

ACTIVE ESSEX FOUNDATION

England & Wales · Charity number 1166665

Details

Other names	AEF
Status	Registered
Legal form	CIO
Registered	2016-04-21
Register	View on the Charity Commission register

Contact

Address	ACTIVE ESSEX Foundation 146 New London Road Chelmsford CM2 0AW
Phone	07894081626
Email	foundation@activeessex.org
Website	www.activeessexfoundation.org

Activities

Objects: THE OBJECTS OF THE CIO ARE FOR THE PUBLIC BENEFIT TO PROMOTE COMMUNITY PARTICIPATION IN HEALTHY RECREATION FOR THE BENEFIT OF THE INHABITANTS OF GREATER ESSEX IN PARTICULAR BY:- (1) WORKING WITH AND THROUGH LOCAL AGENCIES TO INCREASE LEVELS OF PARTICIPATION IN SPORT AND PHYSICAL ACTIVITY; (2) PROMOTING AND PROVIDING PROGRAMMES AND SERVICES FOR SPORT, RECREATION, PHYSICAL ACTIVITY, INFORMAL EDUCATION AND OTHER LEISURE TIME OCCUPATION FOR HEALTHY RECREATION; (3) PROMOTING AND PROVIDING FACILITIES AND SERVICES FOR RECREATIONAL, SPORTING OR OTHER LEISURE TIME OCCUPATION IN THE INTERESTS OF SOCIAL WELFARE FOR THE PUBLIC AT LARGE OR THOSE WHO BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES, HAVE NEED OF SUCH FACILITIES AND SERVICES; AND (4) THE IMPROVEMENT AND PRESERVATION OF GOOD HEALTH AND WELL-BEING THROUGH PARTICIPATION IN HEALTHY RECREATION.

Activities: Active Essex Foundation has been set up to use physical activity and Sport to engage and support the most deprived communities across Essex. We work in partnership with local organisations to engage harder to reach communities and under-represented groups across our county to address inequalities, empower communities, break down barriers, and improve outcomes.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Other Finance, Provides Buildings/facilities/open Space, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives, Amateur Sport, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Essex
- Southend-on-sea
- Thurrock

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,324,013	£1,114,645	£940,165	5
2024-03-31	£787,246	£635,285	£730,797	3
2023-03-31	£251,845	£396,582	-	-
2022-03-31	£238,452	£13,975	-	-
2021-03-31	£102,594	£83,255	-	-

Trustees

Name	Role	Appointed
Dr William Bird		2022-08-15
JASON FERGUS		2016-05-11
Katie Heron		2022-07-21
Leigh Jon Norris		2022-07-21
MRS JENNI TOMBLIN		2016-10-05
RAY GOODING		2016-05-11
ROBERT HAYNE		2016-05-11
ROBERT MCLINTOCK		2016-04-21

Accounts

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2025

Registered Charity Number 1166665

EDMUND CARR LLP
Chartered Accountants & Statutory Auditor
146 New London Road
Chelmsford
Essex
CM2 0AW

ACTIVE ESSEX FOUNDATION

YEAR ENDED 31 MARCH 2025

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ACTIVE ESSEX FOUNDATION

CHARITY INFORMATION

AS AT 31 MARCH 2025

The Trustees have the pleasure in presenting their report and financial statements of the Charity for the year ended 31st March 2025.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name Active Essex Foundation

Charity Number 1166665

Address Active Essex Foundation
146 New London Road
Chelmsford
CM2 0AW

Trustees Jenni Tomblin
Robert Hayne
Jason Fergus
Ray Gooding
Robert McLintock
Katie Heron
Leigh Norris
William Bird

Auditor Edmund Carr LLP
146 New London Road
Chelmsford
Essex CM2 0AW

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES

The objects of the charity are the promotion of community participation in healthy recreation across Greater Essex by:

- (1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- (2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- (3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services; and
- (4) The improvement and preservation of good health and well-being through participation in healthy recreation.

Working with Trustees and key stakeholders, we were able to develop a theory of change that identified the key outcomes we are looking to achieve through all our work. They include:

- Improve health and wellbeing
- Reduce crime
- Improve education and employment
- Strengthen communities to be more cohesive and resilient

To achieve our key outcomes, we have identified our strategic priorities to create the conditions to transform lives through sport and physical activity to:

- Support young people's mental health and emotional wellbeing
- Reduce vulnerabilities to youth crime and exploitation
- Strengthen our communities

PUBLIC BENEFIT

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit.

GRANT MAKING POLICY

For specific funds and projects, we will have a grant making process to support the delivery of activities that fall within the objects of the charity.

Our grant-making focuses on using sport and physical activity to improve health, wellbeing, and social inclusion across Essex. We prioritise grassroots and community-led organisations whose work reaches people who are currently less active or face barriers to participation. Decisions are guided by alignment with our strategic aims, demonstrable need, realistic outcomes, and proportionate due diligence; we seek to balance impact with equity by offering both project and development support that builds

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2025

organisational resilience. Some examples are through the Department for Education which supports the delivery of Secondary Holiday Activity and Food programmes throughout Greater Essex; The National Lottery has supported the delivery of programmes that reach set criteria within our charitable aims such as supporting young people mental health and emotional wellbeing and reducing the vulnerabilities to youth crime and exploitation. This funding is always restricted with conditions and outcomes set by the primary funder.

Applications and proposals are assessed by staff against published criteria and shared with budget holders for approval. Recipients will be required to report on outcomes and spend set by the primary funder so we can learn from and share impact, and we expect applicants to declare any conflicts of interest during the process. We aim to be accessible and supportive to smaller organisations and those new to funding, offering guidance through the application phase and proportionate monitoring thereafter.

ACHIEVEMENTS AND PERFORMANCE

Throughout the financial year of 2024-25, the Active Essex Foundation has continued to grow and further develop our work, reach and support for young people most in need. Across Greater Essex, our expanding network of locally trusted organisations (LTOs) reflects our growing reputation for delivering high-impact, transformative projects.

Across Essex we continue to see a range of inequalities faced by the communities we work with that effect the health and wellbeing of young people in Essex, this year the Active Essex Foundation prioritised its physical activity programmes to reach those most in need. By connecting young people and their families to physical activity opportunities such as our Lottery-funded Sport and Youth Crime Prevention Project and Sport and Youth Mental Health projects, we have seen young people develop the confidence to navigate towards a more positive future. It's been a successful year for the team who care passionately about improving lives in Greater Essex and as Trustees, we are committed to ensuring these opportunities continue for the long-term.

We have continued to significantly increase the income to the Foundation, which will continue into the next three financial years. We have been successful with a number of new funding applications, including smaller localised funding pots such as Essex Community Foundation, Safer Streets, UK Shared Prosperity Funding through One Maldon.

We have continued to scale up the support, capacity building and up-skilling of our LTO network. LTOs are groups that use sport and physical activity to engage and support young people who are involved in, or at risk of becoming involved in the criminal justice system. Over the course of the year we have expanded our offer of training and capacity of organisations we saw an increase in the number of organisations we are working with that are not sports and physical activity providers. This has meant we have been able to not only upskill our sports organisations in working with the vulnerable young people they support, but also support organisations with training and resources so they can support young people with sport and physical activity offers.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2025

We have continued strengthening our relationships with Youth Justice System partners. Through these relationships our three targeted intervention programmes have continued to receive funding. These programmes include Girls Inspired, BoxSmart on The Ropes and Sports and Lifeskills and new to 2024-25, Sport Smart linking with the Sport and Youth Mental Project team. Funding from the Essex Youth Justice Service, Thurrock Youth Justice Service, National Lottery Awards for All fund has enabled us to continue with the 3 embedded roles and develop a central system where young people can be referred and supported into positive LTO activities across Greater Essex.

We have completed the first year of the Sport and Youth Mental Health project funded by the National Lottery Community Fund and Essex Local Delivery Pilot. The project grew from working with 16 delivery LTOs in its first year to **20** organisations with an emphasis on collaboration and learning between those organisations. The project replicates the model of the Sport and Youth Crime Prevention project by supporting the LTOs with capacity building and support in working with young people who face challenges with mental health and emotional wellbeing by providing spaces to engage in networking and training.

We completed North Essex based Startwell funded Youth Mental health project and secured funding from Public Health to deliver an adult transition age mental health project over the next 3 years supporting young people aged 17-25 years old.

Our Asset Based Community Development (ABCD) offer has become recognised in Essex with three further external workshops delivered and another 38 individuals trained. We delivered these workshops through British Triathlon, Thurrock Place Partners and the Sport and Youth Crime network partners. We continued to establish the ABCD offer through the development of a Greater Essex community of practice holding four events in 2024-25 financial year.

ACHEVEMENTS AGAINST STRATEGIC PRIORITIES

1. Use sport and physical activity to prevent youth crime and violence

Sport and Youth Crime Prevention project: completed it's final year of the three year funded project aiming to:

- Be the leading organisation around sport and youth crime prevention in Essex
- Employ two full time members of staff
- Be in a position to work more closely with the criminal justice system

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2025

This work brings three important systems together across Essex: Youth Justice, Community Sector, Sport and Physical Activity - through shared purpose, co-production and shared desire to positively change the lives of vulnerable young people. This will mean more organisations using sport to engage and support young people, more young people engaging in sport and physical activity regularly, more funding for sport from across the system.

Over the past 12 months we have maintained our Sport and Youth Crime Prevention network of LTOs to over 80, providing support, training and resources for their staff and volunteers. In turn this enables the LTOs to provide high quality support for young people through sport and physical activity and have the understanding and tools to produce monitoring and evaluation that evidence the positive impact that this work is having in their local communities.

This year has also seen the Foundation secure funding from criminal justice partners for 3 contractors, linking and hand holding young people involved in the youth justice system, to sports and physical activity opportunities delivered by our LTOs.

Over the past 12 months this project has:

- Supported over **4,500** young people who are at risk or involved in the youth justice system
- **7,955** specialist secondary HAF spaces filled across the main holidays and half-terms
- **882** young people were supported through our intensive Sports and Lifeskills programme
- **1,140** young people attendances in BoxSmart On The Ropes programmes to date
- **432** attendances of young women and girls supported by the Girls Inspired programme to date
- Supported over **600** coaches and volunteers with training and capacity building opportunities
- Since 2022 the project has leveraged **£590,553** of further funding into the Sport and Youth Crime Prevention Project to match or original project with the National Lottery from Essex and Thurrock Youth Justice Services, Probation Services, Essex Police, Fire and Crime Commissioner, Colchester City Council, Thamesport Free Tax Levy Community Fund, Sport England Small Grants, Awards for All, Essex Violence and Vulnerability Unit, One Maldon, Essex Community Foundation and Tendring District Council
- Maintained and continued to develop the active network of **80** LTOs
- We delivered our second annual 'Power of Sport' conference, which saw around **180** individuals attend and key note speakers such as The Police, Fire and Crime Commissioner, Essex County Councils Deputy Leader and the Youth Endowment Fund. This is an important event bringing together LTOs and system partners in order to highlight the important role of sport and physical activity in supporting the most vulnerable young people across Essex

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2025

Sport and Life-skills project:

Our Sports and Lifeskills project continued through funding from partners that included Essex Youth Justice Service, Thurrock Youth Justice Services and The National Lottery Awards For All along with the Essex Violence and Vulnerability Unit. Working in partnership with statutory agencies and our LTO network gives young people the support and opportunity to engage in a range of sport and physical activities, alongside our 'plus' offer, including life skills such as living independently, shopping on a budget, CV writing and interview skills.

Over the past 12 months we have engaged and supported over **800** young people through the programme and continue to have a high attendance rate and completion through the ASDAN accreditation.

We have recently been successful in securing a further funding to continue this project for young people involved in the Youth Justice System including through the Essex Youth Justice Services programme and Thurrock Youth Justice Services with continuation into 2025-26.

We continue to work closely with the partner teams in order to secure long term funding to ensure that every young person has the opportunity to take part in the Sports and Life Skills programme as an exit route to their time with the youth justice system.

The Essex Police Fire & Crime Commissioner's Office (PFCC) funded a partnership with Colchester's Department for Work and Pensions (DWP) to provide a two week intensive and targeted programme for young people in Colchester aged between 14-18 years old.

The project focussed on engaging and working with young people who may otherwise struggle to join the labour market or are not currently reaching their full educational potential and/or young people who had or were leaving formal education and at risk or already classified as NEET (Not In Education, Employment or Training).

The project achieved:

- **23** young people engaged in the project
- **183** attendances recorded across the two weeks.

Young people received much more than access to sport and physical activity opportunities with the opportunity to cover topics including how to create a CV, preparing for interviews, the type of courses and training support available. Post the programme young people received six months free gym and boxing activity passes and continued support by Changing Lives one of our LTOs. It is hoped this programme can continue to develop.

2. Tackling holiday inactivity and food poverty

Holiday activity and food programme: We have continued worked in partnership with Essex County Council and Active Essex (Active Partnership) to influence the delivery of the Essex ActivAte holiday activity and food programme throughout 2024 and into 2025. We also ensured that our network of LTOs were able to support the programme as delivery partners and receive direct funding.

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT (continued)
YEAR ENDED 31 MARCH 2025

We again applied to lead the work around engaging at risk and vulnerable secondary aged young people and we were successful in this application. We worked with LTOs who are involved in the Sport and Youth Crime Prevention programme to deliver HAF clubs during the Easter, Summer and Winter 2024 school holidays as well as the smaller May, October and February half terms. We also received funding from the HAF programme to lead the capacity building work of our LTOs to ensure they had the knowledge, training and resources to be able to deliver this programme.

Secondary Holiday Activity Food (HAF) Programme for 2024/25 was able to deliver the following outcomes:

- **7,955** attendances at HAF provisions
- **489** free sessions available attendances
- **39** LTOs delivering HAF provisions

We are pleased to have just been awarded a further large grant for the 2025 programme.

3. Build the capacity of locally trusted organisations

Active Essex Foundation in partnership with StreetGames, have provided wraparound support to help them do this. Over the past three years our training has reached over 600 individuals on varying topics:

- Adverse Childhood Experiences (ACEs)
- Mentoring Young People • Boxing and Mentoring Young People
- Bid Writing and Fundraising • 10 principles of sport and youth crime prevention
- Managing challenging behaviours
- Level 1 developing activities for youth at risk
- Wallball
- Mentoring Young People in Community Settings
- Theory of Change
- Trauma Informed approach
- Boxing Activator
- Level 1 Basketball Activators
- Tertiary Cohort – Using sport and activity to navigate away from criminality and exploitation
- Criminality and Exploitation – Women and Girls
- Young LGBTQ+ people in sport and activity - breaking down barriers to engagement and participation
- Using sport to Enhance Positive Outcomes in the Context of Serious Youth Crime

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2025

- How sport makes a difference for young people at risk of exploitation
- Sport + and +Sport approaches
- Asset Based Community Development
- PREVENT and Radicalisation in Sport
- HYDRA Training – Scenario training in understanding the powers that exist within different agencies

Over the course of three years the Sport and Youth Crime Prevention project has trained over **600** representatives from the LTO Network and Greater Essex Criminal Justice system.

LTOs and youth justice system partners were supported in 2024-25 to connect and collaborate through the provision of **four** networking opportunities including the large scale 'Power of Sport' conference that was supported by Essex Police, Fire and Crime Commissioner, The Youth Endowment Fund, members of the Violence and Vulnerability Unit, senior Police, Fire, Probation and Youth Offending Service and Olympic bronze medallist Lewis Richardson. In 2025-26 we aim to replicate the networking events and have confirmed a third Power of Sport Conference for 2025.

4. Supporting young people and children's mental health through sport and physical activity

Sport and Youth Mental Health: In November 2023 we were successful in securing three years of funding from The National Lottery Community Fund and Essex Local Delivery Pilot with the aim of supporting LTOs in delivering Sport and Physical Activity plus mental health support to children and young people in Southend, Essex and Thurrock.

The project focusses on engaging **2,000 children and young people aged 5-18 years old** with the support of LTOs the project will have:

- Delivery co-designed with children/young people ensuring a strong socialising element to all planned activities to ensure sharing through talking and friendships
- Committed to working with parents, grandparents, and carers to provide ongoing education and support
- A bespoke identification process to sensitively identify which children/young people to engage
- Ongoing collaboration with key local partners (e.g., schools, youth services, MIND, EWMHS, CAMHS, Children's Society, Kids Inspire, Social Prescribing link workers and with the Youth Offending Services via our Sport and Youth Crime prevention project)
- Offer a broad range of activities including multiple sports and activities, arts and crafts, music, cooking, that embraces the ethos of good practice of right time, right place, right style, no/low cost.

The project grew from working with 16 delivery LTOs in its first year to **20 organisations** with an emphasis on collaboration and learning between those organisations. The project replicates the model of the Sport and Youth Crime Prevention project by supporting the LTOs with capacity building and support in working with young people who face challenges with mental health and emotional wellbeing by providing spaces to engage in networking and training.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2025

The Sport and Youth Mental Health project has been able to engage with **350 children and young people**.

- **30 young people** disclosed a mental health diagnosis
- **56** children and young people shared they have Special Educational Needs (SEN).
- Over **150** of the young people engaged in the project were referred by a mental health system partner.

The project is much more than providing sport and physical activity opportunities and has in its first year been able to demonstrate:

- **88%** of training attendees increased their skills and knowledge on how to support children and young people by attending the core training offer.
- Developed a Youth Mental Health - Sport & Physical Activity Network with **15** representatives of **8** organisations attending.
- Established a Theory of Change co-designed with the LTO network.
- Represented the LTO network at six mental health and/or physical activity events.

We have secured funding for the Development of a transition age (17-25 years) mental health project for 2025-2028, ensuring that as children move into adulthood, LTOs have the capacity and capability to provide consistent and important support, using sport and physical activity as part of the holistic approach.

HR Support

Given the growth of the organisation the Trustees have agreed to continue working with The Performance Group Limited (HR Essentials) in supporting us with the development of recruitment, contracts, staff handbooks and all policies and procedures related to employment.

FINANCIAL REVIEW

The charity received total funding of £1,324,013 during the year ending 31st March 2025. Our total expenditure in 2024-25 was £1,114,645, as we utilised restricted funding awarded in 2023-24 and received restricted funding for the 2024-25 financial year.

Reserves Policy

At 31 March 2025 the charity's funds totalled £940,165, of which restricted funds made up £897,781 leaving free reserves of £42,384. The charity has bank balances totalling £821,534 of which the majority are committed funds, awarded by funders for specific purposes. The commitments include funds awarded by the National Lottery and Essex Local Delivery Pilot for projects running to 2025-26. Trustees annually review the reserves policy that is required to ensure that they are adequate to fulfil our continuing obligations. Trustees agreed that the reserves policy of £55,000 was sufficient for the 2024-2025 period. As the Charity develops and we employ staff, we are reviewing this policy in 2025-26 to consider maintaining reserves at a level which meets the expenditure requirements of the organisation.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2025

FUTURE PLANS

Over the coming years the trustees will continue to develop services that meet local needs by focusing resources on early intervention and by strengthening partnership work with statutory agencies and community organisations in both Youth Crime Prevention and our Mental Health programmes. In 2025 our priority is to continue the work of the Sport and Youth Crime Prevention team and to secure multi-year extension funding to sustain our influence on the Greater Essex youth justice system and further build the capacity of the LTO network. From April 2025 to 2028 we will roll out a Transition Age mental health project focusing on young people aged 17–25 who are facing mental health challenges or low emotional wellbeing. Delivery will include targeted grants, training and capacity building with community activity providers in Greater Essex.

To consolidate our work the trustees will review and, where appropriate, strengthen the charity's core functions by assessing the case for additional finance management and administrative roles to support scaled delivery and controls.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a CIO registered number 1166665.

Trustees are recruited according to their skills and appointed by the Members of the CIO.

The Board of Trustees consists of the Chair and seven other Trustees with expertise in matters including fundraising, business development, communication and marketing, health and wellbeing, local authorities, and Active Partnerships. Trustees are recruited according to their skills and appointed by the existing members of the Board. They are inducted via online training courses, including safeguarding for charity Trustees, and complete a skills matrix and declaration regarding conflict of interests.

Decisions affecting business are made at quarterly Trustees meetings after consideration of papers and presentations. Project Management teams work to project and budget management plans and report to the Board. The charity's Development Officer is responsible for compliance, governance, and reporting.

Risk review

The Trustees confirm that major risks have been reviewed and systems and procedures have been established to manage those risks. Risks are reviewed regularly and recorded in a risk register along with mitigating actions. Financial processes and controls in place for expenditure include grant agreements with LTOs, budget trackers, verification processes and dual authorisation for funding release. New policies and procedures are developed as required by charitable activities.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2025

Statement of trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for

each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees on 7 November 2025 and signed on their behalf by:

Robert McLintock
.....

Robert McLintock

Chair of Trustees

ACTIVE ESSEX FOUNDATION

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES

YEAR ENDED 31 MARCH 2025

Opinion

We have audited the financial statements of Active Essex Foundation (the 'charity') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, Balance Sheet, Cash Flow Statement, and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2025, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Other matter

In the previous accounting period the Trustees took advantage of audit exemption. Therefore the prior period financial statements were not subject to audit. Limited audit procedures have been completed on the prior year figures during the current year. We do not express an opinion on the comparative figures. Our opinion on the current year's financial statements is not modified in respect of this matter.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

ACTIVE ESSEX FOUNDATION

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES (continued)

YEAR ENDED 31 MARCH 2025

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the trustees' report is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 11, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows;

- The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations.
- We identified the laws and regulations applicable to the charity through discussions with Trustees and other management, and from our knowledge and experience of the charity sector.
- We focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations for the charity.
- We assessed the extent of compliance with the laws and regulations identified above through making enquiries of management.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur by;

- Making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud.
- Considering the internal controls in place to mitigate the risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we;

- Performed analytical procedures to identify any unusual or unexpected relationships
- Tested journal entries to identify unusual transactions
- Investigated the rationale behind significant or unusual transactions

ACTIVE ESSEX FOUNDATION

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES (continued)

YEAR ENDED 31 MARCH 2025

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance.

The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the charity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the charity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the charity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (ie. gives a true and fair view).

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Edmund Carr LLP
.....

Edmund Carr LLP (Statutory Auditor)

146 New London Road
Chelmsford
Essex CM2 0AW

Date: 27 November 2025

Edmund Carr LLP is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006

ACTIVE ESSEX FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2025

		Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
	Note				
INCOME from:					
Donations and legacies	2	18,167	1,292,151	1,310,318	784,246
Charitable activities	3	13,695	-	13,695	-
Other income		-	-	-	3,000
TOTAL INCOME		<u>31,862</u>	<u>1,292,151</u>	<u>1,324,013</u>	<u>787,246</u>
EXPENDITURE on:					
Charitable activities	4	16,853	1,097,792	1,114,645	635,285
TOTAL EXPENDITURE		<u>16,853</u>	<u>1,097,792</u>	<u>1,114,645</u>	<u>635,285</u>
NET INCOME/(EXPENDITURE)/		15,009	194,359	209,368	151,961
Transfers between funds		-	-	-	-
NET MOVEMENT IN FUNDS		<u>15,009</u>	<u>194,359</u>	<u>209,368</u>	<u>151,961</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		27,375	703,422	730,797	578,836
Total funds carried forward		<u>42,384</u>	<u>897,781</u>	<u>940,165</u>	<u>730,797</u>

The notes on pages 19 to 24 form part of these financial statements.

ACTIVE ESSEX FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
	Note				
INCOME from:					
Donations and legacies	2	7,516	776,730	784,246	250,795
Charitable activities	3	-	-	-	-
Other income		3,000	-	3,000	1,050
TOTAL INCOME		<u>10,516</u>	<u>776,730</u>	<u>787,246</u>	<u>251,845</u>
EXPENDITURE on:					
Charitable activities	4	6,820	628,465	635,285	396,582
TOTAL EXPENDITURE		<u>6,820</u>	<u>628,465</u>	<u>635,285</u>	<u>396,582</u>
NET INCOME/(EXPENDITURE)/		3,696	148,265	151,961	(144,737)
Transfers between funds		(472)	472	-	-
NET MOVEMENT IN FUNDS		<u>3,224</u>	<u>148,737</u>	<u>151,961</u>	<u>(144,737)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		24,151	554,685	578,836	723,573
Total funds carried forward		<u>27,375</u>	<u>703,422</u>	<u>730,797</u>	<u>578,836</u>

The notes on pages 19 to 24 form part of these financial statements.

ACTIVE ESSEX FOUNDATION
BALANCE SHEET
At 31st MARCH 2025

		2025		2024	
	Note	£	£	£	£
CURRENT ASSETS					
Debtors	8	337,546		571,446	
Cash at bank		821,534		549,674	
		<u>1,159,080</u>		<u>1,121,120</u>	
CREDITORS: Amounts falling due within one year	9	<u>(218,915)</u>		<u>(390,323)</u>	
NET CURRENT ASSETS			940,165		730,797
NET ASSETS			<u>940,165</u>		<u>730,797</u>
FUNDS OF THE CHARITY	10				
Restricted			897,781		703,422
Unrestricted			42,384		27,375
TOTAL CHARITY FUNDS			<u>940,165</u>		<u>730,797</u>

These financial statements were approved by the Trustees on 7 November 2025 and signed on their behalf by:

Robert McLintock

Robert McLintock

Trustee

The notes on pages 19 to 24 form part of these financial statements.

ACTIVE ESSEX FOUNDATION**CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2025**

	Note	2025 £	2024 £
Cash flows from operating activities			
Net movement in funds		209,368	151,961
Working capital adjustments			
Decrease/(increase) in debtors	7	233,900	(301,924)
Increase/(decrease) in creditors	8	(171,408)	380,081
Net cash flows from operating activities		<u>271,860</u>	<u>230,118</u>
Cash flows from investing activities			
Net increase/(decrease) in cash and cash equivalents		271,860	230,118
Cash and cash equivalents at 1 April		549,674	319,556
Cash and cash equivalents at 31 March		<u><u>821,534</u></u>	<u><u>549,674</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 19 to 24 form part of these financial statements.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

Basis of accounting

The accounts (financial statements) have been prepared in accordance with the statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Active Essex Foundation is a registered charity and meets the definition of a public benefit entity under FRS 102.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Incoming Resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

The charity receives government grants to support its charitable activities. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Resources Expended

All expenditure is accounted for on an accruals basis and includes VAT as the charity is not VAT registered. The majority of costs are attributable to specific charitable activities. Governance costs are associated with the governance arrangements of the charity.

Debtors and creditors

Trade and other debtors are recognised at the settlement amount due. Creditors are recognised at their settlement amount.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES (continued)

Fund accounting

Funds held by the charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity.

Taxation

As the Association is a charity, it is exempt from taxation - other than VAT, which is included in the relevant costs in the Statement of Financial Activities - to the extent that any income and gains are applied to its charitable objectives.

2. INCOME FROM DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
By income stream				
Government funded grants	-	1,055,677	1,055,677	411,687
Other grants	5,415	236,474	241,889	365,043
Total grants	5,415	1,292,151	1,297,566	776,730
Donations	12,752	-	12,752	7,516
	18,167	1,292,151	1,310,318	784,246

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
By activity				
Sports and Youth Crime Prevention	-	111,867	111,867	115,400
Sports and Lifeskills	-	230,513	230,513	158,187
Holiday Activity & Food Programme	-	436,894	436,894	165,000
Engagement and participation	-	33,500	33,500	-
Sport and Mental Health	-	429,377	429,377	240,643
Development & Capacity	-	50,000	50,000	97,500
Other projects	18,167	-	18,167	10,516
	18,167	1,292,151	1,310,318	787,246

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
ABCD Workshops	13,695	-	13,695	-
	13,695	-	13,695	-

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2025

4. CHARITABLE EXPENDITURE

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
By cost type				
Grants to charitable projects	-	858,657	858,657	488,456
Support and administration costs:				
Staff costs	-	235,586	235,586	136,566
Staff expenses	-	2,137	2,137	3,443
HR Support	-	-	-	1,350
Governance costs (Note 5)	16,853	1,412	18,265	5,470
	<u>16,853</u>	<u>1,097,792</u>	<u>1,114,645</u>	<u>635,285</u>

Grants were made to charities, community groups and clubs to support projects across Essex

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
By activity				
Sports and Youth Crime Prevention	-	171,169	171,169	302,182
Sports and Lifeskills	-	181,703	181,703	73,001
Holiday Activity & Food Programme	-	320,612	320,612	146,195
Engagement and participation	-	35,257	35,257	-
Sport and Mental Health	-	329,314	329,314	23,043
Development & Capacity	-	59,737	59,737	84,044
Other projects	16,853	-	16,853	6,820
	<u>16,853</u>	<u>1,097,792</u>	<u>1,114,645</u>	<u>635,285</u>

5. GOVERNANCE COSTS

	Total Funds 2025 £	Total Funds 2024 £
Accounts and audit/independent examination	15,600	4,608
Payroll services	1,134	827
Fees payable to auditor/independent examiner	16,734	5,435
Other fees	1,531	35
	<u>18,265</u>	<u>5,470</u>

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2025

6. STAFF COSTS AND EMOLUMENTS

	Total Funds 2025	Total Funds 2024
	£	£
Total staff costs were as follows:		
Wages & salaries	213,439	125,171
Social security	17,930	8,624
Pension Costs	4,217	2,771
	<u>235,586</u>	<u>136,566</u>

Particulars of employees:

The average number of employees during the year was:	5	3
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No employee received remuneration of more than £60,000 during the period.

7. TRUSTEES' REMUNERATION

No trustees received remuneration during the year (2024 - nil).

No expenses were reimbursed to Trustees during the year (2024 - nil).

8. DEBTORS

	Total Funds 2025	Total Funds 2024
	£	£
Grants receivable	337,546	571,446
	<u>337,546</u>	<u>571,446</u>

Grants receivable include £nil due after more than one year (2024 - £165,643).

9. CREDITORS: Amounts falling due within one year

	Total Funds 2025	Total Funds 2024
	£	£
Grants payable	21,120	-
Trade creditors	766	-
Accruals	15,000	3,900
Taxation and social security	7,190	5,137
Deferred income	174,839	381,286
	<u>218,915</u>	<u>390,323</u>

Deferred income relates to income that the donor has specified be used in future accounting periods.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS (continued)

YEAR ENDED 31 MARCH 2025

10. FUNDS

Current year	Balance at 1 Apr 2024 £	Incoming £	Outgoing £	Transfer £	Balance at 31 Mar 2025 £
Unrestricted					
General funds	27,375	31,862	(16,853)	-	42,384
Restricted					
1) Sport and Youth Crime Prevention	165,587	111,867	(171,169)	-	106,285
2) Sports and Lifeskills	122,186	230,513	(181,703)	-	170,996
3) Holiday Activity & Food programme	160,926	436,894	(320,612)	-	277,208
4) Engagement and Participation	8,064	33,500	(35,257)	-	6,307
5) Sports and Mental Health	217,600	429,377	(329,314)	-	317,663
6) Development & Capacity	29,059	50,000	(59,737)	-	19,322
Total restricted	703,422	1,292,151	(1,097,792)	-	897,781
Total Funds	730,797	1,324,013	(1,114,645)	-	940,165

Prior year	Balance at 1 Apr 2023 £	Incoming £	Outgoing £	Transfer £	Balance at 31 Mar 2024 £
Unrestricted					
General funds	24,151	10,516	(6,820)	(472)	27,375
Restricted					
1) Sport and Youth Crime Prevention	351,897	115,400	(302,182)	472	165,587
2) Sports and Lifeskills	37,000	158,187	(73,001)	-	122,186
3) Holiday Activity & Food programme	142,121	165,000	(146,195)	-	160,926
4) Engagement and Participation	8,064	-	-	-	8,064
5) Sports and Mental Health	-	240,643	(23,043)	-	217,600
6) Development & Capacity	15,603	97,500	(84,044)	-	29,059
Total restricted	554,685	776,730	(628,465)	472	703,422
Total Funds	578,836	787,246	(635,285)	-	730,797

Fund description

- 1) Engage vulnerable young people/young offenders to divert them away from criminal behaviour through sports, majority funded by The Lottery Community Fund and Sport England.
- 2) Offering young people the opportunity to develop life skills in through and alongside engagement in sport and physical activities.
- 3) Provide Holiday Activity and Food Clubs funding to support young people and clubs during the school holidays partially funded by the Department for Education.
- 4) Provide support and engagement in sports activities for individuals/supports from disadvantaged backgrounds through the development of youth clubs.
- 5) Provide youth/sports clubs to support the mental health of young people, majority funded by The Lottery Community Fund and Sport England.
- 6) Development & Capacity funding to support Charity Objectives partially funded London Marathon Foundation and Sport England.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2025

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds £	Restricted funds £	Total funds at 31 Mar 2025 £
Current assets	57,750	1,101,330	1,159,080
Current liabilities	(15,366)	(203,549)	(218,915)
Total net assets	42,384	897,781	940,165

	Unrestricted funds £	Restricted funds £	Total funds at 31 Mar 2024 £
Current assets	31,983	1,089,137	1,121,120
Current liabilities	(4,608)	(385,715)	(390,323)
Total net assets	27,375	703,422	730,797

12. RELATED PARTIES TRANSACTIONS

There were no related party transactions during the year.

Accounts

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2024

Registered Charity Number 1166665



EDMUND CARR LLP
Chartered Accountants
146 New London Road
Chelmsford
Essex
CM2 0AW

ACTIVE ESSEX FOUNDATION

YEAR ENDED 31 MARCH 2024

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ACTIVE ESSEX FOUNDATION

CHARITY INFORMATION

AS AT 31 MARCH 2024

The Trustees have the pleasure in presenting their report and financial statements of the Charity for the year ended 31st March 2024.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name Active Essex Foundation

Charity Number 1166665

Address Active Essex Foundation
146 New London Road
Chelmsford
CM2 0AW

Trustees Jenni Tomblin
Robert Hayne
Jason Fergus
Ray Gooding
Robert McLintock
Katie Heron
Leigh Norris

Independent Examiner Sandra Morrell FCCA
Edmund Carr LLP
146 New London Road
Chelmsford
Essex CM2 0AW

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

The objects of the charity are the promotion of community participation in healthy recreation across Greater Essex by:

- (1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- (2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- (3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services; and
- (4) The improvement and preservation of good health and well-being through participation in healthy recreation.

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit.

Working with Trustees and key stakeholders, we were able to develop a theory of change that identified the key outcomes we are looking to achieve through all of our work. They include:

- Improve health and wellbeing
- Reduce crime
- Improve education and employment
- Strengthen communities to be more cohesive and resilient

In order to achieve our key outcomes, we have identified five strategic priorities:

1. Use sport and physical activity to prevent youth crime and violence
2. Tackling holiday inactivity and food poverty
3. Build the capacity of locally trusted organisations
4. Supporting young people and children's mental health through sport and physical activity
5. Level up participation in the popular activities of cycling, walking and running

Grants are awarded to local organisations that are able to deliver projects which meet the charity's aims. Grant applications are considered by project lead teams and reviewed against project outcomes and aims. All grants are subject to grant agreements between the charity and the recipient.

Volunteers support project delivery in localities across Essex such as young leaders and session support.

ACHIEVEMENTS AND PERFORMANCE

Throughout the financial year of 2023-24, the Active Essex Foundation has continued to grow and further develop our work, reach and support for young people most in need. We have a growing network of locally trusted organisations (LTOs) that we work with across Essex and our reputation for delivering impactful projects is fast becoming established.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

As the cost of living crisis continues to effect the health and wellbeing of young people in Essex, this year the Active Essex Foundation prioritised its physical activity programmes to reach those most in need. By connecting young people and their families to physical activity opportunities such as our Lottery-funded Youth Crime and Violence project, we have seen young people develop the confidence to navigate towards a more positive future. It's been a successful year for the team who care passionately about improving lives in Essex and, as Trustees, we are committed to ensuring these opportunities continue for the long-term.

We have continued to significantly increase the income to the Foundation, which will continue into the next three financial years. We have been successful with a number of new funding applications, including smaller localised funding pots such as Safer Streets, Sport England Small Grants and more recently the PFCC Community Safety Development Fund as well as large funders in the National Lottery where we have secured £496,929 towards our new Sports and Youth Mental Health project for the next 3 years.

We have continued to grow the Sport and Youth Crime Prevention network of LTOs across Essex, Southend and Thurrock, with a focus on scaling up the support, capacity building and up-skilling of these LTOs. LTOs are groups that use sport and physical activity in order to engage and support young people who are involved in, or at risk of becoming involved in the criminal justice system. It was our aim when we started the programme to support around 10 key organisations, over this financial year this has grown to over 80 organisations working with us to use sport and physical activity to support young people most in need.

We have also been strengthening our relationships with Youth Justice System partners. Through these relationships 3 targeted intervention programmes have been funded. These programmes include Girls Inspired (formerly Girls with Goals), BoxSmart on The Ropes and Sports and Lifeskills. Funding from the Youth Justice Service (formerly Youth Offending Service), Essex Violence and Vulnerability Unit, Probation Services, Thurrock Youth Justice Service and Colchester City Council has enabled us to pilot 3 embedded roles and develop a central system where young people can be referred and supported into positive LTO activities.

We are also working closely with our partners Active Essex (the Active Partnership for Greater Essex) and 16 LTOs who specialise in using sport and physical activity to support positive mental health in young people across Essex, in order to co-design and develop a Sport and Youth Mental Health Programme. We were successful in securing funding from the National Lottery Community Fund and Essex Local Delivery Pilot, which has enabled us to recruit a project lead and project coordinator who were in place by 30 March 2024. This project is supported by national partners Street Games, Believe Perform and The Centre for Mental Health over the next 3 years. We will replicate the Sport and Youth Crime Prevention programme with a mental health focus. The project was also successful in securing £50,000 from Startwell to focus on the development of 12 week projects working in the North of Essex, which we hope to replicate in other areas as the project progresses.

Following the success and popularity of Asset Based Community Development (ABCD) with Essex partners, in partnership with Active Essex, we have trained 12 guides and 12 stewards to continue the development of ABCD across the Essex ecosystem. Through this network we have developed introductory full and half day workshops that partners can purchase from the foundation to support their professional development and understanding of a strengths based approach. As at 31 March 2024, 4 internal workshops had been held with 1 partner purchasing a workshop at £1,500.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

ACHEVEMENTS AGAINST STRATEGIC PRIORITIES

1. Use sport and physical activity to prevent youth crime and violence

Sport and Youth Crime Prevention project: We have been successful in securing significant investment over three years to:

- Be the leading organisation around sport and youth crime prevention in Essex
- employ two full time members of staff
- Be in a position to work more closely with the criminal justice system

This work brings three important systems together across Essex: Youth Justice, Community Sector, Sport and Physical Activity - through shared purpose, co-production and shared desire to positively change the lives of vulnerable young people. This will mean more organisations using sport to engage and support young people, more young people engaging in sport and physical activity regularly, more funding for sport from across the system.

Over the past 12 months we have increased our Sport and Youth Crime Prevention network of LTOs to over 80, providing support, training and resources for their staff and volunteers. In turn this enables the LTOs to provide high quality support for young people through sport and physical activity and have the understanding and tools to produce monitoring and evaluation that evidence the positive impact that this work is having in their local communities.

This year has also seen the Foundation secure funding from criminal justice partners for 3 specialist embedded roles, linking and hand holding young people involved in the youth justice system, to sports and physical activity opportunities delivered by our LTOs.

Over the past 12 months this project has:

- Supported 4,136 young people who are at risk or involved in the youth justice system.
- 7,335 specialist secondary HAF spaces filled across the main holidays and half-terms
- 450 young people were supported through our intensive programmes,
- 6,000+ young people have engaged regularly in programmes supported by our LTO network
- Supported over 425 coaches and volunteers with bespoke training
- Leveraged £164,900 directly into the Sport and Youth Crime Prevention project
- Leveraged in £387,000 direct to our LTOs for the delivery of sport and physical activity interventions
- Supported 80 LTOs

Sport and Life-skills project:

As part of this project we have worked in partnership with a number of LTOs across the county in order to develop a programme that works in partnership with Essex Youth Justice Services (YJS), ECC Involvement Service, Probation Services, Reroute and gives young people the support and opportunity to engage in a range of sport and physical activities, alongside our 'plus' offer, including life skills such as living independently, shopping on a budget, CV writing and interview skills.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

Over the past 12 months we have engaged and supported over **450 young people** through the programme and have had a successful **attendance rate of 80%, with 56% attending between 1 and 8 sessions and 62% of young people increasing their engagement within sessions** which is a real achievement given that the programme is voluntary.

We have recently been successful in securing a further funding in order to continue this project for young people involved in the Youth Justice System including through the Essex Turnaround programme and Thurrock Turnaround with continuation into 2024-25.

We are working closely with the partner teams in order to secure long term funding to ensure that every young person has the opportunity to take part in the Sports and Life Skills programme as an exit route to their time with the youth justice system.

Following the success of our Sports Navigator, Reroute (a voluntary programme that aims to work with young adults aged 17-25 at the 'teachable' moment following arrest for one of four trigger offences including young people and young adults who have been arrested in possession of a knife) have taken on additional staff who will be trained by our team and inducted into the Sports and Lifeskills project as a way to engage young people known to their team. This has demonstrated a long term system change and moving sport and physical activity into business as usual.

In the 2023 – 2024 financial year our Sports and Lifeskills programme offered more than sport and physical activity. Young people engaged in the project through:

- 56 young people volunteered for LTOs with 934 hours recorded
- 290 young people received mentoring from LTOs with 2,018 hours recorded
- 210 young people undertook a form of training, qualification or work experience

2. Tackling holiday inactivity and food poverty

Holiday activity and food programme: We have continued working in partnership with Essex County Council and Active Essex (Active Partnership) to influence the delivery of the Essex ActivAte holiday activity and food programme throughout 2023 and into 2024. We also ensured that our network of LTOs were able to support the programme as delivery partners and receive direct funding.

We again applied to lead the work around engaging at risk and vulnerable secondary aged young people and we were successful in this application. We worked with LTOs who are involved in the Sport and Youth Crime Prevention programme to deliver HAF clubs during the Easter, Summer and Winter 2023 school holidays as well as the smaller May, October and February half terms. We also received funding from the HAF programme to lead the capacity building work of our LTOs to ensure they had the knowledge, training and resources to be able to deliver this programme.

In 2023 our specialist HAF programme was able to deliver the following outcomes;

- 7,335 free spaces provided in targeted secondary interventions across the holiday period
- 242 sport and physical activity sessions provided free of charge
- 33 of our LTOs delivering as part of the Essex ActivAte HAF programme and receiving funding to do so

We are pleased to have just been awarded a further large grant for the 2024 programme.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

3. Build the capacity of locally trusted organisations

Through the Sport and Youth Crime Prevention programme we have provided a range of training, workshops and qualifications to our network of LTOs to ensure that they have the knowledge, expertise and resources to develop their work and bring in additional funding. Training provided includes;

- 10 principles of youth crime prevention
- Managing challenging behaviours
- Level 1 developing activities for youth at risk
- Developing resilient and active young people
- Practitioner Mentoring
- Adverse Childhood Experiences
- Theory of Change
- Fundraising
- Trauma Informed approach
- Knife crime injuries
- Gangs and youth violence training
- Level 1 Sports activators

In addition to the training we have provided support in partnership with Street Games support, guidance and advice including:

- help to build connections and partnerships
- tailored advice
- advocacy
- fundraising
- workforce and volunteer training
- research and evaluation
- opportunities to network and share learning
- the dissemination of insight
- new ideas and innovation.

425 representatives from LTOs engaged in the training offer through the Sport and Youth Crime Prevention programme.

LTOs and youth justice system partners were supported in 2023-2024 to connect and collaborate through the provision of 5 networking opportunities including the large scale 'Power of Sport' conference that was supported by the Police, Fire and Crime Commissioner, The Head of Youth Policy Unit for the Ministry of Justice, members of the Violence and Vulnerability Unit, senior Police, Fire, Probation and Youth Offending Service and Fatima Whitbread MBE. In 2024-25 we aim to replicate the networking events and have confirmed a second Power of Sport conference for 2024.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2024

4. Supporting young people and children's mental health through sport and physical activity

Sport and Youth Mental Health: In November 2023 we were successful in securing 3 years of funding from The National Lottery Community Fund and Essex Local Delivery Pilot with the aim of supporting LTOs in delivering Sport and Physical Activity, plus mental health support, to children and young people in Southend, Essex and Thurrock. The project will initially work with 16 LTOs with the aim of building their capacity, upskilling and training staff to work with young people experiencing mental health challenges.

The project will focus on engaging 2,000 children and young people aged 5-18 years old. With the support of LTOs the project will have:

- Delivery co-designed with children/young people ensuring a strong socialising element to all planned activities to ensure sharing through talking and friendships
- Committed to working with parents, grandparents, and carers to provide ongoing education and support
- A bespoke identification process to sensitively identify which children/young people to engage
- Ongoing collaboration with key local partners (e.g., schools, youth services, MIND, EWMHS, CAMHS, Children's Society, Kids Inspire, Social Prescribing link workers and with the Youth Offending Services via our Sport and Youth Crime prevention project)
- Offer a broad range of activities including multiple sports and activities, arts and crafts, music, cooking, that embraces the ethos of good practice of right time, right place, right style, no/low cost.

In March 2024 the project lead and project coordinator were in post to begin the delivery of the project and agreements with Believe Perform and Centre for Mental Health had been established.

FINANCIAL REVIEW

The charity's total income for the year ended 31st March 2024 was £787,246, of which £776,730 was restricted funding awarded by funders for specific purposes, including projects in the 2024-25 financial year. Our total expenditure in 2023-24 was £635,285 resulting in a net surplus in the year of £151,961, of which £148,737 related to restricted funds and £3,224 to unrestricted funds.

Reserves Policy

As at 31 March 2024 the charity's reserves totalled £730,797, of which £703,422 were restricted funds, and £27,375 were unrestricted funds. The charity has five employees all of whom are currently on fixed term contracts funded through restricted funds. Trustees annually review the reserves policy to ensure that reserves are adequate to fulfill our continuing obligations. This year, given the recent and anticipated growth in the charity's activities, the Trustees concluded that the previous reserves policy of maintaining a minimum of £10,000 of unrestricted funds was no longer sufficient and have agreed a target for free reserves of £55,000.

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT (continued)
YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a CIO registered number 1166665.

Trustees are recruited according to their skills and appointed by the Members of the CIO.

The Board of Trustees consists of the Chair and seven other Trustees with expertise in matters including fundraising, business development, communication and marketing, health and wellbeing, local authorities, and Active Partnerships. Trustees are recruited according to their skills and appointed by the existing members of the Board. They are inducted via online training courses, including safeguarding for charity Trustees, and complete a skills matrix and declaration regarding conflict of interests.

Decisions affecting business are made at quarterly Trustees meetings after consideration of papers and presentations. Project Management teams work to project and budget management plans and report to the Board. The charity's Development Officer is responsible for compliance, governance, and reporting.

HR Support

Given the growth of the organisation the Trustees have agreed to continue working with The Performance Group Limited (HR Essentials) in supporting us with the development of recruitment, contracts, staff handbooks and all policies and procedures related to employing staff.

Risk review

The Trustees confirm that major risks have been reviewed and systems and procedures have been established to manage those risks. Risks are reviewed regularly and recorded in a risk register along with mitigating actions. Financial processes and controls in place for expenditure include grant agreements with LTOs, budget trackers, verification processes and dual authorisation for funding release. New policies and procedures are developed as required by charitable activities.

Approved by the Trustees on 2 November 2024 and signed on their behalf by:

R McLintock
.....

Robert McLintock

Chair of Trustees

ACTIVE ESSEX FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31 MARCH 2024

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2024 which are set out on pages 10 to 20.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Sandra Morrell

.....
Sandra Morrell FCCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

13 November 2024

ACTIVE ESSEX FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
YEAR ENDED 31 MARCH 2024

		Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
	Note				
INCOME from:					
Donations and legacies	2	7,516	776,730	784,246	250,795
Other income		3,000	-	3,000	1,050
TOTAL INCOME		<u>10,516</u>	<u>776,730</u>	<u>787,246</u>	<u>251,845</u>
EXPENDITURE on:					
Charitable activities	3	6,820	628,465	635,285	396,582
TOTAL EXPENDITURE		<u>6,820</u>	<u>628,465</u>	<u>635,285</u>	<u>396,582</u>
NET INCOME/(EXPENDITURE)/		3,696	148,265	151,961	(144,737)
Transfers between funds		(472)	472	-	-
NET MOVEMENT IN FUNDS		<u>3,224</u>	<u>148,737</u>	<u>151,961</u>	<u>(144,737)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		24,151	554,685	578,836	723,573
Total funds carried forward		<u>27,375</u>	<u>703,422</u>	<u>730,797</u>	<u>578,836</u>

The notes on pages 13 to 20 form part of these financial statements.

ACTIVE ESSEX FOUNDATION
BALANCE SHEET
At 31st March 2024

		2024		2023	
	Note	£	£	£	£
CURRENT ASSETS					
Debtors	7	571,446		269,522	
Cash at bank		549,674		319,556	
		<u>1,121,120</u>		<u>589,078</u>	
CREDITORS: Amounts falling due within one year	8	<u>(390,323)</u>		<u>(10,242)</u>	
NET CURRENT ASSETS			730,797		578,836
NET ASSETS			<u>730,797</u>		<u>578,836</u>
FUNDS OF THE CHARITY					
Restricted	9		703,422		554,685
Unrestricted			27,375		24,151
TOTAL CHARITY FUNDS			<u>730,797</u>		<u>578,836</u>

These financial statements were approved by the Trustees on 2 November 2024 and signed on their behalf by:

R McLintock

Robert McLintock
 Trustee

The notes on pages 13 to 20 form part of these financial statements.

ACTIVE ESSEX FOUNDATION**CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2024**

	Note	2024 £	2023 £
Cash flows from operating activities			
Net movement in funds		151,961	(144,737)
Working capital adjustments			
Decrease/(increase) in debtors	7	(301,924)	135,273
Increase/(decrease) in creditors	8	380,081	8,423
Net cash flows from operating activities		<u>230,118</u>	<u>(1,041)</u>
Cash flows from investing activities			
Net increase/(decrease) in cash and cash equivalents		230,118	(1,041)
Cash and cash equivalents at 1 April		319,556	320,597
Cash and cash equivalents at 31 March		<u><u>549,674</u></u>	<u><u>319,556</u></u>
Reconciliation of net cash flow to movement in net funds			
Increase in cash		230,118	(1,041)
Net funds at 1 January		319,556	320,597
Net funds at 31 December		<u><u>549,674</u></u>	<u><u>319,556</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 13 to 20 form part of these financial statements.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of accounting

The accounts (financial statements) have been prepared in accordance with the statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Active Essex Foundation is a registered charity and meets the definition of a public benefit entity under FRS 102.

Accounts for the prior year were prepared on a receipts and payments basis. Prior year figures have been restated on an accruals basis.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Incoming Resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

The charity receives government grants to support its charitable activities. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Resources Expended

All expenditure is accounted for on an accruals basis and includes VAT as the charity is not VAT registered. The majority of costs are attributable to specific charitable activities. Governance costs are associated with the governance arrangements of the charity.

Debtors and creditors

Trade and other debtors are recognised at the settlement amount due. Creditors are recognised at their settlement amount.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES (continued)

Fund accounting

Funds held by the charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated funds – these are funds set aside by the trustees out of unrestricted funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity.

Taxation

As the Association is a charity, it is exempt from taxation - other than VAT, which is included in the relevant costs in the Statement of Financial Activities - to the extent that any income and gains are applied to its charitable objectives.

2. DONATIONS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Government funded grants	-	411,687	411,687	135,600
Other grants	-	365,043	365,043	115,000
Total grants	-	776,730	776,730	250,600
Donations	7,516	-	7,516	195
	<u>7,516</u>	<u>776,730</u>	<u>784,246</u>	<u>250,795</u>

ACTIVE ESSEX FOUNDATION**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2024**

3. CHARITABLE EXPENDITURE

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £	Total Funds 2023 £
Grants to charitable projects	-	488,456	488,456	303,957
Support and administration costs:				
Staff costs	-	136,566	136,566	80,975
Staff expenses	-	3,443	3,443	6,542
HR Support	1,350	-	1,350	1,350
Governance costs (Note 4)	5,470	-	5,470	3,758
	<u>6,820</u>	<u>628,465</u>	<u>635,285</u>	<u>396,582</u>

Grants were made to charities, community groups and clubs to support projects across Essex

4. GOVERNANCE COSTS

	Total Funds 2024 £	Total Funds 2023 £
Accounts and independent examination	4,608	3,000
Payroll services	827	708
Fees payable to independent examiner	5,435	3,708
Other fees	35	50
	<u>5,470</u>	<u>3,758</u>

ACTIVE ESSEX FOUNDATION**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2024**

5. STAFF COSTS AND EMOLUMENTS

	Total Funds	Total Funds
	2024	2023
	£	£
Total staff costs were as follows:		
Wages & salaries	125,171	75,708
Social security	8,624	3,445
Pension Costs	2,771	1,822
	<u>136,566</u>	<u>80,975</u>

Particulars of employees:

The average number of employees during the year was: 3 2

No employee received remuneration of more than £60,000 during the period.

6. TRUSTEES' REMUNERATION

No trustees received remuneration during the year (2023 - nil).

No expenses were reimbursed to Trustees during the year (2023 - nil).

7. DEBTORS

	Total Funds	Total Funds
	2024	2023
	£	£
Grants receivable	571,446	269,522
	<u>571,446</u>	<u>269,522</u>

Grants receivable include £165,643 due after more than one year (2023 - £99,449).

8. CREDITORS: Amounts falling due within one year

	Total Funds	Total Funds
	2024	2023
	£	£
Grants payable	-	2,200
Accruals	3,900	3,000
Taxation and social security	5,137	5,042
Deferred income	381,286	-
	<u>390,323</u>	<u>10,242</u>

Deferred income relates to income that the donor has specified be used in future accounting periods.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

9. RESTRICTED FUNDS - Current Year

	Balance at 01-Apr-23 £	Incoming £	Outgoing £	Transfer	Balance at 31-Mar-24 £
1) Coronavirus Community Support Fund	(472)	-	-	472	-
2) Children in Need	1,900	-	-	-	1,900
3) Kick Off at 3 Project	11,545	-	(5,880)	-	5,665
4) Canvey Island Youth Project	2,000	-	(2,000)	-	-
5) Charles French Charitable Trust	500	-	-	-	500
6) Awards for All	9,390	-	-	-	9,390
7) Satellite club funding	8,064	-	-	-	8,064
8) Sport and Youth Crime Prevention	135,936	-	(32,657)	-	103,279
9) Holiday Activity & Food programme	142,121	165,000	(146,195)	-	160,926
10) National Lottery: V&V project	189,398	-	(183,995)	-	5,403
11) Colchester Borough Homes (BS)	1,860	600	(560)	-	1,900
12) Colchester CSP grant	1,900	6,000	-	-	7,900
13) Colchester Borough Council (SS)	21,450	-	(13,388)	-	8,062
14) London Marathon	15,603	97,500	(84,044)	-	29,059
15) AE/ SE Together Fund	3,490	-	(2,424)	-	1,066
16) PCC for Essex	10,000	93,500	(69,945)	-	33,555
17) Colchester City Council Inequalities	-	18,250	(6,380)	-	11,870
18) Colchester City Council Safer Streets	-	14,737	(14,737)	-	-
19) Sport England Small Grants	-	12,900	-	-	12,900
20) DP World Thurrock Small Grants	-	30,000	-	-	30,000
21) Essex YOS - Sports & Lifeskills	-	45,000	(22,991)	-	22,009
22) LDP Sport and Youth Mental Health	-	25,000	-	-	25,000
23) National Lottery Sport and Youth Mental Health	-	165,643	(14,029)	-	151,614
24) Startwell	-	50,000	(9,014)	-	40,986
25) Thurrock Youth Offending Services	-	15,000	(2,300)	-	12,700
26) NACRO	-	9,000	(5,280)	-	3,720
27) Probation Services	-	10,000	(10,000)	-	-
28) Active Essex - Sports Navigator	-	18,600	(2,645)	-	15,955
	554,685	776,730	(628,465)	472	703,422

- 1) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- 2) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- 3) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

9. RESTRICTED FUNDS - Current Year (continued)

- 4) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
 - 5) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
 - 6) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.
 - 7) Funding from Active Essex to support satellite clubs.
 - 8) Funding from Essex Local Delivery Pilot (via ECC) to engage vulnerable young people in to sport to divert them away from criminal behaviour.
 - 9) Grants from Essex County Council for Essex Activate Holiday Activity and Food Clubs to build capacity and support Clubs.
 - 10) Violence & Vulnerability project funded by the Lottery Community Fund: a three year grant to cover expenditure in financial years ending March 2023- 2025.
 - 11) Funding contribution from Colchester Borough Council towards BoxSmart project.
 - 12) Funding towards Sports and Lifeskills project with Tertiary Cohort.
 - 13) Colchester Borough Council funding contribution to Girls Inspired and Sports Connector.
 - 14) London Marathon - core costs and capacity building of AEF and Locally Trusted Organisations.
 - 15) AE/ SE Together Fund - 24 week after school provision to Ninja Warrior.
 - 16) PCC for Essex - secondary intervention work support.
 - 17) Colchester City Council Inequalities Fund for the provision of BoxSmart programmes in Colchester.
 - 18) Colchester City Council Safer Streets -To support the provision of 5 Girls Inspired programmes in Colchester.
 - 19) Sport England Small Grants.
 - 20) DP World Thurrock Small Grants provision of small grants for AEF to manage and deliver referral based programmes in Thurrock.
 - 21) Essex Youth Offending Services - Sports and Lifeskills & Turnaround.
 - 22) LDP Sport and Youth Mental Health: year one of a three year grant to cover expenditure in financial years ending 2024-2026.
 - 23) The National Lottery Community Fund - Partnerships London South East Region. Year one of a three year grant totalling £496,929 awarded to fund Essex Youth Sport and Mental Health.
 - 24) Startwell funded by Tendring CVS to support Mental Health programmes over 2 calendar years (2024/2025) and 3 financial years ending 2024 to 2026.
 - 25) Thurrock Youth Offending Services.
 - 26) NACRO funded by NEST to deliver a closed BoxSmart Programme.
 - 27) Probation Services - Contribution to the Sports and Lifeskills programme.
 - 28) Active Essex - contribution to Sports Navigator.
-

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

9. RESTRICTED FUNDS - Prior year

	Balance at 01-Apr-22 £	Incoming £	Outgoing £	Balance at 31-Mar-23 £
1) Coronavirus Community Support Fund	7,795	-	(8,267)	(472)
2) Children in Need	1,900	-	-	1,900
3) Kick Off at 3	11,545	-	-	11,545
4) Canvey Island Youth	2,000	-	-	2,000
5) Charles French Charitable Trust	500	-	-	500
6) Awards for All	9,390	-	-	9,390
7) Thurrock CVS	2,000	-	(2,000)	-
8) Sport and Life-skills	18,564	-	(10,500)	8,064
9) Colchester Catalyst Charity	2,000	-	(2,000)	-
10) Tackling inequalities	7,350	-	(7,350)	-
11) Sport and Youth Crime Prevention	144,436	-	(8,500)	135,936
12) Holiday Activity & Food programme	180,000	70,000	(107,879)	142,121
13) National Lottery: V&V project	308,079	-	(118,681)	189,398
14) Colchester Borough Homes (BS)	-	4,860	(3,000)	1,860
15) Colchester CSP grant	-	12,000	(10,100)	1,900
16) Colchester Borough Council (SS)	-	30,800	(9,350)	21,450
17) London Marathon	-	115,000	(99,397)	15,603
18) AE/ SE Together Fund	-	7,940	(4,450)	3,490
19) PCC for Essex	-	10,000	-	10,000
	695,559	250,600	(391,474)	554,685

- 1) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- 2) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- 3) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.
- 4) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
- 5) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
- 6) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.
- 7) Funding to provide opportunities for young people to take part in activities and receive food which supports both mental health and physical wellbeing.
- 8) Funding from Active Essex to support satellite clubs.
- 9) Colchester Catalyst providing funding for Tendring physical/ mental wellbeing projects for families.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

RESTRICTED FUNDS - Prior year (continued)

- 10) Funding from Active Essex to provide basic physical activity equipment to families alongside food packages.
- 11) Funding from Essex Country Council to engage vulnerable young people in sport to divert them away from criminal behaviour.
- 12) Grants from Essex County Council for Essex Activate Holiday Activity and Food Clubs to build capacity (£45k) and support Clubs through Easter, Summer and Winter 2022 (£135k).
- 13) Violence & Vulnerability project funded by the Lottery Community Fund: a three year grant to cover to cover expenditure in financial years ending March 2023- 2025.
- 14) Funding contribution from Colchester Borough Council towards BoxSmart project.
- 15) Funding towards Sports and Lifeskills project with Tertiary Cohort.
- 16) Colchester Borough Council funding contribution to Girls with Goals and Sports Connector.
- 17) London Marathon - core costs and capacity building of AEF and Locally Trusted Organisations.
- 18) AE/ SE Together Fund - 24 week after school provision to Ninja Warrior.
- 19) PCC for Essex - secondary intervention work support.

10. RELATED PARTIES TRANSACTIONS

There were no related party transactions during the year.

ACTIVE ESSEX FOUNDATION
MANAGEMENT INFORMATION
YEAR ENDED 31 MARCH 2024

This information does not form part of the statutory accounts

ACTIVE ESSEX FOUNDATION
INCOME AND EXPENDITURE
YEAR ENDED 31 MARCH 2024

	2024		2023	
	£	£	£	£
Income				
Grants	776,730		250,600	
Donations	6,000		-	
Just Giving	1,516		195	
Grants and donations		784,246		250,795
Other Income	3,000		1,050	
Other Income		3,000		1,050
Total Income		<u>787,246</u>		<u>251,845</u>
Expenditure				
Grants and direct support		488,456		303,957
Salaries, wages and NI	133,795		79,153	
Employer pension costs	2,771		1,822	
Staff expenses	3,443		6,542	
Insurance	-		-	
HR Support	1,350		1,350	
Support costs		141,359		88,867
Audit & Accountancy fees	4,608		3,000	
Payroll fees	827		708	
Regulator Fees	35		50	
Governance costs		5,470		3,758
Total expenditure		<u>635,285</u>		<u>396,582</u>
Net income/(expenditure)		<u>151,961</u>		<u>(144,737)</u>

Accounts

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st MARCH 2023

Registered Charity Number 1166665



EDMUND CARR LLP
Chartered Accountants
146 New London Road
Chelmsford
Essex
CM2 0AW

ACTIVE ESSEX FOUNDATION

YEAR ENDED 31 MARCH 2023

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ACTIVE ESSEX FOUNDATION

CHARITY INFORMATION

AS AT 31 MARCH 2023

The Trustees have the pleasure in presenting their report and financial statements of the Charity for the year ended 31st March 2023.

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name	Active Essex Foundation	
Charity Number	1166665	
Address	Active Essex Foundation County Hall 19 Market Road Chelmsford Essex CM1 1GG	
Trustees	Robert McLintock	Chair (from 20 July 2023)
	Jenni Tomblin	Chair (to 20 July 2023)
	Robert Hayne	
	Jason Fergus	
	Ray Gooding	
	Katie Heron	(appointed July 2022)
	Leigh Norris	(appointed July 2022)
Independent Examiner	Ray Crace FCA Edmund Carr LLP 146 New London Road Chelmsford Essex CM2 0AW	

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES

The objects of the charity are the promotion of community participation in healthy recreation across Greater Essex by:

- (1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- (2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- (3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services; and
- (4) The improvement and preservation of good health and well-being through participation in healthy recreation.

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit.

Working with Trustees and key stakeholders were able to develop a theory of change that identified the key outcomes we are looking to achieve through all of our work. They include:

- Improve health and wellbeing
- Reduce crime
- Improve education and employment
- Strengthen communities to be more cohesive and resilient

In order to achieve our key outcomes, we have identified five strategic priorities:

1. Use sport and physical activity to prevent youth crime and violence
2. Tackling holiday inactivity and food poverty
3. Build the capacity of locally trusted organisations
4. Supporting young people and children's mental health through sport and physical activity
5. Level up participation in the popular activities of cycling, walking and running

ACHIEVEMENTS AND PERFORMANCE

Throughout the financial year of 2022-23 The Active Essex Foundation has continued to grow and further develop our work, reach and support for young people most in need. We have a growing network of locally trusted organisations (LTOs) that we work with across Essex and our reputation for delivering impactful projects is fast becoming established.

As the cost of living crisis continues to effect the health and wellbeing of young people in Essex, this year the Active Essex Foundation prioritised its physical activity programmes to reach those most in need. By connecting young people and their families to physical activity opportunities such as our Lottery-funded Youth Crime and Violence project, we have seen young people develop the confidence to navigate towards a more positive future. It's been a successful year for the team who care passionately about improving lives in Essex and as Trustees, we are committed to ensuring these opportunities continue for the long-term.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2023

We have continued to significantly increase the income to the Foundation, which will continue into the next three financial years. During the growth of the Foundation, it has seen its successful bid writing develop from small grant organisations to larger funders such as the National Lottery, Children in Need, and more recently we have been able to support our LTOs secure over £100,000 from the ministry of Justice.

Following on from the success of our National Lottery Community Fund and Essex Local Delivery Pilot's for our 3 year Sport and Youth Crime Prevention programme we were pleased to employ 2 full time members of staff to lead and develop the programme. This was a milestone for the Foundation because it enabled the employment of our first two full time team members. This includes a Project Manager and a Project Coordinator. Both were in post by May 2022.

This funding has helped to scale up the support, capacity building and up-skilling of a number of LTOs. LTOs are groups that use sport and physical activity in order to engage and support young people who are involved in, or at risk of becoming involved in the criminal justice system. It was our aim when we started the programme to support around 10 key organisations, over this financial year this has grown to over 40 organisations working with us to use sport and physical activity to support young people most in need.

This project has also helped to build our working relationship with the Essex Violence and Vulnerability Unit and the Youth Offending Service and we have been pleased to secure funding from both organisations, adding value to our sport and youth crime prevention programme.

We continue to work in partnership with LTOs across Essex Southend and Thurrock, with a particular focus on the most deprived and marginalised communities.

As part of the Ride London Essex event taking place in Essex, we were pleased to be able to secure funding for a full time Sport for Development Officer. This role will support the development and sustainability of the Foundation, delivery projects and ensure that we have robust governance, project plans, fundraising strategies and a robust business plan. This post will start in May 2023 and we are pleased to have interviewed and appointed an experienced and passionate Sport for Development Officer.

We are also working closely with our partners Active Essex and 16 LTOs who specialise in using sport and physical activity to support positive mental health in young people across Essex. We have developed a 3 year project plan in partnership with our LTOs and also National Partners Street Games and Believe Platform and if successful in securing funding we will lead a Sport and Youth Mental Health programme that replicates the Sport and Youth Crime Prevention programme and we will employ a further 2 full time members of staff leading on this work.

ACHEVEMENTS AGAINST STRATEGIC PRIORITIES

1. Use sport and physical activity to prevent youth crime and violence

Sport and Youth Crime Prevention project: We have been successful in securing significant investment over three years to:

- Be the leading organisation around sport and youth crime prevention in Essex
 - employ two full time members of staff
 - Be in a position to work more closely with the criminal justice system
-

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2023

This work brings three important systems together across Essex: Youth Justice, Community Sector, Sport and Physical Activity - through shared purpose, co-production and shared desire to positively change the lives of vulnerable young people. This will mean more organisations using sport to engage and support young people, more young people engaging in sport and physical activity regularly, more funding for sport from across the system.

Over the past 12 months we have increased our Sport and Youth Crime Prevention network of LTOs to over 40, providing support, training and resources for their staff and volunteers. In turn this enables the LTOs to provide high quality support for young people through sport and physical activity and have the understanding and tools to produce monitoring and evaluation that evidence the positive impact that this work is having in their local communities.

This year has also seen the Foundation secure funding from criminal justice partners for 3 part time support workers, linking and holding young people involved in the youth justice system, to sports and physical activity opportunities delivered by our LTOs.

Over the past 12 months this project has:

- Supported 5020 young people who are at risk or involved in the youth justice system.
- 845 young people were supported through our intensive programmes,
- 4175 young people have engaged regularly in programmes supported by our LTO network
- Supported over 200 coaches and volunteers with bespoke training
- Leveraged in £350,000 direct to our LTOs for the delivery of sport and physical activity interventions
- Supported 40 LTOs

Sport and Life-skills project:

As part of this project we have worked in partnership with a number of LTOs across the county in order to develop a programme that works in partnership with Essex Youth Offending Services (YOS) and gives young people the support and opportunity to engage in a range of sport and physical activities, alongside our 'plus' offer, including life skills such as living independently, shopping on a budget, CV writing and interview skills.

Over the past 12 months we have engaged and supported over **70 young people** through the programme and have had a successful **attendance rate of over 80%**, which is a real achievement given that the programme is voluntary.

We have recently been successful in securing a further funding in order to scale up this project to support 200 more young people.

We are working closely with the YOS team in order to secure long term funding through the 'Turn Around' allocated to them to ensure that every young person has the opportunity to take part in the Sports and Life Skills programme as an exit route to their time with the YOS.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2023

2. Tackling holiday inactivity and food poverty

Holiday activity and food programme: We have continued worked in partnership with Essex County Council and Active Essex (Active Partnership) to influence the delivery of the Essex ActivAte holiday activity and food programme throughout 2022 and into 2023. We also ensured that our network of LTOs were able to support the programme as delivery partners and receive direct funding.

We applied to lead the work around engaging at risk and vulnerable secondary aged young people and we were successful in this application. We worked with LTOs who are involved in the Sport and Youth Crime Prevention programme to deliver HAF clubs during the Easter, Summer and Winter 2022 school holidays. We also received funding from the HAF programme to lead the capacity building work of our LTOs to ensure they had the knowledge, training and resources to be able to deliver this programme.

In 2022 our specialist HAF programme was able to deliver the following outcomes;

- 4195 engaged and supported in targeted secondary interventions across the holiday period
- 290 sport and physical activity sessions provided free of charge in the summer holidays
- 38 of our LTOs delivering as part of the Essex ActivAte HAF programme and receiving funding to do so

We are pleased to have just been awarded a further large grant for the 2023 programme.

3. Build the capacity of locally trusted organisations

Through the Sport and Youth Crime Prevention programme we have provided a range of training, workshops and qualifications to our network of LTOs to ensure that they have the knowledge, expertise and resources to develop their work and bring in additional funding. Training provided includes;

- 10 principles of youth crime prevention
- Managing challenging behaviours
- Level 1 developing activities for youth at risk
- Developing resilient and active young people
- Practitioner Mentoring
- Adverse Childhood Experiences
- Theory of Change
- Fundraising
- Trauma Informed approach
- Knife crime injuries
- Gangs and youth violence training
- Level 1 Sports activators

In addition to the training we have provided support in partnership with StreetGames support, guidance and advice including:

- help to build connections and partnerships
 - tailored advice
 - advocacy
 - fundraising
-

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2023

- workforce and volunteer training
- research and evaluation
- opportunities to network and share learning
- the dissemination of insight
- new ideas and innovation.

4. Supporting young people and children's mental health through sport and physical activity

Sport and Youth Mental Health: The Trustees agreed that Sport and mental health should be our next focus in terms of developing a project and securing funding. Over the past 12 months we spent time identifying and connecting with LTOs who use sport and physical activity to support young people who are suffering poor mental health. We brought 16 of them together in a share and learn network with the aim of understanding what work was already taking place, what further support was needed and together we co-produced the Sport and Youth Mental Health programme that replicated the Sport and Youth Mental Health model.

In January 2023 we submitted our stage 1 application to the National Lottery, and was successful in getting through to stage 2. This will be submitted in June and we hope to have a decision by September 2023. This funding will allow us to employ 2 full time members of staff and provide training for LTOs. We will work with the Centre for Mental Health in order to develop a robust evaluation so that we can highlight the benefits of taking part in sport and physical activity can have on a young person's mental health.

5. Level up participation in the popular activities of cycling, walking and running

Cycling and Skate Jam community events: With the funding from the London Marathon Trust we were able to work with our LTOs in order to deliver skate Jam events, bike-ability and accessible cycling sessions. Over the past 12 months we have delivered:

- 14 skate jam community events, that were attended by over 1500 young people
- 18 community cycling workshops and bike-ability sessions to ensure that young people have the skills and confidence to ride a bike
- 11 skate / bike repair stations have been fitted at skate parks across Essex
- 13 mini skate jam events at Essex ActivAte HAf clubs – giving young people on free school meals the opportunity to ride and learn to ride safely as well as watching professional skate boarders, skaters and BMXers.

HR SUPPORT

Recruiting new members of staff meant that we needed to review and engage HR support for the organisation. We met with a number of HR specialist companies and the Board of Trustees made the decision to work with HR Essentials, an Essex based HR company. They have supported us with the development of recruitment, contracts, staff handbooks and all policies and procedures related to employing staff.

ACTIVE ESSEX FOUNDATION
TRUSTEES' REPORT (continued)
YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

The charity received total funding of £251,845 during the year ending 31st March 2023. Our total expenditure in 2022-23 was £396,582, as we utilised restricted funding awarded in 2021-22.

RESERVES POLICY

At 31 March 2023 the charity's funds totalled £578,836 of which £554,685 were restricted funds, awarded by funders for specific purposes. The reserves include funding of £325,334 awarded by the National Lottery and Essex Local Delivery Pilot for projects running to 2024-25. The unrestricted reserves of the charity totalled £24,151. Trustees annually review the reserves policy that is required to ensure that they are adequate to fulfil our continuing obligations. Trustees agreed that the reserves policy of £10,000 is sufficient for the current period. As the Charity develops and we employ staff, we will review this policy in 2023-24 to consider maintaining reserves at a level which meets the expenditure requirements of the organisation.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a CIO registered number 1166665.

Trustees are recruited according to their skills and appointed by the Members of the CIO.

Accountants: Edmund Carr LLP, 146 New London Road, Chelmsford, Essex, CM2 0AW

Approved by the Trustees on.....20/10/2023.....and signed on their behalf by:

Robert McLintock

Robert McLintock

Chair of Trustees

ACTIVE ESSEX FOUNDATION

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

YEAR ENDED 31 MARCH 2023

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 9 to 19.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Raymond Crace

.....
Raymond Crace FCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

1 November 2023
.....

ACTIVE ESSEX FOUNDATION

STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 31 MARCH 2023

		Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
	Note				
INCOME from:					
Donations and grants	2	195	250,600	250,795	643,247
Other income		1,050	-	1,050	-
TOTAL INCOME		<u>1,245</u>	<u>250,600</u>	<u>251,845</u>	<u>643,247</u>
EXPENDITURE on:					
Charitable activities	3	5,108	391,474	396,582	14,024
TOTAL EXPENDITURE		<u>5,108</u>	<u>391,474</u>	<u>396,582</u>	<u>14,024</u>
NET INCOME/(EXPENDITURE)/ NET MOVEMENT IN FUNDS		(3,863)	(140,874)	(144,737)	629,223
RECONCILIATION OF FUNDS					
Total funds brought forward		28,014	695,559	723,573	94,350
Total funds carried forward		<u>24,151</u>	<u>554,685</u>	<u>578,836</u>	<u>723,573</u>

The notes on pages 13 to 19 form part of these financial statements.

ACTIVE ESSEX FOUNDATION
BALANCE SHEET
At 31st March 2023

		2023		2022	
	Note	£	£	£	£
CURRENT ASSETS					
Debtors	7	269,522		404,795	
Cash at bank		319,556		320,597	
		<u>589,078</u>		<u>725,392</u>	
CREDITORS: Amounts falling due within one year	8	<u>10,242</u>		<u>1,819</u>	
NET CURRENT ASSETS			578,836		723,573
NET ASSETS			<u>578,836</u>		<u>723,573</u>
FUNDS OF THE CHARITY					
Restricted	9		554,685		695,559
Unrestricted			24,151		28,014
TOTAL CHARITY FUNDS			<u>578,836</u>		<u>723,573</u>

These financial statements were approved by the Trustees on 20/10/2023..... and signed on their behalf by:

Robert McLintock
Robert McLintock
Chair of Trustees

The notes on pages 13 to 19 form part of these financial statements.

ACTIVE ESSEX FOUNDATION**CASH FLOW STATEMENT FOR THE YEAR ENDED 31 MARCH 2023**

	Note	2023 £	2022 £
Cash flows from operating activities			
Net movement in funds		(144,737)	629,223
Working capital adjustments			
Decrease/(increase) in debtors	7	135,273	(404,795)
Increase/(decrease) in creditors	8	8,423	49
Net cash flows from operating activities		<u>(1,041)</u>	<u>224,477</u>
Cash flows from investing activities			
Net increase/(decrease) in cash and cash equivalents		(1,041)	224,477
Cash and cash equivalents at 1 April 2022		320,597	96,120
Cash and cash equivalents at 31 March 2023		<u><u>319,556</u></u>	<u><u>320,597</u></u>
Reconciliation of net cash flow to movement in net funds			
Decrease in cash		(1,041)	224,477
Net funds at 1 January		320,597	96,120
Net funds at 31 December		<u><u>319,556</u></u>	<u><u>320,597</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 13 to 19 form part of these financial statements.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of accounting

The accounts (financial statements) have been prepared in accordance with the statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The accounts (financial statements) have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Active Essex Foundation is a registered charity and meets the definition of a public benefit entity under FRS 102.

Accounts for the prior year were prepared on a receipts and payments basis. Prior year figures have been restated on an accruals basis.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Incoming Resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

The charity receives government grants to support its charitable activities. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Resources Expended

All expenditure is accounted for on an accruals basis and includes VAT as the charity is not VAT registered. The majority of costs are attributable to specific charitable activities. Governance costs are associated with the governance arrangements of the charity.

Debtors and creditors

Trade and other debtors are recognised at the settlement amount due. Creditors are recognised at their settlement amount.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS (continued)
YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES (continued)

Fund accounting

Funds held by the charity are either:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated funds – these are funds set aside by the trustees out of unrestricted funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity.

Taxation

As the Association is a charity, it is exempt from taxation - other than VAT, which is included in the relevant costs in the Statement of Financial Activities - to the extent that any income and gains are applied to its charitable objectives.

2. DONATIONS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Grants	-	250,600	250,600	643,217
Just Giving	195	-	195	30
	<u>195</u>	<u>250,600</u>	<u>250,795</u>	<u>643,247</u>

ACTIVE ESSEX FOUNDATION**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2023**

3. CHARITABLE EXPENDITURE

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £	Total Funds 2022 £
Grants to charitable projects	-	303,957	303,957	6,835
Support and administration costs:				
Salaries and Wages	-	76,648	76,648	3,214
Pension Costs	-	4,327	4,327	-
Staff expenses	-	6,542	6,542	227
Insurance	-	-	-	518
HR Support	1,350	-	1,350	2,100
Governance costs (Note 4)	3,758	-	3,758	1,130
	<u>5,108</u>	<u>391,474</u>	<u>396,582</u>	<u>14,024</u>

Grants were made to charities, community groups and clubs to support projects across Essex

4. GOVERNANCE COSTS

	Total Funds 2023 £	Total Funds 2022 £
Accounts and independent examination	3,000	1,080
Payroll services	708	-
Fees payable to independent examiner	<u>3,708</u>	<u>1,080</u>
Other fees	50	50
	<u>3,758</u>	<u>1,130</u>

ACTIVE ESSEX FOUNDATION**NOTES TO THE FINANCIAL STATEMENTS (continued)****YEAR ENDED 31 MARCH 2023**

5. STAFF COSTS AND EMOLUMENTS

	Total Funds	Total Funds
	2023	2022
	£	£
Total staff costs were as follows:		
Wages & salaries	73,203	3,214
Social security	3,445	-
Pension Costs	4,327	-
	<u>80,975</u>	<u>3,214</u>

Particulars of employees:

The average number of employees during the year was: 2 1

No employee received remuneration of more than £60,000 during the period.

6. TRUSTEES' REMUNERATION

No trustees received remuneration during the year (2022 - nil).

No expenses were reimbursed to Trustees during the year (2022 - nil).

7. DEBTORS

	Total Funds	Total Funds
	2023	2022
	£	£
Grants receivable	269,522	404,795
	<u>269,522</u>	<u>404,795</u>

Grants receivable include £99,449 due after more than one year (2022 - £252,122).

8. CREDITORS: Amounts falling due within one year

	Total Funds	Total Funds
	2023	2022
	£	£
Grants payable	2,200	-
Accruals	3,000	1,080
Taxation and social security	5,042	739
	<u>10,242</u>	<u>1,819</u>

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

9. RESTRICTED FUNDS - Current Year

	Balance at 01-Apr-22 £	Incoming £	Outgoing £	Balance at 31-Mar-23 £
1) Coronavirus Community Support Fund	7,795	-	(8,267)	(472)
2) Children in Need	1,900	-	-	1,900
3) Kick Off at 3 Project	11,545	-	-	11,545
4) Canvey Island Youth Project	2,000	-	-	2,000
5) Charles French Charitable Trust	500	-	-	500
6) Awards for All	9,390	-	-	9,390
7) Thurrock CVS	2,000	-	(2,000)	-
8) Satellite club funding	18,564	-	(10,500)	8,064
9) Colchester Catalyst Charity	2,000	-	(2,000)	-
10) Tackling inequalities	7,350	-	(7,350)	-
11) Sport and Youth Crime Prevention	144,436	-	(8,500)	135,936
12) Holiday Activity & Food programme	180,000	70,000	(107,879)	142,121
13) National Lottery: V&V project	308,079	-	(118,681)	189,398
14) Colchester Borough Homes (BS)	-	4,860	(3,000)	1,860
15) Colchester CSP grant	-	12,000	(10,100)	1,900
16) Colchester Borough Council (SS)	-	30,800	(9,350)	21,450
17) London Marathon	-	115,000	(99,397)	15,603
18) AE/ SE Together Fund	-	7,940	(4,450)	3,490
19) PCC for Essex	-	10,000	-	10,000
	695,559	250,600	(391,474)	554,685

- 1) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- 2) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- 3) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.
- 4) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
- 5) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
- 6) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.

ACTIVE ESSEX FOUNDATION

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

9. RESTRICTED FUNDS - Current Year (continued)

- 7) Funding to provide opportunities for young people to take part in activities and receive food which supports both mental health and physical wellbeing.
- 8) Funding from Active Essex to support satellite clubs.
- 9) Colchester Catalyst Charity providing funding for Tendring physical/ mental wellbeing projects for families.
- 10) Funding from Active Essex to provide basic physical activity equipment to families alongside food packages.
- 11) Funding from Essex Local Delivery Pilot (via ECC) to engage vulnerable young people in to sport to divert them away from criminal behaviour.
- 12) Grants from Essex County Council for Essex Activate Holiday Activity and Food Clubs to build capacity and support Clubs.
- 13) Violence & Vulnerability project funded by the Lottery Community Fund: a three year grant to cover to cover expenditure in financial years ending March 2023- 2025.
- 14) Funding contribution from Colchester Borough Council towards BoxSmart project.
- 15) Funding towards Sports and Lifeskills project with Tertiary Cohort.
- 16) Colchester Borough Council funding contribution to Girls with Goals and Sports Connector.
- 17) London Marathon - core costs and capacity building of AEF and Locally Trusted Organisations.
- 18) AE/ SE Together Fund - 24 week after school provision to Ninja Warrior.
- 19) PCC for Essex - secondary intervention work support.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

9. RESTRICTED FUNDS - Prior year

	Balance at 01-Apr-21 £	Incoming £	Outgoing £	Balance at 31-Mar-22 £
1) Coronavirus Community Support Fund	7,795	-	-	7,795
2) Children in Need	1,900	-	-	1,900
3) Kick Off at 3	13,360	-	(1,815)	11,545
4) Canvey Island Youth	2,000	-	-	2,000
5) Charles French Charitable Trust	500	-	-	500
6) Awards for All	9,390	-	-	9,390
7) Thurrock CVS	2,000	-	-	2,000
8) Sport and Life-skills	23,584	-	(5,020)	18,564
9) Colchester Catalyst Charity	2,000	-	-	2,000
10) Tackling inequalities	7,350	-	-	7,350
11) Sport and Youth Crime Prevention	-	144,436	-	144,436
12) Holiday Activity & Food programme	-	180,000	-	180,000
13) National Lottery: V&V project	-	310,781	(2,702)	308,079
	69,879	635,217	(9,537)	695,559

- 1) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- 2) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- 3) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.
- 4) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
- 5) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
- 6) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.
- 7) Funding to provide opportunities for young people to take part in activities and receive food which supports both mental health and physical wellbeing.
- 8) Funding from Active Essex to support satellite clubs.
- 9) Colchester Catalyst providing funding for Tending physical/ mental wellbeing projects for families.
- 10) Funding from Active Essex to provide basic physical activity equipment to families alongside food packages.
- 11) Funding from Essex Country Council to engage vulnerable young people in sport to divert them away from criminal behaviour.
- 12) Grants from Essex County Council for Essex Activate Holiday Activity and Food Clubs to build capacity (£45k) and support Clubs through Easter, Summer and Winter 2022 (£135k).
- 13) Violence & Vulnerability project funded by the Lottery Community Fund: a three year grant to cover to cover expenditure in financial years ending March 2023- 2025.

ACTIVE ESSEX FOUNDATION
NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2023

10. RELATED PARTIES TRANSACTIONS

There were no related party transactions during the year.

Accounts

ACTIVE ESSEX FOUNDATION
RECEIPTS & PAYMENTS ACCOUNTS
YEAR ENDED 31st MARCH 2022

Registered Charity Number 1166665

ACTIVE ESSEX FOUNDATION

YEAR ENDED 31 MARCH 2022

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ACTIVE ESSEX FOUNDATION
CHARITY INFORMATION
YEAR ENDED 31 MARCH 2022

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name Active Essex Foundation

Working Name AEF

Charity Number 1166665

Address E2 County Hall
Chelmsford
CM1 1QH

Trustees

Jennifer Tomblin
Ray Gooding
Robert Hayne
Robert McLintock
Jason Fergus
Katie Heron
Leigh Norris
Azeem Akhtar

Chair (from June 2021)
Chair (to June 2021)
Treasurer

(appointed 21 July 2022)
(appointed 21 July 2022)
(resigned 21 July 2022)

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2022

The Trustees have pleasure in presenting their report and the receipts and payments accounts of the charity for the year ended 31 March 2022.

OBJECTIVES AND ACTIVITIES

The objects of the charity are the promotion of community participation in healthy recreation across Greater Essex by:

- (1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- (2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- (3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services; and
- (4) The improvement and preservation of good health and well-being through participation in healthy recreation.

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit.

Working with Trustees and key stakeholders were able to develop a theory of change that identified the key outcomes we are looking to achieve through all of our work. They include:

- Improve health and wellbeing
- Reduce crime
- Improve education and employment
- Strengthen communities to be more cohesive and resilient

In order to achieve our key outcomes, we have identified five strategic priorities:

1. Use sport and physical activity to prevent youth crime and violence
2. Tackling holiday inactivity and food poverty
3. Build the capacity of locally trusted organisations
4. Supporting young people and children's mental health through sport and physical activity
5. Level up participation in the popular activities of cycling, walking and running

ACHIEVEMENTS AND PERFORMANCE

Over the past year the Active Essex Foundation has continued to develop projects that support and engage young people who experience several inequalities including poor mental health, those involved in or at risk of becoming involved in the criminal justice system, those living in areas of high deprivation, those who may lack positive role models and those who are not in education, employment or training. We have significantly increased the income to the Foundation this year which will continue into the next three financial years.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2022

We were pleased to secure funding from the National Lottery Community Fund and the Essex Local Delivery Pilot in order to support the development of our Sport and Youth Crime Prevention project over the next three years. This is a milestone for the Foundation because it enables the employment of our first two full time team members. This includes a Project Manager and a Project Coordinator. Both were in post by May 2022.

This funding has helped to scale up the support, capacity building and up-skilling of several locally trusted organisations (LTOs). LTOs are groups that use sport and physical activity in order to engage and support young people who are involved in, or at risk of becoming involved in the criminal justice system. This project has also helped to build our working relationship with the Essex Violence and Vulnerability Unit and the Youth Offending Service.

We continue to work in partnership with LTOs across Essex Southend and Thurrock, with a particular focus on the most deprived and marginalised communities.

We are particularly proud that we have been able to influence the work taking place across the county to tackle inactivity and holiday hunger during the school holidays. Over the past two years we worked with a network of LTOs to create a model that supports those most in need during the school holidays. This encouraged organisations to work in partnership to provide a range of activities, support and signposting for young people and the whole family. This resulted in Essex County Council allocating over £4 million to our close partners Active Essex who were able to work with our network of LTOs and directly fund them, to deliver the Essex ActivAte Holiday Activity and Food programme (HAF).

Key Projects in 2021-22

Holiday Hunger: We worked in partnership with Essex County Council and Active Essex (Active Partnership) to influence the delivery of the Essex ActivAte holiday activity and food programme throughout 2021 and into 2022. We also ensured that our network of LTOs were able to support the programme as delivery partners and receive direct funding.

We also applied to lead the work around engaging at risk and vulnerable secondary aged young people. We were successful in this application and was awarded £135,000. We will begin working with LTOs who are involved in the Sport and Youth Crime Prevention to deliver HAF clubs during the Easter, Summer and Winter 2022 school holidays.

Sport and Youth Crime Prevention project: We have been successful in securing significant investment over three years of £455,217 (LDP £144,436 / Lottery £310,781) to:

- Be the leading organisation around sport and youth crime prevention in Essex
- Employ two full time members of staff
- Be in a position to work more closely with the criminal justice system

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2022

This work will bring three important systems together across Essex: Youth Justice, Community Sector, Sport and Physical Activity - through shared purpose, co-production and shared desire to positively change the lives of vulnerable young people. This will mean more organisations using sport to engage and support young people, more young people engaging in sport and physical activity regularly, more funding for sport from across the system. Although the funding was awarded from the National Lottery in September 2021, the first payment is not due to reach us until April 2022. We have received the first LDP payment of £24,072 in this financial year.

Sport and Life-skills project: In 2020 we were awarded £24,000 from Active Essex Children and Young People team to deliver a pilot project in partnership with the Essex Youth Offending Services that focused on engaging groups of young people. Due to the pandemic, initially we were unable to deliver any face-to-face group work.

As restrictions were eased, we were able to deliver the first of our Sport and Life-skills project in partnership with Changing Lives CIC and Harlow Youth Offending Service (YOS). For this pilot programme Harlow YOS referred 7 young people, who attended a 2-hour session each week, over 12 weeks. All 7 young people completed the programme and have made the decision to continue to attend Changing Lives sessions, with 4 volunteering as young leaders at the Essex ActivAte programme.

The young people have already attended Rock climbing, gaming centres, outdoor activities and also educational discussion on gangs, knife crime and staying safe in the community. Two of the staff have undertaken a boxing course to enable them to offer boxing directly to the young people. This has proven very successful. This is a great outcome for this pilot and we look forward to developing the project across Colchester, Chelmsford and Basildon.

Kick off @ 3: In 2020 funding was received from the Essex Local Delivery pilot to deliver a football tournament in partnership with Essex Police, the Police, Fire and Crime Commissioners Office and a number of our LTOs. Unfortunately, because of the pandemic we were unable to deliver a mass participation event, so this funding was carried over into the current financial year. In October 2021 we were pleased to be able to deliver this event. The aim of the Kick off @ 3 event is to engage young people living in areas of deprivation and high crime/anti-social behaviour in regular physical activity. Through the Kickoff@3 tournament, we were able to engage over 200 young people, who were not regularly active and at risk of becoming involved in the CJS. As well as the male and female tournament we provided a range of fun activities and sign posting and many local support organisations attended to promote their work.

Following on from the tournament we provided funding and resources for weekly sessions to be delivered in partnership with the LTOs who brought young people along, so that they could keep the young people engaged in regular activity in a safe, supportive environment.

We are planning on a second Kick off @ 3 event which will take place during the summer of 2022.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2022

HR SUPPORT

Recruiting new members of staff meant that we needed to review and engage HR support for the organisation. We met with a number of HR specialist companies and the Board of Trustees made the decision to work with HR Essentials, an Essex based HR company. They have supported us with the development of recruitment, contracts, staff handbooks and all policies and procedures related to employing staff.

FINANCIAL REVIEW

The charity received grants totalling £238,452 during the year ending 31st March 2022. Our total expenditure was £13,975.

Grants totalling £6,835 were granted to partnership organisations to deliver projects across Essex as outlined earlier in this report. Governance and accounting costs were £3,920.

There is significant funding available to support delivery from April 2022, including staff costs and funding for LTOs to deliver the Essex ActivAte holiday activity and food programme.

RESERVES POLICY

Trustees annually review the reserves policy that is required to ensure that they are adequate to fulfil our continuing obligations. The initial reserves policy was set at £10,000 of general unrestricted funds. As the Charity has developed and now employs staff, we will review the policy to ensure reserves are maintained at a level which meets the expenditure requirements of the organisation. At 31 March 2022 general unrestricted reserves totalled £29,833 which is considered by the Trustees to be sufficient in the current period.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a CIO registered number 1166665.

Trustees are recruited according to their skills and appointed by the Members of the CIO.

Registered address: 146 New London Road, Chelmsford, Essex, CM2 0AW

Accountants: Edmund Carr LLP, 146 New London Road, Chelmsford, Essex, CM2 0AW

Approved by the Trustees on 16 December 2022 and signed on their behalf by:

J Tomblin
.....

Jennifer Tomblin
Chair of Trustees

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ACTIVE ESSEX FOUNDATION
FOR THE YEAR ENDED 31 MARCH 2022**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 7 to 9.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

R Crace

.....
Raymond Crace FCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

20 December 2022

ACTIVE ESSEX FOUNDATION
RECEIPTS & PAYMENTS
YEAR ENDED 31 MARCH 2022

			2022	2021
	Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
	£	£	£	£
RECEIPTS				
Grants:				
ECC - Active Essex	8,000	-	8,000	-
ECC - Sport & Youth Crime prevention	-	24,072	24,072	-
ECC - Holiday Activity & Food programme 2022	-	180,000	180,000	-
Lottery Community Fund V&V project	-	26,350	26,350	-
Coronavirus Community Support Fund	-	-	-	89,000
Other donations and grants	30	-	30	13,594
TOTAL RECEIPTS	8,030	230,422	238,452	102,594
PAYMENTS				
Grants	-	6,835	6,835	83,205
Staff salaries - Violence & Vulnerability project	-	2,702	2,702	-
Insurance	518	-	518	-
Accountancy services	1,770	-	1,770	-
Fundraising regulator	50	-	50	50
Legal and professional fees	2,100	-	2,100	-
TOTAL PAYMENTS	4,438	9,537	13,975	83,255
NET RECEIPTS	3,592	220,885	224,477	19,339
Cash funds brought forward	26,241	69,879	96,120	76,781
Cash funds carried forward	29,833	290,764	320,597	96,120

ACTIVE ESSEX FOUNDATION

STATEMENT OF ASSETS & LIABILITIES

AT 31 MARCH 2022

	Note			2022	2021
		Unrestricted Funds £	Restricted Funds £	Total Funds £	Total Funds £
Cash funds	1	<u>29,833</u>	<u>290,764</u>	<u>320,597</u>	<u>96,120</u>

Approved by the trustees on 16 December 2022 and signed on their behalf by:

J Tomblin
.....
Jennifer Tomblin
Chair of Trustees

ACTIVE ESSEX FOUNDATION

NOTES TO RECEIPTS & PAYMENTS ACCOUNTS

YEAR ENDED 31 MARCH 2022

1 RESTRICTED FUNDS

	Balance at 01/04/2021	Receipts	Payments	Balance at 31/03/2022
	£	£	£	£
a) Coronavirus Community Support Fund	7,795	-	-	7,795
b) Children in Need	1,900	-	-	1,900
c) Kick Off at 3	13,360	-	1,815	11,545
d) Canvey Island Youth	2,000	-	-	2,000
e) Charles French Charitable Trust	500	-	-	500
f) Awards for All	9,390	-	-	9,390
g) Thurrock CVS	2,000	-	-	2,000
h) Sport and Life-skills	23,584	-	5,020	18,564
i) Colchester Catalyst Charity	2,000	-	-	2,000
j) Tackling inequalities	7,350	-	-	7,350
k) Sport and Youth Crime Prevention	-	24,072	-	24,072
l) Holiday Activity & Food programme	-	180,000	-	180,000
m) Violence & Vulnerability project	-	26,350	2,702	23,648
	<u>69,879</u>	<u>230,422</u>	<u>9,537</u>	<u>290,764</u>

- a) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- b) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- c) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.
- d) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
- e) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
- f) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.
- g) Funding to provide opportunities for young people to take part in activities and receive food which supports both mental health and physical wellbeing.
- h) Funding from Active Essex to support satellite clubs.
- i) Colchester Catalyst Charity providing funding for Tendring physical/ mental wellbeing projects for families.
- j) Funding from Active Essex to provide basic physical activity equipment to families alongside food packages.
- k) Funding from Essex County Council to engage vulnerable young people in sport to divert them away from criminal behaviour.
- l) Grants from Essex County Council for Essex Activate Holiday Activity and Food Clubs to build capacity (£45k) and support Clubs through Easter, Summer and Winter 2022 (£135k).
- m) Violence & Vulnerability project funded by the Lottery Community Fund.

Accounts

ACTIVE ESSEX FOUNDATION
RECEIPTS & PAYMENTS ACCOUNTS
YEAR ENDED 31st MARCH 2021

Registered Charity Number 1166665

ACTIVE ESSEX FOUNDATION

YEAR ENDED 31 MARCH 2021

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ACTIVE ESSEX FOUNDATION

CHARITY INFORMATION

YEAR ENDED 31 MARCH 2021

REFERENCE AND ADMINISTRATIVE INFORMATION

Charity Name	Active Essex Foundation		
Working Name	AEF		
Charity Number	1166665		
Address	E2 County Hall Chelmsford CM1 1QH		
Trustees	Ray Gooding		Chair (retired June 2021)
	Jennifer Tomblin		Chair (appointed June 2021)
	Angela Brown	Resigned 18/01/2021	Secretary
	Robert Hayne		Treasurer
	Robert McIntock		
	Jason Fergus		
	Azeem Akhtar		

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT

YEAR ENDED 31 MARCH 2021

The Trustees have pleasure in presenting their report and the receipts and payments accounts of the charity for the year ended 31 March 2021.

OBJECTIVES AND ACTIVITIES

The objects of the charity are the promotion of community participation in healthy recreation across Greater Essex in particular by:

- (1) Working with and through local agencies to increase levels of participation in sport and physical activity;
- (2) Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;
- (3) Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services; and
- (4) The improvement and preservation of good health and well-being through participation in healthy recreation.

The Trustees confirm that they have had due regard to guidance published by the Charity Commission on public benefit.

ACHIEVEMENTS AND PERFORMANCE

Although the past year has been extremely challenging for communities across Essex due to the pandemic, loss of work, lockdown and lack of education the Active Essex Foundation have continued to develop projects that support and engage young people who suffer from a number of inequalities including poor mental health, those involved in or at risk of becoming involved in the criminal justice system, those living in areas of high deprivation, those who may lack positive role models and those who are not in education, employment or training.

Key to our work and being able to mobilise this support to local communities is how we work in partnership and support a range of grass-root and community organisations who engage our target groups. Over the past 12 months we have worked in partnership with a number of locally trusted organisations. It has remained important for us to continue to engage with the wider community in the places where our projects are delivered and project staff have received training in Asset Based Community Development and all projects have followed an ABCD approach, ensuring that young people and the wider community are always involved in identifying local needs and the way the project is designed in order to address and meet these needs. This has meant that without exception, all projects have seen great success and project targets have been exceeded, but more importantly the impact projects have had on individuals and communities has been clear to see.

Because of our expert knowledge and experience and the fact we built up and supported a network of over 100 locally trusted organisations, which includes charities, voluntary groups, sports clubs, youth groups, residents associations, leisure centres, schools, local authority teams and CVS teams, we spent the majority of the past 12 months developing and extending the holiday hunger programme, including the delivery of food and activity parcels as well as a school holiday activity and food programme across the county. This meant that the Active Essex Foundation and our network were able to play a key role in supporting local communities and responding to a direct need.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2021

Holiday Hunger: School holidays are a particular pressure point for some families, due to the local pandemic, the fact that the majority of children were not able to attend school, this became an even more important issue for us to support. In order to extend this programme to reach more families we were able to secure funding from the Lottery emergency coronavirus fund Magic little grants and Tesco's bags for help which totalled £89,000. This allowed us to provide holiday hunger and activity and food clubs during the school holidays (Summer, October half term, Christmas and February half term). Over this period we were able to engage and support over 5000 young people and their families.

It was recognised by Essex County Council cabinet members that the issue of holiday hunger and inactivity was increasing due to covid and because as a Foundation and through our network we had showed that we can deliver and engage these families we were able to leverage in an additional £580,000, which has been paid directly to our network of partners. This has allowed us to extend and sustain the holiday hunger and activity programmes across the network during school holidays and continue to provide support and networking for our 100 LTOs.

Thurrock Council also provided us with an additional £4000 to support families living in Thurrock through this programme.

Family activity and wellbeing packs In addition to the above we recognised that during lockdown, although families were allowed to leave the house for exercise each day, many were not able to do this. Many of the families we support did not have an outdoor space and some needed ideas and equipment to get outdoors and be more active as family for the benefit of their physical and mental wellbeing. We secured funding through the Sport England Tackling Inequalities fund and Colchester Catalyst totalling £9350 in order to provide over 2000 activity packs. Essex County Council were able to match this funding for £50,000 which was managed via Active Essex. Alongside the activity equipment we also provided a family wellbeing pack which provided guidance, support and signposting to a range of services that could support families during the pandemic, including mental wellbeing, healthy living, food support, employability, government support, reducing conflict, domestic abuse and funding support available to them.

Supporting young people involved in the criminal justice system We were awarded £24,000 from Active Essex Children and Young People team in January 2020 to deliver a pilot project in partnership with the Essex Youth Offending Services that focused on engaging groups of young people in a range of sport and physical activity and also providing life skills support. Unfortunately, due to covid restrictions this project was not able to take place. We did however continue to work with the Youth Offending team in order to develop the project, identify key delivery partners and consult with the young people about what activities they would like to take part in and what they needed support with. This project will be delivered in the next financial year.

Kick off @ 3 Kickoff@3 is a partnership between Active Essex Foundation, Essex Police and local community groups aiming to engage young people living in areas of deprivation and high crime/anti-social behaviour in regular physical activity. Through the Kickoff@3 tournaments we will engage 1000 young people across 8 areas of Essex, who are not regularly active and at risk of becoming involved in the CJS. We have the opportunity to support and build the capacity of the community organisations and faith groups who are bringing the young people to these events to ensure that they have the opportunity to take part in regular physical activity in a setting that is familiar to them and positive relationships are already established. We will provide resources for weekly sessions to be delivered in partnership with these community groups, running alongside the up-skilling of community organisation staff, volunteers and local community members so that physical activity can be embedded in to their sessions and run on a regular basis.

This project has been paused as it included mass participation events. We will pick up this work with police and community partners as soon is safe to do so. Louise remains in contact with Kick off @ 3 National team and also Essex police.

ACTIVE ESSEX FOUNDATION

TRUSTEES' REPORT (continued)

YEAR ENDED 31 MARCH 2021

Active Essex Foundation Website We are pleased to have updated our website and it is now more user friendly and shows the extent of our work across the county and the impact that our work is having on communities most in need.

FINANCIAL REVIEW

The charity received grants totalling £102,594 during the year ending 31st March 2021. Grants totalling £83,205 were passed to partnership organisations to deliver projects across Essex as outlined earlier in this report.

RESERVES POLICY

Trustees annually review the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations. We currently have no staff or fixed overheads so Trustees have agreed that we will maintain our reserves at £10,000. As the Charity develops and we have fixed monthly outgoings then we will review this policy and intend to maintain our reserves at a level which is at least equivalent to of 12 months' expenditure.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a CIO registered number 1166665.

Trustees are recruited according to their skills and appointed by the Members of the CIO.

Approved by the Trustees on 3 November 2021 and signed on their behalf by:

Jennifer Tomblin
Chair of Trustees

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
ACTIVE ESSEX FOUNDATION
FOR THE YEAR ENDED 31 MARCH 2021**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 6 to 8.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Raymond Crace FCA

Edmund Carr LLP
146 New London Road
Chelmsford
CM2 0AW

11 November 2021

ACTIVE ESSEX FOUNDATION
RECEIPTS & PAYMENTS
YEAR ENDED 31 MARCH 2021

			2021	2020
	Restricted Funds	Unrestricted Funds	Total Funds	Total Funds
	£	£	£	£
RECEIPTS				
Grants:				
Satellite Club Funding (Active Essex)	-	-	-	24,000
Kick Off at 3 Project (Active Essex)	-	-	-	13,360
Tackling Inequalities Fund (Active Essex)	7,350	-	7,350	-
Awards for all Funding	-	-	-	9,240
People's Health Trust	-	-	-	4,761
Colchester Caltalyst Charity	2,000	-	2,000	-
Coronavirus Community Support Fund	89,000	-	89,000	-
Thurrock CVS	4,000	-	4,000	-
Other donations	-	244	244	652
TOTAL RECEIPTS	102,350	244	102,594	52,013
PAYMENTS				
Grants:				
Canvey Yellow Door Youth Project	-	-	-	5,459
This Girl Can	-	-	-	2,122
Changing Lives Harlow	5,500	-	5,500	2,200
Project:ME	-	-	-	9,240
The Deanes School	5,590	-	5,590	-
ATF Southend	3,000	-	3,000	-
Essex Boys and Girls Clubs	5,634	-	5,634	-
Jack of All Sports	4,375	-	4,375	-
Pro Sports	6,621	-	6,621	-
Premier Education Group	4,635	-	4,635	-
Colchester United	11,250	-	11,250	-
Community 360	5,500	-	5,500	-
St Pauls St Marys Harlow	3,000	-	3,000	-
The Royal Opera House	7,000	-	7,000	-
Active Southend	2,500	-	2,500	-
West Ham Foundation	5,500	-	5,500	-
Red Balloon Foundation	8,950	-	8,950	-
Thurrock Community Leisure	4,150	-	4,150	-
Other costs:				
Information commissioner	-	-	-	40
Fundraising regulator	-	50	50	50
TOTAL PAYMENTS	83,205	50	83,255	19,111
NET RECEIPTS	19,145	194	19,339	32,902
Cash funds brought forward	50,734	26,047	76,781	43,879
Cash funds carried forward	69,879	26,241	96,120	76,781

ACTIVE ESSEX FOUNDATION
STATEMENT OF ASSETS & LIABILITIES
AT 31 MARCH 2021

	Note			2021	2020
		Restricted Funds £	Unrestricted Funds £	Total Funds £	Total Funds £
Cash funds	1	<u>69,879</u>	<u>26,241</u>	<u>96,120</u>	<u>76,781</u>

Approved by the trustees on 3 November 2021 and signed on their behalf by:

Jennifer Tomblin

Chair of Trustees

ACTIVE ESSEX FOUNDATION**NOTES TO RECEIPTS & PAYMENTS ACCOUNTS****YEAR ENDED 31 MARCH 2021**

1 RESTRICTED FUNDS

	Balance at 1.4.20 £	Receipts £	Payments £	Balance at 31.3.21 £
a) Coronavirus Community Support Fund	-	89,000	81,205	7,795
b) Children in Need	1,900	-	-	1,900
c) Kick Off at 3 Project	13,360	-	-	13,360
d) Canvey Island Youth Project	2,000	-	-	2,000
e) Charles French Charitable Trust	500	-	-	500
f) Awards for All	9,390	-	-	9,390
g) Thurrock CVS	-	4,000	2,000	2,000
h) Satellite club funding	23,584	-	-	23,584
i) Colchester Catalyst Charity	-	2,000	-	2,000
j) Tackling inequalities	-	7,350	-	7,350
	<u>50,734</u>	<u>102,350</u>	<u>83,205</u>	<u>69,879</u>

- a) Funding from the National Lottery, Ground Works and Tesco for AEF to provide help to struggling families during the Coronavirus pandemic.
- b) Children in Need awarded a grant to provide weekly sports/activity sessions for young people in deprived areas of Southend.
- c) The Kick Off at 3 Project is funded by Active Essex to work with Essex Police to engage and support young people via local community events and participation in football.
- d) People's Health Trust has provided funds for Canvey Island Get Set Youth, a project which aims to engage and support young people at risk of becoming involved in anti-social behaviour using sport and physical activity.
- e) Charles French Charitable Trust provided funds to support the development of the Well Youth Club in Basildon.
- f) Awards for All provided funding for a Holiday Hunger project in Canvey Island, supporting young people who would normally benefit from free school meals during term time.
- g) Funding to provide opportunities for young people to take part in activities and receive food which supports both mental health and physical wellbeing.
- h) Funding from Active Essex to support satellite clubs.
- i) Colchester Catalyst Charity providing funding for Tendring physical/ mental wellbeing projects for families.
- j) Funding from Active Essex to provide basic physical activity equipment to families alongside food packages.