



ANNUAL REPORT AND ACCOUNTS

For The Period 1st August 2023 – 31st July 2024

Registered Charity Number: 1167208

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CHARITY INFORMATION

Beersheba- Living Well is registered Charitable Incorporated Organisation established by a constitution on the 19 May 2016.

Address

C/O 37A, Ravensdale Road
Hackney
London
N16 6TJ

Chairperson

Mrs Rosemary Jawara

Trustees

Sabrina Jantuah
Rev Joyce Daley



CHAIRPERSON REPORT

Beersheba-Living Well is an equity-led charity governed by three Black African and Caribbean Heritage women from diverse social and cultural backgrounds committed to increasing

community-led outcomes for wellbeing aimed at residents living in lower socio-economic neighbourhoods in Hackney.

Trustees bring experiential knowledge, **shared values**, professional skills etc., together to work as a collective committed to challenging unfair and avoidable differences in health outcomes for certain racial and ethnic populations.

Our aims and objectives encompass our unwavering commitment to address Health inequalities through by way of providing help and support through a relational approach aimed at residents' living with or at high risk of Type 2 diabetes, Hypertension, Obesity related conditions and some of the commonly associated disorders. We do the this by way of strategically targeting neighbourhoods in Hackney where the impact of poverty and inequalities remains and address the cycle of Health inequalities aimed at enabling residents to thrive.

Our cohort of beneficiaries are typically; but not limited to older people, lower income families', communities' who are socially excluded from society, or parts of society. We provide **social support and** specialized information from community leaders living with life-limiting conditions, physical disabilities, anxiety disorders etc., to address wellbeing through a fair distribution of health enhancing resources and opportunities for those who need it most.

It must be said that our success rate with grant funding is significantly impacted by ever increasing competition which restricts our capacity to provide much needed support for our communities. Notwithstanding, the charity continues to work in collaboration with Hackney VCSE Leadership Group as Co-chair, to re-balance the relationship between the VCSE and system partners and spur change through collective action and partnerships that work together to address inequalities for people who live and work in the borough.

In closing, we are looking to recruit like-minded individuals who could spare a few hours per month to further develop the charities mission and vision. All things considered, we wish to improve the capacity and skills of our targeted communities in Hackney through supporting beneficiaries to identify and help meet their needs and thereby engage more fully in society.

OUR WORK THIS FINANCIAL YEAR

AWARDS FOR ALL

We received funding to deliver Changing Places co-developed to provide community-led support for adults and older people from Black African and Caribbean Heritage communities living or working in Hackney affected by pre-existing barriers to health. To address the risk of Type 2 diabetes through health-related solutions driven by the needs and wishes of residents and improve quality of life. Our ambition to improve beneficiaries' knowledge and skillsets was supported through better access to experiential knowledge, specialized information and themed activities including working in collaboration with Made in Hackney to cook and eat healthier and nutritious meals.

HACKNEY GIVING

We received funding to enhance the package of support delivered through our Changing Places project to provide beneficiaries with small packages of food and supermarket vouchers.

REVIEW OF ACTIVITIES

Grant funded projects remain further restricted however, we continue to work in collaboration with the system and health partners with a greater emphasis on social connections, Match projects, neighbourhood development etc., and to drive improvements to Health equity.

INCOME AND FUNDING

CITY AND HACKNEY VCS LEADERSHIP GROUP

AWARDS FOR ALL

HACKNEY GIVING

FINANCIAL REVIEW

The Trustees present their report and financial statements for the year to 31 July 2024. The organisation received £21,371.00 this represents expenditure which the Receipts & Payments Account shows. Health outcomes for the wellbeing of our targeted residents remain limited, notwithstanding, the charity continues to demonstrate good governance and maintain good financial management.

RISK MANAGEMENT

Trustees review the organisation's risk register and ensure good governance through identifying and addressing areas of potential risk. Details of actions taken would be brought to the attention of Trustees at board meetings and recorded in the minutes to safeguard potential risks to the organisation.

TRUSTEES RESPONSIBILITIES

The Board of Trustees recognise their responsibilities for keeping proper accounting records and preparing financial statements each year. The appended accounts have been prepared on the receipts and payments basis and have been examined by an independent examiner, whose report is also appended.

INDEPENDENT EXAMINER'S REPORT TO THE BOARD OF TRUSTEES OF BEERSHEBA-LIVING WELL

I report to the trustees on my examination of the accounts of the above-mentioned charity for the year ended 31st July 2024.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statements

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn to enable a proper understanding of the accounts to be reached.

ACCOUNTANTS

Patmos Consulting (Global) Limited
5 Chess Close
Latimer
Chesham
Buckinghamshire HP5 1UU

Adedotun Adekunle Adefehinti MIAB, AATQB

Signed: *A A Adefehinti*

Date: 16th May 2025

**BEERSHEBA-LIVING WELL
RECEIPTS AND PAYMENTS FOR THE YEAR
ENDED 31ST JULY 2024**

	Unrestricted Funds	Restricted Funds	Year ended 31/7/2024	Year ended 31/7/2023
	£	£	£	£
<u>Receipts:</u>				
Awards For All	10,000.00	0.00	10,000.00	8,184.00
Hackney CVS	4,332.00	0.00	4,332.00	7,960.52
Hackney CVS - Giving	375.00	0.00	375.00	68.61
Hackney CVS - Co-Chair LG	6,269.00	0.00	6,269.00	300.00
Hackney CVS - Anti-Racist Workshops	245.00	0.00	245.00	2,012.52
Unity Trust Fees Refund	150.00	0.00	150.00	0.00
	21,371.00	0.00	21,371.00	18,525.65
<u>Payments:</u>				
Sessional Peer Educators	0.00	0.00	0.00	0.00
Sessional Staff Costs	5,997.00	0.00	5,997.00	6,038.00
Operational Costs	1,200.00	0.00	1,200.00	0.00
Telephone and Broadband	0.00	0.00	0.00	0.00
Refreshments/consumables	0.00	0.00	0.00	0.00
Travel Expenses	0.00	0.00	0.00	0.00
Operational Costs	0.00	0.00	0.00	880.00
Bursary	10,222.00	0.00	10,222.00	7,508.00
Sundry Expenses (Small Scale)	0.00	0.00	0.00	241.49
Core Costs	0.00	0.00	0.00	260.74
Activity	0.00	0.00	0.00	730.37
Bank Service charges	72.00	0.00	72.00	0.00
Volunteer Expenses	0.00	0.00	0.00	0.00
Publicity and marketing	0.00	0.00	0.00	109.33
Training	0.00	0.00	0.00	95.00
Office expenses	0.00	0.00	0.00	0.00
Equipment	0.00	0.00	0.00	0.00
Accountancy	500.00	0.00	500.00	1,260.00
Insurance	438.62	0.00	438.62	0.00
	0.00	0.00	0.00	440.00
	0.00	0.00	0.00	340.98
	18,429.62	0.00	18,429.62	17,903.91
Receipts over Payments	2,941.38	0.00	2,941.38	621.74
Opening Balance	2,883.74	-809.00	2,074.74	1,453.00
Cash & Bank C/fwd @ 31st July 2024	5,825.12	-809.00	5,016.12	2,074.74

BEERSHEBA-LIVING WELL						
STATEMENT OF ASSETS & LIABILITIES						
AS AT 31ST JULY 2024						
					Year ended 31/7/2024	Year ended 31/7/2023
					£	£
Cash and Bank:-						
Current Account (Unity Trust)					5,016.12	2,074.74
					0.00	0.00
					5,016.12	2,074.74
Fund Balance:-						
Restricted Funds					-809.00	-809.00
Unrestricted Funds					5,825.12	2,883.74
					5,016.12	2,074.74

Approved by the Board of Trustees on 15 May 2025 and signed on their behalf by

Rosemary Jawara

Chairperson

Beersheba - Living Well.

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST JULY 2024

ACCOUNTING BASIS:

These accounts have been prepared on the receipts and payments basis.

FUNDS OF THE CHARITY:

Receipts of £21,371.00 and payments of £18,429.62 relate to unrestricted funds.

MANAGEMENT AND ADMINISTRATION COSTS:

Management and administration costs relate to admin support to the charity. Programs and activities are delivered by Sessional Peer Educators who are self-employed and must submit invoices for services provided on behalf of the charity. Invoices must include suppliers unique tax reference number (UTR) in which case the charity is not liable for payments to HMRC for staff's tax, national insurance, and other related obligations. However, one Trustee is frequently remunerated for specialist services provided and this is in keeping with the charity commission reporting requirements and the charity's constitution. Apart from this exception, the Board of Trustees give all their time free of charge.

CASH AND BANK DEPOSITS:

All cash and bank deposits are held in the unrestricted general funds.