

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024
FOR
THE SECRET SPACE LIMITED
(A COMPANY LIMITED BY GUARANTEE)

Welwyn Consultancy Ltd
10 Prospect Place
Welwyn
Hertfordshire
AL6 9EW

THE SECRET SPACE LIMITED

CONTENTS OF THE FINANCIAL STATEMENTS
for the Year Ended 31 MARCH 2024

	Page
Reference and Administrative Details	1
Report of the Trustees	2 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7 to 8
Notes to the Financial Statements	9 to 15

THE SECRET SPACE LIMITED

**REFERENCE AND ADMINISTRATIVE DETAILS
for the Year Ended 31 MARCH 2024**

TRUSTEES

Mr P C Massetti
Ms S J Astell
Ms V Francis (appointed
(01.7.23, resigned 30.9.23)
Ms S Newmarch (resigned
14.3.24)
Ms R L Houghton (appointed
12.9.23)
Ms R Mathews (appointed
12.9.23)

REGISTERED OFFICE

I05 Fore Street
Hertford
Hertfordshire
SG14 JAS

**REGISTERED COMPANY
NUMBER**

09161978 (England and Wales)

**REGISTERED CHARITY
NUMBER**

1167219

INDEPENDENT EXAMINER

Welwyn Consultancy Limited
10 Prospect Place
Welwyn
Hertfordshire
AL6 9EW

**REPORT OF THE TRUSTEES
for the Year Ended 31 MARCH 2024**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Secret Space is a yoga and complementary therapies social enterprise operating in Hertford, offering a range of services to the public, including (but not limited to) yoga classes, yoga therapy, trauma sensitive yoga, and sessions for people with physical limitations, massage and holistic therapies provided by highly trained teachers and accredited therapists. Other complementary therapies include perinatal classes, meditation, mindfulness, sound healing and chanting. The Secret Space also provides room rental opportunities to local counsellors and therapists, workshops including yoga, meditation, mindfulness and free space to local community groups.

As well as the services in our centre in Hertford, our passionate team offer yoga, mindfulness, therapies and meditation in social housing venues, mental health housing, youth supported accommodation, and addiction recovery services.

The Secret Space's mission statement:

Our charity aims to provide a welcoming space for everyone offering Yoga and Meditation, Holistic Therapies and a programme of discounted classes, volunteering and training opportunities for people who have overcome great difficulties.

We want to help people live full and empowered lives, underpinned by a sense of wellbeing and community purpose.

Volunteers are variously people who are:

- in recovery from drug and alcohol problems.
- in recovery from, or living with, mental health problems.
- living with physical disabilities.
- domestic violence survivors.
- retired.
- long term unemployed.
- experiencing isolation
- carers

The Secret Space is beneficial to the public in a variety of ways including:

- giving access to health sustaining activities to those on low income
- providing a space for the public to relax away from their everyday lives.
- learning important skills in terms of looking after themselves physically and mentally.
- volunteers who maintain their recovery will draw less from public monies in terms of rehabilitation or criminal justice processes.
- increasing local employment.
- bringing the local community together in a positive setting.
- providing the public with an increased awareness of issues connected to those who are socially excluded in a non-judgmental way.

Public benefit

The trustees have had regard to the Charity Commission's guidance on public benefit.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

During 2023-2024, like many charities and businesses across all sectors, we have been feeling the effects of the post-Covid Cost of Living Crisis. This, of course, also had an effect upon our finances. Despite this, we were able to support seven volunteers, and offer them some sense of purpose. Of those seven, three were in need of a sense of community due to feelings of isolation, one volunteer is in recovery, one lives with mental health challenges and one is a full time carer .

We deliver coping strategies for the ongoing anxiety experienced by many of our volunteers. We offer online and in-house yoga classes free of charge, weekly meditation sessions, free or discounted holistic therapy sessions, and free spaces on online personal development courses and retreats. We also arranged for one volunteer to receive a free place on a Reiki practitioner training course.

Volunteers have a range of opportunities with front of house services, for example staffing the front desk to receive students for yoga and therapy classes. Volunteers often work in the office and carry out a variety of other duties as and when needed. One of our volunteers came in regularly to ensure the courtyard remained clean and tidy and do health and safety checks for all of us.

During the year 2023-2024, we gave away 740 free or discounted places in classes and workshops to those in financial difficulty. This helped to support the health and fitness of those unable to afford regular classes, and also to support those struggling with loneliness and isolation to continue to be involved in group activities for a small donation or often for free

At the start of 2024 calendar year, The Secret Space acknowledges that the business will focus more effort to generate more revenue via donations and fundraising, as the financial model has changed significantly post Covid. We began the process of recruiting a new trustee to assist with fundraising. This new voluntary position means we will have dedicated support in the creation of grant applications.

We successfully applied for grants from Hertfordshire Community Foundation and Hertfordshire County Council for funding for six **Yoga4Health** courses. This specialist yoga course is aimed at people living with anxiety, post-traumatic stress, loneliness, and isolation. Its efficacy is backed by NHS research.

The **Yoga4Health** evidence-based programme fuses the wisdom of ancient practices with modern medical science. It has been commissioned by the NHS and created by the Yoga in Healthcare Alliance.

We received grants from Hertfordshire County Council for funding an ongoing free class for Seniors at the Folly View Community Centre in Stansted Abbots – this class has proved extremely valuable to the local community, not just for the health support, but for the social connection it provides for elders who are often experiencing isolation and loneliness.

Finally, we received a grant from the National Lottery to enable us to offer an ongoing programme of free classes from October 2023 right through to October 2024.

As paying clients slowly started to return to the studio post-Covid, we also sought to offer more workshops and events at the centre. We expanded into delivering a more far-reaching range of workshops including dance and movement, breathwork and sound healing, through esoteric studies, to holistic health practitioner trainings.

We have taken our role as part of the community very seriously. We recognise that the legacy of the Pandemic followed by the cost-of-living crisis continues to impact people's lives. We continue to look for every opportunity to support people that need our help and believe we are truly privileged to be able to do so.

FINANCIAL REVIEW

Financial position

The charity continued to deliver services throughout the year, slowly increasing class attendance and donations. It reported a total income of £151,454, including restricted funding, up from £131,746 the previous year. Included in that figure it also received donations and support from a number of bodies to the value of £26,188.. This has enabled The Secret Space to deliver its charitable purpose.

Reserves policy

The trustees have agreed a policy whereby unrestricted funds should be maintained at a level sufficient to cover the charity's expenses for a minimum of three months. This policy allows for a reduction in income during any part of the year whilst allowing the charity to continue performing its activities at the current level

The balance carried forward in reserves as at 31st March 2024 was £24,414, (£18,872 31st March 2023).

FUTURE PLANS

The increased cost of living including heating costs, interest rates and inflation, continue to affect attendance in yoga classes and therapy sessions. It has become clear that the model of self-sufficiency from classes alone would not be sustainable and annual revenues going forward remain a mix in or around 70% classes and 30% donations. Pricing will need to stay attractive to continue and improve attendance figures.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006. The Secret Space was a wholly owned subsidiary of Change, Grow, Live, which is also a registered charity, until 31 March 2021.

Recruitment and appointment of new trustees

The Secret Space is committed to equal opportunities and operates an open recruitment process to attract individuals with the necessary skill set and commitment to help us succeed. Applicants will be sought through advertisement and are invited to a formal interview with the trustees as well as the centre co-ordinator. References are taken up before an appointment is made. Trustees may serve up to two, three-year terms of office. All trustees would receive a full induction and participate in any on-going training events.

The Trustees and Directors who served during the year and at the date of approval of the accounts were:

Mr P C Massetti

Ms S J Astell

Ms V Francis (appointed 01.7.23, resigned 30.9.23)

Ms S Newmarch (resigned 14.3.24)

Ms R L Houghton (appointed 12.9.23)

Ms R Mathews (appointed 12.9.23)

Risk management

The trustees have a risk management strategy which comprises regular review of the principal risks and uncertainties that the charity faces, the establishment of policies, systems and procedures to mitigate those risks identified and the implementation of procedures designed to minimise or manage any potential impact on the charity should those risks materialise. These risks are focussed on both financial and non-financial risks (eg arising from fire, health and safety).

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 29th November 2024 and signed on its behalf by:

Mr PC Massetti - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE SECRET SPACE LIMITED**

Independent examiner's report to the trustees of The Secret Space Limited ('the Company')

J report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared **in** accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Carman FFA
Welwyn Consultancy Limited
10 Prospect Place
Welwyn
Hertfordshire
AL6 9EW

29 November 2024

THE SECRET SPACE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(TNCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
for the Year Ended 31 MARCH 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		745	26,188	26,933	30,739
Charitable activities	4				
Yoga and complimentary therapies		115,401		115,401	93,207
Investment income	3	<u>9,120</u>		<u>9,120</u>	<u>7,800</u>
Total		<u>125,266</u>	<u>26,188</u>	<u>151,454</u>	<u>131,746</u>
EXPENDITURE ON					
Charitable activities					
Yoga and complimentary therapies		<u>119,724</u>	<u>26,188</u>	<u>146,576</u>	<u>131,822</u>
NET INCOME/(EXPENDITURE)		5,542		5,542	(76)
RECONCILIATION OF FUNDS					
Total funds brought forward		18,872		18,872	18,948
TOTAL FUNDS CARRIED FORWARD		<u>24,414</u>	<u>26,188</u>	<u>24,414</u>	<u>18,872</u>

The notes form part of these financial statements

THE SECRET SPACE LIMITED (REGISTERED NUMBER: 09161978)

**BALANCE SHEET
31 MARCH 2024**

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	8				
CURRENT ASSETS					
Debtors	9	12,839		12,839	5,506
Cash at bank and in hand		<u>43,481</u>		<u>43,481</u>	<u>39,685</u>
		56,320		56,320	45,191
CREDITORS					
Amounts falling due within one year	10	(31,906)		(31,906)	(26,319)
NET CURRENT ASSETS		24,414		<u>24,414</u>	<u>18,872</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		24,414		24,414	18,872
NET ASSETS		<u>24,414</u>		<u>24,414</u>	<u>18,872</u>
	12				
FUNDS					
Unrestricted funds				<u>24,414</u>	<u>18,872</u>
TOTAL FUNDS				<u>24,414</u>	<u>18,872</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

THE SECRET SPACE LIMITED (REGISTERED NUMBER: 09161978)

**BALANCE SHEET - continued
31 MARCH 2024**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29 November 2024 and were signed on its behalf by:

Mr PC Massetti - Trustee

The notes form part of these financial statements

THE SECRET SPACE LIMITED

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 MARCH 2024

1. STATUTORY INFORMATION

The Secret Space Limited is a charitable company limited by guarantee, registered in England and Wales. The charity's registered number and registered office address can be found on the reference and administrative details page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The trustees have considered the financial health of the charity and are confident that the charity, at the date of signing, will continue as a going concern for the foreseeable future.

The presentation currency of the financial statements is GBP.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows;
- the requirement of paragraph 3.17(d);
- the requirements of paragraphs 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);
- the requirements of paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Government grants

Government grants are recognised in the statement of financial activities within other income when it is deemed to be receivable by the charity.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Redundancy payments

Redundancy costs are recognised as an expense in the Statement of Financial Activities and a liability on the Balance Sheet immediately at the point the Trust is demonstrably committed to either: terminate the employment of an employee or group of employees before normal retirement date; or provide termination benefits as a result of an offer made in order to encourage voluntary redundancy. The Trust is considered to be demonstrably committed only when it has a detailed formal plan for the termination and is without realistic possibility of withdrawal from the plan.

THE SECRET SPACE LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 MARCH 2024

2. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33%, on cost

Individual fixed assets costing £500 or more are capitalised at cost.

All tangible fixed assets held for the charities own use are stated at cost less accumulated depreciation and accumulated impairment losses.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objectives of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Donated goods

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time of the company is not recognised.

Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount after allowing for any trade discounts due.

Debtors

Debtors are recognised at the settlement amount due.

Cash at bank and in hand

Cash at bank represents the balance in the bank as at the year end which includes both restricted and unrestricted funds.

THE SECRET SPACE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MARCH 2024**

3. INVESTMENT INCOME

	2024	2023
	£	£
Rents received	<u>9,120</u>	<u>7,800</u>

4. INCOME FROM CHARITABLE ACTIVITIES

	2024	2023
	£	£
Shop income	<u>115,401</u>	<u>93,207</u>
Activity Yoga and complimentary therapies		

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Independent examiner's remuneration	800	785
Independent examiner's remuneration - other services	5,156	3,755
Depreciation - owned assets	<u>-</u>	<u>136</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

7. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	52,464	50,215
Other pension costs	<u>1,118</u>	<u>474</u>
	<u>53,582</u>	<u>50,689</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Management	1	1
Administration	<u>2</u>	<u>2</u>
	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

Aggregate emoluments for key management totalled £52,464 (2023: £50,215).

THE SECRET SPACE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MARCH 2024**

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2023 and 31 March 2024	<u>1,491</u>	<u>612</u>	<u>2,103</u>
DEPRECIATION			
At 1 April 2023	1,491	612	2,103
Charge for year	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2024	<u>1,491</u>	<u>612</u>	<u>2,103</u>
NET BOOK VALUE			
At 31 March 2024	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2023	<u>-</u>	<u>-</u>	<u>-</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	8,089	756
Prepayments and accrued income	<u>4,750</u>	<u>4,750</u>
	<u>12,839</u>	<u>5,506</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	8,826	2,921
Social security and other taxes	406	720
Accrued expenses	<u>22,674</u>	<u>22,678</u>
	<u>31,906</u>	<u>26,319</u>

Included within accruals is a provision for dilapidation costs on the property which The Secret Space Limited occupy. The movement on this account is as follows:

Provision brought forward at 1 April 2023	£18,300
Dilapidation costs in year	<u>£NIL</u>
Provisions carried forward at 31 March 2024	<u>£18,300</u>

THE SECRET SPACE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MARCH 2024**

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2024 £	2023 £
Within one year	<u>3,562</u>	<u>3,562</u>

12. MOVEMENT IN FUNDS

	At 1.4.23 £	Net movement in funds £	At 31.3.24 £
Unrestricted funds			
General fund	18,872	5,542	24,414
TOTAL FUNDS	<u>18,872</u>	<u>5,542</u>	<u>24,414</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	130,266	(119,724)	5,542
Restricted funds			
Herts County Council	1,500	(1,500)	-
Herts County Council	4,728	(4,728)	-
Herts Community Foundation	4,728	(4,728)	-
National Lottery	9,982	(9,982)	-
Herts County Council	250	(250)	-
TOTAL FUNDS	151,454	<u>(145,912)</u>	<u>5,542</u>

THE SECRET SPACE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MARCH 2024**

12. MOVEMENT IN FUNDS – continued

Herts Community Foundation - These were donations received primarily for the purpose of funding courses. The courses have taken place in the year therefore nothing is to be carried forward.

Herts Count Council - These donations were received primarily for the purpose of funding a project This was completed during the year therefore nothing is to be carried forward.

National Lottery - This was a donation received primarily for the purpose of funding projects The project has taken place in the year therefore nothing is to be carried forward.

Comparative net movement in funds,

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	18,872	(76)	18,796
TOTAL FUNDS	<u>18,872</u>	<u>(76)</u>	<u>18,796</u>

THE SECRET SPACE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31 MARCH 2024**

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2024.

14. ULTIMATE CONTROLLING PARTY

The charity is jointly controlled by the board of Trustees.

THE SECRET SPACE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31 MARCH 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	-	1
Donations	745	583
Grants	26,188	30,155
	<hr/> 26,933	<hr/> 30,739
Investment income		
Rents received	9,120	7,800
Charitable activities		
Sales income	115,401	93,207
	<hr/> 151,454	<hr/> 131,746
Total incoming resources		
EXPENDITURE		
Charitable activities		
Wages	52,464	50,215
Pensions	1,118	474
Rent and rates	15,408	14,723
Insurance	554	582
Light and heat	2,617	2,377
Telephone	1,986	1,742
Postage and stationery	555	558
Purchases	102	1,576
Venue room hire	5,553	4,344
Repairs and renewals	352	1,851
Cleaning	3,972	3,884
Therapists and teachers	45,985	33,757
Subscriptions	3,694	2,957
Staff training	468	668
Sundry expenses	452	136
	<hr/> 135,280	<hr/> 119,844
Support costs		
Finance		
Bank charges	2,722	2,291
Governance costs		
Independent examiner's remuneration	800	785
Independent examiner's remuneration - other services	5,156	3,755
Consultancy	1,954	5,147
	<hr/> 10,632	<hr/> 9,687

This page does not form part of the statutory financial statements

	2024 £	2023 £
Total resources expended	145,912	131,822
Net income/(expenditure)	5,542	(76)