

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023
FOR
CANTERBURY AND DISTRICT SAMARITANS CIO

Spain Brothers & Co
Chartered Accountants
Westgate House
87 St Dunstons Street
Canterbury
Kent
CT2 8AE

CANTERBURY AND DISTRICT SAMARITANS CIO

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FOR THE YEAR ENDED 31ST MARCH 2023

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CANTERBURY AND DISTRICT SAMARITANS CIO

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023

The trustees present their report with the financial statements of the charity for the year ended 31st March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The details of the Charity's Trustees, Officers and Independent Examiner and bankers are shown below. Trustees are elected/re-elected as appropriate according to the constitution. All appointments are subject to ratification at the AGM at which all Samaritan members are entitled to vote.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Samaritans vision is for a society in which fewer individuals die by taking their own lives, and in which people can express their feelings and become able to acknowledge and respect the feelings of others

The objects of the Charity as set out in our constitution are:

- To enable persons in Canterbury and the surrounding area as well as elsewhere who are experiencing feelings of distress or despair, including those who may be at risk of suicide, to receive confidential emotional support at any time of the day or night in order to improve their emotional health and to reduce the incidence of suicide
- To promote a better understanding in society of suicide, suicidal behaviour and the value of expressing feelings which may otherwise lead to suicide or impaired emotional health
- To collaborate with and support Samaritans Central Charity and its affiliated branches in fulfilling these Objects

This is achieved by providing a 24-hour telephone support and an on-line chat service (currently available evenings only), to enable such people to receive immediate help and support whenever needed. The e-mail service is no longer managed in Branch but via a central hub, and the reintroduction of a face-to-face service remains under review.

Public benefit

In planning all activities of the Branch during the year, the Trustees have kept in mind the Charity Commission's guidance on Public Benefit and have shown due regard to requirements of the Equalities Act 2010.

Contributions made by volunteers

There are currently 88 volunteers who give their time freely to man the Branch as listening volunteers. This is a reduction on last year but there appears to be no single contributing factor to people being no longer able to volunteer. In addition, there are three support volunteers. An experienced volunteer leads the training and support of Listening services to two prisons on the Isle of Sheppey - Elmley Prison and Standford Hill Prison.

CANTERBURY AND DISTRICT SAMARITANS CIO

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023

ACHIEVEMENT AND PERFORMANCE

DIRECTOR'S REPORT:

With an average of 60-70 Active Listening Volunteers each month, the Branch has provided over 300 listening hours each month, totalling over 1000 calls and an increasing number of webchats.

Rota matters: The charity uses the Three Rings secure on-line volunteer management system for all matters relating to the duty rota and shift patterns. Volunteers are able to book onto shifts directly at a time that suits them, and the rota is monitored several times each day to update any required changes and to ensure maximum coverage with the resources available. A minimum of 2 listening volunteers are on duty at any one time, with one of our team of Duty Leaders supporting each shift remotely. During the year a third listening station was created in the operations room to enhance capacity, and an increasing number of shifts now run with 3 listeners present. We continue to offer a degree of flexibility in the rota, and requests for additional shifts to be created are usually accommodated. Shifts are closed very reluctantly either due to lack of availability of sufficient listeners, or due to a volunteer having to withdraw from a shift at short notice. As a Branch we are fortunate that several volunteers will respond to last minute requests to attend rather than see a shift closed, and our ongoing recruitment plan aims to continually increase the number of volunteers available at any given time. We remain mindful that as a Branch we do not currently support callers between the hours of 02.00 and 05.00, and this was a subject for discussion at a recent 'Have your say' event. Plans are being developed for further consultation with our volunteers for a review of the current patterns and duration of shifts with the aim of extending our cover wherever possible.

Volunteer Care Team: The work of the Volunteer Care Team during the past year focussed on the continual support for all the volunteers connected to the branch either as active volunteers, those contributing as service volunteers, and our honorary members. Support has also included close liaison and communication with volunteers not able to complete shifts due to ill health and unexpected changes to work patterns or family matters. This work has supported volunteers to successfully return to the listening role following training and mentoring when the time is right. The ongoing work and support of Duty Leaders during each shift ensures all volunteers have opportunities to talk through calls, particularly those that are more difficult to listen too. The close working partnerships between volunteers during shifts continues to support not only the well-being of the team but also the sharing of knowledge, skills and experience.

Training: Throughout the year Trustees ensured that all volunteers had access to a comprehensive training and ongoing development programme, and this was delivered by our dedicated Training Team. Training of new volunteers continues to be an important aspect of our work to sustain branch capacity. In the last 12 months Core Development and Embedding training was delivered to two cohorts of new recruits who started in September 2022 and March 2023 respectively. Core Development training was again supported by experienced Samaritans who assisted trainees in Skills Practice role play and the sharing of knowledge and expertise. Mentors also played a vital role working 1:1 alongside new volunteers as they developed their listening skills and became confident with taking calls. Our Lead Mentor monitored the programme to ensure it remained fit for purpose, and the training of additional mentors enabled the Core Development programme to run at maximum capacity. Continuous development has also been led by the Training Team. This included "Applying our Key Policies" (Digital and In-Person mandatory training) which was delivered to all members at the end of 2022 in response to a directive from Samaritans Central Office. They are now coordinating the 2023 requirement for all volunteers to complete the GDPR related digital model "Keeping Data Safe as a Samaritans Volunteer".

Recruitment: Recruitment is essential in maintaining the contact hours that the Branch can provide. The process is led by an online system, and this can reduce the potential face-to-face contact with interested individuals prior to application. To counter this, the Branch has re-introduced Information Events where people can learn more in person before deciding to progress their application. Currently there is capacity for recruiting 15-20 new volunteers twice each year although the number who become full Samaritans is around 10-15 in each group.

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Prisons: Canterbury Branch continues to support the Listener schemes at HMP Elmley and HMP Standford Hill by working closely with the Safer Custody Officers to ensure the Listeners and callers receive consistent support. (Listeners are trusted prisoners that are trained to offer emotional support to other prisoners, whilst at the same time maintaining confidentiality). Ashford Branch volunteers have joined the Canterbury team and are a tremendous help. However, this doesn't change the fact that there is an urgent need for more Branch volunteers to join the team to support prisons. The Postvention Project was piloted last year and resulted in 80 trained staff, Governors and Senior Officers. Self-Inflicted Death in Custody (SIDC) can be extremely traumatic for both prisoners and Officers and the aim of the Postvention Project is to alleviate such distress.

Outreach

The aim when providing outreach opportunities is to spread understanding within our local communities of what the organisation offers. An increasing area of the work delivered by the Outreach Team has been supporting organisations affected by a tragic event. The Branch has strong links with Network Rail and has visited local Railway Stations to talk with staff following traumatic incidents. Other talks and open days have been undertaken in a variety of locations enabling the Branch to reach a wide range of people in our local communities. The Samaritans national roadshow mobile unit visited Canterbury city centre, and our volunteers were well received when they participated in a number of local Pride events.

CANTERBURY AND DISTRICT SAMARITANS CIO

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2023

FINANCIAL REVIEW

In accordance with the Samaritans Constitution, we are required to appoint an Honorary Treasurer. Given the level of our income, we are also required by the Charity Commission to appoint an appropriately qualified Member of a recognised professional body as Independent Examiner to review the accounts.

We are very grateful to Julia Dabson for fulfilling the responsibility of Treasurer during the period, and Paul Flood FCA of Spain Brothers & Co as our Independent Examiner.

Treasurer's Report

This treasurer report covers the period between the 1st of April 2022 to the 31st of March 2023, there has been a change in treasurer during this time, Shannon Baker handed over responsibility at the beginning of March 2023 to Julia Dabson, so although all the hard work has been completed by Shannon, Julia is presenting this report.

Canterbury and District Samaritans are a self-funding Branch, which means we need to raise enough money each year to cover all our expenses. Unfortunately, for the second year running the outgoing costs have exceeded our income, leaving us with a shortfall of £16,490.00, the previous year (2021-22) was £4,034.00.

The cost to run our branch during this financial period has risen to £37,653, previous years have been stable at around £25,000.00. There was a significant drop in donations to £21,163, again in previous years pre-pandemic the funds received have been consistently in excess of £30,000.00.

The branch does not operate with any paid staff and we can only keep operating with the help from our amazing volunteers, but with the current economic climate after the covid-19 pandemic, inflation, and the rising costs of daily living, has left our charity struggling to make ends meet. Our support costs have risen exponentially, they include a rise in energy, insurance and volunteer expenses, and prisoner support costs have exceeded the grant we receive. Having said this, we are currently in a fortunate position to have the cushion from previous years surplus donations and the regular rental income from the flat above the branch, that has enabled us to keep going. However, this is a worrying trend we need to try and reverse as quickly as possible and although our secondary bank accounts currently have a balance of £60,000.00, if the current level of expenditure and donations continue at the same level as this year, our funds will be depleted within five years. It is therefore imperative we take every opportunity to raise the profile of our branch and try to increase donations, so we can keep being there for our callers in their times of desperation and need.

Peter Campbell took over as our Compliance and data protection officer making sure all things are up-to-date and in place ensuring our branch complies with all our legal and financial obligations. In accordance with charity rules the accounts are audited and reviewed by an independent Examiner at Spain Brothers Accountants. Full copy of the accounts will be available from Julia Dabson. The financial statements have been prepared in accordance with the accounting policies set out below and comply with the Charity's trust deed and applicable law.

Facilities

Canterbury City Council have kindly agreed to continue to allow Samaritan volunteers to use the Northgate carpark while undertaking branch duties. I am also pleased to report the occupants in the flat above the branch have caught up with the rent arrears from August - September 2022 (one month). However, there remains deficit in electricity charges to the flat, a bill was not issued between the 20th of April 2022 to the 31st of March 2023, the tenants are paying a regular amount of £100 each month, but charges are still ongoing and accruing. Investigations are currently being made into the feasibility of moving the electricity meter into the flat itself, so the branch is not involved with any further electricity charges for the flat.

Julia Dabson
(Treasurer)

Reserves policy

The Trustees agree to hold reserves of approximately one year's expenditure to ensure the Charity can sustain its activities in the event of fluctuations in donations received and so continue to provide access to Callers without interruption. These funds are invested securely but on a very low interest rate.

Reserves as at 31st March 2023 were all unrestricted £435,551 (2022 £452,041) of which £375,381 (2022 £375,000) can only be realised by the disposal of tangible fixed assets.

CANTERBURY AND DISTRICT SAMARITANS CIO

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST MARCH 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Canterbury and District Samaritans CIO is a Charitable Incorporated Organisation governed by its constitution and is a registered charity, number 1166874. This Charity was registered on 1st October 2016 as an affiliate branch of Samaritans Central Charity (registered charity no. 219432), having previously operated as an unincorporated branch of the Central Charity.

The Charity is run by individual Samaritans (also known as Volunteers) who are the Charity's members. Through its members, the Charity provides telephone, e-mail, SMS, and face to face support services to individuals (Callers and Visitors) who are experiencing many forms of distress.

Samaritans are recruited from suitable persons from the community who undergo careful selection and training within guidelines provided by the Samaritans' Central Charity (which provides guidance and support to all Samaritan local Centres). Canterbury and District Samaritans has no paid employees; all functions of the Branch are carried out by Volunteers.

At the quarterly Trustees' meetings, the Trustees review the strategic direction of the Branch including finance, risk management, policies, and performance. Key policies are provided by the Samaritans Central Office, and the Trustees have a responsibility to ensure that these are understood, disseminated, and implemented in a timely fashion.

The Trustees are supported by a Directorate who oversee operational matters at their bimonthly meetings. Members of the Directorate are Branch volunteers who have agreed to take on a lead and co-ordinating responsibility for a range of differing roles.

All give their time freely in addition to being active Listening volunteers in the Branch. No remuneration was paid for these roles, and any volunteer expenses were paid in accordance with branch policy and are duly noted in the accounts.

CANTERBURY AND DISTRICT SAMARITANS CIO

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Office

32 Northgate
Canterbury
Kent CT1 1BL

Registered Charity Number

1166874

Philip Coles	Trustee and Branch Director (resigned May 2023)
Sue Riddell	Trustee and Branch Director (apptd June 2023)
Julia Dabson	Trustee and Treasurer (apptd March 2023)
Arabella Nairne	Trustee & Secretary (resigned May 2023)
Sanjidah Islam	Trustee
Lynne Ewart	Trustee (apptd Sept 2022)
Christine Lovell	Trustee (apptd Sept 2022)
Maggie Gabbe	Trustee
Mary Hart	Trustee
Richard Shaw	Trustee
Mike Wimhurst	Trustee
Elinor Lockyer	Trustee (resigned Jan 2023)
Shannon Baker	Treasurer & Trustee (resigned Feb 2023)
Frank Rossi	Trustee (resigned June 2023)

Registered Office

32 Northgate
Canterbury
Kent CT1 1BL

Bankers

Lloyds Bank
49 High Street
Canterbury
Kent CT1 2 SE

Independent Examiner

Paul Flood FCA
Spain Brothers & Co
Westgate House
87 St Dunstan's Street
Canterbury
Kent CT2 8AE

CANTERBURY AND DISTRICT SAMARITANS CIO

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2023

Approved by order of the board of trustees on 23 Jan 2024 and signed on its behalf by:

S Riddell

S Riddell - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
CANTERBURY AND DISTRICT SAMARITANS CIO**

Independent examiner's report to the trustees of Canterbury and District Samaritans CIO

I report to the charity trustees on my examination of the accounts of Canterbury and District Samaritans CIO (the Trust) for the year ended 31st March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Paul Flood BFP FCA

Spain Brothers & Co
Chartered Accountants
Westgate House
87 St Dunstons Street
Canterbury
Kent
CT2 8AE

Date:

CANTERBURY AND DISTRICT SAMARITANS CIO

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2023

		Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
	Notes				
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	6,302	-	6,302	4,156
Charitable activities					
Prisons outreach		4,778	-	4,778	4,070
Other grants received from Central Charity		-	-	-	2,623
Other trading activities	3	1,433	-	1,433	931
Investment income	4	8,650	-	8,650	9,401
Total		21,163	-	21,163	21,181
EXPENDITURE ON					
Charitable activities					
Direct charitable expenditure		13,190	-	13,190	13,794
Prisons outreach		6,775	-	6,775	-
Support costs		13,897	-	13,897	7,878
Administration		3,151	-	3,151	2,969
Governance costs		640	-	640	574
Total		37,653	-	37,653	25,215
NET INCOME/(EXPENDITURE)		(16,490)	-	(16,490)	(4,034)
RECONCILIATION OF FUNDS					
Total funds brought forward		452,041	-	452,041	456,075
TOTAL FUNDS CARRIED FORWARD		435,551	-	435,551	452,041

CANTERBURY AND DISTRICT SAMARITANS CIO

BALANCE SHEET
31ST MARCH 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	10	230,201	-	230,201	229,820
Investment property	11	145,180	-	145,180	145,180
		<u>375,381</u>	<u>-</u>	<u>375,381</u>	<u>375,000</u>
CURRENT ASSETS					
Debtors	12	5,646	-	5,646	4,332
Cash at bank	13	58,027	-	58,027	73,674
		<u>63,673</u>	<u>-</u>	<u>63,673</u>	<u>78,006</u>
CREDITORS					
Amounts falling due within one year	14	(3,503)	-	(3,503)	(965)
NET CURRENT ASSETS		<u>60,170</u>	<u>-</u>	<u>60,170</u>	<u>77,041</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>435,551</u>	<u>-</u>	<u>435,551</u>	<u>452,041</u>
NET ASSETS		<u>435,551</u>	<u>-</u>	<u>435,551</u>	<u>452,041</u>
FUNDS	15				
Unrestricted funds				435,551	452,041
TOTAL FUNDS				<u>435,551</u>	<u>452,041</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 23-01-24 and were signed on its behalf by:



J Dabson - Trustee



S Riddell - Trustee

CANTERBURY AND DISTRICT SAMARITANS CIO

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31ST MARCH 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

General information and basis of preparation

Canterbury and District Samaritans is a Charitable Incorporated Organisation (CIO), registered at the Charity Commission in England and Wales. The principal address is shown in the Report of the Trustees of these financial statements.

Canterbury and District Samaritans CIO constitutes a public benefit entity as defined by FRS 102.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has evolved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

The charity has applied Update Bulletin 1 as published on 2 February 2016 and does not include a cash flow statement on the grounds that it is applying FRS 102 Section 1A.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

The charity receives grants in respect of prisons outreach work. Income from grants is recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Investment income is earned through holding assets for investment purposes such as interest bearing accounts and property. It includes interest and rent. Where it is not practicable to identify investment management costs incurred within a scheme with reasonable accuracy the investment income is reported net of these costs.

Investment income is recognised as the charity's right to receive payment is established.

CANTERBURY AND DISTRICT SAMARITANS CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

1. ACCOUNTING POLICIES - continued

Expenditure

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- Expenditure on charitable activities includes levy to Samaritans Headquarters, costs incurred for prisons outreach services, reimbursement of volunteer expenses, the Visit costs and fund raising expenses.
- Support costs are establishment expenses to assist the work of the charity but do not directly represent charitable activities. They include insurance, utilities household and repairs and maintenance.
- Administration includes agency fees, accountancy fees and other administration expenses.
- Governance costs are general costs which have been incurred in order for the Charity to operate affectively and to generate the information required for public accountability.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Tangible fixed assets

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Computer equipment	-25% on cost
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Freehold property is depreciated over an estimated useful life of 50 years. However, as the residual value of freehold property exceeds the carrying amount shown in the financial statements no depreciation charge has been provided.

Investment property

Investment properties for which fair value can be measured reliably without undue cost or effort are measured at fair value at each reporting date which changes in fair value recognised in 'net gains/ (losses) on investments' in the SOFA.

Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

CANTERBURY AND DISTRICT SAMARITANS CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations (individuals)	3,102	1,780
Donations (organisations)	2,376	2,376
Legacies	250	-
	<u>6,302</u>	<u>4,156</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	<u>1,433</u>	<u>931</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Rents received	8,480	9,360
Bank interest receivable	170	41
	<u>8,650</u>	<u>9,401</u>

5. SUPPORT COSTS

	Establishment expenses £	Other £	Governance costs £	Totals £
Support costs	13,897	-	-	13,897
Administration	-	3,151	-	3,151
Governance costs	-	-	640	640
	<u>13,897</u>	<u>3,151</u>	<u>640</u>	<u>17,688</u>

CANTERBURY AND DISTRICT SAMARITANS CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2023

5. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	Support costs £	Administration £	Governance costs £	2023 Total activities £	2022 Total activities £
Rates and water	387	-	-	387	325
Insurance	2,556	-	-	2,556	1,101
Utilities	3,700	-	-	3,700	1,582
Telephone & broadband	2,127	-	-	2,127	1,390
Catering	2,267	-	-	2,267	1,441
Household expenses	1,459	-	-	1,459	1,571
Repairs and maintenance	1,376	-	-	1,376	360
Depreciation of tangible and heritage assets	25	-	-	25	108
Accountancy	-	915	-	915	565
Computer maintenance & support	-	623	-	623	906
Photocopying	-	352	-	352	213
Printing, postage and stationery	-	221	-	221	128
Sundries	-	132	-	132	146
Agency fees	-	908	-	908	1,011
Independent examiners remuneration	-	-	640	640	574
	<u>13,897</u>	<u>3,151</u>	<u>640</u>	<u>17,688</u>	<u>11,421</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022.

Trustees' expenses

During the year, 4 trustees (2022 1) were reimbursed for travel and other expenses totalling £917 (2022 £422). All of these were incurred in the course of their duties as Samaritans.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	4,156	-	4,156
Charitable activities			
Prisons outreach	4,070	-	4,070
Other grants received from Central Charity	2,623	-	2,623
Other trading activities	931	-	931
Investment income	9,401	-	9,401
Total	<u>21,181</u>	<u>-</u>	<u>21,181</u>