

COMPANY REGISTRATION NUMBER: CE006482

CHARITY REGISTRATION NUMBER: 1166712

**Survivors Of Abuse
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2022**

ANDREW JAMES CRAWFORD
Chartered Management Accountants
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Home Farm
Spring Lane
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Survivors Of Abuse
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2022

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Survivors Of Abuse

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2022

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details

Registered charity name Survivors Of Abuse

Charity registration number 1166712

Company registration number CE006482

Principal office and registered office 14 Queensway
West Wickham
Kent
BR4 9ER
UK

The trustees

C Tuck
D Sealey
AJ Crawford
Ms K Bollon

Accountant

Andrew James Crawford
Chartered Management Accountants
Consulting House
Home Farm
Spring Lane
Nottinghamshire
UK
NG23 5LB

Survivors Of Abuse

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Structure, governance and management

SOB has 4 registered Trustees.

Andrew Crawford - Accountant

Diane Sealey - PR & Networking

Chris Tuck - Founder, Course Facilitator and fundraiser

Katharine Bollon - Operations

Chris Tuck produces quarterly management accounts and Andrew Crawford verifies these and produces the Annual Accounts.

Regular Trustee meetings are held, minutes taken and filed securely.

SOB is a member of the Survivors Trust which is an umbrella agency for specialist support agencies and charities.

SOB became a member of Community Links Bromley (CLB) and an Associate Member of Bromley Third Sector Enterprise (BTSE).

Survivors Of Abuse Company Limited by Guarantee Trustees' Annual Report (Incorporating the Director's Report) (continued) Year ended 31 March 2021

Objectives and activities

The charity has continued to support adult victims and survivors of abuse by helping them transform their lives, mindset and fitness and Wellbeing.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Survivors Of Abuse

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2022

Achievements and performance

During the period 1.3.2021 to 31.3.22 SOB facilitated 1 x 8 Week C.L.E.A.N.E.R.™ Living Therapy Programme followed by another 1 x 8 Week programme from 7.5.22 to 2.7.22.

We contacted the Lottery to explain why there was a delay in spending their funding to us which was due to the Covid19 lockdowns. We facilitated the courses face to face as and when we were allowed to.

We continued to facilitate 2 x 60min weekly Zoom calls to all the survivors who have accessed our courses in order to support them through the challenges they faced during and post lockdown. As well as maintaining our daily WhatsApp group. We were able to successfully meet the needs of our clients virtually during this time. The C.L.E.A.N.E.R.™ Living Therapy Programme Book has been given to victims and survivors free of charge throughout the year. This has been funded in the main by survivors who have raised funds for SOB throughout the year.

Chris Tuck continues to undertake speaking engagements and presentation opportunities to raise the profile, attract funding for SOB and she continues to network with established organisations to form alliances to forward the plight of survivors.

Financial review

The new SOB Website has been used successfully by potential course members. They can find out information about our services and they can register their interest for the next course easily via the online application form.

The 'Train the Trainer' Manual has been tested in the delivery of our last three face to face courses in Sept / Oct 2021, Feb / Mar 2022 & May/July 2022. There are some tweaks that need to be made and then it will need to be converted into book format so that it is ready to use by course facilitators.

To help us with our long term funding plans we enlisted the expertise of Islay O'Hara who completed two funding bids for SOB. We were successful in receiving another £10k funding pot from the National Lottery which we will be using in the next financial year 22-23 to facilitate another 2 x 8 Week courses. However we were notified on the 21.11.22 that we were not successful in our larger funding bid because the TFL panel felt that our organisation's capacity was not strong enough for them to support the level of funding requested. We will continue to look for funding sources so that we can enact our growth plan.

Funds generated from Just Giving donations are covering the ongoing standing charges of the charity.

Survivors Of Abuse Company Limited by Guarantee Trustees' Annual Report (Incorporating the Director's Report) (continued) Year ended 31 March 2021

Survivors Of Abuse

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year-ended 31 March 2022

Plans for future periods

Continued collaboration with the charity One in Four to deliver the SOB workshops using funding raised by survivors, supporters and the Lottery. SOB is looking into working with organisations on health & wellbeing programmes for their staff members whom have been impacted by trauma in order to raise funds for SOB core activities.

The SOB Trustees agreed a 3-5 year strategic plan to grow SOB and we still need to secure funding to deliver the 3-5 year plan. Islay O'Hara our freelance fundraiser will continue to help us do this. To find more trustees and ambassadors to join the SOB team in order to deliver the 3-5 year plan.

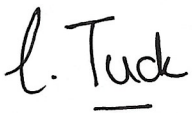
Due to our continued funding shortage and limited capacity on each course; attendees for our future programmes will continue to apply online and then be contacted for an informal interview to make sure that the course is suitable for them to undertake.

The 'Train the Trainer' manual which we have now completed and tested needs to be made into a formal document. This is an essential document for us to use in the training of new facilitators and for commissioners 'to see' when we apply for funding in the future.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 5 December 2022 and signed on behalf of the board of trustees by:



C Tuck
Trustee

Survivors Of Abuse
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)
Year ended 31 March 2022

		2022	2021
		Unrestricted funds	Total funds
	Note	£	£
Income and endowments			
Donations and legacies	5	1,241	1,841
Other trading activities	6	—	2,398
Total income		<u>1,241</u>	<u>4,239</u>
Expenditure			
Expenditure on raising funds:			
Costs of raising donations and legacies	7	216	217
Expenditure on charitable activities	8,9	12,701	2,737
Total expenditure		<u>12,917</u>	<u>2,954</u>
Net (expenditure)/income and net movement in funds		<u>(11,676)</u>	<u>1,285</u>
Reconciliation of funds			
Total funds brought forward		20,275	18,990
Total funds carried forward		<u>8,599</u>	<u>20,275</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 8 to 12 form part of these financial statements.

Survivors Of Abuse
Company Limited by Guarantee
Statement of Financial Position
31 March 2022

	Note	2022 £	£	2021 £
Current assets				
Cash at bank and in hand		<u>8,599</u>		<u>20,275</u>
Net current assets			<u>8,599</u>	<u>20,275</u>
Total assets less current liabilities			<u>8,599</u>	<u>20,275</u>
Funds of the charity				
Unrestricted funds			<u>8,599</u>	<u>20,275</u>
Total charity funds	12		<u>8,599</u>	<u>20,275</u>

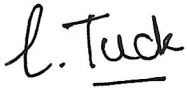
For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 5 December 2022, and are signed on behalf of the board by:



C Tuck
Trustee

The notes on pages 8 to 12 form part of these financial statements.

Survivors Of Abuse
Company Limited by Guarantee
Statement of Cash Flows
Year ended 31 March 2022

	2022 £	2021 £
Cash flows from operating activities		
Net (expenditure)/income	(11,676)	1,285
<i>Adjustments for:</i>		
Cash generated from operations	<u>(11,676)</u>	<u>1,285</u>
Net cash (used in)/from operating activities	<u>(11,676)</u>	<u>1,285</u>
Net (decrease)/increase in cash and cash equivalents	(11,676)	1,285
Cash and cash equivalents at beginning of year	20,275	18,990
Cash and cash equivalents at end of year	<u>8,599</u>	<u>20,275</u>

The notes on pages 8 to 12 form part of these financial statements.

Survivors Of Abuse
Company Limited by Guarantee
Notes to the Financial Statements
Year ended 31 March 2022

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 14 Queensway, West Wickham, Kent, BR4 9ER, UK.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Survivors Of Abuse

Company Limited by Guarantee

Notes to the Financial Statements (continued)

Year ended 31 March 2022

3. Accounting policies (continued)

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Survivors Of Abuse

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Financial instruments *(continued)*

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Limited by guarantee

The Trustees do not hold shares in the company and agree to pay a set amount of money towards company debts in case of winding up.

There will be no profits distributed to the trustees as they will be reinvested in to the charity.

5. Donations and legacies

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Donations				
Donations type 1	<u>1,241</u>	<u>1,241</u>	<u>1,841</u>	<u>1,841</u>

Survivors Of Abuse

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

6. Other trading activities

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Other income from other trading activities type 1	<u>—</u>	<u>—</u>	<u>2,398</u>	<u>2,398</u>

7. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Costs of raising donations and legacies - Subscriptions	<u>216</u>	<u>216</u>	<u>217</u>	<u>217</u>

8. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Activity type 10	<u>12,701</u>	<u>12,701</u>	<u>2,737</u>	<u>2,737</u>

9. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Total funds 2022 £	Total fund 2021 £
Activity type 10	<u>12,701</u>	<u>12,701</u>	<u>2,737</u>

10. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

2022 £	2021 £
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The average head count of employees during the year was Nil (2021: Nil).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

11. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

Survivors Of Abuse

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Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

12. Analysis of charitable funds

Unrestricted funds

	At 1 April 2021	Income	Expenditure	At 31 March 2022
	£	£	£	£
General funds	<u>20,275</u>	<u>1,241</u>	<u>(12,917)</u>	<u>8,599</u>

	At 1 April 2020	Income	Expenditure	At 31 March 2021
	£	£	£	£
General funds	<u>18,990</u>	<u>4,239</u>	<u>(2,954)</u>	<u>20,275</u>

13. Analysis of net assets between funds

	Unrestricted Funds	Total Funds
	£	£
Current assets	<u>8,599</u>	<u>8,599</u>

	Unrestricted Funds	Total Funds
	£	£
Current assets	<u>20,275</u>	<u>20,275</u>

14. Analysis of changes in net debt

	At 1 Apr 2021	Cash flows	At 31 Mar 2022
	£	£	£
Cash at bank and in hand	<u>20,275</u>	<u>(11,676)</u>	<u>8,599</u>