CENTRED HORSEPLAY

England & Wales · Charity number 1167226

Details

Status	Registered
Legal form	CIO
Registered	2016-05-19
Register	View on the Charity Commission register

Contact

Address	Stown Cottage Crackstone Minchinhampton Stroud Gloucestershire GL6 9BD
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Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY.

Activities: Centred Horseplay promotes social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society. Fully approved Gloucestershire hub for the world renowned "TheHorseCourse", assisting people with an innovative and well developed programme with horses.

Classification

- **How:** Provides Services
- **What:** Education/training, Other Charitable Purposes
- **Who:** Children/young People, Other Defined Groups

Geography

- Gloucestershire

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Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£56,624	£47,070	-	-
2024-05-31	£41,506	£62,549	-	-
2023-05-31	£64,359	£52,111	-	-
2022-05-31	£35,079	£48,335	-	-
2021-05-31	£36,020	£38,758	-	-

Trustees

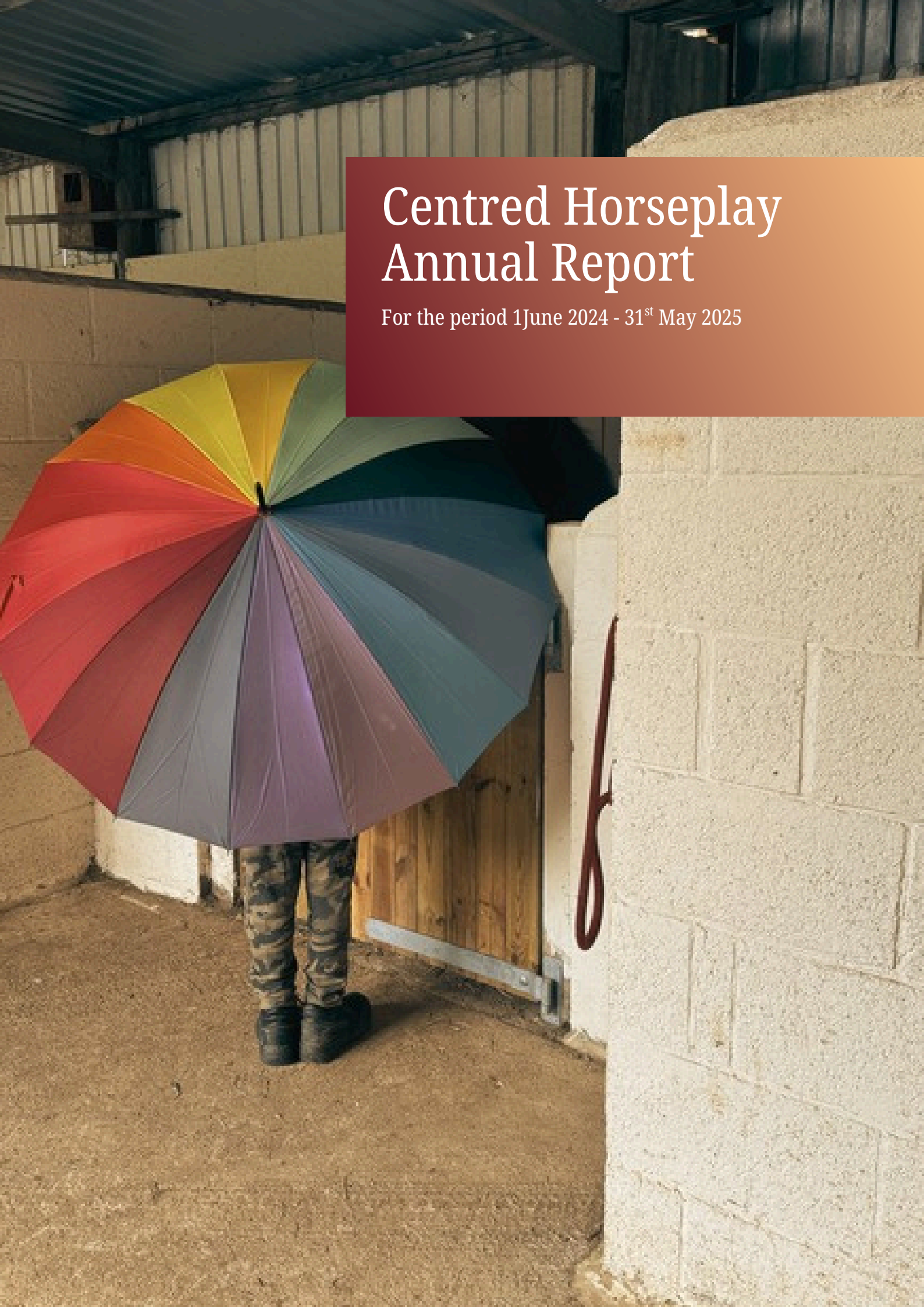
Name	Role	Appointed
SELENA RUTH JONES	Chair	2016-05-19
Amelia Robbins		2023-01-17
Helen French		2023-01-23
IAN LEECH		2016-05-19
Jessica Day		2023-01-17

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CENTRED HORSEPLAY

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Accounts



Centred Horseplay Annual Report

For the period 1June 2024 - 31st May 2025

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LETTER FROM THE CEO



This year has marked a real turning point for the charity, as we have begun to walk alongside more young people for longer. Our week-long ReStart programme continues to have a powerful impact, creating immediate change and laying strong foundations for the future (with evidence available on our website). However, what has been most significant this year is the opportunity to continue that journey with some of the young people we support. By working with them over time, we have been able to help embed those early breakthroughs into lasting change — not just within the safety of our sessions, but as they navigate the realities and challenges of everyday life which always include, when appropriate and beneficial, their immediate family, carers and educational setting.

Being present as they take those next steps — applying new skills, facing setbacks, and finding their way forward — has allowed us to support them in a more meaningful and responsive way. This deeper, ongoing connection has enabled us to create more lasting change for those who need it most, and has been one of the most rewarding developments in our work this year.

We have been based at Shadywell Farm now for three years, and this year we were delighted to complete the extension of our arena. This investment marks an important step forward, enabling us to have greater flexibility around our opening times through the year, which will help us reach even more people in need of support.

The additional space has already made a meaningful difference for our participants, offering them room to breathe, reflect, and grow within an environment where they feel safe and secure. Just as importantly, the space allows us to extend our work beyond the individual, creating opportunities to support the wider family network — something we at Centred Horseplay feel deeply passionate about. We know that when families are supported together, the impact is not only greater, but lasting

This year, we delivered a total of 301 ReStart sessions, alongside sharing our Non-Verbal Toolbox with 56 individuals. None of this would have been possible without the dedication, skill, and compassion of our facilitators and volunteers, whose commitment underpins everything we do.

We are especially grateful to those funders who have supported the core running of the charity. Their trust and investment have enabled us to build stability, grow our reach, and continue delivering meaningful, long-term support to the children and families who rely on us.

We are equally thankful to our Board of Trustees, whose guidance, passion, and lived understanding of the challenges faced by our participants continue to shape and strengthen our work.

As we look ahead, we are committed to build on this momentum — reaching more children and families, and continuing to provide safe, consistent, and meaningful support to those who need it most.

M Whitaker

Marie Whitaker

A Year In Numbers

CENTRED HORSEPLAY'S ACHIEVEMENTS AT A GLANCE

EAS Sessions Delivered

301

Number of new participants **34**

CPD-Certified Non-Verbal Training Participants

26 Referring Professionals

30 New family members or carers supporting our participants

% Participants who improved in all 8 skills on the THC Skills Star

84%

With 100% improving in at least half

Community Engagement

11 Volunteers

341 Total Volunteer hours contributed

Post Course Feedback

84% Showed a reduction in problem behaviour

80% Make improvements in 4 overarching areas: Education & Training, Problem Behaviours, Relationships & Identity

82% Showed improved attendance with school - of which 90% had not attended a day in over a year

82% Demonstrated an increase in self-belief

81% Showed improvements in relationships at home and in school

99% Completion rate in 2025. A huge achievement considering 75% of these YP were struggling to leave the house alone.

100% Of our young people want to come back again



This young person was referred to us in 2023 and has experienced significant and complex challenges, including diagnoses of ASCD, ADHD, severe anxiety disorder, OCD, and PTSD, alongside experiences linked to self-harm and suicidal thoughts

Through consistent, long-term support, we have helped him develop a sense of calm and emotional safety. Having the time to work with him over an extended period has allowed us not only to support regulation, but to gradually build confidence, curiosity, and enjoyment. More recently, this has included developing the ability to be playful with the horses — something he had never believed possible.



















A Year in the Lives we've helped



"I learned to stay calm and assertive around others—maintaining my space without pushing people away. I now feel more grounded and in control, even when I start out feeling anxious. Working one-on-one in this environment gave me the confidence to develop new skills that I can use every day. Learning to stay calm in difficult situations has truly changed my life."

Quote from a young person referred with anxiety & childhood trauma who after two years of not being unable to leave the house alone not only completed her GCSEs but is now thriving in college, embracing new opportunities with confidence.











This young person joined Centred Horseplay last summer after being out of school—and without any form of alternative provision—for over three years.

He had been permanently excluded due to extreme behaviour and was awaiting a formal ADHD diagnosis. Despite numerous attempts, he had been unable to engage with therapy or mentoring support. At the time of referral, he was just 11 years old.
Following his ReStart week, he returned for weekly sessions to build on the skills he had begun to develop. Over time, he learned to trust adults, communicate more effectively, and assert himself in a safe and appropriate way. These changes had a positive impact not only on him, but also on his wider family relationships.

In December 2024, Centred Horseplay supported his transition into an alternative learning provision alongside other young people. With continued support and growing confidence, he successfully took the next step to a specialist school in September.



A Year in the Lives we've helped



Our Purpose and Approach

Since 2016, Centred Horseplay has delivered well-evidenced, high-impact equine-assisted interventions developed by TheHorseCourse. Our work supports children, young people, and at-risk adults experiencing challenges related to mental health, emotional wellbeing, and social engagement. Our behaviour change programmes are designed to help participants build confidence, resilience, and essential life skills within a safe, supportive, and nurturing environment and particularly effective as an alternative to traditional talk-based approaches, particularly for those who feel overwhelmed, disengaged, or unable to access other forms of support.

Alongside our core programmes, we provide Alternative Provision for young people who are disengaged from formal education, as well as practical Non-Verbal Toolbox training for families and professionals working in supportive roles. Our approach is grounded in the principle of teaching the body first, allowing the mind to follow. Many of the individuals we support have not previously experienced a sustained state of calm or understood its importance.

Through carefully designed, experiential activities with horses, participants learn to regulate their energy levels—developing the ability to increase or decrease arousal in response to different situations.
By the midpoint of a typical programme week, participants will have practised achieving a state of calm at least 100 times. Initially, this regulation is motivated through their interaction with the horses, as participants quickly recognise that their emotional state directly influences outcomes. Over time, this embodied learning becomes internalised, supporting lasting behavioural change.

This ability to self-regulate is one of eight core skills embedded within our programmes. For many participants, it is the most transformative, forming the foundation for improved emotional control, increased confidence, and sustained progress across other areas of their lives.
The ReStart programme is designed to do exactly what its name suggests — offer a meaningful reset for those who have become stuck. Through a series of immersive, practical sessions delivered over four to five consecutive days, participants learn and practise new strategies in real-life contexts, helping to embed lasting approaches to managing the severe anxieties many face on a daily basis.
We have seen particularly strong outcomes when we are able to work with the whole family. By supporting families to better understand one another's experiences and challenges, and equipping them with shared strategies, we help create more consistent, supportive environments that enable lasting change.

To ensure the highest standards of safety, quality, and impact, Centred Horseplay is accredited by TheHorseCourse, a nationally recognised, evidence-based programme model. We are one of only 14 organisations globally, and the only charity in our region of the South West, licensed to deliver this work. Of these organisations, 12 are based in the UK, with others located in the USA, Canada, the Netherlands, and New Zealand.



Who we support

Centred Horseplay works with individuals who aren't engaging with traditional, talk-based therapies, or who have tried and made no meaningful progress. Our participants are typically living with complex emotional, mental health, or neurodiverse needs that have left them excluded, overwhelmed, or shut down in the face of conventional support.

Our action-based approach is designed specifically for people who can't—or won't—talk about their emotions. Every participant is referred because talking therapy hasn't worked, or they're no longer making progress. Grounded in trauma-informed practice, we recognise that for many individuals, particularly those who have experienced trauma, engaging through doing rather than talking can feel safer and more accessible. By working alongside carefully selected horses, participants are supported to regulate their emotions, build calmness, confidence, and resilience through non-verbal, experiential learning that meets them where they are.

Participants are referred to us by a range of professionals, including Children's Services, Edge of Care teams, schools, NHS and mental health services, Families First teams, Youth Justice and Offender Services, as well as specialist agencies and charities supporting those affected by domestic violence, substance misuse, or additional educational needs.
Some of the young people referred to us by Child and Adolescent Mental Health Services (CAMHS) may have a formal diagnosis of a mental health condition—currently around 81% of our referrals. However, many others are referred by social workers, education professionals, or family support services who primarily describe their needs in terms of emotional regulation, behaviour, or difficulties with social engagement.

Regardless of referral route, the majority of individuals we support experience severe anxiety alongside a range of mental health challenges that significantly affect their ability to engage with education, relationships, and everyday life. Participants typically present with complex emotional, mental health, or neurodiverse needs, often resulting in them feeling excluded, overwhelmed, or unable to engage with conventional support. Most individuals present with multiple overlapping challenges, commonly experiencing two to four of the issues outlined below.

- Depression
- Autism Spectrum
- PTSD
- ADHD
- OCD
- Anxiety diagnosis
- Oppositional defiant disorder
- Young carer

- School exclusion
- Not able to go to school, college or work
- Risk taking behaviour
- Offending behaviour
- Bereavement
- Young carer
- Repeat victim of crime
- Agoraphobia
- Anger management issues

- Substance misuse
- Mood swings/Impulsivity
- Agressive Violent
- Bullying/bullied
- Attachment disorder
- Lacks empathy
- Impulsive behaviour
- Risk taking behaviour

- Disengaged
- Low self-esteem
- Self-harm
- Gender identity challenges
- Suicidal
- Eating disorder
- Mute/non-responsive
- Repeat victim of crime

What is a ReStart?



Most individuals we support begin their journey through ReStart, a fully bespoke, one-to-one programme designed to meet the specific needs of each participant.
The programme delivers an immersive and structured series of equine-assisted sessions that use experiential learning to support the development of essential life skills through direct, lived experience.

The programme is delivered within a calm and purpose-designed setting and is particularly effective for individuals who are traditionally hard to reach or disengaged from mainstream services. ReStart supports participants to develop emotional awareness, resilience, and readiness to re-engage with learning, education, or wider life opportunities.

There is no classroom content or counselling. Instead, participants are guided through practical horsemanship tasks that provide immediate, honest, non-verbal feedback. Through doing—not talking—they practise skills such as calmness, assertiveness, focus, perseverance, and empathy in real time. The approach is trauma-informed, neurodiversity-friendly, and adaptable to individual pace and readiness.

Each ReStart includes:

- Four or five 1:1 equine-assisted sessions (between 2 & 2.5 hours each day totalling 10 hours)
- A filmed horsemanship video for the participant to keep
- A structured progress review using the HorseCourse Skills Star
- A certificate of completion
- A written handback report for referrers or support professionals

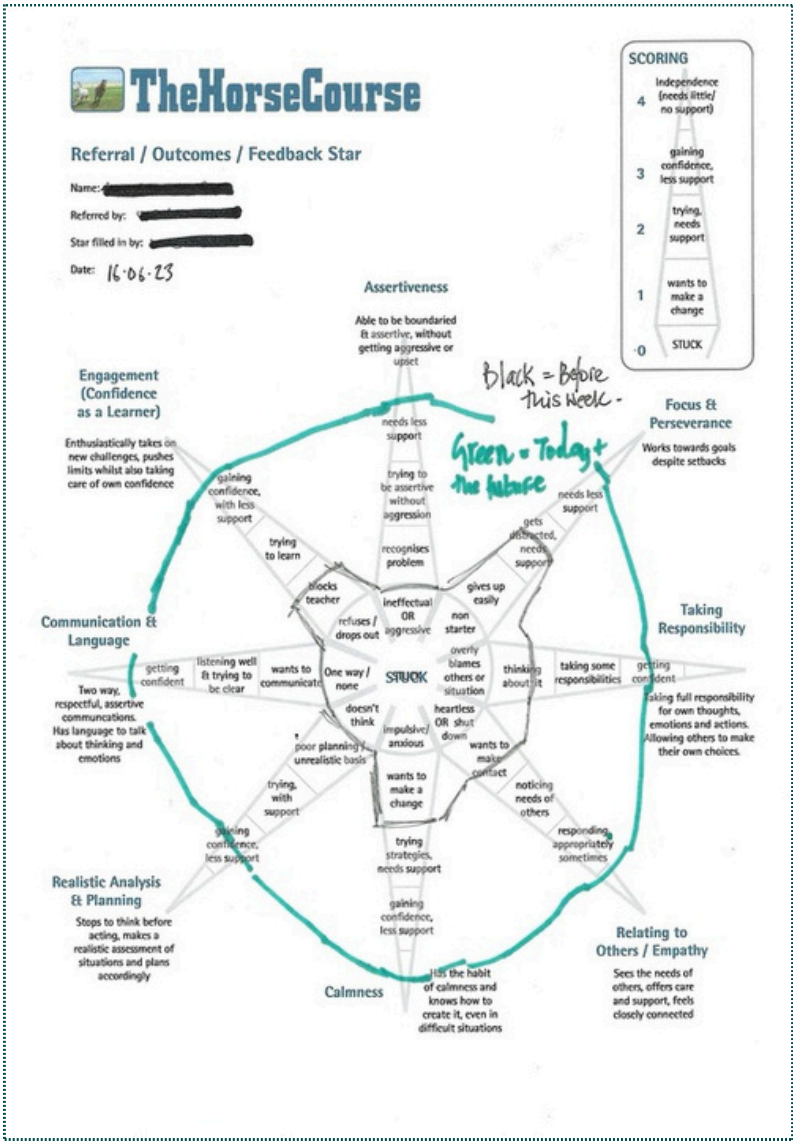
All provision is delivered on an individual basis, ensuring that sessions are tailored to each participant's pace, needs, and capacity for engagement. This includes Family ReStart programmes, in which individual family members are initially supported separately before being brought together at an appropriate stage. This staged and personalised approach supports trust-building, effective communication, and sustainable change.

Participants' readiness to learn is continually assessed throughout the programme. Horsemanship-informed strategies are applied responsively to support individuals in achieving and maintaining an optimal emotional and physiological state for learning. Over the course of the programme, participants develop personalised self-management strategies and practise these repeatedly through progressively more complex tasks and with gradually reduced levels of support.Participants succeed only by adapting how they present themselves learning through coaching, feedback from expressive horses, and immediate natural consequences.

Structured reflection is embedded throughout delivery, enabling participants to identify and consolidate the strategies most effective for them. Reported outcomes include sustained improvements in emotional regulation, confidence, and behaviour, with many participants going on to successfully re-engage with education, training, employment, or appropriate therapeutic provision.

The ReStart Skills Star

Participants learn and practice eight core skills, outlined in our Skills Star. Success in these tasks is only possible when they apply calm, focused energy—skills reinforced through clear, immediate feedback from the horses, who are sensitive and expressive yet entirely unbiased.



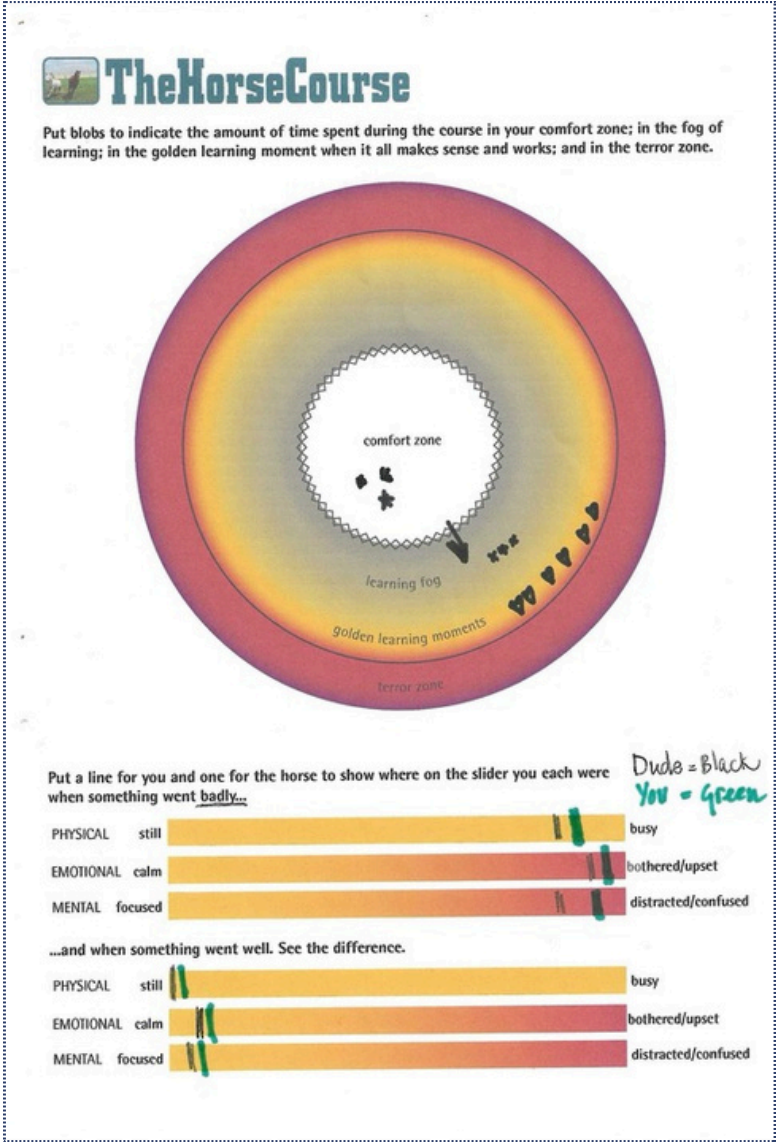
- Engagement (Confidence as a Learner) - enthusiastically taking on new challenges, pushing limits whilst also taking care of own confidence.
- Responsibility - taking responsibility for our own thoughts, emotions and actions. (For some stopping taking the blame & responsibility)
- Calmness - having the habit of calmness and knowing how to create it in difficult situations
- Assertiveness - able to be calmly assertive, without getting aggressive or upset. Understanding that its ok to make health boundaries.
- Realistic Analysis & Planning - Stopping to think before acting, making a realistic assessment of situations and planning accordingly
- Focus & Perseverance - working towards goals despite setbacks
- Relating to Others/Empathy - seeing the needs of others, being able to offer care and support, feeling closely connected
- Communication & Language - two way, respectful, assertive communications, having language to talk about thinking and emotions

One of the most important uses of the star is as a way of discussing and reflecting on their ReStart on the last day. We talk through each point, thinking about where the participant was at the beginning of the course and how far they got by the end. All the 'before' marks join up to make a shape as do the 'after' marks. The 'after' shape is always bigger, but each participant makes progress at a different rate. The one shown here is fairly typical.The participant keeps a copy of their star and takes responsibility for managing their own progress towards the edges. They learn that these skills are like muscles, if you don't work at them they disappear. We discuss how each skill has an impact on the way life works.

Generally participants are very proud and surprised by how much they have learnt, about themselves and about the skills of self management.

The ReStart Comfort Zone & Slider Chart

No one would imagine that any of our participants would want to do even more paperwork but these two charts provide visual representation of not only have far they have stepped out of their comfort zone in a week but also a reminder of something really tough that have achieved by applying the right mind and body set.



The Comfort Zone Chart encourages participants to visually map and reflect on their experiences throughout the course. They identify periods of comfort (white), feeling confused (grey – the "fog of learning"), and key moments of growth and achievement (golden). We also check for any moments of overwhelm or distress (red).

To support this, participants are encouraged to continually gauge both the horses' and their own confidence on a scale of 1 to 10—where 1 represents their ultimate comfort zone, 10 signals fear or overwhelm, and the numbers in between reflect either positive stretch or being pushed slightly too far. When the numbers climb too high, we use the Approach and Retreat strategy, helping both horse and participant return to a state of calm before moving forward again. This gradual process safely expands comfort zones, while reinforcing that progress comes from calm, confident steps.

This reflective practice helps participants truly understand their learning journey—especially the value and reward of stepping just beyond their comfort zone to reach those "golden" moments of growth.

The slider bars are used to help participants compare their mental and emotional state during a task—first when the task was not successful, and then when it was. They usually realise, when they see it in this visual format, that being calm and focused makes all the difference!

Paperwork and reflection time usually looks a bit like this!



Reporting & Evaluation

We follow a robust evaluation process to ensure our programmes are effective, impactful, and continuously evolving. As an official hub of TheHorseCourse ReStart Programme—a highly structured, evidence-based intervention—we assess all courses in alignment with their detailed Theory of Change, which has been recognised by New Philanthropy Capital as an exemplar in the sector. This framework allows us to measure progress across eight core psycho-social skills.

Our outcomes not only guide service improvement but also contribute to TheHorseCourse's broader body of research, supporting the continued development and validation of this proven approach.

Measurement Tools

We use the Skills Star, a validated tool to measure progress across the eight skills on a scale of 0-4

- Initial Assessment: Referrers rate participants' skills before starting the course
- End-of-Course Assessment: Facilitators and participants assess progress during the final session, comparing "before" and "after" scores
- Follow-Up Assessment: Two months post-course, referrers and participants evaluate sustained progress

Intermediate Outcomes

Two months post course we monitor broader outcomes from referring professionals including:

- Reduced problem behaviours
- Improved relationships
- Better engagement with school, work, or training
- Enhanced self-belief and identity
- Improved mental health

Service User Feedback

Participants, families & referrers provide qualitative and quantitative feedback on these outcomes.

- Each participant provides a rating on how helpful they found the course
- Open-ended feedback is collected to identify strengths and areas for improvement
- ReStart Champions take participant feedback back to a quarterly panel fed back to the Trustee's to ensure we are continually listening to our users & considering relevant updates to our services

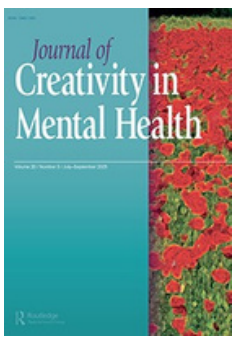
This dual perspective—professional and participant—helps us build a richer picture of impact and ensures that each individual's voice is at the centre of how we understand success.

Beyond this we also hear wonderful stories of transformation like young people returning to school or being able to re-engage with family. Our aim is not just short-term improvement, but long term change and the feedback we have from parents, referrers and participants continues to reflect on this.

Canterbury Christ Church University

Bournemouth University

animals
an Open Access Journal by MDPI

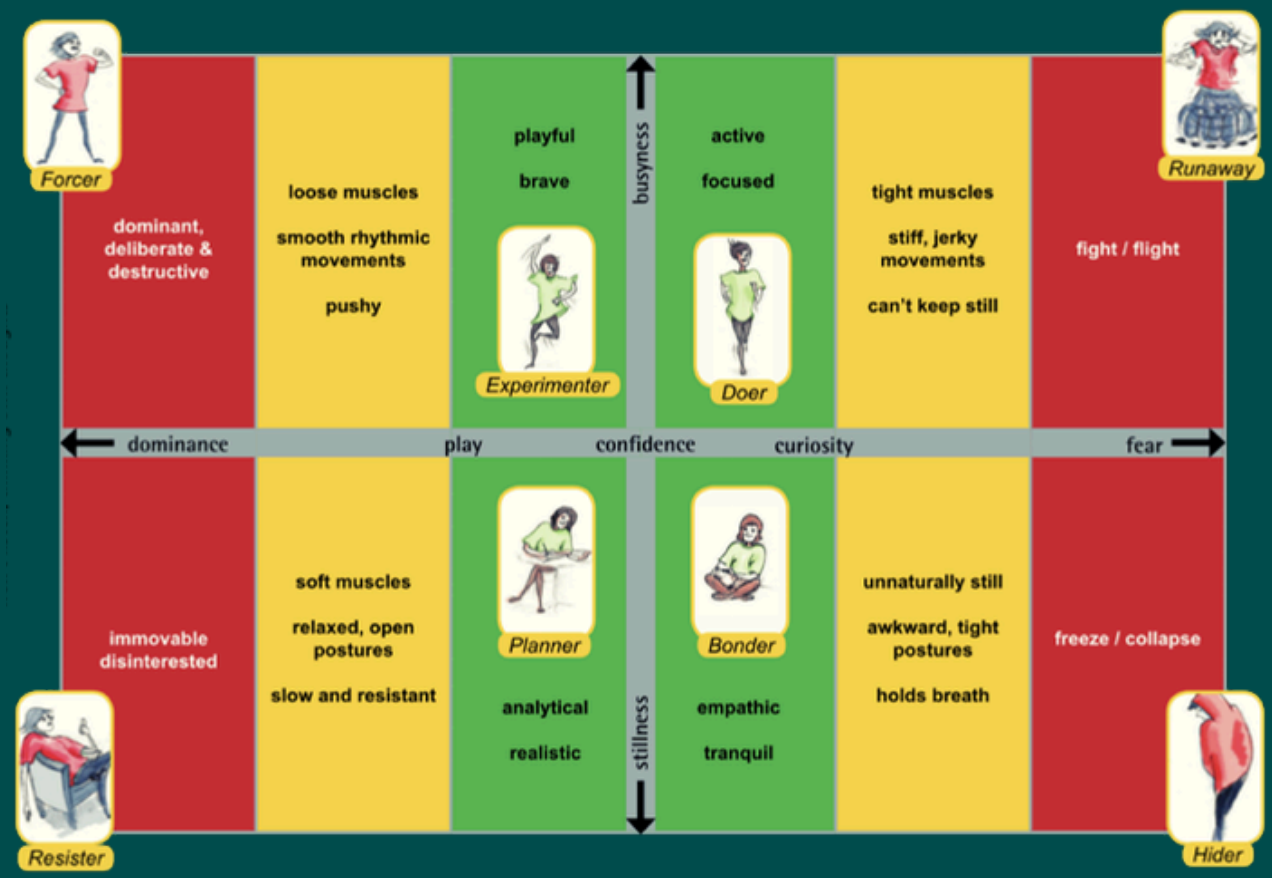


RC PSYCH
ROYAL COLLEGE OF PSYCHIATRISTS

World-leading Evidence Base Specific to TheHorseCourse ReStart Programme – Proven Impacts

- Multiple independent studies published in peer-reviewed scientific journals demonstrate the effectiveness of the ReStart programme.
- A recent study by Bournemouth University highlights significant reductions in anxiety and improvements in calmness and social skills among young participants.
- Participant feedback is collected and shared with TheHorseCourse and evaluated annually to ensure ongoing quality and impact.

Non Verbal Workshops



This two part course equips both professionals and family members with evidence-based, non-verbal strategies derived from the ReStart model. Through practical, skills-focused learning, you will gain tools to support individuals experiencing severe anxiety and related challenges. The approach promotes emotional regulation, resilience, and engagement, enabling more effective support and preventative care. At the core of the training is a simple but powerful truth: the body cannot lie.

Centred Horseplay support individuals experiencing extreme anxiety by helping them to feel what true calmness is like. Importantly, they don't learn this for themselves, their parents, or professionals —but for the horses. By teaching participants to observe and interpret both the horses' body language and their own, they begin to understand how closely the two are connected and how quickly one influences the other.

Through advanced natural horsemanship techniques, participants gain insight into how horses communicate and learn to "speak" in their language. This process relies on subtle, non-verbal strategies and the effective use of body language to build trust and connection. We aim to share the non-verbal strategies we use so that parents, carers, and healthcare professionals can apply them as both preventative tools and practical support for those experiencing similar anxieties.

Non Verbal Strategies

When people struggle to explain what they're feeling—or don't even realise they're dysregulated—their body still shows it. This course teaches participants to spot those signs early and respond in ways that bring calm, connection and cooperation.

This non-verbal toolkit is delivered in two sequential parts to maximise learning and impact. Part one through a face to face workshop at our centre with the opportunity to practice strategies in real time and then followed up with a 2hr online CPD-Certfifed course which includes interactive videos, printable resources, a personal action plan and CPD certification on completition.

These sessions will help you take individuals from red disruptive or shut down behaviour through to ready to engage and learn..

01

Observe

All of us can move across all quadrants and the key is to be able to observe and understand in the moment so we can then begin to shape behaviour using specific strategies.
Are they moving or still? Is that movement smooth or jerky? OR is it so still its awkward? Question is - can they physically not keep still or just won't ? Try really hard to blank out often learned behaviour language.

02

Name Quadrant

- Our dominating extrovert - the Forcer
- Our 'you and who's army' Resister
- Our run first think later Runaway
- Our very shut down Hider

03

Apply Strategy

- Speed up and focus & prepare to really speed up
- Retreat and wait
- Shape behaviour - accept them
- Do less, pique interest

04

Ready to Engage!

- Calm
- Connected
- Responsive
- Not just ready to learn but wanting to learn

Year in Review



Supporting Families to Prevent Escalation

During the reporting period, we worked with 62% more family units than in the previous year. Of these, 70% were identified as Edge of Care, indicating a high level of complexity and risk. This demonstrates both the growing demand for this work and its critical importance in supporting families at points of significant vulnerability. Our continued delivery of family-centred support therefore represents a significant contribution to early intervention and safeguarding outcomes.
While social care and educational funding can sometimes be accessed for the referred individual, securing funding to support the wider family system remains extremely challenging. As a result, this area of work is rarely externally funded despite its clear preventative value.

Building Skills on a Longer-Term Basis

Our Top-Up and Alternative Provision sessions are designed to support participants over a longer period, enabling sustained skill development and meaningful change. These sessions may be delivered with or without horses, take place on the farm, or include supported reintegration with school or college, depending on individual need.
Regular weekly or fortnightly sessions following completion of a ReStart programme provide participants with structured opportunities to apply newly learned coping and self-regulation strategies within their everyday environments. Participants then return to reflect on their experiences, refine their approaches, and build confidence through guided support. In addition, we have been able to offer ad-hoc sessions in advance of particularly stressful events, ensuring timely and responsive support at critical moments.
During the reporting period, we supported 46% more young people through longer-term provision and achieved a number of significant outcomes. Notably, three young people who had been excluded from school for over two years are now successfully re-engaging with peers of their own age and attending schools within Gloucestershire.
A substantial proportion of this essential work has been commissioned by social services and educational settings within the local area. Income generated through these commissions has been reinvested directly into unfunded provision, enabling us to continue delivering family support and individual interventions for those who do not have access to statutory funding.

Impact in Numbers

This year, we continued to grow our reach, delivering our evidence-based ReStart programme to 34 new individuals with multiple and complex needs. We are proud to report a 100% completion rate for all participants in the programme. In total, we delivered over 978 hours of equine-assisted intervention, reflecting our ongoing commitment to providing high-quality, impactful support to those who need it most.
We recorded an average overall improvement of 57% across all eight core areas of our Skills Star and an average participant score of 9.95 out of 10. In addition, feedback collected from referring professionals two months post-course highlighted the following improvements in key intermediate outcomes:

- Education & Learning: 91%

  Of participants demonstrated improvement, with a noticeable increase in young people returning to school or alternative provision.

- Reduction in Problem Behaviours: 90%

  Our activities help individuals develop the ability to remain calm and focused, even in high-pressure or challenging situations.

- Improved Relationships: 92%

  Of participants demonstrated improvement, with a noticeable increase in young people returning to school or alternative provision.

- Personal Identity: 91%

  Our largest year-on-year gain. Participants gain a stronger sense of self-worth and identity, grounded in the values of respect, fairness, and responsibility learned through their work with the horses.

Furthermore, 98% of professionals reported that the changes observed in their clients could be attributed to attendance on our programme, with 79% strongly attributing those improvements directly to participation in the ReStart course.

Financial Review



Financial Overview

During the financial year, Centred Horseplay received a total of £56,624 in donations and contributions towards course delivery. This comprised unrestricted donations, fundraising, grants and participant course contributions of £27,673, and restricted donations totalling £28,951

Annual Expenditure

Course facilitation & essential programme delivery costs: £10,831
This includes specially trained freelance facilitators and all refreshments for participants and families.

Administration and office running costs: £1,855

Insurance and Legal fees: £2,299

Horse care and welfare expenses: £9,792
This figure includes the daily care, upkeep and training of horses. All horses are loaned to the charity for the duration of their suitability to support the ReStart courses.

Facility rent and maintenance: £4,101
We benefit from a below-market rental rate, allowing us to allocate resources efficiently. Ongoing investment is being made to gradually upgrade the facility, with the aim of expanding capacity and enabling year-round delivery of ReStart programmes

Payroll expenses: £18,192

Year End: At year-end, the charity held restricted reserves of £9,477 and unrestricted reserves of £8,925. These reserves will be used to support future programme delivery and core administrative operations.

The charity's reserves policy aims to maintain a minimum of £5,000—the equivalent of ten ReStart courses at the beginning of each programme year. It is the charity's policy not to commence courses unless adequate funding is in place to ensure delivery.



Progress Against 2024–2025 Future Plans

Delivering on Our Commitments

2024 - 2025 Priority	Planned Outcome	Progress Achieved (2024–2025)
Extension of all -weather arena we teach ReStart in	Enable us to offer more Family ReStarts all year round	Part funded by a Spacehive campaign, fundraising and course contributions we were able to extend our arena and already have family ReStarts booked in for the winter months
Grow ReStart Champion panel	Create opportunity for those who have benefited from the ReStart to help improve our services	Recruitment of two post ReStart participants who have actively played a part in helping us to improve our service in 2025
More Non Verbal sessions for Healthcare and Educational Professionals	Preventative & educational tool also ensuring the right people are referred for our services	We delivered 24% more of those this year and included an additional 2hr online CPD-certified course.
Funding for more Family ReStarts building on success in 23/24	Increase reach and early intervention with families	We not only increased our family centric sessions but were able to engage more parents long term through our Non Verbal toolbox training
Funding for more top ups building on success in 23/24	Offer long term help to participants	This year we were able to fund follow up sessions to 18 young people who did not have access to statutory funding

Looking Ahead: Priorities for 2025–2026

1. Maintain High-Quality, Wellbeing-Focused Delivery
We will continue to deliver low-volume, high-quality one-to-one and family-centred provision, ensuring that the wellbeing of both participants and horses remains central to all activity. Caseloads will be managed carefully to maintain safety, effectiveness, and ethical practice.

2. Strengthen Family-Centred Early Intervention
We plan to further develop our family-centred work, particularly with families identified as Edge of Care, recognising the preventative value of supporting the wider family system alongside the referred individual.

3. Expand Access to Longer-Term and Alternative Provision
Building on successful outcomes achieved this year, we aim to continue delivering longer-term Top-Up and Alternative Provision support for young people who are disengaged from education, including supported reintegration where appropriate.

4. Improve Access for Individuals Without Statutory Funding
We will seek to increase our capacity to support individuals and families who do not meet funding thresholds, through careful reinvestment of commissioned income and small-scale fundraising activity.

5. Increase Reach and Engagement Through Social Media
We plan to further develop our social media presence as a low-cost outreach tool to increase awareness of our services, share good practice, and improve access to information for families and professionals. Alongside this, we will use our platforms to support fundraising activity, helping us to reach new supporters, build relationships, and secure the resources needed to sustain and grow our work.

6. Strengthen Governance, Policies, and Sustainability
We will continue to review policies, risk management, and safeguarding arrangements, and explore opportunities to improve financial resilience while remaining aligned with our charitable objects.



Why These Priorities

These priorities reflect learning from the past year, emerging need among the individuals and families we support, and our commitment to delivering effective, ethical, and sustainable services within our available resources.

Structure, Governance & Mangement

Governing Document:	Constitution
How Charity is Constituted:	Charitable Incorporated Organisation
Statutory Declaration	The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.
Trustee's on May 31st 2025	Selena George Jessica Day Ian Leech Amelia Robbins Helen French
Trustee Selection Methods:	Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have the skills, knowledge and experience needed for the effective administration of the CIO.
Induction & Training of new Trustees:	Centred Horseplay (CHP) provides appropriate induction for all staff and volunteers, including trustees. The induction provides training and information about CHP's safeguarding and child protection policies and procedures. CHP provides support to individuals in a way that's appropriate for the role, confirms the conduct expected of staff and provides opportunities for a new member of staff or volunteer to discuss any issues or concerns about their role or responsibilities.
Safeguarding Training Levels	Staff, trustees and volunteers with minimal participant contact – CC Approved or in-house Level 1 training. Staff, trustees and volunteers with occasional unsupervised participant contact – Level 2 training Staff, trustees and volunteers with a high level of participant contact (e.g. Facilitators/SGO) – Level 3

Charity Administration Details

Charity name:	Centred Horseplay
Charity number:	1167226
Charity's operating address:	Shadywell Farm, Middle Dunntisbourne, Near Cirencester, GL7 7AR
Charity's registered address:	Stown Cottage, Crackstone, Near Minchinhampton, GL6 9BD
Bank:	Lloyds Bank 25 Gresham Street, London EC2V 7HN
Independent Examiner:	The Entrepreneurs Accountant (Ripple) Limited Kimberley Northwick, Mark, Highbridge, TA9 4PQ
Contact Details:	Website: Centredhorseplay.org.uk Phone: 07799067235 Email: TheHorseCourse@CentredHorseplay.org.uk



The Trustees of Centered Horseplay
C/o Marie Longstaff
Stown Cottage
Crackstone
Near Minchinhampton
GL6 9BD
19th March 2026

Dear Trustees

Independent examiner's report to the charity trustees of Centered Horseplay

Ireport on the accounts of the Trust for the period ended 31 May 2025, which are set out on pages 1 and 2.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid downin the general Directions given by the Charity Commission (under section 145 (5) (b) of theCharities Act), and
- state whether particular mattershave come to my attention.

Basis of independent examiner's report

Ihave examined your charity accountsinaccordance with the general directions given by the Charity Commission.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examinationandhave no concerns. No matter has come to my attention which:

- gives me reasonable causetobelieve that in, any material respect, the requirements:
  - to keep accountingrecords in accordance with section 130 of the Charities Act;
  - to prepare accountswhich accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A.Dewbery-Case

Ashleigh Dewbery-Case FCCA
Director
On behalf of The Entrepreneurs Accountant (Ripple) Limited

19th March 2026

CHARITY COMMISSION FOR ENGLAND AND WALES

Centred Horseplay	Reg No. 1167226 1167226

Receipts and payments accounts

CC16a

For the period from	01/06/2024	To	31/05/2025

Section A Receipts and payments

	Unres tri cted funds tothe nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
StJames Place		5,000		5,000	-
Barnwood Trust		23,000		23,000	-
Masonic fund	2,000			2,000	2,000
Fundraising - Spacehive		951		951	-
Fundraising / Donations	674			674	1,459
Invoiced courses The Mills Equus Trust	24,999			24,999	22,147
Tewkesbury BC				-	15,000
				-	900
Sub total (Gross income for AR)	27,673	28,951	-	56,624	41,506
A2 Asset and investment sales, (see table).					
	-	-		-	
	-	-		-	-
Sub total	-	-	-	-	-
Total receipts	27,673	28,951	-	56,624	41,506
A3 Payments					
Course delivery	2,363	8,450		10,813	16,849
Facility Maintenance	150	951		1,101	9,370
Charity insurance	453			453	590
Facility hire	2,700	300		3,000	3,000
Travel Expenses				-	1,027
Refreshments	18			18	105
Legal and professional fees	1,846			1,846	635
Horse costs	9,492	300		9,792	9,469
Computer expenses	1,177			1,177	405
Salary costs		18,192		18,192	20,221
Office Expenses and maintenance	678			678	639
Training & staff costs				-	240
Sub total	18,877	28,193	-	47,070	62,549
A4 Asset and investment purchases, (see table)					
Arena				-	
Toilet Block				-	
Sub total	-	-	-	-	-
Total payments	18,877	28,193	-	47,070	62,549
Net of receipts/(payments)	8,796	758	-	9,554	- 21,043
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	129	8,719	-	8,848	29,892
Cashfundsthisyear end	8,925	9,477	-	18,402	8,848

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unres tri cted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank	8,925	9,477	-
		-	-	-
		-	-	-
	Total cash funds	8,925	9,477	-
	(agree balanceswithreceiptsandpayments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Ian Leech (Chairperson) 29/03/2026

Amelia Robbins 29/03/2026

Thank you



CENTRED HORSEPLAY

E: TheHorseCourse@Centredhorseplay.org.uk
T: 07799067235
www.Centredhorseplay.org.uk

CENTRED HORSEPLAY

England & Wales - Charity number 1167226

Accounts

CENTRED HORSEPLAY



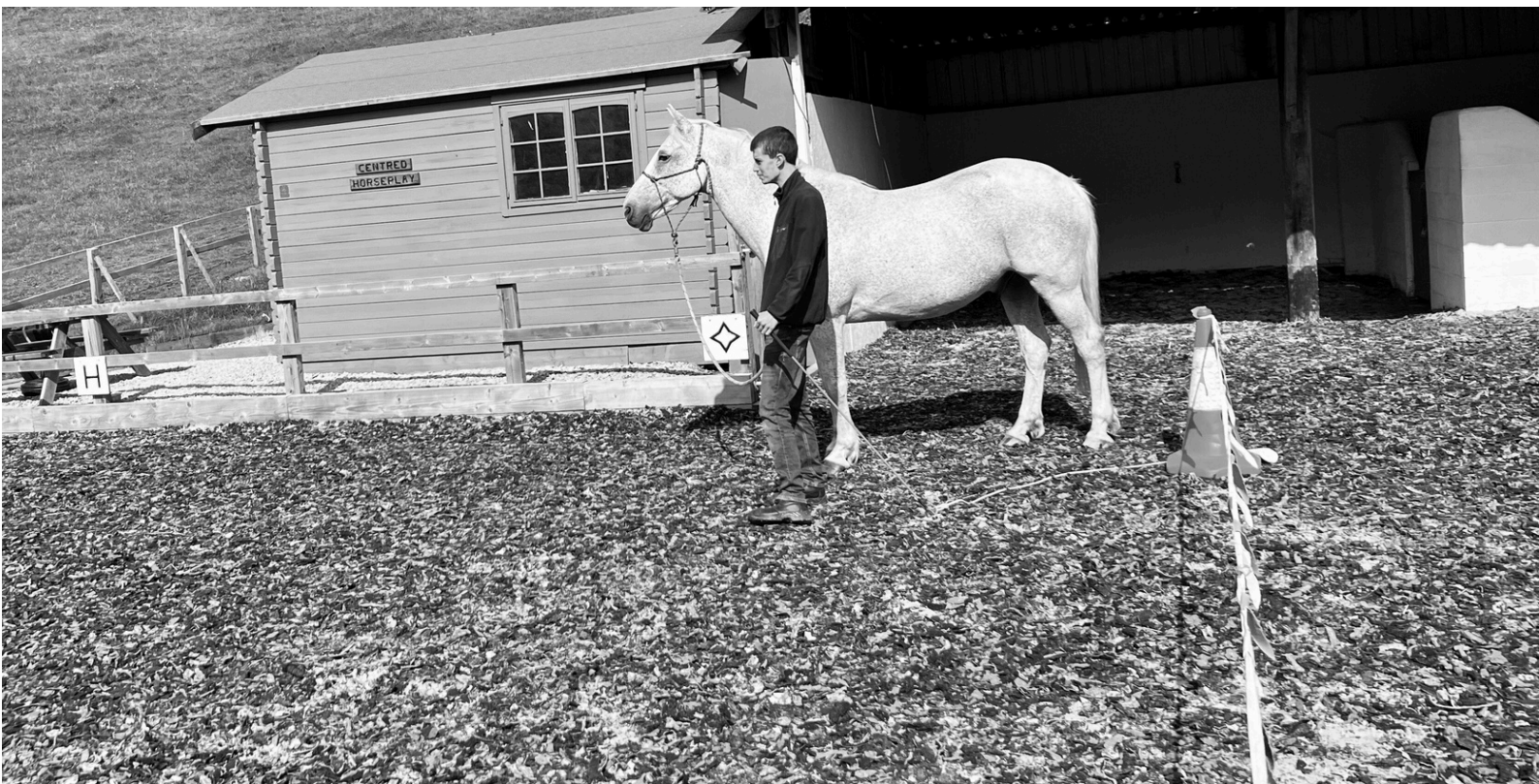
ANNUAL REPORT

for the Period 1 June 2023 to 31 May 2024

March 2025

Reference & Administration Details

Charity name:	**Centred Horseplay**
Charity number:	**1167226**
Charity's operating address:	**Shadywell Farm, Middle Dunntisbourne, Near Cirencester, GL7 7AR**
Bank:	**Lloyds Bank 25 Gresham Street, London EC2V 7HN**
Independent Examiner:	**The Entrepreneurs Accountant (Ripple) Limited Kimberley Northwick, Mark, Highbridge, TA9 4PQ**
Name	**Marie Whitaker (nee Longstaff)**
Role:	**Fundraising and Administration**



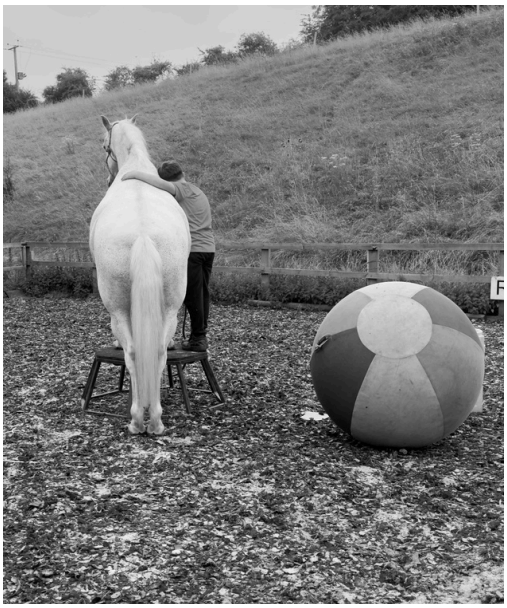
Structure, Governance & Mangement

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Safeguarding Training Levels	Staff, trustees and volunteers with minimal participant contact – CC Approved or in-house Level 1 training. Staff, trustees and volunteers with occasional unsupervised participant contact – Level 2 training Staff, trustees and volunteers with a high level of participant contact (e.g. Facilitators/SGO) – Level 3

Name of Charity Trustees who managed the charity during this report

Trustee Name	Office	Appointed	Retired
Selena George	Chairman	19.05.2016	N/A
Jessica Day	Trustee	17.01.2023	N/A
Ian Leech	Trustee	19.05.2016	N/A
Amelia Robbins	Safeguarding Officer	17.01.2023	N/A
Helen French	Trustee	17.01.2023	N/A

Objectives and Activities



To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

To relieve the needs of adults and children/young people aged 8 and over living in the Gloucestershire area with (either diagnosed or undiagnosed) mental, emotional, or sensory disabilities/disorders/illnesses and/or problematic behaviours, who are not making progress with mainstream talking therapies, through:

a) the provision of equine assisted therapy programmes designed to promote their health and wellbeing and rehabilitation and to support them to engage fully in education, training or work through the development of core skills;

(b) advancing the education of those supporting such people.



Participants are referred from Children's Services, Edge of Care, NHS, Mental Health Services, Families First Teams, Youth Justice, Offender Services and other specialist agencies such as charities working with Domestic Violence or Drug and Alcohol Services those helping children and young people with specialist educational needs.
The young people referred have typically 2–4 issues from the list below and they are referred because they are 'stuck' or disengaged from talk-based support. Some young people who are referred from Child & Adolescent Mental Health Services may have a formal diagnosis of a mental health problem (35% of referrals), however the majority are referred by social workers or teachers who report primarily the reason for referral in behavioural or social terms.

Depression
Autism Spectrum
PTSD
ADHD
OCD
Anxiety diagnosis
Oppositional defiant disorder
Young carer
School exclusion
Not able to go to school, college or work

Substance misuse
Mood swings/Impulsivity
Agressive Violent
Bullying/bullied
Attachment disorder
Lacks empathy
Impulsive behaviour
Risk taking behaviour
Offending behaviour
Bereavement
Young carer
Repeat victim of crime

Disengaged
Low self-esteem
Self-harm
Gender identity challenges
Suicidal
Eating disorder
Mute/non-responsive
Repeat victim of crime
Agoraphobia
Anger management issues
Offending behaviour

The ReStart

All new referrals begin with our ReStart program, an action-based, hands-on intervention with horses, tailored to each individual's pace and needs.





NON-VERBAL TECHNIQUES ARE USED TO CALM AND ENGAGE CHALLENGING PARTICIPANTS

SPECIALLY DESIGNED HORSEMANSHIP TASKS TEACH 8 CORE SKILLS ON THE STAR

SPECIALLY TRAINED HORSES GIVE FEEDBACK & REWARD IN THE MOMENT

REFLECTIVE SESSION

FAMILY/PEER INVOLVEMENT

HANDBACK TO PROFESSIONAL

TOP UPS - WITH & WITHOUT HORSES

NON VERBAL STRATEGIES WITH FAMILY

The Change Journey

This immersive five-day course is designed to gently disrupt participants' habitual patterns of thinking and emotional responses, enabling them to experience the profound impact of a calm mind. Within a safe and supportive environment, we help individuals—particularly those who are hardest to reach—become open and ready to learn.

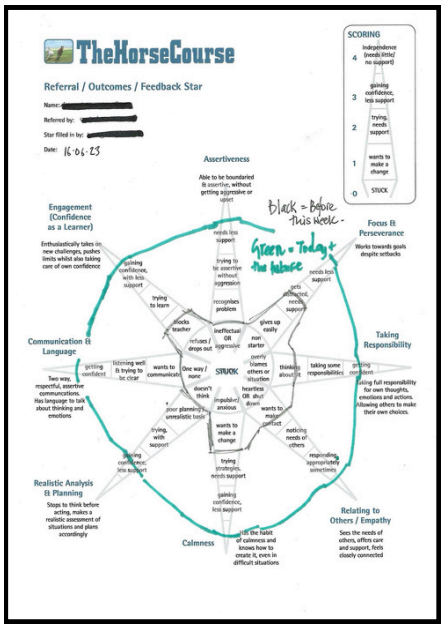
Focused on horsemanship challenges rather than past issues and offending behaviour. This is intended to diminish previous problem labels whilst people are on the course and favours a 'here and now' approach.In addition, focussing on horses' emotional wellbeing aims to avoid well-practised 'blocks' to self-scrutiny that might be evoked by a more direct 'correctional' or therapeutic approach, whilst at the same time building skills in observation and empathy.

Throughout the course simple language such as 'calm/bothered' and 'focused/distracted' is used to observe, at first, the horses' emotions and thoughts and then the participants' and facilitators'. It is assumed that having comfortable language to describe emotions and thoughts is a first step towards managing them.

Participants are constantly observed in regard to their 'readiness to learn' and horsemanship-inspired strategies are responsively employed to bring them into a learning state.

By the end of the course participants have learnt individually tailored self-management strategies and practised them repeatedly under increasing pressure (tougher challenges, less support) on the course. Novel, behavioural approaches are employed to ensure calmness and 'readiness to learn' (e.g. approach & retreat, mirroring, over-activity, extreme play, patterns).
In the final session, facilitators and participants reflect together on the progress made, identifying effective strategies that can be carried forward and applied in everyday life.

The Skills Star

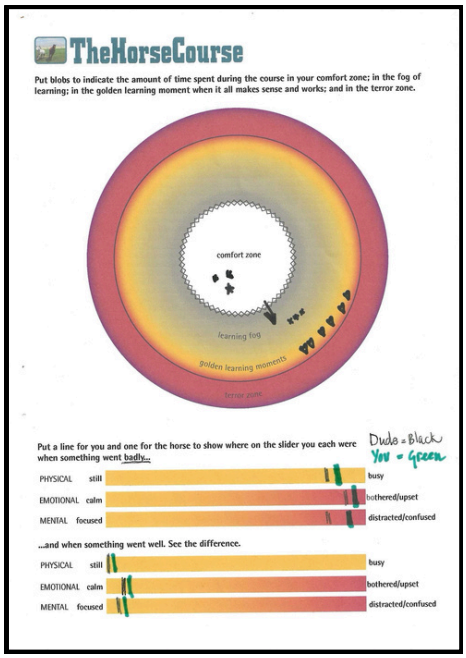


Participants learn and rehearse eight core skills, outlined in our Skills Star Success in these tasks is only possible when they apply calm, focused energy—skills reinforced through clear, immediate feedback from the horses, who are sensitive and expressive yet entirely unbiased.

- Engagement (Confidence as a Learner) - enthusiastically taking on new challenges, pushing limits whilst also taking care of own confidence
- Responsibility - taking responsibility for our own thoughts, emotions and actions
- Calmness - having the habit of calmness and knowing how to create it in difficult situations
- Assertiveness - able to be calmly assertive, without getting aggressive or upset
- Realistic Analysis & Planning - Stopping to think before acting, making a realistic assessment of situations and planning accordingly
- Focus & Perseverance - working towards goals despite setbacks
- Relating to Others/Empathy - seeing the needs of others, offering care and support, feeling closely connected
- Communication & Language - two way, respectful, assertive communications, having language to talk about thinking and emotions

The most important use of the star is as a way of discussing and reflecting on the course on the last day. We talk through each point, thinking about where the participant was at the beginning of the course and how far they got by the end. All the 'before' marks join up to make a shape as do the 'after' marks. The 'after' shape is always bigger, but each participant makes progress at a different rate. The one shown here is fairly typical.The participant keeps a copy of their star and takes responsibility for managing their own progress towards the edges. They learn that these skills are like muscles, if you don't work at them they disappear. We discuss how each skill has an impact on the way life works.
Generally participants are very proud and surprised by how much they have learnt, about themselves and about the skills of self management.

Comfort Zone & Slider



The Comfort Zone Chart encourages participants to visually map and reflect on their experiences throughout the course. They identify periods of comfort (white), feeling confused (grey – the "fog of learning"), and key moments of growth and achievement (golden). We also check for any moments of overwhelm or distress (red). This reflective process helps participants understand the learning journey—particularly the value and reward of stepping slightly outside their comfort zones to reach those “golden” learning moments.
A core strategy we use to support this is Approach and Retreat, which teaches participants to recognise when their numbers are too high and to return to a state of calm and confidence before moving forward again. This helps us gradually expand their comfort zones in a safe and structured way.

The slider bars are used to help participants compare their mental and emotional state during a task—first when the task was not successful, and then when it was. They usually realise, when they see it in this visual format, that being calm and focused makes all the difference!

Reporting and evaluation

We have a rigorous evaluation process to ensure our programs are effective, impactful, and continually improving.

As providers of TheHorseCourse ReStart Programme, a highly structured and evidence-based intervention. We evaluate our courses inline with their detailed Theory of Change framework which was published as an exemplar by New Philanthropy Capital and includes measurable outcomes in eight psycho-social skills:

- Calmness
- Assertiveness
- Communication
- Responsibility (for emotions, thoughts, and behaviour's)
- Engagement/Confidence as a learner
- Focus and Perseverance
- Empathy
- Realistic Analysis and Planning

Measurement Tools
We use the Skills Star, a validated tool to measure progress across the eight skills on a scale of

- Initial Assessment: Referrers rate participants' skills before starting the course
- End-of-Course Assessment: Facilitators and participants assess progress during the final session, comparing "before" and "after" scores
- Follow-Up Assessment: Two months post-course, referrers and participants evaluate sustained progress

Intermediate Outcomes
Two months post course we monitor broader outcomes including:

- Reduced problem behaviours
- Improved relationships
- Better engagement with school, work, or training
- Enhanced self-belief and identity
- Improved mental health

World-leading Evidence Base Specific to TheHorseCourse ReStart Programme – Proven Impacts

- Multiple independent studies published in peer-reviewed scientific journals demonstrate the effectiveness of the ReStart programme.
- A recent study by Bournemouth University highlights significant reductions in anxiety and improvements in calmness and social skills among young participants.
- Participant feedback is collected and shared with TheHorseCourse and evaluated annually to ensure ongoing quality and impact.

Service user Feedback
Participants, families & referrers provide qualitative and quantitative feedback on these outcomes.

- Each participant provides a rating on how helpful they found the course (average score: 9.75/10)
- Open-ended feedback is collected to identify strengths and areas for improvement
- ReStart Champions take participant feedback back to a quarterly panel fed back to the Trustee's to ensure we are continually listening to our users & considering relevant updates to our services



This young man has been with us for 18 months, navigating a range of complex challenges, including diagnoses of ASC, ADHD, Severe Anxiety Disorder, self-harming behaviours, suicidal ideation, OCD, and PTSD. After completing his initial ReStart programme, we've continued to support him in building and applying strategies to help him stay calm and manage pressure more effectively.
Experiencing what calm truly feels like—and recognising the positive impact it has when learning something new or facing difficult moments—has been transformative for him
As his confidence and self-worth have developed, he has also gained the ability to learn new skills and engage more fully with the horses—including being able to work playfully with them, which he never imagined he could do.
This is him with Merlin, one of our much-loved horses, who was shortlisted for a BBC Make a Difference Award—an honour that reflects the powerful connection they've built together.

Other Services

In addition to our flagship ReStart programme, we also offer a range of complementary services designed to provide continued support and meet a variety of individual and family needs.



Family Programme

This specialised programme offers either dual sessions involving both the parent and young person or individual ReStart sessions, with families brought together at a carefully chosen point in the process to support progress. We actively encourage family involvement towards the end of the week, providing the opportunity to introduce our non-verbal strategies and share the new tools the young person has been developing. This collaborative approach ensures consistency, strengthens relationships, and supports long-term positive change within the home environment.

Top ups

Building skills on a longer term basis. This can be with or without horses and can include reintegration with school/college. Weekly or fortnightly sessions following a ReStart provide participants with the opportunity to apply newly learned coping strategies in their everyday environments, and then return to reflect, refine, and build on those experiences with guided support.

Non Verbal Workshops

A specialist course designed for frontline professionals working in healthcare, education, and social care settings. This workshop equips practitioners with practical, non-verbal tools to improve engagement and build rapport with individuals who are difficult to reach or resistant to verbal communication. Delivered in small groups of up to 10, the course provides hands-on strategies to support young people more effectively in everyday professional interactions.







Year in Review



Working with families

This year marked the second consecutive winter we've been able to open year-round—allowing us to continue supporting individuals and families who needed our help during the darkest and loneliest time of the year when our services are always most in demand.
This year, we extended our support to a greater number of families, achieving some of our most impactful outcomes to date—both immediately following the intervention and at the two-month follow-up. Building on this success, we are committed to prioritising future funding efforts to expand our work with families.

Sustained Impact Through Continued Engagement

In 2024, we expanded our support to include longer-term engagement with several young people following their initial ReStart. While the immersive five-day ReStart course remains a powerful intervention—consistently producing transformational outcomes—regular follow-up sessions (weekly or fortnightly) have demonstrated significant added value for individuals requiring extended support.
A key example from this period involves a young person who had been entirely disengaged from education. Following her ReStart, she was able to re-enter school on a reduced timetable. With six months of consistent top-up sessions, she successfully transitioned back to full-time education.
The referring school, having seen the lasting benefits, has since committed to funding continued fortnightly sessions to help sustain her progress.
This case highlights the importance of ongoing support post-ReStart for those with more complex needs and reinforces our aim to offer flexible, longer-term programming where appropriate.

Impact in Numbers

This year, we continued to grow our reach, delivering our evidence-based ReStart programme to 44 new individuals with multiple and complex needs. We are proud to report a 100% completion rate for all participants in the programme. In total, we delivered over 748 hours of equine-assisted intervention, reflecting our ongoing commitment to providing high-quality, impactful support to those who need it most.

We recorded an average overall improvement of 38% across all eight core areas of our Skills Star and an average participant score of 9.75 out of 10. In addition, feedback collected from referring professionals two months post-course highlighted the following improvements in key intermediate outcomes:

- Education & Learning: **89%**
  Of participants demonstrated improvement, with a noticeable increase in young people returning to school or alternative provision.
- Improved Relationships: **92%**
  Of participants demonstrated improvement, with a noticeable increase in young people returning to school or alternative provision.
- Reduction in Problem Behaviours: **90%**
  Our activities help individuals develop the ability to remain calm and focused, even in high-pressure or challenging situations.
- Personal Identity: **91%**
  Our largest year-on-year gain. Participants gain a stronger sense of self-worth and identity, grounded in the values of respect, fairness, and responsibility learned through their work with the horses.

Furthermore, **96%** of professionals reported that the changes observed in their clients could be attributed to attendance on our programme, with **64%** strongly attributing those improvements directly to participation in the ReStart course.

Financial Review



Financial Overview

During the financial year, Centred Horseplay received a total of £41,505.88 in donations and contributions towards course delivery. This comprised unrestricted donations, fundraising and grants of £16,459, participant course contributions of £22,146.50, and restricted donations totalling £2,900.

Annual Expenditure

Course facilitation & essential programme delivery costs: £16,953.56

This includes specially trained freelance facilitators and all refreshments for participants and families.

Administration and office running costs: £1,001.98

Insurance and Legal fees: £1,225.29

Horse care and welfare expenses: £8,918.95.

This figure includes the daily care, upkeep, and training of horses, including the introduction and preparation of a new horse for programme delivery. All horses are loaned to the charity for the duration of their suitability to support the ReStart courses.

Facility rent and maintenance: £6,239.22

We benefit from a below-market rental rate, allowing us to allocate resources efficiently. Ongoing investment is being made to gradually upgrade the facility, with the aim of expanding capacity and enabling year-round delivery of ReStart programmes

Trustee and facilitator training: £1,171.02

Payroll expenses: £15,083.53

Year End: At year-end, the charity held restricted reserves of £8,719.33 and unrestricted reserves of £129.26. These reserves will be used to support future programme delivery and core administrative operations.

Reserves Policy

The charity's reserves policy aims to maintain a minimum of £5,000—the equivalent of ten ReStart c ourses at the beginning of each programme year. It is the charity's policy not to commence courses unless adequate funding is in place to ensure delivery.



Future plans



- Extension of arena to enable us to offer more Family ReStarts all year round
- Grow ReStart Champion panel
- More Non Verbal sessions for Education clients
- Funding for more Family ReStarts building on success in 23/24
- Funding for more top ups building on success in 23/24
- Grow reach & engagement on social channels



Contact Us

07799067235

TheHorseCourse@Centredhorseplay.org.uk

www.Centredhorseplay.org.uk

Shadywell Farm, Middle Dunntisbourne, near Cirencester

Thank You



CHARITY COMMISSION FOR ENGLAND AND WALES

Centred Horseplay	Reg No. 1167226 1167226

Receipts and payments accounts

CC16a

For the period from	01/06/2023	To	31/05/2024

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Big Lottery funding				-	10,000
Barnwood Trust				-	20,000
Masonic fund		2,000		2,000	2,000
Clothworkers fund				-	5,000
Fundraising / Donations	1,459			1,459	34
Part contribution to courses (various)	22,147			22,147	5,325
HSBC				-	5,000
The Mills Equus Trust	15,000			15,000	15,000
High Sheriff fund				-	2,000
Tewkesbury BC		900		900	-
Transfer between funds	728	- 728		-	
Sub total *(Gross income for AR)*	39,334	2,172	-	41,506	64,359
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	-	-		-	-
Sub total	-	-	-	-	-
Total receipts	39,334	2,172	-	41,506	64,359
A3 Payments					
Course delivery	12,649	4,200		16,849	12,877
Facility Maintenance	3,239	6,131		9,370	8,162
Charity insurance	590			590	998
Facility hire	2,175	825		3,000	3,000
Travel Expenses	889	138		1,027	1,110
Refreshments	105			105	51
Legal and professional fees	635			635	1,714
Horse costs	8,919	550		9,469	1,634
Computer expenses	405			405	420
Salary costs	15,084	5,138		20,221	19,514
Office Expenses and maintenance	639			639	777
Training & staff costs	240			240	1,854
Sub total	45,569	16,981	-	62,549	52,111
A4 Asset and investment purchases, (see table)					
Arena				-	
Toilet Block				-	
Sub total	-	-	-	-	-
Total payments	45,569	16,981	-	62,549	52,111
Net of receipts/(payments)	- 6,235	- 14,809	-	- 21,043	12,248
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	6,364	23,528	-	29,892	17,644
Cash funds this year end	129	8,719	-	8,848	29,892

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank	129	8,719	-
		-	-	-
		-	-	-
	Total cash funds	129	8,719	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Ian Leech (Chairperson) _____ 21.03.25

Amelia Allen _____ 22.03.25

The Trustees of Centered Horseplay
C/o Marie Longstaff
Stown Cottage
Crackstone
Near Minchinhampton
GL6 9BD

25th March 2025

Dear Trustees

Independent examiner's report to the charity trustees of Centered Horseplay

I report on the accounts of the Trust for the period ended 31 May 2024, which are set out on pages 1 and 2.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145 (5) (b) of the Charities Act), and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts in accordance with the general directions given by the Charity Commission.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination and have no concerns. No matter has come to my attention which:

- gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section 130 of the Charities Act;
    - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A. Dewbery-Case

Ashleigh Dewbery-Casr FCCA
Director
On behalf of The Entrepreneurs Accountant (Ripple) Limited

Date: 25/03/2025

CENTRED HORSEPLAY

England & Wales - Charity number 1167226

Accounts

Centred Horseplay

Charity Number: 1167226

Trustees' Annual Report and Financial Statements for the Period 1 June 2022 to 31 May 2023

March 2024

Reference & Administration Details

Charity name:	Centred Horseplay
Charity number:	1167226
Charity's operating address:	Shadywell Farm, Middle Duntisbourne, Cirencester, GL7 7AR

Names of the Charity Trustees who managed the Charity during the report period.

	Trustee Name	*Office*	*Appointed*	*Retired*
1	Selena George	Chairperson	19.05.2016	N/A
2	Jessica Day	Trustee	17.01.2023	N/A
3	Ian Leech	Local Liaison	19.05.2016	N/A
4	Amelia Robbins	Safeguarding Officer	17.01. 2023	N/A
5	Helen French	Trustee	17.01.2023	N/A

Names & Addresses Bank and Advisors

	Name	*Address & Postcode*
Bank:	Lloyds Bank	25 Gresham Street, London EC2V 7HN
Independent Examiner:	Ashleigh Dewbery-Lugg	The Entrepreneurs Accountant (Ripple) Limited Kimberley Northwick, Mark, Highbridge, TA9 4PQ

Names of Senior Staff with Delegated Responsibilities

	Name	*Role*
1	Marie Whitaker (nee Longstaff)	Fundraising and Administration

Structure, Governance & Management

Governing Document:	Constitution
How the Charity is Constituted:	Charitable Incorporated Organisation
Trustee Selection Methods:	Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regards to the skills, knowledge and experience needed for the effective administration of the CIO
Induction & Training of new Trustees:	Post Appointment Induction CHP provides appropriate induction for all staff and volunteers, including trustees. The induction provides training and information about CHP's safeguarding and child protection policies and procedures. CHP provides support to individuals in a way that's appropriate for the role, confirms the conduct expected of staff and provides opportunities for a new member of staff or volunteer to discuss any issues or concerns about their role or responsibilities. **Safeguarding Training Levels** Staff, trustees and volunteers with minimal participant contact – CC Approved or in-house Level 1 training. Staff, trustees and volunteers with occasional unsupervised participant contact – Level 2 training Staff, trustees and volunteers with a high level of participant contact (e.g. Facilitators/SGO) – Level 3

Objectives & Activities

Objectives

The objectives of Centred Horseplay are:

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

To relieve the needs of adults and children/young people aged 8 and over living in the Gloucestershire area with (either diagnosed or undiagnosed) mental, emotional, or sensory disabilities/disorders/illnesses and/or problematic behaviours, who are not making progress with mainstream talking therapies, through:

(a) the provision of equine assisted therapy programmes designed to promote their health and wellbeing and rehabilitation and to support them to engage fully in education, training or work through the development of core skills;

(b) advancing the education of those supporting such people.

Activities

Re-start Course – Our flagship course is usually delivered over 5 consecutive days with 1 to 1 facilitator support. We teach, rehearse, and repeat key resilience skills in an intensive and challenging but fun way. All sessions take place in action with horses selected and trained to provide especially clear and easily observed feedback to participants guided by the facilitator. The course helps to develop positive habits through the following skills:

- Engagement – taking on new challenges and pushing limits, mindful of own confidence.
- Responsibility – for own thoughts, emotions and actions
- Calmness – developing a calmness habit and how to create calmness in difficult situations.
- Assertiveness – able to be calmly assertive, without aggression or upset.
- Realistic Analysis & Planning – think before acting, realistic assessment of situations and planning accordingly.
- Focus & Perseverance – working towards goals despite setbacks.

- Empathy – being aware other needs, offering care and support, feeling closely connected.
- Communication & Language – respectful communications and expression

Each participant has a reflective session with the facilitator looking at their progress in each skills-based area and if successful the participant receives a certificate.

Lighter Touch Sessions – We offer top-up and taster sessions, which are 1 to 1 and can provide a lead into the Re-Start course or a top-up for participants who have completed the main course and need a little extra help or on-going support.

Non-Verbal Toolbox Training – A course designed for frontline professionals, parents and carers to learn how to engage and relate to difficult clients using non-verbal tools. We teach how to accurately assess emotional status, learn to read the body rather than listen to what is being said and use non-verbal strategies to help clients become calmer and make faster progress. During this period, we ran two well supported sessions with Family First and Edge of Care teams at Gloucestershire County Council.

Family Support

Building on the success last year and the help of the National Lottery we were able to continue to offer our ReStart programme to families. This work allowed the young people and their parents to be aware of their own mental health challenges, and each other's. We then were able to teach them strategies to help deal with these and support the family as a whole.

Achievements & Performance

Statutory Declaration

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Main Achievements for the Year

The services we provide are based predominantly outside, and as such, the charity has historically closed over the winter months and reopened in April. In May 2022 we successfully completed our relocation to Shadywell Farm, a new facility with a barn area we could use in the winter months. Despite very cold conditions we were able to stay open all year round. The new centre also allows us to have flexibility 7 days a week so we were also able to offer volunteer sessions on the weekend.

During the year we received donations and contributions towards courses amounting to £64,359. One restricted grant from Barnwood Trust contributed towards a full-time salary enabling Marie Whitaker to train as a facilitator, train new facilitators, run the non-verbal sessions, extra top up's and the very valuable weekend sessions.

During the ReStart course we work on 8 core skills that are known to lead to better life choices. Post course reviews are conducted at two months by the person making the original referral and we ask that they do not refer to the original referral document when completing this review.

The ReStart addresses 8 core skills: Engagement (confidence as a learner); Taking Responsibility (owning emotions and behaviour); Calmness (in difficult situations); Assertiveness (accepting and setting boundaries appropriately); Realistic Analysis & Planning (think before you act); Focus & Perseverance (working towards goals despite setbacks); Relating to others/Empathy (constructive connections); Communication & Language (emotional literacy).

We are recording a 34% average overall gain across all the above 8 points of the skill star. The following intermediate outcomes are also measure at 2 months post course:

1. Education & Learning - 87% of participants show improvement.

   Our programme has been shown to increase levels of engagement with education and/or training, we use an action learning process and the magic of the horse to get participants to engage. We are then able to teach them to become confident and effective learners in the horsemanship context.

2. Problem Behaviours - 88% show improvement.

   Our activities train people how to be calm and focused even in difficult and pressured situations.

3. Improved Relationships - 92% show improvement.

   Participants learn, first with a horse then one another how to read others and respond appropriately. This empathy in action creates better relationships.

4. Personal Identity - 87% show improvement.

   Through the ethos learnt and practised with horses, our participants learn a greater sense of respect and self-esteem, fairness, politeness and begin to see themselves as good citizens.

- 94% of professionals attribute changes in their clients to attendance on our course.
- 47% of referrers 'Strongly' attribute this improvement to participation in our course.

Our work has a positive impact on creating stronger communities as our participants re-engage with family, friends, and society as a result of improved life skills. Our course works directly on mental health through teaching and rehearsing 8 fundamental skills required for resilience and wellbeing: Calmness, Assertiveness, Focus, Planning, Empathy, Communication, Responsibility and Confidence. As an aside, the course demands physical activity, often helping participants to make the link between physical activity and mental wellbeing.

The service we provide is truly innovative and it works. We know that 8 out of every 10 young people we work with WILL do better.

Financial Review

Financial Position

During the year the Charity received unrestricted donations of £15,034, course contributions of £5,325 and restricted donations of £44,000 a total of £64,359.

Facilitation of the year's courses and course essential payments totalled £13,083. Horse costs were £1,634. Our facility rental has been considerably reduced at £3,000 but we have had to fund the equipment at £8,162. Training costs were £1,854, travel £1,110, Payroll expenses £19,514, Admin and office running costs were £1,042 Insurance and Legal fees were £2,712.

At the end of the financial year, the Charity held unrestricted funds of £6,364 and restricted funds of £23,528. The reserves will be used to fund future courses and admin expenses of the Charity.

Policy on Reserves

The Charity's reserve policy aims to hold funds equivalent to 10 courses (£5,000) at the start of the course year. It is the charity's policy not to hold courses if funds are forecast not to be available.

There are no deficits to report, and the trustees expect the charity continues as a going concern.

Statutory Notes to the Accounts

Details of Outstanding Guarantee Given by the CIO

None

Details of Any Outstanding Debt

None

Other Information

There are no funds held as custodian trustees on behalf of others.

Declaration

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees

Signature(s): 

Full Name(s): Selena George

Position(s): Chair of Trustee's

Date: 26/03/2024

Independent Examiner's Report on the Accounts

The independent examiners report has been appended to the annual report.

CHARITY COMMISSION FOR ENGLAND AND WALES

Centred Horseplay	Reg No. 1167226 1167226

Receipts and payments accounts

CC16a

For the period from	01/06/2022	To	31/05/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Big Lottery funding		10,000		10,000	-
Barnwood Trust		20,000		20,000	-
Masonic fund		2,000		2,000	-
Clothworkers fund		5,000		5,000	-
Fundraising / Donations	34			34	-
Part contribution to courses (various)	5,325			5,325	7,200
HSBC		5,000		5,000	-
The Mills Equus Trust	15,000			15,000	15,000
High Sheriff fund		2,000		2,000	2,000
Arena Funding				-	9,591
Covid-19 - Job retention scheme				-	1,288
***Sub total** (Gross income for AR)*	20,359	44,000	-	64,359	35,079
A2 Asset and investment sales, (see table).					
	-	-		-	
	-	-		-	-
Sub total	-	-	-	-	-
Total receipts	20,359	44,000	-	64,359	35,079
A3 Payments					
Course delivery	8,388	4,490		12,877	13,630
Facility Maintenance	4,080	4,082		8,162	-
Charity insurance	998			998	-
Facility hire	2,550	450		3,000	5,250
Printing & Stationery				-	-
Travel Expenses	1,055	55		1,110	30
Bank charges				-	-
Refreshments	51			51	47
Legal and professional fees	1,714			1,714	-
Horse costs	1,634			1,634	1,968
IT	120	300		420	86
Salary costs	2,989	16,525		19,514	10,138
Office Expenses and maintenance	777			777	766
Training & staff costs	1,854			1,854	911
Repayment of Loan				-	10,000
Sub total	26,209	25,902	-	52,111	42,826
A4 Asset and investment purchases, (see table)					
Arena				-	5,509
Toilet Block				-	
Sub total	-	-	-	-	5,509
Total payments	26,209	25,902	-	52,111	48,335
Net of receipts/(payments)	- 5,850	18,098	-	12,248	- 13,256
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	12,214	5,430	-	17,644	30,899
Cash funds this year end	6,364	23,528	-	29,892	17,644

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank	6,364	23,528	-
		-	-	-
		-	-	-
	Total cash funds	**6,364**	**23,528**	**-**
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Selena George (Chairperson) _____ 26/03/2024

Ian Leech _____ 26/03/2024

The Trustees of Centered Horseplay
C/o Marie Longstaff
Stown Cottage
Crackstone
Near Minchinhampton
GL6 9BD

26th March 2024

Dear Trustees

Independent examiner's report to the charity trustees of Centered Horseplay

I report on the accounts of the Trust for the period ended 31 May 2023, which are set out on pages 1 and 2.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145 (5) (b) of the Charities Act), and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts in accordance with the general directions given by the Charity Commission.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination and have no concerns. No matter has come to my attention which:

- gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section 130 of the Charities Act;
    - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A. Dewbery-Lugg

Ashleigh Dewbery-Lugg FCCA
Director
On behalf of The Entrepreneurs Accountant (Ripple) Limited

Date: 26/03/2024

CENTRED HORSEPLAY

England & Wales - Charity number 1167226

Accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

Centred Horseplay	Reg No. 1167226 1167226

Receipts and payments accounts

CC16a

For the period from	01/06/2021	To	31/05/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Big Lottery funding				-	10,000
Children in need				-	5,625
Toilet Block funding				-	2,500
Volunteer program				-	2,510
Fundraising / Donations				-	3,133
Part contribution to courses (various)	7,200			7,200	5,400
Bank Loan				-	10,000
Cotswold DC covid support				-	2,096
The Mills Equus Trust	15,000			15,000	-
High Sheriff fund		2,000		2,000	-
Arena Funding		9,591		9,591	
Covid-19 - Job retention scheme	1,288			1,288	4,756
Sub total *(Gross income for AR)*	23,488	11,591	-	35,079	46,020
A2 Asset and investment sales, (see table).					
	-	-		-	
	-	-		-	-
Sub total	-	-	-	-	-
Total receipts	23,488	11,591	-	35,079	46,020
A3 Payments					
Course delivery		13,630		13,630	15,713
Paddock maintenance & rental				-	133
Charity insurance				-	448
Facility hire	1,420	3,830		5,250	4,986
Printing & Stationery				-	26
Travel Expenses	30			30	80
Bank charges				-	-
Refreshments	47			47	37
Accountancy				-	180
Horse costs	778	1,190		1,968	2,008
IT	86			86	110
Salary costs	7,923	2,215		10,138	9,339
Office Expenses and maintenance	409	357		766	936
Training & staff costs	911			911	-
Repayment of Loan	10,000			10,000	-
Sub total	21,604	21,222	-	42,826	33,996
A4 Asset and investment purchases, (see table)					
Arena		5,509		5,509	
Toilet Block				-	4,762
Sub total	-	5,509	-	5,509	4,762
Total payments	21,604	26,731	-	48,335	38,758
Net of receipts/(payments)	1,885	- 15,140	-	- 13,256	7,262
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	10,329	20,570	-	30,899	23,637
Cash funds this year end	12,214	5,430	-	17,644	30,899

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds Bank	12,214	5,430	-
		-	-	-
		-	-	-
	Total cash funds	12,214	5,430	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Debtors	1,110	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Arena		5,509	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Payroll liabilities		672	
			-	
			-	
			-	

Selena George (Chairperson) _____ 27/03/2023

Ian Leech _____ 27/03/2023

The Trustees of Centered Horseplay
C/o Marie Longstaff
Stown Cottage
Crackstone
Near Minchinhampton
GL6 9BD

15th March 2023

Dear Trustees

Independent examiner's report to the charity trustees of Centered Horseplay

I report on the accounts of the Trust for the period ended 31 May 2022, which are set out on pages 1 and 2.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145 (5) (b) of the Charities Act), and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts in accordance with the general directions given by the Charity Commission.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination and have no concerns. No matter has come to my attention which:

- gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section 130 of the Charities Act;
    - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A. Dewbery-Lugg

Ashleigh Dewbery-Lugg FCCA
Director
On behalf of The Entrepreneurs Accountant (Ripple) Limited

Date: 15/03/2023

Centred Horseplay

Charity Number: 1167226

Trustees' Annual Report and Financial Statements for the Period 1st June 2021 to 31st May 2022

March 2023

Reference & Administration Details

Charity name:	Centred Horseplay
Charity number:	1167226
Charity's operating address:	Shadywell Farm, Middle Duntisbourne, Cirencester, GL7 7AR

Names of the Charity Trustees who managed the Charity during the report period.

	Trustee Name	*Office*	*Appointed*	*Retired*
1:	Selena George	Chairperson	19.05.2016	N/A
2:	Clare Beale	Treasurer	19.05.2016	N/A
3:	Ian Leech	Local Liaison	19.05.2016	N/A
3:	Melissa Harrison Porter	Safeguarding Officer	20.06.2017	(Resigned 24.03.2022)

Names & Addresses Bank and Advisors

	Name	*Address & Postcode*
Bank:	Lloyds Bank	25 Gresham Street, London EC2V 7HN
Independent Examiner:	Ashleigh Dewbery-Lugg	Ripple Consultancy Ltd, 5 Simmons Close, Street BA16 0NT

Names of Senior Staff with Delegated Responsibilities

	Name	*Role*
1:	Jacqueline Evans	Fundraising and Administration (Resigned 31.12.2021)
2:	Marie Longstaff	Fundraising and Administration

Structure, Governance & Management

Governing Document:	Constitution
How the Charity is Constituted:	Charitable Incorporated Organisation
Trustee Selection Methods:	Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regards to the skills, knowledge and experience needed for the effective administration of the CIO
Induction & Training of new Trustees:	Post Appointment Induction CH provides appropriate induction for all staff and volunteers, including trustees. The induction provides training and information about CH's safeguarding and child protection policies and procedures. CH provides support to individuals in a way that's appropriate for the role, confirms the conduct expected of staff and provides opportunities for a new member of staff or volunteer to discuss any issues or concerns about their role or responsibilities. **Safeguarding Training Levels** Staff, trustees and volunteers with minimal participant contact – CC Approved or in-house Level 1 training. Staff, trustees and volunteers with occasional unsupervised participant contact – Level 2 training Staff, trustees and volunteers with a high level of participant contact (e.g. Facilitators/SGO) – Level 3

Objectives & Activities

Objectives

The objectives of Centred Horseplay are to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

Activities

Re-start Course – Our flagship course is usually delivered over 5 consecutive days with 1 to 1 facilitator support. We teach, rehearse and repeat key resilience skills in an intensive and challenging but fun way. All sessions take place in action with horses selected and trained to provide especially clear and easily observed feedback to participants guided by the facilitator. The course helps to develop positive habits through the following skills;

- Engagement – taking on new challenges and pushing limits, mindful of own confidence.
- Responsibility – for own thoughts, emotions and actions
- Calmness – developing a calmness habit and how to create calmness in difficult situations.
- Assertiveness – able to be calmly assertive, without aggression or upset.
- Realistic Analysis & Planning – think before acting, realistic assessment of situations and planning accordingly.
- Focus & Perseverance – working towards goals despite setbacks.
- Empathy – being aware other needs, offering care and support, feeling closely connected.
- Communication & Language – respectful communications and expression

Each participant has a reflective session with the facilitator looking at their progress in each skills-based area and if successful the participant receives a certificate.

Lighter Touch Sessions – We offer top-up and taster sessions, which are 1 to 1 and can provide a lead into the Re-Start course or a top-up for participants who have completed the main course and need a little extra help.

Non-Verbal Toolbox Training – A course designed for frontline professionals, parents and carers to learn how to engage and relate to difficult clients using non-verbal tools. We teach how to accurately assess emotional status, learn to read the body rather than listen to what is being said and use non-verbal strategies to help clients become calmer and make faster progress. During this period, we ran two well supported sessions with Family First and Edge of Care teams at Gloucestershire County Council.

Family Support

We continued our successful programme offering ReStart courses involving two or more members of the at-risk family attending courses at the same time which included two family ReStarts. During the Covid-19 restrictions more YP were accompanied by parents/carers which enabled us to share our Non-Verbal strategies with direct families and have encouraged more family involvement moving forward.

Achievements & Performance

Statutory Declaration

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Main Achievements for the Year

The services we provide are based predominately outside, and as such, the charity has historically closed over the winter months and reopened in April. In 2021, due to re-location and the need to complete work on the facilities, the charity re-opened in May 2022. The move was hugely beneficial for the charity and its participants, we now have sole use at Shadywell Farm enabling us to be 100% flexible around our participants' needs.

During the year we received donations and contributions towards courses amounting to £22,200.

Due to ongoing Covid-19 restrictions and a resignation of the former CEO, the charity re-opened later than expected in 2022, nevertheless, the charity ran 18 ReStarts including two families.

During the course we work on 8 core skills that are known to lead to better life choices. Post course reviews are conducted at 2 months by the person making the original referral and we ask that they do not refer to the original referral document when completing this review.

The ReStart addresses 8 core skills: Engagement (confidence as a learner); Taking Responsibility (owning emotions and behaviour); Calmness (in difficult situations); Assertiveness (accepting and setting boundaries appropriately); Realistic Analysis & Planning (think before you act); Focus & Perseverance (working towards goals despite setbacks); Relating to others/Empathy (constructive connections); Communication & Language (emotional literacy).

We are recording a 28% average overall gain across all the above 8 points of the skill star. The following intermediate outcomes are also measure at 2 months post course:

1. Education & Learning - 85% of participants show improvement.

   Our programme has been shown to increase levels of engagement with education and/or training, we use an action learning process and the magic of the horse to get participants to engage. We are then able to teach them to become confident and effective learners in the horsemanship context.

2. Problem Behaviours - 88% show improvement.

   Our activities train people how to be calm and focused even in difficult and pressured situations.

3. Improved Relationships - 92% show improvement.

Participants learn, first with a horse then one another how to read others and respond appropriately. This empathy in action creates better relationships.

4. Personal Identity - 86% show improvement.

Through the ethos learnt and practised with horses, our participants learn a greater sense of respect and self-esteem, fairness, politeness and begin to see themselves as good citizens.

- 93% of professionals attribute changes in their clients to attendance on our course.
- 43% of referrers 'Strongly' attribute this improvement to participation in our course.

Our work has a positive impact on creating stronger communities as our participants re-engage with family, friends, and society as a result of improved life skills. Our course works directly on mental health through teaching and rehearsing 8 fundamental skills required for resilience and wellbeing: Calmness, Assertiveness, Focus, Planning, Empathy, Communication, Responsibility and Confidence. As an aside, the course demands physical activity, often helping participants to make the link between physical activity and mental wellbeing.

The service we provide is truly innovative and it works. We know that 8 out of every 10 young people we work with WILL do better.

Financial Review

Financial Position

During the year the Charity received unrestricted donations and course contributions of £22,200, £1,288 from the Covid-19 Job retention scheme and restricted donations of £11,591 a total of £35,079.

Facilitation of the year's courses and course essential payments totalled £18,927. Horse costs were able to be reduced due to charity relocation over the winter months at £1,968. Staff training for new members totalled £941, essential maintenance costs were £5,509 and admin costs totalled £10,990.

The Charity also took out a bounce bank loan of £10,000 in 2020, which was paid back in full this year.

At the end of the financial year, the Charity held unrestricted funds of £12,214 and restricted funds of £5,430. The reserves will be used to fund future courses and admin expenses of the Charity.

Policy on Reserves

The Charity's reserve policy aims to hold funds equivalent to 10 courses (£5,000) at the start of the course year. It is the charity's policy not to hold courses if funds are forecast not to be available.

There are no deficits to report, and the trustees expect the charity continues as a going concern.

Statutory Notes to the Accounts

Details of Outstanding Guarantee Given by the CIO

None

Details of Any Outstanding Debt

None

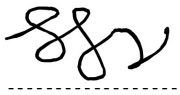
Other Information

There are no funds held as custodian trustees on behalf of others.

Declaration

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees

Signature(s): 

Full Name(s): Selena George

Position(s): Chairperson

Date: 27/03/2023

Independent Examiner’s Report on the Accounts

The independent examiners report has been appended to the annual report.

Signable

Issuer	Greenbridge Consultancy Limited
Document generated	Mon, 27th Mar 2023 15:54:26 BST
Document fingerprint	68955cb47bcda13d7a15de7220cf391b

Parties involved with this document

Document processed	Party + Fingerprint
Tue, 28th Mar 2023 7:20:05 BST	Ms Selena George - Signer (92d1695f17536f107fe12ba226e685dc)
Wed, 29th Mar 2023 13:41:07 BST	Mr Ian Leech - Signer (343d112fcf94bdaa07baf4ff3ddd5cab)

Audit history log

Date	Action
Wed, 29th Mar 2023 13:41:10 BST	Mr Ian Leech viewed the envelope. (83.151.204.135)
Wed, 29th Mar 2023 13:41:07 BST	The envelope has been signed by all parties. (83.151.204.135)
Wed, 29th Mar 2023 13:41:07 BST	Mr Ian Leech signed the envelope. (83.151.204.135)
Wed, 29th Mar 2023 13:40:44 BST	Mr Ian Leech viewed the envelope. (83.151.204.135)
Wed, 29th Mar 2023 12:52:14 BST	Sent Mr Ian Leech a reminder to sign the document. (35.176.231.177)
Tue, 28th Mar 2023 7:20:08 BST	Ms Selena George viewed the envelope. (90.243.157.85)
Tue, 28th Mar 2023 7:20:06 BST	Document emailed to party email (13.42.5.202)
Tue, 28th Mar 2023 7:20:05 BST	Sent the envelope to Mr Ian Leech for signing. (90.243.157.85)
Tue, 28th Mar 2023 7:20:05 BST	Ms Selena George signed the envelope. (90.243.157.85)
Tue, 28th Mar 2023 7:19:35 BST	Ms Selena George viewed the envelope. (90.243.157.85)
Mon, 27th Mar 2023 15:54:36 BST	Document emailed to party email (3.8.150.34)
Mon, 27th Mar 2023 15:54:27 BST	Sent the envelope to Ms Selena George for signing. (13.40.43.160)
Mon, 27th Mar 2023 15:54:27 BST	Mr Ian Leech has been assigned to this envelope. (13.40.43.160)
Mon, 27th Mar 2023 15:54:27 BST	Ms Selena George has been assigned to this envelope. (13.40.43.160)
Mon, 27th Mar 2023 15:54:27 BST	Envelope generated. (13.40.43.160)
Mon, 27th Mar 2023 15:54:27 BST	Document generated with fingerprint 68955cb47bcda13d7a15de7220cf391b. (13.40.43.160)
Mon, 27th Mar 2023 15:54:26 BST	Envelope generated with fingerprint acd82f59a6139f1df36c1b96a5f38c47 (35.176.231.177)

CENTRED HORSEPLAY

England & Wales - Charity number 1167226

Accounts

CHARITY COMMISSION FOR ENGLAND AND WALES

Centred Horseplay	Reg No. 1167226 1167226

Receipts and payments accounts

CC16a

For the period from	01/06/2020	To	31/05/2021

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Zurich				-	-
Henry Smith Charity				-	6,240
Don Hanson Charity				-	5,000
Fundraising				-	-
Big Lottery funding		10,000		10,000	-
Children in need		5,625		5,625	9,375
Toilet Block funding		2,500		2,500	-
Wistondale Trust				-	5,000
Volunteer program		2,510		2,510	-
County of Gloucester				-	-
St James Place				-	5,000
Cotswold DC				-	750
Fundraising / Donations	3,133			3,133	4,807
Part contribution to courses (various)	5,400			5,400	8,300
Bank Loan	10,000			10,000	
Cotswold DC covid support	2,096			2,096	
Covid-19 - Job retention scheme	4,756			4,756	
***Sub total** (Gross income for AR)*	25,385	20,635	-	46,020	44,472
A2 Asset and investment sales, (see table).					
	-	-		-	
	-	-		-	-
Sub total	-	-	-	-	-
Total receipts	25,385	20,635	-	46,020	44,472
A3 Payments					
Course delivery	620	15,093		15,713	21,500
Paddock maintenance & rental	133			133	900
Charity insurance	448			448	428
Facility hire	2,161	2,825		4,986	5,916
Printing & Stationery	26			26	181
Travel Expenses	80			80	830
Bank charges	-			-	25
Refreshments	37			37	171
Accountancy	180			180	180
Horse costs	888	1,120		2,008	2,050
IT	110			110	85
Salary costs	8,639	700		9,339	10,069
Maintenance				-	-
Office Expenses and maintenance	619	317		936	1,261
Office Equipment - Not capitalised	-			-	203
Sub total	13,941	20,055	-	33,996	43,799
A4 Asset and investment purchases, (see table)					
Toilet Block	2,262	2,500	-	4,762	
	-	-	-	-	
Sub total	2,262	2,500	-	4,762	-
Total payments	16,203	22,555	-	38,758	43,799
Net of receipts/(payments)	9,182	- 1,920	-	7,262	673
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1,147	22,490	-	23,637	22,964
Cash funds this year end	10,329	20,570	-	30,899	23,637

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Centred Horse CAF & Lloyds Bank	10,329	20,570	-
		-	-	-
		-	-	-
	Total cash funds	**10,329**	**20,570**	**-**
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Toilet Block	Combination	4,762	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities	Payroll Liability	Unrestricted	9	
	Bank loan	Unrestricted	10,000	
			-	
			-	
			-	

Prepared by Clare Beale (Trustee)	Signature	Print Name	Date of approval
		SELENA GEORGE	24/03/2022
	Clbeale.	CLARE BEALE	24/03/2022

Centred Horseplay

Charity Number: 1167226

Trustees' Annual Report and Financial Statements for the Period 1st June 2020 to 31st May 2021

March 2022

Reference & Administration Details

Charity name:	Centred Horseplay
Charity number:	1167226
Charity's operating address:	Shadywell Farm, Middle Duntisbourne, Cirencester, GL7 7AR

Names of the Charity Trustees who managed the Charity during the report period

	Trustee Name	*Office*	*Appointed*	*Retired*
1:	Selena George	Chairperson	19.05.2016	N/A
2:	Clare Beale	Treasurer	19.05.2016	N/A
3:	Ian Leech	Local Liaison	19.05.2016	N/A
3:	Melissa Harrison Porter	Safeguarding Officer	20.06.2017	N/A

Names & Addresses Bank and Advisors

	Name	*Address & Postcode*
Bank:	Lloyds Bank	25 Gresham Street, London EC2V 7HN
Independent Examiner:	Ashleigh Dewbery-Lugg	Ripple Consultancy Ltd, 5 Simmons Close, Street BA16 0NT

Names of Senior Staff with Delegated Responsibilities

	Name	*Role*
1:	Jacqueline Evans	Fundraising and Administration (Resigned 31.12.2021)
2:	Marie Longstaff	Fundraising and Administration

Structure, Governance & Management

Governing Document:	Constitution
How the Charity is Constituted:	Charitable Incorporated Organisation
Trustee Selection Methods:	Apart from the first charity trustees, every trustee must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regards to the skills, knowledge and experience needed for the effective administration of the CIO
Induction & Training of new Trustees:	Post Appointment Induction CH provides appropriate induction for all staff and volunteers, including trustees. The induction provides training and information about CH's safeguarding and child protection policies and procedures. CH provides support to individuals in a way that's appropriate for the role, confirms the conduct expected of staff and provides opportunities for a new member of staff or volunteer to discuss any issues or concerns about their role or responsibilities. **Safeguarding Training Levels** Staff, trustees and volunteers with minimal participant contact – CC Approved or in-house Level 1 training Staff, trustees and volunteers with occasional unsupervised participant contact – Level 2 training Staff, trustees and volunteers with a high level of participant contact (e.g. Facilitators/SGO) – Level 3

Objectives & Activities

Objectives

The objectives of Centred Horseplay are to promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

Activities

Re-start Course – Our flagship course is usually delivered over 5 consecutive days with a 1 to 1 facilitator support. We teach, rehearse and repeat key resilience skills in an intensive and challenging but fun way. All sessions take place in action with horses selected and trained to provide especially clear and easily observed feedback to participants guided by the facilitator. The course helps to develop positive habits through the following skills;

- Engagement – taking on new challenges and pushing limits, mindful of own confidence
- Responsibility – for own thoughts, emotions and actions
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Family Support

We continued our successful programme, offering ReStart courses involving two or more members of the at risk family attending courses at the same time, we also coaching parents/carers in the Non-Verbal toolbox skills as part of this pilot. Our evidence showed an increase in the levels of skills retained by all participating members (above our normal average retention scores) and a marked improvement in the relationships within the family. Our clients showed us that direct engagement with whole family units during these sessions meant we could individually problem solve and pivot our non-verbal specialism to best meet their needs. This increased levels of trust in the facilitator, the programme, but more importantly in each other.

Achievements & Performance

Statutory Declaration

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

Main Achievements for the Year

This was a particularly difficult year given the effect of COVID-19 and subsequent lockdowns which meant we were unable to open our doors until June 2020. We had hoped that after the first lockdown ended in June that we would be able to continue as normal, however during periods of restrictions, we took the decision to reduce the number of participants on site in order to maintain social distancing requirement. This meant that we were operating at approximately 50% capacity to ensure the safety of staff and participants. This reduction in the number of courses run for this year had the corresponding effect of a reduction in the amount of funds raised through course contributions by social services and other bodies/charities who contribute to the cost of the individual they are referring. It has also been a difficult year for fundraising.

During the year we received donations and contributions towards courses amounting to £36k. Despite the difficulties encountered we were able to provide ReStart courses benefitting 37 participants and further coaching sessions for 4 families and their support workers.

Post course reviews are conducted at 2 months by the person making the original referral and we ask that they do not refer to the original referral document when completing this review. During the course we work on 8 core skills that are known to lead to better life choices.

The ReStart addresses 8 core skills: Engagement (confidence as a learner); Taking Responsibility (owning emotions and behaviour); Calmness (in difficult situations); Assertiveness (accepting and setting boundaries appropriately); Realistic Analysis & Planning (think before you act); Focus & Perseverance (working towards goals despite setbacks); Relating to others/Empathy (constructive connections); Communication &Language (emotional literacy).
We are recording a 28% average overall gain across all the above 8 points of the skill star.

The following intermediate outcomes are also measure at 2 months post course:

1. Education & Learning - 85% of participants show improvement.

   Our programme has been shown to increase levels of engagement with education and/or training, we use an action learning process and the magic of the horse to get participants to engage. We are then able to teach them to become confident and effective learners in the horsemanship context.

2. Problem Behaviours - 88% show improvement

   Our activities train people how to be calm and focused even in difficult and pressured situations.

3. Improved Relationships - 92% show improvement

   Participants learn, first with a horse then one another how to read others and respond appropriately. This empathy in action creates better relationships.

4. Personal Identity - 86% show improvement

   Through the ethos learnt and practiced with horses, our participants learn a greater sense of respect and self-esteem, fairness, politeness and begin to see themselves as good citizens.

- 93% of professionals attribute changes in their clients to attendance on our course
- 43% of referrers 'Strongly' attribute this improvement to participation in our course

Our work has a positive impact on creating stronger communities as our participants re-engage with family, friends and society as a result of improved life skills. Our course works directly on mental health through teaching and rehearsing 8 fundamental skills required for resilience and wellbeing: Calmness, Assertiveness, Focus, Planning, Empathy, Communication, Responsibility and Confidence. As an aside, the course demands physical activity, often helping participants to make the link between physical activity and mental wellbeing.

CH has received the following feedback from professionals completing the reviews. (Participants are referred to by their first initial only).

"I would say that the combination of the horse course alongside a very positive and young person centered tutor (for her math's and English) have helped to progress K, build her self confidence and allow her to engage with education (one to one) and next week, hopefully she will join a course where there will be other young people – doing the horse course was the first step out of her bedroom – allowing her to think that she could do things independently- and things have progressed since then"

"J's passion is horses and wishes to pursue this as a career. She feels comfortable and at ease around horses and calls it her happy place. This is great for her anxiety and mental health whilst also encouraging her passion and future goals"

"K has returned to school with improved confidence. She is participating well in class - This is a significant change as Mum did not go to places with K in case she had a "meltdown." - When K first arrived at TheHorseCourse her head was down and she spent a lot of time looking at her feet. K is more confident and walking with her head up. K has special friendships and she told me she feels very happy 11 out of 10. - Thank you so much for helping K. You were able to offer her a place at just the right time and I know that Mum is so grateful to you all"

What we do is new, and it works! We know that 8 out of every 10 young people we work with WILL do better.

Financial Review

Financial Position

During the year the Charity received unrestricted donations and course contributions of £15,385 and restricted donations of £20,635, a total of £36,020. The Charity also took out a bounce bank loan of £10,000, which has been paid back in full post year end.

Facilitation of the year's courses and course essential payments totalled £22,957 and admin costs were £11,039.

At the end of the financial year, the Charity held unrestricted funds of £10,329 (including a £10,000 bounce back loan) and restricted funds of £20,570. The reserves will be used to fund future courses and admin expenses of the Charity.

Policy on Reserves

The Charity's reserve policy aims to hold funds equivalent to 10 courses (£5,000) at the start of the course year. It is the charity's policy not to hold courses if funds are forecast not to be available.

There are no deficits to report, and the trustees expect the charity continues as a going concern.

Statutory Notes to the Accounts

Details of Outstanding Guarantee Given by the CIO

None

Details of Any Outstanding Debt

£10,000 bounce back loan, repaid after the year end.

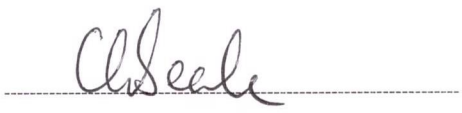
Other Information

There are no funds held as custodian trustees on behalf of others.

Declaration

The Trustees declare that they have approved the Trustees' Report above.

Signed on behalf of the Charity's Trustees

Signature(s): 

Full Name(s): Clare Beale

Position(s): Trustee

Date: 24/03/2022

Independent Examiner's Report on the Accounts

The independent examiners report has been appended to the annual report.

Ripple Consultancy

A little insight goes a long way

The Trustees of Centered Horseplay
C/o Mrs Jackie Evans
Shadywell
Foxbury Farm
Duntisbourne
Nr Cirencester
Gloucestershire

23 February 2022

Dear Trustees

Independent examiner's report to the charity trustees of Centered Horseplay

I report on the accounts of the Trust for the period ended 31 May 2021, which are set out on pages 1 and 2.

Respective responsibilities of charity trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- follow the procedures laid down in the general Directions given by the Charity Commission (under section 145 (5) (b) of the Charities Act), and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

I have examined your charity accounts in accordance with the general directions given by the Charity Commission.

My examination included a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also included consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as charity trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

I have completed my examination and have no concerns. No matter has come to my attention which:

- gives me reasonable cause to believe that in, any material respect, the requirements:
    - to keep accounting records in accordance with section 130 of the Charities Act;
    - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A. Dewbery-Lugg

Ashleigh Dewbery-Lugg FCCA
Director
On behalf of Ripple Consultancy Limited

Date: 23/02/2022