to ensure that Jonathan knew he had not been forgotten, which was important, given the broken attachments and losses he has experienced in life.

It was during one of these phone calls that Emma communicated with Jonathan's therapist that things had been very difficult at home, and she felt her mental health was deteriorating due to the behavioural issues she was experiencing from Jonathan. The therapist raised concerns with KidsAid's Case Manager and it was discussed that should Emma want support, that KidsAid would allocate funding awarded from Thomas Cook, to give her some sessions too, as this would underpin the support Jonathan was receiving. Emma agreed that she would benefit from having a safe space to process past traumas and reflect on feelings she was struggling with, and a different therapist was allocated to provide her with 20 sessions of therapy via Zoom, which started the following week.

When lockdown restrictions lifted in July 2020, Emma was approached by Jonathan's therapist to obtain consent to begin seeing Jonathan for face-to-face sessions. The therapist was unable to see Jonathan at school as term was ending so Emma arranged to bring Jonathan to the KidsAid therapy room as it was agreed that it was in Jonathan's best interests to reconnect with his therapist as soon as possible to support him with the difficulties he had experienced at home in recent months and to continue with the processing he had been doing in his sessions prior to the pandemic.

To support Jonathan with readjusting to working with his therapist and settling back into his therapy, KidsAid used funding awarded from National Lottery Fund to extend his therapy by a further 4 sessions. Jonathan continued to engage well in his therapy during the summer of 2020, but Emma reported that things were still challenging at home.

### Interim Sessions of Therapy

In September 2020, sessions transitioned back to taking place at Jonathan's school. Sessions continued to go well, however Emma shared with the therapist that she felt the school environment for Jonathan wasn't supporting him with his needs, so she had applied to move Jonathan to a new school, where a space in a nurturing class had become available.

Following this conversation, and with Emma's consent, KidsAid held a meeting with the social care team, where an extension of sessions was recommended, as it was felt that further sessions would be needed to help Jonathan adjust to more change, given the amount of transition he had already experienced in his young life. In October 2020, as Jonathan moved schools, KidsAid's Case Manager was informed that the application for a further 15 sessions had been granted by Northampton Children's Trust, which was added to Jonathan's intervention.

Jonathan settled into his new school well, which proved to be a more conducive environment for him to learn from. In his nurture class, Jonathan was 1 of 9 children, with a teacher and teaching assistant, and Emma was happy he was receiving more one-to-one support. However, despite Jonathan engaging well in school, in November 2020, safeguarding concerns were raised by the school Head, as Jonathan had been arriving to school late, or presenting as unwashed and hungry. This led to meetings involving the school, KidsAid, social care and Emma, where Emma explained that although her own sessions of therapy were helpful, she was struggling to cope with parenting her children and felt she needed more directive support. The meeting concluded with the children being placed onto a child protection plan.

In Jonathan's therapy, the therapist noticed some changes in behaviour at this time. The chaotic style of play resumed, or themes of him trying to keep himself safe. The therapist was also put into the role of the child by Jonathan and chastised verbally in an aggressive manner. The characters in the play demonstrated lots of aggressive behaviour and seemed desperate in their actions and in the scenarios, Jonathan played out.

During a child protection meeting in January 2021, Emma shared that after her therapy sessions with KidsAid, she felt more positive and in better control of her own mental health, but despite this she was still struggling with setting routines and boundaries at home – she felt powerless in her parenting. In response to this, Jonathan's therapist suggested some directive parenting work, which would give Emma the tools to help her support her children therapeutically at home. Emma agreed, and KidsAid pledged to support Emma with 6 direct parenting sessions. Funding for this was allocated from the Global Make Some Noise grant.

### Final Sessions of Therapy

The directive work with Emma started in February 2021. Through these sessions the therapist was able to teach Emma about how trauma effects the brain and different therapeutic parenting methods such as therapeutic limit setting and the PACE (playfulness, acceptance, curiosity, empathy) approach.

Following the 6 sessions Emma reported that things at home were considerably calmer and she felt more able to deal with issues as they arose. Emma shared she felt, "empowered" and that her understanding of why the children behaved the way they did had improved immeasurably.

Following Emma's attendance to the parenting sessions, Jonathan appeared calmer and less chaotic within his therapeutic play. He was able to demonstrate elements of nurture between the characters and seemed happier and more content within himself. He was able to talk about different experiences he had had at home and expressed things he was happy about. Feeling safe also dominated the play and he no longer chastised the therapist or put them on the 'naughty step'.

School shared that they too had noticed differences in Emma's parenting and seen a change in Jonathan's presentation, where he was engaging calmly in his class at school and seemed less anxious and fidgety.

In May 2021, as Jonathan's sessions were drawing to a close, a child protection meeting was held, and due to the improvements in Emma's mental health and parenting, and Jonathan's presentation, the family were stepped down from a child protection plan to children in need.

In June 2021, Jonathan had his final session of therapy. Improvements in Emma and Jonathan's relationship were demonstrated at this time, as Emma asked Jonathan's therapist how she can best support him, so he experienced, "a positive ending" in his life. With Emma's support, Jonathan experienced a positive conclusion to his therapy, she was able to support him with this well, and during his final session, Jonathan and his therapist made a clay model together, with both their handprints. Jonathan expressed in his feedback form that he had found his sessions helpful, and he shared he could be more "still".

### Evaluation

During the course of KidsAid working with Emma and Jonathan, we have also been providing long term therapeutic support for Jonathan's sister, Bethany. Huge improvements have been seen in all three family members, each having the time and space to process their trauma and work through their lived experiences.

To consolidate this further, KidsAid has recommended family therapy, to support Emma, Jonathan and Bethany in strengthening their attachment. Northampton Children's Trust have agreed to fund this work, and in the summer of 2021, the family will begin their 12 sessions of joint therapy, helping them to create a lasting, positive change as they move forward with their lives.

Presented and approved at a board meeting held on 21<sup>st</sup> October 2021, and signed on their behalf.

A handwritten signature in purple ink, appearing to read 'Hellie Wright', with a large, stylized loop at the end.

Hellie Wright

Chair of Trustees

To: **THE MEMBERS**  
**THE KIDSAID FOUNDATION**  
**Registered CIO No:1167852**

## **INDEPENDENT EXAMINER'S REPORT**

We have examined the accounts of the CIO set out on pages 14 to 19, which have been prepared on the accrual concept for financial year ending 31<sup>st</sup> March 2021.

### **Respective Responsibilities of Trustees and Examiner**

The trustees of the charity are responsible for the preparation of accounts. They consider that the audit requirement under Section 144 (2) of the Charities Act 2011 (The 2011 Act) does not apply and that an independent examination is needed.

It is our responsibility to:

- Examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under Section 145 (5) (b) of the 2011 Act.
- to state whether any particular matter has come to our attention.

### **Basis of Independent Examiner's Report**

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of accounting records kept by the Charity trustees and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view', and the report is limited to those matters set out in the statement below.

### **Independent Examiner's Statement**

In connections with our examination, no matter has come to our attention:

- 1 which gives us reasonable cause to believe that in any material respect the requirements
  - to keep accounting records in accordance with section 130 of the 2011 Act: and
  - to prepare accounts that accord with the accounting records and comply with the accounting requirements of the 2011 Act.

have not been met or:

- 2 to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*B Peers - Ross*

Brenda Peers-Ross FMAAT. ACIE  
 24<sup>th</sup> January 2022

**Council for Voluntary Service Northampton & County**

32-36 Hazelwood Road, Northampton NN1 1LN – Tel: 01604 627128

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Charity Reg. No. 1034697 – Charitable Company Limited by Guarantee in England and Wales No. 2902472

**THE KIDSAID FOUNDATION**  
**REGISTERED CIO NUMBER:1167852**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

	Notes	Unrestricted £	Restricted £	Total 2021 £	Unrestricted £	Restricted £	Total 2020 £
<b>Income and endowments from:</b>							
Donations and legacies	1	18,187	-	18,187	41,447	-	41,447
Charitable activities	2	109,822	83,922	193,744	97,608	30,840	128,448
Investments		6	-	6	56	-	56
Other Income		10,493	-	10,493	170	-	170
<b>Total Income and endowments</b>		<b>138,508</b>	<b>83,922</b>	<b>222,430</b>	<b>139,281</b>	<b>30,840</b>	<b>170,121</b>
<b>Expenditure on:</b>							
Raising Funds		-	-	-	-	-	-
Charitable Activities	3	56,218	92,030	148,248	127,468	8,440	135,908
Other		-	-	-	-	-	-
<b>Total Expenditure</b>		<b>56,218</b>	<b>92,030</b>	<b>148,248</b>	<b>127,468</b>	<b>8,440</b>	<b>135,908</b>
Net gains/(losses) on investments		-	-	-	-	-	-
<b>Net Income / (Expenditure)</b>		<b>82,290</b>	<b>(8,108)</b>	<b>74,182</b>	<b>11,813</b>	<b>22,400</b>	<b>34,213</b>
Transfer between funds		6,240	(6,240)	-	-	-	-
Total funds brought forward		37,272	22,400	59,672	25,459	-	25,459
<b>Total funds carried forward</b>		<b>125,802</b>	<b>8,052</b>	<b>133,854</b>	<b>37,272</b>	<b>22,400</b>	<b>59,672</b>

All income and expenditure derive from continuing activities.

The statement of financial activities is incorporating the income and expenditure accounts and includes all gains and losses recognised during the year.

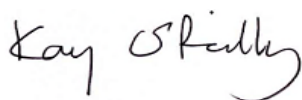


**THE KIDSAID FOUNDATION**  
**REGISTERED CIO NUMBER:1167852**

**BALANCE SHEET AS AT 31 MARCH 2021**

	Notes	Unrestricted £	Restricted £	Total 2021 £	Unrestricted £	Restricted £	Total 2020 £
<b>ASSETS:</b>							
<b>Fixed Assets</b>	<b>5</b>	2,376	-	2,376	-	-	-
<b>Current Assets</b>							
Sundry Debtors	<b>6</b>	3,647	-	3,647	13,996	-	13,996
Cash at Bank and-in-hand	<b>7</b>	154,732	8,052	162,784	47,292	22,400	69,692
		158,379	8,052	166,431	61,288	22,400	83,688
<b>Creditors</b>							
Amounts falling due within one year	<b>8</b>	(34,953)	-	(34,953)	(24,016)	-	(24,016)
		(34,953)	-	(34,953)	(24,016)	-	(24,016)
<b>Net Current Assets</b>		123,426	8,052	131,478	37,272	22,400	59,672
<b>NET ASSETS</b>		<b>125,802</b>	<b>8,052</b>	<b>133,854</b>	<b>37,272</b>	<b>22,400</b>	<b>59,672</b>
<b>FUNDS</b>							
		Unrestricted £	Restricted £	2021	Unrestricted £	Restricted £	2020 £
Unrestricted Funds	<b>9</b>	125,802	-	125,802	37,272	-	37,272
Restricted Funds	<b>10</b>	-	8,052	8,052	-	22,400	22,400
		<b>125,802</b>	<b>8,052</b>	<b>133,854</b>	<b>37,272</b>	<b>22,400</b>	<b>59,672</b>
		-	-	-	-	-	-

Approved by the trustees at a committee meeting held on 21st October 2021 and signed on their behalf



Kay O'Reilly

Treasurer

**THE KIDSAID FOUNDATION**  
**REGISTERED CIO NUMBER:1167852**

**ACCOUNTING POLICIES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

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**PRINCIPAL ACCOUNTING POLICIES**

**Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Charities: Statement of Recommended Practice (SORP) FRS 102 (issued in October 2019), Accounting and Reporting by Charities issued in January 2015, applicable UK Accounting Standards and the Charities Act 2011.

**Ultimate Controlling Party**

The Kidsaid Foundation is a registered Charitable Incorporated Organisation controlled and managed by the Management Committee/Trustees individually named in the Annual Report.

**Income**

Donations income is accounted for when received.

Therapy income is recognised when the therapy is agreed.

Grants are accounted for as receivable in accordance with the grant contracts.

**Intangible Income**

Intangible income, in the form of donated facilities and voluntary help etc., is not included in the financial statements since it is not considered practicable to quantify such income.

**Expenditure**

Expenditure is stated inclusive of value added tax, and is brought into account in the year in which it is due. Costs are allocated to functional headings on the bases of direct costs plus overheads on a fair and reasonable estimated basis.

**Pensions**

The CIO operates a NEST Pension Scheme

**Tangible fixed assets and depreciation**

Depreciation is calculated to write down the cost of all tangible fixed assets by instalments over the expected useful lives.

Fixtures and Fittings - 25% on reducing balance

Short Life Assets - over 2 years

**Reserves**

The current reserve policy is to maintain sufficient cash flow for known commitments, and the replacement of certain assets.

**Risk**

The trustees do not believe the CIO is subject to any substantial risk beyond the liabilities disclosed in its Annual Report and Accounts.

**THE KIDSAID FOUNDATION**  
**REGISTERED CIO NUMBER:1167852**

**NOTES TO THE FINANCIAL STATEMENTS**

			Total			Total
	Unrestricted	Restricted	2021	Unrestricted	Restricted	2020
	£	£	£	£	£	£
<b>1 Donations</b>						
Walk for a Cause	-	-	-	-	-	-
John Lewis	-	-	-	-	-	-
The Reaper Squad	328	-	328	7,682	-	7,682
All Things Business	-	-	-	3,038	-	3,038
Other Donations	17,859	-	17,859	30,726	-	30,726
	<u>18,187</u>	<u>-</u>	<u>18,187</u>	<u>41,447</u>	<u>-</u>	<u>41,447</u>
<b>2 Charitable Activities</b>						
Grant - Children in Need	-	25,872	25,872	-	-	-
Grant - NCF - Wellbeing	-	2,640	2,640	-	4,800	4,800
Grant - Awards 4 All	-	-	-	-	6,240	6,240
Therapy	-	-	-	1,960	-	1,960
Grant - Masonic Charitable Trust	-	4,900	4,900	5,300	4,900	10,200
Grant - Thomas Cook	-	-	-	-	10,000	10,000
Grocers Charity	-	-	-	-	4,900	4,900
Grant - Walk for Cause	-	680	680	4,680	-	4,680
Grant - Austin & Hope Charitable Trust	-	-	-	1,000	-	1,000
Therapy - NCC	63,880	-	63,880	48,820	-	48,820
Therapy - Schools	26,120	-	26,120	21,260	-	21,260
Therapy - Parents	4,040	-	4,040	10,928	-	10,928
Therapy - Other Charities	2,742	-	2,742	3,660	-	3,660
Therapy - Other County Councils	1,040	-	1,040	-	-	-
Grant - Global Make Some Noise	-	24,000	24,000	-	-	-
Grant - INEOS	-	5,000	5,000	-	-	-
Grant - National Lottery CF	-	13,440	13,440	-	-	-
Grant - The Postcode Lottery Fund	12,000	-	12,000	-	-	-
Grant - NCF - Anglian Water Fund	-	4,080	4,080	-	-	-
Grant - Groundwork UK	-	1,000	1,000	-	-	-
Grant - Coop Community Dividend Fund	-	1,310	1,310	-	-	-
Other Income	-	1,000	1,000	-	-	-
	<u>109,822</u>	<u>83,922</u>	<u>193,744</u>	<u>97,608</u>	<u>30,840</u>	<u>128,448</u>
<b>3 Charitable Activities</b>						
Employment Costs	43,063	40,675	83,738	64,611	-	64,611
Therapist Fees	400	51,355	51,755	31,240	8,440	39,680
Toolbox Kits	1,292	-	1,292	-	-	-
Therapy Equipment	-	-	-	-	-	-
Rent	2,413	-	2,413	4,028	-	4,028
Printing, Postage, Stationery etc	592	-	592	332	-	332
Subscriptions	642	-	642	347	-	347
Telephones	848	-	848	1,243	-	1,243
DBS Checks	186	-	186	55	-	55
Repairs and Maintenance	-	-	-	130	-	130
Insurance	1,014	-	1,014	1,026	-	1,026
Restructure costs	-	-	-	20,000	-	20,000
Electricity	-	-	-	-	-	-
Professional Fees	714	-	714	2,003	-	2,003
External Supervision	-	-	-	100	-	100
IT	2,855	-	2,855	691	-	691
Business and Water Rates	-	-	-	-	-	-
Cleaning	101	-	101	-	-	-
Depreciation	-	-	-	-	-	-
Other Expenditure	1,586	-	1,586	997	-	997
Financial Services	266	-	266	732	-	732
Independent Examination	247	-	247	(66)	-	(66)
	<u>56,218</u>	<u>92,030</u>	<u>148,248</u>	<u>127,468</u>	<u>8,440</u>	<u>135,908</u>

**THE KIDSAID FOUNDATION**  
**REGISTERED CIO NUMBER:1167852**

**NOTES TO THE FINANCIAL STATEMENTS**

	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	2021	£	£	2020
<b>4 Employment Costs</b>						
Gross Salaries and Employers NI	21,183	40,675	61,858	61,704	-	61,704
Employer Pension	1,764	-	1,764	1,851	-	1,851
Travel	-	-	-	775	-	775
Training	115	-	115	280	-	280
Claims	20,000	-	20,000	-	-	-
	<u>43,063</u>	<u>40,675</u>	<u>83,738</u>	<u>64,611</u>	<u>-</u>	<u>64,611</u>

No employee earned in excess of £60,000 during the year.

The average number of employees during the year was: 2 (2020: 3)

During the year, the trustees received no remuneration (2020:nil), The total expenses reimbursed to the trustees amounts to £50 (2020 :nil)

	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	2021	£	£	2020
<b>5 Fixed Assets</b>						
<b>Cost</b>						
Balance 1st April 2020	1,932	-	1,932	1,932	-	1,932
Add: additions during the year	2,376	-	2,376	-	-	-
Balance 31st March 2021	<u>4,308</u>	<u>-</u>	<u>4,308</u>	<u>1,932</u>	<u>-</u>	<u>1,932</u>
<b>Depreciation</b>						
At 1 April 2020	1,932	-	1,932	1,449	-	1,449
Charge in year	-	-	-	483	-	483
At 31 March 2021	<u>1,932</u>	<u>-</u>	<u>1,932</u>	<u>1,932</u>	<u>-</u>	<u>1,932</u>
<b>Net Book Value</b>						
At 31 March 2021			<u>2,376</u>			
At 31 March 2020						<u>-</u>

	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£	£	2021	£	£	2020
<b>6 Debtors</b>						
Sundry	2,635	-	2,635	13,099	-	13,099
Pre-paid	1,013	-	1,013	897	-	897
Rent Deposit	-	-	-	-	-	-
	<u>3,647</u>	<u>-</u>	<u>3,647</u>	<u>13,996</u>	<u>-</u>	<u>13,996</u>
<b>7 Cash at Bank</b>						
Current Accounts	54,726	8,052	62,778	47,207	22,400	69,607
Savings Accounts	100,005	-	100,005	85	-	85
Cash in Hand	-	-	-	-	-	-
	<u>154,732</u>	<u>8,052</u>	<u>162,784</u>	<u>47,292</u>	<u>22,400</u>	<u>69,692</u>

**THE KIDSAID FOUNDATION**  
**REGISTERED CIO NUMBER:1167852**

**NOTES TO THE FINANCIAL STATEMENTS**

	Unrestricted	Restricted	Total 2021	Unrestricted	Restricted	Total 2020
	£	£	£	£	£	£
<b>8 Creditors amounts falling due within one year</b>						
Other Creditors	(12,220)	-	(12,220)	(3,666)	-	(3,666)
Accruals	(22,733)	-	(22,733)	(20,350)	-	(20,350)
	(34,953)	-	(34,953)	(24,016)	-	(24,016)

	Opening Balance 01.04.20	Movement In	Movement Out	Transfer Between Funds	Closing Balance 31.03.21
	£	£	£	£	£
<b>9 Unrestricted Funds</b>					
General Reserve	37,272	138,508	(56,218)	6,240	125,802
	37,272	138,508	(56,218)	6,240	125,802

	Opening Balance 01.04.20	Movement In	Movement Out	Transfer Between Funds	Closing Balance 31.03.21
	£	£	£	£	£
<b>10 Restricted Funds</b>					
Grant - NCF - Wellbeing	4,800	2,640	(7,440)	-	-
Grant - Awards for All	6,240	-	-	(6,240)	-
Grant - Masonic Charitable Trust	1,540	4,900	(6,440)	-	-
Grant - Thomas Cook	7,440	-	(7,440)	-	-
Grocers Charity	2,380	-	(2,380)	-	-
Grant - Walk for Cause	-	680	(680)	-	-
Grant - Children In Need	-	25,872	(18,300)	-	7,572
Grant - Global Make Some Noise	-	24,000	(24,000)	-	-
Grant - INEOS	-	5,000	(5,000)	-	-
Grant - National Lottery CF	-	13,440	(13,440)	-	-
Grant - NCF - Anglian Water Fund	-	4,080	(4,080)	-	-
Grant - Groundwork UK	-	1,000	(1,000)	-	-
Grant - Coop Community Dividend Fund	-	1,310	(1,310)	-	-
Grant - Other	-	1,000	(520)	-	480
	22,400	83,922	(92,030)	(6,240)	8,052

Purpose, use and restrictions of funds:

- a The grant is to fund 48 wellbeing sessions being 8 courses of 6 sessions, and is being used for this purpose.
- b The grant is to fund 48 sessions of group therapy being 4 courses of 12 sessions, and is being used for this purpose.  
The fund is now unrestricted
- c The grant is to fund 70 sessions of therapy for 10 young people with 7 funded sessions each, and is being used for this purpose.
- d The grant is to fund 125 sessions of 1:1 therapy, and is being used for this purpose.
- e The grant is to fund 70 sessions of 1:1 therapy, and is being used for this purpose.
- f This grant is to fund 8 sessions of 1:1 therapy for 2 siblings and is being used for this purpose.
- g This grant is to fund 420 sessions of therapy for 35 young people with 12 funded sessions each, and is being used for this purpose.
- h This grant is to fund 264 sessions of 1:1 therapy, as well as assessments, review meetings and reports for 22 parents with 12 sessions each, and is being used for this purpose.
- i This grant is to fund 71 sessions of 1:1 therapy and 1 assessment, and is being used for this purpose.
- j This grant is to fund 192 sessions of 1:1 therapy for 48 clients, and is being used for this purpose.
- k This grant is to fund remote contact during lockdown for 60 clients, and is being used for this purpose.
- l This grant is to fund virtual wellbeing sessions, and is being used for this purpose.
- m This grant is to fund 18 sessions of therapy in full plus a therapy toolkit for 1 child, and is being used for this purpose.
- n This grant is to fund virtual wellbeing sessions, and is being used for this purpose.

**11 Ultimate Controlling Party**

The Charity is controlled by the board of Trustees who are listed in the Trustees' Annual Report

**12 Events After the End of the Reporting Period**

There were no significant events after the year end.