



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2024		31	March	2025

Section A

Reference and administration details

Charity name

Psychology Sussex Community Services

Other names charity is known by

Registered charity number (if any)

1167476

Charity's principal address

6 The Drive

Hove

East Sussex

Postcode BN3 3JA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dominic Pearson	Trustee	01/04/2023 – 26/09/2025	Kathryn Linfield
2	Kathryn Linfield	Trustee	Whole year	
3	Tobias Bremer	Trustee	Whole year	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg. trust deed, constitution)

How the charity is constituted
(eg. trust, association, company)

Trustee selection methods
(eg. appointed by, elected by)

Constitution of a Charitable Incorporated Organisation whose only voting members are the charity trustees. Original constitution was dated 30th May 2016 and updated on Dominic Pearson's leaving

'Foundation' model constitution

Appointed by Dominic Pearson, then Kathryn Linfield, on Dominic Pearson's leaving

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are as follows: the relief of sickness and preservation of good health by the provision of free psychological services for those whose needs cannot be met by statutory or 3rd party sectors. It is also for those prohibited from accessing psychological therapy due to low income.

There has not been any activity in the past financial year. Since Dominic left in September 2024, we requested his name be removed from the bank account. During this process, Santander closed the bank account without notice. Apparently, they had the bank account linked with a CIC which was closed in 2016, rather than a CIO and the funds are currently held with Treasury Solicitors. A case is open with the Financial Ombudsman.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main
achievements of the charity
during the year**

Section E

Financial review

Brief statement of the charity's policy on reserves

There is currently no policy for reserves.

The trustees confirm that this will be reviewed if the charity's work expands in the future.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Kathryn Linfield

Position (eg Secretary, Chair, etc)

Chair

Date

08/01/2026

Receipts and payments accounts

For the period from	1st April 2024	To	31st March 2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	-	-	-	-	-
A3 Payments					
	-	-	-	-	-
Bursary therapy appointments	-	-	-	165	-
HMRC	-	-	-	100	-
Accounting	-	-	-	2,892	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	2,892	-
A4 Asset and investment purchases, (see table)					
Transfer from Psychology Sussex Ltd	2,376	-	-	-	-
	-	-	-	-	-
Sub total	2,376	-	-	2,892	-
Total payments	-	-	-	2,892	-
Net of receipts/(payments)	781	-	-	-	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	17,584	-	-	17,584	17,640
Cash funds this year end	16,803	-	-	16,803	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current account	16,803	-	-
		-	-	-
		-	-	-
	Total cash funds	16,803	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

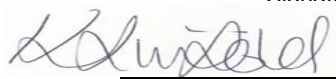
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
,	Psychology Sussex	2,376	-	-
		-	-	-
	Account closed by Santander in error March 2025 and funds are being held by Treasury	-	-	-
	Solicitors (16,803.73) Case is open with	-	-	-
	Financial Ombudsman	-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature _____


Print Name

Kathryn Linfield

Date of approval

08/01/2026