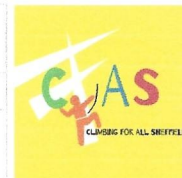




Trustees' Annual Report for the period



Period start date		Period end date	
From	1 Aug 2022	To	31 July 2023

Section A Reference and administration details

Charity name	Climbing for All Sheffield
Other names charity is known by	CfAS
Registered charity number (if any)	1166860
Charity's principal address	100 Marlcliffe Road Sheffield
Postcode	S6 4AG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Nick Whittaker	Chair		
2	Ruby Whittaker			
3	George Smith			
4	Jenny Hands			
5	Clare Hands			
6	Ben Conway			
7	Robin Whittaker			
8	Hazel Whittaker			
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by meeting of trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

The charity runs climbing sessions at The Foundry Climbing Centre, Sheffield. Sessions are supervised by qualified and experienced rock climbing instructors. The centre's procedures are followed, including safety procedures for climbing, and recording of parent/guardian consent for children and for adults under guardianship.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

THE OBJECT OF THE CIO IS THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION, IN PARTICULAR BY THE PROVISION OF FACILITIES FOR PARTICIPATING IN CLIMBING ACTIVITIES FOR THE RESIDENTS OF SHEFFIELD AND SURROUNDING AREAS.

In more detail, the objects of the charity are:

1. To provide opportunities for children, young people and adults with a wide range of disabilities to access and enjoy rock climbing and mountaineering and be visible and included in the climbing

community in Sheffield.

2. To increase levels of participation of children, young people and adults with a wide range of disabilities in rock climbing and mountaineering, in order to:
 - Improve their physical development, health and wellbeing;
 - Improve their self-image and self-esteem; and
 - Develop their confidence and ability to communicate and interact with other people.
3. To develop a strong and sustainable network of instructors with the qualifications, skills and experience needed to confidently help children, young people and adults with a wide range of disabilities to access and enjoy rock climbing and mountaineering.

Trustees acted throughout the period to provide public benefit:

PROMOTING COMMUNITY PARTICIPATION IN HEALTHY RECREATION, IN PARTICULAR BY THE PROVISION OF FACILITIES FOR PARTICIPATING IN CLIMBING ACTIVITIES FOR THE RESIDENTS OF SHEFFIELD AND SURROUNDING AREAS.

Operating at The Foundry Climbing Centre, the charity enables disabled climbers to be visible and included in the climbing community in Sheffield. Involvement of volunteers from the climbing community, and development of experience amongst volunteers and instructors, promotes climbing as an inclusive activity for children, young people and adults with disabilities.

The climbing club ran through the year, with small groups of climbers assisted by volunteers. Very small sessions were held for new climbers and for a few climbers who needed individually focused sessions.

A new development was the provision of placements for a small cohort of medical students. Apart from the obvious societal benefit of increasing future doctors' awareness of disabled people, this furthered the charity's aim to promote inclusive climbing in the wider community. The students, all climbers themselves, undertook accredited training as part of their development as volunteers. They enabled some additional climbing, while payments for their supervision have opened the door for significant expansion and volunteer development in the coming year.

The first "General Meeting" of the charity took place in June, both a social get together and a chance for trustees, volunteers and climbers to share views on how the charity's operations should evolve.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Volunteers are essential to the operation of climbing activities. Many of the charity's climbers require the assistance of one or two side-climbers with belayers for climber and side-climber(s), and assistive ropes.

Whilst instructors are employed by The Foundry and are paid, volunteers are unpaid, keeping the cost of sessions affordable.

Friendly interactions with volunteers make climbing sessions fun for many climbers, while the involvement of most volunteers in various aspects of climbing is a major contributor to the visibility of disabled climbers in the climbing community.

Summary of the main achievements of the charity during the year

In its seventh year of operation, Climbing for All Sheffield held more climbing sessions for its "club climbers" than ever.

There were 10 blocks of sessions run through the year during school term times, each block comprising 7 or 8 sessions across weekday evenings and weekends, totalling 91 sessions. This is slightly more than last year's total of 85 sessions, itself a full year of sessions.

A total of 39 climbers climbed at club sessions (compared to 30 last year), and 35 volunteers helped at sessions, including 3 of the charity's trustees and placement students inducted into volunteering.

The trustees are very pleased that both children and adults are represented at the club, with a variety of physical, cognitive and sensory impairments and/or autism. The club has provided opportunities for families to climb together, with non-disabled siblings or children getting an opportunity to climb alongside disabled family members.

15 new climbers registered with the charity to try climbing. This is fewer than last year's 34 new climbers, partly because of last year's post-covid backlog, but also because it became more difficult to fit in individualised "taster" sessions, though the addition of placement students helped to run some taster sessions in parallel to club sessions. Several of the new climbers started to climb at club sessions, and some individuals and families have been helped to become independent climbers.

Although CfAS could not meet all the demand for climbing, some new climbers or groups with additional support needs were referred to the Foundry Climbing Centre, a number of whose instructors have developed inclusive climbing experience through working with CfAS. Some CfAS climbers have been helped to find new opportunities with other organisations, including paraclimbing and outdoor centres: the charity is very pleased to promote wider Climbing for All initiatives beyond its own operation.

15 new volunteers registered during the year, including placement students, and active or former members of Sheffield's climbing communities and climbers based in Sheffield for study or work.

The five placement students were a cohort from The University of Sheffield Medical School, all of them climbers in their spare time. They were supervised by lead trustee Nick Whittaker, and received some days of formal training (booked and paid for by CfAS) as well as a number of training days with Nick and other CfAS volunteers. They assisted at climbing sessions alongside established CfAS volunteers, with climbing teams formulated so that climbers were accompanied by volunteers that they knew. Their involvement facilitated extra assistance, e.g. more side climbers to allow more difficult routes to be tackled; also it freed up experienced volunteers to run individualised sessions for new climbers.

Although placement provision required a considerable donation of time from CfAS volunteers, it brought in income to expand operations next year, in particular more climbing opportunities for more people, and more comprehensive development of the climbing volunteer network.

The June General Meeting included presentations on CfAS's successes during the year, and new ideas on how to further develop inclusive

Section D

Achievements and performance

climbing. There was open discussion afterwards, and a follow-up survey sought ideas and opinions from all registered climbers and volunteers.

Principal directions for next year are (1) to better understand “What Matters” to climbers, and (2) to formalise the sign-up and training of volunteers. “What Matters” conversations will drive a new pattern of differentiated sessions that recognise varying support needs and current climbing ambitions. Some climbers are looking for technical progression, while others want an environment in which they can make new friends and work on social skills. The ways in which volunteers interact with climbers is key to the success of sessions. It is intended to involve a greater number of volunteers in the management of sessions, and to repeat the successful provision of student placements. Also, it is hoped to further promote climbing opportunity by supporting the Foundry’s provision of inclusive climbing in the coming year. Other points raised at the General Meeting are the improvement of facilities at the Foundry (e.g. the accessible toilets, and provision of rest mats), and availability of merchandise such as printed hoodies.

The charity maintained a social media presence on Facebook, posting some photographs and sharing climbing experiences with permission on its Facebook page.

The role of The Foundry in providing a base for the charity’s activities is gratefully acknowledged.

Section E

Financial review

Brief statement of the charity’s policy on reserves

Our reserves position: at end of FY (July 2023) unrestricted funds stood at £16,268, an increase of £10,539 over the year, due to the provision of student placements.

Annual expenditure was £3,877, of which the largest part was on instructor costs, and the remainder from supporting training of placement students and volunteers, and buying equipment. The ratio of reserves to annual expenditure was therefore greater than 100%.

Policy on reserves will be reviewed alongside operational planning and financial review.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The attached financial report sets out key income and expenditure headlines.

Payments for providing student placements, totalling £12,740, and incurred costs appear under the 'Community' heading, which is included for the first time this year. Costs, at £1,146, are relatively low because CfAS trustees and volunteers give their time without charge; some minor costs also coded as 'Community' include media production for events and liaison with other organisations. Note: On 5th April 2023, we received an overpayment (duplicate payment) of £12,700 from Health Education England, subsequently repaid. The overpayment has not been included in the accounts submitted for Climbing For All Sheffield as it does not form part of the charity's income.

The major costs in FY22 were for instructors to lead climbing sessions, at £2,164. Income from sessions was £818: the charity remains committed to providing climbing opportunities to all, regardless of their ability to pay, and non-subsidised pricing would be prohibitive to many CfAS climbers. Many climbers do, however, pay the suggested contribution of £7.50 per session, and some pay more.

Kit previously donated by sponsors mainly remained in operation through the year, with £482 spent on rolling replacement and new items. Note that equipment items are not listed as assets because monetary transfer of equipment would not be feasible.

Income from donations totalled £818. This included further donations in memoriam from the family of climber Mark Morrison, and fundraising efforts or donations from climber families and volunteers. The charity itself did not organise any specific fundraising events this year.

Section F Other optional information

The trustees are proud of the charity's success to date and consider it to be their duty and privilege to further expand climbing opportunities, enjoyment and inclusion for the disabled community.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	NLWHLK	J Hands
Full name(s)	NICHOLAS WHITTAKER	JENNY HANDS
Position (eg Secretary, Chair, etc)	CHAIR OF TRUSTEES	TRUSTEE

Date 13/02/24



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Climbing for All Sheffield

No (if any)
1166860

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01-Aug-22		31-Jul-23

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Session payments from climbers	858	-	-	858	1,157
Community - placement students	12,740	-	-	12,740	-
Events income	-	-	-	-	-
Merchandise sales	-	-	-	-	-
Fundraising & donations	818	-	-	818	3,106
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	14,416	-	-	14,416	4,263
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	14,416	-	-	14,416	4,263
A3 Payments					
Session costs (instructors)	2,164	-	-	2,164	2,716
Support of work in community	1,146	-	-	1,146	-
Events costs	85	-	-	85	-
Merchandise	-	-	-	-	-
Equipment purchase	482	-	-	482	316
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	3,877	-	-	3,877	3,032
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	3,877	-	-	3,877	3,032
Net of receipts/(payments)	10,539	-	-	10,539	1,231
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	5,729	-
Cash funds this year end	16,268	-	-	16,268	5,729

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank account	5,728	-	-
		-	-	-
		-	-	-
	Total cash funds	16,268	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-



B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	NICHOLAS WHITAKER	13/02/24
	JENNY HANDS	13/2/24