



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## **Trustees' Annual Report for the period**

**From February 2021**  
**February 2022**

**Period start date To**

**Charity name: Somewhere Else**

**Charity registration number: 1166621**

## **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society. For the purpose of this clause 'socially excluded' means being excluded from society, or part of society, as a result of being a member of a socially and economically deprived community.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Supporting the lonely and socially isolated through the provision of one-to-one and group work to assist with the management of symptoms</p> <p>Providing network/peer support opportunities with the purpose of integration</p> <p>Providing activities to promote self-esteem and encouraging involvement in decision-making to strengthen user involvement</p> <p>Providing advocacy, general support and signposting</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have considered the guidance provided by the charity commission in planning and delivering activities, particularly in relation to the commission's guidance on the promotion of social inclusion. The trustees also make sure that the work carried out is in accordance with our charitable objectives and aims.

**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

**Achievements and Performance**

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The delivery of psycho-education via group work yields positive outcomes, assists with the management of symptoms and creates good networks of peer-support. One-to-one work enables secure attachment, builds resilience, reduces distress, prevents crisis and results in better levels of functioning.</p> <p>Focus groups enable us to implement culturally informed support in both one-to-one settings or in group work.</p> <p>Outcomes demonstrate better integration into society and improved mental health.</p>

**Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Stable income to cover outgoings
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our income is generated via the rental of rooms/space and the delivery of training to the general public. We seek funding to cover core costs and continue to be mindful of the requirement of reserves in this regard.
Amount of reserves held	Para 1.22	£10.466.78
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are appointed by existing trustees based on the criteria of skills, knowledge, commitment and diversity.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Somewhere Else
Other name the charity uses	
Registered charity number	1166621

Charity's principal address	39 Bishopton Lane Stockton on Tees TS18 1PT

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Phil Muriel	Chair		
2	Gary Cookland	Treasurer		
3	Susan Muriel			
4	Maryum Yousef			
5	Kristina McTaggart			
6	Nexhmie Ahmetaj			
7	Mumtaz Din			
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Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	




## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

Dr. Carole le Darcy
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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

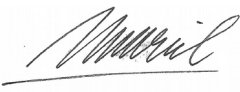
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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Philippe Alain MURIEL	
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Position (eg  
Secretary, Chair, etc)

Chair	
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Date

03/02/2023
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Income		Expenditure		
Grants	£8,560	Core costs	£16,471	
Room rental	£4,862	Services	£530.00	
Donations	£709.00	Expenses	£1,003	
Fees	£175.00			
Total	£14,306	Total	£18,004	