

THE WINDFALL CENTRE LIMITED

England & Wales · Charity number 1167777

Details

Other names	THE WINDFALL CENTRE
Status	Registered
Legal form	Charitable company
Company number	07538792
Registered	2016-06-22
Register	View on the Charity Commission register

Contact

Address	Gwalia Annexe Ithon Road Llandrindod Wells LD1 6AS
Phone	01597829346
Email	admin@windfallcentre.co.uk
Website	www.windfallcentre.co.uk

Activities

Objects: THE WINDFALL CENTRE SUPPORTS THE EMOTIONAL AND MENTAL HEALTH OF CHILDREN, YOUNG PEOPLE AND THEIR FAMILIES BY THE PROVISION OF:- THERAPEUTIC SERVICES TO CHILDREN AND FAMILIES RESIDING IN WALES AND THE BORDERS- TRAINING AND CONSULTANCY WITH INDIVIDUALS, ORGANISATIONS AND PROFESSIONAL GROUPS- CLINICAL SUPERVISION FOR STUDENTS AND PROFESSIONALS INVOLVED IN CLINICAL PRACTICE

Activities: The Windfall Centre is a not for profit organisation of professionals with expertise in the field of children's and young people's health, welfare and development. We provide therapeutic support to children and young people through the medium of play and creative activities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People

Geography

- **Area of benefit:** WALES AND THE BORDERS
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£72,476	£81,133	-	-
2024-03-31	£108,493	£117,513	-	-
2023-03-31	£139,903	£130,044	-	-
2022-03-31	£78,855	£95,843	-	-
2021-03-31	£91,148	£62,089	-	-
2020-03-31	£64,709	£76,769	-	-

Trustees

Name	Role	Appointed
GABRIELLE ADAH EISELE		2026-04-13
HOLLY JOYCE		2026-04-13
Maggie Fearn		2026-04-16

THE WINDFALL CENTRE LIMITED

England & Wales - Charity number 1167777

Accounts

Company registration number 07538792 (England and Wales)

Charity registration number 1167777 (England and Wales)

THE WINDFALL CENTRE LIMITED
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

AMENDED

RCH CHARTERED
ACCOUNTANTS

THE WINDFALL CENTRE LIMITED

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THE WINDFALL CENTRE LIMITED

Legal and Administrative Information

Trustees	Mrs G A Eisele Ms M C Fearn Ms H Joyce	(Appointed 10 January 2025) (Appointed 10 January 2025) (Appointed 12 September 2025)
Country of incorporation	United Kingdom (England and Wales)	07538792
Charity registration	England and Wales	1167777
Principal address	Bron Yr Eglwys Lower Chapel Brecon Powys Wales LD3 9RE	
Registered office	Bron Yr Eglwys Lower Chapel Brecon Powys Wales LD3 9RE	
Independent examiner	RCH Chartered Accountants Limited Wellfield House Temple Street Llandrindod Wells Powys LD1 5HG	

THE WINDFALL CENTRE LIMITED

Trustees Report (Including Directors' Report)

For the Year Ended 31 March 2025

The Trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2025, which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their annual accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

1. Business Description

The Windfall Centre is a charity providing the services of trained and experienced professionals supporting the emotional health, welfare and development of children and families. We provide therapeutic support through a variety of proven therapy interventions for children and young people suffering distress arising from trauma, abuse or adversity. We also provide training and consultancy, and supervision to other practicing Play Therapists.

1.1 History of Business Development

The Windfall Centre was started as a private not-for-profit business in 2011, by one present and one former therapist, who identified a need for these services in Mid Wales. The business has grown significantly in recent years and became a registered charity in 2016. The therapeutic team has expanded from an initial two therapists, to seven, allowing the service to expand geographically as well as including additional expertise. It now has 4 associate therapists.

1.2 Located first in Llandrindod Wells, the Centre initially provided services for children and families in Powys but, due to increased demand, is now also active in South and West Wales as well. Therapeutic programmes have developed and now include Play Therapy, Filial Therapy and Art psychotherapy. The Nurturing Families Programme draws on Filial Therapy to support caregivers and young children to strengthen the caregiver relationship and promote secure attachment.

2. Our Purpose and Values

The purposes of The Windfall Centre are to:

- Support the emotional and mental health of children and young people through the delivery of play therapy and related therapeutic interventions
- Encourage and support the parents and carers of the children referred to us by establishing close, non-judgemental relationships offering advice and guidance as appropriate
- Support referring professionals and the wider professional network through consultation, training, seminars and bringing in expert speakers.

2.1 Our Aspiration and Values

We aim to be the leading non-statutory provider of Play Therapy and related therapeutic interventions for children and young people in the areas we serve; which currently include Powys and South and West Wales.

2.2 The Windfall Centre is founded on the passionate belief in the right of all children and young people to develop to their full potential and where that development needs a helping hand, they are entitled to the highest professional service.

2.3 We base our philosophy in the UN Convention of the Rights of the Child and especially Article 3 which states that every organisation involved with children should work towards what is best for each child. Our vision accords with the Welsh Government's Well-being of Future Generations Act 2015. Our Safeguarding policy and procedures similarly conform to the Safeguarding Procedures Wales 2020.

3. Key Personnel

3.1 Our Patron:

Gillian Clarke was born in Cardiff in 1937 and now lives in Ceredigion. A poet, playwright and tutor on the MPhil in Creative Writing at the University of Glamorgan, she is also president of Ty Newydd, the writers' centre in North Wales which she co-founded in 1990. She was the inaugural Capital Poet for Cardiff 2005-6. In 2008 she was appointed National Poet of Wales, and in 2010 received the Queen's Gold Medal for Poetry.

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Trustees Report (Including Directors' Report)

For the Year Ended 31 March 2025

3.2 Therapy Team

Gabrielle Eisele - MSc Play Therapy (Merit); MA DATP (Dist); MSc Psychology; BSc Liberal Arts (Hon); PG Diploma - Positive Behaviour Support; B-Tec Diploma Early Years and Childcare

Play and Filial Therapist, Nurturing Families practitioner

Gabrielle has been working with children and young people across the UK and America for over 30 years. Roles included: specialist advocate for disabled children and young people, Special Needs Play Development Worker, Adviser for the Family Fund Trust, Portage-worker, high school, college and university lecturer, Child-worker for Women's Aid, Expert Witness to the courts on children's attachment relationships, as well as providing training in all areas of child welfare and development, mental health, therapeutic work and ASC across the country. Gabrielle is the co-founder of The Windfall Centre and as a BAPT qualified Play and Filial Therapist offers Play Therapy, Filial Therapy and Supervision through the service.

Maggie Fearn - MA (Dist) DATP; MA(Dist)HIPPT (CTC, Eire);

BAPT registered Play Therapist™, Integrative Child Psychotherapist (ECIP), responsible for South and West Wales service. Nurturing Families practitioner.

Maggie is a retired Senior Lecturer MSc Play Therapy at University of South Wales (2017 - 2022). She continues as visiting lecturer and Assistant Director of Academic Affairs at the Children's Therapy Centre, Ireland. She focuses on attachment-focused, developmental, trauma informed therapeutic work with children, young people and their families. She is a clinical supervisor (BAPT and ECIP approved). She has a particular interest in exploring the evidence base for nature-based play therapy interventions and has contributed chapters and articles to several publications since 2010. <https://orcid.org/0000-0001-7904-1136>

Holly Joyce - MSc Play Therapy, BA (Hons) Drama

Play and Filial Therapist, Theraplay Level One Practitioner

Holly has over twenty years' experience working with children and young people across a range of educational and therapeutic settings. Since qualifying as a Play Therapist in 2018, she has worked clinically with children and families, supporting emotional wellbeing.

Her professional background includes roles as a nursery nurse, mentor with the Cardiff Youth Offending Team, support worker for children with autism and additional needs, and drama teacher. She has undertaken Level One training in Theraplay and Filial Therapy training, and is a Nurturing Families Practitioner.

Holly works from a relational, attachment-informed and developmentally attuned perspective, drawing on play-based and systemic approaches to support children and their families. She works across the South Wales service within The Windfall Centre.

Becky Webb - MSc Play Therapy, BSc Biology and Geography, QCF Level 5 Diploma in Leadership for Children's Care, Learning and Development

Play Therapist

Becky is a qualified Play Therapist accredited by the British Association of Play Therapists (BAPT). She has also completed Level 1 Theraplay® training and can use this approach within her practice. Becky has worked with children and families over a number of years before becoming a play therapist including management of an Early Years setting, working as a family support worker and co-producing community projects with families to alleviate in-work poverty. Becky's experiences in these roles led to her wanting to develop her professional skills in working therapeutically with children and families. In addition to her role as a play therapist at the Windfall Centre, Becky is also an experienced coach with Riding for the Disabled Association (RDA) and works therapeutically with horses to support children and young people's wellbeing.

Student Play Therapists - We have continued our close association with the University of South Wales Play Therapy course and were pleased to be able to offer a second year placement this year. Students are supervised and managed within our service and offer a valuable extension to our provision, allowing children who might not be able to acquire full funding to still receive a service commensurate to their identified therapeutic needs.

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Trustees Report (Including Directors' Report)

For the Year Ended 31 March 2025

3.3. Trustees

Gabrielle Eisele - MSc Play Therapy (Merit); MA DATP (Dist); MSc Psychology; BSc Liberal Arts (Hon); PG Diploma - Positive Behaviour Support; B-Tec Diploma Early Years and Childcare

Play and Filial Therapist, Nurturing Families practitioner

Gabrielle has acted as a trustee for Brecknock Play Network and The Lower Chapel Village Hall in all executive roles. She has been working with children and young people across the UK and America for over 30 years. Roles included: specialist advocate for disabled children and young people, Special Needs Play Development Worker, Adviser for the Family Fund Trust, Portage-worker, high school, college and university lecturer, Child-worker for Women's Aid, Expert Witness to the courts on children's attachment relationships, as well as providing training in all areas of child welfare and development, mental health, therapeutic work and ASC across the country. Gabrielle is the co-founder of The Windfall Centre and as a BAPT qualified Play and Filial Therapist offers Play Therapy, Filial Therapy and Supervision through the service.

Maggie Fearn - MA (Dist) DATP; MA(Dist)HIPPT (CTC, Eire);

BAPT registered Play Therapist™, Integrative Child Psychotherapist (ECIP), responsible for South and West Wales service. Nurturing Families practitioner.

Maggie has served as a Director and Trustee for Forest School Wales (2003-2010); The Caldwell Autism Foundation (2019-2022); and currently since 2023 the British Association of Play Therapists (BAPT), where she also serves as International Representative. She is a founding member, BAPT representative on the Board and a Director of the International Consortium of Play Therapy Associations.

Holly Joyce - MSc Play Therapy, BA (Hon) Drama

Play Therapist and Theraplay Level One Practitioner. South and West Wales Service

With a background in Drama and Education, Holly's work with children and young people extends over ten years and has included diverse roles such as a nursery nurse, mentor for Cardiff Youth Offending Team, support worker to children with autism and behavioural needs and drama teacher. She currently works as a play therapist in the south and west Wales service as well as seeing some children in the Centre. (self-employed)

Bethan James

Bethan has over 30 years' experience of working in Education and Children's Social Care in West Wales. Currently a freelance consultant, Bethan has previously been a Headteacher of a special school and local authority strategic lead for school safeguarding, corporate parenting, teams around families as well as policy development and commissioning for integrated children's services. Bethan has contributed to the introduction of person-centred approaches to statutory education reform in Wales as well as corporate parenting policy, mindfulness in education, ACE awareness and Trauma Informed Practices in Education. As Corporate Parenting Service Manager Bethan has devised and delivered a range of workforce development training for social workers, teachers, foster carers and community support workers designed to raise awareness of the impact of adversity on healthy child development and promote strategies to improve wellbeing. She has a Masters Degree in Business Administration as well as a number of postgraduate qualifications in Professional Development and Public Sector Leadership.

John Senior

John retired in 2011 after 17 years in industrial R&D followed by 3 years at the Medical Devices Directorate in London, which led to 17 years auditing medical device manufacturers world-wide (on behalf of Lloyds Register Quality Assurance) for their compliance with relevant ISO Standards and European Directives. For the last 3 years of this period John was self-employed, and so became familiar with accounting spreadsheets. For 8 years up to 2016 John was treasurer of a local Quaker Meeting, and for the last 6 years he has been treasurer of a Quaker Special Interest Group. In November 2016 he became treasurer of Mid Wales Area Quaker Meeting, which financially is of similar size to The Windfall Centre.

Sue Bidmead

Counsellor Children and Young People, responsible for Specialist Counselling pilot project. Sue is a qualified teacher and has a diploma in Counselling Children and Young People and a certificate in Solution Focused Brief Therapy. She is a BACP registered counsellor currently working with young people in Further Education. She also teaches in adult education, specialising in communication and counselling skills and emotional literacy. Sue has worked for and managed a mediation service in Powys and adjacent counties, resolving community and neighbourhood disputes.

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For the Year Ended 31 March 2025

Sue Hitch

Sue has been involved with community services for many years in this area. She is currently retired as a counsellor and has worked as a young carers support worker and family support worker as well.

4. Business Structure

The Windfall Centre is a charitable company limited by guarantee with a board of directors who also act as Trustees of the charity. The charity is governed by its Memorandum and Articles of Association dated 2016. It is registered as a charity with the Charity Commission.

4.1 Management of the Service

The day-to-day management of the service is divided between Directors, each having oversight of a specific area of infrastructure and process. All the therapists operate on a self-employed basis, being paid according to face-to-face therapy hours, and occasional meetings. The Windfall Centre employs an accountancy firm to handle invoicing and the preparation of accounts.

4.2 The Windfall Centre Premises

The Windfall Centre sessions are held at satellite clinics across mid and south Wales, with the main hub now located in Lower Chapel, Powys. All clinic premises are welcoming, informal, comfortable and discreet. The playrooms are spacious, well equipped, light and airy. All the premises used by The Windfall Centre are carefully assessed as to health and safety, ease of access and lone working considerations. A wide range of toys and equipment is available at each location.

5. Therapeutic programmes

The main therapeutic programmes we offer are non-directive Play Therapy and Filial Therapy and we anticipate that these will continue to form the core of our service. Programmes are offered following an Intake meeting with parents/carers and/or referring professionals. Play therapy programmes usually comprise 20 to 30 weekly sessions plus at least 2 parent/carer reviews. Filial therapy programmes are shorter at 16 weeks.

5.1 Play therapy is an acknowledged intervention for children ranging from those who are struggling emotionally to those at risk of deteriorating mental health. It has proved very effective for children with behavioural or other social difficulties and for those trying to cope with major life events such as bereavement, loss or family breakdown. It is a valuable therapeutic tool for children who have suffered major trauma or abuse, eg; children who are looked after. It can particularly help those with learning or communication difficulties or for whom English is not a first language. Through play and the therapeutic relationship, children can invite an insight into their emotional world, work through traumatic experiences, explore solutions to dilemmas and master their emotions and thoughts.

5.2 Filial therapy is a unique therapeutic model, evolved from play therapy, which strives to enhance the child-parent relationship by empowering the carer with new ways to interact with the child. Following instruction and supportive supervision by an experienced therapist, caregivers can then act directly as therapeutic support to their child. This model can be especially valuable to foster and adoptive parents by enhancing the child-carer attachment relationship.

5.3 The Nurturing Families Programme draws on Filial Therapy to support parents and carers and their children to fortify family relationships and promote secure attachment. The programme has been funded by The National Lottery for a period of three years from 2022 and with extension to February, 2026.

5.4 Commissioners

Referrals to our service are purchased by commissioners on an individual basis. Our main commissioners are:

- Local Authorities for children who may be on the child protection register as in need of a child protection plan, or children being fostered in the Care System. These children, almost by definition have suffered considerable emotional trauma, abuse or neglect.
- We also received 88% of private referrals and these are funded either by the parents or from funding secured through grants.

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For the Year Ended 31 March 2025

6. What makes The Windfall Centre special?

6.1 *Our Therapists*

All the associate Play and Filial therapists are registered with the British Association of Play Therapists and accredited by the Professional Standards Authority. They are all qualified to Masters' level and have all undergone their own therapy as is expected for this high level of training. All have wide prior experience working with children and young people in a variety of contexts. In addition to their therapeutic knowledge, the theoretical underpinnings of the team's approach include a clear and nuanced understanding of Attachment theory and neurodevelopment, especially the effects of abuse and early trauma on the developing brain and the child's emotional development. This draws on the work of acknowledged experts such as Bessel Van der Kolk and Bruce Perry amongst many others.

6.2 *A Team Approach*

In contrast to many independent play therapists, child psychotherapists or psychologists working alone in private practice, our staff are a close-knit and cohesive team with a shared ethos in supporting the emotional health of children and families in our areas. In addition to regular supervision and continuing professional development, the therapeutic team meets regularly to share knowledge, experience and practice issues. This builds a consistency of practice and shared skills, without limiting the individual therapist's own style.

6.3 *Evaluation*

Evaluation is at the core of our work, and we seek creative ways to make this meaningful to our service provision and development. Therapists employ an internal 'Therapeutic Progress Measure' compiled and rated together with parents/carers to measure progress throughout the programme. Shortly after the end of a programme of therapy parents/carers and the child are invited to give feedback on their experience.

6.4 *Value for money*

We believe that access to our services and to the professional knowledge of our staff should be as easy as possible. We have a sliding scale of fees for private referrals and offer a free initial Intake meeting for these referrals. This is an opportunity for parents/carers to think together with two therapists to better understand the needs of the child and what might be contributing to the child's difficulties. We automatically offer support and consultation to the foster carers we work with and to the referring social workers, as well as working closely with school staff where necessary.

6.5 *Public Benefit*

The Trustees have considered the Charity Commission's guidance on public benefit. At the end of each programme of therapy, both parents and children are invited to evaluate their experience. The evaluations received have been overwhelmingly positive and illustrate the public benefit of our service. Considering the wider public benefit, the Trustees also recognise that addressing early trauma and adversity can have a later effect in reducing anti-social behaviour and contributing to safer communities as well as building individual resilience.

6.6 Additionally, the training, consultation and delivery of seminars and conferences undertaken by our staff, contributes to the professional development of many allied professionals in the wider professional environment with a hoped for knock-on beneficial effect on other services.

7. Client Profile

7.1 Children and young people who are experiencing difficulties that could be related to their mental health are usually first identified within Tier 1 services, for example by a teacher, GP or health visitor. Similarly, parents/carers who identify their child as experiencing difficulties will usually first seek help from services at that level. Four tiers comprise the NHS Child and Adolescent Mental Health service (CAMHS). Children and young people with an identified need may be subsequently referred into specialist CAMH services (falling within Tiers 2-4) for assessment and intervention if necessary. The therapeutic services offered by The Windfall Centre fall within Tier 2 and Tier 3.

7.2 Tier 2 practitioners offer consultation to families and other practitioners. They identify severe or complex needs requiring more specialist intervention, assessment (which may lead to treatment at a different tier), and training to practitioners at Tier 1 level. Practitioners at Tier 3 provide a service for children and young people with more severe, complex and persistent disorders. Practitioners include:

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For the Year Ended 31 March 2025

- child and adolescent psychiatrists
- social workers
- clinical psychologists
- community psychiatric nurses
- child psychotherapists
- occupational therapists, and
- art, music, play and drama therapists.

8.3 As previously indicated, The Windfall Centre works with children when they and/or their parents may be struggling with life events such as divorce or family reconstitution or, at the other end of the spectrum, children who have suffered extremes of abuse and neglect and are severely traumatised. Despite their circumstances these children do not usually reach the threshold for a service from CAMHS. A skilled therapeutic intervention and close working with other professionals is essential in these cases, which often include children who are looked after and adopted. This helps to prevent placement disruption and children's experience of multiple placements within the care system.

8. Financial Situation and Risk management

8.1 The trustees have a risk management strategy which comprises an annual review of the principal risks and uncertainties that the charity faces, the establishment of policies, systems, and procedures to mitigate those risks and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise. The financial sustainability is a potential risk for the charity, as it is for so many.

8.2 Attention has also been focused on non-financial risks such as the health and safety of therapists and children and families using the clinics. Paramount among these is safeguarding children and young people from risk of abuse, neglect or professional misconduct. They also include the physical safety of staff and clients as well as professional lone working. These risks are managed by ensuring a robust policy and procedure is in place, and regular awareness training for staff and trustees.

8.3 The Windfall Centre is currently receiving income from services purchased by Local Authorities including Powys County Council, Swansea Council and Carmarthenshire Council. Additionally, self-referrals are funded by parents and carers with the help of grant funding.

8.4 The funding from Local Authorities leaves us exposed to the vagaries of social services budgets which are themselves dependent on the wider economic climate. A significant drop in referrals could leave The Windfall Centre struggling to survive. It is a cruel irony that when public sector budgets are being drastically cut, the services the Windfall Centre provides are more needed than ever.

8.5 Secondly, it is apparent that many more children could benefit from the services we offer, often as an early intervention, but the funds for this are not available. Few parents can self-fund and The Windfall Centre aims to help in this area by applying for grant funding to raise money for therapeutic support.

8.6 Thirdly, out of necessity, we keep our fees to the statutory services as low as is viable in recognition of the constraints on budgets.

8.7 The Trustees have addressed these risks by consistently working to ensure core grant funding as well as funding for initiatives. This work is guided by a fundraising strategy.

8.8 This is our ninth year as an established charity and the figures for the year-end financial situation can be seen at the bottom of the balance sheet attached.

8.9 The SWOT analysis below allows a concise view of the internal and external factors pertinent to The Windfall Centre.

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INTERNAL FACTORS	
STRENGTHS (+)	WEAKNESSES (-)
✓ Highly qualified and experienced therapists ✓ Team dedicated to delivering quality service ✓ Established service widely valued by other professionals ✓ No credible competitors at this point ✓ Ability to respond to referrals from South and West Wales in addition to Powys ✓ Trustee Board committed to sustainability of service ✓ Therapeutic programmes valued by children and families ✓ Capacity available to take more referrals especially private ones ✓ Standing sub-committee for Fundraising applications and over-view of Finance	• Vulnerable financial base • Presently insufficient capital or income to pay support roles or fund/part fund private referrals • Some policies and procedures need creating/reviewing • Team members widely scattered, difficulties in maintaining team cohesion • Need additional Trustees to allow for constraints on involvement experienced by some • Possible conflict of loyalties/commitment with therapists also working elsewhere (self-employed)

EXTERNAL FACTORS	
OPPORTUNITIES (+)	THREATS (-)
✓ Children's emotional and mental health high on social agenda ✓ Present dearth of other services to meet need locally ✓ Possible opportunity to agree further contracts with Children's Services due to current Review in Powys ✓ Opportunity to tender for future Powys contract ✓ The service falls within the funding criteria of a number of funding organisations - encouraging for funding applications	• Social Services Children's Services often under-funded, consequently looking for value for money which does not always fit with child's therapeutic needs • Need to keep tariffs low in recognition of constraints on commissioners' budgets • Opportunities for Play Therapists becoming more available ~ could lose therapists • Difficulties in recruiting Play Therapists in mid Wales • Uncertainty regarding funding applications

9. Marketing

Many of the referrals to our service are purchased by commissioners, mostly local authorities, on an individual basis, so the need for the kind of marketing required by manufacturing or commercial service businesses does not arise. Instead, The Windfall Centre undertakes marketing initiatives by targeting influencers and a wide range of local authority, health care and other professionals to persuade them of the benefits of referring children and young people to The Windfall Centre for therapy. The aim of our marketing activity is to promote The Windfall Centre as a centre of excellence in the provision of play therapy and related interventions in the areas we serve which include Powys and South and West Wales. We currently employ the following marketing tools:

9.1 Website. The Windfall Centre website gives a clear indication of the range of therapeutic interventions available from Windfall, demonstrates how they work and how to access them. The site is regularly updated as new information and new programs become available. www.windfallcentre.co.uk

9.2 Leaflets. There is an individual leaflet available for each therapeutic programme provided by The Windfall Centre, replicating information published on the website.

9.3 Conferences and Training. The Windfall Centre has delivered two very successful conference for professionals in the fields of social care and children's mental health, and more would be welcomed. Key note speakers invited to participate included some of the most respected and best-known practitioners in their fields of expertise. At each event, delegates got ample opportunity to meet our therapists and learn about the work of The Windfall Centre. We

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For the Year Ended 31 March 2025

continually delivery training to professionals and families in subjects that include Attachment, Therapeutic Play and Trauma.

9.4 Social Media. The Windfall Centre maintains a Facebook page and LinkedIn Page with a new blog added in July 2022 to the new website.

12.5 Community Events. Where indicated, The Windfall Centre personnel provide an active presence at targeted events within the local communities they serve, especially where this might contribute to fundraising.

13. Conclusion

Wales NHS estimates more than 40% of young people in Wales, show risk factors for adverse mental health, 30-40% may at some time experience a problem and up to 25% may have a recognisable disorder. The former Children's Commissioner for Wales, Sally Holland, found in her consultations across Wales that children's and young people's mental and emotional health was the most pressing concern for them. Additionally, in their first report, the Welsh Adverse Childhood Experience (ACE) and Resilience Study, conducted by Public Health Wales and Bangor University (2018) focussed on mental illness. From their survey of adults in Wales, they identified how individuals who suffered ACEs were at significantly increased risk of mental illness. Compared with people with no ACEs, those reporting four or more were over 3 times more likely to report current mental illness, six times more likely to report lifetime mental illness and nine times more likely to report ever having felt suicidal. In addition to physical, sexual and emotional abuse and neglect, adverse childhood experiences include living in a family with domestic abuse, alcohol and drug related problems and parental mental ill-health. With a highly skilled team and a committed Trustee group, the Windfall Centre is well placed to expand its therapeutic services and reach more children and young people struggling with many difficult emotional issues.

APPENDIX

Parents' comments:

Thank you for everything you've done! Your experience and knowledge is so evident in your direct and confident approach and it has made a huge difference to our lives. I feel the play sessions I do have helped so much in improving our relationship and empowering my child. Once again, thank you for everything.

I am more confident and able to manage my child's difficult emotions. My relationships with family overall have improved. The service and the centre were perfect. I am very impressed with the professionalism and care shown to me and my children during our time there.

I was so desperate when I came to you because my child was so easily distressed....now I am able to help him/them. I am so grateful. To be able to have support...has given me the skills to really help my children and continue that after our sessions have finished.

The service has exceeded my expectations and I very much appreciated the specialist advice and support received. The results...in the way I communicate with my child have been so rewarding.

Thank you .. for everything you've done!...you have made a huge difference in our lives.

We have felt listened to, understood and supported. Our son has hugely benefitted ...and it has had a significant and noticeable impact on his sense of well being.

We just wanted to email and say how pleased we were with having ... help us. She explained things to us in a different way to which we automatically viewed things, allowing us to deal with situations in a more positive way. And we continue to try and improve on all aspects of our family life following the programme. Thank you..., for all your time and help.

Thank you, our child has really blossomed. Thank you for being such a wonderful team.

A huge thank you to all the windfall team, for what you have done for our family and will continue to do for others. The service you offer makes such a huge difference to peoples lives, it certainly has to ours.

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Trustees Report (Including Directors' Report)

For the Year Ended 31 March 2025

Reference and Administrative Details

Charity Registration Number: 1167777

Company Registration Number: 07538792

The charity is incorporated in Wales.

Registered Office: Bron Yr Eglwys
Lower Chapel
Brecon
Powys
LD3 9RE

Independent Examiner: RCH Accountants Limited
Chartered Accountants
Wellfield House
Temple Street
Llandrindod Wells
LD1 5HG

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees: Dr J M Senior (Resigned 1 December 2024)
B James (Resigned 23 January 2025)
Mrs S L Bidmead (Resigned 21 March 2025)
Mrs S Hitch (Appointed 8 August 2024 and Resigned 21 March 2025)
G Eisele (Appointed 10 January 2025)
M Fearn (Appointed 10 January 2025)
H Joyce (Appointed 12 September 2025)

THE WINDFALL CENTRE LIMITED

Trustees Report (Including Directors' Report)

For the Year Ended 31 March 2025

Statement of Trustees' Responsibilities

The trustees (who are also the directors of The Windfall Centre Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 11 May 2026 and signed on its behalf by:

Maggie Fearn
Trustee

THE WINDFALL CENTRE LIMITED

Independent Examiner's Report

To the Trustees OF The Windfall Centre Limited

I report to the Trustees on my examination of the financial statements of The Windfall Centre Limited (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law), you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

RCH Chartered Accountants Limited

T Richardson FCA
Wellfield House
Temple Street
Llandrindod Wells
Powys
LD1 5HG
11 May 2026

THE WINDFALL CENTRE LIMITED

Statement of Financial Activities (Including Income and Expenditure Account)

For the Year Ended 31 March 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income from:							
Donations and legacies	3	1,259	33,472	34,731	2,006	53,853	55,859
Charitable activities	4	37,745	-	37,745	52,634	-	52,634
Total income		39,004	33,472	72,476	54,640	53,853	108,493
Expenditure on:							
Charitable activities	5	45,060	36,073	81,133	63,162	54,351	117,513
Total expenditure		45,060	36,073	81,133	63,162	54,351	117,513
Net expenditure and movement in funds		(6,056)	(2,601)	(8,657)	(8,522)	(498)	(9,020)
Reconciliation of funds:							
Fund balances at 1 April 2024		9,320	37,591	46,911	17,842	38,089	55,931
Fund balances at 31 March 2025		3,264	34,990	38,254	9,320	37,591	46,911

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

THE WINDFALL CENTRE LIMITED

Balance Sheet

As at 31 March 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	10		784		980
Current assets					
Debtors	11	6,865		18,863	
Cash at bank and in hand		32,330		29,080	
		<u>39,195</u>		<u>47,943</u>	
Creditors: amounts falling due within one year	12	<u>(1,725)</u>		<u>(2,012)</u>	
Net current assets			37,470		45,931
Total assets less current liabilities			<u>38,254</u>		<u>46,911</u>
The funds of the charity					
Restricted income funds	13		34,990		37,591
Unrestricted funds	14		3,264		9,320
			<u>38,254</u>		<u>46,911</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

These accounts replace the original accounts, are now the statutory accounts and are prepared as they were at the date of the original accounts.

The financial statements were approved by the Trustees on 11 May 2026

Ms M C Fearn
Trustee

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

1 Accounting policies

Charity information

The Windfall Centre Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Bron Yr Eglwys, Lower Chapel, Brecon, Powys, LD3 9RE, Wales.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a statement of cash flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

1 Accounting policies

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% reducing balance
Computers	20% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

1 Accounting policies

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2025 £	2025 £	2025 £	2024 £
Donations and gifts	1,259	-	1,259	2,006
Grants receivable	-	33,472	33,472	53,853
	<u>1,259</u>	<u>33,472</u>	<u>34,731</u>	<u>55,859</u>

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

3 Income from Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2025 £	2025 £	2025 £	2024 £
Grants receivable for core activities				
Magic Little Grants	-	-	-	500
Masonic Grants	-	-	-	2,000
Community Foundation in Wales	-	4,000	4,000	1,750
The Clothworkers Foundation	-	-	-	500
Police and Crime Commissioner	-	-	-	4,950
National Lottery Nurturing Families	-	23,272	23,272	18,190
Camera Funding	-	-	-	500
Foyle Foundation	-	-	-	6,000
The Edward Gostling Foundation	-	-	-	7,000
Oakdale Trust	-	-	-	1,000
Wesleyan Foundation	-	-	-	9,990
Assura Community Fund	-	-	-	4,950
Magdelen Trust	-	-	-	2,000
Seaburne Foundation	-	-	-	4,950
National Lottery Awards for All	-	-	-	9,900
The Arnold Clark Community Fund	-	-	-	1,000
Margaret Davies Charity	-	5,000	5,000	-
Woodward Trust	-	1,200	1,200	-
	<u>-</u>	<u>33,472</u>	<u>33,472</u>	<u>53,853</u>

4 Income from Charitable Activities

	Total 2025 £	Total 2024 £
Service Provision	<u>37,745</u>	<u>52,634</u>
Analysis by fund		
Unrestricted funds	<u>37,745</u>	<u>52,634</u>
	37,745	52,634

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

5 Expenditure on charitable activities

	Total 2025 £	Total 2024 £
Direct costs		
Staff costs	17,255	28,397
Direct costs	47,888	61,644
	<u>65,143</u>	<u>90,041</u>
Share of support and governance costs (see note 6)		
Support	13,846	25,906
Governance	2,144	1,566
	<u>81,133</u>	<u>117,513</u>
Analysis by fund		
Unrestricted funds	45,060	63,162
Restricted funds	36,073	54,351
	<u>81,133</u>	<u>117,513</u>

6 Support costs

	Support costs	Governance costs	2025	2024
	£	£	£	£
Establishment costs	9,977	-	9,977	19,547
Repairs & maintenance	-	-	-	2,131
Computer costs	2,110	-	2,110	1,784
Printing, postage & Stationery	533	-	533	193
Sundry expenses	243	-	243	213
Travelling	113	-	113	668
Telephone	674	-	674	359
Depreciation	196	-	196	245
Advertising & Marketing	-	-	-	756
Bank fees	10	-	10	-
Accountancy	-	2,144	2,144	1,566
	<u>25,906</u>	<u>2,144</u>	<u>27,472</u>	<u>27,462</u>
Analysed between				
Charitable activities	<u>13,846</u>	<u>2,144</u>	<u>15,990</u>	<u>27,472</u>

7 Trustees

During the year 2 directors were paid £8,140 in total in respect of services provided, and £1,200 in respect of directors remuneration. (2024 nil)

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

8 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Staff	2	2

Employment costs

	2025 £	2024 £
Wages and salaries	17,017	27,070
Other pension costs	238	1,327
	<u>17,255</u>	<u>28,397</u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2025 £	2024 £
Total employee benefits	<u>17,254</u>	<u>28,397</u>

Wages and salaries includes Directors Remuneration of £1,200

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

10 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2024	4,061	1,078	5,139
At 31 March 2025	4,061	1,078	5,139
Depreciation and impairment			
At 1 April 2024	3,259	900	4,159
Depreciation charged in the year	160	36	196
At 31 March 2025	3,419	936	4,355
Carrying amount			
At 31 March 2025	642	142	784
At 31 March 2024	802	178	980

11 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	6,865	9,790
Other debtors	-	6,791
Prepayments and accrued income	-	2,282
	6,865	18,863

12 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	27	30
Accruals and deferred income	1,698	1,982
	1,725	2,012

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

13 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
	-	-	-	-
National Lottery Nurturing Families	20,543	23,272	(20,348)	23,467
Community Foundation in Wales	1,705	4,000	(2,210)	3,495
The Clothworkers Foundation	648	-	-	648
Margaret Davies Charity	-	5,000	-	5,000
Magic Little Grants	240	-	(240)	-
Police and Crime Commissioner	4,950	-	(3,770)	1,180
Albert Hunt Foundation	3,360	-	(3,360)	-
Green Man Trust	445	-	(445)	-
The Edward Gostling Foundation	90	-	(90)	-
National Lottery - BRICS	5,610	-	(5,610)	-
Woodward Trust	-	1,200	-	1,200
	<u>37,591</u>	<u>33,472</u>	<u>(36,073)</u>	<u>34,990</u>
Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
	4,420	15,900	(10,905)	9,415
National Lottery Nurturing Families	14,142	22,603	(16,202)	20,543
Camera Funding	314	-	(314)	-
Community Foundation in Wales	1,750	-	(45)	1,705
The Clothworkers Foundation	810	-	(162)	648
Magic Little Grants	-	500	(260)	240
Police and Crime Commissioner	3,675	14,850	(13,575)	4,950
The Edward Gostling Foundation	6,190	-	(6,100)	90
Wesleyan Foundation	3,014	-	(3,014)	-
Assura Community Fund	3,200	-	(3,200)	-
Magdalen Trust	574	-	(574)	-
	<u>38,089</u>	<u>53,853</u>	<u>(54,351)</u>	<u>37,591</u>

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

13 Restricted funds

National Lottery Nurturing Families! represents funding towards helping families access therapeutic support.

Community Foundation in Wales - represents for 5 children or families to take part in Tele-Play Therapy.

The Clothworkers Foundation - represents funding towards the refurbishment costs of the building.

Margaret Davies Charity - represents funding towards therapy bursaries for self-funding families.

Magic Little Grants represents funding towards therapy bursaries for self-funding families.

Police and Crime Commissioner - represents funding to deliver non-directive Child Centred Play Therapy for children who have experienced ACE's.

Albert Hunt Foundation - represents

Green Man Trust - represents

The Edward Gostling Foundation represents funding to enable families on low income to access therapeutic intervention they so greatly need.

National Lottery - BRICS - represents

Woodward Trust - represents

Camera funding represents funds towards a new camera system allowing less intrusive observations during a therapy session.

Wesleyan Foundation represents funding towards Play Art and Family Therapy.

Assura Community Fund represents funding towards Play Art and Family Therapy

Magdelen Trust represents funding towards Play Art and Family Therapy.

14 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
General funds	9,320	39,004	(45,060)	3,264
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	17,842	54,640	(63,162)	9,320
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

THE WINDFALL CENTRE LIMITED

Notes to the Financial Statements For the Year Ended 31 March 2025

15 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Tangible assets	784	-	784
Current assets/(liabilities)	2,480	34,990	37,470
	<u>3,264</u>	<u>34,990</u>	<u>38,254</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	980	-	980
Current assets/(liabilities)	8,340	37,591	45,931
	<u>9,320</u>	<u>37,591</u>	<u>46,911</u>

16 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

THE WINDFALL CENTRE LIMITED

England & Wales - Charity number 1167777

Accounts

Charity registration number 1167777

Company registration number 07538792 (England and Wales)

THE WINDFALL CENTRE LIMITED

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024



THE WINDFALL CENTRE LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr J M Senior	
	B James	(Appointed 14 June 2023)
	Mrs S L Bidmead	(Appointed 8 August 2024)
	Mrs S Hitch	(Appointed 8 August 2024)
Charity number	1167777	
Company number	07538792	
Principal address	Bron Yr Eglwys Lower Chapel Brecon Powys Wales LD3 9RE	
Registered office	Bron Yr Eglwys Lower Chapel Brecon Powys Wales LD3 9RE	
Independent examiner	RCH Chartered Accountants Limited Wellfield House Temple Street Llandrindod Wells Powys LD1 5HG	

THE WINDFALL CENTRE LIMITED

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THE WINDFALL CENTRE LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

The Trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2024, which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their annual accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015).

1. Business Description

The Windfall Centre is a charity providing the services of trained and experienced professionals supporting the emotional health, welfare and development of children and families. We provide therapeutic support through a variety of proven therapy interventions for children and young people suffering distress arising from trauma, abuse or adversity. We also provide training and consultancy, and supervision to other practicing Play Therapists.

1.1 History of Business Development

Windfall was started as a private not-for-profit business in 2011, by one present and one former therapist, who identified a need for these services in Mid Wales. The business has grown significantly in recent years and became a registered charity in 2016. The therapeutic team has expanded from an initial two therapists, to seven, allowing the service to expand geographically as well as including additional expertise.

1.2 Located in Llandrindod Wells, the Centre initially provided services for children and families in Powys but, due to increased demand, is now also active in South and West Wales as well. Therapeutic programmes have developed and now include Play Therapy, Filial Therapy and Art psychotherapy. The Nurturing Families programme draws on Play Therapy to support mothers and little ones under five to strengthen the caregiver relationship and promote secure attachment. Other programmes have included outreach provision in both north and south of Powys to address long travelling times for some children to attend the Centre. Finally, in response to the dearth of other services for troubled young adults in our area, our Creative Counselling service remains on offer.

2. Our Purpose and Values

The purposes of The Windfall Centre are to:

- Support the emotional and mental health of children and young people through the delivery of play therapy and related therapeutic interventions
- Encourage and support the parents and carers of the children referred to us by establishing close, non-judgemental relationships offering advice and guidance as appropriate
- Support referring professionals and the wider professional network through consultation, training, seminars and bringing in expert speakers.
-

2.1 Our Aspiration and Values

We aim to be the leading non-statutory provider of Play Therapy and related therapeutic interventions for children and young people in the areas we serve; which currently include Powys and South and West Wales.

2.2 The Windfall Centre is founded on the passionate belief in the right of all children and young people to develop to their full potential and where that development needs a helping hand, they are entitled to the highest professional service.

2.3 We base our philosophy in the UN Convention of the Rights of the Child and especially Article 3 which states that every organisation involved with children should work towards what is best for each child. Our vision accords with the Welsh Government's Well-being of Future Generations Act 2015. Our Safeguarding policy and procedures similarly conform to the Safeguarding Procedures Wales 2020.

3. Key Personnel

3.1 Our Patron:

Gillian Clarke was born in Cardiff in 1937 and now lives in Ceredigion. A poet, playwright and tutor on the MPhil in Creative Writing at the University of Glamorgan, she is also president of Ty Newydd, the writers' centre in North

THE WINDFALL CENTRE LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

Wales which she co-founded in 1990. She was the inaugural Capital Poet for Cardiff 2005-6. In 2008 she was appointed National Poet of Wales, and in 2010 received the Queen's Gold Medal for Poetry.

3.2 Staff

Clare Hurford - Service Manager

Clare joined the team in August 2019 as Finance/Admin Officer, moving into a Service Manager role in 2021. With a background in accounting, Clare has taken on more responsibility in this time including implementing new accountancy software, re-designing a website and arranging the opening of new clinics. Clare has joint overall responsibility for the efficient running of The Windfall Centre and its therapeutic services, accountable and reporting to the Board of Trustees.

Clare takes all opportunities to positively promote The Windfall Centre and the services it provides; especially by creating and establishing excellent professional relationships within the team and with Patrons, external agencies, clients and commissioners as well as donors and prospective donors.

Clare actively promotes an organisational culture valuing equality, respect, co-operation, diversity and inclusion, shared learning, professional development, best practice and aspiring to the highest professional practice in delivering services to the children, young people and families referred to the service.

A large aspect of the Service Manager role is to apply for funding to help self-referring families access the therapeutic support they need, and this year Clare has successfully secured over £75,000 in grant funding for The Windfall Centre.

Outside the office Clare enjoys caring for her three young children, reading and watching films. (*employed full-time*)

Gabrielle Eisele - MSc Play Therapy (Merit); MA DATP (Dist); MSc Psychology; BSc Liberal Arts (Hon); PG Diploma Positive Behaviour Support; B-Tec Diploma Early Years and Childcare

Play and Filial Therapist, Nurturing Families practitioner

Gabrielle has been working with children and young people across the UK and America for over 30 years. Roles included: specialist advocate for disabled children and young people, Special Needs Play Development Worker, Adviser for the Family Fund Trust, Portage-worker, high school, college and university lecturer, Child-worker for Women's Aid, Expert Witness to the courts on children's attachment relationships, as well as providing training in all areas of child welfare and development, mental health, therapeutic work and ASC across the country. Gabrielle is the co-founder of The Windfall Centre and as a BAPT qualified Play and Filial Therapist offers Play Therapy, Filial Therapy and Supervision through the service.

Jo Hill - MSc Play Therapy (Dist); BA (Hon) Childhood Studies

Play Therapist, Filial Therapist, One of the two Welsh representatives for British Association of Play Therapists (BAPT)

A BAPT qualified Play and Filial Therapist. Prior to becoming a Play Therapist, Jo has been working with children and young people for 15 years. Her roles have included; working as a mentor, a reading friend, a study support worker and as a ChildLine counsellor. Jo achieved awards throughout her academic career, receiving the Chancellor's Award for outstanding work and the Departmental prize for best student for her BA, and the award for the most outstanding student in her Masters' programme. Jo's current work is as a play therapist at The Windfall Centre where she sees individual children. She also works with parents/carers using a Filial Therapy model and provided play therapy via The Windfall Centre's School Programme. (*self-employed*)

Maggie Fearn - MA (Dist) DATP; MA(Dist)HIPPT (CTC, Eire);

BAPT Play Therapist, Child and Adolescent Psychotherapist, responsible for South and West Wales service. Nurturing Families practitioner.

Maggie has been a play practitioner for 30 years and a Forest School practitioner since 2001. She graduated as a practitioner of Body and Earth Experiential Anatomy, Somatics and Authentic Movement in 2010. She specialises in Nature-Based Play Therapy. Maggie is Senior Lecturer for the Play Therapy Masters Programme at University of South Wales Newport. She has undergone intensive Filial Therapy training and runs therapeutic retreats for families

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in crisis. She also attained a Diploma in Creative Supervision and provides supervision for play therapists and counsellors. *(self-employed)*

Holly Joyce - MSc Play Therapy, BA (Hon) Drama

Play Therapist and Theraplay Level One Practitioner. South and West Wales Service

With a background in Drama and Education, Holly's work with children and young people extends over ten years and has included diverse roles such as a nursery nurse, mentor for Cardiff Youth Offending Team, support worker to children with autism and behavioural needs and drama teacher. She currently works as a play therapist in the south and west Wales service as well as seeing some children in the Centre. *(self-employed)*

Sharon-Louise Pullen - Art Psychotherapy BA Hons Fine Art

Art Psychotherapist

Sharon-Louise has been a qualified state registered Art Psychotherapist for 17 years. She has additionally completed a two year infant observation course affiliated to the London Tavistock Clinic through the Child and Adolescent Mental Health Service (CAMHS). She is a member of the British Association of Art Therapists (BAAT) and the Health and Care Professions Council (HCPC) professional regulatory bodies. Her experience as an Art Psychotherapist includes work with adults with brain injury at Headway, within a women's forensic unit through the NHS and in adult mental health. She has also worked within education with teenagers, in specialist schools, in residential units offering specialist care with eating disorders and in residential homes with children with a range of diagnoses. Her commitment to the welfare and well-being of children and young people is carried through her safeguarding roles as a parent governor of a primary school and her involvement on the executive committee of the Scouts Association. *(self-employed)*

Sue Bidmead - BA Hons (Env.Ed.) Post Grad Cert. Ed. Post Grad. Dip. (Counselling Children and Young People), Post Grad Cert. (Solution Focused Brief Therapy)

Counsellor Children and Young People, responsible for Specialist Counselling pilot project.

Sue is a qualified teacher and has a diploma in Counselling Children and Young People and a certificate in Solution Focused Brief Therapy. She is a BACP registered counsellor currently working with young people in Further Education. She also teaches in adult education, specialising in communication and counselling skills and emotional literacy. Sue has worked for and managed a mediation service in Powys and adjacent counties, resolving community and neighbourhood disputes. *(self-employed)*

Becky Webb - MSc Play Therapy, BSc Biology and Geography, QCF Level 5 Diploma in Leadership for Children's Care, Learning and Development

Play Therapist

Becky is a qualified Play Therapist accredited by the British Association of Play Therapists (BAPT). She has also completed Level 1 Theraplay® training and can use this approach within her practice.

Becky has worked with children and families over a number of years before becoming a play therapist including management of an Early Years setting, working as a family support worker and co-producing community projects with families to alleviate in-work poverty. Becky's experiences in these roles led to her wanting to develop her professional skills in working therapeutically with children and families.

In addition to her role as a play therapist at the Windfall Centre, Becky is also an experienced coach with Riding for the Disabled Association (RDA) and works therapeutically with horses to support children and young people's wellbeing.

Student Play Therapists - We have continued our close association with the University of South Wales Play Therapy course and were pleased to be able to offer a third year placement, which led to an associates role at The Windfall Centre. Students are supervised and managed within our service and offer a valuable extension to our provision, allowing children who might not be able to acquire full funding to still receive a service commensurate to their identified therapeutic needs.

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4. Trustees

Bethan James (Chair of Trustees)

Bethan has over 30 years' experience of working in Education and Children's Social Care in West Wales. Currently a freelance consultant, Bethan has previously been a Headteacher of a special school and local authority strategic lead for school safeguarding, corporate parenting, teams around families as well as policy development and commissioning for integrated children's services. Bethan has contributed to the introduction of person-centred approaches to statutory education reform in Wales as well as corporate parenting policy, mindfulness in education, ACE awareness and Trauma Informed Practices in Education. As Corporate Parenting Service Manager Bethan has devised and delivered a range of workforce development training for social workers, teachers, foster carers and community support workers designed to raise awareness of the impact of adversity on healthy child development and promote strategies to improve wellbeing. She has a Masters Degree in Business Administration as well as a number of postgraduate qualifications in Professional Development and Public Sector Leadership.

Marilyn Hinks

Marilyn has spent most of her professional life teaching students with additional needs. For 13 years she was the SENCO at Welshpool High School where she also taught psychology to the 6th form. When she "retired" Marilyn worked as a Family Engagement Co-ordinator alongside families who needed support in accessing local services and helping vulnerable students settle into school and enjoy their schooldays. She now works with colleagues facilitating support groups for parents with children of all ages. Her experience of working with families has made her realise just how important the role of the Windfall play therapists is in supporting

John Senior (Treasurer)

John retired in 2011 after 17 years in industrial R&D followed by 3 years at the Medical Devices Directorate in London, which led to 17 years auditing medical device manufacturers world-wide (on behalf of Lloyds Register Quality Assurance) for their compliance with relevant ISO Standards and European Directives. For the last 3 years of this period John was self-employed, and so became familiar with accounting spreadsheets. For 8 years up to 2016 John was treasurer of a local Quaker Meeting, and for the last 6 years he has been treasurer of a Quaker Special Interest Group. In November 2016 he became treasurer of Mid Wales Area Quaker Meeting, which financially is of similar size to The Windfall Centre.

Ange Grunsell

Ange is now retired after a career in education but is an active member of Hay Writers which she chaired for 3 years. She has been a teacher, a teacher trainer and a school governor. She worked in inner city London with teenage truants marginalised by the education system, and in adult literacy, as well as projects challenging racism and gender bias in materials, classroom practice, curriculum and in teacher training. She was director of Oxfam's Development Education programme and a writer and lecturer on the South Bank University international masters course in Education for Sustainability. She was chair of Islington Family Service Unit during a period of change from long term case work to family therapy.

She lives with her female partner near Hay on Wye and enjoys singing, playing tennis and visiting children and grandchildren. She is a volunteer distributor for Zaytoun who support Palestinian farming through imports of olive oil and other produce.

Sue Miles

Sue spent her working life running businesses in the pharmaceutical sector following a degree in Natural Sciences from Cambridge and PhD in Medicine from Edinburgh University. She is now retired, lives in Herefordshire and is an active member of the local community. Her business expertise is in organisational growth, change management, mergers and acquisitions, risk management and the mentoring of colleagues.

Hannah Findley

After gaining her degree in Criminology and Psychology, Hannah began her career in primary school education. Here she supported children with additional learning needs on a 1:1 basis, whilst also supporting whole class learning. Hannah then moved on to managing the pastoral care across a primary school, implementing a whole school trauma informed approach to teaching, with a focus on nurture and well-being. She worked with groups and individual children of all different backgrounds who were particularly struggling with their emotional literacy.

Hannah is due to begin her new venture working for Children's services in September, coordinating support for families and ensuring that more families across Powys can access the support and guidance that they need.

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5. Business Structure

The Windfall Centre is a charitable company limited by guarantee with a board of directors who also act as Trustees of the charity. The charity is governed by its Memorandum and Articles of Association dated 2016. It is registered as a charity with the Charity Commission. None of our Trustees receive remuneration or other benefit from their work with the charity. The chair of the Trustees is nominated by the Trustees and Trustees serve for a minimum of 2 years.

5.1 *Management of the Service*

The day-to-day management of the service is delegated by the Trustees to the Service Manager. All the therapists operate on a self-employed basis, being paid according to face-to-face therapy hours, and occasional meetings. The Service Manager is now a full-time post and provides invaluable admin and financial support to the team and the trustees.

5.2 *The Windfall Centre Premises*

The Windfall Centre is located in Llandrindod Wells, being central to the county of Powys. The Centre's premises are welcoming, informal, comfortable and discreet. The playrooms are spacious, well equipped, light and airy. A young person's counselling room has recently been established. A kitchen and waiting/Family room are available and refreshments are freely available for parents/carers while they wait for their child. There is also a larger Meeting Room which is used for Trustee meetings, training and seminars. A recent addition is the basement which has added an Art Psychotherapy room, a Playroom fitted with cameras and an observation room for Filial Therapy. This basement has allowed The Windfall Centre to provide disabled access via a ramp and every accommodation is made for those who require assistance to access the service. The premises are rented and there is a good relationship with the landlord who is very supportive of the service.

5.3 The service in South and West Wales is currently delivered from a rented room in a private therapy centre in Cowbridge as well as a private therapy space in Abergorlech. All the premises used by The Windfall Centre are carefully assessed as to health and safety, ease of access and lone working considerations. A wide range of toys and equipment is available at each location.

5.4 In 2023-2024 the Windfall Centre has three new outreach clinics in Newtown and Llanelli to respond to the needs of the clients.

6. Therapeutic programmes

The main therapeutic programmes we offer are non-directive Play Therapy and Filial Therapy and we anticipate that these will continue to form the core of our service. Programmes are offered following an Intake meeting with parents/carers and/or referring professionals. Play therapy programmes usually comprise 20 weekly sessions plus at least 2 parent/carer reviews. Filial therapy programmes are shorter at 16 weeks.

6.1 *Play therapy* is an acknowledged intervention for children ranging from those who are struggling emotionally to those at risk of deteriorating mental health. It has proved very effective for children with behavioural or other social difficulties and for those trying to cope with major life events such as bereavement, loss or family breakdown. It is a valuable therapeutic tool for children who have suffered major trauma or abuse, eg; children in Care. It can particularly help those with learning or communication difficulties or for whom English is not a first language. Through play and the therapeutic relationship, children can invite an insight into their emotional world, work through traumatic experiences, explore solutions to dilemmas and master their emotions and thoughts.

6.2 *Filial therapy* is a unique therapeutic model, evolved from play therapy, which strives to enhance the child-parent relationship by empowering the carer with new ways to interact with the child. Following instruction and supportive supervision by an experienced therapist, caregivers can then act directly as therapeutic support to their child. This model can be especially valuable to foster and adoptive parents by enhancing the child-carer attachment relationship.

6.3 *The Nurturing Families Programme* draws on Filial Therapy to support mothers and little ones under five to strengthen the mother-child relationship and promote secure attachment. The programme is funded by The National Lottery for a period of three years from 2022.

6.4 *The Specialist Counselling service* was established as a pilot service in response to a request from the Powys Detached Youth Service (PDYS) and each referral is purchased separately by them. These referrals are for young people, 16 to 25yrs, who are often socially dis-engaged, on the edge of, or already involved in, the criminal justice system and/or who may have mental health difficulties un-addressed by any other service. The demand for this

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service is low and there have been inevitable difficulties in engagement and in geography. However, we intend to keep the service available while we can.

6.5 *Art Psychotherapy* allows children and young people to express themselves, not only through drawing or painting but in three dimensional creations with clay and many other materials.

6.6 *Commissioners*

Referrals to our service are purchased by commissioners on an individual basis. Our main commissioners are

- Powys Early Help for children needing a service beyond the universal ones, to promote their health or development;
- Powys Children's Services for children who may be on the child protection register as in need of a child protection plan, or children being fostered in the Care System. These children, almost by definition have suffered considerable emotional trauma, abuse or neglect.
- Other local authorities. Recent examples include Carmarthenshire, Pembrokeshire and Swansea.

6.8 We also received 88% of private referrals and these are funded either by the parents or from funding secured through grants.

7. What makes The Windfall Centre special?

7.1 *Our Therapists*

All the active play and filial therapists are registered with the British Association of Play Therapists and accredited by the Professional Standards Authority. They are all qualified to Masters' level and have all undergone their own therapy as is expected for this high level of training. Our other therapists and counsellor are similarly accredited to their respective professional body. All have wide prior experience working with children and young people in a variety of contexts. In addition to their therapeutic knowledge, the theoretical underpinnings of the team's approach include a clear and nuanced understanding of Attachment theory and neurodevelopment, especially the effects of abuse and early trauma on the developing brain and the child's emotional development. This draws on the work of acknowledged experts such as Bessel Van der Kolk and Bruce Perry amongst many others.

7.2 *A Team Approach*

In contrast to many independent play therapists, child psychotherapists or psychologists working alone in private practice, our staff are a close-knit and cohesive team with a shared ethos in supporting the emotional health of children and families in our areas. In addition to regular supervision and continuing professional development, the therapeutic team meets regularly to share knowledge, experience and practice issues. This builds a consistency of practice and shared skills, without limiting the individual therapist's own style.

7.3 *Evaluation*

Evaluation is at the core of our work, and we seek creative ways to make this meaningful to our service provision and development. Strengths and Difficulties questionnaires are administered on commencement and ending of all therapeutic programmes. Additionally, staff use an internal 'Therapeutic Progress Measure' compiled and rated together with parents/carers to measure progress throughout the programme. Shortly after the end of a programme of therapy parents/carers and the child are invited to give feedback on their experience. (See Appendix)

7.4 *Value for money*

We believe that access to our services and to the professional knowledge of our staff should be as easy as possible. We have a sliding scale of fees for private referrals and offer a free initial Intake meeting for these referrals. This is an opportunity for parents/carers to think together with two therapists to better understand the needs of the child and what might be contributing to the child's difficulties. We automatically offer support and consultation to the foster carers we work with and to the referring social workers, as well as working closely with school staff where necessary.

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7.5 Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. At the end of each programme of therapy, both parents and children are invited to evaluate their experience. The evaluations received have been overwhelmingly positive and illustrate the public benefit of our service. Considering the wider public benefit, the Trustees also recognise that addressing early trauma and adversity can have a later effect in reducing anti-social behaviour and contributing to safer communities as well as building individual resilience.

7.6 Additionally, the training, consultation and delivery of seminars and conferences undertaken by our staff, contributes to the professional development of many allied professionals in the wider professional environment with a hoped for knock-on beneficial effect on other services.

8 Programme Development Matrix

Programme/Post	Completion date	Resources	Action	Responsibility
Play Therapy	On-going		Continued liaison with commissioners	Service Manager
Filial Therapy	On-going		Continued liaison with commissioners	Service Manager
Nurturing Families	On-Going		Liaison with referrers	Service Manager
Specialist Counselling	On-going - responding to direct referrals	Possibly seek funding to extend project	Liaison with commissioners Applications for future funding	Service Manager Fundraising sub-committee
Art Psychotherapy	On-going		Part of range of programmes available	
Increase private referrals	On-going	Seek funding/make tender application if applicable	Applications for future funding	Fundraising sub-committee
Outreach projects		Identify and secure premises	Agreement with Early Help	Service Manager

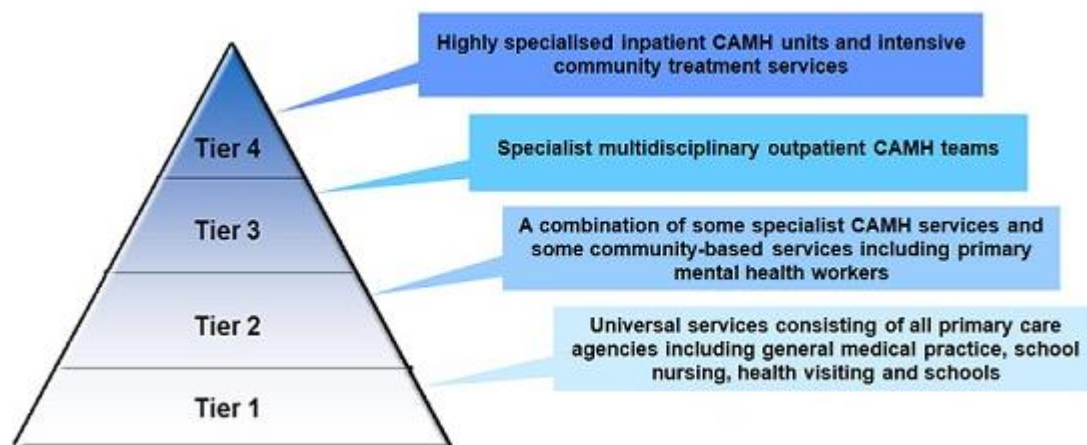
9. Client Profile

9.1 Children and young people who are experiencing difficulties that could be related to their mental health are usually first identified within Tier 1 services, for example by a teacher, GP or health visitor. Similarly, parents/carers who identify their child as experiencing difficulties will usually first seek help from services at that level. Four tiers comprise the NHS Child and Adolescent Mental Health service (CAMHS). Children and young people with an identified need may be subsequently referred into specialist CAMH services (falling within Tiers 2-4) for assessment

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and intervention if necessary. The therapeutic services offered by The Windfall Centre fall within Tier 2 and Tier 3 as illustrated below.



9.2 Tier 2 practitioners offer consultation to families and other practitioners. They identify severe or complex needs requiring more specialist intervention, assessment (which may lead to treatment at a different tier), and training to practitioners at Tier 1 level. Practitioners at Tier 3 provide a service for children and young people with more severe, complex and persistent disorders. Practitioners include:

- child and adolescent psychiatrists
- social workers
- clinical psychologists
- community psychiatric nurses
- child psychotherapists
- occupational therapists, and
- art, music, play and drama therapists.

9.3 As previously indicated, The Windfall Centre works with children where they and/or their parents may be struggling with life events such as divorce or family reconstitution or, at the other end of the spectrum, children who have suffered extremes of abuse and neglect and are severely traumatised. Despite their circumstances these children do not usually reach the threshold for a service from CAMHS. A skilled therapeutic intervention and close working with other professionals is essential in these cases, often, for fostered children, to ensure the child does not experience multiple placements within the Care system.

10. Financial Situation and Risk management

10.1 The trustees have a risk management strategy which comprises an annual review of the principal risks and uncertainties that the charity faces, the establishment of policies, systems, and procedures to mitigate those risks and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise. The financial sustainability is a potential risk for the charity.

10.2 Attention has also been focussed on non-financial risks such as the health and safety of therapists and children and families using the centre. Paramount among these is safeguarding children and young people from risk of abuse, neglect or professional misconduct. They also include the physical safety of staff and centre users as well as professional lone working. These risks are managed by ensuring a robust policy and procedure is in place, and regular awareness training for staff and trustees.

10.3 The Windfall Centre is currently receiving income from services purchased by Local Authorities including Powys County Council, Swansea Council and Carmarthenshire Council. Self-referrals are funded by parents and carers with the help of grant funding secured by the Service Manager throughout the year.

10.4 The funding from Local Authorities leaves us exposed to the vagaries of social services budgets which are themselves dependant on the wider economic climate. A significant drop in referrals could leave The Windfall Centre struggling to survive. It is a cruel irony that when public sector budgets are being drastically cut, the services the Windfall Centre provides are more needed than ever.

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10.5 Secondly, it is apparent that many more children could benefit from the services we offer, often as an early intervention, but the funds for this are not available. Few parents can self-fund and The Windfall Centre aims to help in this area by applying for grant funding to raise money for therapeutic support.

10.6 Thirdly, out of necessity, we keep our fees to the statutory services as low as is viable in recognition of the constraints on budgets.

10.7 These have been the significant drivers in the move to charitable status. The Trustees have addressed these risks by the establishment of a standing 'Finance and Fundraising' sub-committee with the brief to ensure core funding as well as funding for initiatives. This work is guided by a fundraising strategy.

10.8 This is our eighth year as an established charity and the figures for the year-end financial situation can be seen at the bottom of the balance sheet attached.

10.9 The SWOT analysis below allows a concise view of the internal and external factors pertinent to The Windfall Centre.

INTERNAL FACTORS	
STRENGTHS (+)	WEAKNESSES (-)
✓ Highly qualified and experienced therapists ✓ Team dedicated to delivering quality service ✓ Established service widely valued by other professionals ✓ No credible competitors at this point ✓ Ability to respond to referrals from South and West Wales in addition to Powys ✓ Trustee Board committed to sustainability of service ✓ Therapeutic programmes valued by children and families ✓ Capacity available to take more referrals especially private ones ✓ Standing sub-committee for Fundraising applications and over-view of Finance	• Vulnerable financial base • Presently insufficient capital or income to pay support roles or fund/part fund private referrals • Some policies and procedures need creating/reviewing • Team members widely scattered, difficulties in maintaining team cohesion • Need additional Trustees to allow for constraints on involvement experienced by some • Possible conflict of loyalties/commitment with therapists also working elsewhere (self-employed)

EXTERNAL FACTORS	
OPPORTUNITIES (+)	THREATS (-)
✓ Children's emotional and mental health high on social agenda ✓ Present dearth of other services to meet need locally ✓ Possible opportunity to agree further contracts with Children's Services due to current Review in Powys ✓ Opportunity to tender for future Powys contract ✓ The service falls within the funding criteria of a number of funding organisations - encouraging for funding applications	• Social Services Children's Services often under-funded, consequently looking for value for money which does not always fit with child's therapeutic needs • Need to keep tariffs low in recognition of constraints on commissioners' budgets • Opportunities for Play Therapists becoming more available ~ could lose therapists • Difficulties in recruiting Play Therapists in mid Wales • Uncertainty regarding funding applications

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12. Marketing

The majority of referrals to our service are purchased by commissioners, mostly local authorities, on an individual basis, so the need for the kind of marketing required by manufacturing or commercial service businesses does not arise. Instead, The Windfall Centre undertakes marketing initiatives by targeting influencers and a wide range of local authority, health care and other professionals to persuade them of the benefits of referring children and young people to The Windfall Centre for therapy.

The aim of our marketing activity is to promote The Windfall Centre as a centre of excellence in the provision of play therapy and related interventions in the areas we serve which include Powys and South and West Wales. We currently employ the following marketing tools:

12.1 Website. The Windfall Centre website gives a clear indication of the range of therapeutic interventions available from Windfall, demonstrates how they work and how to access them. The site is regularly updated as new information and new programmes become available. www.windfallcentre.co.uk

12.2 Leaflets. There is an individual leaflet available for each therapeutic programme provided by The Windfall Centre, replicating information published on the website.

12.3 Conferences and Training. The Windfall Centre has delivered two very successful conference for professionals in the fields of social care and children's mental health, and more would be welcomed. Key note speakers invited to participate included some of the most respected and best-known practitioners in their fields of expertise. At each event, delegates got ample opportunity to meet our therapists and learn about the work of The Windfall Centre.

12.4 Social Media. The Windfall Centre maintains a Facebook page and LinkedIn Page with a new blog added in July 2022 to the new website.

12.5 Community Events. Where indicated, The Windfall Centre personnel provide an active presence at targeted events within the local communities they serve, especially where this might contribute to fundraising.

13. Conclusion

Wales NHS estimates more than 40% of young people in Wales, show risk factors for adverse mental health, 30-40% may at some time experience a problem and up to 25% may have a recognisable disorder. The current Children's Commissioner for Wales, Sally Holland, found in her consultations across Wales that children's and young people's mental and emotional health was the most pressing concern for them.

Additionally, in their first report, the Welsh Adverse Childhood Experience (ACE) and Resilience Study, conducted by Public Health Wales and Bangor University (2018) focussed on mental illness. From their survey of adults in Wales, they identified how individuals who suffered ACEs were at significantly increased risk of mental illness. Compared with people with no ACEs, those reporting four or more were over 3 times more likely to report current mental illness, six times more likely to report lifetime mental illness and nine times more likely to report ever having felt suicidal. In addition to physical, sexual and emotional abuse and neglect, adverse childhood experiences include living in a family with domestic abuse, alcohol and drug related problems and parental mental ill-health.

With a highly skilled team and a committed Trustee group, the Windfall Centre is well placed to expand its therapeutic services and reach more children and young people struggling with many difficult emotional issues.

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APPENDIX

Parents' comments:

'The Windfall Centre have been totally supportive and have done so much to help my child'.

'A huge difference, he is much calmer in himself. Understands his emotions and can self-regulate now. He is also able to get on and play by himself sometimes, which he really struggles with'.

'Really supportive and helpful'

'I Wanted to take the opportunity to thank you, I appreciate how difficult it is to find funding. We plan to fundraise for windfall soon and will be in touch when this happens'.

'Thanks for everything you've done for us all! Windfall will forever have a special place in our heart because of the wonderful work you do'.

'Very Helpful, told me how to work with N at home through play and down time with him'.

'I think it made a big difference to how we coped at home and how N sees things.

'When we started, N was very low in mood and didn't know how to deal with his feelings and now he is a lot better in his mood and deals with his feelings a lot better, he also asks for play when he's not feeling happy'.

'It was good to see his play go from dark and lonely to happy and fun play'.

'He loved every session'.

'More confidence, coping with emotion, trying harder in school, connecting with family and friends, happier in self'.

'Really helped being aware of his progress and comparing to before'.

Thank you card received: A huge thank you to all the windfall team, for what you have done for our family and will continue to do for others. The service you offer makes such a huge difference to peoples lives, it certainly has to ours.

Children's and Young People's comments:

What I liked about Play Therapy- 'my Play Therapist Becky'.

Bit smiley Face "I enjoyed Arresting Becky" "There was nothing I did not like"

"I will miss Becky" with a Sad face.

Child: left all Smiley faces as their review.

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Reference and Administrative Details

Charity Registration Number: 1167777

Company Registration Number: 07538792

The charity is incorporated in Wales.

Registered Office: Bron Yr Eglwys
Lower Chapel
Brecon
Powys
LD3 9RE

Independent Examiner: RCH Accountants Limited
Chartered Accountants
Wellfield House
Temple Street
Llandrindod Wells
LD1 5HG

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:

- Dr J M Senior
- B James (Appointed 14 June 2023)
- Mrs S L Bidmead (Appointed 8 August 2023)
- Mrs S Hitch (Appointed 8 August 2024)
- H Findley (Resigned 6 December 2023)
- Ms A Grunsell (Resigned 6 December 2023)
- Mrs M Hinks (Resigned 20 December 2023)
- Dr S Miles (Resigned 6 December 2023)
- Mrs S Duggan (Appointed 31 January 2024 and resigned 12 March 2024)

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Statement of Trustees' Responsibilities

The trustees (who are also the directors of The Windfall Centre Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 20 December 2024 and signed on its behalf by:

B James
Trustee

THE WINDFALL CENTRE LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE WINDFALL CENTRE LIMITED

I report to the Trustees on my examination of the financial statements of The Windfall Centre Limited (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

RCH Chartered Accountants Limited

T Richardson FCA

Wellfield House
Temple Street
Llandrindod Wells
Powys
LD1 5HG

Dated: 20 December 2024

THE WINDFALL CENTRE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
<u>Income from:</u>					
Income from Donations and legacies	3	2,006	53,853	55,859	75,655
Income from Charitable Activities	4	52,634	-	52,634	64,248
Total income		<u>54,640</u>	<u>53,853</u>	<u>108,493</u>	<u>139,903</u>
<u>Expenditure on:</u>					
Expenditure on Charitable Activities	5	<u>63,162</u>	<u>54,351</u>	<u>117,513</u>	<u>130,044</u>
Net (expenditure)/income for the year/ Net movement in funds		(8,522)	(498)	(9,020)	9,859
Fund balances at 1 April 2023		<u>17,842</u>	<u>38,089</u>	<u>55,931</u>	<u>46,072</u>
Fund balances at 31 March 2024		<u><u>9,320</u></u>	<u><u>37,591</u></u>	<u><u>46,911</u></u>	<u><u>55,931</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE WINDFALL CENTRE LIMITED

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	10		980		1,224
Current assets					
Debtors	11	18,863		10,635	
Cash at bank and in hand		29,080		47,573	
		47,943		58,208	
Creditors: amounts falling due within one year	12	(2,012)		(3,501)	
Net current assets			45,931		54,707
Total assets less current liabilities			46,911		55,931
The funds of the charity					
Restricted income funds	13		37,591		38,089
Unrestricted funds			9,320		17,842
			46,911		55,931

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 20 December 2024

B James
Trustee

Company registration number 07538792 (England and Wales)

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

The Windfall Centre Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Bron Yr Eglwys, Lower Chapel, Brecon, Powys, LD3 9RE, Wales.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% reducing balance
Computers	20% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2024 £	2024 £	2024 £	2023 £
Donations and gifts	2,006	-	2,006	475
Grants receivable	-	53,853	53,853	75,180
	<u>2,006</u>	<u>53,853</u>	<u>55,859</u>	<u>75,655</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

3 Income from Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2024	2024	2024	2023
	£	£	£	£
Grants receivable for core activities				
Magic Little Grants	-	500	500	500
Masonic Grants	-	-	-	2,000
Community Foundation in Wales	-	-	-	1,750
The Clothworkers Foundation	-	-	-	500
Police and Crime Commissioner	-	14,850	14,850	4,950
National Lottery Nurturing Families	-	22,603	22,603	18,190
Camera Funding	-	-	-	500
Foyle Foundation	-	-	-	6,000
The Edward Gostling Foundation	-	-	-	7,000
Oakdale Trust	-	-	-	1,000
Wesleyan Foundation	-	-	-	9,990
Assura Community Fund	-	-	-	4,950
Magdalen Trust	-	-	-	2,000
Seaburne Foundation	-	-	-	4,950
National Lottery Awards for All	-	-	-	9,900
The Arnold Clark Community Fund	-	-	-	1,000
Albert Hunt Foundation	-	4,000	4,000	-
Green Man Trust	-	2,000	2,000	-
National Lottery - BRICS	-	9,900	9,900	-
	<u>-</u>	<u>53,853</u>	<u>53,853</u>	<u>75,180</u>

4 Income from Charitable Activities

	Total 2024 £	Total 2023 £
Service Provision	<u>52,634</u>	<u>64,248</u>
Analysis by fund		
Unrestricted funds	<u>52,634</u>	<u>64,248</u>
	52,634	64,248

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

5 Expenditure on charitable activities

	Total 2024 £	Total 2023 £
Direct costs		
Staff costs	28,397	31,520
Direct costs	61,644	73,156
	<u>90,041</u>	<u>104,676</u>
Share of support and governance costs (see note 6)		
Support	25,906	23,716
Governance	1,566	1,652
	<u>117,513</u>	<u>130,044</u>
Analysis by fund		
Unrestricted funds	63,162	58,896
Restricted funds	54,351	71,148
	<u>117,513</u>	<u>130,044</u>

6 Support costs

	Support costs	Governance costs	2024	2023
	£	£	£	£
Establishment costs	19,547	-	19,547	15,712
Repairs & maintenance	2,131	-	2,131	1,475
Computer costs	1,784	-	1,784	2,595
Printing, postage & Stationery	193	-	193	227
Sundry expenses	213	-	213	269
Travelling	668	-	668	1,074
Telephone	359	-	359	417
Depreciation	245	-	245	305
Advertising & Marketing	756	-	756	702
Training	-	-	-	940
Bank fees	10	-	10	-
Accountancy	-	1,566	1,566	1,652
	<u>25,906</u>	<u>1,566</u>	<u>27,472</u>	<u>25,368</u>
Analysed between				
Charitable activities	<u>25,906</u>	<u>1,566</u>	<u>27,472</u>	<u>25,368</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

7 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Staff	2	1
	<u> </u>	<u> </u>
Employment costs	2024	2023
	£	£
Wages and salaries	27,070	30,784
Other pension costs	1,327	736
	<u> </u>	<u> </u>
	28,397	31,520
	<u> </u>	<u> </u>

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

	2024 £	2023 £
Total employee benefits	28,397	31,520
	<u> </u>	<u> </u>

9 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

10 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2023	4,061	1,078	5,139
At 31 March 2024	4,061	1,078	5,139
Depreciation and impairment			
At 1 April 2023	3,059	856	3,915
Depreciation charged in the year	200	44	244
At 31 March 2024	3,259	900	4,159
Carrying amount			
At 31 March 2024	802	178	980
At 31 March 2023	1,002	222	1,224

11 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	9,790	8,100
Other debtors	6,791	-
Prepayments and accrued income	2,282	2,535
	18,863	10,635

12 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	-	1,644
Trade creditors	30	-
Pension Contributions	-	143
Accruals and deferred income	1,982	1,714
	2,012	3,501

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

13 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds			Balance at 31 March 2024
	Balance at 1 April 2023	Incoming resources	Resources expended	
	£	£	£	£
National Lottery Nurturing Families	14,142	22,603	(16,202)	20,543
Camera Funding	314	-	(314)	-
Community Foundation in Wales	1,750	-	(45)	1,705
The Clothworkers Foundation	810	-	(162)	648
Magic Little Grants	-	500	(260)	240
Police and Crime Commissioner	3,675	14,850	(13,575)	4,950
The Edward Gostling Foundation	6,190	-	(6,100)	90
Wesleyan Foundation	3,014	-	(3,014)	-
Assura Community Fund	3,200	-	(3,200)	-
Magdalen Trust	574	-	(574)	-
Seaburne Foundation	2,790	-	(2,790)	-
National Lottery Awards for All	1,630	-	(1,630)	-
Albert Hunt Foundation	-	4,000	(640)	3,360
Green Man Trust	-	2,000	(1,555)	445
National Lottery - BRICS	-	9,900	(4,290)	5,610
	<u>38,089</u>	<u>53,853</u>	<u>(54,351)</u>	<u>37,591</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

13 Restricted funds

	Movement in funds			
	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 1 April 2023
	£	£	£	£
National Lottery Nurturing Families	-	18,190	(4,048)	14,142
Co-op Grant	147	-	(147)	-
Comic Relief Community Fund in Wales	876	-	(876)	-
Masonic Charitable foundation	420	2,000	(2,420)	-
Camera Funding	-	500	(186)	314
PAVO	4,570	-	(4,570)	-
Waterloo Foundation	3,347	-	(3,347)	-
Community Foundation in Wales	2,161	1,750	(2,161)	1,750
Child Development Fund	3,240	-	(3,240)	-
The Clothworkers Foundation	1,013	500	(703)	810
Margaret Davies Charity	2,000	-	(2,000)	-
Magic Little Grants	500	500	(1,000)	-
Police and Crime Commissioner	6,543	4,950	(7,818)	3,675
Trusthouse Charitable Foundation	9,240	-	(9,240)	-
Foyle Foundation	-	6,000	(6,000)	-
The Edward Gostling Foundation	-	7,000	(810)	6,190
Oakdale Trust	-	1,000	(1,000)	-
Wesleyan Foundation	-	9,990	(6,976)	3,014
Assura Community Fund	-	4,950	(1,750)	3,200
Magdalen Trust	-	2,000	(1,426)	574
Seaburne Foundation	-	4,950	(2,160)	2,790
National Lottery Awards for All	-	9,900	(8,270)	1,630
Arnold Clark Community Fund	-	1,000	(1,000)	-
	<u>34,057</u>	<u>75,180</u>	<u>(71,148)</u>	<u>38,089</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

13 Restricted funds

National Lottery Awards for All represents funding towards helping families access therapeutic support.

Co-op Grant - represents money towards support of children who cannot access funding elsewhere.

Comic Relief Community Fund in Wales - represents funding towards the Filial Therapy Programme, helping families build and strengthen attachment relationships through empowering parents and carers with new and innovative ways to interact with their child.

Masonic Charitable Foundation - represents funding towards a Play Therapy Programme to enable children who have experienced mental health difficulties.

Camera funding represents funds towards a new camera system allowing less intrusive observations during a therapy session.

PAVO - represents funding towards Play Therapy, Art Therapy, Filial Therapy or Parental Consultation for families in Powys.

The Waterloo Foundation represents funding to provide a bursar fund to support self-funding families to access Therapy Sessions.

Community Foundation in Wales - represents for 5 children or families to take part in Tele-Play Therapy.

Child Development Funds - represents funding for the Nurturing Families Programme for under 5's.

The Clothworkers Foundation - represents funding towards the refurbishment costs of the building.

Margaret Davies Charity - represents funding towards therapy bursaries for self-funding families.

Magic Little Grants represents funding towards therapy bursaries for self-funding families.

Police and Crime Commissioner - represents funding to deliver non-directive Child Centred Play Therapy for children who have experienced ACE's.

Trusthouse Charitable Foundation represents funding towards the service manager salary for 1 year to enable the provision of therapy and mental health support to children and families in/around Llandrindod Wells.

Foyle Foundation represents funding to enable families on low income to access therapeutic intervention they so greatly need.

The Edward Gostling Foundation represents funding to enable families on low income to access therapeutic intervention they so greatly need.

Oakdale Trust represents funding to enable families on low income to access therapeutic intervention they so greatly need.

Arnold Clark Community Fund represents funding to enable families on low income to access therapeutic intervention they so greatly need.

Wesleyan Foundation represents funding towards Play Art and Family Therapy.

Assura Community Fund represents funding towards Play Art and Family Therapy.

Magdalen Trust represents funding towards Play Art and Family Therapy.

Seaburne Fund represents funding to enable families on low income to access therapeutic intervention they so greatly need.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

13 Restricted funds

Albert Hunt Foundation represents funding for general nurseries for individual and family therapy programmes.

Green Man Trust represents funding for general nurseries for individual and family therapy programmes.

National Lottery - BRICS represents funding for play therapy for children with school anxiety.

14 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	17,842	54,640	(63,162)	9,320
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

Previous year:	At 1 April 2022	Incoming resources	Resources expended	At 31 March 2023
	£	£	£	£
General funds	12,015	64,723	(58,896)	17,842
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

15 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Total
	2024	2024	2024	2023
	£	£	£	£
Fund balances at 31 March 2024 are represented by:				
Tangible assets	980	-	980	1,224
Current assets/(liabilities)	8,340	37,591	45,931	54,707
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	9,320	37,591	46,911	55,931
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

16 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

THE WINDFALL CENTRE LIMITED

England & Wales - Charity number 1167777

Accounts

Charity registration number 1167777

Company registration number 07538792 (England and Wales)

THE WINDFALL CENTRE LIMITED

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023



THE WINDFALL CENTRE LIMITED

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Dr J M Senior H Findley Ms A Grunsell Mrs M A Hinks Dr S A Miles
Charity number	1167777
Company number	07538792
Principal address	Gwalia Annex Ithon Road Llandrindod Wells Powys Wales LD1 6AS
Independent examiner	Mitchell Meredith Ltd St Davids House 48 Free Street Brecon Powys UK LD3 7BN

THE WINDFALL CENTRE LIMITED

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THE WINDFALL CENTRE LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The Trustees are pleased to present their annual directors' report together with the financial statements of the charity for the year ending 31 March 2023, which are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements comply with the Charities Act 2011 the Companies Act 2006, the Articles of Association and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

1. Business Description

The Windfall Centre is a charity providing the services of trained and experienced professionals supporting the emotional health, welfare and development of children and families. We provide therapeutic support through a variety of proven therapy interventions for children and young people suffering distress arising from trauma, abuse or adversity. We also provide training and consultancy, and supervision to other practicing Play Therapists.

1.1 History of Business Development

Windfall was started as a private not-for-profit business in 2011, by one present and one former therapist, who identified a need for these services in Mid Wales. The business has grown significantly in recent years and became a registered charity in 2016. The therapeutic team has expanded from an initial two therapists, to seven, allowing the service to expand geographically as well as including additional expertise.

1.2 Located in Llandrindod Wells, the Centre initially provided services for children and families in Powys but, due to increased demand, is now also active in South and West Wales as well. Therapeutic programmes have developed and now include Play Therapy, Filial Therapy, Art psychotherapy and Tele-Play Therapy. The Nurturing Families programme draws on Play Therapy to support mothers and little ones under five to strengthen the caregiver relationship and promote secure attachment. Other programmes have included outreach provision in both north and south of Powys to address long travelling times for some children to attend the Centre. Finally, in response to the dearth of other services for troubled young adults in our area, our Creative Counselling service remains on offer.

2. Our Purpose and Values

The purposes of The Windfall Centre are to:

- Support the emotional and mental health of children and young people through the delivery of play therapy and related therapeutic interventions
- Encourage and support the parents and carers of the children referred to us by establishing close, non-judgemental relationships offering advice and guidance as appropriate
- Support referring professionals and the wider professional network through consultation, training, seminars and bringing in expert speakers.

2.1 Our Aspiration and Values

We aim to be the leading non-statutory provider of Play Therapy and related therapeutic interventions for children and young people in the areas we serve; which currently include Powys and South and West Wales.

2.2 The Windfall Centre is founded on the passionate belief in the right of all children and young people to develop to their full potential and where that development needs a helping hand, they are entitled to the highest professional service.

2.3 We base our philosophy in the UN Convention of the Rights of the Child and especially Article 3 which states that every organisation involved with children should work towards what is best for each child. Our vision accords with the Welsh Government's Well-being of Future Generations Act 2015. Our Safeguarding policy and procedures similarly conform to the Safeguarding Procedures Wales 2020.

THE WINDFALL CENTRE LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

3. Key Personnel

3.1 Our Patron:

Gillian Clarke was born in Cardiff in 1937 and now lives in Ceredigion. A poet, playwright and tutor on the MPhil in Creative Writing at the University of Glamorgan, she is also president of Ty Newydd, the writers' centre in North Wales which she co-founded in 1990. She was the inaugural Capital Poet for Cardiff 2005-6. In 2008 she was appointed National Poet of Wales, and in 2010 received the Queen's Gold Medal for Poetry.

3.2 Staff

Clare Hurford – Service Manager

Clare joined the team in August 2019 as Finance/Admin Officer, moving into a Service Manager role in 2021. With a background in accounting, Clare has taken on more responsibility in this time including implementing new accountancy software, re-designing a website and arranging the opening of new clinics. Clare has joint overall responsibility for the efficient running of The Windfall Centre and its therapeutic services, accountable and reporting to the Board of Trustees.

Clare takes all opportunities to positively promote The Windfall Centre and the services it provides; especially by creating and establishing excellent professional relationships within the team and with Patrons, external agencies, clients and commissioners as well as donors and prospective donors.

Clare actively promotes an organisational culture valuing equality, respect, co-operation, diversity and inclusion, shared learning, professional development, best practice and aspiring to the highest professional practice in delivering services to the children, young people and families referred to the service.

A large aspect of the Service Manager role is to apply for funding to help self-referring families access the therapeutic support they need, and this year Clare has successfully secured over £75,000 in grant funding for The Windfall Centre.

Outside the office Clare enjoys caring for her three young children, reading and watching films. *(employed full-time)*

3.3 Associates (self-employed)

Gabrielle Eisele - MSc Play Therapy (Merit); MA DATP (Dist); MSc Psychology; BSc Liberal Arts (Hon); PG Diploma Positive Behaviour Support; B-Tec Diploma Early Years and Childcare

Play and Filial Therapist, Nurturing Families practitioner

Gabrielle has been working with children and young people across the UK and America for over 30 years. Roles included: specialist advocate for disabled children and young people, Special Needs Play Development Worker, Adviser for the Family Fund Trust, Portage-worker, high school, college and university lecturer, Child-worker for Women's Aid, Expert Witness to the courts on children's attachment relationships, as well as providing training in all areas of child welfare and development, mental health, therapeutic work and ASC across the country. Gabrielle is the co-founder of The Windfall Centre and as a BAPT qualified Play and Filial Therapist offers Play Therapy, Filial Therapy and Supervision through the service.

Jo Hill - MSc Play Therapy (Dist); BA (Hon) Childhood Studies

Play Therapist, Filial Therapist, One of the two Welsh representatives for British Association of Play Therapists (BAPT)

A BAPT qualified Play and Filial Therapist. Prior to becoming a Play Therapist, Jo has been working with children and young people for 15 years. Her roles have included; working as a mentor, a reading friend, a study support worker and as a ChildLine counsellor. Jo achieved awards throughout her academic career, receiving the Chancellor's Award for outstanding work and the Departmental prize for best student for her BA, and the award for the most outstanding student in her Masters' programme. Jo's current work is as a play therapist at The Windfall Centre where she sees individual children. She also works with parents/carers using a Filial Therapy model and provided play therapy via The Windfall Centre's School Programme. *(self-employed)*

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Maggie Fearn - MA (Dist) DATP; MA(Dist)HIPPT (CTC, Eire);

BAPT Play Therapist, Child and Adolescent Psychotherapist, responsible for South and West Wales service. Nurturing Families practitioner.

Maggie has been a play practitioner for 30 years and a Forest School practitioner since 2001. She graduated as a practitioner of Body and Earth Experiential Anatomy, Somatics and Authentic Movement in 2010. She specialises in Nature-Based Play Therapy. Maggie is Senior Lecturer for the Play Therapy Masters Programme at University of South Wales Newport. She has undergone intensive Filial Therapy training and runs therapeutic retreats for families in crisis. She also attained a Diploma in Creative Supervision and provides supervision for play therapists and counsellors. *(self-employed)*

Holly Joyce - MSc Play Therapy, BA (Hon) Drama

Play Therapist and Theraplay Level One Practitioner. South and West Wales Service

With a background in Drama and Education, Holly's work with children and young people extends over ten years and has included diverse roles such as a nursery nurse, mentor for Cardiff Youth Offending Team, support worker to children with autism and behavioural needs and drama teacher. She currently works as a play therapist in the south and west Wales service as well as seeing some children in the Centre. *(self-employed)*

Sharon-Louise Pullen - Art Psychotherapy BA Hons Fine Art

Art Psychotherapist

Sharon-Louise has been a qualified state registered Art Psychotherapist for 17 years. She has additionally completed a two year infant observation course affiliated to the London Tavistock Clinic through the Child and Adolescent Mental Health Service (CAMHS). She is a member of the British Association of Art Therapists (BAAT) and the Health and Care Professions Council (HCPC) professional regulatory bodies. Her experience as an Art Psychotherapist includes work with adults with brain injury at Headway, within a women's forensic unit through the NHS and in adult mental health. She has also worked within education with teenagers, in specialist schools, in residential units offering specialist care with eating disorders and in residential homes with children with a range of diagnoses. Her commitment to the welfare and well-being of children and young people is carried through her safeguarding roles as a parent governor of a primary school and her involvement on the executive committee of the Scouts Association. *(self-employed)*

Sue Bidmead - BA Hons (Env.Ed.) Post Grad Cert. Ed. Post Grad. Dip. (Counselling Children and Young People), Post Grad Cert. (Solution Focused Brief Therapy)

Counsellor Children and Young People, responsible for Specialist Counselling pilot project.

Sue is a qualified teacher and has a diploma in Counselling Children and Young People and a certificate in Solution Focused Brief Therapy. She is a BACP registered counsellor currently working with young people in Further Education. She also teaches in adult education, specialising in communication and counselling skills and emotional literacy. Sue has worked for and managed a mediation service in Powys and adjacent counties, resolving community and neighbourhood disputes. *(self-employed)*

Becky Webb – MSc Play Therapy, BSc Biology and Geography, QCF Level 5 Diploma in Leadership for Children's Care, Learning and Development

Play Therapist

Becky is a recently qualified Play Therapist accredited by the British Association of Play Therapists (BAPT). She has also completed Level 1 Theraplay® training and can use this approach within her practice.

Becky has worked with children and families over a number of years before becoming a play therapist including management of an Early Years setting, working as a family support worker and co-producing community projects with families to alleviate in-work poverty. Becky's experiences in these roles led to her wanting to develop her professional skills in working therapeutically with children and families.

In addition to her role as a play therapist at the Windfall Centre, Becky is also an experienced coach with Riding for the Disabled Association (RDA) and works therapeutically with horses to support children and young people's wellbeing.

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Student Play Therapists – We have continued our close association with the University of South Wales Play Therapy course and were pleased to be able to offer a third year placement, which led to an associates role at The Windfall Centre. Students are supervised and managed within our service and offer a valuable extension to our provision, allowing children who might not be able to acquire full funding to still receive a service commensurate to their identified therapeutic needs.

4. Trustees

Marilyn Hinks (Chair of Trustees)

Marilyn has spent most of her professional life teaching students with additional needs. For 13 years she was the SENCO at Welshpool High School where she also taught psychology to the 6th form. When she “retired” Marilyn worked as a Family Engagement Co-ordinator alongside families who needed support in accessing local services and helping vulnerable students settle into school and enjoy their schooldays. She now works with colleagues facilitating support groups for parents with children of all ages. Her experience of working with families has made her realise just how important the role of the Windfall play therapists is in supporting

John Senior (Treasurer)

John retired in 2011 after 17 years in industrial R&D followed by 3 years at the Medical Devices Directorate in London, which led to 17 years auditing medical device manufacturers world-wide (on behalf of Lloyds Register Quality Assurance) for their compliance with relevant ISO Standards and European Directives. For the last 3 years of this period John was self-employed, and so became familiar with accounting spreadsheets. For 8 years up to 2016 John was treasurer of a local Quaker Meeting, and for the last 6 years he has been treasurer of a Quaker Special Interest Group. In November 2016 he became treasurer of Mid Wales Area Quaker Meeting, which financially is of similar size to The Windfall Centre.

Ange Grunsell

Ange is now retired after a career in education but is an active member of Hay Writers which she chaired for 3 years. She has been a teacher, a teacher trainer and a school governor. She worked in inner city London with teenage truants marginalised by the education system, and in adult literacy, as well as projects challenging racism and gender bias in materials, classroom practice, curriculum and in teacher training. She was director of Oxfam’s Development Education programme and a writer and lecturer on the South Bank University international masters course in Education for Sustainability. She was chair of Islington Family Service Unit during a period of change from long term case work to family therapy.

She lives with her female partner near Hay on Wye and enjoys singing, playing tennis and visiting children and grandchildren. She is a volunteer distributor for Zaytoun who support Palestinian farming through imports of olive oil and other produce.

Sue Miles

Sue spent her working life running businesses in the pharmaceutical sector following a degree in Natural Sciences from Cambridge and PhD in Medicine from Edinburgh University. She is now retired, lives in Herefordshire and is an active member of the local community. Her business expertise is in organisational growth, change management, mergers and acquisitions, risk management and the mentoring of colleagues.

Hannah Findley

After gaining her degree in Criminology and Psychology, Hannah began her career in primary school education. Here she supported children with additional learning needs on a 1:1 basis, whilst also supporting whole class learning. Hannah then moved on to managing the pastoral care across a primary school, implementing a whole school trauma informed approach to teaching, with a focus on nurture and well-being. She worked with groups and individual children of all different backgrounds who were particularly struggling with their emotional literacy.

Hannah is due to begin her new venture working for Children’s services in September, coordinating support for families and ensuring that more families across Powys can access the support and guidance that they need.

5. Business Structure

The Windfall Centre is a charitable company limited by guarantee with a board of directors who also act as Trustees of the charity. The charity is governed by its Memorandum and Articles of Association dated 2016. It is registered as a charity with the Charity Commission. None of our Trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior

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manager of the charity which may result in a conflict of interest must be disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

The chair of the Trustees is nominated by the Trustees and Trustees serve for a minimum of 2 years. All members are circulated with invitations to nominate trustees prior to the AGM advising them of the retiring trustees and requesting nominations for the AGM. When considering co-opting trustees, the Board has regard to the requirement for any specialist skills needed, for example, Treasurer.

New trustees undergo orientation to brief them on their legal obligations under charity and company law, the Charity Commission guidance on public benefit, and inform them of the content of the Memorandum and Articles of Association, the committee and decision-making processes, the business plan and recent financial performance of the charity. During the induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

5.1 *Management of the Service*

The day-to-day management of the service is delegated by the Trustees to the Service Manager. All the therapists operate on a self-employed basis, being paid according to face-to-face therapy hours, and occasional meetings. The Service Manager is now a full-time post and provides invaluable admin and financial support to the team and the trustees.

5.2 *The Windfall Centre Premises*

The Windfall Centre is located in Llandrindod Wells, being central to the county of Powys. The Centre's premises are welcoming, informal, comfortable and discreet. The playrooms are spacious, well equipped, light and airy. A young person's counselling room has recently been established. A kitchen and waiting/Family room are available and refreshments are freely available for parents/carers while they wait for their child. There is also a larger Meeting Room which is used for Trustee meetings, training and seminars. A recent addition is the basement which has added an Art Psychotherapy room, a Playroom fitted with cameras and an observation room for Filial Therapy. This basement has allowed The Windfall Centre to provide disabled access via a ramp and every accommodation is made for those who require assistance to access the service. The premises are rented and there is a good relationship with the landlord who is very supportive of the service.

5.3 The service in South and West Wales is currently delivered from a rented room in a private therapy centre in Cowbridge as well as a private therapy space in Abergorlech. All the premises used by The Windfall Centre are carefully assessed as to health and safety, ease of access and lone working considerations. A wide range of toys and equipment is available at each location.

5.4 In 2022-2023 the Windfall Centre has three new outreach clinics in Newtown, Hay-on-Wye and Llanelli to respond to the needs of the clients.

6. **Therapeutic programmes**

The main therapeutic programmes we offer are non-directive Play Therapy and Filial Therapy and we anticipate that these will continue to form the core of our service. Programmes are offered following an Intake meeting with parents/carers and/or referring professionals. Play therapy programmes usually comprise 20 weekly sessions plus at least 2 parent/carer reviews. Filial therapy programmes are shorter at 16 weeks.

6.1 *Play therapy* is an acknowledged intervention for children ranging from those who are struggling emotionally to those at risk of deteriorating mental health. It has proved very effective for children with behavioural or other social difficulties and for those trying to cope with major life events such as bereavement, loss or family breakdown. It is a valuable therapeutic tool for children who have suffered major trauma or abuse, eg; children in Care. It can particularly help those with learning or communication difficulties or for whom English is not a first language. Through play and the therapeutic relationship, children can invite an insight into their emotional world, work through traumatic experiences, explore solutions to dilemmas and master their emotions and thoughts.

6.2 *Filial therapy* is a unique therapeutic model, evolved from play therapy, which strives to enhance the child-parent relationship by empowering the carer with new ways to interact with the child. Following instruction and supportive supervision by an experienced therapist, caregivers can then act directly as therapeutic support to their child. This model can be especially valuable to foster and adoptive parents by enhancing the child-carer attachment relationship.

6.3 *The Nurturing Families Programme* draws on Filial Therapy to support mothers and little ones under five to strengthen the mother-child relationship and promote secure attachment. The programme is funded by The National Lottery for a period of three years from 2022.

6.4 *The Specialist Counselling service* was established as a pilot service in response to a request from the Powys Detached Youth Service (PDYS) and each referral is purchased separately by them. These referrals are for young people, 16 to 25yrs, who are often socially dis-

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engaged, on the edge of, or already involved in, the criminal justice system and/or who may have mental health difficulties un-addressed by any other service. The demand for this service is low and there have been inevitable difficulties in engagement and in geography. However, we intend to keep the service available while we can.

6.5 *Art Psychotherapy* allows children and young people to express themselves, not only through drawing or painting but in three dimensional creations with clay and many other materials.

6.6 *Tele-Play Therapy* helps address children's needs to express the worries and fears that may accompany their experience of isolation with families during the covid-19 pandemic and then the return to a new normalcy. All Play Therapists have, in addition to their academic and clinical training to Masters level, undertaken training specifically in Tele-Play Therapy at advanced level. This has addressed specific safeguarding concerns, contracting and family support as well as the clinical aspects of doing child therapy online.

These new services have proved very valuable in helping us increase the children and young people we can serve and tailoring our interventions more closely to the needs of the child/young person.

6.7 Commissioners

Referrals to our service are purchased by commissioners on an individual basis. Our main commissioners are

- o Powys Early Help for children needing a service beyond the universal ones, to promote their health or development;
- o Powys Children's Services for children who may be on the child protection register as in need of a child protection plan, or children being fostered in the Care System. These children, almost by definition have suffered considerable emotional trauma, abuse or neglect.
- o Other local authorities. Recent examples include Carmarthenshire, Pembrokeshire and Swansea.

6.8 We also received 75% of private referrals and these are funded either by the parents or from funding secured through grants.

7. Covid-19 Response and Service Development

Along with the rest of society, we were rocked at the start of the pandemic with how we would navigate a new world. Initially face to face therapy ceased and all Play therapists undertook training in Tele-Play Therapy to an advanced level in order to carry on supporting children and families online. During the lockdown the therapists also provided a telephone support line should families have the need to talk to someone about how their children and families are coping. As restrictions eased and with the help of generous funding we were able to build a Perspex divide in a playroom to develop a COVID safe space and continue with face to face therapy. We decided that the service provided by The Windfall Centre will continue based on the following considerations:

1. Children's reactions to events are very largely influenced by the responses of the adults around them, but also by the wider societal atmosphere. The chaos and uncertainty around schools opening can be a significant source of stress and anxiety to children and young people. If there is additional adult / caregiver anxiety about childcare, finances and work complications, this does not pass by unnoticed by children and young people.
2. Add in the recurring death tolls from the virus and again, adult responses to the fear of the virus, and children can be left worrying about their own health or that of their parents / caregivers. There is also the other subliminal messages that children may infect their loved ones which can cause worry and concern.
3. Under the lockdown conditions, the often overlooked but vital support for many children comes from school staff and other adults external to their family is not available or is only sporadically available.
4. The central approach by our skilled therapists has always been to recognise children and young people's need for stability and predictability, thus conveying a sense of emotional containment and safety. This is needed now more than ever.
5. Similarly, the work that is done with parents and caregivers provides them with support and understanding and the strength to recognise their children's emotional needs. This in turn equips them with the ways and means to respond attentively to their children.
6. Our service addresses the emotional and mental health needs of children and families and in this national mental health crisis our service is vitally needed.

Filial therapy can also be provided at the centre or by video link, and our Tele-play therapy remains accessible. The high level of support we provide to parents / caregivers will also remain available.

The Trustees commend the level of skill and commitment of our Therapists and the support they receive from Clare and Gaby. Again, we extend our heartfelt thanks to them all for the way they continue to support children, young people and families in these extremely challenging times.

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We expect to continue delivering our core services and have embed the Nurturing Families service into our regular provision. This was modified in response to findings from the first part of the pilot programme. We would like to widen the service via private referrals or referrals from other agencies eg; GPs, schools, to embrace more children and families struggling with a range of adversities. As there is no ringfenced funding for our service from these agencies, we will be seeking funding from various grant making organisations in addition to tendering for any further contract that may be available from Powys or other local authorities.

7.2 We continue to work closely with the University of South Wales and provide placements for student play therapists, especially those who may go on to practice in Wales.

8. What makes The Windfall Centre special?

8.1 Our Therapists

All the active play and filial therapists are registered with the British Association of Play Therapists and accredited by the Professional Standards Authority. They are all qualified to Masters' level and have all undergone their own therapy as is expected for this high level of training. Our other therapists and counsellor are similarly accredited to their respective professional body. All have wide prior experience working with children and young people in a variety of contexts. In addition to their therapeutic knowledge, the theoretical underpinnings of the team's approach include a clear and nuanced understanding of Attachment theory and neurodevelopment, especially the effects of abuse and early trauma on the developing brain and the child's emotional development. This draws on the work of acknowledged experts such as Bessel Van der Kolk and Bruce Perry amongst many others.

8.2 A Team Approach

In contrast to many independent play therapists, child psychotherapists or psychologists working alone in private practice, our staff are a close-knit and cohesive team with a shared ethos in supporting the emotional health of children and families in our areas. In addition to regular supervision and continuing professional development, the therapeutic team meets regularly to share knowledge, experience and practice issues. This builds a consistency of practice and shared skills, without limiting the individual therapist's own style.

8.3 Evaluation

Evaluation is at the core of our work, and we seek creative ways to make this meaningful to our service provision and development. Strengths and Difficulties questionnaires are administered on commencement and ending of all therapeutic programmes. Additionally, staff use an internal 'Therapeutic Progress Measure' compiled and rated together with parents/carers to measure progress throughout the programme. Shortly after the end of a programme of therapy parents/carers and the child are invited to give feedback on their experience. (See Appendix)

8.4 Value for money

We believe that access to our services and to the professional knowledge of our staff should be as easy as possible. We have a sliding scale of fees for private referrals and offer a free initial Intake meeting for these referrals. This is an opportunity for parents/carers to think together with two therapists to better understand the needs of the child and what might be contributing to the child's difficulties. We automatically offer support and consultation to the foster carers we work with and to the referring social workers, as well as working closely with school staff where necessary.

8.5 Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. At the end of each programme of therapy, both parents and children are invited to evaluate their experience. The evaluations received have been overwhelmingly positive and illustrate the public benefit of our service. Considering the wider public benefit, the Trustees also recognise that addressing early trauma and adversity can have a later effect in reducing anti-social behaviour and contributing to safer communities as well as building individual resilience.

8.6 Additionally, the training, consultation and delivery of seminars and conferences undertaken by our staff, contributes to the professional development of many allied professionals in the wider professional environment with a hoped for knock-on beneficial effect on other services.

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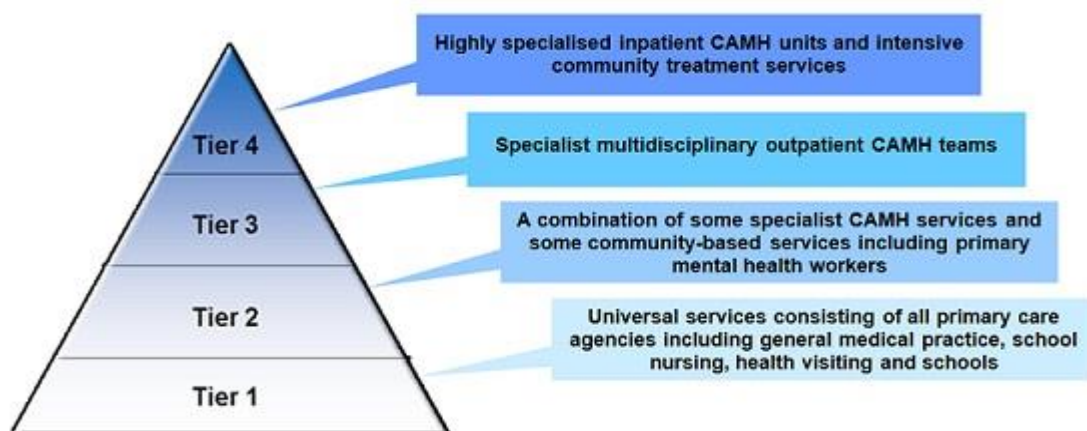
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9 Programme Development Matrix

Programme/Post	Completion date	Resources	Action	Responsibility
Play Therapy	On-going		Continued liaison with commissioners	Service Manager
Filial Therapy	On-going		Continued liaison with commissioners	Service Manager
Nurturing Families	On-Going		Liaison with referrers	Service Manager
Specialist Counselling	On-going – responding to direct referrals	Possibly seek funding to extend project	Liaison with commissioners Applications for future funding	Service Manager Fundraising sub-committee
Art Psychotherapy	On-going		Part of range of programmes available	
Increase private referrals	On-going	Seek funding/make tender application if applicable	Applications for future funding	Fundraising sub-committee
Outreach projects		Identify and secure premises	Agreement with Early Help	Service Manager

10. Client Profile

10.1 Children and young people who are experiencing difficulties that could be related to their mental health are usually first identified within Tier 1 services, for example by a teacher, GP or health visitor. Similarly, parents/carers who identify their child as experiencing difficulties will usually first seek help from services at that level. Four tiers comprise the NHS Child and Adolescent Mental Health service (CAMHS). Children and young people with an identified need may be subsequently referred into specialist CAMH services (falling within Tiers 2–4) for assessment and intervention if necessary. The therapeutic services offered by The Windfall Centre fall within Tier 2 and Tier 3 as illustrated below.



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10.2 Tier 2 practitioners offer consultation to families and other practitioners. They identify severe or complex needs requiring more specialist intervention, assessment (which may lead to treatment at a different tier), and training to practitioners at Tier 1 level. Practitioners at Tier 3 provide a service for children and young people with more severe, complex and persistent disorders. Practitioners include:

- child and adolescent psychiatrists
- social workers
- clinical psychologists
- community psychiatric nurses
- child psychotherapists
- occupational therapists, and
- art, music, play and drama therapists

reconstitution or, at the other end of the spectrum, children who have suffered extremes of abuse and neglect and are severely traumatised. Despite their circumstances these children do not usually reach the threshold for a service from CAMHS. A skilled therapeutic intervention and close working with other professionals is essential in these cases, often, for fostered children, to ensure the child does not experience multiple placements within the Care system.

11. Financial Situation and Risk management

11.1 The trustees have a risk management strategy which comprises an annual review of the principal risks and uncertainties that the charity faces, the establishment of policies, systems, and procedures to mitigate those risks and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise. The financial sustainability is a potential risk for the charity.

Policy on reserves

It is the policy and aim of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure, which equates to approximately £30,000. This provides sufficient funds to cover management and administration and support costs. At the balance sheet date, the free reserves amounted to £17,428.

11.2 Attention has also been focussed on non-financial risks such as the health and safety of therapists and children and families using the centre. Paramount among these is safeguarding children and young people from risk of abuse, neglect or professional misconduct. They also include the physical safety of staff and centre users as well as professional lone working. These risks are managed by ensuring a robust policy and procedure is in place, and regular awareness training for staff and trustees.

11.3 The Windfall Centre is currently receiving income from services purchased by Local Authorities including Powys County Council, Swansea Council and Carmarthenshire Council. Self-referrals are funded by parents and carers with the help of grant funding secured by the Service Manager throughout the year.

11.4 The funding from Local Authorities leaves us exposed to the vagaries of social services budgets which are themselves dependant on the wider economic climate. A significant drop in referrals could leave The Windfall Centre struggling to survive. It is a cruel irony that when public sector budgets are being drastically cut, the services the Windfall Centre provides are more needed than ever.

11.5 Secondly, it is apparent that many more children could benefit from the services we offer, often as an early intervention, but the funds for this are not available. Few parents can self-fund and The Windfall Centre aims to help in this area by applying for grant funding to raise money for therapeutic support.

11.6 Thirdly, out of necessity, we keep our fees to the statutory services as low as is viable in recognition of the constraints on budgets.

11.7 These have been the significant drivers in the move to charitable status. The Trustees have addressed these risks by the establishment of a standing 'Finance and Fundraising' sub-committee with the brief to ensure core funding as well as funding for initiatives. This work is guided by a fundraising strategy.

11.8 This is our seventh year as an established charity and the figures for the year-end financial situation can be seen at the bottom of the balance sheet attached.

11.9 The SWOT analysis below allows a concise view of the internal and external factors pertinent to The Windfall Centre.

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INTERNAL FACTORS	
STRENGTHS (+)	WEAKNESSES (-)
✓ Highly qualified and experienced therapists ✓ Team dedicated to delivering quality service ✓ Established service widely valued by other professionals ✓ No credible competitors at this point ✓ Ability to respond to referrals from South and West Wales in addition to Powys ✓ Trustee Board committed to sustainability of service ✓ Therapeutic programmes valued by children and families ✓ Capacity available to take more referrals especially private ones ✓ Standing sub-committee for Fundraising applications and over-view of Finance	• Vulnerable financial base • Presently insufficient capital or income to pay support roles or fund/part fund private referrals • Some policies and procedures need creating/reviewing • Team members widely scattered, difficulties in maintaining team cohesion • Need additional Trustees to allow for constraints on involvement experienced by some • Possible conflict of loyalties/commitment with therapists also working elsewhere (self-employed)

EXTERNAL FACTORS	
OPPORTUNITIES (+)	THREATS (-)
✓ Children’s emotional and mental health high on social agenda ✓ Present dearth of other services to meet need locally ✓ Possible opportunity to agree further contracts with Children’s Services due to current Review in Powys ✓ Opportunity to tender for future Powys contract ✓ The service falls within the funding criteria of a number of funding organisations – encouraging for funding applications	• Social Services Children’s Services often under-funded, consequently looking for value for money which does not always fit with child’s therapeutic needs • Need to keep tariffs low in recognition of constraints on commissioners’ budgets • Opportunities for Play Therapists becoming more available ~ could lose therapists • Difficulties in recruiting Play Therapists in mid Wales • Uncertainty regarding funding applications

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12. Credit risk

The charity's principal financial assets are bank balances and cash, trade and other receivables.

The charity's credit risk is primarily attributable to its trade receivables. The amounts presented in the balance sheet are net of allowances for doubtful receivables. An allowance for impairment is made where there is an identified loss event which, based on previous experience, is evidence of a reduction in the recoverability of the cash flows.

The credit risk on liquid funds is limited because the counterparties are banks with high credit-ratings assigned by international credit-rating agencies.

The charity has no significant concentration of credit risk, with exposure spread over a large number of counterparties and customers.

13. Marketing

The majority of referrals to our service are purchased by commissioners, mostly local authorities, on an individual basis, so the need for the kind of marketing required by manufacturing or commercial service businesses does not arise. Instead, The Windfall Centre undertakes marketing initiatives by targeting influencers and a wide range of local authority, health care and other professionals to persuade them of the benefits of referring children and young people to The Windfall Centre for therapy.

The aim of our marketing activity is to promote The Windfall Centre as a centre of excellence in the provision of play therapy and related interventions in the areas we serve which include Powys and South and West Wales. We currently employ the following marketing tools:

13.1 Website. The Windfall Centre website gives a clear indication of the range of therapeutic interventions available from Windfall, demonstrates how they work and how to access them. The site is regularly updated as new information and new programmes become available. www.windfallcentre.co.uk

13.2 Leaflets. There is an individual leaflet available for each therapeutic programme provided by The Windfall Centre, replicating information published on the website.

13.3 Conferences and Training. The Windfall Centre has delivered two very successful conference for professionals in the fields of social care and children's mental health, and more would be welcomed. Key note speakers invited to participate included some of the most respected and best-known practitioners in their fields of expertise. At each event, delegates got ample opportunity to meet our therapists and learn about the work of The Windfall Centre.

13.4 Social Media. The Windfall Centre maintains a Facebook page and LinkedIn Page with a new blog added in July 2022 to the new website.

13.5 Community Events. Where indicated, The Windfall Centre personnel provide an active presence at targeted events within the local communities they serve, especially where this might contribute to fundraising.

14. Conclusion

Wales NHS estimates more than 40% of young people in Wales, show risk factors for adverse mental health, 30-40% may at some time experience a problem and up to 25% may have a recognisable disorder. The current Children's Commissioner for Wales, Sally Holland, found in her consultations across Wales that children's and young people's mental and emotional health was the most pressing concern for them.

Additionally, in their first report, the Welsh Adverse Childhood Experience (ACE) and Resilience Study, conducted by Public Health Wales and Bangor University (2018) focussed on mental illness. From their survey of adults in Wales, they identified how individuals who suffered ACEs were at significantly increased risk of mental illness. Compared with people with no ACEs, those reporting four or more were over 3 times more likely to report current mental illness, six times more likely to report lifetime mental illness and nine times more likely to report ever having felt suicidal. In addition to physical, sexual and emotional abuse and neglect, adverse childhood experiences include living in a family with domestic abuse, alcohol and drug related problems and parental mental ill-health.

With a highly skilled team and a committed Trustee group, the Windfall Centre is well placed to expand its therapeutic services and reach more children and young people struggling with many difficult emotional issues.

Parents' comments:

'There has been a complete change, everything's going well at home and at school. It's been amazing and I'm so grateful. If we hadn't had this I don't know where we would be.'

We've just been through the scores and listed the new ones below which show the positive changes since B's first session. He is now

THE WINDFALL CENTRE LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

enjoying high school and dealing with that change very well, showing a lot more independent choices.

Thanks for all your help and support.

So P's meltdowns are at a 2 now - they still occur but have less intensity and he's more easily brought out of them

His food control I have no concerns over

With F her food control I have no concerns over, her wetting is at a 1 - very rare now, sadness at a 0 - she is happy and smiling and settled into our new life, her regression is at a 0 too.

They are both doing really well and I can't tell you how beneficial it was having sessions with you. Thank you so much!

"If I didn't have a mummy like you I wouldn't like my new school and new house and I'd just stay in my bedroom but I do have one like you and because of that I love everything". There's no way in a million years he'd have said anything like that before so thank you very much for your help x

Children's and Young People's comments:

'Obviously, it's got a lot better. Any back and fro between mum and me has eased off. It's a lot better now'

'Having someone outside family to talk to'

Well, firstly... One of the biggest things I achieved from our sessions and have had a positive impact is really opening up and being honest. Your ability to listen and cut in asking the right questions let me not only vent my feelings, but I realised voicing my feelings out loud allowed me to answer my own questions.

There's not any con's from the session to be honest. Perhaps a little improvement is to not do the quiz straight away because when I did it I wasn't really 100 percent honest maybe that's because I didn't really know you I guess. But by the second session I felt really comfortable to open up.

What I would say to a young person is YOU DON'T NEED TO HIDE IN YOURSELF and YOU'RE NOT ALONE. I realised I kept a lot of things inside and at this age it's so healthy to talk about what you feel and. counselling is the best way, in my opinion, to do that and not feel judged.

Approved by the trustees of the charity on 8/9/23 and signed on its behalf by:

Mr J M Senior
Trustee

THE WINDFALL CENTRE LIMITED

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2023



The Windfall Centre

Supporting the emotional and
mental health of children and families



IMPACT REPORT 2022-2023

66 FAMILIES COMMENCED THERAPY



Play Therapy 58%
Art Psychotherapy 15%
Filial Therapy 6%
Counselling 8%
Nurturing Families Programme
9%
Parent Support 5%

96 REFERRALS



Top 3 concerns for referrals:
Behavioural Concerns
Childhood Trauma
Anxiety

SOURCE OF REFERRALS



Self Referrals 65%
Social Services 26%
Third Sector 4%
Schools 5%

AREAS SUPPORTED

Mid Wales- 70%
Vale of Glamorgan- 10%
Carmarthenshire- 20%



**AVERAGE
AGE AT
REFERRAL
9**

TESTIMONIALS

'The Windfall Centre have been totally supportive and have done so much to help my child'



'A huge difference, he is much calmer in himself. Understands his emotions and is able to self-regulate now. He is also able to get on and play by himself sometimes, which he really struggles with'

'Thanks for everything you've done for us all! Windfall will forever have a special place in our heart because of the wonderful work you do'.



'I can't thank the therapist at the windfall group enough for the changes made to our lives by helping our son!'

**£75,649.61 IN
FUNDRAISING**



**Play Therapy can improve
children's self-esteem and self-
confidence as they learn to
express themselves and feel
heard.**



www.windfallcentre.co.uk

THE WINDFALL CENTRE LIMITED

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF THE WINDFALL CENTRE LIMITED

I report to the Trustees on my examination of the financial statements of The Windfall Centre Limited (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the Trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mitchell Meredith Ltd

M L Barnes FCA FCCA

St Davids House

48 Free Street

Brecon

Powys

LD3 7BN

UK

Dated: 30/8/23

THE WINDFALL CENTRE LIMITED

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
	Notes				
<u>Income from:</u>					
Income from Donations and legacies	3	475	75,180	75,655	43,582
Income from Charitable Activities	4	64,248	-	64,248	35,271
Investment Income	5	-	-	-	2
Total income		<u>64,723</u>	<u>75,180</u>	<u>139,903</u>	<u>78,855</u>
<u>Expenditure on:</u>					
Expenditure on Charitable Activities	6	<u>58,896</u>	<u>71,148</u>	<u>130,044</u>	<u>95,843</u>
Net income/(expenditure) for the year/ Net movement in funds		5,827	4,032	9,859	(16,988)
Fund balances at 1 April 2022		<u>12,015</u>	<u>34,057</u>	<u>46,072</u>	<u>63,060</u>
Fund balances at 31 March 2023		<u><u>17,842</u></u>	<u><u>38,089</u></u>	<u><u>55,931</u></u>	<u><u>46,072</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

THE WINDFALL CENTRE LIMITED

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	11		1,224		1,529
Current assets					
Debtors	12	10,635		9,160	
Cash at bank and in hand		47,573		38,882	
		<u>58,208</u>		<u>48,042</u>	
Creditors: amounts falling due within one year	13	<u>(3,501)</u>		<u>(3,499)</u>	
Net current assets			54,707		44,543
Total assets less current liabilities			<u>55,931</u>		<u>46,072</u>
Income funds					
Restricted funds	14		38,089		34,057
Unrestricted funds			17,842		12,015
			<u>55,931</u>		<u>46,072</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 30/8/23

.....
Dr J M Senior
Trustee

Company registration number 07538792

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

The Windfall Centre Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is .

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% reducing balance
Computers	20% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2023 £	2023 £	2023 £	2022 £
Donations and gifts	475	-	475	392
Grants receivable	-	75,180	75,180	43,190
	<u>475</u>	<u>75,180</u>	<u>75,655</u>	<u>43,582</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

3 Income from Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2023	2023	2023	2022
	£	£	£	£
Grants receivable for core activities				
Child Development Fund	-	-	-	3,240
Margaret Davies Charity	-	-	-	2,000
Magic Little Grants	-	500	500	500
Masonic Grants	-	2,000	2,000	2,000
Community Foundation in Wales	-	1,750	1,750	2,000
The Clothworkers Foundation	-	500	500	1,600
PAVO	-	-	-	4,950
Leather Sellers	-	-	-	1,500
Police and Crime Commissioner	-	4,950	4,950	10,000
Trusthouse Charitable Foundation	-	-	-	15,400
Other	-	65,480	65,480	-
	<u>-</u>	<u>75,180</u>	<u>75,180</u>	<u>43,190</u>
	<u>-</u>	<u>75,180</u>	<u>75,180</u>	<u>43,190</u>

4 Income from Charitable Activities

	Total 2023 £	Total 2022 £
Service Provision	64,248	35,271
	<u>64,248</u>	<u>35,271</u>
Analysis by fund		
Unrestricted funds	64,248	35,271
	<u>64,248</u>	<u>35,271</u>
	64,248	35,271

5 Investment Income

	Total	Unrestricted funds
	2023 £	2022 £
Interest receivable	-	2
	<u>-</u>	<u>2</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

6 Expenditure on Charitable Activities

	Total 2023 £	Total 2022 £
Staff costs	31,520	24,987
Direct costs	73,156	54,316
	<u>104,676</u>	<u>79,303</u>
Share of support costs (see note 7)	23,716	15,132
Share of governance costs (see note 7)	1,652	1,408
	<u>130,044</u>	<u>95,843</u>
Analysis by fund		
Unrestricted funds	58,896	66,525
Restricted funds	71,148	29,318
	<u>130,044</u>	<u>95,843</u>

7 Support costs

	Support costs £	Governance costs £	2023 £	2022 £
Establishment costs	15,712	-	15,712	11,325
Repairs & maintenance	1,475	-	1,475	2,369
Computer costs	2,595	-	2,595	453
Printing, postage & Stationery	227	-	227	186
Sundry expenses	269	-	269	61
Travelling	1,074	-	1,074	24
Telephone	417	-	417	331
Depreciation	305	-	305	383
Advertising & Marketing	702	-	702	-
Training	940	-	940	-
Accountancy	-	1,652	1,652	1,408
	<u>23,716</u>	<u>1,652</u>	<u>25,368</u>	<u>16,540</u>
Analysed between Charitable activities	<u>23,716</u>	<u>1,652</u>	<u>25,368</u>	<u>16,540</u>

8 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

9 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Staff	1	1

Employment costs

	2023 £	2022 £
Wages and salaries	30,784	23,985
Other pension costs	736	1,002
	31,520	24,987

There were no employees whose annual remuneration was more than £60,000.

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2022	4,061	1,078	5,139
At 31 March 2023	4,061	1,078	5,139
Depreciation and impairment			
At 1 April 2022	2,808	801	3,609
Depreciation charged in the year	251	55	306
At 31 March 2023	3,059	856	3,915
Carrying amount			
At 31 March 2023	1,002	222	1,224
At 31 March 2022	1,253	276	1,529

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

12 Debtors

	2023	2022
	£	£
Amounts falling due within one year:		
Trade debtors	8,100	6,625
Prepayments and accrued income	2,535	2,535
	<u>10,635</u>	<u>9,160</u>

13 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other taxation and social security	1,644	1,924
Pension Contributions	143	143
Accruals and deferred income	1,714	1,432
	<u>3,501</u>	<u>3,499</u>

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			
	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 31 March 2023
	£	£	£	£
National Lottery Nurturing Families	-	18,190	(4,048)	14,142
Co-op Grant	147	-	(147)	-
Comic Relief Community Fund in Wales	876	-	(876)	-
Masonic Charitable foundation	420	2,000	(2,420)	-
Camera Funding	-	500	(186)	314
PAVO	4,570	-	(4,570)	-
Waterloo Foundation	3,347	-	(3,347)	-
Community Foundation in Wales	2,161	1,750	(2,160)	1,751
Child Development Fund	3,240	-	(3,240)	-
The Clothworkers Foundation	1,013	500	(703)	810
Margaret Davies Charity	2,000	-	(2,000)	-
Magic Little Grants	500	500	(1,000)	-
Police and Crime commissioner	6,543	4,950	(7,818)	3,675
Trusthouse Charitable Foundation	9,240	-	(9,240)	-
Foyle Foundation	-	6,000	(6,000)	-
The Edward Gostling Foundation	-	7,000	(810)	6,190
Oakdale Trust	-	1,000	(1,000)	-
Wesleyan Foundation	-	9,990	(6,976)	3,014
Assura Community Fund	-	4,950	(1,750)	3,200
Magdalen Trust	-	2,000	(1,426)	574
Seaburne Foundation	-	4,950	(2,160)	2,790
National Lottery Awards for All	-	9,900	(8,270)	1,630
	<u>34,057</u>	<u>64,280</u>	<u>(61,878)</u>	<u>38,089</u>

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

National Lottery Awards for All represents funding towards helping families access therapeutic support.

Co-op Grant - represents money towards support of children who cannot access funding elsewhere.

Comic Relief Community Fund in Wales - represents funding towards the Filial Therapy Programme, helping families build and strengthen attachment relationships through empowering parents and carers with new and innovative ways to interact with their child.

Masonic Charitable Foundation - represents funding towards a Play Therapy Programme to enable children who have experienced mental health difficulties.

Camera funding represents funds towards a new camera system allowing less intrusive observations during a therapy session.

PAVO - represents funding towards Play Therapy, Art Therapy, Filial Therapy or Parental Consultation for families in Powys.

The Waterloo Foundation represents funding to provide a bursar fund to support self-funding families to access Therapy Sessions.

Community Foundation in Wales - represents for 5 children or families to take part in Tele-Play Therapy.

Child Development Funds - represents funding for the Nurturing Families Programme for under 5's.

The Clothworkers Foundation - represents funding towards the refurbishment costs of the building.

Margaret Davies Charity - represents funding towards therapy bursaries for self-funding families.

Magic Little Grants represents funding towards therapy bursaries for self-funding families.

Police and Crime Commissioner - represents funding to deliver non-directive Child Centred Play Therapy for children who have experienced ACE's.

Trusthouse Charitable Foundation represents funding towards the service manager salary for 1 year to enable the provision of therapy and mental health support to children and families in/around Llandrindod Wells.

Foyle Foundation represents funding to enable families on low income to access therapeutic intervention they so greatly need.

The Edward Gostling Foundation represents funding to enable families on low income to access therapeutic intervention they so greatly need.

Oakdale Trust represents funding to enable families on low income to access therapeutic intervention they so greatly need.

Arnold Clark Community Fund represents funding to enable families on low income to access therapeutic intervention they so greatly need.

Wesleyan Foundation represents funding towards Play Art and Family Therapy.

Assura Community Fund represents funding towards Play Art and Family Therapy.

Magdalen Trust represents funding towards Play Art and Family Therapy.

Seaburne Fund represents funding to enable families on low income to access therapeutic intervention they so greatly need.

THE WINDFALL CENTRE LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

	Movement in funds			
	Balance at 1 April 2021	Incoming resources	Resources expended	Balance at 1 April 2022
	£	£	£	£
National Lottery Nurturing Families	1,326	-	(881)	-
Co-op Grant	3,032	-	(2,885)	147
Comic Relief Community Fund in Wales	4,316	-	(3,440)	876
Masonic Charitable foundation	-	2,000	(1,580)	420
Camera Funding	50	-	(495)	-
PAVO	-	4,950	(380)	4,570
Waterloo Foundation	10,000	-	(6,653)	3,347
Community Foundation in Wales	2,961	2,000	(2,800)	2,161
Child Development Fund	-	3,240	-	3,240
The Clothworkers Foundation	-	1,600	(587)	1,013
Margaret Davies Charity	-	2,000	-	2,000
Magic Little Grants	-	500	-	500
Police and Crime commissioner	-	10,000	(3,457)	6,543
Trusthouse Charitable Foundation	-	15,400	(6,160)	9,240
Foyle Foundation	-	-	-	-
The Edward Gostling Foundation	-	-	-	-
Oakdale Trust	-	-	-	-
Wesleyan Foundation	-	-	-	-
Assura Community Fund	-	-	-	-
Magdelen Trust	-	-	-	-
	<u>21,685</u>	<u>41,690</u>	<u>(29,318)</u>	<u>(36,847)</u>

15 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total	Total
	2023	2023	2023	2022
	£	£	£	£
Fund balances at 31 March 2023 are represented by:				
Tangible assets	414	810	1,224	1,529
Current assets/(liabilities)	17,428	37,279	54,707	44,543
	<u>17,842</u>	<u>38,089</u>	<u>55,931</u>	<u>46,072</u>

16 Related party transactions

There were no disclosable related party transactions during the year (2022 - none).

THE WINDFALL CENTRE LIMITED

England & Wales - Charity number 1167777

Accounts

Company registration number: 07538792

Charity registration number: 1167777

The Windfall Centre Limited

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

The Windfall Centre Limited

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The Windfall Centre Limited

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Business Description

The Windfall Centre is a charity providing the services of trained and experienced professionals supporting the emotional health, welfare and development of children and families. We provide therapeutic support through a variety of proven therapy interventions for children and young people suffering distress arising from trauma, abuse or adversity. We also provide training and consultancy, and supervision to other practicing Play Therapists.

History of Business Development

Windfall was started as a private not-for-profit business in 2011, by two of the current team who identified a need for these services in Mid Wales. The business has grown significantly in recent years and became a registered charity in 2016. The therapeutic team has expanded from an initial two therapists, to seven, allowing the service to expand geographically as well as including additional expertise.

Location

Located in Llandrindod Wells, the Centre initially provided services for children and families in Powys but, due to increased demand, is now also active in South and West Wales as well. Therapeutic programmes have developed and now include Play Therapy, Filial Therapy, Art psychotherapy and Tele-Play Therapy. The Nurturing Families programme draws on Play Therapy to support mothers and little ones under five to strengthen the caregiver relationship and promote secure attachment. Other programmes have included outreach provision in both north and south of Powys to address long travelling times for some children to attend the Centre. Finally, in response to the dearth of other services for troubled young adults in our area, our Creative Counselling service remains on offer.

Our Purpose and Values

The purposes of The Windfall Centre are to:

- Support the emotional and mental health of children and young people through the delivery of play therapy and related therapeutic interventions
- Encourage and support the parents and carers of the children referred to us by establishing close, non-judgemental relationships offering advice and guidance as appropriate
- Support referring professionals and the wider professional network through consultation, training, seminars and bringing in expert speakers.

Our Aspiration and Values

We aim to be the leading non-statutory provider of Play Therapy and related therapeutic interventions for children and young people in the areas we serve; which currently include Powys and South and West Wales.

The Windfall Centre is founded on the passionate belief in the right of all children and young people to develop to their full potential and where that development needs a helping hand, they are entitled to the highest professional service.

We base our philosophy in the UN Convention of the Rights of the Child and especially Article 3 which states that every organisation involved with children should work towards what is best for each child. Our vision accords with the Welsh Government's Well-being of Future Generations Act 2015. Our Safeguarding policy and procedures similarly conform to the Safeguarding Procedures Wales 2020.

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Business Structure

The Windfall Centre is a charitable company limited by guarantee with a board of directors who also act as Trustees of the charity. The charity is governed by its Memorandum and Articles of Association dated 2016. It is registered as a charity with the Charity Commission. None of our Trustees receive remuneration or other benefit from their work with the charity. The chair of the Trustees is nominated by the Trustees and Trustees serve for a minimum of 2 years.

Management of the Service

The day-to-day management of the service is delegated by the Trustees to the Service Manager. All the therapists operate on a self-employed basis, being paid according to face-to-face therapy hours, and occasional meetings. The Service Manager is now a full-time post and provides invaluable admin and financial support to the team and the trustees.

The Windfall Centre Premises

The Windfall Centre is located in Llandrindod Wells, being central to the county of Powys. The Centre's premises are welcoming, informal, comfortable and discreet. The playrooms are spacious, well equipped, light and airy. A young person's counselling room has recently been established. A kitchen and waiting/Family room are available and refreshments are freely available for parents/carers while they wait for their child. There is also a larger Meeting Room which is used for Trustee meetings, training and seminars. A recent addition is the basement which has added an Art Psychotherapy room, a Playroom fitted with cameras and an observation room for Filial Therapy. This basement has allowed The Windfall Centre to provide disabled access via a ramp and every accommodation is made for those who require assistance to access the service. The premises are rented and there is a good relationship with the landlord who is very supportive of the service.

The service in South and West Wales is currently delivered from a rented room in a private therapy centre in Cowbridge as well as a private therapy space in Abergorlech. All the premises used by The Windfall Centre are carefully assessed as to health and safety, ease of access and lone working considerations. A wide range of toys and equipment is available at each location.

In 2022 there are plans to open three new outreach clinics in Newtown, Hay-on-Wye and Llanelli to respond to the needs of the clients.

Nature of governing document

The Windfall Centre is a company limited by guarantee governed by its Memorandum and Articles of Association dated September 2016. It is registered as a charity with the Charity Commission.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Recruitment and appointment of trustees

As set out in the Articles of Association the chair of the trustees is nominated by the Trustees. Trustees serve for a minimum period of two years. All members are circulated with invitations to nominate trustees prior to the AGM advising them of the retiring trustees and requesting nominations for the AGM. When considering co-opting trustees, the Board has regard to the requirement for any specialist skills needed, for example, Treasurer.

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Induction and training of trustees

New trustees undergo orientation to brief them on their legal obligations under charity and company law, the Charity Commission guidance on public benefit, and inform them of the content of the Memorandum and Articles of Association, the committee and decision-making processes, the business plan and recent financial performance of the charity. During the induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

Arrangements for setting key management personnel remuneration

The directors consider the board of directors, who are the Charity's trustees, and the senior management team comprise the key management personnel of the charity in charge of directing and controlling, running and operating the Charity on a day to day basis. All directors give of their time freely and no director received remuneration in the year. All the Play Therapists operate on a self-employed basis, being paid according to face-to-face therapy hours, and meetings by agreement with the Service Manager.

Relationships with related parties

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity which may result in a conflict of interest must be disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Key Personnel

Our Patrons:

Gillian Clarke was born in Cardiff in 1937 and now lives in Ceredigion. A poet, playwright and tutor on the MPhil in Creative Writing at the University of Glamorgan, she is also president of Ty Newydd, the writers' centre in North Wales which she co-founded in 1990. She was the inaugural Capital Poet for Cardiff 2005-6. In 2008 she was appointed National Poet of Wales, and in 2010 received the Queen's Gold Medal for Poetry.

Our Staff:

Clare Hurford – Service Manager

Clare joined the team in August 2019 as Finance/Admin Officer, moving into a Service Manager role in 2021. With a background in accounting, Clare has taken on more responsibility in this time including implementing new accountancy software, re-designing a website and arranging the opening of new clinics. Clare has joint overall responsibility for the efficient running of The Windfall Centre and its therapeutic services, accountable and reporting to the Board of Trustees.

Clare takes all opportunities to positively promote The Windfall Centre and the services it provides; especially by creating and establishing excellent professional relationships within the team and with Patrons, external agencies, clients and commissioners as well as donors and prospective donors.

Clare actively promotes an organisational culture valuing equality, respect, co-operation, diversity and inclusion, shared learning, professional development, best practice and aspiring to the highest professional practice in delivering services to the children, young people and families referred to the service.

A large aspect of the Service Manager role is to apply for funding to help self-referring families access the therapeutic support they need, and this year Clare has successfully secured over £43,000 in grant funding for The Windfall Centre.

Outside the office Clare enjoys caring for her three young children, reading and watching films. (*employed full-time*)

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Our Associates:

Gabrielle Eisele - MSc Play Therapy (Merit); MA DATP (Dist); MSc Psychology; BSc Liberal Arts (Hon); PG Diploma Positive Behaviour Support; B-Tec Diploma Early Years and Childcare

Play and Filial Therapist, Nurturing Families practitioner

Gabrielle has been working with children and young people across the UK and America for over 30 years. Roles included: specialist advocate for disabled children and young people, Special Needs Play Development Worker, Adviser for the Family Fund Trust, Portage-worker, high school, college and university lecturer, Child-worker for Women's Aid, Expert Witness to the courts on children's attachment relationships, as well as providing training in all areas of child welfare and development, mental health, therapeutic work and ASC across the country. Gabrielle is the co-founder of The Windfall Centre and as a BAPT qualified Play and Filial Therapist offers Play Therapy, Filial Therapy and Supervision through the service.

Jo Hill - MSc Play Therapy (Dist); BA (Hon) Childhood Studies

Play Therapist, Filial Therapist, One of the two Welsh representatives for British Association of Play Therapists (BAPT)

A BAPT qualified Play and Filial Therapist. Prior to becoming a Play Therapist, Jo has been working with children and young people for 15 years. Her roles have included; working as a mentor, a reading friend, a study support worker and as a ChildLine counsellor. Jo achieved awards throughout her academic career, receiving the Chancellor's Award for outstanding work and the Departmental prize for best student for her BA, and the award for the most outstanding student in her Masters' programme. Jo's current work is as a play therapist at The Windfall Centre where she sees individual children. She also works with parents/carers using a Filial Therapy model and provided play therapy via The Windfall Centre's School Programme.

Maggie Fearn - MA (Dist) DATP; MA(Dist)HIPPT (CTC, Eire);

BAPT Play Therapist, Child and Adolescent Psychotherapist, responsible for South and West Wales service. Nurturing Families practitioner.

Maggie has been a play practitioner for 30 years and a Forest School practitioner since 2001. She graduated as a practitioner of Body and Earth Experiential Anatomy, Somatics and Authentic Movement in 2010. She specialises in Nature-Based Play Therapy. Maggie is Senior Lecturer for the Play Therapy Masters Programme at University of South Wales Newport. She has undergone intensive Filial Therapy training and runs therapeutic retreats for families in crisis. She also attained a Diploma in Creative Supervision and provides supervision for play therapists and counsellors.

Holly Joyce - MSc Play Therapy, BA (Hon) Drama

Play Therapist and Theraplay Level One Practitioner. South and West Wales Service

With a background in Drama and Education, Holly's work with children and young people extends over ten years and has included diverse roles such as a nursery nurse, mentor for Cardiff Youth Offending Team, support worker to children with autism and behavioural needs and drama teacher. She currently works as a play therapist in the south and west Wales service as well as seeing some children in the Centre.

Sharon-Louise Pullen - Art Psychotherapy BA Hons Fine Art

Art Psychotherapist

Sharon-Louise has been a qualified state registered Art Psychotherapist for 17 years. She has additionally completed a two year infant observation course affiliated to the London Tavistock Clinic through the Child and Adolescent Mental Health Service (CAMHS). She is a member of the British Association of Art Therapists (BAAT) and the Health and Care Professions Council (HCPC) professional regulatory bodies. Her experience as an Art Psychotherapist includes work with adults with brain injury at Headway, within a women's forensic unit through the NHS and in adult mental health. She has also worked within education with teenagers, in specialist schools, in residential units offering specialist care with eating disorders and in residential homes with children

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with a range of diagnoses. Her commitment to the welfare and well-being of children and young people is carried through her safeguarding roles as a parent governor of a primary school and her involvement on the executive committee of the Scouts Association.)

Sue Bidmead - BA Hons (Env.Ed.) Post Grad Cert. Ed. Post Grad. Dip. (Counselling Children and Young People), Post Grad Cert. (Solution Focused Brief Therapy)

Counsellor Children and Young People, responsible for Specialist Counselling pilot project.

Sue is a qualified teacher and has a diploma in Counselling Children and Young People and a certificate in Solution Focused Brief Therapy. She is a BACP registered counsellor currently working with young people in Further Education. She also teaches in adult education, specialising in communication and counselling skills and emotional literacy. Sue has worked for and managed a mediation service in Powys and adjacent counties, resolving community and neighbourhood disputes.

Becky Webb – MSc Play Therapy, BSc Biology and Geography, QCF Level 5 Diploma in Leadership for Children's Care, Learning and Development

Play Therapist

Becky is a recently qualified Play Therapist accredited by the British Association of Play Therapists (BAPT). She has also completed Level 1 Theraplay® training and can use this approach within her practice.

Becky has worked with children and families over a number of years before becoming a play therapist including management of an Early Years setting, working as a family support worker and co-producing community projects with families to alleviate in-work poverty. Becky's experiences in these roles led to her wanting to develop her professional skills in working therapeutically with children and families.

In addition to her role as a play therapist at the Windfall Centre, Becky is also an experienced coach with Riding for the Disabled Association (RDA) and works therapeutically with horses to support children and young people's wellbeing.

Student Play Therapists – We have continued our close association with the University of South Wales Play Therapy course and were pleased to be able to offer a third year placement, which led to an associates role at The Windfall Centre. Students are supervised and managed within our service and offer a valuable extension to our provision, allowing children who might not be able to acquire full funding to still receive a service commensurate to their identified therapeutic needs.

Our Trustees:

Marilyn Hinks (Chair of Trustees)

Marilyn has spent most of her professional life teaching students with additional needs. For 13 years she was the SENCO at Welshpool High School where she also taught psychology to the 6th form. When she "retired" Marilyn worked as a Family Engagement Co-ordinator alongside families who needed support in accessing local services and helping vulnerable students settle into school and enjoy their schooldays. She now works with colleagues facilitating support groups for parents with children of all ages. Her experience of working with families has made her realise just how important the role of the Windfall play therapists is in supporting vulnerable young people.

David Jones

David has worked in publishing, public relations, advertising and marketing. He was latterly Head of Marketing for the Welsh Development Agency and then the Welsh Assembly Government where he promoted inward investment, supported economic development and raised the profile of the Welsh regions. David claims no expertise in play therapy but first became interested in emotional development when he took a part-time course

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in pastoral relationships in London in the 1980s. He moved to Mid Wales in 1988 and lives near Llanidloes. He is married and has two daughters.

Dr. Andy Scrase

Andy became a trustee on the recommendation of an art therapist friend who had spent several months volunteering at The Windfall Centre and had been impressed by the high quality help the play therapists provided. Andy is retired but spent half her working life as a general practitioner and the other half as a psychiatrist including many years in Learning Disability. In both jobs she met very many children and adolescents (and adults) whose upbringing had been unsympathetic or actively abusive. Of course, as the years went on the services for children improved but they are now grossly overworked and benefit greatly from the contribution made by The Windfall Centre. She has four adult children of her own.

John Senior (Treasurer)

John retired in 2011 after 17 years in industrial R&D followed by 3 years at the Medical Devices Directorate in London, which led to 17 years auditing medical device manufacturers world-wide (on behalf of Lloyds Register Quality Assurance) for their compliance with relevant ISO Standards and European Directives. For the last 3 years of this period John was self-employed, and so became familiar with accounting spreadsheets. For 8 years up to 2016 John was treasurer of a local Quaker Meeting, and for the last 6 years he has been treasurer of a Quaker Special Interest Group. In November 2016 he became treasurer of Mid Wales Area Quaker Meeting, which financially is of similar size to The Windfall Centre.

Sue Hitch

Sue has worked alongside and supported Children and Young People and their families for many years since moving to Wales. Sue is now retired but ran her own, small, private Counselling practice in Brecon for several years. She was the school Counsellor working in Powys for Barnardos, and also worked as Counsellor for schools in the Blaenau Gwent area. Sue was the Counsellor for Dyfed Powys Police for the south of the county for a number of years. Sue was a trained mediator, prior to retirement, for a Powys charity. She also spent time supporting women and children for Brecknockshire Women's Aid and Counsellor for survivors of abuse for New Pathways in Merthyr Tydfil.

For several years, both Sue and her husband were Foster Carers for teenage boys. They were both Trustees for Windfall Centre prior to retiring. They withdrew from our Trusteeship role, as they were spending much more time on there Finca in Spain. Sue and her husband missed their Grandchildren too much and decided to return!

Marg Munyard

Marg joined the trustee board for the Windfall Centre in the early months of 2021. She spent the first 17 years of her working life as a secretary/personal assistant in commercial, legal and arts organisations. Alongside her paid work Marg worked as a volunteer in the Women's Health Movement, as a counsellor in a Cancer Support Centre and later as an employee within the NHS as a health advocate. In 1991 she completed an Arts Foundation Course, followed by attending the University of Sheffield where she was awarded a Post Graduate Diploma in Art Psychotherapy. From 1996 until 2012 she worked as an Art Psychotherapist within a sexual abuse service for families; with neuro-diverse adults and with adolescents in residential care within the Looked After Children's sector. In 2008 She completed a 2 year Infant Observation Course with the Tavistock Institute.

She has one adult daughter, is a gardener and a practising Buddhist.

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Ange Grunsell

Ange is now retired after a career in education but is an active member of Hay Writers which she chaired for 3 years. She has been a teacher, a teacher trainer and a school governor. She worked in inner city London with teenage truants marginalised by the education system, and in adult literacy, as well as projects challenging racism and gender bias in materials, classroom practice, curriculum and in teacher training. She was director of Oxfam's Development Education programme and a writer and lecturer on the South Bank University international masters course in Education for Sustainability. She was chair of Islington Family Service Unit during a period of change from long term case work to family therapy.

She lives with her female partner near Hay on Wye and enjoys singing, playing tennis and visiting children and grandchildren. She is a volunteer distributor for Zaytoun who support Palestinian farming through imports of olive oil and other produce.

Therapeutic programmes

The main therapeutic programmes we offer are non-directive Play Therapy and Filial Therapy and we anticipate that these will continue to form the core of our service. Programmes are offered following an Intake meeting with parents/carers and/or referring professionals. Play therapy programmes usually comprise 20 weekly sessions plus at least 2 parent/carer reviews. Filial therapy programmes are shorter at 16 weeks.

Play therapy is an acknowledged intervention for children ranging from those who are struggling emotionally to those at risk of deteriorating mental health. It has proved very effective for children with behavioural or other social difficulties and for those trying to cope with major life events such as bereavement, loss or family breakdown. It is a valuable therapeutic tool for children who have suffered major trauma or abuse, eg; children in Care. It can particularly help those with learning or communication difficulties or for whom English is not a first language. Through play and the therapeutic relationship, children can invite an insight into their emotional world, work through traumatic experiences, explore solutions to dilemmas and master their emotions and thoughts.

Filial therapy is a unique therapeutic model, evolved from play therapy, which strives to enhance the child-parent relationship by empowering the carer with new ways to interact with the child. Following instruction and supportive supervision by an experienced therapist, caregivers can then act directly as therapeutic support to their child. This model can be especially valuable to foster and adoptive parents by enhancing the child-carer attachment relationship.

The Nurturing Families Programme draws on Filial Therapy to support mothers and little ones under five to strengthen the mother-child relationship and promote secure attachment. As a pilot programme this service is developing in response to the observations and evaluations of the therapists on a 'what works' basis. The programme is funded by Children in Need for a period of three years from 2017.

The Specialist Counselling service was established as a pilot service in response to a request from the Powys Detached Youth Service (PDYS) and each referral is purchased separately by them. These referrals are for young people, 16 to 25yrs, who are often socially dis-engaged, on the edge of, or already involved in, the criminal justice system and/or who may have mental health difficulties un-addressed by any other service. The demand for this service is low and there have been inevitable difficulties in engagement and in geography. However, we intend to keep the service available while we can.

Art Psychotherapy allows children and young people to express themselves, not only through drawing or painting but in three dimensional creations with clay and many other materials.

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Tele-Play Therapy helps address children's needs to express the worries and fears that may accompany their experience of isolation with families during the covid-19 pandemic and then the return to a new normalcy. All Play Therapists have, in addition to their academic and clinical training to Masters level, undertaken training

specifically in *Tele-Play Therapy* at advanced level. This has addressed specific safeguarding concerns, contracting and family support as well as the clinical aspects of doing child therapy online.

These new services have proved very valuable in helping us increase the children and young people we can serve and tailoring our interventions more closely to the needs of the child/young person.

Commissioners

Referrals to our service are purchased by commissioners on an individual basis. Our main commissioners are

- Powys Early Help for children needing a service beyond the universal ones, to promote their health or development;
- Powys Children's Services for children who may be on the child protection register as in need of a child protection plan, or children being fostered in the Care System. These children, almost by definition have suffered considerable emotional trauma, abuse or neglect.
- Other local authorities. Recent examples include Carmarthenshire, Pembrokeshire and Swansea.

We also received 75% of private referrals and these are funded either by the parents or from funding secured through grants.

Covid-19 Response and Service Development

Along with the rest of society, we were rocked at the start of the pandemic with how we would navigate a new world. Initially face to face therapy ceased and all Play therapists undertook training in *Tele-Play Therapy* to an advanced level in order to carry on supporting children and families online. During the lockdown the therapists also provided a telephone support line should families have the need to talk to someone about how their children and families are coping. As restrictions eased and with the help of generous funding we were able to build a Perspex divide in a playroom to develop a COVID safe space and continue with face to face therapy. We decided that the service provided by The Windfall Centre will continue based on the following considerations:

1. Children's reactions to events are very largely influenced by the responses of the adults around them, but also by the wider societal atmosphere. The chaos and uncertainty around schools opening can be a significant source of stress and anxiety to children and young people. If there is additional adult / caregiver anxiety about childcare, finances and work complications, this does not pass by unnoticed by children and young people.
2. Add in the recurring death tolls from the virus and again, adult responses to the fear of the virus, and children can be left worrying about their own health or that of their parents / caregivers. There is also the other subliminal messages that children may infect their loved ones which can cause worry and concern.
3. Under the lockdown conditions, the often overlooked but vital support for many children comes from school staff and other adults external to their family is not available or is only sporadically available.
4. The central approach by our skilled therapists has always been to recognise children and young people's need for stability and predictability, thus conveying a sense of emotional containment and safety. This is needed now more than ever.
5. Similarly, the work that is done with parents and caregivers provides them with support and understanding and the strength to recognise their children's emotional needs. This in turn equips them with the ways and means to respond attentively to their children.
6. Our service addresses the emotional and mental health needs of children and families and in this national mental health crisis our service is vitally needed.

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Taking account of the increased infectiousness of the new variant and its rapid spread, we reviewed our safety and hygiene precautions and found them to be fully robust. Face-to-Face play therapy and art psychotherapy will therefore continue from our specially adapted playroom at the centre in Llandrindod Wells and in Carmarthenshire. Filial therapy can also be provided at the centre or by video link, and our Tele-play therapy remains accessible. The high level of support we provide to parents / caregivers will also remain available.

The Trustees commend the level of skill and commitment of our Therapists and the support they receive from Clare and Gaby. Again, we extend our heartfelt thanks to them all for the way they continue to support children, young people and families in these extremely challenging times.

We expect to continue delivering our core services and have embed the Nurturing Families service into our regular provision. This was modified in response to findings from the first part of the pilot programme. We would like to widen the service via private referrals or referrals from other agencies eg; GPs, schools, to embrace more children and families struggling with a range of adversities. As there is no ringfenced funding for our service from these agencies, we will be seeking funding from various grant making organisations in addition to tendering for any further contract that may be available from Powys or other local authorities.

We continue to work closely with the University of South Wales and provide placements for student play therapists, especially those who may go on to practice in Wales

Programme Development Matrix

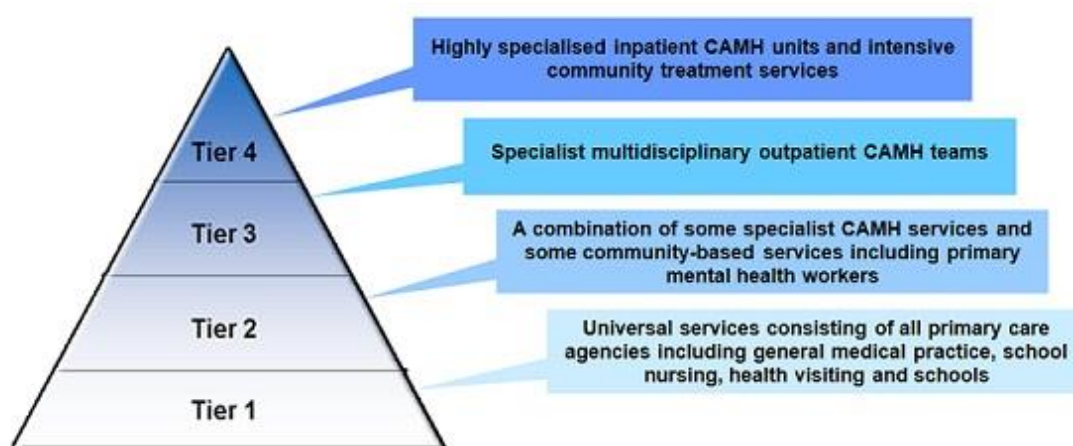
Programme/Post	Completion date	Resources	Action	Responsibility
Play Therapy	On-going		Continued liaison with commissioners	Service Manager
Filial Therapy	On-going		Continued liaison with commissioners	Service Manager
Nurturing Families	On-Going		Liaison with referrers	Service Manager
Specialist Counselling	On-going – responding to direct referrals	Possibly seek funding to extend project	Liaison with commissioners Applications for future funding	Service Manager Fundraising sub-committee
Art Psychotherapy	On-going		Part of range of programmes available	
Increase private referrals	On-going	Seek funding/make tender application if applicable	Applications for future funding	Fundraising sub-committee
Outreach projects		Identify and secure premises	Agreement with Early Help	Service Manager
South and West Wales provision	July 2022	Suitable premises Additional therapist	Identify and secure premises Engage additional therapist	Maggie Fearn and Service Manager Trustee group
Service Manager	Nov 2022	Funding to maintain a Full Time Post	Identify Funding	Service Manager/ Trustee Group

Client Profile

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Children and young people who are experiencing difficulties that could be related to their mental health are usually first identified within Tier 1 services, for example by a teacher, GP or health visitor. Similarly, parents/carers who identify their child as experiencing difficulties will usually first seek help from services at that level. Four tiers comprise the NHS Child and Adolescent Mental Health service (CAMHS). Children and young people with an identified need may be subsequently referred into specialist CAMH services (falling within Tiers 2–4) for assessment and intervention if necessary. The therapeutic services offered by The Windfall Centre fall within Tier 2 and Tier 3 as illustrated below.



Tier 2 practitioners offer consultation to families and other practitioners. They identify severe or complex needs requiring more specialist intervention, assessment (which may lead to treatment at a different tier), and training to practitioners at Tier 1 level. Practitioners at Tier 3 provide a service for children and young people with more severe, complex and persistent disorders. Practitioners include:

- child and adolescent psychiatrists
- social workers
- clinical psychologists
- community psychiatric nurses
- child psychotherapists
- occupational therapists, and
- art, music, play and drama therapists.

As previously indicated, The Windfall Centre works with children where they and/or their parents may be struggling with life events such as divorce or family reconstitution or, at the other end of the spectrum, children who have suffered extremes of abuse and neglect and are severely traumatised. Despite their circumstances these children do not usually reach the threshold for a service from CAMHS. A skilled therapeutic intervention and close working with other professionals is essential in these cases, often, for fostered children, to ensure the child does not experience multiple placements within the Care system.

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Parents' comments:

‘(therapist) is Absolutely amazing’

‘He’s really got a lot from therapy. It was his safe space- a lot has also happened during his therapy (medical issues) therefore an extension of therapy would have been useful’

Review Score- 5 ‘very informative- thank you’

‘There has been a complete change, everything’s going well at home and at school. It’s been amazing and I’m so grateful. If we hadn’t had this I don’t know where we would be.’

‘Very Useful from the start, with a quick response to my referral and intake meeting. Friendly and welcoming atmosphere at the windfall centre and satisfactory outcome.’

‘Made a huge difference to his overall emotional wellbeing- behaviour at home was improved, and at school’

Changes-

‘better understanding of his emotions/behaviour’

‘more resilience and ability to deal with difficult situations’

‘developed empathy’

‘From my point of view as a guardian- more understanding of his needs and behaviour and finding new ways to help him cope with emotions etc’

Children’s and Young People’s comments:

What I liked about Art Therapy was making clay models

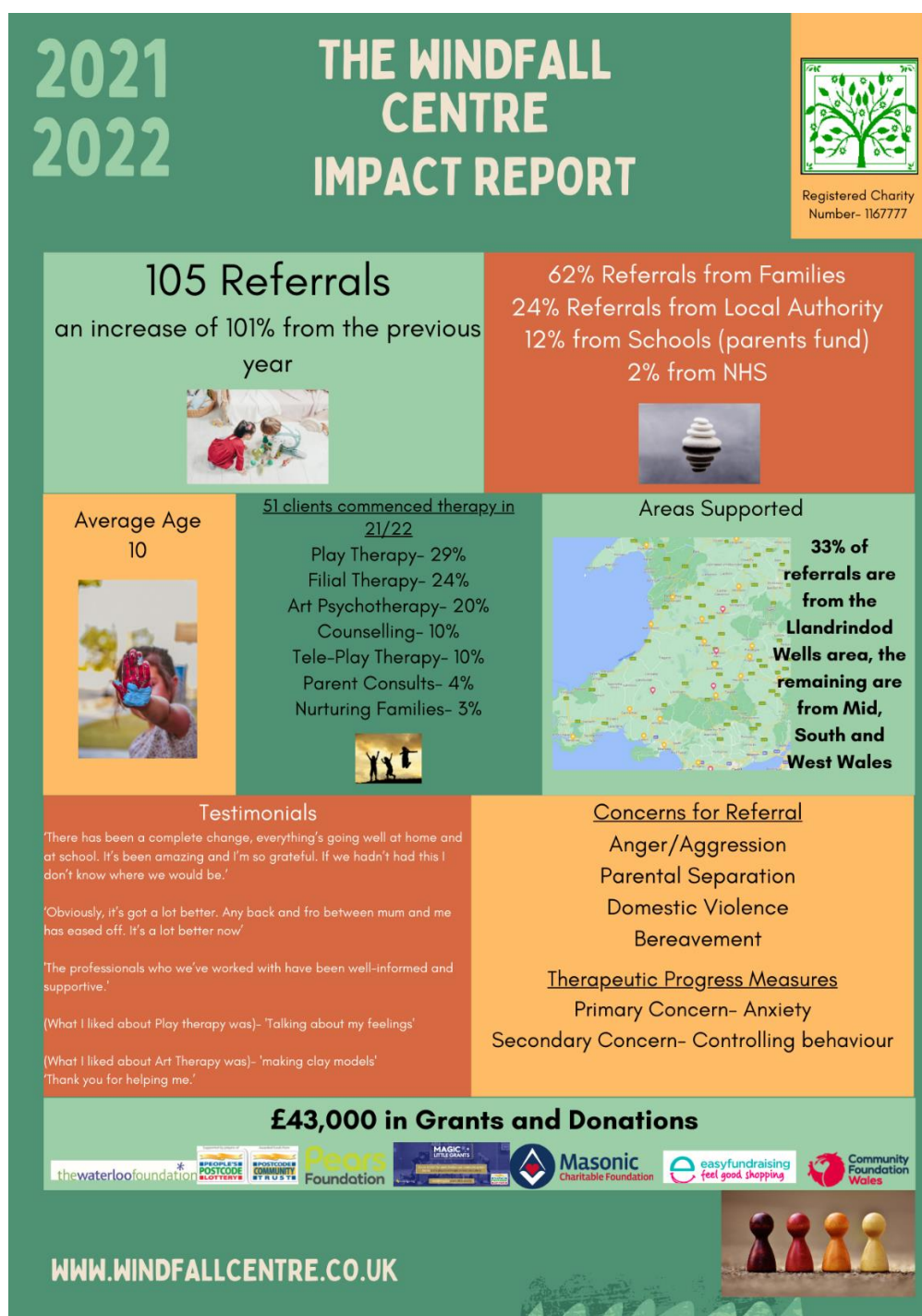
‘Thank you for helping me.’

‘Obviously, it’s got a lot better. Any back and fro between mum and me has eased off. It’s a lot better now’

‘Having someone outside family to talk to’

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What makes The Windfall Centre special?

Our Therapists

All the active play and filial therapists are registered with the British Association of Play Therapists and accredited by the Professional Standards Authority. They are all qualified to Masters' level and have all undergone their own therapy as is expected for this high level of training. Our other therapists and counsellors are similarly accredited to their respective professional body. All have wide prior experience working with children and young people in a variety of contexts. In addition to their therapeutic knowledge, the theoretical underpinnings of the team's approach include a clear and nuanced understanding of Attachment theory and neurodevelopment, especially the effects of abuse and early trauma on the developing brain and the child's emotional development. This draws on the work of acknowledged experts such as Bessel Van der Kolk and Bruce Perry amongst many others.

A Team Approach

In contrast to many independent play therapists, child psychotherapists or psychologists working alone in private practice, our staff are a close-knit and cohesive team with a shared ethos in supporting the emotional health of children and families in our areas. In addition to regular supervision and continuing professional development, the therapeutic team meets regularly to share knowledge, experience and practice issues. This builds a consistency of practice and shared skills, without limiting the individual therapist's own style.

Evaluation

Evaluation is at the core of our work, and we seek creative ways to make this meaningful to our service provision and development. Strengths and Difficulties questionnaires are administered on commencement and ending of all therapeutic programmes. Additionally, staff use an internal 'Therapeutic Progress Measure' compiled and rated together with parents/carers to measure progress throughout the programme. Shortly after the end of a programme of therapy parents/carers and the child are invited to give feedback on their experience. (See Appendix)

Value for money

We believe that access to our services and to the professional knowledge of our staff should be as easy as possible. We have a sliding scale of fees for private referrals and offer a free initial Intake meeting for these referrals. This is an opportunity for parents/carers to think together with two therapists to better understand the needs of the child and what might be contributing to the child's difficulties. We automatically offer support and consultation to the foster carers we work with and to the referring social workers, as well as working closely with school staff where necessary.

Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. At the end of each programme of therapy, both parents and children are invited to evaluate their experience. The evaluations received have been overwhelmingly positive and illustrate the public benefit of our service. Considering the wider public benefit, the Trustees also recognise that addressing early trauma and adversity can have a later effect in reducing anti-social behaviour and contributing to safer communities as well as building individual resilience.

Additionally, the training, consultation and delivery of seminars and conferences undertaken by our staff, contributes to the professional development of many allied professionals in the wider professional environment with a hoped for knock-on beneficial effect on other services.

The Windfall Centre Limited

Trustees' Report

Policy on reserves

It is the policy and aim of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure, which equates to approximately £33,000. This provides sufficient funds to cover management and administration and support costs. At the balance sheet date, the free reserves amounted to £11,499.

Financial Situation and Risk management

The trustees have a risk management strategy which comprises an annual review of the principal risks and uncertainties that the charity faces, the establishment of policies, systems, and procedures to mitigate those risks and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise. The financial sustainability is a potential risk for the charity.

Attention has also been focussed on non-financial risks such as the health and safety of therapists and children and families using the centre. Paramount among these is safeguarding children and young people from risk of abuse, neglect or professional misconduct. They also include the physical safety of staff and centre users as well as professional lone working. These risks are managed by ensuring a robust policy and procedure is in place, and regular awareness training for staff and trustees.

The Windfall Centre is currently receiving income from services purchased by Local Authorities including Powys County Council, Swansea Council and Carmarthenshire Council. Self-referrals are funded by parents and carers with the help of grant funding secured by the Service Manager throughout the year.

The funding from Local Authorities leaves us exposed to the vagaries of social services budgets which are themselves dependant on the wider economic climate. A significant drop in referrals could leave The Windfall Centre struggling to survive. It is a cruel irony that when public sector budgets are being drastically cut, the services the Windfall Centre provides are more needed than ever.

Secondly, it is apparent that many more children could benefit from the services we offer, often as an early intervention, but the funds for this are not available. Few parents can self-fund and The Windfall Centre aims to help in this area by applying for grant funding to raise money for therapeutic support.

Thirdly, out of necessity, we keep our fees to the statutory services as low as is viable in recognition of the constraints on budgets.

These have been the significant drivers in the move to charitable status. The Trustees have addressed these risks by the establishment of a standing 'Finance and Fundraising' sub-committee with the brief to ensure core funding as well as funding for initiatives. This work is guided by a fundraising strategy.

This is our sixth year as an established charity and the figures for the year-end financial situation can be seen at the bottom of the balance sheet attached.

The SWOT analysis below allows a concise view of the internal and external factors pertinent to The Windfall Centre.

The Windfall Centre Limited

Trustees' Report

INTERNAL FACTORS	
STRENGTHS (+)	WEAKNESSES (-)
✓ Highly qualified and experienced therapists ✓ Team dedicated to delivering quality service ✓ Established service widely valued by other professionals ✓ No credible competitors at this point ✓ Ability to respond to referrals from South and West Wales in addition to Powys ✓ Trustee Board committed to sustainability of service ✓ Therapeutic programmes valued by children and families ✓ Capacity available to take more referrals especially private ones ✓ Standing sub-committee for Fundraising applications and over-view of Finance	• Vulnerable financial base • Presently insufficient capital or income to pay support roles or fund/part fund private referrals • Some policies and procedures need creating/reviewing • Team members widely scattered, difficulties in maintaining team cohesion • Need additional Trustees to allow for constraints on involvement experienced by some • Possible conflict of loyalties/commitment with therapists also working elsewhere (self-employed)

EXTERNAL FACTORS	
OPPORTUNITIES (+)	THREATS (-)
✓ Children's emotional and mental health high on social agenda ✓ Present dearth of other services to meet need locally ✓ Possible opportunity to agree further contracts with Children's Services due to current Review in Powys ✓ Opportunity to tender for future Powys contract ✓ The service falls within the funding criteria of a number of funding organisations – encouraging for funding applications	• Social Services Children's Services often under-funded, consequently looking for value for money which does not always fit with child's therapeutic needs • Need to keep tariffs low in recognition of constraints on commissioners' budgets • Opportunities for Play Therapists becoming more available ~ could lose therapists • Difficulties in recruiting Play Therapists in mid Wales • Uncertainty regarding funding applications

The Windfall Centre Limited

Trustees' Report

Credit risk

The charity's principal financial assets are bank balances and cash, trade and other receivables.

The charity's credit risk is primarily attributable to its trade receivables. The amounts presented in the balance sheet are net of allowances for doubtful receivables. An allowance for impairment is made where there is an identified loss event which, based on previous experience, is evidence of a reduction in the recoverability of the cash flows.

The credit risk on liquid funds is limited because the counterparties are banks with high credit-ratings assigned by international credit-rating agencies.

The charity has no significant concentration of credit risk, with exposure spread over a large number of counterparties and customers.

Marketing

The majority of referrals to our service are purchased by commissioners, mostly local authorities, on an individual basis, so the need for the kind of marketing required by manufacturing or commercial service businesses does not arise. Instead, The Windfall Centre undertakes marketing initiatives by targeting influencers and a wide range of local authority, health care and other professionals to persuade them of the benefits of referring children and young people to The Windfall Centre for therapy.

The aim of our marketing activity is to promote The Windfall Centre as a centre of excellence in the provision of play therapy and related interventions in the areas we serve which include Powys and South and West Wales. We currently employ the following marketing tools:

Website

The Windfall Centre website gives a clear indication of the range of therapeutic interventions available from Windfall, demonstrates how they work and how to access them. The site is regularly updated as new information and new programmes become available and is currently being re-designed.

www.windfallcentre.co.uk

Leaflets

There is an individual leaflet available for each therapeutic programme provided by The Windfall Centre, replicating information published on the website.

Conferences and Training

The Windfall Centre has delivered two very successful conference for professionals in the fields of social care and children's mental health, and more would be welcomed. Key note speakers invited to participate included some of the most respected and best-known practitioners in their fields of expertise. At each event, delegates got ample opportunity to meet our therapists and learn about the work of The Windfall Centre.

Social Media

The Windfall Centre maintains a Facebook page and LinkedIn Page with a new blog to be added in July 2022 to the new website.

Community Events

Where indicated, The Windfall Centre personnel provide an active presence at targeted events within the local communities they serve, especially where this might contribute to fundraising.

The Windfall Centre Limited

Trustees' Report

Conclusion

Wales NHS estimates more than 40% of young people in Wales, show risk factors for adverse mental health, 30-40% may at some time experience a problem and up to 25% may have a recognisable disorder. The current Children's Commissioner for Wales, Sally Holland, found in her consultations across Wales that children's and young people's mental and emotional health was the most pressing concern for them.

Additionally, in their first report, the Welsh Adverse Childhood Experience (ACE) and Resilience Study, conducted by Public Health Wales and Bangor University (2018) focussed on mental illness. From their survey of adults in Wales, they identified how individuals who suffered ACEs were at significantly increased risk of mental illness. Compared with people with no ACEs, those reporting four or more were over 3 times more likely to report current mental illness, six times more likely to report lifetime mental illness and nine times more likely to report ever having felt suicidal. In addition to physical, sexual and emotional abuse and neglect, adverse childhood experiences include living in a family with domestic abuse, alcohol and drug related problems and parental mental ill-health.

With a highly skilled team and a committed Trustee group, the Windfall Centre is well placed to expand its therapeutic services and reach more children and young people struggling with many difficult emotional issues.

The Windfall Centre Limited

Trustees' Report

Reference and Administrative Details Trustees

Trustees

Mrs M A Hinks
Mr D Jones
Dr A Scrase
Mr J M Senior
S Hitch
M Munyard
A Grunsell

Senior Management Team

C Hurford – Service manager

Principal Office

Gwalia Annex
Ithon Road
Llandrindod Wells
Powys
LD1 6AS

Company Registration

07538792

Charity Registration Number

1167777

Independent Examiner

Mitchell Meredith Ltd
St David's House
48 Free Street
Brecon
Powys
LD3 7BN

The Windfall Centre Limited

Trustees' Report

The trustees (who are also the directors of The Windfall Centre Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is appropriate to restate that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 23 September 2022 and signed on its behalf by:

Mr J M Senior
Trustee

The Windfall Centre Limited

Independent Examiner's Report to the trustees of The Windfall Centre Limited ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of The Windfall Centre Limited are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Windfall Centre Limited as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M L Barnes FCCA ACA
Chartered Accountants
St David's House, 48 Free Street
Brecon
Powys
LD3 7BN

Date: 23 September 2022

The Windfall Centre Limited

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	3	1,892	41,690	43,582	39,173
Charitable activities	5	35,271	-	35,271	51,962
Investment income	6	2	-	2	13
Total Income		37,165	41,690	78,855	91,148
Expenditure on:					
Charitable activities	7	(66,525)	(29,318)	(95,843)	(62,089)
Total Expenditure		(66,525)	(29,318)	(95,843)	(62,089)
Net (expenditure)/income		(29,360)	12,372	(16,988)	29,059
Net movement in funds		(29,360)	12,372	(16,988)	29,059
Reconciliation of funds					
Total funds brought forward		41,375	21,685	63,060	34,001
Total funds carried forward	17	12,015	34,057	46,072	63,060

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2021 is shown in note 17.

The Windfall Centre Limited
(Registration number: 07538792)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	14	1,529	645
Current assets			
Debtors	15	9,160	7,115
Cash at bank and in hand		38,882	58,520
		48,042	65,635
Creditors: Amounts falling due within one year	16	(3,499)	(3,220)
Net current assets		44,543	62,415
Net assets		46,072	63,060
Funds of the charity:			
Restricted income funds			
Restricted funds	17	34,057	21,685
Unrestricted income funds			
Unrestricted funds		12,015	41,375
Total funds	17	46,072	63,060

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 21 to 33 were approved by the trustees, and authorised for issue on 23 September 2022 and signed on their behalf by:

Mr J M Senior
Trustee

The notes on pages 23 to 33 form an integral part of these financial statements.

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Gwalia Annex
Ithon Road
Llandrindod Wells
Powys
LD1 6AS

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

The Windfall Centre Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures & Fittings	20% reducing balance
Office Equipment	20% reducing balance

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business. Trade debtors are recognised initially at the transaction price.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

3 Income from donations and legacies

	Unrestricted funds £	Restricted £	Total 2022 £	Total 2021 £
Donations and legacies	392	-	392	589
Grants receivable (note 4)	1,500	28,450	29,950	26,813
	1,892	28,450	30,342	27,402

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Grants

	General Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Children in Need	-	-	-	3,000
Child Development Fund	-	3,240	3,240	-
Co-op Grant	-	-	-	3,123
Margaret Davies Charity	-	2,000	2,000	-
Magic Little Grants	-	500	500	-
Masonic Grants	-	2,000	2,000	-
Moondance	-	-	-	4,500
Community Foundation in Wales	-	2,000	2,000	4,800
The Clothworkers Foundation	-	1,600	1,600	-
PAVO	-	4,950	4,950	340
Job Retention Scheme	-	-	-	1,771
Powys County Council	-	-	-	10,000
Leather sellers	1,500	-	1,500	-
Police and Crime Commissioner	-	10,000	10,000	-
Trusthouse Charitable Foundation	-	15,400	15,400	-
Screwfix	-	-	-	600
The Waterloo Foundation	-	-	-	10,000
	<u>1,500</u>	<u>41,690</u>	<u>43,190</u>	<u>38,584</u>

5 Income from charitable activities

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Service Provision	35,271	35,271	51,962

6 Investment income

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Interest receivable and similar income;			
Interest receivable on bank deposits	2	2	13

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

7 Expenditure on charitable activities

	Note	Unrestricted Funds £	Restricted £	Total 2022 £	Total 2021 £
Direct costs		45,841	8,475	54,316	35,252
Staff costs		5,226	19,761	24,987	16,329
Allocated support costs	8	14,050	1,082	15,132	9,188
Governance costs	8	<u>1,408</u>	<u>-</u>	<u>1,408</u>	<u>1,320</u>
		<u>66,525</u>	<u>29,318</u>	<u>95,843</u>	<u>62,089</u>

8 Analysis of governance and support costs

	Unrestricted Funds General £	Total 2022 £	Total 2021 £
Independent examiner fees			
Examination of the financial statements	<u>1,408</u>	<u>1,408</u>	<u>1,320</u>

Analysis of support costs

	Charitable Activity £	Total 2022 £	Total 2021 £
Establishment costs	11,325	11,325	5,168
Repairs & maintenance	2,369	2,369	2,464
Computer expenses	453	453	-
Printing, postage & stationery	186	186	166
Sundry expenses	61	61	222
Travelling	24	-	-
Telephone	331	331	491
Advertising	-	-	610
Depreciation	383	383	67
	<u>15,132</u>	<u>15,132</u>	<u>9,188</u>

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

9 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	383	67

10 Trustees' remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

11 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	23,985	16,329
Pension costs	1,002	-
	24,987	16,329

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full-time equivalents was as follows:

	2022 No	2021 No
Staff	1	2

1 (2021 - 0) of the above employees participated in the Defined Contribution Pension Schemes.

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £24,414 (2021 - £16,329).

12 Independent examiner's remuneration

	2022 £	2021 £
Examination of the financial statements	1,408	1,320

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

13 Taxation

The charity is a registered charity and is therefore exempt from taxation.

14 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2021	2,794	1,078	3,872
Additions	1,267	-	1,267
At 31 March 2022	4,061	1,078	5,139
Depreciation			
At 1 April 2021	2,494	733	3,227
Charge for the year	314	69	383
At 31 March 2022	2,808	802	3,610
Net book value			
At 31 March 2022	1,253	276	1,529
At 31 March 2021	300	345	645

15 Debtors

	2022 £	2021 £
Trade debtors	6,625	4,580
Prepayments	2,535	2,535
	9,160	7,115

16 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	1,924	759
Pension scheme creditor	143	-
Accruals	1,432	2,461
	3,499	3,220

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

17 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
<i>General</i>					
General	41,375	37,165	(66,525)	-	12,015
Restricted funds					
BBC Children in Need	1,326	-	(881)	(445)	-
Co-op Grant	3,032	-	(2,885)	-	147
Comic Relief Community Fund in Wales	4,316	-	(3,440)	-	876
Masonic Charitable Foundation	-	2,000	(1,580)	-	420
Camera Funding	50	-	(495)	445	-
PAVO	-	4,950	(380)	-	4,570
Waterloo Foundation	10,000	-	(6,653)	-	3,347
Community Foundation in Wales	2,961	2,000	(2,800)	-	2,161
Child Development Fund	-	3,240	-	-	3,240
The Clothworkers Foundation	-	1,600	(587)	-	1,013
Margaret Davies Charity	-	2,000	-	-	2,000
Magic Little Grants	-	500	-	-	500
Police and Crime Commissioner	-	10,000	(3,457)	-	6,543
Trusthouse Charitable Foundation	-	15,400	(6,160)	-	9,240
Total restricted funds	21,685	41,690	(29,318)	-	34,057
Total funds	63,060	78,855	(95,843)	-	46,072

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
<i>General</i>				
General	23,665	62,564	(44,854)	41,375
<i>Restricted</i>				
BBC Children in Need	1,186	3,000	(2,860)	1,326
Co-op Grant	-	3,122	(90)	3,032
Comic Relief Community Fund in Wales	6,656	-	(2,340)	4,316
Masonic Charitable Foundation	2,000	-	(2,000)	-
ICF Small Grant Scheme	357	-	(357)	-
Camera Funding	50	-	-	50
Llandrindod Wells Town Council	87	-	(87)	-
PAVO	-	340	(340)	-
The Caldwell Autism Foundation	-	450	(450)	-
Waterloo Foundation	-	10,000	-	10,000
Screwfix	-	600	(600)	-
Job Retention Scheme	-	1,771	(1,771)	-
Community Foundation in Wales	-	4,800	(1,839)	2,961
Moondance	-	4,500	(4,500)	-
Total restricted funds	10,336	28,583	(17,234)	21,685
Total funds	34,001	91,147	(62,088)	63,060

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

The specific purposes for which the funds are to be applied are as follows:

BBC Children in Need - Represents funding towards the Nurturing Families Programme. Early intervention support to 5 families per year over three years focusing on strengthening family bonds and relationships.

Comic Relief Community Fund in Wales - Represents funding towards the Filial Therapy Programme, helping families build and strengthen attachment relationships through empowering parents and carers with new and innovative ways to interact with their child.

Co-op Grant represents money towards support of children who cannot access funding elsewhere.

Masonic Charitable Foundation - Represents funding towards a Play Therapy Programme to enable children who have experienced mental health difficulties.

ICF Small Grant Scheme provides a contribution toward the Sleep Success Course an accredited workshop aimed at parents and practitioners encouraging children to get a better night's sleep using a behavioural approach.

Camera Funding represents ad hoc money for the purchase of video cameras for the Centre.

Llandrindod Town Council Grant represents funding towards the purchase of Art Psychotherapy Materials and books.

PAVO represents funding towards Play Therapy, Art Therapy, Filial Therapy or parental consultations for families in Powys.

The Caldwell Autism Foundation represents funding for the Hand in Hand programme delivered by Gabrielle for children with Autism.

The Waterloo Foundation funding to provide a Bursar fund to support self-funding families to access Therapy Sessions.

Screwfix represents funding towards the Perspex partition for the Covid adapted play room for the safety of both clients and therapists to enable face to face work to continue.

Community Foundation in Wales represent funding for 5 children or families to take part in Tele-Play therapy.

Moondance Covid19 Relief fund supported 3 months' worth of overheads at the beginning of the pandemic.

Child Development Fund represents funding for The Nurturing Families Programme for under 5's.

The Clothworkers Foundation represents funding towards the refurbishment costs of the building.

Margaret Davies Charity represents funding towards therapy bursaries for self-funding families.

Magic Little Grants represents funding towards therapy bursaries for self-funding families.

Police and Crime Commissioner represents funding to deliver non-directive Child centred Play Therapy for children who have experienced ACE's.

Trusthouse Charitable Foundation represents funding towards the service manager salary for 1 year to enable provision of therapy and mental health support to children and families in/around Llandrindod Wells.

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

18 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2022 £
Tangible fixed assets	516	1,013	1,529
Current assets	14,998	33,044	48,042
Current liabilities	(3,499)	-	(3,499)
Total net assets	12,015	34,057	46,072

19 Related party transactions

There were no related party transactions in the year.

THE WINDFALL CENTRE LIMITED

England & Wales - Charity number 1167777

Accounts

Company registration number: 07538792

Charity registration number: 1167777

The Windfall Centre Limited

(A company limited by share capital)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

The Windfall Centre Limited

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The Windfall Centre Limited

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Objectives and activities

Business Description

The Windfall Centre is a charity providing the services of trained and experienced professionals supporting the emotional health, welfare and development of children and families. We provide therapeutic support through a variety of proven therapy interventions for children and young people suffering distress arising from trauma, abuse or adversity. We also provide training and consultancy, and supervision to other practicing Play Therapists.

History of Business Development

Windfall was started as a private not-for-profit business in 2011, by two of the current team who identified a need for these services in Mid Wales. The business has grown significantly in recent years and became a registered charity in 2016. The therapeutic team has expanded from an initial two therapists, to six, allowing the service to expand geographically as well as including additional expertise.

Location

Located in Llandrindod Wells, the Centre initially provided services for children and families in Powys but, due to increased demand, is now also active in South and West Wales as well. Therapeutic programmes have developed and now include Play Therapy, Filial Therapy, Art psychotherapy and Eye Movement Desensitisation and Reprocessing (EMDR). The Nurturing Families programme draws on Play Therapy to support mothers and little ones under five to strengthen the mother-child relationship and promote secure attachment. Other programmes have included outreach provision in both north and south of Powys to address long travelling times for some children to attend the Centre. However, these are not currently on offer due to financial constraints. Finally, in response to the dearth of other services for troubled young adults in our area, our Creative Counselling service remains on offer.

Our Purpose and Values

The purposes of The Windfall Centre are to:

- Support the emotional and mental health of children and young people through the delivery of play therapy and related therapeutic interventions
- Encourage and support the parents and carers of the children referred to us by establishing close, non-judgemental relationships offering advice and guidance as appropriate
- Support referring professionals and the wider professional network through consultation, training, seminars and bringing in expert speakers.

Our Aspiration and Values

We aim to be the leading non-statutory provider of play therapy and related therapeutic interventions for children and young people in the areas we serve; which currently include Powys and South and West Wales.

The Windfall Centre is founded on the passionate belief in the right of all children and young people to develop to their full potential and where that development needs a helping hand, they are entitled to the highest professional service.

We base our philosophy in the UN Convention of the Rights of the Child and especially Article 3 which states that every organisation involved with children should work towards what is best for each child. Our vision accords with the Welsh Government's Well-being of Future Generations Act 2015. Our Safeguarding policy and procedures similarly conform to the Safeguarding Procedures Wales 2020.

The Windfall Centre Limited

Trustees' Report

Business Structure

The Windfall Centre is a charitable company limited by guarantee with a board of directors who also act as Trustees of the charity. The charity is governed by its Memorandum and Articles of Association dated 2016. It is registered as a charity with the Charity Commission. None of our Trustees receive remuneration or other benefit from their work with the charity. The chair of the Trustees is nominated by the Trustees and Trustees serve for a minimum of 2 years.

Management of the Service

The day-to-day management of the service is delegated by the Trustees to the Service Manager (currently a part-time post). All the therapists operate on a self-employed basis, being paid according to face-to-face therapy hours, and occasional meetings. The Finance and Administration Officer, is a part-time post and provides invaluable admin and financial support to the team and the trustees.

The Windfall Centre Premises

The Windfall Centre is located in Llandrindod Wells, being central to the county of Powys. The Centre's premises are welcoming, informal, comfortable and discreet. The playrooms are spacious, well equipped, light and airy. A young person's counselling room has recently been established. A kitchen and waiting/Family room are available and refreshments are freely available for parents/carers while they wait for their child. There is also a larger Meeting Room which is used for Trustee meetings, training and seminars. Unfortunately, disabled access is not directly available at the Centre as it is situated in an older Victorian building. However, every accommodation is made for those who require assistance to access the service. The premises are rented and there is a good relationship with the landlord who is very supportive of the service. The service in South and West Wales is currently delivered from a rented room in a private therapy centre. Two outreach projects were delivered from rented rooms, but these have been discontinued for the time being. All the premises used by The Windfall Centre are carefully assessed as to health and safety, ease of access and lone working considerations. A wide range of toys and equipment is available at each location.

Nature of governing document

The Windfall Centre is a company limited by guarantee governed by its Memorandum and Articles of Association dated September 2016. It is registered as a charity with the Charity Commission.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Recruitment and appointment of trustees

As set out in the Articles of Association the chair of the trustees is nominated by the Trustees. Trustees serve for a minimum period of two years. All members are circulated with invitations to nominate trustees prior to the AGM advising them of the retiring trustees and requesting nominations for the AGM. When considering co-opting trustees, the Board has regard to the requirement for any specialist skills needed, for example, Treasurer.

Induction and training of trustees

New trustees undergo orientation to brief them on their legal obligations under charity and company law, the Charity Commission guidance on public benefit, and inform them of the content of the Memorandum and Articles of Association, the committee and decision-making processes, the business plan and recent financial performance of the charity. During the induction they meet key employees and other trustees. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

The Windfall Centre Limited

Trustees' Report

Arrangements for setting key management personnel remuneration

The directors consider the board of directors, who are the Charity's trustees, and the senior management team comprise the key management personnel of the charity in charge of directing and controlling, running and operating the Charity on a day to day basis. All directors give of their time freely and no director received remuneration in the year. All the Play Therapists operate on a self-employed basis, being paid according to face-to-face therapy hours, and meetings by agreement with the Service Manager.

Relationships with related parties

None of our trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity which may result in a conflict of interest must be disclosed to the full board of trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

Key Personnel

Our Patrons:

Gillian Clarke was born in Cardiff in 1937 and now lives in Ceredigion. A poet, playwright and tutor on the MPhil in Creative Writing at the University of Glamorgan, she is also president of Ty Newydd, the writers' centre in North Wales which she co-founded in 1990. She was the inaugural Capital Poet for Cardiff 2005-6. In 2008 she was appointed National Poet of Wales, and in 2010 received the Queen's Gold Medal for Poetry.

Keith Towler was the Children's Commissioner for Wales (2008 – 2015) and is currently an Independent Consultant. He is a respected children's rights expert with over 30 years' experience in social work, youth work and youth justice roles.

In March 2016 he was appointed as Vice Chair of the new National Independent Safeguarding Board that was established by the Social Services and Well-being (Wales) Act 2014. The Board is charged with advising Welsh Government on safeguarding of children and adults at risk of abuse, neglect or harm.

Keith is the Chair of CWVYS, the Council for Wales of Voluntary Youth Services and is on the Board of Play Wales.

As the country's second children's commissioner, he has published a number of reports including those on advocacy, child protection, play, child trafficking, young carers, children and young people with disabilities and looked after children.

Keith was a member of the International Play Association (IPA) Working Group that was asked by the UN Committee on the Rights of the Child to take a lead role in helping to draft the General Comment on Article 31. This is a salutary reminder to States Parties across the world of the importance of securing children's right to play and recreational activities, rest and leisure and to participate freely in cultural and artistic activities.

He received an Honorary Fellowship in 2015 from the University of South Wales in recognition of his contribution to social and youth work.

Our Staff:

Gabrielle Eisele - MSc Play Therapy (Merit); MA DATP (Dist); MSc Psychology; BSc Liberal Arts (Hon); PG Diploma Positive Behaviour Support; B-Tec Diploma Early Years and Childcare

Play and Filial Therapist, Nurturing Families practitioner (*self-employed*)

Part-time Head of Therapy (*employed*)

The Windfall Centre Limited

Trustees' Report

Gabrielle has been working with children and young people across the UK and America for over 30 years. Roles included: specialist advocate for disabled children and young people, Special Needs Play Development Worker, Adviser for the Family Fund Trust, Portage-worker, high school, college and university lecturer, Child-worker for Women's Aid, Expert Witness to the courts on children's attachment relationships, as well as providing training in all areas of child welfare and development, mental health, therapeutic work and ASC across the country. Gabrielle is the co-founder of The Windfall Centre and as a BAPT qualified Play and Filial Therapist offers Play Therapy, Filial Therapy and Supervision through the service.

Clare Hurford - Finance and Admin Officer

Clare joined the team in August 2019 as Finance/Admin Officer.

She handles everything on the finance side of things at the Centre, and also updates the admin systems to make things easier and smoother for the therapists. This gives them more time to focus on their clients.

Outside the office Clare enjoys caring for her three young children, reading and watching films. (*employed part-time*)

Our Therapists:

Jo Hill - MSc Play Therapy (Dist); BA (Hon) Childhood Studies

Play Therapist, Filial Therapist, One of the two Welsh representatives for British Association of Play Therapists (BAPT)

A BAPT qualified Play and Filial Therapist. Prior to becoming a Play Therapist, Jo has been working with children and young people for 15 years. Her roles have included; working as a mentor, a reading friend, a study support worker and as a ChildLine counsellor. Jo achieved awards throughout her academic career, receiving the Chancellor's Award for outstanding work and the Departmental prize for best student for her BA, and the award for the most outstanding student in her Masters' programme. Jo's current work is as a play therapist at The Windfall Centre where she sees individual children. She also works with parents/carers using a Filial Therapy model and provided play therapy via The Windfall Centre's School Programme.

Maggie Fearn - MA (Dist) DATP; MA(Dist)HIPPT (CTC, Eire);

BAPT Play Therapist, Child and Adolescent Psychotherapist, responsible for South and West Wales service. Nurturing Families practitioner.

Maggie has been a play practitioner for 30 years and a Forest School practitioner since 2001. She graduated as a practitioner of Body and Earth Experiential Anatomy, Somatics and Authentic Movement in 2010. She specialises in Nature-Based Play Therapy. Maggie is Senior Lecturer for the Play Therapy Masters Programme at University of South Wales Newport. She has undergone intensive Filial Therapy training and runs therapeutic retreats for families in crisis. She also attained a Diploma in Creative Supervision and provides supervision for play therapists and counsellors.

Holly Joyce - MSc Play Therapy, BA (Hon) Drama

Play Therapist and Theraplay Level One Practitioner. South and West Wales Service

With a background in Drama and Education, Holly's work with children and young people extends over ten years and has included diverse roles such as a nursery nurse, mentor for Cardiff Youth Offending Team, support worker to children with autism and behavioural needs and drama teacher. She currently works as a play therapist in the south and west Wales service as well as seeing some children in the Centre.

Sharon-Louise Pullen - Art Psychotherapy BA Hons Fine Art

Art Psychotherapist

Sharon-Louise has been a qualified state registered Art Psychotherapist for 17 years. She has additionally completed a two year infant observation course affiliated to the London Tavistock Clinic through the Child and Adolescent Mental Health Service (CAMHS). She is a member of the British Association of Art Therapists (BAAT) and the Health and Care Professions Council (HCPC) professional regulatory bodies. Her experience as an Art Psychotherapist includes work with adults with brain injury at Headway, within a women's forensic unit

The Windfall Centre Limited

Trustees' Report

through the NHS and in adult mental health. She has also worked within education with teenagers, in specialist schools, in residential units offering specialist care with eating disorders and in residential homes with children with a range of diagnoses. Her commitment to the welfare and well-being of children and young people is carried through her safeguarding roles as a parent governor of a primary school and her involvement on the executive committee of the Scouts Association.)

Sue Bidmead - BA Hons (Env.Ed.) Post Grad Cert. Ed. Post Grad. Dip. (Counselling Children and Young People), Post Grad Cert. (Solution Focused Brief Therapy)

Counsellor Children and Young People, responsible for Specialist Counselling pilot project.

Sue is a qualified teacher and has a diploma in Counselling Children and Young People and a certificate in Solution Focused Brief Therapy. She is a BACP registered counsellor currently working with young people in Further Education. She also teaches in adult education, specialising in communication and counselling skills and emotional literacy. Sue has worked for and managed a mediation service in Powys and adjacent counties, resolving community and neighbourhood disputes.

Student Play Therapists – We have continued our close association with the University of South Wales Play Therapy course and were pleased to be able to offer a second year placement from the course. The placement was completed successfully and the student will be returning for her third year placement. Students are supervised and managed within our service and offer a valuable extension to our provision, allowing children who might not be able to acquire full funding to still receive a service commensurate to their identified therapeutic needs.

Our Trustees:

Kerry Hodges

Kerry began her career as a graphic designer in Ipswich. She then worked at St Clements Psychiatric Hospital as the art instructor, working with people coping with depression, bipolar disorder and other debilitating illnesses. She also spent 11 years working as a volunteer with Ipswich Samaritans doing just about every job in the Centre apart from being the director! Kerry moved to Wales in 1998 and became a youth worker. She then worked for Tros Gynnal Plant (Powys Advocacy for Children and Young People) first as its participation worker and later as an advocate for nearly 10 years. Kerry is currently enjoying some time out and is writing a children's novel.

Veronica Grant

(Chair and Trustee for Safeguarding)

Was a social worker for many years working with children and families in England and Wales. She has extensive experience of the child protection system including time spent chairing child protection conferences, acting as an advocate for children on the child protection register and training many organisations on safeguarding children and young people and on attachment theory. Her MA from the Tavistock Clinic involved thinking and learning about the internal lives of abused children. She has worked with many children over the years on an individual basis, in groups and also through family therapy. She also has experience of supervising other staff. As a qualified Play Therapist she helped establish the Windfall Centre Play Therapy service together with Gabrielle Eisele.

Diane Fontenoy

Diane connected with the Windfall Centre a few years ago when she brought her foster child for therapy. She was very impressed with their work and readily agreed to become a trustee. Diane has worked with teenagers with special needs and has completed the first year of an Open University degree course in psychology. She has also given 12 years of service to Barnardos respite care. Diane has four children and two grandchildren and currently has two long-term foster children. She has also owned and managed a shop in Llandovery for 16 years.

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Trustees' Report

Marilyn Hinks (Vice Chair)

Marilyn has spent most of her professional life teaching students with additional needs. For 13 years she was the SENCO at Welshpool High School where she also taught psychology to the 6th form. When she “retired” Marilyn worked as a Family Engagement Co-ordinator alongside families who needed support in accessing local services and helping vulnerable students settle into school and enjoy their schooldays. She now works with colleagues facilitating support groups for parents with children of all ages. Her experience of working with families has made her realise just how important the role of the Windfall play therapists is in supporting vulnerable young people.

David Jones

David has worked in publishing, public relations, advertising and marketing. He was latterly Head of Marketing for the Welsh Development Agency and then the Welsh Assembly Government where he promoted inward investment, supported economic development and raised the profile of the Welsh regions. David claims no expertise in play therapy but first became interested in emotional development when he took a part-time course in pastoral relationships in London in the 1980s. He moved to Mid Wales in 1988 and lives near Llanidloes. He is married and has two daughters.

Janet Matthews

Janet has lived in Powys since 1982 and has worked with children and young people as a teacher, social worker, community development worker, manager with The Children's Society in Powys (1988 – 2002) and as a manager and children's advocate with Tros Gynnal. Now retired, she is involved with Hay, Brecon and Talgarth Refugee group, is president of Breconshire Baptist Association, secretary of Penyrheol Chapel and delighted to be a trustee of The Windfall Centre supporting its work with children and families. In between Janet looks after twin granddaughters aged two.

Dr. Andy Scrase

Andy became a trustee on the recommendation of an art therapist friend who had spent several months volunteering at The Windfall Centre and had been impressed by the high quality help the play therapists provided. Andy is retired but spent half her working life as a general practitioner and the other half as a psychiatrist including many years in Learning Disability. In both jobs she met very many children and adolescents (and adults) whose upbringing had been unsympathetic or actively abusive. Of course, as the years went on the services for children improved but they are now grossly overworked and benefit greatly from the contribution made by The Windfall Centre. She has four adult children of her own.

John Senior (Treasurer)

John retired in 2011 after 17 years in industrial R&D followed by 3 years at the Medical Devices Directorate in London, which led to 17 years auditing medical device manufacturers world-wide (on behalf of Lloyds Register Quality Assurance) for their compliance with relevant ISO Standards and European Directives. For the last 3 years of this period John was self-employed, and so became familiar with accounting spreadsheets. For 8 years up to 2016 John was treasurer of a local Quaker Meeting, and for the last 6 years he has been treasurer of a Quaker Special Interest Group. In November 2016 he became treasurer of Mid Wales Area Quaker Meeting, which financially is of similar size to The Windfall Centre.

Therapeutic programmes

The main therapeutic programmes we offer are non-directive Play Therapy and Filial Therapy and we anticipate that these will continue to form the core of our service. Programmes are offered following an Intake meeting with parents/carers and/or referring professionals. Play therapy programmes usually comprise 20 weekly sessions plus at least 2 parent/carer reviews. Filial therapy programmes are shorter at 9 to 10 weeks.

The Windfall Centre Limited

Trustees' Report

Play therapy is an acknowledged intervention for children ranging from those who are struggling emotionally to those at risk of deteriorating mental health. It has proved very effective for children with behavioural or other social difficulties and for those trying to cope with major life events such as bereavement, loss or family breakdown. It is a valuable therapeutic tool for children who have suffered major trauma or abuse, eg; children in Care. It can particularly help those with learning or communication difficulties or for whom English is not a first language. Through play and the therapeutic relationship, children can invite an insight into their emotional world, work through traumatic experiences, explore solutions to dilemmas and master their emotions and thoughts.

Filial therapy is a unique therapeutic model, evolved from play therapy, which strives to enhance the child-parent relationship by empowering the carer with new ways to interact with the child. Following instruction and supportive supervision by an experienced therapist, caregivers can then act directly as therapeutic support to their child. This model can be especially valuable to foster and adoptive parents by enhancing the child-carer attachment relationship.

The Nurturing Families Programme draws on Filial Therapy to support mothers and little ones under five to strengthen the mother-child relationship and promote secure attachment. As a pilot programme this service is developing in response to the observations and evaluations of the therapists on a 'what works' basis. The programme is funded by Children in Need for a period of three years from 2017.

The Specialist Counselling service was established as a pilot service in response to a request from the Powys Detached Youth Service (PDYS) and each referral is purchased separately by them. These referrals are for young people, 16 to 25yrs, who are often socially dis-engaged, on the edge of, or already involved in, the criminal justice system and/or who may have mental health difficulties un-addressed by any other service. The demand for this service is low and there have been inevitable difficulties in engagement and in geography. However, we intend to keep the service available while we can.

Art Psychotherapy allows children and young people to express themselves, not only through drawing or painting but in three dimensional creations with clay and many other materials.

Tele-Play Therapy helps address children's needs to express the worries and fears that may accompany their experience of isolation with families during the covid-19 pandemic and then the return to a new normalcy. All Play Therapists have, in addition to their academic and clinical training to Masters level, undertaken training specifically in Tele-Play Therapy at advanced level. This has addressed specific safeguarding concerns, contracting and family support as well as the clinical aspects of doing child therapy online.

These new services have proved very valuable in helping us increase the children and young people we can serve and tailoring our interventions more closely to the needs of the child/young person.

Commissioners

Referrals to our service are purchased by commissioners on an individual basis. Our main commissioners are

- Powys Early Help for children needing a service beyond the universal ones, to promote their health or development;
- Powys Children's Services for children who may be on the child protection register as in need of a child protection plan, or children being fostered in the Care System. These children, almost by definition have suffered considerable emotional trauma, abuse or neglect.
- Other local authorities. Recent examples include Carmarthenshire, Pembrokeshire and Swansea.

We also received 43% of private referrals and these are funded either by the parents or from funding secured through grants.

The Windfall Centre Limited

Trustees' Report

Covid-19 Response and Service Development

Along with the rest of society, we were rocked at the start of the pandemic with how we would navigate a new world. Initially face to face therapy ceased and all Play therapists undertook training in Tele-Play Therapy to an advanced level in order to carry on supporting children and families online. During the lockdown the therapists also provided a telephone support line should families have the need to talk to someone about how their children and families are coping. As restrictions eased and with the help of generous funding, we were able to build a Perspex divide in a playroom to develop a COVID safe space and continue with face to face therapy. We decided that the service provided by The Windfall Centre will continue based on the following considerations:

1. Children's reactions to events are very largely influenced by the responses of the adults around them, but also by the wider societal atmosphere. The chaos and uncertainty around schools opening can be a significant source of stress and anxiety to children and young people. If there is additional adult / caregiver anxiety about child care, finances and work complications, this does not pass by unnoticed by children and young people.
2. Add in the recurring death tolls from the virus and again, adult responses to the fear of the virus, and children can be left worrying about their own health or that of their parents / caregivers. There is also the other subliminal messages that children may infect their loved ones which can cause worry and concern.
3. Under the lockdown conditions, the often overlooked but vital support for many children comes from school staff and other adults external to their family is not available or is only sporadically available.
4. The central approach by our skilled therapists has always been to recognise children and young people's need for stability and predictability, thus conveying a sense of emotional containment and safety. This is needed now more than ever.
5. Similarly, the work that is done with parents and caregivers provides them with support and understanding and the strength to recognise their children's emotional needs. This in turn equips them with the ways and means to respond attentively to their children.
6. Our service addresses the emotional and mental health needs of children and families and in this national mental health crisis our service is vitally needed.

Taking account of the increased infectiousness of the new variant and its rapid spread, we reviewed our safety and hygiene precautions and found them to be fully robust. Face-to-Face play therapy and art psychotherapy will therefore continue from our specially adapted playroom at the centre in Llandrindod Wells and in Carmarthenshire. Filial therapy can also be provided at the centre or by video link, and our Tele-play therapy remains accessible. The high level of support we provide to parents / caregivers will also remain available.

The Trustees commend the level of skill and commitment of our Therapists and the support they receive from Clare and Gaby. Again, we extend our heartfelt thanks to them all for the way they continue to support children, young people and families in these extremely challenging times.

We expect to continue delivering our core services and we have embed the Nurturing Families service into our regular provision. This was modified in response to findings from the first part of the pilot programme. We would like to widen the service via private referrals or referrals from other agencies eg; GPs, schools, to embrace more children and families struggling with a range of adversities. As there is no ringfenced funding for our service from these agencies, we will be seeking funding from various grant making organisations in addition to tendering for any further contract that may be available from Powys or other local authorities.

7.1 We hope to be able to re-establish our outreach services in Powys on a more secure footing, and similarly develop the satellite provision in South and West Wales. Both of these initiatives will involve finding suitable premises without incurring prohibitive rental costs.

7.2 We continue to work closely with the University of South Wales and provide placements for student play therapists, especially those who may go on to practice in Wales.

The Windfall Centre Limited

Trustees' Report

Programme Development Matrix

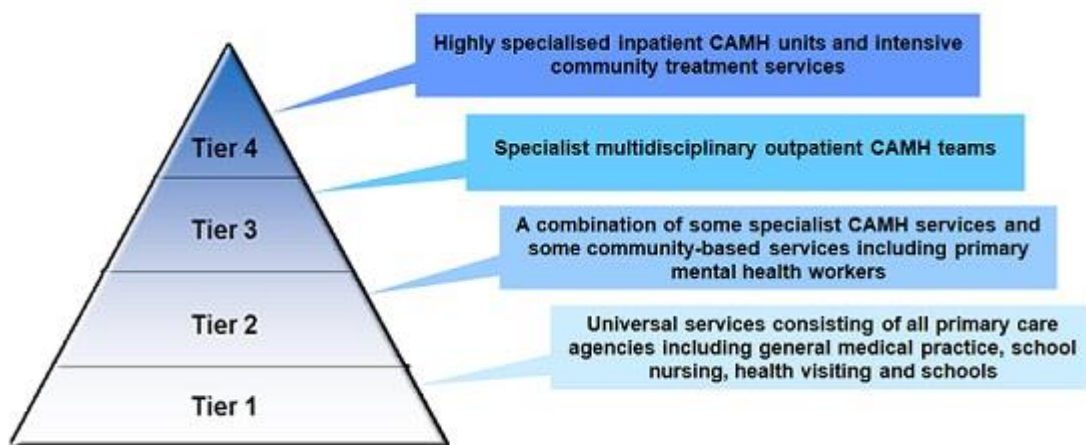
Programme/Post	Completion date	Resources	Action	Responsibility
Play Therapy	On-going		Continued liaison with commissioners	Service Manager
Filial Therapy	On-going		Continued liaison with commissioners	Service Manager
Nurturing Families	On-Going		Liaison with referrers	Service Manager
Specialist Counselling	On-going – responding to direct referrals	Possibly seek funding to extend project	Liaison with commissioners Applications for future funding	Service Manager Fundraising sub-committee
Art Psychotherapy	On-going		Part of range of programmes available	
Increase private referrals	On-going	Seek funding/make tender application if applicable	Applications for future funding	Fundraising sub-committee
Outreach projects		Identify and secure premises Requires therapist for north	Agreement with Early Help Advertise and recruit/suitable therapist	Service Manager Service Manager and Trustee group
South and West Wales provision	December 2021	Suitable premises Additional therapist	Identify and secure premises Engage additional therapist	Maggie Fearn and Service Manager Trustee group
Service Manager		Funding for salary (employee basis) and recruitment process	Secure Funding	Fundraising sub-committee
Expansion of Llandrindod Building into basement	September 2021	Funding for furniture Landlord to decorate	Secure Funding	Service Manager/ Landlord

The Windfall Centre Limited

Trustees' Report

Client Profile

Children and young people who are experiencing difficulties that could be related to their mental health are usually first identified within Tier 1 services, for example by a teacher, GP or health visitor. Similarly, parents/carers who identify their child as experiencing difficulties will usually first seek help from services at that level. Four tiers comprise the NHS Child and Adolescent Mental Health service (CAMHS). Children and young people with an identified need may be subsequently referred into specialist CAMH services (falling within Tiers 2–4) for assessment and intervention if necessary. The therapeutic services offered by The Windfall Centre fall within Tier 2 and Tier 3 as illustrated below.



Tier 2 practitioners offer consultation to families and other practitioners. They identify severe or complex needs requiring more specialist intervention, assessment (which may lead to treatment at a different tier), and training to practitioners at Tier 1 level. Practitioners at Tier 3 provide a service for children and young people with more severe, complex and persistent disorders. Practitioners include:

- child and adolescent psychiatrists
- social workers
- clinical psychologists
- community psychiatric nurses
- child psychotherapists
- occupational therapists, and
- art, music, play and drama therapists.

As previously indicated, The Windfall Centre works with children where they and/or their parents may be struggling with life events such as divorce or family reconstitution or, at the other end of the spectrum, children who have suffered extremes of abuse and neglect and are severely traumatised. Despite their circumstances these children do not usually reach the threshold for a service from CAMHS. A skilled therapeutic intervention and close working with other professionals is essential in these cases, often, for fostered children, to ensure the child does not experience multiple placements within the Care system.

The Windfall Centre Limited

Trustees' Report

Parents' comments:

'I do not know where me and my children would be without The Windfall. I mean that totally. The advice, support and guidance have been invaluable.

'E has benefitted enormously. She had a safe space that was hers alone to express herself and she felt so comfortable. In an often troubled house it has been a huge deal to her emotional wellbeing.'

'Self assuredness, more confident. Less anger and more awareness of how her anger affects other people. E had huge outbursts in her class when we first went to windfall, since she started she moved up to a new class and has not acted out since which is huge. '

'Great to be able to talk freely and privately. To be able to share observations and information'

'We are very grateful for an extremely beneficial Service. Thank you!'

'O is brighter. She is more up for trying potentially challenging things e.g going out to meet friends, eating veg... She is calmer and better able to control her emotions'

'We appreciated all the insights and having all our questions answered'

'The professionals who we've worked with have been well-informed and supportive'

Children's and Young People's comments:

"Having someone to talk to. (therapist's name) was amazing. I was allowed to talk about anything. It helped me open up, the stuff in the room was cool, it helped me trust people."

"I enjoyed my time with (therapist's name). She listened to me a lot. I shared my feelings (and talked about) my past."

"Thank you for helping me at play therapy (Therapist's name), it was very enjoyably. I had fun. Now I now that owh ever coms will injoerd to. So thank you for helping me." (as transcribed)

"I loved it. Loads of things to play with. (therapist's name) was lots of fun. I would like to go again."

"She was good at acting. Amazing. Helped me through my problems."

"I liked it when (therapist's name) gave me biscuits and a cup of water. (therapist's name) sometimes played with me and helped me. It made me feel happy."

"I want all the toys"

"I actually got to talk to someone"

"I didn't not like enithing (sp) there I loved it all!"

The Windfall Centre Limited

Trustees' Report



The Windfall Centre Statistics

April 2020 - March 2021

Supporting the emotional health of children and families



What makes The Windfall Centre special?

Our Staff

All the active play and filial therapists are registered with the British Association of Play Therapists and accredited by the Professional Standards Authority. They are all qualified to Masters' level and have all undergone their own therapy as is expected for this high level of training. Our other therapists and counsellor are similarly accredited to their respective professional body. All have wide prior experience working with children and young people in a variety of contexts. In addition to their therapeutic knowledge, the theoretical underpinnings of the team's approach include a clear and nuanced understanding of Attachment theory and neurodevelopment, especially the effects of abuse and early trauma on the developing brain and the child's emotional development. This draws on the work of acknowledged experts such as Bessel Van der Kolk and Bruce Perry amongst many others.

A Team Approach

In contrast to many independent play therapists, child psychotherapists or psychologists working alone in private practice, our staff are a close-knit and cohesive team with a shared ethos in supporting the emotional health of children and families in our areas. In addition to regular supervision and continuing professional development, the therapeutic team meets regularly to share knowledge, experience and practice issues. This builds a consistency of practice and shared skills, without limiting the individual therapist's own style.

Evaluation

Evaluation is at the core of our work and we seek creative ways to make this meaningful to our service provision and development. Strengths and Difficulties questionnaires are administered on commencement and ending of all therapeutic programmes. Additionally, staff use an internal 'Therapeutic Progress Measure' compiled and rated together with parents/carers to measure progress throughout the programme. Shortly after the end of a programme of therapy parents/carers and the child are invited to give feedback on their experience. (see Appendix)

The Windfall Centre Limited

Trustees' Report

Strengths and Difficulties questionnaires are administered on commencement and ending of all therapeutic programmes. Additionally, staff use an internal 'Therapeutic Progress Measure' compiled and rated together with parents/carers to measure progress throughout the programme. Shortly after the end of a programme of therapy parents/carers and the child are invited to give feedback on their experience. (see Appendix)

Value for money

We believe that access to our services and to the professional knowledge of our staff should be as easy as possible. We have a sliding scale of fees for private referrals and offer a free initial Intake meeting for these referrals. This is an opportunity for parents/carers to think together with two therapists to better understand the needs of the child and what might be contributing to the child's difficulties. We automatically offer support and consultation to the foster carers we work with and to the referring social workers, as well as working closely with school staff where necessary.

Public Benefit

The Trustees have considered the Charity Commission's guidance on public benefit. At the end of each programme of therapy, both parents and children are invited to evaluate their experience. The evaluations received have been overwhelmingly positive and illustrate the public benefit of our service. Considering the wider public benefit, the Trustees also recognise that addressing early trauma and adversity can have a later effect in reducing anti-social behaviour and contributing to safer communities as well as building individual resilience.

Additionally, the training, consultation and delivery of seminars and conferences undertaken by our staff, contributes to the professional development of many allied professionals in the wider professional environment with a hoped for knock-on beneficial effect on other services.

Policy on reserves

It is the policy and aim of the charity to maintain unrestricted funds, which are the free reserves of the charity, at a level which equates to approximately six months unrestricted expenditure, which equates to approximately £33,000. This provides sufficient funds to cover management and administration and support costs. At the balance sheet date, the free reserves amounted to £40,730.

Financial Situation and Risk management

The trustees have a risk management strategy which comprises an annual review of the principal risks and uncertainties that the charity faces, the establishment of policies, systems and procedures to mitigate those risks and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise. The financial sustainability is a potential risk for the charity.

Attention has also been focussed on non-financial risks such as the health and safety of therapists and children and families using the centre. Paramount among these is safeguarding children and young people from risk of abuse, neglect or professional misconduct. They also include the physical safety of staff and centre users as well as professional lone working. These risks are managed by ensuring a robust policy and procedure is in place, and regular awareness training for staff and trustees.

The Windfall Centre is currently entirely dependent on income from services purchased by Local Authorities and a very small contract from Powys County Council. This has enabled the service to become established and move from a non-profit organisation to becoming a charity. However, this dependence on only one sector is unsatisfactory for a number of reasons.

The Windfall Centre Limited

Trustees' Report

Firstly it leaves us exposed to the vagaries of social services budgets which are themselves dependant on the wider economic climate. A significant drop in referrals could leave The Windfall Centre struggling to survive. It is a cruel irony that when public sector budgets are being drastically cut, the services the Windfall Centre provides are more needed than ever.

Secondly, it is apparent that many more children could benefit from the services we offer, often as an early intervention, but the funds for this are not available. Few parents are able to self-fund and The Windfall Centre does not have the reserves we would like to assist or facilitate these children being able to access our therapeutic support.

Thirdly, out of necessity, we keep our fees to the statutory services as low as is viable in recognition of the constraints on budgets.

These have been the significant drivers in the move to charitable status. The Trustees have addressed these risks by the establishment of a standing 'Finance and Fundraising' sub-committee with the brief to ensure core funding as well as funding for particular initiatives. This work is guided by a fundraising strategy.

This is our fourth year as an established charity and the figures for the year-end financial situation can be seen at the bottom of the balance sheet attached.

The SWOT analysis below allows a concise view of the internal and external factors pertinent to The Windfall Centre.

The Windfall Centre Limited

Trustees' Report

INTERNAL FACTORS	
STRENGTHS (+)	WEAKNESSES (-)
✓ Highly qualified and experienced therapists ✓ Team dedicated to delivering quality service ✓ Established service widely valued by other professionals ✓ No credible competitors at this point ✓ Ability to respond to referrals from South and West Wales in addition to Powys ✓ Trustee Board committed to sustainability of service ✓ Therapeutic programmes valued by children and families ✓ Capacity available to take more referrals especially private ones ✓ Standing sub-committee for Fundraising applications and over-view of Finance	• Vulnerable financial base ~ highly dependent on one sector • Presently insufficient capital or income to pay support roles or fund/part fund private referrals • Aspects of Service manager role still shared with therapist • Service Manager and Practice Manager roles not filled • Some policies and procedures need creating/reviewing • Team members widely scattered, difficulties in maintaining team cohesion • Need additional Trustees to allow for constraints on involvement experienced by some • Possible conflict of loyalties/commitment with therapists also working elsewhere (self-employed)

EXTERNAL FACTORS	
OPPORTUNITIES (+)	THREATS (-)
✓ Children's emotional and mental health high on social agenda ✓ Present dearth of other services to meet need locally ✓ Possible opportunity to agree further contracts with Children's Services due to current Review in Powys ✓ Opportunity to tender for future Powys contract ✓ The service falls within the funding criteria of a number of funding organisations – encouraging for funding applications	• Social Services Children's Services often under-funded, consequently looking for value for money which does not always fit with child's therapeutic needs • Need to keep tariffs low in recognition of constraints on commissioners' budgets • Re-organisation of Powys Children's services creating uncertainty regarding future of TAF referrals • Opportunities for Play Therapists becoming more available ~ could lose therapists • Difficulties in recruiting Play Therapists in mid Wales • Uncertainty regarding funding applications

The Windfall Centre Limited

Trustees' Report

Credit risk

The charity's principal financial assets are bank balances and cash, trade and other receivables.

The charity's credit risk is primarily attributable to its trade receivables. The amounts presented in the balance sheet are net of allowances for doubtful receivables. An allowance for impairment is made where there is an identified loss event which, based on previous experience, is evidence of a reduction in the recoverability of the cash flows.

The credit risk on liquid funds is limited because the counterparties are banks with high credit-ratings assigned by international credit-rating agencies.

The charity has no significant concentration of credit risk, with exposure spread over a large number of counterparties and customers.

Service Development and future plans

We expect to continue delivering our core services and are hoping to embed the Nurturing Families service into our regular provision. This is currently being modified in response to findings from the first part of the pilot programme. The addition of EMDR and Art Psychotherapy has extended our provision. We would like to widen the service via private referrals or referrals from other agencies eg; GPs, schools, to embrace more children and families struggling with a range of adversities. As there is no ringfenced funding for our service from these agencies, we will be seeking funding from various grant making organisations in addition to tendering for any further contract that may be available from Powys or other local authorities.

We hope to be able to re-establish our outreach services in Powys on a more secure footing, and similarly develop the satellite provision in South and West Wales. Both of these initiatives will involve finding suitable premises without incurring prohibitive rental costs.

We continue to work closely with the University of South Wales and provide placements for student play therapists, especially those who may go on to practice in Wales.

Marketing

The majority of referrals to our service are purchased by commissioners, mostly local authorities, on an individual basis, so the need for the kind of marketing required by manufacturing or commercial service businesses does not arise. Instead, The Windfall Centre undertakes marketing initiatives by targeting influencers and a wide range of local authority, health care and other professionals to persuade them of the benefits of referring children and young people to The Windfall Centre for therapy.

The aim of our marketing activity is to promote The Windfall Centre as a centre of excellence in the provision of play therapy and related interventions in the areas we serve which include Powys and South and West Wales. We currently employ the following marketing tools:

Website

The Windfall Centre website gives a clear indication of the range of therapeutic interventions available from Windfall, demonstrates how they work and how to access them. The site is regularly updated as new information and new programmes become available and is currently being re-designed.

www.windfallcentre.co.uk

Leaflets

There is an individual leaflet available for each therapeutic programme provided by The Windfall Centre, replicating information published on the website.

The Windfall Centre Limited

Trustees' Report

Conferences and Training

The Windfall Centre has delivered two very successful conference for professionals in the fields of social care and children's mental health, and more would be welcomed. Key note speakers invited to participate included some of the most respected and best-known practitioners in their fields of expertise. At each event, delegates got ample opportunity to meet our therapists and learn about the work of The Windfall Centre. At present though, this is on hold but would be picked up as part of the dedicated Service Manager role, once employed.

Social Media

The Windfall Centre launched a Facebook page.

Community Events

Where indicated, The Windfall Centre personnel provide an active presence at targeted events within the local communities they serve, especially where this might contribute to fundraising.

Our Patrons

The Windfall Centre is fortunate to have two high profile patrons who share our values and support our work. Keith Towler, formerly the Children's Commissioner for Wales, has a wealth of experience working with young people and children's organisations; and Gillian Clarke, former poet laureate for Wales, who has highlighted concern for the emotional wellbeing of children in some of her poems. We are considering increasing our list of patrons, but remain fortunate to have two patrons who are so enthusiastic and influential.

Conclusion

Wales NHS estimates more than 40% of young people in Wales, show risk factors for adverse mental health, 30-40% may at some time experience a problem and up to 25% may have a recognisable disorder. The current Children's Commissioner for Wales, Sally Holland, found in her consultations across Wales that children's and young people's mental and emotional health was the most pressing concern for them.

Additionally, in their first report, the Welsh Adverse Childhood Experience (ACE) and Resilience Study, conducted by Public Health Wales and Bangor University (2018) focussed on mental illness. From their survey of adults in Wales, they identified how individuals who suffered ACEs were at significantly increased risk of mental illness. Compared with people with no ACEs, those reporting four or more were over 3 times more likely to report current mental illness, six times more likely to report lifetime mental illness and nine times more likely to report ever having felt suicidal. In addition to physical, sexual and emotional abuse and neglect, adverse childhood experiences include living in a family with domestic abuse, alcohol and drug related problems and parental mental ill-health.

With a highly skilled team and a committed Trustee group, the Windfall Centre is well placed to expand its therapeutic services and reach more children and young people struggling with many difficult emotional issues.

The Windfall Centre Limited

Trustees' Report

Reference and Administrative Details

Trustees

Ms K Hodges
Mrs D Fontenoy
Mrs M A Hinks
Mr D Jones
Dr A Scrase
Mr J M Senior
V A Grant

Secretary

Mrs J Matthews

Senior Management Team

G Eisele, Service Manager

Principal Office

Gwalia Annex
Ithon Road
Llandrindod Wells
Powys
LD1 6AS

Company Registration Number

07538792

Charity Registration Number

1167777

Independent Examiner

Mitchell Meredith Ltd
St David's House
48 Free Street
Brecon
Powys
LD3 7BN

The Windfall Centre Limited

Trustees' Report

The trustees (who are also the directors of The Windfall Centre Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 22 October 2021 and signed on its behalf by:

Mr J M Senior
Trustee

The Windfall Centre Limited

Independent Examiner's Report to the trustees of The Windfall Centre Limited

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 21 to 33.

Respective responsibilities of trustees and examiner

As the charity's trustees of The Windfall Centre Limited (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of The Windfall Centre Limited are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of The Windfall Centre Limited as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

M L Barnes FCCA ACA
Chartered Accountants
St David's House, 48 Free Street
Brecon
Powys
LD3 7BN

Date: 22 October 2021

The Windfall Centre Limited

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	3	10,589	28,584	39,173	15,189
Charitable activities	5	51,962	-	51,962	49,520
Investment income	6	13	-	13	-
Total Income		62,564	28,584	91,148	64,709
Expenditure on:					
Charitable activities	7	(44,854)	(17,235)	(62,089)	(76,769)
Total Expenditure		(44,854)	(17,235)	(62,089)	(76,769)
Net income/(expenditure)		17,710	11,349	29,059	(12,060)
Net movement in funds		17,710	11,349	29,059	(12,060)
Reconciliation of funds					
Total funds brought forward		23,665	10,336	34,001	46,061
Total funds carried forward	17	41,375	21,685	63,060	34,001

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2020 is shown in note 17.

The Windfall Centre Limited
(Registration number: 07538792)
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	14	645	712
Current assets			
Debtors	15	7,115	6,517
Cash at bank and in hand		58,520	28,948
		65,635	35,465
Creditors: Amounts falling due within one year	16	(3,220)	(2,176)
Net current assets		62,415	33,289
Net assets		63,060	34,001
Funds of the charity:			
Restricted income funds			
Restricted funds	17	21,685	10,336
Unrestricted income funds			
Unrestricted funds		41,375	23,665
Total funds	17	63,060	34,001

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 21 to 33 were approved by the trustees, and authorised for issue on 22 October 2021 and signed on their behalf by:

Mr J M Senior
Trustee

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

1 Charity status

The charity is limited by share capital, incorporated in England and Wales.

The address of its registered office is:

Gwalia Annex
Ithon Road
Llandrindod Wells
Powys
LD1 6AS

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

The Windfall Centre Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures & Fittings	20% reducing balance
Office Equipment	20% reducing balance

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business. Trade debtors are recognised initially at the transaction price.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

3 Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Donations and legacies	589	-	589	426
Grants receivable (note 4)	10,000	28,584	38,584	14,763
	10,589	28,584	39,173	15,189

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

4 Grants

	General Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Children in Need	-	3,000	3,000	4,500
Comic Relief	-	-	-	6,656
Co-op Grant	-	3,123	3,123	-
Masonic Grant	-	-	-	2,000
Moondance	-	4,500	4,500	-
Community Foundation in Wales	-	4,800	4,800	-
ICF Small Grant Scheme	-	-	-	1,407
PAVO	-	340	340	-
Job Retention Scheme	-	1,771	-	-
Powys County Council	10,000	-	10,000	-
The Caldwell Autism Foundation	-	450	450	-
Llandrindod Town Council Grant	-	-	-	200
Screwfix	-	600	600	-
The Waterloo Foundation	-	10,000	10,000	-
	10,000	28,584	38,584	14,763

5 Income from charitable activities

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Service Provision	53,035	53,035	49,520

6 Investment income

	Unrestricted funds General £	Total 2021 £
Interest receivable and similar income;		
Interest receivable on bank deposits	13	13

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

7 Expenditure on charitable activities

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Direct costs		26,565	8,687	35,252	49,949
Staff costs		8,908	7,421	16,329	11,977
Allocated support costs	8	8,061	1,127	9,188	13,613
Governance costs	8	1,320	-	1,320	1,230
		<u>44,854</u>	<u>17,235</u>	<u>62,089</u>	<u>76,769</u>

8 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Independent examiner fees			
Examination of the financial statements	1,320	1,320	1,166
Other governance costs	-	-	64
	<u>1,320</u>	<u>1,320</u>	<u>1,230</u>

Analysis of support costs

	Charitable Activity £	Total 2021 £	Total 2020 £
Establishment costs	5,168	5,168	11,098
Repairs & maintenance	2,464	2,464	963
Printing, postage & stationery	166	166	334
Sundry expenses	222	222	256
Telephone	491	491	451
Advertising	610	610	215
Depreciation	67	67	296
	<u>9,188</u>	<u>9,188</u>	<u>13,613</u>

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

9 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2021 £	2020 £
Other non-audit services	1,320	1,166
Depreciation of fixed assets	67	296
Finance charges payable	-	64

10 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

11 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	16,329	11,803
Social security costs	-	96
Pension costs	-	78
	<u>16,329</u>	<u>11,977</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2021 No	2020 No
Staff	<u>2</u>	<u>2</u>

0 (2020 - 1) of the above employees participated in the Defined Contribution Pension Schemes.

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £16,329 (2020 - £11,803).

12 Independent examiner's remuneration

	2021 £	2020 £
Examination of the financial statements	<u>1,320</u>	<u>1,166</u>

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

13 Taxation

The charity is a registered charity and is therefore exempt from taxation.

14 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Total £
Cost			
At 1 April 2020	2,794	1,078	3,872
At 31 March 2021	2,794	1,078	3,872
Depreciation			
At 1 April 2020	2,419	647	3,066
Charge for the year	75	86	161
At 31 March 2021	2,494	733	3,227
Net book value			
At 31 March 2021	300	345	645
At 31 March 2020	375	431	806

15 Debtors

	2021 £	2020 £
Trade debtors	4,580	5,060
Prepayments	2,535	1,457
	7,115	6,517

16 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	759	240
Accruals	2,461	1,936
	3,220	2,176

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

17 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
<i>General</i>				
General	23,665	62,564	(44,854)	41,375
Restricted funds				
BBC Children in Need	1,186	3,000	(2,860)	1,326
Co-op Grant	-	3,122	(90)	3,032
Comic Relief Community Fund in Wales	6,656	-	(2,340)	4,316
Masonic Charitable Foundation	2,000	-	(2,000)	-
ICF Small Grant Scheme	357	-	(357)	-
Camera Funding	50	-	-	50
Llandrindod Wells Town Council	87	-	(87)	-
PAVO	-	340	(340)	-
The Caldwell Autism Foundation	-	450	(450)	-
Waterloo Foundation	-	10,000	-	10,000
Screwfix	-	600	(600)	-
Job Retention Scheme	-	1,771	(1,771)	-
Community Foundation in Wales	-	4,800	(1,839)	2,961
Moondance	-	4,500	(4,500)	-
Total restricted funds	10,336	28,583	(17,234)	21,685
Total funds	34,001	91,147	(62,088)	63,060

The Windfall Centre Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
Unrestricted funds				
<i>General</i>				
General	34,330	49,896	(60,561)	23,665
Restricted funds				
BBC Children in Need	3,468	4,500	(6,782)	1,186
Anonymous Donation	8,263	-	(8,263)	-
Comic Relief Community Fund in Wales	-	6,656	-	6,656
Masonic Charitable Foundation	-	2,000	-	2,000
ICF Small Grant Scheme	-	1,407	(1,050)	357
Camera Funding	-	50	-	50
Llandrindod Wells Town Council	-	200	(113)	87
Total restricted funds	11,731	14,813	(16,208)	10,336
Total funds	46,061	64,709	(76,769)	34,001

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Notes to the Financial Statements for the Year Ended 31 March 2021

The specific purposes for which the funds are to be applied are as follows:

BBC Children in Need - Represents funding towards the Nurturing Families Programme. Early intervention support to 5 families per year over three years focusing on strengthening family bonds and relationships.

Comic Relief Community Fund in Wales - Represents funding towards the Filial Therapy Programme, helping families build and strengthen attachment relationships through empowering parents and carers with new and innovative ways to interact with their child.

Co-op Grant represents money towards support of children who can not access funding elsewhere.

The anonymous donation represents money towards the costs of the administration of the Windfall Centre.

Masonic Charitable Foundation - Represents funding towards a PlayTherapy Programme to enable children who have experienced mental health difficulties.

ICF Small Grant Scheme provides a contribution toward the Sleep Success Course an accredited workshop aimed at parents and practitioners encouraging children to get a better night's sleep using a behavioural approach.

Camera Funding represents ad hoc money for the purchase of video cameras for the Centre.

Llandrindod Town Council Grant represents funding towards the purchase of Art Psychotherapy Materials and books.

PAVO represents funding from the Heart of Wales Line for two licences for the Sandtray app for use in the Tele-play Therapy.

The Caldwell Autism Foundation represents funding for the Hand in Hand programme delivered by Gabrielle for children with Autism.

The Waterloo Foundation funding to provide a Bursary fund to support self-funding families to access Therapy Sessions.

Screwfix represents funding towards the perspex partition for the Covid adapted play room for the safety of both clients and therapists to enable face to face work to continue.

Job Retention Scheme represent funding towards salaries during the covid 19 pandemic.

Community Foundation in Wales represent funding for 5 children or families to take part in Tele-Play therapy.

Moondance Covid19 Relief fund supported 3 months worth of overheads at the beginning of the pandemic.

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Notes to the Financial Statements for the Year Ended 31 March 2021

18 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds £
Tangible fixed assets	645	-	645
Current assets	43,950	21,685	65,635
Current liabilities	(3,220)	-	(3,220)
Total net assets	41,375	21,685	63,060

19 Related party transactions

There were no related party transactions in the year.