

Charity registration number: 1167490

Arts 2 Heal

(Charitable incorporated organisation (CIO))

Report and Accounts

05 December 2021

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**Arts 2 Heal
Charity Information
for the year ended 05 December 2021**

Address

Carnside
22 Shear Bank Rd
Blackburn
Lancashire
BB1 8AZ

Charity registration number: 1167490

CIO - FOUNDATION Registered 6 June 2016

Regulated by constitution adopted on 6 June 2016 as amended on 17 Jan 2019

Trustees

Mrs Abeda Patel
Mrs Farzana Doctor
Mrs Patricia Heath

Appointed independent examiner

M A Ibrahim (FCCA)

Accountants

M.A.I (Accountants) Limited
7 St Andrews Street
Blackburn
Lancashire
BB1 8AE

Bankers

HSBC
60 Church Street
Blackburn
Lancashire
BB1 5AS

Arts 2 Heal
Trustees' annual report
for the year ended 05 December 2021

Charity registration number: 1167490

The Annual Report is fully SORP compliant and sets out how the trustees have met their obligations.

The Financial Statement is fully SORP compliant and includes the incoming resources and resources expended.

Objectives and activities

The objects of the CIO are:

The Charity "Arts 2 Heal" is set up for the promotion and protection of health specifically the mental health of vulnerable individuals. The people who can benefit from this charity are: Adults and young people with general mental health issues. Adults and young people who self-harm or would self-harm.

The main activities undertaken for the public benefit are mainly:

We provide arts-based intervention for individuals with mental health issues and come from a socio/economically deprived background.

The primary aims are to provide structured art-based group interventions which are healing and transformative. This will help individuals, particularly those, who feel isolated, re-engage with society and move on with their lives in a positive way. We provide one to one support to personalised learning and monitor progress to ensure expectations are met and targets for each individual are achieved.

The secondary aims are to develop skills deemed valuable in employment, education and/or volunteer work. These skills include communication, confidence, team-work, and organisational skills, in view of supporting the individual to re-engage with society.

In setting our objectives and planning our activities our Trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

Achievements and performance

The CIO carries out a wide range of activities in pursuance of its charitable aims:

Our blended approach of delivery with online and face-to-face workshops are working successfully to help those who are vulnerable and housebound long-term. These are likely to continue.

Key achievements 2020-2021 include:

Online: The online exercise classes proved successful with high numbers of participants. Strategies are in place to pilot test combining with face-to-face classes. Measure and review success for long-term

Participants: Secured a sizeable amount ring fenced for the BAME community from the Baring Foundation. Successfully deliver the Discovery Arts Award pilot to 15 young people.

New Partnership Work: Partnership work with Arc and Blackburn Carers is proving popular and growing. Secured long-term contracts with Blackburn with Darwen Council ESOL social mixing groups.

Arts 2 Heal Centre Development: Damp has been resolved in basement storage area and kitchen / consultation room is complete. The additional space means we can expand class sizes.

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Trustees' annual report
for the year ended 05 December 2021

New Pilots: Music workshops with Danny Helm (MA arts health) to pilot test with Harmonica workshops and progress onto string instruments if all goes well. Develop partnership work with The Bureau Centre for the Arts with the festival of lights band. To introduce a wider range of Arts and artists working with the groups. Develop a strategy to recruit external artists for delivery work. Forest school workshops were successful with University of Blackburn College. The demand for outdoor based workshops is rising. Creatively delivered IT workshops are much needed, priority is to secure funding specifically.

Need to ring-fence funding which is non-lottery for the demand from mosque youth groups.

Volunteers have taken responsibility of social groups including knit and natter groups and small craft workshops for festivals and celebrations. Successfully keeping the WhatsApp support group active. Volunteers are taking key roles in delivery particularly the ESOL workshops. We have recruited several new volunteers and offered work placements to college/university students.

Awards/ nominations: We were awarded with the QAVS with a special award for the work delivered through Covid-19. We also won The Lancashire Telegraph Community Heroes 2021 Award and came second place in the Community Rail Awards "Involving diverse groups". Nominations were made by partner organisations and not own members therefore we are especially proud of the team.

Performance of fundraising activities against objectives set: To explore new opportunities to generate unrestricted funds. Buy/hire a card reader to take payments instantly as more donors / potential art buyers are claiming not to be carrying cash.

Structure, governance and management

Arts 2 Heal is registered as a Charitable Incorporated Organisation with Charity Commission under charity no: 1167490 on 6 June 2016.

It is governed by its constitution adopted on 6 June 2016 as amended on 17 Jan 2019.

Appointment of charity trustees

A potential trustee will put themselves up for election, the membership will vote to elect their preferred candidate.

Reference and administrative details

See preceding page under 'Charity Information'.

Names of the charity trustees who manage the charity

All trustees are named on the preceding page under 'Charity Information'.

Financial review and reserves policy

The charity's financial position has increased by approx. 33%.

Reserves to the sum of £1500 will be carried over to cover basic costs of venue hire and resources to ensure there is minimal disruptions should there be a gap in grants/funding secured.

Principal funding source is TNL Community Fund - £22,800 per annum which covers the rental and utility costs for the centre and cost towards interventions.

Principal risks facing the charity: Out growing the venue as demand has grown significantly in the past 18months.

Arts 2 Heal
Trustees' annual report
for the year ended 05 December 2021

Statement of Trustee's responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period in preparing these financial statements, the trustees are required to:-

- Select suitable accounting policies to be applied consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements and,
- Prepare the financial statements on the going concern bases unless it is inappropriate to presume that the charitable company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, and the provisions of the trust deed. They are also responsible for safeguarding the assets of the CIO and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees for the purposes of charity law who served during the year and up to the date of this report are set out on page 1 of the Financial Statement.

Approved by the Trustees and signed on its behalf by:

Mrs Abeda Patel
Trustee



Date: 07/03/2022

Arts 2 Heal

Independent examiner's report to the trustees of Arts 2 Heal Charitable Incorporated Organisation ('the CIO')

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 05 December 2021.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the Act. In carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

The appointed independent examiner of the trust:



M A Ibrahim (FCCA) for and on behalf of
M.A.I (Accountants) Limited
7 St Andrews Street
Blackburn
Lancashire
BB1 8AE

Date: 07/03/2022

Arts 2 Heal
Statement of financial activities
for the year ended 05 December 2021

	Notes	Unrestricted funds	Restricted income funds	Total 2021	Total 2020
		£	£	£	£
Income	3				
Income and endowments from:					
Donations and legacies		451	107,163	107,614	73,652
Expenditure	4				
Expenditure on:					
Raising funds		-	3,636	3,636	1,094
Charitable activities		-	86,303	86,303	50,511
Total		-	89,939	89,939	51,605
Net income/(expenditure) for the year		451	17,224	17,675	22,047
Reconciliation of funds					
Total funds brought forward		1,823	37,063	38,886	16,839
Net incoming resources for the year		451	17,224	17,675	22,047
Total funds carried forward		2,274	54,287	56,561	38,886

**Arts 2 Heal
Balance Sheet
At 05 December 2021**

	Notes	Unrestricted funds £	Restricted income funds £	Total 2021 £	Total 2020 £
Current assets					
Debtors	5	-	700	700	700
Cash at bank and in hand		2,274	53,937	56,211	38,536
		<u>2,274</u>	<u>54,637</u>	<u>56,911</u>	<u>39,236</u>
Creditors: amounts falling due within one year					
Trade creditors and accruals	5	-	350	350	350
Net current assets		<u>2,274</u>	<u>54,287</u>	<u>56,561</u>	<u>38,886</u>
Net assets		<u>2,274</u>	<u>54,287</u>	<u>56,561</u>	<u>38,886</u>
Funds of the Charity					
Unrestricted funds	6	2,274	-	2,274	1,823
Restricted income funds		-	54,287	54,287	37,063
Total funds		<u>2,274</u>	<u>54,287</u>	<u>56,561</u>	<u>38,886</u>

Approved by the Board of Trustees and signed on its behalf by

Mrs Farzana Doctor
Trustee



Date: 07/03/2022

Mrs Patricia Heath
Trustee



Date: 07/03/2022

Arts 2 Heal
Notes to the Accounts
for the year ended 05 December 2021

Basis of preparation

1 *Basis of accounting*

The accounts have been prepared on the accruals basis, under the historical cost convention, and in accordance with the Financial Reporting Standard 102 and charities SORP (FRS 102) effective 1 January 2019, published by the Charity Commission in England & Wales.

The charity is a public benefit entity.

2 *Accounting Policies*

Income

Income from charitable activities and voluntary donations are included in full in the Statement of Financial Activities when received. The value of services provided by volunteers has not been included.

Expenditure

Expenditure is included in the accounts on an accruals basis.

Unrestricted funds

Unrestricted funds are donations and other incoming resources receivable or generated for the charity without further specified purpose and are available as general funds.

Restricted funds

Restricted funds are funds subject to specific trusts, which may be declared by the donor(s) or with their authority (e.g. in a public appeal) or created through legal process, but still within the wider objects of the charity. Restricted funds may be restricted income funds, which are spent at the discretion of the trustees in furtherance of some particular aspect(s) of the objects of the charity, or they may be endowment funds, where the assets are required to be invested, or retained for actual use, rather than spent.

Arts 2 Heal
Notes to the Accounts
for the year ended 05 December 2021

3 Analysis of income	Unrestricted funds	Restricted income funds	2021 Total funds	2020 Prior year
	£	£	£	£
Donations and legacies				
Funding Grant	-	107,163	107,163	73,288
Donations online	451	-	451	365
Total	451	107,163	107,614	73,652

4 Analysis of expenditure	Unrestricted funds	Restricted income funds	2021 Total funds	2020 Prior year
	£	£	£	£
Expenditure on raising funds:				
Volunteer welfare cost	-	3,636	3,636	1,094
Expenditure on charitable activities				
Training cost	-	-	-	150
Venue hire	-	-	-	100
Trips	-	220	220	588
Resources	-	6,408	6,408	7,155
Heat and light	-	180	180	344
Rent	-	3,813	3,813	5,730
Insurance	-	886	886	879
Repairs and maintenance	-	1,588	1,588	-
Project delivery cost	-	72,231	72,231	34,474
Equipment expensed	-	-	-	235
Telephone and internet	-	230	230	211
Subscriptions	-	189	189	115
Office stationery, postage and printing	-	44	44	68
Sundry expenses	-	6	6	33
Accountancy fees	-	150	150	150
Independent examiner's fee	-	200	200	200
Website cost	-	159	159	78
Total	-	86,303	86,303	50,511
Total expenditure	-	89,939	89,939	51,605

Arts 2 Heal
Notes to the Accounts
for the year ended 05 December 2021

5 Debtors

Analysis of debtors:	2021	2020
	£	£
Rent deposit	700	700
	<u>700</u>	<u>700</u>

5 Creditors

Analysis of creditors:	£	£
Accruals	350	350
	<u>350</u>	<u>350</u>

6 Analysis of fund assets and liabilities

	Unrestricted funds	Restricted income funds	Total 2021
	£	£	£
Current assets	2,274	54,637	56,911
Current liabilities	-	(350)	(350)
	<u>2,274</u>	<u>54,287</u>	<u>56,561</u>

7 Transactions with trustees and related parties

No expenses or remunerations were paid to the trustees or persons connected to them.

8 Details of certain items of expenditure

	2021	2020
	£	£
Fees for examination of the accounts		
Independent examiner's fees	200	200
	<u>200</u>	<u>200</u>

10 Employees

	2021	2020
	Number	Number
Average number of employees	-	-
	<u>-</u>	<u>-</u>