

Spoons

Charity Registration Number: 1167043

**Trustees' Annual Report and Financial Statements
for the year ended 30 April 2025**

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Year Ended 30 April 2025

Administrative Information

Registered Charity Number: 1167043

Charity Address: Spoons Charity
Albany Mill
Old Hall Street
Middleton
Manchester
M24 1AG

Trustees: Tracey Rawlinson (Chair from 21 May 2024)
Leanne Royle
Sarah Moxon (Chair to 21 May 2024)
Bethay Armitage
Pamela Ashcroft
Khadijah Nazir Salim
Rebecca Lowe
Shaun Adams

Resigned 5 August 2025
Resigned 21 May 2024
Appointed 3 Sep 2025

Bankers: Lloyds Bank
Ariel House
2138 Coventry Road
Sheldon
B26 3JW

Independent Examiner: Angelika Gacek
Pennine Accounting
109A Church Street
Littleborough
Lancashire
OL15 8AA

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Report of the Trustees for the Year Ended 30 April 2025

Structure, governance and management

Spoons is a Charitable Incorporated Organisation with the Charity Registration Number 1167043. The governing document of Spoons is a constitution dated 11 May 2016, amended on 10 January 2022 and 12 June 2024.

Trustees are appointed for a three-year period by resolution passed at a Trustee meeting. Trustees meet at least three times per year.

Objectives and Activities for the Public Benefit

The objectives of the charity are to relieve the needs of parents and families of babies who experience neonatal care in Greater Manchester by the provision of support and information, and to advance awareness and education of neonatal care, and its implications for families, to health professionals and the general public.

A review of the constitution was undertaken at the Trustee Board Meeting on the 27 January 2024. Following this The Trustees sought consent from the Charity Commission to revise the Object Clause in our Governing Document. This will ensure that the Governing Document remains fit for purpose and the charity continues to meet the needs of service users. This resolution was passed on the 12 June 2024.

The Trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives, in planning future activities and setting the grant making policy for the period.

Review of Activities and Achievements

A note from Tracey Rawlinson *Chair of Trustees*

It has been a privilege to serve as Chair of Trustees for Spoons and to see first-hand how our values of community, empathy, lived experience, and collaboration are brought to life every single day. These values underpin everything we do, from the way we support families to the way we work alongside our partners.

Over the past year, Spoons has continued to grow in strength and purpose. We have strengthened our partnerships within the NHS and the Greater Manchester Maternity and Neonatal Voices Partnership, ensuring that family voices are shaping care and driving improvement within neonatal services. I've had the pleasure of spending time with our volunteers and seeing their compassion in action, their lived experience and commitment are what make Spoons truly special.

As we look ahead, our focus remains on inclusion, sustainability, and ensuring that every parent feels supported, heard, and part of a community that understands. My sincere thanks to our dedicated staff, volunteers, funders, donors and partners for their continued passion and belief in our mission. Together, we are making a lasting difference for families across Greater Manchester.

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Report of the Trustees for the Year Ended 30 April 2025

A note from Kirsten Mitchell *Operations Manager (appointed CEO October 2025)*

Reflecting on the past year, I am incredibly proud of what our team has achieved. We have strengthened our partnerships across Greater Manchester, expanded our family and community support offer, and deepened our role in amplifying the neonatal voice.

Every member of our staff and volunteer team brings lived experience of neonatal care. Providing shared understanding remains the core of Spoons and the reason families trust us during some of the most difficult moments of their lives.

We have continued to deliver neonatal lived experience peer support on the neonatal units in Greater Manchester and have provided support through home visits. We have continued to fund trauma therapy, and have delivered community support groups and play sessions, all shaped by compassion and connection.

The first year of our Neonatal Voices Project has laid the groundwork for a stronger, more inclusive system, ensuring that the voices of neonatal families influence real change in neonatal care across Greater Manchester. This project ensures that the experiences of families directly inform improvements in neonatal care, particularly for those whose voices are too often underrepresented.

Our focus for the year ahead is to sustain what we've built, strengthen financial resilience and continue to grow our impact. We will invest in developing our fundraising capacity enabling us to expand our services to reach more families and increase our presence in hospitals, community settings, and digital spaces. This will build on our partnerships to ensure that every family, whatever their background or experience, feels heard, supported, and part of a community that understands.

Spoons exists because of the people behind it, our staff, volunteers, funders, trustees, NHS partners, and families. I am deeply grateful for their unwavering belief in our work and our shared vision that no parent should face neonatal care alone.

Our Team

- One full time Operations Manager (appointed CEO in October 2025)
- Two Family Support Coordinators
- One Community Group Coordinator
- One Volunteer Coordinator
- One Administrative Assistant (appointed in May 2025)
- Fifteen active volunteers
- One sessional Community Fundraiser
- One sessional Trusts and Foundations Fundraiser

Delivering Peer Support and Amplifying the Neonatal Voice

All members of our frontline team, both staff and volunteers, bring lived experience of neonatal care. This shared understanding is at the heart of how we deliver support, ensuring families feel truly understood and never alone during, or after, their neonatal journey.

With an exceptional team of dedicated staff and volunteers, we provide compassionate, practical, and emotional support to families on neonatal units, in the community, and online. Their contribution remains central to the support and connection that define Spoons.

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Report of the Trustees for the Year Ended 30 April 2025

Delivering Peer Support and Amplifying the Neonatal Voice continued

This year, we have also played a key role in facilitating the neonatal voice within the new Maternity and Neonatal Voices Partnership (MNVP) model. Our focus has been to ensure the voices shaping service improvement come directly from those with lived experience. We have placed particular emphasis on capturing and amplifying the voices of families from marginalised and underrepresented communities, helping to ensure that every perspective informs how neonatal care is shaped and improved across Greater Manchester.

"When everything felt overwhelming, my Spoons peer supporter made me feel seen and understood. She'd been through neonatal care herself, so I didn't have to find the words — she already knew what I was feeling. That connection helped me feel less alone and gave me the confidence to start finding my way through."

Parent Quote

Community Support

This year, we have delivered 226 community sessions, attended by 455 families across Greater Manchester. These sessions have included baby massage, sensory play, stay and play, sing 'n' shake, weaning workshops (in partnership with an NHS Speech and Language Therapist), music sessions, coffee mornings, and wellbeing walks.

Our community offer is about more than just activities, it's about connection. These sessions provide a safe, welcoming space where parents can build confidence, strengthen their bond with their baby, and connect with others who understand their experiences. For babies, sessions such as sensory play and baby massage support early development, bonding, and attachment, helping to lay the foundations for emotional and physical wellbeing.

We are proud to take these sessions out into community spaces across Manchester, making them accessible to families wherever they are on their journey. Many parents tell us that joining a Spoons group is the first time they've felt able to relax, socialise, and simply enjoy being with their baby after a difficult start.

Family Support

Our Family Support Service provides individualised, trauma informed support for families during and after neonatal care. Our team bring their own neonatal lived experience, helping parents feel understood, supported, and less alone. Support begins on the neonatal unit and continues at home and in the community.

One of our Family Support Coordinators, an Early Years Practitioner, provides home visits for parents who are not yet ready to attend community groups, offering play sessions, baby massage, and Newborn Behavioural Observation to strengthen bonding and confidence. She supports families to join community sessions when they feel ready.

Our other Family Support Coordinator specialises in working with diverse communities, particularly the South Asian community, and offers practical help for families facing financial hardship, asylum, or bereavement. Her culturally sensitive, compassionate approach ensures that families can access the right support at the right time.

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Report of the Trustees for the Year Ended 30 April 2025

Family Support continued

Working closely with our volunteers, neonatal units, community partners, and therapists, the team provides continuity and reassurance when families need it most.

In the last 12 months the Family Support Team have supported 197 families. Demand continues to grow and we are committed to sustaining this service so that families can continue to benefit from consistent, lived experience led support across Greater Manchester.

EMDR and Trauma Therapy

Our Trauma Therapy Service provides specialist emotional support for parents who have experienced the trauma and uncertainty of neonatal care. The service is trauma informed and designed specifically around the unique challenges that families face before, during, and after time on the neonatal unit.

This year, we delivered 578 therapy sessions, helping parents process their experiences, rebuild confidence, and strengthen emotional wellbeing. Our therapists work closely with our Family Support Coordinators to ensure families receive the right help at the right time, creating a seamless, wraparound approach to care.

Sessions provide a safe, compassionate space where parents can explore their feelings, manage anxiety and trauma, and begin to heal. For many, this support is life changing, helping them reconnect with themselves, their baby, and their wider family life.

As demand continues to rise, we are committed to sustaining this service, ensuring that every parent who needs trauma support can access it quickly and safely.

Volunteer Programme

Our volunteers remain the heartbeat of Spoons, bringing compassion, understanding, and lived experience to every family they support.

Since joining Spoons in September 2024, our Volunteer Coordinator has played a vital role in strengthening and expanding our volunteer base. The role has focused on developing new ways for volunteers to get involved, introducing a Community Group Supporter role, and on diversifying the team so that it better reflects the families we support.

Over the past year, the Volunteer Coordinator has delivered a comprehensive training programme, hosted a volunteer away day, recruited new volunteers, and successfully retained existing volunteer team members by fostering a strong sense of community and belonging. The application process has been streamlined, making it easier for parents with lived experience to join the team.

Our volunteers support families across neonatal units, in community spaces, and online. They offer empathy, reassurance, and hope from those who have truly "been there." Their gift of their time and commitment is what makes Spoons so special.

In total, our team of volunteers delivered over 983 hours of lived experience peer support, a powerful reflection of the compassion, commitment, and community that define Spoons.

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Report of the Trustees for the Year Ended 30 April 2025

Maternity Neonatal Voices Partnership (MNVP)

This year marked the successful first phase of our Neonatal Voices Project, delivered in partnership with the North West Neonatal Operational Delivery Network, Voices for Choices CIC, and the Greater Manchester Local Maternity Neonatal Systems.

The project aims to embed the neonatal voice within the Greater Manchester MNVP model, ensuring families with lived experience play an active role in shaping care and influencing improvement in neonatal services.

Through this work, Spoons has helped strengthen how neonatal feedback is gathered and shared across the region. We've focused on reaching and amplifying the voices of families who are often underrepresented, including fathers, bereaved families, and those from diverse and marginalised communities. The aim of the project is to ensure families' experiences contribute to learning and change.

Current Position and Future Plans

As we look ahead, our focus is on sustainability, inclusion, and growth, ensuring Spoons remains a trusted and vital source of support for families across Greater Manchester.

We will continue to strengthen our Family Support Service and increase our presence in community spaces so families can access help closer to home.

Our Volunteer Programme will keep growing, with a focus on involving more fathers and volunteers from diverse backgrounds, ensuring our team truly reflects the families we support.

Financial sustainability remains a key priority. Building on the systems and processes introduced last year, we will continue to diversify our income, grow unrestricted funding, and develop longer term partnerships with funders, corporate supporters, and the NHS. Over the next year, we will also invest in dedicated fundraising capacity to build on the foundations already in place, strengthen our donor relationships, and develop a three year fundraising strategy that supports long term sustainability and growth.

We are proud to be working alongside the Greater Manchester Maternity and Neonatal Voices Partnership, continuing to embed the neonatal voice into regional service improvement. Ensuring that feedback from families informs change will remain central to our mission.

Finally, we are developing a new three-year strategy, shaped in consultation with families, volunteers, and stakeholders, to guide Spoons into the next chapter. Our values of community, empathy, lived experience, and collaboration will continue to drive every decision we make as we work towards a future where no parent faces neonatal care alone.

Financial Review

During the year our income was £333,572, an increase £60,907 from the prior year. This increase was due to a rise in unrestricted donations and grant income.

The year end surplus was £86,596 (2024: £96,732) resulting in total funds at the end of the year of £231,285 (2024: £144,689), comprising £212,752 (2024: £94,890) unrestricted funds and £18,533 (2024: £49,799) restricted funds.

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Report of the Trustees for the Year Ended 30 April 2025

Financial Review Continued

Restricted funds will be spent over the following 15 months as per the grant agreements.

This year has been one of stabilisation and renewed growth for Spoons after a challenging period. While the funding environment for small charities remains tough. We were fortunate to receive several unexpected one off grants and donations, which provided a welcome boost to our income and allowed us to strengthen our reserves helping us to end the year in a strong position. As noted below under our Reserves Policy, we have designated an amount to invest in fundraising, helping us to develop our sustainability further.

Whilst we have ended the year in a healthy financial position, the non-recurring nature of some of the grant funding and the current landscape for trusts and foundations fundraising, presents challenges for long-term planning. In addition, several of our current multi-year funding agreements that cover key salary costs expire in 2025/26. To address this, we are prioritising the development of more predictable, sustainable income sources, including strengthening our regular giving programme, building longer term partnerships with funders, and increasing unrestricted income.

Community fundraising has also played a significant role this year. The Run 79 challenge, created by our Trustee Shaun Adams and his wife Lauren, raised an incredible amount of awareness and support for Spoons, inspiring many others to get involved. We also invested in charity spaces for the Great Manchester 10K, which encouraged new and returning supporters to take part in fundraising while representing Spoons on a large public platform. These events not only boosted income but also strengthened community engagement and visibility across the region.

Working with an external fundraiser has continued to add real value, helping us to diversify income streams, improve donor stewardship, and strengthen financial resilience. Over the next year, we plan to invest in a dedicated fundraising role to build on this progress and to develop a three-year fundraising strategy that supports long term sustainability and growth.

These strategic steps, combined with careful cost management, have enabled us to protect our core services and plan with greater confidence. While some funding remains non-recurrent, Spoons is now better positioned to meet future challenges and continue to provide essential support for families who experience neonatal care.

Reserves Policy

Our Reserves are important to ensuring continued operations for our beneficiaries and to meeting the objectives set out in our current strategy. To do this the board has agreed to hold an amount of unrestricted reserves to cover obligations to staff and our contracted suppliers.

As reported last year we undertook a full review of the reserves policy to ensure our policy remains reflective of the changing demands of the charity.

In May 2024 the Trustees agreed a new Reserves policy, the Trustees consider that to ensure the continuous provision of the Charity's services we aim to maintain a general fund equal to six months of total budgeted expenditure. However, to ensure a continuous delivery of services and remove potential constraints, the Trustees have agreed to a general fund of between three and six months budgeted expenditure.

Our reserves position has now stabilised after two years of careful rebuilding and as at 30 April 2025 Spoons held £212,752 in unrestricted funds which represents 8.7 months of total budgeted expenditure of £293,396. This is above our policy level of six months as we received an unrestricted

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Report of the Trustees for the Year Ended 30 April 2025

grant of £49,553 in the last month of our financial year. We are in the process of designating this for planned operational expenditure and strategic investment in fundraising.

Trustees' responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).


The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently
- observe the methods and principles in the applicable Charities SORP
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Approved by the trustees on 25th November 2025 and signed on their behalf by:

 Tracey Rawlinson (Nov 26, 2025 06:33:24 GMT)

Tracey Rawlinson
Chair of Trustees

Independent examiner's report to the trustees of Spoons

I report to the trustees on my examination of the accounts of Spoons ("the Charity") for the year ended 30 April 2025.

Responsibilities and basis of report

As the charity trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

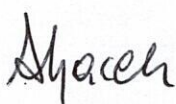
Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of AAT (Association of Accountancy Technician) which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Chairty as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: **Angelika Gacek**

Relevant professional qualification or membership of professional bodies: **MAAT (Membership No: 10248392)**

Address: **109A Church Street, Littleborough, OL15 8AA**

Date: 21/01/2026

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Statement of Financial Activities for the year ended 30 April 2025

	Notes	Unrestricted funds £	Restricted funds £	Total funds 30 April 2025 £	Unrestricted funds £	Restricted funds £	Total funds 30 April 2024 £
Income and endowments from:							
Donations and legacies		78,175	-	78,175	65,856	-	65,856
Grants		134,557	120,840	255,397	77,944	128,865	206,809
Total	2	212,732	120,840	333,572	143,800	128,865	272,665
Expenditure on:							
Raising Funds		29,684	-	29,684	21,057	-	21,057
Charitable activities		65,186	152,106	217,292	52,151	102,725	154,876
Total	3	94,870	152,106	246,976	73,208	102,725	175,933
Net income/(expenditure)		117,862	(31,266)	86,596	70,592	26,140	96,732
Transfer between funds	10	-	-	-	(2,149)	2,149	-
Net movement in funds		117,862	(31,266)	86,596	68,443	28,289	96,732
Reconciliation of funds:							
Total funds brought forward		94,890	49,799	144,689	26,447	21,510	47,957
Total funds carried forward		212,752	18,533	231,285	94,890	49,799	144,689

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Balance Sheet as at 30 April 2025

	Notes	Total funds 30 April 2025 £	Total funds 30 April 2024 £
Fixed assets			
Tangible assets	9	-	-
Total fixed assets		-	-
Current assets			
Debtors	6	50,339	898
Cash at bank and in hand	7	206,112	184,642
Total current assets		256,451	185,540
Creditors: amounts falling due within one year	8	25,166	40,851
Net current assets/(liabilities)		231,285	144,689
Total assets less current liabilities		231,285	144,689
Total net assets / (liabilities)		231,285	144,689
Funds of the Charity			
Unrestricted funds	10	212,752	94,890
Restricted funds	10	18,533	49,799
Total funds		231,285	144,689

The notes on pages 12 to 20 form an integral part of the financial statements.

Approved by the trustees on 25th November 2025 and signed on their behalf by:

Tracey Rawlinson, Chair of Trustees

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Notes to the accounts for the year ended 30 April 2025

Note 1: Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a) Basis of preparation

The financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities in preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)(effective 1 January 2019), (Charities SORP 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The charity has applied the exemption available to small charities in the Charities SORP (FRS 102) and does not include a Statement of Cash Flows in these Financial Statements.

Spoons meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting notes.

b) Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be reliably measured.

Income for government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions have been met, it is probable that the income will be received the account can be measured reliably and is not deferred.

Donations are recognised when the charity receives the funds.

d) Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are funds which the donor has specified are solely to be used for particular activities.

Further explanation of the nature and purpose of each fund is included in note 10 to the financial statements.

e) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

f) Expenditure

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be recognised reliability. Expenditure is accounted for on an accruals basis.

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Notes to the accounts for the year ended 30 April 2025

All expenditure is shown inclusive of VAT.

g) Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance, personnel, payroll and governance costs. Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

h) Operating Leases

The charity currently has no operating leases.

i) Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

j) Tangible Fixed Assets

Individual assets costing £500 or more are capitalised at cost and are depreciated evenly over their estimated useful economic lives, as follows:

Equipment: 25% straight-line

Small items of equipment are not capitalised but are written off on acquisition through the Statement of Financial Activities.

k) Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

l) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provision are normally recognised at their settle met amount after allowing for any trade discounts due.

m) Corporation Tax

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

n) Key estimates and accounting judgements

In applying the charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions in determining the carrying amounts of assets and liabilities. The Trustees' judgements, estimates and assumptions are based on the best and most reliable evidence available at the time when the decisions are made and are based on historical experience and other factors that are considered to be applicable. Due to the inherent subjectivity involved in making such judgements, estimates and assumptions, the actual results and outcomes may differ.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to the accounting estimates are recognised in the period in which the estimate is revised, if the revision affects only that period, or in the period of revision and future periods, if the revision affects both current and future periods.

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Notes to the accounts for the year ended 30 April 2025

Note 2: Analysis of income

	Unrestricted funds £	Restricted funds £	Total funds 30 April 2025 £	Unrestricted funds £	Restricted funds £	Total funds 30 April 2024 £
Donations and gifts	78,175	-	78,175	65,856	-	65,856
Grants:						
Action Together – Peer Support	-	-	-	-	1,000	1,000
Action Together – One Oldham	-	-	-	-	9,768	9,768
Action Together – Volunteer Celebrations	-	-	-	-	500	500
Albert Gubay Charitable Foundation	-	15,400	15,400	-	15,000	15,000
Alder Hey Children's Hospital	49,553	-	49,553	50,000	-	50,000
Comic Relief	-	993	993	-	3,972	3,972
Global Make Some Noise	-	28,800	28,800	-	14,400	14,400
NHS Greater Manchester ICB – Family	16,837	-	16,837	16,736	-	16,736
Support Heywood, Middleton & Rochdale	14,167	-	14,167	5,833	-	5,833
Oldham Council	-	-	-	2,000	-	2,000
Peter Kershaw Trust	-	-	-	3,000	-	3,000
Souter Trust	2,000	-	2,000	-	-	-
Garfield Weston	20,000	-	20,000	-	-	-
Postcode Lottery	20,000	-	20,000	-	-	-
Leathersellers Foundation	5,000	-	5,000	-	-	-
Albert Hunt Trust	4,000	-	4,000	-	-	-
Zedra Trust	3,000	-	3,000	-	-	-
Tameside – Best Start for Life	-	-	-	-	10,000	10,000
TNL – Reaching Communities	-	53,257	53,257	-	50,900	50,900
TNL – Awards for All 2024	-	-	-	-	18,325	18,325
True Colours	-	-	-	-	5,000	5,000
Bolton Fund	-	4,140	4,140	-	-	-
Cash 4 Kids	-	3,300	3,300	-	-	-
Dowager Countess Eleanor Peel Trust	-	7,000	7,000	-	-	-
Morrisons Foundation	-	6,950	6,950	-	-	-
Stagecoach Forever Manchester	-	1,000	1,000	-	-	-
Other grants	-	-	-	375	-	375
Total	212,732	120,840	333,572	143,800	128,865	272,665

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Notes to the accounts for the year ended 30 April 2025

Note 3: Analysis of expenditure

	Unrestricted funds £	Restricted funds £	Total funds 30 April 2025 £	Unrestricted funds £	Restricted funds £	Total funds 30 April 2024 £
Cost of Fundraising	29,684	-	29,684	21,057	-	21,057
<i>Charitable Activities:</i>						
Merchandise	-	-	-	-	-	-
Administration	7,722	711	8,433	2,800	4,526	7,326
Printing, stationery and postage	-	-	-	-	-	-
Charitable Expenditure	21,259	48,228	69,487	29,393	16,347	45,740
Rent	5,412	-	5,412	4,781	-	4,781
Staffing costs, including supervision and training	21,118	98,025	119,143	5,031	77,877	82,908
Accountancy fees	7,708	-	7,708	7,032	-	7,032
Volunteer costs	473	5,142	5,615	717	3,975	4,692
Governance costs	1,494	-	1,494	2,397	-	2,397
Total	94,870	152,106	246,976	73,208	102,725	175,933

For the allocation of support costs, see note 4.

Note 4: Governance and Support costs

	Unrestricted funds £	Restricted funds £	Total funds 30 April 2025 £	Unrestricted funds £	Restricted funds £	Total funds 30 April 2024 £
Governance costs:						
Independent Examination	200	-	200	1,000	-	1,000
Trustee Training	-	-	-	282	-	282
Trustee Indemnity Insurance	843	-	843	814	-	814
Trustee Expenses	451	-	451	301	-	301
Total	1,494	-	1,494	2,397	-	2,397

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Notes to the accounts for the year ended 30 April 2025

Note 5: Employees

5.1 Staff costs

	2025	2024
	£	£
Salaries and wages	109,840	71,721
Social security costs	2,558	5,383
Pension costs (defined contribution scheme)	2,263	1,436
Total	114,661	78,540

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000 (2024: none).

5.2 Number of staff in the year

	2025	2024
Average monthly number of employees	6	5
Total	6	5

5.3 Key Management Personnel

The remuneration of the key management personnel is:

	2025	2024
	£	£
Salaries and wages	34,505	32,865
Social security costs	3,583	3,280
Pension costs (defined contribution scheme)	848	799
Total	38,936	36,944

Note 6: Debtors and prepayments

	2025	2024
	£	£
Trade debtors	49,553	-
Prepayments and accrued income	786	898
Total	50,339	898

Note 7: Cash at bank and in hand

	2025	2024
	£	£
Cash in Hand	-	-
Current Account	206,112	184,642
PayPal	-	-
Total	206,112	184,642

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Notes to the accounts for the year ended 30 April 2025

Note 8: Creditors & Accruals – amounts falling due within one year

	2025	2024
	£	£
Trade creditors	5,044	2,414
Accruals and deferred income	18,537	37,467
Social security and other taxes	1,069	698
Pensions Payable	516	272
Total	25,166	40,851

Deferred income

Deferred income

Deferred income comprises of income received by Spoons in 2024/25 for activities taking place in 2025/26

	£
Balance at 1 May 2024	35,267
Amounts released to income earned from charitable activities	(19,567)
Amount deferred in period	-
Balance at 30 April 2025	15,700

Note 9: Tangible Fixed Assets

	Equipment	Total
	£	£
Cost or Valuation		
As at 1 May 2024	1,550	1,550
Additions	-	-
Disposals	-	-
As at 30 April 2025	1,550	1,550
Depreciation		
As at 1 May 2024	1,550	1,550
Charge in year	-	-
As at 30 April 2025	1,550	1,550
Net Book Value at 30 April 2025	-	-
Net Book Value at 30 April 2024	-	-

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Notes to the accounts for the year ended 30 April 2025

Note 10: Movement in charity funds

	Balance at 1 May 2024 £	Income £	Expenditure £	Transfer £	Balance at 30 April 2025 £
Restricted Funds					
Action Together – One Oldham	6,869	-	(6,869)	-	-
Albert Gubay Charitable Foundation	2,092	15,400	(17,492)	-	-
Comic Relief	-	993	(993)	-	-
Global Make Some Noise	11,250	28,800	(30,179)	-	9,871
Tameside – Best Start for Life	8,115	-	(8,115)	-	-
TNL – Reaching Communities	4,429	53,257	(53,653)	-	4,033
TNL – Awards for All 2024	15,397	-	(15,397)	-	-
True Colours	1,647	-	(1,647)	-	-
Bolton Fund	-	4,140	(2,661)	-	1,479
Cash 4 Kids	-	3,300	(757)	-	2,543
Dowager Countess Eleanor Peel Trust	-	7,000	(7,000)	-	-
Morrisons Foundation	-	6,950	(6,343)	-	607
Stagecoach Forever Manchester	-	1,000	(1,000)	-	-
Total Restricted Funds	49,799	120,840	(152,106)	-	18,533
Unrestricted Funds					
	94,890	212,732	(94,870)	-	212,752
	94,890	212,732	(94,870)	-	212,752
Total Funds	144,689	333,572	(246,976)	-	231,285

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Notes to the accounts for the year ended 30 April 2025

Note 10: Movement in charity funds (continued)
Prior year comparative

	Balance at 1 May 2023 £	Income £	Expenditure £	Transfer £	Balance at 30 April 2024 £
Restricted Funds					
Action Together – One Oldham	-	9,768	(2,899)	-	6,869
Action Together – Peer Support	-	1,000	(1,373)	373	-
Action Together – Volunteer Celebrations	-	500	(500)	-	-
Albert Gubay Charitable Foundation	-	15,000	(12,908)	-	2,092
Comic Relief 2023	3,637	3,972	(7,609)	-	-
Global Make Some Noise	-	14,400	(3,150)	-	11,250
Tameside – Best Start for Life	-	10,000	(1,885)	-	8,115
TNL – Reaching Communities	7,913	50,900	(54,384)	-	4,429
TNL – Awards for All 2023	9,960	-	(11,736)	1,776	-
TNL – Awards for All 2024	-	18,325	(2,928)	-	15,397
True Colours	-	5,000	(3,353)	-	1,647
Total Restricted Funds	21,510	128,865	(102,725)	2,149	49,799
Unrestricted Funds					
	26,447	143,800	(73,208)	(2,149)	94,890
	26,447	143,800	(73,208)	(2,149)	94,890
Total Funds	47,957	272,665	(175,933)	-	144,689

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Notes to the accounts for the year ended 30 April 2025

Note 10: Charity funds (continued)

The accumulated unrestricted funds are for the purpose of relieving the needs of parents and families of babies who experience neonatal care in Greater Manchester by the provision of support and information, and to advance awareness and education of neonatal care, and its implications for families, to health professionals and the general public.

Details of the restricted funds and their purpose:

Action Together – One Oldham	From NICU to Home – Oldham – supporting families through transition from hospital to home with community groups and sessions
Albert Gubay Charitable Foundation	Spoons Family Support Service
Comic Relief	Support for neonatal families from diverse communities
Global Make Some Noise	Help to Heal – supporting parental mental health through trauma therapy
Tameside – Best Start for Life	Peer support for neonatal families in Tameside
TNL – Reaching Communities	Sustaining support for neonatal families in Manchester
TNL – Awards for All 2024	Community play and support sessions
True Colours	Peer support volunteer programme
Bolton Fund	Peer Support for neonatal families in Bolton
Cash 4 Kids	Baby massage sessions
Dowager Countess Eleanor Peel Trust	Neonatal Family Support
Morrisons Foundation	Equipment for community groups
Stagecoach Forever Manchester	Community support groups

Note 11: Analysis of net assets between funds

	Unrestricted funds	Restricted funds	2025 Total funds	Unrestricted funds	Restricted funds	2024 Total funds
Fixed Assets	-	-	-	-	-	-
Net current assets	219,247	37,204	256,451	103,360	82,180	185,540
Net current liabilities	(6,495)	(18,671)	(25,166)	(8,470)	(32,381)	(40,851)
	212,752	18,533	231,285	94,890	49,799	144,689

Note 12: Trustees remuneration and expenses

The trustees received no remuneration for the performance of their duties (2024: £:nil).

Two trustees were reimbursed a total of £362 for travel expenses and software costs (2024: £301).

Note 13: Related party transactions

The Trustees consider its key management personnel to comprise the Trustees and the Operations Manager.

The Trustees all give freely their time and expertise without any form of remuneration or other benefit in cash or in kind (2024: £nil).

No Trustee, or person related or connected by business to them, has received any payments or other benefits from the charity during the year.

The remuneration of the Operations Manager is shown in note 5.3.

There were no related party transactions in the financial years ending 30 April 2025 and 30 April 2024.