

CARING HANDS IN THE VALE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

CARING HANDS IN THE VALE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr S A Wilderspin
Mr M S Hewitt
Rev J R King
Mrs D Nicholls

(Appointed 12 January
2021)

Charity number

1167237

Independent examiner

Azets
Almswood House
93 High Street
Evesham
Worcestershire
WR11 4DU

Bankers

Lloyds Bank plc
19 High Street
Evesham
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CARING HANDS IN THE VALE

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CARING HANDS IN THE VALE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

The aim of our charity, Caring Hands in the Vale, is as follows:

The prevention and relief of poverty and to relieve the needs of those who are in conditions of need, hardship or distress as a result of their social and economic circumstances in Evesham and the surrounding area by such means as the trustees shall from time to time decide.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

The activities of Caring Hands are all for the benefit of the public. There is a target group of clients, demonstrating genuine need, who must be referred by local agencies. Anyone who feels the need can attend the diner (operating Mondays and Wednesdays), and we cater for the lonely and senior citizens as well as those in financial need.

Everyone referred to Caring Hands receives the support they need unconditionally, non-judgmentally and totally free of charge. The geographical area we cover is the Vale of Evesham, although we do sometimes receive referrals from outside this area. We currently receive on average twenty to twenty-five referrals each week, a significant increase on last year and even more at the end of the financial year because of Covid-19. Referrals are in addition to the attendees at the diner, who are all self-referred.

During the year, we have planned activities and expenditure in order to achieve our aims:

Individuals and/or families are referred to Caring Hands via a network of over one hundred front line agencies from the community, and are made up of community groups, charities and organisations, local government organisations, Social Services Departments, Youth and Children's Services, Substance Misuse Organisations, local Churches, Schools, College, Housing Associations, Mental Health Organisations, Carer Support Organisations and National Health services. Referrals are also made by the Leadership Team and congregation of Vale of Evesham Christian Centre.

Resources

Resources available through Caring Hands are grouped into five different 'banks' of resources.

The Food Bank provides food parcels and Christmas hampers.

The Household Bank provides toiletry packs, cleaning, toilet roll and laundry packs.

The Baby Bank provides items such as nappies and wipes, baby milk and baby toiletries.

The Clothing Bank provides clothing and shoes, including a stock of 'smart' clothes for interviews, family events etc., and The Homeless Bank provides a range of resources for individuals who are homeless or rough sleeping, including blankets, towels, sleeping bags, tents and backpacks filled with essential items.

We have a wonderful team of volunteers, without whom the work of Caring Hands simply would not happen.

However, during the first lockdown, it became obvious that many of our volunteers were in the 65+ age bracket, were isolating, shielding, vulnerable or were looking after a family member. Also, our volunteers who are parents were unable to come in due to having their children at home and home schooling.

CARING HANDS IN THE VALE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Resources

During this period, to help all our volunteers keep up to date with what was happening, we have been sending out a monthly newsletter to them. This has been well received and we plan to continue producing a newsletter once all the restrictions have been lifted.

We have been working with a small reliable band of volunteers, forming a sort of bubble (before bubbles were a 'thing'), which meant that we were able to keep everyone as safe as possible and limit the number of people in the building at any one time.

Several of our volunteers have now returned but still around half do not feel comfortable returning just now. We totally support this decision as we want to ensure that our volunteers feel as safe as possible.

Sadly, we have been unable to organise our usual volunteer get-together, but once all the restrictions are lifted and it is safe to do so, we will definitely be organising a celebration.

Achievements and performance

Prevention of Poverty

Caring Hands in the Vale has now been in existence for eighteen years and 2020-2021 has proved to be the most challenging year yet!

The past year has again been the busiest Caring Hands in the Vale has experienced, both in the support we have received from the local community and the number of referrals received for the resources we are able to provide. The situation has been exacerbated by the Covid-19 pandemic, which has caused us radically to re-think and alter the ways in which services are provided.

During March and April 2020, which was the start of 'lockdown' referrals to the food bank increased by 80% and we also experienced issues around obtaining stock for the resource banks. Donations almost stopped for about four weeks as people came to terms with COVID-19 and we found it exceedingly difficult to buy items from supermarkets with the initial panic buying and restrictions on the number of items you could purchase.

Since then, however, we have seen the most incredible generosity from the community with donations both of finances and goods far exceeding what we would normally receive and donations coming from new and different sources.

We also had to close the drop-in diner, community pantry and other services we provide for a while but have been able to keep the resource banks operating throughout. This is due to the stoic support of a small team of volunteers who have been coming in throughout.

Due to the pandemic, we have also had to adapt the way we operate the resource banks which have been working well.

Caring Hands in the Vale is an independent charity, and is a member of the Independent Food Aid Network, which has over 600 charitable food organisations, including independent food banks, in its membership.

Careful Targeting of Help

Caring Hands requires a referral for any assistance given, apart from a very few emergency interventions each year. The methods of referral have altered as they have had to be done without face to face contact by referrers most of the time. Thus we have had to use electronic communications, especially email, more frequently.

We also liaise with the referring organisations closely and flag up any duplicate referrals as well as what appear to be inappropriate referrals (both of which are rare). Our aim is to direct clients to achieve self-sufficiency rather than dependence. Thus, food parcels are not generally an ongoing resource and our free meals are only available twice a week. During lockdown, the free meals were halted in order to discourage people from leaving their homes and mixing unnecessarily. It was also extremely hard to provide a safe working environment for our volunteers, many of whom were at risk from serious consequences of Covid infection.

CARING HANDS IN THE VALE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Signposting and Hosting other agencies

The frequency of rough sleeping in Evesham had been on a steady decline in the past few years. This is partly due to the work of the Evesham Homeless Partnership, which is made up of churches, voluntary organisations, charities, statutory services and the local authority. This has been a forum where we have been able to share information and learn about the work of each different organisation so that we can provide effective support to the homeless and rough sleepers in our area.

The Caring Hands Diner is an effective place to host agencies who wish to make contact with the homeless and those with disrupted lifestyles. County Community Projects run a drop-in session at the diner every two weeks to offer advice and support to anyone who finds themselves in this situation. The Housing Needs Team from Wychavon District Council are also available to offer support in the Diner should anyone need advice and support from them.

We work closely with the Drug and Alcohol services, at present supplied by Swanswell / Cranstoun. We also provide links with Rooftop Housing and the Wychavon Hub / Contact Centre.

The Community Outreach Manager has kept up to date with training in various aspects of the work with those in need: She has attended courses on the following:

Face to Face: Mental Health First Aid, First Aid, ACEs (Adverse Childhood Experiences and attachment theory)

E-Learning: Level 2 Food Hygiene (Level 3 will come into the current financial year), Allergens, Suicide Prevention, Fire Safety (refresher), Moving and Assisting (refresher), Safeguarding (refresher), COVID-19 Awareness.

Relief of the needs of those who are in conditions of need, hardship or distress as a result of their social and economic circumstances

Referrals

Referrals to the Food Bank, Household Bank and Baby Bank have increased significantly again this year.

Since 2003, Caring Hands in the Vale has now donated more than 8,000 food parcels to families and individuals in need in our local community.

Reasons for referral are usually covered in six broad categories – benefit issues; homelessness and housing; low incomes and debt; work related issues; health issues and crisis issues. This year we can add a seventh category – COVID-19. This is where individuals and families have directly been affected by the pandemic through illness, job loss, furlough, home schooling, shielding and self-isolating.

50% of referrals were due to low incomes of which 6% were families and individuals who are in work. Benefit issues accounted for 8% of referrals, homelessness and housing issues 14% debt 5% health issues 5% and COVID-19 15%

It is important to state that the reasons for referral can be varied and complex. Often there is more than one reason for a referral, so our statistics record the most prevalent issue at the time of referral. For instance, an individual struggling on a low income may also have issues around debt, benefit delays or long-term illness and potential homelessness.

The number of partner referral agencies registered with us continues to rise significantly and we now have many more schools registered with us to make referrals.

Food Bank

During 2020-2021 we received the most referrals ever in eighteen years of operation. We received 1212 referrals for 492 different families, couples or individuals from a total of 77 different referral partner agencies. This provided a total of 1041 food parcels for 2422 people, providing 49,971 meals. Of the people we were able to support 41% were children (under eighteen years of age).

To put this into perspective, in the last ten years we have increased from an average of 400 food parcels a year to now exceeding 1000 food parcels in a year.

CARING HANDS IN THE VALE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Household Bank:

Resources available from the Household Bank include toiletry packs, cleaning packs, laundry packs and toilet rolls. Each of these packs should last the service user two weeks.

Referrals to the Household Bank have increased by around 46% from the previous financial year. This reflects the increase in family referrals and the fact that referrals now more often include the Household Bank in addition to the Food Bank. This indicates how many families and individuals who are not just struggling with providing food for themselves. It also suggests that referred individuals and agencies are more familiar with the resources that are available.

Clothing Bank:

The Clothing Bank mostly stocks men's clothing, usually for individuals who are homeless or rough sleeping. Service users at the Drop-in Diner can access clothing when there are surplus donations, or there are items that we would not normally stock.

The Clothing Bank also keeps a small range of smart clothing, which is available for service users for interviews and other formal occasions.

Homeless Bank:

The Homeless Bank provides a range of resources for service users who are homeless or rough sleeping, including blankets, sleeping bags, filled backpacks and tents.

Referrals to the Homeless Bank are restricted to agencies who specifically support service users with housing and homelessness issues.

Homelessness remains a significant issue within the Vale of Evesham. Caring Hands in the Vale is a member of Evesham Homeless Partnership, Wychavon Homeless Partnership and Evesham and Pershore Rough Sleeper Group.

We have recently become involved with Homeless Link's Worcestershire Communities of Practice, which is a group supporting organisations who work directly with those who are homeless, sofa-surfing, in temporary accommodation and rough sleeping. Meetings this year have proved to be quite different, with most being on zoom.

Due to this partnership working and encouraging the community to use Streetlink as a way of notifying the relevant organisations about individuals who are rough sleeping, there have been many positive outcomes for individuals.

Homeless Bank referrals have increased 42% in the past year, a figure which would have been greater if we had not imposed tighter restrictions so that referrals are limited to only a small number of agencies and an individual must be engaging before we will accept a referral.

We have further updated and reprinted the Homelessness Handbook, in conjunction with Evesham Homeless Partnership, with thanks to Evesham Town Council and John Martin's Charity who have grant funded the printing of the handbook.

Baby Bank:

The Baby Bank provides nappies and wipes, baby milk and baby toiletries. We plan eventually to develop the range of resources the Baby Bank provides. Referrals to the Baby Bank are restricted to relevant agencies who are supporting families with babies.

This is the sixth year in which we have been offering this resource and referrals have increased by 150% from last year.

Drop-in Diner:

When the first lock-down happened in March 2020, we had to close the drop-in diner but were able to re-open again in September 2020 offering a takeaway meal.

We even managed to provide a three-course takeaway Christmas Lunch in the drop-in diner, which was only possible due to our volunteers rising to the challenge. We were providing around 25-30 meals per session as a takeaway, which is around half the usual number of meals we provide when we are table dining. What was obvious was that the individuals who were collecting the takeaway were those for whom the meal was important.

CARING HANDS IN THE VALE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Due to the uncertainty around COVID-19 restrictions, with heavy hearts, we took the decision that we would not be able to provide a Christmas Day lunch. However, we did provide a take-away Christmas Lunch in the drop-in diner.

We also have several individuals who access the drop-in diner who attend as they are looking for companionship and support, especially those who are socially isolated.

Sadly, when the third lockdown came into effect in January 2021, we decided to close the drop-in diner again. This was a difficult decision to take but was made on the basis that the government was asking everyone to stay at home and by opening the drop-in diner we would have been encouraging people to come out. We very much hope that once the third lockdown is lifted, we will be open again for a takeaway. We cannot say for definite when we will return to table dining but hope that this will be sometime in the Autumn.

When the drop-in diner is open for table dining, we aim to address several needs and provide different opportunities:

- A meal – a free two/three course meal on a Monday and Wednesday lunchtime
- A Community Pantry with a 'help yourself' table with surplus fresh produce, non-perishable items which are past their 'best before' dates and other donations that are not suitable for inclusion in food parcels. This not only reduces waste, but supports individuals with food items and reducing the need for a referral for a food parcel
- Networking with other front-line agencies to organise drop-in support, such as homelessness outreach teams
- Signposting service users to appropriate services to provide support for their ongoing needs
- Volunteering Opportunities – individuals from a wide variety of backgrounds provide invaluable volunteer support. We also provide work experience placements for several local Middle and High Schools, as well as the local college and university.

We had anticipated providing around 150 Christmas Hampers, but the final total was 171, which was an increase of 30% from 2019 and 55% from 2018. The 171 Christmas Hampers provided support for 425 people of which 52% were children (under eighteen years of age)

Rotary in the Vale, a satellite group of Evesham Rotary Club launched an appeal to provide small gifts for children to be included in the Christmas Hampers which resulted in well over 300 gifts being received. The gifts were included in our Christmas Hampers and surplus gifts were shared with other organisations in Evesham providing Christmas support to families.

Education/Talks:

Our Community Outreach Manager continues to be available to undertake presentations about the work of Caring Hands for local groups, organisations, churches, schools and community groups.

Caring Hands offers and runs a training course called Shopping and Eating on a Budget, which helps individuals and families learn to manage their shopping budget and reduce waste. We can also provide CAP Money Course, Modern Day Slavery Awareness Workshops, Homelessness Awareness Sessions and Basic Drug and Alcohol Awareness. Our future plans include ESOL (English as a Second Language) and Basic Cookery Skills courses.

CARING HANDS IN THE VALE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Financial review

Donations:

During the first part of the pandemic, as previously mentioned, donations dropped significantly. However, since then we have seen an absolutely staggering amount of donations received from our local community, including supermarkets, shops, community groups, businesses plus families and individuals, which has enabled us to meet the increased demand.

We have received many donations from completely new donors, while due to the pandemic some organisations that would normally have donated to us have been unable to.

During harvest we usually receive a huge amount of donations from Harvest Festival Celebrations and we were uncertain as to whether we would receive any donations, due to the restrictions in place. We need not have worried, as although we did receive less donations than normal, we still received way above what we would have anticipated.

We also were blessed by the many organisations, schools, families, individuals and particularly children, who undertook a 'Reverse Advent Calendar', which provided wonderful support for the Christmas Hampers.

We would like to take the opportunity to thank everyone in our local community who have generously supported Caring Hands in the Vale through a really difficult year. We definitely would not have been able to provide the support we have without you.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to four months' expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees have reviewed the reserves policy and consider that due to the known level of monthly recurring income the minimum funds required are the amount required to continue the activities of the charity for four months. This is subject to review, as our regular income at present does not match our outgoings and we must ensure that employed staff are properly provided for. We aim to keep much more in reserve at present because of this fact. In future, we may need to reduce our hours of employment if regular giving does not increase.

We also are aiming to achieve our long-term goal of a drop-in centre, which will require some significant expenditure if it is to become a reality. Thus we have kept a substantial underspend in reserve for this purpose. Four months unrestricted expenditure is estimated as £14,406 and an additional reserve of £5,000 is proposed for maintenance and repairs to the new building. Unrestricted funds at 31 March 2021 were £57,215 which exceeds the minimum level.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

The Lighthouse Project

We have now been able to purchase our own building, just a short distance from the Vale of Evesham Christian Centre, to develop into the Lighthouse Drop-in Centre. This was made possible with an incredibly generous grant for the full purchase price from The Hilda Farr Charitable Trust. It will serve as a memorial to Ken and Hilda Farr whose generosity have made this project possible.

We have appointed an architect who has drawn up detailed plans for the proposed development of the building and have applied for and received planning permission. We have costings being drawn up by a Quantity Surveyor and will shortly be starting fundraising for the cost of the developments.

Once lockdown has been lifted, we intend to hold an Open Day to show supporters, volunteers, neighbours and the local community around the building and share our plans for the development.

CARING HANDS IN THE VALE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

The new or improved initiatives that we will seek to offer are as follows:

- A job club to assist those seeking work with job searching and job applications
- Debt advice and help with form filling – developing what we can offer at present
- An IT suite which will allow service users access to the internet to help with job searching and job applications, bidding on properties from the local authority, checking emails, accessing social media, etc. Many vital government services and universal credit applications are only accessible on-line
- A neutral place to meet outreach workers for homeless individuals and drug and alcohol support workers
- A health hub with a focus on support for individuals who are homeless and those who for whatever reason are not registered with a GP practice. Possible services would include basic health checks, counselling, drug and alcohol counselling, podiatry service, dental clinics and a 'safe space'. We also have a local hairdresser who have offered to provide free haircuts.
- Basic cooking classes and other ways to use limited resources well – further developing our 'Shopping and Eating on a Budget' course.

In addition, we will be able to offer vital resources which are not at present available in the local area to assist with crisis situations and those who are homeless:

- A shower facility, particularly for those who are homeless
- A laundry and drying facility. This would be particularly to support homeless individuals in being able to wash their clothing and other items. This would also be available for families in emergencies, where there might be an issue with no electricity or a broken washing machine. This would be available to individuals and families in temporary accommodation. There would be a nominal charge for this facility
- Lockers for individuals who are homeless and need somewhere to store important and personal documents. We will also offer the use of the building as a 'care of' address
- A place for individuals, particularly those who are homeless, to drop in to with positive activities and a healthy environment
- A possible location for emergency accommodation in very cold conditions (SWEP)

The efficient storage and availability of resources will also be possible within a larger building.

Our Community Outreach Manager continues to be available to undertake presentations about the work of Caring Hands in the Vale for local groups, organisations, churches, schools and community groups. This would be further expanded with a training room within the new building.

Caring Hands offers a training course called Shopping and Eating on a Budget, which aims to help individuals and families learn to manage their shopping budget and reduce waste. We can also provide the CAP Money Course, Modern Day Slavery Workshops, Homelessness Awareness Session and Basic Drug and Alcohol Awareness. Our future plans include ESOL (English as a Second Language) and basic cooking skills.

There would be the opportunity to develop the services we already provide:

- Meals service more often than twice a week. We already provide two full meals during the week and additional days could be a lighter meal such as a soup and roll or sandwich lunch. We would ensure that we do not start to create a dependency upon meals by asking for a nominal donation for anyone attending more than once a week.
- Developing networking opportunities to be able to signpost individuals for further support.
- Increase the number of volunteering opportunities we have available
- Helping individuals to develop their skills and knowledge and offer support to be able to change their circumstances.
- Developing partnership working such as Evesham Homeless Partnership, Wychavon Homeless Partnership, Evesham and Pershore Rough Sleeper Group, Evesham Food Bank Forum, Evesham Charity Network and Worcestershire Communities of Practice.

To enable the development of our new building we will need to raise income in addition to the funds we need for the current operation of Caring Hands in the Vale. This will include funds for the development of the new building plus operational costs.

We will be launching a fundraising campaign in the next few months which will involve fundraising events, information days, open days, and an updated website.

CARING HANDS IN THE VALE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

The charity is a Charitable Incorporated Organisation governed by its Constitution.

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr S A Wilderspin

Mr M S Hewitt

Rev J R King

Mrs D Nicholls

(Appointed 12 January 2021)

Mr T Meldrum

(Resigned 16 February 2021)

Mrs L Meldrum

(Resigned 16 February 2021)

The trustees are elected by existing trustees.

The day to day management of Caring Hands is undertaken by the Community Outreach Manager. This role includes general administration, supervision of volunteers, liaising with referral agencies, developing relationships with local churches, community and other organisations, which can include talks, school assemblies and church services, finances and ensuring all necessary resources required are in place.

There is a steering group which oversees the vision, finance and activities and meets every 1-2 months. The steering group is ultimately responsible to the Trustees of Caring Hands. We are constantly looking to add Trustees to our group to give us wider expertise in the areas which we address. During the year we have lost two Trustees and seek to replace them with suitably qualified people as soon as we can. The Trustees aim to meet 4 times a year, although they have met 6 times in this past year because of extra business demands.

Caring Hands has its own bank account with Lloyds Bank plc. There are four signatories, who are the members of the steering group and each cheque or electronic transaction requires authorisation from two people.

Much of the content of this report is based on the Community Outreach Manager's annual report which includes full statistics and earlier year comparisons. 'A copy of the Community Outreach Manager's annual report is available by request from info@chands.org.uk.

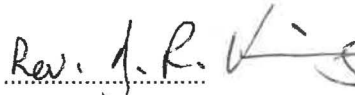
The trustees' report was approved by the Board of Trustees.



Mr S A Wilderspin

Trustee

Dated: 04/08/2021



Rev J R King

Trustee

Dated: 10/08/2021

CARING HANDS IN THE VALE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CARING HANDS IN THE VALE

I report to the trustees on my examination of the financial statements of Caring Hands in the Vale (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

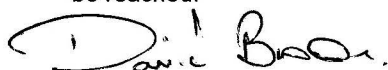
Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



David Brown FCA
Azets
Statutory Auditors and Accountants
Almswood House
93 High Street
Evesham
Worcestershire
WR11 4DU

Dated: 31 AUGUST 2021

CARING HANDS IN THE VALE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
	Notes						
Income from:							
Donations and grants	3	52,508	336,185	388,693	21,873	17,642	39,515
Charitable activities	4	6,932	3,431	10,363	4,045	154	4,199
Investments	5	12	-	12	11	-	11
Total income		59,452	339,616	399,068	25,929	17,796	43,725
Expenditure on:							
Charitable activities	6	31,158	54,864	86,022	21,262	18,446	39,708
Net incoming resources before transfers		28,294	284,752	313,046	4,667	(650)	4,017
Gross transfers between funds		1,500	(1,500)	-	-	-	-
Net income for the year/ Net movement in funds		29,794	283,252	313,046	4,667	(650)	4,017
Fund balances at 1 April 2020		27,421	10,482	37,903	22,754	11,132	33,886
Fund balances at 31 March 2021		57,215	293,734	350,949	27,421	10,482	37,903

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.


CARING HANDS IN THE VALE

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	10		255,570		4,172
Current assets					
Stocks	11	6,130		745	
Debtors	12	478		469	
Cash at bank and in hand		90,049		32,967	
		96,657		34,181	
Creditors: amounts falling due within one year	13	(1,278)		(450)	
Net current assets			95,379		33,731
Total assets less current liabilities			350,949		37,903
Income funds					
Property fund		250,000		-	
General restricted funds		43,734		10,482	
	14		293,734		10,482
Unrestricted funds			57,215		27,421
			350,949		37,903

The financial statements were approved by the Trustees on 10/05/2021


 Mr S A Wilderspin
 Trustee


 Mr M S Hewitt
 Trustee

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Caring Hands in the Vale is a Charitable Incorporated Organisation.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

These financial statements for the year ended 31 March 2021 are the first financial statements of Caring Hands in the Vale prepared in accordance with FRS 102, The Financial Reporting Standard applicable in the UK and Republic of Ireland. The date of transition to FRS 102 was 1 April 2019. An explanation of how transition to FRS 102 has affected the reported financial position and financial performance is given in note 17.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable. A grant received before the recognition criteria are satisfied is recognised as a liability.

The value of any volunteer help received is not included in the accounts but is described in the trustees' annual report.

1.5 Expenditure

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources e.g. allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% straight line on cost less residual value
Plant and equipment	20% reducing balance
Motor vehicles	20% reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

1.8 Stocks

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell. Cost comprises direct materials and, where applicable, direct labour costs and those overheads that have been incurred in bringing the stocks to their present location and condition. Items held for distribution at no or nominal consideration are measured the lower of replacement cost and cost.

Net realisable value is the estimated selling price less all estimated costs of completion and costs to be incurred in marketing, selling and distribution.

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2021 £	2021 £	2021 £	2020 £	2020 £	2020 £
Donations and grants	52,508	336,185	388,693	21,873	17,642	39,515
Grants receivable for core activities						
Garfield Weston Foundation	15,000	-	15,000	-	-	-
Hilda Farr Charitable Trust	-	250,000	250,000	-	-	-
John Martin's Charity	-	1,000	1,000	-	-	-
Worcestershire Community Foundation	300	4,000	4,300	-	-	-
Wychavon District Council	-	46,127	46,127	-	-	-
Donations	37,208	35,058	72,266	21,873	17,642	39,515
	52,508	336,185	388,693	21,873	17,642	39,515

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

4 Charitable activities

	2021 £	2020 £
Standing orders	6,130	2,170
Fundraising	-	660
Gift Aid	3,660	979
Expenses recharged	345	390
Other income	228	-
	<u>10,363</u>	<u>4,199</u>
Analysis by fund		
Unrestricted funds	6,932	4,045
Restricted funds	3,431	154
	<u>10,363</u>	<u>4,199</u>

5 Investments

	Unrestricted funds	Unrestricted funds
	2021 £	2020 £
Interest receivable	<u>12</u>	<u>11</u>

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

6 Charitable activities

	2021 £	2020 £
Staff costs	13,756	12,787
Depreciation and impairment	1,393	1,043
Resources	9,571	8,133
Diner	1,529	3,950
Christmas	1,556	1,182
Rent	5,557	5,535
Motor expenses	1,552	1,857
Administration and service contracts	1,855	2,281
New building fees	20,776	1,277
Equipment under £250 and other expenses	1,577	1,213
Independent examiner's fee	900	450
	<u>60,022</u>	<u>39,708</u>
Grant funding of activities (see note 7)	26,000	-
	<u>86,022</u>	<u>39,708</u>
Analysis by fund		
Unrestricted funds	31,158	21,262
Restricted funds	54,864	18,446
	<u>86,022</u>	<u>39,708</u>

7 Grants payable

	2021 £	2020 £
Grants to institutions (4 grants):		
All Saints Food Bank	5,000	-
Evesham Adventure Playground	6,000	-
Evesham Volunteer Centre	3,000	-
Wallace House Day Account	12,000	-
	<u>26,000</u>	<u>-</u>

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, but one of them was reimbursed a total of £971 in respect of expenses incurred on behalf of the charity.

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

9 Employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
	1	1
Employment costs	2021	2020
	£	£
Wages and salaries	13,355	12,412
Other pension costs	401	375
	<u>13,756</u>	<u>12,787</u>

10 Tangible fixed assets

	Freehold land and buildings £	Plant and equipment £	Motor vehicles £	Total £
Cost				
At 1 April 2020	-	739	9,450	10,189
Additions	250,000	2,791	-	252,791
At 31 March 2021	<u>250,000</u>	<u>3,530</u>	<u>9,450</u>	<u>262,980</u>
Depreciation and impairment				
At 1 April 2020	-	437	5,580	6,017
Depreciation charged in the year	-	619	774	1,393
At 31 March 2021	<u>-</u>	<u>1,056</u>	<u>6,354</u>	<u>7,410</u>
Carrying amount				
At 31 March 2021	<u>250,000</u>	<u>2,474</u>	<u>3,096</u>	<u>255,570</u>
At 31 March 2020	<u>-</u>	<u>302</u>	<u>3,870</u>	<u>4,172</u>

The purchase of the freehold property known as the Meeting Room, 8 Vine Street, Evesham, WR11 4RE on 3 March 2021 was from restricted funds from a grant provided by Hilda Farr Charitable Trust. No depreciation has been provided in the year.

11 Stocks

	2021 £	2020 £
Supermarket vouchers and stocks of purchased (not donated) goods	<u>6,130</u>	<u>745</u>

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

12 Debtors

	2021	2020
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	478	469
	<u>478</u>	<u>469</u>

13 Creditors: amounts falling due within one year

	2021	2020
	£	£
Other creditors	580	-
Accruals and deferred income	698	450
	<u>1,278</u>	<u>450</u>

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 April 2019	Incoming resources	Resources expended	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers
	£	£	£	£	£	£	£
Household/Food banks	3,827	6,129	(6,928)	3,028	18,902	(8,575)	7,978
Baby bank	-	525	(427)	98	950	(267)	103
Homelessness bank	1,040	-	(341)	699	-	(402)	-
Homelessness handbook	240	-	-	240	-	-	-
Christmas lunch/Christmas	944	359	(1,182)	121	720	(1,483)	1,361
Employee costs	-	4,140	(4,140)	-	4,140	(4,140)	-
Van	2,014	-	(2,014)	-	383	(534)	151
Diner	908	1,229	(2,137)	-	89	(726)	861
Shopping & Eating on a budget course	359	-	-	359	-	-	-
Drop in Centre - general	800	3,164	(1,277)	2,687	9,674	(12,361)	-
Drop in Centre - commercial freezer	1,000	-	-	1,000	-	-	(1,000)
Drop in Centre - laundry equipment	-	2,250	-	2,250	-	-	-
Drop in Centre -alterations	-	-	-	-	5,750	-	-
Property	-	-	-	-	250,000	-	-
Resource bank -general	-	-	-	-	2,133	-	-
Emergency Assistance grant	-	-	-	-	46,127	(26,000)	(10,582)
Recipe booklets	-	-	-	-	248	(248)	-
Protective clothing	-	-	-	-	-	(128)	128
Laptop	-	-	-	-	500	-	(500)
	<u>11,132</u>	<u>17,796</u>	<u>(18,446)</u>	<u>10,482</u>	<u>339,616</u>	<u>(54,864)</u>	<u>(1,500)</u>
							<u>293,734</u>

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

15 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:						
Tangible assets	5,570	250,000	255,570	4,172	-	4,172
Current assets/(liabilities)	51,645	43,734	95,379	23,249	10,482	33,731
	<u>57,215</u>	<u>293,734</u>	<u>350,949</u>	<u>27,421</u>	<u>10,482</u>	<u>37,903</u>

16 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

The charity shares the Vale of Evesham Christian Centre's premises and pays rent to that charity. Two lunch times a week, excluding holidays, Caring Hands in the Vale uses the kitchen and lounge operating a drop-in diner where hot meals are provided. This year the service was restricted due to the pandemic. Caring Hands in the Vale operates a food bank from the Vale of Evesham Christian Centre's premises which are used for storage. Office accommodation is also shared. The amount of rent paid to the Vale of Evesham Christian Centre in the year was £4,140 and is the same as the amount received from that charity (see below). The amount of rent paid is deemed to be a reasonable amount to cover a share of utilities bills, office costs and a contribution to building maintenance costs.

Caring Hands in the Vale also receives the approximate equivalent of one day per week salary for Diane Bennett who is a trustee of the Vale of Evesham Christian Centre but is not a trustee of Caring Hands in the Vale, and who was employed two days per week by the Vale of Evesham Christian Centre and three days per week by Caring Hands in the Vale. The amount received for the year was £4,140.

Caring Hands in the Vale paid £253.36 for gospels and tracts on behalf of the Vale of Evesham Christian Centre and this was reimbursed during the year.

The Vale of Evesham Christian Centre received payments totalling £1,037.50 intended for Caring Hands in the Vale and £1,037.50 was received by Caring Hands in the Vale from the Vale of Evesham Christian Centre during the year.

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

17 Reconciliations on adoption of FRS 102

Reconciliation of fund balances

Notes	At 1 April 2019			At 31 March 2020		
	Previous UK GAAP £	Effect of transition £	FRS 102 £	Previous UK GAAP £	Effect of transition £	FRS 102 £
Fixed assets						
Tangible assets	-	5,216	5,216	-	(1,043)	4,172
Current assets						
Stocks	-	-	-	-	745	745
Debtors	-	-	-	-	469	469
Bank and cash	28,670	-	28,670	32,967	-	32,967
	28,670	-	28,670	32,967	1,214	34,181
Creditors due within one year						
Other creditors	-	-	-	-	450	450
Net current assets	28,670	-	28,670	32,967	764	33,731
Total assets less current liabilities	28,670	5,216	33,886	32,967	(279)	37,903
Net assets	28,670	5,216	33,886	32,967	(279)	37,903
Income funds						
Restricted funds	11,132	-	11,132	9,737	745	10,482
Unrestricted funds	17,538	5,216	22,754	28,445	(1,024)	27,421
Total funds	28,670	5,216	33,886	38,182	(279)	37,903

CARING HANDS IN THE VALE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

17 Reconciliations on adoption of FRS 102

Reconciliation of net movements in funds

	Notes	Period ended 31 March 2020	
		Previous UK GAAP	Effect of transition
		£	£
Income from:			
Donations and grants		39,515	-
Charitable activities		4,199	-
Investments		11	-
Operating profit		43,725	-
Expenditure on:			
Charitable activities		(39,429)	(279)
		(39,429)	(279)
Net movement in funds		4,296	(279)