

Charity number: 1167516  
Company number: 08053258  
(England and Wales)

Inspiro

Report of the Trustees and Unaudited Financial Statements

For the year ended 31 May 2024

Inspero  
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For the year ended 31 May 2024

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Inspero  
Report of the Trustees  
For the year ended 31 May 2024

Trustees' Annual Report for the period 1st June 2023 to 31 May 2024

Section A: Reference and administration details

Charity name Inspero

Registered charity number 1167516

Charity's principal address

Pembroke Lodge, 239 Old Worting Road, Basingstoke  
Hampshire  
Postcode, RG22 6NS

Names of the charity trustees who manage the charity

Trustee name	Office
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1 Samia Calvet	Chair
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2 Songul Adams	
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3 Richard Clark	Treasurer
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4 Jacqueline McConville	
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Name of chief executive or names of senior staff members - Catherine Waters-Clark

Section B: Structure, governance and management

Type of governing document - Constitution

How the charity is constituted - Incorporated registered charity

Trustee selection methods - Trustees are appointed by existing trustees.

Additional governance issues - Inspero's organisational structure is composed of a Management Committee - Trustee board who are responsible for the overall management and control of the charity. The day to day running and delivery of the organisations programmes are managed by the Chief Executive, supported by 1 full time member of staff, 3 sessional workers and 52 volunteers.

All trustees give their time freely and no remuneration or expenses were paid in this year.

Inspero has developed mutual partnerships with local organisations to help support and develop its work within Basingstoke.

The organisations include Basingstoke College of Technology (BCoT), Queen Mary College, Caritas Basingstoke, Kempshott Village Hall, Community Food Link, NCS (National Citizenship Service), Ebp South and Fujitsu.

The major risks that the trustees have considered is that programmes are very popular and often oversubscribed, there is a possibility Inspero will not be able to meet local demand going forward and therefore continues to seek additional funding resources.

Section C: Objectives and Activities

Summary of the objects of the charity set out in its governing document; The objects of the charity are the advancement of education and training in subjects relating to horticultural practice, conservation, diet and nutrition in the local area. The charity operates to, but not exclusively to, educate young & older people and their families in the community about food and nutrition,

to empower, support and inspire young people to lead healthy lifestyles by learning about food and the integral role it plays in their lives such as cookery club programmes, to encourage healthy eating habits, greater physical activity and community connectedness through our programmes, to developing and sustaining community gardens and Forest School programmes, to providing training activities which develop young people's skills, knowledge and capabilities in horticulture, cookery and nutrition.

All programmes support good mental, physical and emotional health to improve people's quality of life.

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Report of the Trustees Continued  
For the year ended 31 May 2024

Our Food Bank -

Community Shop & Fridge has been going 5 years, this service provides healthy fresh, ambient and frozen foods as well as basic hygiene items and household cleaning products and pet food to vulnerable families and older people in the cost of living crisis. The charity also operates a free Food Parcel delivery service to those families on the very vulnerable list or referred from our partners who require extra support. This may include well-being check-ins, support with social services help and signposting to other local charities that will can provide further support.

Our food bank, Community shop & fridge turns around 2-3 tonnes of surplus food per week for public benefit. It also provides household items eg. like clothes, toys, books, curtains, bed linen when donated from our supermarket partners.

Any surplus food left goes to the local YMCA and homeless shelters in Basingstoke.

Summary of the main activities undertaken for the public benefit in relation to these objects - Inspero runs a variety of low cost and free classes for young people and their families in the community including:

- Cooking and healthy eating classes
- Children Forest School classes
- Horticulture Work Placement programme for Special Needs students in partnership with Queen Mary College
- WellnessNWellies club for Adults & students promoting physical, mental and emotional well-being through gardening, cooking, craft activities eg.
- Free Nature2Nurture classes for schools
- Employee Volunteering Days for corporate companies
- Student Volunteering and Social Action Days in partnership with NCS
- Community Shop & Fridge - food available free (depending on referral and circumstances) for or small donation
- Adult and young person's volunteering programme

Objectives:

- 1.Promote affordable access to good healthy food to families living in poverty and vulnerable older people in the Basingstoke community.
- 2.Promote healthy lifestyles and good mental, physical and emotional well-being through our programmes ( Food Bank, Cooking classes, Mental Health & Horticulture, Children's Forest School classes)
- 3.To educate young people and adults about food, support them to grow, harvest, prepare and cook fresh and seasonal food
- 4.To work at a grassroots level working with all young people and particularly those from socially disadvantaged communities.
- 5.Build bridges between the generations through our programmes, creating intergenerational working and learning.
- 6.Develop partnerships with organisations and businesses to create services that improve the lives of local young people.
- 7.To create inspiring urban community gardens from areas of wasteland to promote local food wildlife diversity and beautiful green spaces that local people can visit.
- 8.To increase well-being in older people and improve their quality of life.

To ensure the objectives are met Inspero have developed policies on

Grantmaking: Inspero will strive to apply for relevant grants to further its work in the community for local people.

Programme related investment: Any funding that is raised during fundraising activities or donated from the public is ploughed back into programme support and development.

Contribution by volunteers: Our volunteer community is made up of 52 local people who give their time and talents regularly supporting our programmes and this team work tirelessly to ensure we are providing quality services within the community.

Section D: Achievements and performance

Over the financial year 2023-2024, Inspero has achieved £54,586 input revenue for the delivery of programmes such as our mental health and well-being project WellnessNWellies, this programme has expanded and runs several days per week. It also supports horticulture work placements for special needs students for a whole academic year, giving the students valuable life skills as well as support children with several emotional and mental needs.

There has been a big demand in our Food Bank services and we are partnered with the Community Food Link to ensure local people have access to good food cheaply 6 days per week. The charity obtained the Queen's Award for Voluntary Services in 2018 for the contribution given to the Basingstoke community and last year in 2024 won several Royal Horticulture Society awards.

In 2024 Inspero were awarded a Life-time achievement award by Destination Basingstoke at our local Place to be Proud Awards

Section E: Financial review

The Reserves Policy of the charity is to maintain sufficient level of reserves to enable normal operating activities to continue

Inspero  
Report of the Trustees Continued  
For the year ended 31 May 2024

over a period of 3 month. This policy is based on current activities and takes into account potential risks and contingencies that may arise from time to time. The principal sources of funding came from the following sources: Hampshire County Council Connect4Communities grant to pay for free healthy food parcels for vulnerable families in Basingstoke including a wide range food and hygiene items to stock our community shop & fridge. The grant also covered several cooking classes and horticulture lessons for local children.

HIWCF - Including Communities - Developing our team and horticulture service within the community, particularly working on the Horticulture Work Placement scheme with SEN children HIWCF - Funds to support children's cooking classes and bursaries for children in families struggling to pay for extra-curricular activities

BSDC - Strengthening communities Grant - Fund resources for our programmes, Horticulturist, Assistant Horticulturist and a Project Manager to work on funding and marketing to strengthen our charity.

The total funds carried forward at the financial year end 2024 were £24,676 ( 2023 £30,567) of which all these funds are unrestricted and £0 (2023 £4,287) of the unrestricted funds have supported the restricted funds leaving a balance on restricted funds of £0 (2023 £0)

#### Section F - Declaration

The trustees declare that they have approved the trustees' report above. Signed on behalf of the charity's trustees  
Signature(s)

Full name(s) Samia Calvet



Position Chair of Trustees

Date 28/02/2024

#### OBJECTIVES AND ACTIVITIES

##### Objectives and aims

The trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

#### REFERENCE AND ADMINISTRATIVE INFORMATION

<b>Name of Charity</b>	Inspero
<b>Charity registration number</b>	1167516
<b>Company registration number</b>	08053258
<b>Principal address</b>	Pembroke Lodge 239 Old Worting Road Basingstoke Hampshire RG22 6NS

#### Trustees

The trustees and officers serving during the year and since the year end were as follows:

Songul Adams  
Richard Clark  
Jacqueline McConville  
Chair of Trustees, Samia Calvet

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Report of the Trustees Continued  
For the year ended 31 May 2024

**Independent examiners**

Berrywood Accountants  
The New Studio  
Wintershill Farm, Wintershill  
Durley  
Southampton  
SO32 2AH

Approved by the Board of Trustees and signed on its behalf by



.....  
Chair of Trustees, Samia Calvet

07 March 2025

Inspero  
Independent Examiners Report to the Trustees  
For the year ended 31 May 2024

I report to the trustees on my examination of the accounts of the charitable company for the year ended 31 May 2024.

**Responsibilities and basis of report**

As the charity Trustees, who are also directors for the purposes of company law, are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiners statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Teresa Phillips*

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Berrywood Accountants  
The New Studio  
Wintershill Farm, Wintershill  
Durley  
Southampton  
SO32 2AH

05 March 2025

Inspiro  
Statement of Financial Activities (including Income and Expenditure Account)  
For the year ended 31 May 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 £	2023 £
<b>Income and endowments from:</b>					
Donations and legacies	2	-	-	-	(1)
Charitable activities	3	17,349	37,237	54,586	58,660
Other trading activities	4	-	-	-	1
<b>Total</b>		<b>17,349</b>	<b>37,237</b>	<b>54,586</b>	<b>58,660</b>
<b>Expenditure on:</b>					
Charitable activities	5/6/7	(24,783)	(35,694)	(60,477)	(55,171)
<b>Total</b>		<b>(24,783)</b>	<b>(35,694)</b>	<b>(60,477)</b>	<b>(55,171)</b>
<b>Net income/expenditure</b>		<b>(7,434)</b>	<b>1,543</b>	<b>(5,891)</b>	<b>3,489</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		30,567	-	30,567	27,078
<b>Total funds carried forward</b>		<b>23,133</b>	<b>1,543</b>	<b>24,676</b>	<b>30,567</b>



Inspero  
Statement of Financial Position  
As at 31 May 2024

	Notes	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	12	2,848	5,540
		<b>2,848</b>	<b>5,540</b>
<b>Current assets</b>			
Cash at bank and in hand		25,200	28,400
		<b>25,200</b>	<b>28,400</b>
<b>Creditors: amounts falling due within one year</b>	13	(600)	(600)
<b>Net current assets</b>		<b>24,600</b>	<b>27,800</b>
<b>Total assets less current liabilities</b>		<b>27,448</b>	<b>33,340</b>
<b>Creditors: amounts falling due after more than one year</b>	14	(2,772)	(2,772)
<b>Net assets</b>		<b>24,676</b>	<b>30,568</b>
<b>The funds of the charity</b>			
Restricted income funds	15	1,543	-
Unrestricted income funds	15	23,133	30,567
<b>Total funds</b>		<b>24,676</b>	<b>30,567</b>

For the year ended 31 May 2024 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the Board and signed on its behalf by:



Richard Clark  
Trustee

07 March 2025

Inspero  
Notes to the Financial Statements  
For the year ended 31 May 2024

**1. Accounting Policies**

**Basis of accounting**

The financial statements have been prepared under the historical cost convention, except for investments which are included at market value and the revaluation of certain fixed assets and in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

Inspero meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**Incoming resources**

All incoming resources are included in the statement of financial activities when the Charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

**Resources expended**

Liabilities are recognised as resources expended when there is a legal or constructive obligation committing the Charity to the expenditure:

**Tangible fixed assets**

Tangible fixed assets, other than freehold land, are stated at cost or valuation less depreciation and any provision for impairment. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Gardening Equipment	20% Straight line
Computer equipment	20% Straight line
Cooking Equipment	20% Straight line

**2. Income from donations and legacies**

	2024	2023
	£	£
Donations received	-	(1)
	<u>-</u>	<u>(1)</u>

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Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**3. Income from charitable activities**

	Unrestricted funds £	Restricted funds £	2024 £	2023 £
<i>Awards</i>				
Income from Awards	(1)	-	(1)	-
<i>Contracts Undertaken</i>				
Income from Contracts	-	-	-	750
<i>Donations</i>				
Income from Donations	15,001	-	15,001	10,956
<i>Fundraising</i>				
Income from Fundraising	712	-	712	1,127
<i>Grants</i>				
Income from Grants	-	37,237	37,237	44,055
<i>Services</i>				
Income from Services	1,637	-	1,637	1,772
	<b>17,349</b>	<b>37,237</b>	<b>54,586</b>	<b>58,660</b>

**4. Income earned from other activities**

	2024 £	2023 £
Fundraising events	-	1
	<b>-</b>	<b>1</b>

**5. Costs of charitable activities by fund type**

	Unrestricted funds £	Restricted funds £	2024 £	2023 £
Awards	-	35,694	35,694	48,238
Donations	-	-	-	105
Grants	16,257	-	16,257	6,092
General	-	-	-	(68)
Support costs	8,526	-	8,526	804
	<b>24,783</b>	<b>35,694</b>	<b>60,477</b>	<b>55,171</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**6. Costs of charitable activities by activity type**

	<b>2024</b>	<b>2023</b>
	£	£
<b>Activities undertaken directly</b>		
Awards	44,220	49,042
Donations	-	105
Grants	16,257	6,092
General	-	(68)
	<u><b>60,477</b></u>	<u><b>55,171</b></u>

**8. Analysis of support costs**

	<b>2024</b>	<b>2023</b>
	£	£
<b>Awards</b>		
Marketing	-	204
Governance costs	8,526	600
	<u><b>8,526</b></u>	<u><b>804</b></u>

Support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration and IT support. Support costs are allocated between activities on an appropriate basis.

**9. Net income/(expenditure) for the year**

This is stated after charging/(crediting):

	<b>2024</b>	<b>2023</b>
	£	£
Depreciation of owned fixed assets	2,692	1,267
Accountancy fees	1,326	600
	<u><u>          </u></u>	<u><u>          </u></u>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**10. Staff costs and emoluments**

Total staff costs for the year ended 31 May 2024 were:

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Salaries and wages	7,200	7,200 -
	<u><b>7,200</b></u>	<u><b>7,200</b></u>

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Administration Employee	1	1
	<u><b>1</b></u>	<u><b>1</b></u>

**11. Comparative for the Statement of Financial Activities**

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Income and endowments from:</b>			
Donations and legacies	-	(1)	(1)
Charitable activities	14,605	44,055	58,660
Other trading activities	1	-	1
<b>Total</b>	<u><b>14,606</b></u>	<u><b>44,054</b></u>	<u><b>58,660</b></u>
<b>Expenditure on:</b>			
Charitable activities	(6,933)	(48,238)	(55,171)
<b>Total</b>	<u><b>(6,933)</b></u>	<u><b>(48,238)</b></u>	<u><b>(55,171)</b></u>
<b>Transfers between funds</b>	(8,471)	8,471	-
<b>Net movement in funds</b>	<u><b>(798)</b></u>	<u><b>4,287</b></u>	<u><b>3,489</b></u>
<b>Reconciliation of funds</b>			
Total funds brought forward	31,365	(4,287)	27,078
<b>Total funds carried forward</b>	<u><b>30,567</b></u>	<u><b>-</b></u>	<u><b>30,567</b></u>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**12. Tangible fixed assets**

<b>Cost or valuation</b>	<b>Gardening Equipment £</b>	<b>Cooking Equipment £</b>	<b>Total £</b>
At 01 June 2023	9,516	3,947	13,463
At 31 May 2024	<b>9,516</b>	<b>3,947</b>	<b>13,463</b>
<b>Depreciation</b>			
At 01 June 2023	6,242	1,681	7,923
Charge for year	1,903	789	2,692
At 31 May 2024	<b>8,145</b>	<b>2,470</b>	<b>10,615</b>
<b>Net book values</b>			
At 31 May 2024	<b>1,371</b>	<b>1,477</b>	<b>2,848</b>
At 31 May 2023	<b>3,274</b>	<b>2,266</b>	<b>5,540</b>

**13. Creditors: amounts falling due within one year**

	<b>2024 £</b>	<b>2023 £</b>
Accruals and deferred income	600	600
	<b>600</b>	<b>600</b>

Creditors are amounts owed by the charity, They are measured at the amount that the charity expects to have to pay to settle the debt.

Amounts which are owed in more than a year are shown as long term creditors.

**14. Creditors: amounts falling due after more than one year**

	<b>2024 £</b>	<b>2023 £</b>
Loans and overdrafts	2,772	2,772
	<b>2,772</b>	<b>2,772</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**15. Movement in funds**

**Unrestricted Funds**

	Balance at 01/06/2023 £	Incoming resources £	Outgoing resources £	Transfers £	Balance at 31/05/2024 £
<i>General</i>					
Contracts Undertaken - CAH	1,772	-	-	-	1,772
Donations - General	25,945	15,001	-	-	40,946
Donations - Local Giving	1,299	-	-	-	1,299
Donations - Other	(1,309)	-	-	-	(1,309)
Fundraising	3,261	711	-	-	3,972
General	(747)	-	(24,783)	-	(25,530)
Services - Consultancy	476	-	-	-	476
Services Undertaken - Children's Services	538	1,637	-	-	2,175
Services Undertaken - Gardening & Cooking	(668)	-	-	-	(668)
	<b>30,567</b>	<b>17,349</b>	<b>(24,783)</b>	<b>-</b>	<b>23,133</b>

**Unrestricted Funds - Previous year**

	Balance at 01/06/2022 £	Incoming resources £	Outgoing resources £	Transfers £	Balance at 31/05/2023 £
<i>General</i>					
Contracts Undertaken - CAH	-	1,772	-	-	1,772
Donations - General	25,945	-	-	-	25,945
Donations - Local Giving	1,299	-	-	-	1,299
Donations - Other	(1,309)	-	-	-	(1,309)
Fundraising	2,134	1,127	-	-	3,261
General	3,426	10,957	(6,659)	(8,471)	(747)
Services - Consultancy	-	750	(274)	-	476
Services Undertaken - Children's Services	538	-	-	-	538
Services Undertaken - Gardening & Cooking	(668)	-	-	-	(668)
	<b>31,365</b>	<b>14,606</b>	<b>(6,933)</b>	<b>(8,471)</b>	<b>30,567</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**Purpose of unrestricted Funds**

Contracts Undertaken - CAH

These monies are awarded to assist with consultancy work with in the community. Any surplus can be carried forward.

Awards- Mayor's Funding

This fund has been awarded as the Mayor's Charity for the year and funds are to be used to support the Charity in its Children's cooking and gardening programmes. Surplus funds should be carried forward and used for these purposes in the future.

Fundraising

Fundraising is to be used for the Charities aims and any surplus carried forward.

Services Undertaken - Gardening & Cooking

These services aid householders with gardening needs and surplus monies are used by the Charity to support its aims. This services aids the community feel and the garden project. Any surplus is carried forward.

Donations - Fence

This money has been given to assist the fencing of the community garden and any surplus will be carried forward and restricted to this use.

Donations - General

Income used for the running of bi-weekly Food Bank and community shop services providing fresh, ambient, surplus food and basic essentials to local vulnerable people.

Services Undertaken - Children's Services

This fund has been set aside for children therapy services where green therapy will be provided.

Donations - Other

These are donations which are allocated to general unrestricted spending.

Services - Consultancy

This is services to Action Hampshire in supporting social entrepreneurs start new community ventures.

Donations - Local Giving

These monies are raised to aid the Charities aims and any surplus is carried forward.

General

Funds are to be used to support the Charity in its activities. Any surplus to be carried forward.



Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**Restricted Funds**

	<b>Balance at 01/06/2023</b>	<b>Incoming resources</b>	<b>Outgoing resources</b>	<b>Transfers</b>	<b>Balance at 31/05/2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Awards - Groundwork UK	2,454	-	-	-	2,454
Donations - Charities Trust	792	-	-	-	792
Grant - Basingstoke Vol Services	16,690	-	-	-	16,690
Grant - Good Exchange	1,750	-	-	-	1,750
Grant - WRAP	1,198	-	-	-	1,198
Grants - Awards For All	6,935	-	-	-	6,935
Grants - B&DBC	(14,846)	1,000	(1,188)	-	(15,034)
Grants - BSDC Food Bank Project following Covid-19	(28,104)	10,000	(9,190)	-	(27,294)
Grants - Four Lanes	294	-	-	-	294
Grants - Greenham Trust	(3,232)	-	-	-	(3,232)
Grants - H&IOW Foundation	6,545	-	-	-	6,545
Grants - HCC Connect4Communities	6,763	16,770	(15,092)	-	8,441
Grants - HIWCF	2,149	7,000	(7,562)	-	1,587
Grants - HUB HUB	(1,396)	2,467	(2,662)	-	(1,591)
Grants - Sovereign Housing	1,622	-	-	-	1,622
Grants - Youth Mental Health	230	-	-	-	230
HCC Arun M County Councillor (Restricted)	156	-	-	-	156
	<b>-</b>	<b>37,237</b>	<b>(35,694)</b>	<b>-</b>	<b>1,543</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**Restricted Funds - Previous year**

	<b>Balance at 01/06/2022</b>	<b>Incoming resources</b>	<b>Outgoing resources</b>	<b>Transfers</b>	<b>Balance at 31/05/2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Awards - Groundwork UK	2,454	-	-	-	2,454
Donations - Charities Trust	792	-	-	-	792
Grant - Basingstoke Vol Services	16,690	-	-	-	16,690
Grant - BVA - BSDC	-	25,349	(29,109)	3,760	-
Grant - Good Exchange	1,750	-	-	-	1,750
Grant - WRAP	1,198	-	-	-	1,198
Grants - Awards For All	6,935	-	-	-	6,935
Grants - B&DBC	(18,535)	-	-	3,689	(14,846)
Grants - BSDC Food Bank Project following Covid-19	(28,134)	5,000	(4,970)	-	(28,104)
Grants - Four Lanes	294	170	(170)	-	294
Grants - Greenham Trust	(3,232)	-	-	-	(3,232)
Grants - H&IOW Foundation	6,545	-	-	-	6,545
Grants - HCC Connect4Communities	8,451	5,491	(7,179)	-	6,763
Grants - HIWCF	241	5,963	(4,055)	-	2,149
Grants - HUB HUB	(722)	2,081	(2,755)	-	(1,396)
Grants - Neighbourly	(24)	-	-	24	-
Grants - Shanley Foundation	(96)	-	-	96	-
Grants - Sovereign Housing	1,622	-	-	-	1,622
Grants - Tesco Groundwork	(902)	-	-	902	-
Grants - Youth Mental Health	230	-	-	-	230
HCC Arun M County Councillor (Restricted)	156	-	-	-	156
	<b>(4,287)</b>	<b>44,054</b>	<b>(48,238)</b>	<b>8,471</b>	<b>-</b>

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**Purpose of restricted funds**

**Grants - Four Lanes**

This grant was used to purchase Forest School equipment, particularly outdoor cooking equipment. Any surplus is carried forward.

**Grants - Youth Mental Health**

This fund is for Horticultural and Forest School programmes called Nature2Nuture for children suffering from mental health issues.

**Grants - Greggs**

This award is to fund school forest programmes in 2019 for children with severe emotional needs in partnership with a local primary school in a deprived area of Basingstoke.

**Grants - HIWCF**

This funds help the Nature2Nuture programme and has been allocated for youth mental health issues, work placement programmes for SEN Students in partnership with QMC and BCoT.  
Grants awarded also cover Childrens Cooking Classes and bursaries for students.

**Grants - Awards For All**

This fund is for green therapy within the community and any surplus will be carried forward for future projects.

**Grants - Greenham Trust**

This was granted during Covid-19 and is a community grant for resources and food parcels to those in the community needing assistance during the pandemic.

**Grants - BSDC Food Bank Project following Covid-19**

This was granted during Covid-19 and is a community grant for resources and food parcels to those in the community needing assistance during the pandemic. This has extended to food parcels for vulnerable families after the pandemic and to cover volunteer expenses.

**Grants - Tesco Groundwork**

This grant is for the development of raised beds, fences and equipment for the community garden.

**Grants - Youth Mental Health covid19**

This is a horticultural therapy programme specially designed for the younger members of the community.

**Grant - WRAP**

Funds for Project Co-Ordinator for our Food Bank for 6 months and a new Fridge.

**Grant - Basingstoke Vol Services**

Funds for Fresh Fruit and veg for emergency food parcels and hot meals for older people.

**Grants - Shanley Foundation**

Income to fund family online cooking classes during the pandemic.

**Grant - Good Exchange**

Income to fund covid-19 services, food parcels, food shops for elderly and those shielding, prescription collection, well-being check-ins, volunteer expenses and project management.

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

Donations - Charities Trust

Donations are to be used for the Charities objectives and any surplus can be carried forward.

Grants - B&DBC

This grant was awarded to run Children's cooking and gardening programmes and any surplus will be carried forward and used for the same purpose.

Awards - Groundwork UK

This award was made to enable the development of the community garden space. Any surplus carried forward will be used for the same aim.

Donations - Gardening Equipment

This was a specific donation towards equipment and any surplus carried forward and will be used for the same purpose.

Grants - H&IOW Foundation

These monies were granted towards the Green Therapy Programme and any surplus will be carried forward for this specific purpose.

Grants - HCC Connect4Communities

These monies were given to fund free healthy food parcels for vulnerable families in Basingstoke.  
Further grants assist horticultural classes for students.

Grants - Big Lottery

This grant was given to fund the Nature2Nuture programme which is a specific programme to work with children with a range of special needs. Any surplus will be carried forward and used for the same programme.

Grants - HUB HUB

The grant was used to fund a new freezer, shelving and food for our Community Shop & Fridge as well as some administration support.  
Further funds also assist project management and volunteer expenses.

Grants - Neighbourly

Grant to fund healthy cooking and eating classes for children.

Grants - Sovereign Housing

Fund is for the development of our Wellness n Wellies project as well as some elements of Summer House build at our community garden.

HCC Arun M County Councillor (Restricted)

The fund is for the development of the community garden.

Grant - BVA - BSDC

This grant is a restricted grant and was awarded by Basingstoke Council towards running a horticultural programme 'WellnessN'Wellies' and to enable volunteering programmes to be developed. Any surplus will be used in unrestricted funds.

Inspero  
Notes to the Financial Statements Continued  
For the year ended 31 May 2024

**16. Analysis of net assets between funds**

	Tangible fixed assets	Net current assets / (liabilities)	Creditors > one year	Net Assets
	£	£	£	£
<b>Unrestricted funds</b>				
<i>General</i>				
Fundraising	-	(1)	-	(1)
General	3,802	27,801	(2,772)	28,831
Services - Consultancy	(2,692)	(3,199)	-	(5,891)
<b>Restricted funds</b>				
Grants - B&DBC	1,010	(1)	-	1,009
Grants - Four Lanes	278	-	-	278
Grants - HIWCF	39	-	-	39
Grants - HUB HUB	139	-	-	139
Grants - Sovereign Housing	42	-	-	42
Grants - Youth Mental Health covid19	230	-	-	230
	<b>2,848</b>	<b>24,600</b>	<b>(2,772)</b>	<b>24,676</b>

**Previous year**

	Tangible fixed assets	Net current assets / (liabilities)	Creditors > one year	Net Assets
	£	£	£	£
<b>Unrestricted funds</b>				
<i>General</i>				
General	3,802	27,801	(2,772)	28,831
<b>Restricted funds</b>				
Grants - B&DBC	1,010	(1)	-	1,009
Grants - Four Lanes	278	-	-	278
Grants - HIWCF	39	-	-	39
Grants - HUB HUB	139	-	-	139
Grants - Sovereign Housing	42	-	-	42
Grants - Youth Mental Health covid19	230	-	-	230
	<b>5,540</b>	<b>27,800</b>	<b>(2,772)</b>	<b>30,568</b>

Inspero  
Detailed Statement of Financial Activities  
For the year ended 31 May 2024

	2024 £	2023 £
<b>INCOME AND ENDOWMENT</b>		
<b>Donations and legacies</b>		
Donations	-	(1)
	<hr/> -	<hr/> (1)
<b>Charitable activities</b>		
Income from Awards (Awards)	(1)	-
Income from Contracts (Contracts Undertaken)	-	750
Income from Donations (Donations)	15,001	10,956
Income from Fundraising (Fundraising)	712	1,127
Income from Grants (Grants)	37,237	44,055
Income from Services (Services)	1,637	1,772
	<hr/> 54,586	<hr/> 58,660
<b>Other trading activities</b>		
Fundraising events	-	1
	<hr/> -	<hr/> 1
<b>Total incoming resources</b>	<hr/> 54,586	<hr/> 58,660
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Cost of direct charitable activity (Awards)	(35,694)	(48,238)
Cost of direct charitable activity (Donations)	-	(105)
Cost of direct charitable activity (Grants)	(16,257)	(6,092)
Cost of direct charitable activity (General)	-	68
	<hr/> (51,951)	<hr/> (54,367)
<b>SUPPORT COSTS</b>		
<b>Marketing</b>		
Marketing (Awards)	-	(204)
	<hr/> -	<hr/> (204)
<b>Governance costs</b>		
Governance costs (Awards)	(8,526)	(600)
	<hr/> (8,526)	<hr/> (600)
<b>Total resources expended</b>	<hr/> (60,477)	<hr/> (55,171)
<b>Net Expenditure</b>	<hr/> (5,891)	<hr/> 3,489