



BURY INVOLVEMENT GROUP IN MENTAL HEALTH

(BIG in Mental Health)

A Charitable Incorporated Organisation (CIO)

**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS**

For The Year Ended

31 March 2023

BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)

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**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Bury Involvement Group in Mental Health
Charity Number	1166584
Address	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
Trustees	Deneze Griffiths Keeley Jane Bell John Mulpeter
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB



BURY INVOLVEMENT GROUP IN MENTAL HEALTH (BIG IN MENTAL HEALTH)

Trustees Annual Report

For the Year Ended 31 March 2023

The Trustees present their annual report together with the audited consolidated financial statements of Bury Involvement Group in Mental Health for the year ended 31 March 2023.

The Trustees confirm that the Annual Report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statutory Recommended Practice (SORP) "Accounting and Reporting by Charities" including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Trustees' Report

Structure, Governance and Management

The Charity was registered with the Charity Commission, on the 18 April 2016 under the register number 1166584, as a Charitable Incorporated Organisation. The Charity has a foundation model constitution which sets out that the only voting members of the charity are its charity trustees. The Constitution of the Charity can be located at Charity's office and copies of the document can be made available on request.

The Charity is governed by the trustees who meet monthly as a board. The Charity has a chief officer, who is responsible for the operational management, overall service delivery, and service development, under the guidance of the trustees. The Trustees are elected and co-opted under the terms set out in our Constitution. The board of trustees may at any time elect additional trustees by calling a meeting of the trustees of the Charity.

Before recruiting a new trustee, the existing trustees conduct a skills audit to identify any gaps in the current skillset of the board. The trustees then advertise for possible candidates, with the advertisements being tailored based on the skill gap analysis. Prospective candidates are provided with a role description and the Charity Commission Guidance "The Essential Trustee: what you need to know, what you need to do", to ensure they have a clear account of what the role of the trustee involves, including their duties and responsibilities. Prospective trustees are then interviewed and appointed by the Board if deemed suitable.

Objects and Activities

Bury Involvement Group in Mental Health (BIG) is an independent charity run by, and for, people experiencing mental distress. The Charity's objectives, as set out in the governing document, are "To protect and promote good health among people experiencing mental health conditions living in Bury and the surrounding area, in particular but not exclusively by the provision of a group providing support, education, information and advice."

Our charity works to empower adults experiencing mental and emotional distress towards their recovery and improved quality of life by providing mutual support and hope. We provide support to help transform Bury and the surrounding area, working with the people of Bury, our VCSE and statutory partners and other key stakeholders.

Trustees' Report

Our activities are all delivered either face to face or via the telephone. The organisation provides the following services:

- **Bury Peer Led Crisis Service** a trauma informed peer-led crisis service providing relational support to individuals experiencing a mental health crisis in the community reducing distress and preventing suicide.
- **Welcome Home Service** which provides a supportive discharge service for individuals currently on a mental health unit in Bury and the surrounding area, with follow-on support in the community to prevent relapse and readmission.
- **Stronger-Together Group** which provides group-based support to individuals experiencing long-term mental and emotional distress in the community to build resilience within the community.
- **Recovery Group** which provides a psycho-educational support and discussion group for individuals in the community, offering a varied roster of speakers (including Psychiatrists, Psychologists, Therapists, People with lived experience, and other local services) to increase knowledge, understanding, and promote shared learning.
- **Calm in Crisis Groups** which provide group-based support to individuals experiencing overwhelming mental health distress offering a route out of crisis services into more community-oriented support.
- **Drop-In Group** which provides group-based support for adults experiencing mental and emotional distress who are looking to socialise with others who face similar challenges in a relaxed and friendly environment helping to prevent social isolation.

The Charity believes that everyone deserves to live a fulfilling life and that peer support has the power to change people and places for the better. We recognise that many people living with mental and emotional distress within our community feel disenfranchised and disempowered due to challenges they face and the inequalities they experience when seeking care and support.

We work hard to ensure our services provide sanctuary to our community ensuring anyone who walks through our door is listened to, and feel valued, included, safe. With passion and creativity at its heart, the Charity supports people to flourish, whilst enriching our community.

Trustees' Report

Vision

BIG's vision is for inclusive, accessible and compassionate mental health and wellbeing support for all adults in Bury.

Mission

BIG supports adults in Bury, and the surrounding area, aged 18 and over who are experiencing mental and emotional distress. Our range of peer-led and rights-based services offer mutual support and hope to our community during difficult times.

Our work is underpinned by our organisational values, which are:

- **Led by Lived Experience:** We value and listen to each person's unique lived experience to deliver support grounded in our philosophy whilst ensuring our Charity remains focused on growing to meet the needs of the people who join our community.
- **Involve to Empower:** We involve people with lived experience at all levels of the Organisation to empower them to use their experience in new and meaningful ways to move towards the lives they want to live.
- **Collaboration:** We work with external partners to ensure the voice of people with lived experience is at the heart of all conversations in the mental health and social care economies across Bury and Greater Manchester.
- **Safety, Mutuality & Choice:** We provide spaces which are safe and allow people to connect and build relationships based on mutuality, respect, trust, and hope, whilst supporting a person's right to have choice and control in their own lives.
- **Trustworthiness & Transparency:** We aim to be clear and straightforward, open, and transparent in everything we do.

Trustees' Report

Performance and Achievements

Bury Peer Led Crisis Service

The Bury Peer Led Crisis Service “BPLCS” was developed in response to our communities’ negative experiences of seeking mental health crisis care and support in the area. The BPLCS was developed and modelled alongside our community, with the voice of lived experience at its heart, across 2017 to 2021. The BPLCS was commissioned and went live in 2021, providing a community-based crisis resource which: prioritized accessibility; was centred on peer-to-peer supportive relationships; and worked sensitively with individuals who had experienced trauma, adverse social conditions, and marginalisation.

Since being established we have worked with our commissioners to review and evaluate the service’s impact. Evaluation has been incredibly positive, with the service demonstrating a clear impact supporting people experiencing a mental health crisis, individuals at risk of suicide and self-injury, and those who have experienced trauma. Since 2021 the commissioners have increased the service’s funding to expand the BPLCS to increase its capacity to support the demand the service has encountered.

Across the year we worked with commissioners to expand the BPLCS over the course of the year we supported 410 individuals through 1626 face to face sessions. The evaluation and monitoring work we have undertaken with commissioners has clearly demonstrated the impact the service has had in the community. Across 2022/23 our evaluation demonstrated that 92% of individual accessing the service reported a reduction in the level of distress they experienced due to the support they received; 82% of people supported developed at least one positive coping strategy they are actively using to support their mental health; and the service prevented at least 32 admissions to an inpatient unit.

Annual Overview			
Month / Year	New People Supported	Monthly / Total Supported	Sessions Attended
Year 1 – 2021/22	167	167	945
Year 2 – 2022/23	368	410	1626
Year 2 – 2022-23 – Quarterly Breakdown			
Year 2 – Q1	71	179	311
Year 2 – Q2	90	243	382
Year 3 – Q3	97	255	420
Year 4 – Q4	110	326	513

Trustees' Report

Case Study: 'Mike'



Male
55 Years Old
White British
Lives Bury West
Referred by Access & Crisis
8 sessions: January-May 22; 3 sessions: October-December 22

"Mike" was referred as he was feeling suicidal and was drinking heavily following the breakdown of his relationship. Mike has made previous suicide attempts and the referral stated that he *"is very, very low at the minute, shaky, trembling, and feels 'like a shadow of himself'. He feels that he is not able to give a yes or a no to whether he can keep himself safe."*

Mike attended 8 sessions between January and May. During his sessions Mike was able to explore what his triggers were and gain more of an understanding of himself. With this new understanding Mike was able to implement a more robust safety plan that was tailored to his own needs, which included regularly practicing mindfulness, challenging negative thinking, and developing positive coping strategies to reduce his reliance on alcohol.

Mikes crisis was related to his recent relationship breakdown and through his sessions he came to focus on his future and his new life beyond his relationship. In closing the case, Mike was referred onto the Beacon Service for social prescribing and signposted to Andy's Man Club for ongoing support.

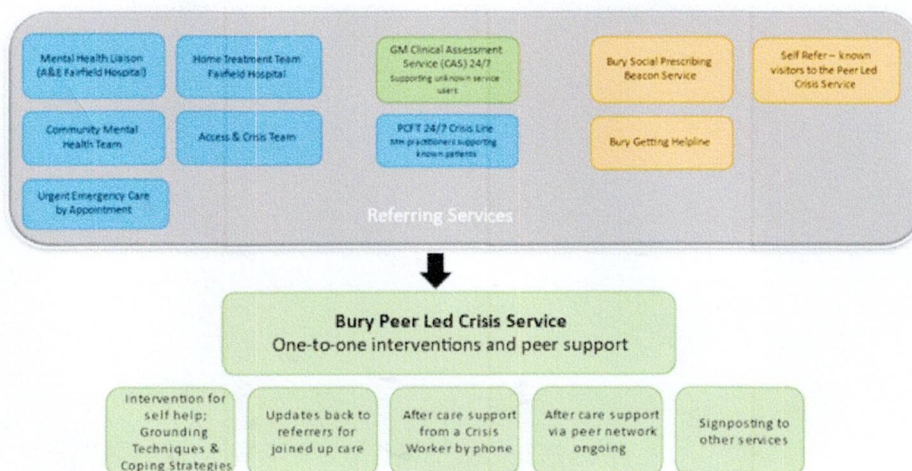
In October 22 Mike self-referred back into the service by making contact. Mike was in crisis again and this was related to his housing situation and his gambling. Mike attended 3 sessions where he was able to offload about his situation and he was signposted to Gamblers Anonymous for ongoing support. By session 3 Mike had moved property and felt his crisis was successfully managed.

"The service has been a life line, having someone I can tell how I feel and actually listens. I wouldn't be here now if it had not been for the support I've had. It's such a warm and welcoming service and I feel comfortable being able to say whatever is in my head. I had no hesitation coming back when I had another crisis because I know it worked for me and I didn't have to go to A&E or go to the bridge."

The service is staffed by 7 workers and operates a day and evening service:

- The evening service operates Monday, Thursday, and Friday, between 6pm and 11pm.
- The day service operates Monday to Friday between 10am and 5pm.
- The BPLCS provides a telephone-based service, Monday to Friday between 9am and 5pm, for individuals unable to access face to face support.

Pathway links with the service are now well established across the mental health crisis care system in Bury:



Trustees' Report

Welcome Home Service

BIG was commissioned to provide the 'Welcome Home Service' (WHS) which looks to provide non-clinical mental health support to Bury residents currently admitted to a psychiatric ward across the region. We work in partnership with Pennine Care Foundation Trust (PCFT) and Bury VCFA to support individuals presently admitted to an inpatient unit, providing a holistic assessment of their needs and tailored support to help them overcome the challenges which led to their admission by preventing delayed transfers of care (DTOC) situations which arise when individuals are 'medically optimised' for discharge (i.e. they have no medical need to be an inpatient) but are unable to be discharged because of another factor, for instance they lack appropriate housing, benefits, etc.

The WHS looks to provide a service which filled a gap within the PCFT service offer, by providing a service to those at risk of DTOC, which focuses on support across the transition from inpatient unit to community. The focus was to provide a high level of emotional and practical support to individuals with acute mental health needs enabling improved flow through, and deflections from, the Bury PCFT inpatient services.

To date we have supported 23 individuals with personalised support through the project. 20 were flagged by PCFT staff on the inpatient unit as at risk of developing into a DTOC. 3 were referred into to service by the Community Mental Health Team due to the risk of admission. Of the individuals supported on the ward all 20 were successfully supported and were able to be discharged when medically optimised avoiding DTOC entirely, additionally, of this group only 1 individual was readmitted following discharge, and this was due to a reoccurrence of a neurological issue. Of the 3 individuals supported who were at risk of admission none were admitted to the inpatient unit, however, 1 individual did move to Cheetham Hill and thus had to be discharged from our services – this individual was subsequently admitted to an inpatient unit in Manchester.

Despite the challenges we have encountered through the pilot of the project (Information Governance, internet access, staffing issues) the project has had a significant impact supporting the reduction of patients becoming DTOCs, preventing readmissions through our support in the community with discharged patients, and preventing admissions through our work with those identified as 'at risk' of admission by the CMHT. We achieved these outcomes by focusing on providing the individuals referred to us with a consistent relationship which centred around a holistic needs assessment. All individuals referred to us have had an initial appointment with the WHS worker who undertakes a private consultation to assess their individual needs and are offered subsequent follow up appointments as needed. The support needs of those we have been referred to our service have varied by person, but a considerable number of individuals supported through the project had a primary issue which related to a practical concern, like housing or benefits.

Trustees' Report

"The weekly support sessions from [staff name] helped me a lot by recognising my trauma responses and how to deal with them better. She helped build up my confidence and together discovered coping mechanisms for my anxiety enabling me to go shopping without panic attacks and stopped me going back into hospital and I'm now getting back into the community doing things I used to enjoy like gardening and attending social groups."

Client outcomes have varied due to the variety in needs of the individuals who have accessed the services, key client focused outcomes achieved so far have been: 9 individuals supported to access benefits (UC, PIP); 7 Individuals have been supported to access accommodation; 7 individuals were supported with debt related issues, which resulted in mainly cleared debts (discretionary housing payments,) or debt management plans; 5 individuals were supported with budgeting advice and guidance upon their discharge; 7 individuals were provided with advice and guidance regarding their rights (Rights in relation to landlords; Liability for damage caused to property caused during psychotic episode); 4 individuals were referred into food banks; 7 individuals were provided with support around emotional resilience; 4 individuals were provided with support for previous experiences of trauma; 7 individuals were supported with daily life skills; and 3 individuals were supported with necessary household works and/or the purchase of household furniture.

"When I got discharged from the ward I felt abandoned by the medical services because no one was helping me as I continued to have fits and [staff name] was the only one that came to visit me. She helped me get my benefits and finances in order, referred me into trust house for on going help with food parcels and BPLCS for continued help with feeling in crisis. I found [staff name] easy to talk to and she understood what I was going through mentally so I could tell her everything."

**"Fantastic initiative... when discussing WHS on the wards and to the ward staff, they are very supportive and welcoming on the service. BIG has a very good reputation of support within PCFT which has been a great support for the creation of WHS. BIG also run a support group on the ward weekly which is great to support WHS, as individuals will have heard of BIG prior to getting involvement. The nurses have been fantastic and supportive of WHS and are very keen to make referrals" - Dr. Akenola - Inpatient Psychiatrist
Irwell Unit Bury**

Trustees' Report

Group Work

We offer a variety of therapeutic peer support group work opportunities across our community, these include: the stronger together group which provides a safe space for individuals struggling with any mental health condition; the recovery group which is a psychoeducational discussion group which covers a range of mental health related topics, from trauma and abuse, hearing voices, to anxiety and stress, with a range of guest speakers (psychiatrists, psychologists, people with lived experience, and other services in the area); the calm in crisis groups in Prestwich and Radcliffe which provide a safe space for individuals presently struggling with a mental health crisis; and the drop in group which provides a welcoming and safe environment for people with mental health difficulties to come together to socialise, connect, and access support in a relaxed format.

After the return to face-to-face groups over the year, following on from the interruptions this element of BIG faced during the pandemic, attendance has been strong with 431 individuals attending groups over the course of the year. Our groups continue to be led by our volunteer team without whom we would be unable to provide this core element of our service. With the expansion of our paid team, particularly the new Community Peer Group Coordinator, we have been able to expand the range of training and development opportunities available to our volunteer team enabling them to develop within their roles in ways we have not previously been able to do.

Total Attendance						
Month	Stronger Together	Recovery	Calm in Crisis – Radcliffe	Calm in Crisis – Prestwich	Drop-in	Per month
Apr-22	9	33	9	5	45	101
May-22	61	39	9	5	51	165
Jun-22	52	46	5	10	55	168
Jul-22	32	42	4	10	58	146
Aug-22	35	49	21	11	58	174
Sep-22	15	57	16	10	61	159
Oct-22	42	48	31	13	60	194
Nov-22	36	62	20	15	67	200
Dec-22	24	56	12	8	66	166
Jan-23	33	55	16	13	72	189
Feb-23	42	84	19	6	71	222
Mar-23	38	42	21	16	77	194
Total Attendance (annual)						
Total	419	613	183	122	741	2078
Total Unique Attendance (annual)						
Total	135	198	70	55	170	431

Trustees' Report

Partnership Working and System Leadership

BIG continues to be active within the community and across the strategic landscape, advocating for improved mental health services with an emphasis on the involvement of, and coproduction with, individuals with lived experience of mental and emotional distress. Our Chief Officer continues his position as the locality lead for mental health for the voluntary sector in Bury on the Greater Manchester VCSE Mental Health Leadership Group. The group underpins the broader work of the Greater Manchester VCSE Leadership Group and the Memorandum of Understanding established with the Greater Manchester Health and Social Care Partnership and the devolution agenda in Greater Manchester, shaping services across Greater Manchester and drawing down funds to address surges in demand, hospital discharge and culturally specific services and the Community Mental Health Transformation Programme. The Leadership Group has themed areas of work around:

- **Reducing mental health inequality for people across Greater Manchester.**
- **Transformation in system leadership across Greater Manchester.**
- **Mechanisms that meaningfully listen to and empower service users/experts-by-experience.**
- **Co-creating integrated and holistic care that recognises difference and complexity, balancing clinical and non-clinical approaches.**
- **Radical changes in commissioning.**

Within the locality our Chief Officer has worked closely with the Bury Voluntary and Community Alliance to grow and develop the VCSE sector in Bury, taking on chair responsibilities for the Bury Voluntary and Community Leadership Group with the aim to ensure the sector in Bury has a meaningful voice in the decisions which affect our community. Alongside this work, we are also represented at other key strategic boards within the area including the Bury Acute Care Forum, the locality Risk and Crisis Sub-group, the Bury Suicide Prevention Forum, and the Bury Programme Delivery Board.

Over the year we have strengthened our relationships with colleagues in various sectors, including statutory services and other VCSE organizations. This positions us well to develop new partnerships in the years to come. We have actively participated in the development of our locality's "living well model," which is aligned with the national transformation of community mental health services. Regionally, our involvement in the BPLCS has led us to contribute to the PCFT development work, focusing on the VCSE's role in acute risk and crisis support. With the relationships we have strengthened over the years, we are confident in our ability to work collaboratively on the ground, enhance our influence on key policies and service decisions through co-design with individuals who have lived experience, and ultimately secure further funding opportunities to expand our current offerings and develop and deliver more peer-led services.

Trustees' Report

Plans for the Future

BIG has developed 4 primary business objectives which will ensure that we have the focus, culture, and infrastructure, to deliver on our vision, mission, and objectives over the coming year. Our Business Objectives are to:

- **Invest in our workforce:** Continue to build a high-quality workforce and volunteer team, investing in our people and developing our mechanisms and processes to ensure the team is supported to continue to develop their practice and the services we provide.
- **Build on our relationships:** Deepen our relationships across partner organisations, wider stakeholders, and our community to ensure we effectively work together to foster a culture of learning where we can learn and grow together.
- **Strengthen our voice:** Ensure the charity continues to respond to and influence the changing mental health eco-system, particularly by advocating for and leading on peer-led services which provide effective support to those experiencing mental and emotional distress.
- **Focus on sustainability:** Remain a financially viable charity with robust governance and procedures, with a focus on diversifying our income to maintain and strengthen the financial stability of the charity.

These goals will be achieved through both the strategic and operational work of the organisation. Oversight will be through the Trustees meeting with bi-monthly updates on progress to the Board of Trustees.

Contribution Made by Volunteers

Volunteers play a crucial role within the organisation, and they are integral to the effective delivery of our services and our success. The organisation is proud of the fact that most of the people who volunteer their time to our charity are people with lived experience of mental distress; many of them being people who had previously attended BIG for support. During this financial year our organisation supported and benefitted from the knowledge and skills of 24 volunteers.

Trustees' Report

Risk Management

The Trustees have set policies for the management of risks faced by the charity, which include the setting up and maintenance of a risk register which is reviewed periodically. The risk register records the risks that may arise in each area of the charity's operations and the CEO is charged with implementing the mitigations.

The principal risks and uncertainties faced by the charity at the time of writing are identified as a loss of funding, changes in health and social care policy and the impact of COVID-19 on the local and wider economy and the potential impact on short and long term funding. These risks are managed by developing strong working partnerships with our funders, seeking to diversify our funding sources, and ensuring we engage with strategic bodies.

Public Benefit

The charity deploys all of its resources to support adults aged 18 and over to resolve, or better manage their mental health, through the provision of one to one and group support. The charity also aims to provide a preventative service, in providing support which stops people accessing statutory or inpatient psychiatric services. The charity advocates for lived experience-centred approaches that demonstrate local impact. This public benefit is directly related to our charitable objectives.

The trustees confirm that they have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing the Charity's objectives and aims and in planning future activities for the year.

Fundraising

BIG does not engage in any public fundraising. Fundraising responsibilities within the organisation sit with the senior leadership team, particularly the Chief Officer. No person acting on behalf of the charity has been subject to an undertaking to be bound by any voluntary scheme for regulating fund-raising, or any voluntary standard of fund-raising, in respect of activities on behalf of the charity. We have never received any complaints about activities by the charity or by a person on behalf of the charity for the purpose of fund-raising; BIG therefore feels that the charity has no fundraising activities requiring disclosure under S162A of the Charities Act 2011'.

Trustees' Report

Financial Review

The Statement of Financial Activities shows a total income for the year of £305,448. Income from contributions given by people who attended our support groups amounted to £2,075, which combined with other donations total income from charitable activities came to £7,157. The Trustees, staff, and volunteers are very grateful to all the individuals and businesses who have made donations to the work of the charity over the year.

The balance of Funds at 31 March 2023 was £236,015. Of which £103,024 was unrestricted funds with the remainder being restricted funds.

We have continued to receive funding from Tudor Trust to cover the costs of the Chief Officers salary, and accountancy costs. This funding ends in December 2022, however, the Charity is presently developing an application to Tudor Trust to seek continuation funding.

The Trustees of the charity are focused on continuing to build reserves to ensure the sustainability of the organisation and have started the process of developing a new Reserves Policy for the Charity which will be ratified in 2023-24.


Trustees' Report for the year ended 31 March 2023

In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware; and
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Board of Trustees and signed on its behalf, by:
Deneze Griffiths, Chair


Deneze Griffiths

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2023

I report on the accounts for the year ended 31 March 2023 as set out on pages 4 to 10.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and;
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiners Statement

I have completed my examination for the year ended 31 March 2023.

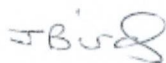
I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act
- ~ the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiners Qualification

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination, being a Fellow Member of the Association of Accounting Technicians, which is one of the listed bodies.



22nd December 2023

Miss Jacqueline Bird F.M.A.A.T.

Practicing Licence Number: 1003659

Community Accounting Lancashire C.I.C.

Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)**

FOR THE YEAR ENDED 31 MARCH 2023

	<i>Notes</i>	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Income from:					
Grants and donations	2	80,517	217,724	298,241	324,644
Charitable activities	3	7,157	-	7,157	4,138
Other income		<u>50</u>	<u>-</u>	<u>50</u>	<u>-</u>
Total		<u>87,724</u>	<u>217,724</u>	<u>305,448</u>	<u>328,782</u>
Expenditure on:					
Raising funds	4	246	-	246	816
Charitable activities	5	22,200	277,974	300,174	163,506
Other expenditure		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total		<u>22,446</u>	<u>277,974</u>	<u>300,420</u>	<u>164,322</u>
Net income/(expenditure)		<u>65,278</u>	<u>(60,250)</u>	<u>5,028</u>	<u>164,460</u>
Transfers between funds		17,776	(17,776)	-	-
Net movement in funds		<u>83,054</u>	<u>(78,026)</u>	<u>5,028</u>	<u>164,460</u>
Reconciliation of funds:					
Total funds brought forward		<u>19,970</u>	<u>211,017</u>	<u>230,987</u>	<u>66,527</u>
Total funds carried forward	10	<u>103,024</u>	<u>132,991</u>	<u>236,015</u>	<u>230,987</u>

The notes on pages 6 to 10 form part of these financial statements.

Note 11 to the accounts shows a comparative Statement of Financial Activities for the year ended 31 March 2022.

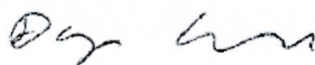
**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

BALANCESHEET

AS AT 31 MARCH 2023

	<i>Notes</i>	2023 £	£	2022 £	£
CURRENT ASSETS					
Cash at Bank and in Hand		231,049		234,292	
Debtors & Prepayments	7	110,415		3,589	
Other Current Assets	8	<u>8,770</u>		<u>-</u>	
		350,234		237,881	
CREDITORS: Amounts falling due within one year	9	114,219		6,894	
NET CURRENT ASSETS			236,015		230,987
CREDITORS: Amounts falling due after one year			<u>-</u>		<u>-</u>
NET ASSETS			<u>236,015</u>		<u>230,987</u>
FUNDS OF THE CHARITY					
Unrestricted Funds			103,024		19,970
Restricted Funds			<u>132,991</u>		<u>211,017</u>
TOTAL FUNDS	10		<u>236,015</u>		<u>230,987</u>

The financial statements were approved by the Board of Trustees on the 18th of December 2023 and signed on their behalf:



Deneze Griffiths
Trustee

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of accounting

As the income of the charity exceeds £250,000 in this financial year, the financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 [as updated through Update Bulletin 1 published on 2 February 2016 and also Update Bulletin 2 published on 5 October 2018) – (Charities SORP (FRS 102)], the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All income, including grants and donations, is recognised once the charity has entitlement to the income, that it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Restricted funds are to be used for specified purposes as laid down by the donor.

Expenditure which meets these criteria's is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are for grants, donations and other incoming resources received or generated for charitable purposes.

Resources expended

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to applicable expenditure headings.

Charitable expenditure shall include all expenditure directly related to the objects of the charity, including the cost of goods and services, that have been incurred in charitable activities.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required, and the amount for the obligation can be measured reliably.

Governance costs

Governance costs shall include all expenditure directly related to the administration of the charity including expenditure incurred in the management of the charity's assets, organisational administration and compliance with charitable and statutory requirements.

BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

2. INCOME FROM GRANTS & DONATIONS

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
NHS CCG Community Crisis	76,465	215,724	292,189	117,516
NHS CCG (DTC)	-	-	-	65,000
GM Winter Pressures	-	-	-	85,000
Tudor Trust Grant	-	2,000	2,000	30,000
Bury Let's Do It	-	-	-	19,422
Donations	4,052	-	4,052	7,706
	<u>80,517</u>	<u>217,724</u>	<u>298,241</u>	<u>324,644</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
Group Donations	2,075	-	2,075	235
Fundraising	1,807	-	1,807	-
Gift Aid	-	-	-	-
Just Giving	3,275	-	3,275	3,903
	<u>7,157</u>	<u>-</u>	<u>7,157</u>	<u>4,138</u>

4. EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
Fundraising Events	30	-	30	600
Fundraising Costs (Just Giving)	216	-	216	216
	<u>246</u>	<u>-</u>	<u>246</u>	<u>816</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

5. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Direct & Governance Costs	Restricted Direct & Governance Costs	Unrestricted Support Costs	Restricted Support Costs	2023 Total Funds	2022 Total Funds
	£	£	£	£	£	£
Salaries Costs	14,843	238,517	-	-	253,360	126,241
Training & Courses	-	-	-	3,028	3,028	3,034
Rent & Room Hire	-	-	3,220	3,967	7,187	6,820
Utilities (Electric/Gas/Water)	-	-	-	260	260	-
Repairs & Maintenance	-	-	31	48	79	-
Resources & Consumables	-	-	187	1,192	1,379	1,488
Refreshments	-	-	530	1,656	2,186	218
Events Costs	-	-	30	25	55	144
Equipment & Furnishings	-	-	114	1,113	1,227	3,347
Computer Equipment	-	-	-	2,640	2,640	-
Advertising & Marketing	-	-	-	684	684	2,880
Printing, Stationery & Postage	-	-	64	1,269	1,333	324
Telephone & Internet	-	-	126	4,146	4,272	1,589
IT Domain & Licences	-	-	15	320	335	236
Accountancy Software	-	-	206	-	206	-
Travel Costs	-	-	-	8,149	8,149	1,743
Volunteer Expenses	-	-	371	681	1,052	533
Insurances	-	-	789	1,560	2,349	2,106
DBS Checks	-	-	37	437	474	262
HR & Professional Services	-	-	-	4,766	4,766	86
Legal Costs	-	-	-	1,855	1,855	-
Accounting Fees	1,400	550	-	-	1,950	1,845
Payroll Costs	113	632	-	-	745	309
Bank & Card Costs	108	-	-	-	108	108
Tudor Wellbeing	-	-	-	479	479	1,107
NHS CCG Service	-	-	-	-	-	780
Bury Voluntary Community & Faith Alliance Service	-	-	-	-	-	8,306
Sundries	-	-	16	-	16	-
	<u>16,464</u>	<u>239,699</u>	<u>5,736</u>	<u>38,275</u>	<u>300,174</u>	<u>163,506</u>

Total resources expended are stated after charging:

	£	£
Independent Examination Fees	1,400	1,845
Other Accountancy Costs	<u>550</u>	<u>-</u>
	<u>1,950</u>	<u>1,845</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

6. STAFF COSTS

The movement in the year is after charging:

2023	2022
£	£
<u>253,360</u>	<u>126,241</u>

Average number of full-time equivalent employees in the year:

	2023	2022
Chief Executive Officer	1	1
Crisis Service Manager	1	1
DTOC Manager	0.7	0.2
Let's Do It Manager	0.7	-
Crisis Supporters	<u>5.7</u>	<u>2.0</u>
	<u>9.1</u>	<u>4.2</u>

No employee received emoluments of £60,000 or above (2022: none).

No Trustees were paid any remuneration or expenses during the course of the year (2022: none).

7. DEBTORS & PREPAYMENTS

	2023	2022
	£	£
Prepayments	823	3,589
Debtors	109,000	-
Accrued Income	<u>592</u>	<u>-</u>
	<u>110,415</u>	<u>3,589</u>

8. OTHER CURRENT ASSETS

	2023	2022
	£	£
Rent Deposit	<u>8,770</u>	<u>-</u>
	<u>8,770</u>	<u>-</u>

9. CREDITORS: Amounts falling due within one year

	2023	2022
	£	£
Accruals	5,809	6,894
Creditors	1,410	-
Deferred Income	<u>107,000</u>	<u>-</u>
	<u>114,219</u>	<u>6,894</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

10. FUNDS ANALYSIS

Fund Name	Balance as at 1 April 2022 £	Receipts £	Payments £	Transfers £	Balance as at 31 March 2023 £
Unrestricted Funds	<u>19,970</u>	<u>87,724</u>	<u>(22,446)</u>	<u>17,776</u>	<u>103,024</u>
	19,970	87,724	(22,446)	17,776	103,024
Restricted Funds:					
NISA	549	-	(549)	-	-
NHS CCG Community Crisis	31,527	215,724	(200,533)	-	46,718
NHS CCG (DTC)	57,245	-	(20,452)	(6,663)	30,130
GM Winter Pressures	74,646	-	(8,337)	(11,113)	55,196
Tudor Trust Grant	28,078	2,000	(29,131)	-	947
Bury Let's Do It	<u>18,972</u>	<u>-</u>	<u>(18,972)</u>	<u>-</u>	<u>-</u>
	211,017	217,724	(277,974)	(17,776)	132,991
TOTAL FUNDS	<u>230,987</u>	<u>305,448</u>	<u>(300,420)</u>	<u>-</u>	<u>236,015</u>

11. COMPARATIVE INFORMATION (previous year)

	Notes	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £
Income from:				
Grants and donations	2	7,706	316,938	324,644
Charitable activities	3	<u>4,138</u>	<u>-</u>	<u>4,138</u>
Total		<u>11,844</u>	<u>316,938</u>	<u>328,782</u>
Expenditure on:				
Raising funds	4	816	-	816
Charitable activities	5	<u>6,642</u>	<u>156,864</u>	<u>163,506</u>
Total		<u>7,458</u>	<u>156,864</u>	<u>164,322</u>
Net income/(expenditure)		<u>4,386</u>	<u>160,074</u>	<u>164,460</u>
Net movement in funds		<u>4,386</u>	<u>160,074</u>	<u>164,460</u>
Reconciliation of funds:				
Total funds brought forward		<u>15,584</u>	<u>50,943</u>	<u>66,527</u>
Total funds carried forward	10	<u>19,970</u>	<u>211,017</u>	<u>230,987</u>