

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	April	2022		31	03

Section A Reference and administration details

Charity name	Psychology Sussex Community Services
Other names charity is known by	
Registered charity number (if any)	1167476
Charity's principal address	6 The Drive, Hove, East Sussex
Postcode	BN3 3JA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dominic Pearson	Trustee	Whole year	Dominic Pearson
2	Kathryn Linfield	Trustee	Whole year	
3	Tobias Bremer	Trustee	Whole year	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution of a Charitable Incorporated Organisation whose only voting members are its charity trustees. Dated 30 th May 2016 onwards
How the charity is constituted (eg. trust, association, company)	'Foundation' model constitution
Trustee selection methods (eg. appointed by, elected by)	Appointed by Dominic Pearson

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of the CIO are: The relief of sickness and preservation of good health by the provision of free psychological services for those with needs not met by statutory or third sector services or for those who are prohibited from accessing psychological therapy due to low income.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

There has not been any activity in the past year.

The trustees nevertheless maintained ongoing discussion concerning alternative means of providing much needed mental health services during the pandemic

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

There has not been any activity in the past year.

The trustees are maintaining discussion and gathering feedback from professionals and service users around how to provide help as soon as it is safe to do so, in light of the covid pandemic.

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity does not yet have a policy for reserves.

The trustees confirm that this will be reviewed if the charity's work expands.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Dominic Pearson

Position (eg Secretary, Chair, etc)

Chair

Date

24/03/2023

Receipts and payments accounts

CC16a

For the period
from

01-Apr-22

To

31-Mar-23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Unrestricted Donations	400	-	-	400	715
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	400	-	-	400	715
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	400	-	-	400	715
A3 Payments					
Insurance	190	-	-	190	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	190	-	-	190	-
A4 Asset and investment purchases. (see table)					
Psychologists	2,376	-	-	2,376	-
	-	-	-	-	-
Sub total	2,376	-	-	2,376	-
Total payments	2,566	-	-	2,566	-
Net of receipts/(payments)	- 2,166	-	-	- 2,166	715
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	19,806	-	-	19,806	19,091
Cash funds this year end	17,640	-	-	17,640	19,806

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Current Account	17,640	-	-
		-	-	-
		-	-	-
	Total cash funds	17,640	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Psychology Sussex Ltd	2,376	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	