



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	04	2020		31	03	2021

Section A Reference and administration details

Charity name Communities and Nature International

Other names charity is known by CAN International

Registered charity number (if any) 1166983

Charity's principal address 5 Forbes Drive

Peterborough

Cambridgeshire

Postcode

PE7 0ND

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Govind Belbase	Chair	Whole year	
2	Pushpa D Upreti	Member	Whole year	
3	Balram Dhakal	Member	Whole year	
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17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
N/A	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by members of the Committee/Trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

CAN International has a supportive policy towards the development of the capacity of trustees, mainly through their participation in training and development activities. Trustees meet formally usually once in a month (via Zoom this year because of COVID-19 restrictions) and are in email and phone contact regularly. Trustees were informed about the training and development opportunities available during this reporting period and encouraged to participate in the available opportunities.

The board of the trustees manages the charity. The board oversees overall charity governance and organisation's activities including recruitment of staff, contracts, and partnerships.

CAN International team has developed a good working relationship with the partners and stakeholders including ethnic minority communities (e.g., Gurkha veteran/Nepali communities), other charities and local Councils. The projects and initiatives aimed at helping the people in need were delivered successfully in collaboration with these partners and stakeholders.

Trustees give their time for free and receive no financial benefit while managing the charity. Trustees are aware of their roles and responsibilities in our charity structure. They assess the charity works including any risks during their periodical meetings (or via emails/phone contacts) and take appropriate actions to manage them following charity's guidelines and policies.

Summary of the objects of the charity set out in its governing document

The principal objective of CAN International is to support the communities, particularly the disadvantaged and marginalised communities, to relieve poverty and improve the conditions of lives, and conserve the nature and natural resources on which they depend. In specific terms, the objects of CAN International are:

- (i) to promote sustainable development for the benefit of the public by:
 - the relief of poverty and the improvement of the conditions of life in socially and economically disadvantaged communities;
 - the conservation and the protection of the environment and the sustainable use of natural resources; and
- (ii) to advance the education of the public in subjects related to sustainable development and the protection and conservation of the environment and to promote study and research in such subjects.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

This year has been incredibly challenging to our team and the communities we support. The demand for our services increased significantly because of the COVID-19 pandemic. However, we were able to support the vulnerable and disadvantaged community members, particularly elderly members of ethnic minority communities and Gurkha veterans and families across different parts of England, mainly in Hampshire, Kent, Midland and London. Our programmes were focussed on supporting the communities who were facing significant challenges such as social isolation and loneliness due to COVID-19, using a number of approaches such as telephone/online helpline, organising community networks, organising wellness (yoga) sessions remotely and distributing COVID-19 essential packages (e.g. masks, sanitisers).

Project grants is the main source of funding of our charity activities. We were able to secure grants from some of the key funding organisations including The Armed Forces Covenant Fund, Charities Aid Foundation and the Big Lottery Fund to support our project activities. We are thankful to them for this crucial support in these incredibly challenging times.

The trustees have high regard to the guidance issued by the Charity Commission on public benefit.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

CAN International does not provide grants, rather implement initiatives working with different stakeholders.

Investment policy: N/A.

Volunteers contributed to the effective delivery of our project initiatives mainly through community awareness and mobilisation. They also helped the vulnerable members of the community and elderly Gurkha veterans with interpretation, GP appointments, documentation and liaison with the public agencies for support and services. They also support our team to distribute COVID-19 essential packages such as masks, sanitisers and groceries to the elderly members of the communities.

Summary of the main achievements of the charity during the year

This year has been very challenging to the communities, particularly to the elderly vulnerable members of ethnic minority communities that we support. During these challenging times, we were able to support key vulnerable members of the ethnic minority communities, particularly Gurkha veteran communities across different areas in England. The beneficiaries were able to develop networks, receive support from our team and the volunteers, improve their social connections, reduce isolation and loneliness and improve their overall wellbeing.

In order to deliver our project activities and support the communities effectively, we were able to develop the network of community volunteers. We were able to recruit and train 24 community volunteers and mobilise them to support the vulnerable members of the communities that we supported.

Section E Financial review

Brief statement of the charity's policy on reserves

CAN International has a small amount of reserve. In order to use the reserves, the trustee(s) will submit a request to the Board of Trustees, explaining the rationale and plan of use along with the plans for replenishment. The organisation's goal is to replenish the funds used within 12 months to restore the Reserve fund to the target minimum amount. If it takes more than 12 months to replenish, the request(s) will be scrutinised more carefully. The board of trustees will approve or modify the request and authorise the transfer of the fund.

Details of any funds materially in deficit

None.

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The principal sources of our charity's funds are project grants. We secure the grants by submitting the relevant project proposals for funding to the UK-based funding organisations. The contribution from individual donation was minimal this year. We are aiming to diversify our sources of funds in the future.

We use the secured funds to implement the charitable activities including hiring venue for workshops and training, purchasing materials and items to distribute to communities and travel and staff/volunteers' expenses.

Investment policy: N/A


Section F Other optional information

N/A

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Balram Dhakal 	
Full name(s)	Balram Dhakal	
Position (eg Secretary, Chair, etc)	Secretary/Trustee	
Date	30/04/2021	

Charity No. 1166983

Communities and Nature International
Receipts and Payments Accounts
for the year ended 31 March 2021

**GNS Associates Limited
Chartered Certified Accountants
Boundary House
Cricket Field Road
Uxbridge
UB8 1QG**

Communities and Nature International Contents

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**Communities and Nature International
Business Information**

Trustees

Mr Govind Belbase, Chair
Dr Balram Dhakal, Trustee
Dr Pushpa Datta Upreti, Trustee

Accountants

GNS Associates Limited
Boundary House
Cricket Field Road
Uxbridge
UB8 1QG

Bankers

Lloyds Bank PLC

Business address:

5 Forbes Drive
Peterborough
PE7 0ND

Communities and Nature International

Approval statement

I approve these accounts which comprise the Receipts and Payments Accounts, Balance Sheet and related notes. I acknowledge my responsibility for the accounts, including the appropriateness of the accounting basis as set out in note 1, and for providing all the information and explanations necessary for their compilation.

Govinda Belbase, Chair

Communities and Nature International

Accountants' report on the unaudited accounts to Communities and Nature International

You have approved the accounts for the year ended 31 March 2021 which comprise the Receipts and Payments Accounts, Balance Sheet and related notes. In accordance with your instructions, we have compiled these unaudited accounts from the accounting records and information and explanations supplied to us.



L N Ghimire
Chartered Certified Accountants
GNS Associates Limited
Boundary House
Cricket Field Road
Uxbridge
UB8 1QG

3 June 2021

**Communities and Nature International
Receipts and Payments Accounts
for the year ended 31 March 2021**

	£
Receipts:	
Grant received - Restricted	102,955.00
Donation received	995.43
Total	103,950.43
Payments:	
Programs and events	27,308.37
Rent and rates	4,274.05
Donation paid	425.00
Logistics and supplies	4,115.52
Legal and professional fees	9,834.00
Salaries & wages	21,682.00
Travelling	3,949.10
Publications, printing, postage and stationery	2,342.00
Communication expenses	1,778.88
Total	75,708.92

Communities and Nature International
Balance Sheet
As at 31 March 2021

	Notes	£
Current assets		
Bank and cash balances	<u>34,139.89</u>	
	34,139.89	
Current liabilities		
Accountancy fee accrued	<u>420.00</u>	
	420.00	
Net Current Assets		33,719.89
Net Assets		<u><u>33,719.89</u></u>
Capital account		
Balance b/f from previous year		5,478.38
Surplus / (deficit) for this year		28,241.51
		<u><u>33,719.89</u></u>



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Communities and Nature International (CAN International)

**On accounts for the year
ended**

31st March 2021

**Charity no
(if any)**

1166983

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2020.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 02/11/2021

Name: Aravind Gautam

Relevant professional qualification(s) or body (if any): MA in Human Resource Management

Address: 2 Camwood Gardens

Ipswich

IP3 8HY

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.