



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From: Period start date To 1.1.20

Period end date 31.12.20

Charity name: FRESH HORIZONS CNB

Charity registration number: 1167809

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<ol style="list-style-type: none"> 1. The relief of poverty through the provision of accommodation and other amenities and services. 2. To advance the Christian faith in the United Kingdom as the trustees may from time to time think fit. 3. The furtherance of the charitable work of the charity by the advancement of such other charitable purposes as the trustees may from time to time decide.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Accommodation for the homeless The provision of accommodation for persons previously street homeless and/or under the care of a night shelter. We offer a stable and secure living environment for individuals who find themselves without accommodation. Residents stay with us for a period of six to eighteen months.</p> <p>Faith based Advancing the Christian faith by offering literature, information and opportunity for worship to those interested or sympathetic to the Christian faith.</p> <p>Life skills Support Residents commit to a support programme throughout the duration of their stay. Our program helps to restore life skills & self-confidence. Enabling residents to return to mainstream living, including education, employment and independent living.</p>

		<p>Residents Receive Life skills training. Help accessing educational and employment opportunities. Advice on financial budgeting and overcoming debt. Assistance with accessing health and social care. Guidance in finding community facilities and resources. Support with resettlement into independent accommodation.</p> <p>Food Bank Fresh Horizons CNB runs a weekly stationary food bank and a bi-weekly mobile food bank which complements its work with the homeless. Supplies are provided to residents, families, individuals, churches and other help centres working to reduce food poverty. Supplies are provided by local grocers and food share schemes.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>ACTIVITIES UNDERTAKEN FOR THE PUBLIC BENEFIT</p> <p>The trustees have fully complied with guidance to have due regard to the Public Benefit published by the Charity Commission in executing the duties of the charity.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	<p>Volunteer Contribution</p> <p>Volunteer contribution has been invaluable in the running of the charity activities. Over the year 34 volunteers have willingly contributed more than 10,300 man hours, enabling the homeless accommodation and food banks to run successfully. In addition, over this time they have covered over 15,000 miles in their own vehicles to enable the food bank to run and to</p>

		offer help and support to residents. This year the Café did not run, in order to adhere to COVID safe practice. Food bags were distributed at the door observing safe social distancing, rather than clients entering the building.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Accommodation: Occupancy rate was 72% throughout the year, due to the closure of local night shelters from March onwards. Govt policy required individuals to be directed to local hotels for accommodation. The Council has now recognised Fresh Horizons Supported housing as an important partnership in their homeless strategy. 95% of residents remained with us for at least 1 year before moving on to alternative accommodation. The unusual circumstances during the pandemic meant a higher percentage of our residents were unable to work, or lost jobs, 40% remained in work through the year. Accommodation is open to residents of all faiths, previous and present residents are from multi-cultural, multi faith backgrounds. Residents have dwelt harmoniously together. Some have shown a particular interest in the Christian faith, and have stated that reading materials and participation has been beneficial in providing a sense of purpose, focus and calm.</p> <p>Food Banks: Attendees of the local food bank are supplied with up to two shopping bags of food. This year the food bank has distributed 13,520 shopping bags of re-purposed food. Between January December 6,240 adults have benefitted from the food bank (an increase of 43% on last year), 2,040 children have been supported with food (up 28.5% on last year). 426 have been between the ages of 0 – 5yrs (up 10.4% on last year). Numbers were not higher simply because of the amount of supplies available.</p>

		There are 30 volunteers on our foodbank rota, a mixture of local residents & members from local churches - their help has been invaluable. The food bank is supplied with re-purposed food by The Felix Project, City Harvest and Tesco (via Fareshare Food Cloud).
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p>OBJECTIVE 2. To see 40% of residents moved to permanent housing. Movement of residents was curtailed this year due to COVID restrictions. We focused on preparing them for independent living and increased autonomy.</p> <p>OBJECTIVE 3. At least 35% of residents entering work or education. Some residents in work at the beginning of the year maintained their employment, but March onwards saw a downturn due to the extended effects of the lockdowns. Nevertheless, 40% remained in work.</p> <p>OBJECTIVE 4. To increase the number of families in need helped with re-purposed food by 25%. This year saw an increase in visitors to the foodbank by 44% following job losses and economic hardship. An increase in food supplies helped us to support those in need.</p> <p>OBJECTIVE 5. Increase the number of volunteers completing the Food safety course, enabling them to work across both the Food bank and the Café. We were able to achieve a 15% increase this year, however, the café remains closed.</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>OBJECTIVE 1. To increase the number of individual donors by 20%. We were not as successful in increasing donors this year, mainly due to the stagnating effects of the pandemic and associated lockdowns.</p>

		OBJECTIVE 2. To increase the number of individual fundraiser initiatives by 20%. This proved to be a very challenging year in this area, our target was not achieved due to the need for social distancing. However, we are expecting an upturn as the economy returns to normalcy.
Investment performance against objectives	Para 1.41	Not applicable.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	End of year financial position £26,582 + reserves. No outstanding debts or monies owed to the charity.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's policy is to ensure sufficient reserves to allow the charity to run for a minimum of 3 -6 months. This includes meeting the cost of property repairs, upgrades and necessary enhancements to our present leased property. In addition, we seek to meet budgeting forecast requirements for the coming financial year, including resident support, staff and volunteer re imbursements, training and travel.
Amount of reserves held	Para 1.22	£19,581
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no present concerns about the charity continuing as a going concern. It has held sufficient reserves to meet its outgoings over the last five years since launching.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The principle source of funding comes from housing benefit payments for our residents amounting to 91.2% of income this year. Donations, including gift aid payments have made up a further 5.1% of received funds.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The Charity does not adhere to an investment policy at this time.
A description of the principal risks facing the charity	Para 1.46	Principal risks include a reduction in referrals to the charity, comprising of individuals who are street homeless, or threatened with street homelessness. A change in policy by local or national government affecting Exempt Accommodation or payment of housing benefit for our residents would also pose a significant risk. These risks were increased during the pandemic due to government protocol on accommodating many of the homeless in hotels. However, the Charity has weathered the storm and is set on a successful future in continuing to achieve it's aims.

Other		

Structure, Governance and Management

Description of charity's trusts:		Not applicable.
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by the Trustee Board.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Induction and training of trustees is carried out through membership of The National Council for Voluntary Organisations (NCVO). Trustees are required to complete the 'Trustee's Role & Responsibilities' course and attend at least one additional course per year, with ongoing refreshers.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Risk management training is given to all staff & volunteers. Our accommodations are risk assessed and carry relevant insurance and safety protocol. Our food banks also have a written risk assessment which is reviewed annually. To accomplish its objectives Fresh Horizons CNB works in collaboration with the following organisations: HOUSING: Firm Foundation Night Shelter, Growth Night Shelter, Salvation Army, CRISIS, Shelter, Refugees at Home, Hope World Wide, Brent SHiPs, Harrow Council, Voluntary Action Harrow and Harrow Churches Together. FOOD BANK: Fareshare (inc Tesco's, Asda and smaller independent food stores), Felix Project, City Harvest,
Relationship with any related parties	Para 1.51	Fresh Horizons CNB works closely with Green Pastures, a Charity committed to ending homelessness through collaboration with local churches throughout the UK. We lease our homes from Green pastures for the purpose of re housing the homeless.

Other		
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Reference and Administrative details

Charity name	FRESH HORIZONS CNB
Other name the charity uses	N/A
Registered charity number	1167809
Charity's principal address	31A Heather Park Drive, Wembley Middlesex HA0 1SP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	ROSE MCGOWAN	CHAIR		TRUSTEE BOARD
2	JASON EDWARDS	TREASURER		
3	DULCETTE LAMBERT	SECRETARY		
4	ANDREW LAMBERT	TRUSTEE		
5	ATHINA INNEH	TRUSTEE	5.2.20 to present	
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A


Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jason Edwards	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	20.10.21	



Receipts and payments account

For the period from	Period start date 11/30/2019	To
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds
	to the nearest £	to the nearest £	to the nearest £
A1 Receipts			
Housing Benefit - Harrow Council	126202	-	-
Residents service charge	25	-	-
Donations	1912	-	-
Other i.e gift aid, refunds, etc	5132	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total (Gross income for AR)	133,271	-	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	133,271	-	-

A3 Payments

Council Tax	3,758	-	-
Water Rates	724	-	-
Gross Wages & Salaries	22,092	-	-
Staff & Volunteer Training	1,196	-	-
Website	1,062	-	-
Lease	70,839	-	-
Insurance(building and goods)	351	-	-
Fund raising	2,374	-	-
TV Licence	265	-	-
Gas & Electricity	1,279	-	-
Telephone and broadband	866	-	-
Mobile Phone	150	-	-
Office Admin	683	-	-
Client support	39	-	-
Food Bank	2,058	-	-
Maintainance & repairs	8,780	-	-
Miscellaneous	2,195	-	-
	-	-	-
Sub total	118,709	-	-

167809

ounts

Period end date

12/01/2020

CC16a



Total funds

Last year

to the nearest £

to the nearest £

126,202	41,479
25	1,040
1,912	734
5,132	8,898
-	-
-	-
-	-
-	-
133,271	52,151

-	
-	-
-	-

133,271	52,151
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3,758	2,621
724	686
22,092	7,820
1,196	150
1,062	57
70,839	22,660
351	281
2,374	-
265	232
1,279	3,281
866	907
150	73
683	6
39	69
2,058	1,745
8,780	6,378
2,195	2,865
-	-
118,709	49,831

Section B Statement of assets and liabilities at the end of t

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-	-
118,709	49,831
14,562	2,320
-	-
5,019	2,699
19,581	5,019

the period

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
OK	OK

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
349	-

charity's own use


B5 Liabilities

Details	Fund to which liability relates

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

	Jason Edwards

-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

**Amount due
(optional)**

**When due
(optional)**

-	
-	
-	
-	
-	

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Date of approval

dwads

08/31/2021

The Trustees
Fresh Horizons CNB
31A Heather Park Drive
Wembley, Middlesex
HA0 1SP

Independent examiner's report to the trustees of Fresh Horizons CNB

I report to the trustees on my examination of the accounts of Fresh Horizons CNB for the period 31 December 2019 to 31 December 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Yours faithfully,



Ekaete Onipinla
93 Kempe Road, London NW6 6SN
20 October 2021