



Bury Involvement Group in Mental Health (BIG IN MENTAL HEALTH)

Trustees Annual Report

For the Year End 31 March 2024

The Trustees present their annual report together with the audited consolidated financial statements of Bury Involvement Group in Mental Health for the year ended 31 March 2024.

The Trustees confirm that the Annual Report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statutory Recommended Practice (SORP) "Accounting and Reporting by Charities" including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Structure, Governance and Management

The Charity was registered with the Charity Commission, on the 18 April 2016 under the register number 1166584, as a Charitable Incorporated Organisation. The Charity has a foundation model constitution which sets out that the only voting members of the charity are its charity trustees. The Constitution of the Charity can be located at Charity's office and copies of the document can be made available on request.

The Charity is governed by the trustees who meet monthly as a board. The Charity has a chief officer, who is responsible for the operational management, service delivery, and service development, under the guidance of the trustees. The Trustees are elected and co-opted under the terms set out in our Constitution. The board of trustees may at any time elect additional trustees by calling a meeting of the trustees of the Charity.

Before recruiting a new trustee, the existing trustees conduct a skills audit to identify any gaps in the current skillset of the board. The trustees then advertise for possible candidates, with the advertisements being tailored based on the skill gap analysis. Prospective candidates are provided with a role description and the Charity Commission Guidance "The Essential Trustee: what you need to know, what you need to do", to ensure they have a clear account of what the role of the trustee involves, including their duties and responsibilities. Prospective trustees are then interviewed and appointed by the Board if deemed suitable.

Object

Bury Involvement Group in Mental Health (BIG) is an independent charity run by, and for, people experiencing mental distress. The Charity's objectives, as set out in the governing document, are "To protect and promote good health among people experiencing mental health conditions living in Bury and the surrounding area, in particular but not exclusively by the provision of a group providing support, education, information and advice."

Our charity works to empower adults experiencing mental and emotional distress towards their recovery and improved quality of life by providing mutual support and hope. We provide support to help transform Bury and the surrounding area, working with the people of Bury, our VCSE and statutory partners and other key stakeholders.

Activities

Our activities are all delivered either face to face or via the telephone. The organisation provides the following services:

- **Bury Peer Led Crisis Service** a trauma informed peer-led crisis service providing relational support to individuals experiencing a mental health crisis in the community reducing distress and preventing suicide.
- **Stronger-Together Group** which provides group-based support to individuals experiencing long-term mental and emotional distress in the community to build resilience within the community.
- **Recovery Group** which provides a psycho-educational support and discussion group for individuals in the community, offering a varied roster of speakers (including Psychiatrists, Psychologists, Therapists, People with lived experience, and other local services) to increase knowledge, understanding, and promote shared learning.
- **Hearing Voices Group** which provide group-based support to individuals hearing voices, see visions or have similar sensory experiences offering a safe space for people to connect and seek support and understanding from others experiencing similar experiences.
- **Drop-In Group** which provides group-based support for adults experiencing mental and emotional distress who are looking to socialise with others who face similar challenges in a relaxed and friendly environment helping to prevent social isolation.

The Charity believes that everyone deserves to live a fulfilling life, and that peer support has the power to change people and places for the better. We recognise that many people living with mental and emotional distress within our community feel disenfranchised and disempowered due to challenges they face and the inequalities they experience when seeking care and support.

We work hard to ensure our services provide sanctuary to our community ensuring anyone who walks through our door is listened to, and feel valued, included, safe. With passion and creativity at its heart, the Charity supports people to flourish, whilst enriching our community.

Vision and Mission

BIG's vision is for inclusive, accessible and compassionate mental health and wellbeing support for all adults in Bury.

BIG supports adults in Bury, and the surrounding area, aged 18 and over who are experiencing mental and emotional distress. Our range of peer-led and rights-based services offer mutual support and hope to our community during difficult times.

Our work is underpinned by our organisational values, which are:

- **Led by Lived Experience:** We value and listen to each person's unique lived experience to deliver support grounded in our philosophy whilst ensuring our Charity remains focused on growing to meet the needs of the people who join our community.
- **Involving and Empowering:** We involve people with lived experience at all levels of the Organisation to empower them to use their experience in new and meaningful ways to move towards the lives they want to live.
- **Collaboration:** We work with external partners to ensure the voice of people with lived experience is at the heart of all conversations in the mental health and social care economies across Bury and Greater Manchester.
- **Safety, Mutuality & Choice:** We provide spaces which are safe and allow people to connect and build relationships based on mutuality, respect, trust, and hope, whilst supporting a person's right to have choice and control in their own lives.
- **Trustworthiness & Transparency:** We aim to be clear and straightforward, open, and transparent in everything we do.



Performance and Achievement

Bury Peer Led Crisis Service (BPLCS)

The Bury Peer Led Crisis Service “BPLCS” was developed in response to experiences of people in our community who reported negative experiences of seeking mental health crisis care and support in the area. The BPLCS was developed and modelled alongside our community, with the voice of lived experience at its heart, across 2017 to 2021.

The BPLCS was commissioned and went live in 2021, providing a community-based crisis resource which:

- prioritized accessibility;
- centred on peer-to-peer supportive relationships; and
- worked sensitively with individuals who had experienced trauma, adverse social conditions, and marginalisation.

The BPLCS provides a:

- Short term intervention service for adults in Bury experiencing a mental health crisis, with the flexibility to work with individuals who require further support.
- Visitors are assigned to a designated crisis supporter who provide trauma informed relational peer support, either face to face or via telephone.
- The team supports visitors to process their crisis, helping them to develop coping techniques and safety plans.
- We help support with onwards referrals, signposting and engaging with other appropriate services to ensure ongoing recovery.
- We offer both open access and one to one appointments 5 days a week.

Since 2021 the commissioners have increased the service’s funding to expand the BPLCS to increase its capacity to support the demand the service has encountered. Across the year we worked with commissioners to expand the BPLCS with a new service offer being integrated into the BPLCS offer this year, the ‘drop-in’ service.

The drop-in service was designed to enable individuals in mental health crisis in Bury to have a safe alternative to A&E which they can attend when in need of immediate support, without the need for prior referral.

Open across Monday to Friday the drop-in crisis service started in October 2023 and up to March 31st 2024 its supported 218 individuals in mental health crisis.



The service continues to have a robust referral pathway which enables escalation from a range of services, both statutory and voluntary, across Bury and the surrounding area as appropriate:



The team has continued to work on broadening the referral pathway to ensure individuals experiencing a mental health crisis are offered our support in a timely manner. We are currently working with Pennine Care Foundation Trust to establish a referral procedure with their 24/7 Crisis Line, Integrated Neighbourhood Teams, and Mental Health Urgent Triage service. Alongside work is underway to develop a referral pathway from Greater Manchester Police and Northwest Ambulance Service to accept direct drop-offs of individuals to the service.

Focusing on improving accessibility has ensured that the teams support has continued to see high demand. Over the course of the year, we supported 436 individuals in mental health crisis, through 1659 prebooked face to face sessions, and the 218 drop-in sessions between October and March:

Year	Referrals Received	New People Supported	Total People Supported	Booked Appts Attended	Drop-in Attended
2021-22	284	167	167	945	N/A
2022-23	598	368	410	1626	N/A
2023-24	624	373	436	1659	218

Since being established the team have worked with the commissioners to review and evaluate the service's impact. 2023-24 evaluation has been incredibly positive, with the service demonstrating a clear impact supporting people experiencing a mental health crisis, individuals at risk of suicide and self-injury, and those who have experienced trauma, across the 1659 pre-booked appointments the team recorded:

REDUCED DISTRESS	706	"I can talk more now about past experiences and more comfortable talking about emotions. I've gotten a lot of things off my chest which I've needed to for a long, long, time."
REDUCED ISOLATION	503	"It improved since the first time we met because I don't stammer as much unless I think about work – I have learnt to control physical reactions to stress and anxiety which means I am able to go out more and do things I enjoy"
INCREASED COPING STRATEGIES	490	"[because of the support] I have techniques, grounding and distraction. I am engaging with things that hurt me and dealing with them and I know where to go for help"
REDUCED RISK OF RELAPSE	365	"I can see myself moving forward with life. I know it will be a struggle but [now] I can get through the moments where I feel down"
SUICIDE PREVENTION	327	"They are still with me, but I don't feel like acting on them now. Before I starting coming suicide was all I thought about but now feel more distant from them. They don't consume me like they did before"
REDUCED SELF-INJURY	78	"I didn't feel judged or sometimes what you say can be passed over. It's helped me stop cutting like before. I still have bad days, but I know I can get through them now"

The evaluation and monitoring work we have undertaken with commissioners has clearly demonstrated the impact the service has had in the community. As one visitor who initially accessed our service after losing her children due to being in an abusive relationship said:

"When I first started in the service, I was finding it hard to manage life and my emotions after the loss of my kids. I was self-harming frequently and started using drugs to cope.

I felt I had nowhere to turn to and no support around me and the service being there encouraged me not to turn to suicide. I wouldn't have attended A&E as I've had lots of bad experiences there.

The service was tailor made and helped me so much without putting me in a box or giving me answers I could Google myself. They really do care and want to help. The service was quick to get in touch and offer me an appointment which was quicker than anyone else and I was at ease talking.

Making that first step, even though I was very anxious, to see (staff) saved me and I now have stopped self-harming. I can think more rationally and understand why I think the way I do. I have a better quality of life thanks to (staff) and I can enjoy myself more now. Without this service, I may have been dead now through suicide. I am so thankful for this service."



BIG Community Groups

We offer a variety of therapeutic peer support group work opportunities across our community, these include:

- the stronger together group which provides a safe space for individuals struggling with any mental health condition;
- the recovery group which is a psychoeducational discussion group which covers a range of mental health related topics, from trauma and abuse, hearing voices, to anxiety and stress, with a range of guest speakers (psychiatrists, psychologists, people with lived experience, and other services in the area);
- the hearing voices group which provides a safe space for individuals presently struggling with a mental health crisis; and
- the drop-in group which provides a welcoming and safe environment for people with mental health difficulties to come together to socialise, connect, and access support in a relaxed format.



This year we were extremely pleased to start our own Hearing Voices Group with the first group held on the 01/02/2024.

We were made aware by the Hearing Voices Network that in North Manchester there were no hearing voices groups that accepted people without a GP referral which has led to some waiting long periods to attend or not attend a group at all. With this in mind, we wanted our hearing voices group to have no referral requirement.

We were also very passionate that a person who experiences hearing voices facilitates the group. We found that the facilitator is able to create rapport very quickly with our members at the HVG due to shared experiences and has led to people coming back to the group.

GROUP	NUMBER OF SERVICE USERS (APRIL 1 ST 23 TO 31 ST MAR 24)
Stronger Together	443
Recovery	449
Hearing Voices	59
Social	756

Our groups continue to be led by our volunteer team without whom we would be unable to provide this core element of our service. Our volunteer roles not only play a key role in enabling BIG to provide our services but they also provide meaningful opportunities for individuals to progress in their own personal recovery, gain new skills, and give back.

Partnership Working and System Leadership

BIG continues to be active within the community and across the strategic landscape, advocating for improved mental health services with an emphasis on the involvement of, and coproduction with, individuals with lived experience of mental and emotional distress. Our Chief Officer continues his position as the locality lead for mental health for the voluntary sector in Bury on the Greater Manchester VCSE Mental Health Leadership Group. The group underpins the broader work of the Greater Manchester VCSE Leadership Group and the Memorandum of Understanding established with the Greater Manchester Health and Social Care Partnership and the devolution agenda in Greater Manchester, shaping services across Greater Manchester and drawing down funds to address surges in demand, hospital discharge and culturally specific services and the Community Mental Health Transformation Programme. The Leadership Group has themed areas of work around:

- Reducing mental health inequality for people across Greater Manchester.
- Transformation in system leadership across Greater Manchester.
- Mechanisms that meaningfully listen to and empower service users/experts-by-experience.
- Co-creating integrated and holistic care that recognises difference and complexity, balancing clinical and non-clinical approaches.
- Radical changes in commissioning.

Within the locality our Chief Officer has worked closely with the Bury Voluntary and Community Alliance to grow and develop the VCSE sector in Bury, taking on chair responsibilities for the Bury Voluntary and Community Leadership Group with the aim to ensure the sector in Bury has a meaningful voice in the decisions which affect our community. Alongside this work, we are also represented at other key strategic boards within the area including the Bury Acute Care Forum, the locality Risk and Crisis Sub-group, the Bury Suicide Prevention Forum, and the Bury Programme Delivery Board.

Over the year we have strengthened our relationships with colleagues in various sectors, including statutory services and other VCSE organizations. This positions us well to develop new partnerships in the years to come. We have actively participated in the development of our locality's "living well model," which is aligned with the national transformation of community mental health services. Regionally, our involvement in the BPLCS has led us to contribute to the PCFT development work, focusing on the VCSE's role in acute risk and crisis support.

With the relationships we have strengthened over the years, we are confident in our ability to work collaboratively on the ground, enhance our influence on key policies and service decisions through co-design with individuals who have lived experience, and ultimately secure further funding opportunities to expand our current offerings and develop and deliver more peer-led services.

Plans for the Future

BIG has developed 4 primary business objectives which will ensure that we have the focus, culture, and infrastructure, to deliver on our vision, mission, and objectives over the coming year. Our Business Objectives are to:

- **Invest in our workforce:** Continue to build a high-quality workforce and volunteer team, investing in our people and developing our mechanisms and processes to ensure the team is supported to continue to develop their practice and the services we provide.
- **Build on our relationships:** Deepen our relationships across partner organisations, wider stakeholders, and our community to ensure we effectively work together to foster a culture of learning where we can learn and grow together.
- **Strengthen our voice:** Ensure the charity continues to respond to and influence the changing mental health eco-system, particularly by advocating for and leading on peer-led services which provide effective support to those experiencing mental and emotional distress.
- **Focus on sustainability:** Remain a financially viable charity with robust governance and procedures, with a focus on diversifying our income to maintain and strengthen the financial stability of the charity.

These goals will be achieved through both the strategic and operational work of the organisation. Oversight will be through the Trustees meeting with bi-monthly updates on progress to the Board of Trustees.

Contributions Made by Volunteers

Volunteers play a crucial role within the organisation, and they are integral to the effective delivery of our services and our success.

During this financial year our organisation was supported and benefitted from the knowledge and skills of 24 volunteers.

Volunteer Case Study

The organisation is proud of the fact that most of the people who volunteer their time to our charity are people with lived experience of mental distress; many of them being people who had previously attended BIG for support.

We have included a case study undertaken with one of our volunteers who has themselves moved through our service into their role and now facilitates our Hearing Voices group.

Prior to Accessing BIG...

“I didn’t feel like I had any support and was managing my experience on my own. I had recently changed my prescription medication which was taking time to get used to the transition. I really needed help at the time, and I felt that there wasn’t any in place for me. As a result, my experience of hearing voices had become very intense. I was in a crisis and my mood was very low. I attended CMHT who referred me to [the BPLCS] for some support. Following this discussion, I received a call to confirm I had appointment with [BPLCS Staff Member] within 2 weeks’ time.”

When Accessing the Service...

“At first, I was unsure of what I was to discuss in the crisis sessions. I went through a lot of my personal history with a member of the [BPLCS]. It was the first time I felt like I was listened to, not judged and understood. Following the session, I left feeling better than when I attended. Previously I had attended different therapy which often left me feeling worse after the meeting. I also want to mention that the room [BPLCS Staff Member] worked from made me feel at ease due to the warmth with which the rooms are decorated and the worker herself was very friendly. It was the first time I had felt positive about myself and the future in such a long time.”

Experience Volunteering...

“It was so lovely to be asked to be a volunteer, It made me feel valued and that I could help others with my experience and empathy regarding mental health experiences. It was a little nerve wracking attending at first but everyone was so supportive and friendly. One group which was tricky getting used to was the Monday Stronger Together group as its very reflective and open. People share their own experiences with the group in a peer support environment, however, once I got over my initial nerves I found the shared experience element to the group made me feel so at ease...

Now I am a Volunteer, I wake up and I look forward to getting up and going to BIG. I’ve got lots of friends amongst the volunteer team and staff. We all support each other and I feel like everyone has each other’s back. I love helping others, building rapport and interacting with those who may be nervous accessing the service for the first time. Its given me so much and I’m so pleased I became a volunteer. My progress has just been amazing and I look forward to helping everyone at BIG for a long time to come.

BIG means a lot to me. They support me and in turn I can help others. It’s a BIG part of my life. They have supported me through crisis, brought me into the volunteering team and have got me through a lot. I haven’t been this stable for years and I know if I need support where to go. It’s incredibly rewarding and I never stop learning. I now facilitate the Hearing Voices Group which makes me so proud to give back to others experiencing what I have. Years ago I couldn’t imagine myself doing anything like this. I genuinely love volunteering for BIG.”

Volunteer Award Ceremony

To acknowledge the importance of our volunteer team we hosted a volunteer award ceremony to:

- Recognizing Contributions: The ceremony provides a platform to acknowledge the hard work, dedication, and personal time given by volunteers to help others. This recognition can be a morale booster and show appreciation for their crucial role in maintaining the organization’s mission and wellbeing of our Service users.**

- **Strengthening Internal Bonds:** By celebrating volunteers' contribution to the charity, the ceremony helps strengthen internal relationships within the organization. Peer support groups rely on trust, connection, and acknowledging these contributions can deepen these bonds, enhancing the group's effectiveness.
- **Reinforcing Peer Support Values:** The ceremony can emphasize the importance of mutual aid, collaboration, and shared responsibility. This reinforces the group's core values and demonstrates how everyone's efforts contribute to creating a supportive and empathetic environment.
- **Motivating Continued Engagement:** Publicly recognizing volunteers' and staff's achievements can be highly motivating. It encourages continued involvement and fosters a culture of appreciation and dedication within the organization.

By focusing the awards ceremony on volunteers, the event fosters appreciation, mutual support, and unity within the organization. This, in turn, strengthens the group's ability to provide effective peer support. Without Volunteers we would not be able to hold as many varied public groups as we do now so I feel it is key that BIG recognises the contributions of all volunteers and the positive effect they have on our community.

Risk Management

The Trustees have set policies for the management of risks faced by the charity, which include the setting up and maintenance of a risk register which is reviewed periodically. The risk register records the risks that may arise in each area of the charity's operations and the CEO is charged with implementing the mitigations.

The principal risks and uncertainties faced by the charity at the time of writing are identified as a loss of funding, changes in health and social care policy and the impact of COVID-19 on the local and wider economy and the potential impact on short-term and long-term funding. These risks are managed by developing strong working partnerships with our funders, seeking to diversify our funding sources, and ensuring we engage with strategic bodies.

Public Benefit

The charity deploys all of its resources to support adults aged 18 and over to resolve, or better manage their mental health, through the provision of one to one and group support. The charity also aims to provide a preventative service, in providing support which stops people accessing statutory or inpatient psychiatric services. The charity advocates for lived experience-centred approaches that demonstrate local impact. This public benefit is directly related to our charitable objectives.

The trustees confirm that they have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing the Charity's objectives and aims and in planning future activities for the year.

Fundraising

BIG does not engage in any public fundraising. Fundraising responsibilities within the organisation sit with the senior leadership team, particularly the Chief Officer. No person acting on behalf of the charity has been subject to an undertaking to be bound by any voluntary scheme for regulating fund-raising, or any voluntary standard of fund-raising, in respect of activities on behalf of the charity. We have never received any complaints about activities by the charity or by a person on behalf of the charity for the purpose of fund-raising; BIG therefore feels that the charity has no fundraising activities requiring disclosure under S162A of the Charities Act 2011'.

Financial Review

The Statement of Financial Activities shows a total income for the year of £595,234. Income from contributions given by people who attended our support groups amounted to £1,418.00, which combined with other donations total income from charitable activities came to £5,880.00. The balance of Funds at 31 March 2023 was £357,935.00. Of which £220,998 was unrestricted funds with the remainder being restricted funds.

The Trustees, staff, and volunteers are very grateful to all the individuals and businesses who have made donations to the work of the charity over the year.

Trustees Report for the Year Ended 31 March 2024

In so far as the Trustees are aware:

There is no relevant audit information of which the charitable company's auditor is unaware; and The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Board of Trustees and signed on its behalf by Deneze Griffiths, Chair:





BURY INVOLVEMENT GROUP IN MENTAL HEALTH

(BIG in Mental Health)

A Charitable Incorporated Organisation (CIO)

**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS**

For The Year Ended

31 March 2024

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

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**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Bury Involvement Group in Mental Health
Charity Number	1166584
Address	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
Trustees	Deneze Griffiths Keeley Jane Bell John Mulpeter
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2024

I report on the accounts for the year ended 31 March 2024 as set out on pages 4 to 12.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and;
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiners Statement

I have completed my examination for the year ended 31 March 2024.

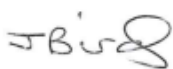
I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act
- ~ the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiners Qualification

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination, being a Fellow Member of the Association of Accounting Technicians, which is one of the listed bodies.



23rd January 2025

Miss Jacqueline Bird F.M.A.A.T.

Practising Licence Number: 1003659

Community Accounting Lancashire C.I.C.

Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)**

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
	<i>Notes</i>				
Income from:					
Grants and donations	2	102,504	486,850	589,354	298,241
Charitable activities	3	5,880	-	5,880	7,157
Other income		-	-	-	50
Total		<u>108,384</u>	<u>486,850</u>	<u>595,234</u>	<u>305,448</u>
Expenditure on:					
Raising funds	4	216	-	216	246
Charitable activities	5	14,161	458,937	473,098	300,174
Other expenditure		-	-	-	-
Total		<u>14,377</u>	<u>458,937</u>	<u>473,314</u>	<u>300,420</u>
Net income/(expenditure)		<u>94,007</u>	<u>27,913</u>	<u>121,920</u>	<u>5,028</u>
Transfers between funds		23,967	(23,967)	-	-
Net movement in funds		<u>117,974</u>	<u>3,946</u>	<u>121,920</u>	<u>5,028</u>
Reconciliation of funds:					
Total funds brought forward		<u>103,024</u>	<u>132,991</u>	<u>236,015</u>	<u>230,987</u>
Total funds carried forward	11	<u>220,998</u>	<u>136,937</u>	<u>357,935</u>	<u>236,015</u>

The notes on pages 6 to 12 form part of these financial statements.

Note 14 to the accounts shows a comparative Statement of Financial Activities for the year ended 31 March 2023.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

BALANCESHEET

AS AT 31 MARCH 2024

	<i>Notes</i>	2024 £	£	2023 £	£
FIXED ASSETS					
Tangible Fixed Assets	10		4,455		-
CURRENT ASSETS					
Cash at Bank and in Hand		367,958		231,049	
Debtors & Prepayments	7	1,330		110,415	
Other Current Assets	8	<u>8,770</u>		<u>8,770</u>	
		378,058		350,234	
CREDITORS: Amounts falling due within one year	9	24,578		114,219	
NET CURRENT ASSETS			353,480		236,015
CREDITORS: Amounts falling due after one year			<u>-</u>		<u>-</u>
NET ASSETS			<u>357,935</u>		<u>236,015</u>
FUNDS OF THE CHARITY					
Unrestricted Funds			220,998		103,024
Restricted Funds			<u>136,937</u>		<u>132,991</u>
TOTAL FUNDS	11		<u>357,935</u>		<u>236,015</u>

The financial statements were approved by the Board of Trustees on the 23/01/2025 and signed on their behalf:



Deneze Griffiths
Trustee

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

STATEMENT OF CASH FLOWS

YEAR ENDED 31 MARCH 2024

	<i>Notes</i>	2024		2023	
		£	£	£	£
Cash flows from operating activities					
Cash generated/(absorbed by) from activities	<i>13</i>	136,909		(3,243)	
Investing activities					
Investment income received		-		-	
Net cash generated from investing activities			-		-
Net cash used in financing activities			-		-
Net increase/(decrease) in cash and cash equivalents		<u>136,909</u>		<u>(3,243)</u>	
Cash and cash equivalents at beginning of year		<u>231,049</u>		<u>234,292</u>	
Cash and cash equivalents at end of year		<u><u>367,958</u></u>		<u><u>231,049</u></u>	

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) [effective January 2022]. The financial statements have been prepared under the historical cost convention.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All income, including grants and donations, is recognised once the charity has entitlement to the income, that it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Restricted funds are to be used for specified purposes as laid down by the donor.

Expenditure which meets these criteria's is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are for grants, donations and other incoming resources received or generated for charitable purposes.

Resources expended

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to applicable expenditure headings.

Charitable expenditure shall include all expenditure directly related to the objects of the charity, including the cost of goods and services, that have been incurred in charitable activities.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required, and the amount for the obligation can be measured reliably.

Governance costs

Governance costs shall include all expenditure directly related to the administration of the charity including expenditure incurred in the management of the charity's assets, organisational administration and compliance with charitable and statutory requirements.

Fixed assets

Fixed assets are capitalised if they can be used for more than one year for Furniture & Equipment and Events Equipment with a cost of at least £1,000, and for all Computer Equipment. They are initially recorded at cost, and depreciated on a straight line basis over the life expectancy of the asset.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

2. INCOME FROM GRANTS & DONATIONS

	Unrestricted Funds	Restricted Funds	2024 Total Funds	2023 Total Funds
	£	£	£	£
Crisis Fund	61,056	453,165	514,221	-
NHS CCG Community Crisis	-	-	-	292,189
Tudor Trust Grant	-	33,000	33,000	2,000
EG Foundation	-	685	685	-
NHS England Peer Support	38,335	-	38,335	-
Donations	<u>3,113</u>	<u>-</u>	<u>3,113</u>	<u>4,052</u>
	<u>102,504</u>	<u>486,850</u>	<u>589,354</u>	<u>298,241</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2024 Total Funds	2023 Total Funds
	£	£	£	£
Group Donations	1,418	-	1,418	2,075
Fundraising	531	-	531	1,807
Just Giving	<u>3,931</u>	<u>-</u>	<u>3,931</u>	<u>3,275</u>
	<u>5,880</u>	<u>-</u>	<u>5,880</u>	<u>7,157</u>

4. EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds	Restricted Funds	2024 Total Funds	2023 Total Funds
	£	£	£	£
Fundraising Events	-	-	-	30
Fundraising Costs (Just Giving)	<u>216</u>	<u>-</u>	<u>216</u>	<u>216</u>
	<u>216</u>	<u>-</u>	<u>216</u>	<u>246</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

5. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Direct & Governance Costs	Restricted Direct & Governance Costs	Unrestricted Support Costs	Restricted Support Costs	2024 Total Funds	2023 Total Funds
	£	£	£	£	£	£
Salaries Costs	-	310,901	-	-	310,901	253,360
Training & Courses	-	-	25	2,844	2,869	3,028
Rent & Room Hire	-	-	1,831	23,000	24,831	7,187
Utilities (Electric/Gas/Water)	-	-	-	7,491	7,491	260
Cleaning Costs	-	-	-	535	535	-
Repairs & Maintenance	-	-	60	47,100	47,160	79
Resources & Consumables	-	-	19	74	93	1,379
Refreshments	-	-	578	2,365	2,943	2,186
Events Costs	-	-	160	364	524	55
Equipment & Furnishings	-	-	4	5,972	5,976	1,227
Computer Equipment	-	-	-	197	197	2,640
Advertising & Marketing	-	-	-	-	-	684
Printing, Stationery & Postage	-	-	95	915	1,010	1,333
Telephone & Internet	-	-	126	5,712	5,838	4,272
IT Domain & Licences	-	-	53	340	393	335
Accountancy Software	-	-	324	-	324	206
Travel Costs	-	-	277	7,566	7,843	8,149
Volunteer Expenses	-	-	927	-	927	1,052
Insurances	-	-	1,058	2,558	3,616	2,349
Subscriptions	-	-	-	35	35	-
DBS Checks	-	-	-	608	608	474
Recruitment Costs	-	-	-	2,079	2,079	-
HR & Professional Services	-	-	518	5,220	5,738	4,766
Legal Costs	-	-	5,737	-	5,737	1,855
Accounting Fees	2,175	-	-	-	2,175	1,950
Payroll Costs	-	514	-	-	514	745
Bank & Card Costs	108	-	-	-	108	108
Depreciation	-	-	-	2,228	2,228	-
Tudor Wellbeing	-	-	-	189	189	479
NHS CCG (DTCO)**	-	-	-	30,130	30,130	-
Sundries	-	-	86	-	86	16
	<u>2,283</u>	<u>311,415</u>	<u>11,878</u>	<u>147,522</u>	<u>473,098</u>	<u>300,174</u>

** An underspend of £30,130, being the remaining balance on the restricted grant, was returned to the funder, NHS CCG (DTCO), due to a delay in recruitment to replace a support worker covering the work for the grant. This project was run in collaboration with Bury Voluntary Community & Faith Alliance (VCFA) who completed the remainder of the work.

Total resources expended are stated after charging:	2024	2023
	£	£
Independent Examination Fees	2,175	1,400
Other Accountancy Costs	NIL	550

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

6. STAFF COSTS

The movement in the year is after charging:

2024	2023
£	£
<u>310,901</u>	<u>253,360</u>

Average number of full-time equivalent employees in the year:

	2024	2023
Chief Executive Officer	1	1
Crisis Service Manager	1	1
DTOC Manager	-	0.7
Let's Do It Manager	-	0.7
Crisis Supporters	<u>8.6</u>	<u>5.7</u>
	<u>10.6</u>	<u>9.1</u>

No employee received emoluments of £60,000 or above (2023: none).

No Trustees were paid any remuneration or expenses during the course of the year (2023: none).

7. DEBTORS

	2024	2023
	£	£
Prepayments	838	823
Debtors	-	109,000
Accrued Income	<u>492</u>	<u>592</u>
	<u>1,330</u>	<u>110,415</u>

8. OTHER CURRENT ASSETS

	2024	2023
	£	£
Rent Deposit	<u>8,770</u>	<u>8,770</u>
	<u>8,770</u>	<u>8,770</u>

9. CREDITORS: Amounts falling due within one year

	2024	2023
	£	£
Accruals	17,702	5,809
Creditors	6,876	1,410
Deferred Income	-	107,000
	<u>24,578</u>	<u>114,219</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

10. TANGIBLE FIXED ASSETS

	Events Equipment	Furniture & Equipment	Computer Equipment	TOTAL
Cost or Valuation	£	£	£	£
Cost at 01/04/23	-	-	-	-
Additions	-	4,137	2,546	6,683
Revaluations	-	-	-	-
Disposals	-	-	-	-
Cost at 31/03/24	-	4,137	2,546	6,683
Accumulated Depreciation				
Accumulated Depreciation at 01/04/23	-	-	-	-
Depreciation charge for the year	-	1,379	849	2,228
Revaluations	-	-	-	-
Disposals	-	-	-	-
Accumulated Depreciation at 31/03/24	-	1,379	849	2,228
Net Book Value				
Net Book Value at 31/03/23	-	-	-	-
Net Book Value at 31/03/24	-	2,758	1,697	4,455

11. FUNDS ANALYSIS

Fund Name	Balance as at 1 April 2023 £	Receipts £	Payments £	Transfers £	Balance as at 31 March 2024 £
Unrestricted Funds	<u>103,024</u> 103,024	<u>108,384</u> 108,384	<u>(14,377)</u> (14,377)	<u>23,967</u> 23,967	<u>220,998</u> 220,998
Restricted Funds:					
Crisis Fund	-	453,165	(349,081)	-	104,084
NHS CCG Community Crisis	46,718	-	(19,862)	(23,967)	2,889
NHS CCG (DIOC)	30,130	-	(30,130)	-	-
GM Winter Pressures	55,196	-	(53,629)	-	1,567
Tudor Trust Grant	947	33,000	(6,109)	-	27,838
EG Foundation	-	685	(126)	-	559
	<u>132,991</u>	<u>486,850</u>	<u>(458,937)</u>	<u>(23,967)</u>	<u>136,937</u>
TOTAL FUNDS	<u>236,015</u>	<u>595,234</u>	<u>(473,314)</u>	<u>-</u>	<u>357,935</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

12. RELATED PARTY TRANSACTIONS

There were no disclosable related party transactions during the year (2023: none).

13. CASH GENERATED FROM ACTIVITIES

	2024 £	2023 £
Surplus/(deficit) for the year	121,920	5,028
Adjustments for:		
Investment income recognised in statement of financial activities	-	-
Movements for:		
Increase/(decrease) in intangible assets	(4,455)	-
Increase/(decrease) in debtors	109,085	(106,826)
Increase/(decrease) in other current assets	-	(8,770)
Increase/(decrease) in creditors	<u>(89,641)</u>	<u>107,325</u>
Cash generated/(absorbed by) from activities	<u>136,909</u>	<u>(3,243)</u>

14. COMPARATIVE INFORMATION (previous year)

		Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
	<i>Notes</i>			
Income from:				
Grants and donations	2	80,517	217,724	298,241
Charitable activities	3	7,157	-	7,157
Other income		50	-	50
Total		<u>87,724</u>	<u>217,724</u>	<u>305,448</u>
Expenditure on:				
Raising funds	4	246	-	246
Charitable activities	5	22,200	277,974	300,174
Total		<u>22,446</u>	<u>277,974</u>	<u>300,420</u>
Net income/(expenditure)		<u>65,278</u>	<u>(60,250)</u>	<u>5,028</u>
Transfers between funds		17,776	(17,776)	-
Net movement in funds		<u>83,054</u>	<u>(78,026)</u>	<u>5,028</u>
Reconciliation of funds:				
Total funds brought forward		19,970	211,017	230,987
Total funds carried forward	11	<u>103,024</u>	<u>132,991</u>	<u>236,015</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2024

I report on the accounts for the year ended 31 March 2024 as set out on pages 4 to 12.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and;
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiners Statement

I have completed my examination for the year ended 31 March 2024.

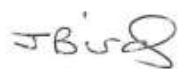
I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act
- ~ the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiners Qualification

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination, being a Fellow Member of the Association of Accounting Technicians, which is one of the listed bodies.



23rd January 2025

Miss Jacqueline Bird F.M.A.A.T.

Practicing Licence Number: 1003659

Community Accounting Lancashire C.I.C.

Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA
