

REGISTERED COMPANY NUMBER: 09847839 (England and Wales)
REGISTERED CHARITY NUMBER: 1167124

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST OCTOBER 2022
FOR
JUST GOOD FRIENDS (NORTH WEST) LIMITED

Whitehead & Howarth
327 Clifton Drive South
Lytham St Annes
Lancashire
FY8 1HN

JUST GOOD FRIENDS (NORTH WEST) LIMITED

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for the Year Ended 31ST OCTOBER 2022

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REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st October 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2022

OBJECTIVES AND ACTIVITIES

Objectives and aims

The purpose of the charity is to:

- Offer a variety of solutions to loneliness and social isolation in and around the Fylde Coast area.
- Help to improve Community cohesion and provides support to some of the most lonely and isolated people who live in and around the Fylde and surrounding area.
- Help to improve an individual's feeling of self-worth; that they are part of the Community and not extraneous to it and a feeling of being welcomed and valued.
- Hosts daily activities, events and meet-ups ranging from a simple chat and coffee to Sunday lunch, music & dance, keep fit, bingo, raffles, speakers, art provision, short break holidays, events and social occasions and also enables individuals to further gain confidence through taking on volunteer roles.
- Provide a happy and safe environment where young individuals on the autistic spectrum can come together to relax, learn to enjoy each other's company and help to empower one another to become part of a larger Community.
- To enable the Social Angels focus group to help individuals to manage feelings and emotions and provide 'buddying' solutions to individuals' problems.
- Work alongside GP practices and provides an additional signposting referral tool to Doctors when faced with illnesses caused by loneliness and isolation.
- Constantly update what services are available for our members and signposts individuals towards specialist support agencies/organisations for help with their particular problem where necessary.
- Support many individuals during a crisis and, when necessary, signpost them towards the professional help they need, whether it's the emergency services, mental health, or social services.
- Support individuals within the community who do not often come into contact with the Authorities.
- Provides an awareness of the friendly impartial advice and counselling is available.
- Provide a support facility to other major charities where they can refer people who they are not able to provide the appropriate support.
- Protect vulnerable individuals and the victims of crime.

Strategies employed to achieve the charity's aims and objectives including activities during the year.

- The provision of an activity on most days of the week.
- The provision of Meeting Point facilities at five venues within the Fylde, area.
- The provision of a Sunday lunch meeting point.
- Entertainment.
- Speakers.
- Bingo and raffles.
- Social occasions.
- Providing a specialist unit to address the loneliness concerns of Autistic Youth for whom there is no focal point on the Fylde Coast.
- JGF still offers and provides support to Doctors' surgeries and similarly the Doctors' surgeries from across Blackpool and Fylde make referrals into JGF, again offering an alternative therapy to prescribing antidepressant pills as a solution to loneliness and isolation. JGF are also now supported by the Fylde Social Prescribers, a role that was developed and recruited by the CCG/NHS, now called the ICB, Integrated Care Board following the success of the Fylde JGF/CCG/NHS Ambassador Programme.
- Phase 1 of the JGF Blackpool Ambassador programme is now completed, ie creating and providing a JGF referral opportunity to Doctors' surgeries in and around central Blackpool. Phase 2 of the programme, to help Blackpool residents come to the meeting points in St Annes, was on hold due to the outbreak of COVID-19. Communications are now beginning with Blackpool Council regarding this.
- Forming working partnerships with other entities providing services to the Fylde Community.

COVID-19

Through additional Covid19 funding JGF has been able to continue to provide additional welfare support to reduce feeling of loneliness, anxiety, fear, depression, emotional support and welfare support to those needing extra help. Just Good Friends are still supporting members with Covid and the effects ie:

- Maintains regular contact with all vulnerable, at-risk members plus continues to provide regular support to isolated, lonely and at risk older female members.
- Provides essential welfare support liaising with doctors' surgeries/making appointments, ensuring all members have support in place, telephone calls, etc.
- Provides additional general welfare support to help with shopping, food supplies, etc.
- Makes contact with members in Residential Support.
- Provides additional support for members who have problems accessing technology.

REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2022

OBJECTIVES AND ACTIVITIES

Public benefit

Some benefits of JGF working with people suffering from feelings of Isolation and Loneliness: -

1. The opportunity and environment to talk about their loneliness problems and isolation issues with the effect that after sharing their concerns the problem is often not as overwhelming as they originally thought and where frequently solutions are found where none were first thought possible. Without this support the problem often becomes all-consuming which may lead to a spiral of distress, depression and possible serious physical and mental illness or suicide.
2. Relieves the pressure on the NHS.
3. Relieves the pressure at Doctors' surgeries.
4. Relieves the pressure on the mental health services
5. Just Good Friends would always provide a source of help and support when people are victims of crime.

FINANCIAL REVIEW

Financial position and reserves policy

JGF had approximately 200 members in October 2022.

In viewing the JGF membership numbers one should take into account that it is a transient membership and that when the healing process is complete people return to the community as whole individuals. As whole individuals they then play a full role within the community although most retain close links with JGF even if they don't necessarily renew their membership. Since its formation in 2012 as a small band of 10 people, many hundreds of people have passed through the JGF doors.

Reserves are needed to bridge the gap between spending and receiving of income and to support the cost of expansion of JGFs' services as the Charity expands and grows its membership. The trustees consider that the ideal level of reserves to support this growth is circa £25,000.

The key elements of the general running expenses against which the reserves policy is implemented in order to safeguard the proper provision of the services required by its members are: -

- Office and Room Hire - 6 months- £3,000
- Employment Cost - 6 months - £15,000
- Other costs £7,000

Total £25,000

Following the Covid-19 pandemic, the excess reserves held will be used for the charitable aims of the Charity.

A number of projects are funded from grants and, if those grants cease, then the key expenditure of labour cost which is related to the grants also ceases.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

The recruitment, selection and subsequent induction of a new trustee into JGF we see as an opportunity to improve the effectiveness of the charity and when all these three elements work properly it can lead to a balanced, well informed, and effective trustee body that can result in a well governed and effective charity.

Except for the Managing Director who is employed on a full-time basis, trustees do not receive any remuneration. NB The Managing Director resigned as Director and Trustee on the 15th December 2021 and, from this date, Trustees did not receive any remuneration.

The key elements governing the selection of any new appointment are: -

- A primary interest in the well-being of the lonely and isolated.
- The possession of a skill or capability that would be useful in helping provide solutions for loneliness and isolation.
- A talent for originating applications for donor grants.
- A talent for fund raising.

REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The strategy is to grow JGF exponentially and the management structure is consequently geared to supporting that growth with a holding company with a board of five Trustees. There is also a small management team offering support and advice.

The operational management of the Charity is directed by the Managing Director of JGF who reports to the JGF Board of Trustees.

Key management remuneration

Senior management received remuneration totalling £16,843.

Governance and Management

The documents detailed below set out the governance and management procedures for Just Good Friends (North West Ltd)

1. Safeguarding Children Policy
2. Safeguarding Vulnerable Adults Policy
3. Data Protection Policy
4. Confidentiality Policy
5. Health and Safety Policy
6. Volunteer Policy
7. Equal Opportunities and Diversity Policy
8. Environmental Policy
9. Personal Safety Policy
10. Whistle Blowing Policy
11. Complaint Procedure
12. Grievance Procedure
13. Disciplinary Procedure

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

09847839 (England and Wales)

Registered Charity number

1167124

Registered office

327 Clifton Drive South
Lytham St Annes
FY8 1HN

Trustees

Mrs B Sykes (resigned 15/12/2021)
Mrs C A Gradwell (resigned 25/10/2022)
Mr A L Ford (resigned 26/1/2022)
Mr J E Harrison (resigned 31/8/2022)
Mr S L Mason
Mr F McLaughlin (appointed 15/12/2021) (resigned 8/3/2022)
Mrs L G Griffiths (appointed 25/5/2022) (resigned 25/9/2022)
Mr M J Banahan (appointed 23/9/2022) (resigned 24/10/2022)
Mrs M J Albion (appointed 23/9/2022)
Mr M J Albion (appointed 25/10/2022)
Mrs J P Mason (appointed 25/10/2022)
Mr A S Rodgers (appointed 9/2/2023)

REPORT OF THE TRUSTEES
for the Year Ended 31ST OCTOBER 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Whitehead & Howarth
327 Clifton Drive South
Lytham St Annes
Lancashire
FY8 1HN

Approved by order of the board of trustees on 5th May 2023 and signed on its behalf by:

Mr S L Mason - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
JUST GOOD FRIENDS (NORTH WEST) LIMITED**

Independent examiner's report to the trustees of Just Good Friends (North West) Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31st October 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Candice Higgins

Candice Higgins

Whitehead & Howarth
327 Clifton Drive South
Lytham St Annes
Lancashire
FY8 1HN

10th May 2023

JUST GOOD FRIENDS (NORTH WEST) LIMITED**STATEMENT OF FINANCIAL ACTIVITIES****for the Year Ended 31ST OCTOBER 2022**

| | Notes | Unrestricted fund £ | Restricted funds £ | 31/10/22 Total funds £ | 31/10/21 Total funds £ |
|------------------------------------|-------|---------------------------|--------------------------|---------------------------------|---------------------------------|
| INCOME AND ENDOWMENTS FROM | | | | | |
| Donations and legacies | | 7,171 | 23,350 | 30,521 | 40,185 |
| Charitable activities | | | | | |
| Meeting point | | 16,685 | - | 16,685 | 13,104 |
| Total | | <u>23,856</u> | <u>23,350</u> | <u>47,206</u> | <u>53,289</u> |
| EXPENDITURE ON | | | | | |
| Charitable activities | | | | | |
| Running costs | | 11,032 | 13,925 | 24,957 | 22,357 |
| Management and administration | | 12,143 | 14,768 | 26,911 | 28,627 |
| Meeting point | | - | - | - | 1,963 |
| Other | | 496 | 1,153 | 1,649 | 1,477 |
| Total | | <u>23,671</u> | <u>29,846</u> | <u>53,517</u> | <u>54,424</u> |
| Net gains/(losses) on investments | | <u>(3,245)</u> | <u>-</u> | <u>(3,245)</u> | <u>919</u> |
| NET INCOME/(EXPENDITURE) | | <u>(3,060)</u> | <u>(6,496)</u> | <u>(9,556)</u> | <u>(216)</u> |
| Transfers between funds | 10 | <u>4</u> | <u>(4)</u> | <u>-</u> | <u>-</u> |
| Net movement in funds | | <u>(3,056)</u> | <u>(6,500)</u> | <u>(9,556)</u> | <u>(216)</u> |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 41,771 | 25,040 | 66,811 | 67,027 |
| TOTAL FUNDS CARRIED FORWARD | | <u><u>38,715</u></u> | <u><u>18,540</u></u> | <u><u>57,255</u></u> | <u><u>66,811</u></u> |

The notes form part of these financial statements

JUST GOOD FRIENDS (NORTH WEST) LIMITED (REGISTERED NUMBER: 09847839)**BALANCE SHEET**
31ST OCTOBER 2022

| | Notes | Unrestricted fund £ | Restricted funds £ | 31/10/22 Total funds £ | 31/10/21 Total funds £ |
|--|-------|---------------------------|--------------------------|---------------------------------|---------------------------------|
| FIXED ASSETS | | | | | |
| Tangible assets | 6 | - | 623 | 623 | 2,017 |
| Investments | 7 | 8,423 | - | 8,423 | 11,668 |
| | | <u>8,423</u> | <u>623</u> | <u>9,046</u> | <u>13,685</u> |
| CURRENT ASSETS | | | | | |
| Debtors | 8 | 2,541 | - | 2,541 | 64 |
| Cash at bank | | 28,578 | 18,508 | 47,086 | 54,468 |
| | | <u>31,119</u> | <u>18,508</u> | <u>49,627</u> | <u>54,532</u> |
| CREDITORS | | | | | |
| Amounts falling due within one year | 9 | (827) | (591) | (1,418) | (1,406) |
| NET CURRENT ASSETS | | <u>30,292</u> | <u>17,917</u> | <u>48,209</u> | <u>53,126</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>38,715</u> | <u>18,540</u> | <u>57,255</u> | <u>66,811</u> |
| NET ASSETS | | <u>38,715</u> | <u>18,540</u> | <u>57,255</u> | <u>66,811</u> |
| FUNDS | 10 | | | | |
| Unrestricted funds | | | | 38,715 | 41,771 |
| Restricted funds | | | | 18,540 | 25,040 |
| TOTAL FUNDS | | | | <u>57,255</u> | <u>66,811</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st October 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st October 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

BALANCE SHEET - continued
31ST OCTOBER 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5th May 2023 and were signed on its behalf by:

Mr S L Mason - Trustee

JUST GOOD FRIENDS (NORTH WEST) LIMITED

NOTES TO THE FINANCIAL STATEMENTS **for the Year Ended 31ST OCTOBER 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at market value, as modified by the revaluation of certain assets.

Financial reporting standard 102 - reduced disclosure exemptions

The charitable company has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

| | |
|-----------------------|---------------|
| Fixtures and fittings | - 25% on cost |
| Computer equipment | - 33% on cost |

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2022**2. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

| | 31/10/22 | 31/10/21 |
|-----------------------------|-------------------|-------------------|
| | £ | £ |
| Depreciation - owned assets | 1,394 | 1,872 |
| Other operating leases | 1,268 | 1,100 |
| | <u> </u> | <u> </u> |

3. TRUSTEES' REMUNERATION AND BENEFITS

Up until her resignation on 15th December 2021, Mrs B Sykes, a trustee, received remuneration totalling £1,351 for her services as Managing Director of the charity.

Trustees' expenses

During the year trustees received expenses totalling £556 for reimbursement of travelling, general administrative costs and attendance at other meetings.

4. STAFF COSTS

The average monthly number of employees during the year was as follows:

| | 31/10/22 | 31/10/21 |
|----------------|-------------------|-------------------|
| | 3 | 4 |
| Administration | <u> </u> | <u> </u> |

No employees received emoluments in excess of £60,000.

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| | Unrestricted fund £ | Restricted funds £ | Total funds £ |
|-----------------------------------|---------------------------|--------------------------|---------------------|
| INCOME AND ENDOWMENTS FROM | | | |
| Donations and legacies | 3,876 | 36,309 | 40,185 |
| Charitable activities | | | |
| Meeting point | 13,104 | - | 13,104 |
| Total | <u>16,980</u> | <u>36,309</u> | <u>53,289</u> |
| EXPENDITURE ON | | | |
| Charitable activities | | | |
| Running costs | 9,990 | 12,367 | 22,357 |
| Management and administration | 11 | 28,616 | 28,627 |
| Meeting point | - | 1,963 | 1,963 |
| Other | 48 | 1,429 | 1,477 |
| Total | <u>10,049</u> | <u>44,375</u> | <u>54,424</u> |
| Net gains on investments | <u>919</u> | <u>-</u> | <u>919</u> |
| NET INCOME/(EXPENDITURE) | 7,850 | (8,066) | (216) |
| Transfers between funds | 1 | (1) | - |

JUST GOOD FRIENDS (NORTH WEST) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31ST OCTOBER 2022

5. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

| | Unrestricted fund £ | Restricted funds £ | Total funds £ |
|------------------------------------|---------------------------|--------------------------|---------------------|
| Net movement in funds | 7,851 | (8,067) | (216) |
| RECONCILIATION OF FUNDS | | | |
| Total funds brought forward | | | |
| As previously reported | 32,173 | 34,854 | 67,027 |
| Prior year adjustment | 1,750 | (1,750) | - |
| As restated | 33,923 | 33,104 | 67,027 |
| TOTAL FUNDS CARRIED FORWARD | 41,774 | 25,037 | 66,811 |

6. TANGIBLE FIXED ASSETS

| | Fixtures and fittings £ | Computer equipment £ | Totals £ |
|---|----------------------------------|----------------------------|-------------|
| COST | | | |
| At 1st November 2021 and 31st October 2022 | 2,311 | 5,630 | 7,941 |
| DEPRECIATION | | | |
| At 1st November 2021 | 2,023 | 3,901 | 5,924 |
| Charge for year | 288 | 1,106 | 1,394 |
| At 31st October 2022 | 2,311 | 5,007 | 7,318 |
| NET BOOK VALUE | | | |
| At 31st October 2022 | - | 623 | 623 |
| At 31st October 2021 | 288 | 1,729 | 2,017 |

7. FIXED ASSET INVESTMENTS

| | Listed investments £ |
|-----------------------|----------------------------|
| MARKET VALUE | |
| At 1st November 2021 | 11,668 |
| Revaluations | (3,245) |
| At 31st October 2022 | 8,423 |
| NET BOOK VALUE | |
| At 31st October 2022 | 8,423 |
| At 31st October 2021 | 11,668 |

There were no investment assets outside the UK.

JUST GOOD FRIENDS (NORTH WEST) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued
for the Year Ended 31ST OCTOBER 2022

7. FIXED ASSET INVESTMENTS - continued

Cost or valuation at 31st October 2022 is represented by:

| | Listed investments £ |
|-------------------|----------------------------|
| Valuation in 2019 | (115) |
| Valuation in 2020 | 864 |
| Valuation in 2021 | 919 |
| Valuation in 2022 | (3,245) |
| Cost | 10,000 |
| | <hr/> |
| | 8,423 |
| | <hr/> |

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 31/10/22 | 31/10/21 |
|--------------------------------|----------|----------|
| | £ | £ |
| Other debtors | 2,541 | - |
| Prepayments and accrued income | - | 64 |
| | <hr/> | <hr/> |
| | 2,541 | 64 |
| | <hr/> | <hr/> |

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | 31/10/22 | 31/10/21 |
|---------------------------------|----------|----------|
| | £ | £ |
| Social security and other taxes | - | 508 |
| Accruals and deferred income | 1,418 | 898 |
| | <hr/> | <hr/> |
| | 1,418 | 1,406 |
| | <hr/> | <hr/> |

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2022**10. MOVEMENT IN FUNDS**

| | At 1.11.21 £ | Net movement in funds £ | Transfers between funds £ | At 31.10.22 £ |
|--|--------------------|----------------------------------|------------------------------------|---------------------|
| Unrestricted funds | | | | |
| General fund | 41,771 | (3,060) | 4 | 38,715 |
| Restricted funds | | | | |
| TNL Blackpool Ambassador Project | 5,464 | (5,464) | - | - |
| Fylde Borough Council | 169 | (169) | - | - |
| Danbro | 500 | (500) | - | - |
| Lancashire Crime Commissioners | | | | |
| Community Fund | 677 | (673) | (4) | - |
| Co-op Covid Rehabilitation Fund | 107 | (107) | - | - |
| Groundworks Tesco Bags of Help | 200 | (200) | - | - |
| TNL Covid Safe & Secure – 20126696 – Covid19 Initiatives | 90 | (45) | - | 45 |
| CFLM Community Fund - A568677 - Covid Rehabilitation Project – Phase 2 | 300 | (150) | - | 150 |
| The Danny Carroll Project | 1,113 | (1,113) | - | - |
| CVS BWF Technology Access Strategy | 4,500 | (4,500) | - | - |
| Fylde Civic Awareness Covid Rehabilitation | 416 | (416) | - | - |
| CVS BWF Mental Health Initiative | 3,461 | (3,348) | - | 113 |
| The Foyle Foundation | 4,000 | (4,000) | - | - |
| Rotary | 500 | (500) | - | - |
| The Skelton Charity LCVS | 929 | (929) | - | - |
| Fylde Borough Council | 635 | (320) | - | 315 |
| Medicash | 1,229 | (790) | - | 439 |
| Woodward Charitable Trust | 750 | (750) | - | - |
| CVS Blackpool Fylde & Wyre | - | 497 | - | 497 |
| St Annes Town Council | - | 2,500 | - | 2,500 |
| Lancashire County Council | - | 294 | - | 294 |
| Glasdons | - | 6,187 | - | 6,187 |
| Fylde BC | - | 8,000 | - | 8,000 |
| | <u>25,040</u> | <u>(6,496)</u> | <u>(4)</u> | <u>18,540</u> |
| TOTAL FUNDS | <u>66,811</u> | <u>(9,556)</u> | <u>-</u> | <u>57,255</u> |

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2022**10. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|--|----------------------------|----------------------------|--------------------------|---------------------------|
| Unrestricted funds | | | | |
| General fund | 23,856 | (23,671) | (3,245) | (3,060) |
| Restricted funds | | | | |
| TNL Blackpool Ambassador Project | - | (5,464) | - | (5,464) |
| Fylde Borough Council | - | (169) | - | (169) |
| Danbro | - | (500) | - | (500) |
| Lancashire Crime Commissioners | | | | |
| Community Fund | - | (673) | - | (673) |
| Co-op Covid Rehabilitation Fund | - | (107) | - | (107) |
| Groundworks Tesco Bags of Help | - | (200) | - | (200) |
| TNL Covid Safe & Secure – 20126696 – | | | | |
| Covid19 Initiatives | - | (45) | - | (45) |
| CFLM Community Fund - A568677 - | | | | |
| Covid Rehabilitation Project – Phase 2 | - | (150) | - | (150) |
| The Danny Carroll Project | - | (1,113) | - | (1,113) |
| CVS BWF Technology Access Strategy | - | (4,500) | - | (4,500) |
| Fylde Civic Awareness Covid | | | | |
| Rehabilitation | - | (416) | - | (416) |
| CVS BWF Mental Health Initiative | - | (3,348) | - | (3,348) |
| The Foyle Foundation | - | (4,000) | - | (4,000) |
| Rotary | - | (500) | - | (500) |
| The Skelton Charity LCVS | - | (929) | - | (929) |
| Fylde Borough Council | - | (320) | - | (320) |
| Medicash | - | (790) | - | (790) |
| Woodward Charitable Trust | - | (750) | - | (750) |
| CVS Blackpool Fylde & Wyre | 4,750 | (4,253) | - | 497 |
| St Annes Town Council | 2,500 | - | - | 2,500 |
| Lancashire County Council | 600 | (306) | - | 294 |
| Glasdons | 7,500 | (1,313) | - | 6,187 |
| Fylde BC | 8,000 | - | - | 8,000 |
| | <u>23,350</u> | <u>(29,846)</u> | <u>-</u> | <u>(6,496)</u> |
| TOTAL FUNDS | <u>47,206</u> | <u>(53,517)</u> | <u>(3,245)</u> | <u>(9,556)</u> |

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2022**10. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

| | At 1.11.20 £ | Prior year adjustment £ | Net movement in funds £ | Transfers between funds £ | At 31.10.21 £ |
|---|--------------------|----------------------------------|----------------------------------|------------------------------------|---------------------|
| Unrestricted funds | | | | | |
| General fund | 32,173 | 1,750 | 7,847 | 1 | 41,771 |
| Restricted funds | | | | | |
| TNL Blackpool | | | | | |
| Ambassador Project | 7,883 | (2,000) | (419) | - | 5,464 |
| Social Angels | (250) | 250 | - | - | - |
| Fylde Borough Council | 232 | - | (63) | - | 169 |
| Danbro | 500 | - | - | - | 500 |
| Lancashire Crime Commissioners | | | | | |
| Community Fund | 2,500 | - | (1,823) | - | 677 |
| Co-op Covid Rehabilitation Fund | 500 | - | (393) | - | 107 |
| Neighbourly Covid Hardship Fund | 220 | - | (220) | - | - |
| Groundworks Tesco Bags of Help | 200 | - | - | - | 200 |
| TNL Covid Safe & Secure - 20126696 - Covid19 Initiatives | 5,346 | - | (5,256) | - | 90 |
| CFLM Community Fund - A568677 - Covid Rehabilitation Project - Phase 2 | 8,371 | - | (8,070) | (1) | 300 |
| CFLM Lancashire Womens Fund - A544360 | 4,211 | - | (4,211) | - | - |
| The Danny Carroll Project | - | - | 1,113 | - | 1,113 |
| CVS BWF Technology Access Strategy | - | - | 4,500 | - | 4,500 |
| Fylde Civic Awareness Covid Rehabilitation | - | - | 416 | - | 416 |
| CVS BWF Mental Health Initiative | - | - | 3,461 | - | 3,461 |
| The Foyle Foundation | - | - | 4,000 | - | 4,000 |
| Rotary | 500 | - | - | - | 500 |
| Medicash - JGF | 1,229 | - | - | (1,229) | - |
| The Skelton Charity LCVS | 1,712 | - | (783) | - | 929 |
| Fylde Borough Council | 950 | - | (315) | - | 635 |
| Medicash | - | - | - | 1,229 | 1,229 |
| Woodward Charitable Trust | 750 | - | - | - | 750 |
| | <u>34,854</u> | <u>(1,750)</u> | <u>(8,063)</u> | <u>(1)</u> | <u>25,040</u> |
| TOTAL FUNDS | <u>67,027</u> | <u>-</u> | <u>(216)</u> | <u>-</u> | <u>66,811</u> |

JUST GOOD FRIENDS (NORTH WEST) LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued**
for the Year Ended 31ST OCTOBER 2022**10. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Gains and losses £ | Movement in funds £ |
|--|----------------------------|----------------------------|--------------------------|---------------------------|
| Unrestricted funds | | | | |
| General fund | 16,980 | (10,052) | 919 | 7,847 |
| Restricted funds | | | | |
| TNL Blackpool Ambassador Project | - | (419) | - | (419) |
| Fylde Borough Council | - | (63) | - | (63) |
| Lancashire Crime Commissioners | | | | |
| Community Fund | - | (1,823) | - | (1,823) |
| Co-op Covid Rehabilitation Fund | - | (393) | - | (393) |
| Neighbourly Covid Hardship Fund | - | (220) | - | (220) |
| TNL Covid Safe & Secure – 20126696 – | | | | |
| Covid19 Initiatives | - | (5,256) | - | (5,256) |
| CFLM Community Fund - A568677 - | | | | |
| Covid Rehabilitation Project – Phase 2 | - | (8,070) | - | (8,070) |
| CFLM Lancashire Womens Fund - | | | | |
| A544360 | - | (4,211) | - | (4,211) |
| Postcode Neighbourhood Trust | 15,000 | (15,000) | - | - |
| The Danny Carroll Project | 1,113 | - | - | 1,113 |
| CVS BWF Technology Access Strategy | 5,000 | (500) | - | 4,500 |
| Fylde Civic Awareness Covid | | | | |
| Rehabilitation | 446 | (30) | - | 416 |
| CVS BWF Mental Health Initiative | 5,000 | (1,539) | - | 3,461 |
| The Foyle Foundation | 4,000 | - | - | 4,000 |
| Garfield Weston | 5,500 | (5,500) | - | - |
| The Skelton Charity LCVS | - | (783) | - | (783) |
| Fylde Borough Council | - | (315) | - | (315) |
| Rotary Youth | 250 | (250) | - | - |
| | <u>36,309</u> | <u>(44,372)</u> | <u>-</u> | <u>(8,063)</u> |
| TOTAL FUNDS | <u>53,289</u> | <u>(54,424)</u> | <u>919</u> | <u>(216)</u> |

TNL Blackpool Ambassador Project

In Phase 1 of the Blackpool Ambassador Project JGF piloted the Ambassador Programme around a cohort of doctors' surgeries and patients were referred into JGF weekly activities and events. Phase 2 of the project is currently on hold due to the Covid19 pandemic, although JGF have continued to provide support to members/individuals in the Blackpool area during Covid19. Phase 2 of the programme will revisit the cohort of doctor's surgeries and socially signpost the individuals to meet-up/events based in and around St Annes. Phase 2 will also help to support Blackpool in identifying and setting up their own meet-up initiatives in and around the Blackpool area.

Fylde Borough council

JGF Equipment - still to purchase JGF marketing pop-up.

Medicash - JGF

Grant to help with Covid Rehabilitation; balance transferred to Social Angels.

Danbro

Covid Rehabilitation Refreshments Phase 2 - Mental Health.

Rotary

JUST GOOD FRIENDS (NORTH WEST) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued **for the Year Ended 31ST OCTOBER 2022**

10. MOVEMENT IN FUNDS - continued

Covid Rehabilitation Refreshments Phase 2 - Mental Health.

Lancashire Crime Commissioners Community Fund

Stay safe project. To increase personal protection from scams and improve home security through collaborations with external support services/organisations during Covid19. Covid support with specific costs allocations.

Co-op Covid Rehabilitation Fund

Funding restricted to Covid19 hardship fund. To support members of the community suffering from ill health, or suffering economically or socially as a result of the Covid 19 pandemic.

Neighbourly Covid Hardship Fund

To support members of the community suffering from ill health, or suffering economically or socially as a result of the Covid 19 pandemic.

Groundworks Tesco Bags of Help

Food for over 75's, older vulnerable and at risk.

TNL Covid Safe & Secure - 20126696 - Covid19 Initiatives

To support vulnerable and socially isolated individuals to improve their physical and mental health, general well-being and social isolation during Covid19 pandemic with specific cost allocations.

CFLM Community Fund - A568677 - Covid Rehabilitation Project - Phase 2

Covid support with specific cost allocations.

CFLM Lancashire Womens Fund - A544360

To fund Welfare officer salary and costs during Covid19 in order to help improve mental health and well-being in vulnerable older women suffering from social isolation and loneliness during Covid19.

Postcode Neighbourhood Trust

To cover Covid19 staff costs (1.5 FTE).

Garfield Weston

To cover 10% of Operating Costs during Covid19.

The Danny Carroll Project

In memory of JGF member Danny Carroll. Funding restricted to welfare support.

CVS BWF Technology Access strategy

Technical support to vulnerable and isolated members during Covid19.

Fylde Civic Awareness Covid Rehabilitation

Funding restricted to flowers and food parcels for older, vulnerable and at risk members.

CVS BWF Mental Health Initiative

Funding to help to improve mental, emotional and physical health resilience during Covid19.

The Foyle Foundation

Discretionary one year grant by the Trustees of The Foyle Foundation to help towards core costs during Covid19.

CVS Blackpool Fylde & Wyre

Funding for core costs £3,000, professional mental health support £750, volunteers expenses £500, crisis fund £500.

St Annes Town Council

Funding for activity and event costs, but not staff costs.

JUST GOOD FRIENDS (NORTH WEST) LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued **for the Year Ended 31ST OCTOBER 2022**

10. MOVEMENT IN FUNDS - continued

Lancashire County Council

Funding for promotional items.

Glasdons

Funding for sustainability eg venue hire, activity/event costs, volunteer expenses, but not staf costs.

Social Angels

The JGF satellite group 'Social Angels' is a social group designed for youths struggling with confidence, low self esteem or social isolation and who would benefit from friend making and new opportunities. The following funds are part of the Social Angels project.

Fylde Borough Council

Social Angels Equipment - Computer, Printer, Large Screen, Camcorder and 3 Memory Cards

Rotary Youth

Social Angels Covid19 art projects.

Medicash

Grant to support Social Angels during Covid19 and to help re-establish group after Covid19. Transferred JGF Medicash above.

The Skelton Charity LCVS

To support Social Angels during Covid19 and re-establish group post pandemic.

Woodward Charitable Trust

To support Social Angels during Covid19 and re-establish group post pandemic.

Fylde BC

ARG grant for Social Angels, to ease the financial burden experienced during the COVID 19 lockdown period.

11. RELATED PARTY DISCLOSURES

During the year, an interest free loan of £2,500 was given by Mr J Harrison, a trustee, due to bank access issues. The loan was repaid once the issue was resolved.

12. ULTIMATE CONTROLLING PARTY

There is no controlling party, shares are limited by guarantee.