



Trustees' Annual Report for the period

Period start date

Period end date

From

01 04 2022

To

31 03 2023

Section A

Reference and administration details

Charity name Ehsas Carers

Other names charity is known by Ehsas

Registered charity number (if any) 1167640

Charity's principal address Meeting Place, Tiger Court

1 – 9 Chapel Street, Lye

Stourbridge

Postcode DY9 8BT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Saleem Naz	Chairperson		
2	Shazia Zaman	Secretary		
3	Gitaben Patel			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. transferred undertaking)

Constitution adopted 7th June 2016

How the charity is constituted
(eg. trust, association, company)

Association consisting of family carers

Trustee selection methods
(eg. appointed, elected, elected by)

Trustees are appointed by the family carers membership

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Ehsas Carers is affiliated to Dudley Council for Voluntary Service which provides advice and support.

Ehsas has a complaints and a day trip policy in place.

Ehsas has a partnership agreement with Diverse Support Limited (care provider for people with learning disabilities from black and Asian minority ethnic communities) with whom we share and manage the premises called Meeting Place. This enables black and Asian minority ethnic (BAME) family carers to have a community-based drop in centre where they can seek information and support. Diverse Support provides 'in kind' support with their manager available to provide advice and support to family carers, coordinates carer support activities, assists with fund raising and provides administrative support to the charity.

All trustees give their time voluntarily and receive no remuneration or other benefits.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the public benefit, the relief and assistance of members of the Asian community and other ethnic minorities in Dudley borough and the surrounding areas, who provide unpaid care to family members with disabilities or additional needs, through the provision of accessible information, peer support, social and emotional help and services that will improve their quality of life; and through communicating between carers, policy makers and other services that support carers, enabling carers to have an effective voice and an informed representation in policy making and service development.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities we are mindful of the Charity Commission's guidance on public benefit at our trustee meetings.

Our activities focus on four themes:

1. Increasing knowledge: we provide advice surgeries for carers, training and information workshops.
2. Advocacy: Raising issues and concerns affecting ethnic minority family carers with statutory organisations.
3. Outreach support to isolated carers: We receive referrals from black and Asian minority ethnic (BAME) carers and offer an outreach service particularly if there are language and cultural barriers. This includes home visiting those that need support, liaising with social services and other statutory agencies and assisting with advocacy/ interpretation.
4. Respite and social interaction: We recognise that carers struggle to get out so provide respite days out just for carers. We also provide day trips for families - the carer and the cared for person - with the option for them to bring other family members. This gives carers the opportunity to take a break from the stresses of their lives and to feel less isolated. Where possible, we facilitate carer social interaction by providing 'coffee mornings' and cultural events.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main
achievements of the charity
during the year

Ehsas Carers was established as an unincorporated association (carers support group) in 2004 and became a Charitable Incorporated Organisation in 2016.

We worked with Dudley Council for Voluntary Service's Integrated Plus locality link worker(s) who can make referrals of families who have children with complex health needs and disabilities.

- We support family carers particularly where there are barriers to engaging with public services – unable to speak English fluently, lack of awareness of services, and inability to self-advocate.

Family carers have received support including interpretation at appointments/ meetings with various health, social services and other public authority professionals.

- The project co-ordinator is available to field enquiries and offer support to family carers in significant need.

Ehsas organised a day trip to a seaside resort for family carers and their children during the summer school holiday. This provided some respite for carers.

Section E

Financial review

Brief statement of the charity's policy on reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Ehsas Carers statement of accounts are prepared and externally examined by Dudley Council for Voluntary Service every year.

Section F

Other optional information

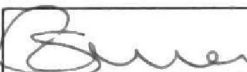
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Shazia Zaman

Position (eg Secretary, Chair, etc)

Secretary

Date

25/01/2024

EHSAS CARERS

REGISTERED CHARITY NO. 1167640

ACCOUNTS

YEAR ENDED 31ST MARCH 2023

EHSAS CARERS
REGISTERED CHARITY NO. 1167640
INCOME AND EXPENDITURE ACCOUNT
YEAR ENDED 31ST MARCH 2023

		2023		2022
		£	£	£
INCOME	R	U	TOTAL	TOTAL
Contribution to Overheads	-	1,200	1,200	1,050
DMBC – Covid Grant	-	-	-	1,500
TOTAL INCOME	-	1,200	1,200	2,550
EXPENDITURE				
Salaries and NI	-	-	-	77
Rates and Insurance	423	-	423	471
Light and Heat	1,491	-	1,491	826
Telephone and Postage	348	-	348	468
Printing, Stationery, Advertising	-	-	-	50
Repairs and Renewals	-	-	-	1,555
Trips	-	642	642	-
Bank Charges	61	-	61	15
Sundries	2	-	2	-
Independent Examiner Fees	75	-	75	155
	2,400	642	3,042	3,617
Net Surplus/- Deficit for the Year	-2,400	558	-1,842	-1,067
Balance at 31 st March 2022	37,039	6,604	43,643	44,710
	34,639	7,162	41,801	43,643
Transfers between Funds	-	-	-	-
Balances at 31st March 2023	34,639	7,162	41,801	43,643

EHSAS CARERS
REGISTERED CHARITY NO. 1167640
STATEMENT OF ASSETS AND LIABILITIES
AS AT 31ST MARCH 2023

	2023 £	2022 £
CURRENT ASSETS		
Bank Current Account	41,642	43,481
Petty Cash	159	162
	<hr/>	<hr/>
	41,801	43,643
	<hr/>	<hr/>
Represented by :		
Income & Expenditure Account:		
Restricted Funds	34,639	37,039
Unrestricted Funds	7,162	6,604
	<hr/>	<hr/>
	41,801	43,643
	<hr/>	<hr/>
Restricted Funds comprise:		
DMBC Covid Grants	1,503	1,503
DMBC VS Innovation Fund	33,136	35,536
	<hr/>	<hr/>
	34,639	37,039
	<hr/>	<hr/>

Approved by the Management Committee and signed on their behalf:



Name Shazia Zaman

Date 22nd January 2024

Independent Examiner's Report

I report on the attached accounts of Ehsas Carers for the year ended 31st March 2023.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts; you consider that the audit requirement of section 144(2) of the Charities Act 2011 does not apply. It is my responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act, whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Acthave not been met; or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



G. M. JONES
ACCOUNTANT
DUDLEY CVS
7 ALBION STREET
BRIERLEY HILL
DY5 3EE

22nd January 2024