

Charity registration number 1167777

Company registration number 07538792 (England and Wales)

THE WINDFALL CENTRE LIMITED

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023



THE WINDFALL CENTRE LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr J M Senior H Findley Ms A Grunsell Mrs M A Hinks Dr S A Miles
Charity number	1167777
Company number	07538792
Principal address	Gwalia Annex Ithon Road Llandrindod Wells Powys Wales LD1 6AS
Independent examiner	Mitchell Meredith Ltd St Davids House 48 Free Street Brecon Powys UK LD3 7BN

THE WINDFALL CENTRE LIMITED

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TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The Trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2023, which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011 the Companies Act 2006, the Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

1. Business Description

The Windfall Centre is a charity providing the services of trained and experienced professionals supporting the emotional health, welfare and development of children and families. We provide therapeutic support through a variety of proven therapy interventions for children and young people suffering distress arising from trauma, abuse or adversity. We also provide training and consultancy, and supervision to other practicing Play Therapists.

1.1 History of Business Development

Windfall was started as a private not-for-profit business in 2011, by one present and one former therapist, who identified a need for these services in Mid Wales. The business has grown significantly in recent years and became a registered charity in 2016. The therapeutic team has expanded from an initial two therapists, to seven, allowing the service to expand geographically as well as including additional expertise.

1.2 Located in Llandrindod Wells, the Centre initially provided services for children and families in Powys but, due to increased demand, is now also active in South and West Wales as well. Therapeutic programmes have developed and now include Play Therapy, Filial Therapy, Art psychotherapy and Tele-Play Therapy. The Nurturing Families programme draws on Play Therapy to support mothers and little ones under five to strengthen the caregiver relationship and promote secure attachment. Other programmes have included outreach provision in both north and south of Powys to address long travelling times for some children to attend the Centre. Finally, in response to the dearth of other services for troubled young adults in our area, our Creative Counselling service remains on offer.

2. Our Purpose and Values

The purposes of The Windfall Centre are to:

- Support the emotional and mental health of children and young people through the delivery of play therapy and related therapeutic interventions
- Encourage and support the parents and carers of the children referred to us by establishing close, non-judgemental relationships offering advice and guidance as appropriate
- Support referring professionals and the wider professional network through consultation, training, seminars and bringing in expert speakers.

2.1 Our Aspiration and Values

We aim to be the leading non-statutory provider of Play Therapy and related therapeutic interventions for children and young people in the areas we serve; which currently include Powys and South and West Wales.

2.2 The Windfall Centre is founded on the passionate belief in the right of all children and young people to develop to their full potential and where that development needs a helping hand, they are entitled to the highest professional service.

2.3 We base our philosophy in the UN Convention of the Rights of the Child and especially Article 3 which states that every organisation involved with children should work towards what is best for each child. Our vision accords with the Welsh Government's Well-being of Future Generations Act 2015. Our Safeguarding policy and procedures similarly conform to the Safeguarding Procedures Wales 2020.

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3. Key Personnel

3.1 Our Patron:

Gillian Clarke was born in Cardiff in 1937 and now lives in Ceredigion. A poet, playwright and tutor on the MPhil in Creative Writing at the University of Glamorgan, she is also president of Ty Newydd, the writers' centre in North Wales which she co-founded in 1990. She was the inaugural Capital Poet for Cardiff 2005-6. In 2008 she was appointed National Poet of Wales, and in 2010 received the Queen's Gold Medal for Poetry.

3.2 Staff

Clare Hurford – Service Manager

Clare joined the team in August 2019 as Finance/Admin Officer, moving into a Service Manager role in 2021. With a background in accounting, Clare has taken on more responsibility in this time including implementing new accountancy software, re-designing a website and arranging the opening of new clinics. Clare has joint overall responsibility for the efficient running of The Windfall Centre and its therapeutic services, accountable and reporting to the Board of Trustees.

Clare takes all opportunities to positively promote The Windfall Centre and the services it provides; especially by creating and establishing excellent professional relationships within the team and with Patrons, external agencies, clients and commissioners as well as donors and prospective donors.

Clare actively promotes an organisational culture valuing equality, respect, co-operation, diversity and inclusion, shared learning, professional development, best practice and aspiring to the highest professional practice in delivering services to the children, young people and families referred to the service.

A large aspect of the Service Manager role is to apply for funding to help self-referring families access the therapeutic support they need, and this year Clare has successfully secured over £75,000 in grant funding for The Windfall Centre.

Outside the office Clare enjoys caring for her three young children, reading and watching films. *(employed full-time)*

3.3 Associates (self-employed)

Gabrielle Eisele - MSc Play Therapy (Merit); MA DATP (Dist); MSc Psychology; BSc Liberal Arts (Hon); PG Diploma Positive Behaviour Support; B-Tec Diploma Early Years and Childcare

Play and Filial Therapist, Nurturing Families practitioner

Gabrielle has been working with children and young people across the UK and America for over 30 years. Roles included: specialist advocate for disabled children and young people, Special Needs Play Development Worker, Adviser for the Family Fund Trust, Portage-worker, high school, college and university lecturer, Child-worker for Women's Aid, Expert Witness to the courts on children's attachment relationships, as well as providing training in all areas of child welfare and development, mental health, therapeutic work and ASC across the country. Gabrielle is the co-founder of The Windfall Centre and as a BAPT qualified Play and Filial Therapist offers Play Therapy, Filial Therapy and Supervision through the service.

Jo Hill - MSc Play Therapy (Dist); BA (Hon) Childhood Studies

Play Therapist, Filial Therapist, One of the two Welsh representatives for British Association of Play Therapists (BAPT)

A BAPT qualified Play and Filial Therapist. Prior to becoming a Play Therapist, Jo has been working with children and young people for 15 years. Her roles have included; working as a mentor, a reading friend, a study support worker and as a ChildLine counsellor. Jo achieved awards throughout her academic career, receiving the Chancellor's Award for outstanding work and the Departmental prize for best student for her BA, and the award for the most outstanding student in her Masters' programme. Jo's current work is as a play therapist at The Windfall Centre where she sees individual children. She also works with parents/carers using a Filial Therapy model and provided play therapy via The Windfall Centre's School Programme. *(self-employed)*

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Maggie Fearn - MA (Dist) DATP; MA(Dist)HIPPT (CTC, Eire);

BAPT Play Therapist, Child and Adolescent Psychotherapist, responsible for South and West Wales service. Nurturing Families practitioner.

Maggie has been a play practitioner for 30 years and a Forest School practitioner since 2001. She graduated as a practitioner of Body and Earth Experiential Anatomy, Somatics and Authentic Movement in 2010. She specialises in Nature-Based Play Therapy. Maggie is Senior Lecturer for the Play Therapy Masters Programme at University of South Wales Newport. She has undergone intensive Filial Therapy training and runs therapeutic retreats for families in crisis. She also attained a Diploma in Creative Supervision and provides supervision for play therapists and counsellors. *(self-employed)*

Holly Joyce - MSc Play Therapy, BA (Hon) Drama

Play Therapist and Theraplay Level One Practitioner. South and West Wales Service

With a background in Drama and Education, Holly's work with children and young people extends over ten years and has included diverse roles such as a nursery nurse, mentor for Cardiff Youth Offending Team, support worker to children with autism and behavioural needs and drama teacher. She currently works as a play therapist in the south and west Wales service as well as seeing some children in the Centre. *(self-employed)*

Sharon-Louise Pullen - Art Psychotherapy BA Hons Fine Art

Art Psychotherapist

Sharon-Louise has been a qualified state registered Art Psychotherapist for 17 years. She has additionally completed a two year infant observation course affiliated to the London Tavistock Clinic through the Child and Adolescent Mental Health Service (CAMHS). She is a member of the British Association of Art Therapists (BAAT) and the Health and Care Professions Council (HCPC) professional regulatory bodies. Her experience as an Art Psychotherapist includes work with adults with brain injury at Headway, within a women's forensic unit through the NHS and in adult mental health. She has also worked within education with teenagers, in specialist schools, in residential units offering specialist care with eating disorders and in residential homes with children with a range of diagnoses. Her commitment to the welfare and well-being of children and young people is carried through her safeguarding roles as a parent governor of a primary school and her involvement on the executive committee of the Scouts Association. *(self-employed)*

Sue Bidmead - BA Hons (Env.Ed.) Post Grad Cert. Ed. Post Grad. Dip. (Counselling Children and Young People), Post Grad Cert. (Solution Focused Brief Therapy)

Counsellor Children and Young People, responsible for Specialist Counselling pilot project.

Sue is a qualified teacher and has a diploma in Counselling Children and Young People and a certificate in Solution Focused Brief Therapy. She is a BACP registered counsellor currently working with young people in Further Education. She also teaches in adult education, specialising in communication and counselling skills and emotional literacy. Sue has worked for and managed a mediation service in Powys and adjacent counties, resolving community and neighbourhood disputes. *(self-employed)*

Becky Webb – MSc Play Therapy, BSc Biology and Geography, QCF Level 5 Diploma in Leadership for Children's Care, Learning and Development

Play Therapist

Becky is a recently qualified Play Therapist accredited by the British Association of Play Therapists (BAPT). She has also completed Level 1 Theraplay® training and can use this approach within her practice.

Becky has worked with children and families over a number of years before becoming a play therapist including management of an Early Years setting, working as a family support worker and co-producing community projects with families to alleviate in-work poverty. Becky's experiences in these roles led to her wanting to develop her professional skills in working therapeutically with children and families.

In addition to her role as a play therapist at the Windfall Centre, Becky is also an experienced coach with Riding for the Disabled Association (RDA) and works therapeutically with horses to support children and young people's wellbeing.

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Student Play Therapists – We have continued our close association with the University of South Wales Play Therapy course and were pleased to be able to offer a third year placement, which led to an associates role at The Windfall Centre. Students are supervised and managed within our service and offer a valuable extension to our provision, allowing children who might not be able to acquire full funding to still receive a service commensurate to their identified therapeutic needs.

4. Trustees

Marilyn Hinks (Chair of Trustees)

Marilyn has spent most of her professional life teaching students with additional needs. For 13 years she was the SENCO at Welshpool High School where she also taught psychology to the 6th form. When she “retired” Marilyn worked as a Family Engagement Co-ordinator alongside families who needed support in accessing local services and helping vulnerable students settle into school and enjoy their schooldays. She now works with colleagues facilitating support groups for parents with children of all ages. Her experience of working with families has made her realise just how important the role of the Windfall play therapists is in supporting

John Senior (Treasurer)

John retired in 2011 after 17 years in industrial R&D followed by 3 years at the Medical Devices Directorate in London, which led to 17 years auditing medical device manufacturers world-wide (on behalf of Lloyds Register Quality Assurance) for their compliance with relevant ISO Standards and European Directives. For the last 3 years of this period John was self-employed, and so became familiar with accounting spreadsheets. For 8 years up to 2016 John was treasurer of a local Quaker Meeting, and for the last 6 years he has been treasurer of a Quaker Special Interest Group. In November 2016 he became treasurer of Mid Wales Area Quaker Meeting, which financially is of similar size to The Windfall Centre.

Ange Grunsell

Ange is now retired after a career in education but is an active member of Hay Writers which she chaired for 3 years. She has been a teacher, a teacher trainer and a school governor. She worked in inner city London with teenage truants marginalised by the education system, and in adult literacy, as well as projects challenging racism and gender bias in materials, classroom practice, curriculum and in teacher training. She was director of Oxfam’s Development Education programme and a writer and lecturer on the South Bank University international masters course in Education for Sustainability. She was chair of Islington Family Service Unit during a period of change from long term case work to family therapy.

She lives with her female partner near Hay on Wye and enjoys singing, playing tennis and visiting children and grandchildren. She is a volunteer distributor for Zaytoun who support Palestinian farming through imports of olive oil and other produce.

Sue Miles

Sue spent her working life running businesses in the pharmaceutical sector following a degree in Natural Sciences from Cambridge and PhD in Medicine from Edinburgh University. She is now retired, lives in Herefordshire and is an active member of the local community. Her business expertise is in organisational growth, change management, mergers and acquisitions, risk management and the mentoring of colleagues.

Hannah Findley

After gaining her degree in Criminology and Psychology, Hannah began her career in primary school education. Here she supported children with additional learning needs on a 1:1 basis, whilst also supporting whole class learning. Hannah then moved on to managing the pastoral care across a primary school, implementing a whole school trauma informed approach to teaching, with a focus on nurture and well-being. She worked with groups and individual children of all different backgrounds who were particularly struggling with their emotional literacy.

Hannah is due to begin her new venture working for Children’s services in September, coordinating support for families and ensuring that more families across Powys can access the support and guidance that they need.

5. Business Structure

The Windfall Centre is a charitable company limited by guarantee with a board of directors who also act as Trustees of the charity. The charity is governed by its Memorandum and Articles of Association dated 2016. It is registered as a charity with the Charity Commission. None of our Trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior

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manager of the charity which may result in a conflict of interest must be disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

The chair of the Trustees is nominated by the Trustees and Trustees serve for a minimum of 2 years. All members are circulated with invitations to nominate trustees prior to the AGM advising them of the retiring trustees and requesting nominations for the AGM. When considering co-opting trustees, the Board has regard to the requirement for any specialist skills needed, for example, Treasurer.

New trustees undergo orientation to brief them on their legal obligations under charity and company law, the Charity Commission guidance on public benefit, and inform them of the content of the Memorandum and Articles of Association, the committee and decision-making processes, the business plan and recent financial performance of the charity. During the induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

5.1 *Management of the Service*

The day-to-day management of the service is delegated by the Trustees to the Service Manager. All the therapists operate on a self-employed basis, being paid according to face-to-face therapy hours, and occasional meetings. The Service Manager is now a full-time post and provides invaluable admin and financial support to the team and the trustees.

5.2 *The Windfall Centre Premises*

The Windfall Centre is located in Llandrindod Wells, being central to the county of Powys. The Centre's premises are welcoming, informal, comfortable and discreet. The playrooms are spacious, well equipped, light and airy. A young person's counselling room has recently been established. A kitchen and waiting/Family room are available and refreshments are freely available for parents/carers while they wait for their child. There is also a larger Meeting Room which is used for Trustee meetings, training and seminars. A recent addition is the basement which has added an Art Psychotherapy room, a Playroom fitted with cameras and an observation room for Filial Therapy. This basement has allowed The Windfall Centre to provide disabled access via a ramp and every accommodation is made for those who require assistance to access the service. The premises are rented and there is a good relationship with the landlord who is very supportive of the service.

5.3 The service in South and West Wales is currently delivered from a rented room in a private therapy centre in Cowbridge as well as a private therapy space in Abergorlech. All the premises used by The Windfall Centre are carefully assessed as to health and safety, ease of access and lone working considerations. A wide range of toys and equipment is available at each location.

5.4 In 2022-2023 the Windfall Centre has three new outreach clinics in Newtown, Hay-on-Wye and Llanelli to respond to the needs of the clients.

6. **Therapeutic programmes**

The main therapeutic programmes we offer are non-directive Play Therapy and Filial Therapy and we anticipate that these will continue to form the core of our service. Programmes are offered following an Intake meeting with parents/carers and/or referring professionals. Play therapy programmes usually comprise 20 weekly sessions plus at least 2 parent/carer reviews. Filial therapy programmes are shorter at 16 weeks.

6.1 *Play therapy* is an acknowledged intervention for children ranging from those who are struggling emotionally to those at risk of deteriorating mental health. It has proved very effective for children with behavioural or other social difficulties and for those trying to cope with major life events such as bereavement, loss or family breakdown. It is a valuable therapeutic tool for children who have suffered major trauma or abuse, eg; children in Care. It can particularly help those with learning or communication difficulties or for whom English is not a first language. Through play and the therapeutic relationship, children can invite an insight into their emotional world, work through traumatic experiences, explore solutions to dilemmas and master their emotions and thoughts.

6.2 *Filial therapy* is a unique therapeutic model, evolved from play therapy, which strives to enhance the child-parent relationship by empowering the carer with new ways to interact with the child. Following instruction and supportive supervision by an experienced therapist, caregivers can then act directly as therapeutic support to their child. This model can be especially valuable to foster and adoptive parents by enhancing the child-carer attachment relationship.

6.3 *The Nurturing Families Programme* draws on Filial Therapy to support mothers and little ones under five to strengthen the mother-child relationship and promote secure attachment. The programme is funded by The National Lottery for a period of three years from 2022.

6.4 *The Specialist Counselling service* was established as a pilot service in response to a request from the Powys Detached Youth Service (PDYS) and each referral is purchased separately by them. These referrals are for young people, 16 to 25yrs, who are often socially dis-

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engaged, on the edge of, or already involved in, the criminal justice system and/or who may have mental health difficulties un-addressed by any other service. The demand for this service is low and there have been inevitable difficulties in engagement and in geography. However, we intend to keep the service available while we can.

6.5 *Art Psychotherapy* allows children and young people to express themselves, not only through drawing or painting but in three dimensional creations with clay and many other materials.

6.6 *Tele-Play Therapy* helps address children's needs to express the worries and fears that may accompany their experience of isolation with families during the covid-19 pandemic and then the return to a new normalcy. All Play Therapists have, in addition to their academic and clinical training to Masters level, undertaken training specifically in Tele-Play Therapy at advanced level. This has addressed specific safeguarding concerns, contracting and family support as well as the clinical aspects of doing child therapy online.

These new services have proved very valuable in helping us increase the children and young people we can serve and tailoring our interventions more closely to the needs of the child/young person.

6.7 Commissioners

Referrals to our service are purchased by commissioners on an individual basis. Our main commissioners are

- o Powys Early Help for children needing a service beyond the universal ones, to promote their health or development;
- o Powys Children's Services for children who may be on the child protection register as in need of a child protection plan, or children being fostered in the Care System. These children, almost by definition have suffered considerable emotional trauma, abuse or neglect.
- o Other local authorities. Recent examples include Carmarthenshire, Pembrokeshire and Swansea.

6.8 We also received 75% of private referrals and these are funded either by the parents or from funding secured through grants.

7. Covid-19 Response and Service Development

Along with the rest of society, we were rocked at the start of the pandemic with how we would navigate a new world. Initially face to face therapy ceased and all Play therapists undertook training in Tele-Play Therapy to an advanced level in order to carry on supporting children and families online. During the lockdown the therapists also provided a telephone support line should families have the need to talk to someone about how their children and families are coping. As restrictions eased and with the help of generous funding we were able to build a Perspex divide in a playroom to develop a COVID safe space and continue with face to face therapy. We decided that the service provided by The Windfall Centre will continue based on the following considerations:

1. Children's reactions to events are very largely influenced by the responses of the adults around them, but also by the wider societal atmosphere. The chaos and uncertainty around schools opening can be a significant source of stress and anxiety to children and young people. If there is additional adult / caregiver anxiety about childcare, finances and work complications, this does not pass by unnoticed by children and young people.
2. Add in the recurring death tolls from the virus and again, adult responses to the fear of the virus, and children can be left worrying about their own health or that of their parents / caregivers. There is also the other subliminal messages that children may infect their loved ones which can cause worry and concern.
3. Under the lockdown conditions, the often overlooked but vital support for many children comes from school staff and other adults external to their family is not available or is only sporadically available.
4. The central approach by our skilled therapists has always been to recognise children and young people's need for stability and predictability, thus conveying a sense of emotional containment and safety. This is needed now more than ever.
5. Similarly, the work that is done with parents and caregivers provides them with support and understanding and the strength to recognise their children's emotional needs. This in turn equips them with the ways and means to respond attentively to their children.
6. Our service addresses the emotional and mental health needs of children and families and in this national mental health crisis our service is vitally needed.

Filial therapy can also be provided at the centre or by video link, and our Tele-play therapy remains accessible. The high level of support we provide to parents / caregivers will also remain available.

The Trustees commend the level of skill and commitment of our Therapists and the support they receive from Clare and Gaby. Again, we extend our heartfelt thanks to them all for the way they continue to support children, young people and families in these extremely challenging times.

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We expect to continue delivering our core services and have embed the Nurturing Families service into our regular provision. This was modified in response to findings from the first part of the pilot programme. We would like to widen the service via private referrals or referrals from other agencies eg; GPs, schools, to embrace more children and families struggling with a range of adversities. As there is no ringfenced funding for our service from these agencies, we will be seeking funding from various grant making organisations in addition to tendering for any further contract that may be available from Powys or other local authorities.

7.2 We continue to work closely with the University of South Wales and provide placements for student play therapists, especially those who may go on to practice in Wales.

8. What makes The Windfall Centre special?

8.1 Our Therapists

All the active play and filial therapists are registered with the British Association of Play Therapists and accredited by the Professional Standards Authority. They are all qualified to Masters' level and have all undergone their own therapy as is expected for this high level of training. Our other therapists and counsellor are similarly accredited to their respective professional body. All have wide prior experience working with children and young people in a variety of contexts. In addition to their therapeutic knowledge, the theoretical underpinnings of the team's approach include a clear and nuanced understanding of Attachment theory and neurodevelopment, especially the effects of abuse and early trauma on the developing brain and the child's emotional development. This draws on the work of acknowledged experts such as Bessel Van der Kolk and Bruce Perry amongst many others.

8.2 A Team Approach

In contrast to many independent play therapists, child psychotherapists or psychologists working alone in private practice, our staff are a close-knit and cohesive team with a shared ethos in supporting the emotional health of children and families in our areas. In addition to regular supervision and continuing professional development, the therapeutic team meets regularly to share knowledge, experience and practice issues. This builds a consistency of practice and shared skills, without limiting the individual therapist's own style.

8.3 Evaluation

Evaluation is at the core of our work, and we seek creative ways to make this meaningful to our service provision and development. Strengths and Difficulties questionnaires are administered on commencement and ending of all therapeutic programmes. Additionally, staff use an internal 'Therapeutic Progress Measure' compiled and rated together with parents/carers to measure progress throughout the programme. Shortly after the end of a programme of therapy parents/carers and the child are invited to give feedback on their experience. (See Appendix)

8.4 Value for money

We believe that access to our services and to the professional knowledge of our staff should be as easy as possible. We have a sliding scale of fees for private referrals and offer a free initial Intake meeting for these referrals. This is an opportunity for parents/carers to think together with two therapists to better understand the needs of the child and what might be contributing to the child's difficulties. We automatically offer support and consultation to the foster carers we work with and to the referring social workers, as well as working closely with school staff where necessary.

8.5 Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. At the end of each programme of therapy, both parents and children are invited to evaluate their experience. The evaluations received have been overwhelmingly positive and illustrate the public benefit of our service. Considering the wider public benefit, the Trustees also recognise that addressing early trauma and adversity can have a later effect in reducing anti-social behaviour and contributing to safer communities as well as building individual resilience.

8.6 Additionally, the training, consultation and delivery of seminars and conferences undertaken by our staff, contributes to the professional development of many allied professionals in the wider professional environment with a hoped for knock-on beneficial effect on other services.

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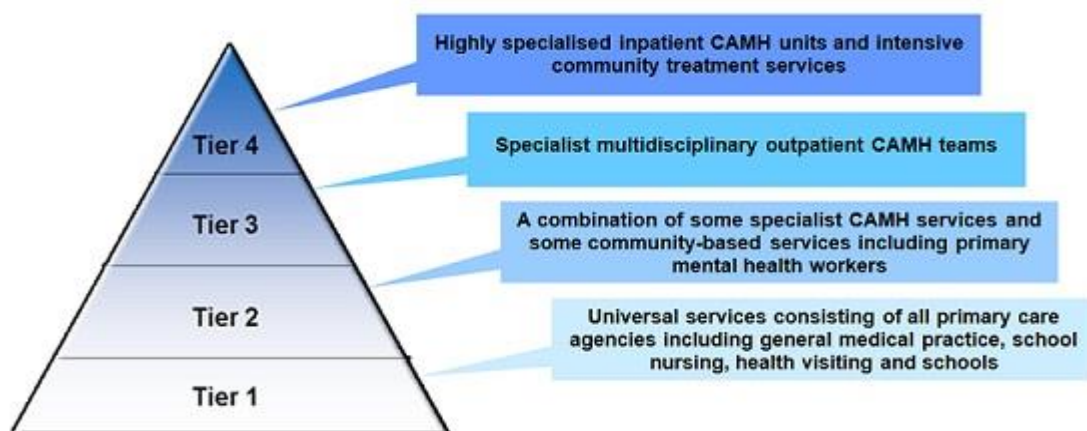
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9 Programme Development Matrix

Programme/Post	Completion date	Resources	Action	Responsibility
Play Therapy	On-going		Continued liaison with commissioners	Service Manager
Filial Therapy	On-going		Continued liaison with commissioners	Service Manager
Nurturing Families	On-Going		Liaison with referrers	Service Manager
Specialist Counselling	On-going – responding to direct referrals	Possibly seek funding to extend project	Liaison with commissioners Applications for future funding	Service Manager Fundraising sub-committee
Art Psychotherapy	On-going		Part of range of programmes available	
Increase private referrals	On-going	Seek funding/make tender application if applicable	Applications for future funding	Fundraising sub-committee
Outreach projects		Identify and secure premises	Agreement with Early Help	Service Manager

10. Client Profile

10.1 Children and young people who are experiencing difficulties that could be related to their mental health are usually first identified within Tier 1 services, for example by a teacher, GP or health visitor. Similarly, parents/carers who identify their child as experiencing difficulties will usually first seek help from services at that level. Four tiers comprise the NHS Child and Adolescent Mental Health service (CAMHS). Children and young people with an identified need may be subsequently referred into specialist CAMH services (falling within Tiers 2–4) for assessment and intervention if necessary. The therapeutic services offered by The Windfall Centre fall within Tier 2 and Tier 3 as illustrated below.



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10.2 Tier 2 practitioners offer consultation to families and other practitioners. They identify severe or complex needs requiring more specialist intervention, assessment (which may lead to treatment at a different tier), and training to practitioners at Tier 1 level. Practitioners at Tier 3 provide a service for children and young people with more severe, complex and persistent disorders. Practitioners include:

- child and adolescent psychiatrists
- social workers
- clinical psychologists
- community psychiatric nurses
- child psychotherapists
- occupational therapists, and
- art, music, play and drama therapists

reconstitution or, at the other end of the spectrum, children who have suffered extremes of abuse and neglect and are severely traumatised. Despite their circumstances these children do not usually reach the threshold for a service from CAMHS. A skilled therapeutic intervention and close working with other professionals is essential in these cases, often, for fostered children, to ensure the child does not experience multiple placements within the Care system.

11. Financial Situation and Risk management

11.1 The trustees have a risk management strategy which comprises an annual review of the principal risks and uncertainties that the charity faces, the establishment of policies, systems, and procedures to mitigate those risks and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise. The financial sustainability is a potential risk for the charity.

Policy on reserves

It is the policy and aim of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure, which equates to approximately £30,000. This provides sufficient funds to cover management and administration and support costs. At the balance sheet date, the free reserves amounted to £17,428.

11.2 Attention has also been focussed on non-financial risks such as the health and safety of therapists and children and families using the centre. Paramount among these is safeguarding children and young people from risk of abuse, neglect or professional misconduct. They also include the physical safety of staff and centre users as well as professional lone working. These risks are managed by ensuring a robust policy and procedure is in place, and regular awareness training for staff and trustees.

11.3 The Windfall Centre is currently receiving income from services purchased by Local Authorities including Powys County Council, Swansea Council and Carmarthenshire Council. Self-referrals are funded by parents and carers with the help of grant funding secured by the Service Manager throughout the year.

11.4 The funding from Local Authorities leaves us exposed to the vagaries of social services budgets which are themselves dependant on the wider economic climate. A significant drop in referrals could leave The Windfall Centre struggling to survive. It is a cruel irony that when public sector budgets are being drastically cut, the services the Windfall Centre provides are more needed than ever.

11.5 Secondly, it is apparent that many more children could benefit from the services we offer, often as an early intervention, but the funds for this are not available. Few parents can self-fund and The Windfall Centre aims to help in this area by applying for grant funding to raise money for therapeutic support.

11.6 Thirdly, out of necessity, we keep our fees to the statutory services as low as is viable in recognition of the constraints on budgets.

11.7 These have been the significant drivers in the move to charitable status. The Trustees have addressed these risks by the establishment of a standing 'Finance and Fundraising' sub-committee with the brief to ensure core funding as well as funding for initiatives. This work is guided by a fundraising strategy.

11.8 This is our seventh year as an established charity and the figures for the year-end financial situation can be seen at the bottom of the balance sheet attached.

11.9 The SWOT analysis below allows a concise view of the internal and external factors pertinent to The Windfall Centre.

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TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

INTERNAL FACTORS	
STRENGTHS (+)	WEAKNESSES (-)
✓ Highly qualified and experienced therapists ✓ Team dedicated to delivering quality service ✓ Established service widely valued by other professionals ✓ No credible competitors at this point ✓ Ability to respond to referrals from South and West Wales in addition to Powys ✓ Trustee Board committed to sustainability of service ✓ Therapeutic programmes valued by children and families ✓ Capacity available to take more referrals especially private ones ✓ Standing sub-committee for Fundraising applications and over-view of Finance	• Vulnerable financial base • Presently insufficient capital or income to pay support roles or fund/part fund private referrals • Some policies and procedures need creating/reviewing • Team members widely scattered, difficulties in maintaining team cohesion • Need additional Trustees to allow for constraints on involvement experienced by some • Possible conflict of loyalties/commitment with therapists also working elsewhere (self-employed)
EXTERNAL FACTORS	
OPPORTUNITIES (+)	THREATS (-)
✓ Children’s emotional and mental health high on social agenda ✓ Present dearth of other services to meet need locally ✓ Possible opportunity to agree further contracts with Children’s Services due to current Review in Powys ✓ Opportunity to tender for future Powys contract ✓ The service falls within the funding criteria of a number of funding organisations – encouraging for funding applications	• Social Services Children’s Services often under-funded, consequently looking for value for money which does not always fit with child’s therapeutic needs • Need to keep tariffs low in recognition of constraints on commissioners’ budgets • Opportunities for Play Therapists becoming more available ~ could lose therapists • Difficulties in recruiting Play Therapists in mid Wales • Uncertainty regarding funding applications

THE WINDFALL CENTRE LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023

12. Credit risk

The charity's principal financial assets are bank balances and cash, trade and other receivables.

The charity's credit risk is primarily attributable to its trade receivables. The amounts presented in the balance sheet are net of allowances for doubtful receivables. An allowance for impairment is made where there is an identified loss event which, based on previous experience, is evidence of a reduction in the recoverability of the cash flows.

The credit risk on liquid funds is limited because the counterparties are banks with high credit-ratings assigned by international credit-rating agencies.

The charity has no significant concentration of credit risk, with exposure spread over a large number of counterparties and customers.

13. Marketing

The majority of referrals to our service are purchased by commissioners, mostly local authorities, on an individual basis, so the need for the kind of marketing required by manufacturing or commercial service businesses does not arise. Instead, The Windfall Centre undertakes marketing initiatives by targeting influencers and a wide range of local authority, health care and other professionals to persuade them of the benefits of referring children and young people to The Windfall Centre for therapy.

The aim of our marketing activity is to promote The Windfall Centre as a centre of excellence in the provision of play therapy and related interventions in the areas we serve which include Powys and South and West Wales. We currently employ the following marketing tools:

13.1 Website. The Windfall Centre website gives a clear indication of the range of therapeutic interventions available from Windfall, demonstrates how they work and how to access them. The site is regularly updated as new information and new programmes become available. www.windfallcentre.co.uk

13.2 Leaflets. There is an individual leaflet available for each therapeutic programme provided by The Windfall Centre, replicating information published on the website.

13.3 Conferences and Training. The Windfall Centre has delivered two very successful conference for professionals in the fields of social care and children's mental health, and more would be welcomed. Key note speakers invited to participate included some of the most respected and best-known practitioners in their fields of expertise. At each event, delegates got ample opportunity to meet our therapists and learn about the work of The Windfall Centre.

13.4 Social Media. The Windfall Centre maintains a Facebook page and LinkedIn Page with a new blog added in July 2022 to the new website.

13.5 Community Events. Where indicated, The Windfall Centre personnel provide an active presence at targeted events within the local communities they serve, especially where this might contribute to fundraising.

14. Conclusion

Wales NHS estimates more than 40% of young people in Wales, show risk factors for adverse mental health, 30-40% may at some time experience a problem and up to 25% may have a recognisable disorder. The current Children's Commissioner for Wales, Sally Holland, found in her consultations across Wales that children's and young people's mental and emotional health was the most pressing concern for them.

Additionally, in their first report, the Welsh Adverse Childhood Experience (ACE) and Resilience Study, conducted by Public Health Wales and Bangor University (2018) focussed on mental illness. From their survey of adults in Wales, they identified how individuals who suffered ACEs were at significantly increased risk of mental illness. Compared with people with no ACEs, those reporting four or more were over 3 times more likely to report current mental illness, six times more likely to report lifetime mental illness and nine times more likely to report ever having felt suicidal. In addition to physical, sexual and emotional abuse and neglect, adverse childhood experiences include living in a family with domestic abuse, alcohol and drug related problems and parental mental ill-health.

With a highly skilled team and a committed Trustee group, the Windfall Centre is well placed to expand its therapeutic services and reach more children and young people struggling with many difficult emotional issues.

Parents' comments:

'There has been a complete change, everything's going well at home and at school. It's been amazing and I'm so grateful. If we hadn't had this I don't know where we would be.'

We've just been through the scores and listed the new ones below which show the positive changes since B's first session. He is now

THE WINDFALL CENTRE LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

enjoying high school and dealing with that change very well, showing a lot more independent choices.

Thanks for all your help and support.

So P's meltdowns are at a 2 now - they still occur but have less intensity and he's more easily brought out of them

His food control I have no concerns over

With F her food control I have no concerns over, her wetting is at a 1 - very rare now, sadness at a 0 - she is happy and smiling and settled into our new life, her regression is at a 0 too.

They are both doing really well and I can't tell you how beneficial it was having sessions with you. Thank you so much!

"If I didn't have a mummy like you I wouldn't like my new school and new house and I'd just stay in my bedroom but I do have one like you and because of that I love everything". There's no way in a million years he'd have said anything like that before so thank you very much for your help x

Children's and Young People's comments:

'Obviously, it's got a lot better. Any back and fro between mum and me has eased off. It's a lot better now'

'Having someone outside family to talk to'

Well, firstly... One of the biggest things I achieved from our sessions and have had a positive impact is really opening up and being honest. Your ability to listen and cut in asking the right questions let me not only vent my feelings, but I realised voicing my feelings out loud allowed me to answer my own questions.

There's not any con's from the session to be honest. Perhaps a little improvement is to not do the quiz straight away because when I did it I wasn't really 100 percent honest maybe that's because I didn't really know you I guess. But by the second session I felt really comfortable to open up.

What I would say to a young person is YOU DON'T NEED TO HIDE IN YOURSELF and YOU'RE NOT ALONE. I realised I kept a lot of things inside and at this age it's so healthy to talk about what you feel and. counselling is the best way, in my opinion, to do that and not feel judged.

Approved by the trustees of the charity on 8/9/23 and signed on its behalf by:

Mr J M Senior
Trustee

THE WINDFALL CENTRE LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023



The Windfall Centre

Supporting the emotional and
mental health of children and families



IMPACT REPORT 2022-2023

66 FAMILIES COMMENCED THERAPY



Play Therapy 58%
Art Psychotherapy 15%
Filial Therapy 6%
Counselling 8%
Nurturing Families Programme
9%
Parent Support 5%

96 REFERRALS



Top 3 concerns for referrals:
Behavioural Concerns
Childhood Trauma
Anxiety

SOURCE OF REFERRALS



Self Referrals 65%
Social Services 26%
Third Sector 4%
Schools 5%

AREAS SUPPORTED

Mid Wales- 70%
Vale of Glamorgan- 10%
Carmarthenshire- 20%



**AVERAGE
AGE AT
REFERRAL**
9

TESTIMONIALS

'The Windfall Centre have been totally supportive and have done so much to help my child'



'A huge difference, he is much calmer in himself. Understands his emotions and is able to self-regulate now. He is also able to get on and play by himself sometimes, which he really struggles with'

'Thanks for everything you've done for us all! Windfall will forever have a special place in our heart because of the wonderful work you do'.



'I can't thank the therapist at the windfall group enough for the changes made to our lives by helping our son!'

**£75,649.61 IN
FUNDRAISING**



**Play Therapy can improve
children's self-esteem and self-
confidence as they learn to
express themselves and feel
heard.**



www.windfallcentre.co.uk

THE WINDFALL CENTRE LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE WINDFALL CENTRE LIMITED

I report to the Trustees on my examination of the financial statements of The Windfall Centre Limited (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mitchell Meredith Ltd

M L Barnes FCA FCCA

St Davids House

48 Free Street

Brecon

Powys

LD3 7BN

UK

Dated: 30/8/23

THE WINDFALL CENTRE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
	Notes				
<u>Income from:</u>					
Income from Donations and legacies	3	475	75,180	75,655	43,582
Income from Charitable Activities	4	64,248	-	64,248	35,271
Investment Income	5	-	-	-	2
Total income		<u>64,723</u>	<u>75,180</u>	<u>139,903</u>	<u>78,855</u>
<u>Expenditure on:</u>					
Expenditure on Charitable Activities	6	<u>58,896</u>	<u>71,148</u>	<u>130,044</u>	<u>95,843</u>
Net income/(expenditure) for the year/ Net movement in funds		5,827	4,032	9,859	(16,988)
Fund balances at 1 April 2022		<u>12,015</u>	<u>34,057</u>	<u>46,072</u>	<u>63,060</u>
Fund balances at 31 March 2023		<u><u>17,842</u></u>	<u><u>38,089</u></u>	<u><u>55,931</u></u>	<u><u>46,072</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE WINDFALL CENTRE LIMITED

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	11		1,224		1,529
Current assets					
Debtors	12	10,635		9,160	
Cash at bank and in hand		47,573		38,882	
		<u>58,208</u>		<u>48,042</u>	
Creditors: amounts falling due within one year	13	<u>(3,501)</u>		<u>(3,499)</u>	
Net current assets			54,707		44,543
Total assets less current liabilities			<u>55,931</u>		<u>46,072</u>
Income funds					
Restricted funds	14		38,089		34,057
Unrestricted funds			17,842		12,015
			<u>55,931</u>		<u>46,072</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 30/8/23

.....
Dr J M Senior
Trustee

Company registration number 07538792

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

The Windfall Centre Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is .

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% reducing balance
Computers	20% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2023 £	2023 £	2023 £	2022 £
Donations and gifts	475	-	475	392
Grants receivable	-	75,180	75,180	43,190
	<u>475</u>	<u>75,180</u>	<u>75,655</u>	<u>43,582</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

3 Income from Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2023	2023	2023	2022
	£	£	£	£
Grants receivable for core activities				
Child Development Fund	-	-	-	3,240
Margaret Davies Charity	-	-	-	2,000
Magic Little Grants	-	500	500	500
Masonic Grants	-	2,000	2,000	2,000
Community Foundation in Wales	-	1,750	1,750	2,000
The Clothworkers Foundation	-	500	500	1,600
PAVO	-	-	-	4,950
Leather Sellers	-	-	-	1,500
Police and Crime Commissioner	-	4,950	4,950	10,000
Trusthouse Charitable Foundation	-	-	-	15,400
Other	-	65,480	65,480	-
	<u>-</u>	<u>75,180</u>	<u>75,180</u>	<u>43,190</u>
	<u><u>-</u></u>	<u><u>75,180</u></u>	<u><u>75,180</u></u>	<u><u>43,190</u></u>

4 Income from Charitable Activities

	Total 2023 £	Total 2022 £
Service Provision	64,248	35,271
	<u>64,248</u>	<u>35,271</u>
Analysis by fund		
Unrestricted funds	64,248	35,271
	<u>64,248</u>	<u>35,271</u>
	64,248	35,271

5 Investment Income

	Total	Unrestricted funds
	2023 £	2022 £
Interest receivable	-	2
	<u>-</u>	<u>2</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

6 Expenditure on Charitable Activities

	Total 2023 £	Total 2022 £
Staff costs	31,520	24,987
Direct costs	73,156	54,316
	<u>104,676</u>	<u>79,303</u>
Share of support costs (see note 7)	23,716	15,132
Share of governance costs (see note 7)	1,652	1,408
	<u>130,044</u>	<u>95,843</u>
Analysis by fund		
Unrestricted funds	58,896	66,525
Restricted funds	71,148	29,318
	<u>130,044</u>	<u>95,843</u>

7 Support costs

	Support costs £	Governance costs £	2023 £	2022 £
Establishment costs	15,712	-	15,712	11,325
Repairs & maintenance	1,475	-	1,475	2,369
Computer costs	2,595	-	2,595	453
Printing, postage & Stationery	227	-	227	186
Sundry expenses	269	-	269	61
Travelling	1,074	-	1,074	24
Telephone	417	-	417	331
Depreciation	305	-	305	383
Advertising & Marketing	702	-	702	-
Training	940	-	940	-
Accountancy	-	1,652	1,652	1,408
	<u>23,716</u>	<u>1,652</u>	<u>25,368</u>	<u>16,540</u>
Analysed between Charitable activities	<u>23,716</u>	<u>1,652</u>	<u>25,368</u>	<u>16,540</u>

8 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Staff	1	1

Employment costs	2023 £	2022 £
Wages and salaries	30,784	23,985
Other pension costs	736	1,002
	<u>31,520</u>	<u>24,987</u>

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2022	4,061	1,078	5,139
At 31 March 2023	<u>4,061</u>	<u>1,078</u>	<u>5,139</u>
Depreciation and impairment			
At 1 April 2022	2,808	801	3,609
Depreciation charged in the year	251	55	306
At 31 March 2023	<u>3,059</u>	<u>856</u>	<u>3,915</u>
Carrying amount			
At 31 March 2023	<u>1,002</u>	<u>222</u>	<u>1,224</u>
At 31 March 2022	<u>1,253</u>	<u>276</u>	<u>1,529</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

12 Debtors

	2023	2022
	£	£
Amounts falling due within one year:		
Trade debtors	8,100	6,625
Prepayments and accrued income	2,535	2,535
	<u>10,635</u>	<u>9,160</u>

13 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	1,644	1,924
Pension Contributions	143	143
Accruals and deferred income	1,714	1,432
	<u>3,501</u>	<u>3,499</u>

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds		
	Balance at 1 April 2022	Incoming resources	Resources expended
	£	£	£
National Lottery Nurturing Families	-	18,190	(4,048)
Co-op Grant	147	-	(147)
Comic Relief Community Fund in Wales	876	-	(876)
Masonic Charitable foundation	420	2,000	(2,420)
Camera Funding	-	500	(186)
PAVO	4,570	-	(4,570)
Waterloo Foundation	3,347	-	(3,347)
Community Foundation in Wales	2,161	1,750	(2,160)
Child Development Fund	3,240	-	(3,240)
The Clothworkers Foundation	1,013	500	(703)
Margaret Davies Charity	2,000	-	(2,000)
Magic Little Grants	500	500	(1,000)
Police and Crime commissioner	6,543	4,950	(7,818)
Trusthouse Charitable Foundation	9,240	-	(9,240)
Foyle Foundation	-	6,000	(6,000)
The Edward Gostling Foundation	-	7,000	(810)
Oakdale Trust	-	1,000	(1,000)
Wesleyan Foundation	-	9,990	(6,976)
Assura Community Fund	-	4,950	(1,750)
Magdalen Trust	-	2,000	(1,426)
Seaburne Foundation	-	4,950	(2,160)
National Lottery Awards for All	-	9,900	(8,270)
	<u>34,057</u>	<u>64,280</u>	<u>(61,878)</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

National Lottery Awards for All represents funding towards helping families access therapeutic support.

Co-op Grant - represents money towards support of children who cannot access funding elsewhere.

Comic Relief Community Fund in Wales - represents funding towards the Filial Therapy Programme, helping families build and strengthen attachment relationships through empowering parents and carers with new and innovative ways to interact with their child.

Masonic Charitable Foundation - represents funding towards a Play Therapy Programme to enable children who have experienced mental health difficulties.

Camera funding represents funds towards a new camera system allowing less intrusive observations during a therapy session.

PAVO - represents funding towards Play Therapy, Art Therapy, Filial Therapy or Parental Consultation for families in Powys.

The Waterloo Foundation represents funding to provide a bursar fund to support self-funding families to access Therapy Sessions.

Community Foundation in Wales - represents for 5 children or families to take part in Tele-Play Therapy.

Child Development Funds - represents funding for the Nurturing Families Programme for under 5's.

The Clothworkers Foundation - represents funding towards the refurbishment costs of the building.

Margaret Davies Charity - represents funding towards therapy bursaries for self-funding families.

Magic Little Grants represents funding towards therapy bursaries for self-funding families.

Police and Crime Commissioner - represents funding to deliver non-directive Child Centred Play Therapy for children who have experienced ACE's.

Trusthouse Charitable Foundation represents funding towards the service manager salary for 1 year to enable the provision of therapy and mental health support to children and families in/around Llandrindod Wells.

Foyle Foundation represents funding to enable families on low income to access therapeutic intervention they so greatly need.

The Edward Gostling Foundation represents funding to enable families on low income to access therapeutic intervention they so greatly need.

Oakdale Trust represents funding to enable families on low income to access therapeutic intervention they so greatly need.

Arnold Clark Community Fund represents funding to enable families on low income to access therapeutic intervention they so greatly need.

Wesleyan Foundation represents funding towards Play Art and Family Therapy.

Assura Community Fund represents funding towards Play Art and Family Therapy.

Magdalen Trust represents funding towards Play Art and Family Therapy.

Seaburne Fund represents funding to enable families on low income to access therapeutic intervention they so greatly need.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

	Movement in funds			
	Balance at 1 April 2021	Incoming resources	Resources expended	Balance at 1 April 2022
	£	£	£	£
National Lottery Nurturing Families	1,326	-	(881)	-
Co-op Grant	3,032	-	(2,885)	147
Comic Relief Community Fund in Wales	4,316	-	(3,440)	876
Masonic Charitable foundation	-	2,000	(1,580)	420
Camera Funding	50	-	(495)	-
PAVO	-	4,950	(380)	4,570
Waterloo Foundation	10,000	-	(6,653)	3,347
Community Foundation in Wales	2,961	2,000	(2,800)	2,161
Child Development Fund	-	3,240	-	3,240
The Clothworkers Foundation	-	1,600	(587)	1,013
Margaret Davies Charity	-	2,000	-	2,000
Magic Little Grants	-	500	-	500
Police and Crime commissioner	-	10,000	(3,457)	6,543
Trusthouse Charitable Foundation	-	15,400	(6,160)	9,240
Foyle Foundation	-	-	-	-
The Edward Gostling Foundation	-	-	-	-
Oakdale Trust	-	-	-	-
Wesleyan Foundation	-	-	-	-
Assura Community Fund	-	-	-	-
Magdelen Trust	-	-	-	-
	<u>21,685</u>	<u>41,690</u>	<u>(29,318)</u>	<u>(36,847)</u>

15 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Total
	2023	2023	2023	2022
	£	£	£	£
Fund balances at 31 March 2023 are represented by:				
Tangible assets	414	810	1,224	1,529
Current assets/(liabilities)	17,428	37,279	54,707	44,543
	<u>17,842</u>	<u>38,089</u>	<u>55,931</u>	<u>46,072</u>

16 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).