

Charity registration number: 1167631

**LITTLE HEROES ASD SUPPORT
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE PERIOD ENDED 31 AUGUST 2024**

LITTLE HEROES ASD SUPPORT

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**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From: Period start date 01.11.2023

To: Period end date 31.08.2024

Charity name: Little Heroes ASD Support

Charity registration number: 1167631

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document.	Para 1.17	The relief of children affected by autistic spectrum disorder and their families in Southend-on-Sea, Essex and the surrounding areas, by provision of support, information, opportunities for respite, social activities and networking.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We hold a number of different weekly support sessions (ie: adult, preschool, girls, dads, youth, big heroes) to offer face to face support. Between sessions we offer remote support on a one-to-one basis. During holiday periods we arrange heavily subsidised activities for the whole family. We offer wellbeing sessions to the parents and carers to ensure they can continue their caring roles to the best of their ability.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit.	Para 1.18	The Trustees receive regular guidance from our local voluntary advisory services (SAVS), this ensures that they fully understand and are compliant with this information.

Additional information

	SORP reference	
Policy on grant making.	Para 1.38	The organisation does not provide grants to individuals, funds are spent on providing support to the whole group community.
Contribution made by volunteers.	Para 1.38	We heavily operate on the basis of volunteers. Little Heroes ASD Support Group is a parent-led grassroots organisation that takes on board the feedback of our families to enhance and develop what the community needs.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	* Ever increasing numbers at regular weekly sessions. * Continued development of positive networking with other local organisations. * Our organisation continues to receive praise from professional bodies and has achieved a number of nominations for a range of awards. * Parents/carers have the ability to access the information and knowledge they need to help their children and families develop. * Siblings are included and actively participate. * Whole family units increase their relationships/ friendships with other likewise families. * Our organisation is highly praised and the presence of such a group helps to increase positive autism awareness within the local community. * New and evolving sessions and activities being reactive to the needs of the families that are supported. * Due to ever increasing demand we have moved to new larger premises in April 2024.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds have been used to benefit the support group on a whole. Income in the 10 months from November 2023 to August 2024 was in line with the prior period at c.£208k however the charity saw an increase in costs in the current year, the majority of which were one off in nature and arose from the premises move. Despite the increased costs, the charity increased its reserves by £19k. Any unused funds will contribute to the funds needed to adapt, set up and run the support hub.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held to ensure the group can continue to work and support families, even in times that financially may be challenging.
Amount of reserves held	Para 1.22	As of 31st August 2024, total reserves were £224,570. (31.10.2023: £205,542) Included in the total reserves as of 31st August 2024, the amount related to restricted funds were £142,023 (31.10.2023: £133,729) Included in the total reserves as of 31st August 2024, the amount related to unrestricted funds were £82,547 (31.10.2023: £71,813)

Additional information

The charity's principal sources of funds (including any fundraising)	Para 1.47	The organisation applies for grants where possible. This is to cover core costs and to ensure the group can function on a rolling basis. Where possible regular fundraising continues in a variety of ways by the organisation and the families that benefit.
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Change of financial period of the charity's annual reporting		Following a review of our operational needs, the charity has decided to change its financial reporting period from 1st November to 31st October to a financial year beginning on September 1st and ending on August 31st. This change will align with the academic year which will benefit our key objectives and activities. The charity's annual report for the reporting period ended 31st August 2024 includes financial information covering ten months for the current period and comparative data of twelve months from the previous annual report submitted to the Charities Commission.
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Structure, Governance and Management

Type of governing document	Para 1.25	CIO Constitution
How is the charity constituted?	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Chair, Treasurer, Secretary and Trustees are voted in at our annual AGM. Everyone is given the opportunity to apply and an open invite is sent to all via numerous methods of communication. We welcome discussions. Due to the nature of our organisation we find that the majority of interest is from family members of people with autism, this helps as they can empathise with families.

Additional information

Policies and procedures adopted for the induction and training of trustees	Para 1.51	The organisation works closely with the local voluntary sector advisory service (SAVS), ensuring compliance.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The organisation works with a wide range of local voluntary organisations, ensuring that families can access as many services and opportunities as possible.

Reference and Administrative details

Charity name	Little Heroes ASD Support Group
Other name the charity uses	Little Heroes
Registered charity number	1167631
Charity's principal address	Little Heroes ASD Support Hub Garon Park Community Centre Garon Park Southend-on-Sea Essex SS2 4FA

Names of the charity trustees who manage the charity

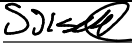
	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Chelsea Mabandla	Chairperson	Stepped down 26/11/2024	
2	Sophie Isaac	Chairperson	Appointed 26/11/2024	
3	Natalie Chlopas	Trustee	Stepped down 28/11/2023	
4	Sherriden Baker	Trustee	Stepped down 28/11/2023	
5	Kay Howell	Trustee	Stepped down 28/11/2023	
6	Steve Hayman	Trustee	Stepped down 17/06/2024	
7	Lyn Day	Trustee	Stepped down 09/01/2025	
8	Katy Hardcastle	Trustee	Stepped down 09/01/2025	
9	Emma Jiao-Knuckey	Trustee		
10	Kelly Aslett	Trustee		
11	Sarah Phillip	Trustee		
12	Daniel Sibthorpe	Treasurer		
13	Sarah Sibthorpe	Trustee		
14	Karen Pearson	Trustee	Appointed on 09/01/2025	
15	Ashley Corsini-King	Trustee	Appointed on 09/01/2025	
16	Lorraine Walter	Trustee	Appointed on 09/01/2025	

Non-adjusting events

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	 Sophie isaac (Mar 27, 2025 09:31 GMT)	 Daniel Sibthorpe (Mar 26, 2025 12:11 GMT)
	Full name(s) Sophie Isaac	Daniel Sibthorpe
	Position (eg Secretary, Chair, etc) Chairperson	Treasurer
Date		27/03/2025
		26/03/2025



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
Little Heroes ASD Support

On accounts for the
period ended

31st August 2024

Charity no
(if any)

1167631

Set out on pages

7 to 8

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 31 August 2024.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Martin Beales
Martin Beales (Mar 27, 2025 14:34 GMT)

Date:

27/03/2025

Name:

Mr Martin Beales

Relevant professional
qualification(s) or body
(if any):

Association of Accounting Technicians

Address:

Practical Bookkeeping, Accounting & Taxation Services,
34 Clarence Street, Southend on Sea, Essex, SS1 1BD

Give here brief details of any items that the examiner wishes to disclose.

The reporting period has been changed to the 31st August to align with the academic year.



Receipts and payments accounts

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For the period from	Period start date	To	Period end date
	01/11/2023		31/08/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	-	175,284	-	175,284	158,488
Donations	29,584	1,245	-	30,829	47,470
Other income	-	-	-	-	-
Bank Interest Receivable	2,200	-	-	2,200	1,107
Sub total (Gross income for AR)	31,784	176,529	-	208,313	207,064
Total receipts	31,784	176,529	-	208,313	207,064
A3 Payments					
Salaries	-	76,966	-	76,966	63,049
Accountancy	-	2,508	-	2,508	2,579
Volunteers Expenses	-	465	-	465	490
Activities	4,578	12,091	-	16,669	19,223
Training	114	56	-	170	1,085
Tel, Internet, Fax	-	268	-	268	85
Rent	-	9,950	-	9,950	9,900
Light/heat/utilities	-	3,047	-	3,047	3,195
Snacks - catering	1,856	5,565	-	7,421	5,822
Publicity	1,228	3,250	-	4,478	8,391
Venue hire	1,000	7,804	-	8,804	9,861
Insurance	-	1,821	-	1,821	973
Office supplies	4,576	2,315	-	6,891	9,556
Renovation costs	969	48,858	-	49,827	-
Sub total	14,321	174,964	-	189,285	134,209
Total payments	14,321	174,964	-	189,285	134,209
Net of receipts/(payments)	17,463	1,565	-	19,028	72,855
A5 Transfers between funds	- 6,729	6,729	-	-	-
A6 Cash funds last year end	71,813	133,729	-	205,542	132,687
Cash funds this year end	82,547	142,023	-	224,570	205,542

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Bank Account	57,303	-	-
	Savings Bank Account - 9884	22,012	3,412	-
	Savings Bank Account - 9876	-	138,611	-
	Paypal Account	497	-	-
	Petty Cash	67	-	-
	Total cash funds	79,879	142,023	-

(agree balances with receipts and payments account(s))

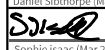
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Fixed Assets	Unrestricted	11,455	2,948

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Pension liability	Unrestricted	280	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
 Daniel Sibthorpe (Mar 26, 2025 12:11 GMT)	Daniel Sibthorpe	26/03/2025
 Sophie Isaac (Mar 27, 2025 09:31 GMT)	Sophie Isaac	27/03/2025