

COMPANY REGISTRATION NUMBER: CE006482

CHARITY REGISTRATION NUMBER: 1166712

**Survivors Of Abuse
Company Limited by Guarantee
Unaudited Financial Statements
31 March 2021**

ANDREW JAMES CRAWFORD
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Survivors Of Abuse
Company Limited by Guarantee
Financial Statements
Year ended 31 March 2021

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Survivors Of Abuse

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2021

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2021.

Reference and administrative details

Registered charity name Survivors Of Abuse

Charity registration number 1166712

Company registration number CE006482

Principal office and registered office 14 Queensway
West Wickham
Kent
BR4 9ER
UK

The trustees

C Tuck
D Sealey
AJ Crawford
Ms K Bollon

Accountant

Andrew James Crawford
Chartered Management Accountants
Consulting House
Home Farm
Spring Lane
Nottinghamshire
UK
NG23 5LB

Survivors Of Abuse

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Structure, governance and management

SOB has 4 registered Trustees.

Andrew Crawford - Accountant
Diane Sealey - PR & Networking
Chris Tuck - Founder, Course Facilitator and fundraiser
Katharine Bollon - Operations

Chris Tuck produces quarterly management accounts and Andrew Crawford verifies these and produces the Annual Accounts.

Regular Trustee meetings are held, minutes taken and filed securely.

SOB is a member of the Survivors Trust which is an umbrella agency for specialist support agencies and charities.

SOB became a member of Community Links Bromley (CLB) and an Associate Member of Bromley Third Sector Enterprise (BTSE).

Survivors Of Abuse Company Limited by Guarantee Trustees' Annual Report (Incorporating the Director's Report) (continued) Year ended 31 March 2021

Objectives and activities

The charity has continued to support adult victims and survivors of abuse by helping them transform their lives, mindset and fitness and Wellbeing.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

Survivors Of Abuse

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Achievements and performance

During the period 1.3.2020 to 31.3.21 SOB did not facilitate any 8 Week C.L.E.A.N.E.R.™ Living Therapy Programme workshop due to the Corona Virus Lockdown and not being able to hold face to face courses.

We did however facilitate 2 x 60min weekly Zoom calls to all the survivors who have accessed our courses in order to support them through the challenges they faced during lockdown. As well as maintaining our daily Whatsapp group. We were able to successfully meet the needs of our clients virtually during this time.

The C.L.E.A.N.E.R.™ Living Therapy Programme Book has been given to victims and survivors free of charge throughout the year. This has been funded in the main by survivors who have raised funds for SOB throughout the year.

Chris Tuck continues to undertake speaking engagements and presentation opportunities to raise the profile, attract funding for SOB and she continues to network with established organisations to form alliances to forward the plight of survivors.

Financial review

The new SOB Website was launched during 2021 costing £1,776 and the 'Train the Trainer' Manual was awarded to Leading Ideas Limited costing £2,400. The manual is due to be tested during the delivery of our next face to face course in Sept / Oct 2021 and Feb /Mar 2022.

Other activities involved the selling of books, online speaking and presentation engagements.

To help us with our funding situation we have enlisted the expertise of Islay O'Hara who has completed two funding bids for SOB but we have yet to be successful.

SOB needs more external funding to further the work undertaken to support victims and survivors of abuse.

The Lottery Awards 4 All of £9,972.00 awarded to us on the 27/3/2020 (the week we went into a national lockdown) will be spent on facilitating a course in Sept / Oct 2021 and Feb /Mar 2022.

Funds generated from Just Giving donations are covering the ongoing standing charges of the charity.

Survivors Of Abuse Company Limited by Guarantee Trustees' Annual Report (Incorporating the Director's Report) (continued) Year ended 31 March 2021

Survivors Of Abuse

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2021

Plans for future periods

Continued collaboration with the charity One in Four to deliver the SOB workshops using funding raised by survivors and supporters.

Chris Tuck will continue to undertake more speaking engagements to raise awareness of SOB and secure more funding. SOB is looking into working with organisations on health & wellbeing programmes for their staff members whom have been impacted by trauma in order to raise funds for SOB core activities.

The SOB Trustees agreed a 3-5 year strategic plan to grow SOB and now we need to secure funding to deliver the 3-5 year plan. We have secured the services of Islay O'Hara a fundraiser to help us do this. To find more trustees and ambassadors to join the SOB team in order to deliver the 3-5 year plan. This is ongoing.

In line with the 3-5 year plan the Trustees agreed that the SOB website needed to be overhauled. Gareth Allen from Design Animal undertook this work and the new website went live during 2021. Due to our funding shortage and limited numbers on each course attendees for our future programmes will first apply online and then be contacted for an informal interview to make sure that the course is suitable for them to undertake.

We also agreed that we needed to produce a 'Train the Trainer' manual which sets out the 8 Week Course in its entirety. This activity was put back until late 2020 due to Lockdown & Trustees work commitments. This piece of work was completed in spring 2021 and road tested in Sept /Oct 2021. This manual will be important in the training of new facilitators and for commissioners 'to see' when we apply for funding in the future.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 10 January 2022 and signed on behalf of the board of trustees by:



C Tuck
Trustee

Survivors Of Abuse
Company Limited by Guarantee
Statement of Financial Activities
(including income and expenditure account)
Year ended 31 March 2021

		2021		2020
	Note	Unrestricted funds £	Total funds £	Total funds £
Income and endowments				
Donations and legacies	5	1,841	1,841	3,777
Charitable activities	6	—	—	910
Other trading activities	7	2,398	2,398	9,972
Investment income	8	—	—	134
Total income		<u>4,239</u>	<u>4,239</u>	<u>14,793</u>
Expenditure				
Expenditure on raising funds:				
Costs of raising donations and legacies	9	217	217	439
Expenditure on charitable activities	10,11	<u>2,737</u>	<u>2,737</u>	<u>6,301</u>
Total expenditure		<u>2,954</u>	<u>2,954</u>	<u>6,740</u>
Net income and net movement in funds		<u>1,285</u>	<u>1,285</u>	<u>8,053</u>
Reconciliation of funds				
Total funds brought forward		18,990	18,990	10,937
Total funds carried forward		<u>20,275</u>	<u>20,275</u>	<u>18,990</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 8 to 12 form part of these financial statements.

Survivors Of Abuse
Company Limited by Guarantee
Statement of Financial Position
31 March 2021

	Note	2021 £	£	2020 £
Current assets				
Cash at bank and in hand		20,275		18,990
Net current assets			20,275	18,990
Total assets less current liabilities			20,275	18,990
Funds of the charity				
Unrestricted funds			20,275	18,990
Total charity funds	14		20,275	18,990

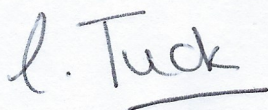
For the year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 10 January 2022, and are signed on behalf of the board by:



C Tuck
Trustee

The notes on pages 8 to 12 form part of these financial statements.

Survivors Of Abuse
Company Limited by Guarantee
Statement of Cash Flows
Year ended 31 March 2021

	2021 £	2020 £
Cash flows from operating activities		
Net income	1,285	8,053
<i>Adjustments for:</i>		
Other interest receivable and similar income	—	(134)
Cash generated from operations	1,285	7,919
Interest received	—	134
Net cash from operating activities	<u>1,285</u>	<u>8,053</u>
Net increase in cash and cash equivalents	1,285	8,053
Cash and cash equivalents at beginning of year	18,990	10,937
Cash and cash equivalents at end of year	<u>20,275</u>	<u>18,990</u>

The notes on pages 8 to 12 form part of these financial statements.

Survivors Of Abuse
Company Limited by Guarantee
Notes to the Financial Statements
Year ended 31 March 2021

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 14 Queensway, West Wickham, Kent, BR4 9ER, UK.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Survivors Of Abuse
Company Limited by Guarantee
Notes to the Financial Statements *(continued)*
Year ended 31 March 2021

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Survivors Of Abuse

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

3. Accounting policies *(continued)*

Financial instruments *(continued)*

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Limited by guarantee

The Trustees do not hold shares in the company and agree to pay a set amount of money towards company debts in case of winding up.

There will be no profits distributed to the trustees as they will be reinvested in to the charity.

5. Donations and legacies

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Donations				
Donations type 1	<u>1,841</u>	<u>1,841</u>	<u>3,777</u>	<u>3,777</u>

Survivors Of Abuse

Company Limited by Guarantee

Notes to the Financial Statements *(continued)*

Year ended 31 March 2021

6. Charitable activities

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Other income from charitable activities type 10	<u>—</u>	<u>—</u>	<u>910</u>	<u>910</u>

7. Other trading activities

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Other income from other trading activities type 1	<u>2,398</u>	<u>2,398</u>	<u>9,972</u>	<u>9,972</u>

8. Investment income

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Bank interest receivable type 1	<u>—</u>	<u>—</u>	<u>134</u>	<u>134</u>

9. Costs of raising donations and legacies

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Costs of raising donations and legacies - Subscriptions	<u>217</u>	<u>217</u>	<u>439</u>	<u>439</u>

10. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total Funds 2021 £	Unrestricted Funds £	Total Funds 2020 £
Activity type 10	<u>2,737</u>	<u>2,737</u>	<u>6,301</u>	<u>6,301</u>

11. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Total funds 2021 £	Total fund 2020 £
Activity type 10	<u>2,737</u>	<u>2,737</u>	<u>6,301</u>

Survivors Of Abuse
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Notes to the Financial Statements *(continued)*
Year ended 31 March 2021

12. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

2021	2020
£	£

The average head count of employees during the year was Nil (2020: Nil).

No employee received employee benefits of more than £60,000 during the year (2020: Nil).

13. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees; or

14. Analysis of charitable funds

Unrestricted funds

	At 1 April 2020	Income £	Expenditure £	At 31 March 2021 £
General funds	18,990	4,239	(2,954)	20,275

	At 1 April 2019	Income £	Expenditure £	At 31 March 2020 £
General funds	10,937	14,793	(6,740)	18,990

15. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2021 £
Current assets	20,275	20,275

	Unrestricted Funds £	Total Funds 2020 £
Tangible fixed assets	—	—
Current assets	—	—
Net assets	—	—

16. Analysis of changes in net debt

	At 1 Apr 2020 £	Cash flows £	At 31 Mar 2021 £
Cash at bank and in hand	18,990	1,285	20,275