

Charity registration number: 1167631

**LITTLE HEROES ASD SUPPORT
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 OCTOBER 2023**

LITTLE HEROES ASD SUPPORT

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**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees' Annual Report for the period

From: Period start date 01.11.2022

To: Period end date 31.10.2023

Charity name: Little Heroes ASD Support

Charity registration number: 1167631

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document.	Para 1.17	The relief of children affected by autistic spectrum disorder and their families in Southend-on-Sea, Essex and the surrounding areas, by provision of support, information, opportunities for respite, social activities and networking.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We hold a number of different weekly support sessions (ie: adult, preschool, girls, dads, youth, big heroes) to offer face to face support. Between sessions we offer remote support on a one to one basis. During holiday periods we arrange heavily subsidised activities for the whole family. We offer wellbeing sessions to the parents and carers to ensure they can continue their caring roles to the best of their ability.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit.	Para 1.18	The Trustees receive regular guidance from our local voluntary advisory services (SAVS), this ensures that they fully understand and are compliant with this information.

Additional information

	SORP reference	
Policy on grant making.	Para 1.38	The organisation does not provide grants to individuals, funds are spent on providing support to the whole group community.
Contribution made by volunteers.	Para 1.38	We heavily operate on the basis of volunteers. Little Heroes ASD Support Group is a parent-led grassroots organisation that takes on board the feedback of our families to enhance and develop what the community needs.

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	* Ever increasing numbers at regular weekly sessions. * Continued development of positive networking with other local organisations. * Our organisation continues to receive praise from professional bodies and has achieved a number of nominations for a range of awards. * Parents/carers have the ability to access the information and knowledge they need to help their children and families develop. * Siblings are included and actively participate. * Whole family units increase their relationships/ friendships with other likewise families. * Our organisation is highly praised and the presence of such a group helps to increase positive autism awareness within the local community. * New and evolving sessions and activities being reactive to the needs of the families that are supported. * Due to ever increasing demand we are moving to new larger premises in April 2024.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Funds are to be used to benefit the support group on a whole. Any unused funds will contribute to the funds needed to adapt, set up and run the support hub. Due to covid and now the cost of living increases, fundraising has been very challenging and we will carry unused funds to ensure the organisation can continue.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Reserves are held to ensure the group can continue to work and support families, even in times that financially may be challenging.
Amount of reserves held	Para 1.22	£205,542 (2022: £132,687)

Additional information

The charity's principal sources of funds (including any fundraising)	Para 1.47	The organisation applies for grants where possible. This is to cover core costs and to ensure the group can function on a rolling basis. Where possible regular fundraising continues in a variety of ways by the organisation and the families that benefit.
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Structure, Governance and Management

Type of governing document	Para 1.25	CIO Constitution
How is the charity constituted?	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Chair, Treasurer, Secretary and Trustees are voted in at our annual AGM. Everyone is given the opportunity to apply and an open invite is sent to all via numerous methods of communication. We welcome discussions. Due to the nature of our organisation we find that the majority of interest is from family members of people with autism, this helps as they can empathise with families.

Additional information

Policies and procedures adopted for the induction and training of trustees	Para 1.51	The organisation works closely with the local voluntary sector advisory service (SAVS), ensuring compliance.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The organisation works with a wide range of local voluntary organisations, ensuring that families can access as many services and opportunities as possible.

Reference and Administrative details

Charity name	Little Heroes ASD Support Group
Other name the charity uses	Little Heroes
Registered charity number	1167631
Charity's principal address	Little Heroes ASD Support Hub Garon Park Community Centre Garon Park Southend-on-Sea Essex SS2 4FA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Chelsea Mabandla	Chairperson		
2	Natalie Chlopas	Trustee	Stepped down 28/11/2023	
3	Carmen Woods	Trustee	Stepped down 24/11/2022	
4	Sherriden Baker	Trustee	Stepped down 28/11/2023	
5	Kay Howell	Trustee	Stepped down 28/11/2023	
6	Emma Jiao-Knuckey	Trustee		
7	Kelly Aslett	Trustee	Appointed on 01/11/2022	
8	Sarah Phillip	Trustee	Appointed on 01/11/2022	
9	Steve Hayman	Trustee	Stepped down 17/06/2024	
10	Daniel Sibthorpe	Trustee	Appointed on 28/11/2023	
11	Lyn Day	Trustee	Appointed on 28/11/2023	
12	Sarah Sibthorpe	Trustee	Appointed on 28/11/2023	
13	Katy Hardcastle	Trustee	Appointed on 28/11/2022	

Non-adjusting events

After the year ended 31/10/2023, approximately £50,000 was expended on the set up of the new premises at Garon Park Community Centre, Garon Park, Southend-on-Sea, Essex, SS2 4FA.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Chelsea Mabandla	Daniel Sibthorpe
Position (eg Secretary, Chair, etc)	Chairperson	Treasurer

Date

28/08/24



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Little Heroes ASD Support

**On accounts for the year
ended**

31st October 2023

**Charity no
(if any)**

1167631

Set out on pages

7 to 8

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 October 2023.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

28/08/24

Name:

Martin Beales

**Relevant professional
qualification(s) or body
(if any):**

Association of Accounting Technicians

Address:

Practical Bookkeeping, Accounting & Taxation Services,
34 Clarence Street, Southend on Sea, Essex, SS1 1BD

Give here brief details of any items that the examiner wishes to disclose.

There are no material matters that require disclosure.



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
LITTLE HEROES ASD SUPPORT

No (if any)
1167631

Receipts and payments accounts

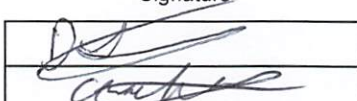
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For the period from	Period start date	To	Period end date
	01/11/2022		31/10/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Grants	662	157,826	-	158,488	80,983
Donations	37,563	9,907	-	47,470	34,269
Other income	-	-	-	-	240
Bank Interest Receivable	1,107	-	-	1,107	40
Sub total (Gross income for AR)	39,332	167,733	-	207,064	115,531
Total receipts	39,332	167,733	-	207,064	115,531
A3 Payments					
Salaries	1,106	61,944	-	63,049	52,273
Accountancy	-	2,579	-	2,579	1,208
Volunteers Expenses	150	340	-	490	525
Activities	7,716	11,508	-	19,223	13,598
Training	800	285	-	1,085	459
Tel, Internet, Fax	2	83	-	85	-
Rent	-	9,900	-	9,900	9,900
Light/heat/utilities	-	3,195	-	3,195	1,930
Snacks - catering	1,067	4,755	-	5,822	2,075
Publicity	605	7,786	-	8,391	1,125
Venue hire	315	9,546	-	9,861	2,390
Insurance	-	973	-	973	1,144
Office supplies	7,711	1,845	-	9,556	11,189
Sub total	19,472	114,737	-	134,209	97,816
Total payments	19,472	114,737	-	134,209	97,816
Net of receipts/(payments)	19,859	52,996	-	72,855	17,715
A5 Transfers between funds	-	18,252	-	-	-
A6 Cash funds last year end	70,206	62,481	-	132,687	114,972
Cash funds this year end	71,813	133,729	-	205,542	132,687

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Bank Account	67,685	8,796	
	Savings Bank Account - 9884	-	40,276	-
	Savings Bank Account - 9876	-	84,657	
	Paypal Account	1,686	-	-
	Petty Cash	8		
	Total cash funds	69,380	133,729	-
(agree balances with receipts and payments account(s))				
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
			-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	Fixed Assets	Unrestricted	9,056	2,647
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Pension liability	Unrestricted	213	
Signed by one or two trustees on behalf of all the trustees				
Signature		Print Name	Date of approval	
		Daniel Sibthorpe	28/08/24	
		Chelsea Mabandla	28/08/24	