



Methodist Asylum Project  
—— Middlesbrough ——  
Annual Report 2019-2020

# A warm welcome

It is stating the obvious, but this year fell into 2 distinct halves for us as it did for all of you.

There was before.... and now there's now....

The first 6 months of our year were packed with the usual types of activity, and some new developments. It's astonishing, looking back only 1 year, to see the things we took for granted. Travelling on a bus, meeting for class, parties where the only problem was whether we would have enough chairs, and dancing!!!

“ *I volunteer for my heart... it helps my heart and my spirit*

| A MAP volunteer





# Welcome to our Annual Report for 2019-2020

As with all other Charities MAP has had to adjust its services following the restrictions due to Covid-19. You will read in the following pages of the way we have tried to meet these challenges and we are still exploring new avenues to keep in touch with our service users and provide meaningful activities while not being able to meet together.

The extra work this has placed on our Project Manager Ailsa, our volunteer co-ordinator Hamid and our volunteers supporting our service users during these unprecedented times has been immense and we thank them all for going that extra mile while being mindful of their own situation.

Since March the Trustees have continued to meet regularly through Zoom to discuss and agree the different ways we can use to engage with as many service users as possible especially those recently dispersed to the Redcar & Cleveland area.

Earlier this year Mohamad El-Yatim felt he could no longer give sufficient time to being a Trustee and sadly resigned. We thank him for his contribution and are very grateful that he is still continuing to keep our website updated.

Over the past 10 years Rev. Sue Greenwood has been a dedicated Chaplain and Trustee to MAP. During this time she has been there supporting the asylum seekers on their difficult journeys, helping in many different roles at the drop-in and has planned and led the annual nativity service in Avenue church. This event has been a highlight in our calendar and a very moving experience for all those taking part or being part of the congregation.

Sue retired as Circuit Superintendent in August, returning to her roots in Hawsker, near Whitby, hopefully for a quieter life. We wish her a long and happy retirement and thank her for all she brought to MAP over the past years.

We were very sad to learn that our volunteer Stan Finch had died in August. Stan worked for many years with the groups at Come and Chat and was greatly loved by all who he helped along their journey to understanding our very complicated English language while making many long term friendships.

We would not have been able to continue our work without the continued support of our funders and also Vicky Hone, our fundraiser, who has successfully sought extra funding for our expanding needs due to this pandemic. Our grateful thanks to you all for making this possible.

No one can tell how long this new way of working will last but with your help MAP will continue to support our service users, by keeping in touch, running as many classes on line as possible and distributing material needs when we can.

Your continued support and belief in our work gives us all the strength to continue.

Stay safe and well.

Pat Martin,  
*Chair of Trustees*

# So many things we took for granted...

In the old days, we met up regularly. We had English classes, forged relationships, and learned from each other. At Teesville, and in our Redcar drop-in, we held English class once a week. The sessions allowed for lots of social interaction and cultural sharings, as well as language learning.

One class was spent sharing language around food and cooking... whilst making pizzas. Some weeks later we were treated to a trayful of delicious stuffed vegetables cooked by a Uighur service user. We reflected together on feelings of home, and on traditions about the sharing of food and the comfort this brings.

At Hallowe'en... masks, and decorations, and turnip lanterns.

“MAP helped me straight away, giving English classes and information. The volunteers are so friendly and behaved respectfully. I felt I have the same social rights as other people”



Volunteers at Redcar Drop-in, teaching English



Lots of fun preparing for Hallowe'en at the Teesville drop-in



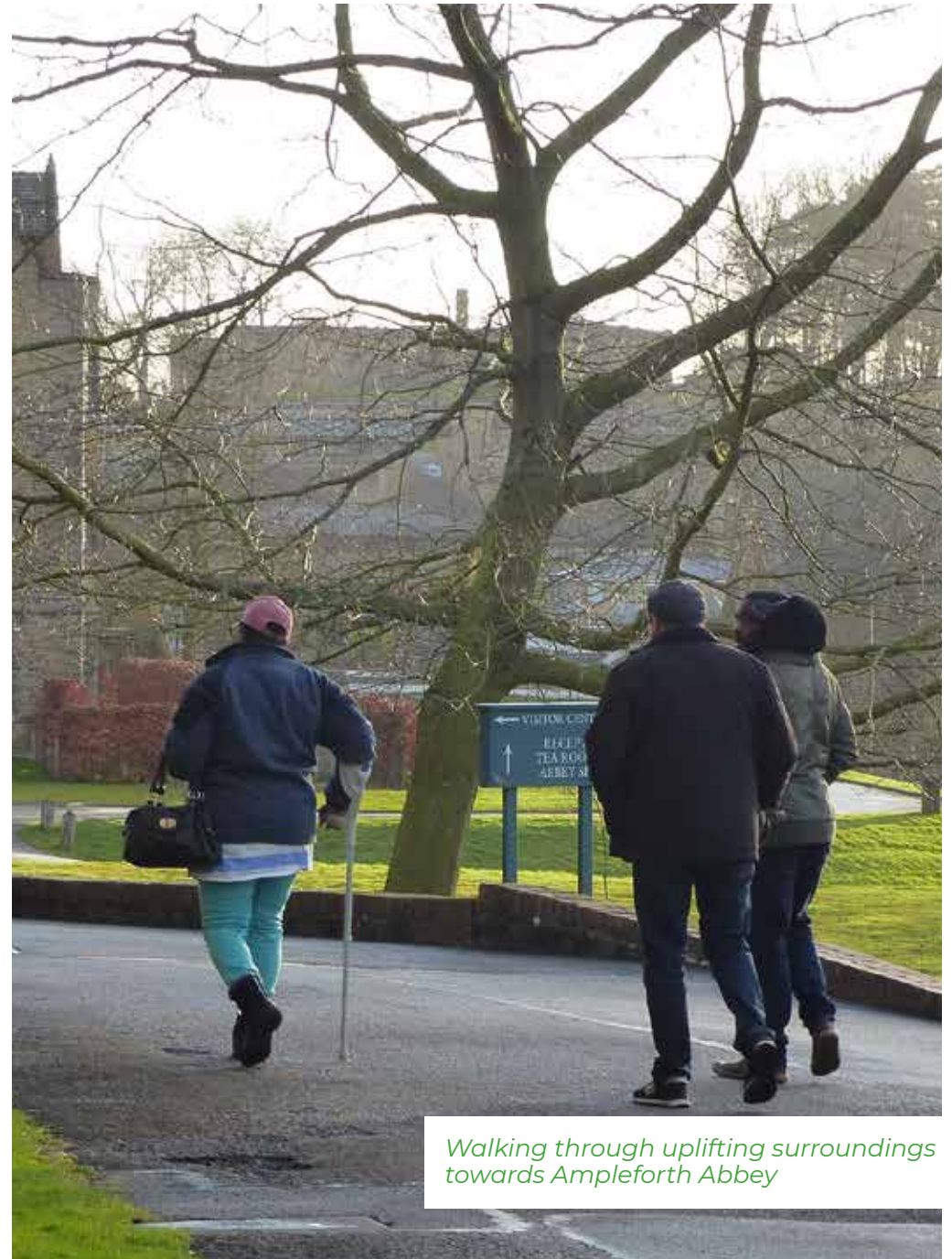
# Enjoying the outdoors

In October, a group of families from amongst our service users in Redcar & Cleveland enjoyed the hospitality of the village community in Ampleforth on a very special day out. We arrived mid morning and the children enjoyed various indoor games before a delicious shared lunch.

In the afternoon groups split off, according to their inclinations and interests. Some families went out and wandered the village alone, stopping to photograph at every corner. We had a bit of impromptu football, and lots of fun playing under a parachute silk. The weather was warm and mild. Everyone enjoyed the friendship extended by our hosts, and the stunning beauty of the valley.

Eventually, with some very tired but happy kids, everyone clambered back into the bus and headed home. It felt like a much longer break than just one day.

“*When I came first I have had good feeling, but I got depressed by time. MAP helped me in guiding me in finding different places and helping me take part in sports teams.*”



*Walking through uplifting surroundings towards Ampleforth Abbey*

# Christmas 2019

Well, what can we say? Except that Santa came, and so did all the families and children. We had a packed hall full of our friends and community, sharing gifts and eating together.

Afterwards, the music played and we danced for longer than we ever have before. It is great to look back, remembering the fun, and looking forward to the next time!



*Volunteers wait in the background, to serve the next course.*



*Learning English through food preparation...!*





*Sharing food, whilst the music plays.*

# How to catch a black cat, in a dark room

Increasingly over the years we have been developing the work we do aimed at supporting wellbeing. Our service-users are facing lives that include all the things that your life and mine contain, with which we all need help, and with which we struggle: Boredom, anxieties about the future, stresses over money and relationships. However, they are having to do it far from home, often in a foreign language, and after suffering traumatic events. It seems logical that if you or I need to be attentive to practices that help us stay grounded and healthy, then so must our service users.

MAP has always delivered a lot of activities like outdoor walks, or football, or social events which have some sort of intrinsic value in themselves and which also promote good feelings. A couple of years ago we started our first group where the whole aim was, “Wellbeing”. We called this Cloud 9, since that was the place we aimed to reach (and because explaining English idioms is always fun!). The group was led by MAP volunteer Darren Jones, and featured Buddhist meditation practices, Zen walking, Tai Chi and discussions.

One early potential participant, discussing the burden of his ruminative thoughts, and intrigued at the idea of practices which might help him, described his constant swirling thoughts as hard work: *“Because, it is so hard to be always trying, trying, trying to catch a black cat, in a dark room... especially when there is no cat in there!”*

The group flourished as a nurturing space, and a small core group developed who never missed a session. It always proved a struggle to interest new people in joining, though.



Participants enjoy some bodywork  
Tai Chi sessions



When you first arrive somewhere, and you need some shoes and to learn English, it is not easy to see why you might devote time to learning to meditate!

Casting around for ways to hook attention, we decided to offer a residential retreat to 25 service users. It would be a peaceful and fun “minibreak” but delivered as a retreat, with a timetable of “classes” that we would expect people to attend. It aimed at letting people sample different types of wellbeing activities, to feel how they felt, and would involve focus on how the practices could be continued at home: by linking in to MAP’s various meditation, Tai Chi or other groups, or any other sessions that were available and accessible locally, or by individual practice.

In February 2020 the idea became reality. We took 25 service-users to Ampleforth for 2 days, with wellbeing practitioner Terry Doyle leading the programme of events. Attendees tried out Tai Chi, meditation, emotional freedom technique, nature walking, Zen walking and... the hospitality of this beautiful place, and the lovely monks and staff who welcomed everyone with open arms, fed them well, and shared time. It was a really profound visit with people starting to notice the most basic of life’s aspects: *“I had never felt my breathing as much as I did during meditation, it was an absolute surprise to me.”*

After going into meditation one day, a young Iranian man shared his astonishment at how this had felt:

*“I cannot believe the meditation session, you have no idea what it is like inside my mind. I get no quiet, ever, and nothing stops it. My mind is so bad, I am dying in there. Then we meditated and it was, ohhh, I can feel the peace coming into my body. I had no idea this could ever happen for me”. He went on “I could feel energy around me, All of a sudden, my hand jumped similar to a shock, and my body was coming from tight, tight, tight, to loose.”*

“

*What I liked was their manner, how they talked to me kindly. They helped me with my Aspen card and giving me information about the city.*

The retreat model, with a focus on study and learning rather than just relaxation, definitely added something to the experience we all had. We came back determined to take this work further, with all sorts of ideas floating in the air. It was a delight therefore to receive an approach later that month from Meditatio, the outreach arm of World Community for Christian Meditation about working in partnership to deliver a regular meditation session for asylum-seekers. This group started in real life in late February 2020 and is the only one of our activities which moved without interruption onto Zoom when the pandemic broke over us.

We are still meeting weekly, virtually, and looking forward to better times next year.

“ *What I liked was their manner, how they talked to me kindly. They helped me with my Aspen card and giving me information about the city*



*Delicious food all adds to the sense of wellbeing!*



# Stokesley Songfest

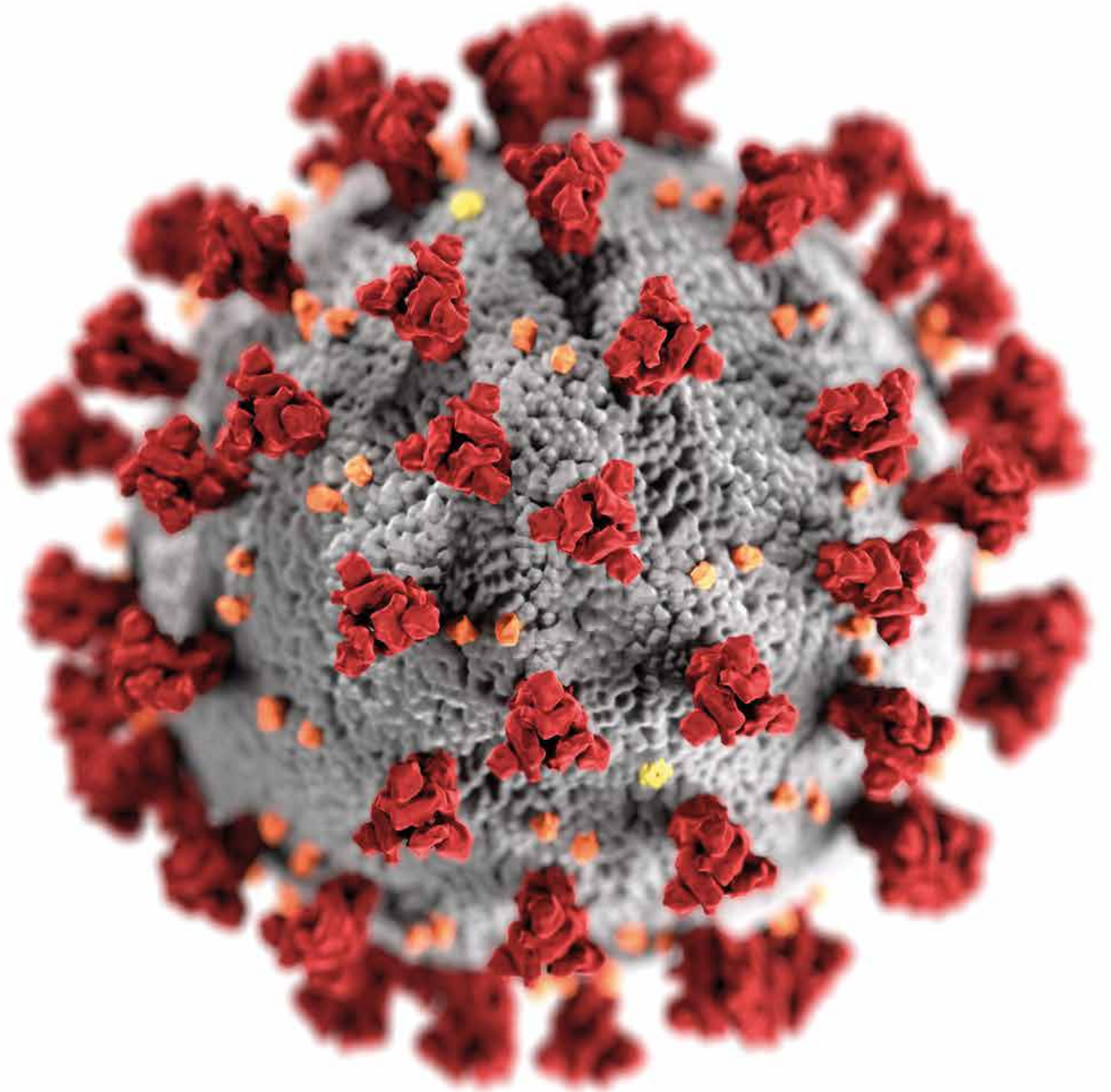
*"The highlight of the weekend!"*

Little realising this would be the last performance together for some time, we took a group of our singers along to Stokesley Songfest in February 2020. We'd been in dialogue with the organiser, Julia Haigh, across a couple of years, but this was the first time we actually made it. It was a truly lovely visit. We joined throngs of people inside Stokesley Methodist Church, were plied with cakes, and listened to many other performers. Those who wished to went out for a walk round the village.

As ever, the group performed with gusto, and there were some exceptional solos. This weekend was definitely a highlight for all of us, so it was really gratifying to hear from Julia that "Your group and their singing were the absolute highlight of my weekend, personally speaking - so powerful and passionate and it felt a very special atmosphere." It was certainly a very special weekend for our performers, and a memory that many have held close during the months that followed.



And then this  
happened...





# What does a community based charity do when people can't meet?

Well the first thing is, to keep people safe.

MAP responded immediately to social distancing guidelines, by suspending all group activities from Monday 16th March 2020.

For that first week, we carried on doing face to face outreach, keeping our Middlesbrough base open every morning, and visiting more remote areas throughout the week. Lockdown changed the landscape radically, and although this has eased, it's clear life will not be the same for some time.

In the first few weeks we moved the office back home, and spent time making telephone contact with service users and volunteers so as to establish lines of communication.

In those first muddled weeks we were able to help resolve many urgent situations for our service users, ensuring access to money, and food.

As time passed we moved into developing how we work.



“

*When I visited them firstly I thought, I knew these people for a long time!  
Because of their friendly treats of me*

# Zoom Novices

Most of us at MAP had never encountered Zoom before Covid hit us. It quickly established itself as not only necessary, but sometimes a preferred way of working. We started using it for all business meetings, and moved on to talking with service users one to one, and then grew further into re-starting many of our activity groups.

By May, we were able to offer a weekly programme comprising Meditation, Wellbeing, English Conversation, Singing and Storytelling classes, all delivered via Zoom. Learning how to do this wasn't easy, and our time during the first 3 months "post lockdown" was spent figuring out how to be effective on Zoom, and which activities could or couldn't work on it.

The most surprising total success on Zoom was probably the singing class, which shouldn't really work but does. Emily & David cracked the technical side by showing us that we all need to be on mute, and just sing along to their lead. That sounds like it would not be enjoyable, but there is something really engaging about being able to see the reactions, the smiles, and the dancing of all the group members on screen. You genuinely do get sucked into the screen, and feel like you are there with everyone.

The most complex class has been the Friday English conversation class. We have 15 or so regular volunteers, and the class (ranging in size from 8 or 10, up towards 30 on our busiest day) is split into 6 "breakout rooms" each aiming to work at a different level of English. If we ever thought that remembering names and recognizing new people was difficult on a Friday morning in Middlesbrough, we don't any more, having experienced trying to do the same whilst someone is backlit on a tiny Zoom screen! The class is still smaller than we had in real life in Middlesbrough, but it is growing with the volunteer team, and is a testament to the adaptability of the volunteers and service users at MAP.

We are still working hard to reach more and more people with our Zoom services, but as a snapshot of progress, in the final quarter of our year, June to August 2020 we had

- *18 women & 33 men accessing Friday English class*
- *Footfall of 191*
- *Average student numbers: 15*





MAP's English teaching volunteers...-  
adapting to zoom

# PhoneLoan: Going wholesale into digital connectivity

Zoom is good, but uses a lot of data.

Whilst it is true that, as many a right wing commentator has noted with chagrin, our service users usually have mobile phones... very many of them have only the most basic phone without internet access, and most of those with smartphones survive on 5gb data pcm as a maximum.

We quickly realised that if we wanted to stay connected we needed to provide a way that people lacking smartphones or data could be in touch with us, with the other services they need, with online classes, and with each other, in a world where physical interaction might not be possible. There was no way round it, we needed to find a way to provide internet access to service users.

We were also conscious that we are working with high risk service users, living in shared houses in the town centre, and yet that many would have no way of using any contact-tracing app in relation to covid which might be launched.

Our previous forays were limited to things like ensuring unlimited wifi within our café space. We now entered another whole new world. We devised a PhoneLoan scheme.

Using unspent funding (with consent from the funder) we bought a batch of 50 basic smartphones, and 10 tablets, plus 50 data-only sim-cards. Providing data-only sims meant we could lend these out without fears of unintended charges being run up. We load the phones with Zoom and with Slack, a workplace chat app that we are now using to keep linked with service-users (another pandemic innovation, with thanks to Jen Laws of Asylum Matters who suggested we might find it useful). We are also now helping service users to download and use the NHS Covid-19 App.

“

*Meditation, education, exercise...a perfect combination! This will be my lifestyle now. You are saving my life, really. I feel lightness when I with you all in MAP!*



Over the last 4 months these first phones and sims have all been issued, to existing service users or new arrivals. Each individual signs a loan agreement, promising to return the device at the conclusion of their asylum case, or if we need it back earlier.

We have had some teething troubles in the management of the simcards, but generally the scheme is working well. Users can attend all our online classes, make appointments to come to the recently re-opened clothing service, and keep in touch with queries generally.

We are delighted to have secured funding for another batch of phones and sims, and are in the course of sourcing these. This means we feel confident that we will continue to reach some of the most vulnerable new arrivals, right across this winter, whatever happens.

“

*When I came in Middlesbrough, I have face some difficulties, and I wasn't so comfortable. MAP helped me in different ways, and they respected me. I felt in safety, and they gave me hopes to continue easier.*

# Apprehensive but undaunted: The transition to Zoom English Conversation classes

MAP's English conversation classes have always been one of our most popular services.

Language is a survival tool, and our learners have a real drive and commitment to learning, so as soon as lockdown hit we knew we needed to keep our classes running. The challenge was how to do it. None of our volunteers had a particular background in IT, and it was easy to think about all the reasons why an informal language class, held onscreen, delivered by a diverse volunteer team, and attended by people from beginner to graduate level English, could never work.

Fortunately, MAP's volunteer team are a resourceful bunch. Counting dogged determination (he feels that others could describe it as pig-headedness) among his strengths, Alan Coustick began using Zoom for other group work early in lockdown, unwilling to accept that lockdown meant that all activity should cease.

Alan was a real treasure for MAP because when we first asked the team "Can we run sessions online?" he could see at least the beginnings of how it would work.

He immediately started hosting sessions to teach other volunteers the basics of Zoom controls, and to share ideas about how a teaching session might run, though he may have felt the pace of change was too much, even for a pioneer like him:

*"I don't think that I imagined that what you suggested on Wednesday, I would try delivering on Friday! In the event, it was the following Friday before we succeeded in completing the technical link-up with our first service-users."*

Like other volunteers, Alan feels that the zoom sessions at least offer some of the friendship and community feel of real-life classes *"It is great to get back into the interactions that are at the heart of Come & Chat. It is a bonus that I don't need to travel to the class and a new experience to submit to someone else's control ensuring that class finishes promptly at 11.30!"*

Pauline Bennett, a volunteer in Redcar, vividly remembers her first Zoom class. She had joined one of Alan's sessions to learn the basics of zoom, and approached her first online class, ready to act in a support volunteer role, as the next step in her learning. *"Well that was the steepest learning curve ever as our teacher's internet went down as soon as we got into the breakout room. I was able to remember about using the whiteboard and also got some pictures up to help in identifying some foods. The session actually worked well, and with another tutorial from my 10 year old granddaughter about how to bring in pictures on Word I was much more confident."*

Kath Wilson, from our big Friday Come & Chat group, had missed the sessions during lockdown, and felt for our regular learners, now more isolated than ever. *"I felt strongly how isolated the asylum seekers must feel, cut off from their usual activities and friends, and with nothing to take their minds off their personal circumstances."*

Although apprehensive at the first session, *"Once the learners arrived, it was easier as they had a fairly good level of English and we could have a conversation and a few jokes. In fact by the end of this first session it felt almost as good as sitting round a table face to face..."*

*On the whole, I would say using Zoom is far easier with people who have a reasonable grasp of English. Just chatting is useful for them, but with beginners it takes more effort and you need pictures or objects to support what you are trying to do. Nothing is quite so immediate as face to face, but it is a link for people to keep in touch, learn a little and have a laugh."*

**“** *It is great to get back into the interactions that are at the heart of Come & Chat*



The fun of the sessions, but also how differently they have to be structured, is echoed by Julie Kinneavy, who teaches a fairly high level group of learners. *“My lessons have to be quite different in structure - no hard copies of worksheets to share, less student interaction and often problems with some students being able to see on-screen materials. We have to be continually mindful of all the different devices being used by students - iPhones, tablets, PCs, iPads - and also signal problems and battery issues which can be frustrating for everyone. But every single student is so pleased to have these weekly learning opportunities and all agree it’s certainly a great second best .*

*“Lockdown has been a very lonely time for many of our students so Zoom classes do re-connect, engage and help them feel less isolated. We always have lots of laughs, smiles, waves and virtual hugs - and it’s often quite hard at the end of the hours session to get students to leave!!”*

We all probably share Julie’s final thought, that *“I do look forward however to classroom learning resuming!!”*

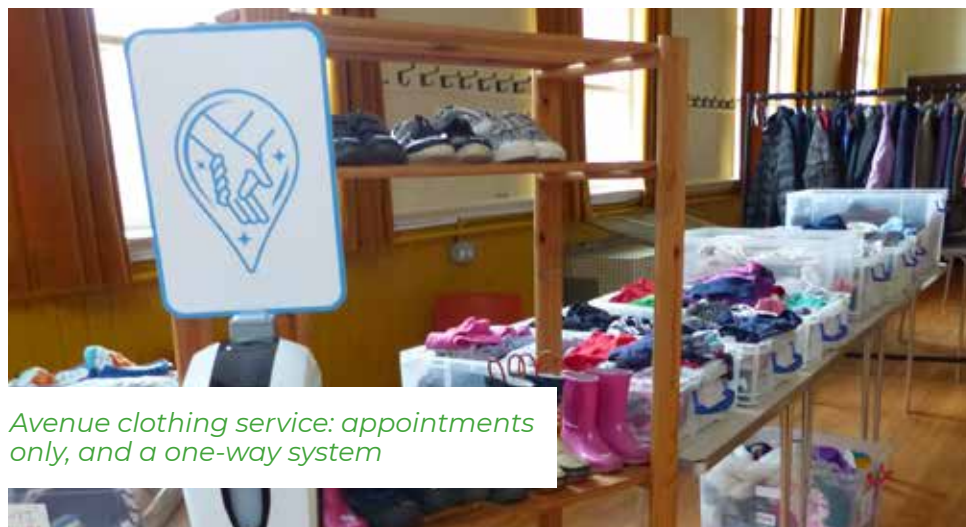
What we have now, though, is really quite special, and something which we are sure will keep developing.

“ *By the end of this first session it felt almost as good as sitting round a table face to face.*

# “Virtual MAP”

We all hanker for real life classes again. We have managed to re-start some of our face to face work, and we see the benefits this brings. We offer face to face appointments for troubleshooting, or orientation with new arrivals most afternoons each week.

From October 2020 the clothing service at Avenue Methodist Church has also re-opened: almost unrecognisable, sanitisers and signage in place, and appointments only. We have even got the football team out training. However, we also respect the absolute need for caution and safety, and for that reason, we knew that our normal big classes, bedlam and parties would be on hold for the foreseeable future.



*Avenue clothing service: appointments only, and a one-way system*

In their place, and supported with the digital connectivity described above, is a regular programme of Zoom classes. Each week we now have online:

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Wellbeing class and also a pure meditation class, both led by Terry Doyle

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Storytelling, from Jonathan Tulloch and Royal Literary Fund

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A brand new Sparkles session, with Naomi Haigh, offering songs, play, stories and fun for parents with their children

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Singing, the most joyful, engaging and downright uplifting online singing session you could imagine (even enjoyed by introverts!) and led for us by Emily Smith and David Pisaro

---

And English conversation on Wednesdays (by Redcar volunteers, for the Redcar service users) and Fridays

# MAP Finance Report

Initial Cash in Bank  
**£86,181**

at 01/09/19

Final Cash in Bank  
**£106,047**

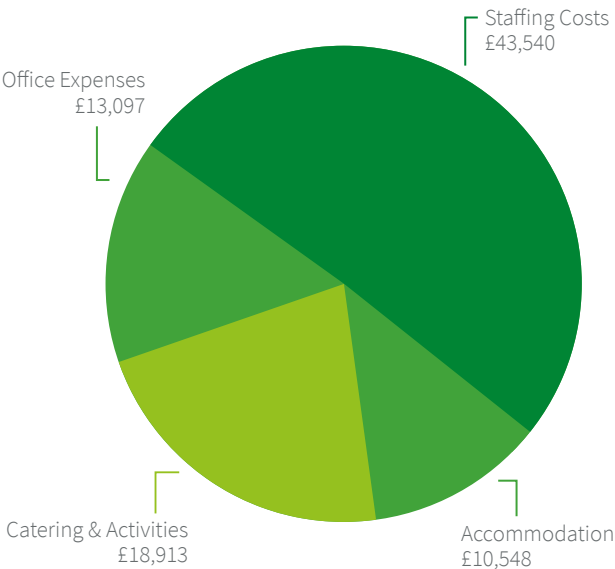
at 31/08/20

The charts below give an indicative breakdown of these figures.

The detailed Annual Accounts will be published on the Charity Commission Website before the end of June 2021.

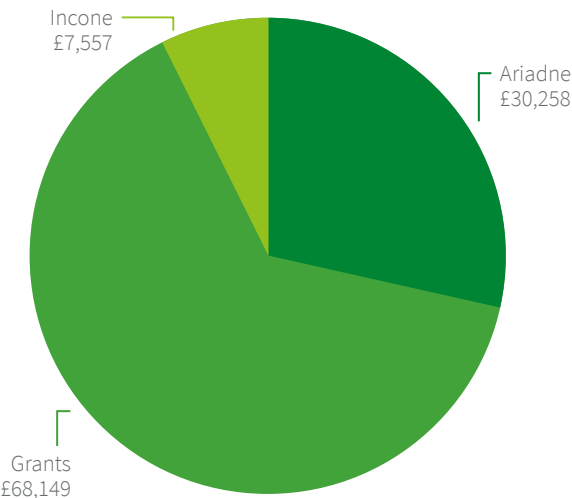
Our Bankers are Barclays Bank UK PLC

Total Expenditure  
**£86,098**



Total Income  
**£105,964**

including Grants, Donations, and Big Lottery Funding for the Ariadne Project





# Funders & Supporters

We express our grateful thanks on behalf of our service users, to all those who support us with grants and donations, and particularly to our major funders this year:

- *The Methodist Church (Darlington District)*
- *Big Lottery Fund - Ariadne Project*
- *Jill Franklin Trust*
- *Arm Trust*
- *William Webster Charitable Trust*
- *The Allen Lane Foundation*
- *Royal Literary Fund*
- *York BGC*
- *Lempriere Pringle 2015*
- *Garfield Weston Foundation*
- *Meditatio Partnership - Terry Doyle*
- *Coop Local Community Fund*
- *People's Postcode Trust*  
- funded by players of People's Postcode Lottery
- *Tees Valley Community Trust*
- *County Durham Community Foundation*  
- with funding from the #NETCoronaVirusAppeal

Thank you to all those other individuals and organisations which have supported us financially or delivered activities and services in collaboration with MAP Middlesbrough and in particular:

- *Bob & Belle Singh + Volunteers*
- *Vicki Hone*
- *Middlesbrough Football Club Foundation*
- *Escort Coaches*
- *Emily Smith & David Pisaro*
- *Jonathan Tulloch*
- *The Thirsk Walking Group*
- *St Botolph's Church & Bossall PCC*
- *St Andrew's Catholic Church, Teesville*
- *St Mary's Church, Nunthorpe*
- *St Andrew's Church & Coffee Shop, Skipton*
- *Everyday Language Solutions*
- *Peter Hinton Design*
- *Ampleforth Abbey*
- *Methodist Churches (Middlesbrough & Eston Circuit)*
- *British Red Cross*
- *Open Door NE*
- *Justice First*



*"Creating Community"*

## Get In Touch

If you would like to know more about MAP or its work please just get in touch.

Ailsa Adamson, Project Manager

t 07970 192841

e [MAPMbro@gmail.com](mailto:MAPMbro@gmail.com)

w <https://mapmiddlesbrough.org.uk>

## About MAP

MAP became a registered charity in 2009, and converted to CIO status in 2016.

We have 1 full and 1 part time member of staff and around 90 volunteers, from a wide variety of backgrounds.

## Our Trustees

Pat Martin, Chair

Brian Dummigan

John Hinton, Secretary


Reg Bellerby

Brian Glover, Treasurer

John Hinman

Rev Sue Greenwood (*retired Aug 2020*)

Charity number 1167625

M.A.P. Middlesbrough							
ACCOUNTS 01-09-2019 to 31-08-2020							
INCOME		EXPENDITURE		BALANCES			
<b>Grants</b>							
Darlington District Methodist Circuit	20,000.00	<b>TOTAL STAFFING COSTS</b>	<b>43,540.66</b>				
Jill Franklin Trust	6,000.00			Balance at 31-08-2019	89,981.91		
				Payments Pending from 2018/19	3,800.79	<b>Payments Pending</b>	
Ariadne Grant	30,258.00	<b>TOTAL ACCOMMODATION COSTS</b>	<b>10,547.62</b>	Effective Balance	86,181.12		
				diff for accounting period	19,865.88	Meditation 6	360.00
		<b>TOTAL OFFICE COSTS</b>	<b>£13,097.05</b>			Wellbeing 3	200.00
				<b>Expected balance at 31-08-2020</b>	<b>106,047.00</b>	Virgin Mobile SIM	840.00
						volunteers Exp. ( March 20)	26.30
<b>Other Income</b>		<b>TOTAL CATERING &amp; ACTIVITIES</b>	<b>18,912.66</b>				
Donations & SO	4,637.60			Actual Bank Balance at 27-08-2020	107,473.30		
Sale of Rags etc.	1,326.70			Payments Pending	1,426.30		
							1,426.30
Miscellaneous Income	1,592.09			<b>Effective Balance</b>	<b>106,047.00</b>		
Miscellaneous Grant Income	42,149.48						
<b>Total Income</b>	<b>105,963.87</b>	<b>Total Expenditure</b>	<b>86,097.99</b>				
Checked and found correct according to the Books and Information provided				Approved by the MAP Middlesbrough Trustees on the 16th November 2020			
Examiner				MAP Middlesbrough Treasurer			
Bill Masters	<i>WE mark</i>			Brian Glover			



Map Middlesbrough - 2019/20 Accounts

	Exp code	Sept 19	Oct-19	Nov-19	Dec-19	Jan 20	Feb 20	Mar 20	Apr-20	May 20	Jun-20	Jul-20	Aug-20	TOTAL	Budget	% Spent	
EXPENDITURE																	
PROJECT MANAGER - SALARY		2,323.30	2,323.30	2,323.30	2,323.30	2,323.30	2,323.30	2,323.30	2,323.30	2,323.30	2,323.30	2,323.30	2,323.30	27,879.60	27,879.60	100%	
- NI		221.21	221.21	221.21	221.21	221.21	221.21	221.21	219.42	219.42	219.42	219.42	219.42	2,645.57	2,654.52	100%	
- Pension		69.70	69.70	69.70	69.70	69.70	69.70	69.70	69.70	69.70	69.70	69.70	69.70	836.40	836.40	100%	
PROJECT MANAGER - EXPENSES Milage	5	54.00	150.60	178.20	40.50			99.00						522.30	765.00	68%	
Ariadne Coordinator - Salary		810.54	810.54	810.54	810.54	810.54	810.54	810.54	810.54	810.54	810.54	810.54	810.54	9,726.48	9,726.48	100%	
-NI		12.56	12.56	12.56	12.56	12.56	12.56	12.56	10.76	10.76	10.76	10.76	10.76	141.72	150.72	94%	
- Pension		24.32	24.32	24.32	24.32	24.32	24.32	24.32	24.32	24.32	24.32	24.32	24.32	291.84	291.84	100%	
Ariadne Coordinator - Expenses Milage	5							146.70						146.70	143.00	103%	
EE [Direct Debit]	8	13.96	13.39	13.39	13.39	14.04	13.39	13.39	14.69	14.04	16.14	14.69	16.64	171.15	160.00	107%	
VOLUNTEERS' EXPENSES	10	4.60	27.00				21.00	26.30						78.90	150.00	53%	
TRAINING														-	250.00	0%	
Funding Advice worker			350.00				350.00			400.00				1,100.00	2,000.00	55%	
TOTAL STAFFING COSTS		3,534.19	3,652.62	3,653.22	3,515.52	3,475.67	3,846.02	3,747.02	3,472.73	3,872.08	3,474.18	3,472.73	3,474.68	43,540.66	45,007.56	97%	
Avenue - Room Rent (Standing Order)		673.00	673.00	673.00	673.00	673.00	673.00	673.00						4,711.00	8,238.00	57%	
Linthorpe Road Resource Centre - Room Rent		696.66	696.66	696.66	696.66	696.66	696.66	696.66						4,876.62	8,527.00	57%	
Cafe/Kitchen LRRC - Rent			235.00											235.00	102.00	230%	
St Andrews, Grangetown - Room Rent		100.00	125.00	100.00	75.00	100.00	100.00	125.00						725.00	1,275.00	57%	
TOTAL ACCOMMODATION COSTS		1,469.66	1,729.66	1,469.66	1,444.66	1,469.66	1,469.66	1,494.66	-	-	-	-	-	10,547.62	18,142.00	58%	
OFFICE SERVICES from LRRC	4		16.40	14.06	2.52								6.00	38.98	100.00	39%	
Publicity Materials	11													-	600.00	0%	
OFFICE EQUIPMENT AND SERVICING	3	54.24	60.14			75.86	58.39	23.21		192.97	157.89	115.49	107.62	845.81	612.00	138%	
INSURANCE													632.10	632.10	645.00	98%	
MISCELLANEOUS EXPENSES	7		45.74		72.00					79.99	1,414.88	56.87	11.28	1,680.76	663.00	254%	
PAYROLL EXPENSES													200.00	200.00	194.00	103%	
Mobile WIFI	12	19.00	19.00	19.00	19.00	19.00	19.00	19.00	19.00	19.00	19.51	19.51	19.51	229.53	240.00		
MAP Phone loan & virtual services	9									266.80	6,503.69	1,129.38	850.00	8,749.87			
Translation Services											720.00			720.00			
TOTAL OFFICE COSTS		73.24	141.28	33.06	93.52	94.86	77.39	42.21	19.00	558.76	8,815.97	1,321.25	1,826.51	13,097.05	2,814.00	465%	
REFRESHMENTS & Catering	1	47.87	101.53	76.04	115.26	28.19	47.92		74.59					491.40	1,000.00	49%	
COME & CHAT CATERING (Standing Order)	2	320.00	320.00	320.00	320.00	320.00	320.00	320.00						2,560.00	4,243.00	60%	
OUTINGS & ACTIVITIES	6		330.00	200.00		656.15	1,356.00							2,542.15	5,000.00	51%	
Football		350.00	5,680.00	210.00	210.00	280.00	210.00	70.00						7,010.00	9,476.00	74%	
BIKE MAINTENANCE														-	500.00	0%	
READING & CREATIVE WRITING														-	1,000.00	0%	
Meditation Sessions								360.00	360.00	320.00	360.00	360.00	360.00	2,120.00	-		
Wellbeing Sessions											200.00	160.00	200.00	560.00			
Singing on line										360.00	720.00	900.00		1,980.00			
TAI CHI														-	1,000.00	0%	
FURNITURE PICK UP & DELIVERY														-	1,000.00	0%	
Streetwise Opera & Transport		70.00		420.00			60.00							550.00			
Clothing Transport					240.00	120.00	120.00	120.00						600.00			
Food Parcels								38.11	72.21	83.64	123.08	119.44	62.63	499.11			
TOTAL CATERING & ACTIVITIES		787.87	6,431.53	1,226.04	885.26	1,724.34	2,113.92	908.11	506.80	763.64	1,403.08	1,539.44	622.63	18,912.66	23,219.00	81%	
TOTAL EXPENDITURE		5,864.96	11,955.09	6,381.98	5,938.96	6,764.53	7,506.99	6,192.00	3,998.53	5,194.48	13,693.23	6,333.42	5,923.82	86,097.99	89,182.56	97%	
INCOME																	
SECURED GRANTS																	
Methodist Church - Darlington District								20,000.00						20,000.00	20,000.00	100%	
JILL FRANKLIN TRUST								3,000.00			3,000.00			6,000.00			
ARM Trust														-	7,980.00		
Big Lottery Fund - Ariadne Project				7,564.50			7,564.50			7,564.50			7,564.50	30,258.00	30,258.00	100%	
OTHER INCOME																	
SALE OF RAGS		244.95	315.10	175.60	167.20	152.20	183.10	43.10			45.45			1,326.70	2,500.00	53%	
DONATIONS		385.00	91.00		35.00	1,440.00	496.60				60.00			2,507.60	2,000.00	125%	
Standing Orders		150.00	150.00	150.00	150.00	150.00	150.00	220.00	170.00	210.00	215.00	230.00	185.00	2,130.00	1,800.00	118%	
MISCELLANEOUS INCOME			18.18			1.54	0.75	45.00	0.75			1,282.24	243.63	1,592.09			
MISCELLANEOUS GRANT INCOME																	
William Webster Charitable Trust		2,000.00												2,000.00			
The Allen Lane Foundation				9,000.00										9,000.00			
Royal Literary Fund				650.60										650.60			
York BGC				480.00										480.00			
Lempriere Pringle 2015						5,000.00								5,000.00			
Garfield Weston Foundation							10,000.00							10,000.00			
Meditatio Partnership - Terry Doyle							3,750.00				30.00			3,780.00			
Coop Local Community Fund									706.88					706.88			
People's Postcode Trust											5,092.00			5,092.00			
Tees Valley Community Trust										1,000.00				1,000.00			
County Durham Community Foundation												4,440.00		4,440.00			
TOTAL INCOME		2,779.95	574.28	18,020.70	352.20	6,743.74	8,394.95	37,058.10	877.63	8,774.50	8,442.45	5,952.24	7,993.13	105,963.87	64,538.00	164%	
SURPLUS/DEFICIT														19,865.88	24,644.56		