



Trustees' Annual Report for the period

From 1st January 2022

To 31st March 2023

Charity name: Youth: Action for Mental Health Support (Y:AMHS)

Charity registration number: 1197713

Summary of the purposes of the charity as set out in its governing document:

"To preserve and protect the mental health of young people between the ages of 10 and 18 within the Borough Council area of Crawley, West Sussex and the surrounding areas, by providing funding for treatment where this has not been possible within the local public services, raising awareness, campaigning and providing information and support for parents and carers."

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.

- Fundraising in order to fund the treatment of mental health issues for children and young people in our area.
- Setting up a parent and carer support group to provide a safe space for parents of children with mental ill health to be able to talk, gain support and signposting to other services which may be able to offer assistance.

The trustees have noted and paid due regard to the guidance issued by the Charity Commission on public benefit.

Our policy on grant making is set out in our Priority Criteria, which is available to the public on request, but which sets out a maximum amount of funding that each family can be allocated in any 12 month period. We wish to make this funding as generous as possible, to account for the range and length of treatment that may be required in order to make significant impact on a child or young person's mental health and to allow them to engage with activities that are developmentally appropriate and necessary. Our Priority Criteria has not been needed in this financial year, due to the small number of applications so far received, so that all applications have been met with some funding allocation, with the exception of one which did not meet our eligibility criteria.

In the second year of the Charity's inception, it's first as a registered charity, we were able to enlist further ad-hoc support from volunteers, who assisted with our fundraising and awareness activities. We have continued to work hard to recruit further volunteers, and have sought support from local organisation, Crawley Community Action to help us with this.



Achievements and Performance

We have been grateful in this year to have received more than £24000 in donations, either directly through our own fundraising efforts or through the efforts of local organisations. A special mention must be made for Reigate Heath Golf Club who raised more than £12000 for us through various events that they ran throughout the year. Over £1200 was also raised for us by the Church of Latter Day Saints in Crawley at their Christmas concert and this support has put us in a good position to be able to increase our offer throughout the next financial year.

We have also been running our own fundraising activities, with an Ultra Run in September raising over £200 and our Christmas Quiz raising over £400. The Christmas Quiz was a hugely popular event and we have taken some learning from feedback on the format with a view to running this again next year. We have been fortunate to have had the support of St Francis of Assis Primary School Choir on several of our visits to Crawley County Mall and their beautiful voices have helped raise awareness of our charity - we are so grateful to all of the children and their music teacher, Mr Symsyk.

We have also been promoting our regular donors scheme, 'Y:AMHS Champions' and have been able to recruit 9 regular donors. We hold a quarterly prize draw for our regular donors and are grateful to local businesses such as the Hawth and Kingscote Vineyard, who have provided prizes for this.

In this financial year, we were able to offer over £7000 in funding for mental health support for young people in our area, and as knowledge of us grows, we look forward to this amount increasing as applications increase. Feedback from young people and their carers tells us that this support really is making a difference. Young people who have received our support have told us they are feeling heard, listened to, understood and that they are having fewer thoughts of self-harm and suicide and feeling more able to manage their anxiety. Feedback included : "This charity is a life saver to our children...", "receiving such early support was vital...", "I am starting to think I will be able to get through it...", "I feel a bit more hopeful."

This year we also continued to run our Parent Support Group, but with numbers starting to dwindle, we looked to a different venue in the town centre in the hope that this might be more accessible. However, this continued to be a struggle, with many weeks seeing no parents at all, so the decision was taken in March to end the weekly drop in sessions and look to provide some regular events for parents around mindfulness and self-care.

Feedback from parents told us that they felt some sort of support group for young people would be helpful and so during this year, we have been working on a project to run a small group for young people where they will feel comfortable to come along and mix with others. We launched a SurveyMonkey to gain the view of young people in our area on what they thought the group should look like and were encouraged by the large number of replies we received. We then started to plan using this feedback. We were fortunate to be able to



recruit some volunteers to run the group and were looking to launch it at the YMCA's YAC centre in the Crawley Town Centre. However, two of our volunteers subsequently withdrew and concerns were raised around whether we had enough of a framework in place around safeguarding. We have since spent time reviewing all of our policies and procedures around this group and have been able to put in place a robust framework to protect both our young people and our volunteers. We are currently looking to recruit further volunteers for this project and hope to be able to run a pilot session of this group in the next few months.

Financial Review

At the end of the financial year, the charity held £13,650 in cash funds in the current account, with a further £442 in the savings account. £442 of our funds are reserved for the purposes of funding the parent support group over the remainder of the calendar year, in line with the stipulations of the grant offered to us by Sussex Community Foundation. A further £1020 will remain ring-fenced for the purpose of funding our liabilities in relation to our website and mobile phone contracts. This leaves a total of £12,630 with which we can currently continue to run our services.

Our fundraising strategy for the coming financial year will include seeking local partners to assist and sponsor us financially. We are grateful to have been made the Charity of the Year last year at Reigate Heath Golf Club, and were also sponsored by it'seeze Horsham, who offered to sponsor any events we choose to hold. We also have sponsorship of our blog page by local company AIP Exhibitions, for which we are hugely grateful. The trustees are in agreement to try and build on this model and actively seek out further corporate and organisational support, as well as expanding our regular donor base and continuing to run our fundraising activities where we can.

Structure, Governance and Management

The charity is a CIO, governed under our constitution, which is available to the public through our website.

There are four trustees who have founded the charity and who will remain in position for a varied number of years to ensure consistency of governance.

New trustees may be appointed thus:

“Apart from the first charity trustees, every trustee must be appointed for a term of two years by a resolution passed at a properly convened meeting of the charity trustees.



In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

The charity trustees will make available to each new charity trustee, on or before his or her first appointment:

- (a) a copy of the current version of this constitution; and
- (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts."

The charity trustees currently undertake the roles of secretary and chair, with the treasurer role being jointly undertaken by the chair. The trustees continue to seek to fill the position of treasurer separately and have carried out various advertising campaigns locally. This is one of the set objectives for the coming financial year. Additionally, we were sad to lose one of our trustees, Shamilla Sheridan, due to her moving out of area, but would like to extend our heartfelt thanks for all she has done to help us in establishing the charity, and we wish her and her family well in their new home.

Trustees will all be required to have a DBS certificate and will be given basic safeguarding and Prevent training each year. Further training may be given where deemed appropriate and relevant. Our safeguarding policy and procedures include further detail on the training that both trustees and volunteers are offered and are expected to undertake. The charity continues to review these policies and procedures to ensure they match the activity of the charity's trustees and volunteers and the needs of their beneficiaries.

Reference and Administrative details

Charity name	Y:AMHS
Other name the charity uses	Youth: Action for Mental Health Support
Registered charity number	1197713
Charity's principal address	27 Barber Close Maidenbower Crawley West Sussex RH10 7LU



Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Rachael Colbran	Chair		
2	Shereen Jenkins	Secretary		
3	Helena McGill			
4	Shamilla Sheridan		Jan 22- Jan 23	

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

**SOMALI INTEGRATION & DEVELOPMENT ASSOCIATION
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

CHARITY REGISTERED NUMBER 1167198

**LONDON ACCOUNTANCY PRACTICE
SOJOURNER TRUTH CENTRE
161 SUMNER ROAD
LONDON SE 15 6JL**

**SOMALI INTERGRATION & DEVELOPMENT ASSOCIATION
FIANCIAL STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023**

REPORT AND ACCOUNTS

	Page
Contents	2
Administrative Information	3
Report of the Trustees	4-6
Independent Examiner's Report	7
Statement of Financial Activities	8
Balance sheet	9
Notes and Financial Activities	10
Detailed Income & Expenditure	11

SOMALI INTERGRATION & DEVELOPMENT ASSOCIATION
FIANCIAL STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023

ADMINISTRATIVE INFORMATION

COMMITTEE OF MANAGEMENT	Ibrahim Deria.....	Chairman
	Amal Ahmed Ali	Secretary
	Weli Farah	Treasurer
	Abdulahi Ali Sheikh Aden.....	Member
	Edil Essa.....	Member
	Omar Mohamud Yusuf.....	Member
	Isir Abdisemed.....	Member

CHARITY NUMBER 1167198

FORMAL ADDRESS
Unit 50
Camberwell Business Centre
99-103 Lomond Grove
London SE5 7HN

BANKERS
National Westminster Bank Plc
70 Denmark Hill
London SE5 8TT.

INDEPENDENT EXAMINER
London Accountancy Practice
Sojourner Truth Centre
161 Sumner Road
London SE15 6JL

**SOMALI INTERGRATION & DEVELOPMENT ASSOCIATION
FIANCIAL STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023**

REPORT OF THE TRUSTEES

The Trustees present their report together with the independently examined accounts of Southwark Somali Refugee Council for the year ended 31 March 2023.

OBJECTS AND PRINCIPAL ACTIVITIES

The object of Southwark Somali Integration and Development Association continues to be the relief of poverty for members of the public in the London Borough of Southwark and in particular for the members of the public who are Somalians or of Somalian descent who are in need by reason of poverty, sickness and distress, by advancing education and by providing and assisting in the provision of facilities for recreation and leisure time occupation, in the interests of social welfare, and with the object of improving the conditions of life for those persons for whom the facilities are provided.

Also, for the relief of poverty of refugees and asylum seekers from Somalia and elsewhere who are resident or are intending to reside in the London Borough of Southwark, by providing such persons with free and confidential advice, assistance, representation, counselling, translating and interpreting services in matters such as asylum, immigration, money, debts, welfare benefits, housing, health, education, training and employment.

**SOMALI INTERGRATION & DEVELOPMENT ASSOCIATION
FIANCIAL STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023**

MANAGEMENT COMMITTEE REPORT

FINANCIAL REVIEW

The results of the year's operation are set out in the attached financial statements. The net movement in funds for the year amounted to £6,566, and -£24,470 in 2022 respectively. The retained reserves at 31st March 2023 amounted to £38,843 and £32,277 in 2022.

RESERVE POLICY

The Charity Commission requires charities to determine and explain their policy for free reserves. The trustees have reviewed the organisation's free reserves policy and have turned its entire unrestricted fund into an emergency reserve to enable Somali Integration & Development Association to meet its obligations in the event of a shortfall in income or sudden upturn in expenditure.

RISK MANAGEMENT

The trustees have examined the major risks which Somali Integration & Development Association faces and believe that maintaining their free reserves at a reasonable level, combined with their annual review of the controls over key financial systems will provide sufficient resources in the event of adverse conditions. The trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

TANGIBLE FIXED ASSETS

The organisation has no fixed assets

FUNDS AVAILABLE

The present level of funding is adequate to support the continuation of the charity operations for the medium term, and the trustees consider the financial position of the charity to be satisfactory.

VOLUNTEERS

Somali Integration & Development Association recognises the significant contributions made by the volunteers.

**SOMALI INTERGRATION & DEVELOPMENT ASSOCIATION
FIANCIAL STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023**

STATEMENT OF MANAGEMENT COMMITTEE RESPONSIBILITIES

The Management Committee are required to prepare financial statements which give a true and fair view of the state of affairs of the project and of the income and expenditure of the project for that period. In preparing these financial statements, the management committee are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate
- to presume that the project will continue in operation.

The Management Committee are responsible for keeping proper records which disclose at any time the financial position of the project. They are also responsible for safeguarding the assets of the organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**SOMALI INTERGRATION & DEVELOPMENT ASSOCIATION
FIANCIAL STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF SOMALI INTEGRATION & DEVELOPMENT ASSOCIATION
ON THE ACCOUNTS.**

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's report

In connection with my examination, no matter has come to my attention: which gives me reasonable cause to believe that in any material respect:

- The accounting records were not kept in accordance with the section 130 of the Charities Act; or
- The accounts did not accord with the accounting records; or
- The accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the account give a 'true and fair' which is not a matter a matter considered as part of the independent examination.

I have no concerns and have come across no other matter in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of this account to be reached.

Sign.....
Ade Adebambo, MBA, ACMA, ACG, CGMA
London Accountancy Practice
161 Sumner Road
London SE15 6JL

Date.....28/09/2023.....

SOMALI INTEGRATION & DEVELOPMENT ASSOCIATION (SIDA)
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023

	Unrestricted Fund £	Restricted Fund £	2023 Fund £	2022 Total £
Incoming Resources				
Voluntary Income	80,230	0	80,230	56,000
Donations	2,775	0	2,775	235
Total Incoming Resources	83,005	0	83,005	146,238
Cost of generating funds:				
Charitable activities	76,439	0	76,439	80,705
Total Resources Expended	76,439	0	76,439	80,705
Net Incoming Resources	6,566	0	6,566	-24,470
Balance brought forward	18,665	13,612	32,277	56,747
Balances carried forward	25,231	13,612	38,843	32,277

SOMALI INTEGRATION & DEVELOPMENT ASSOCIATION (SIDA)
BALANCE SHEET
AS AT 31 MARCH 2023

		2023	2022
		£	£
CURRENT ASSETS			
Cash at Bank and in hand		40,199	33,533
CURRENT LIABILITIES			
Creditors and Accruals		1,356	1,256
NET ASSETS		38,843	32,277
REPRESENTED BY:			
FUNDS:			
	Restricted	13,612	13,612
	Unrestricted	25,231	18,665
		38,843	32,277
Approved by the Management Committee on <u>06/09/</u>2023			
and signed on its behalf by :			
			
..... Chairperson			
			
..... Treasurer			

SOMALI INTERGRATION & DEVELOPMENT ASSOCIATION
FIANCIAL STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023

NOTES TO THE ACCOUNTS

1. ACCOUNTING POLICIES

1.1 Basis of Preparation of Financial Statements

The financial statements are prepared under the historic cost convention and include the results of the charity's operations which are described in the Management Committee's Report and all of which are continuing.

The accounts have been prepared in accordance with the Statements of Recommended Practice for charity accounts.

The charity has taken advantage of the exemption of Financial Reporting Standard No 1 from the requirements to produce a cash flow statement on the grounds that it qualifies as a small charity.

1.2 Incoming Resources

1.2.1 Revenue grants are credited to the Statement of Financial Activities on the earlier date of when they are received or when they are receivable, unless they relate to a specific future period, in which case they are included on the Balance Sheet as deferred income to be recognised in the future accounting period.

1.2.2 Grants received for specific purposes are accounted for as restricted funds in the Statement of Financial Activities.

1.3 Restricted Funds

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is identified to the fund, together with a fair allocation of management and support costs.

1.4 Unrestricted Funds

Unrestricted funds are donations and other incomes received or generated for the objects of the organisation without further specified purpose and are available for general funds.

1.5 Designated Funds

Designated funds are unrestricted funds earmarked by the Management Committee for particular purposes.

1.6 Tangible Fixed Assets

All expenditure that related to equipment has been charged to the Statement of Financial Activities in the year of acquisition. A register of assets is maintained.

2. CREDITORS AND ACCRUALS

	2023	2022
	£	£
Accountancy fees	1,200	1100
Other Creditor	<u>156</u>	<u>156</u>
	<u>1,356</u>	<u>1256</u>

SOMALI INTEGRATION & DEVELOPMENT ASSOCIATION (SIDA)
DETAILED INCOME AND EXPENDITURE
FOR THE YEAR ENDED 31 MARCH 2023

	Unrestricted Fund	Restricted Fund	2023 Total	2022 Total
Incoming Resources				
Donations, Grants & Legacies:	£	£	£	£
London Borough of Southwark	56,788	0	56,788	56,000
United st Saviours	2,000	0	2,000	0
Postcode society	20,441	0	20,441	0
MG Training	1,000	0	1,000	0
Donations	2,775	0	2,775	235
Total Incoming resources	83,005	0	83,005	56,235
Outgoing Resources				
Charitable expenditures:	£	£	£	£
Salaries	30,611	0	30,611	26,556
Families Project	0	0	0	3,711
HMRC	3,319	0	3,319	3,641
Pension Contribution	0	0	0	770
Volunteers Expenses	100	0	100	55
Sessional workers/ training	635	0	635	0
Activities and Projects Costs/ Covid 19	0	0	0	11,083
Donations	1,189	0	1,189	0
Advice Project	1,454	0	1,454	1,293
Membership/Subscriptions	256	0	256	0
Fire Safety /Renewal	0	0	0	122
Workshop	100	0	100	0
Subcontractor Costs	0	0	0	1,438
Hall hire	0	0	0	1,106
MS Teams	341	0	341	0
Rent/ Rates	20,314	0	20,314	16,194
Printing/Stationery & Postage	2,008	0	2,008	931
Office Equipment / IT Equipment	120	0	120	4,282
Travel Expenses	3,886	0	3,886	0
Food/Refreshments	0	0	0	383
Telephone	520	0	520	665
Therapeutic treatment	3,867	0	3,867	1,911
Publicity/Website	199	0	199	388
Office costs	975	0	975	0
Cleaning expenditures	106	0	106	0
Trustee expenditures	236	0	236	0
Southwark workshop	38	0	38	0
Meeting expenditures	35	0	35	0
Software	760	0	760	683
Payroll Services	440	0	440	258
Photocopier	300	0	300	350
Consultancy	2,400	0	2,400	2,731
PPE/ Cleaning	0	0	0	26
Insurance	1,031	0	1,031	948
Accountancy Fee	1,200	0	1,200	1,100
Committee Meeting	0	0	0	67
Sundry Expenses	0	0	0	15
Total Resources Expended	76,439	0	76,439	80,705