

Charity number: 1166863

HALO CHILDREN'S FOUNDATION

**UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2023**



HALO CHILDREN'S FOUNDATION
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FOR THE YEAR ENDED 31 MARCH 2023

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HALO CHILDREN'S FOUNDATION

LEGAL AND ADMINISTRATIVE INFORMATION FOR THE YEAR ENDED 31 MARCH 2023

Charity number	1166863
Trustees	Fatima Rahil, Chair Adela Grimshaw, Trustee Michelle McCarroll, Trustee Khadijah Larkins, Trustee
Principal address	Mail Box 24 Hayes Business Studios 4-5 Damson Drive Hayes UB3 3DY
Principal operating office	Halo Play Café Unit 225 The Chimes Uxbridge UB8 1GB
Chief executive officer	Alia Jones

HALO CHILDREN'S FOUNDATION
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their annual report together with the financial statements of the Halo Children's Foundation for the period of 1 April 2022 to 31 March 2023.

Halo Children's Foundation was formed on 3 May 2016 as a Charitable Incorporated Organisation (CIO).

Objectives and activities

a. Policies and objectives

The objectives of the Charity are:

- 1) to promote and protect the physical and mental health of people living in Greater London, in particular children and young adults, who have experienced the loss of a family member or someone close to them by providing and assisting in the provision of services related to bereavement care such as therapeutic play and counselling.
- 2) to advance the education of the general public in all areas relating to bereavement.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)

b. Strategies for achieving objectives

Halo Children's Foundation is a charity supporting children and their families with bereavement when a loved one sadly dies. Many of the children we support have experienced the death of a parent, but this can be a sibling, grandparent or any loved one.

HALO's aim is to allow families opportunities to hold onto memories of their loved one whilst creating new memories along the way in rebuilding their lives after their loss. We aim to reduce isolation and offer hope to families and a safe place so they do not grieve alone.

HALO support is offered 7 days a week at the HALO play café, with weekly provision available as a drop-in service and a bereavement book library available 5 days a week at our HQ. Our monthly peer support and meet up allows families to meet with others going through similar grief where they do not feel alone. Professionals on hand for families means they can positively tackle issues which arise along their journey.

c. Activities undertaken to achieve objectives

- 1) provide a monthly expressive arts and play session, a place where children can express themselves in a safe and stimulating environment;
- 2) provide a bereavement book library of books for free loan;
- 3) offer a drop-in service of bereavement support;
- 4) peer support for both children and adults;
- 5) funded trips to create new memories;
- 6) a website of information on bereavement support at developmental levels;
- 7) offer training to individuals of grief and loss;
- 8) weekly drop-in service of support in an after school club.

HALO CHILDREN'S FOUNDATION

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Objectives and activities (continued)

d. Main activities undertaken to further the Charity's purposes for the public benefit

- 1) work in partnership with schools and local services;
- 2) provide training opportunities for professionals and volunteers;
- 3) provide personalised memory boxes for children to keep loved ones items in;
- 4) offer a cushion making service to keep loved ones close;
- 5) provide a long term support system throughout the grief process;
- 6) offer 1 to 1 and group counselling sessions;
- 7) offer emotional support;
- 8) links with community groups for referral such as Carers Trust Hillingdon, Hillingdon Mind, H4ALL, Harlington Hospice and links with local leisure facilities and hairdressing for wellbeing support;
- 9) fund trips for families to create new, happy memories to talk about
- 10) Create a keepsake workbook to express thoughts and feelings

e. Volunteers

The Charity is grateful for the unstinting efforts of its volunteers who are involved in service provision, partnerships and fundraising.

It is estimated that over 9600 volunteer hours, carried out by 25 main volunteers were provided during the year. If this is conservatively valued at £10.42 an hour (the minimum living wage) the volunteer effort amounts to over £100,032.

The Charity has appointed a volunteer lead to ensure that best value is derived from the sterling efforts of our volunteers. Volunteers hold a range of skills in accounting, teaching, safeguarding, gardening, DIY and art and many of our volunteers have helped run the Halo Play Cafe project which has now been running for two years. HALO are delighted to have the support offered by volunteers and are proud recipients of the Queen's Award for Voluntary Service, the highest award given to volunteer groups

Achievements and performance

Over the past 12 months we have:

- continued to fund personalised memory boxes free of charge to children to keep loved one's items in;
- recruited new volunteers and offered a Safeguarding Training course to them all;
- ran weekly support groups with a Project Coordinator funded by BBC CIN
- funded day out trips for families to create new memories together;
- built long term partnerships with local Football Clubs, Leisure Centre's and businesses; such as ASDA, Coop and Hasbro
- work with LBH children's services and social workers to best support those in need
- offered monthly Expressive Arts and Play sessions with peer support for adults;
- HALO have offered bereavement support in local schools and encouraged Bereavement Policy's in Hillingdon schools;
- Continued to run a bereavement book library of over 50 books to borrow;
- Provided families with a Cushion of Love made out of a loved one's piece of clothing made by volunteers

Worked with local Funeral Directors sharing HALO support when someone dies;

Successfully ran the Halo play café project in Uxbridge and used it as a hub for support services to reach those in need,

offered professional counselling support in Hillingdon

HALO CHILDREN'S FOUNDATION

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

HALO have offered a workbook to support children with grief and loss as a keepsake and provide instant telephone support.

HALO run regular groups and sessions offering families consistent support 7 days a week and offers phone support. The HALO team continue to work hard to run the Halo play café - a place to encourage families out of the home, to reduce isolation so they do not grieve alone and raise funds whilst using the space being open for public use. The café is mainly volunteer run, with 2 part time staff over seeing health and safety and food hygiene.

HALO continue to grow with experience in bid writing and aim to develop this area to be able to fund qualified counselling and psychotherapy support to families in-house and keep the charity running on a strong foundation.

The year ahead we plan to:

- Work with more local schools in Hillingdon and surrounding Boroughs and share Our Counselling support work
- create a booklet to be shared in local hospitals and schools on HALO services;
- Continue to train school teachers and other professionals on bereavement support
- Secure further lease at the Halo Play café project and hub
- continue to build partnerships with local organisations and businesses;
- Work to achieve quality standards for HALO
- apply for funding for a counsellor/psychotherapist support;
- explore possibility of opening a charity shop;
- secure further funding to ensure Charity has a strong foundation

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

The Trustees recognise the need to hold reserves to allow protection of all core activities in the event of income shortfall and any cashflow problems as well as to promote a balanced long-term strategic plan. We continue to execute our action plan to promote for this.

HALO would like to thank the following for their support during this period:

The London Borough of Hillingdon Council, The Entertainer, The Chimes Uxbridge, Savills, RRP Electrical, Gas Tech, Co-op, Goldman Sachs, Asda Hayes, Goldsworth Park Rangers FC, BBC Children In Need, Hasbro Gaming, The Edward Gostling Foundation, BACCES, the local churches and all the individual fundraisers and donors that kindly choose to support the charity.

Structure, governance and management

a. Constitution

Halo Children's Foundation is a registered charity, number 1166863, and is constituted under the terms of the Charitable Incorporated Organisation Constitution.

HALO CHILDREN'S FOUNDATION

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management (continued)

a. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Charitable Incorporated Organisation Constitution.

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Charity Commission Scheme. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:



**Fatima
Rahil**
(Chair of Trustees)

Date: 29/11/2023

**INDEPENDENT EXAMINERS' REPORT
TO THE TRUSTEES OF**

HALO CHILDREN'S FOUNDATION

I report on the accounts of the Charitable Company for the year ended 31st March 2023, which are set out on pages 7 to 14.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The Charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. Which gives me reasonable cause to believe that in, any material respect, the requirements:
 - to keep accounting records in accordance with Section 386 of the Companies Act 2006 and section 130 of the Charities Act 2011; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act; have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



SONIA GUPTA
ALLENBY ACCOUNTANTS

Chartered Accountants
35 Sweetcroft Lane
Hillingdon
UB10 9LE

Date: 30/11/2023

HALO CHILDREN' S FOUNDATION

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	UNRESTRICTED FUNDS <u>2023</u>	RESTRICTED FUNDS <u>2023</u>	TOTAL FUNDS <u>2023</u> £	TOTAL FUNDS <u>2022</u> £
INCOME RESOURCES					
Donations & legacies	3	184,573	17,312	201,885	87,088
Charitable Activities	4	-	-	0	0
Total incoming resources		184,573	17,312	201,885	87,088
RESOURCES EXPENDED					
Raising Funds	5	-	-	0	0
Charitable expenses:	6	55,893	37,312	93,205	66,459
Total resources expended		55,893	37,312	93,205	66,459
Net incoming resources before transfer		128,680	(20,000)	108,680	20,628
Transfers between funds				-	-
Other recognised gains and losses				-	-
Net movement in funds		128,680	(20,000)	108,680	20,628
Reconciliation of funds					
Total funds brought forward		40,480	20,000	60,481	39,853
Total funds carried forward		169,160	0	169,161	60,481

There were no recognised gains or losses for 2023 other than those included in the Statement of Financial Activities.

The notes on pages 9 to 14 form part of these accounts.

The charity income and expenditure all relate to charitable purpose.

HALO CHILDREN'S FOUNDATION

BALANCE SHEET AS AT 31 MARCH 2023

	Notes	2023 £	2022 £
Fixed Assets		1,100	1,100
Less Depreciation		(733)	(367)
		<u>367</u>	<u>733</u>
CURRENT ASSETS			
Other Debtors	11	7,840	471
Stock		52	0
Cash at bank and in hand		171,900	65,127
		<u>179,792</u>	<u>65,598</u>
CREDITORS: amounts falling due Within one year:-			
Creditors	12	(10,998)	(5,850)
		<u>(10,998)</u>	<u>(5,850)</u>
NET CURRENT ASSETS/(LIABILITIES)		<u>169,161</u>	<u>60,481</u>
TOTAL NET ASSETS		<u>169,161</u>	<u>60,481</u>
REPRESENTED BY			
Restricted Fund	14	0	20,000
Unrestricted Fund		169,161	40,481
RESERVES CARRIED FORWARD		<u>169,161</u>	<u>60,481</u>

The financial statements were approved by the trustees of the Charity on 29/11/2023 and were signed by:

Fatima Rahil

Fatima Rahil
(Chair of Trustees)

Date: 29/11/2023

The attached notes form an integral part of these accounts.

HALO CHILDREN'S FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

1 ACCOUNTING POLICIES

Basis of preparation of accounts

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Halo Children's Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of Financial Activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

2.1 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

HALO CHILDREN'S FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

2.2 Expenditure

All expenditure is inclusive of irrecoverable VAT.

2.3 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.4 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.5 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

2.6 Financial Instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.7 Pensions

The Charity operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Charity to the fund in respect of the year.

2.8 Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

HALO CHILDREN'S FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

TOTAL FUNDS

3 Income from Donations and Legacies	Unrestricted Funds	Restricted Funds	TOTAL	TOTAL
			<u>2023</u>	<u>2022</u>
	£	£	£	£
Donations	184,573	-	184,573	24,180
Grants	-	17,312	17,312	62,908
Total	184,573	17,312	201,885	87,088

4 Income from Charitable Activities	Unrestricted Funds	Restricted Funds	TOTAL	TOTAL
			<u>2023</u>	<u>2022</u>
	£	£	£	£
Income from Charitable Activities	-	-	-	-
	-	-	-	-

5 Expenditure on raising funds	Unrestricted Funds	Restricted Funds	TOTAL	TOTAL
Costs of raising voluntary income			<u>2023</u>	<u>2022</u>
	£	£	£	£
Awards Dinner		-	-	-
	-	-	-	-

6 Analysis of expenditure on charitable activity

Summary by fund type	Unrestricted Funds	Restricted Funds	TOTAL	TOTAL
			<u>2023</u>	<u>2022</u>
	£	£	£	£
Charitable Activities	53,451	37,312	90,763	64,359

HALO CHILDREN'S FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2023

TOTAL FUNDS

7 Analysis of expenditure on activity

Charitable Activity	Unrestricted Fund	Restricted Fund	TOTAL	TOTAL
			<u>2023</u>	<u>2022</u>
	£	£	£	£
Staff costs	27,576	32,997	60,572	50,025
Fund raising expenses	-	-	-	0
Materials	3,725	-	3,725	1,990
Trips and other activities	542	3,520	4,061	1,564
Other costs Donation and paypal fees	262	-	262	0
Telephone	-	544	544	656
Printing postage & stationary	161	-	161	388
Repairs and Maintenance	19,863	-	19,863	0
Insurances	336	-	336	330
Training course	300	-	300	0
Other staff cost	216	-	216	701
Governance costs	104	-	104	456
Halo Play café project	-	-	-	7,451
Rent	-	252	252	432
Depreciation	367	-	367	367
	53,451	37,312	90,763	64,359

8 Independent Examiner remuneration

	TOTAL	TOTAL
	<u>2023</u>	<u>2022</u>
	£	£
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	900	900
Fees payable to the Charity's independent examiner in respect of All assurance services not included above	1,542	1,200

9 Analysis of staff costs

	TOTAL	TOTAL
	<u>2023</u>	<u>2022</u>
	£	£
wages and salaries	56,957	47,904
Social security costs	2,340	1,009
Contribution to defined pension schemes	1,276	1,112
Total	60,572	50,025

HALO CHILDREN'S FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2023

The average number of persons employed by the Charity during the year was as follows:-

	TOTAL <u>2023</u> No.	TOTAL <u>2022</u> No.
Chief executive officer	1	1
Project coordinator	1	1
	<u>2</u>	<u>2</u>

No employee received remuneration amounting to more than £60,000 in either year.

10 Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2022 - £NIL) .

During the year ended 31 March 2023, no Trustee expenses have been incurred (2022 - £NIL) .

11 Debtors

	TOTAL <u>2023</u> £	TOTAL <u>2022</u> £
Prepayments and accrued income	-	0
Other Debtors	<u>7,840</u>	<u>471</u>

12 Creditors: Amounts falling due within one year

	TOTAL <u>2023</u> £	TOTAL <u>2022</u> £
Other taxation and social security	5,395	3,797
Other creditors	3,203	253
Accruals and deferred income	2,400	1,800
	<u>10,998</u>	<u>5,850</u>

13 Financial Instruments

	TOTAL <u>2023</u> £	TOTAL <u>2022</u> £
Financial assets		
Financial assets measured at fair value through income and expenditure	171,900	65,127
	<u>171,900</u>	<u>65,127</u>

HALO CHILDREN'S FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

14 Restricted Fund Analysis

Fund Name	Opening balance 2022 £	Additions during the year 2023 £	Insurance 2023 £	Salary 2023 £	Rent 2023 £	Telephone 2023 £	Materials 2023 £	Postage & stationary 2023 £	Trips 2023 £	<i>TOTAL as at 31/03/23 2023 £</i>
BBC Children In Need	0.00	(10,312.00)		10,312.00			0.00	0.00	0.00	0.00
Hillingdon Community Trust	(20,000.00)	(7,000.00)		22,684.58	252.00	543.92	0.00	0.00	3,519.50	0.00
	(20,000.00)	(17,312.00)	0.00	32,996.58	252.00	543.92	0.00	0.00	3,519.50	0.00