



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From: Period start date **To** 1.1.20

Period end date 31.12.21

Charity name: FRESH HORIZONS CNB

Charity registration number: 1167809

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<ol style="list-style-type: none"> 1. The relief of poverty through the provision of accommodation and other amenities and services. 2. To advance the Christian faith in the United Kingdom as the trustees may from time to time think fit. 3. The furtherance of the charitable work of the charity by the advancement of such other charitable purposes as the trustees may from time to time decide.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Accommodation for the homeless The provision of accommodation for persons previously street homeless and/or under the care of a night shelter. We offer a stable and secure living environment for individuals who find themselves without accommodation. Residents stay with us for a period of six to eighteen months.</p> <p>Faith based Advancing the Christian faith by offering literature, information and opportunity for worship to those interested or sympathetic to the Christian faith.</p> <p>Life skills Support Residents commit to a support programme throughout the duration of their stay. Our program helps to restore life skills & self-confidence. Enabling residents to return to mainstream living, including education, employment and independent living.</p>

		<p>Residents Receive Life skills training. Help accessing educational and employment opportunities. Advice on financial budgeting and overcoming debt. Assistance with accessing health and social care. Guidance in finding community facilities and resources. Support with resettlement into independent accommodation.</p> <p>Food Bank Fresh Horizons CNB runs a weekly stationary food bank and a bi-weekly mobile food bank which complements its work with the homeless. Supplies are provided to residents, families, individuals, churches and other help centres working to reduce food poverty. Supplies are provided by local grocers and food share schemes.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>ACTIVITIES UNDERTAKEN FOR THE PUBLIC BENEFIT</p> <p>The trustees have fully complied with guidance to have due regard to the Public Benefit published by the Charity Commission in executing the duties of the charity.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	<p>Volunteer Contribution</p> <p>Volunteer contribution has been invaluable in the running of the charity activities. Over the year 28 volunteers have willingly contributed more than 10,000 man hours, enabling the homeless accommodation and food banks to run successfully. In addition, over this time they have covered over 18,000 miles in their own vehicles to enable the food bank to run and to</p>

		offer help and support to residents. This year, as last year, the Café did not run, in order to adhere to COVID safe practice. Food bags were distributed at the door observing safe social distancing, rather than clients entering the building.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Accommodation: Occupancy rate was 62.5% throughout the year, due to the closure of local night shelters from March onwards. Govt policy required individuals to be directed to local hotels for accommodation. The Council has now recognised Fresh Horizons Supported housing as an important partnership in their homeless strategy. 98% of residents remained with us for at least 1 year before moving on to alternative accommodation. The unusual circumstances during the pandemic meant a higher percentage of our residents were unable to work, or lost jobs, 55% remained in part time work through the year. Accommodation is open to residents of all faiths, previous and present residents are from multi-cultural, multi faith backgrounds. Residents have dwelt harmoniously together. Some have shown a particular interest in the Christian faith, and have stated that reading materials and participation has been beneficial in providing a sense of purpose, focus and calm.</p> <p>Food Banks: Attendees of the local food bank are supplied with up to two shopping bags of food. This year the food bank has distributed 14,340 shopping bags of re-purposed food. Between January Due to COVID restrictions during the year weekly registrations were suspended as clients were not allowed access to the buildings. Recording was restricted to the number of bags distributed only.</p> <p>There are 24 volunteers on our foodbank rota, a mixture of local residents & members from local</p>

		churches - their help has been invaluable. The food bank is supplied with re-purposed food by The Felix Project, City Harvest and Tesco (via Fareshare Food Cloud), as well as local grocers.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>OBJECTIVE 2. To see 40% of residents moved to permanent housing. Movement of residents was once again curtailed this year due to COVID restrictions. We focused on preparing them for independent living and increased autonomy.</p> <p>OBJECTIVE 3. At least 35% of residents entering work or education. Some residents in work at the beginning of the year maintained their employment, but a downturn continued due to the extended effects of the lockdowns. Nevertheless, 55% remained in work.</p> <p>OBJECTIVE 4. To increase the number of families in need helped with re-purposed food by 25%. Due to the changes in recording this year were unable to calculate sub-groups of families by age. There has, however been an increase to use of the foodbank through the year, reflected by the increase in bags of food distributed. following job losses and economic hardship. An increase in food supplies helped us to support those in need.</p> <p>OBJECTIVE 5. Increase the number of volunteers completing the Food safety course, enabling them to work across both the Food bank and the Café. We were able to achieve a 11% increase this year, however, the café remains closed.</p>
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Performance of fundraising activities against objectives set	Para 1.41	<p>OBJECTIVE 1. To increase the number of individual donors by 20%. We were not as successful in increasing donors this year, mainly due to the stagnating effects of the pandemic and associated lockdowns.</p> <p>OBJECTIVE 2. To increase the number of individual fundraiser initiatives by 20%. This proved to be a very challenging year in this area, our target was not achieved due to continued economic uncertainty as the pandemic continued. We were however, successful in procuring £30,230 in grants towards staff salaries via Homeless Link & Harrow Giving during the year. This was invaluable in allowing us to continue offering our service.</p>
Investment performance against objectives	Para 1.41	Not applicable.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	End of year financial position £5,677 + reserves. No outstanding debts or monies owed to the charity.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's policy is to ensure sufficient reserves to allow the charity to run for a minimum of 3 -6 months. This includes meeting the cost of property repairs, upgrades and necessary enhancements to our present leased property. In addition, we seek to meet budgeting forecast requirements for the coming financial year, including resident support, staff and volunteer re imbursements, training and travel.
Amount of reserves held	Para 1.22	£5,677
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The Charity remains confident about its continuation as a going concern due to the steady income received from resident's housing benefit (the main source of income at present). The forecast is that homelessness reduction services such as ours will be increasingly in demand as the end of the universal credit support, and the furlough scheme are set to increase homelessness unless a roust national initiative is in place to reduce this.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The principle source of funding comes from housing benefit payments for our residents amounting to 53.5% of income this year. Donations, including gift aid payments have made up a further 46.2% of received funds.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The Charity does not adhere to an investment policy at this time.
A description of the principal risks facing the charity	Para 1.46	Principal risks include a reduction in referrals to the charity, comprising of individuals who are street homeless, or threatened with street homelessness. A change in policy by local or national government affecting Exempt Accommodation or payment of housing benefit for our residents would also pose

		a significant risk. These risks were increased during the pandemic due to government protocol on accommodating many of the homeless in hotels. However, these measures have now been rescinded. The Charity has weathered the storm and is set on a successful future in continuing to achieve it's aims.
Other		

Structure, Governance and Management

Description of charity's trusts:		Not applicable.
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by the Trustee Board.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Induction and training of trustees is carried out through membership of The National Council for Voluntary Organisations (NCVO). Trustees are required to complete the 'Trustee's Role & Responsibilities' course and attend at least one additional course per year, with ongoing refreshers.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Risk management training is given to all staff & volunteers. Our accommodations are risk assessed and carry relevant insurance and safety protocol. Our food banks also have a written risk assessment which is reviewed annually. To accomplish its objectives Fresh Horizons CNB works in collaboration with the following organisations: HOUSING: Firm Foundation Night Shelter, Growth Night Shelter, Salvation Army, CRISIS, Shelter, Refugees at Home, Hope World Wide, Brent SHiPs, Harrow Council, Voluntary Action Harrow and Harrow Churches Together. FOOD BANK: Fareshare (inc Tesco's, Asda and smaller independent food stores), Felix Project, City Harvest,
Relationship with any related parties	Para 1.51	Fresh Horizons CNB works closely with Green Pastures, a Charity committed to ending homelessness through collaboration with local churches throughout the UK. We lease our homes from Green pastures for the purpose of re housing the homeless.

Other		
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Reference and Administrative details

Charity name	FRESH HORIZONS CNB
Other name the charity uses	N/A
Registered charity number	1167809
Charity's principal address	31A Heather Park Drive, Wembley Middlesex HA0 1SP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	ANDREW LAMBERT	TRUSTEE		TRUSTEE BOARD
2	DULCETTE LAMBERT	SECRETARY		
3	ATHINA INNEH	TRUSTEE		
4				
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15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Homeless Consultancy	Rose McGowan	31A Heather Park Drive, Wembley. HA01SP

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)		
Position (eg Secretary, Chair, etc)		
Date		



Receipts and payments accounts

For the period from	Period start date 01/12/2020	To	Period end date 31/12/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
Housing Benefit - Harrow Council	52,400	-	-	52,400
Residents service charge	1,050	-	-	1,050
Donations	15,183	-	-	15,183
Other i.e gift aid, refunds, etc	31,124	-	-	31,124
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	99,757	-	-	99,757
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	99,757	-	-	99,757

A3 Payments				
Council Tax	4,181	-	-	4,181
Water Rates	3,072	-	-	3,072
Gross Wages & Salaries	30,367	-	-	30,367
Staff & Volunteer Training	313	-	-	313
Website	1,231	-	-	1,231
Lease	54,299	-	-	54,299
Insurance(building and goods)	484	-	-	484
Fund raising	961	-	-	961
TV Licence	336	-	-	336
Gas & Electricity	2,446	-	-	2,446
Telephone and broadband	919	-	-	919
Mobile Phone	78	-	-	78
Office Admin	885	-	-	885
Client support	393	-	-	393
Food Bank	829	-	-	829
Maintainance & repairs	12,272	-	-	12,272
Professional fees	595	-	-	595
Miscellaneous	-	-	-	-
Sub total	113,661	-	-	113,661

A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-

Total payments	113,661	-	-	113,661
Net of receipts/(payments)	- 13,904	-	-	- 13,904
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	19,581	-	-	19,581
Cash funds this year end	5,677	-	-	5,677

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
B1 Cash funds	Barclays Bank - Current a/c	5,677	-
		-	-
		-	-
	Total cash funds	5,677	-
	(agree balances with receipts and payments account(s))	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)
			-
			-
			-
			-
			-
			-
			-
			-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)
			-
			-
CCXX R3 accounts (SS)		3	17/02/2022

Signed by one or two trustees on behalf of all the trustees

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		-

Signature

Print Name

A.Inneh	Athina Inneh
<i>Dulcette Lambert</i>	Dulcette Lambert
<i>Andrew Lambert</i>	Andrew Lambert

CC16a

Last year

to the nearest £

126,202
25
1,912
5,132
-
-
-
-
133,271

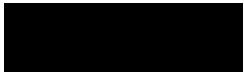
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133,271

3,758
724
22,092
1,196
1,062
70,839
351
2,374
265
1,279
866
150
683
39
2,058
8,780
-
2,195
118,709

5 -

118,709
14,562
-
5,019
19,581



**Endowment
funds
to nearest £**

	-
	-
	-
	-

OK

**Endowment
funds
to nearest £**

	-
	-
	-
	-
	-
	-

**Current value
(optional)**

	-
	-
	-
	-
	-

**Current value
(optional)**

	-
	-
	-
	-
	-
	-
	-
	-
	-

**When due
(optional)**

7

Date of approval
15/02/2022
15/02/2022
15/02/2022

The Trustees
Fresh Horizons CNB
31A Heather Park Drive
Wembley, Middlesex
HA0 1SP

Independent examiner's report to the trustees of Fresh Horizons CNB

I report to the trustees on my examination of the accounts of Fresh Horizons CNB for the period 1 December 2020 to 31 December 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Yours faithfully,



Ekaete Onipinla
93 Kempe Road, London NW6 6SN
10 February 2022