

# THE LAURA CENTRE

England & Wales · Charity number 1166803

## Details

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Other names	TLC
Status	Registered
Legal form	CIO
Registered	2016-04-28
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	4-6 Tower Street Leicester LE1 6WS
Phone	0116 2544341
Email	<a href="mailto:info@thelauracentre.org.uk">info@thelauracentre.org.uk</a>
Website	<a href="http://www.thelauracentre.org.uk">www.thelauracentre.org.uk</a>

## Activities

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**Objects:** TO RELIEVE ADULTS SUFFERING THE EFFECTS OF AN ANTICIPATED OR ACTUAL DEATH OF A CHILD OF ANY AGE AND FROM ANY CAUSE AND TO RELIEVE CHILDREN AND YOUNG PEOPLE SUFFERING THE EFFECT OF ANTICIPATED OR ACTUAL DEATH OF A SIBLING, PARENT, GRANDPARENT OR OTHER SIGNIFICANT PERSON THROUGH THE PROVISION OF ADVICE, COUNSELLING AND SUPPORT SERVICES; AND TO PROMOTE AND ENCOURAGE THE STUDY OF AND RESEARCH INTO LIFE THREATENING DISEASES AND THE EFFECTS OF BEREAVEMENT ON PARENTS, CHILDREN AND FAMILIES AND PUBLISHING THE RESULTS OF SUCH RESEARCH; AND TO PROMOTE AND ENCOURAGE THE ADVANCEMENT OF EDUCATION FOR THOSE INVOLVED IN THE PROVISION OF ADVICE, COUNSELLING AND SUPPORT SERVICES TO FAMILIES WHO HAVE SUFFERED THE DEATH OF A CHILD OR WHOSE CHILD IS SUFFERING FROM A LIFE THREATENING ILLNESS; AND THE PROMOTION OF SUCH OTHER PURPOSES RECOGNISED AS CHARITABLE UNDER THE LAW OF ENGLAND AND WALES IN SUCH PARTS OF THE UNITED KINGDOM AS THE CHARITY TRUSTEES FROM TIME TO TIME MAY THINK FIT.

**Activities:** The Laura Centre offers free bereavement counselling services for adults, families and young people. We provide holistic support to parents whose child has died and children and young people 5-25 years old whose parent or sibling has died. The centre also supports those in anticipatory grief. We provide one to one therapy, systemic family work, therapeutic and drop in groups and an advice line.

## Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Other Defined Groups

## Geography

- Coventry City
- Derby City
- Derbyshire
- Leicester City
- Leicestershire
- Warwickshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£376,386	£348,881	-	-
2024-03-31	£337,550	£345,561	-	-
2023-03-31	£354,353	£347,651	-	-
2022-03-31	£333,704	£352,156	-	-
2021-03-31	£421,525	£410,994	-	-

## Trustees

Name	Role	Appointed
<b>HARRY MOORE AI IE FMS</b>	Chair	2016-04-28
Andrew Leaske		2018-05-01
EAMONN BRESLIN		2016-04-26
FREDERICK EDWARD CLARKE		2016-04-26
JAMES DELVE		2016-04-26
JANET WHITE		2016-04-26
Loretta Suzanne Leggott		2016-04-26

**THE LAURA CENTRE**

England & Wales - Charity number 1166803

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# Accounts

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(Registered Charity No. 1166803)



For when a child dies or is bereaved

## **Trustees Report and Accounts**

**Year ended 31 March 2025**

**Registered Office:  
The Laura Centre  
4-6 Tower Street  
Leicester  
LE1 6WS**

**Charitable Incorporated Organisation (CIO) Number 1166803**

**THE LAURA CENTRE CIO**

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**THE LAURA CENTRE CIO**

**Charity Reference and Administrative Details for the year ended 31 March 2025**

Trustees:	Dr H Moore MBE (Chair) S Leggott J Delve J White F E Clarke A Leaske
Chief Executive Officer	S Binning
Charity Registration Number:	1166803
Governing Document:	Constitution dated 28 April 2016
Charity Head Office:	Laura Centre 4 - 6 Tower Street Leicester LE1 6WS
Independent Examiners:	Celerica Ltd Certified Accountants & Registered Auditors First Floor, The Old Chapel 9 Kempson Road Leicester LE2 8AN
Bankers:	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ  Barclays Bank Plc 1 - 3 Haymarket Towers Humberstone Gate Leicester LE1 1WA

## THE LAURA CENTRE CIO

### Trustees Annual Report for the year ended 31 March 2025

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" 2019 (FRS102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

#### Trustees of the Charity

The trustees listed on page 1 have served as trustees during the year.

#### **Introduction - The Laura Centre History**

The Laura Centre, affectionately known as TLC, was founded by two bereaved parents, Gail and Harry Moore following the death of their daughter, Laura, aged 5, from Leukaemia in 1989. At that time, they sought to address the total lack of support, facilities and resources for bereaved parents affected by the death of a child and children and young people affected by the death of a parent/sibling, which the family were facing first hand. They brought together a working party of invited individuals including clinicians dealing with death and dying; psychologists; psychotherapists and other bereaved parents, their aim being: to develop a working brief to create a dedicated specialist bereavement Centre for when a child dies or is bereaved.

The Moore's went on to launch a focused awareness and fundraising campaign, with the help of the local media. The Laura Centre opened its doors in 1991 and since this time has supported many thousands of bereaved families. Every year TLC sees over 650 individuals referred to the Centre for the very first time. This gives you a flavour of the scale of this vital service and how our clinical interventions improve life chances by strengthening bereaved families, positively, practically, for life.

The model the Moore's created, engenders firm foundations, continuity of care and service delivery, together with the ethos of shared consultation within the community TLC serves, remains today with our beneficiaries being at the heart of all we do. TLC is a well-established charity and recognised nationally for its cutting edge approach and clinical excellence in the field of family bereavement. This model underpins the charity's growth and development, in a managed and phased way, across the geographical area we now serve.

#### **The vision of The Laura Centre is to create a culture of compassion for bereaved families.**

The Laura Centre is seen as the preferred provider, within our geographical reach, of highly specialist bereavement counselling and therapeutic support. Our work is recognised nationally for its clinical excellence in the field of traumatic grief, anticipatory grief work and family bereavement. Situated in the Heart of England, TLC offers a holistic package of care and clinical interventions responding to the individual needs of those referred to us. Our service is fully accessible and free at the point of delivery to achieve positive change.

The charity's tried and tested model of clinical delivery using specialist professional counsellors and therapists to offer a wide range of individual and group support, as well as a variety of alternative therapies, is highly successful in delivering lasting regional solutions for bereaved families.

## THE LAURA CENTRE CIO

### Trustees Annual Report for the year ended 31 March 2025 (Continued)

#### **Objectives and Activities**

The charity was established under a trust deed dated 10 July 1986 and called the Children's Leukaemia and Cancer Fund. The aim of the charity was to relieve children and young persons suffering from life threatening diseases. The charity started operating under the name COPE during 1988 and formally adopted the change of name in 1992. There were further amendments to the objectives in 2003 and these were incorporated into the new Charitable Incorporated Organisation (CIO) on 28 April 2016 objectives which are as follows:

- To relieve adults suffering the effects of an anticipated or actual death of a child of any age and from any cause and to relieve children and young people suffering the effect of anticipated or actual death of a sibling, parent, grandparent or other significant person through the provision of advice, counselling and support services; and
- To promote and encourage the study of and research into life threatening diseases and the effects of bereavement on parents, children and families and publishing the results of such research; and
- To promote and encourage the advancement of education for those involved in the provision of advice, counselling and support services to families who have suffered the death of a child or whose child is suffering from a life threatening illness; and
- The promotion of such other purposes recognised as charitable under the law of England and Wales in such parts of the United Kingdom as the Charity Trustees from time to time may think fit.

In order to achieve the above objective, The Laura Centre provides counselling, advice and support for anyone affected by the loss of a child and for children up to the age of 25 who are affected by a significant loss. The Centre employs qualified counsellors and psychotherapists to offer a range of individual and group work together with offering support, training, consultation and supervision to a range of organisations including local schools and nurseries and other voluntary and statutory agencies. The service is free to any bereaved person seeking support.

#### **Achievements and Performance**

The Laura Centre continues to work well and at capacity. We are proud of our shorter and more manageable waiting lists, offering appointment times that are much quicker than other mental health services in Leicestershire.

Our training programme has had a very successful year in many ways. We have brought in a significant amount of income from this source, whilst also delivering training to close to 250 people who are working in the NHS, local councils, educational establishments and the social care sector. The impact we hope, will be that we have cascaded the necessary bereavement knowledge to those who work at grass roots level, in the bereavement communities themselves.

Our new clinical database is working well, it has been a huge positive change for the Laura Centre, bringing more efficiency to how we keep clinical data and run reports and analyse statistics.

Our website and social media platforms are being utilised more effectively, which is ensuring that we are able to reach further into the bereaved communities and with those who work within them. The marketing for our services including our training packages is working well.

Our CEO has received a role as Honorary Professor at De Montfort University, Leicester which we hope will help to build stronger relationships between The Laura Centre and the university and students.

## THE LAURA CENTRE CIO

### Trustees Annual Report for the year ended 31 March 2025 (Continued)

#### **Financial Review**

At the balance sheet date, the net assets of the charity totalled £145,640 (2024 - £118,135) of which £24,905 (2024 - £39,859) was restricted. The overall financial position of the charity was considered robust as £137,460 (2024 - £106,682) was held in cash. The total incoming resources for the year were £376,386 (2024 - £337,550). The total resources expended for the year were £348,881 (2024 - £345,561) resulting in a net surplus of £27,505 (2024 - net deficit of £8,011). Salary costs for staff who work across the three areas are clearly delineated.

#### **Future Plans**

After many years of consolidating the service post Covid, The Laura Centre is working at a steady pace, with a strong team and network in the communities that we serve. We hope to continue to build on the achievements of last year.

We hope to start to build up a portfolio of research in partnership with De Montfort University, with the CEO leading the process as her position as Honorary Professor. This will draw on utilising the statistics and evaluations that we have in house, as well as the clinical expertise.

Networking effectively is something that we are working on. Raising our profile will be a focus point the CEO leading the process as her position as Honorary Professor. This will draw on utilising the statistics and evaluations that we have in house, as well as the clinical expertise.

Networking effectively is something that we are working on. Raising our profile will be a focus point moving forward, we have got off to great start this year and we will be building on this, going forward.

#### **Reserves policy**

The long term aim of the trustees is to hold cash equivalent to approximately six months running costs in order to ensure the long term viability of the charity. Actual cash is less than this at present but the trustees are committed to achieving this aim. Total unrestricted funds at the year end are £120,735 and restricted funds £24,905.

#### **Structure, governance and management**

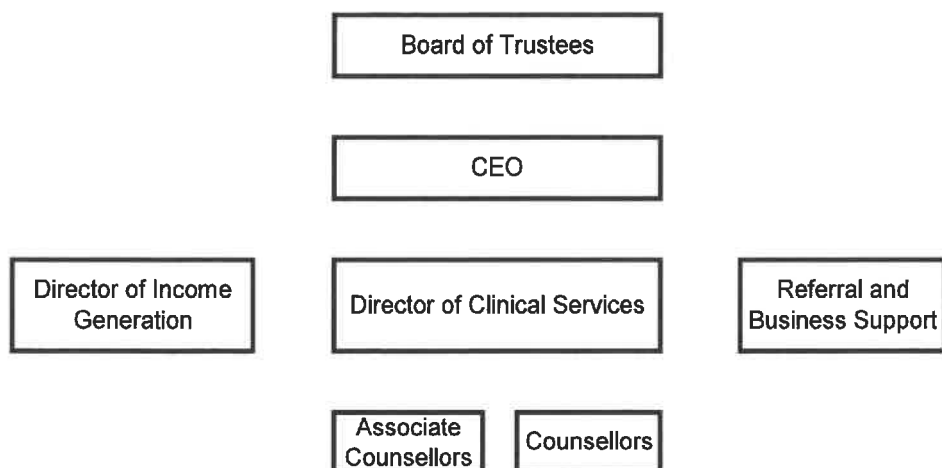
Decisions which affect the charitable objectives are made by the trustees with advice from the Chief Executive and the Senior Management Team. The Chief Executive reports to the Chairman. Any operational decisions which involve expenditure of less than £1,000 is designated to the Chief Executive. The introduction of new trustees is undertaken by the Chairman, Harry Moore and opportunities for further training in the role are brought to the attention of the Board of Trustees at their regular meetings throughout the year.

## THE LAURA CENTRE CIO

### Trustees Annual Report for the year ended 31 March 2025 (Continued)

#### Structure, governance and management (Continued)

The structure can be best illustrated as follows:



The Trustees are appreciative of the unconditional dedication shown by the team the charity employs and the supportive energies of the many volunteers who give up their own free time to help us in consistently achieving all that we do. We know that all this contributes to The Laura Centre's vital work in supporting those families we were founded to serve not only cope but re-engage with life and their communities. This is due to the quality of the clinical work we provide and our understanding of the way in which grief affects people in different ways.

#### **The Laura Centre...a safe space for learning the tools to help in dealing with grief**

##### **Public benefit**

The trustees have considered the Charity Commission's requirement in respect of Public Benefit. In their view the charity meets, in full, the criteria to satisfy the test.

##### **Risk management**

The charity trustees have reviewed the major risks which are the loss of funding to which the charity is exposed to and have established systems and procedures to manage those risks.

##### **Trustees Responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

**THE LAURA CENTRE CIO**

**Trustees Annual Report for the year ended 31 March 2025 (Continued)**

**Trustees Responsibilities (Continued)**

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the trustees:



Dr H Moore MBE

Date: 01/02/2025

**REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF  
THE LAURA CENTRE CIO**

**Independent Examiner's Report to the Trustees of The Laura Centre CIO.**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2025 which are set out on pages 8 to 15.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Anilkumar Tailor FCCA  
Celerica Ltd  
Certified Accountants  
First Floor, The Old Chapel  
9 Kempson Road  
Leicester  
LE2 8AN

Dated: 4.8.25  
.....

## THE LAURA CENTRE CIO

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2025

	Note	Unrestricted Funds	Restricted Funds	2025 Total Funds	Unrestricted Funds	Restricted Funds	2024 Total Funds
<b>Income and endowments from:</b>							
Donations and legacies	2	192,593	171,149	363,742	164,575	169,891	334,466
Charitable activities	2	9,085	-	9,085	2,855	-	2,855
Investments	2	3,559	-	3,559	229	-	229
<b>Total income and endowments</b>		<b>205,237</b>	<b>171,149</b>	<b>376,386</b>	<b>167,659</b>	<b>169,891</b>	<b>337,550</b>
<b>Expenditure on:</b>							
Charitable activities	3	160,798	186,103	346,901	191,753	152,008	343,761
Other	4	1,980	-	1,980	1,800	-	1,800
<b>Total expenditure</b>		<b>162,778</b>	<b>186,103</b>	<b>348,881</b>	<b>193,553</b>	<b>152,008</b>	<b>345,561</b>
<b>Net (expenditure) / income</b>		<b>42,459</b>	<b>(14,954)</b>	<b>27,505</b>	<b>(25,894)</b>	<b>£17,883</b>	<b>(8,011)</b>
<b>Transfer between funds</b>		<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>		<b>42,459</b>	<b>(14,954)</b>	<b>27,505</b>	<b>(25,894)</b>	<b>17,883</b>	<b>(8,011)</b>
<b>Reconciliation of funds:</b>							
<b>Total funds brought forward</b>		<b>78,276</b>	<b>39,859</b>	<b>118,135</b>	<b>104,170</b>	<b>21,976</b>	<b>126,146</b>
<b>Total funds carried forward</b>		<b>120,735</b>	<b>24,905</b>	<b>145,640</b>	<b>78,276</b>	<b>39,859</b>	<b>118,135</b>

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.


**THE LAURA CENTRE CIO**

**Balance Sheet as at 31st March 2025**

	<u>Note</u>	<u>£</u>	<u>2025</u>	<u>£</u>	<u>2024</u>	<u>£</u>
<b>Fixed assets</b>						
Tangible fixed assets	6		7,626			3,820
<b>Current assets</b>						
Debtors	7	17,058		19,852		
Cash at bank and in hand		<u>137,460</u>		<u>106,682</u>		
		154,518		126,534		
<b>Creditors: amounts falling due within one year</b>						
Other creditors	9	<u>16,504</u>		<u>12,219</u>		
<b>Net current assets</b>			138,014			114,315
<b>Net assets</b>			<u>145,640</u>			<u>118,135</u>
<b>Charity funds</b>						
Unrestricted	12		120,735			78,276
Restricted	12		24,905			39,859
	13		<u>145,640</u>			<u>118,135</u>

The financial statements were approved and authorised for issue by the Board on .....

**Signed on behalf of the board of trustees**

  
.....  
Trustee Name: Dr H Moore MBE

**The notes on pages 10 to 15 form part of these accounts**

## THE LAURA CENTRE CIO

### Notes to the financial statements for the year ended 31 March 2025

#### 1. Summary of significant accounting policies

##### a General information and basis of preparation

The Laura Centre is a charitable incorporated organisation in England. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the trustees report.

The financial statements of the charity, which is a public benefit entity as defined by FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### b Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

##### c Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance of conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Income from grants and local authority fees are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

Income from investments is included in the SOFA in the period in which it is receivable.

THE LAURA CENTRE CIO

**Notes to the financial statements**  
**for the year ended 31 March 2025 (Continued)**

**1. Significant Information and basis of preparation (Continued)**

**d Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

**e Support costs allocation**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative costs. They are incurred directly in support of expenditure on the objects of the charity.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 3.

**f Tangible fixed assets**

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Costs includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Alterations to leasehold property	Over period of the lease
Fixtures, fittings and equipment	Three years
Website	Four years

**g Pensions**

The charity operates a defined contribution pension plan for its employees and is recognised as an expense.

**h Taxation**

The charity is exempt from tax on its charitable activities.

**i Debtors and creditors**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**j Cash at bank and in hand**

Cash at bank and in hand includes cash in hand and monies on short term deposits at the bank.

**k Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

## THE LAURA CENTRE CIO

**Notes to the financial statements**  
**for the year ended 31 March 2025 (Continued)**

**2. Income from donations and legacies**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2025</b>	<b>Total 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
a) Donations and Legacies				
Donations including gift aid	109,691	500	110,191	77,722
CCG Grant	0	48,097	48,097	48,097
Other income from grants	82,902	122,552	205,454	208,646
	<u>192,593</u>	<u>171,149</u>	<u>363,742</u>	<u>334,466</u>
b) Charitable activities				
Supervision and lecture fees	9,085	-	9,085	2,855
	<u>9,085</u>	<u>-</u>	<u>9,085</u>	<u>2,855</u>
c) Investments				
Bank interest	3,559	-	3,559	229
	<u>3,559</u>	<u>-</u>	<u>3,559</u>	<u>229</u>

**3. Charitable Activities**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2025</b>	<b>Total 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
a) Direct charitable costs				
Salaries and national insurance	-	177,003	177,003	174,876
Bought in therapy sessions and expenses	7,177	8,600	15,777	17,501
Supervision and training of counsellors	4,308	-	4,308	5,359
	<u>11,485</u>	<u>185,603</u>	<u>197,088</u>	<u>197,736</u>
b) Support and administration				
Salaries and national insurance	57,715	-	57,715	56,649
Depreciation	2,534	-	2,534	1,441
Insurance	3,520	-	3,520	4,339
Premises expenses	48,358	-	48,358	38,597
Office expenses	37,188	500	37,688	44,998
	<u>149,314</u>	<u>500</u>	<u>149,814</u>	<u>146,025</u>
Combined charity activity costs	<u>160,798</u>	<u>186,103</u>	<u>346,901</u>	<u>343,761</u>

**4 Other costs**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2025</b>	<b>Total 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Accounts examination fee	1,980	-	1,980	1,800
	<u>1,980</u>	<u>-</u>	<u>1,980</u>	<u>1,800</u>

**THE LAURA CENTRE CIO**

**Notes to the financial statements**  
**for the year ended 31 March 2025 (Continued)**

**5 Staff costs and trustees remuneration**

	<u>2025</u>	<u>2024</u>
	<u>£</u>	<u>£</u>
Staff costs during the period were as follows:		
Wages and salaries and sessional workers	217,511	215,203
Employer's National Insurance	17,725	18,052
Pension costs	4,414	4,364
	<u>239,651</u>	<u>237,618</u>

The trustees did not receive any remuneration or were reimbursed any expenses during the year.

Key personnel received total remuneration of £82,554 (2024 - £81,042) during the year.

Key management personnel comprises of the Chief Executive and the Director of Clinical Services.

Both individuals participate in the provision of the clinical service for the Organisation as well as undertaking their management responsibilities.

The average number of persons employed by the charity during the year was 11 (2024 - 11).

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

**6 Tangible fixed assets**

	<u>Alterations to</u> <u>Leasehold</u> <u>Property</u>	<u>Fixtures</u> <u>Fittings &amp;</u> <u>Equipment</u>	<u>Website</u>	<u>Total</u>
<b><u>Cost:</u></b>				
As at 1 April 2024	19,996	112,637	2,768	135,401
Additions	-	6,340	-	6,340
Disposals	-	-	-	-
As at 31 March 2025	<u>19,996</u>	<u>118,977</u>	<u>2,768</u>	<u>141,741</u>
<b><u>Depreciation:</u></b>				
As at 1 April 2024	19,996	111,124	461	131,581
Charge for the year	-	1,611	923	2,534
Eliminated on disposal	-	-	-	-
As at 31 March 2025	<u>19,996</u>	<u>112,735</u>	<u>1,384</u>	<u>134,115</u>
<b><u>Net Book Value:</u></b>				
As at 31 March 2025	<u>-</u>	<u>6,242</u>	<u>1,384</u>	<u>7,626</u>
As at 31 March 2024	<u>-</u>	<u>1,513</u>	<u>2,307</u>	<u>3,820</u>

**7 Debtors**

	<u>2025</u>	<u>2024</u>
	<u>£</u>	<u>£</u>
Trade Debtors	300	150
Prepayments	5,933	6,899
Other debtors	10,825	12,803
	<u>17,058</u>	<u>19,852</u>

**THE LAURA CENTRE CIO**  
**Notes to the financial statements**  
**for the year ended 31 March 2025 (Continued)**

**8 Cash at bank and in hand**

	<u>2025</u>	<u>2024</u>
	<u>£</u>	<u>£</u>
Bank operating accounts	46,686	39,409
Deposit accounts	90,636	67,146
Petty cash	138	127
	<u>137,460</u>	<u>106,682</u>

**9 Creditors: amounts falling due within one year**

	<u>2025</u>	<u>2024</u>
	<u>£</u>	<u>£</u>
Trade creditors	4,251	5,235
Accruals and deferred income	8,246	2,230
Social security and other taxes	4,008	4,754
	<u>16,504</u>	<u>12,219</u>

**10 Operating lease commitments**

Total future minimum lease payments under non-cancellable operating leases, for each of the following periods were:

<b>Land and Buildings:</b>	Due within One year	33,950	33,950
	Due in 2 - 5 years	101,850	101,850
	More than five years	106,285	106,285
		<u>242,085</u>	<u>242,085</u>

**11 Related party transactions**

There were no related party transactions during the year or the previous year.

**12 Funds**

	<u>Balance</u>				<u>Balance</u>
	<u>31 March 2024</u>	<u>Income</u>	<u>Expenditure</u>	<u>Transfers</u>	<u>31 March 2025</u>
	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>
<b><u>Unrestricted funds</u></b>					
General	78,276	205,237	162,778	-	120,735
<b><u>Restricted funds:</u></b>					
The National Lottery					
Community Fund	27,835	102,552	105,482	-	24,905
NHS Leicester, Leicestershire, Rutland					
ICB	12,024	48,097	60,121	-	-
East Leicestershire & Rutland CCG	-	20,000	20,000	-	-
Sponsorship Running Vests		500	500		
	<u>118,135</u>	<u>376,386</u>	<u>348,881</u>	<u>-</u>	<u>145,640</u>

**The National Lottery Community Fund**

Funds received towards the provision of counselling services.

**NHS Leicester, Leicestershire, Rutland ICB**

Funds received specifically to pay the costs of full and part time bereavement counsellors.

**East Leicestershire & Rutland CCG**

Mental Health & Wellbeing Grant Fund for counselling services.

THE LAURA CENTRE CIO

**Notes to the financial statements  
for the year ended 31 March 2025 (Continued)**

**13 Analysis of Net Assets Between Funds**

	<u>Tangible Fixed Assets</u> £	<u>Net Current Assets</u> £	<u>Total</u> £
<b><u>Unrestricted funds</u></b>			
General	7,626	113,109	120,735
	<u>7,626</u>	<u>113,109</u>	<u>120,735</u>
<b><u>Restricted funds:</u></b>			
The National Lottery Community Fund	-	24,905	24,905
NHS Leicester, Leicestershire, Rutland ICB	-	-	-
	<u>7,626</u>	<u>138,014</u>	<u>145,640</u>

**THE LAURA CENTRE**

England & Wales - Charity number 1166803

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# Accounts

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For when a child dies or is bereaved

## **Trustees Report and Accounts**

**Year ended 31 March 2024**

**Registered Office:  
The Laura Centre  
4-6 Tower Street  
Leicester  
LE1 6WS**

**Charitable Incorporated Organisation (CIO) Number 1166803**

**THE LAURA CENTRE CIO**

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**THE LAURA CENTRE CIO**

**Charity Reference and Administrative Details for the year ended 31 March 2024**

Trustees:	Dr H Moore MBE (Chair) S Leggott J Delve J White F E Clarke A Leaske
Chief Executive Officer	S Binning
Charity Registration Number:	1166803
Governing Document:	Constitution dated 28 April 2016
Charity Head Office:	Laura Centre 4 - 6 Tower Street Leicester LE1 6WS
Independent Examiners:	Celerica Ltd Certified Accountants & Registered Auditors First Floor, The Old Chapel 9 Kempson Road Leicester LE2 8AN
Bankers:	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ  Barclays Bank Plc 1 - 3 Haymarket Towers Humberstone Gate Leicester LE1 1WA

## THE LAURA CENTRE CIO

### Trustees Annual Report for the year ended 31 March 2024

The trustees present their annual report and financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" 2019 (FRS102) in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

#### Trustees of the Charity

The trustees listed on page 1 have served as trustees during the year.

#### **Introduction - The Laura Centre History**

The Laura Centre, affectionately known as TLC, was founded by two bereaved parents, Gail and Harry Moore following the death of their daughter, Laura, aged 5, from Leukaemia in 1989. At that time, they sought to address the total lack of support, facilities and resources for bereaved parents affected by the death of a child and children and young people affected by the death of a parent/sibling, which the family were facing first hand. They brought together a working party of invited individuals including clinicians dealing with death and dying; psychologists; psychotherapists and other bereaved parents, their aim being: to develop a working brief to create a dedicated specialist bereavement Centre for when a child dies or is bereaved.

The Moore's went on to launch a focused awareness and fundraising campaign, with the help of the local media. The Laura Centre opened its doors in 1991 and since this time has supported many thousands of bereaved families. Every year TLC sees over 650 individuals referred to the Centre for the very first time. This gives you a flavour of the scale of this vital service and how our clinical interventions improve life chances by strengthening bereaved families, positively, practically, for life.

The model the Moore's created, engenders firm foundations, continuity of care and service delivery, together with the ethos of shared consultation within the community TLC serves, remains today with our beneficiaries being at the heart of all we do. TLC is a well-established charity and recognised nationally for its cutting edge approach and clinical excellence in the field of family bereavement. This model underpins the charity's growth and development, in a managed and phased way, across the geographical area we now serve.

#### **The vision of The Laura Centre is to create a culture of compassion for bereaved families.**

The Laura Centre is seen as the preferred provider, within our geographical reach, of highly specialist bereavement counselling and therapeutic support. Our work is recognised nationally for its clinical excellence in the field of traumatic grief, anticipatory grief work and family bereavement. Situated in the Heart of England, TLC offers a holistic package of care and clinical interventions responding to the individual needs of those referred to us. Our service is fully accessible and free at the point of delivery to achieve positive change.

The charity's tried and tested model of clinical delivery using specialist professional counsellors and therapists to offer a wide range of individual and group support, as well as a variety of alternative therapies, is highly successful in delivering lasting regional solutions for bereaved families.

## THE LAURA CENTRE CIO

### Trustees Annual Report for the year ended 31 March 2024 (Continued)

#### **Objectives and Activities**

The charity was established under a trust deed dated 10 July 1986 and called the Children's Leukaemia and Cancer Fund. The aim of the charity was to relieve children and young persons suffering from life threatening diseases. The charity started operating under the name COPE during 1988 and formally adopted the change of name in 1992. There were further amendments to the objectives in 2003 and these were incorporated into the new Charitable Incorporated Organisation (CIO) on 28 April 2016 objectives which are as follows:

- To relieve adults suffering the effects of an anticipated or actual death of a child of any age and from any cause and to relieve children and young people suffering the effect of anticipated or actual death of a sibling, parent, grandparent or other significant person through the provision of advice, counselling and support services; and
- To promote and encourage the study of and research into life threatening diseases and the effects of bereavement on parents, children and families and publishing the results of such research; and
- To promote and encourage the advancement of education for those involved in the provision of advice, counselling and support services to families who have suffered the death of a child or whose child is suffering from a life threatening illness; and
- The promotion of such other purposes recognised as charitable under the law of England and Wales in such parts of the United Kingdom as the Charity Trustees from time to time may think fit.

In order to achieve the above objective, The Laura Centre provides counselling, advice and support for anyone affected by the loss of a child and for children up to the age of 25 who are affected by a significant loss. The Centre employs qualified counsellors and psychotherapists to offer a range of individual and group work together with offering support, training, consultation and supervision to a range of organisations including local schools and nurseries and other voluntary and statutory agencies. The service is free to any bereaved person seeking support.

#### **Achievements and Performance**

It has been a very busy and fruitful year, the plans we put in place have been working steadily and successfully. Our appointment of a marketing manager has proved to be effective. The Laura Centre has had a refresh of its branding with new marketing tools and materials, which has in turn helped to promote our centre and also when networking. Statistics from our new website have shown there have been a lot of people accessing our website and the resources on there.

Our delivery of training this year has proved to be very successful, we have delivered training to educational establishments, NHS services and organisations working within the County Council. This has generated a significant income stream as well as cascading vital information to those working with bereaved people, helping them to provide much more effective support to the bereaved communities.

We are pleased to have started our new group programme for children and young people, and are currently building on this depending on the needs of our beneficiaries. Our groups are providing our clients with much needed peer support in a therapeutic environment.

After centralising our services to the Leicester centre, The Laura Centre continues to support beneficiaries from Derby, Coventry and Warwickshire successfully. The remote and group work continues to work well with these clients.

## THE LAURA CENTRE CIO

### Trustees Annual Report for the year ended 31 March 2024 (Continued)

#### **Financial Review**

At the balance sheet date, the net assets of the charity totalled £118,135 (2023 - £126,146) of which £39,859 (2023 - £21,976) was restricted. The overall financial position of the charity was considered robust as £106,682 (2023 - £109,563) was held in cash. The total incoming resources for the year were £337,550 (2023 - £354,353). The total resources expended for the year were £345,561 (2023 - £347,651) resulting in a net deficit of £8,011 (2023 - surplus of £6,702). Salary costs for staff who work across the three areas are clearly delineated.

#### **The Laura Centre...Plans for future.....**

The Laura Centre is currently working well and capacity, this year we will continue to build on the work we are already doing. We are pleased with the direction that our service is going in and will draw upon our experience and findings from this year and into the next.

We hope that our training programme will continue to draw in revenue this year and give guidance to others. To ensure this happens we will continue to network and build relationships with other organisations that will come and take part in our training days.

We are currently working on a new database which will streamline the way we keep our clinical work, this will make our statistics and reporting much more efficient and effective for when writing reports and analysing our service.

Our website is a work in progress, we would like this to be much more resourceful for those who are in need of our support. This will include more resources specifically tailored towards children and young people. Also, towards professionals that are working to support bereaved families.

#### **Reserves policy**

The long term aim of the trustees is to hold cash equivalent to approximately six months running costs in order to ensure the long term viability of the charity. Actual cash is less than this at present but the trustees are committed to achieving this aim. Total unrestricted funds at the year end are £78,276 and restricted funds £39,859

#### **Structure, governance and management**

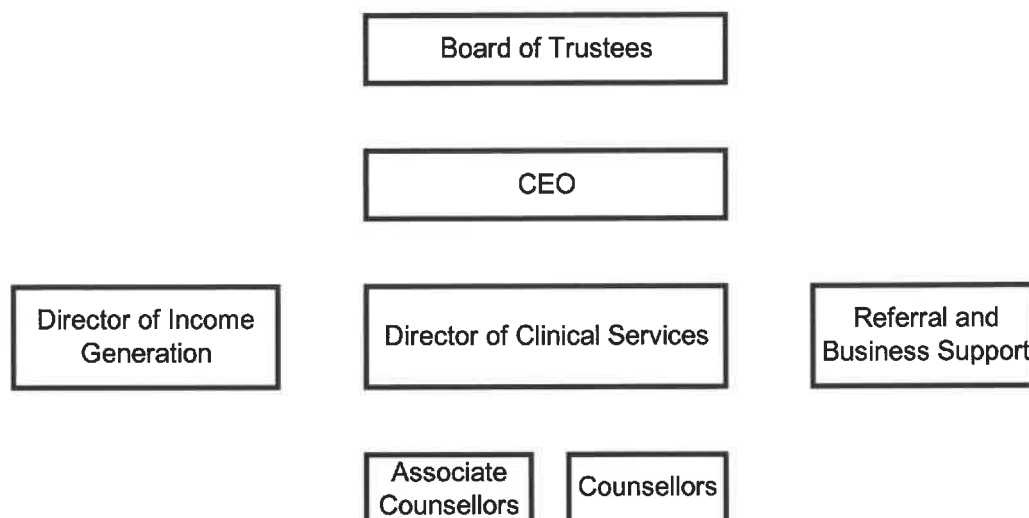
Decisions which affect the charitable objectives are made by the trustees with advice from the Chief Executive and the Senior Management Team. The Chief Executive reports to the Chairman. Any operational decisions which involve expenditure of less than £1,000 is designated to the Chief Executive. The introduction of new trustees is undertaken by the Chairman, Harry Moore and opportunities for further training in the role are brought to the attention of the Board of Trustees at their regular meetings throughout the year.

## THE LAURA CENTRE CIO

### Trustees Annual Report for the year ended 31 March 2024 (Continued)

#### Structure, governance and management (Continued)

The structure can be best illustrated as follows:



The Trustees are appreciative of the unconditional dedication shown by the team the charity employs and the supportive energies of the many volunteers who give up their own free time to help us in consistently achieving all that we do. We know that all this contributes to The Laura Centre's vital work in supporting those families we were founded to serve not only cope but re-engage with life and their communities. This is due to the quality of the clinical work we provide and our understanding of the way in which grief affects people in different ways.

#### **The Laura Centre...a safe space for learning the tools to help in dealing with grief**

##### **Public benefit**

The trustees have considered the Charity Commission's requirement in respect of Public Benefit. In their view the charity meets, in full, the criteria to satisfy the test.

##### **Risk management**

The charity trustees have reviewed the major risks which are the loss of funding to which the charity is exposed to and have established systems and procedures to manage those risks.

##### **Trustees Responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

**THE LAURA CENTRE CIO**

**Trustees Annual Report for the year ended 31 March 2024 (Continued)**

**Trustees Responsibilities (Continued)**

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities'(Accounts and Reports) Regulations 2008 and the provisions of the trust deed.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the trustees:



Dr H Moore MBE  
Date: ..... 19/12/2024 .....

**REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF  
THE LAURA CENTRE CIO**

**Independent Examiner's Report to the Trustees of The Laura Centre CIO.**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 8 to 15.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the ACCA, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Anilkumar Tailor FCCA  
Celerica Ltd  
Certified Accountants  
First Floor, The Old Chapel  
9 Kempson Road  
Leicester  
LE2 8AN

Dated: .....

19 / 12 / 24

## THE LAURA CENTRE CIO

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2024

	Note	Unrestricted Funds	Restricted Funds	2024 Total Funds	Unrestricted Funds	Restricted Funds	2023 Total Funds
<b>Income and endowments from:</b>							
Donations and legacies	2	164,575	169,891	334,466	237,291	114,524	351,815
Charitable activities	2	2,855	-	2,855	2,228	-	2,228
Investments	2	229	-	229	310	-	310
<b>Total income and endowments</b>		<b>167,659</b>	<b>169,891</b>	<b>337,550</b>	<b>239,829</b>	<b>114,524</b>	<b>354,353</b>
<b>Expenditure on:</b>							
Charitable activities	3	191,753	152,008	343,761	192,408	153,263	345,671
Other	4	1,800	-	1,800	1,980	-	1,980
<b>Total expenditure</b>		<b>193,553</b>	<b>152,008</b>	<b>345,561</b>	<b>194,388</b>	<b>153,263</b>	<b>347,651</b>
<b>Net (expenditure) / income</b>		<b>(25,894)</b>	<b>17,883</b>	<b>(8,011)</b>	<b>45,441</b>	<b>(38,739)</b>	<b>6,702</b>
<b>Transfer between funds</b>		-	-	-	-	-	-
<b>Net movement in funds</b>		<b>(25,894)</b>	<b>17,883</b>	<b>(8,011)</b>	<b>45,441</b>	<b>(38,739)</b>	<b>6,702</b>
<b>Reconciliation of funds:</b>							
<b>Total funds brought forward</b>		104,170	21,976	126,146	58,729	60,715	119,444
<b>Total funds carried forward</b>		<b>78,276</b>	<b>39,859</b>	<b>118,135</b>	<b>104,170</b>	<b>21,976</b>	<b>126,146</b>

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.


## THE LAURA CENTRE CIO

Balance Sheet as at 31st March 2024

	<u>Note</u>	<u>£</u>	<u>2024</u>	<u>£</u>	<u>2023</u>	<u>£</u>
<b>Fixed assets</b>						
Tangible fixed assets	6		3,820			1,314
<b>Current assets</b>						
Debtors	7	19,852		28,729		
Cash at bank and in hand		<u>106,682</u>		<u>109,563</u>		
		126,534		138,292		
<b>Creditors: amounts falling due within one year</b>						
Other creditors	9	<u>12,219</u>		<u>13,460</u>		
<b>Net current assets</b>			114,315			124,832
<b>Net assets</b>			<u>118,135</u>			<u>126,146</u>
<b>Charity funds</b>						
Unrestricted	12		78,276			104,170
Restricted	12		39,859			21,976
	13		<u>118,135</u>			<u>126,146</u>

The financial statements were approved and authorised for issue by the Board on 19/12/24

Signed on behalf of the board of trustees

  
 .....  
 Trustee Name: Dr H Moore MBE

The notes on pages 10 to 15 form part of these accounts

## THE LAURA CENTRE CIO

### Notes to the financial statements for the year ended 31 March 2024

#### 1. Summary of significant accounting policies

##### a General information and basis of preparation

The Laura Centre is a charitable incorporated organisation in England. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the trustees report.

The financial statements of the charity, which is a public benefit entity as defined by FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### b Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

##### c Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance of conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Income from grants and local authority fees are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

Income from investments is included in the SOFA in the period in which it is receivable.

**THE LAURA CENTRE CIO**

**Notes to the financial statements**  
**for the year ended 31 March 2024**

**1. Significant Information and basis of preparation (Continued)**

**d Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

**e Support costs allocation**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs and administrative costs. They are incurred directly in support of expenditure on the objects of the charity.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 3.

**f Tangible fixed assets**

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Costs includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Alterations to leasehold property	Over period of the lease
Fixtures, fittings and equipment	Three years
Website	Four years

**g Pensions**

The charity operates a defined contribution pension plan for its employees and is recognised as an expense.

**h Taxation**

The charity is exempt from tax on its charitable activities.

**i Debtors and creditors**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**j Cash at bank and in hand**

Cash at bank and in hand includes cash in hand and monies on short term deposits at the bank.

**k Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**THE LAURA CENTRE CIO**

**Notes to the financial statements**  
**for the year ended 31 March 2024 (Continued)**

**2. Income from donations and legacies**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
a) Donations and Legacies				
Donations including gift aid	77,722	-	77,722	76,027
CCG Grant	-	48,097	48,097	48,097
Other income from grants	86,852	121,794	208,646	197,691
Legacy	-	-	-	30,000
	<u>164,575</u>	<u>169,891</u>	<u>334,466</u>	<u>351,815</u>
b) Charitable activities				
Supervision and lecture fees	2,855	-	2,855	2,228
	<u>2,855</u>	<u>-</u>	<u>2,855</u>	<u>2,228</u>
c) Investments				
Bank interest	229	-	229	310
	<u>229</u>	<u>-</u>	<u>229</u>	<u>310</u>

**3. Charitable Activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
a) Direct charitable costs				
Salaries and national insurance	22,868	152,008	174,876	171,110
Bought in therapy sessions and expenses	17,501	-	17,501	22,936
Supervision and training of counsellors	5,359	-	5,359	5,218
	<u>45,728</u>	<u>152,008</u>	<u>197,736</u>	<u>199,264</u>
b) Support and administration				
Salaries and national insurance	56,649	-	56,649	56,161
Depreciation	1,441	-	1,441	820
Insurance	4,339	-	4,339	3,519
Premises expenses	38,597	-	38,597	48,062
Office expenses	44,998	-	44,998	37,845
	<u>146,025</u>	<u>-</u>	<u>146,025</u>	<u>146,407</u>
Combines charity activity costs	<u>191,753</u>	<u>152,008</u>	<u>343,761</u>	<u>345,671</u>

**4 Other costs**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Accounts examination fee	1,800	-	1,800	1,980
	<u>1,800</u>	<u>-</u>	<u>1,800</u>	<u>1,980</u>

**THE LAURA CENTRE CIO**

**Notes to the financial statements**  
**for the year ended 31 March 2024**

**5 Staff costs and trustees remuneration**

	<u>2024</u>	<u>2023</u>
	£	£
Staff costs during the period were as follows:		
Wages and salaries and sessional workers	215,203	214,992
Employer's National Insurance	18,052	13,713
Pension costs	4,364	4,414
	<u>237,618</u>	<u>233,119</u>

The trustees did not receive any remuneration or were reimbursed any expenses during the year.

Key personnel received total remuneration of £81,042 (2023 - £79,865) during the year.

Key management personnel comprises of the Chief Executive and the Director of Clinical Services.

Both individuals participate in the provision of the clinical service for the Organisation as well as undertaking their management responsibilities.

The average number of persons employed by the charity during the year was 11 (2023 - 11).

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

**6 Tangible fixed assets**

	<u>Alterations to</u> <u>Leasehold</u> <u>Property</u>	<u>Fixtures</u> <u>Fittings &amp;</u> <u>Equipment</u>	<u>Website</u>	<u>Total</u>
<b><u>Cost:</u></b>				
As at 1 April 2023	19,996	111,458	-	131,454
Additions	-	1,179	2,768	3,947
Disposals	-	-	-	-
As at 31 March 2024	<u>19,996</u>	<u>112,637</u>	<u>2,768</u>	<u>135,401</u>
<b><u>Depreciation:</u></b>				
As at 1 April 2023	19,996	110,144	-	130,140
Charge for the year	-	980	461	1,441
Eliminated on disposal	-	-	-	-
As at 31 March 2024	<u>19,996</u>	<u>111,124</u>	<u>461</u>	<u>131,581</u>
<b><u>Net Book Value:</u></b>				
As at 31 March 2024	<u>-</u>	<u>1,513</u>	<u>2,307</u>	<u>3,820</u>
As at 31 March 2023	<u>-</u>	<u>1,314</u>	<u>-</u>	<u>1,314</u>

**7 Debtors**

	<u>2024</u>	<u>2023</u>
	£	£
Trade Debtors	150	-
Prepayments	6,899	5,974
Other debtors	12,803	22,755
	<u>19,852</u>	<u>28,729</u>

**THE LAURA CENTRE CIO**

**Notes to the financial statements**  
**for the year ended 31 March 2024 (Continued)**

**8 Cash at bank and in hand**

	<u>2024</u>	<u>2023</u>
	£	£
Bank operating accounts	39,409	82,399
Deposit accounts	67,146	27,050
Petty cash	127	113
	<u>106,682</u>	<u>109,562</u>

**9 Creditors: amounts falling due within one year**

	<u>2024</u>	<u>2023</u>
	£	£
Trade creditors	5,235	4,181
Accruals and deferred income	2,230	2,880
Social security and other taxes	4,754	6,399
	<u>12,219</u>	<u>13,460</u>

**10 Operating lease commitments**

Total future minimum lease payments under non-cancellable operating leases, for each of the following periods were:

<b>Land and Buildings:</b>	Due within One year	33,950	33,750
	Due in 2 - 5 years	101,850	67,000
	More than five years	106,285	67,000
		<u>242,085</u>	<u>167,750</u>

**11 Related party transactions**

There were no related party transactions during the year or the previous year.

**12 Funds**

	<u>Balance</u>				<u>Balance</u>
	1 April 2023	Income	Expenditure	Transfers	31 March 2024
	£	£	£	£	£
<b><u>Unrestricted funds</u></b>					
General	104,170	167,659	(193,553)	-	78,276
<b><u>Restricted funds:</u></b>					
The National Lottery Community Fund	21,976	101,794	(95,935)	-	27,835
NHS Leicester, Leicestershire, Rutland ICB	-	48,097	(36,073)	-	12,024
East Leicestershire & Rutland CCG	-	20,000	(20,000)	-	-
	<u>126,146</u>	<u>337,550</u>	<u>(345,561)</u>	<u>-</u>	<u>118,135</u>

**The National Lottery Community Fund**

Funds received towards the provision of counselling services.

**NHS Leicester, Leicestershire, Rutland ICB**

Funds received specifically to pay the costs of full and part time bereavement counsellors.

**East Leicestershire & Rutland CCG**

Mental Health & Wellbeing Grant Fund for counselling services.

**THE LAURA CENTRE CIO**

**Notes to the financial statements  
for the year ended 31 March 2024 (Continued)**

**13 Analysis of Net Assets Between Funds**

	<u>Tangible</u> <u>Fixed</u> <u>Assets</u> £	<u>Net</u> <u>Current</u> <u>Assets</u> £	<u>Total</u> £
<b><u>Unrestricted funds</u></b>			
General	3,820	74,456	78,276
	3,820	74,456	78,276
<b><u>Restricted funds:</u></b>			
The National Lottery Community Fund	-	27,835	27,835
NHS Leicester, Leicestershire, Rutland ICB	-	12,024	12,024
	3,820	114,315	118,135

**THE LAURA CENTRE**

England & Wales - Charity number 1166803

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# Accounts

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For when a child dies or is bereaved

## **Trustees Report and Accounts**

**Year Ended 31 March 2023**

**Registered Office The Laura Centre  
4 - 6 Tower Street  
Leicester  
LE1 6WS**

**Charitable Incorporated Organisation (CIO) Number 1166803**

**The Rowleys Partnership Ltd; Chartered Accountants  
Charnwood House, Harcourt Way, Meridian Way Business Park, Leicester, LE19 1WP**

**THE LAURA CENTRE CIO**  
**ACCOUNTS FOR THE YEAR ENDED**  
**31 MARCH 2023**

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## THE LAURA CENTRE CIO

### TRUST INFORMATION

<b>Trustees</b>	Dr H Moore MBE (Chair) E Breslin S Leggott J Delve J White D I Sutherland A Leaske A Keenan (resigned 5 July 2022)
<b>Chief Executive Officer</b>	S Binning
<b>Charity Number</b>	1166803
<b>Governing Document</b>	Constitution dated 28 April 2016
<b>Registered Address</b>	Laura Centre 4-6 Tower Street Leicester LE1 6WS
<b>Independent Examiners</b>	The Rowleys Partnership Ltd Chartered Accountants Charnwood House Harcourt Way Meridian Business Park Leicester LE19 1WP
<b>Bankers</b>	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ  Barclays Bank Plc 1-3 Haymarket Towers Humberstone Gate Leicester LE1 1WA

## **THE LAURA CENTRE CIO TRUSTEES REPORT**

The Trustees present their annual report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The trustees listed on page 1 have served as trustees during the year.

### **Introduction - The Laura Centre History**

The Laura Centre, affectionately known as TLC, was founded by two bereaved parents, Gail and Harry Moore following the death of their daughter, Laura, aged 5, from Leukaemia in 1989. At that time, they sought to address the total lack of support, facilities and resources for bereaved parents affected by the death of a child and children and young people affected by the death of a parent/sibling, which the family were facing first hand. They brought together a working party of invited individuals including clinicians dealing with death and dying; psychologists; psychotherapists and other bereaved parents, their aim being: to develop a working brief to create a dedicated specialist bereavement Centre for when a child dies or is bereaved.

The Moore's went on to launch a focused awareness and fundraising campaign, with the help of the local media. The Laura Centre opened its doors in 1991 and since this time has supported many thousands of bereaved families. Every year TLC sees over 650 individuals referred to the Centre for the very first time. This gives you a flavour of the scale of this vital service and how our clinical interventions improve life chances by strengthening bereaved families, positively, practically, for life.

The model the Moore's created, engenders firm foundations, continuity of care and service delivery, together with the ethos of shared consultation within the community TLC serves, remains today with our beneficiaries being at the heart of all we do. TLC is a well-established charity and recognised nationally for its cutting edge approach and clinical excellence in the field of family bereavement. This model underpins the charity's growth and development, in a managed and phased way, across the geographical area we now serve.

## THE LAURA CENTRE CIO TRUSTEES REPORT

### **The vision of The Laura Centre is to create a culture of compassion for bereaved families.**

The Laura Centre is seen as the preferred provider, within our geographical reach, of highly specialist bereavement counselling and therapeutic support. Our work is recognised nationally for its clinical excellence in the field of traumatic grief, anticipatory grief work and family bereavement. Situated in the Heart of England, TLC offers a holistic package of care and clinical interventions responding to the individual needs of those referred to us. Our service is fully accessible and free at the point of delivery to achieve positive change.

The charity's tried and tested model of clinical delivery using specialist professional counsellors and therapists to offer a wide range of individual and group support, as well as a variety of alternative therapies, is highly successful in delivering lasting regional solutions for bereaved families.

### **Objectives and activities**

The charity was established under a trust deed dated 10 July 1986 and called the Children's Leukaemia and Cancer Fund. The aim of the charity was to relieve children and young persons suffering from life threatening diseases. The charity started operating under the name COPE during 1988 and formally adopted the change of name in 1992. There were further amendments to the objectives in 2003 and these were incorporated into the new Charitable Incorporated Organisation (CIO) on 28 April 2016 objectives which are as follows:

- To relieve adults suffering the effects of an anticipated or actual death of a child of any age and from any cause and to relieve children and young people suffering the effect of anticipated or actual death of a sibling, parent, grandparent or other significant person through the provision of advice, counselling and support services; and
- To promote and encourage the study of and research into life threatening diseases and the effects of bereavement on parents, children and families and publishing the results of such research; and
- To promote and encourage the advancement of education for those involved in the provision of advice, counselling and support services to families who have suffered the death of a child or whose child is suffering from a life threatening illness; and
- The promotion of such other purposes recognised as charitable under the law of England and Wales in such parts of the United Kingdom as the Charity Trustees from time to time may think fit.

In order to achieve the above objective, The Laura Centre provides counselling, advice and support for anyone affected by the loss of a child and for children up to the age of 25 who are affected by a significant loss. The Centre employs qualified counsellors and psychotherapists to offer a range of individual and group work together with offering support, training, consultation and supervision to a range of organisations including local schools and nurseries and other voluntary and statutory agencies. The service is free to any bereaved person seeking support.

## THE LAURA CENTRE CIO TRUSTEES REPORT

### **Achievements and performance**

The Laura Centre has recovered well post pandemic. Our efficient team of core staff and our well established placement programme, has ensured that waiting lists have significantly reduced and we are providing a full and effective service to the bereaved communities.

The board had to make the difficult decision to close our centre based in Derby in March 2023. This was a decision based on the use of service compared to the cost of running a full centre. We are delighted however, to be able to continue to support the bereaved communities in the Derbyshire area by centralising all of our support into the Leicester Centre. We offer a remote counselling service to adults and young people 16 years and over. We also offer group work to the younger children 5-16 years old, whereby we support the children and their parents. Our Coventry service also operates in the same way. We have established some groups that have ran well over the year. In addition to this our new group programme has now been written and will be fully implemented by summer 2023.

The Laura Centre has made the appointment of a Marketing Manager to join our team. This has exciting prospects for us to be able to expand our social media platform and to promote our training to schools, organisations and businesses. This we hope will as a result also help to generate more income.

### **Financial Review**

At the balance sheet date, the net assets of the charity totalled £126,146 (2022 - £119,444) of which £21,976 (2022 - £60,715) was restricted. The overall financial position of the charity was considered robust as £109,562 (2022 - £97,130) was held in cash. The total incoming resources for the year were £354,353 (2022 - £337,704). The total resources expended for the year were £347,651 (2022 - £352,156) resulting in a net surplus of £6,702 (2022 - deficit of £18,452). Salary costs for staff who work across the three areas are clearly delineated.

### **The Laura Centre...Plans for future.....**

Our recently recruited marketing manager will work closely with the Directors to establish marketing materials for training and promotion purposes. They will also work together to establish and maintain more links and networks with other professionals such as universities, schools, NHS, bereavement and mental health organisations and businesses. We are hopeful that this will in turn help to generate more income as well as draw in more publicity.

A new website will be made which will help to push The Laura Centre forward in its branding and as an information portal for the bereaved communities and other agencies looking for information to help support the bereaved. The Laura Centre as always aims to reach as many bereaved people as possible and we hope with more publicity, we can raise awareness of the support that bereaved families need.

We are currently developing our training programme, which we hope will help to generate more income as well as educate those who are working with bereaved people and help them to understand how better to support them.

Our new group programme will launch in September 2023 for children and young people as well as adults. The clinical staff has brought together their knowledge post pandemic and recognised

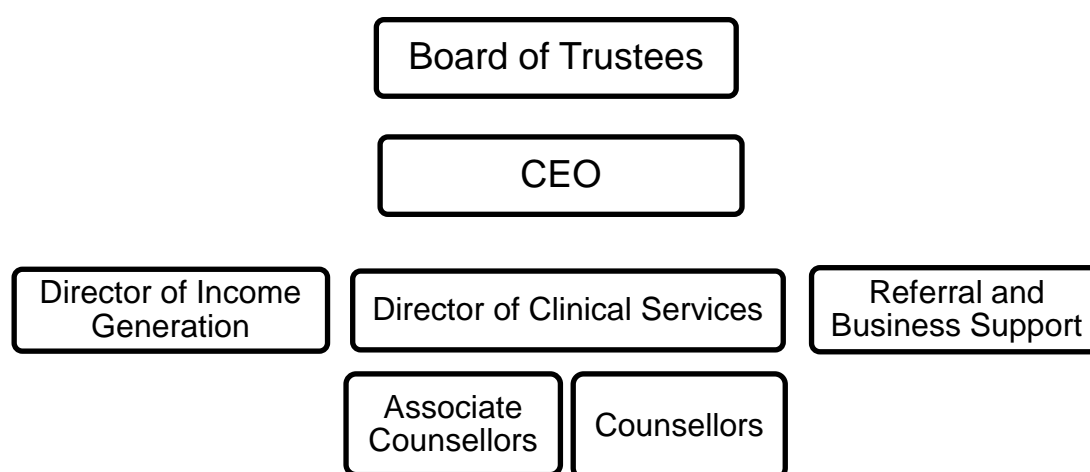
# THE LAURA CENTRE CIO TRUSTEES REPORT

## Reserves policy

The long term aim of the trustees is to hold cash equivalent to approximately six months running costs in order to ensure the long term viability of the charity. Actual cash is less than this at present but the trustees are committed to achieving this aim. Total unrestricted funds at the year end are £104,170 and restricted funds £21,976.

## Structure, governance and management

Decisions which affect the charitable objectives are made by the Trustees with advice from the Chief Executive and the Senior Management Team. The Chief Executive reports to the Chairman. Any operational decisions which involve expenditure of less than £1,000 is designated to the Chief Executive. The introduction of new Trustees is undertaken by the Chairman, Harry Moore and opportunities for further training in the role are brought to the attention of the Board of Trustees at their regular meetings throughout the year.



The Trustees are appreciative of the unconditional dedication shown by the team the charity employs and the supportive energies of the many volunteers who give up their own free time to help us in consistently achieving all that we do. We know that all this contributes to The Laura Centre's vital work in supporting those families we were founded to serve not only cope but re-engage with life and their communities. This is due to the quality of the clinical work we provide and our understanding of the way in which grief affects people in different ways.

## The Laura Centre...a safe space for learning the tools to help in dealing with grief

### Public benefit

The trustees have considered the Charity Commission's requirement in respect of Public Benefit. In their view the charity meets, in full, the criteria to satisfy the test.

### Risk management

The charity trustees have reviewed the major risks which are the loss of funding to which the charity is exposed to and have established systems and procedures to manage those risks.

# THE LAURA CENTRE CIO TRUSTEES REPORT

## Trustees Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities' (Accounts and Reports) Regulations 2008 and the provisions of the trust deed.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the trustees:

*H Moore*

Dr H Moore  
Signed on BE 01/2024, 11:11:25 GMT

Date: 30 January 2024

**REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF  
THE LAURA CENTRE CIO**

**Independent Examiner's Report to the Trustees of The Laura Centre CIO.**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 8 to 18.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*L. Parkes*

signed on 30/01/2024, 11:14:43 GMT

Mrs L G Parkes FCA FCCA  
The Rowleys Partnership Ltd  
Chartered Accountants  
Charnwood House  
Harcourt Way  
Meridian Business Park  
Leicester  
LE19 1WP

30/01/2024

**THE LAURA CENTRE CIO**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED  
31 MARCH 2023**

	Note	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
<b>Incoming Resources</b>					
Donations and legacies	<b>2a</b>	237,291	114,524	351,815	329,935
Charitable activities	<b>2b</b>	2,228	-	2,228	3,766
Investments	<b>2c</b>	310	-	310	3
<b>Total Incoming Resources</b>		239,829	114,524	354,353	333,704
<b>Resources Expended</b>					
Charitable activities	<b>3</b>	192,408	153,263	345,671	349,816
Other costs	<b>4</b>	1,980	-	1,980	2,340
<b>Total Resources Expended</b>		194,388	153,263	347,651	352,156
<b>Net (deficit)/income</b>		45,441	(38,739)	6,702	(18,452)
<b>Total funds brought forward</b>		58,729	60,715	119,444	137,896
<b>Total funds carried forward</b>		104,170	21,976	126,146	119,444

Movements on reserves and all recognised gains and losses are shown above.

The notes on pages 11 to 18 form part of these accounts.

THE LAURA CENTRE CIO

COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED  
31 MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<b>Incoming Resources</b>					
Donations and legacies	2a	203,123	126,812	329,935	412,476
Charitable activities	2b	3,766	-	3,766	6,751
Investments	2c	3	-	3	28
Other income	2c	-	-	-	2,270
<b>Total Incoming Resources</b>		<u>206,892</u>	<u>126,812</u>	<u>333,704</u>	<u>421,525</u>
<b>Resources Expended</b>					
Raising funds		-	-	-	82
Charitable activities	3	235,332	114,484	349,816	408,572
Other costs	4	2,340	-	2,340	2,340
<b>Total Resources Expended</b>		<u>237,672</u>	<u>114,484</u>	<u>352,156</u>	<u>410,994</u>
<b>Net (deficit)/income</b>		(30,780)	12,328	(18,452)	10,531
<b>Total funds brought forward</b>		89,509	48,387	137,896	127,365
<b>Total funds carried forward</b>		<u><u>58,729</u></u>	<u><u>60,715</u></u>	<u><u>119,444</u></u>	<u><u>137,896</u></u>

THE LAURA CENTRE CIO

BALANCE SHEET  
FOR THE YEAR ENDED  
31 MARCH 2023

	Note	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
<b>Fixed Assets</b>					
Tangible assets	6	1,314	-	1,314	2,134
<b>Current Assets</b>					
Debtors	7	28,729	-	28,729	33,431
Cash at bank	8	87,586	21,976	109,562	97,130
		<u>116,315</u>	<u>21,976</u>	<u>138,291</u>	<u>130,561</u>
<b>Current Liabilities</b>					
Liabilities falling due within one year	9	<u>13,460</u>	<u>-</u>	<u>13,460</u>	<u>13,251</u>
<b>Net Current Assets</b>		102,856	21,976	124,832	117,310
<b>Net Assets</b>		<u><u>104,170</u></u>	<u><u>21,976</u></u>	<u><u>126,146</u></u>	<u><u>119,444</u></u>
<b>Fund Balances</b>					
Unrestricted funds	12	104,170	-	104,170	58,729
Restricted funds	12	-	21,976	21,976	60,715
		<u><u>104,170</u></u>	<u><u>21,976</u></u>	<u><u>126,146</u></u>	<u><u>119,444</u></u>

Approved by the Trustees and signed on their behalf on 30/01/2024 by

*HMoore*

Dr H Moore MBE  
Trustee

signed on 30/01/2024, 11:11:25 GMT

The notes on pages 11 to 18 form part of these accounts.

## THE LAURA CENTRE CIO

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

#### 1 Accounting policies

##### a) General information and basis of preparation

The Laura Centre is a charitable incorporated organisation in England. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the trustees report.

The financial statements of the charity, which is a public benefit entity as defined by FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2023

1 Accounting policies - continued

c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Income from grants and local authority fees are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

Income from investments is included in the SOFA in the period in which it is receivable.

d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

e) Fixed assets and depreciation

Fixed assets acquired for use by the charity are capitalised and depreciated over their estimated useful life at the following rates:

Depreciation periods are as follows:

Alterations to leasehold property	Over period of the lease
Fixtures, fittings and equipment	Three years

f) Pensions

The charity operates a defined contribution pension plan for its employees and is recognised as an expense.

g) Taxation

The charity is exempt from tax on its charitable activities.

**THE LAURA CENTRE CIO**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2023**

**1 Accounting policies - continued**

i) Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

j) Cash at bank and in hand

Cash at bank and in hand includes cash in hand and monies on short term deposits at the bank.

k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2023

<b>2 Income</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
a) Donations and Legacies				
Donations including gift aid	76,027	-	76,027	50,339
CCG grant	-	48,097	48,097	48,097
Other income from grants	131,264	66,427	197,691	231,499
Legacy	30,000	-	30,000	-
	<u>237,291</u>	<u>114,524</u>	<u>351,815</u>	<u>329,935</u>
b) Charitable activities				
Training and lecturing fees	-	-	-	1,271
Supervision and lecture fees	2,228	-	2,228	2,495
	<u>2,228</u>	<u>-</u>	<u>2,228</u>	<u>3,766</u>
c) Investments				
Bank interest	310	-	310	3
	<u>310</u>	<u>-</u>	<u>310</u>	<u>3</u>

<b>3 Charitable activities</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2023 £</b>	<b>Total 2022 £</b>
a) Direct charitable costs				
Salaries and national insurance	17,847	153,263	171,110	173,085
Bought in therapy sessions and expenses	22,936	-	22,936	17,822
Supervision and training of counsellors	5,218	-	5,218	6,786
	<u>46,001</u>	<u>153,263</u>	<u>199,264</u>	<u>197,693</u>
b) Support and administration				
Salaries and national insurance	56,161	-	56,161	54,567
Depreciation	820	-	820	1,355
Insurance	3,519	-	3,519	9,064
Premises expenses	48,062	-	48,062	52,231
Office expenses	37,845	-	37,845	34,906
	<u>146,407</u>	<u>-</u>	<u>146,407</u>	<u>152,123</u>
Combined charitable activity cost	<u>192,408</u>	<u>153,263</u>	<u>345,671</u>	<u>349,816</u>

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2023

4 Other costs	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022
Accounts examination fee	1,980	-	1,980	2,340

5 Staff & Trustees

Staff costs during the period were as follows:	2023 £	2022 £
Wages and salaries & session workers	214,992	214,785
Employer's National Insurance	13,713	13,725
Pension costs	4,414	4,502
	<u>233,119</u>	<u>233,012</u>

The trustees did not receive any remuneration or were reimbursed any expenses during the year.

Key personnel received total remuneration of £79,865 (2022 - £72,432) during the year.

Key management personnel comprises of the Chief Executive and the Director of Clinical Services. Both individuals participate in the provision of the clinical service for the Organisation as well as undertaking their management responsibilities.

The average number of persons employed by the charity during the year was 11 (2022 - 11).

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

6 Tangible fixed assets

	Alterations to Leasehold Property £	Fittings & Equipment £	Total £
Cost or value on transfer at 1 April 2022	19,996	111,458	131,454
Additions	-		-
Disposals	-	-	-
Cost or valuation at 31 March 2023	<u>19,996</u>	<u>111,458</u>	<u>131,454</u>
Accumulated depreciation at 1 April 2022	19,996	109,324	129,320
Charge for the year	-	820	820
Accumulated depreciation at 31 March 2023	<u>19,996</u>	<u>110,144</u>	<u>130,140</u>
Net book value at 31 March 2023	<u>-</u>	<u>1,314</u>	<u>1,314</u>
Net book value at 31 March 2022	<u>-</u>	<u>2,134</u>	<u>2,134</u>

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2023

	2023	2022
	£	£
<b>7 Debtors</b>		
Prepayments	5,974	4,144
Other debtors	22,755	29,288
	<u>28,729</u>	<u>33,431</u>
<b>8 Cash at bank and in hand</b>		
Bank operating accounts	82,399	50,027
Deposit accounts	27,050	46,846
Petty cash	113	257
	<u>109,562</u>	<u>97,130</u>
<b>9 Creditors: liabilities falling due within one year</b>		
Trade creditors	4,181	2,153
Accruals and deferred income	2,880	6,084
Social security and other taxes	6,399	5,014
	<u>13,460</u>	<u>13,251</u>
<b>10 Operating lease commitments</b>		
Total future minimum lease payments under non-cancellable operating leases, for each of the following periods:		
<b>Land &amp; Buildings</b>		
Due in one year	33,750	45,000
Due in 2-5 years	67,000	5,733
More than five years	67,000	-
	<u>167,750</u>	<u>50,733</u>

During the year total lease payments of £41,109 (2022 - £43,500) are recognised as an expense.

**11 Related party disclosures**

There were no related party transactions for the year ended 31 March 2023 and year ended 31 March 2022.

**THE LAURA CENTRE CIO**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2023**

**12 Funds movements**

	Funds at 1 April 2022 £	Incoming resources £	Outgoing resources £	Transfers £	Funds at 31 March 2023 £
<i>Unrestricted funds</i>					
General fund	58,729	239,829	(194,388)	-	104,170
<i>Total unrestricted funds</i>	<u>58,729</u>	<u>239,829</u>	<u>(194,388)</u>	<u>-</u>	<u>104,170</u>
<i>Restricted funds</i>					
NHS Leicester, Leicestershire, Rutland ICB	-	48,097	(48,097)	-	-
The Big Lottery (Leics)	40,715	66,427	(85,166)	-	21,976
East Leicestershire & Rutland CCG	20,000	-	(20,000)	-	-
	<u>60,715</u>	<u>114,524</u>	<u>(153,263)</u>	<u>-</u>	<u>21,976</u>
Total funds	<u>119,444</u>	<u>354,353</u>	<u>(347,651)</u>	<u>-</u>	<u>126,146</u>

**NHS Leicester, Leicestershire, Rutland ICB**

Funds received specifically to pay the costs of full and part time bereavement counsellors.

**The Big Lottery**

Funds received towards the provision of counselling services.

**East Leicestershire & Rutland CCG**

Mental Health & Wellbeing Grant Fund for counselling services.

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2023

12 Funds movements - continued

Comparatives for movement in funds

	Funds at 1 April 2021 £	Incoming resources £	Outgoing resources £	Transfers £	Funds at 31 March 2022 £
<i>Unrestricted funds</i>					
General fund	89,509	206,892	(237,672)	-	58,729
<i>Total unrestricted funds</i>	<u>89,509</u>	<u>206,892</u>	<u>(237,672)</u>	<u>-</u>	<u>58,729</u>
<i>Restricted funds</i>					
NHS Leicester, Leicestershire, Rutland ICB	-	48,907	(48,907)	-	-
Maud Elkington Charitable Trust	70	-	(70)	-	-
Leicester Lions - quiet room	172	-	(172)	-	-
Derby Community Foundation	34	-	(34)	-	-
The Big Lottery (Leics)	38,261	40,715	(38,261)	-	40,715
The Big Lottery (Derby)	4,366	-	(4,366)	-	-
Wathall Funeral Directors	150	-	(150)	-	-
Leics Community Fund - COVID Fund	-	5,000	(5,000)	-	-
Foundation Derbyshire - COVID Fund	5,334	-	(5,334)	-	-
East Leicestershire & Rutland CCG	-	20,000	0	-	20,000
Derby Crematorium	-	10,000	(10,000)	-	-
Entreprise RAC UK Ltd	-	3,000	(3,000)	-	-
	<u>48,387</u>	<u>127,622</u>	<u>(115,294)</u>	<u>-</u>	<u>60,715</u>
Total funds	<u>137,896</u>	<u>334,514</u>	<u>(352,966)</u>	<u>-</u>	<u>119,444</u>

13 Independent Examination fee

The amount payable to the independent examiner for the independent examination was £1,620 (2022: £2,340) including VAT and £812 (2022: £858) for payroll services.

**THE LAURA CENTRE**

England & Wales - Charity number 1166803

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# Accounts

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For when a child dies or is bereaved

## **Trustees Report and Accounts**

**Year Ended 31 March 2022**

Regional Office  
Registered Office

The Laura Centre  
4-6 Tower Street  
Leicester LE1 6WS

**Charitable Incorporated Organisation (CIO) Number 1166803**

**The Rowleys Partnership Ltd; Chartered Accountants  
Charnwood House, Harcourt Way, Meridian Business Park, Leicester LE19 1WP**

**THE LAURA CENTRE CIO**  
**ACCOUNTS FOR THE YEAR ENDED**  
**31 MARCH 2022**

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## THE LAURA CENTRE CIO

### TRUST INFORMATION

<b>Trustees</b>	H Moore FMS, AIIE (Chair) E Breslin S Leggott J Delve F Clarke (resigned 7 December 2021) J White D I Sutherland A Leaske A Keenan (resigned 5 July 2022)
<b>Chief Executive Officer</b>	S Binning
<b>Charity Number</b>	1166803
<b>Governing Document</b>	Constitution dated 28 April 2016
<b>Registered Address</b>	Laura Centre 4-6 Tower Street Leicester LE1 6WS
<b>Independent Examiners</b>	The Rowleys Partnership Ltd Chartered Accountants Charnwood House Harcourt Way Meridian Business Park Leicester LE19 1WP
<b>Bankers</b>	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ  Barclays Bank Plc Town Hall Square Leicester LE1 9AA

## THE LAURA CENTRE CIO

### TRUSTEES REPORT

The Trustees present their annual report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The trustees listed on page 1 have served as trustees during the year.

#### **Introduction - The Laura Centre History**

The Laura Centre, affectionately known as TLC, was founded by two bereaved parents, Gail and Harry Moore following the death of their daughter, Laura, aged 5, from Leukaemia in 1989. At that time, they sought to address the total lack of support, facilities and resources for bereaved parents affected by the death of a child and children and young people affected by the death of a parent/sibling, which the family were facing first hand. They brought together a working party of invited individuals including clinicians dealing with death and dying; psychologists; psychotherapists and other bereaved parents, their aim being: to develop a working brief to create a dedicated specialist bereavement Centre for when a child dies or is bereaved.

The Moore's went on to launch a focused awareness and fundraising campaign, with the help of the local media. The Laura Centre opened its doors in 1991 and since this time has supported many thousands of bereaved families. Every year TLC sees over 650 individuals referred to the Centre for the very first time. This gives you a flavour of the scale of this vital service and how our clinical interventions improve life chances by strengthening bereaved families, positively, practically, for life.

The model the Moore's created, engenders firm foundations, continuity of care and service delivery, together with the ethos of shared consultation within the community TLC serves, remains today with our beneficiaries being at the heart of all we do. TLC is a well-established charity and recognised nationally for its cutting edge approach and clinical excellence in the field of family bereavement. This model underpins the charity's growth and development, in a managed and phased way, across the geographical area we now serve.

#### **The vision of The Laura Centre is to create a culture of compassion for bereaved families.**

The Laura Centre is seen as the preferred provider, within our geographical reach, of highly specialist bereavement counselling and therapeutic support. Our work is recognised nationally for its clinical excellence in the field of traumatic grief, anticipatory grief work and family bereavement. Situated in the Heart of England, TLC offers a holistic package of care and clinical interventions responding to the individual needs of those referred to us. Our service is fully accessible and free at the point of delivery to achieve positive change over time in the areas of mental health and well-being and a re-engagement with life, which is often associated with bereavement and untimely death of a child; a parent; a sibling.

The charity's tried and tested model of clinical delivery using specialist professional counsellors and therapists to offer a wide range of individual and group support, as well as a variety of alternative therapies, is highly successful in delivering lasting regional solutions for bereaved families.

## THE LAURA CENTRE CIO

### TRUSTEES REPORT (Continued)

#### Objectives and activities

The charity was established under a trust deed dated 10 July 1986 and called the Children's Leukaemia and Cancer Fund. The aim of the charity was to relieve children and young persons suffering from life threatening diseases. The charity started operating under the name COPE during 1988 and formally adopted the change of name in 1992.

There were further amendments to the objectives in 2003 and these were incorporated into the new Charitable Incorporated Organisation (CIO) on 28 April 2016 objectives which are as follows:

- To relieve adults suffering the effects of an anticipated or actual death of a child of any age and from any cause and to relieve children and young people suffering the effect of anticipated or actual death of a sibling, parent, grandparent or other significant person through the provision of advice, counselling and support services; and
- To promote and encourage the study of and research into life threatening diseases and the effects of bereavement on parents, children and families and publishing the results of such research; and
- To promote and encourage the advancement of education for those involved in the provision of advice, counselling and support services to families who have suffered the death of a child or whose child is suffering from a life threatening illness; and
- The promotion of such other purposes recognised as charitable under the law of England and Wales in such parts of the United Kingdom as the Charity Trustees from time to time may think fit.

In order to achieve the above objective, The Laura Centre provides counselling, advice and support for anyone affected by the loss of a child and for children up to the age of 25 who are affected by a significant loss. The Centre employs qualified counsellors and psychotherapists to offer a range of individual and group work together with offering support, training, consultation and supervision to a range of organisations including local schools and nurseries and other voluntary and statutory agencies. The service is free to any bereaved person seeking support.

The trustees have taken into consideration the guidance on public benefit issued by the Charity Commission.

## THE LAURA CENTRE CIO

### TRUSTEES REPORT (Continued)

#### **Achievements and performance**

The Laura Centre are proud of being able to provide an almost full service throughout the pandemic. We have managed to steer our way through the uncertainty and now have a new hybrid way of working. Our service is now prepared for any eventuality that any lockdown or isolation period brings to clinical work. We provide face to face work as our main way of working, we also now provide telephone and virtual counselling over zoom.

The Laura Centre has been providing more specialist training to schools and other organisations in Leicestershire during the pandemic, as well as opening our advice line to 5 days a week. We have therefore been able to provide this extra specialist guidance and support to ensure the families effected by a bereavement over the pandemic are well supported.

The establishment of the Leicester, Leicestershire and Rutland Bereavement Hub, proved to be very beneficial for organisations working for bereaved communities. The Hub created by The Laura Centre in January 2020, allowed major bereavement organisations to come together and talk through their plans for working with bereaved communities throughout the pandemic. We were able to update and liaise with each other regarding the ever changing faces of our individual organisations, to ensure that overall effective support was offered during this time of crisis.

Our social media platform has been busier than ever with more hits and likes on Facebook and Twitter. We have been able to utilise this to keep the community up to date with what our service looks like during the pandemic.

Our Chairman Harry Moore received a well deserved MBE for his work for young people and to charity in Leicester.

**THE LAURA CENTRE CIO**  
**TRUSTEES REPORT (Continued)**

**Financial Review**

At the balance sheet date the net assets of the charity totalled £119,444 (2021 - £137,896) of which £60,715 (2021 - £48,387) was restricted. The overall financial position of the charity was considered robust as £97,130 (2021 - £136,229) was held in cash. The total incoming resources for the year were £337,704 (2021 - £421,525). The total resources expended for the year were £352,156 (2021 - £410,993) resulting in a net deficit of £18,452 (2021 - surplus of £10,531). Salary costs for staff who work across the three areas are clearly delineated.

The covid-19 pandemic has had some negative effects on raising funds. However, we have worked hard to apply for emergency funds and continuation funds from our current funders. Unfortunately, some funds have not materialised due to the grant makers having insufficient funding available. We are however, pleased to say that we have persevered and have managed to not furlough staff. We realised that the service provided is more important than ever due to the ongoing deaths from Covid. In the next financial year we will be continuing to apply for more emergency funds, noting though that there are less of these available now. We will also be applying for funds from our usual funding pathways, and hope that the community based fundraising as well as the marathons, will be going ahead this coming year.

**The Laura Centre...Dynamic organisation which uses its existing resources to its full potential; clinically, therapeutically, financially, ethically**

In keeping with our longer term goals our objectives remain-to ensure the stability of the Centre in Leicester as the clinical, training, income development, ICT and administrative “hub” of the organisation together with the provision of two smaller clinical focussed centres in Derby and Coventry. This, we believe, is a cost effective model of care in a challenging funding environment. Parochial fundraising to fund local provision is to be developed at local level to fund the centres as we work towards the overarching regional strategy and business plan.

The development of the centres in Derby and Coventry was as a direct result of an identified need for bereaved families to be able to access a high quality, specialist bereavement counselling service, within their communities, by local statutory and voluntary sector agencies and The Laura Centre. Various grant making trusts and foundations remain the highest source of income generated. We continue to engender a positive partnership with the Clinical Commissioning Group (CCG) for Leicester City, East Leicestershire and Rutland for the provision of our services in those areas. Our grant is reviewed annually. The rest of our annual income raised against budget spend comes from groups and community fundraising, events, corporate adoptions, individuals, training and supervision.

**Reserves policy**

The long term aim of the trustees is to hold cash equivalent to approximately six months running costs in order to ensure the long term viability of the charity. Actual cash is less than this at present but the trustees are committed to achieving this aim. Total unrestricted funds at the year end are £58,729 and restricted funds £60,715.

**THE LAURA CENTRE CIO**  
**TRUSTEES REPORT (Continued)**

**Plans for future**

We aim to maintain and sustain our work at The Laura Centre, the covid-19 crisis has had an impact on our charity financially and we wish to ensure that we are able to effectively continue with our care and support packages for our clients. We will make necessary changes where needed and the plan is to sustain what we have at least for this coming year.

Our Coventry service is now being run from our Leicester centre, we have been able to utilise the remote work we do and offer this to our clients if they do not want to come in for face to face work. There are good transport links from Coventry to Leicester so our clients have had no problems in accessing the service either face to face or remotely.

We will be continuing to offer an associate counsellor programme which will help aid the training of the future of the counselling profession in the mental health and bereavement fields. This model will help the sustainability of our client work and charity as well.

Group work will be developed this year, this will help our clients to get together and explore and collectively heal from their bereavement experiences. The lockdowns from covid have had a negative impact on our clients and resulted in significant isolation during a time of their grieving.

Groups will aid the impact of this and help our clients to deal with any issues around social anxiety or the burden of their grief in a safe space with qualified group staff. This will also help with our waiting lists which have increased due to more deaths due to the pandemic via Covid, but also through suicide and untreated illnesses.

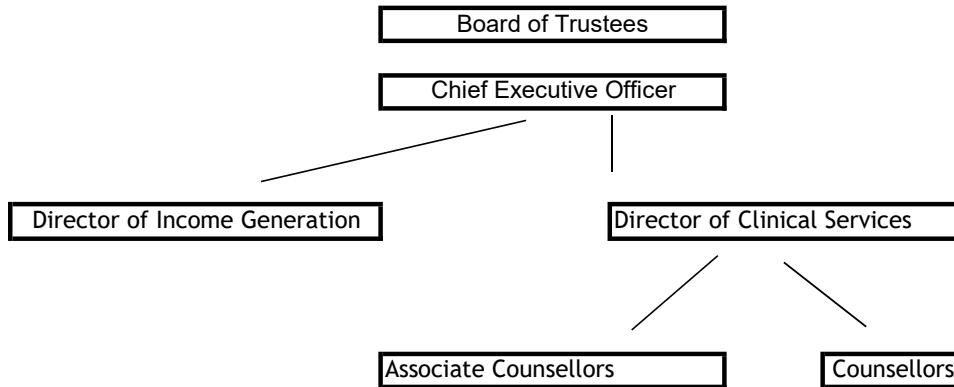
This will be the 30th year that The Laura Centre has been active. We will be organising events and publicising this special birthday to celebrate and hopefully draw in more funds this way.

## THE LAURA CENTRE CIO

### TRUSTEES REPORT (Continued)

#### Structure, governance and management

Decisions which affect the charitable objectives are made by the Trustees with advice from the Chief Executive and the Senior Management Team. The Chief Executive reports to the Chairman. Any operational decisions which involve expenditure of less than £1,000 is designated to the Chief Executive. The introduction of new Trustees is undertaken by the Chairman, Harry Moore and opportunities for further training in the role are brought to the attention of the Board of Trustees at their regular meetings throughout the year.



The Trustees are appreciative of the unconditional dedication shown by the team the charity employs and the supportive energies of the many volunteers who give up their own free time to help us in consistently achieving all that we do. We know that all this contributes to The Laura Centre's vital work in supporting those families we were founded to serve not only cope but re-engage with life and their communities. This is due to the quality of the clinical work we provide and our understanding of the way in which grief affects people in different ways.

Towards the end of our financial year, we were faced with the strain of the Covid-19 Pandemic. We have managed to set out clear contingency plans which will ensure the continuation of our services remotely via virtual means. The aim is to keep our staff and our clients as safe as possible under ever changing government guidelines, whilst ensuring a quality service to our beneficiaries. Financially there will possibly be an impact on the charity sector so we will be applying for emergency funding and continuing with our usual funding pathways that may be available to us.

#### The Laura Centre...a safe space for learning the tools to help in dealing with grief

##### Public benefit

The trustees have considered the Charity Commission's requirement in respect of Public Benefit. In their view the charity meets, in full, the criteria to satisfy the test.

##### Risk management

The charity trustees have reviewed the major risks which are the loss of funding to which the charity is exposed to and have established systems and procedures to manage those risks.

**THE LAURA CENTRE CIO**  
**TRUSTEES REPORT (Continued)**

**Trustees Responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities'(Accounts and Reports) Regulations 2008 and the provisions of the trust deed.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the trustees:

*Harry Moore*

H. Moore  
Signed on 31/01/2023, 11:01:01 GMT

Date: 31/01/2023

## REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF THE LAURA CENTRE CIO

### Independent Examiner's Report to the Trustees of The Laura Centre CIO.

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 10 to 21.

### Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*L. Parkes*

signed on 31/01/2023, 12:10:19 GMT

Mrs L G Parkes FCA FCCA  
The Rowleys Partnership Ltd  
Chartered Accountants  
Charnwood House  
Harcourt Way  
Meridian Business Park  
Leicester  
LE19 1WP

Date: 31/01/2023

THE LAURA CENTRE CIO

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED  
31 MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<b>Incoming Resources</b>					
Donations and legacies	2a	203,123	126,812	329,935	412,476
Charitable activities	2b	3,766	-	3,766	6,751
Investments	2c	3	-	3	28
Other income	2c	-	-	-	2,270
<b>Total Incoming Resources</b>		<u>206,892</u>	<u>126,812</u>	<u>333,704</u>	<u>421,525</u>
<b>Resources Expended</b>					
Raising funds		-	-	-	82
Charitable activities	3	235,332	114,484	349,816	408,572
Other costs	4	2,340	-	2,340	2,340
<b>Total Resources Expended</b>		<u>237,672</u>	<u>114,484</u>	<u>352,156</u>	<u>410,994</u>
<b>Net (deficit)/income</b>		(30,780)	12,328	(18,452)	10,531
Transfers between funds	12	-	-	-	-
<b>Total funds brought forward</b>		89,509	48,387	137,896	127,365
<b>Total funds carried forward</b>		<u>58,729</u>	<u>60,715</u>	<u>119,444</u>	<u>137,896</u>

Movements on reserves and all recognised gains and losses are shown above.

The notes on pages 13 to 21 form part of these accounts.

THE LAURA CENTRE CIO

COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED  
31 MARCH 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
<b>Incoming Resources</b>					
Donations and legacies	2a	232,053	180,423	412,476	413,667
Charitable activities	2b	6,751	-	6,751	36,718
Investments	2c	28	-	28	142
Other income	2c	2,270	-	2,270	-
<b>Total Incoming Resources</b>		<u>241,102</u>	<u>180,423</u>	<u>421,525</u>	<u>450,527</u>
<b>Resources Expended</b>					
Raising funds		82	-	82	1,160
Charitable activities	3	213,289	195,283	408,572	492,892
Other costs	4	2,340	-	2,340	2,340
<b>Total Resources Expended</b>		<u>215,711</u>	<u>195,283</u>	<u>410,994</u>	<u>496,392</u>
<b>Net (deficit)/income</b>		25,391	(14,860)	10,531	(45,865)
Transfers between funds	12	543	(543)	-	-
<b>Total funds brought forward</b>		63,575	63,790	127,365	173,230
<b>Total funds carried forward</b>		<u><u>89,509</u></u>	<u><u>48,387</u></u>	<u><u>137,896</u></u>	<u><u>127,365</u></u>

THE LAURA CENTRE CIO

BALANCE SHEET  
FOR THE YEAR ENDED  
31 MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<b>Fixed Assets</b>					
Tangible assets	6	2,134	-	2,134	1,174
<b>Current Assets</b>					
Stock		-	-	-	259
Debtors	7	33,431	-	33,431	11,552
Cash at bank	8	36,415	60,715	97,130	136,229
		<u>69,846</u>	<u>60,715</u>	<u>130,561</u>	<u>148,040</u>
<b>Current Liabilities</b>					
Liabilities falling due within one year	9	13,251	-	13,251	11,318
		<u>13,251</u>	<u>-</u>	<u>13,251</u>	<u>11,318</u>
<b>Net Current Assets</b>		56,595	60,715	117,310	136,722
		<u>56,595</u>	<u>60,715</u>	<u>117,310</u>	<u>136,722</u>
<b>Net Assets</b>		<u>58,729</u>	<u>60,715</u>	<u>119,444</u>	<u>137,896</u>
<b>Fund Balances</b>					
Unrestricted funds	12	58,729	-	58,729	89,509
Restricted funds	12	-	60,715	60,715	48,387
		<u>58,729</u>	<u>60,715</u>	<u>119,444</u>	<u>137,896</u>

Approved by the Trustees and signed on their behalf on 31/01/2023

by :

*Harry Moore*

H Moore  
Trustee  
signed on 31/01/2023, 11:01:01 GMT

The notes on pages 13 to 21 form part of these accounts.

**THE LAURA CENTRE CIO**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2022**

**1 Accounting policies**

a) General information and basis of preparation

The Laura Centre is a charitable incorporated organisation in England. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the trustees report.

The financial statements of the charity, which is a public benefit entity as defined by FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**THE LAURA CENTRE CIO**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2022**

**1 Accounting policies - continued**

c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Income from grants and local authority fees are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

Income from investments is included in the SOFA in the period in which it is receivable.

d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

e) Fixed assets and depreciation

Fixed assets acquired for use by the charity are capitalised and depreciated over their estimated useful life at the following rates:

Depreciation periods are as follows:

Alterations to leasehold property	Over period of the lease
Fixtures, fittings and equipment	Three years

f) Stock

Stocks are stated at the lower of cost and estimated selling price less costs to complete and sell.

g) Pensions

The charity operates a defined contribution pension plan for its employees and is recognised as an expense.

h) Taxation

The charity is exempt from tax on its charitable activities.

**THE LAURA CENTRE CIO**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2022**

**1 Accounting policies - continued**

i) Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

j) Cash at bank and in hand

Cash at bank and in hand includes cash in hand and monies on short term deposits at the bank.

k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2022

<b>2 Income</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2022 £</b>	<b>Total 2021 £</b>
a) Donations and legacies				
Donations including gift aid	50,339	-	50,339	44,548
CCG grant	-	48,097	48,097	47,419
Children in need	-	-	-	-
Other income from grants	152,784	78,715	231,499	320,510
	<u>203,123</u>	<u>126,812</u>	<u>329,935</u>	<u>412,476</u>
b) Charitable activities				
Training and lecturing fees	1,271	-	1,271	3,080
Supervision and lecture fees	2,495	-	2,495	2,178
Sale of goods	-	-	-	144
Fundraising events	-	-	-	1,350
	<u>3,766</u>	<u>-</u>	<u>3,766</u>	<u>6,751</u>
c) Investments				
Bank interest	3	-	3	28
d) Other income				
Insurance claim for property repairs	-	-	-	2,270
	<u>-</u>	<u>-</u>	<u>-</u>	<u>2,270</u>
<b>3 Charitable activities</b>				
	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2022 £</b>	<b>Total 2021 £</b>
a) Direct charitable costs				
Salaries and national insurance	58,601	114,484	173,085	231,378
Bought in therapy sessions and expenses	17,822	-	17,822	17,508
Supervision and training of counsellors	6,786	-	6,786	9,253
Book of remembrance	-	-	-	36
	<u>83,209</u>	<u>114,484</u>	<u>197,693</u>	<u>258,175</u>
b) Support and administration				
Salaries and national insurance	54,567	-	54,567	56,413
Depreciation	1,355	-	1,355	2,621
Insurance	9,064	-	9,064	8,739
Premises expenses	52,231	-	52,231	51,485
Office expenses	34,905	-	34,905	31,139
	<u>152,123</u>	<u>-</u>	<u>152,123</u>	<u>150,397</u>
Combined charitable activity cost	<u>235,332</u>	<u>114,484</u>	<u>349,816</u>	<u>408,572</u>

**THE LAURA CENTRE CIO**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2022**

<b>4 Other costs</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2022 £</b>	<b>Total 2021</b>
Accounts examination fee	<u>2,340</u>	-	<u>2,340</u>	<u>2,340</u>

**5 Staff & Trustees**

Staff costs during the period were as follows:	<b>2022 £</b>	<b>2021 £</b>
Wages and salaries & session workers	214,785	268,140
Employer's National Insurance	13,725	17,042
Pension costs	<u>4,502</u>	<u>5,170</u>
	<u>233,011</u>	<u>290,352</u>

The trustees did not receive any remuneration or were reimbursed any expenses during the year.

Key personnel received total remuneration of £72,432 (2021 - £68,333) during the year.

Key management personnel comprises of the Chief Executive and the Director of Clinical Services. Both individuals participate in the provision of the clinical service for the Organisation as well as undertaking their management responsibilities.

The average number of persons employed by the charity during the year was 11 (2021 - 14).

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

**6 Tangible fixed assets**

	<b>Alterations to Leasehold Property £</b>	<b>Fittings &amp; Equipment £</b>	<b>Total £</b>
Cost or value on transfer at 1 April 2021	19,996	109,143	129,139
Additions	-	2,315	2,315
Disposals	-	-	-
Cost or valuation at 31 March 2021	<u>19,996</u>	<u>111,458</u>	<u>131,454</u>
Accumulated depreciation at 1 April 2021	19,996	107,969	127,965
Charge for the year	-	1,355	1,355
Eliminated on disposal	-	-	-
Accumulated depreciation at 31 March 2022	<u>19,996</u>	<u>109,324</u>	<u>129,320</u>
Net book value at 31 March 2022	<u>-</u>	<u>2,134</u>	<u>2,134</u>
Net book value at 31 March 2021	<u>-</u>	<u>1,174</u>	<u>1,174</u>

**THE LAURA CENTRE CIO**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>7 Debtors</b>		
Prepayments	4,144	4,357
Other debtors	29,288	7,195
	<u>33,431</u>	<u>11,552</u>
<b>8 Cash at bank and in hand</b>		
Bank operating accounts	50,027	46,949
Deposit accounts	46,846	89,162
Petty cash	257	118
	<u>97,130</u>	<u>136,229</u>
<b>9 Creditors: liabilities falling due within one year</b>		
Trade creditors	2,153	5
Accruals and deferred income	6,084	5,449
Social security and other taxes	5,014	5,864
	<u>13,251</u>	<u>11,318</u>
<b>10 Operating lease commitments</b>		
Total future minimum lease payments under non-cancellable operating leases, for each of the following periods:		
<b>Land &amp; Buildings</b>		
Due in one year	45,000	45,000
Due in 2-5 years	5,733	40,200
More than five years	-	-
	<u>50,733</u>	<u>85,200</u>

During the year total lease payments of £45,000 (2021 - £45,000) are recognised as an expense.

**11 Related party disclosures**

There were no related party transactions for the year ended 31 March 2022 and year ended 31 March 2021.

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2022

12 Funds movements

	Funds at 1 April 2021 £	Incoming resources £	Outgoing resources £	Transfers £	Funds at 31 March 2022 £
<i>Unrestricted funds</i>					
General fund	89,509	206,892	(237,672)	-	58,729
<i>Designated funds</i>					
Derby branch	-	-	-	-	-
<i>Total unrestricted funds</i>	<u>89,509</u>	<u>206,892</u>	<u>(237,672)</u>	<u>-</u>	<u>58,729</u>
<i>Restricted funds</i>					
Counselling	-	48,097	(48,097)	-	-
Maud Elkington Charitable Trust	70	-	(70)	-	-
Leicester Lions - quiet room	172	-	(172)	-	-
Derby Community Foundation Equipment for children	34	-	(34)	-	-
The Big Lottery (Leics)	38,261	40,715	(38,261)	-	40,715
The Big Lottery (Derby)	4,366	-	(4,366)	-	-
Wathall Funeral Directors	150	-	(150)	-	-
Leics Community Fund - Covid Fund	-	5,000	(5,000)	-	-
Foundation Derbyshire - Covid Fund	5,334	-	(5,334)	-	-
Children in Need - Next steps	-	-	-	-	-
East Leicestershire & Rutland CCG	-	20,000	-	-	20,000
Derby Crematorium	-	10,000	(10,000)	-	-
Enterprise RAC UK Ltd	-	3,000	(3,000)	-	-
	<u>48,387</u>	<u>126,812</u>	<u>(114,484)</u>	<u>-</u>	<u>60,715</u>
Total funds	<u>137,896</u>	<u>333,704</u>	<u>(352,156)</u>	<u>-</u>	<u>119,444</u>

**Counselling**

Funds received specifically to pay the costs of full and part time bereavement counsellors.

**Maud Elkington Charitable Trust**

Chairs for Counselling room.

**THE LAURA CENTRE CIO**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2022**

**12 Funds movements - continued**

**The Big Lottery**

Funds received towards the provision of counselling services.

**Wathall Funeral Directors**

Derby Counselling Room Refurbishment.

**Covid-19 Grants**

Several grants were received during the year to provide counselling services for adults and children.

**East Leicestershire & Rutland CCG**

Mental Health & Wellbeing Grant Fund for counselling services.

**Derby Crematorium**

To provide counselling services in Derby and Derby county.

**Enterprise RAC UK Ltd**

To provide counselling services for ethnic minority groups.

**THE LAURA CENTRE CIO**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2022**

**12 Funds movements - continued**

**Comparatives for movement in funds**

	Funds at 1 April 2020 £	Incoming resources £	Outgoing resources £	Transfers £	Funds at 31 March 2021 £
<i>Unrestricted funds</i>					
General fund	149,615	196,382	(148,945)	(107,543)	89,509
<i>Designated funds</i>					
Coventry branch	(16,685)	1,982	(22,078)	36,781	-
Derby branch	(68,536)	38,204	(42,158)	72,490	-
Nottingham branch	(819)	4,534	(2,530)	(1,185)	-
<i>Total unrestricted funds</i>	<u>63,575</u>	<u>241,102</u>	<u>(215,711)</u>	<u>543</u>	<u>89,509</u>
<i>Restricted funds</i>					
Counselling	-	47,419	(47,419)	-	-
Maud Elkington Charitable Trust	70	-	-	-	70
Leicester Lions - quiet room	172	-	-	-	172
Derby Community Foundation equipment for children	34	-	-	-	34
COVID fund	-	10,000	(10,000)	-	-
Zephyrs Project	543	-	-	(543)	-
Sheldon Trust	-	-	-	-	-
St James Place	19,633	-	(19,633)	-	-
The Big Lottery (Leics)	34,553	69,216	(65,508)	-	38,261
The Big Lottery (Derby)	4,318	8,143	(8,095)	-	4,366
The Big Lottery (Cov)	4,317	4,072	(8,389)	-	-
Wathall Funeral Directors	150	-	-	-	150
Leics County Council - COVID Fu	-	14,000	(14,000)	-	-
Leics Community Fund - COVID F	-	5,000	(5,000)	-	-
Foundation Derbyshire - COVID F	-	8,000	(2,666)	-	5,334
Children in Need -Next Steps	-	14,573	(14,573)	-	-
	<u>63,790</u>	<u>180,423</u>	<u>(195,283)</u>	<u>(543)</u>	<u>48,387</u>
Total funds	<u>127,365</u>	<u>421,525</u>	<u>(410,994)</u>	<u>-</u>	<u>137,896</u>

**13 Independent Examination fee**

The amount payable to the independent examiner for the independent examination was £2,340 (2021: £2,340) including VAT and £858 (2021: £858) for payroll services.

**THE LAURA CENTRE**

England & Wales - Charity number 1166803

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# Accounts

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For when a child dies or is bereaved

# **Trustees Report and Accounts**

**Year Ended 31 March 2021**

Regional Office  
Registered Office

The Laura Centre  
4-6 Tower Street  
Leicester LE1 6WS

Charitable Incorporated Organisation (CIO) Number 1166803

**The Rowleys Partnership Ltd; Chartered Accountants**  
**Charnwood House, Harcourt Way, Meridian Business Park, Leicester LE19 1WP**

**THE LAURA CENTRE CIO**  
**ACCOUNTS FOR THE YEAR ENDED**  
**31 MARCH 2021**

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## THE LAURA CENTRE CIO

### TRUST INFORMATION

<b>Trustees</b>	H Moore FMS, AIIIE (Chair) E Breslin S Leggott J Delve F Clarke J White D I Sutherland A Leask A Keenan ( appointed July 2021)
<b>Chief Executive Officer</b>	S Binning
<b>Charity Number</b>	1166803
<b>Governing Document</b>	Constitution dated 28 April 2016
<b>Registered Address</b>	Laura Centre 4-6 Tower Street Leicester LE1 6WS
<b>Independent Examiners</b>	The Rowleys Partnership Ltd Chartered Accountants Charnwood House Harcourt Way Meridian Business Park Leicester LE19 1WP
<b>Bankers</b>	CAF Bank Limited Kings Hill West Malling Kent ME19 4JQ  Barclays Bank Plc Town Hall Square Leicester LE1 9AA

## THE LAURA CENTRE CIO

### TRUSTEES REPORT

The Trustees present their annual report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The trustees listed on page 1 have served as trustees since 1 April 2019.

#### **Introduction - The Laura Centre History**

The Laura Centre, affectionately known as TLC, was founded by two bereaved parents, Gail and Harry Moore following the death of their daughter, Laura, aged 5, from Leukaemia in 1989. At that time, they sought to address the total lack of support, facilities and resources for bereaved parents affected by the death of a child and children and young people affected by the death of a parent/sibling, which the family were facing first hand. They brought together a working party of invited individuals including clinicians dealing with death and dying; psychologists; psychotherapists and other bereaved parents, their aim being: to develop a working brief to create a dedicated specialist bereavement Centre for when a child dies or is bereaved.

The Moore's went on to launch a focused awareness and fundraising campaign, with the help of the local media. The Laura Centre opened its doors in 1991 and since this time has supported many thousands of bereaved families. Every year TLC sees over 650 individuals referred to the Centre for the very first time. This gives you a flavour of the scale of this vital service and how our clinical interventions improve life chances by strengthening bereaved families, positively, practically, for life.

The model the Moore's created, engenders firm foundations, continuity of care and service delivery, together with the ethos of shared consultation within the community TLC serves, remains today with our beneficiaries being at the heart of all we do. TLC is a well-established charity and recognised nationally for its cutting edge approach and clinical excellence in the field of family bereavement. This model underpins the charity's growth and development, in a managed and phased way, across the geographical area we now serve.

#### **The vision of The Laura Centre is to create a culture of compassion for bereaved families.**

The Laura Centre is seen as the preferred provider, within our geographical reach, of highly specialist bereavement counselling and therapeutic support. Our work is recognised nationally for its clinical excellence in the field of traumatic grief, anticipatory grief work and family bereavement. Situated in the Heart of England, TLC offers a holistic package of care and clinical interventions responding to the individual needs of those referred to us. Our service is fully accessible and free at the point of delivery to achieve positive change over time in the areas of mental health and well-being and a re-engagement with life, which is often associated with bereavement and untimely death of a child; a parent; a sibling.

The charity's tried and tested model of clinical delivery using specialist professional counsellors and therapists to offer a wide range of individual and group support, as well as a variety of alternative therapies, is highly successful in delivering lasting regional solutions for bereaved families.

**THE LAURA CENTRE CIO**  
**TRUSTEES REPORT (Continued)**

**Objectives and activities**

The charity was established under a trust deed dated 10 July 1986 and called the Children's Leukaemia and Cancer Fund. The aim of the charity was to relieve children and young persons suffering from life threatening diseases. The charity started operating under the name COPE during 1988 and formally adopted the change of name in 1992.

There were further amendments to the objectives in 2003 and these were incorporated into the new Charitable Incorporated Organisation (CIO) on 28 April 2016 objectives which are as follows:

- To relieve adults suffering the effects of an anticipated or actual death of a child of any age and from any cause and to relieve children and young people suffering the effect of anticipated or actual death of a sibling, parent, grandparent or other significant person through the provision of advice, counselling and support services; and
- To promote and encourage the study of and research into life threatening diseases and the effects of bereavement on parents, children and families and publishing the results of such research; and
- To promote and encourage the advancement of education for those involved in the provision of advice, counselling and support services to families who have suffered the death of a child or whose child is suffering from a life threatening illness; and
- The promotion of such other purposes recognised as charitable under the law of England and Wales in such parts of the United Kingdom as the Charity Trustees from time to time may think fit.

In order to achieve the above objective, The Laura Centre provides counselling, advice and support for anyone affected by the loss of a child and for children up to the age of 25 who are affected by a significant loss. The Centre employs qualified counsellors and psychotherapists to offer a range of individual and group work together with offering support, training, consultation and supervision to a range of organisations including local schools and nurseries and other voluntary and statutory agencies. The service is free to any bereaved person seeking support.

The trustees have taken into consideration the guidance on public benefit issued by the Charity Commission.

## THE LAURA CENTRE CIO

### TRUSTEES REPORT (Continued)

#### **Achievements and performance**

The Laura Centre are proud of being able to provide an almost full service throughout the pandemic. We have managed to steer our way through the uncertainty and now have a new hybrid way of working. Our service is now prepared for any eventuality that any lockdown or isolation period brings to clinical work. We provide face to face work as our main way of working, we also now provide telephone and virtual counselling over zoom.

The Laura Centre has been providing more specialist training to schools and other organisations in Leicestershire during the pandemic, as well as opening our advice line to 5 days a week. We have therefore been able to provide this extra specialist guidance and support to ensure the families effected by a bereavement over the pandemic are well supported.

The establishment of the Leicester, Leicestershire and Rutland Bereavement Hub, proved to be very beneficial for organisations working for bereaved communities. The Hub created by The Laura Centre in January 2020, allowed major bereavement organisations to come together and talk through their plans for working with bereaved communities throughout the pandemic. We were able to update and liaise with each other regarding the ever changing faces of our individual organisations, to ensure that overall effective support was offered during this time of crisis.

Our social media platform has been busier than ever with more hits and likes on Facebook and Twitter. We have been able to utilise this to keep the community up to date with what our service looks like during the pandemic.

Our Chairman Harry Moore received a well deserved MBE for his work for young people and to charity in Leicester.

## THE LAURA CENTRE CIO

### TRUSTEES REPORT (Continued)

#### Financial Review

At the balance sheet date the net assets of the charity totalled £137,896 (2020 - £127,365) of which £48,387 (2020 - £63,790) was restricted. The overall financial position of the charity was considered robust as £136,229 (2019 - £109,603) was held in cash. The total incoming resources for the year were £421,525 (2020 - £450,527). The total resources expended for the year were £410,994 (2020 - £496,392) resulting in a net surplus of £10,531 (2020 - deficit of £45,865). Salary costs for staff who work across the three areas are clearly delineated.

The covid-19 pandemic has had some negative effects on raising funds. However, we have worked hard to apply for emergency funds and continuation funds from our current funders. Unfortunately, some funds have not materialised due to the grant makers having insufficient funding available. We are however, pleased to say that we have persevered and have managed to not furlough staff. We realised that the service provided is more important than ever due to the ongoing deaths from Covid. In the next financial year we will be continuing to apply for more emergency funds, noting though that there are less of these available now. We will also be applying for funds from our usual funding pathways, and hope that the community based fundraising as well as the marathons, will be going ahead this coming year.

#### **The Laura Centre...Dynamic organisation which uses its existing resources to its full potential; clinically, therapeutically, financially, ethically**

In keeping with our longer term goals our objectives remain-to ensure the stability of the Centre in Leicester as the clinical, training, income development, ICT and administrative “hub” of the organisation together with the provision of two smaller clinical focussed centres in Derby and Coventry. This, we believe, is a cost effective model of care in a challenging funding environment. Parochial fundraising to fund local provision is to be developed at local level to fund the centres as we work towards the overarching regional strategy and business plan.

The development of the centres in Derby and Coventry was as a direct result of an identified need for bereaved families to be able to access a high quality, specialist bereavement counselling service, within their communities, by local statutory and voluntary sector agencies and The Laura Centre. Various grant making trusts and foundations remain the highest source of income generated. We continue to engender a positive partnership with the Clinical Commissioning Group (CCG) for Leicester City, East Leicestershire and Rutland for the provision of our services in those areas. Our grant is reviewed annually. The rest of our annual income raised against budget spend comes from groups and community fundraising, events, corporate adoptions, individuals, training and supervision.

#### **Reserves policy**

The long term aim of the trustees is to hold cash equivalent to approximately six months running costs in order to ensure the long term viability of the charity. Actual cash is less than this at present but the trustees are committed to achieving this aim. Total unrestricted funds at the year end are £89,509 and restricted funds £48,387.

**THE LAURA CENTRE CIO**  
**TRUSTEES REPORT (Continued)**

**Plans for future**

We aim to maintain and sustain our work at The Laura Centre, the covid-19 crisis has had an impact on our charity financially and we wish to ensure that we are able to effectively continue with our care and support packages for our clients. We will make necessary changes where needed and the plan is to sustain what we have at least for this coming year.

Our Coventry service is now being run from our Leicester centre, we have been able to utilise the remote work we do and offer this to our clients if they do not want to come in for face to face work. There are good transport links from Coventry to Leicester so our clients have had no problems in accessing the service either face to face or remotely.

We will be continuing to offer an associate counsellor programme which will help aid the training of the future of the counselling profession in the mental health and bereavement fields. This model will help the sustainability of our client work and charity as well.

Group work will be developed this year, this will help our clients to get together and explore and collectively heal from their bereavement experiences. The lockdowns from covid have had a negative impact on our clients and resulted in significant isolation during a time of their grieving.

Groups will aid the impact of this and help our clients to deal with any issues around social anxiety or the burden of their grief in a safe space with qualified group staff. This will also help with our waiting lists which have increased due to more deaths due to the pandemic via Covid, but also through suicide and untreated illnesses.

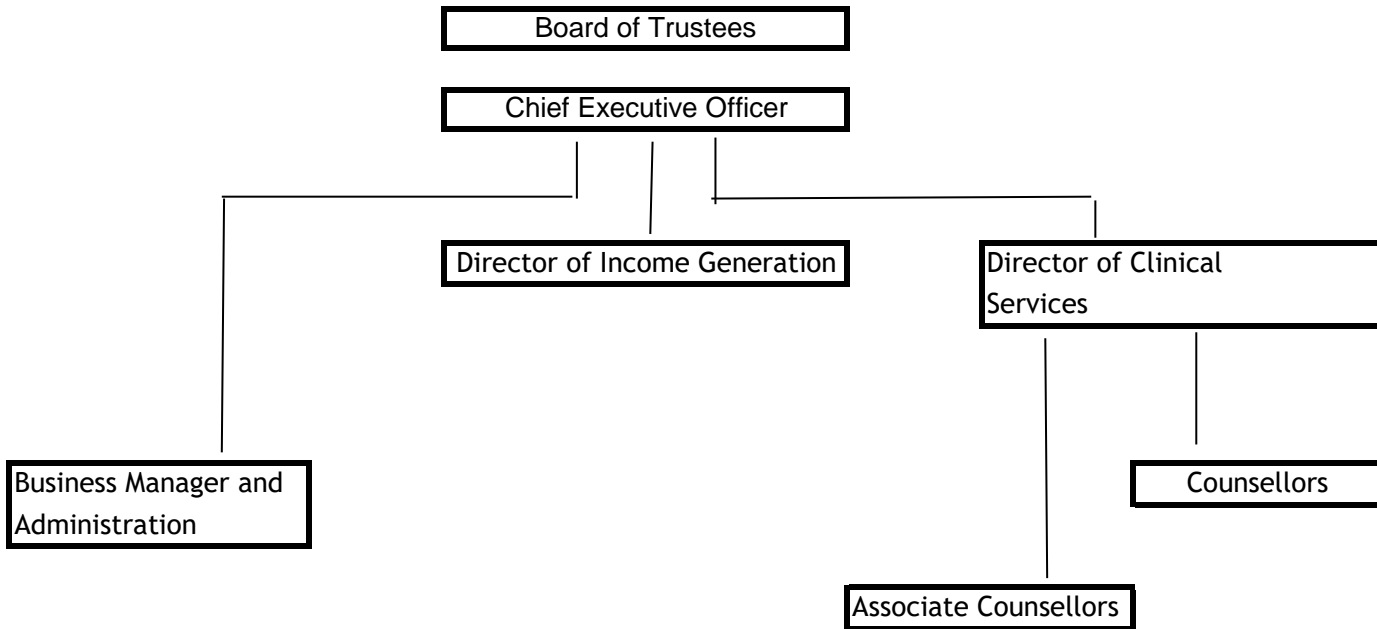
This will be the 30th year that The Laura Centre has been active. We will be organising events and publicising this special birthday to celebrate and hopefully draw in more funds this way.

**THE LAURA CENTRE CIO**

**TRUSTEES REPORT (Continued)**

**Structure, governance and management**

Decisions which affect the charitable objectives are made by the Trustees with advice from the Chief Executive and the Senior Management Team. The Chief Executive reports to the Chairman. Any operational decisions which involve expenditure of less than £1,000 is designated to the Chief Executive. The introduction of new Trustees is undertaken by the Chairman, Harry Moore and opportunities for further training in the role are brought to the attention of the Board of Trustees at their regular meetings throughout the year.



The Trustees are appreciative of the unconditional dedication shown by the team the charity employs and the supportive energies of the many volunteers who give up their own free time to help us in consistently achieving all that we do. We know that all this contributes to The Laura Centre’s vital work in supporting those families we were founded to serve not only cope but re-engage with life and their communities. This is due to the quality of the clinical work we provide and our understanding of the way in which grief affects people in different ways.

Towards the end of our financial year, we were faced with the strain of the Covid-19 Pandemic. We have managed to set out clear contingency plans which will ensure the continuation of our services remotely via virtual means. The aim is to keep our staff and our clients as safe as possible under ever changing government guidelines, whilst ensuring a quality service to our beneficiaries. Financially there will possibly be an impact on the charity sector so we will be applying for emergency funding and continuing with our usual funding pathways that may be available to us.

**The Laura Centre...a safe space for learning the tools to help in dealing with grief**

**Public benefit**

The trustees have considered the Charity Commission's requirement in respect of Public Benefit. In their view the charity meets, in full, the criteria to satisfy the test.

**Risk management**

The charity trustees have reviewed the major risks which are the loss of funding to which the charity is exposed to and have established systems and procedures to manage those risks.

## THE LAURA CENTRE CIO

### TRUSTEES REPORT (Continued)

#### Trustees Responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in [England & Wales/Northern Ireland]<sup>1</sup> requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities' (Accounts and Reports) Regulations 2008 and the provisions of the trust deed.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the trustees:

H Moore

Date: 7 October 2021

## REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF THE LAURA CENTRE CIO

### Independent Examiner's Report to the Trustees of The Laura Centre CIO.

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 10 to 21.

### Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

R J Radford FCA  
The Rowleys Partnership Ltd  
Chartered Accountants  
Charnwood House  
Harcourt Way  
Meridian Business Park  
Leicester  
LE19 1WP

Date: 13 October 2021

THE LAURA CENTRE CIO

STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED  
31 MARCH 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
<b>Incoming Resources</b>					
Donations and legacies	2a	232,053	180,423	412,476	413,667
Charitable activities	2b	6,751	-	6,751	36,718
Investments	2c	28	-	28	142
Other income	2c	2,270	-	2,270	-
<b>Total Incoming Resources</b>		<u>241,102</u>	<u>180,423</u>	<u>421,525</u>	<u>450,527</u>
<b>Resources Expended</b>					
Raising funds		82	-	82	1,160
Charitable activities	3	213,289	195,283	408,572	492,892
Other costs	4	2,340	-	2,340	2,340
<b>Total Resources Expended</b>		<u>215,711</u>	<u>195,283</u>	<u>410,994</u>	<u>496,392</u>
<b>Net (deficit)/income</b>		25,391	(14,860)	10,531	(45,865)
Transfers between funds	12	543	(543)	-	-
<b>Total funds brought forward</b>		63,575	63,790	127,365	173,230
<b>Total funds carried forward</b>		<u>89,509</u>	<u>48,387</u>	<u>137,896</u>	<u>127,365</u>

Movements on reserves and all recognised gains and losses are shown above.

The notes on pages 13 to 21 form part of these accounts.

THE LAURA CENTRE CIO

COMPARATIVE STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED  
31 MARCH 2020

	Note	Unrestricted Funds £	Restricted Funds £	Total 2020 £	Total 2019 £
<b>Incoming Resources</b>					
Donations and legacies	2a	179,329	234,338	413,667	492,499
Charitable activities	2b	36,718	-	36,718	48,581
Investments	2c	142	-	142	127
<b>Total Incoming Resources</b>		<u>216,189</u>	<u>234,338</u>	<u>450,527</u>	<u>541,207</u>
<b>Resources Expended</b>					
Raising funds		1,160	-	1,160	2,638
Charitable activities	3	256,473	236,419	492,892	514,087
Other costs	4	2,340	-	2,340	2,220
<b>Total Resources Expended</b>		<u>259,973</u>	<u>236,419</u>	<u>496,392</u>	<u>518,945</u>
<b>Net (deficit)/income</b>		(43,784)	(2,081)	(45,865)	22,262
Transfers between funds	12	1,333	(1,333)	-	-
<b>Total funds brought forward</b>		106,026	67,204	173,230	150,968
<b>Total funds carried forward</b>		<u>63,575</u>	<u>63,790</u>	<u>127,365</u>	<u>173,230</u>

Movements on reserves and all recognised gains and losses are shown above.

THE LAURA CENTRE CIO

BALANCE SHEET  
FOR THE YEAR ENDED  
31 MARCH 2021

	Note	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
<b>Fixed Assets</b>					
Tangible assets	6	1,174	-	1,174	3,649
<b>Current Assets</b>					
Stock		259	-	259	341
Debtors	7	11,552	-	11,552	25,821
Cash at bank	8	87,842	48,387	136,229	109,603
		<u>99,653</u>	<u>48,387</u>	<u>148,040</u>	<u>135,765</u>
<b>Current Liabilities</b>					
Liabilities falling due within one year	9	<u>11,318</u>	<u>-</u>	<u>11,318</u>	<u>12,049</u>
<b>Net Current Assets</b>		88,335	48,387	136,722	123,716
<b>Net Assets</b>		<u><u>89,509</u></u>	<u><u>48,387</u></u>	<u><u>137,896</u></u>	<u><u>127,365</u></u>
<b>Fund Balances</b>					
Unrestricted funds	12	89,509	-	89,509	63,575
Restricted funds	12	-	48,387	48,387	63,790
		<u><u>89,509</u></u>	<u><u>48,387</u></u>	<u><u>137,896</u></u>	<u><u>127,365</u></u>

Approved by the Trustees and signed on their behalf on 7 October 2021 by:

H Moore  
Trustee

The notes on pages 13 to 21 form part of these accounts.

## THE LAURA CENTRE CIO

### NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021

#### 1 Accounting policies

##### a) General information and basis of preparation

The Laura Centre is a charitable incorporated organisation in England. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activities are detailed in the trustees report.

The financial statements of the charity, which is a public benefit entity as defined by FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £1.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulation 2008 only to the extent to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005, which has since been withdrawn.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

**THE LAURA CENTRE CIO**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2021**

**1 Accounting policies - continued**

c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

Income from grants and local authority fees are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Donated facilities and donated professional services are recognised in income at their fair value when their economic benefit is probable, it can be measured reliably and the charity has control over the item. Fair value is determined on the basis of the value of the gift to the charity. For example the amount the charity would be willing to pay in the open market for such facilities and services. A corresponding amount is recognised in expenditure.

Income from investments is included in the SOFA in the period in which it is receivable.

d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

e) Fixed assets and depreciation

Fixed assets acquired for use by the charity are capitalised and depreciated over their estimated useful life at the following rates:

Depreciation periods are as follows:

Alterations to leasehold property	Over period of the lease
Fixtures, fittings and equipment	Three years

f) Stock

Stock is valued at the lower of cost and net realisable value.

g) Pensions

The charity operates a defined contribution pension plan for its employees and is recognised as an expense.

h) Taxation

The charity is exempt from tax on its charitable activities.

**THE LAURA CENTRE CIO**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2021**

**1 Accounting policies - continued**

i) Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

j) Cash at bank and in hand

Cash at bank and in hand includes cash in hand and monies on short term deposits at the bank.

k) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2021

<b>2 Income</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2021 £</b>	<b>Total 2020 £</b>
a) Donations and legacies				
Donations including gift aid	44,548	-	44,548	60,044
CCG grant	-	47,419	47,419	63,031
Children in need	-	-	-	33,284
Other income from grants	187,505	133,004	320,509	257,308
	<u>232,053</u>	<u>180,423</u>	<u>412,476</u>	<u>413,667</u>
b) Charitable activities				
Training and lecturing fees	3,080	-	3,080	1,790
Supervision and lecture fees	2,178	-	2,178	1,525
Sale of goods	143	-	143	815
Fundraising events	1,350	-	1,350	32,588
	<u>6,751</u>	<u>-</u>	<u>6,751</u>	<u>36,718</u>
c) Investments				
Bank interest	28	-	28	142
	<u>28</u>	<u>-</u>	<u>28</u>	<u>142</u>
d) Other income				
Insurance claim for property repairs	2,270	-	2,270	-
	<u>2,270</u>	<u>-</u>	<u>2,270</u>	<u>-</u>
<b>3 Charitable activities</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2020 £</b>	<b>Total 2019 £</b>
a) Direct charitable costs				
Salaries and national insurance	36,095	195,283	231,378	302,944
Bought in therapy sessions and expenses	17,508	-	17,508	22,473
Supervision and training of counsellors	9,253	-	9,253	9,960
Memorial service	-	-	-	160
Book of remembrance	36	-	36	107
	<u>62,892</u>	<u>195,283</u>	<u>258,175</u>	<u>335,644</u>
b) Support and administration				
Salaries and national insurance	56,413	-	56,413	50,353
Depreciation	2,621	-	2,621	3,504
Insurance	8,739	-	8,739	8,307
Premises expenses	51,485	-	51,485	55,619
Office expenses	31,139	-	31,139	39,465
	<u>150,397</u>	<u>-</u>	<u>150,397</u>	<u>157,248</u>
Combined charitable activity cost	<u>213,289</u>	<u>195,283</u>	<u>408,572</u>	<u>492,892</u>

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2021

4 Other costs	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020
Accounts examination fee	<u>2,340</u>	<u>-</u>	<u>2,340</u>	<u>2,220</u>

5 Staff & Trustees

Staff costs during the period were as follows:	2021 £	2020 £
Wages and salaries & session workers	268,140	324,765
Employer's National Insurance	17,042	22,318
Pension costs	5,170	6,214
	<u>290,352</u>	<u>353,297</u>

The trustees did not receive any remuneration or were reimbursed any expenses during the year.

Key personnel received total remuneration of £68,333 (2020 - £77,196) during the year.

Key management personnel comprises of the Chief Executive and the Director of Clinical Services. Both individuals participate in the provision of the clinical service for the Organisation as well as undertaking their management responsibilities.

The average number of persons employed by the charity during the year was 14 (2020 - 17).

No employees received total employee benefits (excluding employer pension costs) of more than £60,000.

6 Tangible fixed assets

	Alterations to Leasehold Property £	Fittings & Equipment £	Total £
Cost or value on transfer at 1 April 2020	19,996	128,577	148,573
Additions	-	146	146
Disposals	-	(19,580)	(19,580)
Cost or valuation at 31 March 2021	<u>19,996</u>	<u>109,143</u>	<u>129,139</u>
Accumulated depreciation at 1 April 2020	19,996	124,928	144,924
Charge for the year	-	2,621	2,621
Eliminated on disposal	-	(19,580)	(19,580)
Accumulated depreciation at 31 March 2021	<u>19,996</u>	<u>107,969</u>	<u>127,965</u>
Net book value at 31 March 2021	<u>-</u>	<u>1,174</u>	<u>1,174</u>
Net book value at 31 March 2020	<u>-</u>	<u>3,649</u>	<u>3,649</u>

**THE LAURA CENTRE CIO**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2021**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>7 Debtors</b>		
Prepayments	4,357	18,551
Other debtors	7,195	7,270
	<u>11,552</u>	<u>25,821</u>
<b>8 Cash at bank and in hand</b>		
Bank operating accounts	46,949	55,237
Deposit accounts	89,162	54,108
Petty cash	118	258
	<u>136,229</u>	<u>109,603</u>
<b>9 Creditors: liabilities falling due within one year</b>		
Trade creditors	5	150
Accruals and deferred income	5,449	4,017
Social security and other taxes	5,864	7,882
	<u>11,318</u>	<u>12,049</u>
<b>10 Operating lease commitments</b>		
Total future minimum lease payments under non-cancellable operating leases, for each of the following periods:		
<b>Land &amp; Buildings</b>		
Due in one year	45,000	34,750
Due in 2-5 years	40,200	61,200
More than five years	-	-
	<u>85,200</u>	<u>95,950</u>

During the year total lease payments of £45,000 (2020 - £43,500) are recognised as an expense.

**11 Related party disclosures**

There were no related party transactions for the year ended 31 March 2021 and year ended 31 March 2020.

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2021

12 Funds movements

	Funds at 1 April 2020 £	Incoming resources £	Outgoing resources £	Transfers £	Funds at 31 March 2021 £
<i>Unrestricted funds</i>					
General fund	149,615	196,382	(148,945)	(107,543)	89,509
<i>Designated funds</i>					
Coventry branch	(16,685)	1,982	(22,078)	36,781	-
Derby branch	(68,536)	38,204	(42,158)	72,490	-
Nottingham branch	(819)	4,534	(2,530)	(1,185)	-
<i>Total unrestricted funds</i>	<u>63,575</u>	<u>241,102</u>	<u>(215,711)</u>	<u>543</u>	<u>89,509</u>
<i>Restricted funds</i>					
Counselling	-	47,419	(47,419)	-	-
Maud Elkington Charitable Trust	70	-	-	-	70
Leicester Lions - quiet room	172	-	-	-	172
Derby Community Foundation					
Equipment for children	34	-	-	-	34
Covid fund		10,000	(10,000)		
Zephyrs Project	543	-	-	(543)	-
St James Place	19,633	-	(19,633)	-	-
The Big Lottery (Leics)	34,553	69,216	(65,508)	-	38,261
The Big Lottery (Derby)	4,318	8,143	(8,095)	-	4,366
The Big Lottery (Cov)	4,317	4,072	(8,389)	-	-
Wathall Funeral Directors	150	-	-	-	150
Leics County Council					
- Covid Fund	-	14,000	(14,000)	-	-
Leics Community Fund					
- Covid Fund	-	5,000	(5,000)	-	-
Foundation Derbyshire					
- Covid Fund	-	8,000	(2,666)	-	5,334
Children in Need - Next steps	-	14,573	(14,573)	-	-
	<u>63,790</u>	<u>180,423</u>	<u>(195,283)</u>	<u>(543)</u>	<u>48,387</u>
Total funds	<u>127,365</u>	<u>421,525</u>	<u>(410,994)</u>	<u>-</u>	<u>137,896</u>

**Counselling**

Funds received specifically to pay the costs of full and part time bereavement counsellors.

**Maud Elkington Charitable Trust**

Chairs for Counselling room.

**Derby Freemasons**

Derby attic room refurbishment.

**THE LAURA CENTRE CIO**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2021**

**12 Funds movements - continued**

**Zephyrs Project**

This fund was restricted to the Zephyrs project which ended in October 2020. The fund covered the cost for a counsellor for 7.5 hours per week, management, admin and referral support fees. Therefore a transfer was made from this fund releasing the unused funds to the general fund.

**St James Place**

Funds received to support the salary costs of full-time equivalent Children and Young Persons Counsellor.

**The Big Lottery**

Funds received towards the provision of counselling services.

**Wathall Funeral Directors**

Derby Counselling Room Refurbishment.

**Children In Need - Next steps**

Monies received to fund a 30 hour salary for children and young people.

**Covid-19 Grants**

Several grants were received during the year to provide counselling services for adults and children.

THE LAURA CENTRE CIO

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED  
31 MARCH 2021

12 Funds movements - continued

Comparatives for movement in funds

	Funds at 1 April 2019 £	Incoming resources £	Outgoing resources £	Transfers £	Funds at 31 March 2020 £
<i>Unrestricted funds</i>					
General fund	158,759	164,293	(173,437)	-	149,615
<i>Designated funds</i>					
Coventry branch	(8,250)	5,285	(13,720)	-	(16,685)
Derby branch	(43,760)	46,611	(72,720)	1,333	(68,536)
Nottingham branch	(723)	-	(96)	-	(819)
<i>Total unrestricted funds</i>	<u>106,026</u>	<u>216,189</u>	<u>(259,973)</u>	<u>1,333</u>	<u>63,575</u>
<i>Restricted funds</i>					
Counselling	-	63,031	(63,031)	-	-
TLC Derby IT	7	-	(7)	-	-
Children in Need	2,089	33,824	(35,913)	-	-
Maud Elkington Charitable Trust	70	-	-	-	70
Leicester Lions - quiet room	172	-	-	-	172
Coventry BS	114	-	(114)	-	-
Derby Community Foundation equipment for children	34	-	-	-	34
Zephyrs Project	371	5,265	(5,093)	-	543
Sheldon Trust	-	5,000	(5,000)	-	-
St James Place	21,284	32,000	(33,651)	-	19,633
The Big Lottery (Leics)	34,333	64,922	(64,702)	-	34,553
The Big Lottery (Derby)	4,290	8,116	(8,088)	-	4,318
The Big Lottery (Cov)	4,290	8,115	(8,088)	-	4,317
Wathall Funeral Directors	150	-	-	-	150
Derby Freemasons	-	2,000	(667)	(1,333)	-
Rugby Crematorium	-	8,000	(8,000)	-	-
Rodgers & Leask Ltd	-	2,065	(2,065)	-	-
Toyota Charitable Fund	-	2,000	(2,000)	-	-
	<u>67,204</u>	<u>234,338</u>	<u>(236,419)</u>	<u>(1,333)</u>	<u>63,790</u>
Total funds	<u>173,230</u>	<u>450,527</u>	<u>(496,392)</u>	<u>-</u>	<u>127,365</u>

13 Independent Examination fee

The amount payable to the independent examiner for the independent examination was £2,340 (2020: £2,340) including VAT and £858 (2020: £660) for payroll services.