

REGISTERED COMPANY NUMBER: 09847839 (England and Wales)
REGISTERED CHARITY NUMBER: 1167124

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST OCTOBER 2023
FOR
JUST GOOD FRIENDS (NORTH WEST) LIMITED

Whitehead & Howarth
327 Clifton Drive South
Lytham St Annes
Lancashire
FY8 1HN

JUST GOOD FRIENDS (NORTH WEST) LIMITED

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for the Year Ended 31ST OCTOBER 2023

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REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st October 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2023

OBJECTIVES AND ACTIVITIES

Objectives and aims

The purpose of the charity is to:

- Offer a variety of solutions to loneliness and social isolation in and around the Fylde Coast area.
- Help to improve Community cohesion and provides support to some of the most lonely and isolated people who live in and around the Fylde and surrounding area.
- Help to improve an individual's feeling of self-worth; that they are part of the Community and not extraneous to it and a feeling of being welcomed and valued.
- Hosts daily activities, events and meet-ups ranging from a simple chat and coffee to Sunday lunch, music & dance, keep fit, bingo, raffles, speakers, art provision, short break holidays, events and social occasions and also enables individuals to further gain confidence through taking on volunteer roles.
- Provide a happy and safe environment where young individuals on the autistic spectrum can come together to relax, learn to enjoy each other's company and help to empower one another to become part of a larger Community.
- To enable the Social Angels focus group to help individuals to manage feelings and emotions and provide 'buddying' solutions to individuals' problems.
- Work alongside GP practices and provides an additional signposting referral tool to Doctors when faced with illnesses caused by loneliness and isolation.
- Constantly update what services are available for our members and signposts individuals towards specialist support agencies/organisations for help with their particular problem where necessary.
- Support many individuals during a crisis and, when necessary, signpost them towards the professional help they need, whether it's the emergency services, mental health, or social services.
- Support individuals within the community who do not often come into contact with the Authorities.
- Provides an awareness of the friendly impartial advice and counselling is available.
- Provide a support facility to other major charities where they can refer people who they are not able to provide the appropriate support.
- Protect vulnerable individuals and the victims of crime.

Strategies employed to achieve the charity's aims and objectives including activities during the year.

- The provision of an activity on most days of the week.
- The provision of Meeting Point facilities at five venues within the Fylde, area.
- The provision of a Sunday lunch meeting point.
- Entertainment.
- Speakers.
- Bingo and raffles.
- Social occasions.
- Providing a specialist unit to address the loneliness concerns of Autistic Youth for whom there is no focal point on the Fylde Coast.
- JGF still offers and provides support to Doctors' surgeries and similarly the Doctors' surgeries from across Blackpool and Fylde make referrals into JGF, again offering an alternative therapy to prescribing antidepressant pills as a solution to loneliness and isolation. JGF are also now supported by the Fylde Social Prescribers, a role that was developed and recruited by the CCG/NHS, now called the ICB, Integrated Care Board following the success of the Fylde JGF/CCG/NHS Ambassador Programme.
- Phase 1 of the JGF Blackpool Ambassador programme is now completed, ie creating and providing a JGF referral opportunity to Doctors' surgeries in and around central Blackpool. Phase 2 of the programme, to help Blackpool residents come to the meeting points in St Annes, was on hold due to the outbreak of COVID-19. Communications are now beginning with Blackpool Council regarding this.
- Forming working partnerships with other entities providing services to the Fylde Community.

COVID-19

Through additional Covid19 funding JGF has been able to continue to provide additional welfare support to reduce feeling of loneliness, anxiety, fear, depression, emotional support and welfare support to those needing extra help. Just Good Friends are still supporting members with the effects of and fear of Covid ie:

- Maintains regular contact with all vulnerable, at-risk members plus continues to provide regular support to isolated, lonely and at risk older members.
- Provides essential welfare support liaising with doctors' surgeries/making appointments, ensuring all members have support in place, telephone calls, etc.
- Provides additional general welfare support to help with shopping, food supplies, etc.
- Makes contact with members in Residential Support.
- Provides additional support for members who have problems accessing technology.

REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2023

OBJECTIVES AND ACTIVITIES

Public benefit

Some benefits of JGF working with people suffering from feelings of Isolation and Loneliness: -

1. The opportunity and environment to talk about their loneliness problems and isolation issues with the effect that after sharing their concerns the problem is often not as overwhelming as they originally thought and where frequently solutions are found where none were first thought possible. Without this support the problem often becomes all-consuming which may lead to a spiral of distress, depression and possible serious physical and mental illness or suicide.
2. Relieves the pressure on the NHS.
3. Relieves the pressure at Doctors' surgeries.
4. Relieves the pressure on the mental health services
5. Just Good Friends would always provide a source of help and support when people are victims of crime.

When planning the activities for the year, the trustees have considered the commissions guidance on public benefit and in particular the trustees have considered how planned activities will contribute to the aims and objectives they have set.

FINANCIAL REVIEW

Financial position and reserves policy

JGF had approximately 200 members in October 2023.

In viewing the JGF membership numbers one should take into account that it is a transient membership and that when the healing process is complete people return to the community as whole individuals. As whole individuals they then play a full role within the community although most retain close links with JGF even if they don't necessarily renew their membership. Since its formation in 2012 as a small band of 10 people, many hundreds of people have passed through the JGF doors.

Reserves are needed to bridge the gap between spending and receiving of income and to safeguard services. The trustees consider that the ideal level of reserves to support this is circa £50,000.

The key elements of the general running expenses against which the reserves policy is implemented in order to safeguard the proper provision of the services required by its members are: -

- Office and Room Hire - 12 months- £6,000
- Employment Cost - 12 months - £30,000
- Other costs £14,000

Total £50,000

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The recruitment, selection and subsequent induction of a new trustee into JGF we see as an opportunity to improve the effectiveness of the charity and when all these three elements work properly it can lead to a balanced, well informed, and effective trustee body that can result in a well governed and effective charity.

The trustees do not receive any remuneration.

The key elements governing the selection of any new appointment are: -

- A primary interest in the well-being of the lonely and isolated.
- The possession of a skill or capability that would be useful in helping provide solutions for loneliness and isolation.
- A talent for originating applications for donor grants.
- A talent for fund raising.

REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The charity's governing structure comprises of a board of trustees, of which there are six as at October 2023, assisted by a small management team.

The operational management of the Charity is directed by the Managing Director of JGF who reports to the JGF Board of Trustees.

Key management remuneration

Senior management received remuneration totalling £18,628.

Governance and Management

The documents detailed below set out the governance and management procedures for Just Good Friends (North West Ltd)

1. Safeguarding Children Policy
2. Safeguarding Vulnerable Adults Policy
3. Data Protection Policy
4. Confidentiality Policy
5. Health and Safety Policy
6. Volunteer Policy
7. Equal Opportunities and Diversity Policy
8. Environmental Policy
9. Personal Safety Policy
10. Whistle Blowing Policy
11. Complaint Procedure
12. Grievance Procedure
13. Disciplinary Procedure

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09847839 (England and Wales)

Registered Charity number

1167124

Registered office

327 Clifton Drive South
Lytham St Annes
FY8 1HN

Trustees

Mr S L Mason
Mrs M J Albion
Mr M J Albion
Mrs J P Mason
Mr A S Rodgers (appointed 9/2/2023)
Mrs D Gradwell (appointed 13/10/2023)
Dr R J Thorpe (appointed 5/5/2023)

Independent Examiner

Whitehead & Howarth
327 Clifton Drive South
Lytham St Annes
Lancashire
FY8 1HN

Approved by order of the board of trustees on 5th April 2024 and signed on its behalf by:

REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2023

Mr S L Mason - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
JUST GOOD FRIENDS (NORTH WEST) LIMITED**

Independent examiner's report to the trustees of Just Good Friends (North West) Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st October 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Candice Higgins

Whitehead & Howarth
327 Clifton Drive South
Lytham St Annes
Lancashire
FY8 1HN

10th April 2024

JUST GOOD FRIENDS (NORTH WEST) LIMITED**STATEMENT OF FINANCIAL ACTIVITIES
for the Year Ended 31ST OCTOBER 2023**

	Notes	Unrestricted fund £	Restricted funds £	31/10/23 Total funds £	31/10/22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		18,950	51,355	70,305	30,521
Charitable activities					
Meeting point		18,963	-	18,963	16,685
Investment income	2	125	-	125	-
Total		<u>38,038</u>	<u>51,355</u>	<u>89,393</u>	<u>47,206</u>
EXPENDITURE ON					
Charitable activities					
Donations		-	940	940	-
Running costs		7,515	19,702	27,217	24,957
Management and administration		11,256	16,839	28,095	26,911
Other		1,436	284	1,720	1,649
Total		<u>20,207</u>	<u>37,765</u>	<u>57,972</u>	<u>53,517</u>
Net gains/(losses) on investments		(736)	-	(736)	(3,245)
NET INCOME/(EXPENDITURE)		17,095	13,590	30,685	(9,556)
RECONCILIATION OF FUNDS					
Total funds brought forward		38,715	18,540	57,255	66,811
TOTAL FUNDS CARRIED FORWARD		<u>55,810</u>	<u>32,130</u>	<u>87,940</u>	<u>57,255</u>

The notes form part of these financial statements

JUST GOOD FRIENDS (NORTH WEST) LIMITED (REGISTERED NUMBER: 09847839)**BALANCE SHEET**
31ST OCTOBER 2023

	Notes	Unrestricted fund £	Restricted funds £	31/10/23 Total funds £	31/10/22 Total funds £
FIXED ASSETS					
Tangible assets	7	-	-	-	623
Investments	8	<u>7,687</u>	<u>-</u>	<u>7,687</u>	<u>8,423</u>
		7,687	-	7,687	9,046
CURRENT ASSETS					
Debtors	9	-	-	-	2,541
Cash at bank		<u>51,161</u>	<u>33,185</u>	<u>84,346</u>	<u>47,086</u>
		51,161	33,185	84,346	49,627
CREDITORS					
Amounts falling due within one year	10	(3,038)	(1,055)	(4,093)	(1,418)
NET CURRENT ASSETS		<u>48,123</u>	<u>32,130</u>	<u>80,253</u>	<u>48,209</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		55,810	32,130	87,940	57,255
NET ASSETS		<u>55,810</u>	<u>32,130</u>	<u>87,940</u>	<u>57,255</u>
FUNDS		11			
Unrestricted funds				55,810	38,715
Restricted funds				<u>32,130</u>	<u>18,540</u>
TOTAL FUNDS				<u>87,940</u>	<u>57,255</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st October 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st October 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

BALANCE SHEET - continued
31ST OCTOBER 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5th April 2024 and were signed on its behalf by:

Mr S L Mason - Trustee

NOTES TO THE FINANCIAL STATEMENTS
for the Year Ended 31ST OCTOBER 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Going concern

The financial statements are prepared on a going concern basis under the historic cost convention. The trustees consider the use of the going concern basis of accounting is appropriate. The charity has net assets of £87,940 (2022: £57,255) and a net surplus of £30,685 in the year (2022: deficit of £9,556).

The trustees consider that there are no material uncertainties relating to events or conditions that may cause significant doubt about the ability of the Charity to continue as a going concern.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

JUST GOOD FRIENDS (NORTH WEST) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued **for the Year Ended 31ST OCTOBER 2023**

1. ACCOUNTING POLICIES - continued

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Debtors

Trade and other debtors are recognised at the settlement amount due after any discount offered. Prepayments are valued at the amount prepaid net of any discounts due.

Creditors

Creditors are recognised when a legal obligation exists at the reporting date as a result of a past event, and probable there will be a transfer of economic benefit to a third party to settle the obligation, which can be measured or estimated reliably.

2. INVESTMENT INCOME

	31/10/23	31/10/22
	£	£
Deposit account interest	<u>125</u>	<u>-</u>

3. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31/10/23	31/10/22
	£	£
Auditors' remuneration	2,130	1,460
Depreciation - owned assets	113	1,394
Other operating leases	1,357	1,268
Deficit on disposal of fixed assets	<u>510</u>	<u>-</u>

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st October 2023.

Trustees' expenses

During the year trustees received expenses totalling £565 for reimbursement of travelling, general administrative costs and attendance at other meetings.

5. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31/10/23	31/10/22
Administration	<u>2</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2023**6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	7,171	23,350	30,521
Charitable activities			
Meeting point	16,685	-	16,685
Total	<u>23,856</u>	<u>23,350</u>	<u>47,206</u>
EXPENDITURE ON			
Charitable activities			
Running costs	11,032	13,925	24,957
Management and administration	12,143	14,768	26,911
Other	496	1,153	1,649
Total	<u>23,671</u>	<u>29,846</u>	<u>53,517</u>
Net gains/(losses) on investments	(3,245)	-	(3,245)
NET INCOME/(EXPENDITURE)	(3,060)	(6,496)	(9,556)
Transfers between funds	4	(4)	-
Net movement in funds	<u>(3,056)</u>	<u>(6,500)</u>	<u>(9,556)</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	41,771	25,040	66,811
TOTAL FUNDS CARRIED FORWARD	<u>38,715</u>	<u>18,540</u>	<u>57,255</u>

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2023**7. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1st November 2022	2,311	5,630	7,941
Disposals	<u>(1,153)</u>	<u>(4,051)</u>	<u>(5,204)</u>
At 31st October 2023	<u>1,158</u>	<u>1,579</u>	<u>2,737</u>
DEPRECIATION			
At 1st November 2022	2,311	5,007	7,318
Charge for year	-	113	113
Eliminated on disposal	<u>(1,153)</u>	<u>(3,541)</u>	<u>(4,694)</u>
At 31st October 2023	<u>1,158</u>	<u>1,579</u>	<u>2,737</u>
NET BOOK VALUE			
At 31st October 2023	<u>-</u>	<u>-</u>	<u>-</u>
At 31st October 2022	<u>-</u>	<u>623</u>	<u>623</u>

8. FIXED ASSET INVESTMENTS

	Listed investments £
MARKET VALUE	
At 1st November 2022	8,423
Revaluations	<u>(736)</u>
At 31st October 2023	<u>7,687</u>
NET BOOK VALUE	
At 31st October 2023	<u>7,687</u>
At 31st October 2022	<u>8,423</u>

There were no investment assets outside the UK.

Cost or valuation at 31st October 2023 is represented by:

	Listed investments £
Valuation in 2019	(115)
Valuation in 2020	864
Valuation in 2021	919
Valuation in 2022	(3,245)
Valuation in 2023	<u>(736)</u>
Cost	<u>10,000</u>
	<u>7,687</u>

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31ST OCTOBER 2023****9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31/10/23	31/10/22
	£	£
Other debtors	-	2,541

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/10/23	31/10/22
	£	£
Social security and other taxes	689	-
Other creditors	168	-
Accruals and deferred income	3,236	1,418
	<u>4,093</u>	<u>1,418</u>

11. MOVEMENT IN FUNDS

	At 1.11.22 £	Net movement in funds £	At 31.10.23 £
Unrestricted funds			
General fund	38,715	17,095	55,810
Restricted funds			
TNL Covid Safe & Secure – 20126696 – Covid19 Initiatives	45	(45)	-
CFLM Community Fund - A568677 - Covid Rehabilitation Project – Phase 2	150	(150)	-
CVS BWF Mental Health Initiative	113	(113)	-
Fylde Borough Council	315	(315)	-
Medicash	439	(359)	80
CVS Blackpool Fylde & Wyre	497	(45)	452
St Annes Town Council	2,500	(2,123)	377
Lancashire County Council	294	(294)	-
Glasdons	6,187	(6,187)	-
Fylde BC	8,000	(5,346)	2,654
Glasdons	-	3,103	3,103
Fylde Borough Council - Cost of Living	-	19	19
Fylde Borough Council - Cost of Living 2	-	675	675
NHS Transformation	-	3,333	3,333
Fylde Borough Council - Fylde Fitness	-	6,437	6,437
Fylde Soroptimists	-	15,000	15,000
	<u>18,540</u>	<u>13,590</u>	<u>32,130</u>
TOTAL FUNDS	<u>57,255</u>	<u>30,685</u>	<u>87,940</u>

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2023**11. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	38,038	(20,207)	(736)	17,095
Restricted funds				
TNL Covid Safe & Secure – 20126696 – Covid19 Initiatives	-	(45)	-	(45)
CFLM Community Fund - A568677 - Covid Rehabilitation Project – Phase 2	-	(150)	-	(150)
CVS BWF Mental Health Initiative	-	(113)	-	(113)
Fylde Borough Council	-	(315)	-	(315)
Medicash	-	(359)	-	(359)
CVS Blackpool Fylde & Wyre	-	(45)	-	(45)
St Annes Town Council	-	(2,123)	-	(2,123)
Lancashire County Council	-	(294)	-	(294)
Glasdons	-	(6,187)	-	(6,187)
Fylde BC	-	(5,346)	-	(5,346)
Community Foundation for Lancashire - Red Rose	5,000	(5,000)	-	-
Glasdons	5,300	(2,197)	-	3,103
Fylde Borough Council - Cost of Living	8,780	(8,761)	-	19
Community Foundation for Lancashire - Fred Mills	2,500	(2,500)	-	-
Fylde Borough Council - Cost of Living 2	675	-	-	675
NHS Transformation	5,000	(1,667)	-	3,333
Fylde Borough Council - Fylde Fitness	9,100	(2,663)	-	6,437
Fylde Soroptimists	15,000	-	-	15,000
	<u>51,355</u>	<u>(37,765)</u>	<u>-</u>	<u>13,590</u>
TOTAL FUNDS	<u>89,393</u>	<u>(57,972)</u>	<u>(736)</u>	<u>30,685</u>

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2023**11. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1.11.21 £	Net movement in funds £	Transfers between funds £	At 31.10.22 £
Unrestricted funds				
General fund	41,771	(3,060)	4	38,715
Restricted funds				
TNL Blackpool Ambassador Project	5,464	(5,464)	-	-
Fylde Borough Council	169	(169)	-	-
Danbro	500	(500)	-	-
Lancashire Crime Commissioners				
Community Fund	677	(673)	(4)	-
Co-op Covid Rehabilitation Fund	107	(107)	-	-
Groundworks Tesco Bags of Help	200	(200)	-	-
TNL Covid Safe & Secure – 20126696 – Covid19 Initiatives	90	(45)	-	45
CFLM Community Fund - A568677 - Covid Rehabilitation Project – Phase 2	300	(150)	-	150
The Danny Carroll Project	1,113	(1,113)	-	-
CVS BWF Technology Access Strategy	4,500	(4,500)	-	-
Fylde Civic Awareness Covid Rehabilitation	416	(416)	-	-
CVS BWF Mental Health Initiative	3,461	(3,348)	-	113
The Foyle Foundation	4,000	(4,000)	-	-
Rotary	500	(500)	-	-
The Skelton Charity LCVS	929	(929)	-	-
Fylde Borough Council	635	(320)	-	315
Medicash	1,229	(790)	-	439
Woodward Charitable Trust	750	(750)	-	-
CVS Blackpool Fylde & Wyre	-	497	-	497
St Annes Town Council	-	2,500	-	2,500
Lancashire County Council	-	294	-	294
Glasdons	-	6,187	-	6,187
Fylde BC	-	8,000	-	8,000
	<u>25,040</u>	<u>(6,496)</u>	<u>(4)</u>	<u>18,540</u>
TOTAL FUNDS	<u>66,811</u>	<u>(9,556)</u>	<u>-</u>	<u>57,255</u>

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2023**11. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General fund	23,856	(23,671)	(3,245)	(3,060)
Restricted funds				
TNL Blackpool Ambassador Project	-	(5,464)	-	(5,464)
Fylde Borough Council	-	(169)	-	(169)
Danbro	-	(500)	-	(500)
Lancashire Crime Commissioners				
Community Fund	-	(673)	-	(673)
Co-op Covid Rehabilitation Fund	-	(107)	-	(107)
Groundworks Tesco Bags of Help	-	(200)	-	(200)
TNL Covid Safe & Secure – 20126696 – Covid19 Initiatives	-	(45)	-	(45)
CFLM Community Fund - A568677 - Covid Rehabilitation Project – Phase 2	-	(150)	-	(150)
The Danny Carroll Project	-	(1,113)	-	(1,113)
CVS BWF Technology Access Strategy	-	(4,500)	-	(4,500)
Fylde Civic Awareness Covid Rehabilitation	-	(416)	-	(416)
CVS BWF Mental Health Initiative	-	(3,348)	-	(3,348)
The Foyle Foundation	-	(4,000)	-	(4,000)
Rotary	-	(500)	-	(500)
The Skelton Charity LCVS	-	(929)	-	(929)
Fylde Borough Council	-	(320)	-	(320)
Medicash	-	(790)	-	(790)
Woodward Charitable Trust	-	(750)	-	(750)
CVS Blackpool Fylde & Wyre	4,750	(4,253)	-	497
St Annes Town Council	2,500	-	-	2,500
Lancashire County Council	600	(306)	-	294
Glasdons	7,500	(1,313)	-	6,187
Fylde BC	8,000	-	-	8,000
	<u>23,350</u>	<u>(29,846)</u>	<u>-</u>	<u>(6,496)</u>
TOTAL FUNDS	<u>47,206</u>	<u>(53,517)</u>	<u>(3,245)</u>	<u>(9,556)</u>

Fylde Borough council

JGF Equipment - still to purchase JGF marketing pop-up.

Medicash - JGF

Grant to help with Covid Rehabilitation; balance transferred to Social Angels.

TNL Covid Safe & Secure - 20126696 - Covid19 Initiatives

To support vulnerable and socially isolated individuals to improve their physical and mental health, general well-being and social isolation during Covid19 pandemic with specific cost allocations.

CFLM Community Fund - A568677 - Covid Rehabilitation Project - Phase 2

Covid support with specific cost allocations.

CVS BWF Mental Health Initiative

Funding to help to improve mental, emotional and physical health resilience during Covid19.

JUST GOOD FRIENDS (NORTH WEST) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued **for the Year Ended 31ST OCTOBER 2023**

11. MOVEMENT IN FUNDS - continued

CVS Blackpool Fylde & Wyre

Funding for core costs £3,000, professional mental health support £750, volunteers expenses £500, crisis fund £500.

St Annes Town Council

Funding for activity and event costs, but not staff costs.

Lancashire County Council

Funding for promotional items.

Glasdons

Funding for sustainability eg venue hire, activity/event costs, volunteer expenses, but not staff costs.

Fylde Borough Council - Cost of Living

Funding for salary, free meals and memberships, room hire and volunteer expenses.

Fylde Borough Council - Cost of Living 2

Funding for free meals.

NHS Transformation

Contribution to staff costs over 12 months.

Fylde Borough Council - Fylde Fitness

Contribution to salary, room hire, fitness instructor and refreshments.

Fylde Soroptimists

Funding for salary and oncosts.

Social Angels

The JGF satellite group 'Social Angels' is a social group designed for youths struggling with confidence, low self esteem or social isolation and who would benefit from friend making and new opportunities. The following funds are part of the Social Angels project.

Fylde BC

ARG grant for Social Angels, to ease the financial burden experienced during the COVID 19 lockdown period.

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st October 2023.

13. ULTIMATE CONTROLLING PARTY

There is no controlling party, shares are limited by guarantee.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.