



Contents

Trustees Report.....	2
Independent Examiner’s Report	22
Statement of Financial Activity.....	23
Balance Sheet.....	24
Notes to Financial Statements.....	25



Bethnal Green Nature Reserve 2024 Annual Report

The Bethnal Green Nature Reserve Trust (BGNRT) was officially registered as a charity (1166648) in April 2016. The objectives of the charity are to promote, for public benefit, the preservation and care of the flora, fauna, and fungi of the Bethnal Green Nature Reserve as a site of ecological, educational, and cultural interest—both locally and beyond. Our work focuses on enhancing biodiversity, fostering learning, improving health, supporting the arts, encouraging participation, and facilitating research.



Governance

Trustees: Sajida Malik (Chair), Gwen Wright (Treasurer), Bryony Harris (Secretary), Adelaide Bannerman, Oliver Grazebrook.

The 2024 site team included:

- Izzy Johns (Community Gardener in Residence)
- Ingrid Chen (Forest School Lead)
- Shilpi Choudhury (Forest School Tutor)
- Edward Simpson (Site Manager)
- Abel Daniel (Deputy Site Manager)
- Michael Smythe (Senior Manager)
- Ash Miah (Food Garden Site Manager)
- Sarah Beydoun (Food Garden Site Manager)
- Nozomi Nakabayashi (Community Gardener)
- Judith Stanley (Forest School Tutor)



We extend our heartfelt gratitude to the incredible volunteers who show up each week to care for the Reserve and one another. Your dedication is foundational for the site to thrive ecologically and socially.

Charitable Objectives and Policy Review

In 2023 and early 2024, the Bethnal Green Nature Reserve began an internal review of its governance structures and policies with the generous support of Law Works and the legal team at Inmarsat.

This review has focused on making policies more accessible by simplifying language and removing outdated systems that no longer serve our evolving organisation. The Board and site team has also developed new policies, including an anti-racism policy, fundraising and recruitment policies, service-level agreements for site partner organisations, and an expanded keyholder handbook. To ensure transparency, all governing documents are published on the Bethnal Green Nature Reserve website.

Additionally, the Board reassessed the Reserve's constitution and charitable objectives. Proposed updates include emphasising our commitment to community health, biodiversity, and advocating for the non-human populations that depend on the Reserve—flora, fungi, and fauna. Key changes to governance include limiting Trustees to two terms of service and enhancing the vetting and recruitment process. The Board can also now agree to appoint Trustees at any meeting throughout the year rather than just at the AGM as before. These updates were approved by the Trustees at the 2023 AGM (and again by written resolution in 2024) and ratified by the Charity Commission in 2024.





Site Manager's Report By Edward Simpson

Volunteers

Bethnal Green Nature Reserve is supported by a dedicated group of volunteers. Since January, we have hosted 40 volunteering sessions with an average of 12 participants per session, amounting to approximately 960 volunteer hours.

This year, we introduced a streamlined sign-up process, making it easier for people to volunteer and for us to manage sessions efficiently. A total of 151 new volunteers registered, with many attending multiple sessions. This led to the addition of 27 new site caretakers, who provide essential care for the site outside of formal sessions.

Key volunteer achievements this year include:

- Maintaining the mushroom farm, which produced its first birch polypore and shiitake harvests alongside abundant oyster mushrooms and turkey tails.
- Enhancing the forest soil, which stakeholders reported as being more biodiverse than ever before thanks to the dedicated work over the past few years.
- Creating a hedge laying area bordering a new 'no-intervention zone' for nesting birds.
- Relocating bird boxes under the guidance of local bird expert Jane Mutiny, resulting in a record number of nesting birds on site.
- Managing the wetland area through regular duckweed removal and plant control, ensuring it remains a vital habitat for wildlife.

These are just a few examples of the ongoing efforts by our volunteers to sustain and enhance the Reserve.



Grow Wild Initiative

In April, we received funding from Kew Gardens' Grow Wild initiative to establish a new hedgerow and pond at the Bethnal Green Ecology Garden (also known as the James Middleton Food Hub).



This project involved:

- Planting a 65-metre hedgerow with 321 trees.
- Constructing an experimental 2.5-metre clay pond.
- Hosting workshops on tree propagation and clay pond construction, engaging local residents and volunteers.

These efforts aim to enhance the ecology of the Food Garden and strengthen the connection between it and the Nature Reserve, benefiting both wildlife and the community for years to come.



Future Plans

Looking ahead to 2025, we will continue to build on this year's work. Key projects include:

- Developing the new pond and ensuring the hedgerow becomes a thriving habitat for birds, mammals, insects, and fungi.
- Expanding the mushroom farm and exploring the fascinating fungal species it attracts.
- Nurturing the recently rediscovered Mulberry Tree, with hopes of seeing it flourish.
- Constructing a fixed canopy structure to improve year-round site accessibility and shelter for learning sessions and events.



Phytology Medicine Garden

Reflections by Izzy Johnston, Community Gardener in Residence

This has been my inaugural year as Community Gardener in Residence. Since June, we have focused on assessing the garden ecosystem, refining volunteer sessions, and planning a new structure for the Medicine Garden, an Apothecary Shed. Two community planning sessions shaped

our vision for this, repurposing an old writer's hut that had become disused. Volunteer sessions have increasingly integrated foraging storytelling, and as hands-on activities. We have incorporated more gardening-adjacent activities such as medicine making and wildcrafting. Additionally, I've been working on a guide to help visitors identify herbs and use the Medicine Garden independently.



Achievements in 2024

- Collaborated with volunteers and staff on plans for an apothecary shed to store and provide free herbal/mushroom remedies.



- Rebalanced the garden's ecosystem by managing dominant species and reintroducing herbs such as borage, oregano, skullcap, echinacea, and red clover.
- Facilitated volunteer sessions focused on holistic garden and community care, including
- harvesting, gardening, wildcrafting, plant identification and information, and medicine-making techniques.
- Reintroduced a system for producing liquid fertiliser from nettles and comfrey.



Aspirations for 2025

- Complete the apothecary shed and co-design its interiors for accessibility.
- Create herbal first aid kits for physical and emotional wellbeing, to be left in the apothecary shed, and to facilitate greater accessibility.
- Strengthen connections with sibling initiatives, such as the Mobile Apothecary, Misery, and Rights for Weeds.
- Create a basic guide to the garden's plants, including their identification, uses, and preparation methods, to be left in the garden.

The site team role generously was supported by Trustshouse & Awards for All.

Forest
Fridays

Education & Learning

Our Partners and Programmes

In 2024, we were proud to collaborate with Rangers Kindergarten, Stephen Hawking School, and Columbia Road Primary School. In addition, we hosted our own outdoor learning sessions under the banner of *Forest Fridays* throughout the year.



Forest Fridays by Ingrid Chen

Forest Friday is a free, after-school nature club for families with school-aged children. Sessions run every Friday during term time, weather permitting, from 4pm - 5:30pm. We welcome families rain or shine, except in cases of thunder, lightning, or high winds. Our aim is to introduce families to the Nature Reserve, offering opportunities to learn about, care for, and enjoy the woodland. This engagement fosters a sense of connection with nature and promotes the well-being benefits of spending time outdoors.

Our approach is not a typical Forest School model—if such a thing exists. Instead, we think of children and their families as budding ecologists and site caretakers. Activities often involve helping the reserve thrive, such as watering the fungi farm (*Mycelium Alley*), spreading woodchip to benefit invertebrates, or learning the names of the many trees living in our woodlands. Participants are always given a choice in line with Forest School principals, with plenty of time for games and free play. Our philosophy is simple: by looking after the woods, we ensure everyone can enjoy them.



2024 Highlights

We began the year with a February Fun Day during the half-term holiday, funded by the final part of the Postcode Society Trust grant and additional support from the Bethnal Green Nature Reserve Trust (BGNRT). From Easter onwards, we resumed the regular after-school format, supplemented by a holiday taster day and participation in multiple community events locally. These included activities within the Reserve, on Middleton Green, and at the Food Growing Hub, creating a kind of “mini Forest Friday roadshow.”

A particularly memorable highlight was our Halloween event, which proved very popular with local families—a wonderful way to mark the shorter days and beginning of winter.

We continue to focus on engaging local families, especially those from nearby estates, and



are refining our approach to best serve residents' needs. Running sessions as a drop-in club has been particularly effective, offering flexibility that better suits family schedules. To support this model, we typically have a team of three staff drawn from a pool of four regular Forest School Leaders. In addition, we were delighted to host a visiting Forest School Leader (Eden, who runs Forest School in Hackney) and hope to organise a reciprocal visit soon. One of our regular parents is currently training to become a Forest School Leader, and we look forward to potentially welcoming her into our team in 2025.



In August, we received exciting news: funding from Children in Need and the Skimmers' Foundation will support our work for the next three years. This has enabled us to undertake strategic planning and continue expanding our reach locally.

This autumn has been particularly busy, with 64 children and four babies or toddlers attending *Forest Friday*. Almost half were new participants this term. After the clocks go back, we pause our after-school sessions due to the early darkness, instead joining the Nature Reserve's Saturday openings before closing for winter in December. We are ever grateful to the Trustees, our site team, and our dedicated volunteers, who make it possible to welcome local families to the Reserve.



Forest Friday is generously supported by Postcode Society Trust, Children In Need, Skimmers Foundation & London Borough of Tower Hamlets.



Partner Highlights

Stephen Hawking School holds outdoor learning sessions at the Nature Reserve every Wednesday from 9am to 1pm. The school, located just across the road, provides education for children aged 2–11 with profound, multiple, and severe learning, health, and care needs. In 2024, the school introduced weekly nature connection sessions, focusing on growing and caring for herbs and vegetables in our new food garden—the *Bethnal Green Ecology Garden*. The garden includes a bespoke raised bed, making it accessible to wheelchair and mobility device users. We look forward to continuing our partnership with Stephen Hawking School in 2025.

Rangers Kindergarten

By Jo Gilks

Rangers Kindergarten, a local early year's education provider specialising in outdoor learning for children aged 2–8, runs sessions every Monday and Tuesday from 9am to 2pm at the Reserve. These sessions aim to foster a deep connection to the natural world and build children's confidence in outdoor environments.



Highlights of 2024

This year has been an exciting one. We've bid farewell to children moving on to school or relocating, while also welcoming new participants, including home-educated children. Our focus remains on connecting children to the Nature Reserve, its plants, and its non-human inhabitants, encouraging them to grow into stewards of their local environment.

One highlight was the continuation of the *London Children's Forest – Forest from Seed* project. The children explored different tree species in the Reserve, learning about their features, uses, and ecological roles. They collected seeds, planted them, and cared for them in the medicinal herb garden's cold frame over winter. In spring, these seedlings were moved to a rodent-proof nursery at Rangers Kindergarten.

This autumn, the trees were transferred to a dedicated nursery bed at the new Bethnal Green Ecology Garden. These saplings will eventually form a new children's forest,



benefitting future generations of all species. Through stories, songs, crafts, games, and guided nature exploration, we've continued to follow the seasonal "wheel of the year," helping children understand how various elements of the environment work together. Sustainability has been a recurring theme, with activities such as herbal tea-making, crafting conker soap, and making cherry plum pie and blackberry jam. Looking forward, we are excited to welcome new children, staff, and trainees while nurturing our baby trees until they are ready to be planted in their permanent homes.



Mobile Apothecary

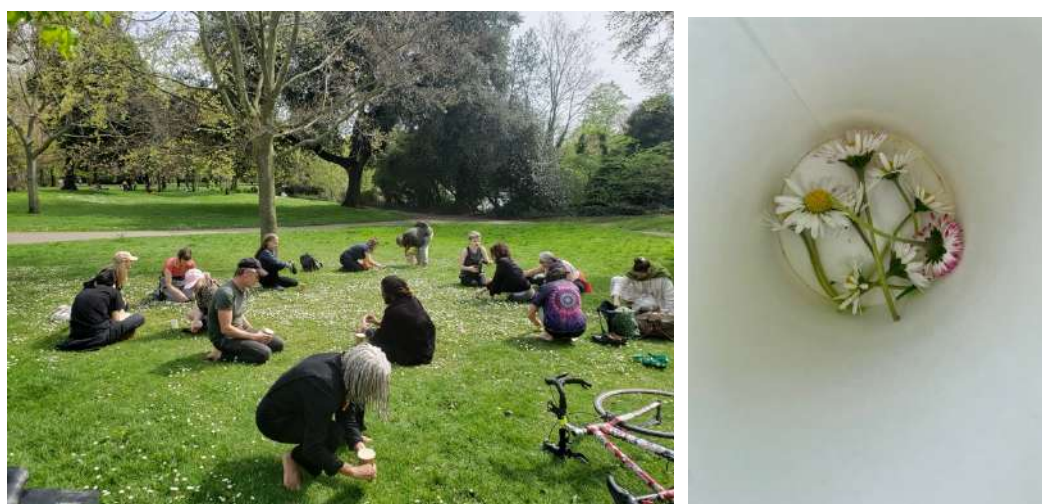
In 2024, the Mobile Apothecary continued to deliver high-quality, plant-based remedies to the residents of Bethnal Green. Our street service operated from 7pm – 8pm on the last Sunday of each month, stationed outside Bethnal Green tube station. We serve alongside our long-term partner **Refugee Community Kitchen (RCK)**, who provided hot vegetarian meals weekly.

On average, served around 30+ people per session, with 70% of attendees being regular visitors. The consistency of the service enabled locals to build meaningful relationships with both the street service team and the remedies we provide. This year, we offered products such as: Good Skin Balm, Decongestant Rub, Muscle & Joint Rub, Immune Support Vinegar, Cough Syrup, Hand Sanitiser, Epsom Salts Deodorant.

In 2024, we continued to have our products family are formally tested at Oxford Bioscience. This ensures our products do what is says on the tin. This process guides us when describing the benefits or possible risks (counter indicators, potential irritants etc) when enjoying the remedies. All this information is available upon request.



In addition to the street service, our volunteer team held quarterly medicine-making workshops at a nearby community centre. Many of the fresh herbs used were sourced from the **Phytology Medicine Garden** and local shops along Bethnal Green Road.



This year, we also organised a visioning day with our core team and extended community to gather feedback and explore ways to evolve the service. The focus remains on creating meaningful connections and fostering mutual care within the neighbourhood. Looking ahead to 2025, the Mobile Apothecary will continue its monthly medicine-making workshops and street distributions, ensuring we meet the community's needs.

The Mobile Apothecary is generously supported by Trustshouse, Lush, and the Hollybush & Teasdale Tenants & Residents Association.



Healing Justice London – Art therapy with Roah K

In the summer of 2024 Healing Justice London and Art Psychotherapist, Roah K, for Palestinian, Sudanese, and Congolese Communities + Racialised Allies. The sessions engaged in communal artmaking, embodiment exercises, and creative healing practices to foster connection, sustainable movement building, and honour existence as resistance.



Cultural Programming 2024

Our cultural programme evolved significantly in 2024, with the Board shaping a decentralised system for selecting and commissioning activities at the Reserve. This process prioritises projects that are *useful* and aligned with the Reserve's values and charitable objectives: uplifting and celebrating ecology, intergenerational learning, and community health. Here are some highlights from the year:

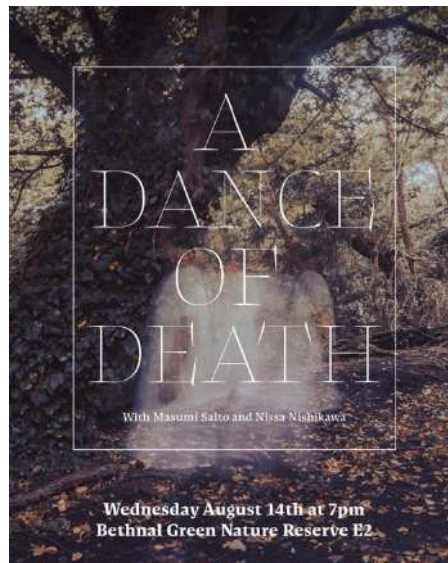


Kupala Festival x ЗБІРКА x ШЦЦ

On 23 June 2024, the **Kupala Festival** returned to the Reserve for its fifth year, celebrating midsummer and nature's peak flourishing. Inspired by pre-Christian traditions observed in Northern and Eastern Europe, this year's event was co-curated with **ЗБІРКА** and **ШЦЦ**, featuring participatory art workshops and music. The festival welcomed over 300 attendees, with all tick sale profits donated to **SEEDS for Ukraine**, a charity supporting families in Ukraine to grow food in their private gardens.

Programme Highlights:

- **Craft Market**
- **Linocut Printing Station:** Led by ЗБІРКА's Veronika Prykhodko, guests created their own Kupala-themed prints.
- **Flower Crown Workshop:** Artist Eleonora Lushchyk guided participants in making ritual floral crowns.
- **Kupala Tree Decoration:** With artist Marysya Rudska, participants crafted crepe paper flower pins.
- **Singing Circle:** Eka, a singer and certified Body Voice Therapist, led a session of voice practice, breathwork, and Kupala songs.
- **Traditional Tea Ceremony:** Hosted by Serhii Povisenko, a gongfu cha enthusiast.



A Dance of Death – Obon Performance

In honour of Obon, the Japanese ceremony commemorating ancestral spirits, **Masumi Saito** and **Nissa Nishikawa** activated the Reserve with a dance performance exploring the connection between soil, sky, and the poetic body. The evening concluded with tea from the medicinal garden and a fireside dialogue with the artists.



Qi Gong with Orakle Apothecary (aka bones tan jones)

Throughout autumn and winter, **bones tan jones** facilitated accessible **Qi Gong** sessions beneath the Reserve's canopy. Qi Gong is an ancient Chinese energy movement practice, suitable for all abilities and bodies. These sessions introduced foundational movements, theories, and concepts, focusing on the soft strength and playful movements central to Qi Gong's health benefits. bones, an artist, composer, and vocalist of mixed Chinese, Malaysian and Welsh heritage, has been facilitating radical martial arts spaces since 2016 and studying Qi Gong since 2018.



Community Ecologies Programme

The **2024 Community Ecologies Programme** was a stakeholder-led initiative of weekly experimental walks, talks, and workshops exploring the Reserve. Designed and led by those who care for the space, the programme engaged participants with themes such as:

- Renku Writing Workshop
- Natural Dyes
- Grief Shrine Making
- Tree Planting
- Worm Talk
- Contact Improvisation Dance
- Introduction to the Herb Garden Talk
- Tree Identification Walk
- Mushroom Farming Talk
- Urban Food Growing Tours

These sessions were free and advertised via DIY posters across our neighbouring estates. In 2025, we aim to expand on this success by holding *community-led sessions every Saturday* from May to December, building a cultural programme based in local knowledge, skill exchange and curiosity.

The Community Ecologies programme is generously supported Chapman Trust & The Nineveh Trust.

2024 Partner Organisations

Misery

Over 2024, misery continued a residency at Bethnal Green Nature Reserve, offering the beloved programme: '*misery medicine: plant magic*'. misery is a mental health community and sober rave based in London and led by and for queer, trans, intersex, black people and people of colour (QTIBPOC).



Through a series of outdoor, communal and nature-centred gatherings for QTIBPOC, participants came together at the Reserve, connected with each other and the natural world.

misery hosted monthly sessions between February - May, and then again from September - December. Each session centred on honesty, rest, collaboration and conversations about our ecologies, herbs and food, all through shared cultural wisdoms and queerness.



Across the year, misery offered a huge range of activities at the gatherings. These included: communal cooking, bread-making, feasting, weaving, eco-poetry, singing, incense-making and painting with plant dyes. The programme also continued to respond to land-based colonial genocides across the world in Palestine, Sudan.

Photos courtesy of Misery.



Praxis

Praxis is an award-winning human rights charity that has been advocating for migrant rights since 1983. They provide advice, support, and campaign for migrants and refugees in the UK to live with safety, dignity, and respect.

From summer 2024, Praxis hosted weekly health and wellbeing sessions for their men's group, *The GIANTS*, within the Nature Reserve. The Reserve provided a peaceful and safe



space for participants to build social connections while engaging with the medicine garden and wider site ecologies.



Mission Practice

In 2024, our local GP surgery, *Mission Practice*, continued its weekly site care sessions, which included watering the medicine garden and maintaining the mushroom farm. Facilitated by the Social Prescribing team, these activities encouraged staff to nurture both the Nature Reserve and one another during the warmer months.

In September 2024, Mission Practice began a residency in the newly established Bethnal Green Ecology Garden. This initiative provides a dedicated food-growing space for patients experiencing isolation, fostering community connection and wellbeing through growing food in a thriving community garden.





Bethnal Green Ecology Garden (formerly James Middleton House Food Hub)

In 2023, the Bethnal Green Nature Reserve initiated a community consultation to establish a food-growing hub opposite the Nature Reserve. This collaborative project with the Hollybush & Teesdale Tenants and Residents Association (TRA) aims to provide residents with space and resources to grow food locally while promoting ecologically diverse land care practices. The site, located at Middleton and Clarkson Streets, was granted a five-year lease by Tower Hamlets Homes. Development continues with support from the TRA and dedicated volunteers.



Project Overview

The Bethnal Green Ecology Garden (BGEG) champions urban ecology, community food growing, and biodiversity. It addresses critical issues such as food security, habitat loss, and social disconnection with the natural world. Guided by the Tower Hamlets Biodiversity Action Plan, the garden incorporates wilding initiatives to enhance biodiversity, pest control, and ecological balance while creating a thriving green space for residents and wildlife.

Summary of Activities

Stage 1: Site Preparation (May–June 2024)

The site was cleared of old planters, fences, and rubbish. Residents contributed to the design, ensuring the garden met community needs and accessibility standards.



Stage 2: Infrastructure Development



Twenty-five raised beds were constructed—one per household, with additional communal beds for schools and community groups. A garden handbook and community agreement outlined shared guidelines, while weekly onboarding sessions introduced new growers to the space.

Stage 3: Ecology and Biodiversity Enhancements

Features such as ponds, swales, glasshouses, bird boxes, and hedgerows were incorporated to create habitats for wildlife. Scheduled for completion by winter 2024/25, these efforts aim to boost biodiversity and encourage ecological engagement among residents.



Achievements

The project has transformed a neglected site into a vibrant community garden, now a hub for community learning, recreation, and social connection. Residents of all ages, from children to seniors, actively participate in maintaining and enjoying the space. The initiative has fostered pride, community spirit, and an inclusive environment while supporting urban biodiversity.



Community Events

- Community Supper (July 2024): Over 60+ attendees of all ages connected over a shared meal ahead of the garden's official opening.
- Community Picnic (September 2024): More than 150+ residents celebrated the garden's summer abundance. A survey from the event highlighted strong enthusiasm for additional workshops, events, and food-growing knowledge-sharing opportunities.



Several local groups now use the garden weekly, including:

- Mission GP Practice, Bethnal Green
- Stephen Hawking School, Bethnal Green
- Rangers Kindergarten, Bethnal Green

Looking Ahead



As the project nears completion, the Bethnal Green Ecology Garden is set to become a sustainable urban green space, supporting biodiversity while strengthening community connections. It serves as a model for future urban ecology initiatives.

This project was generously supported by the Mayor of London, Groundwork, Tower Hamlets (formerly Tower Hamlets Homes), London Catalyst, Rank Foundation, RBG Kew & Benefactor Group.



Bethnal Green Nature Reserve – Aims & Aspirations 2025

- 1. Develop a Site Management Plan**
Co-design a management plan for both the Nature Reserve and Food Garden, prioritising local community access, wellbeing and biodiversity in every decision.
- 2. Better understand the impacts of climate change locally**
Foster greater collective understanding of how climate change will affect our communities' mental and physical health.
- 3. Enhance Learning and Cultural Programmes**
Create and refine learning and cultural initiatives that are relevant and meaningful for local residents, emphasising the Reserve's role as a vital intergenerational community asset.

Trustees' Report for the Financial Year Ending 2023/2024

This report was approved by the Trustees at the 2024 Annual General Meeting held on 7th December 2024 and signed by:

A handwritten signature in black ink, appearing to read 'S. Malik'.

Sajida Malik

Chair, Bethnal Green Nature Reserve Trust
Charity No. 1166648



Independent Examiner's report to the Trustees of Bethnal Green Nature Reserve Trust

I report to the Trustees on my examination of the accounts of Bethnal Green Nature Reserve Trust (the Charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Hakim Oreagba

H Oreagba

4 Hertford Walk
London DA17 5JW
3 December 2024

Report of the Trustees and Financial Statements
For the year ending 31 March 2024



Charity Name: Bethnal Green		Charity No	1166648	
Nature Reserve Trust		Company No		
Annual accounts for the period				
Period start date	01/04/2023	To	31/03/2024	

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Total funds £ F04	Prior year funds £ F05
Income (Note 3)					
Income and endowments from:					
Donations and legacies	S01	2,724	36,178	38,902	65,658
Charitable activities	S02	5,743	-	5,743	5,088
Total	S07	8,467	36,178	44,645	70,746
Expenditure (Notes 4)					
Expenditure on:					
Charitable activities	S09	7,882	34,991	42,873	91,783
Other	S11	2,367	-	2,367	2,214
Total	S12	10,249	34,991	45,240	93,997
Net income/(expenditure) before tax for the reporting period					
Tax payable	S13	(1,782)	1,187	(595)	(23,251)
tax before investment gains/(losses)	S14	-	-	-	-
Net gains/(losses) on investments	S15	(1,782)	1,187	(595)	(23,251)
	S16	-	-	-	-
Net income/(expenditure)	S17	(1,782)	1,187	(595)	(23,251)
Net movement in funds	S22	(1,782)	1,187	(595)	(23,251)
Reconciliation of funds:					
Total funds brought forward	S23	9,957	21,004	30,961	54,212
Total funds carried forward	S24	8,175	22,191	30,366	30,961



Section B Balance sheet

	Guidance Note	Unrestricted funds £	Restricted income funds £	Total this year £	Total last year £
Current assets					
Debtors (Note 5)	B07	-	100	100	4,900
Cash at bank and in hand (Note 7)	B09	30,666	40,435	71,101	51,997
Total current assets	B10	30,666	40,535	71,201	56,897
Creditors: amounts falling due within one year (Note 6)	B11	400	40,435	40,835	25,936
Net current assets/(liabilities)	B12	30,266	100	30,366	30,961
Total assets less current liabilities	B13	30,266	100	30,366	30,961
Total net assets or liabilities	B16	30,266	100	30,366	30,961
Funds of the Charity					
Restricted income funds (Note 8)	B18		22,191	22,191	21,004
Unrestricted funds	B19	8,175		8,175	9,957
Revaluation reserve	B20			-	-
Fair value reserve	B21				
Total funds	B22	8,175	22,191	30,366	30,961

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees on behalf of
all the trustees

Signature

Print Name

Date of
approval
dd/mm/yyyy

Sajida Malik

07/12/2025



Note 1 Basis of preparation

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

ü

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

ü

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

*-Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

The trustees are of the view that unrestricted reserves to fund charitable activities are adequate to continue in operational existence for the foreseeable future and is therefore a going concern

1.3 Change of accounting policy

The accounts present a true and fair view and no changes have been made to the accounting policies adopted in note { }.

Yes *	<input checked="" type="checkbox"/>	*-Tick as appropriate
No *	<input type="checkbox"/>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes *	<input checked="" type="checkbox"/>	*-Tick as appropriate
No *	<input type="checkbox"/>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

No material prior year errors have been identified in the reporting period (S. 17, No 1a L 66ff.).		
Yes *	<input checked="" type="checkbox"/>	*-Tick as appropriate
No *	<input type="checkbox"/>	

Report of the Trustees and Financial Statements For the year ending 31 March 2024



Note 2

Accounting policies

2.2 INCOME

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Yes*	No*	N/a*
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS 102 SORP).

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Government grants

The charity has received government grants in the reporting period

Yes*	No*	N/a*
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Support costs

The charity has incurred expenditure on support costs.

Yes*	No*	N/a*
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2.3 EXPENDITURE AND LIABILITIES

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Governance and support costs

Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Yes*	No*	N/a*
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Yes*	No*	N/a*
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Grants with performance conditions

Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Grants payable without performance conditions

Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.

Yes*	No*	N/a*
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Deferred income

No material item of deferred income has been included in the accounts.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts

Yes*	No*	N/a*
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Basic financial instruments

The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS 102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS 102 SORP.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2.4 ASSETS

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Yes*	No*	N/a*
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Report of the Trustees and Financial Statements
For the year ending 31 March 2024



Note 3 Income

Analysis of income		Restricted			Total funds £	Prior year £
		Unrestricted funds	income funds	Endowment funds		
Donations and legacies:	Donations and gifts	-	-	-	-	-
	General grants provided by government/other charities	-	36,178	-	36,178	65,658
	Total	-	36,178	-	36,178	65,658
Charitable activities:	Charitable activities	5,743	-	-	5,743	5,088
	Donations	2,724	-	-	2,724	-
	Total	8,467	-	-	8,467	5,088
TOTAL INCOME		8,467	36,178	-	44,645	70,746

Note 4 Expenditure

Analysis	This year			Last year		
	Unrestricted funds	Restricted income funds	Total funds	Unrestricted funds	Restricted income funds	Total funds
£						
Expenditure on charitable activities:						
Freelance Fees	-	-	-	-	-	-
Professional fees	918	-	918	300	-	300
Project Costs	6,964	34,991	41,955	32,833	58,650	91,483
Other - Materials	-	-	-	-	-	-
Total expenditure on charitable activities	7,882	34,991	42,873	33,133	58,650	91,783
Other						
Insurance	1,170	-	1,170	1,170	-	1,170
Bank Charges	60	-	60	72	-	72
Maintenance	1,137	-	1,137	972	-	972
	-	-	-	-	-	-
Total other expenditure	2,367	-	2,367	2,214	-	2,214
TOTAL EXPENDITURE	10,249	34,991	45,240	35,347	58,650	93,997



Note 5 Debtors and prepayments

5.1 Analysis of debtors

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	100.0	4,900.0
Other debtors	-	-
Total	100.0	4,900.0

Note 6 Creditors and accruals

6.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals and deferred income	40,435	25,936	-	-
Total	40,435	25,936	-	-

6.2 Deferred income

Please explain the reasons why income is deferred.

This year	Last year
£15,635 - Groundwork £5,000 - London Catalyst £10,000 - Garfield Weston £2,000 - Chapman Trust £4,800 - Tower Hamlet Homes £3,000 - Rank Foundation	£10,000 from Charities Trust £15,635 - Groundwork

Movement in deferred income account

	This year £	Last year £
Balance at the start of the reporting period	25,636	30,000
Amounts added in current period	24,799	15,636
Amounts released to income from previous periods	(10,000)	(20,000)
Balance at the end of the reporting period	40,435	25,636

Report of the Trustees and Financial Statements
For the year ending 31 March 2024



Note 7 Cash at bank and in hand

Cash at bank and on hand

Total

This year	Last year
£	£
71,101	51,997
71,101	51,997

Note 8 Charity funds

8.1 Details of material funds held and movements during the CURRENT reporting period

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Fund balances carried forward £
Charities Trust	R	Ecclesiastical Award	-	10,000	(3,700)		6,300
Awards for All	R	Ecology/Garden	1,892	9,000	(3,746)	-	7,146
Trusthouse Charitable Foundation	R		-	8,000	(4,680)	-	3,320
Tower Hill Trust	R	Outdoor Classroom	-	4,900	(899)	-	4,001
Timberland	R	National Park	2,400	4,278	(6,678)	-	-
ArtsCouncil England	R	We Speak in Tongues	2,237	-	(2,237)	-	-
Raines Foundation	R	Forest Friday	819	-	(819)	-	-
Postcode Society	R	Forest Friday	13,656	-	(12,232)	-	1,424
SHED	UR	Mycelium project	1,859	-	-		1,859
Foyle Foundation	UR	Garden project	2,539	-	(2,539)		-
Other unrestricted income	UR	Charitable activities	1,085	8,467	(3,236)		6,316
TRIODOS BANK UK	UR	Shed	4,474	-	(4,474)		-
							-
Total Funds as per balance sheet			30,961	44,645	(45,240)	-	30,366

Fund balances carried forward include assets and liabilities denominated in a foreign currency

Yes*	No*
<input type="checkbox"/>	<input type="checkbox"/>

Report of the Trustees and Financial Statements
For the year ending 31 March 2024



Note 27 Charity funds

8.2 Details of material funds held and movements during the PREVIOUS reporting period

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Fund balances carried forward £
Timberland	R			4,800	(2,400)	-	2,400
Arts Council England	R		22,476	3,798	(24,037)	-	2,237
Raines Foundation	R			10,000	(9,181)	-	819
Awards for All	R	Garden project	7,203	10,000	(15,311)		1,892
Nineveh Trust	R		1,702	-	(1,702)		-
Postcode Society	R		932	17,060	(4,336)		13,656
City of London	R		1,683		(1,683)		-
SHED	UR	Mycelium project		15,000	(13,141)	-	1,859
Foyle Foundation	UR	Garden project		5,000	(2,461)	-	2,539
Other unrestricted income	UR	Charitable activities	2,114	5,088	(6,117)	-	1,085
TRIODOS BANK UK	UR	Shed	18,102		(13,628)	-	4,474
<i>Other funds (balancing figure)</i>	<i>N/a</i>	<i>N/a</i>	-	-	-	-	-
Total Funds as per balance sheet			54,212	70,746	(93,997)	-	30,961

Fund balances carried forward include assets and liabilities denominated in a foreign currency	Yes*	No*
	<input type="checkbox"/>	<input type="checkbox"/>