



Chrysalis Club

Tynedale

Chrysalis at Tynedale Charitable Incorporated
Organisation

Annual report
For the year ended 31 March 2024

Registered Number 1166880 Registered in England

Give up on our hobbies because of
dementia ...?

We don't think so!



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Our Aim

Chrysalis is a club for people with memory problems or dementia, their family and friends, and volunteer supporters. Members with dementia enjoy tutored activities and days out with one-to-one support. Family members get sensitive support and time out of the daily routine. We hope to change some perceptions of dementia by focusing on similarities, rather than differences.

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Who's Who

Trustees



Rosie Robson-Tinsley:
Chair



David Greenwood:
Treasurer and Vice Chair



Sheelagh Jones



Liz Flynn



Mike Pottage



Elisabeth Wilson (newly
recruited)

Staff



Gina Marrow: Lead
Coordinator



Mel Hopwood: Carer
Support Officer, Admin
and Caretaking



Janet Brook: Trips,
Wylam and Friday
Coordinator

Where it all Started

Chrysalis at Tynedale: remembering to enjoy life
www.chrysalis-tynedale.org.uk

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We formed Chrysalis at Tynedale in 2009 when a successful art class for people with dementia came to an end. The members of the class and their families wanted it to continue. In focusing on individuals and their abilities, they felt it fulfilled a need that was not being met by standard day care services.

The group joined together with three people with extensive management experience in specialist dementia care, and Chrysalis was born. We are incredibly grateful to the founder members for their ideas, which have led to the uplifting activity and support group we have today. These members chose the name Chrysalis as they felt it was a new opportunity, a new beginning for them.

We have gone from strength to strength, steadily building up our membership of people with dementia and their families. We have reached hundreds of people, providing a range of tutored activities each week, and responding to new ideas suggested by members. If it is possible, we will do it!

Along the way, we have learned more about dementia and families' needs and recruited a skilled band of volunteers. We held our 10 year anniversary party in 2019.

We became a charitable incorporated organisation, were awarded funding, gained our own premises and now enjoy wide recognition for what we do. And we have had lots of fun too! The founder members of Chrysalis are pictured below.



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Latest News

This year Chrysalis seems to have finally recovered from the effects of COVID. It has been a real challenge for Chrysalis as for most organisations. The lasting effects are that people (not just Chrysalis members) have changed their attitudes to socialising. We feel we have adjusted to this successfully now, with lots of new members, carers and volunteers.



We are still enjoying and feeling the benefits of having our own premises and have carried on with the improvements we started through 2021-2022. The recent improvements have been mostly decorative as well as displaying examples of the member's work and some photographs.

These improvements help to make the Centre a welcoming and familiar place for the members, making them more relaxed and able to enjoy the activity session.

Two big developments Chrysalis achieved in the stated year were offering an extra day and developing the support over lunchtimes. The numbers were increasing and in order to keep within our guidelines of maximum 10 members per session (in order to keep the noise and traffic within the room to an acceptable level) we were having to turn people away. In true Chrysalis fashion we rose to this challenge, liaised with staff and launched our Friday sessions. Janet and Mel run this day and it has been very successful.

The lunchtime cover was developed because we heard a carer was picking up the member after the morning session, sitting in the car with a picnic for an hour, then bringing them back for the afternoon session. This seemed ridiculous to our team – stress for both member and carer, so we launched lunchtime cover. This needed really thinking through and it has needed to evolve but we now have a core group of around 6 who bring a packed lunch (this avoids us having to think about food allergies etc) and they have a social time with volunteers who kindly give Chrysalis an extra hour. For the carers this means a whole day of respite. Both these developments have improved the lives of our members and carers.

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Enjoying a spot of dancing at the Christmas party

One of the challenges for a small local organisation like Chrysalis is getting ourselves recognised in the wider community, especially with a small marketing budget. This has always been a challenge for us. Having larger numbers in sessions benefits everyone. There is more of a buzz in the sessions for the members; the volunteers find it easier as members often strike up conversations between themselves (something we encourage). It is also good for Chrysalis' finances.

Whilst all these things count, we also feel there are still families out there who would benefit from what we offer.

We managed to secure some funding to improve our marketing and whilst initially we employed a marketing specialist to take on this role, we now do most of this ourselves. Gina has made an excellent job of improving the website and it is now a big part, along with social media, of attracting new members, helping our existing members to stay in touch with latest developments and is an important link for the professionals we work with. We also produce a regular newsletter which is useful and attractive for our current member and carers; it is also a valuable marketing tool, as it gets distributed to potential members, and professionals. We would like to thank Deryn (Thornalley) for all her hard work in collating the information and producing the finished product. We



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purchased a new marketing hub with some funding which we can take to community events.



This year we have attracted 17 new members and 38 new subscribers; we have also helped over 55 people by phone or face to face contact. We have sustained the membership from previous years. This is fantastic for Chrysalis and for the families. It is largely to do with improving, updating and enhancing the website and social media.

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Gina our lovely co-ordinator worked so hard on both. Sorting out the website was very satisfying for us, as we had been given varying advice from experts; some advice was going to cost large sums of money.



It is now easy to access information and the website is very user friendly. New people can 'subscribe' to our newsletters and timetables; this is a soft introduction to Chrysalis.

Another thing to be proud of is we have recruited 19 new volunteers which is excellent as they are a crucial part of Chrysalis.

An additional pleasing item from this year is the recruitment of two new tutors. New people are beneficial as they bring new ideas and help to keep Chrysalis fresh.

We are always aware that having too many members at a session can make the atmosphere too noisy and busy, which is confusing for people with dementia. So once again it is a

balancing act for us!

Janet, who is our Trips Co-ordinator has continued to make a good job of this project. She has had imaginative ideas and has run over 10 trips and outings. This is an opportunity for couples (and single people) to socialise in the wider community with some subtle support.

Chrysalis has always been passionate in supporting the whole family and the support for carers or partners has been enhanced this year. We receive funding for a specialised carer support worker and were lucky to employ Mel, who was/is our pottery tutor.

***"Such a great
organisation with a
lovely atmosphere –
very friendly".***

Family member

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Member Support

Chrysalis was designed using ideas from the original three members and three carers in 2009. They told us they felt there was no provision for them, they felt unable to participate in mainstream community groups because everything happened too fast, there were too many instructions, sometimes all at one time. They felt embarrassed that they were unable to keep up. The only alternative at that time was traditional day care where they felt patronised and there seemed no scope for individuality. One member told us she felt as though she was being herded like a flock of sheep.



Working with these comments, Chrysalis was designed to allow people with dementia to participate in activities but with some subtle support. The reason volunteers were recruited as opposed to care staff was based on the idea that volunteers attended Chrysalis because they actually wanted to be there and enjoyed their role. Volunteers were recruited with the aim of providing 1-2-1 “buddying-support”. This enabled the member to gain the maximum from the session and also provided friendship.

The original group decided it should be run as a club and therefore the people with dementia should be referred to as members, enabling them to be recognised as an individual as opposed to being labelled by their illness.

Chrysalis still adheres to this ethos; we are now lucky enough to provide 1-2-1 support from volunteers most of the time. We are always interested in ideas from members and carers as well as volunteers and staff, on how we can improve the service we offer.

Every volunteer has an induction and undergoes training, where non-patronisation, friendship and enabling are stressed as core skills.

Attention to the matching of volunteers to members is always given a lot of thought.

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Specialised Groups

While our main work revolves around supporting people over 65 in our Centre at Hexham, we have other smaller projects running alongside this.

The Wylam out-reach remains a small and happy group. It is held at St Oswin's Church Hall, which is a lovely light, welcoming hall. The funding for this project ran out this year but we have managed to keep the project going; we have some new members and volunteers and have increased the offering to twice a month.



This project is fronted by Liz who is a trustee. The members have enjoyed accessible bike rides, trips out, to include an ice cream parlour, as well as sessions at St Oswin's. Liz makes a good job of this project and is very committed to a successful group in this area. Liz is supported by Janet as co-ordinator and it is a happy functional team.



A fun day out at Hexham races

The young people's group has ticked along, ably run by Mike, one of our trustees. People under 65 with dementia are a very marginalised group and we received some funding from Newcastle Building Society to set up a specific group.

They have enjoyed some days out 10 pin bowling, some social lunches and some trips. They also had a session of drumming which is always very popular. They visited Beamish which was an enjoyable day for all.

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The Intergenerational Project is one of our favourite projects; this is funded by the If Only fund. In recent times the project had to be put on hold because of the large number of COVID cases in schools. We managed to resume this lovely project last year and have plans to develop it further. Chrysalis partners with Chollerton First School who we feel have similar values to Chrysalis and they are a joy to work with. In the stated year the activities included art, sport, singing and gardening.

The children work with members, supported by a volunteer, and games and activities are designed to cement friendships.

"It was a highlight of her week to come to Chrysalis and lifted her spirits enormously".

– Family member



Our trustee Sheelagh leads this project very well indeed; her past experience in teaching means she is well equipped for the job; her people skills with the children and the members are fantastic.

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Supporting Families/Carers

Mel supports carers in phone calls, the support group, the Carers' Information Course and in person. She also supports After Carers by encouraging social interaction and organising trips; this helps carers who have been bereaved to get back out into the community.

In March we organised and ran another Carers' Information Course. This is mainly for new carers, and we have speakers each week who are specialists in their area of expertise. They included

"I'd like to thank everyone at Chrysalis for the welcome and caring we have been given since last February. It certainly gave me a couple of hours of relaxation when I could take my eye off things knowing she was having fun!"

- Carer



Dementia Carers' Information Course

Free 6 week course for carers of people with dementia

Booking form and further details from:
info@chrysalisclub.org.uk
01434 408080

psychiatrists, solicitors, occupational therapists and many more. The carers leave feeling more confident and they have lots of contact details to use when the need arises. The professional speakers gave their time willingly and we had good feedback about the course. Thanks to Elisabeth for helping to organise the course and to Mel and Mike for helping to run it.

Chrysalis took a big step forward when we introduced all-day sessions to members who were very settled within the club, and we felt would benefit from a whole day. We have an excellent support team over the hour of lunchtime, enabling the co-ordinators and volunteers time to prepare for the afternoon session. As well as the members benefitting, the carers get a whole day for some respite

which they enjoy. Our ethos has always been to get the members settled and happy then we can give the carers respite and support.

Thanks for keeping in touch.
- After-carer member

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Our Volunteers

Chrysalis is always amazed at the high standard of our volunteers. This happy willing band of people come to Chrysalis with one thing only in mind – to give the members the best time possible! Their dedication, empathy and determination to 'get it right' for our members is breath-taking.

As Chrysalis has grown so has our professionalism and the current volunteers have been willing partners in this. The present team, some of whom are young adults, take their volunteering role seriously. They are keen to learn and enjoy a discussion about how best to support a member.



All volunteers do a safe-guarding course either on-line or in person; they provide us with references and complete a DBS check. Gina, Janet and the lead volunteers Heather and Sheelagh are very good at organising the sessions and the volunteers enjoy knowing exactly what is expected of them. Matching members to volunteers is quite an art and needs attention to detail.

Making members happy and able to gain the most enjoyment out of a session is always our primary goal. For the students we provide references and a record of placement details to anyone who requires it. We currently have around 45 volunteers, 19 of these have been recruited in the stated year, which is a huge achievement.



The volunteers are supported by training, forums, guidance and information. They enjoy the social element both with each other and with the members and their families. We are very grateful to them for their input and suggestions – they spend the most time with the members and know them best!

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They, like the trustees, get a great sense of satisfaction from the work we do to improve people's lives and help them to live well with dementia. The lead-volunteer role is an important one and we thank Heather and Sheelagh for their work.

Most of our volunteers work with the members but we were delighted to welcome Deryn (Thornalley) to the administrative side of the organisation. She produces an excellent newsletter, collates the invoices and completes many other useful jobs.

Penny (Wallace), a former trustee, helped with training as well as ideas on the operational side. We were sorry that Penny felt unable to continue with her volunteering role due to health reasons. We thank her for her contribution.

The trustees are so grateful to all our volunteers and are fully aware that Chrysalis could not function in its present form without this great band of people.

"Your sessions are lovely, and it's all down to the volunteers who really are engaging. They try to normalise things so there's no differentiation between members and volunteers, so no hierarchy. So, everyone is comfortable and joins in."

– Carer

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Our Employees

Most of you will have met Gina (Marrow) who is our lead co-ordinator and manages the organisation; she seems tailor made for the job - her enthusiasm, efficiency and dedication to Chrysalis is a joy for the trustees. She began by working too many voluntary hours but gradually we are building a team to support her. Gina took on some of the marketing duties and as usual has made a sterling job of it, attracting new members, carers and volunteers, as well as attracting new fundraisers and raising the profile of Chrysalis.

Mel (Hopwood) was/is our pottery tutor and has been associated with Chrysalis for 10 years+. We were delighted when she successfully applied for two part-time roles. She does admin, caretaking and carer support. She is efficient, willing and an asset to the organisation and has taken the carer support project to a new level.

Janet (Brook) was already a familiar face, and we were delighted that she took on the role of organising trips and outings. She has great imagination and her ideas have included the pantomime, the alpacas, as well as cinema and theatre trips and healthy walks. This year she accepted the opportunities of Co-ordinator for the Friday sessions as well as Co-ordinator for the outreach at Wylam The work that Janet does enhances what Chrysalis has to offer.

The trustees are aware of the high standard of work our staff achieve and we are very grateful for their dedication and commitment to Chrysalis. It is a happy efficient team, which reflects well onto the members and carers and creates a lovely atmosphere at the centre.

***"We feel blessed to have such wonderful staff who
show such dedication to Chrysalis."***

- Trustee

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Our Board

Our board is made up of about 6 volunteer trustees. All have had personal experience of dementia in some way. We have experts in various fields – finance, legal, fund-raising, social work etc. We work together as a team very well and because Chrysalis is such a positive environment, those who can, work on the operational side too. This year has seen great growth and a feeling of establishing Chrysalis in the community for the board; we are proud of how we have grown and adjusted after the pandemic and in taking on the lease of our own premises, whilst always adhering to our values and keeping the quality of our services to the families.

As Chair I feel supported by the other trustees immensely. David, our Treasurer and Vice-chair, spends countless hours on our finances and has everything ship-shape



for the external Auditors. His other skills include DIY, management issues and problem solving.

Sheelagh leads on the Intergenerational Project, which her teaching experience makes her perfect for. She represents the volunteers at board level. Her other skills include looking after the plants and the outside space; she also is lead-volunteer at the sessions on Wednesday afternoons and knows the members and the

volunteers very well indeed.

Liz leads on the Prudhoe/Wylam District Project, and she has helped make this very popular; people feel well supported at this venue. Liz, as a qualified Physiotherapist working for the NHS, sometimes runs fitness sessions with our members and is an expert on movement; she delivers training to the volunteers sometimes.

Mike is a carer and is knowledgeable about carers' rights, information and relevant contacts. Mike helps run the carers' group and runs the young people's group. His skills include DIY, helping with trips out and raising money for Chrysalis!

Our newest trustee is Elisabeth (Wilson) who was voted onto the board after the stated year; she is a former carer and already aware of what Chrysalis provides. Elisabeth's skills include organisation work, knowledge of members' and carers' issues and helping with operational work.



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As Chair I apply for most of the funding, oversee the organisation and support the staff and volunteers as necessary. I problem solve and often have the vision for development ideas and enjoy taking them forward.

Chrysalis would not function without the dedicated support and enthusiasm of the trustees, and I am extremely grateful to them all.

Your service is second to none!

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Our Tutors



At Chrysalis we seem to attract lovely people, whether they be members, carers, volunteers, tutors or supporters. Our tutors try to balance giving the members a bit of a challenge and trying not to make things too hard. Most are local self-employed, small business owners and we are pleased to support them. They are always willing to 'go the extra mile' in order to give our members a happy fun-filled session and if possible, create something they can take home.

session content, which, combined with Gina's input, ensures they are happy, relaxed, non-patronising sessions. If we can add a bit of learning too, we are happy.

Our tutors provide a wide range of activities from art and crafts to music, sport to indoor gardening, pottery to local speakers. This year we have attracted two new tutors; they delivered sessions in dance and yoga.

If we are considering a new tutor, we meet with them to ensure they are familiar with the criteria. A lot of thought goes into the



The atmosphere in the room was joyful and attentive. It was a pleasure to be working with you all.

– Tutor

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Our Club Ethos

When someone becomes a Chrysalis member, the whole family is involved. This means everyone can be part of the club, contribute, have a say, and see how the person they care about is getting on. Family members/carers can take part in sessions, take time out, or get involved - even if they are at a distance or at work all day. We are here to help anyone in the family at any stage of the journey, from pre-diagnosis onwards. We are proud to have a successful project supporting carers after they are bereaved, or their partner has had to go into residential care.

The very nature of our organisation and the fact we mostly support older people means that sadly we have to deal with the death of some of our members and carers. The volunteers, who have made close friendships with the members are naturally upset; we try to say that they have made people's lives better, even if it has been for a short time.

Sadly, this year we had to say fond farewells to:

Minnie Ross
Bob Dodd
Marian Oliver
Freda Grant
Harry Holtby
John Suddes
Barbara Burns
Bernice Archer
Peter Black
Terry Stow



Some of the families asked for donations in lieu of flowers to go to Chrysalis; we are so grateful to them for thinking of us at such a sad time. We hope it means we are doing a good job for them.

Thank you to all of you at Chrysalis...

...You gave mum and dad so much support...

...and helped to make some happy memories.

- Family member

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Our Funders

Chrysalis Club Tynedale is not funded by statutory services and is completely dependent on contributions from donors, members fees and hirers of our premises. We are coming to the end of our generous funding by the Tudor Trust, who enable us to employ our Lead Co-ordinator.



*Ellie & Maddey - Two of our great supporters running the
Great North Run in 2024 for us*

The Tudor Trust have been a continued supporter to Chrysalis over a period of about 8 years and have allowed Chrysalis to take forward development ideas. We are also using funds from organisations administered through The Community Foundation such as If Only, The Prime Fund, Newcastle Building Society. We received funding from Bernicia for our Wylam Project.

We are also supported by Ballinger, The Joicey Trust, The Community Fund, Social Enterprise Support Fund, The Big Lottery, The

Screwfix Foundation and the Masons. We are grateful to all the trust funds who support us.

This year we were involved in several excellent fundraising events including The Tynedale Gift Fair, a ceilidh, and we ran a Book evening ourselves.

The ceilidh was run jointly with The Charlotte Straker Project in Corbridge. Great fun was had by all and it was well attended. Our volunteer Senga addressed the Haggis.



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Tynedale Gift Fair is a lovely Christmas Fair held at Hexham Mart. There are high quality stalls from which local small businesses sell their produce. There is a lovely atmosphere and they kindly put on a 'quiet hour' for our members and carers to browse at their ease. They are continuing with this in 2024 and we are grateful for the £2,500 donation to Chrysalis as well as their interest and subsequent action for people with dementia.

The Geordie Chapter supported us once again with a bike ride through Hexham and we followed this up with a coffee morning. Friends of Chrysalis could have their picture taken with one of the magnificent Harleys.



We rather ambitiously decided to run a book evening instigated by our lovely patron the author Mari Hannah. She very generously called in some favours and recruited Ann Cleeves to join her on stage. The evening was facilitated by Chris Jackson (of TV fame). The local community supported us by providing raffle and auction prizes, attending the evening, buying raffle tickets, and bidding for auction items. The evening was great fun as well as very successful as we raised almost £9,000.



Thanks go to Hexham Mart for their generosity. As well as raising money the evening raised awareness of Chrysalis and raised our profile. This was a new direction for Chrysalis, as we hadn't done anything like it before; it took a lot of organising (and

thanks to all the trustees, staff and volunteers who went above and beyond) but because it was so successful it has given us the confidence to do something like this again in the future.

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We are very grateful for the generosity of family members past and present for their personal donations and help at fundraising events. Several of our volunteers have also supported us through their own successful fundraising initiatives.

Chrysalis is working towards becoming sustainable, so we are not so reliant on trust funding; this takes time though especially after the knock that COVID took to our finances.

We are grateful to everyone who has thought of Chrysalis and raised money for us in various ways, sometimes at the saddest time of their life when a loved one dies. Most of our running costs are funded, although we do subsidise the carers project, the counselling and the hardship fund. With the money raised through donations we are able to provide treats for our members and carers. It may be a yummy cake for someone's birthday, or a free lunch out on a trip, or some much needed equipment to make a session more fun.

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Coming Soon

We would like to thank our runners in this years' Great North Run for undertaking this huge challenge and supporting Chrysalis. We are also grateful to the Tynedale Lions for making us a recipient of their beer festival charitable support this year and to Haydon Bridge Festival who have chosen us as their principal charity for this year.

A graphic with the words "Thank you" in a large, black, cursive script font. Below it is a pink ribbon banner with the words "FOR YOUR SUPPORT" in white, uppercase, sans-serif font.

Thank you
FOR YOUR SUPPORT

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A Final Thankyou...

Chrysalis requires a huge amount of dedication and work to keep it running to the extremely high standard we strive for. We all love being part of it and get enormous satisfaction from our individual contributions, which all combine to make our organisation as fantastic as it is. Of course, we also have a lot of fun too!!



None of it would be possible without the fantastic help of our supporters, staff and volunteers, and the board.

Thanks to everyone for their ongoing support and dedication.

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CIO No. 1166880
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Profit and Loss

Chrysalis at Tynedale CIO 1166880
For the year ended 31 March 2024



Account	31-Mar-24	General	BERNICIA FOUNDATION	If Only Fund	Masonic grant	Newcastle Building Society	Pargiter Trust	Prime Fund	Screwfix Foundation	SESF	Suez Communities Trust	The Ballinger Charitable Trust	Tudor Trust	UnLtd "The Social Enterprise Support Fund"	Winter Family Fund
Income															
Donations	£ 7,472.97	£ 7,472.97	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Events and Trips	£ 4,223.51	£ 4,223.51	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Fundraising	£ 5,790.89	£ 5,790.89	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Gift Aid Claimed	£ 1,091.54	£ 1,091.54	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Gift aid donations	£ 3,767.54	£ 3,767.54	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Other income	£ 20.00	£ 20.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Restricted trust fund income	£ 40,453.00	£ -	£ -	£ 1,449.00	£ -	£ -	£ -	£ 5,000.00	£ -	£ -	£ -	£ 10,000.00	£ 24,004.00	£ -	£ -
Room Hire	£ 7,521.00	£ 7,521.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Session Fees	£ 24,758.00	£ 24,758.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Sponsorship	£ 500.00	£ 500.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Total income	£ 95,598.45	£ 55,145.45	£ -	£ 1,449.00	£ -	£ -	£ -	£ 5,000.00	£ -	£ -	£ -	£ 10,000.00	£ 24,004.00	£ -	£ -
Direct costs															
Care and support services	£ 985.50	£ 985.50	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Counselling Services	£ 112.50	£ 112.50	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Direct wages	£ 44,315.76	£ 1,583.67	£ 625.74	£ -	£ -	£ 104.00	£ 6,382.35	£ 7,096.65	£ -	£ 9,640.03	£ -	£ -	£ 18,883.32	£ -	£ -
Fundraising costs	£ 496.00	£ 496.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Hardship subsidised session fees	£ 15.00	£ 15.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Materials	£ 2,426.46	£ 1,910.92	£ 171.61	£ 322.09	£ -	£ 21.84	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Rent & Room Hire	£ 12,330.00	£ 9,388.00	£ 192.00	£ 350.00	£ -	£ 600.00	£ 1,800.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Trips and events	£ 3,192.49	£ 800.40	£ 785.35	£ -	£ 452.44	£ 1,059.30	£ -	£ -	£ -	£ 95.00	£ -	£ -	£ -	£ -	£ -
Tutor fees	£ 8,720.00	£ 8,000.00	£ 400.00	£ 320.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Volunteer Expenses	£ 3,656.40	£ 1,857.20	£ -	£ 40.00	£ -	£ 36.80	£ 18.40	£ -	£ -	£ 18.40	£ -	£ -	£ 1,685.60	£ -	£ -
Total direct costs	£ 76,250.11	£ 25,149.19	£ 2,174.70	£ 1,032.09	£ 452.44	£ 1,821.94	£ 8,200.75	£ 7,096.65	£ -	£ 9,753.43	£ -	£ -	£ 20,568.92	£ -	£ -
Gross surplus	£ 19,348.34	£ 29,996.26	-£ 2,174.70	£ 416.91	-£ 452.44	-£ 1,821.94	-£ 8,200.75	£ 2,096.65	£ -	-£ 9,753.43	£ -	£ 10,000.00	£ 3,435.08	£ -	£ -
Administrative Costs															
Audit & Accountancy fees	£ 692.40	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ 692.40	£ -	£ -
Bank Charges	£ 189.56	£ 189.56	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Cleaning & PPE	£ 423.66	£ 423.66	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Depreciation Expense	£ 4,901.67	£ 2,023.06	£ -	£ -	£ 211.77	£ -	£ -	£ -	£ 746.17	£ 111.83	£ 1,614.14	£ -	£ -	£ 194.70	£ -
Employers National Insurance	£ 3,257.01	£ 4.41	£ 6.85	£ -	£ -	£ -	£ 287.53	£ 319.79	£ -	£ 990.82	£ -	£ -	£ 1,647.61	£ -	£ -
Equipment costs	£ 450.99	£ 110.51	£ 332.88	£ 7.60	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Events	£ 618.13	£ 618.13	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
General Expenses	£ 44.86	£ 44.86	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Gifts	£ 64.97	£ 64.97	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Governance costs	£ 220.50	£ 20.50	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ 200.00	£ -	£ -
Insurance	£ 327.26	£ 207.26	£ 120.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Interest Paid	£ 10.27	£ 10.27	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
IT Software and Consumables	£ 0.99	£ 0.99	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Legal Expenses	£ 623.60	£ 623.60	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Light, Power, Heating	£ 6,587.75	£ 5,919.78	£ -	£ 100.00	£ -	£ -	£ -	£ -	£ -	£ 567.97	£ -	£ -	£ -	£ -	£ -
Marketing & Publications	£ 2,018.24	-£ 64.83	£ 1,620.00	£ -	£ -	£ -	£ -	£ -	£ -	£ 463.07	£ -	£ -	£ -	£ -	£ -
Pensions Costs	£ 1,276.54	£ 1.50	£ 2.68	£ -	£ -	£ -	£ 206.29	£ 198.07	£ -	£ 301.50	£ -	£ -	£ 566.50	£ -	£ -
Postage, Freight & Courier	£ 133.43	£ 133.43	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Printing & Stationery	£ 711.01	£ 361.96	£ 200.00	£ 50.00	£ -	£ -	£ -	£ -	£ -	£ 99.05	£ -	£ -	£ -	£ -	£ -
Rates	£ 280.69	£ 280.69	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Refreshments	£ 1,071.85	£ 944.49	£ 11.85	£ -	£ -	£ 113.51	£ -	£ -	£ -	£ 2.00	£ -	£ -	£ -	£ -	£ -
Repairs & Maintenance	£ 546.22	£ 546.22	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Telephone & Internet	£ 1,818.40	£ 1,380.70	£ -	£ 25.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ 412.70	£ -	£ -
Transport & Travel - National	£ 583.53	£ 401.89	£ 39.84	£ -	£ -	£ 101.40	£ -	£ -	£ -	£ 40.40	£ -	£ -	£ -	£ -	£ -
Total Administrative Costs	£ 26,853.53	£ 14,247.61	£ 2,334.10	£ 182.60	£ 211.77	£ 214.91	£ 493.82	£ 517.86	£ 746.17	£ 2,576.64	£ 1,614.14	£ -	£ 3,519.21	£ 194.70	£ -
Net surplus/(deficit)	-£ 7,505.19	£ 15,748.65	-£ 4,508.80	£ 234.31	-£ 664.21	-£ 2,036.85	-£ 8,694.57	£ 2,614.51	-£ 746.17	-£ 12,330.07	£ 1,614.14	-£ 10,000.00	£ 84.13	-£ 194.70	£ -
Opening reserves	£ 134,610.83	£ 91,437.29	£ 2,466.70	£ 5,499.62	£ -	£ 2,033.78	£ 3,869.11	£ 7,737.71	£ 5,354.26	£ 8,613.31	£ -	£ -	£ 6,114.11	£ -	£ 1,484.94
Transfers	£ -	-£ 6,967.41	£ 2,042.10	£ 664.21	£ 3.07	£ 4,825.46	-£ 4,608.09	£ 3,716.76	£ 1,614.14	£ -	£ -	£ -	£ 194.70	-£ 1,484.94	£ -
Closing reserves	£ 127,105.64	£ 100,218.53	£ -	£ 5,733.93	£ -	£ 0.00	£ -	£ 5,123.20	£ -	£ -	£ -	£ 10,000.00	£ 6,029.98	£ -	£ -

Approved by the board on 08 July 2024

Rosie Robson
Chairperson

David Greenwood BA Hons FCCA
Treasurer

Balance Sheet

Chrysalis at Tynedale CIO 1166880

As at 31 March 2024

Account	31 Mar 2024	31 Mar 2023
Fixed Assets		
Tangible Assets		
Computer Equipment	1,091.99	1,091.99
Computer Equipment Accumulated Depreciation	(847.12)	(381.87)
Leasehold Improvements	21,269.57	16,589.57
Leasehold Improvements Accumulated Depreciation	(6,530.54)	(2,910.49)
Office Equipment	3,497.95	3,491.96
Office Equipment Accumulated Depreciation	(1,680.75)	(864.38)
Total Tangible Assets	16,801.10	17,016.78
Total Fixed Assets	16,801.10	17,016.78
Current Assets		
Cash at bank and in hand		
Cash in Hand	632.26	178.48
HSBC Business Current Account .	118,163.87	133,976.77
Total Cash at bank and in hand	118,796.13	134,155.25
Accounts Receivable	839.00	660.50
Prepayments	14.39	57.56
Total Current Assets	119,649.52	134,873.31
Creditors: amounts falling due within one year		
Accounts Payable	4,044.98	7,119.24
Accruals	88.00	4,725.84
PAYE Payable	1,828.63	1,112.53
Pensions Payable	215.23	306.27
Rounding	0.05	0.90
Wages Payable - Payroll	2,918.09	4,014.48
Total Creditors: amounts falling due within one year	9,094.98	17,279.26
Net Current Assets (Liabilities)	110,554.54	117,594.05
Total Assets less Current Liabilities	127,355.64	134,610.83
Creditors: amounts falling due after more than one year		
Damage bonds	250.00	0.00
Total Creditors: amounts falling due after more than one y	250.00	0.00
Net Assets	127,105.64	134,610.83
Capital and Reserves		
Designated funds	40,000.00	45,000.00
Funds ringfenced for new premises	60,000.00	0.00
Restricted funds	26,887.11	46,473.54
Retained Earnings	218.53	43,137.29
Total Capital and Reserves	127,105.64	134,610.83



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Chrysalis at Tynedale CIO

**On accounts for the year
ended**

31 March 2024

**Charity no
(if any)**

1166880

Set out on pages

Appendix 1 to the annual report

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

19/08/2024

Name:

Vicky Copp

**Relevant professional
qualification(s) or body
(if any):**

Senior Accounts Manager
NSA UK Ltd

Address:

Tyne Car Terminal

Jarrow Slake

South Shields NE34 9PN

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.