

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	1st	April	2021		31st	March

Section A Reference and administration details

Charity name	BK'S HEROES		
Other names charity is known by			
Registered charity number (if any)	1166912		
Charity's principal address	2 Watkins Close		
	Brierfield		
	Nelson		
Postcode	BB9 5TB		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Fiona King	Chair		
2	David King	Secretary		
3	Daniel King	Treasurer		
4	Danielle Nuttall	Media Marketing		
5	Simone Nuttall	Entertainment		
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. Trust deed, constitution)	CIO Foundation Model Constitution
How the charity is constituted (eg. Trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. Appointed by, elected by)	Appointed by current trustee majority decision

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

For the public benefit in advancement of health, by the prevention of and relief for people suffering from Brain and Kidney Disease. Achieved by providing funding for research into the prevention and treatment of these illnesses.
Also, in raising awareness of these life limiting and ending diseases.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

BK'S HEROES continues to be a family run charity. Its current trustees are mother, father, brother and cousins to its founder Ben KING. Ben had suffered with kidney disease from infancy and was further diagnosed with brain cancer at age 25. He decided after this diagnosis that he wished to begin fundraising to be able donate £10,000 to both Kidney and brain disease research as his way of thanking these areas of the NHS, who had cared for and looked after him so professionally throughout his life.

Ben sadly passed away before he could see his dream come to fruition, whilst only 27 years old, however, he asked his parents to carry on his dream before he went to sleep for the last time.

It was his wish that monies raised would be donated to relevant research programs to aid in the search for cures, earlier diagnosis and improved treatment for patients suffering these diseases. He also wished to have awareness of these diseases raised and to aid patients and families struggling with the weight of having to live with these illnesses and their ongoing treatment.

Our trustee's dedication to this charity and Bens Legacy is amazing but was undoubtedly demonstrated recently by its Chair, Fiona King, who went above and beyond her required duties.

Fiona had previously undertaken testing to donate a kidney to Ben, when he was sadly diagnosed with brain cancer and therefore, under medical protocols, no longer suitable for a transplant.

She decided to pursue this after Ben had passed away and after much perseverance was successful in being accepted as an Altruistic Kidney Donor. The exact dates cannot be given due to patient confidentiality however we are overjoyed to report that the operations were a complete success and the recipient of her donated kidney immediately showed improvements.

Bravo Fiona and we wish continued good health for the recipient

Raising Awareness

One of the core requirements of our charity is to continue to raise public awareness of Brain and kidney Disease.

The trustees of BK'S HEROES whilst making all decisions on strategy, daily running of the charity and grants have due regard to the Charity Commission guidance form PB1 to ensure their actions are truly for the public benefit

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The re-awakening of the world from the dire threat of the global pandemic saw our charity re-establishing itself in the real world with its supporters and donors, by again hosting events to allow them to socialise and get together. If nothing else the Covid 19 lockdown proved to us how much we rely on each other and need to be in our fellow human's company. The annual ball saw our highest attendance yet with its attendees enjoying a night of fun at Burnley Football Club, with dancing, live music auction and raffle.

An afternoon Tea Party was held at a local hotel, again with live music, ensuring the attendees had a wonderful time

RESEARCH

Our £20,000 grant to UCLAN for continued studies into the reason why brain tumours rarely occur in Alzheimer patients and what may prevent this from occurring, was finally cashed as the university returned to business as usual. This funding has not only allowed this intriguing research to go ahead but as a secondary benefit has supported a student scientist through her PhD, ensuring another qualified scientist joins the ranks of those fighting to find cures and better treatment for brain disease.

RAISING AWARENESS

£1000 was donated to the family of a young boy awaiting a kidney transplant due to extreme financial hardship his family was experiencing during this travel and time intensive period. This donation was shared on social media by all parties involved helping to raise awareness of our charities work and the difficulties that so often are faced by those affected.

£349 donated to the mother of her terminally ill child being treated for a brain tumour to purchase a chair bed so she no longer had to sleep on the floor next to him. This small level of help was also shared widely on social media.

With donations of bric-a-brac from our supporters we opened a charity shop for two weeks in a local town. This endeavour resulted in a large footfall of shoppers purchasing wares, which in turn allowed us to engage with new supporters and further raise awareness of our charities causes. This was once again a hugely successful endeavour with many shoppers making further donations on top of their bargain purchases. This will be something repeated in future years.

SUPPORTER SPONSORSHIP.

Our supporters continue to undertake many sponsored activities for the charity raising much needed funds through their sweat, grit and determination.

This year saw them: -

Wing Walking,

Ex-Mayor of Burnley running the London Marathon,

Marsden Park Golf Club captain chose us as his charity raising money throughout the year,

An amazing seven-year-old 'Heroe' climbed Mount Snowden for us also in support of his mum who is deaf and awaiting a kidney transplant (He engaged with the charity in thanks for the BK'S team who had assisted his mum set up a line of communication with the hospital to forward her care effectively)

Section E Financial review

Brief statement of the charity's policy on reserves

The charity has agreed to maintain a minimum reserve of £2,000.00 to ensure its continued solvency and ability to function.

Details of any funds materially in deficit

There are no funds in. deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charities principal source of funding during this year has been from hosted events, charity pop up shop and continued donations from supporters completing various sponsored activities and challenges when able.

The Charity run monthly draw has also maintained a regular income along with charitable links to businesses such as PayPal and Amazon Smile.

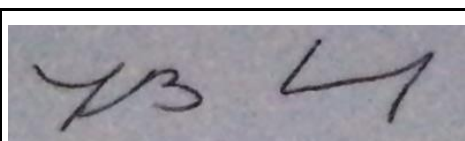
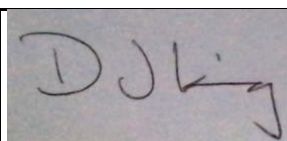
Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Fiona King

David King

Position (e.g., Secretary, Chair, etc)

Chair

Date

20/1/2023

Profit and Loss

BK's Heroes

For the year ended 31 March 2022

2022

Turnover

Charity Balls	10,135.08
Charity Events	1,610.00
General Fundraising	7,792.52
Just Giving	7,372.76
Monthly Draw	2,510.00
Paypal/Amazon	1,303.44
Total Turnover	30,723.80

Cost of Sales

Costs - Charity Balls	2,441.47
Costs - Charity Events	5,195.43
Costs - Just Giving	180.00
Costs - Merchandise	275.44
Monthly Draw Winnings	1,369.00
Website Costs and Hosting	186.21
Total Cost of Sales	9,647.55

Gross Profit

21,076.25

Administrative Costs

Advertising & Marketing	77.00
Charitable and Political Donations	22,888.43
General Expenses	32.60
Insurance	409.49
IT Software and Consumables	614.66
Postage, Freight & Courier	5.68
Printing & Stationery	214.37
Rent	240.00
Repairs & Maintenance	18.00
Subscriptions	195.87
Total Administrative Costs	24,696.10

Operating Profit

(3,619.85)

Profit on Ordinary Activities Before Taxation

(3,619.85)

Profit after Taxation

(3,619.85)



Section A

Independent Examiner's Report

Report to the trustees/ members of	BK'S HEROES		
On accounts for the year ended	31 March 2022	Charity no (if any)	1166912
Set out on pages	3 - 4 <small>(remember to include the page numbers of additional sheets)</small>		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2022**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:  **Date:** 14/04/2023

Name: David James McCaigue

**Relevant professional
qualification(s) or body
(if any):**

ICAEW
CIOT

Address:

1 Bond Street
Colne
BB8 9DG

Section B**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

N/A



CHARITY COMMISSION
FOR ENGLAND AND WALES

BK'S HEROES

1166912

Receipts and payments accounts

CC16a

For the period
from

01/04/2021

To

31/03/2022

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Committed giving	2,510	-	-	2,510	2,730
PayPal/amazon donations	1,303	-	-	1,303	3,966
Just giving	7,373	-	-	7,373	2,669
General fundraising	7,793	-	-	7,793	4,687
Charity events	1,610	-	-	1,610	-
Charity ball	10,135	-	-	10,135	80
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	30,724	-	-	30,724	14,132
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	30,724	-	-	30,724	14,132
A3 Payments					
Charity costs	9,006	-	-	9,006	2,199
Rent	240	-	-	240	-
Insurance	409	-	-	409	409
Repairs and maintenance	18	-	-	18	49
Computer software cost	624	-	-	624	911
Printing, postage and stationery	398	-	-	398	264
Trade subscriptions	376	-	-	376	376
Charitable donations	22,888	-	-	22,888	31
Sundry expenses	308	-	-	308	713
Advertising	77	-	-	77	-
	-	-	-	-	-
Sub total	34,344	-	-	34,344	4,952
A4 Asset and investment purchases, (see table)					
Office equipment	328	-	-	328	-
	-	-	-	-	-
Sub total	328	-	-	328	-
Total payments	34,672	-	-	34,672	4,952
Net of receipts/(payments)	- 3,948	-	-	- 3,948	9,180
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	52,205	-	-	52,205	43,025
Cash funds this year end	48,257	-	-	48,257	52,205

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Barclays bank	48,257	-	-
		-	-	-
		-	-	-
		-	-	-
	Total cash funds	48,257	-	-

(agree balances with receipts and payments account(s))

OK

Unrestricted funds
to nearest £

OK

Restricted funds
to nearest £

OK

Endowment funds
to nearest £

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Shredder		178	-
External hard drive		99	-
Office equipment		51	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Date of approval

[Signature]
[Signature]

Fiona B. King
DAVID J KING

27 Oct 23
27/4/23