

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023

Registered Charity Number 1166665



EDMUND CARR LLP
Chartered Accountants
146 New London Road
Chelmsford
Essex
CM2 0AW

ACTIVE ESSEX FOUNDATION

YEAR ENDED 31 MARCH 2023

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ACTIVE ESSEX FOUNDATION

CHARITY INFORMATION

AS AT 31 MARCH 2023

The Trustees have the pleasure in presenting their report and financial statements of the Charity for the year ended 31st March 2023.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name	Active Essex Foundation	
Charity Number	1166665	
Address	Active Essex Foundation County Hall 19 Market Road Chelmsford Essex CM1 1GG	
Trustees	Robert McLintock	Chair (from 20 July 2023)
	Jenni Tomblin	Chair (to 20 July 2023)
	Robert Hayne	
	Jason Fergus	
	Ray Gooding	
	Katie Heron	(appointed July 2022)
	Leigh Norris	(appointed July 2022)
Independent Examiner	Ray Crace FCA Edmund Carr LLP 146 New London Road Chelmsford Essex CM2 0AW	

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES

The objects of the charity are the promotion of community participation in healthy recreation across Greater Essex by:

- (1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- (2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- (3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services; and
- (4) The improvement and preservation of good health and well-being through participation in healthy recreation.

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit.

Working with Trustees and key stakeholders were able to develop a theory of change that identified the key outcomes we are looking to achieve through all of our work. They include:

- Improve health and wellbeing
- Reduce crime
- Improve education and employment
- Strengthen communities to be more cohesive and resilient

In order to achieve our key outcomes, we have identified five strategic priorities:

1. Use sport and physical activity to prevent youth crime and violence
2. Tackling holiday inactivity and food poverty
3. Build the capacity of locally trusted organisations
4. Supporting young people and children's mental health through sport and physical activity
5. Level up participation in the popular activities of cycling, walking and running

ACHIEVEMENTS AND PERFORMANCE

Throughout the financial year of 2022-23 The Active Essex Foundation has continued to grow and further develop our work, reach and support for young people most in need. We have a growing network of locally trusted organisations (LTOs) that we work with across Essex and our reputation for delivering impactful projects is fast becoming established.

As the cost of living crisis continues to effect the health and wellbeing of young people in Essex, this year the Active Essex Foundation prioritised its physical activity programmes to reach those most in need. By connecting young people and their families to physical activity opportunities such as our Lottery-funded Youth Crime and Violence project, we have seen young people develop the confidence to navigate towards a more positive future. It's been a successful year for the team who care passionately about improving lives in Essex and as Trustees, we are committed to ensuring these opportunities continue for the long-term.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2023

We have continued to significantly increase the income to the Foundation, which will continue into the next three financial years. During the growth of the Foundation, it has seen its successful bid writing develop from small grant organisations to larger funders such as the National Lottery, Children in Need, and more recently we have been able to support our LTOs secure over £100,000 from the ministry of Justice.

Following on from the success of our National Lottery Community Fund and Essex Local Delivery Pilot's for our 3 year Sport and Youth Crime Prevention programme we were pleased to employ 2 full time members of staff to lead and develop the programme. This was a milestone for the Foundation because it enabled the employment of our first two full time team members. This includes a Project Manager and a Project Coordinator. Both were in post by May 2022.

This funding has helped to scale up the support, capacity building and up-skilling of a number of LTOs. LTOs are groups that use sport and physical activity in order to engage and support young people who are involved in, or at risk of becoming involved in the criminal justice system. It was our aim when we started the programme to support around 10 key organisations, over this financial year this has grown to over 40 organisations working with us to use sport and physical activity to support young people most in need.

This project has also helped to build our working relationship with the Essex Violence and Vulnerability Unit and the Youth Offending Service and we have been pleased to secure funding from both organisations, adding value to our sport and youth crime prevention programme.

We continue to work in partnership with LTOs across Essex Southend and Thurrock, with a particular focus on the most deprived and marginalised communities.

As part of the Ride London Essex event taking place in Essex, we were pleased to be able to secure funding for a full time Sport for Development Officer. This role will support the development and sustainability of the Foundation, delivery projects and ensure that we have robust governance, project plans, fundraising strategies and a robust business plan. This post will start in May 2023 and we are pleased to have interviewed and appointed an experienced and passionate Sport for Development Officer.

We are also working closely with our partners Active Essex and 16 LTOs who specialise in using sport and physical activity to support positive mental health in young people across Essex. We have developed a 3 year project plan in partnership with our LTOs and also National Partners Street Games and Believe Platform and if successful in securing funding we will lead a Sport and Youth Mental Health programme that replicates the Sport and Youth Crime Prevention programme and we will employ a further 2 full time members of staff leading on this work.

ACHEVEMENTS AGAINST STRATEGIC PRIORITIES

1. Use sport and physical activity to prevent youth crime and violence

Sport and Youth Crime Prevention project: We have been successful in securing significant investment over three years to:

- Be the leading organisation around sport and youth crime prevention in Essex
 - employ two full time members of staff
 - Be in a position to work more closely with the criminal justice system
-

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2023

This work brings three important systems together across Essex: Youth Justice, Community Sector, Sport and Physical Activity - through shared purpose, co-production and shared desire to positively change the lives of vulnerable young people. This will mean more organisations using sport to engage and support young people, more young people engaging in sport and physical activity regularly, more funding for sport from across the system.

Over the past 12 months we have increased our Sport and Youth Crime Prevention network of LTOs to over 40, providing support, training and resources for their staff and volunteers. In turn this enables the LTOs to provide high quality support for young people through sport and physical activity and have the understanding and tools to produce monitoring and evaluation that evidence the positive impact that this work is having in their local communities.

This year has also seen the Foundation secure funding from criminal justice partners for 3 part time support workers, linking and holding young people involved in the youth justice system, to sports and physical activity opportunities delivered by our LTOs.

Over the past 12 months this project has:

- Supported 5020 young people who are at risk or involved in the youth justice system.
- 845 young people were supported through our intensive programmes,
- 4175 young people have engaged regularly in programmes supported by our LTO network
- Supported over 200 coaches and volunteers with bespoke training
- Leveraged in £350,000 direct to our LTOs for the delivery of sport and physical activity interventions
- Supported 40 LTOs

Sport and Life-skills project:

As part of this project we have worked in partnership with a number of LTOs across the county in order to develop a programme that works in partnership with Essex Youth Offending Services (YOS) and gives young people the support and opportunity to engage in a range of sport and physical activities, alongside our 'plus' offer, including life skills such as living independently, shopping on a budget, CV writing and interview skills.

Over the past 12 months we have engaged and supported over **70 young people** through the programme and have had a successful **attendance rate of over 80%**, which is a real achievement given that the programme is voluntary.

We have recently been successful in securing a further funding in order to scale up this project to support 200 more young people.

We are working closely with the YOS team in order to secure long term funding through the 'Turn Around' allocated to them to ensure that every young person has the opportunity to take part in the Sports and Life Skills programme as an exit route to their time with the YOS.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2023

2. Tackling holiday inactivity and food poverty

Holiday activity and food programme: We have continued worked in partnership with Essex County Council and Active Essex (Active Partnership) to influence the delivery of the Essex ActivAte holiday activity and food programme throughout 2022 and into 2023. We also ensured that our network of LTOs were able to support the programme as delivery partners and receive direct funding.

We applied to lead the work around engaging at risk and vulnerable secondary aged young people and we were successful in this application. We worked with LTOs who are involved in the Sport and Youth Crime Prevention programme to deliver HAF clubs during the Easter, Summer and Winter 2022 school holidays. We also received funding from the HAF programme to lead the capacity building work of our LTOs to ensure they had the knowledge, training and resources to be able to deliver this programme.

In 2022 our specialist HAF programme was able to deliver the following outcomes;

- 4195 engaged and supported in targeted secondary interventions across the holiday period
- 290 sport and physical activity sessions provided free of charge in the summer holidays
- 38 of our LTOs delivering as part of the Essex ActivAte HAF programme and receiving funding to do so

We are pleased to have just been awarded a further large grant for the 2023 programme.

3. Build the capacity of locally trusted organisations

Through the Sport and Youth Crime Prevention programme we have provided a range of training, workshops and qualifications to our network of LTOs to ensure that they have the knowledge, expertise and resources to develop their work and bring in additional funding. Training provided includes;

- 10 principles of youth crime prevention
- Managing challenging behaviours
- Level 1 developing activities for youth at risk
- Developing resilient and active young people
- Practitioner Mentoring
- Adverse Childhood Experiences
- Theory of Change
- Fundraising
- Trauma Informed approach
- Knife crime injuries
- Gangs and youth violence training
- Level 1 Sports activators

In addition to the training we have provided support in partnership with StreetGames support, guidance and advice including:

- help to build connections and partnerships
 - tailored advice
 - advocacy
 - fundraising
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ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2023

- workforce and volunteer training
- research and evaluation
- opportunities to network and share learning
- the dissemination of insight
- new ideas and innovation.

4. Supporting young people and children's mental health through sport and physical activity

Sport and Youth Mental Health: The Trustees agreed that Sport and mental health should be our next focus in terms of developing a project and securing funding. Over the past 12 months we spent time identifying and connecting with LTOs who use sport and physical activity to support young people who are suffering poor mental health. We brought 16 of them together in a share and learn network with the aim of understanding what work was already taking place, what further support was needed and together we co-produced the Sport and Youth Mental Health programme that replicated the Sport and Youth Mental Health model.

In January 2023 we submitted our stage 1 application to the National Lottery, and was successful in getting through to stage 2. This will be submitted in June and we hope to have a decision by September 2023. This funding will allow us to employ 2 full time members of staff and provide training for LTOs. We will work with the Centre for Mental Health in order to develop a robust evaluation so that we can highlight the benefits of taking part in sport and physical activity can have on a young person's mental health.

5. Level up participation in the popular activities of cycling, walking and running

Cycling and Skate Jam community events: With the funding from the London Marathon Trust we were able to work with our LTOs in order to deliver skate Jam events, bike-ability and accessible cycling sessions. Over the past 12 months we have delivered:

- 14 skate jam community events, that were attended by over 1500 young people
- 18 community cycling workshops and bike-ability sessions to ensure that young people have the skills and confidence to ride a bike
- 11 skate / bike repair stations have been fitted at skate parks across Essex
- 13 mini skate jam events at Essex ActivAte HAf clubs – giving young people on free school meals the opportunity to ride and learn to ride safely as well as watching professional skate boarders, skaters and BMXers.

HR SUPPORT

Recruiting new members of staff meant that we needed to review and engage HR support for the organisation. We met with a number of HR specialist companies and the Board of Trustees made the decision to work with HR Essentials, an Essex based HR company. They have supported us with the development of recruitment, contracts, staff handbooks and all policies and procedures related to employing staff.

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT (continued)
YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

The charity received total funding of £251,845 during the year ending 31st March 2023. Our total expenditure in 2022-23 was £396,582, as we utilised restricted funding awarded in 2021-22.

RESERVES POLICY

At 31 March 2023 the charity's funds totalled £578,836 of which £554,685 were restricted funds, awarded by funders for specific purposes. The reserves include funding of £325,334 awarded by the National Lottery and Essex Local Delivery Pilot for projects running to 2024-25. The unrestricted reserves of the charity totalled £24,151. Trustees annually review the reserves policy that is required to ensure that they are adequate to fulfil our continuing obligations. Trustees agreed that the reserves policy of £10,000 is sufficient for the current period. As the Charity develops and we employ staff, we will review this policy in 2023-24 to consider maintaining reserves at a level which meets the expenditure requirements of the organisation.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a CIO registered number 1166665.

Trustees are recruited according to their skills and appointed by the Members of the CIO.

Accountants: Edmund Carr LLP, 146 New London Road, Chelmsford, Essex, CM2 0AW

Approved by the Trustees on.....20/10/2023.....and signed on their behalf by:

Robert McLintock

Robert McLintock

Chair of Trustees

ACTIVE ESSEX FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31 MARCH 2023

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 9 to 19.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Raymond Crace

.....
Raymond Crace FCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

1 November 2023
.....

ACTIVE ESSEX FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2023

		Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
	Note				
INCOME from:					
Donations and grants	2	195	250,600	250,795	643,247
Other income		1,050	-	1,050	-
TOTAL INCOME		<u>1,245</u>	<u>250,600</u>	<u>251,845</u>	<u>643,247</u>
EXPENDITURE on:					
Charitable activities	3	5,108	391,474	396,582	14,024
TOTAL EXPENDITURE		<u>5,108</u>	<u>391,474</u>	<u>396,582</u>	<u>14,024</u>
NET INCOME/(EXPENDITURE)/ NET MOVEMENT IN FUNDS		(3,863)	(140,874)	(144,737)	629,223
RECONCILIATION OF FUNDS					
Total funds brought forward		28,014	695,559	723,573	94,350
Total funds carried forward		<u>24,151</u>	<u>554,685</u>	<u>578,836</u>	<u>723,573</u>

The notes on pages 13 to 19 form part of these financial statements.

ACTIVE ESSEX FOUNDATION
BALANCE SHEET
At 31st March 2023

		2023		2022	
	Note	£	£	£	£
CURRENT ASSETS					
Debtors	7	269,522		404,795	
Cash at bank		319,556		320,597	
		<u>589,078</u>		<u>725,392</u>	
CREDITORS: Amounts falling due within one year	8	<u>10,242</u>		<u>1,819</u>	
NET CURRENT ASSETS			578,836		723,573
NET ASSETS			<u>578,836</u>		<u>723,573</u>
FUNDS OF THE CHARITY					
Restricted	9		554,685		695,559
Unrestricted			24,151		28,014
TOTAL CHARITY FUNDS			<u>578,836</u>		<u>723,573</u>

These financial statements were approved by the Trustees on20/10/2023..... and signed on their behalf by:

Robert McLintock
Robert McLintock
Chair of Trustees

The notes on pages 13 to 19 form part of these financial statements.

ACTIVE ESSEX FOUNDATION**CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023**

	Note	2023 £	2022 £
Cash flows from operating activities			
Net movement in funds		(144,737)	629,223
Working capital adjustments			
Decrease/(increase) in debtors	7	135,273	(404,795)
Increase/(decrease) in creditors	8	8,423	49
Net cash flows from operating activities		<u>(1,041)</u>	<u>224,477</u>
Cash flows from investing activities			
Net increase/(decrease) in cash and cash equivalents		(1,041)	224,477
Cash and cash equivalents at 1 April 2022		320,597	96,120
Cash and cash equivalents at 31 March 2023		<u><u>319,556</u></u>	<u><u>320,597</u></u>
Reconciliation of net cash flow to movement in net funds			
Decrease in cash		(1,041)	224,477
Net funds at 1 January		320,597	96,120
Net funds at 31 December		<u><u>319,556</u></u>	<u><u>320,597</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 13 to 19 form part of these financial statements.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of accounting

The accounts (financial statements) have been prepared in accordance with the statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Active Essex Foundation is a registered charity and meets the definition of a public benefit entity under FRS 102.

Accounts for the prior year were prepared on a receipts and payments basis. Prior year figures have been restated on an accruals basis.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Incoming Resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

The charity receives government grants to support its charitable activities. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Resources Expended

All expenditure is accounted for on an accruals basis and includes VAT as the charity is not VAT registered. The majority of costs are attributable to specific charitable activities. Governance costs are associated with the governance arrangements of the charity.

Debtors and creditors

Trade and other debtors are recognised at the settlement amount due. Creditors are recognised at their settlement amount.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES (continued)

Fund accounting

Funds held by the charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated funds – these are funds set aside by the trustees out of unrestricted funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity.

Taxation

As the Association is a charity, it is exempt from taxation - other than VAT, which is included in the relevant costs in the Statement of Financial Activities - to the extent that any income and gains are applied to its charitable objectives.

2. DONATIONS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Grants	-	250,600	250,600	643,217
Just Giving	195	-	195	30
	<u>195</u>	<u>250,600</u>	<u>250,795</u>	<u>643,247</u>

ACTIVE ESSEX FOUNDATION**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2023**

3. CHARITABLE EXPENDITURE

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Grants to charitable projects	-	303,957	303,957	6,835
Support and administration costs:				
Salaries and Wages	-	76,648	76,648	3,214
Pension Costs	-	4,327	4,327	-
Staff expenses	-	6,542	6,542	227
Insurance	-	-	-	518
HR Support	1,350	-	1,350	2,100
Governance costs (Note 4)	3,758	-	3,758	1,130
	<u>5,108</u>	<u>391,474</u>	<u>396,582</u>	<u>14,024</u>

Grants were made to charities, community groups and clubs to support projects across Essex

4. GOVERNANCE COSTS

	Total Funds 2023 £	Total Funds 2022 £
Accounts and independent examination	3,000	1,080
Payroll services	708	-
Fees payable to independent examiner	<u>3,708</u>	<u>1,080</u>
Other fees	50	50
	<u>3,758</u>	<u>1,130</u>

ACTIVE ESSEX FOUNDATION**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2023**

5. STAFF COSTS AND EMOLUMENTS

	Total Funds	Total Funds
	2023	2022
	£	£
Total staff costs were as follows:		
Wages & salaries	73,203	3,214
Social security	3,445	-
Pension Costs	4,327	-
	<u>80,975</u>	<u>3,214</u>

Particulars of employees:

The average number of employees during the year was:	2	1
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No employee received remuneration of more than £60,000 during the period.

6. TRUSTEES' REMUNERATION

No trustees received remuneration during the year (2022 - nil).

No expenses were reimbursed to Trustees during the year (2022 - nil).

7. DEBTORS

	Total Funds	Total Funds
	2023	2022
	£	£
Grants receivable	269,522	404,795
	<u>269,522</u>	<u>404,795</u>

Grants receivable include £99,449 due after more than one year (2022 - £252,122).

8. CREDITORS: Amounts falling due within one year

	Total Funds	Total Funds
	2023	2022
	£	£
Grants payable	2,200	-
Accruals	3,000	1,080
Taxation and social security	5,042	739
	<u>10,242</u>	<u>1,819</u>

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

9. RESTRICTED FUNDS - Current Year

	Balance at 01-Apr-22 £	Incoming £	Outgoing £	Balance at 31-Mar-23 £
1) Coronavirus Community Support Fund	7,795	-	(8,267)	(472)
2) Children in Need	1,900	-	-	1,900
3) Kick Off at 3 Project	11,545	-	-	11,545
4) Canvey Island Youth Project	2,000	-	-	2,000
5) Charles French Charitable Trust	500	-	-	500
6) Awards for All	9,390	-	-	9,390
7) Thurrock CVS	2,000	-	(2,000)	-
8) Satellite club funding	18,564	-	(10,500)	8,064
9) Colchester Catalyst Charity	2,000	-	(2,000)	-
10) Tackling inequalities	7,350	-	(7,350)	-
11) Sport and Youth Crime Prevention	144,436	-	(8,500)	135,936
12) Holiday Activity & Food programme	180,000	70,000	(107,879)	142,121
13) National Lottery: V&V project	308,079	-	(118,681)	189,398
14) Colchester Borough Homes (BS)	-	4,860	(3,000)	1,860
15) Colchester CSP grant	-	12,000	(10,100)	1,900
16) Colchester Borough Council (SS)	-	30,800	(9,350)	21,450
17) London Marathon	-	115,000	(99,397)	15,603
18) AE/ SE Together Fund	-	7,940	(4,450)	3,490
19) PCC for Essex	-	10,000	-	10,000
	695,559	250,600	(391,474)	554,685

- 1) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- 2) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- 3) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.
- 4) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
- 5) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
- 6) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

9. RESTRICTED FUNDS - Current Year (continued)

- 7) Funding to provide opportunities for young people to take part in activities and receive food which supports both mental health and physical wellbeing.
- 8) Funding from Active Essex to support satellite clubs.
- 9) Colchester Catalyst Charity providing funding for Tendring physical/ mental wellbeing projects for families.
- 10) Funding from Active Essex to provide basic physical activity equipment to families alongside food packages.
- 11) Funding from Essex Local Delivery Pilot (via ECC) to engage vulnerable young people in to sport to divert them away from criminal behaviour.
- 12) Grants from Essex County Council for Essex Activate Holiday Activity and Food Clubs to build capacity and support Clubs.
- 13) Violence & Vulnerability project funded by the Lottery Community Fund: a three year grant to cover to cover expenditure in financial years ending March 2023- 2025.
- 14) Funding contribution from Colchester Borough Council towards BoxSmart project.
- 15) Funding towards Sports and Lifeskills project with Tertiary Cohort.
- 16) Colchester Borough Council funding contribution to Girls with Goals and Sports Connector.
- 17) London Marathon - core costs and capacity building of AEF and Locally Trusted Organisations.
- 18) AE/ SE Together Fund - 24 week after school provision to Ninja Warrior.
- 19) PCC for Essex - secondary intervention work support.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

9. RESTRICTED FUNDS - Prior year

	Balance at 01-Apr-21 £	Incoming £	Outgoing £	Balance at 31-Mar-22 £
1) Coronavirus Community Support Fund	7,795	-	-	7,795
2) Children in Need	1,900	-	-	1,900
3) Kick Off at 3	13,360	-	(1,815)	11,545
4) Canvey Island Youth	2,000	-	-	2,000
5) Charles French Charitable Trust	500	-	-	500
6) Awards for All	9,390	-	-	9,390
7) Thurrock CVS	2,000	-	-	2,000
8) Sport and Life-skills	23,584	-	(5,020)	18,564
9) Colchester Catalyst Charity	2,000	-	-	2,000
10) Tackling inequalities	7,350	-	-	7,350
11) Sport and Youth Crime Prevention	-	144,436	-	144,436
12) Holiday Activity & Food programme	-	180,000	-	180,000
13) National Lottery: V&V project	-	310,781	(2,702)	308,079
	<u>69,879</u>	<u>635,217</u>	<u>(9,537)</u>	<u>695,559</u>

- 1) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- 2) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- 3) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.
- 4) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
- 5) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
- 6) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.
- 7) Funding to provide opportunities for young people to take part in activities and receive food which supports both mental health and physical wellbeing.
- 8) Funding from Active Essex to support satellite clubs.
- 9) Colchester Catalyst providing funding for Tending physical/ mental wellbeing projects for families.
- 10) Funding from Active Essex to provide basic physical activity equipment to families alongside food packages.
- 11) Funding from Essex Country Council to engage vulnerable young people in sport to divert them away from criminal behaviour.
- 12) Grants from Essex County Council for Essex Activate Holiday Activity and Food Clubs to build capacity (£45k) and support Clubs through Easter, Summer and Winter 2022 (£135k).
- 13) Violence & Vulnerability project funded by the Lottery Community Fund: a three year grant to cover to cover expenditure in financial years ending March 2023- 2025.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

10. RELATED PARTIES TRANSACTIONS

There were no related party transactions during the year.