



Trustees' Annual Report for the period

Period start date

Period end date

From

To

Section A

Reference and administration details

Charity name Ehsas Carers

Other names charity is known by Ehsas

Registered charity number (if any) 1187640

Charity's principal address Meeting Place, Tiger Court

1 - 9 Chapel Street, Lye

Stourbridge

Postcode DY9 8BT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Saleem Naz	Chairperson		
2	Shazia Zaman	Secretary		
3	Gitaben Patel			
4				
5				
6				
7				
8				
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15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document

Constitution adopted 7th June 2016

How the charity is constituted

Association consisting of family carers

Trustee selection methods

Trustees are appointed by the family carers membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them

Ehsas Carers is affiliated to Dudley Council for Voluntary Service which provides advice and support.

Ehsas has a complaints and a day trip policy in place.

Ehsas has a partnership agreement with Diverse Support Limited (care provider for people with learning disabilities from black and Asian minority ethnic communities) with whom we share and manage the premises called Meeting Place. This enables black and Asian minority ethnic (BAME) family carers to have a community-based drop in centre where they can seek information and support. Diverse Support provides 'in kind' support with their manager available to provide advice and support to family carers, coordinates carer support activities, assists with fund raising and provides administrative support to the charity.

All trustees give their time voluntarily and receive no remuneration or other benefits.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the public benefit, the relief and assistance of members of the Asian community and other ethnic minorities in Dudley borough and the surrounding areas, who provide unpaid care to family members with disabilities or additional needs, through the provision of accessible information, peer support, social and emotional help and services that will improve their quality of life; and through communicating between carers, policy makers and other services that support carers, enabling carers to have an effective voice and an informed representation in policy making and service development.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities we are mindful of the Charity Commission's guidance on public benefit at our trustee meetings.

Our activities focus on four themes:

1. Increasing knowledge: we provide advice surgeries for carers, training and information workshops.
2. Advocacy: Raising issues and concerns affecting ethnic minority family carers with statutory organisations.
3. Outreach support to isolated carers: We receive referrals from black and Asian minority ethnic (BAME) carers and offer an outreach service particularly if there are language and cultural barriers. This includes home visiting those that need support, liaising with social services and other statutory agencies and assisting with advocacy/ interpretation.
4. Respite and social interaction: We recognise that carers struggle to get out so provide respite days out just for carers. We also provide day trips for families - the carer and the cared for person - with the option for them to bring other family members. This gives carers the opportunity to take a break from the stresses of their lives and to feel less isolated. Where possible, we facilitate carer social interaction by providing 'coffee mornings' and cultural events.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Ehsas Carers was established as an unincorporated association (carers support group) in 2004 and became a Charitable Incorporated Organisation in 2016.

We work with Dudley Council for Voluntary Service's Integrated Plus locality link worker(s) who can make referrals of families who have children with complex health needs and disabilities.

- We support family carers particularly where there are barriers to engaging with public services – unable to speak English fluently, lack of awareness of services, and inability to self-advocate.

Family carers have received support including interpretation at appointments/ meetings with various health, social services and other public authority professionals.

- The project co-ordinator is available to field enquiries and offer support to family carers in significant need.
- A temporary Carers Link Worker was employed to support carers from November 2024, and promoted the project at a couple of women's groups at a community centre and at a cultural event that took place at a new place of worship. She supported carers for some 4 months.

Section E**Financial review**

Brief statement of the charity's policy on reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Ehsas Carers statement of accounts are prepared and externally examined.

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

MRS. GIT A BEN. PATEL

Full name(s)

GITABEN PATEL

Position (eg Secretary, Chair, etc)

TREASURER

Date

30-01-2026

EHSAS CARERS

REGISTERED CHARITY NO. 1167640

INCOME AND EXPENDITURE ACCOUNT

YEAR END 31st MARCH 2025

EHSAS CARERSREGISTERED CHARITY NO. 1167640INCOME AND EXPENDITURE ACCOUNTYEAR END 31st MARCH 2025

		2025		2024
		£	£	£
INCOME	R	U	TOTAL	TOTAL
Contribution to Overheads	0	1000	1000	1475
TOTAL INCOME	0	1000	1000	1475
EXPENDITURE				
Salaries/Ni	650		650	0
Rates & Insurance	0		0	417
Light & Heat	1175		1175	1903
Telephone & Postage	382		382	369
Printing, Stationary,Advertising	0		0	0
Repairs & Renewals	0		0	300
Sundries	42		42	0
Bank Charges	60		60	62
Water	296		296	0
Independent Examiner Fees	75		75	75
	2680	0	2680	3126
Net-Deficit/Surplus for the Year	-2680	1000	-1680	-1651
Balance at 31st March 2024	31513	8637	40150	41801
	28833	9637	38470	40150
Transfer Between Funds	0	0	0	0
Balances At 31st March 2025	28833	9637	38470	40150

EHSAS CARERS

REGISTERED CHARITY NO. 1167640

INCOME AND EXPENDITURE ACCOUNT

YEAR END 31st MARCH 2025

	2025	2024
	£	£
CURRENT ASSETS		
 Bank Current Account	 38352	 39991
Petty Cash	118	159
	<hr/>	<hr/>
	38470	40150
 Represented By:		
 Income & Expenditure Account		
Restricted Funds	28833	31513
Unrestricted Funds	9637	8637
	<hr/>	<hr/>
	38470	40150
 Restricted Funds comprise		
DMBC Covid Grants		1503
DMBC VS Innovation Fund	31010	30010
	<hr/>	<hr/>
	31010	31513
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Approved by the Management Committee & Signed on their behalf:

Name Ebrahim Sidat -



Date 29th January 2026