

CHRYSLIS AT TYNEDALE

England & Wales · Charity number 1166880

Details

Other names	Chrysalis Club Tynedale
Status	Registered
Legal form	CIO
Registered	2016-05-03
Register	View on the Charity Commission register

Contact

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Activities

Objects: TO RELIEVE THE NEEDS AND TO PROMOTE AND PROTECT THE GOOD HEALTH OF PEOPLE LIVING WITH DEMENTIA AND RESIDING IN TYNEDALE AND THE SURROUNDING AREA, THEIR FAMILIES AND CARERS, THROUGH THE PROVISION OF A SUPPORT GROUP AND SUCH OTHER ACTIVITIES, SERVICES ADVICE AND INFORMATION AS THE TRUSTEES MAY DECIDE.

Activities: Chrysalis at Tynedale is a club for people with dementia and memory problems. The club includes their families and friends. Based at Unit 1 Dene Park in Hexham, Northumberland, it is run by trained volunteers. We organise a range of activities which, with volunteers support, enables each member to participate fully. Family and friends have the opportunity to join in with all our activities.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** LOCAL
- Northumberland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£97,311	£95,259	-	-
2024-03-31	£95,598	£103,103	-	-
2023-03-31	£133,350	£95,368	-	-
2022-03-31	£83,092	£58,613	-	-
2021-03-31	£74,003	£35,953	-	-

Trustees

Name	Role	Appointed
MRS ROSIE ROBSON	Chair	2016-07-12
DAVID NEIL GREENWOOD FCCA		2016-07-12
Elisabeth Wena Wilson		2024-07-08
MICHAEL POTTAGE		2022-01-11
Sheelagh Jones		2021-01-12

Accounts



Chrysalis Club

Tynedale

Chrysalis at Tynedale

Charitable Incorporated Organisation

Annual report

For the year ended 31 March 2025

Registered Number 1166880 Registered in England

Give up on our hobbies because of
dementia ...?

We don't think so!



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Our Aim

Chrysalis is a club for people with memory problems or dementia, their family and friends, and volunteer supporters. Members with dementia enjoy tutored activities and days out with one-to-one support. Family members get sensitive support and time out of the daily routine. We hope to change some perceptions of dementia by focusing on similarities, rather than differences.

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dementia ...?

We don't think so!



Who's Who

Trustees



Rosie Robson-Tinsley: Chair



David Greenwood:
Treasurer and Vice Chair



Sheelagh Jones



Mike Pottage



Elisabeth Wilson

Staff



Gina Marrow: Lead
Co-ordinator



Mel Hopwood: Carer
Support Officer,
Admin and
Caretaking



Janet Brook: Trips,
Wylam and Friday
Co-ordinator



Poppy Coles:
Intergenerational
Project Officer and
Co-ordinator

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Where it all Started

We formed Chrysalis at Tynedale in 2009 when a successful art class for people with dementia came to an end. The members of the class and their families wanted it to continue. In focusing on individuals and their abilities and independence, they felt it fulfilled a need that was not being met by standard day care services.

The group joined together with three people with extensive management experience in specialist dementia care and Chrysalis was born. We are incredibly grateful to the founder members for their ideas which have led to the uplifting activity and support group we have today. Those members chose the name Chrysalis as they felt it was a new opportunity, a new beginning for them.

We have gone from strength to strength, steadily building up our membership of people with dementia and their families. We have reached hundreds of people, providing a range of tutored activities each week, and responding to new ideas suggested by members. If it is possible, we will do it!

Along the way, we have learned more about dementia and families' needs and recruited a skilled band of volunteers. We held our 10-year anniversary party in 2019.

We became a Charitable Incorporated Organisation, were awarded funding, gained our own premises and now enjoy wide recognition for what we do. And we have had lots of fun too! The founder members of Chrysalis are pictured below.



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Latest News

One of our biggest successes this year has been recruiting lots of new members and volunteers. In May 2025 we were lucky enough to recruit Poppy Coles to our excellent staff team. She is developing the Intergenerational Project (IGP) and assisting with coordination on Fridays as well as helping with volunteer recruitment.



We are still enjoying and feeling the benefits of having our own premises. It means we can make the centre a welcoming and familiar place for the members, making them more relaxed and able to enjoy the activity session.

In the previous year, Chrysalis offered an extra day and support over lunchtimes. The numbers were increasing and to keep within our guidelines of maximum 10 members per session (in order to keep the noise and traffic within the room to an acceptable level), we were having to turn people away. These developments worked really well and now Fridays are as popular as the rest of the week although, as Chrysalis becomes more and more popular, some sessions are oversubscribed again – another challenge for us!

The lunchtime cover was developed because we heard a carer was picking up their member after the morning session, sitting in the car with a picnic for an hour, then bringing them back for the afternoon session. This seemed ridiculous to our team – stress for both member and carer – so we launched lunchtime cover. This needed really thinking through and it has needed to evolve but we now have a core group of around six who bring a packed lunch (this avoids us having to think about food allergies etc) and they have a social time with volunteers who kindly give Chrysalis an extra hour. For the carers, this means a whole day of respite. Both these developments have improved the lives of our members and carers.

This year, we increased the training opportunities for staff and volunteers. We held three sessions in addition to the usual volunteers' forums, two of which were suggested by our volunteers themselves. One of the challenges for a small, local organisation like Chrysalis is getting itself recognised in the wider community, especially with a small marketing budget. This has always been a challenge for us. Having larger numbers in sessions benefits everyone. There is more of a buzz in the sessions for the members and the volunteers find it easier as members often strike up conversations between themselves (something we encourage). It is also good for Chrysalis' finances.

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We don't think so!



Whilst all these things count, we also feel there are still families out there who would benefit from what we offer.

We managed to secure some funding to improve our marketing and, whilst initially we employed a marketing specialist to take on this role, we now do most of this ourselves. Gina has made an excellent job of improving the website and it is now a big part, along with social media, of attracting new members; helping our existing members to stay in touch with latest developments; and is an important link for the professionals with whom we work. We also produce a regular newsletter which is useful and attractive for our current member and carers; it is also a valuable marketing tool as it gets distributed to potential members and professionals. We would like to thank Deryn (Thornalley) for all her hard work in collating the information and producing the finished publication.

This year we have attracted 29 new members and 31 new subscribers; we have helped over 56 people by 'phone or face-to-face contact; and supported an additional 40 carers who contacted us by 'phone and were previously unknown to our service. We have sustained the membership from previous years. This is fantastic for Chrysalis and for the families. It is largely to do with improving, updating and enhancing the website and social media.



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When putting in a funding application, we were prompted to put in how many people we support in a year. After lots of mathematics, it turns out it is over 800. This is a fantastic achievement for a small organisation with a very small marketing budget; we support people nationwide.

Gina, our lovely co-ordinator, works very hard on the website. Sorting out the website was very satisfying for us as we had been given varying advice from experts; some advice was going to cost large sums of money. It is now easy to access information and the website is very user friendly. New people can 'subscribe' to our newsletters

and timetables; this is a soft introduction to Chrysalis. When people first get a diagnosis of dementia, it can be a great shock so joining a new club can be quite scary. We're excited to share that our website is now much more visible online. A recent update has significantly boosted our search engine ranking; when searching for dementia and Hexham or Wylam, we now appear on the first page, and often at the top. This improved visibility means more people can now find us, learn about our cause, get involved and potentially give us money!

Another thing to be proud of is we have recruited 30 new volunteers which is excellent as they are a crucial part of Chrysalis.

An additional pleasing item from this year is the recruitment of two new tutors. New people are beneficial as they bring new ideas and help to keep Chrysalis fresh.

We are always aware that having too many members at a session can make the atmosphere

*"I did enjoy today, mind you I
always enjoy coming here!"*

- Member

too noisy and busy, which is confusing for people with dementia. So once again, it is a balancing act for us!

Janet, who is our Trips Co-ordinator, has continued to make a good job of this project. She has had imaginative ideas and has run over 10 trips and outings. This is an opportunity for couples (and single people) to socialise in the wider community with some subtle support.

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We've done some networking with the Priory School, and we've had some of their students doing work experience, cleaning up outside for us, and a lovely visit from their choir.

Chrysalis has always been passionate in supporting the whole family and the support for carers or partners has been enhanced this year. We received extra funding for our specialised carer support worker, Mel, who was/is our pottery tutor.



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Member Support

Chrysalis was designed using ideas from the original three members and three carers in 2009. They told us they felt there was no provision for them, they felt unable to participate in mainstream community groups because everything happened too fast, there were too many instructions, sometimes all at one time. They felt embarrassed that they were unable to keep up. The only alternative at that time was traditional day care where they felt patronised and there seemed no scope for individuality. One member told us she felt as though she was being herded like a flock of sheep.



Working with these comments, Chrysalis was designed to allow people with dementia to participate in activities but with some subtle support. The reason volunteers were recruited as opposed to care staff was based on the idea that volunteers attended Chrysalis because they actually wanted to be there and enjoyed their role. Volunteers were recruited with the aim of providing 1-2-1 'buddying-support'. This enabled the member to gain the maximum from the session and also provided friendship. It is interesting to note that the advised ratio in statutory organisations is 1-to-8, so the 1-to-1 support that Chrysalis offers is unique.

The original group decided it should be run as a club and therefore the people with dementia should be referred to as members, enabling them to be recognised as an individual as opposed to being labelled by their illness.

Chrysalis still adheres to this ethos; we are now lucky enough to provide 1-to-1 support from volunteers most of the time. We are always interested in ideas from members and carers as well as volunteers and staff on how we can improve the service we offer.

Every volunteer has an induction and undergoes training, where non-patronisation, friendship and enabling are stressed as core skills.

Attention to the matching of volunteers to members is always given a lot of thought.

"I'd like to thank everyone at Chrysalis for the welcome and caring we have been given since last February. It certainly gave me a couple of hours of relaxation when I could take my eye off things knowing she was having fun."

- Family member

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Specialised Groups

While our main work revolves around supporting people (over 65 in our centre at Hexham), we have other smaller projects running alongside this.

The Wylam out-reach remains a small and happy group. It is held at St Oswin's Church Hall twice a month, which is a lovely light, welcoming hall. This year they increased the number of members and volunteers attending dramatically.

This project is fronted by Liz Flynn, a former trustee, and co-ordinated by Janet. The members have enjoyed accessible bike rides, trips out with the members from Hexham, as well as sessions at St Oswin's. Liz makes an excellent job of this project and is very committed to a successful group in this area.

We formally ran a specialised group for people under 65. This has now been amalgamated into our mainstream membership. However, if the demand for this group grew, Chrysalis would look at setting it up again.



The Intergenerational Project is one of our favourite projects; this is funded by the If Only fund. In recent times the project had to be put on hold because of the large number of COVID cases in schools. We managed to resume this lovely project and have plans to develop it further, especially now that we have recruited Poppy. Chrysalis partners with Chollerton First School which we feel has similar values to Chrysalis and they are a joy to work with. We have plans to expand the project to include other age

groups and have already started exploring these ideas.

In the stated year, the activities included art, sport, singing and gardening. The children work with members, supported by a volunteer, and games and activities are designed to cement friendships.

Our trustee, Sheelagh, leads this project very well indeed; her past experience in teaching means she is well equipped for the job. Her people skills with the children and the members are fantastic.

"Everyone is so friendly"

- Family member

Chrysalis at Tynedale: remembering to enjoy life
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Supporting Families/Carers

Mel supports family carers in 'phone calls, the support group, the Carers' Information Course and in person. She also supports After Carers by encouraging social interaction and organising trips; this helps carers who have been bereaved to get back out into the community.

In March, we organised and ran another Carers' Information Course. This is mainly for new carers, and we have speakers each week who are specialists in their area of expertise. They included a psychiatrist, a solicitor, occupational therapists and many more. The carers leave feeling more confident and they have lots of contact details to use when the need arises.

The professional speakers gave their time willingly and we had good feedback about the course. Thanks to Elisabeth and Mel for organising and running the course.



Dementia Carers' Information Course

Free 6 week course for carers of
people with dementia

Booking form and further details from:
info@chrysalisclub.org.uk
01434 408080

Chrysalis took a big step forward when we introduced all-day sessions to members who were very settled within the club who we felt would benefit from a whole day. We have an excellent support team over the hour of lunchtime, enabling the co-ordinators and volunteers time to prepare for the afternoon session. As well as the members benefitting, the carers get a whole day for some respite which they enjoy. Our ethos has always been to get the members settled and happy then we can give the carers respite and support.

***"Spending the morning here has been
absolutely wonderful with the lovely and
interesting people who are now my dear friends."***

- Member

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Our Volunteers

Chrysalis is always amazed at the high standard of our volunteers. This happy willing band of people come to Chrysalis with one thing only in mind – to give the members the best time possible! Their dedication, empathy and determination to 'get it right' for our members is breathtaking.

As Chrysalis has grown so has our professionalism and the current volunteers have been willing partners in this. The present team, some of whom are young adults, take their volunteering role seriously. They are keen to learn and enjoy a discussion about how best to support a member.

All volunteers do a safe-guarding course either online or in person; they provide us with references and complete a DBS check. Gina, Janet, Poppy and the lead volunteer, Sheelagh, are very good at organising the sessions and the volunteers enjoy knowing exactly what is expected of them. Matching members to volunteers is quite an art and needs attention to detail.



Making members happy and able to gain the most enjoyment out of a session is always our primary goal. For the students, we provide references and a record of placement details to anyone who requires it. We currently have around 75 volunteers on our books, 27 of these have been recruited in the stated year which is a huge achievement.



The volunteers are supported by training, forums, guidance and information. This year we increased the training opportunities for staff and volunteers. We held three sessions on *What is Dementia*, *Rarer Dementias*, and *Behaviour we find Challenging*. The last two were run by external facilitators. These training sessions were well attended by the volunteers and we got good feedback regarding the learning experiences.

The volunteers enjoy the social element, both with each other and with the members and their families.

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We are very grateful to them for their input and suggestions – they spend the most time with the members and know them best!

They, like the trustees and the staff, get a great sense of satisfaction from the work we do to improve people's lives and help them to live well with dementia.

Most of our volunteers work with the members but we were delighted to welcome Deryn (Thornalley) to the administrative side of the organisation. She produces an excellent newsletter, collates the invoices and completes many other useful jobs.



The trustees are so grateful to all our volunteers and are fully aware that Chrysalis could not function in its present form without this great band of people.

“Many, many thanks to you and your fabulous volunteers for today's trip to Hexham races.”

- Carer

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Our Employees

Most of you will have met Gina (Marrow) who is our lead co-ordinator and manages the organisation; she seems tailor-made for the job – her enthusiasm, efficiency and dedication to Chrysalis is a joy for the trustees. She began by working too many voluntary hours but gradually we are building a team to support her. Gina took on some of the marketing duties and, as usual, has made a sterling job of it, attracting new members, carers and volunteers, as well as attracting new fundraisers and raising the profile of Chrysalis.

Mel (Hopwood) was/is our pottery tutor and has been associated with Chrysalis for more than 10 years. We were delighted when she successfully applied for two part-time roles. She does admin, caretaking and carer support. She is efficient, willing and an asset to the organisation and has taken the carer support project to a new level.

Janet (Brook) was already a familiar face, and we were delighted that she took on the role of organising trips and outings. She has great imagination and her ideas have included the pantomime, the alpacas, as well as cinema and theatre trips, South Tyneside Railway, healthy walks, a dementia-friendly carol service at Hexham Abbey, and trips to Hexham Races. The work that Janet does enhances what Chrysalis has to offer.

Poppy (Coles) is the latest member of staff to join us; we welcome her. She is already a valued member of this happy team.

The trustees are aware of the high standard of work our staff achieve and we are very grateful for their dedication and commitment to Chrysalis. It is a happy, efficient team which reflects well onto the members and carers and creates a lovely atmosphere at the centre.

“It's a joy being a volunteer at Chrysalis.”

- Volunteer

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Our Board

Our board is made up of five volunteer trustees. All have had personal experience of dementia in some way; two were dementia professionals. We have experts in various fields – finance, legal, fund-raising, social work etc. We work together as a team very well and, because Chrysalis is such a positive environment, those who can, work on the operational side too. This year has seen great growth and a feeling of establishing Chrysalis in the community for the board. We are proud of how we have grown and adjusted after the pandemic, in taking on the lease of our own premises, whilst always adhering to our values and keeping the quality of our services for the families.



As Chair, I feel supported by the other trustees immensely. David, our Treasurer and Vice-chair, spends countless hours on our finances and has everything ship-shape for the external auditors. His other skills include DIY, management issues and problem-solving.

Sheelagh leads on the Intergenerational Project, for which her teaching experience makes her perfect. She represents the volunteers at board level. Her other skills include looking after the plants and the outside space; she is also lead-volunteer at the sessions on Wednesday afternoons and knows the members and the volunteers very well indeed.

Mike, a former carer, is knowledgeable about carers' rights, information and relevant contacts. Mike helps run the carers' group and formally ran the young people's group. His skills include DIY, helping with trips out and raising money for Chrysalis, including his marathon bike ride from Land's End to John O'Groats a few years ago.

Our newest trustee is Elisabeth (Wilson); she is a former carer and already aware of what Chrysalis provides. Elisabeth's skills include organisation work, knowledge of members' and carers' issues and helping with operational work. She does an excellent job of organising our annual Carers' Information Course.

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As Chair, I apply for most of the funding, oversee the organisation and support the staff and volunteers as necessary. I problem solve and often have the vision for development ideas and enjoy taking them forward. Chrysalis was honoured to be invited to an event at 10 Downing Street which was to launch the announcement of the Dame Barbara Windsor Fund into dementia research and was also funded by the government.

Chrysalis would not function without the dedicated support and enthusiasm of the trustees and I am extremely grateful to them all.



***“Thank you to everyone, you are
angels, much appreciate all you
do for our loved ones.”***

- Carer

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Our Tutors

At Chrysalis, we seem to attract lovely people, whether they be members, carers, volunteers, tutors or supporters. Our tutors try to balance giving the members a bit of a challenge and trying not to make things too hard. Most are local self-employed, small business owners and we are pleased to support them. They are always willing to 'go the extra mile' in order to give our members a happy fun-filled session and, if possible, create something they can take home.

If we are considering a new tutor, we meet with them to ensure they are familiar with the criteria. A lot of thought goes into the session content which, combined with Gina's input, ensures they are happy, relaxed, non-patronising sessions. If we can add a bit of learning too, we are happy.

Our tutors provide a wide range of activities from art and crafts to music, sport to indoor gardening, pottery to local speakers. This year we have attracted two new tutors; they delivered sessions in drumming and Chinese origami.



"It's been fantastic to find you, and my mum talks non-stop about how she enjoys her time, despite not remembering anyone's names."

- Carer

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Our Club Ethos

When someone becomes a Chrysalis member, the whole family is involved. This means everyone can be part of the club, contribute, have a say, and see how the person they care about is getting on. Family members/carers can take part in sessions, take time out, or get involved - even if they are at a distance or at work all day. We are here to help anyone in the family at any stage of the journey, from pre-diagnosis onwards. We are proud to have a successful project supporting carers after they are bereaved, or their partner has had to go into residential care.

The very nature of our organisation and the fact we mostly support older people means that sadly we have to deal with the death of some of our members and carers. The volunteers, who have made close friendships with the members, are naturally upset; we try to say that they have made people's lives better, even if it has been for a short time.

Sadly, this year we had to say fond farewells to:

Gladys Robertson
Charlie Braddy
Frank and Noreen Edwards
Colin Basey
John Morris
Ron Bamford
Geoff Swaddle
Val Dunn
Margaret Parker
John Cullen
Dorothy Martin
Anne-May Pottage



Some of the families asked for donations in lieu of flowers to go to Chrysalis; we are so grateful to them for thinking of us at such a sad time. We hope it means we are doing a good job for them.

***"Can I just thank you from the bottom of my heart, for
being Chrysalis."***

- Family member

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Our Funders

Chrysalis Club Tynedale is not funded by statutory services and is completely dependent on trust funding, contributions from donors, members' fees and hirers of our premises. We were formally funded by the Tudor Trust, which enabled us to employ our first co-ordinator, a huge step in the development of Chrysalis.

We are funded from organisations administered through The Community Foundation such as If Only, The Prime Fund and Newcastle Building Society.

We are/have been supported by Ballinger, The Joicey Trust, The Community Fund, Social Enterprise Support Fund, The Big Lottery, The Screwfix Foundation and the Masons. We are grateful to all the trust funds who support us.

This year we were involved in several excellent fundraising events including The Tynedale Beer Festival and a ceilidh. We were also lucky enough to be the recipient of the Haydon Bridge Festival.

The ceilidh was run jointly with The Charlotte Straker Project in Corbridge. Great fun was had by all and it was well attended.

Sponsorship is a great way for Chrysalis to raise money as well as awareness. We were lucky enough to have several runners (as well as a walker) in the Great North Run and the Junior Great North Run; we also had someone who ran in the Paris Marathon, and someone who ran the Dark Skies Kielder 10K for us. Most of our runners (and walker!) had a personal connection to Chrysalis and wanted to support us because of the good work that we do.



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We are very grateful for the generosity of family members past and present for their personal donations and help at fundraising events. Several of our volunteers have also supported us through their own successful fundraising initiatives.

Chrysalis is working towards becoming sustainable so we are not so reliant on trust funding; this takes time though especially after the knock that COVID delivered to our finances.

We are grateful to everyone who has thought of Chrysalis and raised money for us in various ways, sometimes at the saddest time of their life when a loved one dies. Most of our running costs are funded, although we do subsidise the carers' project and the hardship fund. With the money raised through donations we are able to provide treats for our members and carers. It may be a yummy cake for someone's birthday, or a free lunch out on a trip, or some much-needed equipment to make a session more fun.

"Your volunteers are so kind and gentle. What a fabulous job you do."

- Family member

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Coming Soon

We would like to thank our runners (and walker!) in this year's Great North Run and London Marathon for undertaking this huge challenge and supporting Chrysalis. Good luck with the training guys!

A graphic with the words "Thank you" in a large, black, cursive script font. Below it is a pink ribbon banner with the words "FOR YOUR SUPPORT" in white, uppercase, sans-serif font.

Thank you
FOR YOUR SUPPORT

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A Final Thank You...

Chrysalis requires a huge amount of dedication and work to keep it running to the extremely high standard we strive for. We all love being part of it and get enormous satisfaction from our individual contributions, which all combine to make our organisation as fantastic as it is. Of course, we also have a lot of fun too!!

None of it would be possible without the fantastic help of our supporters, staff and volunteers, and the board.

Thanks to everyone for their ongoing support and dedication.



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Chrysalis Club
Tynedale



Chrysalis at Tynedale: remembering to enjoy life
www.chrysalis-tynedale.org.uk

CIO No. 1166880
Registered in England

Profit and Loss
Chrysalis at Tynedale CIO 1166880
For the year ended 31 March 2025

Appendix I

Account	Total	Unassigned	Christmas Pantomime funding	Community Foundation	High Sherriff	If Only Fund	Prime Fund	Sherburn House (Via Ballinger)	The Ballinger Charitable Trust	Tudor Trust
Income										
Donations	7,409.39	7,409.39	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Events and Trips	1,512.43	1,512.43	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Fundraising	11,800.00	11,800.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Gift aid donations	5,823.42	5,823.42	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Other income	62.50	62.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Restricted trust fund income	24,670.00	0.00	900.00	10,000.00	1,250.00	1,520.00	0.00	1,000.00	10,000.00	0.00
Room Hire	6,251.50	6,251.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Session Fees	39,782.00	39,782.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total Income	97,311.24	72,641.24	900.00	10,000.00	1,250.00	1,520.00	0.00	1,000.00	10,000.00	0.00
Direct Expenses										
Administration & Co-ordination services	9.60	9.60	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Care and support services	272.25	272.25	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Direct wages	45,448.19	13,886.39	0.00	9,913.75	0.00	100.00	13,848.05	0.00	0.00	7,700.00
Hardship subsidised session fees	30.00	30.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Materials	1,930.97	1,628.27	0.00	0.00	0.00	302.70	0.00	0.00	0.00	0.00
Rent & Room Hire	12,504.00	12,504.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Trips and events	2,982.29	1,502.29	977.00	0.00	0.00	0.00	0.00	503.00	0.00	0.00
Tutor fees	13,047.50	12,947.50	0.00	0.00	0.00	100.00	0.00	0.00	0.00	0.00
Volunteer Expenses	2,235.40	782.60	0.00	0.00	0.00	8.00	0.00	0.00	0.00	1,444.80
Total Direct Expenses	78,460.20	43,562.90	977.00	9,913.75	0.00	510.70	13,848.05	503.00	0.00	9,144.80
Gross Surplus	18,851.04	29,078.34	(77.00)	86.25	1,250.00	1,009.30	(13,848.05)	497.00	10,000.00	(9,144.80)
Administrative Costs										
Audit & Accountancy fees	1,015.50	558.30	0.00	0.00	0.00	0.00	0.00	0.00	0.00	457.20
Bank Charges	100.94	100.94	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Cleaning & PPE	249.81	249.81	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Core costs rechargeable	360.00	0.00	0.00	0.00	0.00	360.00	0.00	0.00	0.00	0.00
Depreciation Expense	4,269.40	4,269.40	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Employers National Insurance	0.00	(2,456.26)	0.00	845.09	0.00	0.00	966.97	0.00	0.00	644.20
Equipment costs	26.19	26.19	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
General Expenses	1.50	1.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Insurance	659.57	659.57	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
IT Software and Consumables	75.00	75.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Legal Expenses	289.00	289.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Light, Power, Heating	3,170.48	3,170.48	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Marketing & Publications	347.39	347.39	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Operating Lease Payments	554.91	554.91	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Pensions Costs	1,164.90	215.93	0.00	297.42	0.00	0.00	420.55	0.00	0.00	231.00
Postage, Freight & Courier	34.20	34.20	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Printing & Stationery	559.37	559.37	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Rates	1,078.91	1,078.91	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Refreshments	609.02	609.02	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Repairs & Maintenance	423.55	423.55	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Staff Training	500.00	500.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Subscriptions & Memberships	0.49	0.49	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Telephone & Internet	1,348.83	1,075.86	0.00	0.00	0.00	0.00	0.00	0.00	0.00	272.97
Transport & Travel - National	320.00	101.60	0.00	0.00	0.00	218.40	0.00	0.00	0.00	0.00
Total Administrative Costs	17,158.96	12,445.16	0.00	1,142.51	0.00	578.40	1,387.52	0.00	0.00	1,605.37
Operating Surplus	1,692.08	16,633.18	(77.00)	(1,056.26)	1,250.00	430.90	(15,235.57)	497.00	10,000.00	(10,750.17)
Other Income										
Core costs recharged	360.00	360.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Total Other Income	360.00	360.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Net surplus	£ 2,052.08	£ 16,993.18	-£ 77.00	-£ 1,056.26	£ 1,250.00	£ 430.90	-£ 15,235.57	£ 497.00	£ 10,000.00	-£ 10,750.17
Opening reserves	£ 127,105.64	£ 100,218.53	£ -	£ -	£ -	£ 5,733.93	£ 5,123.20	£ -	£ 10,000.00	£ 6,029.98
Transfers	£ -	-£ 15,965.82	£ 77.00	£ 1,056.26	£ -	£ -	£ 10,112.37	£ -	£ -	£ 4,720.19
Closing reserves	£ 129,157.72	£ 101,245.89	£ -	£ -	£ 1,250.00	£ 6,164.83	£ -	£ 497.00	£ 20,000.00	£ -

Approved by the board on 28 May 2025

Rosie Robson
Chairperson

David Greenwood BA Hons FCCA
Treasurer

Balance Sheet

Chrysalis at Tynedale CIO 1166880

As at 31 March 2025

Appendix II

Account	31 Mar 2025	31 Mar 2024
Fixed Assets		
Tangible Assets		
Computer Equipment	1,091.99	1,091.99
Computer Equipment Accumulated Depreciation	(1,312.37)	(847.12)
Leasehold Improvements	21,269.57	21,269.57
Leasehold Improvements Accumulated Depreciation	(9,504.57)	(6,530.54)
Office Equipment	3,662.95	3,497.95
Office Equipment Accumulated Depreciation	(2,510.87)	(1,680.75)
Total Tangible Assets	12,696.70	16,801.10
Total Fixed Assets	12,696.70	16,801.10
Current Assets		
Cash at bank and in hand		
Cash in Hand	945.50	632.26
HSBC Business CurrentAccount .	124,822.30	118,163.87
Total Cash at bank and in hand	125,767.80	118,796.13
Accounts Receivable	938.50	839.00
Prepayments	0.00	14.39
Total Current Assets	126,706.30	119,649.52
Creditors: amounts falling due within one year		
Accounts Payable	4,198.82	4,044.98
Accruals	0.00	88.00
PAYE Payable	1,577.22	1,828.63
Pensions Payable	296.72	215.23
Rounding	0.05	0.05
Wages Payable - Payroll	3,922.47	2,918.09
Total Creditors: amounts falling due within one year	9,995.28	9,094.98
Net Current Assets (Liabilities)	116,711.02	110,554.54
Total Assets less Current Liabilities	129,407.72	127,355.64
Creditors: amounts falling due after more than one year		
Damage bonds	250.00	250.00
Total Creditors: amounts falling due after more than one year	250.00	250.00
Net Assets	129,157.72	127,105.64
Capital and Reserves		
Designated funds	40,000.00	40,000.00
Funds ringfenced for new premises	60,000.00	60,000.00
Restricted funds	27,911.83	26,887.11
Retained Earnings	1,245.89	218.53
Total Capital and Reserves	129,157.72	127,105.64

Approved by the board on 28 May 2025

Rosie Robson
Chairperson

David Greenwood BA Hons FCCA
Treasurer



Section A

Independent Examiner's Report

Report to the trustees

Charity Name
Chrysalis at Tynedale CIO

On accounts for the year
ended

31 March 2025

Charity no
(if any)

1166880

Set out on pages

Appendix I and Appendix II to the Annual report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2025**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

10/08/2025

Name:

Vicky Copp

Relevant professional
qualification(s) or body

Senior Accounts Manager NSA UK Ltd

(if any):

Address:

NSA UK Ltd, Tyne Car Terminal, Jarrow Slake, Tyne Dock, South Shields,
NE34 9PN

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Accounts



Chrysalis Club

Tynedale

Chrysalis at Tynedale Charitable Incorporated
Organisation

Annual report
For the year ended 31 March 2024

Registered Number 1166880 Registered in England

Give up on our hobbies because of
dementia ...?

We don't think so!



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Our Aim

Chrysalis is a club for people with memory problems or dementia, their family and friends, and volunteer supporters. Members with dementia enjoy tutored activities and days out with one-to-one support. Family members get sensitive support and time out of the daily routine. We hope to change some perceptions of dementia by focusing on similarities, rather than differences.

Give up on our hobbies because of
dementia ...?

We don't think so!



Who's Who

Trustees



Rosie Robson-Tinsley:
Chair



David Greenwood:
Treasurer and Vice Chair



Sheelagh Jones



Liz Flynn



Mike Pottage



Elisabeth Wilson (newly
recruited)

Staff



Gina Marrow: Lead
Coordinator



Mel Hopwood: Carer
Support Officer, Admin
and Caretaking



Janet Brook: Trips,
Wylam and Friday
Coordinator

Where it all Started

Chrysalis at Tynedale: remembering to enjoy life
www.chrysalis-tynedale.org.uk

CIO No. 1166880
Registered in England

Give up on our hobbies because of
dementia ...?

We don't think so!



We formed Chrysalis at Tynedale in 2009 when a successful art class for people with dementia came to an end. The members of the class and their families wanted it to continue. In focusing on individuals and their abilities, they felt it fulfilled a need that was not being met by standard day care services.

The group joined together with three people with extensive management experience in specialist dementia care, and Chrysalis was born. We are incredibly grateful to the founder members for their ideas, which have led to the uplifting activity and support group we have today. These members chose the name Chrysalis as they felt it was a new opportunity, a new beginning for them.

We have gone from strength to strength, steadily building up our membership of people with dementia and their families. We have reached hundreds of people, providing a range of tutored activities each week, and responding to new ideas suggested by members. If it is possible, we will do it!

Along the way, we have learned more about dementia and families' needs and recruited a skilled band of volunteers. We held our 10 year anniversary party in 2019.

We became a charitable incorporated organisation, were awarded funding, gained our own premises and now enjoy wide recognition for what we do. And we have had lots of fun too! The founder members of Chrysalis are pictured below.



Give up on our hobbies because of
dementia ...?

We don't think so!

Latest News

This year Chrysalis seems to have finally recovered from the effects of COVID. It has been a real challenge for Chrysalis as for most organisations. The lasting effects are that people (not just Chrysalis members) have changed their attitudes to socialising. We feel we have adjusted to this successfully now, with lots of new members, carers and volunteers.



We are still enjoying and feeling the benefits of having our own premises and have carried on with the improvements we started through 2021-2022. The recent improvements have been mostly decorative as well as displaying examples of the member's work and some photographs.

These improvements help to make the Centre a welcoming and familiar place for the members, making them more relaxed and able to enjoy the activity session.

Two big developments Chrysalis achieved in the stated year were offering an extra day and developing the support over lunchtimes. The numbers were increasing and in order to keep within our guidelines of maximum 10 members per session (in order to keep the noise and traffic within the room to an acceptable level) we were having to turn people away. In true Chrysalis fashion we rose to this challenge, liaised with staff and launched our Friday sessions. Janet and Mel run this day and it has been very successful.

The lunchtime cover was developed because we heard a carer was picking up the member after the morning session, sitting in the car with a picnic for an hour, then bringing them back for the afternoon session. This seemed ridiculous to our team – stress for both member and carer, so we launched lunchtime cover. This needed really thinking through and it has needed to evolve but we now have a core group of around 6 who bring a packed lunch (this avoids us having to think about food allergies etc) and they have a social time with volunteers who kindly give Chrysalis an extra hour. For the carers this means a whole day of respite. Both these developments have improved the lives of our members and carers.

Give up on our hobbies because of
dementia ...?

We don't think so!



Enjoying a spot of dancing at the Christmas party

One of the challenges for a small local organisation like Chrysalis is getting ourselves recognised in the wider community, especially with a small marketing budget. This has always been a challenge for us. Having larger numbers in sessions benefits everyone. There is more of a buzz in the sessions for the members; the volunteers find it easier as members often strike up conversations between themselves (something we encourage). It is also good for Chrysalis' finances.

Whilst all these things count, we also feel there are still families out there who would benefit from what we offer.

We managed to secure some funding to improve our marketing and whilst initially we employed a marketing specialist to take on this role, we now do most of this ourselves. Gina has made an excellent job of improving the website and it is now a big part, along with social media, of attracting new members, helping our existing members to stay in touch with latest developments and is an important link for the professionals we work with. We also produce a regular newsletter which is useful and attractive for our current member and carers; it is also a valuable marketing tool, as it gets distributed to potential members, and professionals. We would like to thank Deryn (Thornalley) for all her hard work in collating the information and producing the finished product. We



Give up on our hobbies because of
dementia ...?

We don't think so!



purchased a new marketing hub with some funding which we can take to community events.



This year we have attracted 17 new members and 38 new subscribers; we have also helped over 55 people by phone or face to face contact. We have sustained the membership from previous years. This is fantastic for Chrysalis and for the families. It is largely to do with improving, updating and enhancing the website and social media.

Chrysalis at Tynedale: remembering to enjoy life
www.chrysalis-tynedale.org.uk

CIO No. 1166880
Registered in England

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Gina our lovely co-ordinator worked so hard on both. Sorting out the website was very satisfying for us, as we had been given varying advice from experts; some advice was going to cost large sums of money.



It is now easy to access information and the website is very user friendly. New people can 'subscribe' to our newsletters and timetables; this is a soft introduction to Chrysalis.

Another thing to be proud of is we have recruited 19 new volunteers which is excellent as they are a crucial part of Chrysalis.

An additional pleasing item from this year is the recruitment of two new tutors. New people are beneficial as they bring new ideas and help to keep Chrysalis fresh.

We are always aware that having too many members at a session can make the atmosphere too noisy and busy, which is confusing for people with dementia. So once again it is a

balancing act for us!

Janet, who is our Trips Co-ordinator has continued to make a good job of this project. She has had imaginative ideas and has run over 10 trips and outings. This is an opportunity for couples (and single people) to socialise in the wider community with some subtle support.

Chrysalis has always been passionate in supporting the whole family and the support for carers or partners has been enhanced this year. We receive funding for a specialised carer support worker and were lucky to employ Mel, who was/is our pottery tutor.

***“Such a great
organisation with a
lovely atmosphere –
very friendly”.***

Family member

Give up on our hobbies because of
dementia ...?

We don't think so!



Member Support

Chrysalis was designed using ideas from the original three members and three carers in 2009. They told us they felt there was no provision for them, they felt unable to participate in mainstream community groups because everything happened too fast, there were too many instructions, sometimes all at one time. They felt embarrassed that they were unable to keep up. The only alternative at that time was traditional day care where they felt patronised and there seemed no scope for individuality. One member told us she felt as though she was being herded like a flock of sheep.



Working with these comments, Chrysalis was designed to allow people with dementia to participate in activities but with some subtle support. The reason volunteers were recruited as opposed to care staff was based on the idea that volunteers attended Chrysalis because they actually wanted to be there and enjoyed their role. Volunteers were recruited with the aim of providing 1-2-1 “buddying-support”. This enabled the member to gain the maximum from the session and also provided friendship.

The original group decided it should be run as a club and therefore the people with dementia should be referred to as members, enabling them to be recognised as an individual as opposed to being labelled by their illness.

Chrysalis still adheres to this ethos; we are now lucky enough to provide 1-2-1 support from volunteers most of the time. We are always interested in ideas from members and carers as well as volunteers and staff, on how we can improve the service we offer.

Every volunteer has an induction and undergoes training, where non-patronisation, friendship and enabling are stressed as core skills.

Attention to the matching of volunteers to members is always given a lot of thought.

Give up on our hobbies because of
dementia ...?

We don't think so!

Specialised Groups

While our main work revolves around supporting people over 65 in our Centre at Hexham, we have other smaller projects running alongside this.

The Wylam out-reach remains a small and happy group. It is held at St Oswin's Church Hall, which is a lovely light, welcoming hall. The funding for this project ran out this year but we have managed to keep the project going; we have some new members and volunteers and have increased the offering to twice a month.



This project is fronted by Liz who is a trustee. The members have enjoyed accessible bike rides, trips out, to include an ice cream parlour, as well as sessions at St Oswin's. Liz makes a good job of this project and is very committed to a successful group in this area. Liz is supported by Janet as co-ordinator and it is a happy functional team.



A fun day out at Hexham races

The young people's group has ticked along, ably run by Mike, one of our trustees. People under 65 with dementia are a very marginalised group and we received some funding from Newcastle Building Society to set up a specific group.

They have enjoyed some days out 10 pin bowling, some social lunches and some trips. They also had a session of drumming which is always very popular. They visited Beamish which was an enjoyable day for all.

Give up on our hobbies because of
dementia ...?

We don't think so!



The Intergenerational Project is one of our favourite projects; this is funded by the If Only fund. In recent times the project had to be put on hold because of the large number of COVID cases in schools. We managed to resume this lovely project last year and have plans to develop it further. Chrysalis partners with Chollerton First School who we feel have similar values to Chrysalis and they are a joy to work with. In the stated year the activities included art, sport, singing and gardening.

The children work with members, supported by a volunteer, and games and activities are designed to cement friendships.

"It was a highlight of her week to come to Chrysalis and lifted her spirits enormously".

– Family member



Our trustee Sheelagh leads this project very well indeed; her past experience in teaching means she is well equipped for the job; her people skills with the children and the members are fantastic.

Give up on our hobbies because of
dementia ...?

We don't think so!



Supporting Families/Carers

Mel supports carers in phone calls, the support group, the Carers' Information Course and in person. She also supports After Carers by encouraging social interaction and organising trips; this helps carers who have been bereaved to get back out into the community.

In March we organised and ran another Carers' Information Course. This is mainly for new carers, and we have speakers each week who are specialists in their area of expertise. They included

"I'd like to thank everyone at Chrysalis for the welcome and caring we have been given since last February. It certainly gave me a couple of hours of relaxation when I could take my eye off things knowing she was having fun!"

- Carer



Dementia Carers' Information Course

Free 6 week course for carers of people with dementia

Booking form and further details from:
info@chrysalisclub.org.uk
01434 408080

psychiatrists, solicitors, occupational therapists and many more. The carers leave feeling more confident and they have lots of contact details to use when the need arises. The professional speakers gave their time willingly and we had good feedback about the course. Thanks to Elisabeth for helping to organise the course and to Mel and Mike for helping to run it.

Chrysalis took a big step forward when we introduced all-day sessions to members who were very settled within the club, and we felt would benefit from a whole day. We have an excellent support team over the hour of lunchtime, enabling the co-ordinators and volunteers time to prepare for the afternoon session. As well as the members benefitting, the carers get a whole day for some respite

which they enjoy. Our ethos has always been to get the members settled and happy then we can give the carers respite and support.

Thanks for keeping in touch.
- After-carer member

Give up on our hobbies because of
dementia ...?

We don't think so!



Our Volunteers

Chrysalis is always amazed at the high standard of our volunteers. This happy willing band of people come to Chrysalis with one thing only in mind – to give the members the best time possible! Their dedication, empathy and determination to 'get it right' for our members is breath-taking.

As Chrysalis has grown so has our professionalism and the current volunteers have been willing partners in this. The present team, some of whom are young adults, take their volunteering role seriously. They are keen to learn and enjoy a discussion about how best to support a member.



All volunteers do a safe-guarding course either on-line or in person; they provide us with references and complete a DBS check. Gina, Janet and the lead volunteers Heather and Sheelagh are very good at organising the sessions and the volunteers enjoy knowing exactly what is expected of them. Matching members to volunteers is quite an art and needs attention to detail.

Making members happy and able to gain the most enjoyment out of a session is always our primary goal. For the students we provide references and a record of placement details to anyone who requires it. We currently have around 45 volunteers, 19 of these have been recruited in the stated year, which is a huge achievement.



The volunteers are supported by training, forums, guidance and information. They enjoy the social element both with each other and with the members and their families. We are very grateful to them for their input and suggestions – they spend the most time with the members and know them best!

Give up on our hobbies because of
dementia ...?

We don't think so!



They, like the trustees, get a great sense of satisfaction from the work we do to improve people's lives and help them to live well with dementia. The lead-volunteer role is an important one and we thank Heather and Sheelagh for their work.

Most of our volunteers work with the members but we were delighted to welcome Deryn (Thornalley) to the administrative side of the organisation. She produces an excellent newsletter, collates the invoices and completes many other useful jobs.

Penny (Wallace), a former trustee, helped with training as well as ideas on the operational side. We were sorry that Penny felt unable to continue with her volunteering role due to health reasons. We thank her for her contribution.

The trustees are so grateful to all our volunteers and are fully aware that Chrysalis could not function in its present form without this great band of people.

"Your sessions are lovely, and it's all down to the volunteers who really are engaging. They try to normalise things so there's no differentiation between members and volunteers, so no hierarchy. So, everyone is comfortable and joins in."

– Carer

Give up on our hobbies because of
dementia ...?

We don't think so!



Our Employees

Most of you will have met Gina (Marrow) who is our lead co-ordinator and manages the organisation; she seems tailor made for the job - her enthusiasm, efficiency and dedication to Chrysalis is a joy for the trustees. She began by working too many voluntary hours but gradually we are building a team to support her. Gina took on some of the marketing duties and as usual has made a sterling job of it, attracting new members, carers and volunteers, as well as attracting new fundraisers and raising the profile of Chrysalis.

Mel (Hopwood) was/is our pottery tutor and has been associated with Chrysalis for 10 years+. We were delighted when she successfully applied for two part-time roles. She does admin, caretaking and carer support. She is efficient, willing and an asset to the organisation and has taken the carer support project to a new level.

Janet (Brook) was already a familiar face, and we were delighted that she took on the role of organising trips and outings. She has great imagination and her ideas have included the pantomime, the alpacas, as well as cinema and theatre trips and healthy walks. This year she accepted the opportunities of Co-ordinator for the Friday sessions as well as Co-ordinator for the outreach at Wylam The work that Janet does enhances what Chrysalis has to offer.

The trustees are aware of the high standard of work our staff achieve and we are very grateful for their dedication and commitment to Chrysalis. It is a happy efficient team, which reflects well onto the members and carers and creates a lovely atmosphere at the centre.

***"We feel blessed to have such wonderful staff who
show such dedication to Chrysalis."***

- Trustee

Give up on our hobbies because of
dementia ...?

We don't think so!



Our Board

Our board is made up of about 6 volunteer trustees. All have had personal experience of dementia in some way. We have experts in various fields – finance, legal, fund-raising, social work etc. We work together as a team very well and because Chrysalis is such a positive environment, those who can, work on the operational side too. This year has seen great growth and a feeling of establishing Chrysalis in the community for the board; we are proud of how we have grown and adjusted after the pandemic and in taking on the lease of our own premises, whilst always adhering to our values and keeping the quality of our services to the families.

As Chair I feel supported by the other trustees immensely. David, our Treasurer and Vice-chair, spends countless hours on our finances and has everything ship-shape



for the external Auditors. His other skills include DIY, management issues and problem solving.

Sheelagh leads on the Intergenerational Project, which her teaching experience makes her perfect for. She represents the volunteers at board level. Her other skills include looking after the plants and the outside space; she also is lead-volunteer at the sessions on Wednesday afternoons and knows the members and the

volunteers very well indeed.

Liz leads on the Prudhoe/Wylam District Project, and she has helped make this very popular; people feel well supported at this venue. Liz, as a qualified Physiotherapist working for the NHS, sometimes runs fitness sessions with our members and is an expert on movement; she delivers training to the volunteers sometimes.

Mike is a carer and is knowledgeable about carers' rights, information and relevant contacts. Mike helps run the carers' group and runs the young people's group. His skills include DIY, helping with trips out and raising money for Chrysalis!

Our newest trustee is Elisabeth (Wilson) who was voted onto the board after the stated year; she is a former carer and already aware of what Chrysalis provides. Elisabeth's skills include organisation work, knowledge of members' and carers' issues and helping with operational work.



Give up on our hobbies because of
dementia ...?

We don't think so!



As Chair I apply for most of the funding, oversee the organisation and support the staff and volunteers as necessary. I problem solve and often have the vision for development ideas and enjoy taking them forward.

Chrysalis would not function without the dedicated support and enthusiasm of the trustees, and I am extremely grateful to them all.

Your service is second to none!

Give up on our hobbies because of
dementia ...?

We don't think so!

Our Tutors



At Chrysalis we seem to attract lovely people, whether they be members, carers, volunteers, tutors or supporters. Our tutors try to balance giving the members a bit of a challenge and trying not to make things too hard. Most are local self-employed, small business owners and we are pleased to support them. They are always willing to 'go the extra mile' in order to give our members a happy fun-filled session and if possible, create something they can take home.

session content, which, combined with Gina's input, ensures they are happy, relaxed, non-patronising sessions. If we can add a bit of learning too, we are happy.

Our tutors provide a wide range of activities from art and crafts to music, sport to indoor gardening, pottery to local speakers. This year we have attracted two new tutors; they delivered sessions in dance and yoga.

If we are considering a new tutor, we meet with them to ensure they are familiar with the criteria. A lot of thought goes into the



The atmosphere in the room was joyful and attentive. It was a pleasure to be working with you all.

– Tutor

Give up on our hobbies because of
dementia ...?

We don't think so!



Our Club Ethos

When someone becomes a Chrysalis member, the whole family is involved. This means everyone can be part of the club, contribute, have a say, and see how the person they care about is getting on. Family members/carers can take part in sessions, take time out, or get involved - even if they are at a distance or at work all day. We are here to help anyone in the family at any stage of the journey, from pre-diagnosis onwards. We are proud to have a successful project supporting carers after they are bereaved, or their partner has had to go into residential care.

The very nature of our organisation and the fact we mostly support older people means that sadly we have to deal with the death of some of our members and carers. The volunteers, who have made close friendships with the members are naturally upset; we try to say that they have made people's lives better, even if it has been for a short time.

Sadly, this year we had to say fond farewells to:

Minnie Ross
Bob Dodd
Marian Oliver
Freda Grant
Harry Holtby
John Suddes
Barbara Burns
Bernice Archer
Peter Black
Terry Stow



Some of the families asked for donations in lieu of flowers to go to Chrysalis; we are so grateful to them for thinking of us at such a sad time. We hope it means we are doing a good job for them.

Thank you to all of you at Chrysalis...

...You gave mum and dad so much support...

...and helped to make some happy memories.

- Family member

Give up on our hobbies because of
dementia ...?

We don't think so!



Our Funders

Chrysalis Club Tynedale is not funded by statutory services and is completely dependent on contributions from donors, members fees and hirers of our premises. We are coming to the end of our generous funding by the Tudor Trust, who enable us to employ our Lead Co-ordinator.



*Ellie & Maddey - Two of our great supporters running the
Great North Run in 2024 for us*

The Tudor Trust have been a continued supporter to Chrysalis over a period of about 8 years and have allowed Chrysalis to take forward development ideas. We are also using funds from organisations administered through The Community Foundation such as If Only, The Prime Fund, Newcastle Building Society. We received funding from Bernicia for our Wylam Project.

We are also supported by Ballinger, The Joicey Trust, The Community Fund, Social Enterprise Support Fund, The Big Lottery, The

Screwfix Foundation and the Masons. We are grateful to all the trust funds who support us.

This year we were involved in several excellent fundraising events including The Tynedale Gift Fair, a ceilidh, and we ran a Book evening ourselves.

The ceilidh was run jointly with The Charlotte Straker Project in Corbridge. Great fun was had by all and it was well attended. Our volunteer Senga addressed the Haggis.



Give up on our hobbies because of
dementia ...?

We don't think so!



Tynedale Gift Fair is a lovely Christmas Fair held at Hexham Mart. There are high quality stalls from which local small businesses sell their produce. There is a lovely atmosphere and they kindly put on a 'quiet hour' for our members and carers to browse at their ease. They are continuing with this in 2024 and we are grateful for the £2,500 donation to Chrysalis as well as their interest and subsequent action for people with dementia.

The Geordie Chapter supported us once again with a bike ride through Hexham and we followed this up with a coffee morning. Friends of Chrysalis could have their picture taken with one of the magnificent Harleys.



We rather ambitiously decided to run a book evening instigated by our lovely patron the author Mari Hannah. She very generously called in some favours and recruited Ann Cleeves to join her on stage. The evening was facilitated by Chris Jackson (of TV fame). The local community supported us by providing raffle and auction prizes, attending the evening, buying raffle tickets, and bidding for auction items. The evening was great fun as well as very successful as we raised almost £9,000.



Thanks go to Hexham Mart for their generosity. As well as raising money the evening raised awareness of Chrysalis and raised our profile. This was a new direction for Chrysalis, as we hadn't done anything like it before; it took a lot of organising (and

thanks to all the trustees, staff and volunteers who went above and beyond) but because it was so successful it has given us the confidence to do something like this again in the future.

Give up on our hobbies because of
dementia ...?

We don't think so!



We are very grateful for the generosity of family members past and present for their personal donations and help at fundraising events. Several of our volunteers have also supported us through their own successful fundraising initiatives.

Chrysalis is working towards becoming sustainable, so we are not so reliant on trust funding; this takes time though especially after the knock that COVID took to our finances.

We are grateful to everyone who has thought of Chrysalis and raised money for us in various ways, sometimes at the saddest time of their life when a loved one dies. Most of our running costs are funded, although we do subsidise the carers project, the counselling and the hardship fund. With the money raised through donations we are able to provide treats for our members and carers. It may be a yummy cake for someone's birthday, or a free lunch out on a trip, or some much needed equipment to make a session more fun.

Give up on our hobbies because of
dementia ...?

We don't think so!



Coming Soon

We would like to thank our runners in this years' Great North Run for undertaking this huge challenge and supporting Chrysalis. We are also grateful to the Tynedale Lions for making us a recipient of their beer festival charitable support this year and to Haydon Bridge Festival who have chosen us as their principal charity for this year.

A graphic with the text "Thank you" in a large, black, cursive script font. Below it is a pink ribbon banner with the words "FOR YOUR SUPPORT" in white, uppercase, sans-serif font.

Thank you
FOR YOUR SUPPORT

Give up on our hobbies because of
dementia ...?

We don't think so!

A Final Thankyou...

Chrysalis requires a huge amount of dedication and work to keep it running to the extremely high standard we strive for. We all love being part of it and get enormous satisfaction from our individual contributions, which all combine to make our organisation as fantastic as it is. Of course, we also have a lot of fun too!!



None of it would be possible without the fantastic help of our supporters, staff and volunteers, and the board.

Thanks to everyone for their ongoing support and dedication.

Give up on our hobbies because of
dementia ...?

We don't think so!



Chrysalis Club
Tynedale



Chrysalis at Tynedale: remembering to enjoy life
www.chrysalis-tynedale.org.uk

CIO No. 1166880
Registered in England

Profit and Loss

Chrysalis at Tynedale CIO 1166880
For the year ended 31 March 2024



Account	31-Mar-24	General	BERNICIA FOUNDATION	If Only Fund	Masonic grant	Newcastle Building Society	Pargiter Trust	Prime Fund	Screwfix Foundation	SESF	Suez Communities Trust	The Ballinger Charitable Trust	Tudor Trust	UnLtd “The Social Enterprise Support Fund”	Winter Family Fund
Income															
Donations	£ 7,472.97	£ 7,472.97	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Events and Trips	£ 4,223.51	£ 4,223.51	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Fundraising	£ 5,790.89	£ 5,790.89	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Gift Aid Claimed	£ 1,091.54	£ 1,091.54	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Gift aid donations	£ 3,767.54	£ 3,767.54	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Other income	£ 20.00	£ 20.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Restricted trust fund income	£ 40,453.00	£ -	£ -	£ 1,449.00	£ -	£ -	£ -	£ 5,000.00	£ -	£ -	£ -	£ 10,000.00	£ 24,004.00	£ -	£ -
Room Hire	£ 7,521.00	£ 7,521.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Session Fees	£ 24,758.00	£ 24,758.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Sponsorship	£ 500.00	£ 500.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Total income	£ 95,598.45	£ 55,145.45	£ -	£ 1,449.00	£ -	£ -	£ -	£ 5,000.00	£ -	£ -	£ -	£ 10,000.00	£ 24,004.00	£ -	£ -
Direct costs															
Care and support services	£ 985.50	£ 985.50	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Counselling Services	£ 112.50	£ 112.50	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Direct wages	£ 44,315.76	£ 1,583.67	£ 625.74	£ -	£ -	£ 104.00	£ 6,382.35	£ 7,096.65	£ -	£ 9,640.03	£ -	£ -	£ 18,883.32	£ -	£ -
Fundraising costs	£ 496.00	£ 496.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Hardship subsidised session fees	£ 15.00	£ 15.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Materials	£ 2,426.46	£ 1,910.92	£ 171.61	£ 322.09	£ -	£ 21.84	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Rent & Room Hire	£ 12,330.00	£ 9,388.00	£ 192.00	£ 350.00	£ -	£ 600.00	£ 1,800.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Trips and events	£ 3,192.49	£ 800.40	£ 785.35	£ -	£ 452.44	£ 1,059.30	£ -	£ -	£ -	£ 95.00	£ -	£ -	£ -	£ -	£ -
Tutor fees	£ 8,720.00	£ 8,000.00	£ 400.00	£ 320.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Volunteer Expenses	£ 3,656.40	£ 1,857.20	£ -	£ 40.00	£ -	£ 36.80	£ 18.40	£ -	£ -	£ 18.40	£ -	£ -	£ 1,685.60	£ -	£ -
Total direct costs	£ 76,250.11	£ 25,149.19	£ 2,174.70	£ 1,032.09	£ 452.44	£ 1,821.94	£ 8,200.75	£ 7,096.65	£ -	£ 9,753.43	£ -	£ -	£ 20,568.92	£ -	£ -
Gross surplus	£ 19,348.34	£ 29,996.26	-£ 2,174.70	£ 416.91	-£ 452.44	-£ 1,821.94	-£ 8,200.75	£ 2,096.65	£ -	-£ 9,753.43	£ -	£ 10,000.00	£ 3,435.08	£ -	£ -
Administrative Costs															
Audit & Accountancy fees	£ 692.40	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ 692.40	£ -	£ -
Bank Charges	£ 189.56	£ 189.56	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Cleaning & PPE	£ 423.66	£ 423.66	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Depreciation Expense	£ 4,901.67	£ 2,023.06	£ -	£ -	£ 211.77	£ -	£ -	£ -	£ 746.17	£ 111.83	£ 1,614.14	£ -	£ -	£ 194.70	£ -
Employers National Insurance	£ 3,257.01	£ 4.41	£ 6.85	£ -	£ -	£ -	£ 287.53	£ 319.79	£ -	£ 990.82	£ -	£ -	£ 1,647.61	£ -	£ -
Equipment costs	£ 450.99	£ 110.51	£ 332.88	£ 7.60	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Events	£ 618.13	£ 618.13	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
General Expenses	£ 44.86	£ 44.86	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Gifts	£ 64.97	£ 64.97	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Governance costs	£ 220.50	£ 20.50	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ 200.00	£ -	£ -
Insurance	£ 327.26	£ 207.26	£ 120.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Interest Paid	£ 10.27	£ 10.27	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
IT Software and Consumables	£ 0.99	£ 0.99	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Legal Expenses	£ 623.60	£ 623.60	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Light, Power, Heating	£ 6,587.75	£ 5,919.78	£ -	£ 100.00	£ -	£ -	£ -	£ -	£ -	£ 567.97	£ -	£ -	£ -	£ -	£ -
Marketing & Publications	£ 2,018.24	-£ 64.83	£ 1,620.00	£ -	£ -	£ -	£ -	£ -	£ -	£ 463.07	£ -	£ -	£ -	£ -	£ -
Pensions Costs	£ 1,276.54	£ 1.50	£ 2.68	£ -	£ -	£ -	£ 206.29	£ 198.07	£ -	£ 301.50	£ -	£ -	£ 566.50	£ -	£ -
Postage, Freight & Courier	£ 133.43	£ 133.43	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Printing & Stationery	£ 711.01	£ 361.96	£ 200.00	£ 50.00	£ -	£ -	£ -	£ -	£ -	£ 99.05	£ -	£ -	£ -	£ -	£ -
Rates	£ 280.69	£ 280.69	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Refreshments	£ 1,071.85	£ 944.49	£ 11.85	£ -	£ -	£ 113.51	£ -	£ -	£ -	£ 2.00	£ -	£ -	£ -	£ -	£ -
Repairs & Maintenance	£ 546.22	£ 546.22	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
Telephone & Internet	£ 1,818.40	£ 1,380.70	£ -	£ 25.00	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ 412.70	£ -	£ -
Transport & Travel - National	£ 583.53	£ 401.89	£ 39.84	£ -	£ -	£ 101.40	£ -	£ -	£ -	£ 40.40	£ -	£ -	£ -	£ -	£ -
Total Administrative Costs	£ 26,853.53	£ 14,247.61	£ 2,334.10	£ 182.60	£ 211.77	£ 214.91	£ 493.82	£ 517.86	£ 746.17	£ 2,576.64	£ 1,614.14	£ -	£ 3,519.21	£ 194.70	£ -
Net surplus/(deficit)	-£ 7,505.19	£ 15,748.65	-£ 4,508.80	£ 234.31	-£ 664.21	-£ 2,036.85	-£ 8,694.57	£ 2,614.51	-£ 746.17	-£ 12,330.07	£ 1,614.14	-£ 10,000.00	£ 84.13	-£ 194.70	£ -
Opening reserves	£ 134,610.83	£ 91,437.29	£ 2,466.70	£ 5,499.62	£ -	£ 2,033.78	£ 3,869.11	£ 7,737.71	£ 5,354.26	£ 8,613.31	£ -	£ -	£ 6,114.11	£ -	£ 1,484.94
Transfers	£ -	-£ 6,967.41	£ 2,042.10	£ 664.21	£ 3.07	£ 4,825.46	-£ 4,608.09	£ 3,716.76	£ 1,614.14	£ -	£ -	£ -	£ 194.70	-£ 1,484.94	£ -
Closing reserves	£ 127,105.64	£ 100,218.53	£ -	£ 5,733.93	£ -	£ 0.00	£ -	£ 5,123.20	£ -	£ -	£ -	£ 10,000.00	£ 6,029.98	£ -	£ -

Approved by the board on 08 July 2024

Rosie Robson
Chairperson

David Greenwood BA Hons FCCA
Treasurer

Balance Sheet

Chrysalis at Tynedale CIO 1166880

As at 31 March 2024

Account	31 Mar 2024	31 Mar 2023
Fixed Assets		
Tangible Assets		
Computer Equipment	1,091.99	1,091.99
Computer Equipment Accumulated Depreciation	(847.12)	(381.87)
Leasehold Improvements	21,269.57	16,589.57
Leasehold Improvements Accumulated Depreciation	(6,530.54)	(2,910.49)
Office Equipment	3,497.95	3,491.96
Office Equipment Accumulated Depreciation	(1,680.75)	(864.38)
Total Tangible Assets	16,801.10	17,016.78
Total Fixed Assets	16,801.10	17,016.78
Current Assets		
Cash at bank and in hand		
Cash in Hand	632.26	178.48
HSBC Business Current Account .	118,163.87	133,976.77
Total Cash at bank and in hand	118,796.13	134,155.25
Accounts Receivable	839.00	660.50
Prepayments	14.39	57.56
Total Current Assets	119,649.52	134,873.31
Creditors: amounts falling due within one year		
Accounts Payable	4,044.98	7,119.24
Accruals	88.00	4,725.84
PAYE Payable	1,828.63	1,112.53
Pensions Payable	215.23	306.27
Rounding	0.05	0.90
Wages Payable - Payroll	2,918.09	4,014.48
Total Creditors: amounts falling due within one year	9,094.98	17,279.26
Net Current Assets (Liabilities)	110,554.54	117,594.05
Total Assets less Current Liabilities	127,355.64	134,610.83
Creditors: amounts falling due after more than one year		
Damage bonds	250.00	0.00
Total Creditors: amounts falling due after more than one y	250.00	0.00
Net Assets	127,105.64	134,610.83
Capital and Reserves		
Designated funds	40,000.00	45,000.00
Funds ringfenced for new premises	60,000.00	0.00
Restricted funds	26,887.11	46,473.54
Retained Earnings	218.53	43,137.29
Total Capital and Reserves	127,105.64	134,610.83



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
Chrysalis at Tynedale CIO

**On accounts for the year
ended**

31 March 2024

**Charity no
(if any)**

1166880

Set out on pages

Appendix 1 to the annual report

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2024.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

19/08/2024

Name:

Vicky Copp

**Relevant professional
qualification(s) or body
(if any):**

Senior Accounts Manager
NSA UK Ltd

Address:

Tyne Car Terminal

Jarrow Slake

South Shields NE34 9PN

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Accounts



Chrysalis Club

Tynedale

Chrysalis at Tynedale Charitable Incorporated Organisation

Annual report

For the year ended 31 March 2023

Registered Number 1166880 Registered in England

Give up on our hobbies because of
dementia ...?

We don't think so!



Contents

Our Aim

Chrysalis is a club for people with memory problems or dementia, their family and friends, and volunteer supporters. Members with dementia enjoy tutored activities and days out with one-to-one support. Family members get sensitive support and time out of the daily routine. We hope to change some perceptions of dementia by focusing on similarities, rather than differences.

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Give up on our hobbies because of
dementia ...?

We don't think so!



THE EARLY YEARS...

We formed Chrysalis at Tynedale in 2009 when a successful art class for people with dementia came to an end. The members of the class and their families wanted it to continue. In focusing on individuals and their abilities, they felt it fulfilled a need that was not being met by standard day care services.

The group joined together with three people with extensive management experience in specialist dementia care, and Chrysalis was born. We are incredibly grateful to the founder members for their ideas, which have led to the uplifting activity and support group we have today. These members chose the name Chrysalis as they felt it was a new opportunity, a new beginning for them.

We have gone from strength to strength, steadily building up our membership of people with dementia and their families. We have reached hundreds of people, providing a range of tutored activities each week, and responding to new ideas suggested by members. If it is possible, we will do it!

Along the way, we have learned more about dementia and families' needs and recruited a skilled band of volunteers. We held our 10year anniversary party in 2019.

We became a charitable incorporated organisation, were awarded funding, gained our own premises and now enjoy wide recognition for what we do. And we have had lots of fun too! The founder members of Chrysalis are pictured below.



Give up on our hobbies because of
dementia ...?

We don't think so!



LATEST NEWS

COVID was a real challenge for Chrysalis as for most organisations. Finally, we feel we are overcoming the effects lockdown had on families living with dementia. The lasting effects are that people (not just Chrysalis members) have changed their attitudes to socialising. This has been a challenge for all organisations including Chrysalis.



Having taken on the lease of our very own premises, for the first time, in 2021 the trustees worked hard to re-furbish it. We feel we have now turned the Centre into a warm welcoming space which is functional for Chrysalis.

We have carried on with the improvements through 2021-2022 and had electrical work and an improved gas heating system fitted.

These were funded by Egger, Screwfix Foundation and SESF. We also improved the storage, fitted new windows and an entrance door. We got some funding from The Masons for some blinds and were donated a television stand.

All these improvements have helped to make the Centre a functional place, which in turn makes the volunteers life easier, makes them more relaxed and able to support members to the best of their ability. It also means all the rooms are warm, making it comfortable for members and carers, and we are not spending so much on utility bills. It is good, in this day and age, to make your building as efficient as possible.

Both Gina and Mel have taken a huge amount of work from the trustees and enable us to develop the service offered and enhance what we provide.

Give up on our hobbies because of
dementia ...?

We don't think so!



Enjoying a spot of gardening



One of the challenges for a small local organisation like Chrysalis is getting ourselves recognised in the wider community, especially with a small marketing budget. This has always been a challenge for us. Having larger numbers in sessions benefits everyone.

There is more of a buzz in the sessions for the members, the volunteers find it easier as members often strike up conversations between themselves (something we encourage) it is also good for Chrysalis' finances.

Whilst all these things count, we also feel there are families out there who would benefit from what we offer.

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This year we have surpassed all expectations and managed to attract an amazing 43 new members and 15 new subscribers, we have also helped over 12 people by phone or face to face contact. This is fantastic for Chrysalis and for the families. It is largely to do with improving, updating and enhancing the website and social media.

Gina our lovely co-ordinator worked so hard on both. Sorting out the website was very satisfying for us, as we had been given varying advice from experts, some advice was going to cost large sums of money.

It is now easy to access information and the website is very user friendly. New people can 'subscribe' to our newsletters and timetables, this is a soft introduction to Chrysalis. Another thing to be proud of is we have recruited 20 new volunteers which is excellent as they are a crucial part of Chrysalis. Another pleasing item from this year is the recruitment of three new tutors. New people are beneficial as they bring new ideas and help to keep Chrysalis fresh.



We are always aware that having too many members at a session can make the atmosphere too noisy and busy, which is confusing for people with dementia. So once again it is a balancing act for us!

***"Thank you for taking
such good care of her,
she really enjoys your
sessions".***

Family member

In May 2022 we were successful in receiving over £30,000 in funding from SESF & Lottery. This was for marketing and making Chrysalis more sustainable. With this money we employed Lucy and promoted ourselves more. Part of this was the work done on the website. Lucy has since moved on and we thank her for her work and wish her well in her new post.

Janet, who was already known to us took on the role of Trips Co-ordinator and has made a good job of this new post. She has had imaginative ideas and has run over 20 trips and outings. This is an opportunity for couples (and single people) to socialise in the wider community with some subtle support.

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Chrysalis has always been passionate in supporting the whole family and supporting carers or partners has been enhanced this year. We received funding for a specialised carer support worker in January 2021 and were lucky to employ Mel, who was/is our pottery tutor.

Thank you again for all your help and support, what would we do without Chrysalis?

- Carer

Mel supports carers in phone calls, the support group, the carers information course and in person. She also supports After Carers by encouraging social interaction and organised trips, this helps carers who have been bereaved to get back out in the community. Mel is supported by Liese a trained counsellor, this makes a rounded support network for carers.

In February we organised and ran a carers information course. This is mainly for new carers, and we have speakers each week who are specialists in their area of expertise. They included psychiatrists, solicitors, occupational therapists and many more. The carers leave feeling more confident and they have lots of contact details to use when the need arises.

Chrysalis took a big step forward when we introduced all-day sessions to members who were very settled within the club, and we felt would benefit from a whole day. The members bring their own packed lunch and have a separate support team over lunchtime. As well as the members benefitting, the carers get a whole day for some respite which they enjoy.

Thanks for keeping in touch.

- After-carer member

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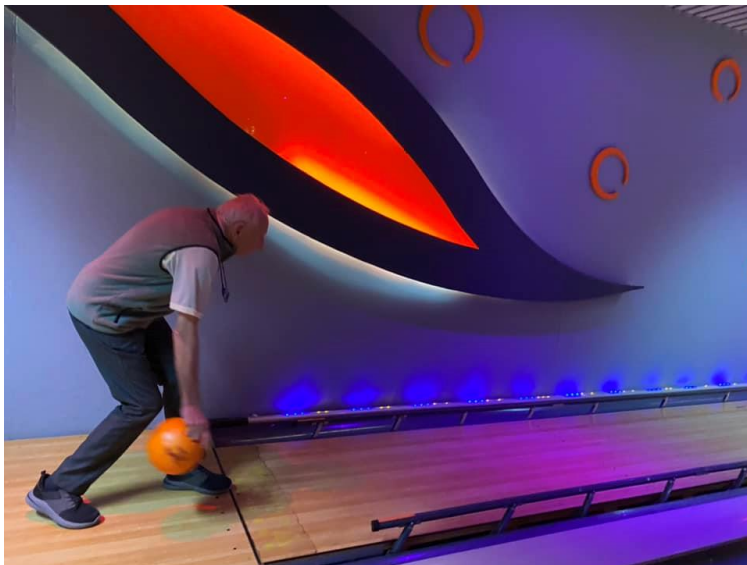


Specialised groups

While our main work revolves around supporting people over 65 in our Centre at Hexham, we have other smaller projects running alongside this.

The Wylam out-reach remains a small and happy group. It is held at St Oswins Church Hall, which is a lovely light, welcoming hall. The numbers have fluctuated but we now have some new members and are hoping to increase the offering to twice a month.

This project is fronted by Liz who is a trustee. The members have enjoyed accessible bike rides, trips out to include an ice cream parlour, as well as sessions at St Oswins. Liz makes a good job of this project and is very committed to a successful group in this area.



The young people's group has ticked along, ably run by Mike, one of our trustees. People under 65 with dementia are a very marginalised group and we received some funding from Newcastle Building Society to set up a specific group.

They have enjoyed some days out 10 pin bowling, some social lunches and some trips. They also had a session of drumming which is always very popular. They have a trip to Beamish planned for next year.

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The Intergenerational Project had to be put on hold because of the large number of COVID cases in schools. We managed to resume this lovely project in the stated year, partnering with Chollerton First School. Chrysalis and this school have similar values and they are a joy to work with. In the stated year they produced pottery butterflies and plant displays to decorate the outside of the building.



I loved being with you all and doing activities with you, I hope the next year 4's will love Chrysalis Club as much as I did.

– Pupil from IGP group

The children work with members, supported by a volunteer, and games and activities are designed to cement friendships.



Our trustee Sheelagh leads this project very well indeed, her past experience in teaching means she is well equipped for the job, her people skills with the children and the members are fantastic.

Because the pottery was not quite finished by the end of term, we invited the children and members back in August to show them their finished products. The day was a great success, and it was nice for us to meet their

parents and grandparents. This project is funded by If Only... Fund.

Chrysalis at Tynedale: remembering to enjoy life
www.chrysalis-tynedale.org.uk

CIO No. 1166880
Registered in England

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OUR CLUB ETHOS

When someone becomes a Chrysalis member, the whole family is involved. This means everyone can be part of the club, contribute, have a say, and see how the person they care about is getting on. Family members/carers can come to sessions, take time out, or get involved - even if they are at a distance or at work all day. We are here to help anyone in the family at any stage of the journey, from pre-diagnosis onwards. We are proud to have a successful project supporting carers after they are bereaved, or their partner has to go into residential care.

The very nature of our organisation and the fact we mostly support older people means that sadly we have to deal with the death of some of our members and carers. The volunteers, who have made close friendships with the members are naturally upset, we try to say that they have made people's lives better, even if it has been for a short time.

Sadly, this year we had to say fond farewells to:

Jean Donald
Jean Elphic
Joyce Greensides
Edward Bird
John Stubbes
Josie Robson

Some of the families asked for donations in lieu of flowers to go to Chrysalis; we are so grateful to them for thinking of us at such a sad time. We hope it means we are doing a good job for them.



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SUPPORTING FAMILIES

During 20-21 our carers (family members) needed more support than ever. During lockdown they became very isolated living with someone whose communication was waning. It became their sole responsibility to stimulate and motivate their partner while receiving very little support themselves. Some carers suffered bereavement (sometimes in very sad circumstances) while being unable to gain support from family and friends because of restrictions.

Because of this the Trustees made the decision to make our carer support more structured and were awarded some funding to employ a dedicated Carer Support Co-ordinator. Mel has made a great success of this project and I think all carers would agree she is well suited to the job.

We now hold a carer support group once a month, this is also open to carers whose partner does not attend Chrysalis. Mel phones around carers just to make sure they are alright on a regular basis. This year we held a very successful Carer's Information Course supporting almost 20 carers. The professional speakers gave their time willingly and we had good feedback about the course.

Peer support is very important for carers, and this is available at every session once the member is settled and happy to be separated from their partner.

Last year we set up an 'after-carers' group. This is now well established. Mel facilitates this very well and the group have had lunches together, walks and trips out. This helps them to get back out into the wider community, some need a confidence boost after putting their life on hold whilst caring. We hope this means carers are supported pre-diagnosis until they no longer need us.

Dementia Carers' Information Course

Free 6 week course for carers of
people with dementia

Booking form and further details from:
info@chrysalisclub.org.uk
01434 408080

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OUR VOLUNTEERS

Chrysalis is always amazed at the high standard of our volunteers. This happy willing band of people come to Chrysalis with one thing only in mind – to give the members the best time possible! Their dedication, empathy and determination to 'get it right' for our members is breath-taking.

As Chrysalis has grown so has our professionalism and the current volunteers have been willing partners in this. The present team, some of whom are young adults, take their volunteering role seriously.

All volunteers do a safe-guarding course either on-line or in person; they provide us with references and complete a DBS check. Gina is very good at organising the sessions and the volunteers enjoy knowing exactly what is expected of them. Matching members to volunteers is quite an art and needs attention to detail.



A Christmas treat for our volunteers.



Making members happy and able to gain the most enjoyment out of a session is always our primary goal. For the students we provide references and a record of placement details to anyone who requires it. We currently have around 35 volunteers, 20 of these have been recruited in the stated year, which is a huge achievement.

The volunteers are supported by training, forums, guidance and information. They enjoy the social element both with each other and with the members and their families.

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They, like the trustees, get a great sense of satisfaction from the work we do to improve people's lives and help them to live well with dementia. This year we have re-instated the system of a lead-volunteer and we thank Heather and Sheelagh for taking up this important role.

The trustees are so grateful to our volunteers and are fully aware that Chrysalis could not function in its present form without this great band of people.

Your sessions are lovely, and it's all down to the volunteers who really are engaging. They try to normalise things so there's no differentiation between members and volunteers, so no hierarchy. So, everyone is comfortable and joins in.

– Carer

OUR EMPLOYEES

Most of you will have met Gina (Marrow) who is our lead co-ordinator; she seems tailor made for the job - her enthusiasm, efficiency and dedication to Chrysalis is a joy for the trustees. She began by working too many voluntary hours but gradually we are building a team to support her. This year Gina has taken on some of the marketing duties and as usual has made a sterling job of it, attracting new members, carers and volunteers, as well as attracting new fundraisers and raising the profile of Chrysalis.

Mel (Hopwood) was/is our pottery tutor and has been associated with Chrysalis for 10 years+. We were delighted when she successfully applied for two part-time roles. She does admin, caretaking and carer support. She is efficient, willing and an asset to the organisation and has taken the carer support project to a new level.

Janet (Brooke) was already a familiar face, and we were delighted that she took on the role of organising trips and outings. She has great imagination and her ideas have included the pantomime, the alpacas, as well as cinema and theatre trips and healthy walks. The work that Janet does enhances what Chrysalis has to offer.

Lucy Guthrie worked with us for a short time, Lucy had good people skills and was popular with the families. We thank her for the work that she did for Chrysalis.

It was a really good and well organised morning!

- carer

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OUR BOARD

Our board is made up of about 6 volunteer trustees. All have had personal experience of dementia in some way. We have experts in various fields – finance, legal, fund-raising, social work etc. We work together as a team very well and because Chrysalis is such a positive environment those who can, work on the operational side too. This year has seen great growth and a feeling of establishing Chrysalis in the community for the board; we are proud of how we have grown and adjusted after the pandemic and in taking on the lease of our own premises, whilst always adhering to our values and keeping the quality of our services to the families.

As Chair I feel supported by the other trustees immensely. David, our Treasurer, spends countless hours on our finances and has everything ship-shape for the external Auditors. His other skills include DIY, management issues and problem solving. Sheelagh leads on the Intergenerational Project, which her teaching experience makes her perfect for. Her other skills include looking after the plants and the outside space; she also is lead-volunteer at the sessions on Wednesday afternoons and knows the members and the volunteers very well indeed.



Liz leads on the Prudhoe/Wylam District Project, and she has helped make this very popular; people feel well supported at this venue. Liz, as a qualified Physiotherapist working for the NHS, sometimes runs fitness sessions with our members and is an expert on movement; she delivers training to the volunteers sometimes.

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Mike is our newest trustee; he is a carer and is knowledgeable about carers rights, information and relevant contacts. Mike helps run the carers' group and runs the young people's group. His skills include DIY, helping with trips out and raising money for Chrysalis!

As Chair I apply for most of the funding, oversee the organisation and support the staff and volunteers as necessary. I problem solve and often have the vision for development ideas and enjoy taking them forward.

Chrysalis would not function without the dedicated support and enthusiasm of the trustees, and I am extremely grateful to them all.

Your service is second to none!

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OUR TUTORS

At Chrysalis we seem to attract lovely people, whether they be members, carers, volunteers, tutors or supporters. Our tutors try to balance giving the members a bit of a challenge and trying not to make things too hard. Most are local self-employed, small business owners and we are pleased to support them. They are always willing to 'go the extra mile' in order to give our members a happy fun-filled session and if possible, make something they can take home.



If we are considering a new tutor, we meet with them to ensure they are familiar with the criteria. A lot of thought goes into the session content, which, combined with Gina's input, ensures they are happy, relaxed, non-patronising sessions. If we can add a bit of learning too, we are happy.

Our tutors provide a wide range of activities from art and crafts to music, sport to indoor gardening, pottery to local speakers. This year we have attracted three new tutors, they deliver sessions in art, music and carpet bowls.

The atmosphere in the room was joyful and attentive. It was a pleasure to be working with you all.

– Tutor

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OUR FUNDERS

Chrysalis Club Tynedale is not funded by statutory services and is completely dependent on contributions from donors, members fees and hirers of our premises. We are generously funded by the Tudor Trust, who enable us to employ our Lead Co-ordinator.

The Tudor Trust have continued to support us with development ideas. We are also using funds from organisations administered through The Community Foundation such as If Only..., the Prime Fund, Newcastle Building Society. We received funding from Bernicia for our Prudhoe Project. We are also supported by Ballinger, The Joicey Trust, The Community Fund, Social Enterprise Support Fund, The Big Lottery, The Screwfix Foundation and the Masons. We are grateful to all the trust funds who support us.

This year individuals really stepped-up raising money for Chrysalis and we had an amazing year for people fundraising for us in the community. Mike Pottage one of our trustees organised a sponsored cycle ride from Land's End to John O'Groats gaining a huge amount of sponsorship.

He 'persuaded' his two cycling companions to also ask friends to sponsor them and between them raised a whopping £10K.

Mike was walking somewhat stiffly the week after the event and had gone off bananas!! But was still smiling and I think secretly proud of the enormous amount of money they made (and quite right too!!).



Kirk Barclay organised a Family Fun Day for us which was connected to the Masons and held at The Masonic Hall, this raised an amazing £5K and resulted in lots of people having fun.

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The Geordie Chapter ran a sponsored Harley Davidson motorbike ride round the perimeter of Wales. They also ran raffles and barbeques for us.

Rosie attended the celebration when they returned to Gateshead and the lovely sound of 50 Harleys pulling into the Harley Garage was lovely. What was even more lovely was ... they raised around £10K for Chrysalis – amazing.

They are coming on their beautiful bikes in September to raise a bit more money at a coffee morning.

It is a great feeling to be supporting a local charity that we know does so much good.

- Geordie Chapter member

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dementia ...?

We don't think so!



The Tynedale Gift Fair chose Chrysalis as their charity of the year and not only did they raise money for us, but they also opened the Fair an hour earlier to give Chrysalis members and carers a 'quiet hour' which was popular. Not only did they raise £2.5K for Chrysalis, but they have also chosen us as their charity again this year.



A carer completed a sponsored walk along The Chiltern Way in memory of her father raising some very welcome money for Chrysalis.

We are very grateful for the generosity of family members past and present for their personal donations and help at fundraising events. Several of our volunteers have also supported us through their own successful fundraising initiatives.

We are grateful to everyone who has thought of Chrysalis and raised money for us in various ways, sometimes at the saddest time of their life when a loved one dies. Most of our running costs are funded but with the money raised through donations we are able to buy treats for our members. It may be a yummy cake for someone's birthday, or a free lunch out on a trip, or some much needed equipment to make a session more fun.

Thank you, supporters!

Give up on our hobbies because of
dementia ...?

We don't think so!



A FINAL THANK YOU...

Chrysalis requires a huge amount of dedication and work to keep it running to the extremely high standard we strive for. We all love being part of it and get enormous satisfaction from our individual contributions, which all combine to make our organisation as fantastic as it is. Of course, we also have a lot of fun too!!

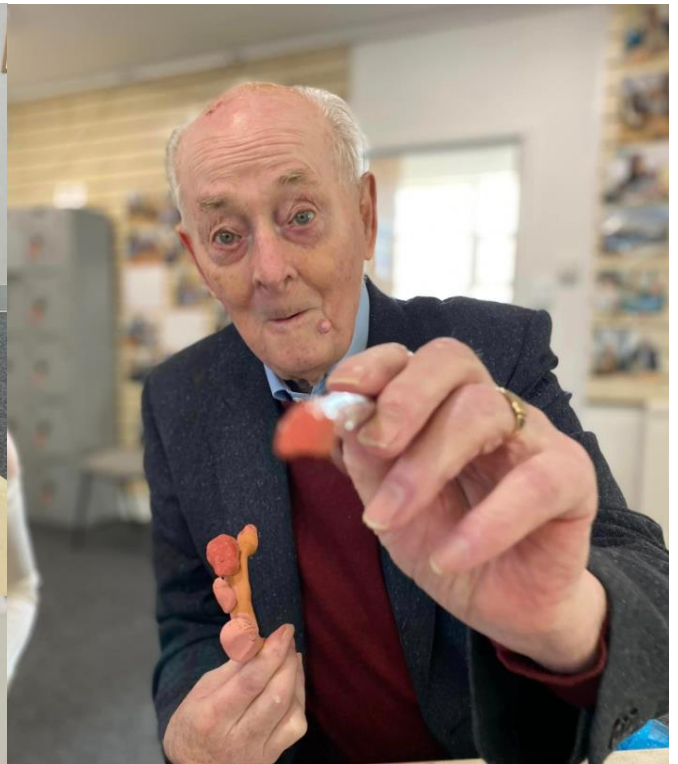


None of it would be possible without the fantastic help of our supporters, staff and volunteers, and the board.

Thanks to everyone for their ongoing support and dedication.

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dementia ...?

We don't think so!



Chrysalis at Tynedale CIO 1166880
For the year ended 31 March 2023



Account	31 March 2023	Unassigned	BERNICIA FOUNDATION	Egger	If Only Fund	Joicey Trust	Masonic grant	Newcastle Building Society	Pargiter Trust	Prime Fund	Screwfix Foundation	SESF	Suez Communities Trust	The Ballinger Charitable Trust	Tudor Trust	UnLtd “The Social Enterprise Support Fund”	Winter Family Fund
Income																	
Donations	34,232.64	34,232.64	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Events and Trips	853.80	853.80	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Fundraising	6,675.60	6,675.60	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Gift aid donations	2,139.10	2,139.10	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Legacy donations	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Local Government Grant Funding	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Other income	50.00	50.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Restricted trust fund income	68,047.26	-	-	-	1,777.00	3,300.00	1,000.00	-	-	11,500.00	5,354.26	32,000.00	8,116.00	5,000.00	-	-	-
Room Hire	5,300.50	5,300.50	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Session Fees	16,006.50	16,033.50	(27.00)	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Sponsorship	45.00	45.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Total Income	133,350.40	65,330.14	(27.00)	-	1,777.00	3,300.00	1,000.00	-	-	11,500.00	5,354.26	32,000.00	8,116.00	5,000.00	-	-	-
Direct expenses																	
Administration & Co-ordination services	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Counselling Services	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Direct wages	50,130.05	7,287.00	111.66	-	212.00	-	-	153.06	4,098.25	4,577.00	-	17,257.59	-	-	16,433.49	-	-
Fundraising costs	184.00	184.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Hardship subsidised session fees	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Materials	2,472.50	1,886.15	80.48	-	505.87	-	-	-	-	-	-	-	-	-	-	-	-
Rent & Room Hire	12,288.00	5,952.00	288.00	-	-	-	-	48.00	-	3,000.00	-	3,000.00	-	-	-	-	-
Trips and events	773.75	625.75	-	-	-	-	-	148.00	-	-	-	-	-	-	-	-	-
Tutor fees	6,605.00	6,265.00	165.00	-	175.00	-	-	-	-	-	-	-	-	-	-	-	-
Volunteer Expenses	4,225.60	1,606.00	21.60	-	345.60	-	-	22.00	-	-	-	34.40	-	-	2,196.00	-	-
Total Direct expenses	76,678.90	23,805.90	666.74	-	1,238.47	-	-	371.06	4,098.25	7,577.00	-	20,291.99	-	-	18,629.49	-	-
Gross Surplus/(deficit)	56,671.50	41,524.24	(693.74)	-	538.53	3,300.00	1,000.00	(371.06)	(4,098.25)	3,923.00	5,354.26	11,708.01	8,116.00	5,000.00	(18,629.49)	-	-
Administrative Costs																	
Audit & Accountancy fees	596.40	115.20	-	-	-	-	-	-	-	-	-	-	-	-	481.20	-	-
Bank Charges	472.10	472.10	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Cleaning & PPE	388.00	388.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Depreciation Expense	3,023.64	1,714.34	-	-	-	-	-	-	-	-	-	-	1,065.94	-	-	243.36	-
Employers National Insurance	0.00	(2,283.91)	7.34	-	5.66	-	-	8.67	179.87	201.96	-	1,115.07	-	-	765.34	-	-
Equipment costs	342.09	117.75	-	-	224.34	-	-	-	-	-	-	-	-	-	-	-	-
Events	49.00	49.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
General Expenses	4.50	4.50	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Gifts	59.50	59.50	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Governance costs	230.00	30.00	-	-	-	-	-	-	-	-	-	-	-	-	200.00	-	-
Insurance	635.87	635.87	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
IT Software and Consumables	345.78	345.78	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Legal Expenses	108.00	108.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Light, Power, Heating	3,000.00	3,000.00	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Marketing & Publications	202.20	202.20	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Pensions Costs	1,173.28	100.07	3.36	-	6.36	-	-	2.79	122.69	137.57	-	305.63	-	-	494.81	-	-
Postage, Freight & Courier	147.14	147.14	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Printing & Stationery	899.17	680.77	-	-	-	-	-	-	-	-	-	218.40	-	-	-	-	-
Rates	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Refreshments	1,695.31	1,146.13	-	-	17.75	-	-	47.80	38.15	-	-	-	-	-	445.48	-	-
Repairs & Maintenance	3,898.85	(8,469.13)	-	-	898.00	-	-	-	-	-	-	1,400.00	10,069.98	-	-	-	-
Telephone & Internet	903.14	115.93	-	-	-	-	-	-	-	-	-	-	-	-	643.21	144.00	-
Transport & Travel - National	515.05	209.85	24.00	-	196.80	-	-	-	15.20	-	-	55.60	-	-	13.60	-	-
Total Administrative Costs	18,689.02	(1,110.91)	34.70	-	1,348.91	-	-	59.26	355.91	339.53	-	3,094.70	11,135.92	-	3,043.64	387.36	-
Operating Surplus/(deficit)	37,982.48	42,635.15	(728.44)	-	(810.38)	3,300.00	1,000.00	(430.32)	(4,454.16)	3,583.47	5,354.26	8,613.31	(3,019.92)	5,000.00	(21,673.13)	(387.36)	-
Reserves brought forward	96,628.35	45,006.81	3,195.14	2,795.96	6,310.00	-	-	2,464.10	8,323.27	4,154.24	-	-	-	4,363.00	18,530.89	(0.00)	1,484.94
Transfers	0.00	3,795.33		(2,795.96)		(3,300.00)	(1,000.00)						3,019.92	(9,363.00)	9,256.35	387.36	
Reserves carried forward	134,610.83	91,437.29	2,466.70	-	5,499.62	-	-	2,033.78	3,869.11	7,737.71	5,354.26	8,613.31	-	-	6,114.11	(0.00)	1,484.94
Unrestricted reserves																	
General		46,437.29															
Designated		45,000.00															
		91,437.29															
Restricted reserves		43,173.54															
Total reserves		134,610.83															
Approved by the board of trustees on	21 June 2023																
Rosemary Robson Chair	David Neil Greenwood BA Hons FCCA Treasurer																



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Chrysalis Club Tynedale
Chrysalis at Tynedale CIO 1166880

On accounts for the year
ended

31 March 2023

Charity no
(if any)

1166880

Set out on pages

Appendix 1 to the annual report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2021.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

Date:

15 August 2023

Name:

Vicky Copp

Relevant professional
qualification(s) or body
(if any):

Senior Accounts Manager NSA UK Ltd

Address: Tyne Car Terminal
Jarrow Slake
South Shields NE34 9PN

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Accounts



Chrysalis Club

Tynedale

Chrysalis at Tynedale Charitable Incorporated Organisation

Annual report

For the year ended 31 March 2022

Registered Number 1166880 Registered in England

Give up on our hobbies because of
dementia ...?
We don't think so!



Contents

Our Aim

Chrysalis is a club for people with memory problems or dementia, their family and friends, and volunteer supporters. Members with dementia enjoy tutored activities and days out with one-to-one support. Family members get sensitive support and time out of the daily routine. We hope to change some perceptions of dementia by focusing on similarities, rather than differences.

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We don't think so!



THE EARLY YEARS...

We formed Chrysalis at Tynedale in 2009 when a successful art class for people with dementia came to an end. The members of the class and their families wanted it to continue. In focusing on individuals and their abilities, they felt it fulfilled a need that was not being met by standard day care services.

The group joined together with three people with extensive management experience in specialist dementia care, and Chrysalis was born. We are incredibly grateful to the founder members for their ideas, which have led to the uplifting activity and support group we have today. These members chose the name Chrysalis as they felt it was a new opportunity, a new beginning for them.

We have gone from strength to strength, steadily building up our membership of people with dementia and their families. We have reached hundreds of people, providing a range of tutored activities each week, and responding to new ideas suggested by members. If it is possible, we will do it.

Along the way, we have learned more about dementia and families' needs and recruited a skilled band of volunteers. We held our 10 year anniversary party in 2019.

We became a charitable incorporated organisation, were awarded funding for a part time co-ordinator, and now enjoy wide recognition for what we do. And we have had lots of fun too! The founder members of Chrysalis are pictured below.



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LATEST NEWS (Challenging times)

COVID was a real challenge for Chrysalis as for most organisations. Lockdown in March 2020 meant we could no longer support families the way we were all used to. Our then operations co-ordinator, Lola Plumb, immediately stepped up and gave herself the task of sending out a daily newsletter in order to keep families engaged and not feel forgotten. She also devised a rota for volunteers and trustees to phone families on a regular basis.

We were aware of the devastating effect lockdown was having on people with dementia getting no stimulation or socialisation. The effect on the carers was equally challenging; trying to keep their partner stimulated completely on their own, with only distant support from wider family, was huge for them. It would be a lonely labour of love we felt. So, we tried to do all we could, at the same time knowing it wasn't enough.

We were extremely pleased that the spring of 2021 brought very exciting news! COVID was still about but it seemed that the vaccination programme was getting a hold of it. The other very exciting news was that after 10 years of searching we finally had signed a lease on our very own premises. It had formally been used as an equine shop, selling lots of produce on-line, so there was a lot of re-furbishing needed!! The trustees spent many hours filling black bags, dismantling shelving (which covered the entire games room walls), pulling out the old kitchen, going to the tip etc. It was hard work but great fun and we were delighted to be working as a team face to face again.



Moving in day...Hooray!

We then started to put the Centre together the way we wanted it. We were very lucky to have a lovely kitchen donated and pooling our skills

we managed to fit 90% of it ourselves. We bought chairs and tables, we had new carpets fitted and then got a decorator in before it was ready for public viewing.

Chrysalis at Tynedale: remembering to enjoy life

www.chrysalis-tynedale.org.uk

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We were really pleased with the end result and delighted to start introducing members back by the middle of May. Although it was lovely to see everyone again there were challenges because of COVID still hanging around. We started off chatting to the volunteers to see who wanted to return and to make them aware that the sessions and indeed the organisation were going to need to be more professional. Some decided against it (some people's priorities had changed during lockdown) but new volunteers joined us including some young ones from Queen Elizabeth High School and some psychology students from Northumbria University. We then started introducing members and carers gradually, everyone wore masks and we had Perspex screens on the tables. This was tricky as several members have hearing problems and we don't always realise how much we all lip-read.

At this time we were just coming to the end of our temporary funding from The Lottery and Social Enterprise Support Fund, which had enabled us to employ two people to help us support remotely. Anne-Marie found a new post but Liese stayed on with Chrysalis as her role as a qualified counsellor was particularly useful.



We started to plan to re-open the Prudhoe-district project and identified a new venue, as the original venue was no longer available. Liese was employed as co-ordinator with Trustee Liz Flinn taking overall responsibility. We re-opened at St Oswins Church Hall Wylam in September. The venue is lovely and the atmosphere quite cosy; it is usually a small group and we have recruited some lovely volunteers. This project is funded by Bernicia Housing.

The young people's group has ticked along ably run by Penny, a former trustee. People under 65 with dementia are a very marginalised group and we received some funding from Newcastle Building

Society to set up a specific group. They have enjoyed some days out 10 pin bowling and bushcraft. They also had a session of drumming which is always very popular.

The Intergenerational Project had to be put on hold because of the large number of COVID cases in schools. In the next financial year we managed to resume this lovely project which is funded by If Only... Fund.

In July we were lucky to employ a temporary furloughed worker over the summer; Judy Willis helped enormously with the admin as this was something the trustees did not

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have time for. Then in September we were lucky to employ Gina, who I think everyone will agree is perfect for the role. The main co-ordinator role is funded by Tudor Trust.

In the autumn we were allotted some funding to employ an admin worker, caretaker and carer support officer. Welcome to Mel, who we already knew as had been our pottery tutor for many years. We had never needed a caretaker before we gained our own premises. We had never had a dedicated Carer Support Co-ordinator before and Mel has done sterling work in these roles.

Both Gina and Mel have taken a huge amount of work from the trustees and enable us to develop the service offered and enhance what we provide.

This year, 2022-2023, we have employed a Trips co-ordinator, Janet, enabling us to begin organising trips again. We have also employed an extra co-ordinator who is responsible for marketing the organisation; Lucy will start working her full hours in October.



Trip to The Sill

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MEMBERS' BENEFITS

When someone becomes a Chrysalis member, the whole family is involved. This means everyone can be part of the club, contribute, have a say, and see how the person they care about is getting on. Family members/carers can come to sessions, take time out, or get involved - even if they are at a distance or at work all day. We are here to help anyone in the family at any stage of the journey, from pre-diagnosis onwards.

This year we have been delighted to resume face-to-face contact. It was so exciting to see members return; all we wanted to do was give them a big hug, but sadly that wasn't permitted at the time so virtual hugs were order of the day! Chrysalis enrolled new members and their families and we welcomed them into our 'fold'.

Sadly, this year we had to say fond farewells to:

Keverne Piper,
Audrey-Gail Parkin,
Fiona Park,
Ron Conolly,
Belle Foster,
David Smith,
Alan Cairns



Some of the families asked for donations in lieu of flowers to go to Chrysalis; we are so grateful to them for thinking of us at such a sad time. We hope it means we are doing a good job for them.

SUPPORTING FAMILIES

During 20-21 our carers (family members) needed more support than ever. During lockdown they became very isolated living with someone whose communication was waning. It became their sole responsibility to stimulate and motivate their partner while receiving very little support themselves. Some carers suffered bereavement (sometimes in very sad circumstances) while being unable to gain support from family and friends because of restrictions.

Chrysalis at Tynedale: remembering to enjoy life
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We resumed our monthly carer support group in September and now have a regular attendance. This group is facilitated by Mel with Penny and Mike supporting. Mike, as a carer himself, is knowledgeable about information. Penny is a skilled facilitator and being a former Social Worker, understands how the system works.

Peer support is very important for carers and this is available at every session once the member is settled and happy to be separated from their partner.

Something new this year was the setting up of an 'after-carers' group. So many carers were bereaved, or their partner needed permanent care after COVID, we felt there was an opening for them to have their own group. Mel facilitates this very well and the group have had lunches together, walks and trips out. It is hard enough to recover from the death of a partner without putting lockdowns and restrictions in the mix.

OUR VOLUNTEERS

Chrysalis is always amazed at the high standard of our volunteers. This happy willing band of people come to Chrysalis with one thing only in mind – to give the members the best time possible! Their dedication, empathy and determination to 'get it right' for our members is breath-taking.

The volunteers who resumed working with Chrysalis accepted the more structured approach and adapted accordingly. The new ones, some of whom are young adults, take their volunteering role seriously. All volunteers now do a safe-guarding course either on-line or in person; they provide us with references and complete a DBS check. Gina is very good at organising the sessions and the volunteers enjoy knowing exactly what is expected of them. Matching members to volunteers is quite an art and needs attention to detail. Making members happy and able to gain the most enjoyment out of a session is always our primary goal. For the students we provide references and a trail of placement detail to anyone who requires it. We currently have around 35 volunteers.



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The volunteers are supported by training, forums, guidance and information. They enjoy the social element both with each other and with the members and their families. They, like the trustees, get a great sense of satisfaction from the work we do to improve people's lives and help them to live well with dementia.

The trustees are so grateful to our volunteers and are fully aware that Chrysalis could not function in its present form without this great band of people.

“Mum loves Chrysalis and all your activities; she often talks about it.”

OUR EMPLOYEES

Most of you will have met Gina (Marrow) who is our lead co-ordinator; she seems tailor made for the job - her enthusiasm and dedication to Chrysalis is a joy for the trustees. She began by working too many voluntary hours but gradually we are building a team to support her.

Mel (Hopwood) was/is our pottery tutor and has been associated with Chrysalis for 10 years+. We were delighted when she successfully applied for two part-time roles. She does admin, caretaking and carer support.

Ann-Marie moved on to another job at the end of the funding, but Liese has stayed with us and is an excellent member of the team.

OUR BOARD

Our board is made up of about 6 volunteer trustees. All have had personal experience of dementia in some way. We have experts in various fields – finance, legal, fund-raising, social work etc. . We work together as a team very well and because Chrysalis is such a positive environment those who can, work on the operational side too. This year has been an enormous challenge for the board; we have had to adapt with changing restrictions and try and combat loneliness whilst not risking infecting our vulnerable members. We are proud of how we have reacted to the pandemic in that we kept in touch with people as best we could.

We were sorry to lose Penny Wallace as a trustee this year, but we are delighted that she continues to support us as a volunteer.

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As Chair I feel supported by the other trustees immensely. David, our Treasurer, spends countless hours on our finances and has everything ship-shape for the external Auditors. His other skills include DIY, management issues and problem solving. Sheelagh leads on the Intergenerational Project, which her teaching experience makes her perfect for. Her other skills include looking after the plants and the outside space; she also runs the sessions on Wednesday afternoons and knows the members and the volunteers very well indeed.

Liz leads on the Prudhoe District Project and she, along with Liese, has helped make this very popular; people feel well supported at this venue. Liz, as a qualified Physiotherapist working for the NHS, sometimes runs fitness sessions with our members and is an expert on movement; she delivers training to the volunteers sometimes. Mike is our newest trustee; he is a carer and is knowledgeable about carers rights, information and relevant contacts. Mike helps run the carers' group and is involved in the young people's group. His skills include DIY, helping with trips out and raising money for Chrysalis!

Helen sadly resigned her Trusteeship in the next financial year but had spent countless hours helping us with legal advice, interviewing staff, writing up policies and procedures as well as running sessions, providing carer support and organising parties. We will miss Helen's skills and dedication to Chrysalis and hope to keep in touch.

As Chair I apply for most of the funding, oversee the organisation and support the staff and volunteers as necessary.

Chrysalis would not function without the dedicated support and enthusiasm of the trustees and I am extremely grateful to them all.

"These days at the club seem amazing, so pleased she has the opportunity to attend"

OUR TUTORS

At Chrysalis we seem to attract lovely people, whether they be members, carers, volunteers, tutors or supporters. Our tutors try to balance giving the members a bit of a challenge and trying not to make things too hard. Most are local self-employed, small business owners and we are pleased to support them. They are always willing to 'go the extra mile' in order to give our members a happy fun-filled session and if possible, make something they can take home.

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If we are considering a new tutor we meet with them to ensure they are familiar with the criteria. A lot of thought goes into the session content, which, combined with Gina's input, ensures they are happy, relaxed, non-patronising sessions. If we can add a bit of learning too, we are happy.

Our tutors provide a wide range of activities from art and crafts to music, sport to indoor gardening, pottery to local speakers.



OUR FUNDERS

Chrysalis Club Tynedale is not funded by statutory services and is completely dependent on contributions from donors. We are generously funded by the Tudor Trust, who enable us to employ our Co-ordinator. The Tudor Trust have continued to support us with development ideas. We are also using funds from organisations administered through The Community Foundation such as If Only..., the Asian Fund, Newcastle Building Society and the Thornton Family Grass Roots Fund. We received funding from Bernicia for our Prudhoe Project. In the pandemic we were funded by Lottery and UnLtd for emergency Covid help.

This year we were lucky to be able to continue as Egger's charity of the year. This is a great honour both for the funding it will bring in, and the recognition for Chrysalis. We received funding from Ballinger, Suez Community Fund and The Joicey Trust. We had an amazing year for people fundraising for us in the community. Although we did not actually receive the monies in this financial year, the events were set up and organised. Mike Pottage organised a sponsored cycle ride from Land's End to John o'Groats gaining a huge amount of sponsorship. Kirk Barclay organised a Family Fun Day for us.

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The Geordie Chapter ran a sponsored Harley Davidson motorbike ride round the perimeter of Wales. A carer is planning a sponsored walk along The Chiltern Way.

In 2021 we received our very first legacy. We felt it was so kind of people to think of us when making a Will.

We are very grateful for the generosity of family members past and present for their personal donations and help at fundraising events. Several of our volunteers have also supported us through their own successful fundraising initiatives. We are grateful to everyone who has thought of Chrysalis and raised money for us in various ways, sometimes at the saddest time of their life when a loved one dies. Most of our running costs are funded but with the money raised through donations we are able to buy treats for our members. It may be a yummy cake for someone's birthday, or a free lunch out on a trip, or some much needed equipment to make a session more fun. Thank you, supporters!

A FINAL THANK YOU...

Chrysalis requires a huge amount of dedication and work to keep it running to the extremely high standard we strive for. We all love being part of it and get enormous satisfaction from our individual contributions, which all combine to make our organisation as fantastic as it is. Of course, we also have a lot of fun too!!



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None of it would be possible without the fantastic help of our supporters, staff and volunteers, and the board. Thanks to everyone for their ongoing support and dedication.

“He is absolutely loving it - I'd go so far as to say it's life changing for him”

“Chrysalis just got even better, what a great afternoon the two lady singers were brilliant”

“NEVER IN A MILLION YEARS DID I THINK SHE WOULD SETTLE”

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Income and expenditure account

Chrysalis at Tynedale CIO 1166880

For the year ended 31 March 2022



Account	31 March 2022	Unrestricted	BERNICIA FOUNDATION	Egger	If Only Fund	Joicey Trust	Newcastle Building Society	Pargiter Trust	Prime Fund	The Ballinger Charitable Trust	Tudor Trust	UnLtd "The Social Enterprise Support Fund"	Winter Family Fund	2021
Income														
Donations	9,453.79	9,453.79	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	10,840.21
Events and Trips	(84.12)	(84.12)	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	666.00
Funding income	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1,000.00
Fundraising	973.99	973.99	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	750.44
Gift aid donations	1,935.08	1,935.08	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	1,300.00
Legacy donations	2,000.00	2,000.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Local Government Grant Funding	16,167.00	16,167.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Restricted trust fund income	43,914.00	0.00	0.00	0.00	1,500.00	0.00	0.00	9,600.00	4,255.00	5,000.00	23,559.00	0.00	0.00	58,697.00
Room Hire	672.00	672.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Session Fees	8,060.00	8,060.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	175.00
Total Turnover	83,091.74	39,177.74	0.00	0.00	1,500.00	0.00	0.00	9,600.00	4,255.00	5,000.00	23,559.00	0.00	0.00	73,428.65
Direct costs														
Administration & Co-ordination services	3,670.00	0.00	3,240.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	430.00	0.00	4,515.00
Counselling Services	3,640.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	490.00	2,070.00	1,080.00	0.00	4,221.25
Direct wages	13,031.84	1,882.00	45.50	0.00	0.00	0.00	0.00	1,276.73	100.76	0.00	9,417.79	0.00	309.06	11,351.69
Hardship subsidised session fees	96.00	96.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Materials	1,113.51	1,067.02	46.49	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	148.57
Rent & Room Hire	11,396.00	5,000.00	360.00	0.00	0.00	5,000.00	36.00	0.00	0.00	0.00	0.00	1,000.00	0.00	4,140.00
Trips and events	154.90	53.30	0.00	0.00	0.00	0.00	101.60	0.00	0.00	0.00	0.00	0.00	0.00	144.00
Tutor fees	3,375.00	3,075.00	230.00	0.00	0.00	0.00	70.00	0.00	0.00	0.00	0.00	0.00	0.00	118.00
Volunteer Expenses	4,895.40	1,570.00	152.20	0.00	0.00	0.00	148.40	0.00	0.00	0.00	2,856.80	0.00	168.00	1,131.40
Total Direct Costs	41,372.65	12,743.32	4,074.19	0.00	0.00	5,000.00	356.00	1,276.73	100.76	490.00	14,344.59	2,510.00	477.06	25,769.91
Gross surplus / (deficit)	41,719.09	26,434.42	(4,074.19)	0.00	1,500.00	(5,000.00)	(356.00)	8,323.27	4,154.24	4,510.00	9,214.41	(2,510.00)	(477.06)	47,658.74
Administrative Costs														
Administration Expenses	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	392.00
Audit & Accountancy fees	424.80	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	396.00	28.80	0.00	543.60
Bank Charges	40.01	40.01	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	180.00
Cleaning & PPE	441.36	197.49	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	243.87	0.00	965.98
Depreciation Expense	1,133.10	859.94	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	273.16	0.00	0.00
Equipment costs	460.09	215.72	14.38	229.99	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	254.98
Events	30.00	30.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
General Expenses	8.00	8.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	34.89
Gifts	20.00	0.00	20.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	19.79
Governance costs	0.00													200.00
Insurance	354.09	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	354.09	0.00	0.00	525.23
IT Software and Consumables	94.79	94.79	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	89.99
Legal Expenses	236.00	191.20	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	44.80	0.00	0.00	614.40
Light, Power, Heating	1,006.85	555.72	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	120.15	330.98	0.00	0.00
Marketing & Publications	399.00	0.00	105.00	0.00	0.00	0.00	0.00	0.00	0.00	147.00	147.00	0.00	0.00	1,774.72
Pensions Costs	213.40	213.40	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Postage, Freight & Courier	79.78	79.78	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	37.37
Printing & Stationery	419.72	339.98	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	79.74	0.00	123.37
Rates	50.39	50.39	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Refreshments	1,241.73	508.51	50.09	0.00	0.00	0.00	32.10	0.00	0.00	0.00	651.03	0.00	0.00	22.43
Repairs & Maintenance	9,087.54	1,595.41	0.00	4,473.99	0.00	0.00	0.00	0.00	0.00	0.00	0.00	3,018.14	0.00	3,000.57
Staff Training	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	78.00
Subscriptions & Memberships	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	204.00
Telephone & Internet	1,170.92	550.48	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	437.57	182.87	0.00	614.56
Transport & Travel - National	328.25	328.25	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	507.12
Total Administrative Costs	17,239.82	5,859.07	189.47	4,703.98	0.00	0.00	32.10	0.00	0.00	147.00	2,150.64	4,157.56	0.00	10,183.00
Operating surplus / (deficit)	24,479.27	20,575.35	(4,263.66)	(4,703.98)	1,500.00	(5,000.00)	(388.10)	8,323.27	4,154.24	4,363.00	7,063.77	(6,667.56)	(477.06)	37,475.74
Reserves brought forward	72,149.08	23,088.29	7,458.80	9,516.94	4,810.00	4,500.00	2,852.20				11,467.12	6,493.73	1,962.00	
Transfers	0.00	1,343.17		(2,017.00)		500.00						173.83		
Reserves carried forward	96,628.35	45,006.81	3,195.14	2,795.96	6,310.00	0.00	2,464.10	8,323.27	4,154.24	4,363.00	18,530.89	(0.00)	1,484.94	

Unrestricted reserves

General	8,006.81
Designated	37,000.00

Restricted reserves

51,621.54

Total reserves

96,628.35

Approved by the board of trustees on

02 August 2022

Rosemary Robson
Chair

David Neil Greenwood BA Hons FCCA
Treasurer

Balance Sheet

Chrysalis at Tynedale CIO 1166880
As at 31 March 2022



Account	31 Mar 2022	31 Mar 2021
Fixed Assets		
Tangible Assets		
Computer Equipment	1,091.99	0.00
Leasehold Improvements	3,711.06	1,565.00
Less Accumulated Depreciation on Computer Equipment	(22.75)	0.00
Less Accumulated Depreciation on Leasehold Improvements	(765.00)	0.00
Less Accumulated Depreciation on Office Equipment	(345.35)	0.00
Office Equipment	2,398.49	0.00
Total Tangible Assets	6,068.44	1,565.00
Total Fixed Assets	6,068.44	1,565.00
Current Assets		
Cash at bank and in hand		
HSBC Business CurrentAccount .	92,271.05	74,381.46
Cash in Hand	465.57	
Total Cash at bank and in hand	92,736.62	74,381.46
Accounts Receivable	429.00	(60.00)
Prepayments	57.56	57.56
Total Current Assets	93,223.18	74,379.02
Creditors: amounts falling due within one year		
Accounts Payable	2,663.27	3,348.76
Cash in Hand		446.18
Total Creditors: amounts falling due within one year	2,663.27	3,794.94
Net Current Assets (Liabilities)	90,559.91	70,584.08
Total Assets less Current Liabilities	96,628.35	72,149.08
Net Assets	96,628.35	72,149.08
Capital and Reserves		
Designated funds	37,000.00	21,000.00
Restricted funds	51,621.54	49,060.79
Retained Earnings	8,006.81	2,088.29
Total Capital and Reserves	96,628.35	72,149.08

Approved by the board of trustees on

02-Aug-22

Rosemary Robson
Chair

David Neil Greenwood BA Hons FCCA
Treasurer



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Chrysalis at Tynedale

**On accounts for the year
ended**

31 March 2022

**Charity no
(if any)**

1166880

Set out on pages

1 – 13 and Appendix 1 to the annual report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/03/2022.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date: 30/09/2022

Name:

Vicky Copp

**Relevant professional
qualification(s) or body**

Senior Management Accountant

(if any):

Address:

NSA UK Ltd, Tyne Car Terminal,

Jarrow Slake Road, Tyne Dock,

South Shields, NE34 9PN

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Accounts



Chrysalis Club

Tynedale

Chrysalis at Tynedale Charitable Incorporated Organisation

Annual report

For the year ended 31 March 2021

Registered Number 1166880 Registered in England

Give up on our hobbies because of

dementia ...?

We don't think so!



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Chrysalis is a club for people with memory problems or dementia, their family and friends, and volunteer supporters. Members with dementia enjoy tutored activities and days out with one-to-one support. Family members get sensitive support and time out of the daily routine. We hope to change some perceptions of dementia by focusing on similarities, rather than differences.

Give up on our hobbies because of

dementia ...?

We don't think so!



THE EARLY YEARS...

We formed Chrysalis at Tynedale in 2009 when a successful art class for people with dementia came to an end. The members of the class and their families wanted it to continue. In focusing on individuals and their abilities, they felt it fulfilled a need that was not being met by standard day care services.

The group joined together with three people with extensive management experience in specialist dementia care, and Chrysalis was born. We are incredibly grateful to the founder members for their ideas, which have led to the uplifting activity and support group we have today.

We have gone from strength to strength, steadily building up our membership of people with dementia and their families. We have reached hundreds of people, providing a range of tutored activities each week, and responding to new ideas suggested by members. If it is possible, we will do it.

Along the way, we have learned more about dementia and families' needs and recruited a skilled band of volunteers. We held our 10- year anniversary party in 2019.

We have become a charitable incorporated organisation, been awarded funding for a part time co-ordinator, and enjoy wide recognition for what we do. And we have had lots of fun too! The founder members of Chrysalis



Chrysalis at Tynedale: remembering to enjoy life

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WHATS NEW (Challenging times)

COVID was a real challenge for Chrysalis as for most organisations. Lockdown in March 2020 meant we could no longer support families the way we were all used to. Our operations co-ordinator, Lola Plumb immediately stepped up and gave herself the task of sending out a daily newsletter in order to keep families engaged and not feel forgotten. She also devised a rota for volunteers and trustees to phone families on a regular basis.

We were aware of the devastating effect lockdown was having on people with dementia getting no stimulation or socialisation. The effect on the carers was equally challenging, trying to keep their partner stimulated completely on their own, with only distant support from wider family was huge for them. It would be a lonely labour of love we felt. So, we tried to do all we could, at the same time knowing it wasn't enough.

Sadly, many of our members had to be admitted to residential care and many died in very sad circumstances putting even more strain on the carers and family. We managed to struggle on and during the brief spell in July found larger more Covid-safe premises at Hexham Mart. To be honest these sessions were not the fun events Chrysalis were used to, but it was the best we could do. As the restrictions started to close in again and the numbers of cases rose our lovely co-ordinator made the decision to resign for health reasons. Our admin worker Deidre decided she should resign as well. This was devastating news but in true Chrysalis fashion the board of trustees rose to the challenge.

We had to think very quickly as to how to support our members and carers in a second lockdown. We managed to get two lots of funding which were basically emergency COVID funds. We then recruited two part-time workers (self-employed) to support the members from a distance. Between them they designed and distributed twice weekly newsletters, kept in contact with members and carers by telephone as often as they wanted, plus set up on-line groups for chatting, quizzes etc. One was also a qualified counsellor and she held on-line meetings with relevant people. They also organised an on-line concert. This funding lasted until April 2021. Because we were unable to hold face-to-face activities, we put the Tudor Trust fund co-ordinator's post on hold.

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In March 21 we achieved our dream of 5 years by signing a lease on our own premises. They needed quite a bit of clearing, cleaning, decorating etc so because we didn't want too many people in the building the trustees took on the refurbishment with some specialist trades people where necessary. We met with volunteers (in small numbers) to ascertain their enthusiasm for attending Chrysalis with the new rules and the threat of COVID still present. We welcomed members back the middle of May in very small numbers with Perspex screens masks etc. Gradually we increased the numbers, appointed tutors, dispersed with masks and Perspex screens in order to increase the enjoyment of the sessions.



Moving in day... ...Hooray!

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MEMBERS BENEFITS

When someone becomes a Chrysalis member, the whole family is involved. This means everyone can be part of the club, contribute, have a say, and see how the person they care about is getting on. Family members/carers can come to sessions, take time out, or get involved - even if they are at a distance or at work all day. We are here to help anyone in the family at any stage of the journey, from pre diagnosis onwards.

This year we have not been able to have face-to-face contact for more than half a dozen sessions. The phone calls have been the main way we have stayed in touch, and we have been more aware than ever how much our family members need contact and support, and our members need socialisation and stimulation.

Sadly, this year we had to say fond farewells to:

John Prime	Irene Simpson
Audrey Maddison	Tom Wright
Patrick Begby	Auria Musson
Eddie Short	Ken Webster
David Milne	Bill Heal
Gail Grinter	Barney Willis
Joan Cooper	Tom Hamilton
	Paul Davison



This was a huge number compared to normal years and shows the effect the pandemic had on our lovely members and their families, because of this we managed to get some funding to carry on the counselling work administered by Liese Wetherspoon.

Some of the families asked for donations in lieu of flowers to go to Chrysalis, we are so grateful to them for thinking of us at such a sad time. We hope it means we are doing a good job for them.

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OTHER PROJECTS

Sadly, lockdown meant we were not able to run the tailored projects we have enjoyed so much in the past. So, I thought it would be nice to remember them and look forward to holding them again soon. It will also be nice for the new members to see what these projects are.

INTERGENERATIONAL PROJECT

This was a project funded by the If Only fund. It was modelled on the television programme Old People's Home for Four-Year-Olds. Ours was slightly different as we held ours in the community. It was pure pleasure watching the relationship between our members and the children develop over the weeks and they produced some great work in art pottery and gardening. The educational programme was good for young people too and spreads a positive message about people with dementia. We are working to start this project up again outdoors spring 2022.

YOUNG DEMENTIA GROUP

People under 65 with dementia are a very marginalised group and we received some funding from Newcastle Building Society to set up a group specific to their needs. During lockdown we did support these families but more in a general way and of course we couldn't be out in the community with them as we would have liked. We have now (2021-2022) picked up this project and it is actively running again.

PRUDHOE AND DISTRICT

We held a successful pilot project in Prudhoe up until lockdown. We received some funding from Bernicia to continue this. We were unable to do anything other than planning and research during lockdown, but we found some suitable (and very nice) premises in a church hall in Wylam. The premises we had used for the pilot were unsuitable once Covid raised its ugly head, so we were pleased to locate St Oswalds. We have started running sessions this year and they have proved popular, Liese Wetherspoon co-ordinates them supported by Liz Flynn the trustee.

TRIPS AND OUTINGS

These were a very popular part of Chrysalis but sadly unable to take place during lockdown. We are really keen to start them up again depending on restrictions and the number of infections but will have to be patient for a little while yet.

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SUPPORTING FAMILIES

During 20-21 our carers (family members) needed more support than ever. During lockdown they became very isolated living with someone whose communication was waning. It became their sole responsibility to stimulate and motivate their partner while receiving very little support themselves.

It is a well-known fact that people cannot continue to support someone else when they are feeling unsupported themselves, but this was what our valiant cares managed to do. The strain on them was enormous. Chrysalis did what we could by regular phone calls and newsletters, offering counselling and constantly thinking of what else we could do. The two people we tasked with the new roles worked hard to support our members and their families as best they could but, again, we all felt it was not enough and sorely wished we could do more.

It is with relief that we are now able to revert to our high standards and in September 2021 we resumed our monthly carer support group. This is on top of the less structured support that is always on offer.



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OUR VOLUNTEERS

Chrysalis is always amazed at the high standard of our volunteers. This happy willing band of people come to Chrysalis with one thing only in mind – to give the members the best time possible! Their dedication, empathy and determination to 'get it right' for our members is breath-taking. Whilst they were used to working in a routing, supporting members during sessions, they adapted seamlessly to supporting people remotely. Many of them made phone calls, contributed to newsletters, played instruments at a virtual concert, provided art materials and generally did their best to make sure our members and their families did not feel abandoned. A few volunteered during the brief spell when lockdown was lifted, and we were able to run sessions at the mart. This was not the normal happy fun Chrysalis because of social distancing, masks, PPE equipment etc: they still appeared regularly though to their credit.

The volunteers are supported by training, forums and guidance and information. They enjoy the social element both with each other and with the members and their families. They, like the trustees, get a great sense of satisfaction from the work we do to improve people's lives and help them to live well with dementia.

The trustees are so grateful to our volunteers and are fully aware that Chrysalis could not function in its present form without this great band of volunteers.

OUR EMPLOYEES

Sadly, our lovely co-ordinator Lola Plumb left us for Covid health reasons in October after doing an amazing job. She adapted to a different regime very quickly once lockdown was announced and produced a daily bright colourful newsletter ably assisted by our admin assistant Deidre Dodd, who also left us in October. We are so grateful to them both for all the commitment and hard work they did for Chrysalis and wish them all the best for their future.

We then got some funding to recruit 2 self-employed people to keep in touch with our members by phone and on-line. Anne-Marie Lanzito and Liese Wetherspoon did a great job of helping our members to stay connected by twice weekly newsletters, phone calls and virtual groups. Liese is a qualified counsellor, and she supported a few people online or by phone. One of their greatest achievements was getting a family member (aged 90+) to access Zoom – he was thrilled with himself!!

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Ann-Marie moved on to another job at the end of the funding, but Liese has stayed with us and is an excellent member of the team.

Moving on we were able to employ a temporary co-ordinator, Judy Willis who was on furlough, for the summer 2021 and in September we employed Gina Marrow as a permanent Co-ordinator. More details in the next Annual Report

OUR BOARD

Our board is made up of about 6 volunteer trustees. All have had personal experience of dementia in some way. We have experts in various fields – finance, legal, fund-raising, social work etc, . We work together as a team very well and because Chrysalis is such a positive environment those that can work on the operations side too. This year has been an enormous challenge for the board, we have had to adapt with changing restrictions and try and combat loneliness whilst not risking infecting our vulnerable members. We are proud of how we have reacted to the pandemic, in that we kept in touch with people as best we could.

Vivienne Geary resigned from trusteeship because of a change in circumstances and we thank her for the work she did for Chrysalis and wish her well for the future.

OUR TUTORS

At Chrysalis we seem to attract lovely people, whether they be members, carers, volunteers, tutors or supporters. Our tutors try to balance giving the members a bit of a challenge and trying not to make things too hard. Most are small, local self- employed, small business owners and we are pleased to support them. They are always willing to 'go the extra mile' in order to give our members a happy fun-filled session and if possible, make something they can take home.

This year was different of course but we did manage to distribute some art packs and gardening items to keep people amused. Most tutors stayed in touch, and we have some of our old friends back this current year.

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OUR FUNDERS

Chrysalis at Tynedale is not funded by statutory services and is completely dependent on contributions from donors. We are generously funded by the Tudor Trust, who enable us to employ our Co-ordinator. The Tudor Trust have continued to support us with development ideas. We are also administering funds from organisations administered through The Community Foundation such as If Only, the Asian Fund, Newcastle Building Society and the Thornton Family Grass Roots Fund. We also received funding from Bernicia for our Prudhoe Project. In the pandemic we were funded by Lottery and UnLtd for emergency Covid help.

This year we were lucky to be able to continue as Egger's charity of the year. This is a great honour both the funding it will bring and the recognition for Chrysalis. We were also lucky to be one of the charities chosen by Tynedale Lions to be a recipient from their beer festival. Unfortunately this had to be held on-line but the Lions did a great job of making it fun for everyone and we received a nice cheque! Luckily the charities chosen by the Lions were allowed to be recipients for the beer festival in 2021.

We are very grateful for the generosity of family members past and present for their personal donations and help at fundraising events. Several of our volunteers have also supported us through their own successful fundraising initiatives. We are grateful to everyone who has thought of Chrysalis and raised money for us in various ways, sometimes at the saddest time of their life when a loved one dies. Most of our running costs are funded but with the money raised through donations we are able to buy treats for our members. It may be a yummy cake for someone's birthday, or a free lunch out on a trip, or some much equipment to make a session more fun. Thank you supporters!

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A FINAL THANK YOU...

Chrysalis requires a huge amount of dedication and work to keep it running to the extremely high standard we strive for. We all love being part of it and get enormous satisfaction from our individual contributions which all combine to make our organisation as fantastic as it is. Of course, we also have a lot of fun too!!

None of it would be possible without the fantastic help of our supporters and volunteers, and the board thanks everyone for their ongoing support and dedication.



Looking forward to more happy times like these.

Chrysalis at Tynedale: remembering to enjoy life
www.chrysalis-tynedale.org.uk

CIO No. 1166880
Registered in England

As at

31/03/2021

Appendix 1



	Total Year to date	Unrestricted	Egger	Bernicia	Community Foundation	CO-OP	Covid-19	If Only	Joicey Trust	Newcastle Building Society	Thornton Family	Tudor Trust	Unltd	Total	Check
Income															
Donations	11,414.90	3,934.90	7,180.00					300.00	0.00					11414.9	0.00
Events and Trips	666.00	666.00								0.00				666	0.00
Funding income	1,000.00	1,000.00												1000	0.00
Fundraising	750.44	750.44												750.44	0.00
Gift aid donations	1,300.00	1,300.00												1300	0.00
Legacy donations	0.00	0.00												0	0.00
Local Government Grant Funding	0.00	0.00												0	0.00
Restricted trust fund income	58,697.00	1,250.00		7,470.00			8,500.00	1,500.00	0.00			24,977.00	15,000.00	58697	0.00
Session Fees	175.00	55.00	120.00											175	0.00
Total income	74,003.34	8,956.34	7,300.00	7,470.00	0.00	0.00	8,500.00	1,800.00	0.00	0.00	0.00	24,977.00	15,000.00	74,003.34	0.00
Direct costs															
Administration & Co-ordination services	4,515.00												4,515.00	4515	0.00
Counselling Services	4,221.25	920.00		0.00								0.00	3,301.25	4221.25	0.00
Direct wages	11,351.69	0.00										11,351.69		11351.69	0.00
Materials	148.57	148.57												148.57	0.00
Rent & Room Hire	4,140.00	324.00		0.00			3,000.00					816.00		4140	0.00
Trips and events	144.00	144.00												144	0.00
Tutor fees	118.00	118.00								0.00				118	0.00
Volunteer Expenses	1,131.40	241.80		11.20			580.00			36.80		261.60		1131.4	0.00
Total direct costs	25,769.91	1,896.37	0.00	11.20	0.00	0.00	3,580.00	0.00	0.00	36.80	0.00	12,429.29	7,816.25	25,769.91	0.00
Gross surplus/(deficit)	48,233.43	7,059.97	7,300.00	7,458.80	0.00	0.00	4,920.00	1,800.00	0.00	(36.80)	0.00	12,547.71	7,183.75	48,233.43	0.00
Administrative Costs															
Administration Expenses	392.00	392.00												392	0.00
Audit & Accountancy fees	543.60	111.60										226.80	205.20	543.6	0.00
Bank Charges	180.00	180.00												180	0.00
Cleaning & PPE	965.98	0.00	14.98				892.78						58.22	965.98	0.00
Equipment costs	254.98	194.98	60.00		0.00									254.98	0.00
General Expenses	34.89	34.89										0.00		34.89	0.00
Gifts	19.79	19.79												19.79	0.00
Governance costs	200.00	200.00												200	0.00
Insurance	525.23	295.23	230.00									0.00		525.23	0.00
IT Software and Consumables	89.99	89.99												89.99	0.00
Legal Expenses	614.40	49.60										564.80		614.4	0.00
Light, Power, Heating	0.00	0.00												0	0.00
Marketing & Publications	1,774.72	202.79	0.00				1,500.00				0.00	71.93		1774.72	0.00
Postage, Freight & Courier	37.37	32.42					4.95							37.37	0.00
Printing & Stationery	123.37	33.97											89.40	123.37	0.00
Rates	0.00	0.00												0	0.00
Refreshments	22.43	14.44	7.99							0.00		0.00		22.43	0.00
Repairs & Maintenance	3,000.57	0.00	470.09				2,530.48						0.00	3000.57	0.00
Salaries	0.00													0	0.00
Staff Training	78.00	78.00												78	0.00
Subscriptions & Memberships	204.00											50.00	154.00	204	0.00
Telephone & Internet	614.56	254.60										176.76	183.20	614.56	0.00
Transport & Travel - National	507.12	507.12												507.12	0.00
Total Administrative Costs	10,183.00	2,691.42	783.06	0.00	0.00	0.00	4,928.21	0.00	0.00	0.00	0.00	1,090.29	690.02	10,183.00	0.00
Net surplus/(deficit) for the year	38,050.43	4,368.55	6,516.94	7,458.80	0.00	0.00	(8.21)	1,800.00	0.00	(36.80)	0.00	11,457.42	6,493.73	38,050.43	0.00
Reserves at 01 April 2020															
Restricted	8,185.44		3,000.00		4,962.00	203.59		10.00				9.85			
Designated	21,000.00	21,000.00													
General	4,913.21	4,913.21													
Total reserves	34,098.65														
Reserves at 31 March 2021															
Restricted	49,060.79		9,516.94	7,458.80	4,962.00	0.00	0.00	1,810.00	4,500.00	2,852.20	0.00	11,467.12	6,493.73		
Designated	21,000.00	21,000.00													
General	2,088.29	9,281.76				203.59	(8.21)		(4,500.00)	(2,889.00)		0.15			
Total reserves	72,149.08														

Balance Sheet

Chrysalis at Tynedale CIO 1166880

As at 31 March 2022

Appendix 1



<u>Account</u>	<u>31 Mar 2021</u>	<u>31 Mar 2020</u>
Fixed Assets		
Tangible Assets		
Leasehold Improvements	1,565.00	0.00
Office Equipment	0.00	0.00
Total Tangible Assets	1,565.00	0.00
Total Fixed Assets	1,565.00	0.00
Current Assets		
Cash at bank and in hand		
Cash in Hand	0.00	0.00
HSBC Business Current Account	74,381.46	34,601.15
Total Cash at bank and in hand	74,381.46	34,601.15
Accounts Receivable	(60.00)	317.70
Prepayments	57.56	0.00
Total Current Assets	74,379.02	34,918.85
Creditors: amounts falling due within one year		
Accounts Payable	3,348.76	874.02
Cash in Hand	446.18	446.18
Sundry creditors	0.00	(500.00)
Total Creditors: amounts falling due within one year	3,794.94	820.20
Net Current Assets (Liabilities)	70,584.08	34,098.65
Total Assets less Current Liabilities	72,149.08	34,098.65
Net Assets	72,149.08	34,098.65
Capital and Reserves		
Current Year Earnings	37,475.74	5,767.11
Retained Earnings	(35,387.45)	(853.90)
Designated funds	21,000.00	21,000.00
Restricted funds	49,060.79	8,185.44
Total Capital and Reserves	72,149.08	34,098.65

Approved by the board of trustees on

12 October 2021

Rosemary Robson
Chairperson

David Greenwood
Treasurer



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

Chrysalis Club Tynedale
Chrysalis at Tynedale CIO 1166880

On accounts for the year
ended

31 March 2021

Charity no
(if any)

1166880

Set out on pages

Appendix 1 to the annual report

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2021.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Date:

20 Oct 2021

Name:

Vicky Copp

**Relevant professional
qualification(s) or body
(if any):**

Senior Accounts Manager NSA UK Ltd

Address:	Tyne Car Terminal
	Jarrow Slake
	South Shields NE34 9PN

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.