

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

Registered Charity Number 1166665



EDMUND CARR LLP
Chartered Accountants
146 New London Road
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ACTIVE ESSEX FOUNDATION

YEAR ENDED 31 MARCH 2024

CONTENTS

Charity information	1
Trustees' report	2
Independent Examiner's report to the Trustees	9
Statement of financial activities	10
Balance sheet	11
Cash flow statement	12
Notes to the financial statements	13

ACTIVE ESSEX FOUNDATION

CHARITY INFORMATION

AS AT 31 MARCH 2024

The Trustees have the pleasure in presenting their report and financial statements of the Charity for the year ended 31st March 2024.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name Active Essex Foundation

Charity Number 1166665

Address Active Essex Foundation
146 New London Road
Chelmsford
CM2 0AW

Trustees Jenni Tomblin
Robert Hayne
Jason Fergus
Ray Gooding
Robert McLintock
Katie Heron
Leigh Norris

Independent Examiner Sandra Morrell FCCA
Edmund Carr LLP
146 New London Road
Chelmsford
Essex CM2 0AW

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

The objects of the charity are the promotion of community participation in healthy recreation across Greater Essex by:

- (1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- (2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- (3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services; and
- (4) The improvement and preservation of good health and well-being through participation in healthy recreation.

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit.

Working with Trustees and key stakeholders, we were able to develop a theory of change that identified the key outcomes we are looking to achieve through all of our work. They include:

- Improve health and wellbeing
- Reduce crime
- Improve education and employment
- Strengthen communities to be more cohesive and resilient

In order to achieve our key outcomes, we have identified five strategic priorities:

1. Use sport and physical activity to prevent youth crime and violence
2. Tackling holiday inactivity and food poverty
3. Build the capacity of locally trusted organisations
4. Supporting young people and children's mental health through sport and physical activity
5. Level up participation in the popular activities of cycling, walking and running

Grants are awarded to local organisations that are able to deliver projects which meet the charity's aims. Grant applications are considered by project lead teams and reviewed against project outcomes and aims. All grants are subject to grant agreements between the charity and the recipient.

Volunteers support project delivery in localities across Essex such as young leaders and session support.

ACHIEVEMENTS AND PERFORMANCE

Throughout the financial year of 2023-24, the Active Essex Foundation has continued to grow and further develop our work, reach and support for young people most in need. We have a growing network of locally trusted organisations (LTOs) that we work with across Essex and our reputation for delivering impactful projects is fast becoming established.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

As the cost of living crisis continues to effect the health and wellbeing of young people in Essex, this year the Active Essex Foundation prioritised its physical activity programmes to reach those most in need. By connecting young people and their families to physical activity opportunities such as our Lottery-funded Youth Crime and Violence project, we have seen young people develop the confidence to navigate towards a more positive future. It's been a successful year for the team who care passionately about improving lives in Essex and, as Trustees, we are committed to ensuring these opportunities continue for the long-term.

We have continued to significantly increase the income to the Foundation, which will continue into the next three financial years. We have been successful with a number of new funding applications, including smaller localised funding pots such as Safer Streets, Sport England Small Grants and more recently the PFCC Community Safety Development Fund as well as large funders in the National Lottery where we have secured £496,929 towards our new Sports and Youth Mental Health project for the next 3 years.

We have continued to grow the Sport and Youth Crime Prevention network of LTOs across Essex, Southend and Thurrock, with a focus on scaling up the support, capacity building and up-skilling of these LTOs. LTOs are groups that use sport and physical activity in order to engage and support young people who are involved in, or at risk of becoming involved in the criminal justice system. It was our aim when we started the programme to support around 10 key organisations, over this financial year this has grown to over 80 organisations working with us to use sport and physical activity to support young people most in need.

We have also been strengthening our relationships with Youth Justice System partners. Through these relationships 3 targeted intervention programmes have been funded. These programmes include Girls Inspired (formerly Girls with Goals), BoxSmart on The Ropes and Sports and Lifeskills. Funding from the Youth Justice Service (formerly Youth Offending Service), Essex Violence and Vulnerability Unit, Probation Services, Thurrock Youth Justice Service and Colchester City Council has enabled us to pilot 3 embedded roles and develop a central system where young people can be referred and supported into positive LTO activities.

We are also working closely with our partners Active Essex (the Active Partnership for Greater Essex) and 16 LTOs who specialise in using sport and physical activity to support positive mental health in young people across Essex, in order to co-design and develop a Sport and Youth Mental Health Programme. We were successful in securing funding from the National Lottery Community Fund and Essex Local Delivery Pilot, which has enabled us to recruit a project lead and project coordinator who were in place by 30 March 2024. This project is supported by national partners Street Games, Believe Perform and The Centre for Mental Health over the next 3 years. We will replicate the Sport and Youth Crime Prevention programme with a mental health focus. The project was also successful in securing £50,000 from Startwell to focus on the development of 12 week projects working in the North of Essex, which we hope to replicate in other areas as the project progresses.

Following the success and popularity of Asset Based Community Development (ABCD) with Essex partners, in partnership with Active Essex, we have trained 12 guides and 12 stewards to continue the development of ABCD across the Essex ecosystem. Through this network we have developed introductory full and half day workshops that partners can purchase from the foundation to support their professional development and understanding of a strengths based approach. As at 31 March 2024, 4 internal workshops had been held with 1 partner purchasing a workshop at £1,500.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

ACHEVEMENTS AGAINST STRATEGIC PRIORITIES

1. Use sport and physical activity to prevent youth crime and violence

Sport and Youth Crime Prevention project: We have been successful in securing significant investment over three years to:

- Be the leading organisation around sport and youth crime prevention in Essex
- employ two full time members of staff
- Be in a position to work more closely with the criminal justice system

This work brings three important systems together across Essex: Youth Justice, Community Sector, Sport and Physical Activity - through shared purpose, co-production and shared desire to positively change the lives of vulnerable young people. This will mean more organisations using sport to engage and support young people, more young people engaging in sport and physical activity regularly, more funding for sport from across the system.

Over the past 12 months we have increased our Sport and Youth Crime Prevention network of LTOs to over 80, providing support, training and resources for their staff and volunteers. In turn this enables the LTOs to provide high quality support for young people through sport and physical activity and have the understanding and tools to produce monitoring and evaluation that evidence the positive impact that this work is having in their local communities.

This year has also seen the Foundation secure funding from criminal justice partners for 3 specialist embedded roles, linking and hand holding young people involved in the youth justice system, to sports and physical activity opportunities delivered by our LTOs.

Over the past 12 months this project has:

- Supported 4,136 young people who are at risk or involved in the youth justice system.
- 7,335 specialist secondary HAF spaces filled across the main holidays and half-terms
- 450 young people were supported through our intensive programmes,
- 6,000+ young people have engaged regularly in programmes supported by our LTO network
- Supported over 425 coaches and volunteers with bespoke training
- Leveraged £164,900 directly into the Sport and Youth Crime Prevention project
- Leveraged in £387,000 direct to our LTOs for the delivery of sport and physical activity interventions
- Supported 80 LTOs

Sport and Life-skills project:

As part of this project we have worked in partnership with a number of LTOs across the county in order to develop a programme that works in partnership with Essex Youth Justice Services (YJS), ECC Involvement Service, Probation Services, Reroute and gives young people the support and opportunity to engage in a range of sport and physical activities, alongside our 'plus' offer, including life skills such as living independently, shopping on a budget, CV writing and interview skills.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

Over the past 12 months we have engaged and supported over **450 young people** through the programme and have had a successful **attendance rate of 80%, with 56% attending between 1 and 8 sessions and 62% of young people increasing their engagement within sessions** which is a real achievement given that the programme is voluntary.

We have recently been successful in securing a further funding in order to continue this project for young people involved in the Youth Justice System including through the Essex Turnaround programme and Thurrock Turnaround with continuation into 2024-25.

We are working closely with the partner teams in order to secure long term funding to ensure that every young person has the opportunity to take part in the Sports and Life Skills programme as an exit route to their time with the youth justice system.

Following the success of our Sports Navigator, Reroute (a voluntary programme that aims to work with young adults aged 17-25 at the 'teachable' moment following arrest for one of four trigger offences including young people and young adults who have been arrested in possession of a knife) have taken on additional staff who will be trained by our team and inducted into the Sports and Lifeskills project as a way to engage young people known to their team. This has demonstrated a long term system change and moving sport and physical activity into business as usual.

In the 2023 – 2024 financial year our Sports and Lifeskills programme offered more than sport and physical activity. Young people engaged in the project through:

- 56 young people volunteered for LTOs with 934 hours recorded
- 290 young people received mentoring from LTOs with 2,018 hours recorded
- 210 young people undertook a form of training, qualification or work experience

2. Tackling holiday inactivity and food poverty

Holiday activity and food programme: We have continued working in partnership with Essex County Council and Active Essex (Active Partnership) to influence the delivery of the Essex ActivAte holiday activity and food programme throughout 2023 and into 2024. We also ensured that our network of LTOs were able to support the programme as delivery partners and receive direct funding.

We again applied to lead the work around engaging at risk and vulnerable secondary aged young people and we were successful in this application. We worked with LTOs who are involved in the Sport and Youth Crime Prevention programme to deliver HAF clubs during the Easter, Summer and Winter 2023 school holidays as well as the smaller May, October and February half terms. We also received funding from the HAF programme to lead the capacity building work of our LTOs to ensure they had the knowledge, training and resources to be able to deliver this programme.

In 2023 our specialist HAF programme was able to deliver the following outcomes;

- 7,335 free spaces provided in targeted secondary interventions across the holiday period
- 242 sport and physical activity sessions provided free of charge
- 33 of our LTOs delivering as part of the Essex ActivAte HAF programme and receiving funding to do so

We are pleased to have just been awarded a further large grant for the 2024 programme.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

3. Build the capacity of locally trusted organisations

Through the Sport and Youth Crime Prevention programme we have provided a range of training, workshops and qualifications to our network of LTOs to ensure that they have the knowledge, expertise and resources to develop their work and bring in additional funding. Training provided includes;

- 10 principles of youth crime prevention
- Managing challenging behaviours
- Level 1 developing activities for youth at risk
- Developing resilient and active young people
- Practitioner Mentoring
- Adverse Childhood Experiences
- Theory of Change
- Fundraising
- Trauma Informed approach
- Knife crime injuries
- Gangs and youth violence training
- Level 1 Sports activators

In addition to the training we have provided support in partnership with Street Games support, guidance and advice including:

- help to build connections and partnerships
- tailored advice
- advocacy
- fundraising
- workforce and volunteer training
- research and evaluation
- opportunities to network and share learning
- the dissemination of insight
- new ideas and innovation.

425 representatives from LTOs engaged in the training offer through the Sport and Youth Crime Prevention programme.

LTOs and youth justice system partners were supported in 2023-2024 to connect and collaborate through the provision of 5 networking opportunities including the large scale 'Power of Sport' conference that was supported by the Police, Fire and Crime Commissioner, The Head of Youth Policy Unit for the Ministry of Justice, members of the Violence and Vulnerability Unit, senior Police, Fire, Probation and Youth Offending Service and Fatima Whitbread MBE. In 2024-25 we aim to replicate the networking events and have confirmed a second Power of Sport conference for 2024.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

4. Supporting young people and children's mental health through sport and physical activity

Sport and Youth Mental Health: In November 2023 we were successful in securing 3 years of funding from The National Lottery Community Fund and Essex Local Delivery Pilot with the aim of supporting LTOs in delivering Sport and Physical Activity, plus mental health support, to children and young people in Southend, Essex and Thurrock. The project will initially work with 16 LTOs with the aim of building their capacity, upskilling and training staff to work with young people experiencing mental health challenges.

The project will focus on engaging 2,000 children and young people aged 5-18 years old. With the support of LTOs the project will have:

- Delivery co-designed with children/young people ensuring a strong socialising element to all planned activities to ensure sharing through talking and friendships
- Committed to working with parents, grandparents, and carers to provide ongoing education and support
- A bespoke identification process to sensitively identify which children/young people to engage
- Ongoing collaboration with key local partners (e.g., schools, youth services, MIND, EWMHS, CAMHS, Children's Society, Kids Inspire, Social Prescribing link workers and with the Youth Offending Services via our Sport and Youth Crime prevention project)
- Offer a broad range of activities including multiple sports and activities, arts and crafts, music, cooking, that embraces the ethos of good practice of right time, right place, right style, no/low cost.

In March 2024 the project lead and project coordinator were in post to begin the delivery of the project and agreements with Believe Perform and Centre for Mental Health had been established.

FINANCIAL REVIEW

The charity's total income for the year ended 31st March 2024 was £787,246, of which £776,730 was restricted funding awarded by funders for specific purposes, including projects in the 2024-25 financial year. Our total expenditure in 2023-24 was £635,285 resulting in a net surplus in the year of £151,961, of which £148,737 related to restricted funds and £3,224 to unrestricted funds.

Reserves Policy

As at 31 March 2024 the charity's reserves totalled £730,797, of which £703,422 were restricted funds, and £27,375 were unrestricted funds. The charity has five employees all of whom are currently on fixed term contracts funded through restricted funds. Trustees annually review the reserves policy to ensure that reserves are adequate to fulfill our continuing obligations. This year, given the recent and anticipated growth in the charity's activities, the Trustees concluded that the previous reserves policy of maintaining a minimum of £10,000 of unrestricted funds was no longer sufficient and have agreed a target for free reserves of £55,000.

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT (continued)
YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a CIO registered number 1166665.

Trustees are recruited according to their skills and appointed by the Members of the CIO.

The Board of Trustees consists of the Chair and seven other Trustees with expertise in matters including fundraising, business development, communication and marketing, health and wellbeing, local authorities, and Active Partnerships. Trustees are recruited according to their skills and appointed by the existing members of the Board. They are inducted via online training courses, including safeguarding for charity Trustees, and complete a skills matrix and declaration regarding conflict of interests.

Decisions affecting business are made at quarterly Trustees meetings after consideration of papers and presentations. Project Management teams work to project and budget management plans and report to the Board. The charity's Development Officer is responsible for compliance, governance, and reporting.

HR Support

Given the growth of the organisation the Trustees have agreed to continue working with The Performance Group Limited (HR Essentials) in supporting us with the development of recruitment, contracts, staff handbooks and all policies and procedures related to employing staff.

Risk review

The Trustees confirm that major risks have been reviewed and systems and procedures have been established to manage those risks. Risks are reviewed regularly and recorded in a risk register along with mitigating actions. Financial processes and controls in place for expenditure include grant agreements with LTOs, budget trackers, verification processes and dual authorisation for funding release. New policies and procedures are developed as required by charitable activities.

Approved by the Trustees on 2 November 2024 and signed on their behalf by:

R McLintock
.....

Robert McLintock

Chair of Trustees

ACTIVE ESSEX FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31 MARCH 2024

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 10 to 20.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sandra Morrell

.....
Sandra Morrell FCCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

13 November 2024

ACTIVE ESSEX FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2024

		Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
	Note				
INCOME from:					
Donations and legacies	2	7,516	776,730	784,246	250,795
Other income		3,000	-	3,000	1,050
TOTAL INCOME		<u>10,516</u>	<u>776,730</u>	<u>787,246</u>	<u>251,845</u>
EXPENDITURE on:					
Charitable activities	3	6,820	628,465	635,285	396,582
TOTAL EXPENDITURE		<u>6,820</u>	<u>628,465</u>	<u>635,285</u>	<u>396,582</u>
NET INCOME/(EXPENDITURE)/		3,696	148,265	151,961	(144,737)
Transfers between funds		(472)	472	-	-
NET MOVEMENT IN FUNDS		<u>3,224</u>	<u>148,737</u>	<u>151,961</u>	<u>(144,737)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		24,151	554,685	578,836	723,573
Total funds carried forward		<u>27,375</u>	<u>703,422</u>	<u>730,797</u>	<u>578,836</u>

The notes on pages 13 to 20 form part of these financial statements.

ACTIVE ESSEX FOUNDATION
BALANCE SHEET
At 31st March 2024

		2024		2023	
	Note	£	£	£	£
CURRENT ASSETS					
Debtors	7	571,446		269,522	
Cash at bank		549,674		319,556	
		<u>1,121,120</u>		<u>589,078</u>	
CREDITORS: Amounts falling due within one year	8	<u>(390,323)</u>		<u>(10,242)</u>	
NET CURRENT ASSETS			730,797		578,836
NET ASSETS			<u>730,797</u>		<u>578,836</u>
FUNDS OF THE CHARITY					
Restricted	9		703,422		554,685
Unrestricted			27,375		24,151
TOTAL CHARITY FUNDS			<u>730,797</u>		<u>578,836</u>

These financial statements were approved by the Trustees on 2 November 2024 and signed on their behalf by:

R McLintock

Robert McLintock
 Trustee

The notes on pages 13 to 20 form part of these financial statements.

ACTIVE ESSEX FOUNDATION**CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2024**

	Note	2024 £	2023 £
Cash flows from operating activities			
Net movement in funds		151,961	(144,737)
Working capital adjustments			
Decrease/(increase) in debtors	7	(301,924)	135,273
Increase/(decrease) in creditors	8	380,081	8,423
Net cash flows from operating activities		<u>230,118</u>	<u>(1,041)</u>
Cash flows from investing activities			
Net increase/(decrease) in cash and cash equivalents		230,118	(1,041)
Cash and cash equivalents at 1 April		319,556	320,597
Cash and cash equivalents at 31 March		<u><u>549,674</u></u>	<u><u>319,556</u></u>
Reconciliation of net cash flow to movement in net funds			
Increase in cash		230,118	(1,041)
Net funds at 1 January		319,556	320,597
Net funds at 31 December		<u><u>549,674</u></u>	<u><u>319,556</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 13 to 20 form part of these financial statements.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of accounting

The accounts (financial statements) have been prepared in accordance with the statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Active Essex Foundation is a registered charity and meets the definition of a public benefit entity under FRS 102.

Accounts for the prior year were prepared on a receipts and payments basis. Prior year figures have been restated on an accruals basis.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Incoming Resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

The charity receives government grants to support its charitable activities. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Resources Expended

All expenditure is accounted for on an accruals basis and includes VAT as the charity is not VAT registered. The majority of costs are attributable to specific charitable activities. Governance costs are associated with the governance arrangements of the charity.

Debtors and creditors

Trade and other debtors are recognised at the settlement amount due. Creditors are recognised at their settlement amount.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES (continued)

Fund accounting

Funds held by the charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated funds – these are funds set aside by the trustees out of unrestricted funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity.

Taxation

As the Association is a charity, it is exempt from taxation - other than VAT, which is included in the relevant costs in the Statement of Financial Activities - to the extent that any income and gains are applied to its charitable objectives.

2. DONATIONS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Government funded grants	-	411,687	411,687	135,600
Other grants	-	365,043	365,043	115,000
Total grants	-	776,730	776,730	250,600
Donations	7,516	-	7,516	195
	<u>7,516</u>	<u>776,730</u>	<u>784,246</u>	<u>250,795</u>

ACTIVE ESSEX FOUNDATION**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2024**

3. CHARITABLE EXPENDITURE

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Grants to charitable projects	-	488,456	488,456	303,957
Support and administration costs:				
Staff costs	-	136,566	136,566	80,975
Staff expenses	-	3,443	3,443	6,542
HR Support	1,350	-	1,350	1,350
Governance costs (Note 4)	5,470	-	5,470	3,758
	<u>6,820</u>	<u>628,465</u>	<u>635,285</u>	<u>396,582</u>

Grants were made to charities, community groups and clubs to support projects across Essex

4. GOVERNANCE COSTS

	Total Funds 2024 £	Total Funds 2023 £
Accounts and independent examination	4,608	3,000
Payroll services	827	708
Fees payable to independent examiner	5,435	3,708
Other fees	35	50
	<u>5,470</u>	<u>3,758</u>

ACTIVE ESSEX FOUNDATION**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2024**

5. STAFF COSTS AND EMOLUMENTS

	Total Funds	Total Funds
	2024	2023
	£	£
Total staff costs were as follows:		
Wages & salaries	125,171	75,708
Social security	8,624	3,445
Pension Costs	2,771	1,822
	<u>136,566</u>	<u>80,975</u>

Particulars of employees:

The average number of employees during the year was: 3 2

No employee received remuneration of more than £60,000 during the period.

6. TRUSTEES' REMUNERATION

No trustees received remuneration during the year (2023 - nil).

No expenses were reimbursed to Trustees during the year (2023 - nil).

7. DEBTORS

	Total Funds	Total Funds
	2024	2023
	£	£
Grants receivable	571,446	269,522
	<u>571,446</u>	<u>269,522</u>

Grants receivable include £165,643 due after more than one year (2023 - £99,449).

8. CREDITORS: Amounts falling due within one year

	Total Funds	Total Funds
	2024	2023
	£	£
Grants payable	-	2,200
Accruals	3,900	3,000
Taxation and social security	5,137	5,042
Deferred income	381,286	-
	<u>390,323</u>	<u>10,242</u>

Deferred income relates to income that the donor has specified be used in future accounting periods.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

9. RESTRICTED FUNDS - Current Year

	Balance at 01-Apr-23 £	Incoming £	Outgoing £	Transfer	Balance at 31-Mar-24 £
1) Coronavirus Community Support Fund	(472)	-	-	472	-
2) Children in Need	1,900	-	-	-	1,900
3) Kick Off at 3 Project	11,545	-	(5,880)	-	5,665
4) Canvey Island Youth Project	2,000	-	(2,000)	-	-
5) Charles French Charitable Trust	500	-	-	-	500
6) Awards for All	9,390	-	-	-	9,390
7) Satellite club funding	8,064	-	-	-	8,064
8) Sport and Youth Crime Prevention	135,936	-	(32,657)	-	103,279
9) Holiday Activity & Food programme	142,121	165,000	(146,195)	-	160,926
10) National Lottery: V&V project	189,398	-	(183,995)	-	5,403
11) Colchester Borough Homes (BS)	1,860	600	(560)	-	1,900
12) Colchester CSP grant	1,900	6,000	-	-	7,900
13) Colchester Borough Council (SS)	21,450	-	(13,388)	-	8,062
14) London Marathon	15,603	97,500	(84,044)	-	29,059
15) AE/ SE Together Fund	3,490	-	(2,424)	-	1,066
16) PCC for Essex	10,000	93,500	(69,945)	-	33,555
17) Colchester City Council Inequalities	-	18,250	(6,380)	-	11,870
18) Colchester City Council Safer Streets	-	14,737	(14,737)	-	-
19) Sport England Small Grants	-	12,900	-	-	12,900
20) DP World Thurrock Small Grants	-	30,000	-	-	30,000
21) Essex YOS - Sports & Lifeskills	-	45,000	(22,991)	-	22,009
22) LDP Sport and Youth Mental Health	-	25,000	-	-	25,000
23) National Lottery Sport and Youth Mental Health	-	165,643	(14,029)	-	151,614
24) Startwell	-	50,000	(9,014)	-	40,986
25) Thurrock Youth Offending Services	-	15,000	(2,300)	-	12,700
26) NACRO	-	9,000	(5,280)	-	3,720
27) Probation Services	-	10,000	(10,000)	-	-
28) Active Essex - Sports Navigator	-	18,600	(2,645)	-	15,955
	554,685	776,730	(628,465)	472	703,422

- 1) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- 2) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- 3) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

9. RESTRICTED FUNDS - Current Year (continued)

- 4) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
 - 5) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
 - 6) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.
 - 7) Funding from Active Essex to support satellite clubs.
 - 8) Funding from Essex Local Delivery Pilot (via ECC) to engage vulnerable young people in to sport to divert them away from criminal behaviour.
 - 9) Grants from Essex County Council for Essex Activate Holiday Activity and Food Clubs to build capacity and support Clubs.
 - 10) Violence & Vulnerability project funded by the Lottery Community Fund: a three year grant to cover expenditure in financial years ending March 2023- 2025.
 - 11) Funding contribution from Colchester Borough Council towards BoxSmart project.
 - 12) Funding towards Sports and Lifeskills project with Tertiary Cohort.
 - 13) Colchester Borough Council funding contribution to Girls Inspired and Sports Connector.
 - 14) London Marathon - core costs and capacity building of AEF and Locally Trusted Organisations.
 - 15) AE/ SE Together Fund - 24 week after school provision to Ninja Warrior.
 - 16) PCC for Essex - secondary intervention work support.
 - 17) Colchester City Council Inequalities Fund for the provision of BoxSmart programmes in Colchester.
 - 18) Colchester City Council Safer Streets -To support the provision of 5 Girls Inspired programmes in Colchester.
 - 19) Sport England Small Grants.
 - 20) DP World Thurrock Small Grants provision of small grants for AEF to manage and deliver referral based programmes in Thurrock.
 - 21) Essex Youth Offending Services - Sports and Lifeskills & Turnaround.
 - 22) LDP Sport and Youth Mental Health: year one of a three year grant to cover expenditure in financial years ending 2024-2026.
 - 23) The National Lottery Community Fund - Partnerships London South East Region. Year one of a three year grant totalling £496,929 awarded to fund Essex Youth Sport and Mental Health.
 - 24) Startwell funded by Tendring CVS to support Mental Health programmes over 2 calendar years (2024/2025) and 3 financial years ending 2024 to 2026.
 - 25) Thurrock Youth Offending Services.
 - 26) NACRO funded by NEST to deliver a closed BoxSmart Programme.
 - 27) Probation Services - Contribution to the Sports and Lifeskills programme.
 - 28) Active Essex - contribution to Sports Navigator.
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ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

9. RESTRICTED FUNDS - Prior year

	Balance at 01-Apr-22 £	Incoming £	Outgoing £	Balance at 31-Mar-23 £
1) Coronavirus Community Support Fund	7,795	-	(8,267)	(472)
2) Children in Need	1,900	-	-	1,900
3) Kick Off at 3	11,545	-	-	11,545
4) Canvey Island Youth	2,000	-	-	2,000
5) Charles French Charitable Trust	500	-	-	500
6) Awards for All	9,390	-	-	9,390
7) Thurrock CVS	2,000	-	(2,000)	-
8) Sport and Life-skills	18,564	-	(10,500)	8,064
9) Colchester Catalyst Charity	2,000	-	(2,000)	-
10) Tackling inequalities	7,350	-	(7,350)	-
11) Sport and Youth Crime Prevention	144,436	-	(8,500)	135,936
12) Holiday Activity & Food programme	180,000	70,000	(107,879)	142,121
13) National Lottery: V&V project	308,079	-	(118,681)	189,398
14) Colchester Borough Homes (BS)	-	4,860	(3,000)	1,860
15) Colchester CSP grant	-	12,000	(10,100)	1,900
16) Colchester Borough Council (SS)	-	30,800	(9,350)	21,450
17) London Marathon	-	115,000	(99,397)	15,603
18) AE/ SE Together Fund	-	7,940	(4,450)	3,490
19) PCC for Essex	-	10,000	-	10,000
	695,559	250,600	(391,474)	554,685

- 1) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- 2) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- 3) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.
- 4) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
- 5) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
- 6) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.
- 7) Funding to provide opportunities for young people to take part in activities and receive food which supports both mental health and physical wellbeing.
- 8) Funding from Active Essex to support satellite clubs.
- 9) Colchester Catalyst providing funding for Tendring physical/ mental wellbeing projects for families.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

RESTRICTED FUNDS - Prior year (continued)

- 10) Funding from Active Essex to provide basic physical activity equipment to families alongside food packages.
- 11) Funding from Essex Country Council to engage vulnerable young people in sport to divert them away from criminal behaviour.
- 12) Grants from Essex County Council for Essex Activate Holiday Activity and Food Clubs to build capacity (£45k) and support Clubs through Easter, Summer and Winter 2022 (£135k).
- 13) Violence & Vulnerability project funded by the Lottery Community Fund: a three year grant to cover to cover expenditure in financial years ending March 2023- 2025.
- 14) Funding contribution from Colchester Borough Council towards BoxSmart project.
- 15) Funding towards Sports and Lifeskills project with Tertiary Cohort.
- 16) Colchester Borough Council funding contribution to Girls with Goals and Sports Connector.
- 17) London Marathon - core costs and capacity building of AEF and Locally Trusted Organisations.
- 18) AE/ SE Together Fund - 24 week after school provision to Ninja Warrior.
- 19) PCC for Essex - secondary intervention work support.

10. RELATED PARTIES TRANSACTIONS

There were no related party transactions during the year.

ACTIVE ESSEX FOUNDATION
MANAGEMENT INFORMATION
YEAR ENDED 31 MARCH 2024

This information does not form part of the statutory accounts

ACTIVE ESSEX FOUNDATION
INCOME AND EXPENDITURE
YEAR ENDED 31 MARCH 2024

	2024		2023	
	£	£	£	£
Income				
Grants	776,730		250,600	
Donations	6,000		-	
Just Giving	1,516		195	
Grants and donations		784,246		250,795
Other Income	3,000		1,050	
Other Income		3,000		1,050
Total Income		<u>787,246</u>		<u>251,845</u>
Expenditure				
Grants and direct support		488,456		303,957
Salaries, wages and NI	133,795		79,153	
Employer pension costs	2,771		1,822	
Staff expenses	3,443		6,542	
Insurance	-		-	
HR Support	1,350		1,350	
Support costs		141,359		88,867
Audit & Accountancy fees	4,608		3,000	
Payroll fees	827		708	
Regulator Fees	35		50	
Governance costs		5,470		3,758
Total expenditure		<u>635,285</u>		<u>396,582</u>
Net income/(expenditure)		<u>151,961</u>		<u>(144,737)</u>